# START

# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper*


# Quincy, MA

# JULY THRU DECEMBER

# 2016


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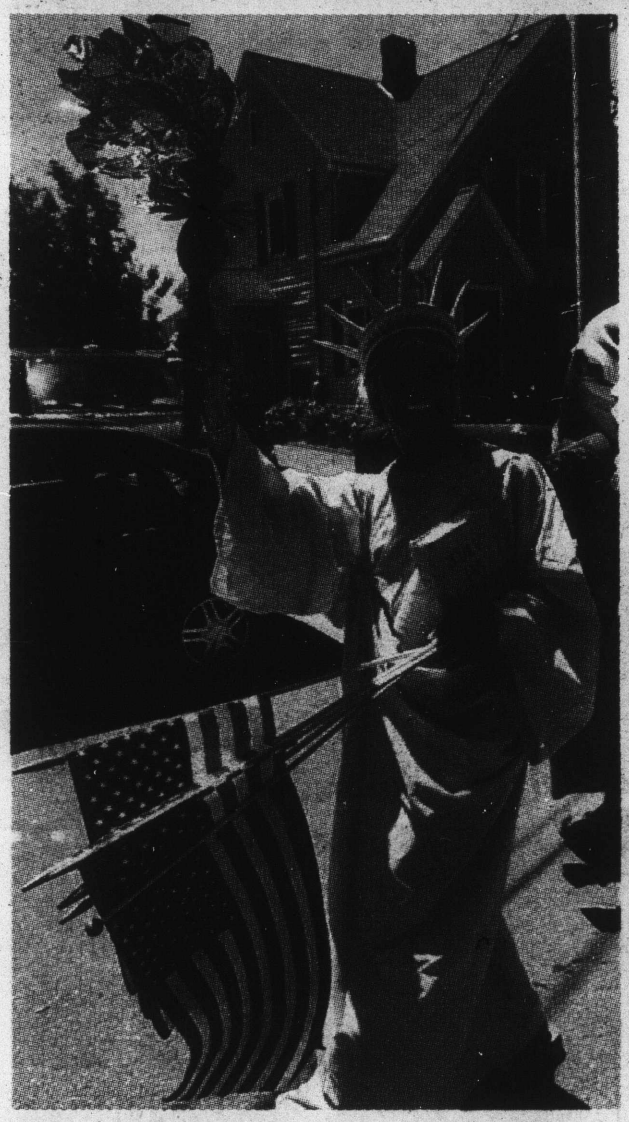


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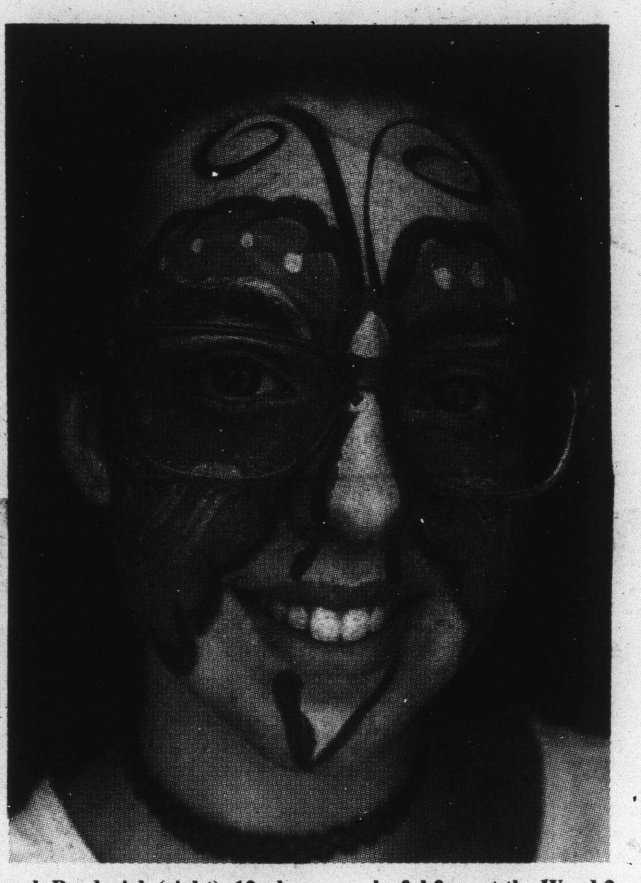
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**NEIGHBORHOODS THROUGHOUT the city celebrated Independence Day with a myriad of activities. Here "Lady Liberty" Tina McCormack, marches in the Merrymount Fourth of July parade on Monday.**

## ★ ★ *Celebrating* ★ ★
# Independence Day





**SHEA McSWEENEY (left), 10, sports a patriotic face and Savannah Broderick (right), 12, shows a colorful face at the Ward 2 Civic Association Fourth of July Field Day at the Fore River Clubhouse in Quincy Point Monday.**



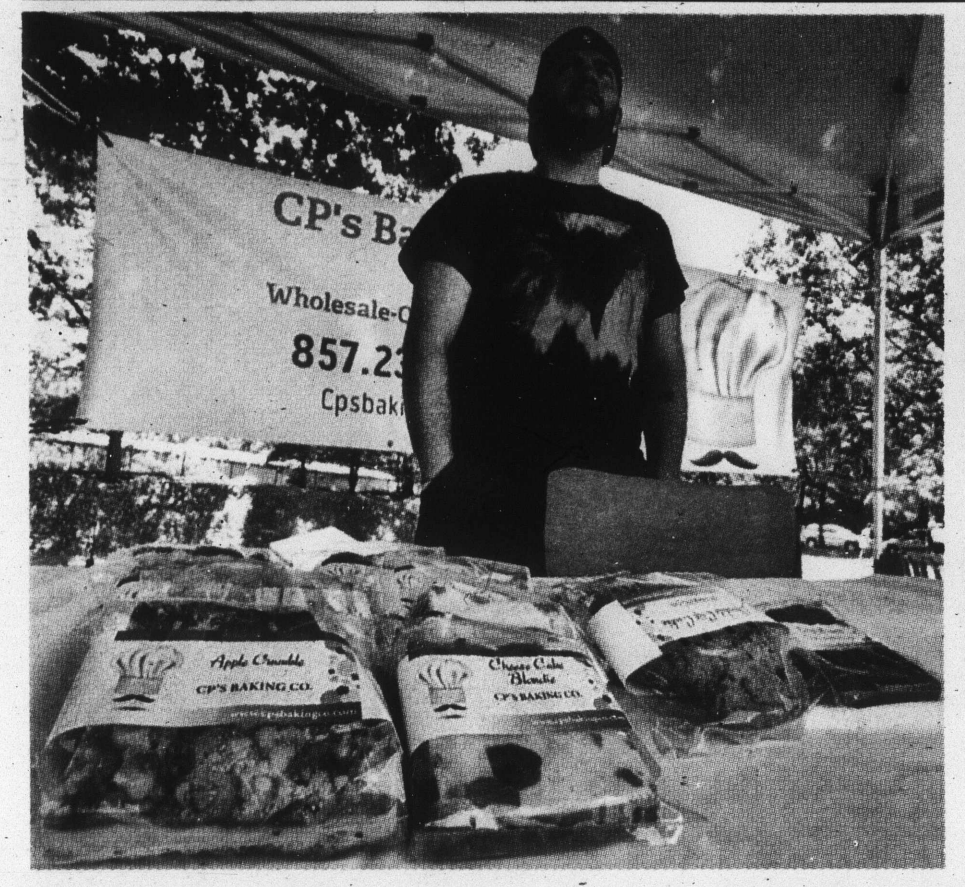
**SQUANTUM KICKED OFF its Independence Day festivities with its annual Road Race Saturday. The neighborhood also held its traditional Fourth of July Parade Monday. More race photos on Page 23.** *Quincy Sun Photos/Tom Gorman*



**"PIRATE" Cooper Glynn-Burke aims his squirt gun on the Hobomack Road float during the Merrymount Fourth of July parade. More photos on Page 20.**

Home Fire Escape Plan Can Save Lives - *Page 5*
Health Message: Summer Weather Hazards - *Page 9*
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More Quincy news:
The Quincy Sun.com






**QUINCY FARMERS MARKET recently kicked off its new season at Pageant Field in Quincy. Among the vendors are (left) Daniel McElroy of CP's Bakery of Rockland and Jeff Kasica who unpacks some strawberries. The market is open Fridays from 11:30 to 5 p.m. at Pageant Field through Nov. 18. Story, other photos on Page 6 and Page 35.** *Quincy Sun Photos/Tom Gorman*

# Quincy More Than 65% Toward 2016 Energy Efficiency Goal

The Quincy Saves Program announced that they have already exceeded 65% of their goal of having Quincy residents complete 701 home energy assessments by December 2016. If the City's goals are met, the City will earn $40,000 from National Grid towards a community project. With 473 assessments already completed, the team is well on their way to accomplishing their goals, but the City still encourages every Quincy resident to get a home energy efficiency assessment.

The assessments are provided at no-cost to eligible Quincy residents, and result in reducing residents' energy bills. The work during the 701 assessments will collectively save over $500,000 in energy bills for those residents over the 10 year average lifetime of the installed measures. The impact of the work will reduce Quincy's greenhouse gas emissions by an amount equivalent of taking 58 cars off of the road each year.

"Every resident who gets a home energy assessment is a winner. They will personally reap the benefits of saving energy which helps keep their household costs down, and they will contribute towards reducing the energy needs for the City. After installing energy efficiency measures, many find their homes are more comfortable, and they are saving money. Collectively, we're reducing emissions that are a public health problem

*Cont'd On Page 26*



**HOME ENERGY ASSESSMENTS include use of infrared cameras, revealing cold spots where insulation is missing or caulking to fill gaps is needed.** *Photo Courtesy City of Quincy*

VELOCITY DANCE COMPANY

Now Enrolling For Fall!

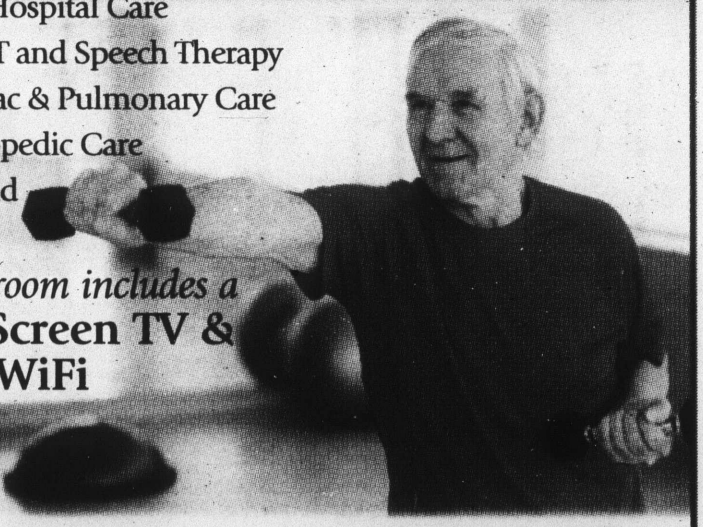
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# Council OKs Appropriations

By SCOTT JACKSON

The City Council approved a series of appropriations at its June 27 meeting – the final meeting before the start of the new fiscal year on July 1.

The first of the appropriations approved was a transfer of $341,540 from a surplus in the medical insurance line item to cover deficits in other accounts. The transfer was approved in an 8-0 vote; Councillor Nina Liang was unable to attend the June 27 meeting.

Of the $341,540, $100,000 was transferred to the Medicare/FICA assessment, $90,000 to the IT Department contractual/communications line item, $80,000 to Police Department personal services, $65,000 to Fire Department personal services, $5,480 for Municipal Finance Department personal services, $820 to personal services in the mayor's office, and $240 to Purchasing Department personal services.

Also approved in 8-0 votes were:

• A $20,000 appropriation from the Wetlands Protections Fund to the Inspectional Services Department.

• $600,000 from the reserve for appropriations/parking receipts account to the Department of Public Works for personal services.

• $37,438 from the Lincoln-Hancock pool reserve account to the Public Building Department. The money will be used to clean, repair and re-grout the pool beginning in August.

• $38,141 from the community preservation fund to the Park Department; $38,141 was the fiscal year 2016 salary for the community preservation administrator.

• $8,000 from free cash to the pump out boat (Clean Vessel Grant).

The council, in a pair of 7-0 votes, appropriated $200,000 in hotel/motel tax receipts to Discover Quincy and $40,000 to the Quincy Historical Society for tourism. Ward 1 Councillor Margaret Laforest, the director of Discover Quincy, did not vote on either appropriation.

The council also set the fiscal year 2017 limit for two revolving accounts, which allow spending on certain items without council approval. The Recreation Department's revolving account was capped at $300,000, The Department of Public Works' account limit was set at $100,000.



**KATHLEEN BRODIE holds a memorial brick with the name of her sister – Patricia A. Reardon – who died in 1990. Brodie was among the many people who recently picked up bricks at the Park Department, 1 Merrymount Parkway, that were part of the original "Walk of Names" outside City Hall. The bricks were removed to make way for a new Walk of Names as part of the Adams Hancock Green public park now under construction. The new walk will feature new bricks from all the original donors. Those who would like to pick up original bricks should call 781-613-0627 or email QuincyBricks@gmail.com. According to the City of Quincy's website, future dates and times for brick pick up will also be announced.**

*Photo Courtesy Andy Sawicky*

# Billings Creek Evening Stroll July 13

Maureen Mazrimas, DPW Stormwater Advisory Committee, Maura O'Gara, Neponset River Watershed Association (NepRWA) and Sally Owen invite the public for an evening stroll along Billings Creek on Wednesday, July 13.

Learn how the land has been used over time, the city's efforts to combat storm water pollution and the work of NepRWA to protect and restore the river. Bring water and bug spray. This walk will be about two hours although you can turn back at any point.

Meet at 6 p.m. at the intersection of Airport Road and Baystate Road. Take Quincy Shore Drive towards Boston. Proceed past E. Squantum Street and take the next right on to Airport Road.

For more information and rain date rescheduling, call 617-472-0799. Sponsored by the Quincy Park Department's Environmental Treasures program.

# Arts Affair At Marina Bay Call For Entries Open

The 21st annual Arts Affair at Marina Bay will be held Saturday, Aug. 6 and Sunday, Aug. 7 in the Marina Bay Corporate Park Lobby and Cafeteria, 500 Victory Rd.

Hours are 10 a.m. to 6 p.m. Aug. 6 and 10 a.m. to 5 p.m. Aug. 7.

Call for entries is now open. Deadline to register is July 14. Up to $1,600 in cash prizes. Fabulous Fakes category back by popular demand.

For more information including registration form visit www.artsaffair.org, or call 781-961-2378.








OUT OF THE CLEAR BLUE!

While most people prefer their diamonds to be clear and colorless, some of the most valuable diamonds in the world are from the clear blue category known as "Fancy Vivid Blue." The latest of these rare diamonds (less than .0001 percent of all diamonds mined are blue) to come to the public's attention is the 14.62-carat "Oppenheimer Blue," named after its previous owner, Sir Phillip Oppenheimer, whose family controlled DeBeers for 80 years (before selling its 40 percent stake in 2012). The blue diamond owes its "Vivid Blue" designation to the saturation of its blue color, which is the clearest and highest possible. Without this high degree of saturated color, the gemstone's trapezoid cut would not have been possible.

Looking for a special diamond? Blue diamonds are a unique and thoughtful choice. From rings and earrings to necklaces and bracelets, a blue diamond takes an elegant look to the next level! And beautiful blue diamond solitaires, wedding rings, pendants and earrings are the perfect "something blue" for both of you. To learn more, stop by Rogers Jewelry at 1402 Hancock St. in Quincy Center or call us at 617-773-3636. Our diamond collection contains virtually any shape and size imaginable.

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# Moments in time

THE HISTORY CHANNEL.

• On **July 21, 1775**, Patriot minutemen in whaleboats raid Little Brewster Island, in Boston Harbor. The raiders temporarily drove off the island's British guard before burning the wooden parts of the point's lighthouse. Ten days later, 300 minutemen returned to the island to prevent the British from making repairs.

• On **July 19, 1799**, a French soldier discovers a black basalt slab inscribed with ancient writing near the Egyptian town of Rosetta. The Rosetta Stone contained passages written in three different scripts -- Greek, Egyptian hieroglyphics and Egyptian demotic -- providing the key to deciphering hieroglyphic language.

• On **July 24, 1911**, American archeologist Hiram Bingham gets his first look at Machu Picchu, an ancient Inca settlement in Peru. The site itself stretches for 5 miles, with over 3,000 stone steps linking its many levels. Today, more than 300,000 people visit every year.

• On **July 22, 1923**, John Dillinger joins the Navy in order to avoid charges of auto theft. A decade later, Dillinger's reputation was forged in a single 12-month period, during which he robbed more banks than Jesse James did in 15 years.

• On **July 18, 1940,** President Franklin Roosevelt is nominated for an unprecedented third term. In 1947, Congress passed the 22nd Amendment to the U.S. Constitution, which stated that no person could be elected to the office of president more than twice.

• On **July 20, 1969**, American astronaut Neil Armstrong becomes the first human to walk on the surface of the moon. As he stepped from the lunar lander, Armstrong say: "That's one small step for man, one giant leap for mankind."

• On **July 23, 1984**, Vanessa Williams gives up her Miss America title, the first resignation in the pageant's history, after Penthouse magazine announces plans to publish nude photos of the beauty queen.

*(c) 2016 King Features Synd., Inc.*

# Free Financial Services At QCAP July 8, 22

Greater Quincy Financial REACH Center is offering free financial services during July.

Sessions are set for Friday, July 8 at 10 a.m. and Friday, July 22 at 10 a.m. at Quincy Community Action Programs, Inc., 1509 Hancock St., second floor.

Free services include:

• Financial education and coaching

• Credit counseling and repair

• Workforce development, education, and training

• Job search support and referrals.

To RSVP, call Theresa Whittaker, program assistant, at 617-657-5355.



# Son Beams

By ROBERT BOSWORTH

# Rich Kennedy And ALS

For nearly half his life, Rich Kennedy and ALS have intertwined.

The 56-year-old Quincy native lost his father and a brother to the disease in a seven-year span.

For 19 years he's been the leader and nucleus of a successful road race established in memory of his late brother Jimmy who died of ALS in 1996. To date, the race has raised nearly $1 million for the Angel Fund that benefits ALS research.

A physical therapist, Kennedy has also treated and counseled countless ALS patients and has even diagnosed some with the incurable degenerative neurological disease.

Jimmy Kennedy is what you call a "good guy." He's a loving husband, father, and family man. He's a loyal friend. He's never forgotten his Quincy roots. He's turned two tragic twists of fate that have taken two of his beloved family members and created a premier road race in the city that keeps raising significant money towards the only finish line that really matters: the end of ALS.

When he speaks about ALS and the progress research has made towards a cure, there is conviction in his voice. There's optimism, too.

But there is no pity.

Kennedy, a few months ago, was diagnosed with ALS.

He's a fighter and he's poised and prepared for the battle ahead.

❑

Rich grew up in Quincy and attended Montclair Elementary School, Atlantic Middle School and graduated from North Quincy High School in 1977. His father, Christopher, served on the Quincy School Committee for more than 13 years. As a member of the school board he handed his son Rich his diploma at graduation. Five years later, as Northeastern University's Dean of Students, Chris also handed Rich his bachelor of science degree in physical therapy at NU's commencement.

Rich was 29 years old when his father died of ALS in 1989 at the age of 66. Chris Kennedy was being treated for a brain tumor when he was diagnosed with ALS.

"We were told there was no such thing as familial (inherited) ALS so when my brother Jimmy was diagnosed at the age of 28 - that's a kick in the pants to all of us," Rich recalled during a recent interview.

Seven years after losing their father, the Kennedy clan lost Jimmy.

It was time to do something about ALS.

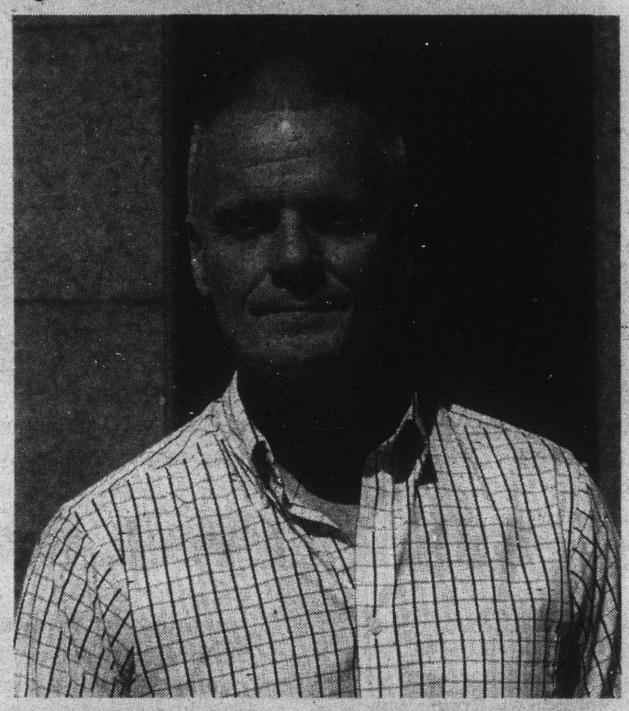
After his brother's funeral, Rich was approached by one of Jimmy's best friends who talked about putting a road race together in his memory to help raise some money for charity.

"They wanted me to pick the purpose. They were going to raise some money but wanted to know where it should go. Of course, we know there's familial ALS in our family so the money goes to ALS research," Rich says.

Over the past 19 years, the race has raised nearly $1 million - including $60,000 this year.

"The race has far and away exceeded my expectations," Rich says. He attributes the race's success to a core of dedicated volunteers – the event's backbone – who year-in and year-out take care of every detail leading up to the race and after.

"Road races typically raise about $5,000. There is a tremendous amount of work and energy expended to establish and keep these races going and unfortunately some races cease after about five years. Next year we will have our 20th anniversary race and that's phenomenal. It's great and the momentum keeps building.



**RICH KENNEDY, a Quincy native who founded the Squirrel Run Road Race in memory of his brother, Jimmy, who died of ALS 20 years ago, has been diganosed with the neurodegenerative disease. 'I'll be the best patient ever. I'll fight hard and I will absolutely not give up,' Rich said in a recent interview.**

*Quincy Sun Photo/Robert Bosworth*

I think the race will be around the next 30 years," he says.

"We have the right people. We put on a good show for the runners and that's the most important thing," he answers when asked to attribute the event's success. "But it's attracted an unbelievable ALS community following.

"What I found out after year one was just absolutely heart-wrenching. I'm getting letters and cards from people thanking me for doing this because they didn't have the family or the guts or the energy. It's exhausting to take care of an ALS patient. It's 24 hours, 7 days a week. You find people don't have the energy. I didn't know any better. It helps to have a phenomenal family. It helps to have a wife who OKs everything you do.

"By the time the first race went off so successfully people depend upon the second, they depend upon the third, and the fourth and so on. It's nice that you can call on some of these people so they can help. You learn to delegate and things get done a lot more easily."

❑

Rich and his older brother Jake are co-owners of Kennedy Brothers Physical Therapy with five offices including Braintree. They have been business partners for over 30 years. Those who know Rich call him "Ratt" - a nickname that stuck when he was very small. To this day its true origin is unknown.

"I was not born with a tail," he says with a hearty laugh.

Rich lives in Cohasset with his wife Wendy and their four children: daughter Lindsey, 29; son Tyler, 27; daughter Taylor, 22 and son Christian, 19.

The family is well aware of ALS.

For Rich, he's had to live with the notion that some day he could be diagnosed with the disease.

"You suppress it by staying busy and knowing you are doing something about it (raising money for research.) I feel terrible for my wife and my kids because I made sure they first heard of my diagnosis from me. You don't realize how much I've put into their minds and into their lives. When the doctor told my family that my dad had ALS, my brother Jake – the therapist; my sister Kathy – the nurse; and I all gasped. We knew it was a death sentence. The rest of the family didn't know anything about it."

❑

*Cont'd On Page 16*

# Scenes From Yesterday




**THIS 1927 real photo postcard is a view of Wollaston Beach the summer after the new seawall on the right was built. In addition to being a barrier to flooding, the seawall provided angled parking along the roadway and a safe shaded place to sit along the beach. The piles of dead eel grass along the wall were raked up by the Metropolitan Commission workers and later hauled away on large-wheeled wooden wagons pulled by donkeys. The once prevalent eel grass mysteriously disappeared from all along the North Atlantic Coast long ago. Proponents of restoring the grass, that grows underwater, point to its ability to support all sorts of coastal marine life with nutrients as well as its natural purifying affect on contaminated water. Some local naturalists are proposing to attempt to bring eel grass back to Quincy Bay to help fight its pollution problems. This seawall was replaced by the present one in 1961. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# A Home Fire Escape Plan Can Save Lives

**By MIKE SLADE**
**Fire Prevention Bureau**
**Quincy Fire Department**



**MIKE SLADE**

This year, both myself and another certified life safety educator went to each Quincy elementary school to teach 3rd graders the importance of having a home fire escape plan. Students were given directions on how to develop a home fire escape plan, and were asked to develop and practice their home fire escape plan with their household members. There were four main points that students were taught in the class regarding the importance of a home fire escape plan. These critical points are:

1.) Hear the beep.
2.) Get out.
3.) Go straight to your safe meeting place.
4.) Call 911.

**Hear the Beep.**

When we go to sleep at night, our sense of smell tends to be sleeping as well. This is why it is critical to have a working smoke detector in each bedroom, outside of each bedroom, and on each level of your home. It is strongly recommended to have smoke detectors interconnected. If a fire was to develop in the basement, and you are sleeping on the 3rd floor of your home, you may not be able to hear the smoke detector going off in the basement unless the smoke detectors are interconnected. It only takes less than a minute for a fire to become fully involved. If one smoke detector is activated, every smoke detector in the home should sound. This is accomplished by having interconnected smoke detectors.

**Get Out**

When the smoke detectors are activated in your home, it is critical to exit your home as quickly as possible. Equally important is to make sure that you and other household members know two ways out of each room of your home. In the event that your primary escape route is blocked by heavy smoke or fire, a secondary exit could make the difference between life and death. If your smoke detectors are sounding in your home, remember that a fire can become fully involved in less than one minute and you need to get out as quickly as possible. That means that you have less than one minute to get out of your home and get to your meeting place. If you have pets, please do not stop to rescue your pet. The Quincy Fire Department has a response time of three minutes or less and is equipped to search and rescue your pet(s). If you have an elevator in your building, never use the elevator in an emergency.

**Go Straight to Your Safe Meeting Place.**

A "Safe Meeting Place" is a designated location outside the home where your family will gather once outside the home. It's important that your safe meeting place is located in front of the house. Fire Department personnel need to easily see you as they arrive so that they will know that you are out of the home, and you will be able to quickly inform them if someone has not made it out of the house. A safe meeting place should be close to the home, but far enough away so as to not be in danger from the fire. Make sure that your safe meeting place is a non-moving item, such as a telephone pole, tree or neighbor's front porch. Once you have arrived to your meeting place, call 911.

The Quincy Fire Department is dedicated to serving the citizens of Quincy. If you should have any questions whatsoever, please do not hesitate to call the fire prevention office at 617-376-1015.

## Quincy Fire Department Statistics

JANUARY 1_ JUNE 30, 2016

| | |
|---|---|
| Total Calls: | 5,154 |
| Total Fires: | 363 |
| Rescues and Emergency Medical Service Calls: | 3,156 |
| Hazardous Condition Calls: | 406 |
| Service Calls: | 389 |
| Good Intent Calls: | 218 |
| False Alarms: | 606 |
| Other Type Calls: | 16 |

## Three On Norwich Dean's List

Three students from Quincy are on the Dean's LIst for the spring semester at Norwich University in Northfield, VT.

They are:

Steven Manning Carter, Brendan James Moreira and Yushan Xireli.

## Two On Delaware Dean's List

Two students from Quincy are on the Dean's List for the spring semester at the University of Delaware in Newark, DE.

They are:

Siobhan Deasy and Meredith Flaherty.

# Quincy's Yesterdays

This Week
**1994**
22 Years Ago

## Weld Signs College, Golf Course Petitions

Gov. William Weld has signed into law two home rule petitions that will pave the way for a new system of government at Quincy College and construction of a golf course/recreational facility at the former landfill site in West Quincy.

Mayor James A. Sheets made the announcement after receiving verification from Weld's office. The two petitions were passed by the city council in March and by the state legislature on June 21.

Sheets said he was thrilled with the news. His home rule petition for Quincy College calls for the college to be governed by a new independent board of trustees.

The other home rule petition will allow the city to enter into a lease agreement of up to 50 years with Quarry Hills Associates for the construction of a golf course recreation complex to be maintained by the developers but owned by the city.

**PAY RAISES FOR CITY OFFICIALS APPROVED**

The City Council has approved pay raises ranging from 2 to 14 percent for department heads and other top full-time city officials.

The salary increases are the first in five years for Mayor Sheets and city councillors and the first significant raises in five years for 50 department heads and other non-union employees.

The mayor's salary is going up 12 percent from $55.587 to $62,500 per year while city councillors' pay will rise 25% to $12,607. The raises for the mayor and city councillors become effective on Jan. 1, 1995.

**QUINCY-ISMS**

The 10th annual Chris Peter Blood Drive will be held July 19 from 2 to 8 p.m. at St. Thomas Aquinas Hall, Darrow St., Houghs Neck... **Christine Carroll**, daughter of William and Angela Carroll, was named to the Dean's List at Salve Regina University... Storyteller **Len Cabral** will appear in concert at the Thomas Crane Public Library, Washington St., July 12, at 7 p.m. His appearance will open the eighth annual Summer Storytellers Series, sponsored by the Quincy Arts Council and the Friends of the Library... **Stephanie Craig** of Quincy is a recent graduate of Framingham State College. She received a Bachelor of Science degree from the school... **Robert M. Long** of Quincy recently received his juris doctors degree from the New England School of Law... **Kevin Foley** of Mary St., Quincy, in a letter to the *Quincy Sun* Readers' Forum, posed the question, "Do we really need a Wal-Mart in Quincy?" Answering his own question, Mr. Foley a third generation resident of Quincy, said, "I don't think so."... **Robert M. Maguire**, 71 Sims Rd., Wollaston, took the opposite position, stating, "I think it's a great thing for the city of Quincy."... **Josephine Shea**, Deputy Supt. of Administration Finance of the Norfolk County Sheriff's Office, was the guest speaker at the Quincy Lodge of Elks annual Flag Day ceremonies... Colonial Savings Bank, 12 Beach St., Wollaston, was offering new car loans at 7% APR for three years... Public Works Commissioner **David Colton** presented the Employee of the Year Award to DPW draftsman **Nancy Allen**... **Justin Mahoney**, son of Mr. and Mrs. Daniel Mahoney, graduated first in his class at Lackland Air Force Base in Texas... **Edward Keohane**, owner of Keohane Funeral Service of Quincy, was elected president of the National Selected Morticians, an international non-profit association of independent, privately owned funeral service firms... **Stephen P. Dunleavy** of Quincy, has been named executive vice-president for the Shawmut Center opening, the New Boston Garden Corp., has announced... J.B. Optical and Hearing Aids, 1361A Hancock St., was offering "Hearing Aids Complete, 30-day trial for $499"... **Kenneth Whalen, Jr.** was a recent honors graduate of Bunker Hill Community College, Boston... The Quincy and South Shore Board of Realtors has changed its name to the South Shore Association of Realtors, Inc. The name change was announced by Board President **Arthur Foley**... **Normand Grenier**, executive director of Quincy Neighborhood Housing Services, was appointed to a two-year term as a member of the Neighborhood Reinvestment Council Corporation... **Cong. Gerry Studds** announced the U.S. House of Representatives has approved a grant of $230,000 to benefit the United First Parish Church and the Adams National Historic Site. Half the money will go for operating expenses at the Adams Site. The other $115,000 will go to technical assistance in rehabilitating the church.

# Arts & Entertainment

# Quincy Farmers Market 'Now A Destination'

By SCOTT JACKSON

The Quincy Farmers Market has grown in recent years – attracting more than 1,000 visitors during a typical day – and the volunteers who run it believe it will become a destination this year during its first full season at Pageant Field.

The Quincy Farmers Market opened for the season June 24. The market is open each Friday, rain or shine, from 11:30 a.m. to 5 p.m. until Nov. 18, the week before Thanksgiving. The market moved last September from the Hancock Lot in Quincy Center to Pageant Field at Merrymount Park, and will be at Pageant Field for the entire season this year.

Janet Little and Kevin Dye, who are in their sixth year as the Quincy Farmers Market's volunteer managers, are optimistic the move to the new venue will help add to the market's growing popularity.

"It's now a destination," Dye said. "It was mostly a place to shop (in the Hancock Lot) and you had some exposure to art, some children's activities and music. Now you can go and spend a few hours and engage in multiple activities."

Pageant Field, they noted, includes picnic tables and pavilion space where patrons can sit and enjoy their meals while listening to live music at the Ruth Gordon Amphitheater – the farmers market is featuring live music each Friday this year between noon and 4 p.m., twice as long as music was previously provided. The new venue also has restrooms and electricity, which the market's vendors can use.

"The infrastructure there is really helpful to us," Dye said.

Pageant Field also has free parking, letting patrons stay longer.

"At the parking lot you had to pay to park after an hour, so everyone tried to get in and out to save the $1.50," Little said.

The Quincy Farmers Market features 20 full-time vendors, and about a half-dozen others who rotate in and out throughout the season.

New this year are Bonez Brothers, a Florida-based company specializing in barbecue and other specialities, including alligator; the market has never had a barbecue vendor before and Dye said it was among the most popular vendors on opening day.

Also new to the Quincy Farmers Market is Signal Rock Farm of Charlton, who offers lamb meat and wool products; Home-Style Caterers of Quincy, whose offerings include lobster rolls and macaroni and cheese; My Natural Kitchen of Quincy, offering salads; Weymouth's Carberry Kitchen, which makes treats for dogs; Mac-the-Knife, which offers blade sharpening; and Relay Power, an energy education company, and Quincy Saves, which promotes energy efficiency.

City departments are also participating in the farmers market this year on a rotating basis. Little said the Fire Department plans to bring one of its engines for a touch-a-truck day; the Police Department will offer child seat installation and fingerprinting for children; the Crane Library will provide children's activities; the Department of Public Works will discuss rain gardens as well as oil and grease recycling; and the Park Department will have a touch-a-truck event.

Dye and Little have been managing the Quincy Farmers Market together for six years. They said interest in the market has grown each year– from 800 patrons a day five years ago to more than 1,000 now. Dye said the Quincy Farmers Market has grown while others nearby have stayed the same, or decreased, in the wake of the 2008 recession. He attributed the market's growth to the addition of newer and more diverse vendors.

"When we took it over, they were down to maybe six or eight vendors," Dye said. "We've increased the diversity of product offerings."

"We've also changed the concept of the market a little bit," Little added. "Kevin always had this idea that the market should be more like an agora – the ancient Greek market – so we've tried to bring in some political discourse and some art and music."

They also attributed the growth of the Quincy Farmers Market to an increased demand for healthier, locally sourced food.

Dye and Little said they are in need of volunteers to assist with certain aspects of the market, including reading stories to children and a community table that features a variety of goings-on in the city. They are also looking for more artists and craftsmen to participate in the farmers market; Dye and Little said they waive the fee for artists and craftsmen and also cover their liability insurance. More information can be found at quincyfarmersmarket.com, and they can be reached at 339-225-6607.




**MATT COSTA of Freita's Farm in Middleboro sorts the produce during the first day of the Quincy Farmers Market at Pageant Field on June 24.** *Quincy Sun photos/Tom Gorman*



**REID STILLMAN of Stillman Farms of New Braintree places freshly picked beets at the Quincy Farmers Market. The market is open Fridays from 11:30 to 5 p.m. at Pageant Field through Nov. 18. More Photos on Page 35.**





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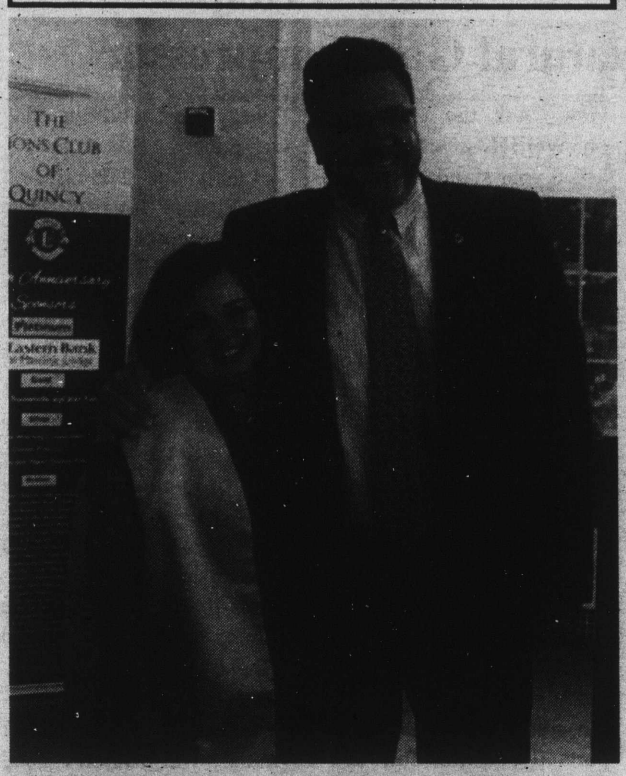
Highlights of Local Programming found on QATV

Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

| Public Access Channel 8 | Government Access Channel 11 |
|---|---|
| Thursday, July 7<br>12:00pm: AM Quincy: License Board Update<br>8:00pm: FOSA: Human Trafficking Summit | Thursday, July 7<br>6:00pm: Update DPW: Summer Season<br>6:30pm: FYI: QHD Myasthenia Gravis |
| Friday, July 8<br>12:30pm: At the Library: July Happenings<br>10:00pm: Constitution: Then & Now | Friday, July 8<br>6:00pm: City View with Mayor Koch<br>7:00pm: NCPC: Medical Marijuana |
| Saturday, July 9<br>4:00pm: Currently in Quincy 6/8<br>11:00pm: Penny Dreadful's Shilling Shockers | Saturday/Sunday, July 9/10<br>9:00am: City View with Mayor Koch<br>10:30am: At Your Library: July Happenings<br>12:00pm: QSO: Highlights<br>12:30pm: QSO: Awards Ceremony<br>7:00pm: NCPC: Medical Marijuana<br>7:30pm: Update DPW: Summer Season |
| Sunday, July 10<br>10:00am: Bethany Congregational Service<br>9:00pm: Perspectives: The Latest in Politics | |
| Monday, July 11<br>11:30am: LIVE: Currently in Quincy<br>8:00pm: Road to Recovery | Monday, July 11<br>6:30pm: FYI:QHD Extreme Heat Revisited<br>8:00pm: Your Federal Government |
| Tuesday, July 12<br>6:00am: LIVE: AM Quincy (Audio)<br>8:00pm: Quincy in Focus | Tuesday, July 12<br>6:00pm: Health Links: Medical Marijuana<br>8:00pm: At Your Library: July Happenings |
| Wednesday, July 13<br>9:30pm: Sound Advice: Affordable Home<br>10:00pm: Constitution: Then & Now | Wednesday, July 13<br>6:00pm: In the Know: Carbon Monoxide<br>7:00pm: Veteran's Corner Ep. 3 |

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

# Social




**AMY HUBER is congratulated by Lions Vice District Governor Andy Porter after her installation as the new president of the Quincy Lions Club.** *Photo Courtesy Quincy Lions Club*

## Amy Huber President Quincy Lions Club

The Quincy Lions Club recently held its installation ceremony for new club officers at a dinner held at the Neighborhood Club of Quincy.

Officers serving in 2016-2017 are:

Amy Huber, president; Jeff Poirier, club secretary; Elaine Mak, second vice president; Joseph Doyle, third vice president; and Kris Richardson- Smith, treasurer.

Huber is the vice president of NorthEast Community Bank. She has been an active member of the Quincy Lions serving various club posts including treasurer, secretary, second and first vice president. She has also earned service awards and is a past recipient of the Quincy Lions Club Lion of the Year award.

"I am looking forward to leading various projects and continuing the Quincy Lion Club's commitment to serving the community," Huber said. "The club recently celebrated its 75th Anniversary, and being entrusted to contribute to the history and legacy of 75 years of service is quite an honor."

Since the club's chartering in 1941, its members have worked on a variety of projects in the local community, such as providing eyeglasses and vision exams for Quincy Public School students, aid and support to those who ate vision impaired, the annual pancake breakfast, and many other local causes.

Proceeds from past fundraising events have been used to fund thousands of dollars in scholarships to Quincy High and North Quincy High School Students, donations to the Mass Lions Eye Research Fund, and numerous initiatives throughout the community of Quincy.

During the upcoming year the club will embark on a new vision screening initiative with the Quincy Public Schools. Lions KidSight USA, is program utilizes state of the art, hand held screening devices that can help detect many visions issues in just minutes. The Lions KidSight USA program has provided screenings for over 500,000 school age children nationwide since 2014.



**MR. and MRS. BRIAN O'CONNELL**
*Photo by Shutter Eyes Photography*

## Jacqueline Mullen Wed To Brian O'Connell

Jacqueline Mullen of Norfolk and Brian Craig O'Connell of Quincy were married June 25 at St. Anthony's Church in Cohasset.

The wedding Mass was officiated by the Reverend John R. Mulvehill.

The best men were Brian's brothers, Kenneth O'Connell and Matthew O'Connell and the Maid of Honor was the bride's sister, Catherine Mullen. Kenneth Emmett O'Connell was ring bearer and Aela and Anna O'Connell were flower girls.

The bride is the daughter of Kelly Carrigan and George Mullen. She is employed as a teacher in Norton Public Schools.

The groom is the son of Sybil and Kenneth O'Connell. He is an engineer at Textron Industries.

After a honeymoon in Mexico, the newlyweds are living in Weymouth.

## Flea Market July 30

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Flea Market Saturday, July 30.

The flea market will be held outdoors. In the event of inclement weather, it will be set up inside the church.

The event will also feature grilled hot dogs and the church's Thrift Shop will also be open.

Tables are available for $30 each. Vendors/crafters keep all profits. To reserve a table, call the Church Office at 617-773-3319.

## Jessica O'Donovan URI Graduate

Jessica Mary O'Donovan of Quincy recently graduated from the University of Rhode Island with a bachelor of science degree.

## Natalie O'Donovan On Dean's List

Natalie O'Donovan of Quincy has been named to the Dean's List for the spring semester at Roger Williams University in Bristol, R.I.

## Marypat Henry Tulane Grad

Marypat Henry of Quincy recently graduated from Tulane University's Freeman School of Business with a bachelor of science degree in management.

## Eliza McDonald On Dean's List

Eliza G. McDonald of Quincy, a junior biology major at Saint Michael's College, is on the Dean's List for the spring semester.

The daughter of Nancy and Timothy McDonald, she is a graduate of Fontbonne Academy.

## Tips To Protect Pets While Traveling This Summer

As families gear up for their summer vacation, Better Business Bureau Serving Eastern Massachusetts, Maine, Rhode Island and Vermont offers advice for pet owners looking for a safe place to house their furry friend.

Last year, consumers inquired to BBB about pet boarding and kennels over 153,800 times. Many consumers also filed complaints about boarding facilities, some that alleged problems with billing, as well as concerns about the treatment of their pet.

"When I look for a boarding kennel for my puppy, I look for one that gives her quality care as well as peace of mind for me while I'm away," said Paula Fleming, Vice President of the local BBB. "I try to always plan ahead and do my homework to find a kennel that will provide my pet with the care she deserves."

BBB recommends the following tips as a guide to finding a trustworthy kennel this summer:

**Plan ahead to make sure you get your first choice.** You'll probably need to make a reservation well in advance, especially if you want to board your pet during holidays or popular vacation times.

**Ask for recommendations.** Turn to friends and family members who own animals or who your veterinarian recommendations. Check with BBB for Accredited kennels listed on our Accredited Business Directory. Make sure to check out their BBB Business Review before making a final decision.

**Personally visit the facilities.** Check for cleanliness and note the overall safety of the kennel and cages. Ask to see all of the places your pet may be taken. If your pet is prone to running away, ask about steps the kennel takes to make the facility secure.

**Ask about interactions between animals.** Some kennels let animals play together while others keep them separate at all times. Make sure the facility requires that all entering pets have proof of immunization. Also ask about its policies regarding flea and tick control.

**Take notice of the staff.** Ask about the background and experience of company staff and take a few moments to see how they interact with the other pets that are being boarded.

**Ask if you can bring food or toys.** Bringing your pet's own food to a kennel may reduce the chance of diarrhea or upset stomach. Also check to see if the kennel allows you to bring any special toys, blankets, treats, or bedding for your pet.

**Thoroughly read the boarding agreement.** Verify it includes the feeding and exercise schedule as well as pick up and drop off hours. Some facilities offer bathing, nail trimming and immunization as additional services. Make sure these and any other additional fees, like medical emergencies or other care, are included in the agreement.

**Have a backup plan.** Make sure you have a local friend, family member or veterinarian you can trust in case of emergencies.

For more information you can trust, visit us at bbb.org/boston.

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# WHAT'S COOKING

with

## *Marie & Suzie*

By MARIE D'OLIMPIO and SUZIE FALCO



## Saucy Fish With Peas

By MARIE

Here is a great tasty and simple way to prepare fish and for those of us who like tomatoe sauce today's recipe will please you very much. Plus it is all made in one pan.

**RECIPE**

**1 pound of haddock, cod or other white fish fillets**
**1 eight once can of tomatoes crushed (You can also use tomato sauce)**
**3 tablespoons olive oil**
**1 teaspoon of basil fresh or dried**
**2 cloves of garlic chopped**
**Salt and pepper to taste**
**1 cup of peas frozen or canned**

In a large skillet heat up the olive oil and add the chopped garlic. Then add tomato sauce, dried basil, salt and pepper and cover and cook for 10 minutes. Now add the fish very gently.

Turn down heat to medium to low and cook covered for 10 more minutes then turn fish very gently to the other side if you can. If the fish breaks up a bit don't worry about it.

Cook uncovered for 10 minutes until fish is done. Add peas, cook until well blended. Sprinkle Parmesan or Romano Cheese on top if you like. Serve with crusty French or Italian bread.

## Healthy Salad Vinaigrettes

By SUZIE

Salads are a staple at our house.

Bottled dressings are mostly of poor quality. Most contain highly processed unhealthy, and cheap oils. Check the ones you have in the fridge; I bet they contain either soy or canola oil as main ingredient.

Making your own vinaigrettes are really quite easy and completely surpass the store bought kinds. Here are two that I hope you enjoy.

**RASPBERRY VINAIGRETTE**

**3/4 cup virgin olive oil**
**1/4 apple cider vinegar**
**1 teaspoon sea salt**
**2 tablespoons raw honey**
**1/2 cup frozen raspberries**
**1/4 cup water**
**2 tablespoons fresh basil**

**Place all ingredients in high speed blender and blend up! (about 30 seconds)**

**MY SPECIAL ITALIAN STYLE DRESSING**

**4 tablespoons balsamic vinegar**
**1/4 cup water**
**1/2 cup virgin olive oil**
**1 teaspoon or so of raw honey**
**1/2-1 teaspoon sea salt**
**pepper**
**2 teaspoons dijon mustard**
**1 tablespoon tomato paste**
**1 garlic clove**
**1/4 teaspoon dried basil and 1/4 teaspoon dried oregano**
**A few tablespoons Parmesan cheese**

Blend as above. Enjoy!

## Crispy Fried Vegetables

By MARIE

I have made all kinds of fritters from string bean fritters, asparagus, zucchini and clams. Today's recipe calls for a combination of many other vegetables all together.

**RECIPE**

**At least 1 and ½ pounds of fresh vegetables such as asparagus, green beans, cauliflower, eggplant (optional) mushrooms, sweet red or green pepper (one of each) and zucchini and 1 cup of cold water**
**¼ cup flour**
**½ cup grated Parmesan cheese**
**1 teaspoon basil**
**Salt and pepper to taste**
**Cooking oil**

Slice vegetables ¼ inch thick or cut into bite-sized pieces. Set aside.

For the batter combine the cold water, flour Parmesan cheese, basil, salt and pepper and then beat in dry ingredients until everything is well blended.

In a large skillet heat ½ inch of cooking oil. Dip a few vegetable pieces into the batter and drain off excess.

Fry until golden brown turning once.

Drain on paper towel.

Keep warm in a 325 degree oven while frying remaining vegetables.

If batter becomes too thick stir in a small amount of cold water.

## 'All's Well That Ends Well' Reading July 11

A staged reading by the cast that will be producing Shakespeare's play "All's Well that Ends Well" will take place Monday, July 11 at 7 p.m. at the Thomas Crane Public Library.

The play was originally considered a comedy but is now classified as a "Problem Play" neither pure comedy nor pure tragedy.

Spanish Helena, a young, common lady, loves Bertram, her noble guardian's son. Bertram is indifferent to Helena but is forced to marry her, so he flees to war in Italy before they can so much as kiss.

The local play, directed by Beca Gates, will be presented this summer by the Dragonfly Theater.

For more information, visit thomascranelibrary.org or call 617-376-1316.

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# READERS FORUM

## Seeks Gov. Baker's Help To Stop Natural Gas Compressor

*A copy of the following letter sent to Gov. Charlie Baker was submitted to The Quincy Sun for publication.*

Dear Governor Baker:

You are known to listen to people and examine issues prior to making a statement or voting on issues.

Therefore, I am also compelled to write to you regarding the Spectra Energy's natural gas compressor station proposed for Weymouth, Massachusetts, in the Fore River community.

Although proposed in Weymouth, its affect, if approved will have potential negative impact on the entire area. While, looking into Spectra's safety record for the past five years, it has had only few incidents. However, there shouldn't have been any when it comes to natural gas lines.

During recent interview "Ask the Governor" on WGBH several callers asked your stand on Spectra Energy. Your response was the issue is in the hands of the federal government.

U.S. Government cannot force private industries to locate in the community where the mayors and the residents vehemently oppose the project. Here the Mayors of Weymouth and Quincy and hundreds of area residents have gone on record and clearly stated their objection to the Spectra Energy's plan for the Fore River community, mainly for its potential environmental damage to the community. Most importantly, the area surrounding the proposed compressor station has been declared and designated as an Environmental Justice Community. This is further defined in the Smart Growth/Smart Energy Massachusetts EEA web pages.

Lastly, in The Boston Globe, June 4th front page article reports natural gas leaks in the Commonwealth, headlined: "Missing Gas Leaks Raising Questions" by David Abel. It states: National Grid accounts 11,343 unrepaired leaks at the end of 2014 to the state Department of Public Utilities, but just 8,349 at the beginning of 2015, some 23 percent have disappeared from the repair list, according to the article. It has been studied if these leaks were to be repaired and alternative energy initiatives, such as solar voltaic, we wouldn't need additional pipe lines.

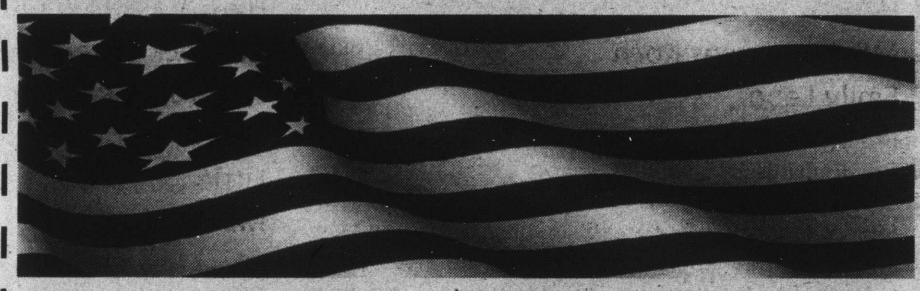
Thank you Governor Baker for helping the residents to stop the Spectra Energy's proposal for Fore River area, an environmentally fragile residential neighborhood, an Environmental Justice Community.

Sincerely,
Anneli Johnson
Accredited Environmental Consultant, NGC, Inc.
36 Garfield St., Quincy

## Michael Lethin On Dean's List

Michael Lethin of Quincy has been named to the Dean's List for the spring semester at Wheaton College in Norton.

A member of the Class of 2017, Lethin is the son of Gerard Lethin and Maureen Lethin.



## FLAGS FOR VETS ISLAND SQUADRON 294

## Bricks for Veterans Program

Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy announces its Bricks for Veterans program. The Squadron is selling bricks for $50 each. The bricks can be inscribed with the name, rank branch of service of a veteran.

The inscribed bricks will line the walkway to the main Flag Pole at Flags for Veterans Island, Fort Square, Quincy.

This form can be clipped, filled out and mailed to order a brick.

**BRICKS FOR VETERANS**

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
22 Conant Rd.
North Quincy, MA 02171

*For more information, call 617-472-5952*

*On Friday, May 27, QHS Parent Advisory Council held their annual 'Senior Night Out' an all-night after prom party for all seniors and their guests. Each year local business, organizations and parents give donations, as well as their time, to ensure that the students of Quincy High School enjoy a fun-filled night after the prom. THANK YOU! Because of your generosity, we were able to provide fantastic prizes, great food and many games and activities that kept the students entertained throughout the night. Thank you once again! It was a huge success!*

### Distinction:

AAA of Southern NE
Wayne Batson
Bayside Resort Hotel
Boston Bowl
Boston Bruins Foundation
Boston Red Sox Foundation
Brewster Ambulance
Cathay Pacific
Central Middle School PTO
Coffee Break Café Wollaston
Cranmore Mountain
Dick Doherty's Comedy Den
Fitness Unlimited
Fruit Center Marketplace
Furnace Brook Golf Club
Graeber, Davis & Cantwell
Grumpy White's
Thomas & Margaret Hall
Harry's Pizza
Mayor Thomas Koch
Emily Lebo
Dr. Anne Lennon, Community Pediatricians
Laura Marstjepovic
LM Slush, Tim & Liam Rogers
Neponset Circle Car Wash
Norfolk County DA's Office
Norfolk County Sherriff's Office
Panera Bread
Providence Bruins
QHS Principal Lawrence Taglieri
QHS Asst. Principal Ellen Murray
QHS Parent Advisory Council
QHS Staff, Custodians, Security & Food Services
Quincy Lodge of Elks
Quincy Police & Dare Officers
Quincy Traffic Supervisors
Quincy Youth Soccer
Roche Bros. Supermarket
Springhill Suites Orlando @ SeaWorld
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The Quincy Sun
The View Restaurant & Tavern
Tuxedo Time
Theresa Walsh
Walt Disney World

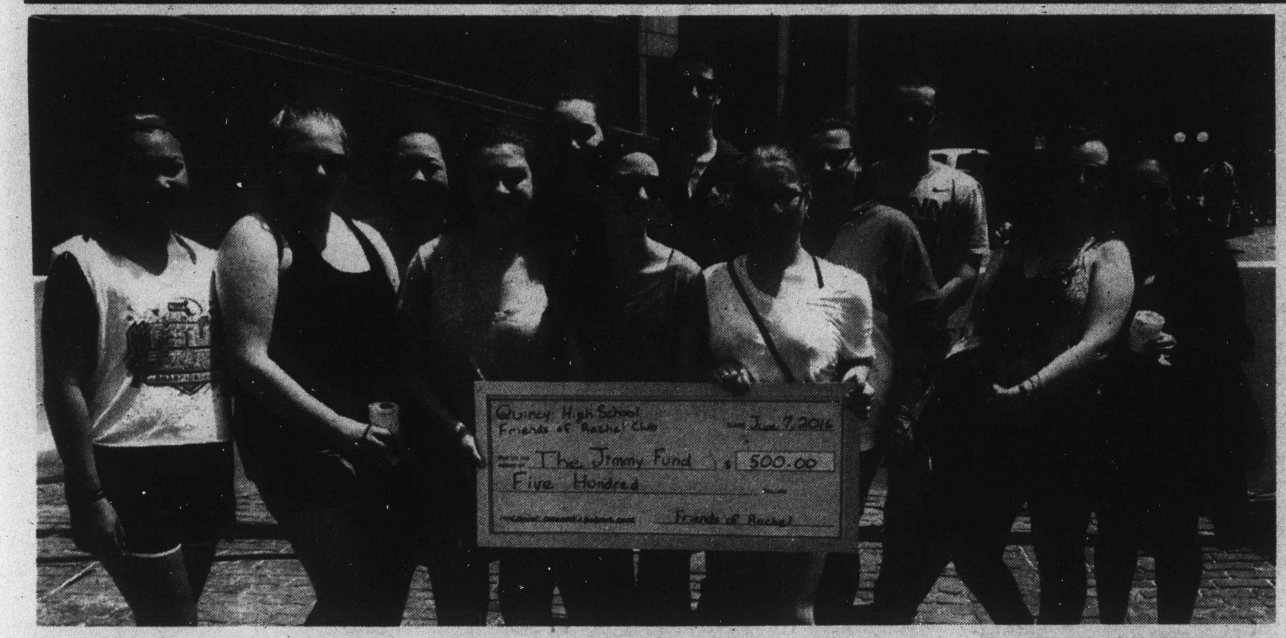
### High Honors:

Abdon Service Station
Aura Salon
Boston Duck Tours
Kathy & Michael Bowes
John & Noreen Campbell
Canobie Lake Park
Cedar Grove Gardens
Christine's Day Spa
City of Boston Credit Union
Colonial Federal Savings
Copeland Package Store
deCordova Sculpture Park
Dunkin Donuts, Franklin St.
Egan's Sunoco Service Station
F1 Racing
Fratelli's Pastry Shop
Granite Street Grille
Jennie Hallisey
Hancock Street Car Wash
Hancock Tavern
La Paloma Restaurant
Law Offices of George Burke
Little Duck Thai Restaurant
MacPherson Mechanical Corp.
Mass Bay Credit Union
Massachusetts Bay Lines
Chris & Heidi Meyers
Montclair School PTO
New England Revolution
Old Colony Liquors
Old Sturbridge Village
Pawtucket Red Sox
Plimoth Plantation
Point Webster School PTO
Quincy Credit Union
Quincy Firefighters Local 792
Santa Rodriguez-Lopez
Roseann Russell & Bob Griffin
Squantum School PTO
The Four's Restaurant
Time Out Pizza
Trader Joe's Hanover
Wessling Architects

### Honor Roll:

Almquist Florists
Ben & Jerry's Ice Cream
Bonfiglioli's Auto Service
Brockton Rox Baseball
Representative Tacky Chan
Chateau Restaurant
Clifford Marshall School PTO
Doreen Colarusso
Craig's Café
Janice & Tim Dane
Dependable Cleaners
EcoTarium Museum
First Baptist Church of Wollaston
Leah & Christopher Giunta
Granite City Self Storage
Home Depot. Willard Street
Imperial Terrace
Inn at Bay Pointe
Lisa Jerahian
JP Licks
Greater Quincy Knights of Columbus
LazerQuest
Lincoln Hancock School PTO
Mass Patriots Volleyball
Merrymount School PTO
Monaco Family
Monster Mini Golf
Christopher & Molly Mullin
New Hampshire Fisher Cats
Papa Gino's
PS Gourmet Coffee
Reggie's Oil Company
School House Pizza
Sterling Middle School PTO
Sweeney Brothers Funeral Home
The Village Common Food Mart
Tony's Clam Shoppe
Willard Veterinary Clinic
Dr. Alan Yacubian

*A special Thank You to all the volunteers that spent countless hours in the planning of this event and to all the volunteers who worked the night to ensure the students of QHS and their guests had a night to remember! THANK YOU!*




**QUINCY HIGH SCHOOL'S Friends of Rachel Club recently donated $500 to support the Jimmy Fund. The donation was raised by the group this year and was given to the Jimmy Fund just prior to their annual "Scooper Bowl" event held at Boston's City Hall Plaza. The Friends of Rachel group, along with co-advisors Laura Marstjepovic and Kerriann Hart, attended the all-you-can eat ice cream and frozen yogurt festival and presented the check at the event. Front row from left: Emma Nguyen, Amy Trillcott, Club President Josefine Marstjepovic, Rachel Knight, Nicole Salvatore, Braeden Johnson, and Alli Defreitas. Back row: Rachel Tran, Clare Doherty, Shamus McBride, Shelby Maze, and Owen Lynch.** *Photo Courtesy QHS*

# Crime By The Book: Christie, Sayers, Doyle At Library July 12

What did Agatha Christie, Dorothy Sayers, and Arthur Conan Doyle have in common? Agatha Christie vanished for 11 days when she was 36 years old.

Come hear the fascinating story of what happened to her, why she disappeared, and how Dorothy Sayers and Arthur Conan Doyle aided in the search to find her.

Quincy's own Florence Noonan, a graduate of Quincy High School, recently retired, returned to Quincy, and is pursuing her life-long dream of writing mysteries. Last November she won honorable mention in the Al Blanchard Contest for short stories.

Researching for her mystery novels she uncovered fascinating connections between Christie, Sayers, and Doyle. Come to the library on Tuesday, July 12, at 7 p.m. to learn about her findings and also how her detective, Zoey Stone, fits into their literary tradition. Copies of her first book, *In Blood and Stone*, will be available to purchase.

# Children Events, Activities At Crane Public Library

**By JULIE RINES**
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children.

**Science Magic and Stories at the Library this week**

**Preschool Discovery – Sports Science @ Wollaston**

Bring your preschoolers ages 2-5 to the Wollaston Branch Library on Thursday, July 7th from 10 to 11 a.m. and do some sports science! We'll be testing different shoes for grip, matching sports equipment, finding out about gravity and more! Come in and try out these activities any time during this hour of science fun.

Sponsored by the Friends of the Thomas Crane Library

**Children's Movie @Main Library- Good Dinosaur**

Join us Friday, July 8th at 10 a.m. in the large meeting room at the main library for The Good Dinosaur. In this enchanting computer-animated fantasy, set in a world where the dinosaurs never went extinct, an amiable young Apatosaurus named Arlo loses his father in a storm and is swept away by a vicious river current, stranding him in a frightening new place far from his home. He soon embarks on a journey to reunite with his family, and befriends a prehistoric human child known as Spot along the way.

Rated PG Run time 100 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

**Art Walk @ North Quincy**

Stop by the North Quincy branch library during Discover Quincy's Art Walk on Friday, July 8th from 5 to 8 p.m. and do some art with us.

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday North Quincy

Drop in from 2 to 4 p.m. up to age 8.

Art-to-go is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch. Children up to age 8 are invited to drop in any time between 2 to 4 p.m.to make this week's craft. The craft for the week of July 11th – Baseball mitt fan.

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy—Ice Age**

Join us on Monday, July 11th at 2 p.m. at the North Quincy Branch Library and cool off watching Ice Age. Back when the Earth was being overrun by glaciers, and animals were scurrying to save themselves from the upcoming Ice Age, a sloth named Sid, a woolly mammoth named Manny, and a saber-toothed tiger named Diego are forced to become unlikely heroes. The three reluctantly come together when they have to return a human child to its father while braving the deadly elements of the impending Ice Age.

Rated PG Run time 81 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

**Magic with Malik @North Quincy**

Join Malik the Magic Guy for a magic show on Tuesday, July 12th at 2 p.m. at the North Quincy branch Library. Malik has a unique show full of audience participation, magic with sports equipment, demonstrations of activities and games from other cultures, and more fun surprises.

This program is for children ages 4 and older accompanied by an adult.

Sponsored by the Quincy Cultural Council.

**Book Discussion: Fast and the Furriest**

Join us on Tuesday, July 12th at 7 p.m. in the Main Library Children's Room for a summer meeting of the Phoenix Book Club for children in grades 5 through 7. This month we will be discussing The Fast and the Furriest by Andy Behrens.

Kevin, the unathletic son of a famous former football star discovers that his equally lazy dog is unexpectedly--and obsessively--interested in competing in dog agility contests. His family is skeptical and his father thinks he's going to football camp, but with the help of his best friend and a mysterious dog trainer, do Kevin and his dog have a chance of winning? Grab a copy of the book from the Main Library Children's Room, then come join us to talk about it!

Copies of the book are available in the Children's Room. Pick one up and read it before the group meets.

Fourth graders who will be entering 5th grade in September 2016 are welcome to join the Phoenix Book Club in June and through the coming summer. We can't wait to meet you!

**Board Game Evening @ Wollaston**

Families with children ages 5 and older are invited to the Wollaston Branch Library on Wednesday, July 13th from 5:00 – 8:00 pm to play board games.

Come drop by to play some family board games. We'll have some old favorites and some you might not have played before. Try some word association with Codenames, press your luck with Tem-Purr-A, make some wild guesses with Concept and more!

**"Let's Play Together" Pajama Storytime**

Join Storyteller Diana Kane in the large meeting room at the Main Library on Wednesaday evening July 13th at 6:30 p.m. for "Let's Play Together," pajama storytimes designed especially for children ages 2-5 and their parents. Come see Ms. Diana for 45 minutes of interactive stories, partner dances, playing in a band and singing together. This program is designed for adults and children ages 2-5 to enjoy stories and songs as a family. This is a great time for you and your children to sing, dance, listen and talk with each other.

Sponsored by the Quincy Cultural Council.

This summer now through Au. 31st track your reading online with our new summer reading game. Sign up, log books, and complete challenges. You might even win a prize! This program is for children up to age 12, teens are invited to join our teen summer reading program.

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Large Area - Choose Back / Brazilian Bikini / Upper Leg / Lower Leg $950

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## Jeffrey Nguyen On Dean's List

Jeffrey Nguyen of Quincy is on the Dean's List for the spring semester at Regis College in Weston.

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# Summer Weather Hazards: Health Dept. Message

By RUTH JONES
BSN, RN, BC, CP-FS

Summer means vacations, fun in the sun and outdoor events.

But summer also brings some significant weather dangers. Heat waves can occur and can be lengthy and deadly. Lightning deaths are at their peak during the summer and on top of it all, it's the onset of hurricane season.

Stay safe this summer and become weather-ready with just a few simple steps: Know the facts and be prepared.

The Facts:

• The Atlantic hurricane season extends from June 1 through November 30. Hurricane hazards come in numerous forms, including storm surge, heavy rainfall, inland flooding, high winds, and tornadoes.

• Since 2003, 43 states within the continental United States have been under a tornado watch; 49 states have come under severe thunderstorm watches; and lightning strikes occur in every state.

• In 2015, there were 26 lightning fatalities in the U.S.

• Flash flooding is the number one killer linked to severe weather.

**Hurricanes**

Typically, 12 tropical storms, 6 of which develop into hurricanes form over the Atlantic Ocean, Caribbean Sea, or Gulf of Mexico during the hurricane season. Over a normal 2-year period, the U.S. coastline is struck by an average of 3 hurricanes, 1 of which is categorized as a major hurricane (winds of 111 mph or greater). Well in advance of treacherous weather, sit down with your family or friends and discuss how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supplies kit where you can access it in the event of a disaster.



RUTH JONES

Compile a basic disaster supplies kit and consider storage locations for various situations. Check emergency equipment, such as flashlights and generators. Review your insurance policy to ensure that you have adequate coverage for your home.

**Tropical Storms**

While hurricanes pose the most significant threat, tropical storms also can be destructive. The primary hazards are storm surge flooding, inland flooding from heavy rains, damaging winds, tornadoes, and high surf and rip currents. Storm surge is the atypical rise of water generated by a storm's winds. This hazard is traditionally the leading cause of hurricane related deaths in the United States, and can result in large loss of life and massive destruction along the coast and inland.

Flooding from heavy rains is the second leading cause of fatalities during tropical storms. Widespread torrential rains often result in flooding hundreds of miles inland, which can persist for several days after a storm. Winds from a storm can destroy buildings and debris or items left outside can become flying projectiles.

Tornadoes are often produced by land falling tropical storms and hurricanes. These tornadoes characteristically occur in rain bands away from the center of the storm. Perilous waves produced by strong winds can pose a significant hazard to coastal residents and mariners. These waves can cause deadly rip currents, momentous beach erosion, and structural damage along the coastline, even when the storm is beyond 1,000 miles offshore.

**Tornadoes**

A tornado is a fiercely rotating column of air extending from the base of a thunderstorm down to the ground. Tornadoes are capable of totally destroying well-made structures, uprooting trees and hurling objects through the air like missiles. Tornadoes can occur at any time of day or night and at any time of the year.

Though most common in the Central Plains and southeastern United States they have been reported in all 50 states. Be alert to changing weather conditions. Watch for dark, often greenish skies, large hail, a large, dark, low-lying cloud (particularly if rotating), and a loud roar similar to a freight train.

If you see impending storms or any these danger signs, be prepared to act. If you are under a tornado warning, seek shelter immediately! The majority of injuries associated with excessive winds are from flying debris, so remember to shield your head.

**Severe Thunderstorms**

A thunderstorm is deemed severe if it produces hail at least 1 inch in diameter or has wind gusts of at least 58 miles per hour.

Every thunderstorm produces lightning, which often kills more people than tornadoes or hurricanes. If you can hear thunder, you are near enough to be in danger from lightning. Don't wait for rain; lightning can strike out of a cloudless sky. Hefty rain from thunderstorms can cause flash flooding and winds can damage homes and knock down trees and poles, causing widespread power outages.

Avoid electrical equipment and corded telephones; cordless phones, cell phones and other wireless handheld devices are safe to use. Stay away from windows. If you are driving, try to exit the roadway and park. Stay in the vehicle and turn on the emergency flashers until the heavy rain subsides. If you are outside and cannot access a safe building, avoid high ground, water, tall isolated trees; and metal objects such as fences or bleachers.

**Lightning**

Lightning strikes the U.S. about 25 million times a year. Although most lightning occurs in the summer, people can be struck at any time of year. Lightning kills an average of 49 people in the United States each year, and hundreds more are severely injured.

**Floods**

Heavy rainfall from thunderstorms can quickly cause rivers and streams to overflow their banks resulting in flooding. Sometimes floods develop slowly and forecasters can predict where they will happen days or weeks before it occurs. Frequently, flash floods occur within minutes and without warning. During a flood, water levels and the rate the water is flowing can change rapidly. It is vital to evacuate immediately when water starts to rise. Don't delay until it's too late! Remember, if you come across a flooded roadway, do NOT drive or walk into it. Subsequently, when flood waters recede, the ravage left behind can be devastating and present many dangers. Keep in mind that what you can't see can be just as hazardous.

Floodwaters commonly become contaminated with sewage or chemicals. Gas leaks and live power lines can be deadly, but may not be obvious at first glance.

*Ruth Jones is the Public Health Nurse Educator for the Quincy Health Department.*

# Compressor Station Talk, March

The Fore River Residents Against the Compressor Station will present an evening with Terra Friedrichs Tuesday, July 12 at 6:30 p.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy.

Friedrichs is former selectman in the Town of Acton and currently a small business owner and concerned citizen. She is co-founder of the PassMass Amendment. She speaks around the state on municipal rights, sharing what she has learned with public officials and other concerned citizens.

The group encourages local officials and residents to attend this informative evening to learn about using municipal rights to fight Spectra Energy Texas' proposed compressor station and expanded fracked gas pipelines in Weymouth, Quincy, and Braintree.

According to organizers, from July 14 to 18, hundreds of people will march 43 miles along the route of Spectra's proposed pipeline projects and onward to the Massachusetts State House to demand that Governor Baker and the state legislature oppose new gas pipelines and the pipeline tax. On July 16th, a rally will start at 9:30 a.m. followed by a march at 10 a.m. in Weymouth to highlight local opposition to Spectra's Atlantic Bridge and Access Northeast compressor and pipelines in Weymouth, Braintree, and Quincy.

Participants will then begin the march to West Roxbury to join marchers from other Access Northeast affected towns.


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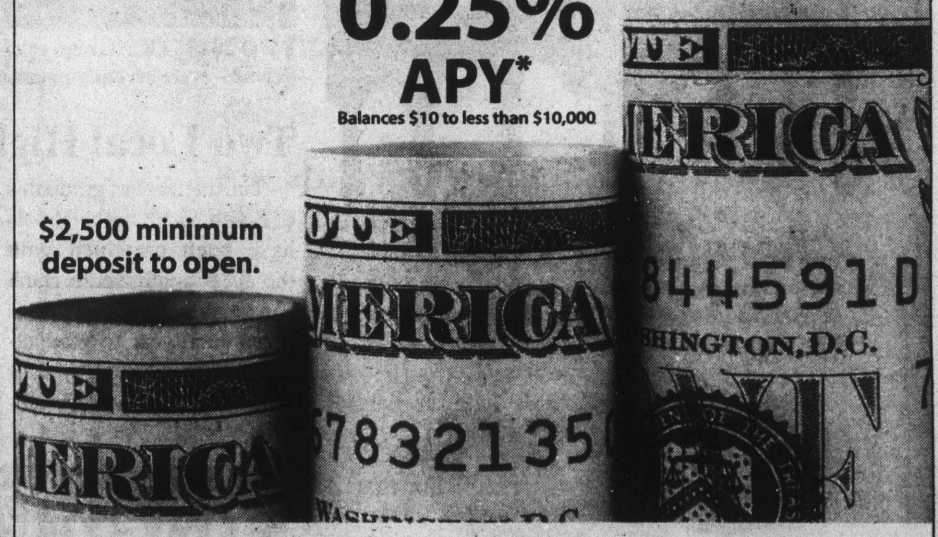


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# Phoenix House Honors Four Community Leaders

Phoenix House recently honored four outstanding community leaders at a luncheon held at the Neighborhood Club of Quincy.

The leaders were recognized for achievements and service to society that have inspired individuals struggling to reclaim disordered lives.

Awardees were:

Mayor Thomas Koch; Steven A. Tolman, president, Massachusetts AFL-CIO and former Massachusetts state senator; William J. Ostiguy, chairman, The Gavin Foundation; and The Rev. Eric M. Hillegas, Rector, St. Chrysostom's Episcopal Church, and President, Quincy's Inter-Church Council.

The luncheon, anticipated to become an annual event, commemorated Phoenix House's first year in operation in Quincy, a period in which thousands of alcohol- and drug-troubled individuals embarked on the road to recovery. Proceeds from the event provide critical financial support for the work of Phoenix House, one of the region's leading nonprofit substance abuse treatment organizations, to save lives from the opioid addiction epidemic ravaging Massachusetts and the entire nation.

All four honorees have shown outstanding commitment to the people of Greater Boston, particularly at a time when the opioid epidemic has taken a devastating toll on communities throughout the state.

Mayor Koch has demonstrated exceptional support of Phoenix House's efforts to combat the epidemic in Quincy.

Tolman was one of the first state leaders to sound the alarm about the epidemic while holding office, providing a wake-up call to all Massachusetts residents and leaders.

Ostiguy's commitment to individuals in Greater Boston struggling with substance use disorders is witnessed by his strong support of the Gavin Foundation's partnership with Phoenix House.

Rev. Hillegas and the Inter-Church Council have provided spiritual support weekly to individuals receiving treatment at Phoenix House.

During the luncheon, an appreciative audience listened to moving remarks by Master of Ceremonies Dan Jaehnig, News Anchor, NBC 10, Providence, a Quincy resident.

Ann Bray, Phoenix House president and CEO, spoke of the challenges posed by the opioid addiction epidemic. She emphasized that addiction is a treatable, biological disease, not a moral failure, and that the stigma often associated with addiction needs to be eliminated.

Sheri L. Sweitzer, chairperson of Phoenix House New England's Board of Directors, said "Since opening our doors in February 2015, we've set more than 4,540 people on the road to recovery. And the quality of our services has been recognized both statewide and nationally: recently the Massachusetts Bureau of Substance Abuse Services reported that Phoenix House in Quincy had the state's best record for placing clients in continuing care.

"What's more, in February of this year we underwent a rigorous review by CARF, the Commission on Accreditation of Rehabilitation Facilities, a national standard of excellence, and were granted a three-year accreditation – the highest available. CARF also commended our Community Advisory Board for their involvement and support."



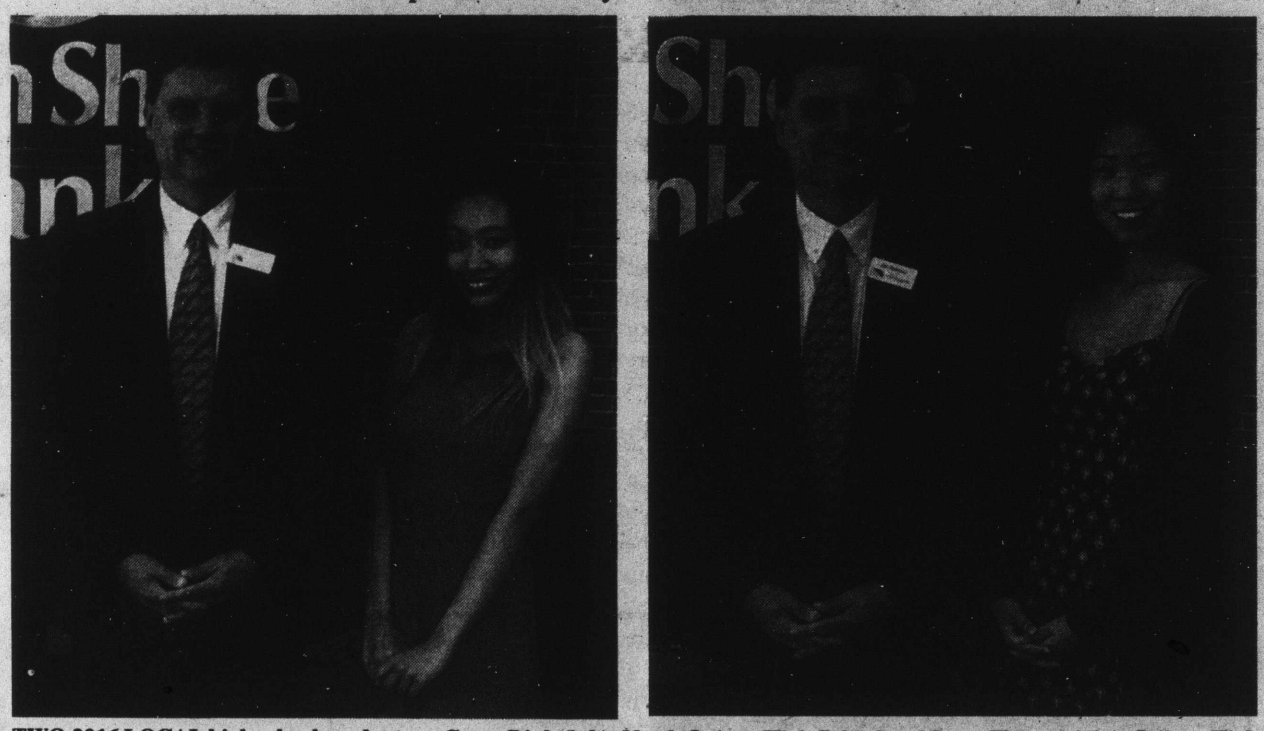
PHOENIX HOUSE President and CEO Ann Bray (far left) and Chairperson Sheri Sweitzer (far right) present awards to four community leaders at a recent luncheon held at the Neighborhood Club of Quincy. Recipients (second from left) are Mayor Thomas P. Koch, Rev. Eric Hillegas, Steven Tolman and William Ostiguy. *Lisa Aimola Photo*

Sponsors of the luncheon included Martin Realty, The City of Quincy, Alkermes, Inc., The Gavin Foundation, Massachusetts AFL-CIO, Beth Israel Deaconess Hospital of Milton, Modern Assistance Programs, and South Shore Hospital.

Founded in 1967, Phoenix House New England provides a broad array of substance abuse treatment services, safeguarding children, strengthening families and communities, and enabling men, women, and adolescents to overcome drug dependence and to start and maintain new, drug-free lives.

Phoenix House New England operates nearly 40 programs in four states, serving more than 7,000 individuals annually. Phoenix House provides medically monitored withdrawal services, residential treatment centers for adult men and women, comprehensive outpatient programs for adolescents and adults, special programs for individuals with co-occurring mental health issues, services for criminal justice offenders in prison and community settings, recovery housing, and temporary transitional shelter and rehousing services for homeless women and children in Boston.

Since 1999, Phoenix House New England has been affiliated with the nationally respected Phoenix House Foundation, the nation?s leading provider of substance abuse treatment services, serving more than 7,000 individuals each day in Massachusetts, New Hampshire, Rhode Island, Vermont, California, Florida, Maryland, New York, Texas, Virginia, and the District of Columbia.



TWO 2016 LOCAL high school graduates – Grace Dinh (left), North Quincy High School and Lucy Zhang (right), Quincy High School – were recently presented South Shore Bank Citizenship Awards from Bank President and CEO James Dunphy. *Photos Courtesy South Shore Savings Bank*

# Two Local High School Graduates Receives Citizenship Awards

Thirteen recent graduates of South Shore high schools have been presented with the 2016 South Shore Bank Citizenship Award, which is given each year to graduating seniors selected by their schools as outstanding citizens.

Among the recipients are two local high school graduates: Grace Dinh, North Quincy High School; and Lucy Zhang, Quincy High School.

The awards were presented during ceremonies at the Bank's South Weymouth headquarters attended by the students and their parents.

Established in 1992, the South Shore Bank Citizenship Award is a $500 cash award. Award recipients are chosen primarily because they:

- have made each of their schools a better place because they were part of it;
- have demonstrated a commitment and concern for the community; and
- have displayed personal qualities of sincerity, responsibility and conscientiousness.

# 2 New Dept. Heads Among Mayor's 8 Appointees

By SCOTT JACKSON

Mayor Thomas Koch swore in eight appointees – including two new department heads – Tuesday morning during a City Hall ceremony.

Among those sworn in Tuesday were Michael Coffey, who will serve as the director of the newly created Traffic, Parking and Alarm and Lighting Department. Coffey was previously the business manager for the Department of Public Works before accepting the $98,000 a year position in the new TPAL Department, the creation of which the City Council approved when it passed the budget for the fiscal year that began July 1.



EIGHT APPOINTEES including two new department heads were sworn in by Mayor Thomas P. Koch at City Hall Tuesday. From left: Paul Doherty, Program Manager Park/Forestry/Cemetery Department; Michael Norton, Operations Manager DPW; Deirdre Hall, Compliance Officer DPW; Paul DellaBarba, Business Manager DPW; Mayor Koch, Michael Coffey, Director of Traffic, Parking, Alarm, Lighting (TPAL); Christopher Rooney, Assessor; Gary Cunniff, Director of Engineering; and Paul Hines, Director of Public Buildings. *Lisa Aimola Photo*

Paul Hines, formerly an assistant city solicitor, was appointed to the newly created position of commissioner of public buildings, which has an $118,000 salary. Chris Walker, a spokesman for Koch, said Hines' background as attorney would work well as the new department head.

"Paul has a wealth of experience in management and his natural skillset as an attorney will be helpful in Public Buildings," Walker stated.

Walker said Hines previous position in the Law Department had yet to be filled, and there was no timeline for when it would be.

Gary Cunniff, previously the director of public buildings, was sworn in as director of engineering within the Public Buildings Department. The position has a $101,000 salary, the same he received previously as the department head.

Three employees were sworn in to new posts within the Department of Public Works.

Paul DellaBarba was named the new business manager, replacing Coffey, and Michael Norton the new operations manager, filling the job vacated after Joseph Newton was appointed assistant city clerk by the council June 27. DellaBarba and Norton will each earn $72,000 a year in their new positions.

The legal counsel position in the Department of Public Works was shifted in this year's budget to a compliance manager position. Deirdre Hall, who had served as the legal counsel in the DPW, was sworn in Tuesday as the compliance manager, which carries a $65,000 annual salary.

Christopher Rooney was sworn in as the city's third full-time assessor, which carries a $53,000 salary and was newly added in this year's budget.

Paul Doherty was named the program manager for the Park, Forestry and Cemetery Departments, which has a $72,000 salary.

# Discover Quincy Art Walk Friday In Norfolk Quincy

This week's Discover Quincy's Art Walk Friday features the Norfolk Downs business district in North Quincy.

"In efforts to highlight our community's arts and culture, we've been hosting an event in each of our business districts," said Margaret Laforest, vice president of Tourism for the Quincy Chamber of Commerce. "With over 20 restaurants within just four blocks, we've decided to feature this area's culinary and cultural diversity on Friday, July 8, from 5 to 8 p.m."

Burke's Seafood will host a block party on the Vane Street patio with outdoor dining, seafood specials, cash bar and live Irish Music by Paddy's Return and an Irish Step Dancing performance by the Brady Academy at 6 p.m. Local author Kevin Glennon brings his Vikings, Vampires and Mailmen to the Irish Pub for book readings and signature merchandise.

JP Fuji group offers specials at B Cafe, Hot Pot go to Shabu and frozen treats at Yo Cha. The North Quincy Community Center will be transformed into a pop up art gallery with local artists including Cheryl Guerino, Dave Osheskie, Jennifer Keany, Jessica Grace Leahy, Mike Hanson, Pam Korejwa and the North Quincy High School Photography Club.

The North Quincy Branch of the Thomas Crane Library will be open for special hours with its regular full service (books, magazines, DVDs, CDs, and more plus computers/internet) and children's activities. There are over 18 restaurants within the business district open for dinner this Friday night.

"Come experience the culture and cuisine in North Quincy," Laforest said. "We will have our popular lawn games out in the area as well. The full schedule of events is available online and at participating locations."

For more information, visit DiscoverQuincy.com or call 617-639-1117.

# Quincy Council On Aging Gloucester Lobster Cruise

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up.

For more information call the Kennedy Center at (617) 376-1506. For reservations visit the Kennedy Center at 440 East Squantum St.

# 19 Residents On Simmons College Dean's List

Simmons College in Boston lists 19 students from Quincy on its spring semester Dean's List.

They are:

Christina Chau, biochemistry major; Nina Plabutong, nursing major; Jennifer Thi Hong, major undeclared; Afnan Lebeche, undeclared; Hodan Ahmed Musse, undeclared; Trang T. Nguyen, business and management and public health major; Shu Wen Chen, exercise science and public health major; Iqrah Tauhid, health informatics and computer science; Hilary Chen, health informatics and computer science; Samantha Claudia Tan, nursing and music.

Also, Lais Giselle Evora, biochemistry; Amelia Isabel Wool, public health; Ciara Patricia Forde, undeclared; Eliza Lihui Song-Givens, undeclared; Cynthia Jiantin Yu, exercise science; Johanna M. Yu, nursing; Mary Katherine O'Leary, nutrition and dietetics; Shu Qi Ke, undeclared; and Nguyet Le Ly, finance and economics.

# Two Residents On Salve Regina Dean's List

Two students from Quincy are on the Dean's List for the spring semester at Salve Regina University in Newport, R.I.

They are:

Taylor Parry, a junior at Salve Regina University; and Michelle Murphy, a junior at Salve Regina University.

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MARIE-DENISE FABIEN (left), Ann Morash, and Grace L'or Jean along with Albert Burkard from Gennaro's Eatery.



MRS. CHRISTINE LEBLANC and Mrs. Tita Fabien enjoyed the music of the Atlantic Youth Orchestra.

# Saint Yves School Haiti Fundraiser Big Success

The fundraiser to help Saint Yves School Haiti and to celebrate Saint Yves, the patron saint of attorneys, was celebrated on May 22 at the Knights of Columbus in North Quincy.

The event was amazingly successful thanks to the generosity of several Quincy attorneys, George Burke, Robert Dolbec and Jimmy Gavigan. The support of several businesses and residents of Quincy helped make the evening spectacular.

Attendees of the soiree were welcomed by the sounds of several entertaining Haitian music tunes. Raffles for gift certificates and beautiful gift baskets were donated by Quincy residents and businesses. An Italian dinner, courtesy of Gennaro's Eatery was available as well as pizza from Papa Ginos and exotic Haitian dishes like goulash with rice and beans, fried plantains and barbecued chicken.

The Glitters and Elite dancers of the Velocity Dance Company, directed by Miss Erica and Vince, offered an outstanding performance which kept the crowd breathless.

The highlight of the evening was a visit by the representative of the Haitian government in Boston, Consul Stefanie Jean, and Consulate staff member, Mrs. Mirlaine Myrthil. The Consul gave a speech which emphasized the value and need for education throughout the world, especially in Haiti at Saint Yves School. She stated, "Education is a key to positive change in our small world."

During the speech, she honored the memory of the founders of the school, Osias Semovil and Joseph Fabien. They were attorneys with a passion for education, who also left the school as their legacy to society. Consul Stefanie Jean offered her greatest thanks to the community of Quincy, Gail McDonald and Marie-Denise Fabien for their support in helping rebuild Saint Yves School after it was destroyed in an earthquake that ravaged Haiti in 2010.

Later in the evening, Domino's Pizza made an abundant delivery of pizza. The Atlantic Youth Orchestra, with George Bill playing cello under the direction of Suzan Bill, eloquently performed *The Star Spangled Banner*. The orchestra also played the Haitian National Anthem, La Dessalinienne, sung by Mrs. Tita Fabien, widow of Joseph Fabien. Mrs. Fabien travelled to the U.S. from Haiti especially for this event. Members of the Haitian Consulate sang along to the National Anthem of Haiti while holding the magnificent and colorful flag of Haiti. The tunes played by the orchestra made the attendees feel perfectly relaxed in an almost-heavenly soiree.

Almost everyone went home a happy winner. The luckiest winners of the evening, John and Lucy Fair, went home with great smiles as they carried their numerous baskets and gift cards. The evening was a very fun time for a wonderful cause.

Our special thanks to Grace L'or Jean, Kimi Valle, Maggy Potts and local fourth grader, Quincy residents who provided an excellent contribution by helping to call out the lucky winners. Thank you as well to Mrs. Gladys Fernandez, M. Tobin, 9th grader at

*Cont'd On Page 15*



EVENT COORDINATOR Gail McDonald (left) and Marie-Denise Fabien (2nd from left) with the Velocity Dance Company dancers, Melissa Myers, Brigid Duggan, Catherine Brown, Guinevere Ferreira, Maeve Griffen, Olivia Brown and Abby Yanovitch.



MARIE-DENISE FABIEN, right, with Velocity Dance Company's Mr. Vince and Miss Erica, holding daughter, Skylar.



HAPPY WINNER, Chip McCarthy, center, of Chambers Motorcars Boston, with Mrs. Tita Fabien, left, and Marie-Denise Fabien.



CHIP McCARTHY and Marie-Denise Fabien, standing, mingle with Peter Graceffa of Sacred Heart Church, Edie Donavan, Mrs. Dowley, Christine Jeannings.

# Saint Yves School Haiti Fundraiser Big Success

*Cont'd From Page 14*

NQHS and Mrs. Josephine MacGonagle and her son, Fernanda Pimentel.

Saint Yves School Haiti is a non-profit organization with a tax I.D. number. All donations are tax-deductible and are used directly for students, teachers and the rebuildling of the school. There is a $15 fee paid to Western Union to transfer every $1,000. Donations can be made at Citizens Bank, account #1320715580.

Our greatest thanks also goes to the Quincy community and the committe to help the Saint Yves School Haiti. Contributors include: Attorney George Burke, Attorny Robert Dolbec, Attorney Jimmy Gavigan; Mrs. Tita Fabien, a key helper who brought gifts from haiti for raffle baskets; Mrs. Gail McDonald, former Cornerstone Principal and event coordinator; Mr. Vince and Mrs. Erica and daughter, Skylar of Velocity Dance; The Gliders and Young Elite dancers of Velocity Dance Company; Mr. and Mrs. Suzan Bill and the Atlantic Youth Orchestra; Gennaro's Eatery; Jim and Ann Morash, and daughter Pimentel; Mrs. Lois Charles and AAA of Quincy; Mr. Chip McCarthy of Chambers Motorcars Mercedes-Benz of Boston; the Boston Red Sox; Mrs. Sandra Martinez; Mr. Peter Olson; Peter and Sue Graceffa of City View Real Estate; The Chantey; Kimarie hair Salon; Boston Bowl; Walmart in Quincy; Roche Brothers; Newcomb Farms in Wollaston; Balduccis House of Pizza, owner, Angelo Kyranis; Chair Fair Furniture Store, Weymouth; Comeback Physical Therapy; Amy Fratelli of Fratelli's Bakery; Mrs. Sharon and the staff at Pick of the Litter, Quincy; Dennis Patel's liquor store; Donavan Brothers Car shop, Wollaston; O.B.'s Restaurant, North Quincy; The 99 Restaurant, North Quincy; Cathay Pacific; Dependable Cleaners, Quincy; CVS, Wollaston; Stop and Shop, North Quincy; Mrs. Cindy Mullen; Mr. and Mrs. Elsi Laguerre Cordoza; Mrs. Nancy Fenny; Mr. George Wagner of Fenno House, Marie and Elizabeth Dyer; Pastor Carol Palmetier; Father Morash of Saint Patrick; Steve Buckley; Mrs. Edie Donavan; Mr. and Mrs. John Fair; Mr. and Mrs. Frank Sweet; Mr. and Mrs. Joe Andolare; Mr. and Mrs. Helen Comeo; Mr. and Mrs. Ann Zannello; Mrs. Christine Jennings; Mrs. Caroll Rapicci; Mrs. Dowling; Mrs. Christine Leblanc; our benefactors from Sacred Heart Church; Mrs. Suzan Lynn Bernazanni; Mrs. Cherry Gorton; Mr. Bobby O'Keefe; Mr. Frank John; Mrs. Caroll; QATV; Knights of Columbus; music and video producers from Cornerstone Campus; Professor Jacques, Robert Shaw, Principal of NQHS; Inter-ac students; Jose Conchelo; Wollaston Public Library; Fran Sullivan; Steve Buckley; Mrs. Mary Griffin and Mrs. Mary Kelly.



ATTENDEES OF THE St. Yves Haitian School fundraiser enjoy the evening.



ALL SMILES! Cornerstone Sound Director Gail McDonald, Event Coordinator Marie-Denise Fabien, Kimi Valle and children enjoy a moment at the recent fundraiser.

# 79th Annual Quincy Bay Race Week Begins July 21

The 79th annual Quincy Bay Race Week starts with the Inside Line Racing on July 21st and 22nd at Wessagussett Yacht Club in Weymouth, followed by the Outside Line Racing on July 23rd from Squantum Yacht Club and July 24th from Wollaston Yacht Club.

Th regatta features South Shore children from Weymouth, Braintree, Quincy, Hingham, Hull, Marshfield, Scituate, Norwell, Hanover and other boating communities on Boston's South and North Shores.

Eight South Shore Yacht Clubs make up the Quincy Bay Race Week Association. They are: Braintree Yacht Club, Metropolitan Yacht Club, Quincy Yacht Club, South Shore Yacht Club, Squantum Yacht Club, Town River Yacht Club, Wessagussett Yacht Club, and Wollaston Yacht Club.

Sponsors include the Quincy Credit Union and the Liberty Bay Credit Union.

This year's Race Week Schedule of Events:

**Junior Racing Inside Line**

Thursday and Friday, July 21 and 22 at Wessagussett Yacht Club, Weymouth.

Entries: Club 420's, Laser, Laser Radial, N-10 (Red, White, Blue), Optimists (Red, White, Blue, Green) and Widgeons. The N-10 Red Fleet is considered a beginner fleet and shall not fly a spinnaker sail.

Entry Fee: $25 per sailor. Registration forms are available for download at www.qbrwa.org or at race day. For further information contact JB Swan at jbswan@rsredco.com

**Outside Line Big Boats**

Saturday, July 24th – One Design races hosted at Squantum Yacht Club.

Sunday, July 25th - One Design races hosted at Wollaston Yacht Club.

For further information on the Outside Line races contact Mike Marcel at Michael.Marcel@umassmed.edu.

# Council On Aging Trip To Block Island

Due to increased demand the Quincy Council on Aging has scheduled another trip to Block Island on Monday, July 18th.

The day trip includes Block Island sightseeing tour, a full course luncheon at the National Hotel with choice of salmon, chicken or seafood cakes, round trip Block Island Ferry and luxury motor coach. There will also be time to browse the shops and enjoy the atmosphere in this elegant and beautiful town.

This trip is for anyone over the age of 60. The cost for the day is $109.

Bus departs from Quincy at 8 a.m. and departs from Block Island at 4 p.m. arriving home at approximately 7 p.m. To sign up for this trip visit the Kennedy Center. Payment is due at sign up.

For more information call the Kennedy Center at (617) 376-1506.

# Spirit Of Boston Day Trip July 27

The Quincy Council on Aging will depart from the Kennedy Center for a cruise on the Spirit of Boston on Wednesday, July 27th at 8:30 a.m.

A Silver Fox Motor Coach will transport day trippers to the Boston cruise ship. Dine on a buffet of salmon, tilapia, chicken Parmesan, meatballs, baked ziti or roast broccoli, including salad, vegetables and desserts, buffet-style.

Participants can also shop later at Quincy Market, the North End or enjoy the Rose Kennedy Greenway.

Payment is due upon registration. To register for this trip visit the Kennedy Center, 440 East Squantum St., Quincy.

For more information call the Quincy Council on Aging at (617) 376-1506.

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## LEARNING THE ROPES

There are numerous kinds of floss from which to choose in order to meet your flossing needs. While unwaxed floss is best for closely spaced teeth, waxed floss is more resistant to breaking but more difficult to use in tight spaces. For cleaning between teeth that are loosely spaced, dental tape (waxed or unwaxed) is a good choice because it is broader and flatter than traditional floss. Yarn-like "super floss" is stiff enough to be threaded through implants, bridges, and other dental restorations. If you have difficulty holding floss and/or fitting your fingers into your mouth, try using the Y-shaped plastic tool known as a floss holder, which holds a length of floss between two prongs.

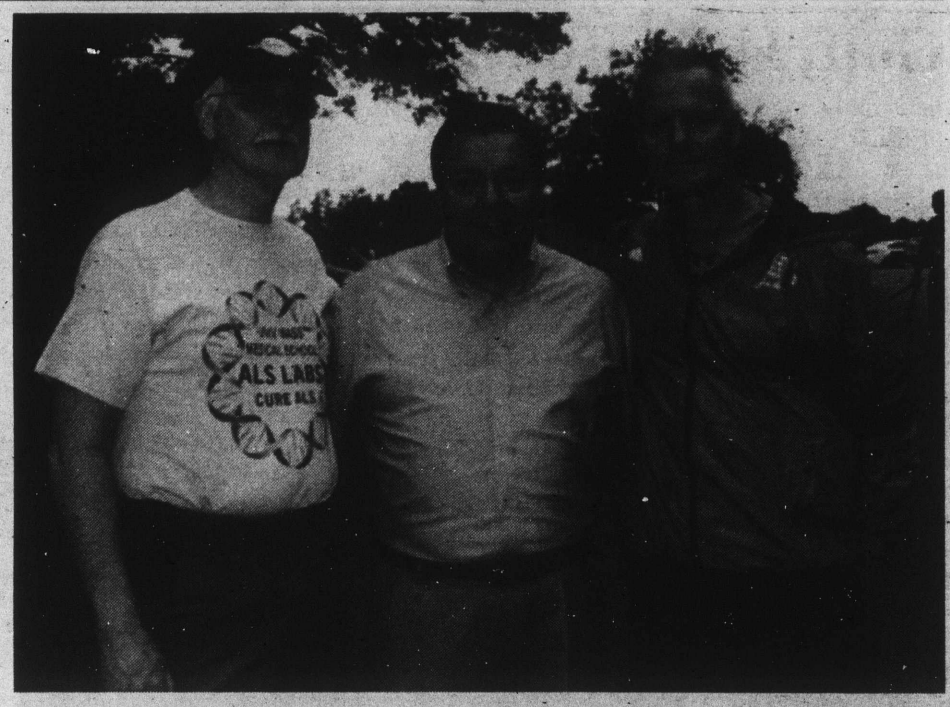
Did you know that flossing can actually protect you from germs and infection—beyond the gum line? If excess bacteria accumulate on the teeth and gums, it can quickly travel through your throat to other parts of your body. We take the time with our patients to explain their treatment options and inform them of additional preventative care. Prevention - brushing, flossing, and regular professional cleanings and checkups - is still the best road to optimum dental health. Our office is located at 44 Greenleaf Street. Please call 617 479-5220 to schedule an appointment.

*P.S. In addition to dental floss, small spiral brushes known as "interproximal brushes" clean gaps between teeth and around prosthetic restorations. "Irrigation devices" send pulsating streams of water between teeth to flush out debris.*

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# Rich Kennedy And ALS



AMONG THOSE SUPPORTING this year's Squirrel Run Road Race in memory of Jimmy Kennedy at Pageant Field in June were Dr. Robert Brown (left) director of the day lab for neurodegenerative reseach at UMass Medical Center, Worcester and Mayor Thomas Koch (center) with Race Director Rich Kennedy (right). Earlier this year Kennedy was diagnosed with ALS. 'Don't spend a millisecond feeling sorry for me because I still consider myself the luckiest person in the world," Kennedy says.

*Cont'd From Page 4*

Rich Kennedy is an athlete who has run 31 Boston Marathons. He was out training this winter when his ankle and knee started hurting but he didn't think more of it.

"Looking back I knew something was wrong two or three months before I actually said anything. There was one particular run when I was in about eight miles when the leg just quit. I had to turn around and walk all the way back."

Rich cued up a message to Dr. Robert Brown, director of the day lab for neurodegenerative research at UMass Medical Center in Worcester. They have been friends for some 20 years. "The message is cued up but I didn't send it. This is a Sunday and I figured I would feel better on Monday.

"I get up in the morning. I go to work and I'm treating patients and I sent the message. He tells me to come in right away. You confirm (ALS) with a blood test. He tells me I look great and I'm in great shape but deep down you know the answer. It takes two weeks for the blood tests results. This was March."

Rich wanted to still run Boston but Dr. Brown advised him not to. He gave his number to his nephew.

He's asked how does he cope with his diagnosis.

"Again and again and again and again what I hear is that it's so unfair. I absolutely turn that right around. Jimmy was 28 when he was diagnosed. That's not fair. I'm 56 and the happiest 56-year-old you'll ever meet.

"I consider my four kids my four best friends. I love my wife dearly. I've had a phenomenal job. I've met the most remarkable people through my job and through the Angel Fund and the different things I've been involved in.

"I couldn't run the marathon this year. What a pity, huh? I've run 31 Boston Marathons. Show me someone else who has done that. I can't waste a millisecond feeling sorry for myself about that."

Instead, Rich is buoyed by optimism stemming from advancements in medical research in the fight against ALS.

"The best thing of all is there's honest, true optimism for me. The work I've done, the work I've funded, I'm treated like royalty at UMass Medical in Worcester. We're close. We're going to start human trials this summer on a very specific genetic defect - we've poured a lot of money into something called gene silencing.

"This will be the first domino in treatment and I fully expect not to perhaps reverse the disease but to halt the disease. If that works, it's a matter of using the same techniques retrofitting the virus which sort of strangles and shuts down and silences the gene which I have.

"Two years ago, this optimism doesn't exist."

Rich is adament. His ALS diagnosis is not unfair.

"Unfair, no. Unfair is a 28-year-old diagnosis. I know some 16-year-olds who have been diagnosed and families where seven of eight siblings have died from ALS. Does it suck? Yeah - absolutely. It is unfair? No. Sometimes I think it's unfair that I've been given as much as I've been given. I'm a happy boy still."

❑

By definition ALS is amyotrophic lateral sclerosis, a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. The progressive degeneration of the motor neurons in ALS eventually leads to their demise. When the motor neurons die, the ability of the brain to initiate and control muscle movement is lost.

Rich is too healthy right now to get involved in any experimental treatments or studies. "I think that's a testament to the shape that I was in pre-diagnosis," he explains. "My nerves are in bad shape, my muscles are in very good shape. The nerves will ultimately determine my fate but my muscles are hanging on very well - that will only get worse.

"I'll continue treating patients as long as I can do that effectively," he says when asked how his life will change in the immediate future. "When I can't treat effectively I'll be supervising, directing and teaching. ALS is progressive but you can't guess . . . . there are those who are diagnosed and within a year they have passed away. There are others who were diagnosed 16 or more years ago and they're still here. There's a lot of variability.

One impact ALS has had on Rich is his ability to exercise.

"I don't work out like I used to. I don't run like I used to. Once a week I run about four miles and it takes me six days to recover. I know my endurance isn't there."

He's cut back on his time in the office, too. Gone are the long work days that stretch 18 hours.

"I'm weakest at the end of the day. I'm having difficulty working very long days. Running's been cut back. Work is cut back. Realistically I don't know if I will be doing either one in a year but I'm not going to make any provisions until I have to."

ALS may be slowing him down but it's not stopped him.

"I'm Irish and I'm thick-skinned," he says with a twinkle in his eye and a big laugh. "I'll stop running when I have to. When I literally can't put one foot in front of the other. I'll stop working when I have to. It's nice to work with other therapists and I'm counting on them to tell me when I need to stop.

"I know what I can't do and right now that doesn't involve any type of diagnosis for any type of patient. I can still work with patients safely and effectively. I'll re-evaluate that on a regular basis but as of now I have no plans to stop working."

❑

Rich Kennedy has a message to all those who know – and don't know him.

Show no pity. He's a fighter. There will be an ALS cure - someday.

"Don't spend a millisecond feeling sorry for me because I still consider myself the luckiest person in the world.

"Know that the way I've been raised and who I am means that I will not go down without a fight and will do just about anything (treatment) that's reasonable.

"Know that I am incredibly optimistic about the work being done at UMass Medical Center. To me, that's the most important message of all that now is a tremendous time to be involved in this. A dollar now goes a thousand times more than it did a while back.

"We know so much more about not only ALS but also Parkinson's and Huntington's and even Alzheimer's. They're all neurodegenerative diseases so we're at a point now where we're getting the drug companies to take us a little more seriously. We're getting so much more funneled into the right areas and we've got some geniuses working on all of this.

"It's never a good time to be diagnosed with this but it's a much better time than it was before.

"I'm not kidding and I'm not an idiot," he says matter-of-factly. "I am optimistic for a reason knowing that it may work - it may not work - but we learn as much from our failures as we do from the positives. We're at a point right now that I honestly believe we're right on the edge of all this and I want the world to know that."

❑

Next year the Jimmy Kennedy Memorial Race for ALS will mark its 20th year. Rich says he'll be back as the race director and someday hopes the race becomes a celebration.

"When we find a cure for ALS, we're going to put this race on as a celebration and everyone's invited. Come get your t-shirt, come walk and run. It's all free. It's a thank you to all those folks who have brought us closer to a cure.

"I'm so moved by the race response and support over the years. When you start something like a road race your biggest fear is no one will show up. The people who come to these events year after year – 19 years is a long time. People have walked this journey with me. I want people to realize they've been a part of the success."

❑

Every year, on the back of the race shirts for the Squirrel Run, a quote from an ALS patient appears on the back.

This year's shirt read: "A.L.S. picked the wrong dude to (mess) with this time." The quote from nephew Sean Becker refers to Rich.

"That's my message. Forgot about the lucky me. I'll be the best patient ever. I'll fight hard and I will absolutely not give up.

"UMass Medical Center has invested so much to this fight against ALS. They built a new neuroscience lab. They want to say 'we eradicated ALS.' It's gonna happen. In time to save me? Maybe not. But it's absolutely going to happen.

"We have so much momentum right now. Let's be the generation that does this."




THIS YEAR'S Squirrel Run Road Race in Memory of Jimmy Kennedy for ALS attracted more than 400 runners and walkers, raising some $60,000. Since the event's inception 19 years ago, the race has raised nearly $1 million for ALS research. Race director Rich Kennedy says he's been moved by the overwhelming support the race has received over the years. 'People have walked this journey with me. I want people to realize they've been a part of the success." *Photos Courtesy Squirrel Run Road Roace*

# Golf, Hoop Tournaments Honor Three Residents This Weekend

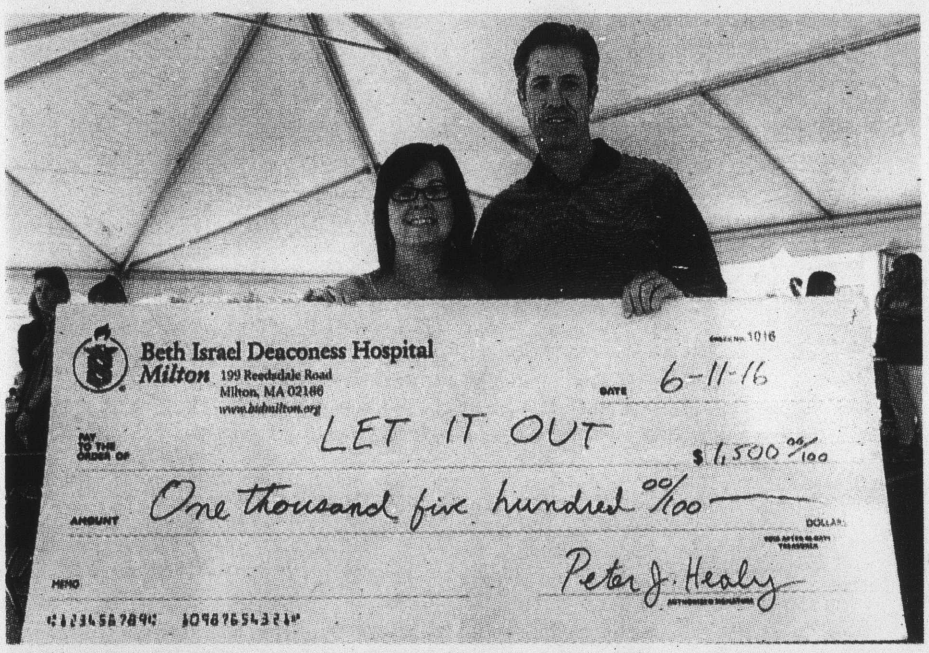
There will be a weekend full of fun and competition to celebrate the lives of three Quincy residents July 8-10.

Dennis Thomson, John O'Connell and Charlie Vidoli were standout athletes in North Quincy High's class of 2002 who tragically had their lives cut short in the past 12 years. Their friends and families have established a golf tournament and a basketball tournament in memory of these great friends.

On Friday, July 8, the "Charlie/Okie Open" will take place at Presidents Golf Course. Those interested in playing should contact okie33golf@gmail.com for information. There will be a fundraiser with food and raffle prizes at the Waterclub in Marina Bay following the tournament from 5-8 p.m. There is a suggested $20 donation at the door for non-golfers.

The 11th annual O'Connell-Thomson Basketball Tournament tips off on Saturday, July 9 at the Fenno Street courts. A number of local college basketball players, as well as many current and former high school players from Quincy, will participate in the tournament, which features a 16-team men's bracket and a four-team women's bracket. Games begin at 10 a.m. on Saturday (July 9) and Sunday (July 10) and will run throughout both days.

The tournaments support memorial scholarships the Thomson, O'Connell and Vidoli families have established to benefit North Quincy High graduates. This year's tournaments will also pay tribute to Matt O'Connell, John's father, who passed away in April.




**CATHERINE FENNELLY (left), of Quincy, founder of Let it Out, was awarded a $1,500 community health grant by Beth Israel Deaconess Hospital-Milton president and CEO Peter Healy at the hospital's recent Community Health Walk and Health Fair.** *BID Hospital-Milton Photo*

# Two Local Organizations Receive BID Hospital-Milton Health Grants

Beth Israel Deaconess Hospital-Milton recently awarded five area organizations, including Quincy-based "Let it Out" and Germantown Neighborhood Center, community health grants totaling $4,500 to help support programs that address the community's health priorities.

Let it Out, a support group that features boxing classes for individuals who have lost loved ones to addiction, was awarded a $1,500 grant. The Germantown Neighborhood Center was awarded a $500 grant to help support its Teaching Kitchen Program.

The community health priorities were identified based upon an extensive Community Health Needs Assessment undertaken by the hospital in 2013. The assessment included a review of public health data and focused interviews with healthcare and social service providers in the region. The main priorities identified, and which guide the hospital's community health programming, are: access to care, particularly for seniors; chronic disease prevention and education; substance abuse prevention; mental health treatment and support; nutrition education and transportation services for healthcare appointments.

"Beth Israel Deaconess Hospital-Milton is committed to improving the health of its communities, and this grant program is an important aspect of that ongoing effort," said Peter Healy, president and CEO of the hospital.

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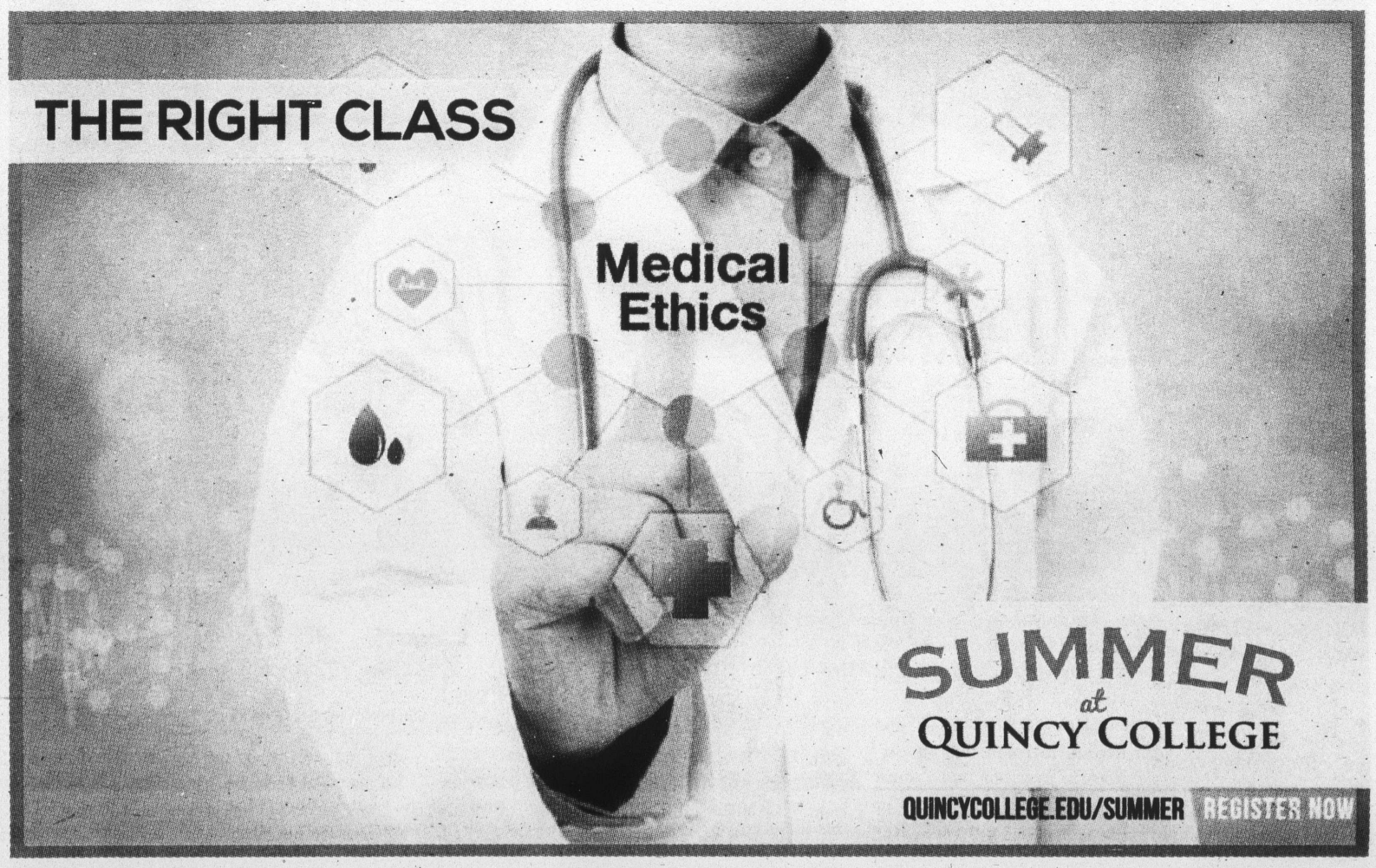
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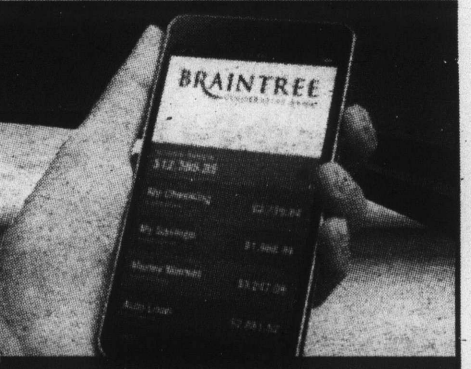


**FIREWORKS LIGHT UP the sky over Blacks Creek and Pageant Field at the annual Quincy Flag Day celebration June 11. In the foreground is a 30-foot by 60-foot American flag hoisted high by two Quincy Fire Department ladder trucks. Another photo of the fireworks appears on Page 19.**

*Quincy Sun Photos/Robert Bosworth*

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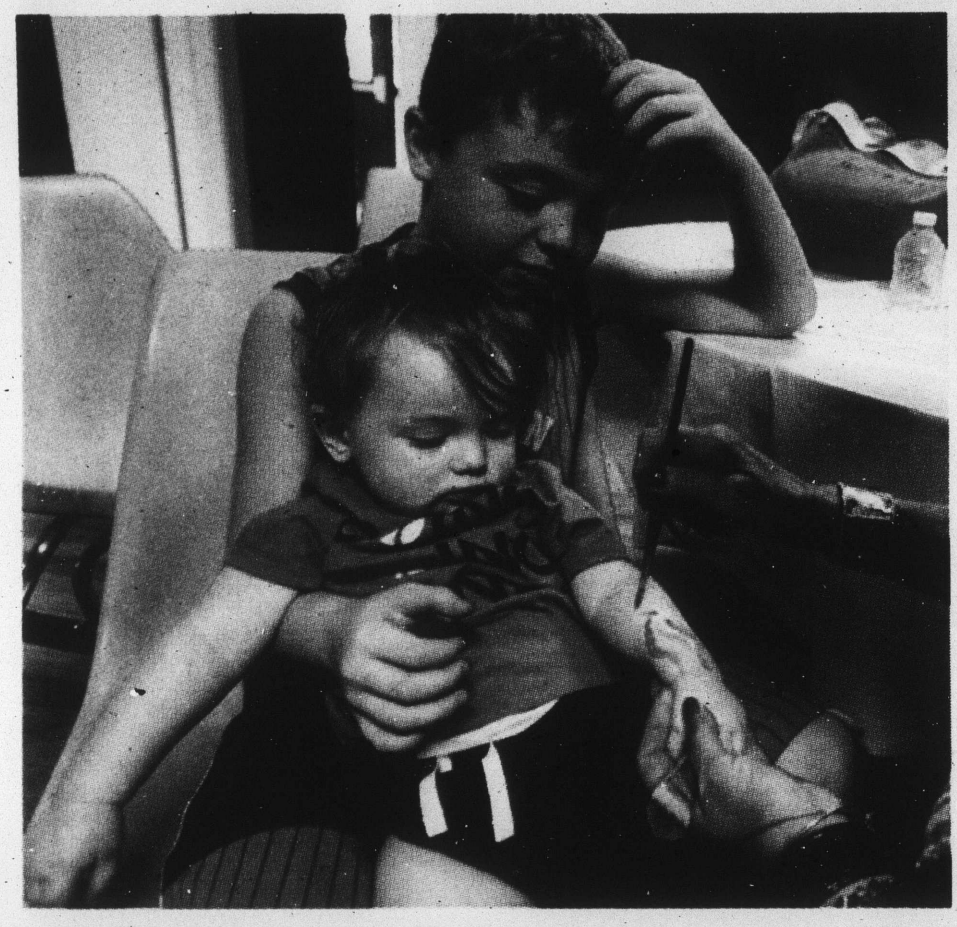
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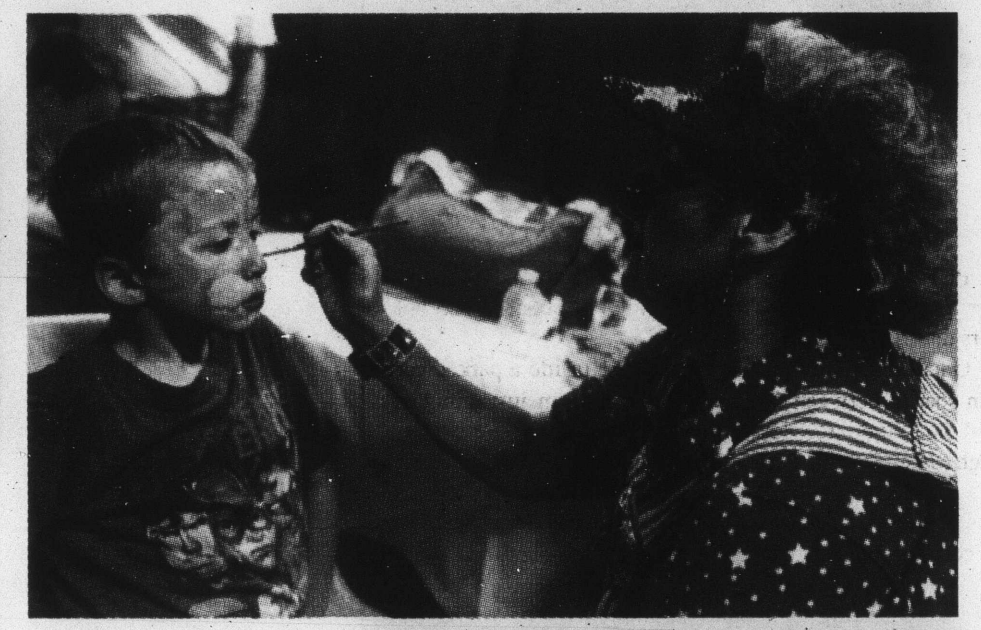
ANTHONY POIRIERI, 9, looks on as his brother, Austin, 1, has his arm painted at the Ward 2 Civic Association Fourth of July Field Day Monday at Fore River Clubhouse in Quincy Point.



DAVID CONNOR carries "Old Glory" in the Merrymount Fourth of July Parade Monday.

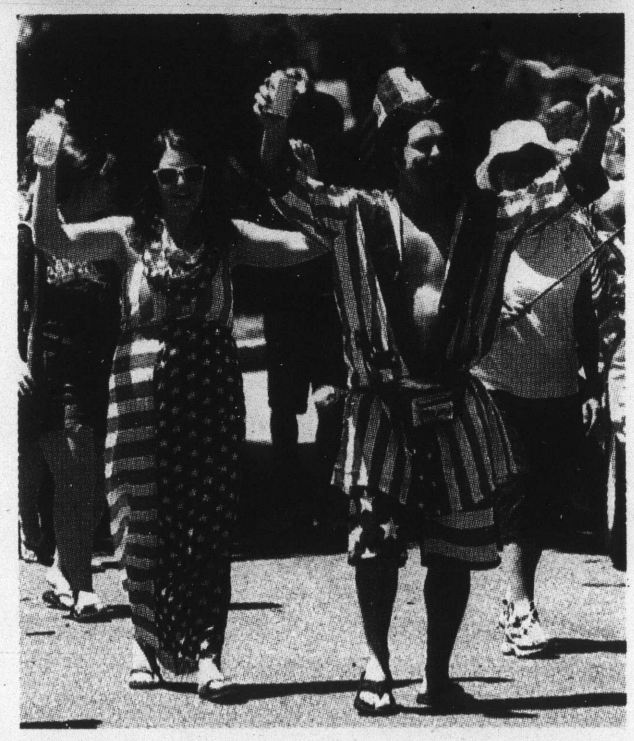


RONAN O'DONNELL, Breiana Ryan and Simone Trainor ride in the Willy Wonka float during the Merrymount Fourth of July parade Monday.

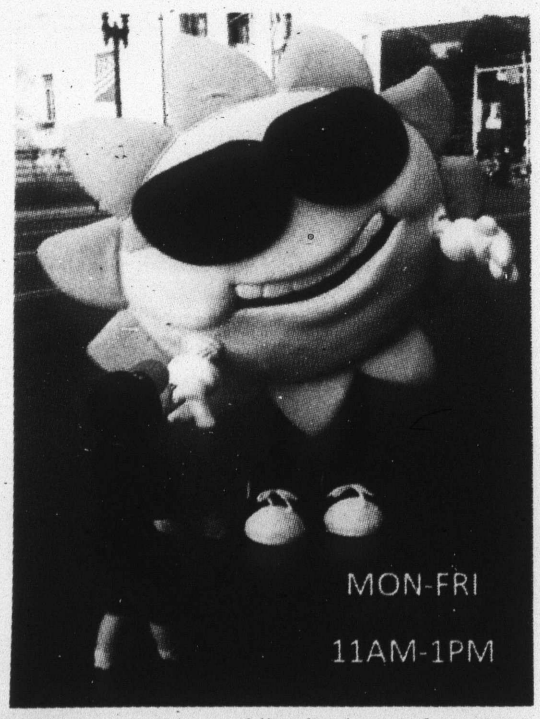


CULLEN McSWEENEY, 7, has his face painted by Sparkles the clown (Millie Savage) during the Ward 2 Civic Association's Fourth of July Field Day Monday at the Fore River Clubhouse.

*Quincy Sun Photos by Tom Gorman*



KELLI AND CHRISTOPHER DiMATTIA are all decked out in red, white and blue regalia as they march in the Merrymount Fourth of July parade.


Go to www.quincypublicschools.com for menu.

Quincy Public Schools

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**Lincoln Hancock School,**
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**F.W. Parker School**
148 Billings Road, North Quincy
**Montclair Elementary School,**
8 Belmont Street, North Quincy

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# Red Stockings N.E. Champs

The Quincy Red Stockings 11-year-old team recently won the New England AAU super division title.

The Red Stockings are the first Quincy team to win the elevated super division championship; the highest level of baseball in New England. This is the team's first year playing in the AAU Super Division.

They defeated the South County (CT) Riptide 11-6 in the New England Super finals at Houghton's Pond in Milton on June 11th. Dylan Green pitched for the win and Kevin Pritchard closed for the save.

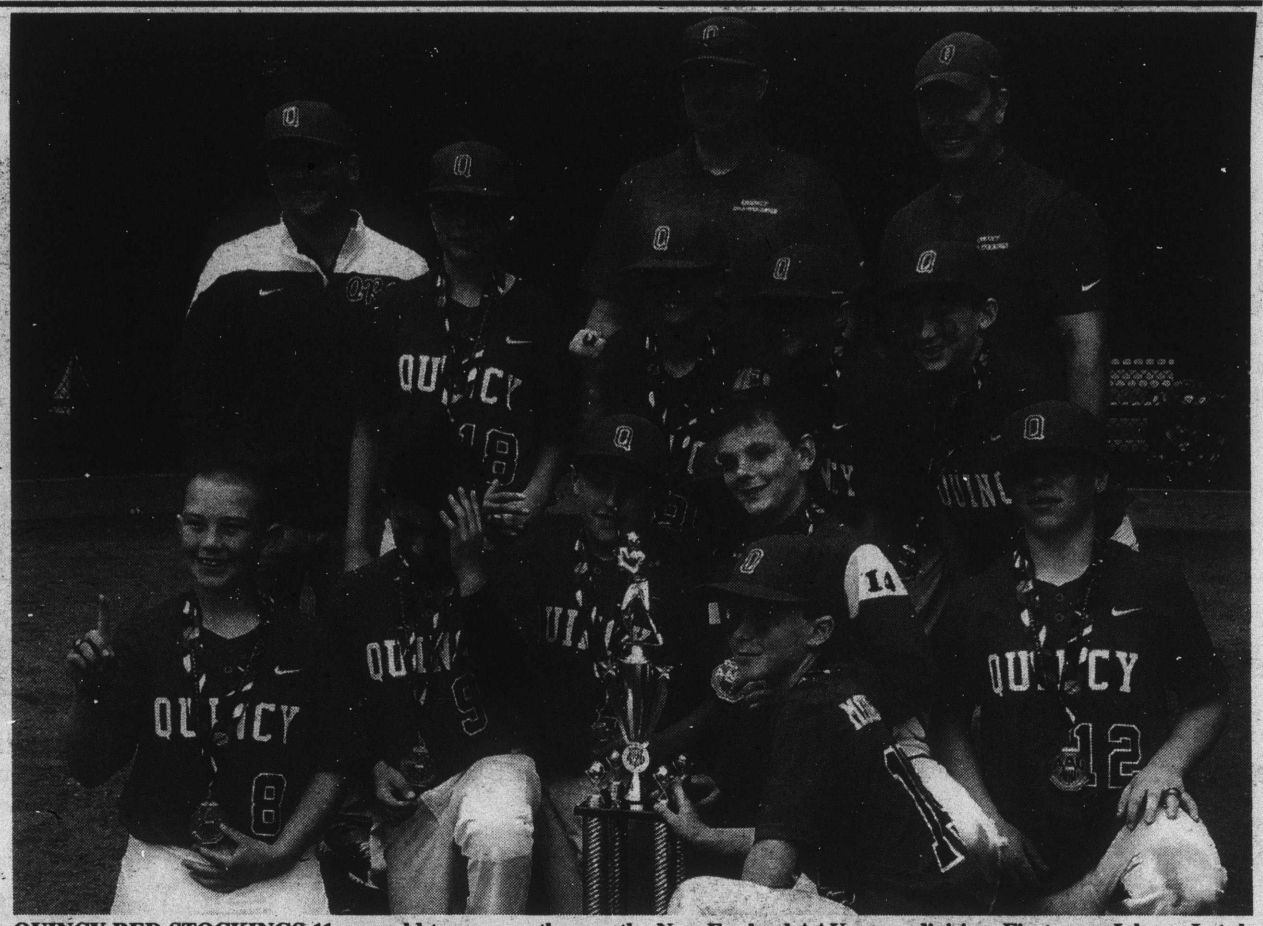
Quincy defeated the New England Jaguars 13-8 earlier that same day in the semi-finals. Tommy Gates started and got the win for Quincy. Pritchard closed for the save.

The Red Stockings were the lowest seed to qualify for the playoffs. They won their first round playoff bracket in Manchester, NH (June 4 and 5) against teams from Mancester, NH, Central Massachusetts, and the North Shore.

"These kids worked hard since January to achieve a goal most people thought was unattainable," said Coach Dave Murphy. "These young men backed down to nobody. They believed in themselves and they believed in each other. The fought and clawed their way to the title like savages.

"I am immensely proud of what they have done and hopefully they can transfer this success to other aspects of their lives," Murphy added.

The team is made up of Ryan Beardsley, Tommy Gates. Dylan Green, Scott Gutro, James Hooley, Johnny Lynch, Hunter MacIsaac, Ajay Manickam, Patrick McDonald, Grant Murphy, and Kevin Pritchard. They were coached by Matt Beardsley, Chris Pritchard, and Dave Murphy.



QUINCY RED STOCKINGS 11-year-old team recently won the New England AAU super division. First row: Johnny Lynch, Ryan Beardsley, Hunter MacIsaac, Ajay Manickam, James Hooley, Patrick McDonald and Dylan Green. Second row: Kevin Pritchard, Grant Murphy, Tommy Gates and Scott Gutro. Third row: Coaches Matt Beardsley, Chris Pritchard and Dave Murphy.

# Keep Animals Cool In Hot Weather

PETA receives reports every year about animals who experience horrifying deaths after being left outside or in hot cars during the summer months.

On a 78-degree day, the temperature inside a parked car can soar to between 100 and 120 degrees in just minutes, and on a 90-degree day, interior temperatures can reach as high as 160 degrees in less than 10 minutes. If you see a dog showing any symptoms of heatstroke—including restlessness, heavy panting, vomiting, lethargy, and lack of appetite or coordination—get the animal into the shade immediately. You can lower a symptomatic dog's body temperature by providing the dog with water, applying a cold towel to the animal's head and chest, or immersing the dog in tepid (not ice-cold) water. Then immediately call a veterinarian.

PETA offers the following suggestions for safeguarding animals during hot weather:

• Keep dogs indoors: Dogs can only sweat through their footpads and cool themselves by panting. Soaring temperatures can cause heat stress, injury, or death.

• Provide water and shade: When outside, animals must have access to fresh water and ample shade, and the shifting sun needs to be taken into account. Even brief periods of direct exposure to the sun can have life-threatening consequences.

• Walk—don't run: In very hot, humid weather, never exercise dogs by biking and making them run alongside you or by running them while you jog. Dogs will collapse before giving up, at which point, it may be too late to save them.

• Avoid hot cars: Never leave an animal in a parked car in warm weather, even for short periods with the windows partially rolled down. Dogs trapped inside hot cars can succumb to heatstroke within minutes—even if a car isn't parked in direct sunlight.

• Never transport animals in the bed of a pickup truck: This practice is dangerous—and illegal in many cities and states—because animals can be catapulted out of a truck bed on a sudden stop or strangled if they jump out while they're tethered.

• Stay alert and save a life: Keep an eye on all outdoor animals. Make sure they have adequate water and shelter.

• Avoid hot pavement: When outdoor temperatures reach the 80s, asphalt temperatures can reach 140 degrees, causing pain, burns, permanent damage, and scarring on dogs' paws after just a few minutes of contact. Walk on grass when possible, and avoid walking in the middle of the day.

• Use a cooling vest or mat: Dog cooling equipment, such as wearable vests or bed mats, come in a range of materials and prices and help prevent overheating. Simply freeze or soak the items in cold water to keep dogs comfortable while on a walk or lounging. Placing cold water bottles in a dog's bed also works.




**22nd Annual North Quincy High School Football Alumni Golf Tournament**
**Hyannis Golf Course ~ June 20, 2016 ~ www.northquincyfootball.com**
**For the Benefit of the NQHS Scholarship Fund**
**Leo Papile ~ 2016 Honoree**

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**Thanks for the great memories and all the fun I had coaching!** *~ Coach Ralph Frazier*
**Thank You Paul McAlduff & Rich McCarthy, Sustaining Sponsors, NQHS Football Alumni Golf Tournament Scholarship Fundraiser**
**The Schaetzl Family** *~ Bill Schaetz!*
**The White Family, 430 Beale Street, Walter '71, Mary '72, Theresa '73, Michael '74, John '79, Linda '84** *~ John White*
**2006 NQHS Football Alumni Honoree Billy Carroll, We Miss You!** *~ The Whole Gang*

**~ SPECIAL THANKS ~**

Ashland Café (Ashland), Boston Tavern (W. Bridgewater), Charlie Horse (W. Bridgewater), Robin Connors, Greg Fisher, Hajjar's Bar & Grill (Weymouth), Steve Hopkins, Hyannis Golf Course, Mayor Thomas Koch, Keith Lindberg, Paul & Ellen Lippens, John Magnarelli, Martignetti Company ~ Neal Fisher, Medway Café (Medway), Bob Morton, Jim Mullaney, Novara (E. Milton), Lesley & Ron Pollara, Roadway Tire and Tire Hero ~ Paul McAlduff and Rich McCarthy, Steve & Sue Stamos, Tony's Clam Shoppe (Wollaston), John White, The Quincy Sun and everyone who supports this terrific event!

**~ CONGRATULATIONS 2016 NQHS SCHOLARSHIP RECIPIENTS ~**

Emily Anglehart, Aidan Brown, Savannah Flynn, Conor Pound

# Track, Field Athletes Receive Awards At Banquet

The Quincy and North Quincy track and field teams recently held an awards banquet at the Presidents' Cafe at Quincy High School.

Coaches Geoff Hennessy (NQ) and Kim Allen (Q) handled the master of ceremonies roles along with John Green (Q).

North Quincy High School student-athletes receiving awards were:

Boys: Nick Kelly, MVP; Jimmy Cannon, Coaches Award and Nathan Sleiman, Unsung Hero.

Girls: Isabelle Flaherty, MVP; Devin Hiltuen, Coaches Award and Melody Umoren, Unsung Hero.

Melody Umoren and Nick Kelly were named Patriot League All Stars; Jimmy Cannon and Isabelle Flaherty were named Patriot League Academic All Stars; and Patriot League Sportsmanship Athletes were Nick Kelly and Devin Hiltunen.

Quincy High School student-athletes receiving awards were:

Boys: Mike Munroe, MVP; Shorn Hawthorne, Coaches Award and Slade Burke, Unsung Hero.

Girls: Nicole Jorgensen, MVP; Alex Case, Coaches Award; and Taisha Alexandre, Unsung Hero.

Mike Munroe and Nicole Jorgensen were named Patriot League All Stars; Andrew Grant and Alex Case were named Patriot League Academic All Stars; Slade Burke and Olivia Palazzi were named Patriot League Sportsmanship Athletes; and Mike Munroe received the Patriot League Athlete of the Year award.



**AMONG THE Quincy and North Quincy High School student-athletes receiving awards at the recent Track and Field Banquet were (from left) Jimmy Cannon, boys coaches award; Devin Hiltunen, girls coaches award; Isabelle Flaherty girls MVP; Nick Kelly, boys MVP (all North Quincy High School); Slade Burke, boys unsung hero; Shorn Hawthorne, boys coaches award; and Olivia Palazzi, girls coaches award (all Quincy High School).** *Photo Courtesy Geoff Hennessy*

All athletes received a certificate of participation as well as jacket order forms and an invitation to Complete Track & Field Camp to be held July 22-23 at Harvard University.

# Resilient Morrisette Splits Two With Braintree

By BILL GRIFFIN

When a team goes on the road for games on consecutive nights against powerful Braintree Legion, which is loaded with prime-time talent from two defending Super Eight high school champions, the traveling team will find out something about itself.

Morrisette found out two things. Post 294 can really hit. Post 294 never gives up on a game.

Last Wednesday night, Morrisette rallied for the tying run in the seventh and rode singles from James Moccio, Troy Shepherd and Josh Helfrich for a three-run eighth to edge Braintree, 9-6 in a satisfying District 6 win at the Braintree High School Field.

On Thursday night, Braintree raced out to a 6-0 lead. Morrisette responded with five runs on six hits in the sixth to close within a run, but Braintree was able to pull away and survive with an 8-5 decision.

"We've been resilient all year," said coach Steve Maze whose team went to 9-4 on the season. "We do not give in on a game. We haven't taken a night off all season despite a schedule which has us playing four and five nights a week. No matter the score, we keep coming at you."

And they can hit. They put up 14 runs and 22 hits in two nights against a deep, talented pitching staff, a staff which was the best in the state in high school.

It all begins at the top of the order in the 1-2 slots with Moccio and Shepherd who have consistently given Morrisette a chance to score all season. Moccio had four hits and two RBI in the win Wednesday night. He added a single and an RBI in the second game. Shepherd had two hits and scored twice in the first game and came back with a double and RBI Thursday night. They get on base, they can run, they score runs.

"Moccio and Shepherd have been great all year. They've been on base in every game, and that gives the heart of our order a chance to drive them in," said Maze.

The issue is the defense. The 9-6 win was a bit sloppy. In the second game, righty John MacDonald threw well and deserved better. Two errors led to four unearned runs in the first. A playable ground ball which slipped through for a single led to two more in the sixth. If Morrisette makes the plays, they sweep.

"Our goal this year isn't just the regular season. It's to do well in the playoffs. To do that, we have to clean up our defense," said Maze.

In the second game, Morrisette had just two hits and trailed 6-0 entering the sixth against Zach Delvecchio who threw hard and mixed in a knee-buckling curveball. They had missed on two bases-loaded chances earlier in the game. They didn't miss in the sixth.

Brendan McDonald, Joe Ferracane (two singles, two walks), and Martin McCormack (two singles and a walk) drilled singles to load the bases.

Owen Lynch, who had a double in the first game, cracked a shot which hopped over the fence in left center for two bases and two RBI. Moccio singled home a run. Shepherd then hit the hardest ball of the night, a towering double which barely missed leaving the ball park in left center to narrow it to 6-5, but Morrisette could get no closer.

"Our offense has been good all season," said Maze. "To put up 14 runs and 22 hits in two games against the best pitching staff in the league is impressive. Owen Lynch has had a good season. I don't get a chance to play him every game, but he gives us a thousand per cent when he does play."

The unearned runs did hurt, but Morrisette also showed flashes of fine defense. Moccio ran down a ball in deep left center to save two runs. Helfrich made two excellent scoops at first to prevent errors. McDonald had a terrific game behind the plate, blocking several pitches in the dirt, especially with runners on third to save runs.

"We have the ability to be a good defensive team," said Maze. "In this league, you can't give extra outs. Not only does it leads to runs, it leads to innings when pitchers throw 15 or 20 more pitches than they should. Every game seems to come down to one or two plays, and tonight we didn't make them."

Max Storch earned the win in relief in the first game. MacDonald had a big game at the plate with three hits and an RBI.

Morrisette hosted Cohasset at 5:45 p.m. Wednesday and travels to Hyde Park Thursday.

# Morrisette Jr. Legion Rattles Off 11 Straight Wins

By BILL GRIFFIN

It is not a complicated game.

Get good pitching, make all the plays in the field, and hit the ball hard up and down the lineup. Do these three things and baseball will be great fun.

Morrisette's Junior Legion team has thrived in all three areas, and the result was an 11-game winning streak which gave Post 294 a runaway lead in the chase for first place in District 6 East Division play.

Last week against Holbrook, lefty Alex Kiley spun a brilliant two-hitter. Morrisette played flawless ball in the field and Owen Carberry, Ryan Cox, and Mike Tomlinson supplied the offense as Post 294 rolled past Holbrook, 6-0 for its 11th straight win at O'Rourke Field.

"This is the way it's been the whole streak," said coach Gerry Shepherd whose team went to 12-2 with the victory. "We split two with Braintree and lost to Holbrook to start the season. Since then, we've played good, solid baseball every night. The pitching, defense, and hitting have all been consistent."

How good has Morrisette been? Post 294 outscored its opponents 111-18 during the 11-game run and 120-30 through 14 games. Morrisette had three shutouts in its last four wins after the Holbrook game. In the 11-game streak, Morrisette gave less than two runs per game while scoring more than 11. Any questions?

"The impressive thing is we've played quality baseball every night. We might have a bad inning or two, but this is a good group of kids and they like to compete," said Shepherd.

Kiley was a treat to watch. He gave just two infield hits, struck out seven, and did not walk a batter. He picked off one of the runners who reached base. He faced just 22 batters, one over the minimum for seven innings. He retired 15 straight at one point. There were no threats, no noise, no worries.

He pitched a smooth, polished, poised game. He threw hard and got all three pitches – the fastball, curve, and changeup – over for strikes. He fanned seven, but did not try to strike out everyone. He let his defense help him, and his mates delivered an error-less performance.

"He's mature beyond his years for a pitcher," said pitching coach Dan Cobban.

Carberry, Tomlinson, and Griffin Lynch have teamed with Kiley to give Morrisette four solid starters which is necessary in a condensed season which packs a 20-game schedule into less than five weeks.

"Carberry and Tomlinson each started 3-0. Griffin Lynch was 2-1. Cox has done a great job in relief for us, closing out a couple of tough games," said Shepherd.

Cox rocked two hard doubles down the third base line, added two RBI and scored a run for Morrisette who scored twice in second and four in the third against Holbrook. Carberry added two singles and a pair of RBI while Tomlinson had a double, single and scored a run. Tomlinson's double to deep right center would still be rolling if the game had been played at Adams.

Dara Griffin chipped in with a single, an RBI and a run scored. Catcher Matt Fox had a single while Curtis Frazier, Tommy Kelly and Frank Whalberg each scored runs

"We've had a lot of contributors in almost every game. Fox and Frazier are each hitting over .400," said Shepherd.

The defense was solid and steady. Kiley only allowed five balls hit to the outfield. There weren't a lot of tough chances, but Morrisette made the routine plays which is what wins games. Cox made the toughest play of the night at shortstop. He ranged well to his left, fielded a hard grasscutter cleanly and made a strong, accurate throw for the out to end the sixth.

"The defense has been a big part of our season. We may give up two or three runs in an inning, but it doesn't turn into a big inning because we don't throw the ball around," said Shepherd.

The roster is dotted with familiar names. This is the same group of players who advanced to the national finals when they played Cal Ripken ball. Last year, they won the state Babe Ruth title and came within one run of winning the Northeast Junior League Regionals in Freehold, New Jersey. They can play the game.

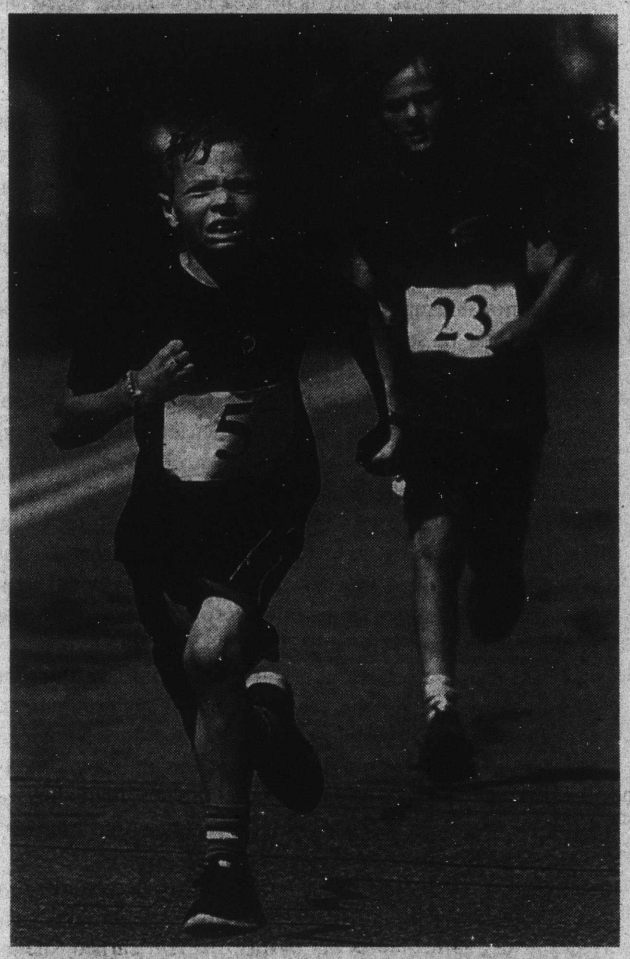
"We've had six or seven stay in the program which is great. We added seven or eight new players, and they have blended well. Marty McCormack and Shawn Kelley from that group have swung between junior and senior legion this year. They're an excellent group of players," said Shepherd whose junior legion team advanced to the state championship tournament last year.

Morrisette is at Canton Friday.

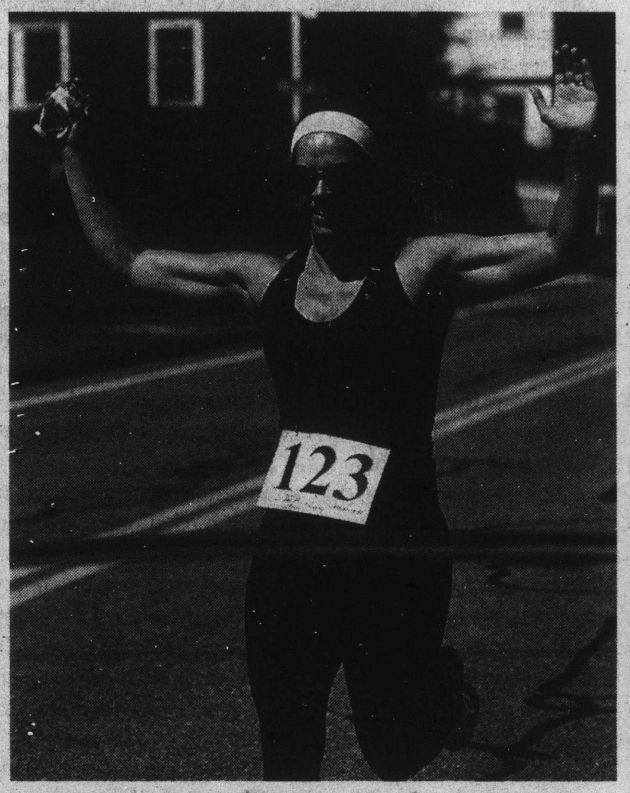
# Running For The Red, White & Blue



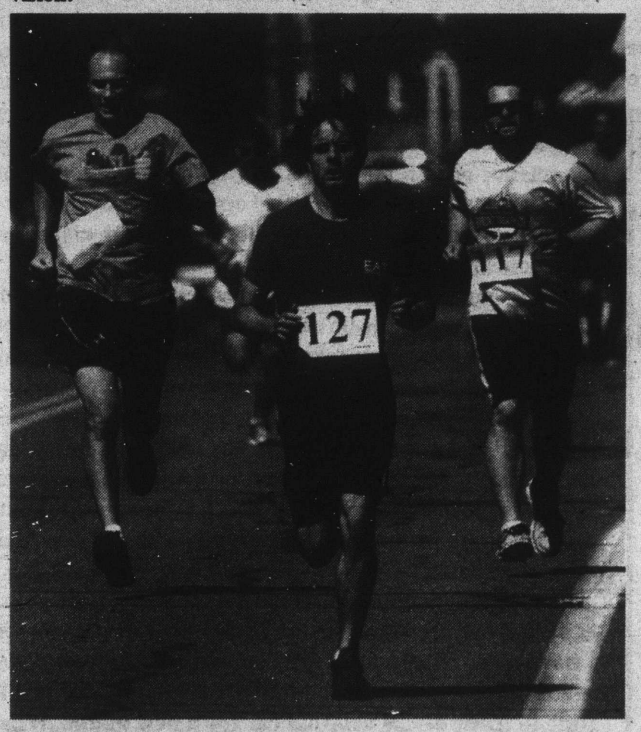
THEY'RE OFF – The annual 2.5 mile Squantum Road Race gets underway on Saturday on Huckins Avenue. The race is part of the neighborhood's Fourth of July festivities. *Quincy Sun photos/Tom Gorman*



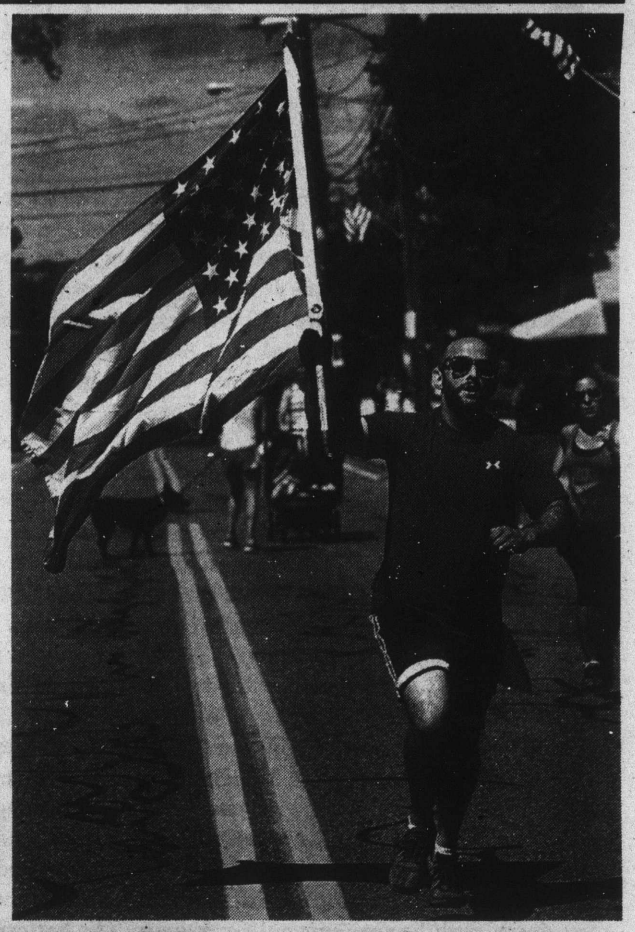
SHANE WRIGHT wins the youth division while James Hooley, right, placed second.



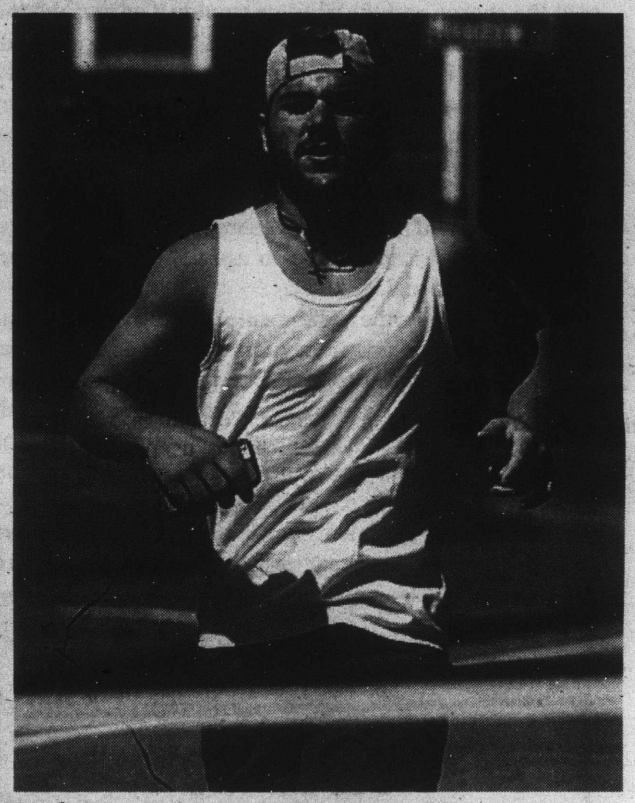
MELISSA D'AMATO breaks the tape to win the women's division.



A GROUP OF runners heads for the finish line at Saturday's Squantum Road Race.



MATT O'DETTE carries the American flag during the Squantum Road Race.



TIMOTHY GLYNN heads for the finish line to win the annual Squantum Road Race

## Two Residents Graduate Norwich

Two Quincy residents recently earned degrees at Norwich University in Northfield, VT.

Steven Manning-Carter received a Bachelor of Arts magna cum laude in criminal justice.

Brendan James Moreira received a Bachelor of Arts magna cum laude in International Studies and Spanish with a minor in political science and Chinese.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
*Chiropractor*



**IT'S ABOUT TIME**

A recent study review reveals that 100 million Americans experience chronic joint pain, with back pain consistently ranking among the top five most common reasons for scheduling a healthcare visit. Back pain is particularly common among older adults, who may have experienced a lifetime of improper body mechanics and wear and tear. While many seniors deal with this problem by masking the symptoms with pain medication, it is far better to address the underlying cause(s) of back pain. A first-line approach of non-invasive care that involves modification of body structure and mechanics helps relieve pain, reduce discomfort, and prevent the progression to chronic disability. Chiropractic treatment can get seniors up and moving toward a more active future.

You wake up with it. You go to sleep with it. Chronic pain, by definition, doesn't go away. At **FAMILY PRACTICE OF CHIROPRACTIC**, we work to restore your health and guide you in a personalized approach to overall wellness. Determining the type of pain is a big step towards finding a treatment that helps you deal with your chronic pain. We are located at **112 McGrath Hwy., Quincy**, where we have extensive training and experience in the field of chiropractic care and are ready to help you. PH: **617.472.4220**.

*P.S. "Degenerative disc disease" involves a breakdown of the intervertebral discs and places seniors at higher risk for developing arthritis of the spine called "spondylosis.".*

www.freedmanchiro.com

## Wollaston Black Defeats CG

Wollaston Black continues to inch their way up the standings moving one point ahead of in-city rival Wollaston blue with a big win over Cedar Grove June 30.

Brian Pham got the start, pitching no-hit ball into the fourth inning. Pham struck out 7 of the first 9 batters that came to the plate before Cedar Grove fought back to tie the game.

Joe Moynahan paced the offense going 4-4 with 3 doubles and 4 RBI. Nick Ryan had a huge game as well going 2-3 with a double and 2 RBI. Ryan tied the game with a single in the 6th inning.

Sam McGahee blasted a single and stole second base before Moynahan knocked him in with the game winning single up the middle in the last inning. Josh Moore picked up Pham throwing three scoreless innings of relief to give Wollaston the chance to fight back. Brendan Ganno had his 29th stolen base of the season.

## Future Stars Track Meet July 14

The Quincy Track Club, in conjunction with the Quincy Recreation Department, is sponsoring a Future Stars track meet Thursday, July 14 from 6 to 8 p.m. at Faxon Field.

The Hershey Foods Co. in cooperation with USA Track & Field sanctions meets throughout the country which give grass roots opportunities to youngsters from 5 to 14 years old. There will be no entry fee and athletes from Quincy and surrounding areas will be invited to participate. Children do not need to belong to a track club.

This event offers a fun way for kids of all ages to compete in a wide variety of track and field events in an organized fashion. Track events include 100, 200, 400 and 800 meter runs, and 50 meter hurdles. Field events include standing long jump, running long jump, high jump, softball throw, turbo javelin and shot-put.

Athletes are broken into the following two year age brackets: 5-6, 7-8, 9-10, 11-12, and 13-14. Age cut-off is day of meet.

This event is being conducted by the Quincy Track Club with assistance from Quincy Recreation Park leaders. QTC Director Geoff Hennessy will serve as the Meet Director. This event is sanction by USATF.

Children in running races will be given place ribbons first through sixth while children in field events will be given special ribbons with their performance recorded on it.

For more information contact Geoff Hennessy 617-510-1456 or email him at Henndog89@netscape.net.

# Start/Stop Engine; High-Mileage Honda; Jeep Renegade

## *Ask John Paul: AAA New England's Car Doctor*



JOHN PAUL

**I recently purchased an E-Class Mercedes which I really enjoy. One feature of the car is that when the car stops for a brief period of time (at a stop light for example), the engine shuts off. It starts again as soon as I press on the gas pedal; however I wonder how much of a gas saving this is. I would think that this constant starting and stopping would be harmful to the engine over time. What are your thoughts?**

The start/stop feature of your car is designed to save fuel and lower vehicle emissions. AAA's engineering department did some tests and found that fuel savings have been as high as five percent. Regarding extra wear and tear, so far tests have shown no significant change in battery or starter motor life. Today we are seeing more vehicles on the road with this fuel saving technology, although some manufacturer's clunky designs have me reaching for the "defeat" switch.

**I was searching the internet for "power drainage on 2016 Subaru Foresters" when I found your article. I brought my new car home on Jan. 22, 2016. I had to have it towed from home on March 22, when it had no power. The sunroof and all windows were down. (Airing out from dogs and new car smell) The dealership said that I had a bad battery and replaced it. Last week I had it towed to the dealership again. The driver's window was down, and the rear cargo door was up. The battery was dead. We charged the car's battery, but it didn't hold the charge and the window wouldn't go up, and the power cargo door wouldn't go down. The dealership still has my car. They called today and will keep it another day. There was talk of maybe needing a trickle charger, and not leaving windows or doors open. This is not what I bought into, and find this unacceptable. When I picked up a loaner car, there was another customer picking up her Outback and she's had the same issues. I live in Anchorage, AK. I know that you are not anywhere near, but this isn't a local issue.**

I have received quite a few emails from all over the country but you are the first from Alaska. Some of the owners of problematic vehicles have reported that the body control computer and in some cases the power seat motor replaced. At this point a specific test should be performed to test for parasitic battery drain just to rule out any obvious/common problems.

**I have a 2003 Cadillac Seville and after I had some body work done on the rear end he opened the spare tire wheel well and it was completely loaded with water---has this been a problem with this or any other year? Do you have any suggestions on how to find source of leak or where to bring it to have repaired?**

It sounds as if the body shop may have not completely sealed a panel after a repair. There are high tech solutions to look for a leak or they may go old school. The high-tech method is to use an ultrasonic tester or the old method is to put someone in the trunk with a flashlight while someone else sprays water on the car around the rear window, trunk and any previous repair areas.

**I was looking at a 2011 CRV EX with all the bells and whistles but it has 127,000 highway miles on it. The dealer had just gotten the car in and it was getting a safety check. The dealer is looking for $12,000, would you consider buying this Honda with this high mileage?**

Cars today routinely last 200,000 miles or more and so at 127,000 this Honda CR-V certainly has plenty of life left in it. In addition at $12,000 it look like a good buy. As with any used car prior to purchasing it have it completely inspected by a qualified technician familiar with the vehicle.

**I have a 10 year old Ford Explorer and for the last couple of years it has occasionally decided not to start. This happens after it has been driven, parked and a short time later restarted. The engine doesn't turn over or even click. This problem now occurs every four to five weeks and is getting very frustrating. The more I drive the longer the period necessary for it to restart.**

**Hopefully you will have some ideas, since otherwise the car runs very well.**

The problem sounds like an intermittent open circuit to the starter relay or faulty starter motor. Although even a circuit as simple as a starter requires testing. I had a similar problem with a no start condition and it presented as a faulty neutral safety switch when the engine wouldn't start. If you shifted from park to drive and back to park the car would start. In the end the issue turned out to be a faulty starter. If you are going to guess, the starter relay is inexpensive and easy to change and a fairly common failure item.

**My daughter drives a Jeep Wrangler and is considering replacing it with a Jeep Renegade. What do you think of this little Jeep?**

I have not spent a lot of time in the Jeep Renegade but for the little time I did, I found it to be fun to drive, the handling and overall maneuverability were quite good. Although in my opinion it could use a bit more power if you are planning off road adventures. The styling stands out in a crowd and the interior is both functional and can be ordered with the latest high-tech features. EPA fuel economy numbers are 24 city and 31 miles per gallon on the highway, which is a bit low for a subcompact SUV. .

**A few months ago, I noticed that my 2008 Toyota Corolla engine seemed to be revving more when I was on the highway. The car runs great and is still very functional, do you think there is something serious in the future?**

This could be an indication that the transmission is starting to act up. The higher RPMs are likely caused by the fact that the transmission may not be going into overdrive. Is it possible that you manually selected the overdrive button? Pushing this button will prohibit the transmission from shifting into overdrive.

**I have a 1996 Pontiac Bonneville; the car runs fine except that on rare occasions while driving it just shuts off. I have spent a fortune on this car and although after you made a few suggestions I think it is fixed but maybe it is time to trade my 20 year-old car for a new model. What kind of American made car is similar to my Bonneville?**

One car that comes immediately to mind is the Chevrolet Impala. The V-6 engine is strong and quiet; the interior is the best that has come out of General Motors in years. The back seat is roomy and comfortable for adults and the trunk can carry plenty of cargo.

**I have a 2003 Honda Accord and the passenger side power widow doesn't work and neither does the driver's side rear window. I thought it was the main switch and replaced it but it still doesn't work. What could it be?**

It is possible that a wire is broken between the body and the driver's door. After 13 years of opening and closing it is not unusual to see these wires fail. It is also possible the window

**I have a 2014 Chevrolet Malibu with just over 20,000 miles on it. The car gets driven mainly on the highway. When I was in for service the dealership says the car needs a wheel alignment. My question is are some cars more susceptible to this problem and if so would I be better off doing a lifetime alignment?**

It is not unusual to have a wheel alignment performed once or year or so. Poorly maintained roads are the main cause of poor wheel alignment and having the wheels aligned properly helps the tires last longer and maintains vehicle handling. Any time you detect the car is handling poorly (pulling to one side, steering wheel off-center or tire squeal on turns) have the alignment checked.

**I have a 2002 Toyota RAV4 and I am being told that my transmission is not working correctly due to the computer box that resides in the glove compartment that controls the workings of the transmission. The box is malfunctioning. Any suggestions?**

If the symptom is erratic shifting I would suspect the shop is correct. Over the years this is a fairly common issue with some of these older RAV4s. Once all of the basics have been checked then replacing the module is most likely the solution. The part is not serviceable and will need to be replaced. It has been my experience that this is a "plug and play" part and doesn't require programing.

**I have a 1999 Honda Civic that every two months or so will not start. This will generally happen after driving the car and letting it sit for 30 minutes or so. Other times it will immediately start up and be fine. I've heard a host of possibilities: ignition switch, distributor, EFI main relay and even the alternator. Do you have any thoughts on the issue?**

Considering the car is 17 years old almost anything could be a problem. Certainly almost all of the items you listed could be a possibility with the exception of the alternator. The main relay is the most common issue, especially as the car gets hot, the module in the distributer and ignition switch failure are also fairly common problems. If I was taking a guess after checking all of the connections for corrosion I would replace the main relay.

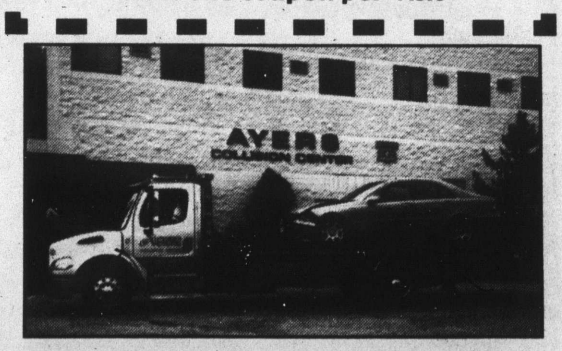
**My husband and I were driving last week when the stability/traction came on and then the reduced power icon displayed. I had to look it up in our manual to see what they meant. We have a 2011 Impala with 140,000 miles on it. We took it to our mechanic and he put it on their computer and found that the fuel pedal needed to be replaced. There is no more throttle levers on these cars so he said that it just wore out. Have you ever heard of this? We have only one mechanic working on our car and they had never heard of this either.**

Your Chevrolet like many newer cars does not have a direct mechanical connection between the gas pedal and the engine. Some common problems with this model have been faulty throttle bodies (the engine component) and the connections at the gas pedal due to water contamination issues. It is also possible that the part is covered under and extended warranty. Since you have had the part replaced I would send the receipt to General Motors customer service and request reimbursement

**I have a 2011 Kia Sorento, that I purchased new and it is leaking a bit of oil in the driveway. I had it into the local repair shop and they think it is the rear main oil seal. If they are right they are talking well over $1000 for the repair, do you have any suggestions?**

My first suggestion is to go back to the dealer since your vehicle should be under warranty. Your Kia has a 10-year, 100,000 powertrain warranty and this repair should be covered. The rear main seal is a possibility but after doing a lit-

*Cont'd On Page 25*

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# Ask John Paul: AAA New England's Car Doctor

*Cont'd From Page 24*

tle research the more common issue is the oil sender switch which is located under the intake manifold.

**I tinker with my own cars and have a simple code scanner. My Nissan wasn't running correctly and according to the scan tool it has a misfire on cylinder number two. I know it is not getting spark. My question is how do I know if it is an ignition coil, sensor or the computer causing the problem?**

The simplest method is to swap the ignition coil for cylinder number two with one of the others. If the misfire moves you know you have a faulty coil. If the number two cylinder is still misfiring, then you have a little more work to do.

**I have an old Chevy truck that only gets used a few times per year and it won't start – in fact it won't crank over. Where should I start?**

Start with the basics, remove the battery and fully charge it, clean all the battery connections at both the battery and the engine ground and starter connections. Then test for power from the ignition switch to the starter solenoid. Since the truck gets such little use poor electrical connections are most likely the problem.

**I have always worked on my own cars and discovered the radiator was leaking on my 2006 Mazda 6. The last car I replaced the radiator in you removed the shroud, disconnected the transmission lines and radiator hoses and unbolted the radiator. In this car it looks impossible, do you have any suggestions?**

There is no easy solution: the front bumper cover needs to come off, airbag sensors disconnected and the radiator support removed. As a do it yourself project plan to take most of the day. According to AllData, the data base that I use, a professional technician will need about four hours to complete the repair.

**I am considering replacing my aging Chrysler Town and Country minivan with a new vehicle. I have looked at the Toyota Sienna, Honda Odyssey and Kia Sedona. Toyota and Honda are almost always top picks. My question is what do you think of the Kia Sedona and how does it compare to the other two on my list? I read your column on boston.com, how long have you been writing this column?**

The Toyota is a winner if all-wheel-drive is one of your considerations, the Odyssey is a great van and the Sedona has come a long way since it was first introduced. I recently drove the top-of-the line model and it had every possible luxury option such as heated and cooled seats, reclining rear seating with foot rests. The V-6 engine provides decent power and during my road rest I was averaging 23 miles per gallon. If luxury appointments are a priority as well as a great warranty I would certainly consider the Kia. I also recently checked out the latest from Chrysler; the Pacifica and from a limited road test and general first impressions it looks quite good. Regarding my column, I have been writing for AAA for over 25 years and have been featured on weekly basis on boston.com for 16 years.

**My wife is looking at a 2016 Nissan Murano Platinum Hybrid. I have two questions: Are you familiar with it and how would you rate it versus the gas-powered Murano? Any idea why Rhode Island dealers are not the least bit aware of the hybrid version's existence? We contacted three dealers and received responses like: "We don't make one as the mileage on our gas model is so good." I think they are coming out with it in 2017 but haven't heard much about it" and my favorite "I never heard of it." Spending a little time on line we found two dealers in Connecticut and one in Massachusetts that have them on their lots, in stock, for sale.**

I have not yet driven the Murano hybrid but it does definitely exist. According to Nissan's website the price of a Platinum edition Murano versus a Platinum edition hybrid is about $4000 different. According to the website fueleconomy.gov owning a hybrid version of the Murano will save you about $250 per year. If the only reason you are considering a hybrid is to save fuel the numbers don't work.

**I have a 2008 Buick and from time to time the "reduced engine power" warning lights up on the dash. The problem is that whenever I bring it in to the repair shop the light is usually out. Do you have any ideas what the problem could be?**

The reduced engine power mode is usually indicated when there is an issue with the electronic throttle control system. The system will still use accelerator input but will limit how much response there will be. It has been my experience that the issue is electrical and usually caused by a faulty connection at the under hood fuse box. A technician will need to check for computer codes and electrical reading before making any actual repairs.

**My 2009 Buick Lucerne has had one major problem after another, so it is time to get a new car. The Buick seats are great for my tricky back, but the car has been so unreliable that I'm reluctant to get another Buick. Can you recommend a moderately priced car with similar seats, a wide steering wheel, and good reliability? So far I have tried Toyota and Ford, whose small steering wheels are hard on my shoulders, and Subaru, whose seats are hard on my back.**

The newer Buicks and all General Motors vehicles have been pretty reliable lately and based on my experience I wouldn't hesitate to look at another General Motors car. From General Motors I would take a look at the Chevrolet Impala, it is a big comfortable car. Regarding the small steering wheel of the Ford and Toyota, if you are using the tradition 10 and 2 steering method (numbers on the face of a clock) move your hands to the 9 and 3 position. This newer style position is safer, more comfortable and offers better control.

**I love my 2008 Audi A4 with all-wheel-drive but it has been getting expensive to repair lately. The latest issue is what I have been told is a rear wheel bearing issue. The repair shop said I could wait to repair the problem until the noise gets loud. Lately the car is starting to sound like it has truck tires on it. How much do you think it would cost to repair?**

This is not an inexpensive repair. The wheel bearings are about $170 each and it will take about five hours to complete the repair.

**I'm in the market for a new car and I have narrowed my choices down to three. The cars I'm looking at are the Mercedes CLS, Audi A7 and the Jaguar XF. Is there one you like better than the other, they all seem like nice cars.**

The Jaguar XF has been redesigned for 2016 and is lighter, quicker and now has a comfortable back seat. The V-6 engine produces up to 380 horsepower depending on trim levels and all-wheel-drive is available. The XF handles remarkably well for a big car and fuel economy is also quite good at about 25 miles per gallon. I would put the handling of the XF about equal to that of the A7 with a slightly more comfortable ride. The A7 is overall a very nice car with maybe a slightly more pleasing style. I found some other the major control slightly more intuitive in the A7 than the XF. The CLS is one of the first of the four-door couple designs and is aging quite well, but does suffer from limited headroom for rear seat passengers. Overall any one of these vehicles are great cars. If I had to rate them, the A7 and the XF are virtual a tie with the CLS a click below.

**I have a rusty Ford Windstar as a third car that I use for errands, dump runs and trip to the feed store, but don't really depend on it. The right directional signal, parking and cornering lights do not work. All of the bulbs are okay. According to the manual, they are all on one circuit and the fuse is okay, is there a solution?**

There is always a solution. Once upon a time cars were simple and lighting used switches, power and ground circuits. The only tool necessary was a keen eye and a test light. In the last decade that has all changed. Although wiring could be a problem, the circuit in the Windstar uses an electronic module to trigger the ground circuit of the lights. This part as well as the lighting can be checked with a Ford compatible scan tool.

**I have a Toyota Camry, when I first start the car there is this sound of running water. This only happens for a few minutes. The second problem is the car doesn't always start. When it doesn't start I just wait and it will start up and run fine. When I bring it to the repair shop the car is always perfect. Any thoughts?**

I would start with leaving the car overnight in a repair shop so the technician can hear the noise. If possible you may even want to meet them in the morning when they start the car so you can identify the noise. At the same time they can hook up some test equipment to measure fuel pressure and test the ignition system to determine if this may be a cause of the "no-start" condition.

**What do you know about the new Nissan Altima? I'm especially concerned about the CVT transmission. I'm thinking about buying one as a replacement for my very dependable 10 year old Toyota Camry.**

I recently spent about five days in the latest Altima and found it to be a very good car. The engine in the car that I drive had 2.5 liter four-cylinder model and it provided plenty of power and great fuel economy. The interior room was great and even more specious that your 10 year old Camry. I haven't driven an Altima in a while and this certainly was the best I have driven.

**As I'm getting older I feel I can't see as well at night. I recently drove an Audi with xenon headlights and thought they were great. Can these lights be adapted to my three year old Toyota Camry?**

There are xenon light kits available. Although many don't have the self-leveling function that allows them to meet Department of Transportation (DOT) standards and would be considered illegal. A better and cheaper choice may be upgrading the standard bulbs with brighter bulb. When shopping for replacement bulbs be cautious, some cheaper bulbs are very bright, but are poorly focused and produce far too much glare to be safe. I replaced the bulbs in my 10 year old car and the difference was certainly noticeable. Although be aware that these brighter bulbs have a shorter life than the standard/factory bulbs. One final thought, check the headlamp lenses if they are cloudy this will limit how much light makes it to the road. Cloudy lenses can be polished and restored with just a little bit of work.

**I just inherited a new to me Honda that is subject to the airbag recall. Honda tells me it could be months before the parts are available. Can I get the air bag disconnected?**

You might be able to get the airbag disconnected, but consider this first. The majority of drivers are much safer with the airbags operational. In fact according to NHTSA the chance of serious head injury is reduced by 83% using a combination seatbelt and airbag. The issue with your car and nearly 70 million others is a result of when the airbag inflator which uses ammonium nitrate is exposed to moisture and high humidity. This can cause the inflator to rupture spraying shrapnel into vehicle occupants. The other problem is no one really knows how many of the millions of vehicles equipped with Takata airbags actually have the problem. At last count there were 10 deaths and more than 100 injuries. Congress is pushing the manufacturer to accelerate the manufacturer of replacement parts.

**I own a 2006 Mini Cooper convertible with only 78,000 miles on it! I read about the poor crash test rating and the $40,000,000 fine BMW paid. My car is in mint condition and was described by a professional evaluator as pristine. Have the newer models improved this safety issue and should I keep my car?**

The parent company of Mini, BMW was fined 40 million dollars for failing to issue recalls within the standard five day timeframe of knowing that some 2014/15 models failed to comply with federal standards for side impact safety. When I look at crash safety I look at results from both NHTSA (National highway Traffic Safety Administration) and IIHS (Insurance Institute for Highway Safety) and make the decision based on a combination of those results. The latest Mini gets a "good" rating from IIHS and has yet to be tested by NHTSA. A little quick research shows your current model gets a 4 out of 5 star rating from NHTSA and good to average from the IIHS. It seems to me that your 2006 Mini is as safe as recent models but may not be quite as safe as the 2016 model. Unless you are buying the latest model or you are bored with your 10 year old car I would be tempted to keep the car you have.




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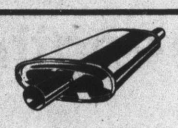
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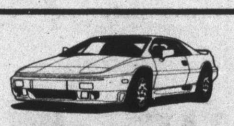
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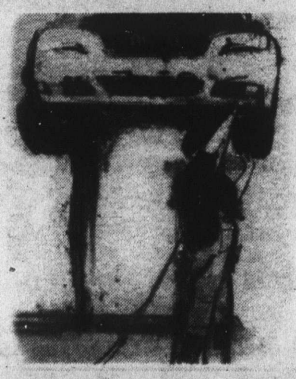






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# Real Estate

## Quincy Real Estate Transactions June 27 - July 1

Transactions are compiled by the Norfolk County Registry of Deeds

| Seller | Buyer | Amount | Address |
|---|---|---|---|
| Susan Patterson | Guang Dai & Yin M. Chen | $476,000.00 | 222 Beale Street |
| Norwest Group Inc. | Elfbaum Realty LLC | $366,000.00 | 10 Independence Avenue |
| Khiem M. Tran | Daniel J. & Ginger K. Flaherty | $280,000.00 | 200 Falls Boulevard Unit B-303 |
| Federal National Mortgage Association | Bruno Lopes | $234,900.00 | 200 Falls Boulevard Unit G-109 |
| Paul M. & Leah J. Markarian | Jackson & Jeannette Vetiac | $509,000.00 | 53 Winthrop Street |
| Thomas F. & Alison P. Meade | Michael Bennett | $790,000.00 | 56 Sea Avenue |
| Jonathan M. & Valerie V. McColgan | Paul & Leah Markarian | $635,000.00 | 4 Winthrop Lane |
| Minh T. Duong & Mui Diep | Ning & Desmond Y. Chiu; Zhao R. Chen | $422,000.00 | 1022 Furnace Brook Parkway |
| Cristo Y. Wong | Thomas J. Robinson | $295,000.00 | 86 Walnut Street |
| Giannaros Spendthirft Trust | Bina Irrevocable Home Trust | $277,900.00 | 34 South Street Unit 203 |
| Cortese Family Trust | Minqi Xu | $455,888.00 | 48 Ellerton Road |
| Joseph A. & Terri DiCesare | An Jia LLC | $236,900.00 | 26 Station Street |
| Beth A. Giles | Wei C. Ng | $240,000.00 | 200 Falls Boulevard Unit A-306 |
| Peter A. & Susan D. Horsford | Gerard Shea | $500,000.00 | 87 Albatross Road |
| Marc & Jessie L. Gigliotti | Jessica Sacco | $372,000.00 | 38 Weymouth Street |
| Cit Bank NA | William Lambert | $125,000.00 | 87 Suomi Road Unit 3 |
| Jack M. Mac & Linda Chieng | Nina Tran | $627,000.00 | 18 Bennington Street |
| John E. & Karen M. Keohane | Matthew S. & Meredith A. Lebo | $615,000.00 | 15 Moreland Road |
| Jie Li & Sheng Huang | Stephen A. & Roberta A. Lancione | $425,000.00 | 63 Village Drive Unit 8 |
| Crown Congress LLC | 500 Congress Street LLC | $390,000.00 | 500 Congress Street Unit 2G |
| Bardavell Limited Partnership | 30 Bay State Road LLC | $1,000,000.00 | 28-30 Bay State Road |
| Jeannette S. Millett | Michelle A. Budukiewicz | $330,000.00 | 50 Woodcliff Road |
| Ellen A. Nason | Nidia I. Jimenez | $265,000.00 | 500 Willard Street Unit 205 |
| Satish Pasala & Roopa R. Reddy | Joshua Mahoney | $355,000.00 | 750 Willard Street Unit 2B |
| Douglas S. & Susan C. Gutro | Nai W. Xu & Xin Y. Hu | $472,500.00 | 230 Marlboro Street |
| Ben Y. Lum | Deepa & Jamaal Dear | $425,000.00 | 1242 Sea Street Unt 1242 |
| John F. Heaney | Gregory & Lynette Paulk | $385,000.00 | 71 Shirley Street |
| Roberta Gately | Kristen E. Capone | $403,500.00 | 96 Alton Road |
| Steven L. Feldman | William M. Eastwick & Sheri L. Procious | $492,000.00 | 1400 Quincy Shore Drive |
| Kimberly L. MacDougall & Daniel Soucy | Madison Buchanan | $345,000.00 | 129 Palmer Street |
| John W. & Linda A. T. Dalton | Christopher Morrison | $435,000.00 | 33 Homer Road |
| Amsaluti LLC | Hao K. Wu & Jie L. Li | $520,000.00 | 87 Pleasant Street |
| Richard C. Ragin & Marcia R. Smith | Zoe M. Kazmierski & Christopher T. Chene | $596,000.00 | 68 Samoset Avenue |
| McBride Family Trust | Bernard McBride & Katherine Skotniczny | $580,000.00 | 8 Apthrop Street |
| Carol J. Keane-Leone | Christopher Goll | $490,000.00 | 80 Forbes Hill Road |
| Debra A. Randall | Thomas & Catherine F. Finkenstaedt | $600,000.00 | 93 Elm Avenue |
| 72 Standish Avenue Realty Trust | Guang Lin | $600,000.00 | 72 Standish Avenue |
| Alagawadi Gopinath | Michael Pickard | $371,500.00 | 100 Village Drive Unit 9-2 |
| Meghan Everist | Karabeth Vanick | $323,000.00 | 200 Cove Way Unit 408-II |
| U.S. Bank National Association & Lehman XS Trust | Kevin Chan | $351,750.00 | 77 Scotch Pond Place |
| Lisa Smith | Paul Murphy & Michelle Coughlan | $499,000.00 | 106 Sims Road |
| Florence I. & Joseph A. Cristiani | Baohong & Qiaomei Mai | $279,000.00 | 12 Hanna Street |

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## Quincy More Than 65% Toward 2016 Energy Efficiency Goal

*Cont'd From Page 2*

and contributor to climate change," says Shelly Dein, Quincy's Energy and Sustainability director.

The City of Quincy is partnered with the nonprofit organization HEET (Home Energy Efficiency Team) and HomeWorks Energy, a leading home performance contractor providing the Mass Save no-cost Home Energy Assessments.

During the assessment, the HomeWorks Energy Home Energy Specialist will install energy saving devices such as LED and CFL lightbulbs, programmable thermostats, faucet aerators, low-flow showerheads, and energy efficient plug strips at no cost. The assessment also includes an evaluation of insulation levels as well as a test of the home's heating and cooling systems for safety and efficiency.

The Quincy Saves program ends in December 2016. To schedule an energy assessment, contact HomeWorks Energy at 617.885.9889 or visit HomeWorksEnergy.com/Quincy-Saves to schedule your no-cost home energy assessment.

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# Real Estate

## O'Donnell Emphasizes Need To File Mortgage Discharges

Norfolk County Register of Deeds William P. O'Donnell is reminding consumers about the importance of filing a mortgage discharge in a timely manner after their mortgage has been paid off.

"During our office hours, one of the most commonly asked questions by homeowners is whether they have clear title to their property," O'Donnell said. "This can be determined by accessing the Registry's online records and verifying if all mortgages associated with the property have been discharged.

"When a mortgage is paid off, a mortgage discharge document needs to be recorded with the Registry of Deeds to clear a homeowner's property title. A discharge is a document (typically one page) issued by the lender, usually with a title such as "Discharge of Mortgage" or "Satisfaction of Mortgage."

In many instances, O'Donnell noted, "Discharges are sometimes filed directly by banks or settlement attorneys with the Registry as part of a property sale or as a result of a refinancing transaction. In other cases, the mortgage discharge is sent to the property owner who is then responsible for making sure the document is recorded at the Registry.

"Whether or not a discharge is recorded by the lending institution or the individual property owner, ultimately the responsibility falls on the property owner to check and make sure that all necessary documents have been recorded at the Registry of Deeds."

The Register further mentioned that there have been cases where no discharge has been recorded against a long paid off mortgage. Unfortunately, some of the lending institutions that provided funds for these mortgages are no longer in existence. In most other cases, financial entities have merged with another lending entity.

"You cannot sell your property without having all mortgage discharges recorded," O'Donnell said.

If a property owner needs to retrieve an original discharge of a mortgage and is unclear which lending institution is now responsible for providing the document, an option is to contact the Massachusetts Division of Banks at 1-800-495-2265. This government agency can assist the consumer in tracking down contact information for the lending institution that is responsible for the mortgage.

When recording a discharge, the original document is required. The Registry of Deeds does not accept photo copies or faxed copies of documents. The filing fee, set by state statute, is $76.00.

"After paying off all the mortgages on their property, homeowners want to be assured that they have clear title to their property, especially if they are contemplating selling." O'Donnell said. "Being diligent and aware of what is required will go a long way in giving the homeowner peace of mind."

The Norfolk County Registry of Deeds is staffed with a team of customer service representatives who can be reached Monday through Friday, 8:30 a.m. to 4:30 p.m. at 781-461-6101. The representatives have been trained in researching documents and are well versed on the subject of mortgage discharges and what, if necessary, needs to be done to clear title to a property.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

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## QCAP Homebuyers Workshop July 14, 16

Quincy Community Action Programs, Inc. (QCAP) is offering a First-Time Home Buyers Workshop series this month.

The workshop will be two sessions: Thursday, July 14 from 5:45 to 8:45 p.m. and Saturday, July 16 from 9 a.m. to 3 p.m. at Quincy Community Action Programs, Inc., 1509 Hancock St. Quincy, fourth floor classroom.

Attendance at both sessions is required in order to receive a certificate.

The workshop provides a comprehensive review of the home buying process. Real estate professionals will cover topics ranging from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnership.

Individual counseling is also available.

For more information about the program and/or to register for the workshop, contact Toni Gershon-Stern, QCAP's homeownership counselor at 617-657-5315 or email at tstern@qcap.org. or go to QCAP's website to register-www.qcap.org.

Adams Green

massDOT Massachusetts Department of Transportation

**Adams/Hancock Green & Downtown Construction Activities**

***Proposed work activities for the week of: July 4, 2016***



- Work continues on the Adams/Hancock Green Park Project in front of City Hall.
- Verizon conduit work will take place along the north and south end of the Church of the Presidents to replace the existing old wooden duct bank and improve the existing infrastructure.
- Galvin Construction is building a new retail/condominium project at the corner of Hancock and Clivedon site of the old Woolworth Building.
- NGRID Electric work will take place in front of the Church of the Presidents.

**(Photo above left shows work progressing on the new Adams/Hancock Green Park Project in front of City Hall. Photo above left shows the new condominium/retail project being built by Galvin Construction).**

To receive project updates, sign up for CityLink at http://www.quincyma.gov/citylink or follow @CityofQuincy and @MassDOT on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com

## *Success Real Estate Agents Attend REALTOR® Day on Beacon Hill*

REALTORS® from the Success Real Estate office in Quincy attended REALTOR® Day on Beacon Hill on June 21. Members of the Massachusetts Association of REALTORS® gather annually to meet with legislators and advocate for homeowners. Some of the initiatives REALTORS® focused on this year included land use and zoning, energy and environment issues, mortgage debt forgiveness, and scrap metal regulations. REALTORS® are licensed real estate professionals who belong to the National Association of REALTORS®, the largest trade group in the country. REALTORS® are held to higher ethical standards and must adhere to a strict code of ethics. Not all real estate agents are REALTORS® but all Success Real Estate agents are members of the association. Consumers benefit from the advocacy that REALTORS® provide to home owners through local, state and national representation.




Pictured on the front steps of the state house are: Jennifer Kern, President-Elect of the Plymouth and South Shore Association of REALTORS®, Deborah Riley, Carolyn Glynn-Colarusso, and Sonya Hardiman, all are Success! REALTORS®.

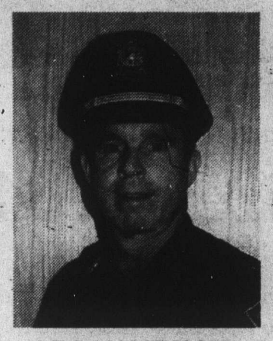
# A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Tuesday, June 28, 2016, at approximately 7:00 p.m., Quincy Police Drug Control Unit/Detectives Powers, O'Brien, Glennon, Cassidy, Coen, Keenan, Duran and Sergeant Tapper were conducting surveillance on Burgin Parkway. They had information that drug deals were occurring in the area and that a specific vehicle was often seen there. Citizens were reporting that a male driver and a female passenger would come around and drive behind a building, exit the vehicle, and go inside briefly.

At approximately 7:10 p.m., Detectives Coen, O'Brien, Keenan, Powers, and Duran observed the pre-described vehicle pull into the rear of 185 Burgin Parkway, being operated by a male fitting the description. There was also a female in the front passenger seat. There were also two children seated in the back seat. The driver parked near the rear door and went inside. Within 3 minutes, Detective Keenan observed the driver re-appear and approach the vehicle. He got into the driver's seat and began to reverse the vehicle and then stopped. He then exited the vehicle and removed one of the children from the back seat. He then took the child towards the right rear of the building out of Detective Keenan's sight. They both re-appeared within 3 minutes and both got back into the car.

Based on information from the community and the independent supportive observations, it was the belief of all Detectives involved in this investigation that drugs had just delivered. Detectives followed the suspect vehicle until a marked Police car operated by Sergeant J.P. Kelly was able to stop him by Lowe's on Burgin Parkway. Detective Duran approached the driver and asked for license and registration. The driver provided a MASS ID card and the vehicle's registration. It was determined that the vehicle's owner was the female passenger. When asked where he was coming from, the driver said he visited a friend but only knew his first name. When asked how long he was there, the driver said it was 5-10 minutes. The driver admitted that he did not have a driver's license, so he was placed under arrest for "Unlicensed Operation of a Motor Vehicle."



LT. DAN MINTON

After being read his Miranda Rights by Detective Duran, the driver was informed that he was suspected of dealing drugs and asked if he had any narcotics hidden on him. The driver said, "I don't ...you can strip search me from head to toe." While speaking to the suspect, the Detectives noted that the driver seemed very nervous and was sweating profusely. He asked Detective Keenan if he could sit down. Detective Keenan then assisted the driver in sitting on the curb.

Upon further observation, the driver appeared now to be having difficulty keeping his eyes open. Meanwhile, Detectives Powers and Duran spoke with the female passenger. They told her that they believed a drug deal just occurred and narcotics trained K9 would be responding to the scene. Detective Powers informed her that if she had any narcotics on her she should be honest and give them to him. She began to shake and also appeared very nervous. She didn't deny having narcotics on her person. She only asked if she could smoke a cigarette. Detective Powers then retrieved her cigarettes from the vehicle.

All QPD DCU Detectives have been involved in investigations where male drug dealers will often utilize females to hold the drug stash if encountered by the police. Detective Powers had further conversation with the female and told her that he believed that she had Crack Cocaine hidden on her. She then admitted to Detective Powers that she had Crack Cocaine inside of her bra. She removed a glassine baggie wrapped in tissue paper from her bra and handed it to Detective Powers. The glassine baggie has three smaller knotted glassine baggies that contained a white substance that Detective Powers immediately recognized as Crack Cocaine. Detective Powers noticed that the tissue paper had a brown feces stain on it and smelled like feces. When asked about this, the female told Detective Powers that the driver had the glassine baggie wrapped in tissue paper hidden in his buttocks while driving. She stated when the driver noticed the blue lights on behind him he removed the glassine baggie wrapped in tissue paper from him buttocks and handed it to her and asked her to hide it.

The Detectives then advised the female and sent on her way with her two children, both ages 3 years old. Detective Glennon later filed a 51A report with DCF. Officer Di Silva transported the female to the Quincy Police Station where he was processed in the usual manner. The 35 year old Hyde Park resident was charged with "Possession of Class B (Crack Cocaine) with the Intent to Distribute (Subsequent Offense - Previously convicted of same offense on 10/28/12 in Dorchester District Court and Operating a MV After Suspension (Second Subsequent Offense - Previously convicted of same offense on 10/5/16 in Dorchester District Court."

Once back at the station, Detective Powers analyzed a sample of the white substance recovered from the driver via the female using a TruNarc Raman Spectrometer. The analysis showed that the substance tested contained Cocaine. The tissue paper with fecal matter was packaged and will be submitted to DNA testing. An LG cell phone and $190 were seized pending civil forfeiture. Nice Work!

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**June 24 – July 1**
**ARRESTS: 33**
**TOTAL CALLS: 1,163**
**STOLEN MOTOR VEHICLES: 3**

**FRIDAY, JUNE 24**

**LARCENY, 10:01 a.m., Safford St.** Check book. Reluctant to give any info other than a large amount of money was stolen.

**VANDALISM/PROPERTY, 12:07 p.m., Kam Man Food, 215 Quincy Ave.** Wall on backside of building appears to have damage from a person lighting a fire against it. Caller has surveillance footage of person.

**ATTEMPTED BREAKING AND ENTERING, 11:35 p.m., Madison Ave.** Damage to back door.

**SATURDAY, JUNE 25**

**ASSAULT AND BATTERY, 12:19 a.m., Swingle's Quarry, 169 Ricciuti Dr.** While on directed patrol came across youths in cars in lot of old quarries. PC arrest made. Not charged with PC, now assault and battery on a police officer. #1 additionally charged with disturbing the peace and being in a park after dark. #2 arrested on two PD Quincy MTC straight warrants and providing a false name after arrest.

**BREAKING AND ENTERING, 7:59 a.m., Ross Parking Area, 96 Parkingway.** Copper taken from work site.

**ASSAULT AND BATTERY, 3:18 p.m., TJ Maxx, 100 Granite St.** Shoplifter hit loss prevention in face and took off in vehicle. Black female in blue short dress. Red 2010 Nissan Altima.

**LARCENY, 5:59 p.m., Fuji Restaurant, 1546 Hancock St.** Just fled on bill. White female in tie dye shirt, white pants, with suitcase. Party stopped in front of Alba. Sent on way.

**LARCENY, 11:45 p.m., Canton Rd.** Caller reporting he went on vacation and hired a dog walker through a service agency. Came home to find $100 missing, buckets of change and lottery tickets missing, and evidence of possible animal cruelty.

**SUNDAY, JUNE 26**

**VANDALISM/PROPERTY, 10:40 a.m., Port 305, 305 Victory Rd.** Male who was shit off sliced open five chairs. No suspect info.

**LARCENY, 11:57 a.m., Walmart, 301 Falls Blvd.** Assistant manager witnessed a female driving a red Doge pickup syphoning gas. Suspect fled lot. No victim at this time.

**MONDAY, JUNE 27**

**BREAKING AND ENTERING IN PROGRESS, 2:43 a.m., Furnace Brook Pkwy.** Caller calling for friend on scene. Friend said she heard noises and scream in downstairs of house. Units spoke to parties involved. No B&E.

**ATTEMPTED BREAKING AND ENTERING, 11:04 a.m., Bicknell St.** Front door damaged overnight.

**LARCENY, 11:57 a.m., Quincy Ave.** Jewelry. Caller not looking to file charges on a larceny, just wanted info on RO process. Advised; going to court.

**VANDALISM/PROPERTY, 1:08 p.m., Bicknell St.** National Grid knocked down fence June 25 around noon. Caller called National Grid to notify them.

**LARCENY, 5:48 p.m., Intervale St.** Reports his IRS check was taken by a neighbor.

**TUESDAY, JUNE 28**

**ASSAULT AND BATTERY, 7:06 a.m., Marina Bay Marina, 333 Victory Rd.** Caller hit man that came at him with his hard hat. Now party is on the ground bleeding by boat launch. One transported to Carney Hospital. Report submitted on B&E; no complaint.

**VANDALISM/PROPERTY, 10:27 a.m., Bigelow St.** Wants to report vandalism to vehicle.

**LARCENY, 11:24 a.m., Quincy Animal Control, 42 Broad St.** Bike.

**ATTEMPTED BREAKING AND ENTERING, 1:02 p.m., Bailey St.**

**LARCENY, 2:16 p.m., Sullivan Rd.** Caller states a watch was taken from house while work was being done.

**MOTOR VEHICLE LARCENY, 2:44 p.m., Triangle Transmission Brake, 62 Liberty St.** Officers responded to a suspicious party in vehicle (not stolen at time). At that time person was in possession of vehicle but not operating it. Owner of vehicle contacted and spoke with officer, and believes suspect took vehicle. Vehicle has LoJack and was recovered.

**LARCENY, 2:46 p.m., Piermont St.** Larceny of a ladder in the past. Party will return ladder by Saturday.

**ASSAULT AND BATTERY, 4:36 p.m., 115 Crescent St.** Female outside stating she was assaulted by a known party. One party under arrest for A&B on a person over 60.

**WEDNESDAY, JUNE 29**

**LARCENY, 8:10 a.m., Wendy's, 520 Southern Arty.**

**BREAKING AND ENTERING, 9:17 a.m., Doane St.**

**VANDALISM/PROPERTY, 1:46 p.m., Hodgkinson St.** Follow up on graffiti.

**LARCENY, 6:22 p.m., Winthrop Ave.** Reports someone stole a fig tree from her driveway. Just wants it logged and frequent checks.

**LARCENY, 6:26 p.m., 299 Water St.** Wants to file a report about a bounced check for services rendered, $900.

**LARCENY, 9:21 p.m., Hamden Cir.** Has video of a suspect taking a package from her porch today.

**THURSDAY, JUNE 30**

**LARCENY, 6:56 a.m., Fr. Bill's Place, 38 Broad St.** Reports her medication was stolen in locker at shelter. No suspects.

**LARCENY, 9:57 a.m., TJ Maxx, 100 Granite St.** White male backpack. Occurred June 22.

**LARCENY, 11:08 a.m., Quincy Credit Union, 100 Quincy Ave.** Caller states someone tried to cash his checks at Quincy Credit Union. Complaint for larceny over, forgery and uttering.

**ATTEMPTED BREAKING AND ENTERING, 12:10 p.m., 900 block Sea St.** Caller states someone tried to break into his rental property.

**LARCENY, 12:18 p.m., Sumner St.** Prescription.

**LARCENY, 12:18 p.m., 1458 Hancock St.** Caller reports that musical instruments from the International Bethel Assembly of God were taken. There may be surveillance footage. Party trying to report stolen equipment for third party. Third party advised to come in and report larceny because he has all the pertinent information.

**LARCENY, 2:01 p.m., Citizens Bank, 85 Quincy Ave.** Heavyset white female with blonde hair and pink and white shirt. Suspect attempted to make a deposit and reached over the counter and grabbed the money and left the bank. Two eyewitnesses down to Gay Street for a show-up ID. Party on Gay Street not identified as the robber but she is under arrest for a warrant. Disregard last note; show-up still taking place. Detectives out with possible suspect behind Hairplace One. To be placed into protective custody and summonsed for larceny under $250.

**LARCENY, 2:21 p.m., Town Hill St.** Purse. Happened an hour ago.

**ARMED ROBBERY, 2:32 p.m., Shaw St. & Washington St.** Male found in alley all bloody. Officer reports party was hit over the head and someone stole his prescription medications. Victim described suspect as two while males wearing white t-shirts. They fled down Shaw to Curtis.

**MOTOR VEHICLE LARCENY, 3:20 p.m., Pagnano Towers, 109 Curtis Ave.** LoJack equipped.

**VANDALISM/PROPERTY, 4:40 p.m., Sumner St.** Caller said someone egged her home an shot out window with a BB gun.

**LARCENY, 7:01 p.m., Crane Library, 40 Washington St.** Main circulation floor. Male told staff he went to bathroom and returned to find his items missing.

**FRIDAY, JULY 1**

**LARCENY, 3:06 a.m., Beale St. & Pine St.** Hispanic male borrowed phone to make call. Ran to red Nissan and drove off with phone. Last seen heading down Pine Street. Occurred about 15 minutes ago.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** Curtis Avenue, Liberty Street, Chester Street.

❑

**CAR BREAKS:** Garfield Street, Division Street, John Street, Safford Street, Hamilton Avenue, 45 Hancock Street.

❑

**BREAKS AND ATTEMPTED BREAKS:** Doane Street, Parkingway.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

# Council Honors Rev. Ann Suzedell

By SCOTT JACKSON

The City Council recently commended the Rev. Ann Suzedell, who retired in June after serving as the pastor of the Quincy Point Congregational Church for 15 years.

Ward 2 Councillor Brad Croall presented the commendation to Suzedell during the council's June 27 meeting, saying she always has a smile, a hug and something nice to say.

"One of the neat things about getting involved in the community is you get to meet some of the community leaders," Croall said. "If you ever have the opportunity to attend a service down at Quincy Point Congregational, there is just so much love and compassion and at the forefront of everything is Rev. Ann Suzedell.

"She's always got a smile. She's always got a hug. She's always got a nice thing to say about people."

Croall also thanked Suzedell for helping raise funds for the inclusive playground he is hoping to build at Fore River Field during her June 19 retirement party, and said it was an example of the work she does when no one is looking.

"It's not so much about what she says to you, but it's what she does when no one is looking and I think that is such a defining characteristic of what makes an individual special," Croall said.



REV. Ann Suzedell (first row, center) recently received a commendation from the City Council in recognition of her 15 years of service as the pastor at the Quincy Point Congregational Church. Suzedell retired June 19. Front row (from left): Councillors William Harris, Margaret Laforest, Brad Croall, Kirsten Hughes, Noel DiBona and Joseph Finn. Second row: Suzedell's sister Gail Saxton, who was visiting from St. Louis, and Councillors Brian Palmucci and Ian Cain.

*Quincy Sun Photo/Scott Jackson*

"Just to give you an example, they had a sendoff party for Rev. Ann about a week ago at Pageant Field. Unbeknownst to me, Rev. Ann, at her own retirement party, has a quasi-fundraiser going on for that inclusive playground we're trying to get done in Quincy Point."

"Congratulations on your retirement," added Council President Kirsten Hughes. "We wish you well and thank you for all your service to the community."

Suzedell said she loves Quincy, in part because of the collaboration between various stakeholders – businesses, non-profits, government and the faith community – in the city.

"I love the city of Quincy. I feel like I should tap my little red shoes together and say 'there's no place like Quincy, there's no place like Quincy, there's no place like Quincy,'" Suzedell said.

"We have extraordinary history, we have a stunning shoreline, we have excellent schools, and we have the most creative collaborations I have ever seen in my 40 years of ministry among the businesses and the non-profits and government and faith communities. That has just been marvelous."

"It has been a tremendous blessing for me to be the pastor of the Quincy Point Congregational Church for 15 years," Suzedell added. "Our folks are just like the rest of the folks in Quincy: They are compassionate, they are skillful, they are loving and they are welcoming."

Suzedell said she would not be going away, and plans to look for volunteer work in the community once she completes a long list of home and garden projects.

# RELIGION

## Bethany Congregational

Bethany Congregational Church will have a Worship Service at 10:00 a.m. The Rev. William C. Harding will conduct the service and preach the sermon. Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1 p.m. to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6:00 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

## Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave., starts at 10 a.m.

Pastor Felix Carrion will lead the service and preach the sermon "Value, Vision, Voice."

Carol Hallett, Liturgist will call to worship and read the scripture lesson. Molly Jacobs and Joseph Giggey will serve for the Diaconate.

Steve Reed, minister of music will provide the music.

A fellowship coffee hour follows the service hosted by Nancy and Molly Jacobs. All are welcome.

## Houghs Neck Community Council Blood Drive July 19

The Houghs Neck Community Council will hold its annual Chris and Trudy Peter Blood Drive on Tuesday July 19 from 2 - 8 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

Call ahead and make an appointment at 1-800-733-2767 or visit redcrossblood.org. Also fill out all health questions at rapid pass on their site. Walk-ins are also welcomed but reservations are recommended.


# Quincy Religion Directory

## SERVICES & ACTIVITIES

### Catholic

**St. Mary's Church**
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

**ST. AGATHA CHURCH MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
*550 Washington Street*
*Quincy, MA 02169*
617-472-6321
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible & Handicapped parking, side entrance air conditioned*

*Saint Ann's Church*
757 Hancock St., Wollaston
617-479-5400
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Pastor Felix Carrion will lead the service and preach the sermon "Value, Vision, Voice"**
***All are welcome to attend***
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
**Sunday Communion Worship Service at 10AM**
**Rev. William C. Harding will conduct the service and preach the sermon.**
Child Care Available
For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*
*The church is wheelchair accessible*

PEACE

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
**Worship and Sunday School at 10 a.m.**
**Fred Hayes**
**Interim Pastor**
617-773-7432
www.wollastonucc.com

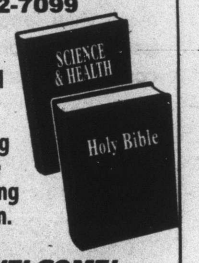
**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617) 479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

***QUINCY POINT CONGREGATIONAL CHURCH***
*444 Washington St. • 617-773-6424*
Worship and Church School 10 am
*Rev. Ann Suzedell, Pastor*
*email: office@quincypointcong.org*

### Unitarian Universalist

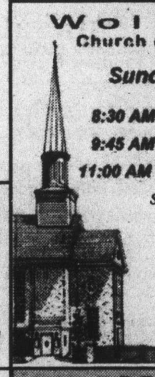
**United First Parish Church**
*A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.*
**Chalice Circle Discussion Group:**
**Sundays at 10:30 AM**
*Followed by Fellowship & Refreshments*
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

### Christian Science

**First Church of Christ, Scientist**
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
Church of the Nazarene
***Sunday Worship***
*8:30 AM Liturgical Worship*
*9:45 AM Sunday School*
*11:00 AM Celebration Worship*

*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5669
E-mail: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45 CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

*To Advertise in this Directory, Call 617-471-3100*

# OBITUARIES

## Michael D. Young, 35

Visiting hours for Michael D. Young, 35, of Quincy will be held from 10 a.m. to noon Thursday at Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Mr. Young died unexpectedly June 19 after being stricken with a rapid onset non-communicable form of bacterial meningitis.



MICHAEL D. YOUNG

Son of Susan B. (Foster) Young of Quincy and the late James E. Young. Brother of John D. Young of Pembroke and Patrick J. Young of Quincy. Father of McKayla and Ashley Young and their mother Jilaine Foley, and grandfather of Jayden, all of Houghs Neck. Also survived by an aunt, Margaret Svizzero of FL, two nieces, two nephews, six cousins and many close friends.

Interment to follow at Blue Hill Cemetery, Braintree.

## John D. MacInnis, 92

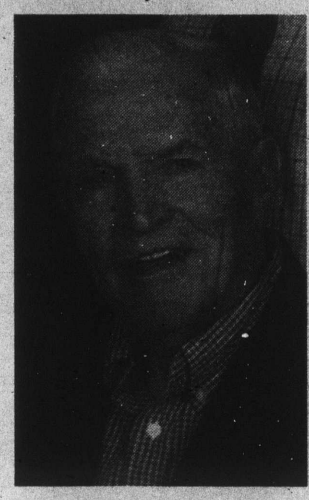
A funeral Mass for John D. MacInnis, 92, of Hull, formerly of Quincy, Cape Cod and Sarasota, Fla., was celebrated July 1 at St. Mary's Parish in St. Ann's Church, Hull.

Mr. MacInnis died peacefully at home after a very brief illness surrounded by family on June 27.

During World War II he served in the 101st Airborne Division; notably in the Invasion of Normandy and the Battle of Bastogne, Belgium. He was a recipient of a Purple Heart and a Bronze Star Medal. Mr. MacInnis was his family's American Hero and one of the Greatest Generation.

His proudest accomplishment was his loving family. A kind and loving man; a father figure to many. His Catholic faith grounded him and he lived it out beautifully, modeling the importance of faith and family. Mr. MacInnis had a love of the ocean, appreciated all of nature, especially the beauty of New England. He retired from the Commonwealth of Mass Water Division.

Beloved husband of the late Adele (Ungemach) MacInnis. Loving father of Mary Rose Ericsson and her husband Kenneth of Hingham, Jean Sullivan and her husband Peter of Scituate, John MacInnis and his partner Michelle Benoit of Plainville, and Rev. Michael MacInnis OFM of Boston. Cherished brother of Murray MacInnis of Quincy, and the late Mary Rita Lermond, Marie Emery, Neil MacInnis, and Robert MacInnis. Devoted Papa of Cody and Molly Sullivan and J.D. and Amanda MacInnis. Also survived by many loving nieces and nephews.



JOHN D. MACINNIS

Funeral arrangements were made by Pyne Keohane Funeral Home, Hingham.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to Norwell Visiting Nurse Association & Hospice, 120 Longwater Drive, Norwell, MA 02061 or to Wounded Warrior Project, P.O. Box 758517, Topeka, KS 66675.

## Jasper J. Orlando, 92

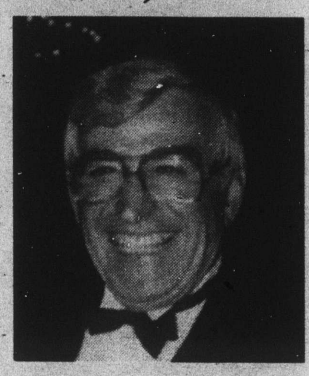
A funeral Mass for Jasper J. "Jake" Orlando, 92, of Quincy will be celebrated Thursday at 10:30 a.m. in St. Ann's Church, Quincy.

Mr. Orlando died June 29.

The beloved husband of 68 years the late Dorothy M. (Doyle) Orlando. Loving father of Thomas Orlando and his wife Peg of Quincy, Joseph Orlando and his wife Laura of Franklin, John Orlando and his wife Mary of Quincy, Stephen Orlando and his wife Janice and Marianne Willett and her husband Steven, all of Hanover. Brother of Anthony Orlando and his wife Viola of Quincy and the late Vincent and Frank Orlando. Brother-in-law of Carol Orlando of Stoughton. Also survived by 12 grandchildren, one great-grandchild and many nieces and nephews.

A proud WWII Navy veteran and a member of the Plumbers Local #12. Mr. Orlando also enjoyed gardening, snow shoeing, canoeing, clamming at Wollaston Beach, boating and spending time up in Gunstock, N.H. He will be remembered for his strong work ethic and his devotion to his family.

The family has lost two very special people in their lives, but they feel blessed



JASPER J. ORLANDO

for having had two wonderful parents. They will be sadly missed.

Visiting hours were 4-7 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held at the funeral home at 9:45 a.m. Thursday, prior to the Mass.

Interment at Pine Hill Cemetery, Quincy.

In Loving Memory of
Judy McQuinn Downing
On her July 11th Birthday

If tears could build a stairway,
and memories build a lane,
we would walk right up to heaven,
and bring you home again.

Sadly Missed by
Family & Friends

## Kathy B. Morrissey

A funeral home service for Kathy B. Morrissey of Quincy will be held at 7 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

Ms. Morrissey died July 1 suddenly of cancer.

Cherished daughter of Julie Morrissey of Quincy and the late John F. Morrissey. She is survived by her sister and brothers Elizabeth, Steve, Patricia, Virginia, Theresa Guinto, Margaret Boyd, Susan, Michael, Timothy, Judith Ha, and Chris. Also survived by 10 nieces and nephews.

Ms. Morrissey was a fighter all of her life and will be greatly missed by all who knew her.

Visiting hours are 4-7 p.m. Thursday in the funeral home.

More Obituaries Online at www.thequincysun.com



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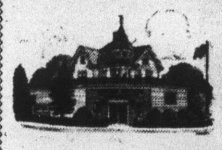
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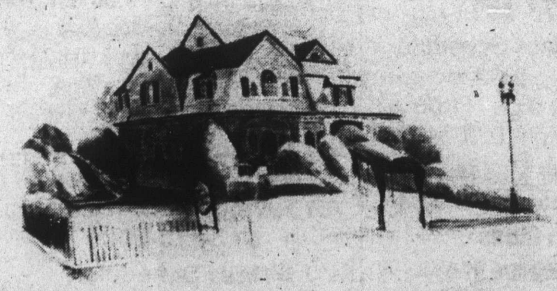


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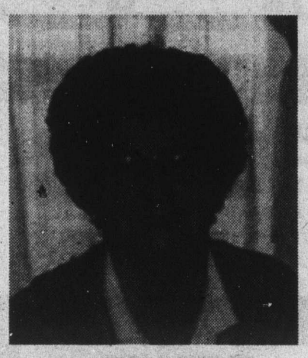
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# OBITUARY

## Mary R. Hogan, 92



MARY R. HOGAN

A funeral Mass for Mary R. (McCarthy) Hogan, 92, of Quincy will be held Friday at 10 a.m. in St. Ann's Church, Quincy.

Mrs. Hogan died peacefully July 3.

Beloved wife of the late John J. Hogan Jr. Loving and devoted mother to Kathleen Beatrice and her husband Richard of Marshfield, Kevin Hogan of Quincy, Ann Marie Cannon and her husband Stephen of Quincy, John J. Hogan III and his wife Joan of Weymouth and the late Joseph Hogan, Mary Williamson and Eileen MacNamara and infant son Hogan. She is the devoted Nana of her 12 wonderful grandchildren and 20 great-grandchildren whom she loved dearly. She was a dear and cherished sister to Catherine Judge and her husband James, Pauline Ryan and the late Julia Lorenz, John McCarthy, Joseph McCarthy and Francis McCarthy. Also survived by many nieces and nephews.

Mrs. Hogan was a longstanding member of Catholic Daughters of America (Carmel Court Division). She was also a longtime volunteer for St. Ann Catholic Church society of St. Vincent de Paul. Mrs. Hogan will always be remembered as being a kind, generous and unselfish, compassionate woman who always put other people's needs ahead of her own. She will be greatly missed and always remain an inspiration to all.

Visiting hours are 5-8 p.m. Thursday in McDonald Keohane Funeral Home, South Weymouth. Relatives and friends will gather in the funeral home at 9 a.m. Friday, prior to the Mass.

Interment in Blue Hill Cemetery, Braintree.

# Three Intersections To Be Dedicated To Veterans

By SCOTT JACKSON

The city will dedicate three intersections this fall to service members from Quincy who fought in World War I and World War II.

George Nicholson, the Quincy's director of veterans services, said the dedications will take place during the month of September. The date for the ceremonies will be determined later this summer.

The intersection of Southern Artery and South Street will be dedicated to the memory of U.S. Army Private Bert J. Parnell, who served in World War I. Parnell served in the 101st Infantry Regiment of the Massachusetts National Guard and died from pneumonia in 1917 while in France.

A plaque had been dedicated to Parnell at the intersection of Des Moines Road and Southern Artery in 1928, but it was removed during the construction of 1000 Southern Artery.

The intersection of Hannon Parkway and Mechanic Street will be dedicated to the memory of U.S. Army Lt. Col. Frederick Jones, who also served in World War I. He served with the Fifth Massachusetts Infantry Regiment. The intersection of Washington Street and Hancock Street, near the former Bargain Center, had been dedicated to Jones in 1937, but was removed during construction in Quincy Center.

Jones helped found the Quincy Post 95, American Legion, serving as its first commander after returning home following World War I. The new plaque in his honor will be located on the site of the former Quincy Post building, which was demolished during the relocation of the Town Brook.

The intersection of Lancaster Street and Fowler Street will be dedicated to the five Trubiano Brothers who grew up on Lancaster Street and attended Quincy High before serving in World War II.

Francis Trubiano was a Marine Corps corporal who served in the Pacific from 1943 to 1946.

Robert Trubiano also served in the Marine Corps in the Pacific as a private from 1944 to 1946.

Anthony Trubiano served as an Army private from 1944 to 1946, serving in the Pacific. He received a Purple Heart after being wounded in action.

Edward Trubiano, an Army corporal, served in the Middle East and North Africa from 1944 to 1946.

George Trubiano served as a private in the Army from 1943 to 1946, and received a Purple Heart. He served in Normandy, Northern France, the Rhineland, the Ardennes and Czechoslovakia.

All five brothers returned home following their service, Nicholson said, but all five are now deceased.

# Apparent Drowning Victim Identified

By SCOTT JACKSON

A 32-year-old California man died Saturday night in Quincy after jumping into the water to free the boat he was on from a rope it had become entangled with.

The Norfolk District Attorney's Office identified the apparent drowning victim as Jesse Loubier, 32, of California. David Traub, a spokesman for the district attorney's office, said Loubier was in the area visiting family before his death, which occurred at the Clipper Marina in the Town River.

Traub said there does not appear to be foul play associated with the death. On Tuesday, he said the Office of the Chief Medical Examiner had conducted an autopsy and the cause of death was preliminarily determined to be drowning. The final cause of death won't be determined for several weeks, pending further tests.

Investigators said witnesses on the boat, including close family members, reported Loubier entered the water on purpose in order to dive down and free the boat from a line in which it had become entangled.

"He surfaced after his initial dive and reported being unsuccessful in freeing the boat from the line," Traub said in a statement. "He was said to have then gone down again to continue his effort and not come back."

The Quincy Police Department's Marine Unit and divers, as well as the Weymouth Police Department Marine Unit, Massachusetts Environmental Police, the U.S. Coast Guard and State Police responded to the scene. It took several hours for them to recover Loubier's body from the water.

# Star Of The Sea Work Resumes

By SCOTT JACKSON

State environmental officials on Tuesday lifted the stop work order that had halted the removal of asbestos from the former Star of the Sea Church in Squantum for more than a month, allowing the abatement work to start as soon as yesterday (Wednesday).

Joseph Ferson, a spokesman for the Massachusetts Department of Environmental Protection said the agency had approved revised plans for asbestos removal Tuesday, which would allow a contractor to restart the work the following day.

The DEP issued the stop work order June 1, following an inspector's visit to the Bellevue Road property. Ferson said a licensed company had been hired to remove the asbestos, but the work being performed was not done in compliance with state regulations.

The asbestos abatement is required before the church and rectory building on site can be demolished. Victor Sheen, owner of the Bellevue Road site, plans on dividing the parcel into four lots on which single-family homes can later be built.

Sheen, the founder of Brookline-based Oakgrove Residential, purchased the 37,200 square foot parcel at 101-105 Bellevue Road from the Archdiocese of Boston in June 2015 for $600,000. He had initially planned to convert the church and rectory into 14 condos, but proceeded with the plan to raze the buildings and split the land into four parcels after neighbors objected to the original proposal.

The site is in a Residential A zoning district, which allows Sheen to divide the larger parcel into four smaller lots for single-family homes by-right.

The Star of the Sea Church was among 50 area parishes the Archdiocese of Boston designated for closure in 2004. A group of parishioners, the Friends of Star of the Sea, appealed that decision all the way to the Vatican but ultimately lost. The archdiocese relegated the church to profane use in July 2011, meaning it was no longer considered a site for worship.

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## Quincy Sun Obituary Policy

The Quincy Sun publishes obituaries that are submitted by funeral homes with the assistance of the families.

There is a nominal cost for obituaries appearing in The Sun newspaper and on its website. Local funeral homes are aware of this policy.

For more information, contact call Sun Editor Robert Bosworth at 617-471-3100 or email thequincysun@verizon.net.

# Preparation Starts With Information

By KRISTEN ALBERINO
*Social Security Public Affairs Specialist*

Your parents were there for you when you were born. They've been with you through the most important achievements of your life. Now it's your turn to show them that they can count on you. As your parents get older, they may need help making decisions. When you volunteer to become a representative payee, you're supporting your parents and their future.

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A representative payee is someone who receives Social Security or Supplemental Security Income (SSI) payments on behalf of a person not capable of managing the funds on his or her own. As a representative payee, you would make sure your parents' basic needs are met by using the money to provide them with food, clothing, and shelter. Any leftover money goes into an interest-bearing account or savings bond for your parents' future needs. You're responsible for keeping records of expenses, and we request yearly reports to see how you've used or saved the benefits.

Other representative payee duties include knowing your parents' needs so you can decide the best way to meet those needs with the benefits provided and telling us about any changes that may affect your parent's eligibility for benefits or the payment amount.

If your parents receive Social Security or SSI benefits and are unable to manage their finances, or you think that may be the case in the future, take the time to become familiar with the responsibilities of a representative payee and consider becoming one.

To learn more about becoming a representative payee, you can read our publication, A Guide for Representative Payees, at www.socialsecurity.gov/pubs and visit the webpage, "When People Need Help Managing Their Money," at www.socialsecurity.gov/payee. Or, call us at 1-800-772-1213 (TTY 1-800-325-0778) to request an appointment.

Take the steps to ensure your parents have a safe and comfortable future. After all they've done for you over your lifetime, volunteering as a representative payee is just one way to show how much you care for and appreciate them. Social Security will always be there for you and your parents through life's journey.

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**HANCOCK PARK LOBBY SHOP**
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**7-11**
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**CVS**
178 Washington St.
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- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

**NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.**

**RATES**

**1 WEEK** ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

**2-4 WEEKS** ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

**5-10 WEEKS** ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

**11 WEEKS OR MORE** ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

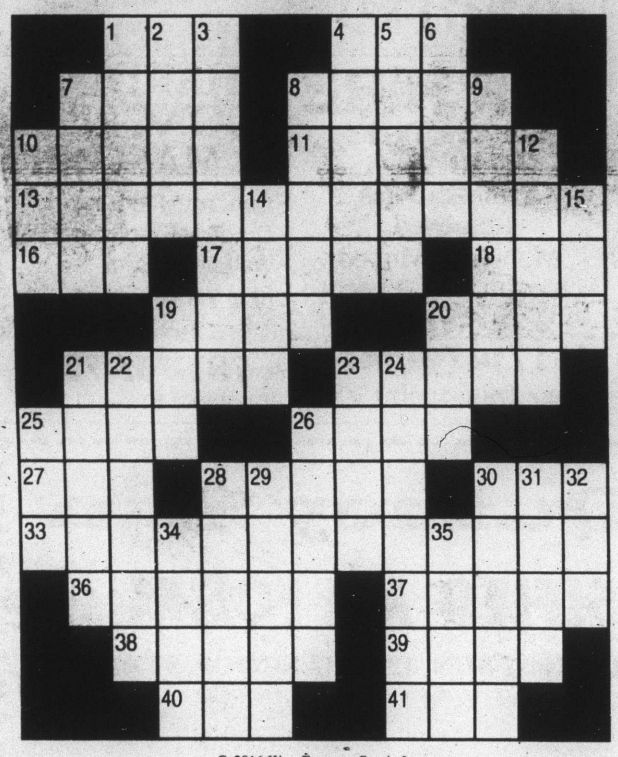
COPY: _____

# SUN FUN PAGE

## King Crossword

**ACROSS**
1 Integers (Abbr.)
4 Journey segment
7 Mr. Crockett
8 Baby's ailment
10 Roof edges
11 Parka
13 Square one
16 Chum
17 Jagged
18 Cattle call?
19 Portent
20 Show boredom
21 Accumulate
23 Carriages
25 Coagulate
26 "Peter Pan" pooch
27 Existed
28 Oddballs
30 Extinct bird
33 1996 movie title that's an anagram of 13-Across
36 Champagne + OJ
37 Two under par
38 Ship of the desert
39 Sore
40 Tex- -- cuisine
41 Speck

**DOWN**
1 Fleet-related
2 Finished
3 Methods
4 Yearns (for)
5 Run off to wed
6 Early helicopter
7 Information
8 Church law
9 Alligator's cousin
10 Kreskin's claim
12 Recognizes
14 Angers
15 Heavy weight
19 Cheerios grain
20 Nay canceler
21 Antitheft device
22 Tile art
23 Variety of shark
24 As a substitute
25 5 percent of a ton (Abbr.)
26 Kathmandu's land
28 Travelocity mascot
29 Newark's county
30 Strength
31 Siblingless
32 Candle count?
34 Mosque bigwig
35 Snack in a shell



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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Board is missing. 2. Gun in holster is moved. 3. Bandana is hidden. 4. Ball is missing. 5. Number is missing. 6. Glove is different.

New! 24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## Trivia test by Fifi Rodriguez

1. GENERAL KNOWLEDGE: When was the European Union founded?

2. MOVIES: In which animated Disney movie did the character of Sebastian appear?

3. U.S. PRESIDENTS: Which president received a patent for a device that would lift boats over shoals and obstructions in a river?

4. LANGUAGE: What does the Latin phrase "corpus Christi" mean?

5. THEATER: Who wrote and composed the play "Camelot"?

6. HISTORY: Where was the Constitution signed in 1787?

7. MATH: What type of geometrical figure would the term "deltoid" describe?

8. LITERATURE: Which author invented the character of Hercule Poirot?

9. ANIMAL KINGDOM: What is a group of whales called?

10. GEOGRAPHY: What is the longest river in Europe?

Answers

1. Nov. 1, 1993
2. "The Little Mermaid"
3. Abraham Lincoln
4. Body of Christ
5. Alan Jay Lerner and Frederick Loewe
6. Independence Hall, Philadelphia
7. A triangle
8. Agatha Christie
9. A pod or a gam
10. The Volga

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## MAGIC MAZE

**COUNTRIES WINNING GOLD MEDALS IN LONDON 2012**

R F B Y U R O K A Y N E K H D
A X U Q N K B H E N B C Y V S
G R E A T B R I T A I N P M J
H E B Y C V A T Q M E A O L I
G D B Y W H Z T C R R R P P M
K I Y L A T I F U E D F O S A
B Y W U S Q L N B G O M L K I
K I F D B Z X W A D A N A C S
U S Q O N L J H F P D N N S S
C A Y W V T S Q P N A L D K U
I H F E C B Z Y W V U J S A R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Canada, China, Cuba, France, Germany, Great Britain, Italy, Japan, Kenya, Poland, Russia, S. Korea, Spain, U.S.A., Uganda

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## Wishing Well®

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 2 | 7 | 6 | 5 | 7 | 3 | 5 | 7 | 5 | 4 | 7 | 2 | 7 |
| A | S | Y | L | E | Y | I | E | F | U | K | V | T |
| 6 | 5 | 8 | 3 | 8 | 6 | 2 | 8 | 7 | 3 | 6 | 4 | 7 |
| O | E | Y | O | O | U | I | U | H | U | W | P | E |
| 8 | 5 | 6 | 3 | 5 | 3 | 6 | 4 | 6 | 4 | 5 | 8 | 6 |
| W | I | R | G | S | A | I | H | T | O | G | I | E |
| 5 | 4 | 6 | 3 | 4 | 8 | 2 | 4 | 2 | 6 | 5 | 2 | 3 |
| O | L | A | I | D | L | S | T | I | P | O | T | N |
| 6 | 7 | 3 | 8 | 4 | 2 | 6 | 4 | 7 | 2 | 7 | 3 | 4 |
| O | T | R | L | H | T | E | E | R | O | U | E | T |
| 2 | 6 | 8 | 4 | 2 | 7 | 5 | 4 | 3 | 4 | 7 | 3 | 8 |
| T | M | G | R | H | T | D | U | S | T | H | P | O |
| 4 | 3 | 2 | 3 | 2 | 3 | 8 | 2 | 8 | 2 | 8 | 2 | 2 |
| H | E | E | C | B | T | F | E | A | A | R | C | H |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## Salome's Stars

**ARIES** (March 21 to April 19) You're not Sheepish when it comes to asserting your opinions on what you think is right or wrong. Be assured that you're being heard, and something positive will follow.

**TAURUS** (April 20 to May 20) Your sense of justice makes it difficult not to speak up about a recurring matter involving a co-worker. But, once again, you need facts to back you up before you can act.

**GEMINI** (May 21 to June 20) Romance is still dominant, and if Cupid misfired before, don't worry. He'll take better aim at someone new this time around. Expect favorable news about a financial matter.

**CANCER** (June 21 to July 22) The zodiac's Moon Children can expect things to work out pretty much as planned. One negative note involves a minor relationship problem that suddenly turns serious.

**LEO** (July 23 to August 22) You're suddenly being asked to make choices between two practically equal offers. Which one to choose? Easy. The one most likely to gladden your Lion's heart.

**VIRGO** (August 23 to September 22) Once again, you're confronted by a workplace problem you thought you'd already resolved. This time, you might need to go higher up to find a just resolution.

**LIBRA** (September 23 to October 22) Good for you: You're determined to stick with your goals and ignore those naysayers who might try to discourage you. You're on the right track. The challenge now is to stay on it.

**SCORPIO** (October 23 to November 21) You'll soon get news that is supposed to help you with a troublesome situation. Use your sharp Scorpion instincts to determine if the information is reliable.

**SAGITTARIUS** (November 22 to December 21) If you learn someone has betrayed your trust, don't just accept it and walk away. You need to know why that person decided to do what he or she did.

**CAPRICORN** (December 22 to January 19) A painful family relationship problem could finally begin to heal. Be prepared to show more flexibility than you might like. But it could be worth it.

**AQUARIUS** (January 20 to February 18) It's a good idea to enhance your career skills so you'll be prepared to accept a more responsible position when it's offered. A friend returns a favor just when you need it.

**PISCES** (February 19 to March 20) Show that strong, steely backbone that you usually hide, and demand to be included in any family decision-making that could affect the well-being of a loved one.

**BORN THIS WEEK:** You can be happy being alone at home. But you also love exploring the world outside and meeting new people and sharing new ideas.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: W equals T

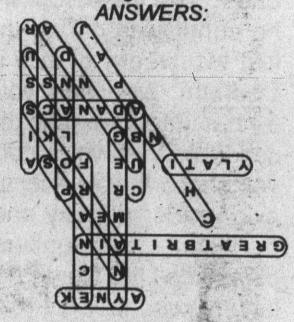
WC ALUS RD SLRXL JYUBNXQYA ENAW FWWQEJW WU BRAXUCQY WLQ EUAW WFGQDWQB AFRGUY: "WFY AQFYXL."

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— King Crossword —
*Answers*
**Solution time: 25 mins.**



Magic Maze
*ANSWERS:*



Cyptoquip
*ANSWER:*

TV show in which producers must attempt to discover the most talented sailor: "Tar Search."

# Food And Much More At Quincy Farmers Market



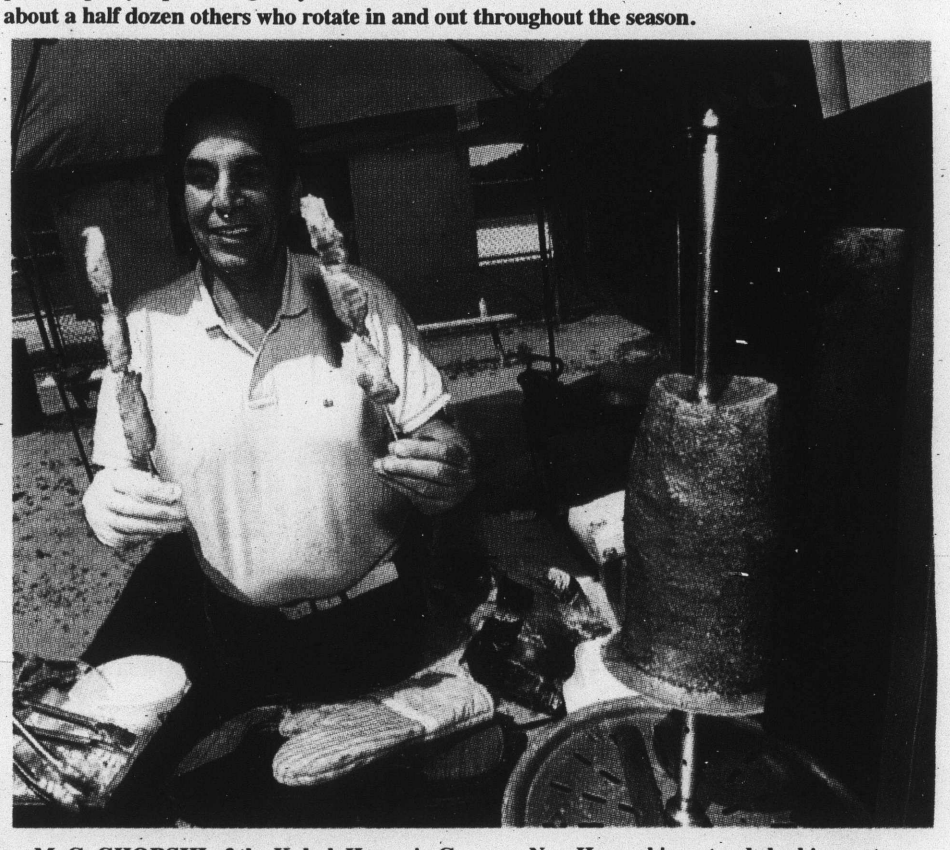
STEPHANIE CUDDY of Quincy checks out the tomatoes during the first day of the Quincy Farmers Market at Pageant Field on June 24. The market is open Fridays from 11:30 a.m. to 5 p.m. at Pageant Field through Nov. 18. *Quincy Sun Photos/Tom Gorman*



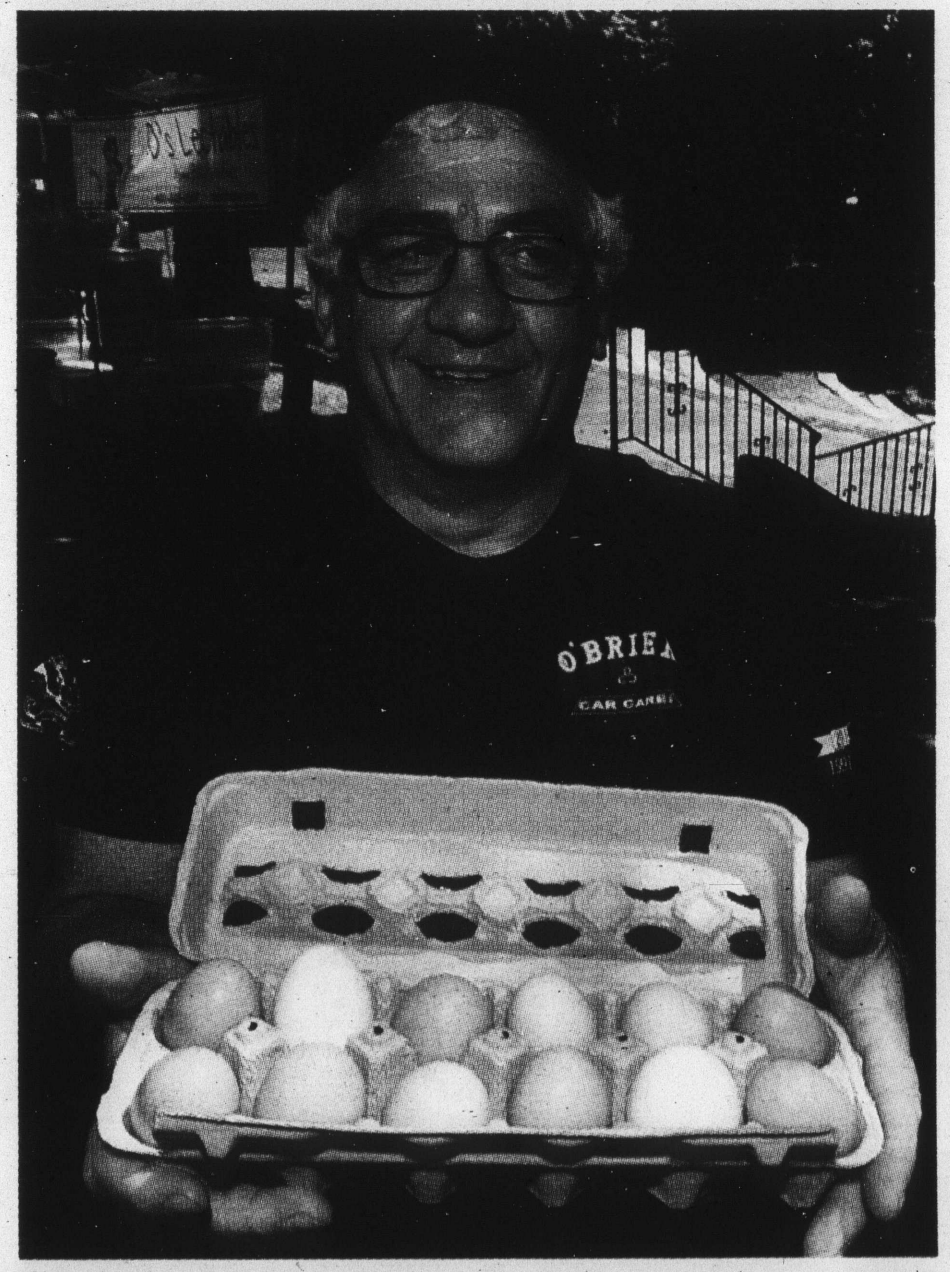

IAN ACKERMANN of Ackermann's Maple Farm in Cabot, Vermont, stands by his bottles of pure maple syrup at the Quincy Farmers Market. The market features 20 full-time vendors and about a half dozen others who rotate in and out throughout the season.



MELISSA JACKLE of O'Brien's Bakery of Quincy relaxes by some tasty pastries.



M. G. GHOBSHI of the Kabob House in Conway, New Hampshire, stands by his roaster.



MIKE OHAN of the Undisputed Chicken in Holbrook offers fresh eggs for sale at the Quincy Farmers Market at Pageant Field, Quincy.



LAURIE HERBOLDSHEIMER of Golden Rule Honey in Leominster offers fresh honey for sale at the Quincy Farmers Market.

# 50 DAYS of "FREE" DOM

## 50+ FREE events ★ June 11-July 30

## Quincy, City of Presidents

## Featured Events July 6-12

### Wednesday, July 06, 2016

**Wolly Beach Wednesdays**
**Wollaston Beach, Quincy Shore Drive**
**All day**
**Free**

Discover Quincy hosts childrens entertainment at 10am, lawn games all day and live music 6-8pm. This week we are across from the Clam Box with Mary Reed the Pirate storyteller at 10am and kids karaoke with Brendan Burchill at 6pm. Help fill the beach with sand castles all day. Visit us each Wednesday until July 27. Events sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation & Recreation.

### Friday, July 08, 2016

**Art Walk Fridays-North Quincy**
**5:00 p.m. - 8:00 p.m.**
**Free**

Free family-friendly arts and entertainment events featuring pop up art galleries, live music, performances, and lawn games. North Quincy focuses on culture and cuisine. Live music, performance by Brady Academy of Irish Dance and outdoor dining on the Vane Street patio. Pop Up Art Gallery at North Quincy Library & Community Center. Featured restaurants include B Cafe, Buccinis, Burke's Seafood, Irish Pub, Shabu and Yocha. Full schedule available online at DiscoverQuincy.com or at participatng locations.

### Saturday, July 09, 2016

**Quincycles, Bikes on the MBTA**
**Quincy Center MBTA Station**
**1301 Hancock Street**
**7:30 a.m. - 11:00 a.m.**
**Free**

Join Quincycles for an experience riding in the city, through downtown Boston and over to Cambridge. We will rest and relax at a coffee shop. There will be the option to ride back to Quincy or to return on the MBTA. Riders should plan to be aboard the MBTA at 7:30am sharp.

### Saturday, July 09, 2016

**Open House at the William F. Ryan Boating and Sailing Facility**
**William F. Ryan Boating and Sailing Facility**
**One Merrymount Parkway**
**Noon - 6:00 p.m.**
**Free**

Come to Black's Creek to canoe, row, kayak or use the stand up paddleboard in a pristine saltwater lagoon. This equipment is available for use throughout the summer with a paid membership valid Fridays from 4:00pm-7:30pm and Saturdays and Sundays from 12:00pm-6:00pm. During these times families with experienced participants may use the rowboats, canoes, kayaks, and sailboats.

### Saturday, July 09, 2016

**Quincy Militia Football vs. Marshfield Hurricanes**
**Veterans Memorial Stadium**
**850 Hancock St.**
**Kick-Off at 7:00 p.m.**
**$10 for adults. $5 for children ages 6-12. Free for all Veterans and children under 6.**

Our hometown team, Quincy Militia is part of the Eastern Football League (EFL), the oldest semi-pro football league in the United States. Quincy Militia Football Merchandise and the Q-Zone Food Concession Stands are open at all home games.

### Saturday, July 09, 2016 & Sunday, July 10, 2016

**Lipton Cup Regatta**
**Squantum Yacht Club**
**646 Quincy Shore Drive**
**Race registration Saturday 8:00 a.m.**
**Races held throughout the day.**
**N-10 and Optimist $50, One Design $50 plus $10 per crew member**

The 30th Annual Lipton Cup Regatta is held in accordance with Massachusetts Boating and Yacht Clubs Association. Featuring junior sailing in the N-10/ Turnaboat, Optimist and Laser fleets and adult racing in the 210, Club 420, Hustler, Laser, Multihulls, Rhodes 19 and Thunderbird Classes. Regatta is a Mass Bay Sailing Association qualifier and the District 7 women's Laser Radial Championship. Spectators can view races anywhere along Quincy Shore Drive.

### Monday, July 11, 2016

**Presidential Wreath Laying in honor of John Quincy Adams, 6th President of the United States of America**
**Adams Crypt at United First Parish Church**
**1306 Hancock Street**
**12:00 p.m.**
**Free**

Each year on their birthday anniversaries the President of the United States sends a wreath to the church to be placed on the tombs of the Presidents. The ceremonies are open to the public and attended by local, state and government officials.

**Discover Quincy**

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 11, we welcome you to participate in over 150 events.

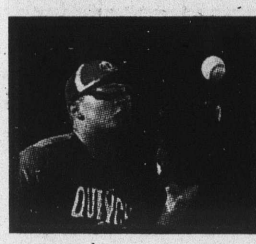
★ Red Star = Free ☆ White Star = donations accepted ★ Blue Star = admission

## Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

## For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117



Phillies Top Bourne In Cranberry Baseball Action - *Page 19*
Opioid Crisis: Progress Made, Roadblocks Remain - *Page 13*
Ask John Paul - AAA New England's Car Doctor - *Page 21*

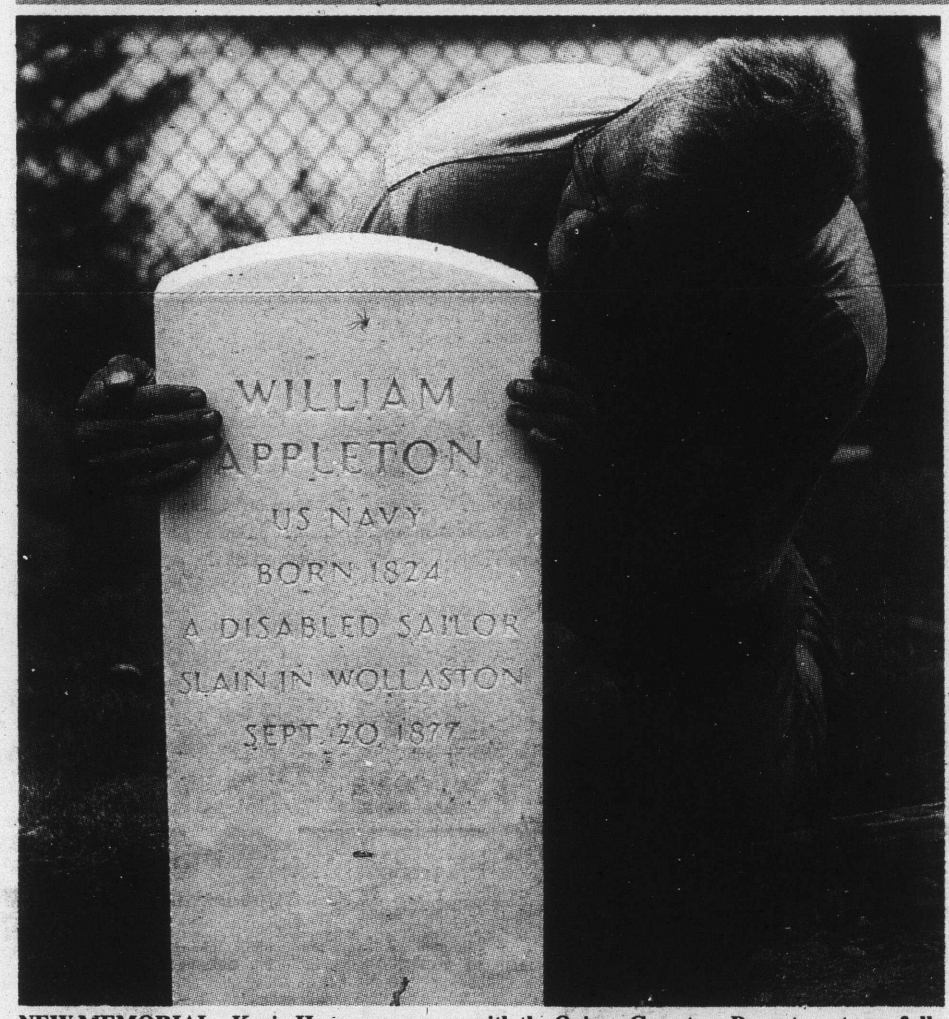


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# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 43 Thursday, July 14, 2016 75¢




**NEW MEMORIAL – Kevin Hannon, a mason with the Quincy Cemetery Department, carefully places a new marble monument for William Appleton in Sailors Pond Cemetery. The new memorial corrects a decades-long error at the cemetery with the proper information for William Appleton who was actually a murder victim in 1877. The previous stone for "William Appleton" referred to a Civil War soldier by the same name who was killed in the Battle of Gettysburg and likely buried in an unmarked grave somewhere near that historic battlefield. More on Page 4.**

*Quincy Sun Photo/Robert Bosworth*

# Squantum Ferry Service Includes Four Daily Trips

## *Begins Aug. 8 To Rowes Wharf, Spectacle Island*

**By SCOTT JACKSON**

Ferry service is set to return to Quincy in August after a nearly three-year absence and includes four daily departures from Squantum Point Park, with trips headed to Rowes Wharf in Boston and Spectacle Island.

The ferry service is being launched as part of a pilot program and is scheduled to run in August and September. Quincy is working in partnership with Winthrop, which debuted its own ferry service this year, on the pilot program. The city has been without ferry service since September 2013, when the MBTA closed its terminal at the Fore River Shipyard in Quincy Point.

A tentative schedule provided by Ward 6 Councillor William Harris has four ferry trips taking place on weekdays, starting Aug. 8.

The first trip would arrive in Quincy at 7 a.m., leaving five minutes later for Rowes Wharf, which it would reach at 7:25 a.m. The second trip would arrive in Quincy at 9 a.m., departing five minutes later and arriving Rowes Wharf at 9:30 a.m. and Spectacle Island at 10 a.m.

The third trip arrives in Quincy from Spectacle Island at 3:35 p.m. It departs Squantum five minutes later, arriving at Winthrop at 4:05 p.m. The final weekday trip to Squantum would leave Rowes Wharf at 4:45 p.m. and arrive in Quincy at 5:10 p.m. before returning to Winthrop.

Four trips would also be included on Saturdays and Sundays.

The first ferry arrives in Quincy from Rowes Wharf at 11:15 a.m. and leaves five minutes later bound for Spectacle Island, arriving at 11:45 a.m. The second leaves Spectacle Island at 3 p.m., arrives at Quincy at 3:25 p.m. and heads to Rowes Wharf, arriving at 3:55 p.m.

The third and fourth trips both reach Quincy from Rowes Wharf. The third leaves Rowes Wharf at 6

*Cont'd On Page 2*

### 'Around The Wards'

*The Quincy Sun* is running a series of articles this summer highlighting the city's six wards. "Around The Wards" this week features Ward 6 and an interview with city councillor William Harris.



**PRESIDENTIAL WREATH commemorating the 249th birthday anniversary of John Quincy Adams Monday is placed on the tomb of the Sixth U.S. President in the crypt of United First Parish Church, Quincy Center. Those taking part in the ceremony included (from left) Mayor Thomas Koch (foreground), Commander Brian Vandiver, Navy Operational Support Center, Quincy; Rett Adams, son of the late Peter Boylston Adams, descendant, Adams family; and Rev. Rebecca Froom, minister, United First Parish Church.**

*Quincy Sun Photo/Robert Bosworth*

# JQA Hailed As Visionary

## *Sixth U.S. President Honored On 249th Birthday Anniversary*

**By SCOTT JACKSON**

John Quincy Adams was hailed as a visionary and a man ahead of his time as city officials and community members gathered Monday to remember the sixth U.S. president on his 249th birthday.

A wreath-laying ceremony was held at noon Monday inside the United First Parish Church, where Adams and his wife, Louisa Catherine, are entombed. This was the 46th year the ceremony has been held in the church, a

Peter Boylston Adams Remembered - Story On Page 15 -

*Cont'd On Page 16*

City Hall Parking Behind Munroe Building - *Page 3*
The Truth About Urinary Tract Infections - *Page 9*
Two Workers Injured In Theatre Wall Collapse - *Page 11*

More Quincy news:
The Quincy Sun.com

# Harris: Squantum Ferry Program 'Win-Win For All'

*Cont'd From Page 1*

p.m., leaves Quincy at 6:30 p.m., and arrives in Winthrop at 6:55 p.m. The fourth trip leaves Rowes Wharf at 8:10 p.m., leaves Quincy at 8:40 p.m., and arrives in Winthrop at 9:05 p.m.

A trip on the ferry will cost $8.75, seniors will be able to board for $6.75 and there will be no charge for children ages 10 and under.

A community meeting on the pilot ferry program is scheduled for Monday, July 18 at 6:30 p.m. at 500 Victory Rd.

Harris, who represents Squantum, Marina Bay and parts of North Quincy, expressed support for the pilot program, saying it was a "win-win" for all involved.

"It was a win-win proposal to get the ferry running and the ball moving two years ahead of time and this will allow us to work out the kinks such as ferry schedules [and] Commander Shea Boulevard improvements, so when it starts up again next year there will be smooth sailing," Harris said.

"This pilot program is not a pass or fail test. It's happening to build a great system of transportation to help the citizens of Marina Bay, Ward 6 and all of Quincy. The sky is the limit where this will go. Ferries to Provincetown, Spectacle Island and beyond. Tourism to our businesses in the marina will boom."



**WARD 6 COUNCILLOR William Harris believes ferry service debuting in August as part of a pilot program is a "win-win" for residents of the district he represents and the city as a whole. Four trips will depart Squantum Point Park daily, traveling to Rowes Wharf in Boston and Spectacle Island. The pilot program is being done in partnership with Winthrop, which launched its own ferry service this year using a 70-person vessel. Harris is pictured at the pier at Squantum Point Park the ferry will utilize.**

*Quincy Sun Photo/Robert Bosworth*

The Massachusetts Department of Conservation and Recreation, which manages the 46-acre Squantum Point Park, will charge $5 for parking at the site's parking lot once the ferry service begins. Harris said city officials were concerned about people being charged for parking if they are using the park and not taking the ferry, and as a result the DCR will allow parking for up to one hour for free.

"Not only is it going to be good for the folks who do visit there for an hour a day – think about when some of those businesses open up," Harris said. "You can have lunch for an hour or go visit somebody for an hour, or even be able to walk the boardwalk and back for an hour at Marina Bay and not have to pay.

"Five dollars the minimum that DCR parking lots pay, and I think it's a good thing that they kept it at that price, especially while the ferry service trying to start itself up and get off its feet. Let people have a chance to see how it works."

Additionally, the DCR plans to keep the parking lot open overnight, which Harris said would be "incredible" because it would allow Marina Bay residents to have overnight visitors and gives the businesses there more parking for customers at night.

"It's a win-win for everybody involved," he stated.

Presently, the only way to access Squantum Point Park is via Victory Road, which is privately owned. The DCR is in talks with Boston Scientific about extending Commander Shea Boulevard to provide access into Squantum Point Park. Harris said the extension of the road, and the addition of a new northbound lane on Commander Shea Boulevard at the on ramp to Quincy Shore Drive, will be completed next year.

"This is an incredible move to help alleviate the traffic leaving Marina Bay," he said.

*Con't On Page 12*

# Father Bill's Receives $5,000 For Narcan Training

Father Bill's & MainSrping has received a $5,000 grant from the Blue Hills Community Health Network Alliance (CHNA 20) to conduct Narcan straining at Father Bill's Place emergency shelter in Quincy.

FBMS plans to hold three trainings for emergency shelter staff in the next 12 months, enabling the shelter to become more responsive and prepared to address this growing community need. Father Bill's Place serves nearly 1,000 homeless men and women annually, many of whom suffer from substance abuse issues.

"There is a great need – not only in the shelter, but in the community – for access to health services, and Narcan in particular," said Jon Lanham, Triage Director at FBMS. "It's important for us to remain responsive to the needs of the people we serve. We are grateful that this grant from CHNA 20 will help us continue to do that."

Narcan, a brand name for the drug Naloxone, works by blocking the effects of opiates to relieve dangerous and potentially fatal symptoms. The rising cost of the drug has prohibited FBMS from fully preparing the facility and staff to address an opiate overdose.

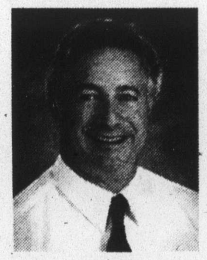
As one of eight organizations selected to receive funding through the Community Grant Program, FBMS was able to meet CHNA 20's goal of improving access to care and fostering community collaborations.

New! Less Effort, New! Better Sound

When you strain to hear, you struggle to keep up with conversations. It can be exhausting.

The new Oticon Opn™ features a revolutionary microchip that provides 20% less listening effort and 30% better speech understanding than other leading hearing aids. Your brain won't work as hard to hear, leaving it free to perform other tasks and focus on what's important. Make life more rewarding with better hearing! Connect to family, friends and the things that you enjoy in life. We are three generations dedicated to better hearing in the Boston area since 1959.

**Save $500.00** Off of each Oticon Opn™ (while supplies last)
Free hearing test and consultation
Free demo model to try at home
Offer expires 07/31/16

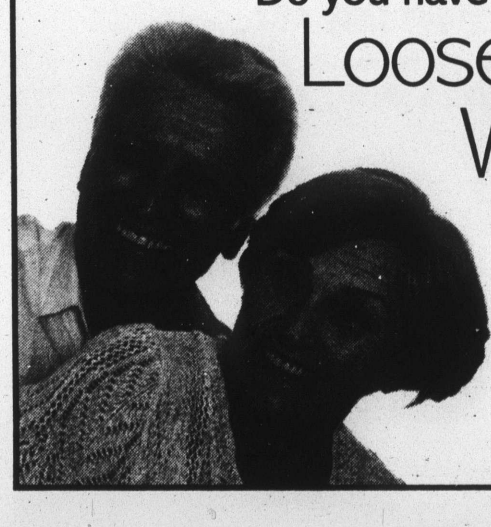


Stephen P. Tobias B.C. HIS
MA Lic #59
B.S. Science UMass 1978

**CALL** to schedule your free hearing test and consultation!
617 770-3395 Let our family take care of yours!

**Tobias Hearing Aids, Inc.**
**382 Quincy Ave, Quincy** near Roche Bros and Wal Mart

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# City Hall Visitor Parking Behind Munroe Building

## *New Parking Spaces Along Temple Street*

Parking spaces are available in the lot between the Quincy Center MBTA station and the Munroe Building for residents visiting City Hall.

Chris Walker, a spokesman for Mayor Thomas Koch, said there are between 10 and 15 spaces available in the parking for visitors coming to City Hall. Each of the spots has a one-hour limit.

The portion of Hancock Street between City Hall and the United First Parish Church closed in June, resulting in the loss of several parking spaces. The closure was necessary as the city constructs the Adams Hancock Green, a new park that will connect the two historic buildings.

Walker said the overall loss of spaces resulting from the closure would be "minimal" once new parking spaces on Temple Street adjacent to the church open. There were no parking spaces on that side of the street previously; parking spaces on Washington Street next to the church were retained during the roadwork.

"Folks will be able to park on either side of the church and without crossing the street they will be able walk to City Hall," Walker said.



**SONS OF THE American Legion, Squadron 294, Morrisette Legion Post, recently hosted its annual barbecue for 35 veterans from the Brockton VA Hospital at the Post home. Every vet got a tee shirt from the Flags for Veterans Island fifth anniversary. They also got coupon books so they can purchase things at the commissary. Joe Brill provided them with hats, sun glasses and bags. Steve Fowles was the DJ for this event. Officers for 2016-2017 are (from left) Jimmy Gill, Joe Brill (Senior Vice) Joe Macdonald (Chaplain) Noel DiBona (Junior Vice) George Bouchard (Sergeant at Arms) Mike Norton (judge advocate) Paul Moody (Commander) Steve Fowles, Fred White (state Vice Commander) and Guy Ferris (financial officer). Missing from photo is Bob Lewis (historian).** *Photo Courtesy Karen Moody*

# Meeting Thursday On Proposed 5-Story Residential Building At 23-31 Bridge St.

Ward 5 Councillor Kirsten Hughes and Ward 1 Councillor Margaret Laforest will host a community meeting tonight (Thursday) on Boston Property Development's proposal to construct a five-story residential building at 23-31 Bridge Street.

The meeting will begin at 6:30 p.m. at old City Hall (James R. McIntyre Government Center), 1305 Hancock St., lower level meeting room.

All neighbors are invited and encouraged to attend and participate.

The proposed structure would be a new, multi-family building consisting of 60 units and 110 underground garage parking spaces. The project will require review and approval of the Quincy Planning Board and the Zoning Board of Appeals. Hearing dates for both Boards will be scheduled at a later date. Immediate abutters will receive notification from the Applicant once the meetings are scheduled.

Ward 5 residents with questions can contact Council President Hughes by phone at (617) 376-1355 or by email at khughes@quincyma.gov.

Ward 1 residents with questions can contact Councillor Laforest by phone at (617) 376-1351 or by email at mlaforest@quincyma.gov.

# Beach Friends 'Book And Boogie' July 21

The Friends of Wollaston Beach (FoWB) will host a "Book and Boogie" Thursday, July 21 from 6 to 8 p.m. at the Tot Lot at the intersection of West Elm Avenue and Quincy Shore Drive.

Attendees are asked to bring a lightly-used children's book to swap, or to donate to the Thomas Crane Public Library. The free family-friendly book and dance-party event is supported by Save the Harbor/Save the Bay, the City of Quincy and state Department of Conservation and Recreation.

On Thursday, Aug. 18 "Finding Nemo" will take place at the Tot Lot from 7 to 9 p.m.

For more information visit wollastonbeach.org.

FoWB recently kicked off its 10th season with the Annual Kids' Fest attended by hundreds of people. Events included face painting, games with prizes, dancing with DJ Mark McGillicuddy, and bouncy houses.





Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



## TAKEN TO HEART

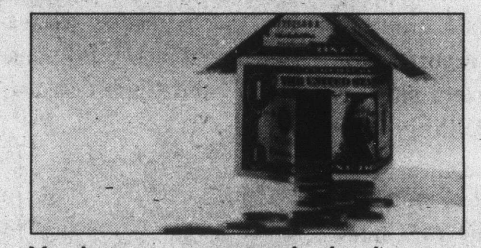
While nearly three-quarters of the diamonds sold in the United States are round, brilliant-cut, there is a subset of diamond lovers who favor heart-shaped diamonds as an unequivocal symbol of enduring love. The best diamonds for this cut are closer to a carat in size since larger diamonds best display the heart shape with a sharp, distinct cleft between the two lobes. Smaller diamonds of a half-carat or so may be less apt to be perceived as a heart-shaped diamond. A three-prong setting with one point on each lobe and one at the point will best preserve the heart outline of a smaller stone. Heart-shaped diamonds also come in a variety of silhouettes, with a length-to-width ratio of 1.00 being the most classic.

For hearts that are to be set in pendants, buyers may prefer a slightly narrow cut (1.05-1.15), while for hearts set in a solitaire ring, a slightly wide cut (.85-1.00) may be most appealing. For more information, please call Rogers Jewelry at 617-773-3636. Our prices have always been more than competitive with no fake markups in order to offer huge discounts. We invite you to stop by our store at 1402 Hancock St. in Quincy Center.

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• On **July 31, 1715**, a hurricane strikes the east coast of Florida, sinking 10 Spanish treasure ships and killing nearly 1,000 sailors. Although much of the gold and silver was salvaged, coins and other artifacts occasionally wash up on Florida beaches.

• On **July 25, 1898**, during the Spanish-American War, U.S. forces launch an invasion of Puerto Rico. With only seven deaths, U.S. troops under Gen. Nelson Miles were able to secure the island by mid-August.

• On **July 26, 1908**, the FBI is born when U.S. Attorney General Charles Bonaparte orders a group of 10 newly hired federal investigators to report to the Department of Justice. Notorious gangsters such as George "Machine Gun" Kelly and John Dillinger met their end at the hands of the FBI.

• On **July 27, 1953**, after three years of bloody war, the United States, the People's Republic of China, North Korea and South Korea agree to an armistice, bringing the Korean War to an end. The war cost the lives of more than 50,000 Americans.

• On **July 29, 1976**, the "Son of Sam" fires five shots in the first in a series of shootings that would terrorize New York City over the course of the next year. Shooter David Berkowitz claimed that "Sam" was his neighbor Sam Carr, who transmitted his kill orders through his pet black Labrador.

• On **July 28, 1990**, Maximo Menendez falls into a coma and later dies after drinking a Colombian soft drink, Pony Malta de Bavaria, in Florida. The soft drink had been laced with liquid cocaine, apparently by smugglers who planned to reclaim the bottles.

• On **July 30, 2003**, the last of 21,529,464 Volkswagen Beetles built since World War II rolls off the production line at Volkswagen's plant in Mexico.

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## HN Community Council Chris, Trudy Peter Blood Drive July 19

The Houghs Neck Community Council will hold its annual Chris and Trudy Peter Blood Drive on Tuesday July 19 from 2 - 8 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

Call ahead and make an appointment at 1-800-733-2767 or visit redcrossblood.org. Also fill out all health questions at rapid pass on their site.

Walk-ins are also welcomed but reservations are recommended.



# Son Beams

By ROBERT BOSWORTH

# New Grave Marker Makes It Right

If you take a stroll through Sailors' Home Cemetery, you may not notice it at first.

But it's worth a careful look and a moment of reflection.

Along the several rows of white headstones marking the graves of more than 100 Civil War veterans is a marble monument that looks noticeably newer than the rest.

The name on the grave marker reads William Appleton.

In the past frequent visitors to the cemetery off Fenno Street in the Beechwood Knoll area of Wollaston have probably seen a memorial with the name William Appleton etched along with the date of death: July 4, 1863. The headstone also noted that this William Appleton was a corporal in the Union Army, Massachusetts Regiment, during the Civil War. He died one day after the three-day Battle of Gettysburg ended. It was the bloodiest battle of the Civil War with more than 7,800 soldiers from the Union and Confederate Armies killed.

But if you recall a story in this space last December, this Civil War veteran William Appleton is not the William Appleton who is actually buried here.

In fact, the location of the remains of the William Appleton presumably buried here for many years is not known. He may be one of the many unknowns in the National Cemetery in Pennsylvania or in the fields and farms around the Gettysburg battlefield.

It took some research led by Denis Gearin of Beechwood Knoll, a member of the Quincy Cemetery Board of Managers, to determine that another William Appleton is buried at Sailors' Home Cemetery.

"As he got going with his research, he noted it was odd that someone who died in 1863 is buried in a cemetery that would not have been in existence until 1867," said Chris Cassani, Quincy's park director. "It prompted him to do some research on how did this headstone get here and who is buried here."

It's reasoned the original headstone probably replaced a wooden cross or was placed at an unmarked grave years ago. Some believe the wooden crosses had just a name on them and when they were replaced with marble markers, it was assumed the William Appleton buried here was the Union soldier since other Union soldiers are buried here. The first grave marker was probably installed more than 100 years ago in the early 1900s.

"Most of the people who are buried here have been identified but no one ever discovered or at least made it public that the headstone for William Appleton who died at Gettysburg is not for the individual who is actually buried there," Cassani said.

The Union soldier named William Appleton lived in Boston and was the son of Thomas and Adeline Appleton. A carpenter by trade, he enlisted in the Union Army at the age of 21. He mustered on May 24, 1961 and died of wounds July 4, 1863 – one day after he was wounded in action.

More research eventually determined that the William Appleton who is actually buried at the cemetery was a Quincy resident. A crippled sailor who was born in Jamaica, he had lived for a number of years at the old Sailors' Home – a nursing home for former mariners, sailors and other veterans that once existed nearby.

This William Appleton did not die in battle.

He was killed in broad daylight in a busy section of Wollaston nearly 140 years ago. On that tragic day Sept. 20, 1877, Mr. Appleton was in Wollaston near the train depot at Beale and Depot Streets.

"He was a mild-mannered guy by all accounts and he was murdered by a guy named Michael Murphy," Cassani said, reading from an old newspaper clipping

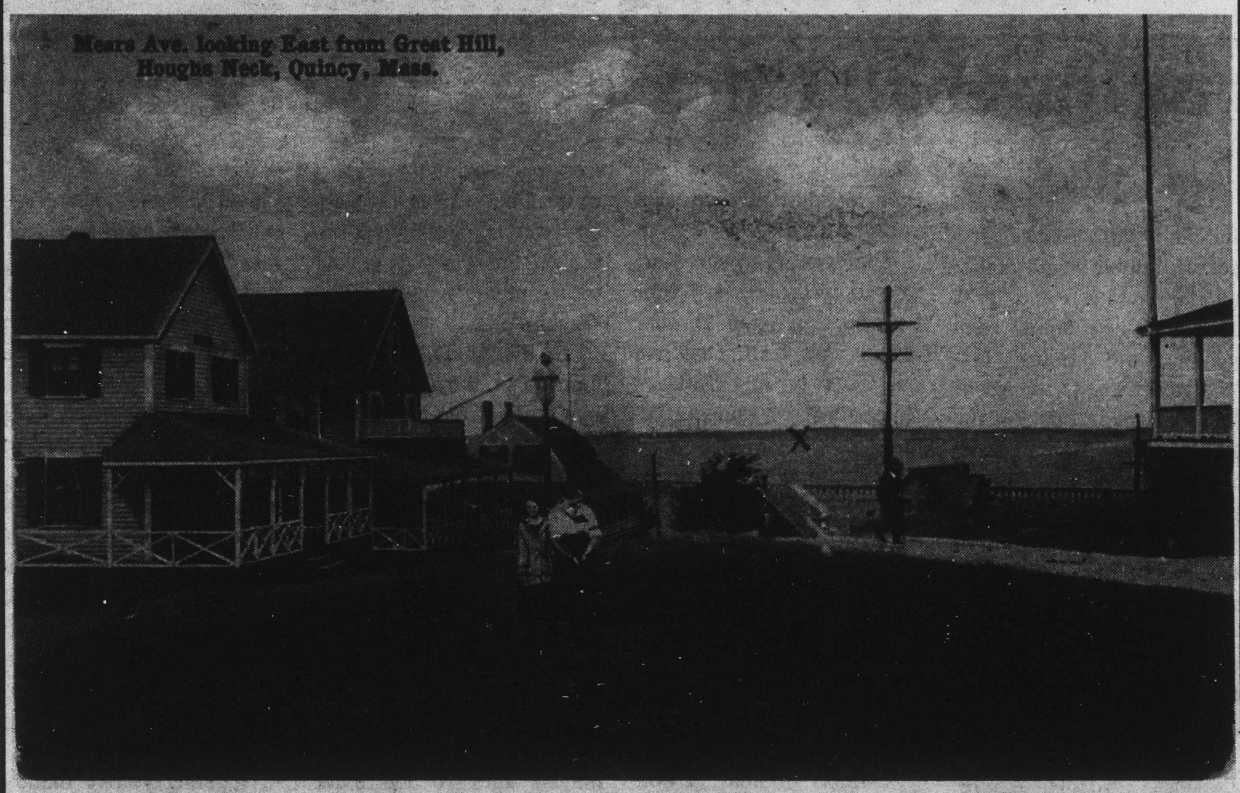
*Cont'd On Page 25*




**QUINCY CEMETERY WORKERS (from left) Michael Gibbons, working foreman; Kevin Hannon, mason; and Paul Hennessy, general foreman install a replacement stone for William Appleton, correcting a decades-long error at Sailors' Home Cemetery in the Beechwood Knoll section of Wollaston. This William Appleton was a resident of the Sailors' Home that was in existence near the cemetery. He was murdered in Wollaston on Sept. 20, 1877. For as many as 100 or more years the grave was marked by a different headstone for another William Appleton, a Union soldier who died one day after the Battle of Gettysburg July 4, 1863.**

*Quincy Sun Photo/Robert Bosworth*

# Scenes From Yesterday




**THIS 1915 postcard is a view of Mears Avenue on the top of Great Hill in Houghs Neck. In the water below the X can be seen the old pier that was used during construction of the Nut Island sewer plant. Mears Avenue was named for James Mears who owned and operated the Great Hill House, a hotel located at the foot of the hill. While it was not a large hotel the Great Hill House was an important attraction of Houghs Neck in the late 19th century. The out of proportion people in this picture were added by the printer to make it more interesting. The Houghs Neck Drug Store published this postcard which was addressed simply to Mrs. Powers, Hudson, Mass. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

## Readers Forum

## Found A Baby Bird? - Here's What To Do

I found a baby bird.

Now what?

If the chick isn't sick or injured, or in harm's way, the best thing to do, is leave it alone. It is natural for baby birds to leave the nest, and the parents will be nearby, bringing it food.

If you must move it, you can place it in a small open container lined with tissue. Something such as a cardboard strawberry container will be perfect.

It is a myth that the parents will abandon the chick if you touch it.

If the baby bird is unable to perch on your finger, it may be a nestling and is very young. Place it into the container, and place into a high shrub, or suspend it from a branch with string.

If the baby bird can perch on your finger without falling off, it is a wee bit older, and is a fledgling. It can be placed directly onto a shrub top, or high branch, but probably won't stay there long.

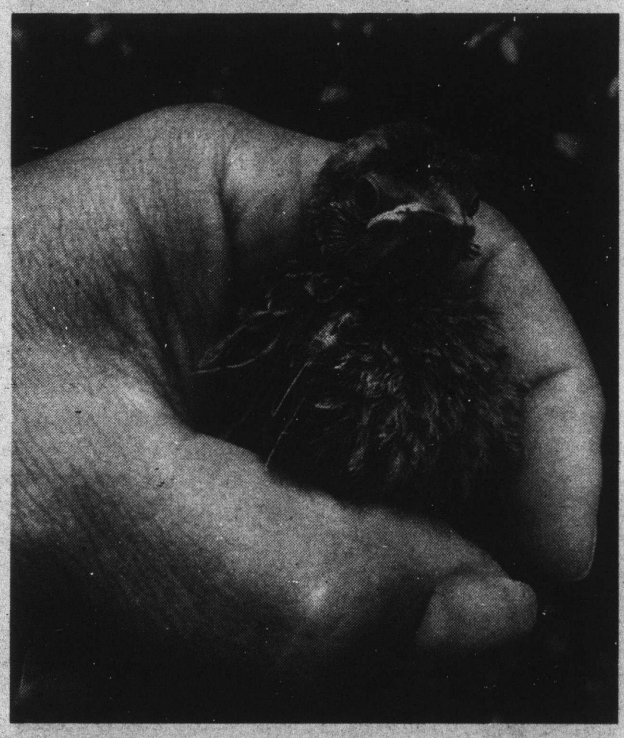
Remember not to move the baby too far from where you found it, or the parents won't be able to find it and feed it.

Be sure to keep your pets indoors, and away from these areas.

Don't try to keep the bird and raise it. Baby birds eat every 15-20 minutes all day and some have very specialized diets.

If the bird is sick or injured, or if the parents have been harmed and do not return to feed the baby, call the New England Wildlife Center for further help at 781-682-4878.

Karen Walker
Houghs Neck



**IF YOU FIND a baby bird like this song sparrow chick, it's best to leave it alone. If the bird appears sick or injured, call the New England Wildlife Center for help.**

## QHS Class Of 1966 50th Reunion Aug. 20

Quincy High School Class of 1966 will hold its 50th reunion Saturday, Aug. 20 at the Tirrell Room, 254 Quarry St., Quincy, from 6 to 11 p.m.

The evening will featuring dancing and music of Dave Becker, DJ Plus.

Dinner will be served at 7 p.m.

For further information call Pat (Walsh) Matterazzo at 781-706-5103 or Steve Demaggio at 781-331-4736 or email qhsclassof1966@gmail.com.

More information is also available at www.http://qhs1966.com.

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# Quincy's Yesterdays

This Week
**1976**
40 Years Ago

## Hancock St. A Mall For Sidewalk Bazaar

The seventh annual Sidewalk Bazaar kicked off on Thursday, July 15 with Hancock Street turned into a pedestrian mall for three days.

The event is sponsored by the Quincy Center Business and Professional Association. Some 30 booths, gaily striped and canopied, dot both sides of Hancock Street, displaying the wares and programs of downtown merchants, civic groups and fraternal organizations. Music will be provided by Baron Hugo and his pageant orchestra, and the Quincy High Alumni Band.

Highlight of the festivities will be the selection and crowning of Miss Quincy Bay Friday evening.

**$25,000 REHABILITATION PROGRAM FOR SOUTHWEST AREA**

A comprehensive community rehabilitation program will get underway shortly in the Water Street – Southwest Quincy area, it was announced by the Department of Planning and Community Development.

Estimated costs were pegged at $25,000, including federal funds from the Community Development Block Grant and the Housing Rehabilitation Loan Program. Planning Director Lars N. Lundin said the immediate objective of the program will be to correct those conditions, which exist in the neighborhood, which endanger the health and safety of the residents.

**QUINCY-ISMS**

**Queen Elizabeth II** of Great Britain, during a visit to the Greater Boston area, cut a cake made for her by Quincy's master baker **Ernest Montilio**... **Rep. Joseph E. Brett** (D-Quincy) announced his candidacy for a 10th term as state representative in the Third Norfolk District. (Editor's Note: He didn't make it.)... **Maria Del Rosso**, daughter of Mr. and Mrs. Stephen J. Del Rosso, 10 Willow St., Wollaston, was awarded the degree of Bachelor of Science Magna Cum Laude, from Suffolk University... **Michael W. Morrissey**, 22, of 88 Colby Rd., announced his candidacy for State Representative in the Third Norfolk District. Morrissey is a graduate of North Quincy High School and the University of Massachusetts at Amherst. (Editor's Note: He made it.)... Marine Private First Class **Richard A. Mountford**, son of Mr. Henry Mountford, 180 Essex St., Squantum, reported for duty at the Marine Corps Air Station, New River, Jacksonville, Florida... The Wollaston Theater, Beale St., was featuring Bill Cosby and Raquel Welch in "Mother, Jugs and Speed." Admission $1... **Robert T. Batson** of Quincy, received a degree in fire science with high honors... Some 400 parents and youngsters attend the Koch Club's 29th annual picnic at Pageant Field, Merrymount. **Richard J. Koch**, executive director of the Koch Club, called it one of the most successful such events in the Club's long history... **Eleanor Villard**, 44 Burns Ave., Quincy Point, was elected president of the Catholic Young Adults Organization (Chi Rho) of the Boston Archdiocese, the first woman to hold the post in the group's 20 year history... **Mrs. Nancy Santry** was elected chairman of the Lincoln-Hancock Community School Council. **Ronald Kaufman** was elected vice-chairman, **Deborah Ross**, recording secretary, **Thomas Brow, Jr.**, treasurer and **Mrs. Edie Ruta**, corresponding secretary... **City Councillor at-Large Paul Harold** was covering the Democratic National Convention in New York City for *The Quincy Sun*... The Pilgrim Luncheonette, 1472 Hancock St., Quincy Center, was asking visitors to the Sidewalk Bazaar to "Dine With Us, Great Food, Great Service."... Quincy Typewriter Service, 5 Maple St., Quincy Center, offering a Smith Corona Coronet Super 12 Typewriter for $229, $10 off with a copy of this ad... **Henry Bosworth** of *The Quincy Sun* and **Kenneth P. Fallon, Jr.**, of WJDA were co-chairmen of the Miss Quincy Bay Pageant... Navy Fireman Apprentice **Joseph T. Keller, Jr.**, son of Mr. and Mrs. Joseph Keller, Sr., 207 Whitwell St., graduated from the Hull Maintenance Technician School at the Naval Training Center, San Diego, Calif... **James C. Fratolillo**, 374 Manet Ave., Houghs Neck, was accepted into a seven week summer program at the Berklee College of Music in Boston.

# Arts & Entertainment

## Bubbles, Bracelets & Baseball Cookies At The Library

### *Events, Activities For Children This Week*

By JULIE RINES
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**Baseball Cookies @ Adams Shore**

On Thursday, July 14th at 2 p.m. children ages 7 and older are invited to join Miss Lori at the Adams Shore Branch for a super sweet afternoon decorating cookies.

**Night Owls Book Club**

On Thursday, July 14th at 7 p.m. the Night Owls Book Club for children in grades 3 and 4 will meet to discuss what they have read so far this summer and to get suggestions from their friends for even more books to read.

What have you been reading? What books would you like to recommend to your friends? Looking for some good summer reads? Join us to share your favorites and find some new titles to read over the summer. Any questions? Call 617-376-2411 and ask to speak with Ms. Cronin.

Second graders who will be entering 3rd grade in September 2016 are welcome to join the Night Owls Book Club in July. We can't wait to meet you!

**Bubble Time**

Join us on the lawn outside the children's room on Friday, July 15th at 1o to 11:30 a.m. to blow some bubbles! We will have tubs of bubble solution and plenty of bubble makers to experiment with.

Can you make giant bubbles? Little tiny bubbles? Can you make bubbles with your hands or do you need a bubble wand? Find out if a square bubble wand makes square bubbles and grab some bubble solution recipes to try out at home.

Parents this is sure to be loads of soapy, soaking fun so make sure your children are dressed to get messy.

This program must take place outdoors so in case of bad weather we will blow our bubbles on July 22nd.

Sponsored by the Friends of the Thomas Crane Public Library.

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy.

Drop in from 2 to 4 p.m. up to age 8.

Art-to-go is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 to 4 p.m. to make this week's craft. Craft for the week of July 18th – Baseball player puppet.

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy: 'Mighty Ducks'**

Join us on Monday, July 18th at 2 p.m. at the North Quincy Library for a showing of "Mighty Ducks."

Gordon Bombay, a hotshot lawyer, is haunted by memories of his childhood, when, as the star player in his champion hockey team, he lost the winning goal in a shootout, thereby losing the game, and the approval of his coach.

After being charged for drunk driving, the court orders him to coach a peewee hockey team, the worst in the league, Gordon is at first very reluctant. However, he eventually gains the respect of the kids and teaches them how to win, gaining a sponsor on the way and giving the team the name of The Ducks.

In the finals, they face Gordon's old team, coached by Gordon's old coach, giving Gordon a chance to face old ghosts.

This movie is rated PG and runs for 100 minutes

Sponsored by the Friends of the Thomas Crane Public Library.

**Dungeons and Dragons Encounters Ages 10 and Older**

New and experienced players ages 10 and older are invited to join us on Tuesday, July 19th at 7 p.m. in the Main Library Children's Room for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this monthly Dungeons and Dragons game.

We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play. Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set. Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

**"Let's Play Together" Pajama Storytime**

Join Storyteller Diana Kane in the large meeting room at the Main Library on Wednesaday evening July 20th at 6:30 p.m. for "Let's Play Together," pajama storytimes designed especially for children ages 2-5 and their parents. Come see Ms. Diana for 45 minutes of interactive stories, partner dances, playing in a band and singing together. This program is designed for adults and children ages 2-5 to enjoy stories and songs as a family. This is a great time for you and your children to sing, dance, listen and talk with each other.

Sponsored by the Quincy Cultural Council.

**Friendship Bracelets @ Wollaston**

Whether you've made a friendship bracelet before or not, you're welcome to join us on Wednesday, July 20th at 7 p.m. at the Wollaston Branch. Pick one of two different types of bracelet to make, then pick your colors from red, yellow, green, blue and black. We'll show you the basics and have some more advanced patterns available for anyone who's up for more of a challenge. This program is for children ages 8 and older.

Sponsored by the Friends of the Thomas Crane Public Library

This summer from June 27th through Aug. 31st track your reading online with our new summer reading game. Sign up, log books, and complete challenges. You might even win a prize!

This program is for children up to age 12, teens are invited to join our teen summer reading program.

## Flea Market July 30 At United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Flea Market Saturday, July 30.

The flea market will be held outdoors. In the event of inclement weather, it will be set up inside the church.

The event will also feature grilled hot dogs and the church's Thrift Shop will also be open.

Tables are available for $30 each. Vendors/crafters keep all profits. To reserve a table, call the Church Office at 617-773-3319.

## Lobster Cruise Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up.

For more information call the Kennedy Center at (617) 376-1506. For reservations visit the Kennedy Center at 440 East Squantum St.

## Arts Affair At Marina Bay Deadline For Entries Today

The 21st annual Arts Affair at Marina Bay will be held Saturday, Aug. 6 and Sunday, Aug. 7 in the Marina Bay Corporate Park Lobby and Cafeteria, 500 Victory Rd.

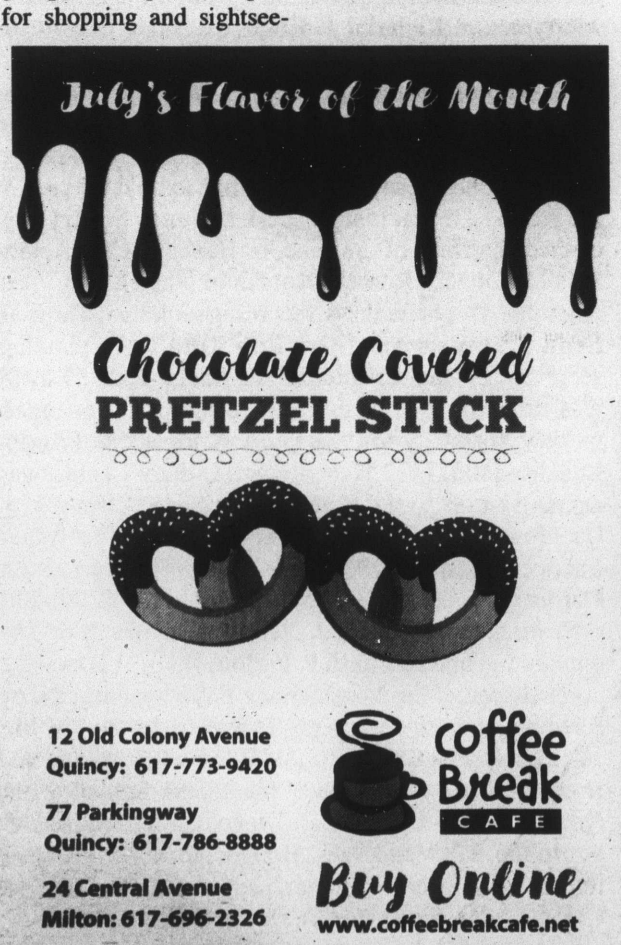
Hours are 10 a.m. to 6 p.m. Aug. 6 and 10 a.m. to 5 p.m. Aug. 7.

Call for entries is now open. Deadline to register is today (July 14.) Up to $1,600 in cash prizes. Fabulous Fakes category back by popular demand.

For more information including registration form visit www.artsaffair.org, or call 781-961-2378.



EDUCATOR'S GREEN SCULPTURE outside Quincy High School honoring past, present and future teachers of the school system is a popular place for local youngsters. *Photo Courtesy Kumu Gupta*

# Social



CAITLIN DARCY



MEGHAN FORDE

## Two Residents Graduate Elizabeth Seton Academy

Quincy students Caitlin Darcy and Meghan Forde, both High Honors students at Elizabeth Seton Academy, Dorchester, were among 29 who recently graduated during commencement exercises held at Cadigan Hall, Boston College High School.

Darcy was senior class salutatorian and she will attend the University of Massachusetts in Amherst in the fall. Forde will attend Assumption College in Worcester this fall.

## 23 Residents Earn Simmons College Degrees

Twenty-three Quincy residents recently earned degrees from Simmons College in Boston.

They are:

Stephanie Man Hay Cho, Bachelor of Science in Nursing from the School of Nursing and Health Sciences.

Claire Marie Feeney, Master of Social Work from the School of Social Work.

Jenna Harmony Halloran, Master of Social Work from the School of Social Work.

Rami C. Meisinger, Master of Science from the School of Library and Information Science.

Courtney Ann Wills, Master of Social Work from the School of Social Work.

Katherine Arleen Cespedes, Master of Social Work from the School of Social Work.

Christina Chau, Bachelor of Science from the College of Arts and Sciences.

Hilary Chen, Bachelor of Science from the School of Library and Information Science, magna cum laude.

Donabel Misagal Duan, Master of Business Administration from the School of Management.

Joyce Elaine Gabiola, Master of Science from the School of Library and Information Science.

Stephanie Anne Hall, Master of Science from the School of Library and Information Science.

Katelyn Marie Irwin, Master of Science from the School of Library and Information Science, magna cum laude.

Shayla Lauren Lowe, Master of Social Work and Certificate in Urban Leadership from the School of Social

Work.

Monica Paula Oliveira, M.S. in Nursing: Family NP from the School of Nursing and Health Sciences.

Chelsea Ann O'Neil, M.S. in Behavior Analysis from the School of Social Work.

Michelle Pearson, Certificate of Didactic Program in Dietetics from the School of Nursing and Health Sciences.

Rebekah Sue Scoggins, Master of Science from the School of Library and Information Science.

Elise Michelle Sheridan, Master of Social Work from the School of Social Work.

Hoi Man Szeto, Bachelor of Science from the College of Arts and Sciences, cum laude.

Ashley Nicole Vachon, Master of Social Work from the School of Social Work.

Hidy Li, Bachelor of Science in Nursing from the School of Nursing and Health Sciences.

Nguyet Le Ly, B.S. in Business Administration from the School of Management, cum laude.

Mary Katherine O'Leary, Bachelor of Science from the School of Nursing and Health Sciences.

## Free Financial Services At QCAP July 22

Greater Quincy Financial REACH Center is offering free financial services Friday, July 22 at 10 a.m. at Quincy Community Action Programs, Inc., 1509 Hancock St., second floor.

Free services include:

- Financial education and coaching
- Credit counseling and repair
- Workforce development, education, and training
- Job search support and referrals.

To RSVP, call Theresa Whittaker, program assistant, at 617-657-5355.



JACQUELYN and NORMAN FRIBERG

## Norman, Jacquelyn Friberg Celebrate 60th Anniversary

Norman and Jacquelyn Friberg, long time residents of 16 Gladstone St., Squantum, celebrated their 60th wedding anniversary June 23.

Norman and Jacquelyn, who both grew up in Quincy, were married on June 23, 1956 at a service held in historic Park Street Congregational Church in Boston. They were married by the then Park Street Church minister, Dr. Harold Ockenga, who served as Park Street Church's senior pastor from 1937-1969.

Norman and Jacquelyn spent many years living and working overseas, where Norman was involved in education and literacy projects. Together with their five children whom they raised overseas, they lived in following countries: Afghanistan, Iran, Turkey, and Kyrgyzstan. Their five children are Wesley, Torrey, Josiah, Norman Jr. (Skipper), and Cathi.

Norman and Jacquelyn also have 18 grandchildren and 5 great grandchildren, one of whom has passed away.

## Ride For Joanna's Place Saturday

Joanna's Place, a not-for-profit organization founded in memory of Weymouth's Joanna Mullin, who was tragically killed in 2007, will hold the 9th Annual Motorcycle Ride Saturday, July 16.

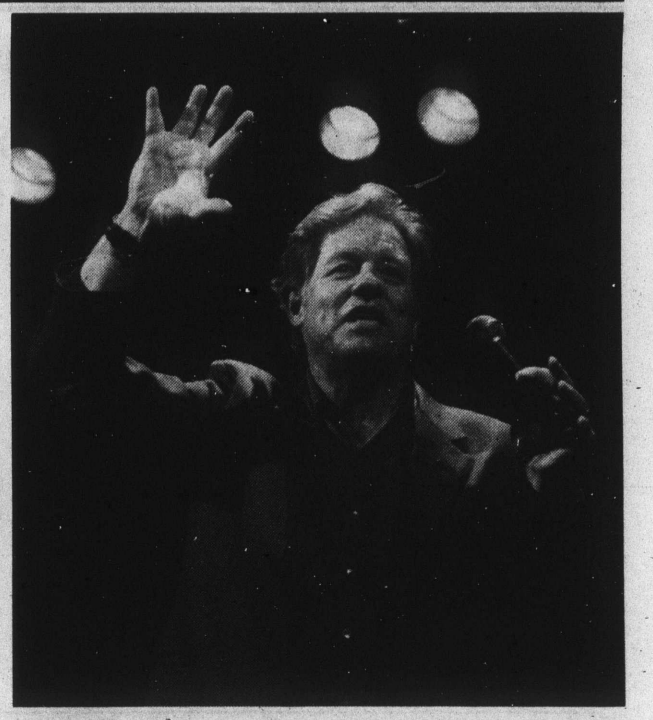
The ride will feature up to 1,000 motorcycles stretching unbroken for over a mile, and will rumble on a 30-mile escorted path around the South Shore. The ride will also feature lunch and many raffle items ranging from gift cards to hotel stays at summer hot spots, thanks to the dedicated generosity of local businesses and friends.

The ride raises money for Joanna's Place, a program that promotes resilience in children and families on the South Shore facing stressful life events.

The ride will begin at the Weymouth Elks, 1197 Washington Street in Weymouth. Registration for motorcycle riders will begin at 10:00 a.m., and the ride itself will start at noon.

"Kids everywhere deal with loss of all kinds, due to cancer, accidents, armed conflict overseas and even divorce," said Heather Mullin, Joanna's mother and one of the event's organizers. "Due to the generosity of those who have supported and continue to support the Ride, my daughter can inspire others to bring comfort to families in our own backyard."

Last year's ride brought in over $30,000, and organizers hope to even surpass that total this year. In addition to ticket and raffle sales, businesses and families can sponsor a mile of the run for $250, and their names will be featured on signs all along the route.



COMEDIAN JIMMY TINGLE will perform at Curry College on Saturday, July 30, at 7:30 p.m. to benefit the Friends of the Blue Hills.

## Comedian Jimmy Tingle Performance To Benefit Friends Of The Blue Hills

### *July 30 At Curry College*

Well-known comedian Jimmy Tingle will be performing at Curry College on Saturday, July 30, at 7:30 p.m. to benefit the Friends of the Blue Hills.

Tickets to the show, titled "Jimmy Tingle for President- Humor for Humanity," are $30 in advance and $35 at the door and can be purchased on the secure website www.FriendsoftheBlueHills.org/tingle.

The show will be held in the Keith Auditorium on the Curry campus, 1071 Blue Hill Ave., in Milton. Curry College is the presenting sponsor of this event.

Tingle is a comedian, commentator, activist and entrepreneur. He has worked as a humorist and commentator for "60 Minutes II" and MSNBC and has appeared on "The Tonight Show," CNN, "Late Night with Conan O'Brien," "Fresh Air" with Terry Gross and in his own HBO half-hour comedy special. Theatrical credits include writing, performing and producing four one-person shows. He also wrote and produced the documentary film, "Jimmy Tingle's American Dream," which aired on over 60 stations nationwide on PBS.

Doors open at 6:45 p.m. For more information, email info@FriendsoftheBlueHills.org.

## Sarah Depradine On Dean's List

Sarah Depradine of Quincy is on the Dean's List at the New England Institute of Technology in East Greenwich, R.I., for the quarter ending June 4.

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Highlights of Local Programming found on . . . QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8

Thursday, July 14
6:00am: LIVE: AM Quincy
8:00pm: AM Quincy: Mainspring/Father Bills

Friday, July 15
12:30pm: At the Library: July Happenings
10:00pm: Constitution: Then & Now

Saturday, July 16
4:00pm: Currently in Quincy 6/15
11:00pm: Penny Dreadful's Shilling Shockers

Sunday, July 17
10:00am: Bethany Congregational Service
9:00pm: Perspectives: The Problems We Face

Monday, July 18
11:30am: LIVE: Currently in Quincy
8:00pm: Disability Daily

Tuesday, July 19
8:00pm: Good, Cheap Fun! Summer Edition
8:30pm: Human Trafficking: Mass General

Wednesday, July 20
9:30pm: Sound Advice: Life Insurance
10:00pm: Constitution: Then & Now

Government Access Channel 11

Thursday, July 14
6:30pm: FYI: QHD Water Intoxication
8:30pm: At Your Library: July Happenings

Friday, July 15
6:00pm: City View with Mayor Koch
8:00pm: At the Library Concert Series: Howie Newman & Jackie Damsky

Saturday/Sunday, July 16/17
9:00am: City View with Mayor Koch
10:30am: At Your Library: July Happenings
3:00pm: At the Library Concert Series: Howie Newman & Jackie Damsky
5:30pm: Quincy in Focus

Monday, July 18
6:30pm: FYI:QHD Ticks
8:00pm: At the Library Concert Series: Sweet Wednesday

Tuesday, July 19
6:00pm: Health Links: Medical Marijuana

Wednesday, July 20
7:00pm: NCPC: Medical Marijuana
7:30pm: Veteran's Corner Ep. 3

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

# Open House Saturday At Dorothy Quincy Homestead

The Dorothy Quincy Homestead, a National Historic Landmark, will be open for public tours Saturday, July 16, between 11 a.m. and 3 p.m.

Tours will start on the hour and half hour, beginning at 11 a.m. The last tour begins at 2:30 p.m.

The Homestead is located at the corner of Butler Road and Hancock Street in Quincy.

Dating from 1686, the house is 330 years old. During the 17th and 18th centuries, this mansion was considered the grandest estate in Quincy. During the Revolutionary War era, it was a meeting place for such patriots as Josiah Quincy, John Hancock and John Adams. The homestead was the child home of Dorothy Quincy Hancock, the wife of John Hancock.

The Dorothy Quincy Homestead is operated by the National Society of the Colonial Dames of America in the Commonwealth of Massachusetts, in conjunction with the Massachusetts Department of Conservation and Recreation.

Groups may request a private tour by calling 617-742-3190 or emailing dames@nscdama.org. More information can be found online at the homestead's website, nscdama.org.

# WHAT'S COOKING

with

## *Marie & Suzie*

By MARIE D'OLIMPIO and SUZIE FALCO



## Zucchini - Pineapple Loaf

By MARIE

Zucchini is used in so many recipes these days that it is hard to keep up with all of them. We're using them as noodles, in place of pasta, with tomato sauce to lasagna – there is no end.

But listen to today's recipe: would you believe a zucchini-pineapple loaf? I found this in an old cook book put out by a school and was so excited to try it.

**RECIPE**

**3 eggs**
**2 cups of sugar**
**1 cup vegetable oil**
**2 teaspoons of vanilla**
**2 cups of peeled, grated and drained zucchini**
**3 cups of flour**
**1 teaspoon power**
**1 teaspoon of baking soda**
**1 teaspoon of salt**
**1 8-ounce can of crushed pineapple undrained**
**1 cup chopped pecans or walnuts**
**½ cup raisins**

Preheat oven to 350 degrees. Grease and flour two 9 x 5 loaf pans.

Beat eggs until fluffy, add sugar, oil and vanilla and blend well. Add zucchini.

In a separate bowl place flour, baking powder, soda and salt and then add to batter.

Stir in pineapple, nuts, raisins and mix well. Turn into prepared loaf pans and bake until toothpick inserted in center comes out clean for about 1 hour.

Cool on wire rack before removing from pans. It is a good idea if you want to wrap these in foil at least a few hours to let flavors develop before slicing and this recipe freezes well.

## Garden Vegetable Juice

By SUZIE

Everyone knows how important it is to consume vegetables to maintain vibrant health. "Eat your colors" is one of my mantras.

Sometimes drinking your colors are a bit easier. Making your own vegetable juice is easy and so much better than the store bought version that we all grew up with (and reluctantly drank).

This is a yummy garden juice that is a nice change for the upcoming summer.

**RECIPE**

**1 cup fresh tomatoes (hopefully some from your garden or farmers market)**
**1/2 cup baby spinach**
**1/4 cup carrots**
**1/4 cup celery**
**1 tablespoon or so of onion**
**1/4 cup red or yellow pepper**
**1 handful fresh parsley**
**little squeeze of lemon**
**dash sea salt**
**dash pepper**
**dash worcestershire sauce**
**1 cup of ice cubes**

Just place this all in a high speed blender or Vitamix or Magic Bullet/Ninja and blend until completely "juiced."

This makes about 2 servings. Drink your veggies!

## Crustless Chicken Pot Pie

By MARIE

Today's recipe is for a delicious chicken pot pie that I had over my daughter Nancy and Jed's house.

Instead of the usual pie crust topping she used biscuits that were so flaky and delicious I wanted to share it with all of you. When you use these biscuits that are in the freezer you can take off as many layers that you want and make the topping as thin or thick as you want it.

**RECIPE**

**3 cups cooked cut up chicken**
**2 1/2 tablespoons of butter**
**2 1/2 tablespoons of flour**
**3 cups of milk**
**1 package of frozen mixed vegetables (preferably carrots and peas unthawed)**
**1 package of Pillsbury flaky biscuits.**

In a medium pan melt the butter and add the flour mixing until it forms a roux. Slowly add the milk and cook until thickened. Now add chicken and the frozen mixed vegetables (unthawed) and stir until well blended.

Place in a slightly greased 9 x 9 casserole dish. Place flaky biscuits as thick or thin as you want them all around the casserole dish until the entire top is covered.

Bake in 350 degree oven until top is golden brown. It does not take long just about 20 minutes because the chicken is already cooked.

*10 Top Reasons To Move Here*

# Quincy's Embracing Its Future As The New Hot Spot For Millennials

**OP ED**

By MARGARET LAFOREST

The development boom that is pricing Millennials out of Boston and Cambridge is unwittingly driving the next wave of development in downtown Quincy where an urban lifestyle and an easy commute into Boston have sparked unprecedented residential development and new restaurant and retail development.

West of Chestnut – a joint venture between Gate Residential and Quincy Mutual Fire Insurance – led the latest wave with a 169-unit buildout with high-end amenities and an easy walk to public transportation. And the city has even more new apartments in the pipeline.

Here are the top 10 reasons why Quincy should be at the top of the list of places to live for Millennials and young professionals who are searching for that next great neighborhood in Greater Boston:

**1. Public Transportation**: In Quincy Center, Millennials have commuter trains and the MBTA Red Line to put them in downtown Boston in just 20 minutes. Keep that Boston connection without Boston prices, which are $300 higher, on average, than those in the City of Presidents.

**2. Preserving Our Green Space:** With more than $215 million in new investment for new apartments and businesses downtown, Quincy Center has become a magnet for investment. But the city has also embraced its pastoral history with $35 million in ongoing civic and park renovations including the Adams Green urban park that will create new green park space in the middle of the city's urban center.

**3. Restaurants:** Quincy Center is a foodie's paradise, offering some of the best dining options in Greater Boston. Diners can try the Surf and Turf at Alba, the Quiet Man steak tips at Restaurant 16C, or the Vietnamese noodles at Pho Pasteur, or the gnocchi at The Townshend, among many amazing options. West of Chestnut will also be adding KKatie's Burger Bar, home to the best burger in the Boston area, and Fuji, featuring top Asian fusion and sushi options.

**4. Coastline:** From downtown Quincy you are a short ride to 27 miles of oceanfront and more than a dozen beaches including Wollaston Beach, Nickerson Beach, and Savin Hill Beach. Residents are treated to spectacular views of Boston and the Harbor Islands.

**5. Championship Golf:** You are just a driver away from some of the region's best courses, including Granite Links Golf Club (one of America's top public courses), Furnace Brook Golf Club, and Presidents Golf Course.

**6. Parks and Recreation:** It's all here. Live here and enjoy rowing, canoeing, kayaking, or sailing on Black's Creek and Merrymount Park. You will find a great running track, multiple fields, and tennis courts at Faxon Field. Looking to stretch your legs for a walk or a bike ride? Try the Lower Neponset River Trail or the sidewalk along Wollaston Beach.

**7. Heading South:** From Quincy Center, it's easy to visit some of the nicest beaches in New England. Quincy Center is conveniently located within a half hour of great beaches in Hull, Marshfield, Scituate and Duxbury. Quincy Center also gives residents a head start to Cape Cod.

**8. Lexington, Concord and . . . Quincy:** We are a city of firsts. Quincy was home to John and Abigail Adams and their five children (including the 6th President of the United States, son John Quincy Adams). We can boast the first commercial railroad, the first Dunkin' Donuts, and thousands of ships built in our shipyards. While we build our future, we live and preserve our 400-year history here.

**9. Arts, Fairs and Festivals:** There is always something to do in Quincy. Merrymount Park is home to a popular weekly farmers' market and the annual Quincy Food Truck & Craft Beer Festival. Spend a weekend at the annual ArtsFest in September and enjoy artwork, live entertainment, and crafters. Quincy is also home to a vibrant Chinese community and its annual August Moon Festival with vendors, food trucks, games, and cultural performances.

**10. Fun fitness opportunities:** Need to work off those culinary delights you enjoyed here? You can kayak on Boston Harbor, run the New Year's Day Frozen 5k race, enroll at the new South Shore YMCA or sign up at CrossFit Quincy. Coming this fall – Orangetheory Fitness will open at West of Chestnut, giving Quincy residents access to the signature Orange 60 interval training classes where clients use heart rate monitors to gauge and maximize performance.

*Margaret Laforest is the Vice President for Tourism for the Quincy Chamber of Commerce and represents the residents of Ward 1 as a member of the Quincy City Council.*

## Discover Historic New England: The Patriot Parson July 19

On Tuesday evening, July 19, at 7 p.m. at the Crane Public Library, local Quincy author Richard Kollen will give a presentation on Reverend Jonas Clarke, often called the Patriot Parson.

On the night of April 18, 1775, Paul Revere arrived at the Lexington parsonage of Reverend Jonas Clarke to deliver a warning to its occupants, including Samuel Adams and John Hancock. The following morning brought the first shots of the American Revolution to a community Clarke inspired to face such a harsh reality. He called on his parish to oppose imperial legislation for years leading up to the war.

As Lexington's minister for half a century, Clarke was central to political, civic and social life there until his death in 1805. Come learn more about the often overlooked story of this man who helped shape the spirit of the American Revolution.

For more information, visit thomascranelibrary.org or call 617-376-1316.

## Three Quincy Students On Emmanuel Dean's List

Three students from Quincy are on the Dean's List for the spring semester at Emmanuel College in Boston.

They are:

Kiera Bruce, Marissa Fiumefreddo and Sarah Tran.

# The Truth About Urinary Tract Infections

## *A Message From The Quincy Health Department*

**By RUTH JONES**
**BSN, RN, BC, CP-FS**



**RUTH JONES**

A urinary tract infection (UTI) is an infection in any part of your urinary system — your kidneys, ureters, bladder and urethra. Most infections involve the lower urinary tract — the bladder and the urethra. Infection limited to your bladder can be painful and distressing. However, severe consequences can occur if a UTI spreads to your kidneys. Women are at greater risk of developing a UTI than men are. If you're a woman, your chance of getting a urinary tract infection is as high as 1 in 2 -- with many women having recurrent infections, sometimes for years on end. So how do you handle UTIs, whether you're experiencing your first or fifth infection, and how can you make it less likely you'll get one in the first place?

UTIs are a crucial reason we're often told to wipe from front to back after using the bathroom. That's because the urethra, the tube that transports urine from the bladder to the outside of the body, is located close to the anus. Bacteria from the large intestine, such as E. coli, are in the perfect position to escape the anus and invade the urethra. From there, they can travel up to contaminate the bladder, and if the infection isn't treated, continue on to infect the kidneys. Women may be especially prone to UTIs because they have shorter urethras, which allow bacteria quick access to the bladder. Having sex can introduce bacteria into the urinary tract, too.

Urinary tract infections don't always cause signs and symptoms, but when they do they may include:

- A strong, persistent urge to urinate
- A burning sensation when urinating
- Passing frequent, small amounts of urine
- Urine that appears cloudy
- Urine that appears red, bright pink or cola-colored — a sign of blood in the urine
- Strong-smelling urine
- Pelvic pain, in women — especially in the center of the pelvis and around the area of the pubic bone
- Shaking, fever and chills if infection has spread to the kidneys

Keep in mind that UTIs may be overlooked or mistaken for other conditions in the elderly population.

If you speculate that you have a urinary tract infection, head to the doctor. You'll be asked to give a urine sample, which will be tested for the presence of UTI-causing bacteria. The treatment is antibiotics to kill the intruders. It is imperative to be sure to finish off the prescribed cycle of medicine completely, even after you start to feel better. Drinking lots of water to help flush the bacteria from your system is also very important. Your doctor may prescribe a medication to soothe the pain, and a heating pad may also be beneficial.

Studies on the effectiveness of cranberry juice/tablets and Vitamin C for preventing or treating UTIs have produced mixed results. The cranberry contains tannin that prevents E. coli bacteria, the most common cause of urinary tract infections, from sticking to the walls of the bladder, where they can cause infection. Vitamin C acidifies the urine, making it a more difficult place for the bacteria to grow and multiply.

About 1 in 5 women experience a second urinary tract infection, while some are plagued persistently. In most cases, the culprit is a different type or strain of bacteria. But some types can invade the body's cells and form a community safe both from antibiotics and the immune system. A group of these renegades can travel out of the cells, and then re-invade, ultimately establishing a colony of antibiotic-resistant bacteria primed to attack again and again. Some women are genetically predisposed to UTIs, while others have deformities in the structure of their urinary tract that make them more susceptible to infection. Women with diabetes may be at higher risk, as well, because their compromised immune systems make them less able to fight off infections like UTIs. Other conditions that increase risk include pregnancy, multiple sclerosis, and anything that affects urine flow, such as kidney stones, stroke, and spinal cord injury.

If you have 3 or more UTIs a year, ask your health care provider to recommend a special treatment plan. Some treatment options include:

- Taking a low dose of an antibiotic over a longer period to help prevent repeat infections
- Taking a single dose of an antibiotic after sex, which is a common infection trigger
- Taking antibiotics for 1 or 2 days every time symptoms appear
- Using an at-home urine test kit when symptoms start

The tests, which are available without a prescription, can help you determine whether you need to call your doctor. If you're on antibiotics, you can test to see if they've cured the infection, although you still need to finish your prescription. If the at home test is positive, or if your symptoms continue, despite a negative test result, contact your health care provider.

Prevention is the key to avoiding recurring UTI's. Some tips that may help include:

- Empty your bladder frequently as soon as you feel the need to go; don't rush, and be sure you've emptied your bladder completely.
- Wipe from front to back.
- Drink lots of water.
- Choose showers over baths.
- Stay away from feminine hygiene sprays, scented douches, and scented bath products -- they'll only increase irritation.
- Cleanse your genital area before sex.
- Urinate after sex to flush away any bacteria that may have entered your urethra.
- If you use a diaphragm, unlubricated condoms, or spermicidal jelly for birth control, consider switching to another method. Diaphragms can increase bacteria growth, while unlubricated condoms and spermicides can cause irritation. All can make UTI symptoms more likely.
- Keep your genital area dry by wearing cotton underwear and loose-fitting clothes. Avoid tight jeans and nylon underwear -- they can trap moisture, creating the perfect environment for bacteria growth.

*Ruth Jones is the Public Health Nurse Educator for the Quincy Health Department.*

# Manet Health Pledges To Increase Colectal Cancer Screening Rates

Manet Community Health Center is pledging to help increase colorectal cancer screening rates by supporting the 80 percent by 2018 initiative, led by the American Cancer Society (ACS), the Centers for Disease Control and Prevention (CDC) and the National Colorectal Cancer Roundtable (an organization co-founded by ACS and CDC).

The 80 percent by 2018 is a shared goal to have 80 percent of adults aged 50 and older regularly screened for colorectal cancer by 2018.

The health center recently concluded a two-year project funded by the American Cancer Society designed to increase colorectal cancer screening rates among Manet patients. The project successfully surpassed goals and increased colorectal cancer screening by 20 percent over the two-year project period, a crucial step toward reducing the impact of colorectal cancer in the community.

Signing the 80% by 2018 pledge will continue this momentum for Manet's patients and the many South Shore communities served by the health center.

"The ACS grant enabled us to screen 1,605 patients during the two-year project period," said Ayotomide Oyelakin, MBBS, MPH, CPHQ, senior director, Performance Improvement. "Currently, Manet has 5,700 patients over the age of 50 and only about half of them have been screened for colorectal cancer. By making the pledge, we are committing to engage the remaining population to ensure they get screened."

Colorectal cancer is the nation's second-leading cause of cancer-related deaths; however, it is one of only a few cancers that can be prevented. Through proper colorectal cancer screening, doctors can find and remove hidden growths (called "polyps") in the colon, before they become cancerous. Removing polyps can prevent cancer altogether.

"Colorectal cancer is a major public health problem, and adults age 50 and older should be regularly screened for it, but we have found that many people aren't getting tested because they don't believe they are at risk, don't understand the testing options or don't think they can afford it," said Lily Yung, MD, Manet's Chief Medical Officer. "The truth is that the vast majority of cases of colorectal cancer occur in people age 50 and older. Colorectal cancer in its early stages usually has no symptoms, so everyone 50 and older should be tested. There are several screening options – even take home options – available. Plus, many public and private insurance plans cover colorectal cancer screening and there may be local resources available to help those who are uninsured."

While colorectal cancer incidence rates have dropped 30 percent in the U.S. over the last 10 years among adults 50 and older, it is still the second leading cause of cancer death in the U.S. despite being highly preventable, detectable and treatable. In fact, in 2015 132,700 cases of colorectal cancer were diagnosed in the U.S.

Part of the 80% by 2018 goal is to leverage the energy of multiple and diverse partners to empower communities, patients, providers to increase screening rates. The 80% by 2018 initiative consists of health care providers, health systems, communities, businesses, community health centers, government, non-profit organizations and patient advocacy groups who are committed to getting more people screened for colorectal cancer to prevent more cancers and save lives.

For more information or to make an appointment with a Manet provider, call 617-376-3000 or visit www.manetchc.org.




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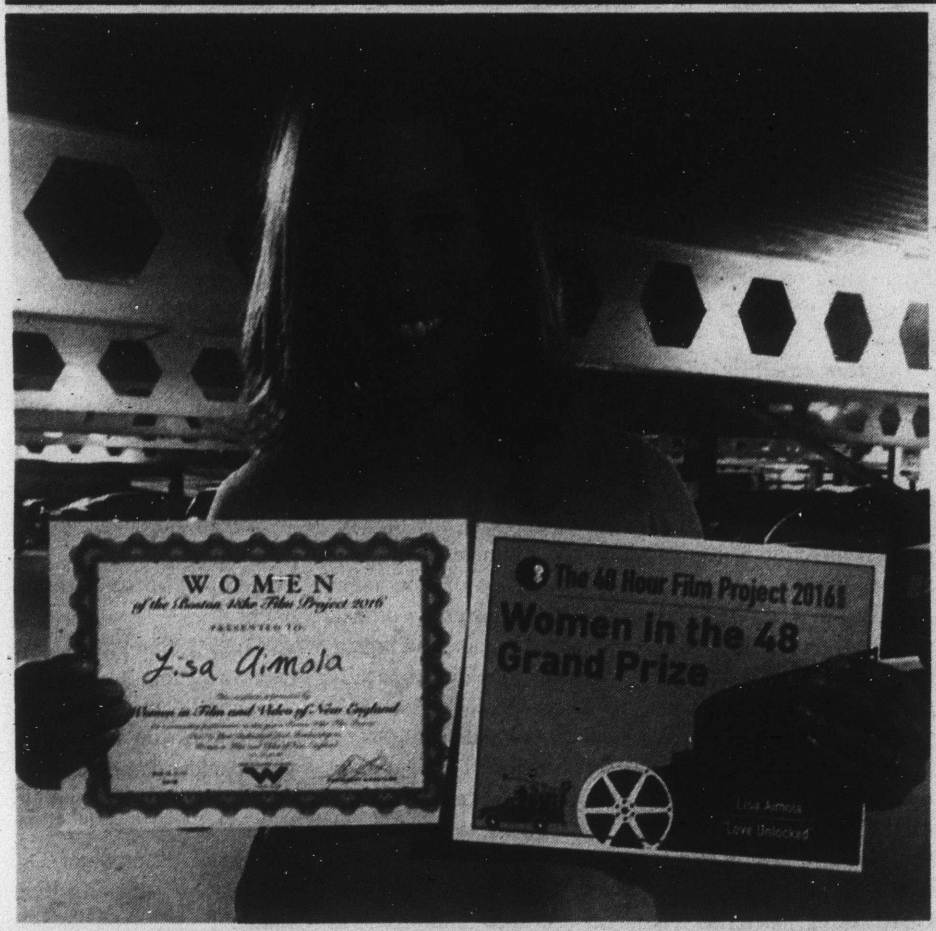
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**LOCAL FILMMAKER and Quincy resident Lisa Aimola rcently won the 2016 Woman In Film Award for The 48 Hr. Film Project Boston from among 22 nominees. The competition, held in most major cities across the world, challenges film making teams to write, cast, film, edit and submit a short film in under 48 hrs based on a selection of a specific genre and assignment of a line of dialogue, prop and character. Ninety teams participated in the 2016 contest with 71 films submitting a final product on time. Aimola's film, "Love Unlocked" was chosen as one of the "Best of The 48 Hr. Film Project" and was shown at the Landmark Theatre in Kendall Square, Cambridge in June. She served as the film's producer, director and one of the writers. She was also nominated for best director. Team member Melody Martin of Boston won for best actress. Mark Carey of Quincy served as the assistant director of photography. "Love Unlocked" can be viewed on Vimeo.com. https://vimeo.com/166807698.** *Photo courtesy of Nancy Aimola*

# Quincycles Bike Rides Saturday

Quincycles is hosting two bicycle rides on Saturday, July 16.

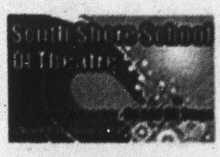
One ride will demonstrate how taking your bike on the MBTA expands a cyclist's horizons and the other is the group's monthly Easy Rider Ride. The rides are free and open to the public.

Participants on the Bikes via the MBTA Ride are invited to meet prior to the start time of 7:30 a.m. at Quincy City Hall. Bring, or arrive early enough to purchase on your way, your Charlie Card or Charlie Ticket.

Cyclists will take the Red Line to Broadway and make their way to the Fort Point Channel Path, along other scenic ways in Boston and Cambridge, then back to Boston with a stop for coffee along the route. The group will return to Broadway where riders can opt either to get back on the Red Line for Quincy (approximately 10 miles pedaling total), or pedal back to Quincy (approximately 18 miles total). This tour will be a good introduction to urban cycling while offering many water views and showing riders how neighboring cities are accommodating cycling.

Easy Rider Ride participants are invited to meet prior to the start time of 9 a.m. at the Merrymount School, 4 Agawam Rd. Depending on the number of riders and their experience, this ride will be between 5 – 8 miles through the Merrymount, Adams Shore and Houghs Neck neighborhoods – mostly on side streets and on "The Dike" (an off road path that parallels part of Sea Street). Stop at Dunkin Donuts on Sea Street before returning to the Merrymount School. The Easy Rider Rides are designed for cyclists who prefer shorter rides at a more relaxed pace and show how easy it is to visit different Quincy neighborhoods by bike.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group can be found on their website at www.Quincycles.org or by email quincycles@gmail.com.




South Shore School of Theatre Presents

Disney The Jungle Book Kids
JULY 22 @7:00 PM
JULY 23 @ 2:00PM

Oliver!
JULY 29 @7:00PM
JULY 30 @2:00PM

Kiss Me Kate
AUG. 5 @7:30PM
AUG. 6 @7:30PM

All performances take place at Eastern Nazarene College's Cove Fine Art's Center, 23 East Elm Ave. Quincy MA 02170

Tickets are $5 & $10
(617)653-2460 | www.southshoreschooloftheatre.com

# Nonprofit Seeks Donated Backpacks, School Supplies For Kids In Need

Interfaith Social Services, a multiservice center for South Shore families in need, is holding its annual Backpack Drive to benefit low income students throughout the area whose families are clients of Interfaith's food pantry.

"The backpacks we distribute to the kids served by our food pantry help them start the school year off right," said Rick Doane, executive director of Interfaith Social Services. "This initiative emphasizes the importance of a good education while also defraying a significant expense for these parents who are already struggling to put food on their family's table."

Interfaith's food pantry serves about 500 school-age children each month. Organizers hope to provide each child with a new backpack that includes the supplies they are likely to need throughout the upcoming school year.

"This program wouldn't be possible without the generosity of donors from the community," said Doane. "This is very grassroots. Each year we appeal to the community for these backpack donations and pray that they come in. We hope that as retail stores begin to stock their shelves with back-to-school supplies people will think of local kids in need and fill a backpack for one of our food pantry clients."

Two types of backpacks are needed, one for grades K to 5 and another for grades 6 to 12. Detailed instructions and a list of what each backpack needs to include can be found at www.InterfaithSocialServices.org.

Donors are asked to prepack backpacks, rather than donate individual supplies. Monetary donations for the backpack program also are accepted.

The deadline for donations is Friday July 29th. Backpack distribution will start on Monday, Aug. 1st, and will continue throughout the month of August.

To learn more or to participate, contact Pam Harty at pharty@interfaithsocialservices.org or call 617-773-6203 x19.

# Y Camps Partner With ENC Coaches

**By JOHN GALLUZZO**
**Development Writer**
**South Shore YMCA**

From the moment that a kid spots a ball for the first time, he wants to throw it. From the time she watches it roll toward her, she wants to kick it. Enrollment in youth sports across the United States – heck, these days, the world – is enormous.

For many kids in many places, sports provide sporadic moments of fun, but they are essentially pastimes. For some they are ways out of poverty. For many impoverished kids, though, while they may have the latent talent needed to excel at a sport, they lack access to coaches who can draw out the best in them, which is a shame. There are 2.5 million volunteer youth sports coaches in the United States, and many more who are paid at various levels.

But coaches provide much more than just nuts and bolts instruction in the basics of soccer and baseball. Sure, winning is important, but life lessons are much more important for young people still discovering the people they will become. There's good sportsmanship, graciousness in defeat, resolve to perform better…and the list goes on.

The South Shore YMCA is partnering with Eastern Nazarene College to offer high quality sports camps this year with instruction facilitated by college coaches. Kids from grades 1 through 7 will be able to hone their skills and benefit from the tutelage of seven coaches who can pass on instruction from the college program.

This year's coaches include Addison Rouse, ENC Head Baseball Coach, whose camp will be tailored to all skill levels, focusing on hitting, fielding and base running; Kevin Roach, South Shore Christian Academy Head Boys Basketball Coach and Sacha Santimano, ENC Head Women's Basketball Coach, who will offer skill stations, lectures and drills, as well as in-game experiences meant to teach sportsmanship and team play; Mackenzie Arment, ENC Head Women's Soccer Coach and Nick Thompson, Head Men's Soccer Coach, who will focus individual and group instruction in fundamentals such as footwork, passing, offensive and defensive skills and strategy; Dani Bishop, END Head Softball Coach, who is excited to work with both new and experienced softball players; and, Chris Popa, ENC Head Tennis Coach, who plans on teaching each camper the skills needed to play the game in a safe, fun environment.

The Quincy Y's Sports Camps began July 11 and run through Aug. 12, with full–day instruction running from 9 a.m. to 3:45 p.m. and half-day programs open from 9 a.m. to 12:15 p.m. and 12:45 to 3:45 p.m.

For more information about the Quincy Y's summer sports camps, visit www.ssymca.org/quincy/quincy-day-camp or call the camp director, Phil Gay, at 617-479-8500 ext 4712, or email him at philg@ssymca.org. Financial assistance is available for all camps.

The South Shore YMCA is a charity serving eleven local communities: Quincy, Randolph, Weymouth, Braintree, Milton, Hingham, Hull, Cohasset, Scituate, Norwell and Hanover. For information on how to support its work through volunteering or donations, contact Mary Orne at morne@ssymca.org or 781-264-9400 ext. 3306.

❑

**LIVESTRONG at the Y**

Cancer is a life-changing disease that takes a tremendous physical and emotional toll on those affected.

The Y and the LIVESTRONG Foundation have joined together to create LIVESTRONG at the YMCA, a research-based physical activity and well-being program designed to help adult cancer survivors reclaim their total health.

Participants work with Y staff trained in supportive cancer care to safely achieve their goals such as building muscle mass and strength; increasing flexibility and endurance; and improving confidence and self-esteem. By focusing on the whole person and not the disease, LIVESTRONG at the YMCA is helping people move beyond cancer in spirit, mind and body. Fall sessions are now forming at the Quincy Y.

For more information, contact Katelyn Szafir, Director of Medical Wellness Programs, at kszafir@ssymca.org or 781-829-8585 ext. 8228.

## Five Residents Earn Emmanuel Degrees

Five Quincy residents recently earned degrees at Emmanuel College in Boston.

They are:

Kathryn Doherty, Bachelor of Arts in a double major of liberal studies and elementary education; Kelsey Bina, Bachelor of Arts in a double major of liberal studies and elementary education; Aimaiti Bomaliyamu, Bachelor of Science in biology; Julie Pergola, Bachelor of Fine Arts in graphic design and technology; and Erin Squarey, Bachelor of Arts in history.

# Wolly Theatre Wall Collapses, Two Workers Injured

By SCOTT JACKSON

Two workers were injured Tuesday afternoon after the last remaining wall at the Wollaston Theatre collapsed, trapping them underneath.

Quincy police reported the workers were trapped under the brick wall but were freed. Both were taken to Boston Medical Center in serious condition.

Further information was unavailable before The Sun went to press Tuesday evening. More information will be posted on the newspaper's website – www.TheQuincySun.com.

A contractor is working to demolish the Wollaston Theatre. The demolition of the Beale Street movie house, which first opened in 1926 and has been closed since 2003, began in June.



QUINCY FIRE CHIEF Joseph Barron (center) and other first responders investigate the scene of a wall collapse at the Wollaston Theatre demolition site where two workers were injured Tuesday. *Quincy Sun Photo/Lisa Aimola*

# Discover Quincy Art Walk South, West Quincy Friday

By MARGARET LAFOREST
Vice President Tourism
Quincy Chamber of Commerce

This week's Discover Quincy's Art Walk Friday features the business districts in South and West Quincy.

Our Art Walk event series is an opportunity to highlight our arts and culture and for people to focus on local businesses in different neighborhoods in our community,

This week's featured museum is the Adams Birthplaces which will offer free tours, live music by the Victoria Rios Band and lawn games. It was here young John and his bride Abigail started their family, the future President launched his career in law and politics, and he, Samuel Adams and James Bowdoin wrote the Massachusetts Constitution.

The Art Spot will have a pop up art gallery, fashion show, and children's activities.

This art studio, providing art courses such as oil painting, jewelry making, pottery, paper mache, is the perfect setting to captivate a child's imagination, allowing for creativity to rise. Adults and children are welcome to join them as they create a community mural painting.

Art Spot will also host a fashion show presented by In Stitches Sewing & Design Studio featuring student-made designs at 7 p.m. Evolino's Hand Pies offers free samples. A hand pie is a mix between a pizza and a calzone.

Come check out this new wave of food: Middle Eastern meets American.

Frantic Framers will host a pop up art gallery and matting demonstrations. Best known for their custom picture framing, this family-owned business also offers art materials, prints and paintings, art instruction, and restoration.

Sample hand-made artisan Belgian Chocolate at Purefections Chocolate; a sister owned and operated gourmet chocolate store that uses Belgian chocolate and family recipes for their unique creations.

On-Trend Consignment hosts an Open (Fashion) Studio and Reception featuring top-quality new and gently used handbags, women's clothing, children's clothing and accessories.

TMX Boxing Academy teaches "Fitness is not a destination, it's a way of life." Visitors are welcome to peek in while classes are ongoing and see what TMX is about.

Over on Willard Street in West Quincy, Galvin Companies will have a pop up art gallery, live music and lawn games. After hosting Quincy's first ever pop up art gallery last summer in their downtown property prior to its demolition, local developers and art patrons Sean and Scott Galvin open their company headquarters to local artists: Amber Buck's Red Sox Nation, Angela Carey, Beau Chien Pottery, Colin Campbell, DJ Stenny, Duncan Reid, Jackie and Julie Montminy, Jen Keany, Megan Fox, Rose Gates, Rosemary Goodwin, Susan Wright, Tracy Allegro, Tricia Celata and more.

Carlos V. Ramos performs a solo acoustic act with a wealth of diverse musical styles ranging from rock to salsa to classical.

City Historian Tom Galvin will lead a historic walking tour featuring Quincy Granite departing Curry Hardware at 7 p.m.

Common Market hosts an Outdoor Block Party from 5 to 10 p.m. with live music, lawn games, complimentary caricatures and hors d'oeuvres and a cash bar. Host to some of Quincy's best live entertainment, tonight they bring the party outside. Caricature Artist John Doherty offers free personalized portraits.

West Quincy is well known as home to the Blue Hills and Quincy Quarry Reservations. Stretching over 7,000 acres from Quincy to Dedham, Milton to Randolph, the Blue Hills Reservation offers scenic views and varied terrain with 125 miles of trails. Sixteen historic structures listed on the National Register tell the fascinating tales of Native Americans, explorers, farmers, quarry workers and inventors.

The Blue Hills Weather Observatory, a National Historic Landmark, sits atop Great Blue Hill as a crowning feature. America's large scale granite quarrying industry was born here in 1825, when after an exhaustive search throughout New England, Solomon Willard selected the area as the source of the stone for the Bunker Hill Monument.

Historic Preservation is underway at the Lyons Turning Mill in effort to establish a museum to show the history of quarrying and stonecutting in Quincy. Built in 1894, the mill used giant lathes to turn granite and other kinds of stone into columns, spheres, and works of art.

View the remains of America's first commercial railroad (1826), which used horse-drawn carriages to carry the massive granite blocks to water transport on the Neponset River. Lesser known notable attractions include Hall Place Cemetery and John Winthrop, Jr. Blast Furnace both accessible via Crescent Street.

The "Father of the Granite Industry" Solomon Willard laid out the Hall Place cemetery and raised in it an enormous 30-ton column, quarried at Wigwam Quarry, which had been rejected for the New York Stock Exchange. Before setting the column upright, Willard deposited a complete set of stonecutter's tools in the top of the shaft.

The son of Massachusetts' governor and one of the principal founders of Connecticut, John Winthrop, Jr. operated the first iron smelting furnace in the British Colonies; one of the earliest industrial ventures in America (1645). You can view the excavated remains of the furnace, read about its history and see artist's renderings of the furnace in full operation.

The full schedule of events is available online and at participating locations.

For more information, visit DiscoverQuincy.com or call 617-639-1117.


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3RD ANNUAL

Christmas in July

*Christmas in July is a one day kettle standout that helps raise much needed funds that support the services that the Salvation Army of Quincy provides the community of Quincy year-round.*

Thursday July 28th
8 am - 6 pm
The Quincy Sun
1372 Hancock St.

Please contact thequincysun@verizon.net to volunteer or for more information

# C-Mart, Church Demo, NQ T Station Ward 6 Issues

*Cont'd From Page 2*

Harris has asked the state agency for more trash barrels and trash pickup along the thoroughfare as part of the plan to extend the road.

Harris said feedback he has received since the pilot program was announced has been overwhelmingly positive – just 1 percent negative, he stated. He does not believe it would lead to further traffic woes.

"The folks from the South Shore, from the southern part, who do take the MBTA boat, they're not going to come to Squantum. They're going to continue to go to Hingham," Harris said. "I think it's going to prevent more traffic than gain more traffic."

Harris, who was appointed to the City Council in April, credited Sen. John Keenan, Rep. Bruce Ayers and Mayor Thomas Koch for helping put together the pilot program that will launch this summer.

"I'm now on board late, but it's really my job to get the word out to my ward and as much of the South Shore as I possibly can," Harris said. "I'm grateful to Sen. Keenan and Rep. Ayers and the mayor for allowing me to take this ride with them, because it's a great thing. It's something I was advocating for while I was campaigning."

The upcoming launch of the pilot program is one of several issues Harris has been working on in the three months he has served on the City Council.



**SQUANTUM's Star of the Sea Church is being prepped for demolition, and the contractor behind the project recently received permission to resume asbestos abatement after state officials shut it down for more than a month. Ward 6 Councillor William Harris said he wants the demolition to start promptly so it can be finished before students return to the Squantum School in September, adding that he would keep an eye on the project.** *Quincy Sun Photo/Robert Bosworth*

Among the others issues is the pending demolition of the former Star of the Sea church and rectory in Squantum; the Bellevue Road site will be divided into four parcels onto which single-family homes can be built.

Abatement of asbestos on site was delayed more than a month – state regulators issued a stop work order June 1 and gave the developer permission to resume work July 5. Harris said he is still concerned about the security of the site, and plans to keep an eye on it moving forward, but believes it is time for demolition to begin so it can be completed when classes at the Squantum School are out of session for the summer.

"I was kind of part of the reason why they were shut down, because I made my voice clear about how things were going down up there," he said. "I still feel the facility is not secure enough for the children, but we do need to get the demolition started by the time school at Squantum School starts up again.

"The delay actually had the project put off until kids were out of school, so I'm happy about that."

The council in June approved a special permit for the C-Mart grocery store on Hayward Street along with a mitigation package the supermarket's owner will pay for, including a fully signalized traffic light at the intersection of Hayward and Hancock Streets.

Harris, who was not allowed to vote on the special permit because he had not taken part in the 2013 council deliberations on the proposal, said he was "skeptical" about the mitigation measures' ability to alleviate traffic concerns. He noted, however, that the council had little choice but to award the permit with mitigation as instructed by a Land Court judge.

"It was really the only possible solution we had at the time, because the city was basically at the mercy of the judge if we came back without a plan and came back without a plan that was accepted by the city and the City Council," Harris said.

"My eyes are going to be right on that project, that land, after it starts up and goes into business."

The owner will also have to install a system that locks shopping carts once they pass the perimeter of the site to deter people from taking them into the surrounding neighborhood – a measure Harris pressed City Solicitor Jim Timmins to include.

"We won't have a million shopping carts all over that neighborhood," Harris said.

Shortly after Harris joined the council in April, the MBTA announced a pair of developers had won the right to develop the parking lot at the North Quincy station. The $205.33 million project envisioned includes more than 1 million square feet of space – 608,000 square feet for the 579 residential units, 363,125 square feet for parking, and 42,000 square feet of retail space.

The developers' plans include an 852-car garage, equivalent to the number of spaces on site currently, as well as parking for an additional 455 vehicles.

"I believe that if the project is right and the people in the community approve it and want it, I'll back it 100 percent," Harris said. "If the people do not want it – not just a handful – if the people do not want it, then I will fight against it."

Harris said he would work with the mayor's office as plans for the project are finalized. The project, Harris said, could be beneficial to the area.

"I think it could also be a very good thing for North Quincy, the early things I've heard about it," Harris said. "If it's more comfortable for people to go to the North Quincy T stop, that might take people off the bridge as well. That may actually help the traffic problem rather than hurt the traffic problem."

Residents, he added, should wait until more details about the project are revealed before making up their minds about the development.

"We have to see what the finalized plans are before we can really make a pre-judgment," Harris said. "There is a lot of good that can come from that North Quincy T project. We've just got to weigh the pros and the cons, and when that time comes we will."

## 39 Residents On Bridgewater Dean's List

Thirty-nine residents of Quincy are on the Dean's List for the spring semester at Bridgewater State University.

They are:

Jason O. Barbosa, Marina Boskovic, Molly R. Brown, Carmen Y. Chen, Yick Wah Y. Chow, Kristen M. Connors, Molly E. Cunha, Jenna H. Curren, Rachel A. DeMelin, Daniel Deng, Patrick L. Donaghey, Herlintz Edouard, Christina E. Elisio, Kendel E. Evju, Christine D. Fooks, Tai Harper, Andrew T. Johnson, Hannah E. Kirby, Zachary R. Latini, Jin Feng Li, Wei Lin, Wai Y. Lui, Melissa Y. Ma, Sophia M. Maniscalco, Leann M. McColgan, Ryann E. Melendy, Gary V. Morin Jr., Amy R. Murphy, Olivia L. Noonan, Brielyn D. O'Leary, Jeffrey Olivier, Victoria E. Perez, Kristyn E. Pieper, Ginelys A. Pimentel, Michael P. Rooney, Morgan M. Rowe, Courtney K. Sheridan, Tayla A. Tervakoski, and Heather D. Thurston.

## Emilija Baksys Graduates Wheaton College

Emilija Baksys of Quincy recently graduated from Wheaton College in Norton with a bachelor of arts degree in film and new media studies.

She is the daughter of Vytas Baksys and Sandra Nortier.

## QCU Employees Raise $5,000 For American Cancer Society

Hundreds of supporters and volunteers including Quincy Credit Union's employee team, the QCU Crusaders, were on hand throughout the day and night at this year's Relay for Life at Pageant Field.

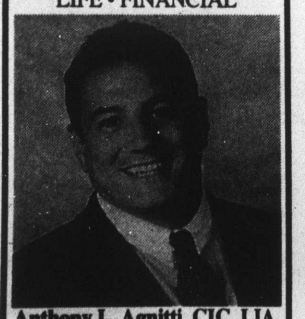
The team, made up of employees, family and friends were all looking for an opportunity to make a difference after being affected by cancer in some way. Many attendees and walkers were overcome with emotion and heartfelt support for this cause. They displayed overwhelming determination to raise money for cancer research, while celebrating the life and strength of survivors. Team members and attendees were inspired and moved as the event also memorialized those who lost their battle with cancer.

Despite the many emotions, walkers displayed purpose while being cheered on by onlookers, family members and teammates. The QCU Crusaders continued to raise funds and awareness throughout the event offering a variety of drinks, snacks and purple themed items to be worn during the relay. QCU team members were very proud to have raised over $5,000 for the American Cancer Society.

For more than 65 years, the American Cancer Society has been finding answers that save lives - from changes in lifestyle to new approaches in therapies to improving cancer patients' quality-of-life. No single non-governmental, not-for-profit organization in the US has invested more to find the causes and cures of cancer. The QCU Crusaders team is already looking to surpass this year's fundraising goal for the 2017 walk.

Quincy Credit Union currently provides financial services to over 32,000 members operating from two locations: 100 Quincy Avenue, Quincy and 519 Columbian St., Weymouth. Membership is available to those who live or work in Norfolk, Plymouth Counties and the communities of Dorchester.

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# Opioid Crisis: Progress Made, Roadblocks Remain

## *Overcoming Challenges Will 'Spare The Next Generation Of This Terrible Epidemic'*

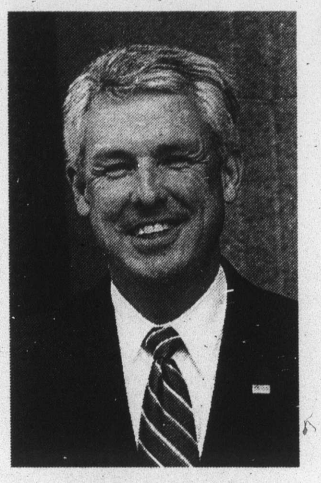
**OP ED**

**By JOHN KEENAN**
**State Senator**

It's estimated that 53,000 people in Massachusetts suffer with addiction. Every day, approximately 28 of those overdose on opioids, and an average of four lose their lives. These numbers suggest that Massachusetts is losing the fight against the opioid epidemic. It's these numbers and the tragic human stories behind them that spurred us to pass thoughtful, forceful, and comprehensive laws, many of which were the first of their kind in the nation.

However, even as we reflect on the strong laws we have passed – some which have yet to be implemented but will surely have an impact in the coming months – we should recognize that stubborn obstacles remain to truly addressing this crisis.

Excessive prescribing of painkillers has long been identified as a root cause of the epidemic. We've recently received data showing that 2 out of 3 persons who died of an opioid overdose in 2014 had an opioid prescription in their medical record not long before succumbing to addiction. The robust Prescription Monitoring Program ("PMP") has become an essential tool to address over-prescribing.



JOHN KEENAN

Four years ago, Massachusetts' PMP was difficult to use, and underutilized as a result. Only about 10% of the state's prescribers were enrolled, and even fewer were actually utilizing it. The state's ability to track data and analyze trends was also limited. Today, thanks to a law we passed in 2012, over 30,000 prescribers have been enrolled in the PMP and are using it on a daily basis. That same law directed the Department of Public Health to establish data sharing with other states, a project that is now underway with significant software upgrades, so that we could see and respond to multi-state trends and help prevent trafficking.

The good news is that recent data indicates fewer opioid painkillers are being prescribed. The number of hospital visits related to prescription painkillers is also starting to decrease. Not surprisingly, as the numbers of prescription painkiller related hospital visits have started to decline, heroin related hospital visits have climbed. This was foreseeable. In anticipation, four years ago the state passed legislation supporting medication assisted treatment, which includes naltrexone (Vivitrol), and buprenorphine (Suboxone). Both showed promise as treatment methods. Other initiatives have resulted in the expansion of recovery high schools to provide sober educational environments, and a program to certify previously unregulated sober homes which is becoming a national model.

We can say proudly that Massachusetts has laid a foundation of firsts for the country to build upon. At a recent National Conference of State Legislatures' program on opioid prescribing which I attended in New Orleans, Massachusetts was frequently cited for its aggressive and thoughtful approach to fighting this epidemic.

We are the first in the country to permit patients to partially fill painkiller prescriptions, an approach that is now gaining support in the US Congress. We are the first to give patients a legally binding means to refuse an opioid prescription. We are the first to have initiated a data analysis of opioid deaths, designed to give us predictive tools to combat the epidemic. And, we are the first state to pass a drug stewardship law, making manufacturers responsible for the safe disposal of drugs they produce.

Narcan, used to revive those suffering overdoses, is widely available to individuals and first responders. We continue to improve awareness and prevention programs in schools and communities. Prescribers now receive training on pain management and addiction, and there has been a shift in focus towards alternative pain management techniques.

But in many other ways, we fall short. We are working hard to address the underlying causes of addiction, but failing to provide adequate treatment for those already in addiction's grip. With an estimated 53,000 people in our state struggling with opioid addiction, public funding provides approximately 900 detoxification beds. For step down and recovery we have even fewer – about 300 clinical stabilization beds, and about 300 transitional support services beds – creating a bottleneck of people leaving detox without a place to continue their recovery.

We have worked to address this, providing funding for additional beds, and reopening sections of Taunton State Hospital for use in the Section 35 commitment process. But last week, cuts to the Governor's requested level of funding put this progress at risk, leading me to be the only State Senator who voted against the state budget bill. In our public statements we commit to supporting families through addiction, and I could not agree to a budget that fell short on this promise.

Just as troubling is the fact that, as state budgets struggle to keep up with addiction, private insurance coverage lags even further behind. About 75% of opioid-related inpatient admissions in Massachusetts, and nationally as well, are paid for with state and federal tax dollars, a proportion that has significantly increased over the last thirty years as private insurers assume less and less of the burden. This is not because people on public insurance are somehow flawed, more prone to addiction. It is because we have allowed the commercial insurance industry to wash their hands of this problem.

I have filed a bill that would start to change this trend, requiring commercial carriers to guarantee at least 30 consecutive days of treatment whenever a treating clinician determines it to be necessary. A strong showing of my colleagues have supported this bill - 29 Senators and 56 House Representatives. Predictably, the health insurance lobby is attempting to block its passage, or gut it to render it ineffective. I am hopeful that the interests of the people we serve, all those who are suffering addiction, their loved ones, and all the residents of the Commonwealth, will win out over the financial interests of insurance companies.

So while progress is being made, roadblocks remain. I am optimistic that Massachusetts will continue to lead the way in overcoming those challenges. We will spare the next generation of this terrible epidemic.

*Sen. John Keenan (D-Quincy) represents the Norfolk and Plymouth District. He is the chairman of the Senate Committee on Bonding, Capital Expenditures and State Assets and vice chairman of a special Senate Committee on Opioid Addiction Prevention, Treatment and Recovery Options.*

# House Passes Lynch Bill To Prevent Terrorism Financing

Cong. Stephen F. Lynch's legislation H.R. 5602 passed the U.S. House of Representatives Monday by a vote of 356-47. The legislation aims to expand the Financial Crimes Enforcement Network's ability to collect information under Geographic Targeting Orders (GTOs) in order to prevent money laundering.

Lynch (D-Boston) is the lead Democrat on the Financial Services Committee's Task Force to Investigate Terrorism Financing.

H.R. 5602 extends the anti-money laundering efforts of the Financial Crimes Enforcement Network (FinCEN). The legislation authorizes the Secretary of the Treasury to include all funds when issuing certain GTOs, including funds involved in an electronic fund transfer. GTOs impose additional reporting requirements on one or more domestic financial institutions or nonfinancial businesses in a geographic area to ensure compliance with the Bank Secrecy Act.

"By widening the scope of information FinCEN can collect under geographic targeting orders, we are increasing transparency in financial transactions," Lynch said. "Whether it is money funneled from a drug cartel or a terrorist organization, FinCEN will more readily be able to identify assets being hidden in high-risk transactions, particularly illicit funds in the real estate market.

"As terrorist organizations become more sophisticated at money laundering, the Task Force to Investigate Terrorism Financing is working hard to ensure that our government agencies are able to effectively respond to these national security threats and disrupt terrorist financiers," Lynch said. "I thank Chairman Hensarling, Ranking Member Waters, Chairman Fitzpatrick, Vice Chair Pittenger, and our colleagues on both sides of the aisle for moving this critical bipartisan legislation through the House."

The bipartisan legislation was introduced by Lynch and Cong. Peter King (R-NY) on June 28. H.R. 5602 is cosponsored by Financial Services Committee Ranking Member Maxine Waters (D-CA), Task Force Chair Mike Fitzpatrick (R-PA), Task Force Vice Chair Robert Pittenger (R-NC), Reps. Gregory W. Meeks (D-NY), Steve Stivers (R-OH), Bruce Poliquin (R-ME), Keith Ellison (D-MN), Andy Barr (R-KY), Bill Foster (D-IL), Brad Sherman (D-CA), French Hill (R-AR), and Al Green (D-TX).

The Task Force to Investigate Terrorism Financing recently introduced a bipartisan package of legislation and four of the bills are on the House Floor for consideration today. Last week, H.R. 5485, the Financial Services and General Government Appropriations Act, 2017, included an amendment from Congressman Lynch to increase funding for FinCEN by $3,300,000. The additional funding will enhance the agency's supervisory strategy of Money Services Businesses and meet the growing demand for FinCEN's national security response capacity.


**Bo Foundation Summer "Evening" Leadership Camp**



Red Sox B-Ball Hike Swim Rope Course

**Mission Statement**

Bo Summer Camp will provide a safe haven for summer evenings to adolescents in 7th, 8th, and 9th grade, in an environment with mentoring by 11th graders and staff members. Participants will benefit from educational life coping and awareness presentations, and enjoy outside field trips.

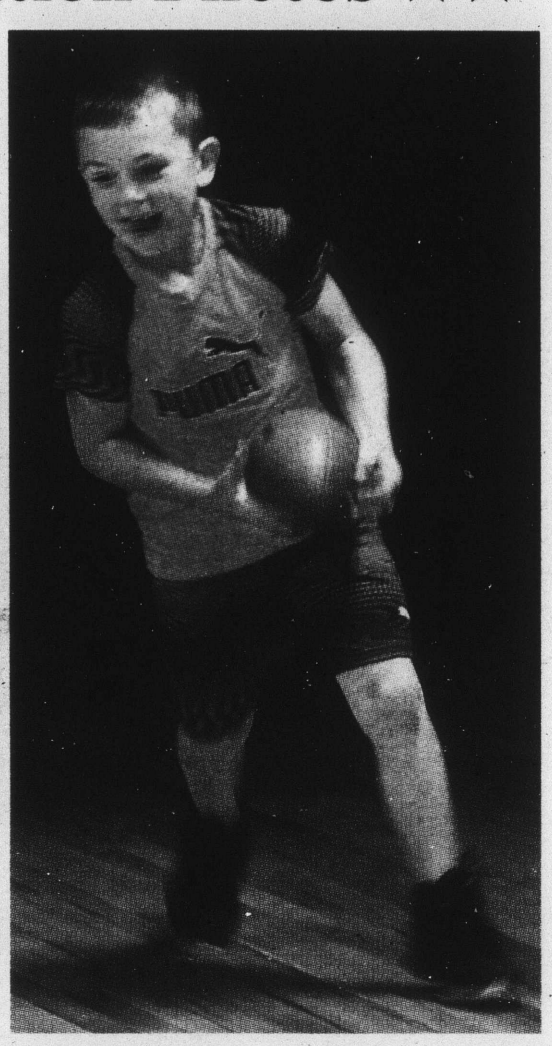
- 50 Attendees per camp adolescents (Boys and Girls) entering 7th, 8th, and 9th grades (no cost 100% scholarship)
- 2 weeks 4pm-9pm Monday* - Friday "Off the Streets"
- Quincy High School Camp Tuesday July 5th - Friday July 15th (SOLD OUT)
- North Quincy High School Camp Monday July 25th - Friday August 5th
- 10 mentors entering grade 11 Adult supervised group leaders
- Daily basketball, swimming, hiking, field trips

**Learn More: www.bofoundationsummerleadershipcamp.org**

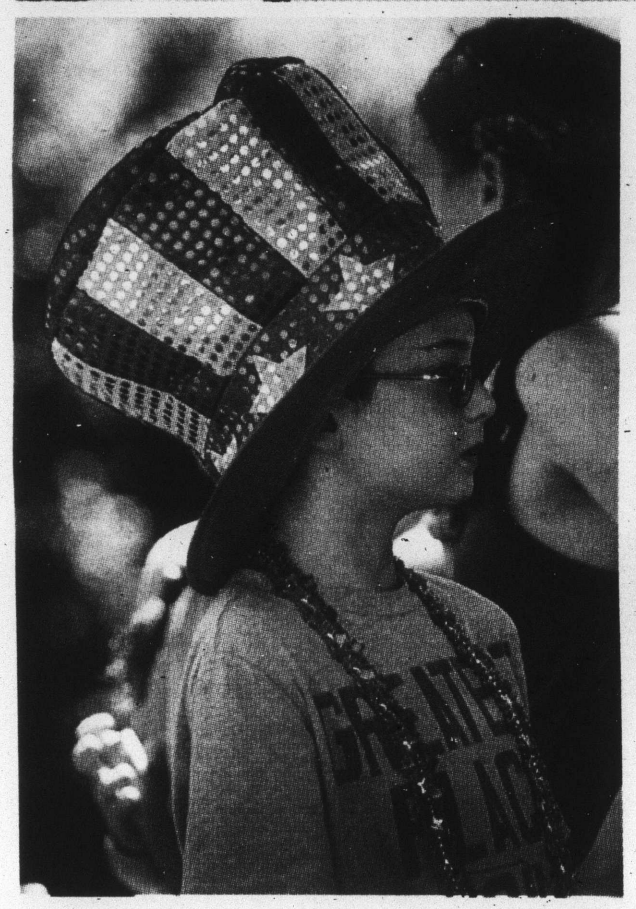
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# ★★ A Few More Fourth Of July Celebration Photos ★★





PATRICK CONNOR, age 7, runs with the football during the Ward 2 Civic Association's Fourth of July Field Day at the Fore River Clubhouse.

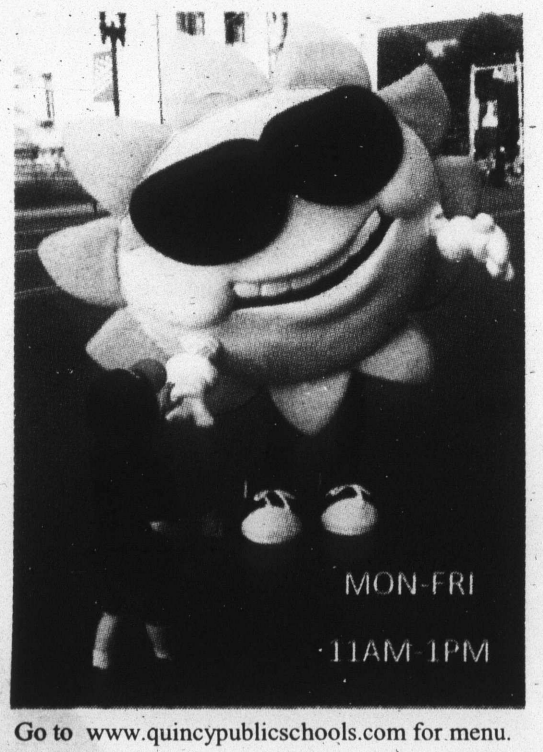


ABOVE: A pirate ship created by the Hobomack Road neighborhood winds its way during the Merrymount Independence Day Parade on the Fourth of July. BELOW LEFT: Jude Savage sports his Independence Day hat as he rides a float in the Merrymount Fourth of July parade.

*Quincy Sun Photos/Tom Gorman*



'WILLY WONKA' was the theme of the Merrymount Road float during the neighborhood's annual Fourth of July parade.


Go to www.quincypublicschools.com for menu.

Quincy Public Schools

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July 5-August 19 (no lunch 7/4)

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**Ward II Community Center,**
16 Nevada Road, Quincy Point
**Lincoln Hancock School,**
300 Granite Street , Quincy Ctr.
**F.W. Parker School**
148 Billings Road, North Quincy
**Montclair Elementary School,**
8 Belmont Street, North Quincy

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THIS CEDAR WAXWING was recently spotted in Houghs Neck by local wildlife photographer Karen Walker. Cedar Waxwings are dusty brown on the head fading to grey on the wings. It has a buttery colored belly, and bright yellow tipped tail. Its beautiful face is masked in black.

*Photo Courtesy Karen Walker*

# Peter Boylston Adams Remembered At JQA Ceremony

By SCOTT JACKSON

Speakers at Monday's wreath-laying ceremony marking the 249th birthday of sixth U.S. President John Quincy Adams warmly remembered Peter Boylston Adams.

Peter Boylston Adams – a descendant of the Adams family – died March 4 at the age of 73. Mayor Thomas Koch asked those in attendance for the ceremony at the United First Parish Church to observe a moment of silence in memory of Adams, who he called a "Great American," noting his record of service during the Vietnam War.

"Peter Adams was a special individual and certainly, for those of you who knew him, had a great sense of humor. He loved Quincy, he loved history, and he was rather a humble guy in some ways," Koch said.

"You wouldn't know about – unless you really engaged him – his service to our nation in Vietnam. I think it's worthy of taking a couple moments on that. He was a helicopter pilot in Vietnam and earned the Bronze Star, Distinguished Flying Cross, the Purple Heart and the Air Medal with 30 oak leaf clusters. A good landing, he was fond of saying, was one you could crawl away from; a great one meant you could use the helicopter again.

"Mr. Adams suffered really through the result of being exposed to Agent Orange during that time period in his service."

Kirt Switzer, the church's historical preservation chairman, said he and Adams had worked closely together in recent years to improve the entrance to the tombs of John, Abigail, John Quincy and Louisa Catherine Adams located in the church, to make it handicapped accessible. The city approved using $65,000 in community preservation money earlier this year to design the improved entrance.

"I think Peter would be pleased at this point to know we're very close to reality, particularly rebuilding the handicapped access, which has been long, long overdue," Switzer said. "Peter was a good friend and will be sadly missed.

Adams' son Rett spoke Monday at the ceremony, saying his father had a deep love for Quincy.

"Ever since I was a kid, my father had a deep love for the city. He knew his heritage and his roots, and to him he saw the potential of what could be done when people rally together," Adams said.

"He always had this expression; he said 'it's not that you can't change the world and make a dent, it's that you hit the wall hard enough, eventually you'll break through.' He was very, very good at that, at getting through to people who are in steadfast in their ways."

Rett Adams said his father would be proud about the progress being made in Quincy, including the creation of the new Adams Hancock Green. He plans to follow in his father's footsteps, working to make the city more beautiful.

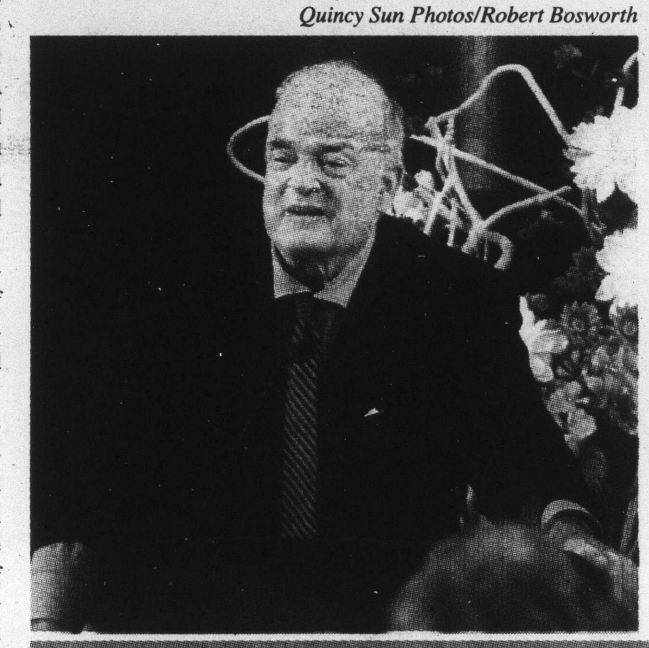
"He'd be very happy to see all of you show up and show your commitment to people that built this town and continue to do so," Adams said.

"My goal and my attempt is to continue and further my father's footsteps in breaking through those walls and build this into an even more beautiful city, the way it should have been."



**SPEAKERS INCLUDING Rett Adams, son of the late Peter Boylston Adams, remembered Mr. Adams at Monday's wreath-laying ceremony on the 249th birthday anniversary of John Quincy Adams at United First Parish Church. Mr. Adams, a descendant of the Adams family, attended many ceremonies for Presidents John and John Quincy Adams at the church including a wreath-laying last July (photo below). In his remarks, Rett Adams said his father would be proud about the progress being made in Quincy, including the creation of the new Adams Hancock Green that will link City Hall to the historic "Church of the Presidents."**

*Quincy Sun Photos/Robert Bosworth*



## Britney Broderick On Dean's List

Britney Broderick of Quincy has been named to the Dean's List for the spring semester at the University of New England.


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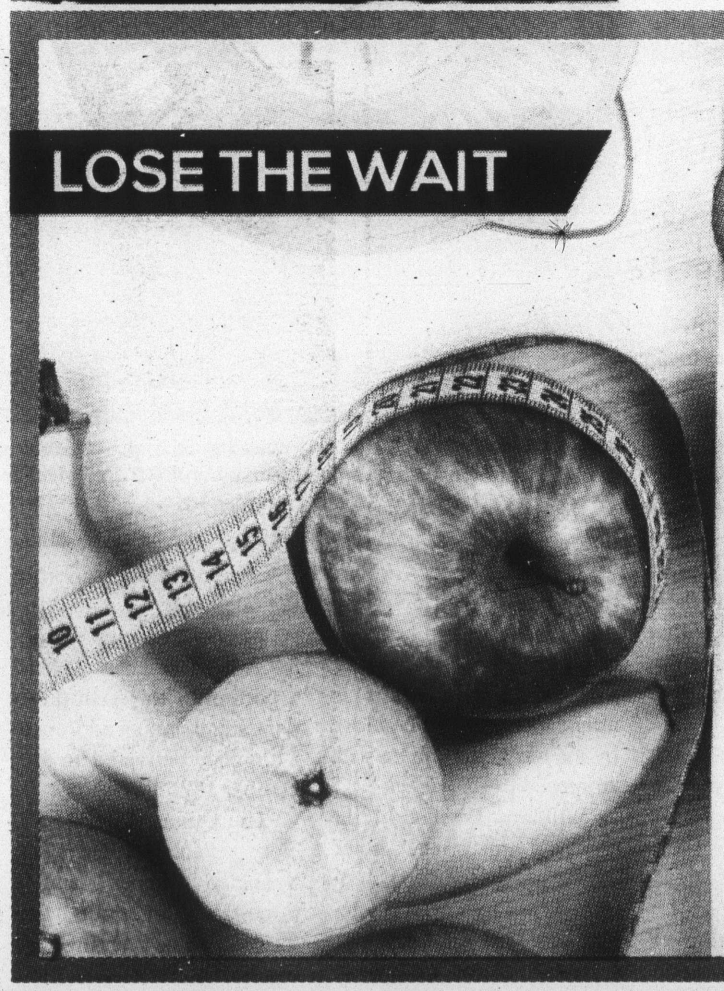
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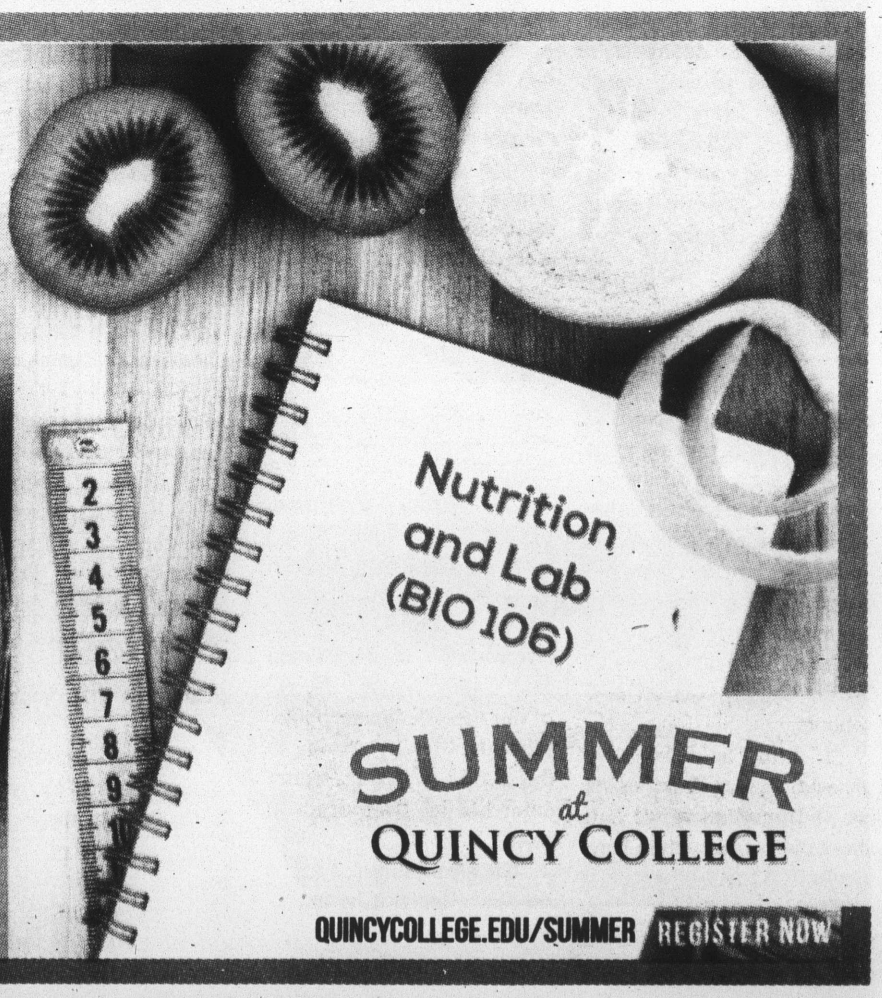
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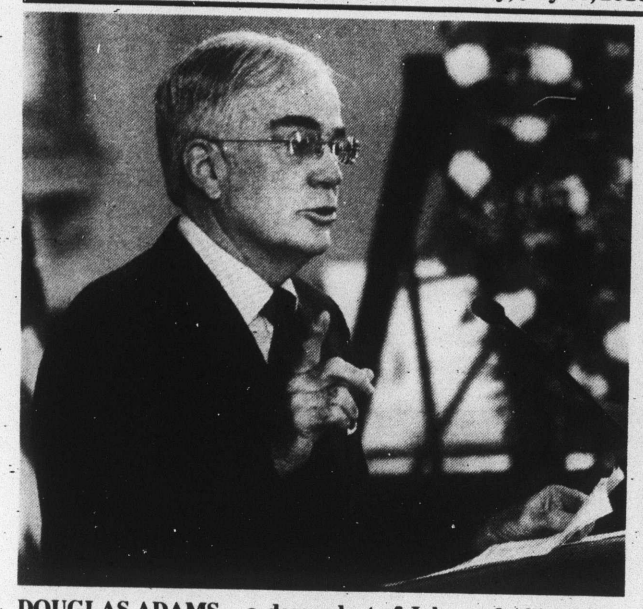




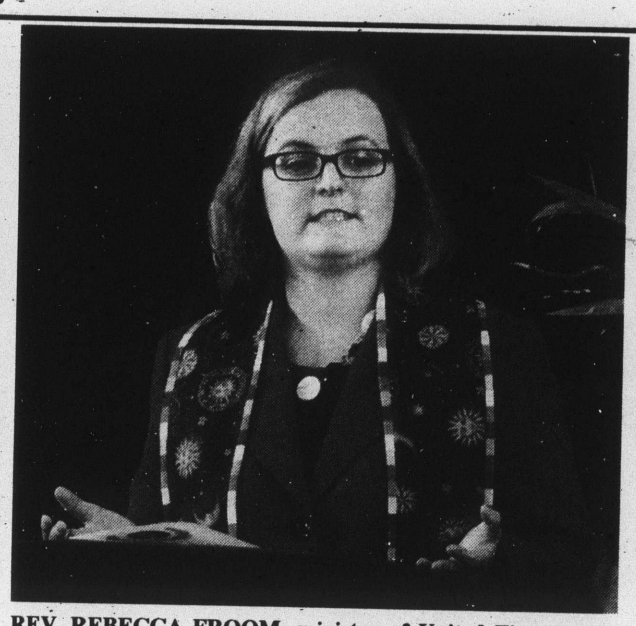
Nutrition and Lab (BIO 106)

SUMMER at QUINCY COLLEGE

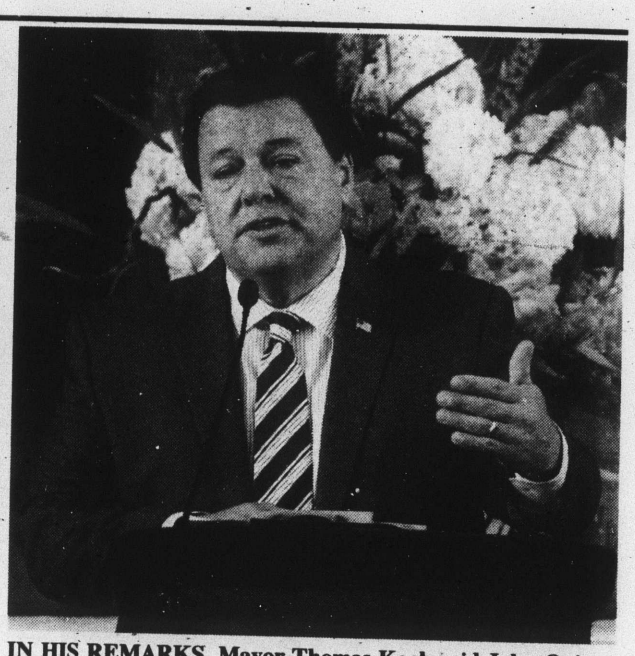
QUINCYCOLLEGE.EDU/SUMMER REGISTER NOW



DOUGLAS ADAMS – a descendant of John and Abigail Adams - highlighted John Quincy Adams' work in Congress that helped lead to the establishment of the Smithsonian Institution. Adams was among the speakers taking part in Monday's ceremony commemorating the 249th birthday anniversary of the Sixth President of the United States.



REV. REBECCA FROOM, minister of United First Parish Church, delivered the invocation and benediction at Monday's ceremony commemorating the life and legacy of President John Quincy Adams on the 249th anniversary of his birth. She said the lives of those in attendance should be guided by the ideals they share with Adams.



IN HIS REMARKS, Mayor Thomas Koch said John Quincy Adams' "vision, coupled with his intellect, couldn't be matched at the time. Few could follow his vision for this nation, whether you talk about a national educational system, roads, canals, observatories." *Quincy Sun Photos/Robert Bosworth*

# President John Quincy Adams Hailed As A Visionary

*Cont'd From Page 1*

tradition started by President Lydon B. Johnson.

Mayor Thomas Koch said Adams' vision and intellect were without equal during his lifetime, noting the sixth president called for investments in education and infrastructure during his time in the White House.

"His vision, coupled with his intellect, couldn't be matched at the time. Few could follow his vision for this nation, whether you want to talk about a national education system, roads, canals, observatories," Koch said. "In fact, there is evidence of him looking at a Panama canal long before there was a Panama canal. That's how far ahead he was.

"People couldn't keep up with that vision, and couldn't keep up with that intellect."

Koch said Adams would be pleased to see the infrastructure work being undertaken in his hometown.

"I think if J. Q. Adams were with us today he'd be challenging us to meet the infrastructure needs of this nation. You can't flourish and you can't grow as a nation without the proper infrastructure," the mayor said.

"If we just take it down to his hometown of Quincy and look at what we're trying to accomplish today in Quincy, I think he'd be pleased. We're making great progress with our infrastructure. Whether we're talking about flood control issues and sea walls. Whether we're talking about pipes – sewer, water and drain. We're talking about roads. We're talking about new schools.

"I think he'd be very pleased. All of those items are so important as we talk about our infrastructure here locally."

Koch noted the city has renovated the 1844 Town Hall (James R. McIntyre Government Center), and worked with the United First Parish Church to restore its clock tower. The city has also begun work on the Adams Hancock Green, which will link the church and City Hall and is being built over a recently closed stretch of Hancock Street.

"[It] will create a magnificent, in my view, unrivalled park in this region when we're finished," Koch said of the road closure. "It will include statues of [John] Adams and [John] Hancock. It will include water elements and fountains. It will be a beautiful space. It will be used for civic space. It will be used for the public in general for families to enjoy.

"And it creates, or puts back, if you will, the dignity to this building that it deserves…The church, its beautiful edifice, along with the crypts below this church that hold the presidents and their wives had become a traffic rotary and we're fixing that."

Kirt Switzer, the church's historical preservation chairman, noted Adams spent his entire adult life in public service. Adams served as a diplomat, senator and secretary of state before being elected president in 1824, and returned to Congress after his presidency to serve in the House of Representatives. He collapsed on the House floor in 1848 and died two days later in the Capitol Building.

"He is truly a difficult person to sum up in a sentence or paragraph or anything quite like that – it takes volumes. John Quincy was a remarkable man," Switzer said. "He obviously is one of our most dedicated public servants, literally serving in the public sphere his entire adult life until his death in 1848.

"He also – I think a lot of people might not be as familiar with – was truly a visionary. A man ahead of his time. A man who basically could see things that needed to be done for this country to become what it is today."



QUINCY CHORAL SOCIETY sings the "Star Spangled Banner" at Monday's wreath-laying ceremony in honor of Sixth U.S. President John Quincy Adams at United First Parish Church. The group also sang a three-song interlude featuring "That Ranging Canoe," "The Erie Canal" and "America the Beautiful." Sean Glennon was the organist for the ceremony, including the prelude and postlude.



PERSONNEL FROM THE Navy Operational Support Center in Quincy escort the Presidential Wreath commemorating the 249th birthday of U.S. President John Quincy Adams inside United First Parish Church for Monday's ceremony.

Douglas Adams – a descendant of John and Abigail Adams – highlighted John Quincy Adams' work in Congress that helped lead to the establishment of the Smithsonian Institution. In 1835, as Congress was contemplating what to do with the fortune bequeathed by James Smithson, it was Adams who argued the money should be used for its original stated purpose, establishing an educational institution.

"That gift by Smithson was highly debated in Congress as to whether it would be dedicated to other things than an educational institution," Douglas Adams said. "J. Q. Adams sponsored the idea when the gift was first announced by [President Andrew] Jackson that there would be a board within Congress that would adjudicate how that money was spent.

"Because he was the person who made the motion on the floor of the House in Congress, he becomes the chair of that committee and that committee then is responsible for why today we have the Smithsonian Institution."

The Rev. Rebecca Froom, the church's pastor, delivered the invocation and benediction at Monday's ceremony. She said the lives of those in attendance should be guided by the ideals they share with Adams.

William Westland, the church's historian, noted Adams was the first U.S. president to be photographed. In another first, word of Adams' death was able to spread nationwide because of the invention of the telegraph.

Jim Cooke, a John Quincy Adams re-enactor, read a portion of the sixth president's first annual address to Congress, delivered in December 1825.

The Quincy Chorale Society performed the "Star Spangled Banner" and a three-song interlude featuring "That Ranging Canoe," "The Erie Canal" and "America the Beautiful." Sean Glennon was the organist for the ceremony, including the prelude and postlude.

Sailors from the Naval Operational Support Center Quincy placed the wreath of red, white and blue flowers on the tomb of John Quincy Adams. Eric Vandiver, the commander of NOSC Quincy, represented President Barack Obama at the wreath laying.

# Real Estate

## Quincy Real Estate Transactions July 5 - July 8

Transactions are compiled by the Norfolk County Registry of Deeds

| Seller | Buyer | Amount | Address |
|---|---|---|---|
| 79-101 Old Colony Realty LLC | Extra Space Properties Two LLC | $9,700,000.00 | 79-101 Colony Avenue |
| Chi K. Sun & Chuen Lai | Zuogui Xu & Bi H. Zhang | $445,000.00 | 78 Chapman Street |
| Hannah B. Will | Claire Coyne | $775,000.00 | 224 Bellevue Road |
| Wren Terrace Condominium | Wing C. Moy | $449,900.00 | 37 Wren Terrace Unit 4 |
| Ryder Development Corp. | Hang & Cheng Lin | $445,000.00 | 37 Wren Terrace Unit 6 |
| Shirley A. Rizzotto | Yi Chen | $308,000.00 | 250 Whitwell Street Unit 15 |
| 48-50 Rodman Street Realty Trust | Patrick A. Harton | $275,000.00 | 48-50 Rodman Street |
| Xiao N. Guan & Kevin M. Wynn | Diane M. Chields | $330,000.00 | 100 Cove Way Unit 910 |
| Keith-Sachem Nominee Trust | Caitlin Thompson | $300,000.00 | 2 Sachem park |
| Noel Gannon & Lydia Madden | Breda Byrne & Daniel Kelly | $585,000.00 | 130 Grove Street |
| Andrea L. Davulis | Feng Z. Liang | $188,000.00 | 802 Willard Street Unit E2 |
| Skaves Realty Trust | Guangwei & Honge Wu | $720,000.00 | 77 Federal Avenue |
| Susan M. Trubiano | Victoria B. Markhard | $170,000.00 | 766 Willard Street Unit A12 |
| Carmen E. Ghazarians | Frederick M. & Toni D. Green | $650,000.00 | 2001 Marina Drive Unit 607W |
| 148 Old Colony Realty LLC | Extra Space Properties Two LLC | $3,700.000.00 | 148 Old Colony Avenue |

# Tips For A Pest-Free Home

## *From The Better Business Bureau*

Mosquitoes, fire ants and mice are a few of the unwelcome critters that homeowners are dealing with in the summer. When your pest problem gets too big for a flyswatter, it may be time to call in a professional service.

Having a pest problem is a pain. Just ask Sam. Those noises he heard in his attic weren't only noises – it was a colony of bats taking refuge from the heat and in turn, setting up camp in his house. He never imagined his fairly new home could be infested. It wasn't until a bat flew through his kitchen that he knew something was definitely "up." Thankfully, Sam found a reputable business with positive customer reviews on bbb.org. They were knowledgeable in evacuating "uninvited guests" and his home is now a no-fly zone.

In 2015, more than 1 million people turned to Better Business Bureau for information on pest control services. Better Business Bureau also received 3,178 complaints on pest control services most commonly regarding problems with product or service and guarantee or warranty issues.

"A good exterminator will make every effort to successfully eliminate your pest problem, but it's important for you to do your research first," said Paula Fleming, spokesperson for the local BBB. "In some Massachusetts' cities, spraying for mosquitos is included in your taxes as part of the Mosquito Control Project. Be sure to check with your state's Department of Agriculture for more information."

Better Business Bureau Serving E. MA, ME, RI & VT (BBB) and the National Pest Management Association provide the following tips for finding a qualified pest control professional:

**Research:** Evaluate pest control professionals and services that are members of national, state or local associations. Check out BBB's Accredited Business Directory to find reliable pest control services in your area.

**Licensing:** Verify licenses or other credentials of the pest control professional who comes to solve your pest problem.

**Estimates:** Get bids from several pest control businesses, and make sure you are comparing the same services. BBB provides a free Request a Quote service to make it easier to gather estimates from local BBB Accredited Businesses.

**Contract:** Before signing a contract, be sure to fully understand the nature of the household pest(s) to be exterminated, the extent of the infestation, and the work necessary to solve the problem. Make sure all guarantees are clearly stated in writing with details about the service agreement. Be sure you understand what the company will do if pests continue or come back after treatment and how long it will take to implement the treatment.

**Safety:** Familiarize yourself with the methods and/or materials that will be used to treat the infestation. If a business suggests pesticides or chemicals to troubleshoot your issue, ask for the name of the product(s) and/or to see the label. Your family and furry-friends could be impacted by the process.

**Insurance:** Find out if the pest control company has liability insurance to cover any damages to your house or furnishings during treatment.

**Warranty:** If a guarantee is given, know what it covers, how long it lasts, what you must do to keep it in force, and what kind of continuing control, prevention and management are necessary.

**High-pressure sales tactics:** Beware of businesses that offer bargains which sound too good to be true. Use caution with businesses that come to your home uninvited and offer a free inspection for pests or press you for immediate and/or costly treatments.

For more information you can trust, visit us at bbb.org/boston or like us on Facebook.

Adams Green

massDOT Massachusetts Department of Transportation

**Adams/Hancock Green & Downtown Construction Activities**

***Proposed work activities for the week of: July 11, 2016***



- Work continues on the Adams/Hancock Green Park Project in front of City Hall.
- Verizon conduit work will take place along the north and south end of the Church of the Presidents to replace the existing old wooden duct bank and improve the existing infrastructure.
- Galvin Construction is building a new retail/condominium project at the corner of Hancock and Clivedon site of the old Woolworth Building.
- NGRID Electric work will take place in front of the Church of the Presidents.

**(Photo above left shows steel I beams being erected for the new retail/residential building going up at the corner's of Hancock, Clivedon and Ross Way. The photo on the right shows a newly installed Verizon manhole).**

To receive project updates, sign up for CityLink at http://www.quincyma.gov/citylink or follow @CityofQuincy and @MassDOT on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com

## Two Residents On Mount Ida College Dean's List

Two students from Quincy are on the Dean's List for the spring semester at Mount Ida College in Newton.

They are: Jared Johnston and Cynthia Bishop.

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# A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Monday, July 4, at approximately 1 a.m., Officers Andrew Keenan and Thien Le were dispatched to a restaurant/bar on Hancock Street in Quincy Square for a report of a disorder. While en route, the Officers were updated that the female caller stated that she was assaulted by a male at the bar.

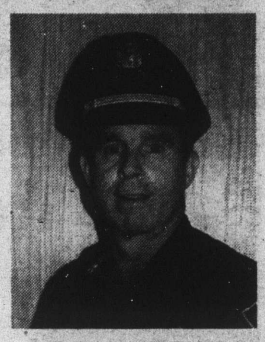
Upon arrival, the officers were met by the general manager of the bar, who said that the female caller/victim was with other employees safely behind the bar. She led the officers to the victim, who was crying and saying that, "A guy beat me up." She said that she was not injured. She told the officers that the guy was her ex boyfriend.

The victim was asked to recount what occurred and she started out by telling the officers that "He hit and kicked me." Officer Keenan noted a fresh scrape to her right knee that was bleeding. The victim said that the suspect/ex-boyfriend fled the area prior to the officer's arrival.

She provided a physical description of the suspect which was give out to all patrol units, adding that he lives in Mattapan and did not have a car. As a result, Boston Police were notified. She said that she dated her ex-boyfriend for about 9 months and about 2 months ago she ended the relationship, which he did not like or accept.

She stated that he harassed her by claiming that she owed him money. She agreed to meet up with him this night to "do whatever I could to end their relationship for good." She said she had already paid him the money owed on the previous day but he was not satisfied with this arrangement and began to argue with her. He grew angry and then threatened to expose private pictures of her online if she followed through with the breakup.

As the victim got up to use the bathroom, the suspect said, "You are leaving to call the cops. You aren't getting me arrested tonight." He then grabbed her cell phone from her hand and left the bar. The victim followed the suspect out of the bar to get her cell phone back. Once they were outside, the suspect began to hit her in the face, then grabbed her by the hair and pulled her to the ground. He then kicked her in the face.



LT. DAN MINTON

Patrons of the bar, upon seeing this unfold, came to her aid resulting in the suspect briefly fighting with the bar patrons before fleeing. The victim was unable to get her cell phone back, adding that it was a new cell phone because he destroyed her old phone. She believed that the suspect would throw the phone away somewhere after destroying it.

Meanwhile, Officer Le interviewed a bar patron who helped protect the victim. He was sitting inside the bar when he observed the suspect grab the victim and knock her to the ground, so he got up and went to help the victim by trying to separate them. Before he could do that, the suspect punched the female in the face with a closed fist and then punched him in the face. He said several other bar patrons came to help which caused the suspect to flee the area.

While other units searched the area for the suspect, Officer Keenan continued the interview with the victim. The victim said that she wanted an Emergency Restraining Order because she was in fear that the suspect would follow through with his constant "threats to hurt me or ruin my life." Officer Le went outside the bar to speak with Patrol Sergeant Don Allison, who just arrived on scene. Officer Le then spotted a male fitting the exact description hovering in the area.

As soon as the suspect spotted the Officer looking at him, he ran down Hancock Street towards Granite Street. Officers converged on the suspect, who refused to comply with orders to place his hands behind his back. The suspect continued his efforts to free himself as he set off a verbal tirade against the officers. Once handcuffed, the suspect continued to squirm about as officers searched him for weapons. As the officers attempted to get the suspect into the cruiser, he refused to put his legs inside and then started kicking the cruiser door, narrowly missing the Officers. The suspect was repeatedly advised to stop resisting arrest and was warned that mace would be used on him if he didn't comply.

The suspect said, "I don't f@#$%^& care about being sprayed." The suspect continued resisting which resulted in the mace being used. The suspect stopped immediately.

En route to the police station, the suspect attempted to kick out cruiser windows as he screamed obscenities at the transporting officer. The suspect was so uncooperative that he was placed in a cell until he was calm enough to be booked.

Once in the cell, the suspect removed his own clothing, soaked them in toilet water and tried to flood out his cell. Officer Keenan took photographs of the victim's injuries to her knee and elbow. She refused professional medical services but was provided with first aid supplies and assistance in cleaning her wounds. The officer explained in depth the process of obtaining an emergency restraining order. She stated she understood and requested help in getting the order. The judge issued the order over the telephone and Officer Keenan provided the conditions of the order to the suspect.

*Cont'd On Page 26*

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**July 1 – 8**
**ARRESTS: 40**
**TOTAL CALLS: 1,239**
**STOLEN MOTOR VEHICLES: 1**

**FRIDAY, JULY 1**

**LARCENY, 3:06 a.m., Beale St. & Pine St.** Hispanic male borrowed phone to make call. Ran to red Nissan and drove off with phone. Last seen heading down Pine Street. Occurred about 15 minutes ago.

**LARCENY, 7:55 a.m., Fr. Bill's Place, 38 Broad St.** Party discarded medication on Mound Street Beach and when he returned it was not there. Advised to contact his prescription provider.

**LARCENY, 8:27 a.m., McDonald's, 275 Hancock St.** Suitcases stolen. Officer unable to locate party. No one at McDonald's knew anything about incident.

**VANDALISM/PROPERTY, 10:16 a.m., Clipper Apartments, 75 Palmer St.** Car egged by girlfriend of party arrested this morning. Complaints to be filed for vandalism.

**LARCENY, 12:12 p.m., Fr. Bill's Place, 38 Broad St.** Check. Has suspect info. Incident happened in Braintree; party advised.

**LARCENY, 12:23 p.m., Hancock Park Rehab, 164 Parkingway.** Medication.

**ASSAULT AND BATTERY, 3:44 p.m., Independence Ave.** Caller states her neighbor attacked her and pulled her hair out. Past A&B over a civil issue. Parties advised.

**VANDALISM/PROPERTY, 7:33 p.m., Moore St.** Entire length of passenger side keyed.

**SATURDAY, JULY 2**

**VANDALISM/PROPERTY, 10:34 a.m., Sea St.** To motor vehicle. Has suspect info. Unable to locate. No answer on call back. Address does not exist.

**VANDALISM/PROPERTY, 11:03 a.m., Roosevelt Rd.** Tire damaged on 2015 Ford Edge. Happened last night.

**INDECENT EXPOSURE, 1:31 p.m., Summer St. & Water St.** Old Asian male with pants down, urinating. Grassy area at this intersection. Gone on arrival.

**BREAKING AND ENTERING, 3:40 p.m., Doane St.** About an hour ago, neighbor saw a male and child in the house. Does not believe suspect is there now.

**LARCENY, 5:21 p.m., Freeman St.** Maui Jim sunglasses.

**VANDALISM/PROPERTY, 7:51 p.m., Walgreens, 330 Hancock St.** Car scratched on driver's side door.

**VANDALISM/PROPERTY, 10:56 p.m., Fort St.** Officer found bent flag on the roadway and placed it back into the stand at the church.

**MOTOR VEHICLE LARCENY, 11:32 p.m., Marina Bay, 542 E. Squantum St.** Caller states car is missing. Caller reported their car was towed.

**SUNDAY, JULY 3**

**BREAKING AND ENTERING, 4:55 a.m., Snug Harbor School, 330 Palmer St.** Entry made from hatch door. Area clear.

**LARCENY, 11:30 a.m., Dollar Tree, 100 Granite St.** The male that has caller's phone is inside the above. One under arrest.

**BREAKING AND ENTERING, 2:01 p.m., Presidents Ln.** Would like to see an officer.

**ATTEMPTED BREAKING AND ENTERING, 11:24 p.m., Fayette St.** Caller shut lights off when they house, now on. Door locked, was unlocked.

**MONDAY, JULY 4**

**BREAKING AND ENTERING IN PROGRESS, 12:37 a.m., 700 block Sea St.** Caller states home is vacant but he sees the light on in the second and third floors. Caller is the owner. Possible realtor left the lights on. Secure.

**VANDALISM/PROPERTY, 7:57 a.m., Graham St.** Vehicle keyed.

**BREAKING AND ENTERING, 11:11 a.m., 200 block Everett St.** Arrived home from overnight away.

**LARCENY, 12:54 p.m., Watson Rd.** Counterfeit money. Complaint for larceny less and uttering.

**BREAKING AND ENTERING, 10:05 p.m., Freeman St.**

**TUESDAY, JULY 5**

**LARCENY, 12:20 a.m., 75 Palmer St.** Caller reporting her husband's watch was stolen from their apartment today. Husband passed away and people were in apartment throughout the day. Confused female.

**BREAKING AND ENTERING, 7:23 a.m., Bay Pointe Marina Corp., 64 Washington Ct.** Someone broke into business at some point last night and took store merchandise. Believes they got in from the rooftop.

**ASSAULT AND BATTERY, 9:41 a.m., Water St.** No EMS. No assault. Civil matter.

**LARCENY, 11:00 a.m., 75 Palmer St.** Advised. No crime at this time.

**BREAKING AND ENTERING, 12:30 p.m., Essex St.** Caller states air conditioner on ground. Party that lives there is on vacation. Checks OK. Residence secure.

**LARCENY, 1:55 p.m., Doble St.** Three buckets of tomato plants taken. Does not need to see an officer. Just wants it journaled.

**ASSAULT AND BATTERY, 2:29 p.m., Chestnut St. & Foster St.** Happened last night. One to QMC.

**VANDALISM/PROPERTY, 9:55 p.m., Bigelow St.** Unknown parties just smashed windshield of Kia Sportage. Was old damage she reported a week ago.

**WEDNESDAY, JULY 6**

**LARCENY, 6:31 a.m., Mechanic St.** Party wants to speak to an officer about missing mail.

**LARCENY, 9:59 a.m., 900 block Sea St.** Chess set valued at $2,000. Happened two years ago.

**VANDALISM/PROPERTY, 12:57 p.m., Presidents Ave.** Damage to motorcycle's ignition.

**LARCENY, 6:13 p.m., CVS, 321 Quincy Shore Dr.** White mail with thin build and a black backpack stole razor blades from store.

**THURSDAY, JULY 7**

**LARCENY, 7:06 p.m., Safy Halal Market, 421 Hancock St.** Black male in a black Chevy passed two counterfeit bills. Just happened. Heading towards Sea Street.

**LARCENY, 7:59 p.m., Tedeschi's, 230 Washington St.** Manager has a counterfeit bill.

**BREAKING AND ENTERING, 10:35 p.m., Willet St.**

**FRIDAY, JULY 8**

**ASSAULT AND BATTERY, 12:10 a.m., Yesterdays, 536 Washington St.** Group of about eight people fighting outside bar. Victim to South Shore Hospital. Person was struck in eye.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** 500 block East Squantum Street.

❑

**CAR BREAKS:** 45 Hancock St., Taber Street, South Walnut Street, Intervale Street, Verchild Street, Brooks Avenue.

❑

**BREAKS AND ATTEMPTED BREAKS:** Willet Street, Essex Street, Washington Court, Freeman Street, Everett Street, Palmer Street, Doane Street.

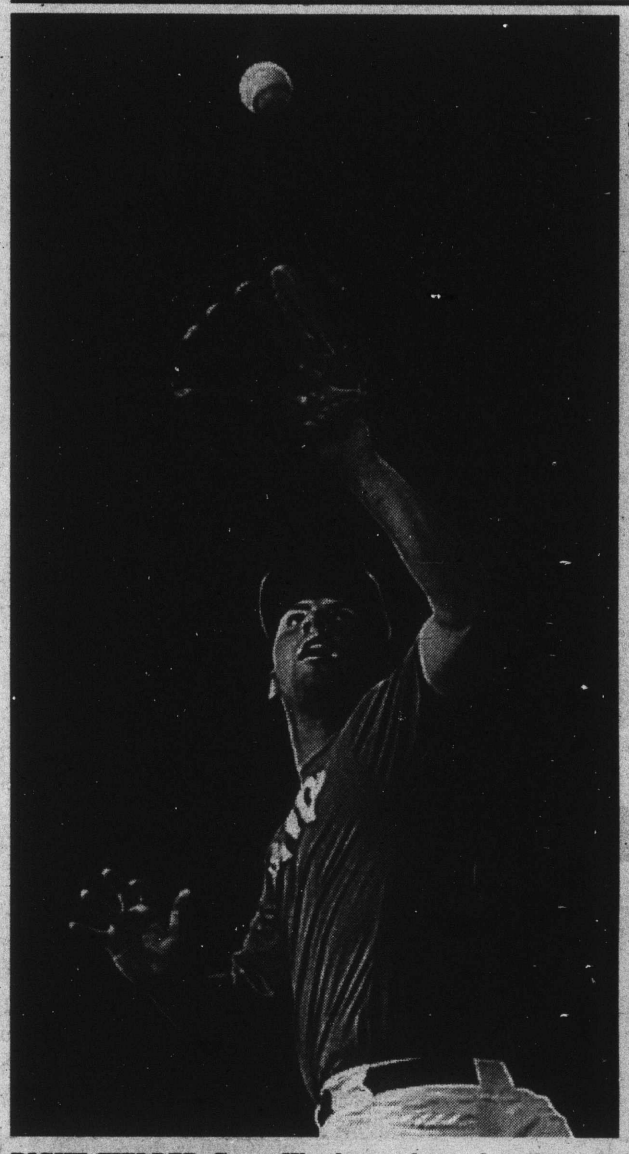
If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

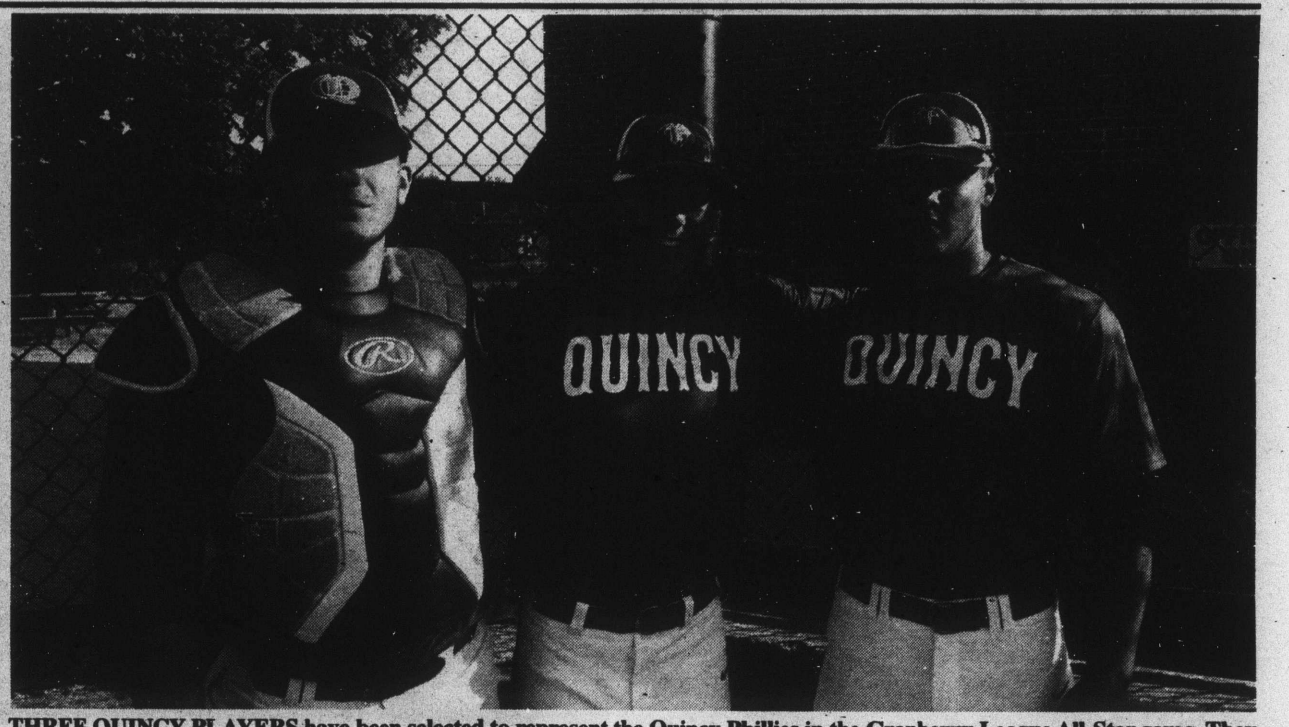
To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us – *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

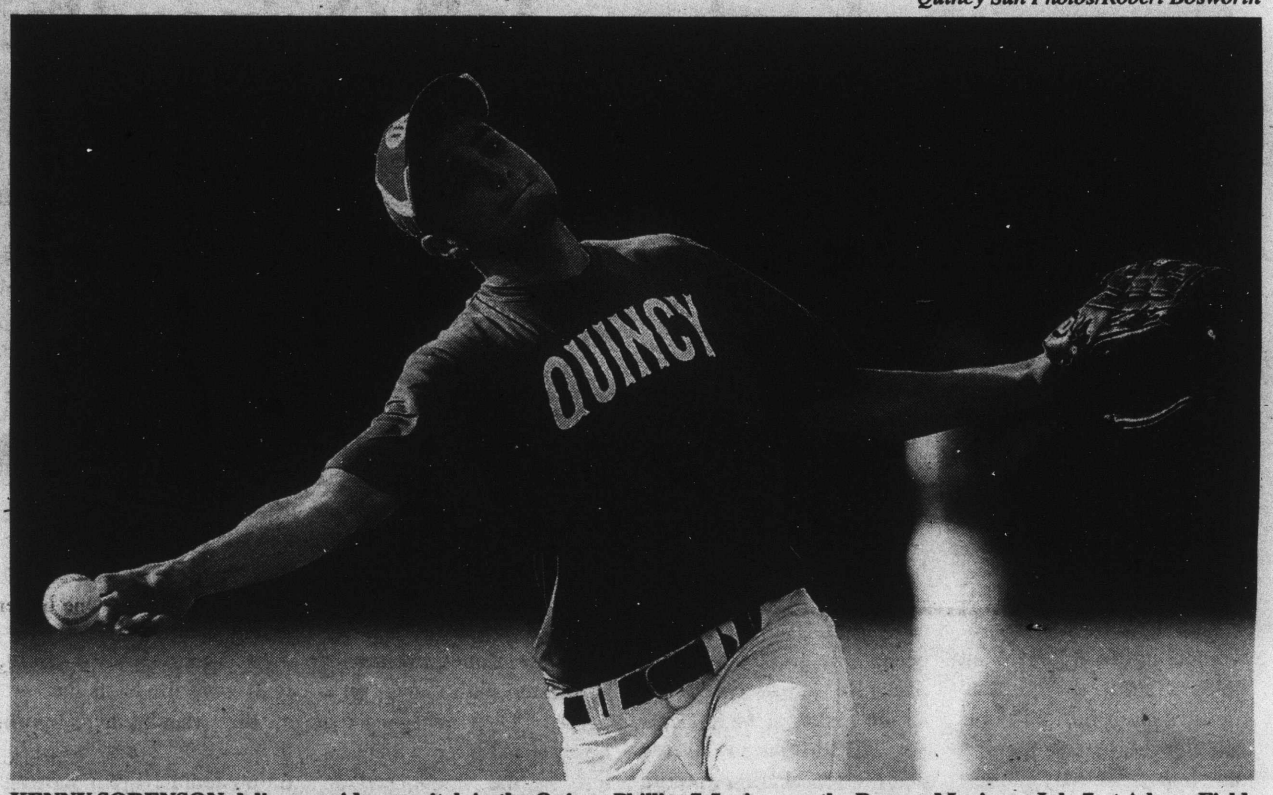


RIGHT FIELDER Corey Wayslaw makes a fine play running down this fly ball in the Quincy Phillies 7-5 win over the second-place Bourne Mariners July 7 at Adams Field. Quincy improved to 11-11 in the Cranberry Baseball League with the win and a tie for fourth place with the Marshfield Green Harbor Hawks. Playoffs begin July 17.




THREE QUINCY PLAYERS have been selected to represent the Quincy Phillies in the Cranberry League All-Star game. They are from left: catcher Aaron Clancy, shortstop Tyler Beach and center fielder Pat Keohane. A fourth player on the Phillies - pitcher Trevor Cooley of Randolph (missing from photo) – was also selected to the All-Star team.

*Quincy Sun Photos/Robert Bosworth*




KENNY SORENSON delivers a sidearm pitch in the Quincy Phillies 7-5 win over the Bourne Mariners July 7 at Adams Field. Sorenson, a former Quincy High and Morrisette Legion standout, scattered five hits and gave up no earned runs to raise his record to 3-0 this season.

*Cranberry Baseball League*

# Sorenson, Keohane Lift Phillies Over Mariners

By BILL GRIFFIN

Rick Beach just wanted a place for his kids to play baseball.

At a high school game last spring, Beach spoke with Nick DiVito, general manager of the Weymouth Phillies of the Cranberry League. Beach asked DiVito if he could take some players who were graduating from Morrisette's Senior Legion team. At first, DiVito was showed less than great enthusiasm.

"He didn't seem interested," said Beach. "Then he went to the rest room. When he came back, he said out of nowhere that he is looking to get rid of his team. He asked me if I wanted it. I said one word. Yes."

The Quincy Phillies were born. This summer, they have played their first season in the prestigious league which features many of the best college players on the South Shore. Beach has found a place for his kids to play, and they have played well.

Last week, Kenny Sorensen pitched five terrific innings and center-fielder Pat Keohane made a diving, game-saving catch with the tying runs racing around the bases in the seventh inning to lead the Phillies past the second-place Bourne Mariners, 7-5 at a foggy, chilly Adams Field.

The win lifted the Phillies to 11-11 on the season and into a tie for fourth place with Marshfield in the league.

"This is high-quality ball. Every team has pitchers who can really throw," said Beach. "We've held our own and played good baseball. Almost every kid on our team has just finished freshman year in college. Most teams have players who are juniors or seniors. There is an all-star third baseman who is 25 years old. It's been like boys against men, but we're at .500 and in good shape going into the playoffs."

Sorensen, a former Quincy High and Morrisette standout, sailed through five innings with his usual assortment of pitches from his usual assortment of arm angles. He mixed speeds, threw overhand, three-quarter, side-arm, and had an excellent breaking ball. The one difference from his high school years is he throws much harder. He has grown physically, and his fastball has good life on it.

"When I heard the glove pop the first time he threw this year, I had to check to make sure it was Kenny," said Beach.

He carried a 7-1 lead into the fifth. Sorensen gave five hits, no earned runs and, just like the good, old days, threw strikes. He walked just one. He commanded the game, but he had to leave when he was hit by a line drive on the thumb of his left hand.

"Kenny is tough and smart. There are some good hitters in this league, but nothing fazes him. He's 3-0 now," said Beach.

Bourne pushed across four unearned runs in the sixth to close within 7-5. The Mariners had two on and two out in the seventh when Keohane nearly crossed paths with right fielder Corey Wayslaw on a deep shot to right center, but stayed with the ball to make a tumbling catch in the gathering gloom to end the game.

"I knew when it went up that I could reach it, and the right fielder had no shot at it. I probably should have communicated better," smiled Keohane.

The Phillies scored all seven runs in the second on a combination of five hits and Beach's beloved go-to, small-ball. They took the extra base, scored on a double steal, and did the little things that create runs.

The Phillies draw players from Bridgewater, Raynham, Braintree, and Randolph, but there is a strong Quincy feel to the

*Cont'd On Page 20*

Round Ball
BASKETBALL CAMP
*For Boys & Girls*
INSTRUCTION & GAMES
August 1-5 Ages 7-11
August 8-12 Ages 9-16
at
North Quincy High School
9:00AM - 2:00PM
For Brochure call Ted Stevenson
617-328-3409
*Licensed by the Quincy Health Dept.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
*Chiropractor*

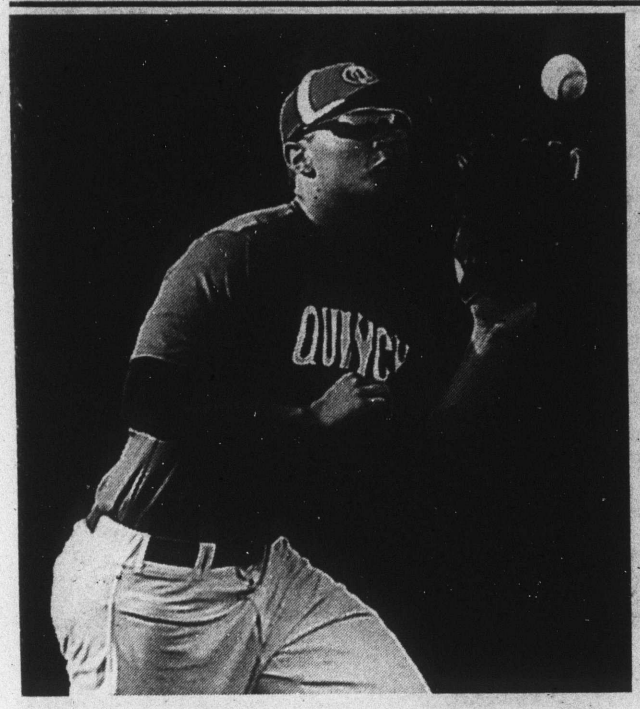
**BOWLED OVER**

The neck supports the head in much the same way that a bowling ball would be held in place atop a stick by thin elastic bands. Composed of seven small vertebrae, the neck must hold and balance the head supported only by muscles and ligaments. A cervical spine (neck) that becomes strained can lead to "pinching" or irritation of any of the eight pairs of spinal nerves that lead or connect to nearly all parts of the body. An irritated nerve in the neck can produce symptoms as varied as a headache and tingling in the fingers. After the neck is examined for structural defects, disease, and cervical instability, treatment may consist of adjustments that reposition misplaced cervical vertebrae.

Obtaining a proper diagnosis is paramount to determine the best course of treatment for neck pain. At **FAMILY PRACTICE OF CHIROPRACTIC**, we don't use drugs or surgery to correct your situation; all of our methods are safe, gentle, and recommended for all ages. For the ultimate in chiropractic care, we invite you to call **617.472.4220** to schedule an appointment. We want to help you naturally. We're located at **112 McGrath Hwy., Quincy**, where we welcome difficult and unusual cases.

*P.S. Looking down at your phone to read text messages places a stress on your neck equivalent to the weight of about four bowling balls.*

www.freedmanchiro.com



CENTER FIELDER Pat Keohane stares down a fly ball for an out in the Quincy Phillies 7-5 win over the Bourne Mariners July 7 at Adams Field.



QUINCY PHILLIES THIRD baseman Conor Columbus tags a Bourne Mariner baserunner caught in a rundown as the dust kicks up and the fog rolls in at Adams Field July 7. *Quincy Sun Photos/Robert Bosworth*

# Sorenson, Keohane Lift Quincy Phillies Over Bourne

*Cont'd From Page 19*

club. Catcher Aaron Clancy, shortstop Tyler Beach and Keohane – all Quincy residents – along with pitcher Trevor Cooley of Randolph were chosen league all stars. Clancy had a single, an RBI, and a run scored against Bourne. Greg Paulo has pitched two strong games. Nick Valicenti had a single, walk, a run scored against Bourne, and has two home runs on the season. Sean Halloren has also played well for the Phillies.

"We'll get more Quincy players as the years go on because this gives the players a place to go after they finish Legion," said Beach. "I've coached some of these kids since they were five years old, and they've played well. Clancy is hitting nearly .500. Keohane is around .480 and Tyler is at .380."

Hitting with a wood bat has been a first-time adjustment for most of the players. Keohane has experience with both because he used a wood bat when he played at BC High. He uses metal at John Carroll University, and he uses metal this summer playing his final year of Legion.

"I like the wood bat because it makes you concentrate on the fundamentals of hitting," he said. "With metal, you can get good carry even if you don't hit the ball just right. With wood, you have to hit the ball squarely."

The playoffs begin July 17.

"With this win tonight, we've beaten every team in the league except Braintree," said Beach. "Bourne swept us down there. This is a good win. It comes down to pitching, but I think we'll play well in the playoffs."

# Late Touchdown Lifts Militia Over Marshfield

**By TREVOR WENNERS**

I hope you did not leave this game early.

The Quincy Militia rewarded its loyal fans with quite a show in the final minutes of an Eastern Football League season-opening matchup Saturday night against the visiting Marshfield Hurricanes in semipro football action.

Things looked bleak for the Militia, as it trailed, 14-6, with less than four minutes remaining at Veterans Memorial Stadium. Pierre Saint Marc of Quincy gave the crowd reason to cheer when he scored from three yards out with 3:45 left, but then Dolan Reid was stopped short on the 2-point conversion.

What happened next is difficult to explain by logic. With the Hurricanes being sensitive to the possibility of an onside kick, Chris Davison kicked deep to the left corner of the end zone, and then Brooke Payne sprinted down the field and recovered the loose ball in the end zone to give the Militia an 18-14 advantage. Darryl Cyprien ran in the 2-point conversion to give the hosts a 20-14 victory.

"We knew when we put our kickoff team in there they had to hold their lanes, they had to maintain, they had to really attack the ball because we were going to use all three of our timeouts and the two-minute warning to stop and get the ball back on the offense," said Militia head coach Vaughn Driscoll. "When (Davison) boomed it, I said boom left-corner because we wanted to keep it away from (Chris) McNally because he gets it (then) it is over. He is just dangerous so we kicked it to left corner. The kid turned, he was playing too shallow, he did not sprint back fast enough and my guy beat him to the ball. Brooke Payne, tough little running back, made a big play and that is how it happened."

Quincy starting quarterback William Rondo (brother of ex-Boston Celtic point guard Rajon Rondo) completed 10 of 20 passes, as he compiled 79 yards passing to go along with a touchdown and an interception. Felipe Garcia (4 receptions, 42 yards, 1 TD) and Cyprien (28 yards rushing) played well for the Militia.

Marshfield was led by starting quarterback Tyce Havens (9 of 13, 94 yards, 2 TDs, 1 interception), Lonnie Page (2 receptions, 52 yards, 1 TD) and McNally (34 yards rushing).

The Militia defense started out with a bang, as it stopped Hurricanes' running back Ty Holley for no gain on a fourth and 1 on the Quincy 40-yard line. Cyprien immediately posted an 11-yard run, and then on fourth down punter Frank Gaudette pinned the visitors at their own 1-yard line. Quincy's defense held down the fort, as it forced Marshfield into a three-and-out.

Quincy took over at Marshfield's 21-yard line and on second and 7 Rondo completed a 13-yard pass to Reid, giving the hosts a first and goal from the five-yard line. Rondo eventually connected with Garcia on a 2-yard TD, which gave the hosts a 6-0 edge with 3:58 left in the first. Davison missed the PAT.

Marshfield evened the score, 6-6, with 4:14 left in the half on a 7-yard pass from Havens to Sean Camine. The score concluded a seven-play, 58-yard drive, which featured a 29-yard pass play from Havens to Page.

Quincy returned the ensuing kickoff to its own 30-yard line. On first and 10 Rondo was intercepted by Tyler Ruggiero, who returned the ball to the Quincy 23-yard line. The next play, Havens threw a 23-yard TD to Page, and then a successful 2-point conversion made the score 14-6 with 2:49 left in the half.

"We came into this game, we did not have the chip on our shoulder," said Driscoll. "We did not come out fired up and you (need to) against any team in the EFL. All teams in the EFL are good and they can beat anybody on any given day. They have a lot of talent over there. They have a lot of young kids. We came out flat, they played hard, they controlled the ball and they controlled the clock."

Marshfield, holding a 14-6 advantage still, started a drive at its own 20-yard line with 14:40 left in the game, and then Quincy posted an impressive three-and-out, while pushing the Hurricanes back to their own 5-yard line. A short punt gave the hosts the ball at the Marshfield 37-yard line with 9:52 left. The Militia posted a 10-play scoring drive, which totaled 6 minutes, 7 seconds.

Rondo immediately connected on a pair of short passes to Drew Bolton, and then a 3-yard quarterback sneak by Rondo gave the Militia a first and 10 on Marshfield's 25-yard line. Pressure was mounting on a third-and-9 play from the 24-yard line, but Rondo completed a 15-yard strike to Garcia, bringing the hosts inside the 10-yard line. Four plays later, Saint Marc crossed the goal line on a fourth and goal, setting the stage for Payne's heroics.

"We woke up in the fourth quarter," said Driscoll. "Special teams like we always practice is a third of the game. Today special teams are what won the game. We made a couple minor adjustments. We shortened up our routes in the fourth quarter. We had to win this game. Last year we came out and we lost the opener to them and we had eight turnovers. We did not want to lose the opener at home, especially where we have been working so hard."

The Militia has lofty goals for this season, and this was definitely a big win to start the squad's 10-game schedule. Last year Quincy was 5-5 during the regular season, and then lost to Middleboro Cobras, 35-8, in the first round of the postseason. Bigger things might be on the horizon for this version of the Militia.

"We were 5-5 last year and there were only two games where we really got our butts handed to us," said Driscoll. "I would love to go 7-3 (this year). It is going to be hard because all eight teams are pretty (good). The top-four or five are beasts. They are tough. If we go 7-3 we have really accomplished something this year. That is what I am pushing for."

One area that the Militia struggled at during its opener was finishing off drives, as they failed to score twice with the ball in the red zone. Late in the first half the Militia had first and goal from the 5-yard line and was unable to score. Isaac Whitworth of Quincy posted a 39-yard kickoff return to start the second half.

On third and 3 from the Marshfield 18-yard line Rondo nearly completed a TD pass to Garcia, and then Davison missed a field goal from the 22-yard line. It is early in the season, and there is time to fix the small kinks, as the Militia has exhibited strong chemistry and work habits going back to the offseason.

"We started back at the end of February in the gym, and the owner rented a gym with two trainers," said Driscoll. "We were averaging 35 to 40 guys in the gym. We went outside in April, we practiced three hours every week and did some in-between practices. We have been averaging anywhere from 45 to 50 guys at every practice and it shows. I have never seen the commitment on this team as it is this season in my nine years of being the founder and the head coach of the team."

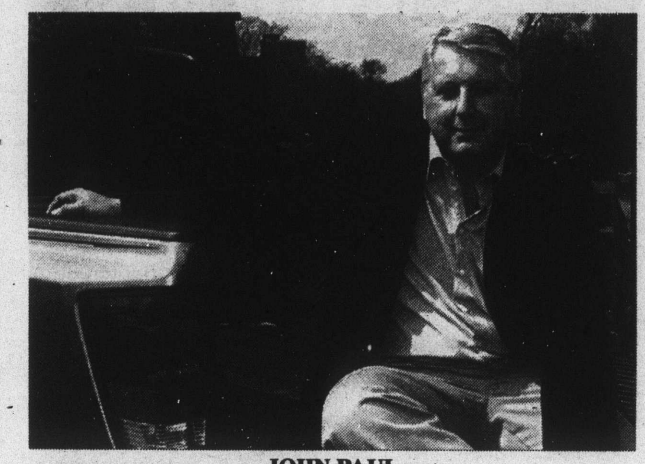
Next on the radar will be Middleboro on Saturday at 7 p.m. at Veterans Memorial Stadium. The Cobras ended the Militia's season last year so there will definitely be a great amount of intensity in this one.

"We are 1-0 but everybody knows it was a rough 1-0," said Driscoll. "An ugly win is a win and a W is a W in the standings. Now we got to focus on the Cobras and they had our number last year. They were the only team that really gave it to us hard. We played in the first half with them, and then second half they just (outplayed) us. This year we do not want that. We want to come out, play hard, play with intensity and try to match them touchdown for touchdown. If you do not against a powerhouse like that then you are in trouble."

The squad this year features 11 players from Quincy, including Peter Cedrone, Jamel Wilson, Nick Monteiro, Kyle Walker, Andrew Straton, Jerome Perkins, Mike King, William Krieger, Ryan Allen, Whitworth and Saint Marc.

# Leaking Struts, AC Controls, Alloy Wheels, Ball Joints

## *Ask John Paul: AAA New England's Car Doctor*



JOHN PAUL

**I have a 2010 Toyota Avalon with about 66,000 miles on it. Recently I had the oil changed and was told the right rear strut was leaking. The mechanic said he has seen this often in Toyotas and didn't know why a recall wasn't issued. Have you heard about this from other Toyota owners or is this a common problem?**

Leaking strut and shocks happen due to a number of reasons. Generally a strut or shock will start to leak fluid as they age. This is usually due to internal seals failing, which can be a result of our less than perfect roads. The issue is how much of a leak is considered normal. Most vehicle manufacturers agree that slight oil collecting on the strut or shock absorber is considered normal and to be expected with age. More importantly is how the component performs and a simple "bounce" test is still a good indicator of wear. If the car still bounces after pushing down on the corner of the car a few times then the shocks or struts are in need of replacement.

**I own a 2010 Toyota Camry and it is using one quart of oil every 1,000 miles. A friend of mine has a 2001 Camry and it uses no oil between oil changes. Did I get a lemon?**

Some Toyota engines have had a problem with oil consumption. The repair is not simple since it requires replacing the pistons. At this point, the economical thing to do is just add oil when necessary.

**I have a Chevy Tahoe and after I replaced the battery recently and now the air conditioner doesn't switch from the center of the dash vent to the defroster. Is it possible that changing the battery caused this problem? It seemed fine all spring/winter.**

Changing the battery shouldn't have had any effect on the air flow controls. That said, it is certainly worth trying to recalibrate the system first before replacing any parts. Try this: With key on and the engine off press the Auto button on climate control then shut off ignition immediately. Remove both battery cables and leave off for about 45 minutes, then replace the positive battery cable and then the negative cable. If that doesn't fix the problem then it is most likely a faulty door actuator.

**I have a car with alloy wheels and they are dirty. I have cleaned them and they look okay but lack the new car sparkle they once had. Is there anything I can try to make them look better?**

I have a cone shaped buffer wheel that fits into a cordless drill. The design allows you to get into the nooks of the wheel. It is called the Buffer Bit (www.bufferbit.com). It comes with three wool buffing pads and a handy storage tube. Judging from its design you can probably polish chrome motorcycle pipes, wire wheels and according to their website cowboy boots.

**I have a 2005 PT Cruiser convertible and the windows rattle (driver's side). I brought the car back to the local repair shop and they told me there wasn't anything they could do. They told me that it was due to the car being eight years old and having some wear and tear. What do you think?**

Although there may be some truth to this, it may be a case of being a little lazy. You can certainly adjust the glass. Most likely it is the rear window powering up past its stop causing the door glass and rear quarter glass to hit together.

**How tight should I tighten an oil filter when I doing my own oil changes? I always get confused, some people say hand tight, other count revolutions once the gasket contacts and still others tell me to just make it tight. What do you do?**

Oil filters should be hand tightened – no wrenches. For any compressible seal to function properly, the amount of compression on it is very important. This is even more important when the gasket sits in the oil filter. Just going by "feel" is too variable to be reliable. Too loose and it can leak and "blow out" or too tight and the seal can be damaged. Either way your car's engine can suffer catastrophic damage if the seal fails. Here is what I do: Follow the manufacturer's directions on the box, clean the mating surface on the engine. Put clean oil on the rubber seal and the mating surface. Spin the filter on until the rubber seal just touches the mating surface. Now, tighten it per the manufacturer's directions - usually an additional 3/4 to 1 turn. This ensures the proper compression on the seal and gives a reliable seal every time. This is what has worked for me, readers and technicians what do you do?

**I'm thinking about the Ram pickup truck with the diesel engine. I always liked the heavy duty truck with the Cummins engine, but never needed a heavy duty truck. This would be my "Cowboy-Cadillac" – this is a truck that really will never do much work but I like trucks and diesels and want all the bells and whistles. Do I need to have any concern about this new engine or the truck itself?**

I recently drove the Ram 1500 pickup truck with just about every option imaginable. The low emissions 3.0 liter V-6 diesel engine ran smooth strong with only a hint of diesel clatter. The model that I drove was a four-door Laramie, with four-wheel drive, leather interior, power everything and plenty of attention to luxury details. The bed had Ram's built in storage boxes, factory spray in bed liner and lots of tie down points and even a bed divider. Fuel economy was also impressive with my test drive averaging 28 miles per gallon. The only option I would have liked was running boards; there was a bit of a step up to get into the cab. I have not heard of any problems with this engine and a quick check of enthusiast forums turned up nothing but compliments.

**I drive a 2006 Hyundai Sonata and I have driven it 202,000 miles in the 10 years I have owned it. Starting the first warm day we had the car would overheat if I drove more than 45-50 minutes. I brought the car to a local dealership and they replaced the water pump. When this didn't fix the problem I went back to the dealer and they suggested it was the cylinder head gasket. When I asked how much it would cost to fix I was told $720 to $2000. What do you think and why didn't they mention this when they replaced the water pump and why the big range in repair costs?**

Considering the miles on the car and the history of overheating, it is entirely possible that your car needs a cylinder-head gasket. Testing for an internal coolant leak is relatively easy. The shop either needs to use an infrared exhaust gas analyzer or a kit the measures exhaust gas in the coolant. If the shop has an exhaust gas analyzer they can determine if the engine has a problem within minutes. If they don't have this tester, they may use a "block-check" kit. These reusable kits cost about $50. If the water pump was leaking and the coolant was low, that would explain the overheating. Regarding the shop not mentioning a possible problem, it is not common practice to check for an internal coolant leak if there is a easily identifiable issue such as a leaking water pump. The cost of the repair can vary widely if the cylinder-head needs to be replaced along with the cylinder head gasket. To me it seems the shop is trying to keep you informed of what could be the worst case scenario.

**John, I realize this question is not a typical question but I thought you might have some ideas. Last week I was transporting a "Jello-Brain" for my daughter's class project and the brain tipped over in my car. The brain was heavy on red dye for the full zombie effect. As soon as I got home we tried to clean the interior of our 2015 Lexus RX and discovered that the beautiful tan carpeted floor mat and the carpet in under it were stained a medium red. Any ideas on a product that will lift that red dye out of an expensive to replace tan carpet?**

When it comes to stains I usually try a vehicle detail shop. With combinations of extraction cleaning machines and "magic" potions, a good detail shop can clean almost any surface. Short of a contacting a professional, here are some home remedies that may work. An important note; with any of these products, test them in an inconspicuous spot first. Try dish detergent, mix up a solution and use only the suds, allow the suds to stand for a few minutes, then work with a soft brush and remove the solution with a wet-vac. I have also had good luck with shaving foam, not gel. Some others common remedies are; club soda or a mixture or peroxide and water (one part peroxide and three parts water). Finally as anyone who has worked in a garage knows, brake-cleaner can work miracles with many greasy stains. Readers any ideas for "Jello-Brain" stain removal?

**How much should it cost to replace the lower passenger side ball joint in a 2004 Frontier four-wheel-drive truck? Do you have an opinion of using the factory part versus an aftermarket part from an auto parts store?**

If you use the factory parts the ball joint is available only as a part of the lower control arm which makes the repair costly. The lower control arm according to AllData, the technical data base I use is $406 plus 2.7 hours labor to install the part. If the lower control arm isn't worn where the ball joint threads into place, you can replace the ball joint with a quality after-market part from NAPA or Moog for well under $100 plus labor. Once the repair is completed, it would be money well spent to have the wheels aligned.

**I have a 2007 Hyundai Tucson that I purchased new with an extended warranty (10 year/100,000 miles). I have about 80,000 miles on the car and the 10 years will be up in August, 2017. I would like to have the car checked by someone other than the dealer (they have missed things in the past that were covered under warranty) to insure there's nothing wrong that is covered before my warranty expires. Can you recommend someone reputable who would do that?**

Any one of AAA's Approved Auto Repair shops should be able to perform this type of inspection. This type of inspection is no different than an inspection that you would have performed prior to purchasing a used car. Go to www.aaa.com and then the Approved Auto Repair section and then you can select a shop by zip code nearest to you.

**My 2009 Pontiac Vibe with 93,000 miles started experiencing severe static on the radio. Also I think about the same time, my door lights stopped coming on. Having no radio reception is very tough. Do you know what might be going on?**

The first thing you need to do is determine if the static only happens with the engine running. If the noise happens with the engine running and gets louder when the engine is revved slightly the issue is most likely related to the alternator or ignition system. If there is no noise with a CD in the player, but only on AM/FM, then the problem is likely related to a faulty ground or the antenna issue. Regarding the courtesy lights, the issue could be related to the wiring (ground or power) which is certainly worth looking into as part of the overall inspection of the static issue.

**In a past column, you suggested that down-shifting a 2003 Toyota Camry was not advisable since the transmission was not designed for manual downshifting. I have a 2014 Ford Fusion with 4-wheel-drive and paddle shifters. I live in a hilly part of New England and using the shifters is fun and necessary at times. I would like your opinion on this.**

The transmission in the Fusion was designed with a manual shifting mode. If you feel you want to have a little more control feel free to shift as necessary. Although keep in mind in manual shift mode you may be paying a fuel economy penalty. The car's computer is designed to find the balance between decent performance and fuel economy.

**What are your thoughts on the latest Honda Pilot? I have had one for over 200,000 miles and I'm considering a new one.**

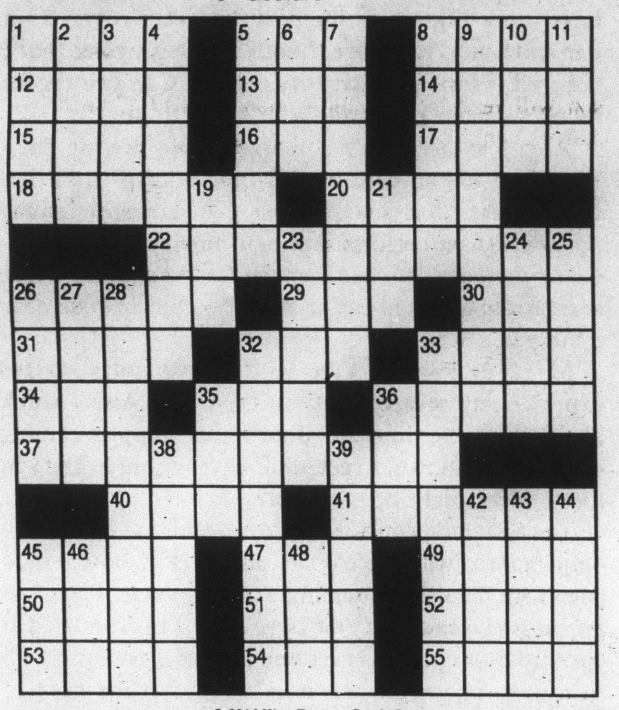
I think the Pilot is one of the best three row SUVs sold today. I would not hesitate to buy a new one. In fact the latest Pilot was voted by the New England Motor Press as the official winter vehicle of the year?

# SUN FUN PAGE

## King Crossword

**ACROSS**
1 With 5-Across, fade
5 See 1-Across
8 Old World duck
12 Inauguration recitation
13 Genetic stuff
14 Comic strip possum
15 Lo-cal
16 Squid's squirt
17 Acknowledge
18 Gold coin of old Italy
20 Differently
22 Berlin-born actress
26 Hackneyed
29 Banned pesticide
30 Ostrich's kin
31 Miners' finds
32 Pair
33 Oklahoma city
34 Zodiac sign
35 Onassis, familiarly
36 Isolated hill
37 Berlin-born actress
40 Census statistics
41 Slanted, in print
45 Fence opening
47 Pitch
49 Angry
50 Verve
51 -- out a living
52 PC picture
53 Dissolve
54 Pop
55 "-- Misbehavin' "

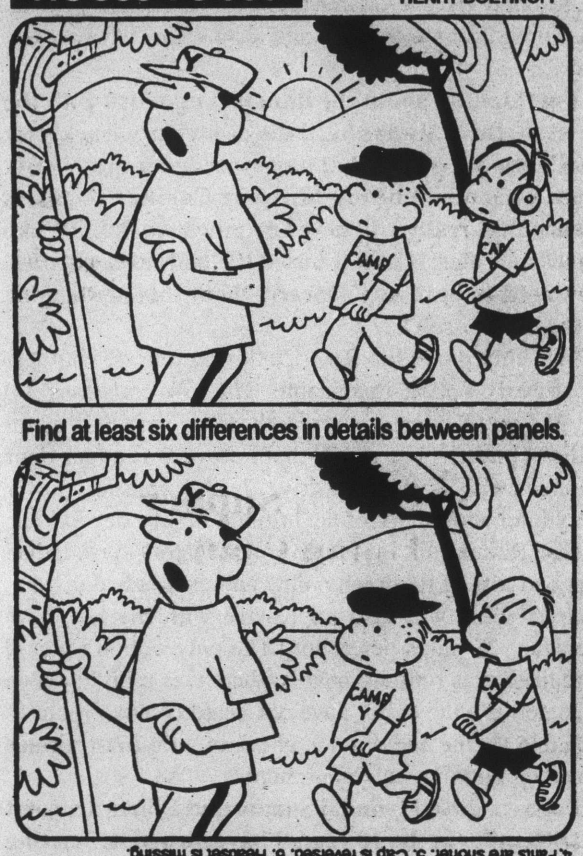
**DOWN**
1 Rory McIlroy's game
2 Bar
3 "Beetle Bailey" dog
4 Although
5 Quaff
6 Hostel
7 Manages with what one has
8 Tic
9 Gesture
10 Id counterpart
11 "Holy cow!"
19 Under the weather
21 Parcel of land
23 Buzz Aldrin's real first name
24 Send forth
25 Discourteous
26 Brazen
27 Vicinity
28 Re newborns
32 Had a rendezvous
33 Bicontinental region
35 Shock and --
36 Wager
38 Representative
39 Weary
42 Places
43 Press
44 Penny
45 Prized possession
46 Hearty brew
48 Alias abbr.



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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Walking stick is shorter. 2. Arm is moved. 3. Sun is missing. 4. Pants are shorter. 5. Cap is reversed. 6. Headset is missing.

New! 24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## Trivia test

by Fifi Rodriguez

1. MONEY: What is the building depicted on the back of a $20 bill?

2. MEASUREMENTS: How many yards are in a fathom?

3. PSYCHOLOGY: What is the fear represented by pyrophobia?

4. TELEVISION: Who voiced the role of Charlie on the original "Charlie's Angels" TV series?

5. U.S. STATES: Which three state capitals have the least number of letters in their names?

6. LANGUAGE: What are gauchos?

7. FIRSTS: Who was the first woman to receive the Distinguished Flying Cross?

8. GENERAL KNOWLEDGE: In superstitious beliefs, how many years of bad luck allegedly come from breaking a mirror?

9. MATH: What is a 20-sided shape called?

10. AWARDS: What is the award given each year to major-league baseball's most outstanding pitchers in the American and National Leagues?

Answers

1. The White House
2. Two (six feet)
3. Fear of fire
4. John Forsythe
5. Salem, Oregon; Dover, Delaware; Boise, Idaho (five letters)
6. South American cowboys
7. Amelia Earhart
8. Seven
9. An icosagon
10. Cy Young award

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## Salome's Stars

**ARIES** (March 21 to April 19) You face the possibility of raising your relationship to another level. However, your partner might demand that you make promises for which you're not sure you're ready.

**TAURUS** (April 20 to May 20) As changes continue, expect things to get a little more hectic at your workplace. An unexpected travel opportunity could open new career prospects.

**GEMINI** (May 21 to June 20) Confront the person who caused your hurt feelings and demand a full explanation for his or her actions. You'll not only recover your self-esteem, but you'll also gain the respect of others.

**CANCER** (June 21 to July 22) That personal problem in the workplace is compounded by someone's biased interference. Stand your ground, and you'll soon find allies gathering around you.

**LEO** (July 23 to August 22) You don't accept disapproval easily. But instead of hiding out in your den to lick your wounded pride, turn the criticism into a valuable lesson for future use.

**VIRGO** (August 23 to September 22) That former friend you thought you'd cut out of your life is still affecting other relationships. Counter his or her lies with the truth. Your friends are ready to listen.

**LIBRA** (September 23 to October 22) What appears to be an unfair situation might simply be the result of a misunderstanding. If you feel something is out of balance, by all means, correct it.

**SCORPIO** (October 23 to November 21) A stalled relationship won't budge until you make the first move. Your partner offers a surprising explanation about what got it mired down in the first place.

**SAGITTARIUS** (November 22 to December 21) A coworker shares some startling news, but before you can use it to your advantage, make sure it's true. The weekend favors family matters.

**CAPRICORN** (December 22 to January 19) Your usual conservative approach to family situations might not work at this time. Keep an open mind about developments, and you might be pleasantly surprised.

**AQUARIUS** (January 20 to February 18) Plans might have to be put on hold because of a family member's problems. Don't hesitate to get involved. Your help could make all the difference.

**PISCES** (February 19 to March 20) Relationships in the home and in the workplace need your careful attention during this period. Be careful not to allow misunderstandings to create problems.

**BORN THIS WEEK:** You have a keen, insightful intellect and enjoy debating your views with others who disagree with you. You also love to solve puzzles -- the harder, the better.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals Y

BY HSR BIIDJHABFDJ JBHXA MIXQRA JSXZNXA SXJ X YXLFABHR MXJHX OBJS, OF QFD HSBZN BH'J AXLB-FIB?

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CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## MAGIC MAZE ● WHOLE GRAINS

U V R O E L H E A B X U R O L
I E T E L L I M B Y V S Q N K
H E B Y Y W A T T R O L F J G
B R O W N R I C E L E F B Y Y
W U R P A N K I I G E D B E Z
X V S N Q O M K N T Z P L I G
E C T T A R O S K T I R S Y W
U H S Q U E R T O P A R N L J
H F E C A M R A R B M E T Y X
V U S Q P M A O N I U Q H N M
K J H F E E F K C B Z Y X W V

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Amaranth, Brown rice, Einkorn, Emmer, Farro, Kamut, Maize, Millet, Oats, Quinoa, Rye, Spelt, Teff, Triticale, Wheat

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## Wishing Well®

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 4 | 3 | 6 | 3 | 8 | 2 | 6 | 2 | 8 | 2 | 5 | 8 | 3 |
| A | S | E | O | U | N | A | E | N | V | T | B | C |
| 5 | 3 | 7 | 3 | 7 | 8 | 3 | 8 | 7 | 5 | 8 | 5 | 3 |
| A | I | A | A | G | O | L | U | O | K | N | E | C |
| 8 | 2 | 4 | 8 | 5 | 8 | 3 | 5 | 8 | 4 | 8 | 3 | 8 |
| D | E | N | E | A | D | L | F | E | E | N | I | E |
| 7 | 2 | 3 | 6 | 2 | 8 | 2 | 7 | 6 | 7 | 5 | 8 | 7 |
| O | R | M | G | Q | R | U | D | E | S | I | G | T |
| 4 | 6 | 2 | 4 | 8 | 7 | 4 | 2 | 3 | 5 | 3 | 6 | 3 |
| W | R | I | L | Y | A | E | T | A | R | T | T | E |
| 7 | 4 | 7 | 3 | 5 | 4 | 6 | 3 | 6 | 3 | 6 | 5 | 4 |
| R | A | T | I | M | D | O | M | L | P | E | S | E |
| 6 | 3 | 4 | 5 | 3 | 6 | 5 | 6 | 3 | 5 | 3 | 5 | 3 |
| A | R | R | T | O | R | A | N | V | N | E | D | S |

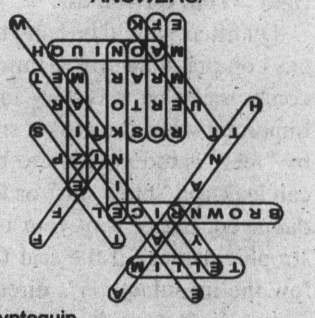
HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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— King Crossword —
Answers
Solution time: 25 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:
If the illustrious star player Shankar has a favorite pasta dish, do you think it's Ravi-oli?

# RELIGION

## Quincy Point Congregational

Sunday worship July 17 at Quincy Point Congregational church, 444 Washington Street begins at 10 a.m.

The sanctuary is air-conditioned and handicap accessible via the Abbey Road side of the building. This week the church welcomes Rev. Philomena Hare as the pulpit supply preacher.

A UCC ordained minister, Rev. Philomena received a Masters of Divinity degree from Boston University School of Theology. She began her ministry in Social Work at the Department of Mental Health, Division of Developmental Disabilities and later served with The Salvation Army Center for Worship and Services in Brockton. Currently, Rev Philomena is a chaplain at Signature Healthcare in Brockton. Rev. Philomena and her family live in Marshfield Hills.

Following worship all are invited for fellowship in the downstairs social hall. While you are there take a moment to sign the "Birthday" and "Thinking of You" cards.

Summer Sunday School is here. Drop children to the classroom located adjacent to the kitchen in the basement. All children are welcome.

The curriculum will feature the One Room Deep Blue Sunday School Program. Per their website, "Deep Blue is the new awe-inspiring resource for children which includes adventure, exciting stories, science experiments, arts and crafts, animated video storytelling, and active games-all combined into a living–faith experience that will help children discover what it means to be a disciple of Jesus Christ today.

For more curriculum info see: http://www.deepbluekids.com

## Central Baptist Church 'Block Party' July 23

Central Baptist Church, 67 Washington St., Quincy is having a "Block Party" Saturday, July 23 from 11 a.m. to 2 p.m.

All are welcome to tour the church. There will be face painting, hot dogs and more. Learn about the church as well as its Vacation Bible School program set for July 25-29 from 2 to 4 p.m. All children grades 1 through 5 are welcome to hear Bible stories and do crafts.

For more information call 617-479-6512.

## Houghs Neck Congregational

Sunday worship service starts at 10 a.m. at the Houghs Neck Congregational Church, 310 Manet Ave.

Pastor Felix Carrion will lead the service and preach his sermon "Value, Vision, Voice." The service will be dedicated to the slain officers, their families and those wounded in the Dallas, Texas shooting.

Liturgist Nancy Jacobs will call to worship and read the scripture lesson. Nancy and Rob Rheault will serve for the Diaconate. Music will be played by Steve Reed, organist.

Following the service a fellowship coffee hour is hosted by Nancy and Molly Jacobs. All are invited.

Vacation Bible School is scheduled for Monday, Aug. 15 through Thursday Aug. 19 from 9 a.m. to 11:30 a.m. The free program "Everest-Conquering Challenges with God's Mighty Power" is for children 3 to 12.

Space is limited. Contact Jaime Gordon at 617-435-1472 or email jaimegordon-mk@gmail.com.

## Spaghetti Supper At Union Church

Union Congregational Church, corner of Beach Street and Rawson Road, will host a Spaghetti Supper Saturday at 6 p.m.

Each Saturday evening at 6 p.m. through Aug. 13 the public is invited to enjoy a spaghetti supper with all of the fixings, including home made Italian sauce, fresh bread and ice cream for a donation of $5. The church is able to offer the meal at this deep discounted price through the generosity and kindness of its members and its friends from the community.

Though not required, reservations are appreciated.

For more information call the church at 617-921-8706.

## Bethany Congregational

Bethany Congregational Church will have a Sunday Worship Service at 10:00 a.m. The Rev. William C. Harding will conduct the service and preach the sermon, "Word of God." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1 p.m. to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6:00 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

## Catholic Collaborative 'Patriotic Dinner' July 30

The monthly dinner committee of the Quincy Catholic Collaborative of St. Mary-Sacred Heart-St. Ann Parishes continues its series of monthly events with a "Patriotic Dinner" Saturday, July 30 at 5:30 p.m. in the cafeteria at Sacred Heart Parish, 386 Hancock St., North Quincy.

The Americana-inspired menu features chicken potpie, mashed potatoes, salad and rolls, "star-spangled shortcake," coffee, tea and soda.

Cost is $10 per person or $25 per family with children age 12 and younger.

Reservations are needed by Wednesday, July 27 and may be made by calling Sacred Heart rectory at 617-328-8666.

For more information contact the parish at 617-328-8666 or visit the collaborative website at www.qcc14.org.

## Church on the Beach Sunday Mornings At 8 A.M.

"Church on the Beach," a combined ministry of Christ Church Mobile Ministries and Union Congregational Church of Wollaston, has resumed.

Held each Sunday morning at 8 a.m. on Wollaston Beach between the yacht clubs, the services offer a brief and wonderful opportunity to worship God in the beauty of Quincy Bay.

Rev. Martha Swanson will offer this week's message and Rev. John Swanson will read the scripture and say some prayers.

Coffee and conversation with the commodore of Squantum Yacht follows the service. For more information, call 617-479-6661

# Quincy Religion Directory

## SERVICES & ACTIVITIES

### Catholic

**St. Mary's Church**
*95 Crescent St., Quincy • 617-773-0120*
*Masses*
*Saturday, 4pm, Sunday 8 & 10:30am*
*Tuesday/Thursday 9am*
*Handicapped Accessible*
*New Members Welcome!*

**ST. AGATHA CHURCH MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
**44 School St., Quincy**
**617-773-1021**
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
**386 Hancock St., North Quincy, MA 02171**
**(617) 328-8666**
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
***550 Washington Street***
***Quincy, MA 02169***
**617-472-6321**
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible & Handicapped parking, side entrance air conditioned*

*Saint Ann's Church*
**757 Hancock St., Wollaston**
**617-479-5400**
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Pastor Felix Carrion will lead the service and preach the sermon "Value, Vision, Voice"**
***All are welcome to attend***
*FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE*

**BETHANY CONGREGATIONAL CHURCH**
Spear & Coddington Streets
Quincy Center, 617-479-7300
**www.bethanycongchurch.org**
**Sunday Worship Service at 10AM**
**Rev. William C. Harding will conduct the service and preach the sermon "Word of God."**
Child Care Available
For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*
*The church is wheelchair accessible*

**PEACE**

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
***GoodBye and Thank you to Reverend Fred Hayes who ends his interim ministry with us.***
**Summer Sunday Worship, 10 AM**
**'When in our Music God is Glorified'...*music & meditation***
**ALL ARE WELCOME!**
**617-773-7432 • www.wollastonucc.com**

**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617) 479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

***QUINCY POINT CONGREGATIONAL CHURCH***
*444 Washington St . • 617-773-6424*
Worship and Church School 10 am
*Rev. Ann Suzedell, Pastor*
*email: office@quincypointcong.org*

### Unitarian Universalist

**United First Parish Church**
*A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.*
**Chalice Circle Discussion Group:**
**Sundays at 10:30 AM**
*Followed by Fellowship & Refreshments*
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

### Christian Science

**First Church of Christ, Scientist**
**1460 Hancock Street, Quincy**
**617-472-7099**
**Sunday Services and Sunday School 10:30 a.m.**
**Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.**
***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
Church of the Nazarene
***Sunday Worship***
***8:30 AM Liturgical Worship***
***9:45 AM Sunday School***
***11:00 AM Celebration Worship***
*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5669
E-mail: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

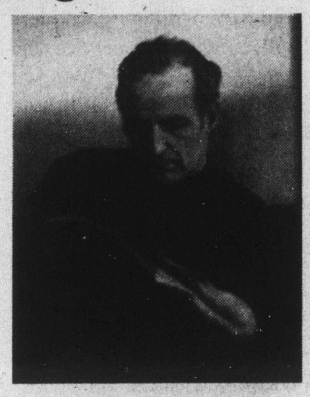
### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45 CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

***To Advertise in this Directory, Call 617-471-3100***

# OBITUARIES

## Peter Vaughn



PETER VAUGHN

Peter Vaughan of Quincy and North Truro died peacefully at home surrounded by family and friends on June 20.

Born Oct. 18, 1934 in Wollaston, he was a lifelong resident of Quincy and North Truro. He graduated from Quincy High School in 1952 and Boston University. He served as an Army M.P. in Germany from 1957-1959. He also worked at Highland House, in North Truro, Boston Gear Works, Norfolk County Trust and Bay Banks.

Beloved husband of Philippa Ormiston Vaughan, also of Quincy and North Truro. Dedicated parent of John Petraborg of Georgetown, Stephanie and Jason Strongin of ME, Christopher and Alice Powell of England and Catherine Powell of CA. Son of the late William Bradford Vaughan, and Millicent Elder Vaughan. Predeceased by his siblings Bradford Vaughan, Beverly, William, Robert, Charles, and Priscilla. Devoted Grandparent to Ajax Oakford, Atalanta Powell, Jamaica Davis, Renee Araneda, Chouan Strongin, and Lauren Burgos. Special nieces Heidi Vaughan, Penny King and cousins Nancy Rogers and Joy Dawkins and special friend Margaret Mantia O'Brien. He also leaves behind many beloved dogs especially Woody and Wolly.

Private burial service will be held at a later date.

Services handled by Lydon Chapel for Funerals, 644 Hancock St., Quincy.

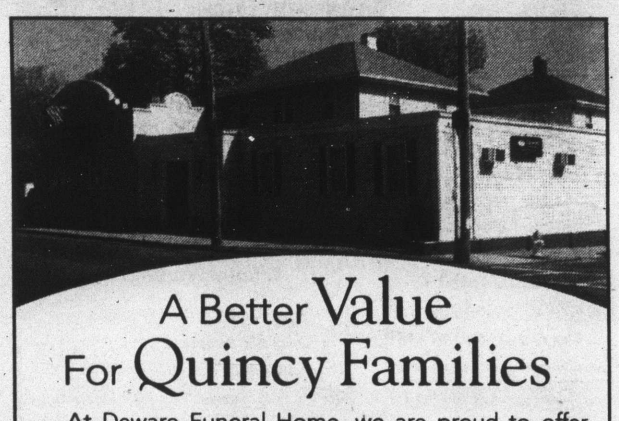
Memorial donations may be made to the Quincy Animal Shelter, P.O. Box 690088, Quincy, MA 02169.




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cliffords.com
1.800.441.8884





A Better Value For Quincy Families

At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

Funeral Ceremony • Visitation • Casket

At Deware Funeral Home, we put the needs of our customer first. We also offer a Simple Burial Plan for $3,395.

With Deware Funeral Home, you can trust us to provide the compassionate care you expect at an exceptional value, backed by a 100% service guarantee.

*Exclusive provider of Dignity Memorial® benefits.*

**Deware Funeral Home**

576 Hancock Street | Quincy, MA 02170 | 617-472-1137

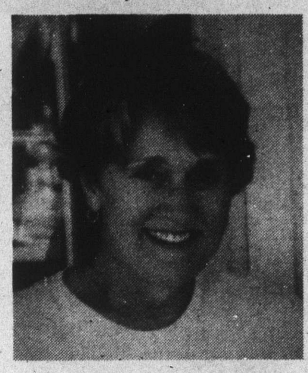
Dignity Memorial

For more information visit
www.dewarefuneralhome.com

*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, obituary announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454


## Carol A. Powers, 78



CAROL A. POWERS

A funeral service for Carol A. (Spadorcia) Powers, 78, of Quincy and Falmouth will be held at 11 a.m. Friday in St. John the Baptist Church, Quincy.

Mrs. Powers died July 9, peacefully after a courageous battle with Alzheimer's and cancer with her family by her side.

Beloved wife of John B. Powers for 58 years and loving mother of John M. Powers of FL, Kathleen Powell and her husband Robert of Marblehead, Debra Infascelli and her husband Steven of Norwell and Nancy Bridges and her husband Mike of West Falmouth. She was the proud grandmother (Nannie) of six grandchildren: Sean and Brendan Powell, Matthew and Andrew Infascelli and Julie and Charlotte Bridges.

Mrs. Powers was born in Quincy and raised on 'Spadorcia Hill' by a large Italian family surrounded with traditional food, music and love. Her memories of her childhood never wavered and she often shared stories with her own children of her life on 'The Hill.' Daughter of the late Alfred Spadorcia and Virginia (Bowen) Spadorcia and devoted sister of Virginia (Pudgie) Keefe of Quincy, Albert Spadorcia of Abington, Alfred Spadorcia of FL, Sharon Schmitz of Marshfield and the late William Spadorcia. Mrs. Powers was proud of her heritage and her Spadorcia name.

A graduate of Quincy High School, Class of 1956, she worked for many years at Remick's Department Store and at Quincy Public Schools for over 20 years as a school secretary, retiring in 1998 from the Amelio Della Chiesa Elementary School.

She loved her job, celebrating with the Birthday Girls, practicing yoga, taking long walks and she was also devoted to her Catholic religion.

In addition to her own children, her greatest gift in life was her six grandchildren. It was 'Nannie's Pond' in Falmouth where they enjoyed endless Cape Cod summers and sleepovers. There for every birth, birthday, sporting event, graduation and play she never missed a moment to share in their joy and achievements. Nothing made Nannie happier than being with her grandchildren.

Her last days were spent smiling, listening to music and dancing. It gives us all peace to know that music, love and laughter are guaranteed in heaven. Nannie will be missed but her memory will live through her children and her beautiful grandchildren, forever grateful for her love.

Visiting hours are 4-8 p.m. Thursday in Bolea Funeral Home, 116 Franklin St., Quincy.

Interment at Blue Hills Cemetery, Braintree.

Memorial donations may be made to the Alzheimer's Association or the Norwell VNA at 120 Longwater Dr., Norwell, MA 02061.

## Gordon Maver

A memorial service for Gordon Maver of Linden Ponds, Hingham, was held Wednesday at 11 a.m. in the Derby Clubhouse Performing Arts Center at Linden Ponds.

Mr. Maver died June 10.

The beloved husband of 57 years to the late Doris (Kennedy) Maver. Devoted stepfather of Alan Bruce Clay of Boston.

Mr. Maver was born in Quincy and attended Quincy Public Schools, graduating in 1946. He later attended Brown University and then graduated from Boston University. He was a controller for the Bethlehem Steel Corporation for 27 years before retiring in 1984. Mr. Maver was a talented golfer; the highlight of each spring for 40 years was attendance at the Masters Tournament with his wife Doris.

He was the brother of George Maver of Hanson, the late William Maver, the late Russell Maver and the late Elizabeth Behning. He is also survived by many nieces and nephews.

Private interment.

Memorial donations may be made to Linden Ponds, Benevolent Care Fund, 300 Linden Ponds Way, Hingham, MA 02043.

Arrangements by Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

More Obituaries On Online at www.thequincysun.com

## Sheryl L. Murphy, 64



SHERYL L. MURPHY

A funeral for Sheryl Lee (Dobbie) Murphy, 64, of Quincy will be held at 11 a.m. Friday at Deware Funeral Home, 576 Hancock St., Quincy.

Mrs. Murphy died July 9 after a courageous battle with cancer.

She was the devoted daughter of Ruth Dobbie and the late John Dobbie. Beloved wife of the late Douglas W. Murphy; adored mother of Heather MacWhinnie and her husband David MacWhinnie, Douglas Murphy Jr., Victoria Murphy, and Renee Murphy. Loving grandmother of Matthew and Cody.

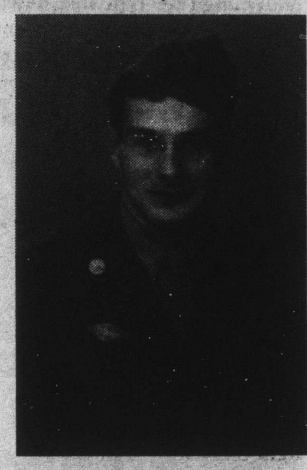
The foundation of her life was family; her grandchildren were the cornerstone of all that was truly important to her.

Visiting hours are 4-8 p.m. Thursday.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Cystic Fibrosis Foundation.

## Edward H. Roberts, 93



EDWARD H. ROBERTS

A memorial service for Edward Henry Roberts, 93, of Concord, N.H., was held July 9 in Deware Funeral Home, 576 Hancock St., Quincy.

Mr. Roberts died July 5, in Concord with his loving family at his side.

He was born in 1922 in South Boston, and was formerly of Quincy and Sunapee, N.H.

Mr. Roberts served in the U.S. Army in the 12th Armored Division during WWII, where he was the recipient of the Purple Heart and Bronze Star; he served an additional eight years in the Naval Reserves. While living in Quincy, he served as the director of Emergency Management, the president of the Massachusetts Vocational Association, served with the American Red Cross and FEMA, Lutheran Social Services of New England, Board of Directors of Gethsemane Cemetery, and active member of the VFW and American Legion and a member of Wollaston Lutheran Church.

Mr. Roberts was a graduate of North Quincy High School, Quincy Vocational Technical School, Wentworth Institute, Fitchburg State University, UMass Boston and Ohio State University. He had been employed by Boston Gear Works, General Dynamics Fore River and as a vocational teacher for 28 years in the Boston Public Schools. Mr. Roberts was a key leader in the establishment of vocational training programs and establishing cross-relations with many sister cities in China in 1983 and 1987.

His hobbies included snow and water skiing, snowmobiling, sailing, hiking, woodworking and the great outdoors. He enjoyed travels in Europe, Africa, China, Caribbean, Canada and the U.S.

He was predeceased by his first wife, Charlotte, in 1998, who he was married to for more than 50 years; his sister, Rita Newcomb; his brother, Frank Roberts in 2016 and his parents, Edward and Margaret (Kogel) Roberts.

Members of Mr. Roberts' family include his wife, Barbara, of NH; his daughters, Elizabeth and her husband Gregory of ME, Ying Xia of NH; his grandchildren, Kari McCall of FL, Ty Cook of WY; great-grandchildren, Johnna Jardine of ME, Sydney of UK, Gabrielle McCall and Blair Ure of FL; three great great-grandchildren, Stephen, Jayson and Connor; stepdaughter, Karen Kemp; step-grandchildren, Helen and Ian; and many nephews and nieces.

Interment at Gardens of Gethsemane Cemetery, West Roxbury.

A memorial service will be held at a later date at Havenwood in Concord, N.H.

Memorial donations may be made to the charity of your choice.

Arrangements were made by Bennett Funeral Home of Concord.

# A New Monument For William Appleton Grave




**ORIGINAL GRAVE MARKER for William Appleton - a Civil War veteran and casualty at the Battle of Gettysburg 153 years who is not buried at Sailors' Home Cemetery in Wollaston – is removed by Quincy Cemetery General Foreman Paul Hennessy (left) and Mason Kevin Hannon. Local officials, after conducting research, have determined that the burial remains of this William Appleton are unknown and he is probably interred in the National Cemetery in Pennsylvania or in the fields and farms around the Gettysburg battlefield.**

*Cont'd From Page 4*

that chronicled the crime that sent the city into a frenzy.

"Murphy was on his way to Hingham to shoot someone else. He's in Quincy waiting to jump on the train to go to Hingham and he stops and asks Mr. Appleton if he can have five cents to buy a bottle of booze. Appleton says no and Murphy shoots him three times, once in the head, and kills him," Cassani said.

Mr. Appleton was 53 years old.

A newspaper account of the incident notes that Mr. Murphy bought a gun for five bucks in Boston a few days before the fatal shooting. He had been apparently drinking and ran into Mr. Appleton and killed him because he wouldn't give him money for alcohol.

"Mr. Appleton was just going about his daily business. He was in the wrong place at the wrong time," Cassani said.

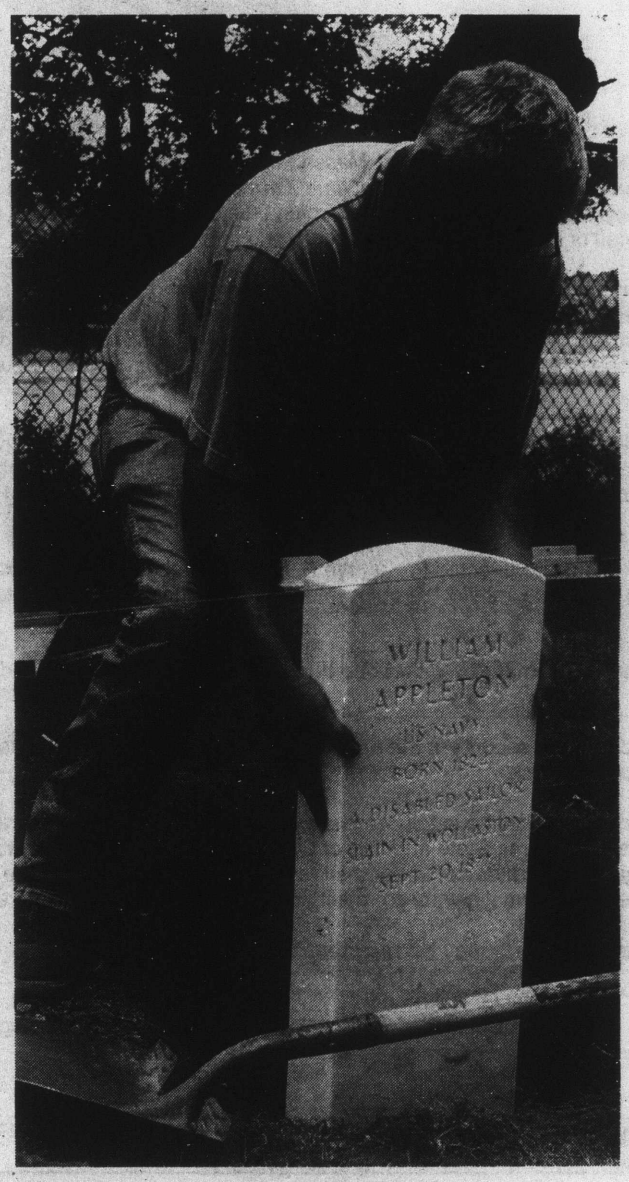
And for many years, his headstone was wrong, too.

Until a few weeks ago when three Quincy Cemetery Department workers removed the old headstone and replaced it with the new one – correcting the decades-long error at Sailors' Home Cemetery. On the job were Michael Gibbons, working foreman; Kevin Hannon, mason; and Paul Hennessy, general foreman.

The new marble headstone was fabricated in Vermont. It is dignified, simple yet beautiful. Besides the name William Appleton is etched "US Navy, Born 1824, A Disabled Sailor, Slain in Wollaston, Sept. 20, 1877."

Cassani said the old marker that was removed is being stored at Mount Wollaston Cemetery until a suitable end destination can be found.

"I am delighted that we could finally correct a decades-old mistake," Cassani said. "It wouldn't have been possible without the hard work of Denis Gearin. His commitment to his research at Sailors Pond Cemetery was second to none."




**A NEW MARBLE monument for the correct William Appleton buried in the cemetery is lowered into position by Quincy Cemetery Mason Kevin Hannon. This William Appleton was a resident of the Sailors' Home at the time of his death nearly 140 years ago. A murder victim, the new monument fabricated in Vermont notes Mr. Appleton was "slain in Wollaston Sept. 20, 1877."** *Quincy Sun Photos/Robert Bosworth*

# Quincy Man Arraigned On Drugs, Gun Charges

By SCOTT JACKSON

A 31-year-old Quincy man was arraigned Tuesday on a series of narcotics and firearms charges after police raided his residence in the HighPoint apartment complex Monday and seized a handgun, opiates, cocaine and more than $15,000 in cash.

Fran Mathieu, a 31-year-old resident of 2 Cityview Lane #212, was arrested Monday. He was charged with firearms violations, trafficking class A and B substances (Oxycodone, fentanyl and cocaine), possession of a class D substance (marijuana) with intent to distribute, and conspiracy to violate drug laws. Police said Mathieu had three outstanding warrants at the time of his arrest.

Mathieu was held overnight and was due to be arraigned Tuesday in Quincy District Court. Details of his arraignment were not available before The Sun went to press late Tuesday.

On Monday, members of the Quincy Police Department's Drug Control Unit, working with the Randolph Police Department, executed a search warrant at Mathieu's apartment.

Police said they recovered a Smith & Wesson MP 9 mm handgun, which had a defaced serial number and was loaded with 14 rounds of ammunition; 62 grams of fentanyl; 198 grams of cocaine; crack cocaine; 33 grams of Oxycodone pills; 202 grams of marijuana; and $9,284 in cash as well as other items indicative of drugs sales. An additional $6,603 was seized following further investigation.

A female resident of the apartment was not on scene Monday when police executed the search warrant. She will be summonsed to court at later date on the same charges as Mathieu. Her name was not released Tuesday.

**LEGAL NOTICE**

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1729EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Daniel Colm Armstrong
**Also Known As:**
D. Colm Armstrong
**Date of Death:**
December 15, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Daniel F. Armstrong** of **South Boston, MA.**

Petitioner **Patrick K. Armstrong** of **Paris, France.**

Petitioner **David Sorgi** of **Boston, MA.**

a Will has been admitted to informal probate.

**Daniel F. Armstrong** of **South Boston, MA.**

**Patrick K. Armstrong** of **Paris, France.**

**David Sorgi** of **Boston, MA.**

have been informally appointed as the Personal Representatives of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/14/16

**REQUEST FOR PROPOSALS**

**Request for Proposals (RFP)**
**On Call Consultant Design and Review Services**
**City of Quincy**
**Quincy, Massachusetts**

**Notice**

**August 11, 2016 @ 11:00 a.m.**

The City acting through the Department of Planning and Community Development is soliciting proposals for non-exclusive on-call consultant services to assist the City with the professional engineering, peer review services, design of various infrastructure needs, and review of construction documents associated with various projects throughout the City. The Planning Department shall be the lead agency; however, other City Departments may utilize these services.

Proposals will be received at the office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until Thursday, August 11, 2016 at 11:00 a.m.

Proposals may be submitted for one or more disciplines identified in this proposal. One contract may be awarded for the whole service, or more than one contract may be awarded if it is deemed to be in the best interest of the City of Quincy.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

The City of Quincy Planning Department shall determine the selected proposer(s). The City of Quincy reserves the right to withdraw the RFP; to reject any and all proposals; and to accept any proposals deemed to be in the best interest of the City of Quincy.

7/14/16

**INVITATION TO BID** **INVITATION TO BID**

**INVITATION TO BID**

**CITY OF QUINCY, MASSACHUSETTS**
**PURCHASING DEPARTMENT**
**1305 HANCOCK ST., QUINCY, MA 02169**

The City of Quincy invites sealed bids/proposals for:

PUBLIC WORKS READY MIX CONCRETE & CDF AUGUST 4, 2016 @ 11:00 a.m.

Detailed bid specifications for all above bids are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until July 29, 2016 at 4:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

7/14/16

# CLASSIFIEDS

**HALLS FOR RENT**

**MORRISETTE LEGION POST--**
81-83 Liberty St., Quincy
*Function Hall Available*
*Call for Details* 617-770-4876
Internet Capable • Weddings • Showers • Christenings • Meetings
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**HISTORY BOOK**

**THE SHIPYARD, WILL IT FLOAT?**
History of Fore River,
*signed copies...* $16.95
CONTACT DAVE AT
CRUISELECTURERDAVE@GMAIL.COM
OR 757-678-2729 7/14

**CASH FOR HOUSES**

**CASH MONEY PAID FOR HOUSES, CONDOS OR LAND**
ANY CONDITION, AREA OR ISSUE
QUICK CLOSINGS
NO REALTOR COMMISSIONS
(617)249-3961 7/21

**PERSONAL**

**Happy Birthday Patsy Hughes**
*—We Love You*
*Your brother and sisters* 7/14

**PERSONAL**

**ST. JUDE NOVENA**
May the Sacred heart of Jesus be adored, loved and preserved throughout the world now and forever. Sacred heart of Jesus pray for us, St. Jude worker of miracles pray for us, St. Jude, helper of the hopeless pray for us. Say this prayer nine times a day for nine days and your prayers will be answered. This prayer must be published. M.O. 7/14

**LOST**

**BROWN CARRY-ON SUITCASE**
on Beale St., in Wollaston
***REWARD***
JOSE
857-207-5896 7/14

**DRIVERS WANTED**

**Drivers: Great Hometime. $1,250 + per week + Monthly Bonuses. Excellent Benefits. Newer Trucks. No Touch. CDL – A 1 yr. exp. 855-842-8498** 7/14

***LOCAL- Home Nightly!***
$2,000 Sign-On Bonus!
West Bridgewater
Flatbed!
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CDL-A, 1 yr. Exp. Req.
**1-855-513-1333** 7/21

**JOB WANTED**

**LPN/Care Giver seeking F/T employment *Experienced in Dementia/ Alzheimer's.* Flexible overnight/ live-in, if need be. Great References**
***617-960-6613*** 7/21

**WANTED**

**OLD HAND TOOLS & BOOKS WANTED**
Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.
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**INVITATION TO BID**

**CITY OF QUINCY, MASSACHUSETTS**
**Department of Public Works**

**Thomas P. Koch**
**Mayor**

**Daniel G. Raymondi**
**Commissioner**

**INVITATION TO BID**

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **Elm Avenue and Sea Street Water Main Replacements** until **11:30 a.m.** local time **Thursday, July 28, 2016**, in the office of the Purchasing Agent, 1305 Hancock st., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. Late bids delivered by mail or in person will be rejected.

The work includes the replacement of approximately 7,000 feet of 8-inch and 12-inch water main and appurtenances in Sea Street, from Winthrop Street to Ratchford Street, Winthrop Street, from Sea Street to Stoughton Street, Main Street, from Sumner Street to South Street, Winthrop Park, from Sumner Street to South Street, and Elm Avenue, from Hancock Street to Willow Street. The scope of work includes installation of water main, fire hydrants, temporary bypass, and water service renewals.

Detailed specifications are available on-line at the City of Quincy's website: www.quincyma.gov or at the Quincy City Hall, Purchasing Department, a **non-refundable printing charge of $25.00** will be applied for specifications printed and picked up at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock St. Quincy, MA 02169, business hours are 8:30 a.m. to 4:30 p.m.

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email to: khobin@quincyma.gov and cc: kimtrillcott@quincyma.gov. Questions will be accepted until Friday, July 22, 2016 at 12:00 p.m.

All work under this contract shall be completed within one hundred and eighty (180) calendar days, exclusive of winter shut down.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.
**Non-responsive, and/or unbalanced bids may be rejected.**

Thomas P. Koch, Mayor
Daniel G. Raymondi, Commissioner of Public Works
Kathryn R. Hobin, Purchasing Agent

7/14/16

**INVITATION TO BID**

**INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

**REQUEST FOR QUALIFICATIONS**
**LANDSCAPE DESIGN/OUTDOOR CLASSROOM BUILDING CONSULTANT**

**PARK DEPT. (C.P.C.)** **JULY 28, 2016 @ 11:00 A.M.**

This Request for Qualifications (RFQ) sets forth the procedures and requirements to be employed by the City of Quincy in the selection of landscape design/ outdoor classroom building consultant to prepare plans and documents to assist in the planning of the grounds for the Clifford Marshall School. The consultant will evaluate, recommend and implement design services needed to complete a plan for the school grounds.

A non-mandatory briefing session and site walk shall be held on Tuesday, July 19, 2016 at 10:00 a.m. in the Clifford Marshall School Parking lot to start.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call. Late Bids/Proposals, delivered by mail or in person, will be rejected.

Issued in accordance with Massachusetts General Law chapter 7 section 38A½-O, this Request for Qualifications (RFQ). Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor

Kathryn R. Hobin, Purchasing Agent

7/14/16

**JOB WELL DONE**

**JOB WELL DONE**

*Cont'd from Page 18*

The suspect, a 25 year-old Mattapan resident, was charged with, assault and battery with a dangerous weapon (shod foot), assault and battery household member (domestic), larceny from a person (cell phone), intimidation of a witness (taking her cell phone from her so she cannot contact police), assault and battery (male victim who assisted the female victim), knowingly resisting arrest, intimidation of a witness and assault and battery with a dangerous weapon.

The victim told Officer Keenan she was in fear, adding, "He (the suspect) will probably send someone to mess with me." She was advised that this too would be a violation of the current restraining order. She said, "He would do it any ways because he said it's just a piece of paper."

Throughout the entire interaction with the victim, Officer Keenan could see that she was genuinely in fear for her life. She repeatedly stated that she is afraid that "He will kill me one day," that a restraining order wouldn't stop him from killing her. She said she was warned by the suspect's ex-girlfriend that "he is nuts" and to stay away from him due to him stalking ex girlfriends.

The victim added that there were many other instances in which he has been physically abusive towards her. She stated that she had never reported these incidents out of fear that he would follow through on his threats to hurt her or ruin her life.

The suspect is currently on Probation out of Suffolk Superior Court. He has several convictions for assault and battery. He also has multiple convictions for assault and battery with a dangerous weapon and a conviction for a violation of a restraining order.

Based on the above information, Officer Keenan requested that the suspect be held without bail until a dangerousness hearing would be held. The victim said that she would stay at an undisclosed location. Nice Work!

# CLASSIFIEDS

ANIMAL SHELTER ANIMAL SHELTER SERVICES SERVICES SERVICES SERVICES

## QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
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Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run, new volunteers always needed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

***AVAILABLE DOGS***

**Girly Girl:** 2, female, black, mix
**Gracie:** 2, female, English foxhound mix

***AVAILABLE CATS***

**Shelby:** 3, female, tabby
**Sam:** 3, male, orange
**Bobby:** 3, male, tabby
**Cookie:** 2, female, white & black
**Ethel:** 4, female, black & white
**Hanny:** 3, female, calico
**CC:** 7, female, calico
**Brady:** 3, male, orange & white
**Armand:** 6, male, gray
**Mimi:** 3, female, tabby

***Want to pick up a copy of The Quincy Sun?***
**Here are stores in Quincy that sell it on their newsstands:**

QUINCY MARKET
Corner of Temple & Washington St.

GOODIE'S STORE
1250 Hancock St., Presidents Place

NEW STORE ON THE BLOCK
1183 Hancock St., Quincy Ctr. T Station

HANCOCK TOBACCO
1500 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

RITE-AID
132 Granite St.

COFFEE BREAK CAFÉ
77 Parkingway

HANCOCK PARK LOBBY SHOP
164 Parkingway

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

CVS
178 Washington St.
Braintree

SHOP N SAVE LIQUORS
20 Independence Ave.

DONUT + DONUTS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

TEDESCHI'S
85 Quincy Ave.

DAILY MART
291 Quincy Ave.

ROCHE BROTHERS
The Falls

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

TEDESCHI'S
495 Washington St.

DAIRY FARM
330 Washington St.

TEDESCHI'S
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

BAXTER'S PHARMACY
385 Washington St.

TEDESCHI'S
650 Adams St.

7-11
Adams St.

VILLAGE COMM. MARKET
100 Willard St.

COPELAND LIQUORS
273 Copeland St.

GRANITE MART
308 Willard St.

7-11
Copeland St.

JOE'S PLACE
260 Centre St.

CORNER FOOD MARKET
1060 Hancock St.

200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

7-11
721 Hancock St.

BEALE ST. SMOKE SHOP
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

HANNAFORD BROTHERS
475 Hancock St.

RITE-AID
475 Hancock St.

MULLANEY'S VARIETY
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

RED APPLE FOOD SHOP
48 Billings Rd.

SAM'S VARIETY
125 Billings Rd.

DAVE'S GENERAL STORE -
66 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CVS
321 Quincy Shore Dr.

CARMINE'S CAFÉ
69 Huckins Ave.

TEDESCHI'S
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

ANDRE'S STORE
20 Brook St.

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# 50 DAYS of "FREE" DOM

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## Quincy, City of Presidents

## Featured Events July 13-19

Wednesday, July 13, 2016

### Wolly Beach Wednesdays

**Discover Quincy**
**Wollaston Beach, Quincy Shore Drive**
**All day**
**Free**

Discover Quincy hosts childrens entertainment at 10am, lawn games all day and live music 6-8pm. This week we are across from Tony's Clam Shop with Silly Sally's entertainment at 10am and live musicat 6pm. Help fill the with Lil' Miss Sophia at 4:30pm and Victoria Rios Band at 6pm. Visit us each Wednesday until July 27. Events sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation & Recreation.

Thursday, July 14, 2016

### Lawn Concerts @ the Crane, Peter Kilpatrick

**Thomas Crane Public Library**
**40 Washington St**
**7:00 p.m. - 8:00 p.m.**
**Free**

This original guitar driven pop rock has been named Maine's best act four times in the Portland Best Music Awards and his music has been featured on NBC's The Office, Parks and Recreation and New Girl. Sponsored by the Friends of the Thomas Crane Public Library.

Friday, July 15, 2016

### Art Walk Fridays West Quincy

**5:00 p.m. - 8:00 p.m.**

Free family-friendly arts and entertainment events featuring pop up art galleries, live music, performances, lawn games and after hours museum access from 5-8 p.m. Franklin St: Tour the Adams Birthplaces and enjoy live music and lawn games. Art Spot, Evolinos, Frantic Framers, In Stitches, On Trend Consignment, Purefections. Willard St: Common Market Outdoor Block Party, Pop Up Art Gallery at Galvin Companies; Walking tour highlighting Quincy Granite led by City Historian Tom Galvin at 7pm. Full schedule online at DiscoverQuincy.com and at participating locations.

Saturday, July 16, 2016

### John Adams Health Walk

**Pageant Field, One Merrymount Parkway**
**8:00 a.m.**
**Free**

President John Adams lived to be 90, and it is thought that his penchant for exercise was a contributing factor. Adams said, "I walk every fair day, sometimes 3 or 4 miles."President John Adams lived to be 90, and it is thought that his penchant for exercise was a contributing factor. An effort to inspire local residents to walk in the historic footsteps of Adams and get healthy, this free three mile walking tour meets every Saturday at 8am mid-May through October.

Saturday, July 16, 2016

### Quincycles Easy Rider: Houghs Neck

**Merrymount School, 4 Agawam Road**
**9:00 a.m. - 11:00 a.m.**
**Free**

This guided bike tour will explore the Houghs Neck peninsula. The coastal roads offer stunning views of the Boston skyline, marshes, beaches and more.

Saturday, July 16, 2016

### Quincy Miltia vs. Middleboro Cobras

**Veterans Memorial Stadium**
**850 Hancock Street**
**Kick-Off at 7:00 p.m.**
**Gates open at 6:00 p.m.**
**$10 for adults and teens. $5 for children ages 6-12. Free for children under 6 years old. Free for all Veterans.**

Come cheer on Quincy's hometown semi-pro football team, the Quincy Militia versus Middleboro Cobras. Teams belong to the Eastern Football League. Food and merchandise concessions are open.

Tuesday, July 19, 2016

### Guided Tour of the Hancock Cemetery Led by National Park Service

**Hancock Cemetery, 1307 Hancock St.**
**1:00 p.m. Tuesdays through July 26**
**Free**

From 1630 to 1854, Quincy's most illustrious residents and civic leaders were buried here; Henry Adams, the first Adams to live in Quincy and ancestor of John Adams; Colonel John Quincy, for whom the city is named; patriot Josiah Quincy, Veterans of the Revolution, the War of 1812, and the Civil War. The memorials offer a chronicle of gravestone art from colonial winged skulls and cherubim, to Federalist classical motifs, to Quincy's 19th century role as the national center for granite quarrying and carving.

DISCOVER QUINCY City of Presidents

### Discover Quincy

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 11, we welcome you to participate in over 150 events.

★ **Red Star = Free**
☆ **White Star = donations accepted**
★ **Blue Star = admission**

## Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

## For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117



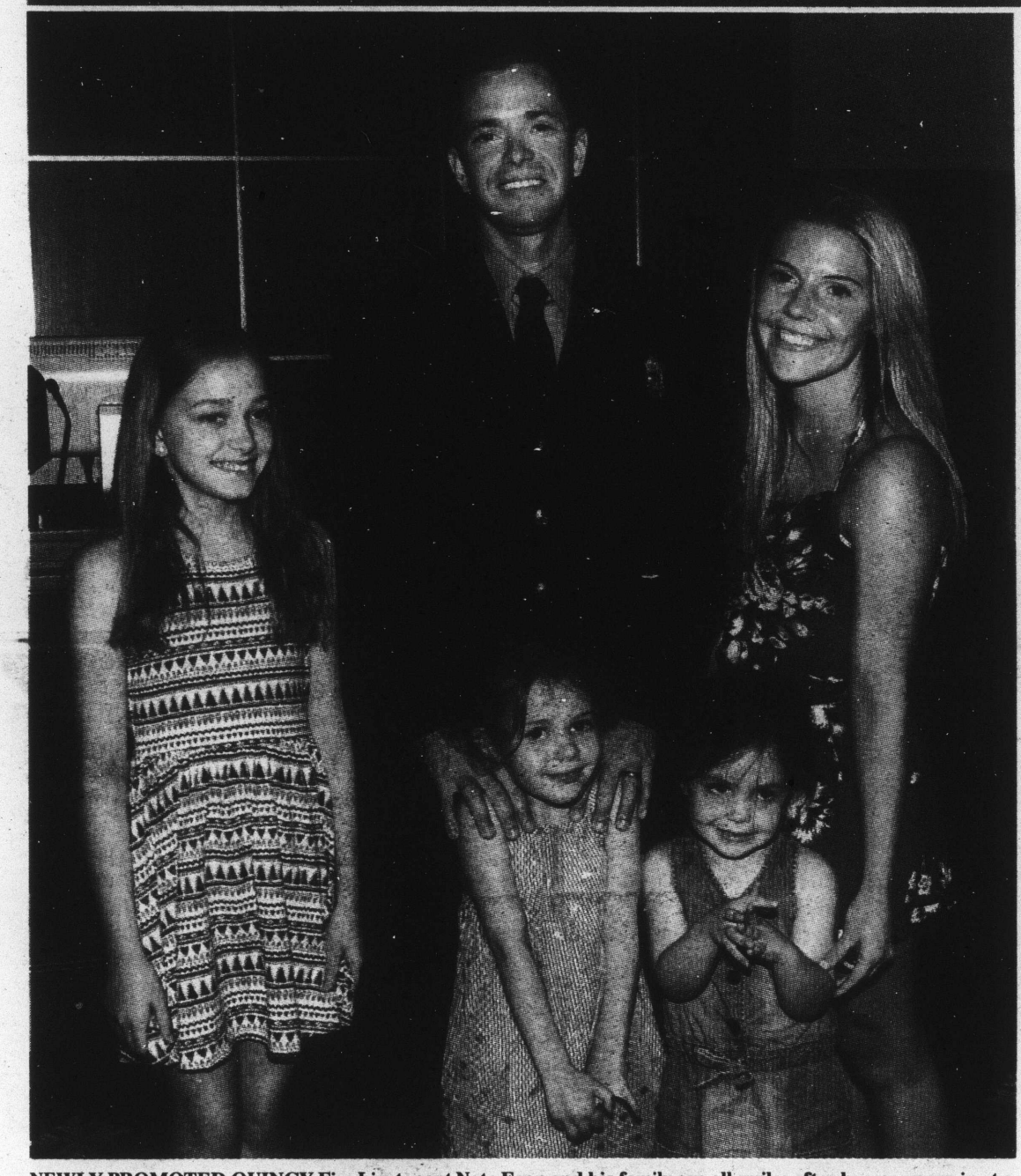
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City Cleaning Up After Strong Thunderstorm - *Page 3*
60-Unit Quincy Center Building Proposed - *Page 11*

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# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 44 Thursday, July 21, 2016 75¢



**NEWLY PROMOTED QUINCY Fire Lieutenant Nate Egan and his family are all smiles after he was sworn in at a ceremony July 14 inside the Great Hall of the James R. McIntyre Government Center. With the new lieutenant are Egan's wife Erin and their daughters (from left) Kaleigh, Madelyn and Amelia. Story, other photos on Page 15.**

*Quincy Sun Photo/Robert Bosworth*

# Overdevelopment Top Concern In Ward 4

**By SCOTT JACKSON**

Overdevelopment of residential neighborhoods – and the impact it has on traffic and city infrastructure – is the biggest concern facing South and West Quincy, Ward 4 Councillor Brian Palmucci said recently in an interview.

"Overdevelopment is the number one concern I think in Ward 4 right now," he said. "Overdevelopment of our residential neighborhoods is the number one concern, and the negative impacts that it has in terms of traffic and additional wear and tear on the infrastructure like our roads and sidewalks."

Palmucci said 62 percent of the new residential units coming to the city will be located in the South and West Quincy neighborhoods

*Cont'd On Page 13*

# Meeting Thursday On Squantum Ferry Service

**By SCOTT JACKSON**

A community meeting will be held tonight (Thursday) in Marina Bay to discuss a pilot program that will test the waters for ferry service connecting Quincy to downtown Boston and Spectacle Island.

The meeting is slated to begin at 6:30 p.m. in the cafeteria at 500 Victory Rd. Ward 6 Councillor William Harris, Mayor Thomas Koch, Sen. John Keenan and Rep. Bruce Ayers are co-sponsoring it.

The pilot program, scheduled to set sail in August in partnership with Winthrop, will mark the return of ferry service to Quincy for the first time since September 2013. Under the two-month trial run, ferries will operate out of the pier in Squantum Point Park, which is owned by the Massachusetts Department of Conservation and Recreation.

A tentative schedule includes four trips daily from the pier at the Squantum Point Park, providing service to Rowes Wharf, Spectacle Island and Winthrop. A trip on the ferry will cost $8.75, seniors will be able to board for $6.75 and there will be no charge for children ages 10 and under.

Harris previously told The Sun the DCR would begin charging $5 to park at the Squantum Point Park, but the fee will be waived for the first hour to allow people to visit the park or nearby Marina Bay. Additionally, he said the DCR would open the parking lot around the clock, allowing it to be used overnight.

# State Senate Passes Addiction Treatment Bill

The State Senate last Friday passed a bill, sponsored by Sen. John Keenan (D – Quincy) and supported by a majority of the Quincy delegation, to require private health insurance companies to provide 30 days of addiction treatment coverage, increasing the current minimum coverage mandate from 14 days.

The bill would require coverage for detoxification services, clinical stabilization services, and transitional support services, upon a determination of medical necessity by a treating clinician.

Keenan said the bill would put the same obligations on private insurance companies that are now shouldered mostly by public insurance and tax dollars. Governor Baker, through his Health and Human Services agencies, has already sought approval for federal reimbursement to allow MassHealth to cover 30 or more days of treatment, also including transitional support services and residential recovery.

Also last week, the Massachusetts Health Connector announced that Connector plans would be eliminating copay requirements for certain addiction services. But private insurance plans are only required to cover 14 days of treatment by current law.

"We cannot continue to rely so heavily on state dollars to provide treatment through this epidemic, while private insurers continue to deny coverage," Keenan said while

*Cont'd On Page 13*



**EGRET TAKES FLIGHT near Blacks Creek in Quincy on a recent summer morning.**

*Quincy Sun Photo/Robert Bosworth*

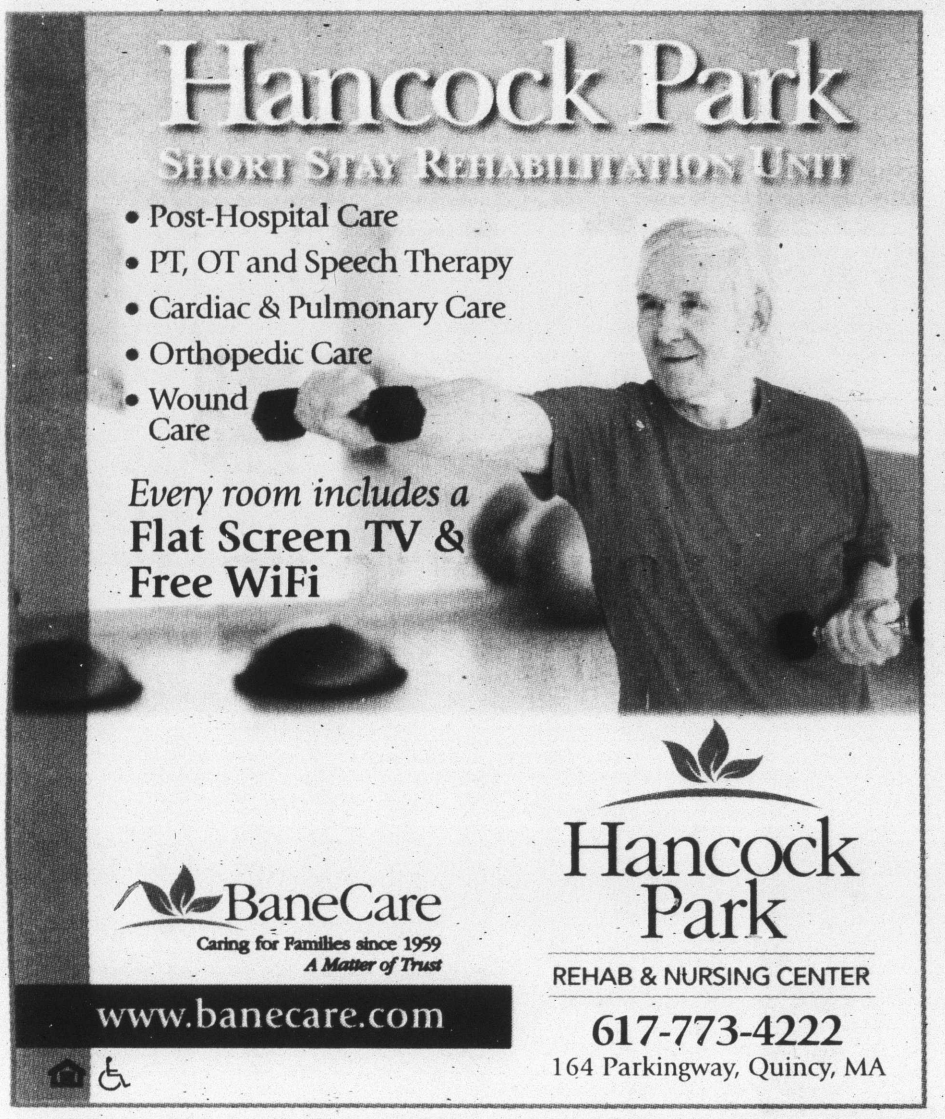
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Demolition Worker Remains Hospitalized - *Page 12*
Discover Quincy Art Walk In Quincy Point - *Page 10*

More Quincy news:
The Quincy Sun.com




**SALVATION ARMY of Quincy will hold its third annual "Christmas in July" fundraiser Thursday, July 28 outside The Quincy Sun office, 1372 Hancock St., Quincy. Volunteers will man the familiar red kettle from 8 a.m. to 6 p.m. that day. Above members of the Salvation Army Advisory Board and Corps Officer Capt. Timothy Ross get in the Christmas spirit to help promote the fundraiser outside the newspaper's office. From left: Barbara Clarke, Joan Keohane, Isobel Bertman, Amy Huber, Capt. Ross, Marion Fantucchio and Board Chairman Don Uvanitte.**

*Quincy Sun Photo/Robert Bosworth*




# 'Christmas In July' Benefits Salvation Army July 28

## *40 Volunteers To Man The Kettle Outside The Quincy Sun Office 8 A.M. - 6 P.M.*

By ROBERT BOSWORTH

The weather feels like summer but next week there will be a shade of the holidays in Quincy Center.

The Salvation Army of Quincy will hold its third annual "Christmas in July" fundraiser Thursday, July 28 from 8 a.m. to 6 p.m. outside The Quincy Sun office, 1372 Hancock St., Quincy Center.

The familiar red kettle – ubiquitous during the winter weeks leading up to Christmas – will be set up outside the Sun office for 10 hours next Thursday. Some 40 volunteers from throughout the community will be ringing the bell to raise money for The Salvation Army.

"Christmas in July is our one-day campaign in the summer to remind everyone that The Salvation Army is here in Quincy all year round," said Capt. Timothy Ross, Quincy Corps Officer. "The Salvation Army provides a variety of services all year long, such as food pantry and emergency services as well as youth programs that take place all year long, and not just Christmastime. These funds raised in July will continue to help support these services.

Capt. Ross said some folks are surprised to learn how many people struggle to make ends meet month to month. "It could be someone who just came across some hard times and are in need of a little extra help," he said.

Volunteers will be ringing the bell next Thursday in a festive, holiday-like atmosphere. There will be holiday music, a Christmas tree decoration and a visit by Santa Claus.

Here are the list of volunteers who are participating in next week's fundraiser:

• **8 a.m to 9 a.m.**: Robert Bosworth, publisher, The Quincy Sun and Salvation Army Advisory Board; Amy Bosworth; Cathy Birchmore, Barbara Clarke, Salvation Army Board and Dorothy Newell, Salvation Army Board.

• **9 a.m. to 10 a.m.**: Don Uvanitte, Eastern Insurance, Salvation Army Board chairman; John Pasciucco, Salvation Army Board and Maralin Manning, Salvation Army Board; and Bill Connors.

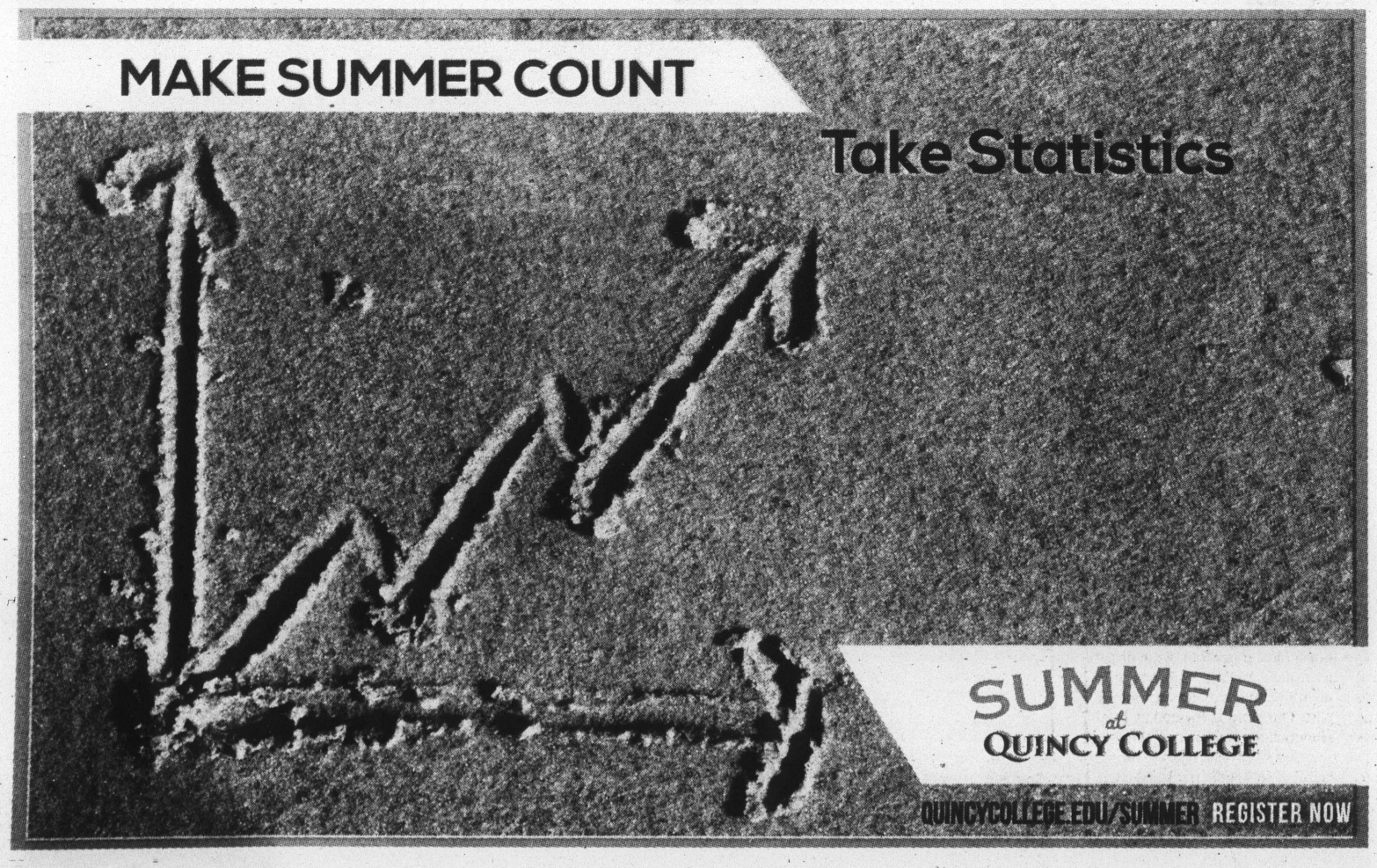
• **10 a.m. to 11 a.m.**: Amy Morin, Susan Molinari, Lisa Bond, Lisa Kenepp, Melissa Simmons and Kelley Condon, all representing Baker, Braverman & Barbadoro.

• **11 a.m. to noon**: Amy Huber and Jen Elliott, both NorthEast Community Bank; and Teddy Myers, president, and John Vacca, recording secretary, both Quincy Sons of Italy.

• **noon to 1 p.m.**: Bette Campbell, Quincy Access Television; Quincy College President Peter Tsaffaras and Suzanne Reynard, QATV volunteer.

• **1 p.m. to 2 p.m.**: West Quincy businessmen Frank Trainor (Commonwealth Building, Inc.), Steve DesRoche (Neponset Valley Survey Associates), Bob Connelly (Willard Street Veterinary Clinic) and Jim

*Conbt'd On Page 5*



# Two Attic Fires, 100 Trees Down After Severe T-Storm Strikes

By SCOTT JACKSON

A quick moving thunderstorm struck Quincy Monday afternoon, downing trees and power lines and sparking a pair of house fires.

The severe thunderstorm hit Quincy and surrounding towns shortly after 4:30 p.m., and lasted approximately 10 minutes. The storm brought with it wind gusts that reached 50 miles per hour, according to the National Park Service.

Capt. Roger Kineavy of the Quincy Fire Department said firefighters responded to two attic fires caused by lightning strikes within five minutes of each other; both were quickly put out.

The first fire was called in a 4:50 p.m. at 301 Belmont St. in Wollaston. The second was reported at 4:55 p.m. at 514 Hancock St. in North Quincy. The latter fire forced officials to close Hancock Street between Beale and Squantum Streets for more than an hour during the evening commute.

In addition to the two house fires, the Fire Department also responded to 15

*Cont'd On Page 12*



**MORE THAN 100 trees and timbs were reported down after a fast moving and powerful thunderstorm struck the city Monday around 4:45 p.m. This tree on Knollwood Road in Squantum was among those toppled by winds reaching 50 mph.**

*Quincy Sun Photo/Lisa Aimola*

# Fire Safety For Seniors

Firefighter Mike Slade of the Quincy Fire Department will be at the Kennedy Center on Friday, July 26th at 10 a.m. to discuss fire safety for seniors.

Following the discussion Firefighter Slade will address any questions. Refreshments will be provided.

Registration is required for this event as space is limited. To register call the Quincy Council on Aging at (617) 376-1506.

# Second 'Walk Of Names' Bricks Pick-Up Next Week

The City of Quincy announces its second "Walk of Names" pick up will take place next week.

Original engraved bricks that were removed from in front of the glass City Hall annex to make room for the new "Walk of Names" as part of the Adams-Hancock Green project will be available for pick-up at the Park Department Headquarters, 1 Merrymount Parkway on the following days:

- Tuesday, July 26 from 3 to 8 p.m.
- Friday, July 29 from 9 a.m. to 4 p.m.
- Saturday, July 30 from 9 a.m. to 1 p.m.

Donors may call or email with their name and requested brick to arrange for pick-up of the original bricks at one of the above days and times. General walk-in pick-up during the times listed below is allowed; however, leave time for sorting.

To ensure bricks are ready for pick up, call 781-613-0627 or email: QuincyBricks@gmail.com.

Future dates and times for brick pick-up will also be announced, city officials said.


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Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



## GREEN WITHOUT ENVY

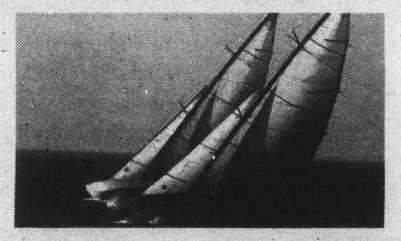
Those blessed with peridot as their August birthstone will come to appreciate why the ancient Egyptians called it "the gem of the sun." The ancients quickly realized that this radiant gemstone did not lose any of its yellowish-green hue in the artificial light of nighttime. Similarly, the ancient Romans referred to peridot as "evening emerald," because its green color did not darken at night and remained visible by lamplight. Despite its ancient history, this grass-green gemstone is the ideal color to go with a light summer wardrobe. In fact, peridot is one of the few gemstones that comes in only one color. Its rich, green color with the slight tinge of gold is caused by very fine traces of iron.

Peridot's fine pistachio to olive green is the perfect complement to a fresh, light summer wardrobe. It is definitely a gemstone you should get to know better! Rogers Jewelry specializes in the finest quality diamonds and precious stones. We search the world for these beautiful and highly prized stones to make your gift of love a truly memorable experience. If we don't have it in stock we will get it, usually within 72 hours with no obligation on the customer's part. Our store is located at 1402 Hancock St. in Quincy Center.

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**Henry W. Bosworth, Jr.**
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• On **Aug. 2, 1776**, members of Congress sign an enlarged copy of the Declaration of Independence. Fifty-six delegates signed the document, going by state from north to south, beginning with New Hampshire and ending with Georgia.

• On **Aug. 7, 1782**, Gen. George Washington creates the "Badge for Military Merit," a purple silk decoration to be presented to soldiers for meritorious action. In 1932, the U.S. War Department announced the creation of the Purple Heart.

• On **Aug. 5, 1914**, the world's first electric traffic signal is put into place in Cleveland. Four pairs of red and green lights, each mounted on a corner post, served as stop-go indicators.

• On **Aug. 6, 1928**, renowned pop artist Andy Warhol is born in Pittsburgh. He took literally the advice of an art teacher who said he should paint the things he liked. Warhol liked ordinary things, such as canned soup and soft drinks, and so he painted them.

• On **Aug. 4, 1944**, the Nazi Gestapo captures 15-year-old Jewish diarist Anne Frank and her family in a sealed-off area of an Amsterdam warehouse. The Franks had taken shelter there in 1942 out of fear of deportation to a Nazi concentration camp and were aided by Christian friends.

• On **Aug. 1, 1966**, Charles Whitman goes on a shooting spree at the University of Texas, killing 14 people and wounding 31 from atop a 300-foot tower. He had told his doctor that he was thinking about shooting people from the tower with a rifle, but the doctor never followed up.

• On **Aug. 3, 1977**, "The Spy Who Loved Me," starring Roger Moore as James Bond, is released in theaters. The film features one of the most memorable Bond cars ever – a sleek Lotus Esprit that does double duty as a submarine.

*(c) 2016 King Features Synd., Inc.*

# Free Events With Cub Scout Pack 42

Families of boys grades 1-5 are welcome to attend some fun and free events with Quincy's Cub Scouts Pack 42.

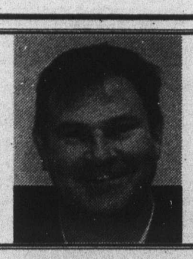
Upcoming events include:

**Water Bottle Rockets** – Wednesday, July 27th from 6:30 to 8 p.m. at Perkins Field by Merrymount Elementary School. Come decorate your own water bottle rocket, then launch it and watch it soar.

**Cublympics** – Wednesday, Aug. 10th from 6 to 8 p.m. at Perkins Field by Merrymount Elementary School. Help us gear up for the 2016 Summer Olympics in Rio with our own Olympic style games.

Parents are strongly encouraged to participate.

For more information on the Cub Scout program visit the Pack 42 website at http://cubscoutpack42.doubleknot.com or find us on Facebook, Cub Scout Pack 42 (Quincy, MA).



## Son Beams

By ROBERT BOSWORTH

# About Those New Pedestrian Lights

Well, what do you think of the new pedestrian walk lights in Quincy Center?

We've heard some good things. We've also heard some not-so-good things.

Some seem to like the idea that the two-way traffic on Temple and Washington Street near United First Parish Church proceeds through the crosswalks unless the new pedestrian lights – called Hawk Signals – are activated by pushing a button on the signal post.

But not everyone is a fan.

We've seen pedestrians wait for the lights to turn red (that means motorists stop) but can't cross because drivers ignore them.

More than three weeks after becoming operational, there still appears to be some confusion over the new signals.

We've printed a graphic showing the lights and what they mean in color on Page 17. But we'll explain it again here.

When the button is pushed by a pedestrian, a yellow light flashes which is supposed to warn motorists to slow down. The yellow light then is solid which means "prepare to stop." A few seconds later, two red lights are illuminated which means "stop – pedestrian in the crosswalk." The red lights then flash which tells the motorist to proceed with caution if clear (no pedestrians in the crosswalk) and finally all the lights go dark – a signal to drive on if clear.

The lights are a recently adopted federal standard that was adapted in the U.S. from similar styled signals in Europe.

In 2009, the "Hawk Signals" or pedestrian hybrid beacons became an approved traffic device in the Federal Highway Administration's (FHWA) Manual on Uniform Traffic Control Devices. The manual states that pedestrian hybrid beacons must be installed at marked crosswalks.

Whether the devices are appropriate for a particular intersection primarily depends on traffic volumes and pedestrian counts (the MUTCD provides a sliding scale for high-speed roadways and low-speed roadways). Pedestrian walking speeds, posted vehicle speed limits, pedestrian delay time, and street widths are considered as well.

One of the criteria for the new signals is installing them at least 100 feet from side streets or driveways that are controlled by stop or yield signs. In essence, the federal government mandated that Quincy implement the Hawk Signals at its present locations in the downtown as part of the traffic reconfiguration around United First Parish Church.

So, whether you like them or not, they appear to be the latest and greatest in pedestrian signals. And they are likely sticking around and not going away.

We've done a little research on these new types of lights and for the most part they appear to work and have helped reduced the number of pedestrian accidents in some communities studies have shown.

The city has tried to create public awareness about the new lights and how they operate. A graphic on the signal has appeared in local papers (and again in this week's Quincy Sun on Page 17.)

That same graphic is on the city of Quincy website and copies of the graphic have been stuck near the buttons that activate the pedestrian lights to educate "first timers."

But we'd like to make a friendly suggestion to help increase public awareness even more.

Install signage on the traffic arms next to the signals themselves. There are similar set ups in other cities using these kind of signals including Tucson, AZ.

Without this signage, there will continue to be confusion by motorists who approach these lights.

We've seen it first hand just walking around the center. Motorists who don't slow down when the yellow light flashes. Others who keep rolling along right through the crosswalk when the two red lights are clearly illuminated.

If these signals are to work properly, it's drivers who need to understand them as much as the pedestrians who activate them. Signs next to the lights would serve as a constant reminder of what these lights mean and how drivers and pedestrians should react to them.

One example of signage next to the lights appears in a photo above. The other photo shows one of Quincy's new lights.

See the difference? We think this kind of set up with additional signage would go a long way towards keeping the center safe for walkers and drivers alike.

Another suggestion: create a special speed limit downtown in the area of the church that posts the top speed at 25 mph. Similar to a 20-MPH school zone. These signs could be erected at gateways to the new park area including Granite and Hancock Streets, Washington and Temple Streets and Hancock and Coddington Streets.

And some enforcement downtown with police wielding traffic guns once in a while couldn't hurt, either.

Additional signage, a slower speed limit along the roads that ring the new park area under construction and occasional traffic enforcement could help keep everyone safe.



**PHOTO ABOVE shows pedestrian crosswalk at Temple and Hancock Streets with a new type of hybrid light called a Hawk Signal. It only operates when a button is pushed by a pedestrian. There is still some confusion about how these lights work. Other communities have similar lights but also clearly marked signage to help motorists understand what the flashing and steady yellow and red lights mean. The photo below shows a crossing in Tuscon, AZ with the same type of pedestrian lights but also signage.** *Top Photo by Robert Bosworth/The Quincy Sun*



# Scenes From Yesterday




**THIS 1920s real photo postcard is a view of what is now Windsor Road in Atlantic. The view is looking to the west on what was originally called Ocean Street West. In the early 1920s Quincy experienced a tremendous influx of immigrants many of whom came to work in the factories in North Quincy. Hundreds of houses were built to accommodate them mostly in the northern sections of the city. This street view shows some of the multi-family houses under construction. In the center distance can be seen a building of the Bryant Chemical Corporation on North Street. Henry Frink of Quincy published the postcard. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# 'Christmas In July' Benefits Quincy Salvation Army July 28

*Cont'd From Page 2*

Martin (Tiles by Perfection.)

• **2 p.m. to 3 p.m.**: Carolyn Freeman, John McManus, Salvation Army Board; and Joan Keohane, Salvation Army Board.

• **3 p.m. to 4 p.m.**: Amy Huber, Salvation Army Advisory Board; Karen Giovanniello, Salvation Army Board; Janet Batson, Ryan Barrett, Stacey Campbell, Maureen Rogers, Paula Rowe, Michelle Lydon and Rick Doane.

• **4 p.m. to 5 p.m.**: Mayor Thomas Koch; Isobel Bertman, Salvation Army Advisory Board; and Marion Fantucchio, Salvation Army Board.

• **5 p.m. to 6 p.m.**: Tom Anacone, owner, Craig's Café; and Morgan Gray, Quincy Salvation Army Advisory Board. Anacone will also be serving appetizers during this final hour of the kettle fundraiser.

The day's objective is to raise as much money as possible to help those struggling in the community.

"Need has no season," Capt. Ross said. "The Salvation Army will be available all year long to help those who come through our doors looking for assistance."

# LGBT Evening Social July 28 At The View Restaurant

LGBT Quincy Meetup will host a casual evening social on Thursday, July 28th at The View Restaurant and Tavern at 357 West Squantum St. in North Quincy.

The event will be from 7 to 11 p.m. Members of the LGBT Community in Quincy and neighboring towns are welcome to attend.

The event will include a cash bar and lite appetizers on an outdoor patio. $15 per person. RSVP by emailing Frank Rubino at frank.rubino@yahoo.com.

For more information on LGBTQuincy Meetup, visit meetup.com/LGBTQuincy-Meetup.

## READERS FORUM

# Thanks Falco Family For Youth Leadership Camp

I want to sincerely thank the Falco family of Quincy for creating a truly wonderful opportunity for the youth of our city.

This year marked the first year of the Bo Foundation Summer Leadership Camp, a free camp for students entering 7th, 8th and 9th grades. Participants enjoyed two weeks of physical activities, inspirational speakers, and enriching field trips. What a beautiful opportunity for our city's youth to not only learn how to make good choices, but also provide a safe place to simply have fun and interact with other kids.

I truly appreciate all of the time, effort, thought and dedication that the Falco family, as well as the enthusiastic staff provided to organize a fantastic and memorable experience for everyone. Thank you.

Kelly Hatfield
33 White St.
Quincy

## Ward 3 Social At Safford Park

The Wollaston Hill Neighborhood Association will host a Pot Luck Social for Ward 3 residents at Safford Park Sunday, July 31st from noon to 3 p.m.

Bring a favorite dish to share with neighbors and play some fun lawn games provided by Discover Quincy.

**SUBSCRIPTION FORM**

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

**The Quincy Sun**

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

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# Quincy's Yesterdays

This Week
**1961**
55 Years Ago

# Seawall Projects Seen Doomed By Legal Ruling

More than half of Quincy's projected seawall and shore protection programs of almost $300,000 are apparently doomed by the ruling of Attorney General Edward J. McCormack, Jr., banning such protection for private property, Public Works Commissioner Charles R. Herbert disclosed.

Projects whose costs total an estimated $100,000 are apparently prohibited by the interpretation made by City Solicitor Douglas A. Randall of the state official's ruling.

**TWO PROTEST MEMORIAL MOVING CONTRACT**

Two Quincy granite men, James J. Ricciuti and James Canniff, told the City Council Finance Committee that they were not asked to bid on the contract for moving the Adams Memorial from Merrymount Park to the new site on the lawn of the Presidents' Homes.

The contract was awarded to the Ricciardi Granite Co. for $985. Thomas Morrissey, city purchasing agent, noted that the process should have come through his office but Mayor Amelio Della Chiesa asked City Historian William C. Edwards to obtain quotes on the moving project.

**QUINCY-ISMS**

Siesta Sleep Shops, 211 Parkingway, Quincy Center, was promoting a ninth anniversary sale of all types of beds and mattresses and large discounts… First National Stores was advertising "Top Round or Cube Steak at the Exciting Price of $.79 a lb."… **Councillor at-Large Carl W. Anderson** and his wife celebrated their 21st wedding anniversary with a dinner and attendance at the South Shore Music Circus… The John Adams Eagle Aerie was planning its annual clambake for July 23 at Drinkwater Grove in Randolph. Bakemasters were President **Michael Panaro** and **Lino A. "Sonny" Ponti**… **William E. Lambert, Jr.**, 507 Hancock St., Quincy, a junior electrical engineering student at Northeastern University, won a $600 General Motors Scholarship for the 1961-1962 school year… **Atty. George V. Flavin**, 78 Hilma St., North Quincy, was sworn in by **Governor John A. Volpe** as a member of the State Public Utilities Commission… The Houghs Neck Legion Auxiliary completed plans for a "Christmas in July" dance to be held at the post home, 1116 Sea St. Committee members included **Diane Clark**, chairman, **Lois Phillips, Margaret Crombie**, and **Theresa Rhode**… **Leon E. Rauche, Sr.**, 61 Dayton St., West Quincy, was elected president of the Massachusetts Public School Custodians Association. Mr. Rauche, a World War I veteran, is a custodian at the Gridley Bryant School, West Quincy… **William J. Martin**, president of the South Shore National Bank, Quincy, was named to the board of directors of the Howard Johnson restaurant chain… A daughter was born to **Mr.** and **Mrs. Peter Zoia** at Quincy City Hospital… **James McDonough**, president, **Robert Grenier**, vice-president, **Richard Anderson**, treasurer, and **Arthur Lemieux**, secretary, are the officers of the newly formed Quincy Barbershoppers… **Ernest Montilio**, proprietor of Montilio's Pastry Shops, 29 Chestnut St., Quincy, received notification from Rome, Italy, that he was a four-time winner for his exhibition of Italian and French pastries at the recently held Fair of Rome… Harry's Shoe Store, 40 Billings Rd., North Quincy, announced the winner of the U.S. Keds Buddy Contest was five-year old **Robbie Robinson**, son of Mr. and Mrs. Phillip A. Robinson of 42 North Bayfield Rd., North Quincy… **Maureen Mitchell, Peggy Riley** and **Denise DeCoste** won top honors as the most outstanding twirlers among 198 entries in the Annual Contest held at the Weymouth Fairgrounds… **Miss Ann Marie McCarron**, daughter of Mr. and Mrs. Louis R. McCarron, 15 Huckins Ave., Squantum, was commissioned a 1st lieutenant in the U.S.A.F. Naval Corps. Her sister **Janice McCarron** is also a member of the U.S.A.F. Nursing Corps… **Dr. Daniel B. Reardon**, 83, a Quincy physician and long-time member of the Quincy School Committee, died at his home, 74 Greenleaf Place, Wollaston… **Robert J. Fitzmaurice**, 18 Grogan Ave., West Quincy, the son of Mr. and Mrs. Thomas Fitzmaurice, was undergoing eight weeks of basic training at Fort Dix, NJ… **Robert Briscoe**, Jewish Lord Mayor of Dublin, Ireland, was made an honorary citizen of Quincy by Mayor Della Chiesa… **Mr.** and **Mrs. Fredrick Blowers**, 111 Butler Rd., Quincy, celebrated their 25th wedding anniversary with a trip to Washington, D.C.

**KEEPING UP WITH THE RED SOX**

The Boston Red Sox, with a record of 43 wins and 47 losses, were in sixth place in the 10-team American League, 15 1/2 games behind the league leading Detroit Tigers.

The Red Sox turned down a trade with the Chicago White Sox. The trade would have sent Red Sox pitcher **Tom Brewer** to Chicago for Quincy native White Sox pitcher **Dick Donovan**.

# Arts & Entertainment

## Animals, Puppets And Stories At Crane Library

### *Events, Activities For Children This Week*

By JULIE RINES
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**Animal Adventures @ Wollaston**

Join us at the Wollaston Branch on Thursday, July 21st at 10 a.m. to meet some interesting animals. An Adventure Guide from Animal Adventures will present eight to ten animals at this program. Meet the animals, hear interesting stories and information about them and get close.

Controlled petting and touching is allowed at the discretion of the Animal Adventure Guide. We don't know what animals will be coming to visit but they could be something as familiar as a rabbit or as unusual as a degu.

This program is for children ages 3 and older accompanied by an adult.

Sponsored by the Quincy Cultural Council.

**Storytelling at the Farmers Market (weather permitting)**

Join us on Friday, July 22nd at noon for storytelling at the Farmers' Market at Pageant Field in Merrymount Park. Stop by to hear a story or two and pick up a calendar listing all of the summer events. Weather Permitting

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy.

Drop in from 2 to 4 p.m. up to age 8.

Art-to-go is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch. Children up to age 8 are invited to drop in any time between 2 to 4 p.m. to make this week's craft. Craft for the week of July 25th – Wind powered racers.

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy "Happy Feet"**

Join us on Monday, July 25th at 2 p.m. at the North Quincy Library for a showing of "Happy Feet."

In the world of the emperor penguin, a simple song can mean the difference between a lifetime of happiness and an eternity of loneliness. When a penguin named Mumble is born without the ability to sing the romantic song that will attract his soul mate, he'll have to resort to some fancy footwork by tap dancing his way into the heart of the one he loves.

This movie is rated PG and runs for 109 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

**Teddy Bear Storytime @ North Quincy**

Join Children's librarian Cathy deVeer and Quinn Z. Bear on Tuesday, July 26th at 6:30 p.m. at the North Quincy Branch for stories and songs for children ages 2-5 accompanied by an adult. Feel free to wear your comfy jammies and bring along your favorite stuffed friend, as we get ready to cheer on our teams with Olympic stories.

**Sparky's Puppets**

On Wednesday, July 27th at 10:30 a.m. in the Main Library Large Meeting Room Sparky's Puppets presents "On Your Mark, Get Set, Read," a special puppet show for children ages 3-8 accompanied by an adult. Cheer the race between the tortoise and the hare. Watch Jack's speedy escape from the giant and see more fast-paced adventures!

Sponsored by the Friends of the Thomas Crane Public Library.

## AAA Driver Training Course July 25-29

AAA Northeast is offering a Driver Training School class for students who want to get their driver's license.

The school will be held at AAA, 906 Hingham St., Rockland, July 25-29 from 9 a.m. to 5:30 p.m.

The AAA program includes an accelerated 30 hours of classroom instruction held over one week, in addition to 12 hours of behind-the-wheel training and six hours of in-car observation that are scheduled separately. Also included are two hours of state-mandated instruction for parents or guardians to help the new driver.

The class is open to AAA members and non-members.

AAA members save in two ways when they sign up their teens for these classes. Members will receive a $50 discount on the course. And, upon successful completion of the driving school, the student will receive a free one-year AAA Associate membership, valued at $35.

"Learning to drive is challenging enough for teens," said Tom Terwilliger, Vice President of AAA Northeast Driving School. "AAA wants to make sure our young people learn the safest driving techniques. Our curriculum is approved by the Massachusetts Registry of Motor Vehicles," he added.

To enroll in one of these classes, or to get a full listing of all the upcoming sessions, go to www.AAA.com/DriverTraining or call 1-855-222-1050.

## Flea Market July 30 At United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Flea Market Saturday, July 30.

The flea market will be held outdoors. In the event of inclement weather, it will be set up inside the church.

The event will also feature grilled hot dogs and the church's Thrift Shop will also be open.

Tables are available for $30 each. Vendors/crafters keep all profits. To reserve a table, call the Church Office at 617-773-3319.

## Lobster Cruise Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up.

For more information call the Kennedy Center at (617) 376-1506. For reservations visit the Kennedy Center at 440 East Squantum St.

## Block Island Trip Aug. 16

Due to increased demand, the Quincy Council on Aging has scheduled another trip to Block Island on Tuesday, Aug. 16.

The day trip includes Block Island sightseeing tour, a full course luncheon at the National Hotel with choice of salmon, chicken or seafood cakes, round trip Block Island Ferry and luxury motor coach.

There will also be time to browse the shops and enjoy the atmosphere in this elegant and beautiful town.

The trip is for anyone over the age of 60.

The cost for the day is $109. Bus departs from Quincy at 8 a.m. and departs from Block Island at 4 p.m. arriving home at approximately 7 p.m.

To sign up for this trip visit the Kennedy Center. Payment is due at sign up. For more information call the Kennedy Center at (617) 376-1506.

## 46 Quincy Students On B.C. High Honor Roll

Forty-six students from Quincy are on the fourth quarter honor roll at Boston College High School.

They are:

High Honors

Class of 2017: Evo Fearnley, Andrew Golden, Anthony Gonzales, Andrew Kraunelis, Cormac McAdams, Henry McBride, Sean McDermott and Jonathan Sheehan.

Class of 2018: Owen Carberry, Dattatreya Kalluri, Diarmuid McGonagle, Steven Ngo and Andy Trebicka.

Class of 2019: Matthew Brandi, Samuel Danby, Colman Gillis, Nicholas Kuranda, Jake Murray, Robert Pittman, Michael Song and Matthew Summering.

Honors

Class of 2017: Erik Barber, Michael Dockrey, Aidan Largey, Kevin Pedro, William Pham and Andrew Prendeville.

Class of 2018: Brendan Cole, Declan Deasy, John Fitzpatrick, Sean Healy, Joseph Henry, Jack Kelly, John MacDonald, Edward Ordway, Patrick Shalvey and Thomas Sullivan.

Class of 2019: Andrew Bargoot, Aiden Houlihan, Alexander Kiley, Dylan McDonald, Reese Mullen, Joseph O'Neil, Donald Ormond, Aidan O'Sullivan and Noah Wines.


Find us on Facebook
Highlights of Local Programming found on . . . QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

| Public Access Channel 8 | Government Access Channel 11 |
|---|---|
| Thursday, July 21<br>6:00am: LIVE: AM Quincy (audio only)<br>4:30pm: Real Estate Focus | Thursday, July 21<br>8:00pm: Dynamic Living w/Tom Clasby<br>8:30pm: At Your Library: July Happenings |
| Friday, July 22<br>6:30pm: Musical Notes w/ Kenny Morrell<br>8:00pm: Good Cheap Fun! Summer Edition | Friday, July 22<br>6:00pm: City View with Mayor Koch<br>7:30pm: QRD: Cheerleading Clinic |
| Saturday, July 23<br>12:30pm: AM Quincy: Friends of Wollaston Beach<br>4:00pm: Currently in Quincy 6/22 | Saturday/Sunday, July 23/24<br>9:00am: City View with Mayor Koch<br>10:30am: At Your Library: July Happenings<br>3:00pm: At the Library Concert Series: Mouli Pal<br>5:30pm: Quincy in Focus |
| Sunday, July 24<br>10:00am: Bethany Congregational Worship<br>11:25am: Bringing Beacon Hill to You | Monday, July 25<br>6:30pm: FYI: QHD Vegetarian Lifestyle<br>7:00pm: QRD: TV Production Workshop 2016<br>8:00pm: At the Library Concert Series: Quincy Symphony Ensembles |
| Monday, July 25<br>11:30am: LIVE: Currently in Quincy<br>9:00pm: Perspectives w/ Gene Piazza | Tuesday, July 26<br>6:30pm:FYI: QHD Group B Strep |
| Tuesday, July 26<br>6:00pm: AM Quincy: Father Bills/MainSpring<br>8:00pm: QRD: TV Production Workshop 2016 | Wednesday, July 27<br>7:00pm: QRD: Cheerleading Clinic<br>7:30pm: QRD: TV Production Workshop |
| Wednesday, July 27<br>9:30pm: Sound Advice<br>10:00pm: Constitution: Then & Now | |

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org



South Shore School of Theatre Presents

The Jungle Book kids
JULY 22 @7:00 PM
JULY 23 @2:00PM

Oliver!
JULY 29 @7:00PM
JULY 30 @2:00PM

Kiss Me Kate
AUG. 5 @7:30PM
AUG. 6 @7:30PM

All performances take place at Eastern Nazarene College's Cove Fine Art's Center, 23 East Elm Ave. Quincy MA 02170

Tickets are $5 & $10
(617)653-2460 | www.southshoreschooloftheatre.com

# Social



SYBIL O'CONNELL, a lifelong Quincy resident, recently retired from the U.S. Department of Housing and Urban Development after 33 years of government service. O'Connell worked as a paralegal in the New England Regional Office of Counsel. Here she receives a plaque from Regional Counsel Miniard Culpepper.



IN CELEBRATION of Culinary Arts Month, Atria Marina Place residents and staff chose to honor the City of Quincy's first responders with an appreciation barbecue held at the facility's outdoor patio. About 200 attended including local firefighters and police officers as well as emergency medical technicians from Fallon and Brewster Ambulance.

*Photo Courtesy Atria Marina Place*

## Meals On Wheels Volunteers Needed

South Shore Elder Services is seeking volunteers for its Meals on Wheels program.

Volunteers are needed to deliver meals to homebound elders in the community as well as help pack meals for delivery. Assistance needed any day Monday through Friday, mid to late morning.

For more information, contact Jody, volunteer coordinator at 781-848-3910 ext. 430 or jhodgdon@sselder.org.

## Friends Of Wolly Beach 'Book And Boogie' Today

The Friends of Wollaston Beach (FoWB) will host a "Book and Boogie" Thursday, July 21 from 6 to 8 p.m. at the Tot Lot at the intersection of West Elm Avenue and Quincy Shore Drive.

Attendees are asked to bring a lightly-used children's book to swap, or to donate to the Thomas Crane Public Library. The free family-friendly book and dance-party event is supported by Save the Harbor/Save the Bay, the City of Quincy and state Department of Conservation and Recreation.

On Thursday, Aug. 18 "Finding Nemo" will take place at the Tot Lot from 7 to 9 p.m.

For more information visit wollastonbeach.org.

## QHS Class Of 1966 50th Reunion Aug. 20

Quincy High School Class of 1966 will hold its 50th reunion Saturday, Aug. 20 at the Tirrell Room, 254 Quarry St., Quincy, from 6 to 11 p.m.

The evening will feature dancing and music of Dave Becker, DJ Plus.

Dinner will be served at 7 p.m.

For further information call Pat (Walsh) Matterazzo at 781-706-5103 or Steve Demaggio at 781-331-4736 or email qhsclassof1966@gmail.com.

More information is also available at www.http://qhs1966.com.

## Sun Protection Tips For Young Children

Some babies are being exposed to the sun's damaging ultraviolet (UV) rays in the first six months of life, when their skin is most vulnerable.

In fact, a research team at the University of Miami found that as many as one-third of local parents actively increased their infant's sun exposure each day, believing mistakenly that it would build their babies' tolerance to the sun's rays. As a result, 12 percent of the parents reported that their babies' skin had tanned before they were 6 months old, and 3 percent said their infants had been sunburned.

"Sun exposure can be extremely dangerous for babies due to their thin skin and relative lack of melanin - the skin pigment that provides some sun protection," says Deborah S. Sarnoff, MD, senior vice president of The Skin Cancer Foundation. "All of the sun damage we receive as children adds up and greatly increases skin cancer risk later in life. That's why it's so important that parents make sun protection a priority early in life."

The Skin Cancer Foundation wants parents and caregivers to know that skin cancer is highly preventable, and offers the following tips to help keep babies and toddlers sun-safe this summer and all year long:

**Seek Shade**. Avoid direct sun exposure during peak sun hours, between 10 a.m. and 4 p.m. On walks, keep to the shady side of the street and use the sun shield on your stroller.

**Cover Up**. Keep your baby covered up with a brimmed hat and lightweight clothing that fully covers the arms and legs. For added protection, look for special clothing marked with an ultraviolet protection factor (UPF) of 30 or more, which means the clothing will only allow 1/30th of the sun's UV rays to reach the skin.

**Be Careful in the Car**. While glass screens out most UVB rays, the chief cause of sunburn, UVA rays can penetrate windows. Like UVB rays, UVA rays damage DNA and can lead to skin cancer. By law, front windshields are treated to filter out most UVA, but side and rear windows generally aren't. Consider buying a UV shield, which you can hang over any window that allows sunlight to reach the child's car seat. Another option is to install professional protective window film.

**Start Sunscreen at 6 Months**. Since infants' skin is so sensitive, it's best to keep newborns out of the sun rather than use sunscreen. Beginning at 6 months of age, it's time to introduce daily sunscreen use. Choose a broad-spectrum, water-resistant sunscreen, SPF 15 or higher. Look at active ingredients; zinc oxide and titanium dioxide are good choices, because these physical filters don't rely on absorption of chemicals and are less apt to cause a skin reaction. You may want to test sunscreen on the inside of your baby's wrist. If the child has a little irritation, try another sunscreen.

Toddlers move around a lot, so you may need to get creative with your sunscreen application routine. Sunscreen sticks work well for the face and hands, since toddlers are less likely to rub the product into their eyes. Sprays are another good option. Make sure to apply the sunscreen evenly and liberally all over your baby's exposed skin. For the face, apply into your hands, then apply to your baby's face.

**Use Sunscreen Properly**. Use sunscreen on all exposed areas not covered by clothing, such as the back of the hands, face, ears and neck. Apply sunscreen 30 minutes before going out and reapply it every two hours or more frequently if you take your baby into the pool or if he or she is sweating.

For more information, visit The Skin Cancer Foundation's website, SkinCancer.org.

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## 20 Local Students On Thayer Honor Roll

Twenty students from Quincy are on the honor roll at Thayer Academy in Braintree.

They are:

Brett Collins, Grade 6, High Honors.

Robert Keegan, Grade 6, High Honors.

Matthew Steffan, Grade 7, Honors.

Conor Walsh, Grade 6, High Honors.

Gavin Toland, Grade 6, High Honors.

Beryl Chen, Grade 11, earned High Honors for Term 2 and Semester 2.

Samantha Colman-Lerner, Grade 10, earned Honors for Term 2 and Semester 2.

Amy Le, Grade 9, earned High Honors for Term 2 and Semester 2.

Jeffrey Liu, Grade 12, earned High Honors for Term 2 and Semester 2.

John Lucas, Grade 11, earned Honors for Term 2 and Semester 2.

Molly Mullally, Grade 10, earned Honors for Term 2 and Semester 2.

Finley Mullally, Grade 11, earned Honors for Term 2 and Semester 2.

Charlotte Nickerson, Grade 9, earned High Honors for Term 2 and Semester 2.

Eoin O'Sullivan, Grade 10, earned Honors for Term 2 and Semester 2.

Lauren Petrie, Grade 11, earned Honors for Term 2 and Semester 2.

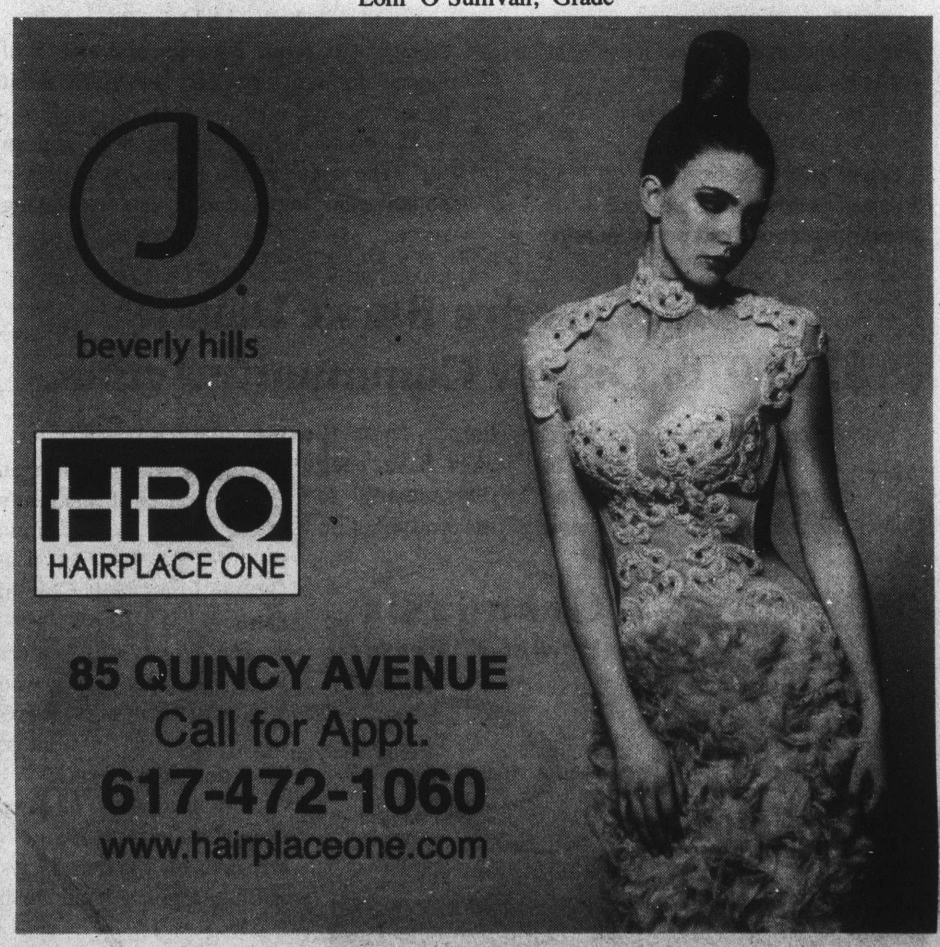
Miriam Post, Grade 9, earned Honors for Term 2 and Semester 2.

William Scola, Grade 9, earned Honors for Term 2 and High Honors for Semester 2.

Emma Steffan, Grade 10, earned Honors for Term 2.

Maria Theodore, Grade 9, earned High Honors for Term 2 and Semester 2.

Arianna Urekew, Grade 10, earned Honors for Term 2 and Semester 2.



# WHAT'S COOKING
with
# *Marie & Suzie*



By MARIE D'OLIMPIO and SUSIE FALCO

## Two Crusted Pizza

**By MARIE**

Who doesn't love pizza?

So how about a two crusted pizza!

Just imagine a top and bottom crispy crust instead of just one crust. I found this recipe recently and tried it. The result was so wonderful that I couldn't wait to share it with all of you.

The ingredients are a bit different than the usual ingredients found in pizza as you will see as you read this recipe.

**RECIPE:**

**1 pound of pizza dough**
**½ pound sweet Italian sausage**
**½ cup chopped onion**
**1 cup of shredded mozzarella cheese (about 4 ounces)**
**1 cup of ricotta cheese**
**½ cup grated Romano cheese**
**½ cup chopped salami**
**2 tablespoons of fine dried bread crumbs**

Divide pizza dough into two pieces and set aside. Cut up and cook sausage and onion until sausage and onion are browned and onion is tender, set aside.

Combine the cheese and stir in the sausage and salami. Roll out and transfer one circle of dough on to a greased 12 inch pizza pan or baking sheet, sprinkle with half of the bread crumbs, spread sausage mixture over the dough and sprinkle with remaining breadcrumbs.

Moisten the edge of the dough with a little water and top with the second circle of dough. Crimp edge to seal. Prick top in several places.

Bake in 375-degree oven for 40 to 50 minutes. Let cool before serving.

## Sweet & Sour Chicken

**By SUSIE**

This is a recipe for sweet and sour chicken (without all the sugar) from Dr. Jonny Bowden.

**RECIPE:**

**1 can organic pineapple chunks in water, drained and save the juice**
**2 tablespoons tamari or braggs liquid aminos (instead of too much sodium soy sauce)**
**2 tablespoons tomato paste**
**2 tablespoons raw honey**
**1 tablespoon apple cider vinegar**
**1/4 teaspoon red pepper flakes**
**2 teaspoons sesame oil**
**1 1/4 pound organic chicken tenders**
**1 large red pepper, chopped and 1/2 large onion, chopped**
**1/2 yellow pepper, chopped**
**1 cup stringless snow peas, 1/4 cup fresh chopped cilantro**

Whisk together 3 tablespoons of the reserved pineapple juice, tamari, tomato paste, honey, vinegar, and red pepper flakes. Set aside.

Heat oil in large skillet and cook the chicken on med/high heat for about a minute on each side.

Reduce heat and add peppers, onions, and snow peas, cooking or a few minutes.

Now add in the sauce and stir frequently, until the veggies start to soften.

Now add in pineapple just until heated through.

Top with cilantro and serve with some nice quinoa or brown rice, if desired.

## Potato-Vegetable Hash

**By MARIE**

Once in a while I take several of my granddaughters out for breakfast and, as a rule, one of them usually orders beef hash to go with their eggs - and some of them take a taste.

Well last week I found a great recipe for potato-vegetable hash and it can be used for either breakfast or dinner.

**RECIPE:**

**1 cup of zucchini diced**
**1 cup of yellow squash diced.**
**2 small white or gold potatoes and 1 sweet potato boiled and diced**
**1 small onion chopped**
**3 tablespoons of vegetable oil**
**1 tablespoon of butter**

In the hot oil and butter sauté the onion until translucent. Add zucchini, yellow squash and diced potatoes and stir until heated through. You can brown this a bit as well.

If you would like, add a fried egg on top. The recipe above serves 2 or 3 people so add more ingredients if you are making more.

## George, Sandra Burke Donate $3,000 To Quincy Community Action

Quincy attorney George Burke and Sandra Burke have donated $3,000 to Quincy Community Action Programs, Inc.

The Burkes have been giving $3,000 annually to Quincy Community Action Programs, Inc.

Atty. Burke will be an Event Sponsor of this year's "Best Chef" competition set for Thursday, Oct. 6 at Granite Links Golf Club in Quincy.

The event will feature local celebrated chefs who will take part in a live cooking competition in front of more than 350 guests.

Atty. Burke said he cares deeply about reducing poverty in the city and is always willing to give a hand when needed.

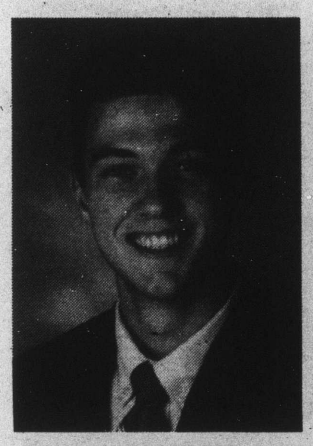



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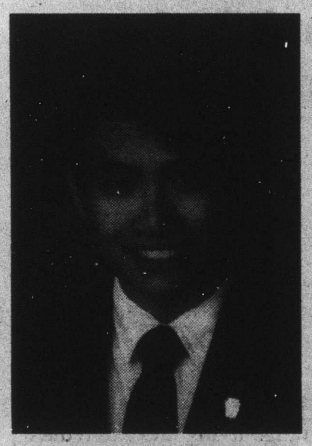



**BLUE CROSS BLUE SHIELD of Massachusetts recently dedicated a community garden at its Quincy office located at One Enterprise Dr., North Quincy. Among those attending the ground-breaking ceremony were (from left) Quincy resident, Blue Cross employee and garden volunteer Ariana Brito; Weymouth resident, Blue Cross employee and garden volunteer Tracy Muniz-Gately; The Trustees Chief of Development and Enterprise Ed Wilson; Blue Cross Director of Sustainability Kyle Cahill; Mayor Thomas Koch; and Blue Cross SVP of Corporate Communications and Citizenship Jay McQuaide. The approximately 3,000 square-foot organic garden contains 13 plots and involves over 100 employee gardeners. Blue Cross employees, in partnership with The Trustees, have started building plots and composting, in addition to participating in an educational gardening workshop run by the Trustees.**

*Blue Cross Blue Shield Photo Courtesy Kathleen Makela*



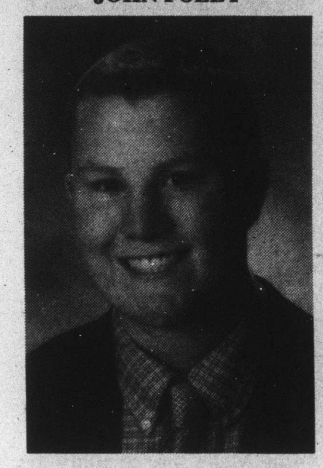
**JOHN FOLEY**



**CORWIN HUANG**



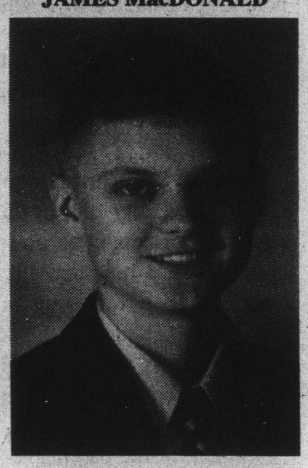
**JAMES MacDONALD**



**JUSTIN McGAFFIGAN**



**JOSHUA QUINLAN**



**GREGG SELBERT**

## Six B.C. High Graduates From Quincy Receive Awards

Boston College High School recently presented special awards to six 2016 graduates from Quincy.

The award recipients from Quincy are:

John Foley, Corwin Huang, James MacDonald, Justin McGaffigan, Joshua Quinlan, and Gregg Selbert.

Foley was named a National Merit Program Commended Scholar and he won a Kairos leader award. He will attend Loyola Marymount University in the fall.

Huang won an Asian Culture Club award. He will attend St. Louis University in the fall.

MacDonald won an Academic Decathlon award. He will attend Bates College in the fall.

McGaffigan won a Military Appointment to the US Merchant Marine Academy

Quinlan won a Hearts on Fire Award – 4 or More Jr./Sr. Retreats, a Kairos Leader award, a Senior Mentor award and a John P. Farricy, Sr. '26 Memorial Award. He will attend the College of the Holy Cross in the fall.

Selbert won a Concert/Chamber Choir award. He will attend Fordham University in the fall.


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# Falls Prevention Tips For Aging Parents

## *From The Mass. Assisted Living Association*

**By RICHARD T. MOORE**

In summer months, many families visit their aging parents who live independently, often alone. These visits can sometimes cause anxiety for adult children, who become worried about the potential household dangers facing an elderly parent—particularly around falls.

A serious fall can be fatal, but other falls may lead to head injuries or broken hips and extremities that result in the loss of mobility. Falls are a concern for older adults in all types of senior living environments, but can be especially worrisome for seniors living at home alone, perhaps in the same house in which they've lived for decades that has stairs, slippery floors, or other features that can cause challenges later in life.

Falls prevention education is a top priority for the Massachusetts Assisted Living Association (formerly Mass-ALFA) – the "Voice of Assisted Living." The assisted living residences around the state primarily utilize evidence-based falls prevention programs proven to help keep seniors safe. Here are 6 tips to help your loved one stay safe by reducing the risk of serious falls.

1. **Think of falls as preventable**: Mindset is key, and while falls can indeed be dangerous, they are often avoidable with proper care. Gently talk to your parent about what they feel they are capable of doing physically and be proactive about safety. Rather than reacting when a fall occurs, help them to actively look for ways to prevent falls.

2. **Help refresh their environment**: As detailed in the fall-prevention program Matter of Balance, seniors can take a number of preventative steps to change their environment to reduce fall risk factors. Offer a day of your visit to help mom or dad rearrange living areas to reduce potential obstacles or organize the kitchen to keep frequently needed items within easy reach.

3. **Strengthen and condition**: One of the most effective and proven ways an older adult can avoid an incident is to make sure their body is well-maintained and that they are stable on their feet. Workshops such as the Otago Exercise Programme focus on helping seniors improve their balance and stability and have been shown to reduce falls by over a third. Contact a local YMCA or senior center to learn about gentle exercise classes specifically tailored to older adults, and offer to join your parent for an initial session.

4. **Mind your surroundings in public**: While it is possible to help organize and arrange your parent's residence in a way that is conducive to reducing falls, public areas present a variety of different and unpredictable conditions that can be potentially dangerous. When in unfamiliar areas or public spaces, help mom or dad make sure to pay special attention to their surroundings and actively look for any potential dangers. In addition, offer to shop with them for a pair of safe and walkable shoes to ensure steady footing, and remind them to wear any prescribed glasses or contact lenses to enable optimum vision.

5. **Understand the effect of medications**: Many seniors don't realize that certain medications can affect balance. Encourage your parent to talk with their prescribing doctor regarding any medications they may be taking in order to better understand how these prescriptions affect balance and stability, especially when they might be getting out of bed during the night.

6. **Know what to do if a fall occurs**: Of course, the goal is to fully prevent falls from occurring in the first place, but the reality is that accidents can still happen regardless of your level of preparedness. Having a plan in place in the event of a fall is important, and can be crucial in reducing recovery time following an injury and minimizing the damage done. Offer to purchase mom or dad a portable phone they can carry when walking between rooms and talk to them about utilizing services such as Life Alert to ensure swift medical attention if needed.

Older adults today strongly value independence and choice in their living environment. By taking steps toward preventing falls, older adults can better maintain an active, dynamic, and healthy lifestyle—while also providing their families with peace of mind.

*Richard T. Moore is the president of the Massachusetts Assisted Living Association. He is a former Senate Health Chair who sponsored legislation to establish the Massachusetts Falls Prevention Commission at the Department of Public Health.*

# Detecting Hypothyroidism

## *A Message From The Quincy Health Department*

**By RUTH JONES BSN, RN, BC, CP-FS**

Hypothyroidism is a disorder that appears when the thyroid gland does not make a sufficient amount of thyroid hormone to meet the body's needs.

Thyroid hormone regulates metabolism, the way the body utilizes energy, and affects virtually every organ in the body. Without an ample amount of thyroid hormone, many of the body's functions slow down. Statistics show approximately 4.6 percent of the U.S. population age 12 and older has hypothyroidism.

The thyroid is a 2-inch-long, butterfly-shaped gland weighing under one ounce. Located in the front of the neck below the larynx, or voice box, it has two lobes, one on each side of the windpipe.

The thyroid is one of the glands that comprise the endocrine system. The glands of the endocrine system produce and store hormones and release them into the bloodstream. The hormones then travel through the body and guide the activity of the body's cells.

The thyroid gland produces two thyroid hormones, triiodothyronine (T3) and thyroxine (T4). Thyroid hormone production is regulated by TSH, which is made by the pituitary gland in the brain. When thyroid hormone levels in the blood are depleted, the pituitary releases more TSH. When thyroid hormone levels are high, the pituitary reacts by decreasing TSH production.

Thyroid hormones influence metabolism, brain development, breathing, heart and nervous system functions, body temperature, muscle strength, skin dryness, menstrual cycles, weight, and cholesterol levels.

Several causes of hypothyroidism exist including:

- Hashimoto's disease
- Thyroiditis, or inflammation of the thyroid
- Congenital Hypothyroidism, or hypothyroidism that is present at birth
- Surgical removal of part or the entire thyroid
- Radiation treatment of the thyroid
- Some medications

Less commonly, hypothyroidism is caused by too much or too little iodine in the diet or by abnormalities of the pituitary gland.

Hashimoto's disease is the most common cause of hypothyroidism in the United States. Hashimoto's disease is a type of chronic inflammation of the thyroid gland. Hashimoto's disease is also an autoimmune disorder, where the immune system attacks the thyroid, causing inflammation and interfering with its ability to produce thyroid hormones.



RUTH JONES

Thyroiditis triggers stored thyroid hormone to leak out of the thyroid gland. At first, the leakage elevates hormone levels in the blood, leading to hyperthyroidism (when thyroid hormone levels are too high), that lasts for 1 or 2 months. Most people subsequently develop hypothyroidism before the thyroid is completely healed.

In congenital hypothyroidism, babies are born with a thyroid that is not fully developed or does not perform properly. If this is left untreated it can lead to mental retardation and growth failure. Prompt treatment can prevent these complications, so most newborns in the United States are screened for hypothyroidism.

In surgical removal of the thyroid, part of the thyroid may be removed and the remaining part may produce an adequate amount of thyroid hormone. However, some people who have this surgery will develop hypothyroidism. Removal of the entire thyroid always results in hypothyroidism.

Radioactive iodine, a customary treatment for hyperthyroidism, progressively destroys the cells of the thyroid. The majority of people who receive radioactive iodine treatment ultimately develop hypothyroidism. People with Hodgkin's disease, other lymphomas, and head or neck cancers are treated with radiation, which can also damage the thyroid.

Some drugs can impede thyroid hormone production and lead to hypothyroidism, including:

- Amiodarone, a heart medication
- Interferon alpha, a cancer medication
- Lithium, a bipolar disorder medication
- Interleukin-2, a kidney cancer medication

The symptoms of Hypothyroidism can vary from person to person. Some common symptoms of hypothyroidism are:

- fatigue
- weight gain
- a puffy face
- cold intolerance
- joint and muscle pain
- constipation
- dry skin
- dry, thinning hair
- decreased sweating
- slowed heart rate
- heavy or irregular menstrual periods and impaired fertility
- depression

However, hypothyroidism develops gradually; so many people don't detect symptoms of the disease. Women are much more likely than men to develop hypothyroidism.

Specific factors can increase the chances of developing thyroid disorders. People may need more consistent testing if they have had a thyroid problem before, such as a goiter, have had surgery to correct a thyroid problem, have received radiation to the thyroid, neck, or chest, have a family history of thyroid disease, have other autoimmune diseases, pernicious anemia, a vitamin B12 deficiency, type 1 diabetes, rheumatoid arthritis, lupus, a chronic inflammatory condition, have Turner syndrome(a genetic disorder), are older than age 60, have been pregnant or delivered a baby within the past 6 months.

Many symptoms of hypothyroidism are similar to those of other diseases, so hypothyroidism usually cannot be diagnosed based on symptoms alone. If hypothyroidism is suspected, health care providers will take a thorough medical history and perform a complete physical examination. Health care providers may then use several blood tests to verify a diagnosis of hypothyroidism and uncover its cause including TSH, T4 and Thyroid autoantibody tests.

Treatment of hypothyroidism usually consists of synthetic thyroxine, a medication that is identical to the hormone T4. The particular dose will depend on the patient's age and weight, the severity of the hypothyroidism, the existence of other health problems, and whether the person is taking other drugs that might interact with how the body uses thyroid hormone. Health care providers usually test TSH levels about 6 to 8 weeks after treatment with thyroid hormone is initiated and may adjustment the dose as needed.

If you think you might have a thyroid issue, contact your health care provider. Once you're diagnosed and treated, having hypothyroidism shouldn't keep you from performing or enjoying any activities of daily living.

*Ruth Jones is the director of Nursing for the City of Quincy Health Department.*

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# Lynch, Texas Colleague Introduce Bill To Honor Adams' Family Legacy

Bay State Cong. Stephen F. Lynch and Texas Cong. John Culberson have introduced legislation to establish the Adams Memorial Commission to carry out the provisions of Public Law 107-62, and for other purposes.

The Adams Memorial Commission will establish a permanent memorial to honor John Adams and his legacy in Washington, D.C.

President John Adams served the United States as the second President, the first Vice President, a diplomat, a defender of due process, and a Founding Father. President Adams and his family dedicated their lives to the ideals and values upon which our country was founded. President Adams was the first President to reside in the District of Columbia and occupy the President's House; now known as the White House. Yet, there is no memorial in Washington, D.C. dedicated to President Adams and his family legacy.

"President John Adams was a remarkable leader and a steadfast public servant. Adams was one of our most influential Founding Fathers and it is a glaring oversight that there is no memorial in our nation's capital honoring John Adams and his family and their role in shaping our nation," Lynch said. "H.R. 5748 will reinvigorate the effort to establish this long overdue memorial and complement the important work the Adams Memorial Foundation has accomplished over the years. I thank Congressman Culberson and our colleagues for their bipartisan support of this important initiative to rightfully honor Adams in Washington, D.C."

"John Adams' principled courage and his relentless commitment to liberty were essential to the success of the American Revolution and the creation of the United States. This monument to John Adams and the rich legacy of the Adams family is long overdue," Culberson said. "I'm pleased to introduce this legislation with Congressman Lynch to honor our nation's second president and his tireless efforts to create this great nation. I also want to thank the Adams Memorial Foundation for their diligence in ensuring that we honor one of America's most influential Founding Fathers."

"The Adams Memorial Foundation praises Representatives Stephen F. Lynch (D-MA) and John Culberson (R-TX) for introducing bipartisan legislation to establish a permanent memorial to honor John Adams and his legacy as a Founding Father of our nation," said Ben Adams, president of the Adams Memorial Foundation. "This important legislation will establish the Adams Memorial Commission, composed of appointees by the President and Congress, to build on the work of the Adams Memorial Foundation in designing and constructing a long overdue memorial we can all be proud of honoring a family that made an indelible impression on the framework of the United States.

"We encourage members of Congress on both sides of the aisle to join them in this bipartisan effort," Adams added.

In particular, the bipartisan Adams Memorial Commission will be composed of four presidential appointees, four members of the United States Senate, and four members of the United States House of Representatives. The Commission is required to report its recommendations for the nature, location, design, and construction of the memorial to the President and Congress at the earliest date possible and will report annually on its progress.






# 17 Quincy Ave. Townhouses Eyed

By SCOTT JACKSON

Two brothers have proposed razing a pair of Quincy Avenue homes and building 17 townhouses on site.

Anthony and Lawrence Agnitti are seeking approval to tear down the three-family home at 150 Quincy Ave. and the two family-home at adjacent 154 Quincy Ave.

The Agnittis have proposed replacing those homes with 17 townhouses. The townhouses would line both sides of the 36,000 square foot lot, running roughly perpendicular to Quincy Avenue. Five buildings total would be constructed as part of the plan – one building with five townhouses and the remaining four buildings with three townhouses each.

Each townhouse would have a two-car garage on the ground level and two levels of living space above with two bedrooms and 1.5 bathrooms. An additional five parking spaces would be available on site.

The project went before the Planning Board July 13, and the applicants will be back before the board Aug. 24.

"We wanted to do something we could be proud of in the city." Anthony Agnitti said. "We like the home approach, i.e. the townhouses…we feel this is better for the neighborhood and better for what we're looking to do.

"All I can say is we as property owners, businesspeople in the city and longstanding people in the city, we're looking for a win-win – a win for the city and a win for us."

Three residents spoke in favor of the proposal during the July 13 meeting.

Ernie Arienti, a Springfield Street resident, said the project would be beneficial to the surrounding area.

"I think this is a great project. It's going to fit in the neighborhood nicely. It's going to clean up the area there," Arienti said. "This here, I think will increase the property values around the whole area. It will really clean the place up and they'll do a great job."

William J. O'Connell Jr., who lives on Quincy Avenue, said the area is a gateway to the new Quincy Center and the townhouse project would represent an improvement to the location.

"I fully support this project," O'Connell said. "I think it's great."

Ward 2 Councillor Brad Croall said the project would improve upon the parcel of land, but wants to be sure the townhouses would have ample parking.

"You're either going to get it right or you're going to get it wrong, and the only time we have to get it right is right here. That's how I see it," Croall said.

"Quincy Avenue is not equipped, for lack of a better word, to handle any on road parking like potentially some of these other developments are."

The councillor added that it was important to make sure the stormwater control systems included as part of the project would adequately contain runoff. The site slopes downward to Martensen Street.

"I think something could work there," Croall said. "I just want to make sure – particularly for those folks living on Martensen Street – that we properly address and contain any potential runoff that may or may not take place there because the unintended consequence could be that they end up with a built in pool in their backyards and I know that's not anyone's intention."

# Discover Quincy Art Walk In Quincy Point Friday

By MARGARET LAFOREST
Vice President Tourism
Quincy Chamber of Commerce

This week's Discover Quincy's free Art Walk Friday is on Friday, July 22 from 5to 8 p.m. and features the arts and culture of Quincy Point.

Our featured museum is the USS Salem (739 Washington St., accessible via the rotary) and visitors are offered free admission on Friday, July 22 from 5 to 8 p.m.

Having served a distinguished 10-year career as flagship of the US Sixth Fleet in the Mediterranean and the Second Fleet in the Atlantic, the USS Salem served as host to such notables as the US Ambassador to Spain, John D. Lodge; the Honorable Thomas S. Gates, Undersecretary of the Navy; Admiral Arleigh A. Burke, USN, Chief of Naval Operations; the Shah of Iran; the President of Lebanon and the King and Queen of Greece.

Although Salem never fired her mighty guns in anger, her very presence served as a stimulus for peace during those troubled times that came to be called the Cold War. She served as a Lady of Diplomacy, rather than as a means of exerting brute force. Imagine a small city placed in "mothballs", stored for 35 years, and then reopened four tours and restored to its former glory.

Visitors can take a self guided tour of the only preserved U.S. Naval Heavy Cruiser or have a former crew member lead you on a tour that takes you right back in time to her service as each room from the hospital to the barber shop to the bunks to the mess hall have its implements in tact.

We will have live music and our popular lawn games on board to ensure fun for all ages. The band Musik Makerz starts Stephen and Maurice Starr Jr. who were born into R&B Music as "Perfect Gentlemen" being the sons of legendary Grammy Award Winning Producer Maurice Starr known as "The General" who brought The New Kids on the Block and New Edition to blockbuster fame.

Like their father, these boys have plenty of talent to share and bring their own old school/R&B Funk and twist into a fresh new sound. Still true to their roots embodies from the masters such as Marvin Gaye, Steve Wonders, Bill Withers and James Brown, sit back, enjoy the band, and get ready to dance on the USS Salem's fantail stage.

Our second location this week is an underground artist studio opening its doors to the public for the first time. Self Made Designs, 12 Shaw St., has an industrial non-descript exterior but inside is a multi-media studio bringing the Boston arts movement to the South Shore and changing the face of Quincy's art scene.

Artrepreneur Zach Acorn and the Self Made Design Team welcome visitors to meet their team of visual and performing artists to watch as they paint, screen t-shirts, view their artwork, graphic and clothing designs, tour their multi-media studio used for performance, photography and recording studios while DJ Lido Spinz plays music as they collaborate to create the vibe for their "Support Local Artists" mantra.

In speaking of their first collaborative studio project, Team Leader Zach Acorn talks about musical poet Eugene Jr.s recently dropped album S.E.E.D.S. which was produced by team member Chuck Kennedy with cover art by renowned muralist Brand Rockwell. He says "artists define who you are as a culture and a city like Quincy so rich in history, and has a lot of great artistic talent but the community needs to come together to recognize its cultural value."

Zach participated in Discover Quincy's 2015 summer Pop Up Gallery in the former Woolworth's building and some of these relationships came from that experience and continue to work together in programs like ArtWalk Fridays and their recently launched collective work environment where Boston area artists gather to paint.

Self Made Designs team includes a dozen local artists including artist Zach Acorn, visual artists Brand Rockwell, KOMA and Noel James; photographer Alex Fort; rapper Tosh; music engineer and producer Jus Gamble; music engineer Chuck Kennedy; musical poet Eugene Jr; engineer, producer and event manager G Pich; and team advisors Aaron and Shawn Johnson.

The full schedule of events is available online and at participating locations.

For more information, visit DiscoverQuincy.com or call 617-639-1117.


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# Plans For 60-Unit Quincy Center Building Unveiled

By SCOTT JACKSON

A developer's plans to construct a five-story, 60-unit residential building on Bridge Street in Quincy Center is expected to go before several city boards for review in the coming months, and work on site could begin before the end of the year.

The firm behind the project – Boston Property Development, based on nearby Greenleaf Street – intends to file plans for the project in August to the city. The project will require approval from the Planning Board, Zoning Board of Appeals and Conservation Commission.

Boston Property Development plans to tear down the duplex at 23 Bridge St. and the two-family home at 31 Bridge St. to make way for a new residential building. The 31,000 square foot project site, located in a business C zoning district, is adjacent to the former Temple Beth El at 999 Hancock St., where Boston Property Development is constructing a 53-unit residential building.

City Councillors Kirsten Hughes and Margaret Laforest hosted a community meeting July 14 at City Hall on the new residential building.

Peter McLaughlin, the principal at Boston Property Development, said he hopes to receive a building permit for the project in early November, allowing work to begin onsite before winter comes. Construction is expected to take 12 months.

McLaughlin said the market at the time the project is completed would determine whether the units in the building would be sold as condos or leased as apartments. A mixed-building – with both types of units – is his preference.

"I'd like to do kind of a split building that might be some condos and some rentals," McLaughlin said. "It could be all condos and it could be all rentals, but I just don't want to commit to anything at this point in time because the market is going to tell us."

The Bridge Street building would stand five-stories tall. Dartagnan Brown, a principal at Embarc Studio, said 20 of the units in the building would have one bedroom and the remaining 40 units would have two bedrooms. Brown said the one-bedroom units would average around 950 square feet, and the two-bedroom units 1,200 square feet, though the layout for the interior had yet to be finalized.

Brown said the building would be set back off Bridge Street, with an open courtyard area in front of it. Aesthetically, Brown said the building would be in line with others in the neighborhood, with some features playing off the nearby Old House at Peace field (Adams Mansion). Much of the landscaping around the site can be retained, he added.

The building's design also includes a terrace space on the roof. Solar panels might also be installed on the roof.

The project would include 100 parking spaces. Plans for the building include a two-level underground garage, plus additional parking within the ground floor of the building. Ed Fleming, an attorney representing the developer, said the project would require only 90 parking spaces under the city's zoning code.

Laforest asked McLaughlin if residents of the new building would be charged an additional fee to park, because doing so could encourage those moving in to opt to park on the street instead of in the building's garage. Laforest said she might ask the Planning Board to add a condition to the permit that would prevent the developer from charging for parking on site.

"People are too cheap to pay for parking so they put them on the street," Laforest said. "It's been a chronic problem."

McLaughlin said residents of newer buildings would be more willing to pay for a parking space than residents of older buildings, though he understood Laforest's concern.

"I think that the tendency in some of the newer developments is a little different than the tendency in some of the older developments. I think there is a different mentality amongst that clientele where, for the convenience of a parking space, they may look differently than maybe some of the tenants of some of the older buildings," McLaughlin said. "But I hear what you're saying."

Hughes asked how the developers would plan to address requirements in Quincy's affordable housing ordinance.

McLaughlin said his firm would like to provide affordable housing offsite, which is one of three options developers can choose to comply with the ordinance. McLaughlin said he has identified several locations where affordable housing could be added – for both the Bridge Street development and 999 Hancock St. – and he would like to provide more than the 11 units required between those two projects.

A concern the residents in attendance raised was regarding the impact the development would have on traffic. One woman in attendance said the city should look into how the new project would impact traffic on the major roads leading into it – including Furnace Brook Parkway – rather than just considering how vehicles would enter and exit the property.

Fleming said a traffic study would be conducted once the plans are formally filed with the city. The Planning Department, he said, would determine the scope of the study to be undertaken.

"We'll have a traffic engineer on our development team and we'll certainly do whatever is asked of us," Fleming said.

# Washington Street Self-Storage Facility Proposed

By SCOTT JACKSON

A Weymouth company has proposed constructing a four-story, 122,900 square foot self-storage facility with more than 1,000 containers on Washington Street just north of the Fore River rotary.

Jumbo Self Storage's proposal to construct the facility at 661-671 Washington St. went before the Planning Board for a public hearing July 13. The board did not vote on the proposal that night, and will take up the matter again on Aug. 24.

The proposed self-storage facility would be constructed on a 66,000 square foot parcel of land, currently home to a boatyard. Jumbo Self Storage, the Weymouth company behind the plan, has agreed to purchase the northern portion of the boatyard – where the self-storage facility is being proposed – and the remaining portion of the property would continue to be used for boat storage.

A former gas station on Washington Street would be demolished to make way for the four-story building.

As proposed, the four-story, 45-foot tall building would have 1,062 storage containers, lobby space, a leasing/retail office, restrooms and a loading area. Twelve parking spaces are included in the plan, as is landscaping around the site. While Jumbo Self Storage is the developer planning to construct the facility, a separate company could be brought on to operate it once completed, according to Ed Fleming, the attorney representing the applicant.

The Washington Street site is in an industrial B zoning district, which would allow it to be used for a self-storage facility. Jumbo Self-Storage is seeking a trio of special permits from the Planning Board – for a major, non-residential use, for parking, and for signage.

Fleming said the parking requirments in the zoning code do not include provisions for self-storage facilities, which need fewer parking spaces than other commercial uses such as retail or office space. Fleming said a similar parking waiver was granted when the self-storage facility at 27 Liberty St. in South Quincy was permitted.

"If you've been and you've seen Liberty Street in action – sometimes I wonder if there is anyone there," he stated. "It's a very quiet use, because folks go and deliver their product once and then sometimes don't come back again for some time."

Andy Graves, a principal for the BL Companies, the firm that designed the Washington Street building, said the industry standard used nationwide is one parking space per 100 storage units.

Fleming said the city's zoning code would limit the size of signage on the building 60 square feet; the proposal includes two signs that would each be up to 250 square feet in size.

The applicant, Fleming said, would agree to a condition that the Planning Department or Inspectional Services Department has the ability to review the design of the signage if the Planning Board approved the special permit.

Coleman Barry, the vice chairman of the Planning Board, said he was a "fan of this project in general" because it would improve upon the existing with minimal impacts on the surrounding neighborhood.

Barry said he wanted to see windows or other architectural flourishes added to the side of the building facing South Street to break up the monotony of it as shown on renderings presented to the board.

Board member Maureen Glynn – who said she was not a fan of self-storage facilities – was also concerned about the look of that side of the building.

Graves said the design team could look to make changes to the façade facing South Street, but said too many details could make the building appear larger in scale than it is.

Ward 2 Councillor Brad Croall said he was a "huge proponent" of the project. The developer, he explained, still had work to do to address concerns raised by neighbors, but the self-storage would be an improvement over the boatyard presently there.

"This is a gateway to the city," Croall said. "For a very long time, the first point of judgment you made when you came into Quincy was a dilapidated boatyard. We're in a position right now to change that, and I feel that's a positive.

"You can agree or disagree with the business model, but when I assess a $20 to $25 million investment in what is now a boatyard that leaves a lot to be desired, conceptually that looks pretty good."

Bill Chaggaris, an abutter living on South Street, said the building would be too tall.

"They're going to take the sun – it's not going to shine on our house as it rises," Chaggaris said. "They don't need four stories."

Eileen Norris, who also lives on South Street, echoed the same sentiment.

"It's going to be enormous," she said.

# Homebuyer Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers Tuesday, Aug. 2 and Thursday, Aug. 4 from 5 to 9 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

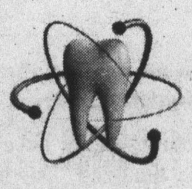
The registration fee for the workshops is $20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.





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# Worker Remains Hospitalized Following Wall Collapse

By SCOTT JACKSON

One of the two workers injured during the demolition of the former Wollaston Theatre remained hospitalized Tuesday, a week after the incident.

The two workers – Jorge Oliveira, 37, and Phil Shaheen, 40 – were taken to Boston Medical Center after the final section of the theater's brick wall collapsed shortly after 3:30 p.m. on June 12. Oliveira and Shaheen had been working for Jamie McGuinness & Sons, the Quincy contractor hired to demolish the 90-year-old building.

Shaheen was listed in critical condition after arriving at Boston Medical Center and had been upgraded to fair condition as of Tuesday morning, according to hospital spokesman Timothy Viall. Oliveira has been discharged from the hospital.

Jimmy Wong, an inspector with the Quincy Fire Department, said the demolition crew was in the process of taking down the final section of brick wall when it collapsed. That section of brick wall was approximately 30 feet tall by 40 feet wide.

Wong said Oliveira was in a bucket truck at the time of the collapse, and jumped from the bucket as the wall began to fall and suffered lacerations and a leg injury.

Shaheen was on the ground at the time of the collapse, Wong said, and sustained more serious injuries after being trapped under approximately four feet of brick; those injuries did not appear to be life threatening. Wong said police officers on detail duty and other workers rushed to the scene to free Shaheen from the bricks.



REV. SUSAN JAREK-GLIDDEN, pastor, Quincy Community United Methodist Church, leads a prayer service July 14 for Jorge Oliveira and Phil Shaheen who were both injured July 12 when a wall collapsed during demolition of the former Wollaston Theatre building. Oliveira has been released from Boston Medical Center. Shaheen's condition has been upgraded from critical to fair. He remained at BMC as of Tuesday when The Sun went to press.

*Quincy Sun Photos/Larry Carchedi*



QUINCY COMMUNITY UNITED METHODIST Church Pastor Rev. Susan Jarek-Glidden lends support to Lynne Allen, sister of Philip Shaheen, one of two workers hospitalized after a wall at the former Wollaston Theatre site collapsed during demolition July 12. Shaheen was critically injured in the accident. He was listed in fair condition Tuesday at Boston Medical Center. The church held a prayer service for the workers two days after the accident July 14.

The Occupational Safety and Health Administration – the federal agency responsible for workplace safety – responded to the scene and began investigating the collapse the same day it occurred, according agency spokesman James Lally.

The investigation remained open as of noon Tuesday.

OSHA had previously cited Jamie McGuinness & Sons for two violations found at the Wollaston Theatre site during an inspector's visit on June 13 and penalized the firm $5,600 for those violations on June 30, according to Lally. The company was cited for a operating an excavator without a backup alarm and for operating machinery within 10 feet of power lines.

"OSHA received a complaint regarding the worksite at the Wollaston Theatre and opened an inspection June 13, 2016," Lally said. "Agency inspectors addressed the concerns of the complaint and collected engineering and environmental reports. During the inspection the company provided evidence they were working with the City of Quincy Building Department and had required documentation and permits.

"Inspectors discovered violations relating to work in close proximity to energized power lines and backup alarms on an excavator. As a result, the agency issued two serious citations on June 30."

Jamie McGuinness, the owner of the firm, said in a statement his company had not been previously cited by OSHA and the June 13 violations were not related to the collapse.

"The back-up alarm on the excavator was working but it wasn't as loud as it should have been. I had that fixed the same day it was identified by the OSHA inspection (June 13th) and at the time of the accident, the alarm was operational and at full volume," McGuinness said.

"The second violation was due to the power lines from the street being too close to the building (10 feet). It had been that way for decades and long before my company was involved with the site. One of my employees called National Grid multiple times to discuss the finding to see if they would come out to inspect and advise and she was told that they would hear back within 48 hours but never did. This finding also had no bearing on [the June 12] accident as the last piece of the building that was being demolished was at least 80 feet from the power lines on the street.

"This is the first time in Jamie McGuinness & Sons' 15 years of business that we have ever had findings from an OSHA inspection."

Demolition of the Wollaston Theatre, located at 14 Beale St., began in June. Theater owner Miao Kun "Michael" Fang had stated his intention to raze the building last fall because of concerns over its structural integrity.

Mayor Thomas Koch attempted to negotiate a deal to purchase and preserve the building, but in May said it would be too expensive to do so – at least $2 million to purchase the building, in addition to millions more in restoration costs, he stated at the time.

The Wollaston Theatre first opened in 1926 as a vaudeville theater and was repurposed to a movie house in the 1930s. It was last open to the public in 2003.

Fang purchased the property for $600,000 in 2012 from Yvonne Chandler. Chandler and her late husband, Arthur, had owned the Wollaston Theatre since 1979.

Before selling to Fang, Chandler had reached an agreement in 2009 to sell the building to Street-Works, the city's previous master developer for Quincy Center. The New York-based company exercised an option to opt out of that agreement after it was estimated that renovating the building would cost upwards of $7 million.

# Cleanup Underway After Severe Storm

*Cont'd From Page 3*

calls for downed power lines throughout the city Monday. The thunderstorm also set off fire alarms at nine different buildings, each of which was investigated.

No injuries were reported.

Chris Cassani, the executive director of the Quincy Park and Forestry Department, said Monday's storm was among the worst he's seen in the four years he has been in charge of the department. While other storms, such as nor'easters, have caused more damage over longer durations, he could not recall a storm leaving behind so many downed trees and limbs in such a short period of time.

"It's one of the worst I've seen here," Cassani said Monday, adding the frequent lightning strikes and high winds were a "pretty tough combination."

Cassani noted the National Weather Service had reported a microburst in Haverhill Monday as severe thunderstorms swept through Massachusetts after a warm and humid start to the day.



A FEW CARS were dented but no one was hurt after a large tree fell in the area of South Street during Tuesday's powerful thunderstorm.

*Photo Courtesy Esther Ndungu*

The department, he said, received more than 100 reports of downed trees and tree limbs in the wake of the storm, a number that could climb higher once the tally is finalized. Downed limbs and trees were reported throughout the city, with South and West Quincy and Quincy Point hit particularly hard.

A light pole was broken at Kincaide Field on Water Street after a tree on private property toppled over and struck it, Cassani said. As a result, all permitted activities at Kincaide will be cancelled until the light pole is repaired.

Cleanup throughout the city is expected to last for several days.

"It's safe to say we're going to be at it all week," Cassani said.

DENTISTRY for the 21st Century



by Steven A. Brustin, D.M.D.

SUGAR-FREE DRINKS DAMAGE TEETH, TOO

While many people believe that sugar-free beverages do not pose a danger to teeth, the fact is sugar-free drinks and confections can be as damaging as their sugary counterparts. It is important to know that, whether or not a drink contains sugar, it is the acid in those drinks that does the damage. Sugar is linked with tooth decay because it creates plaque on the tooth enamel that bacteria digest and convert to acid, which etches away at enamel to cause decay. With this in mind, even with the sugar removed, drinks containing acid will also erode tooth enamel. According to a recent study, the majority of soft drinks and sports drinks cause measurable loss of tooth enamel.

Brush, clean between your teeth, eat a balanced diet, and schedule regular dental visits for a lifetime of healthy smiles. Do you consume sugar-free soft drinks? Always feel free to discuss your dental concerns with us. We're located at 44 Greenleaf Street, where we practice compassionate dentistry. You can trust the health of your teeth to our extensive training and experience. Please call 617 479-6220 to schedule an appointment. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist.

*P.S. When drinking soft drinks and sports beverages, look for acidic additives such as "citric acid" and "phosphoric acid" on their label of ingredients.*

# Palmucci: Overdevelopment Top Concern In Ward 4

## 'Around The Wards'

*The Quincy Sun* is running a series of articles this summer highlighting the city's six wards. "Around The Wards" this week features Ward 4 and an interview with city councillor Brian Palmucci.



**WARD 4 COUNCILLOR Brian Palmucci said overdevelopment of residential areas in the South and West Quincy neighborhoods he represents – and the impact it has on traffic and city infrastructure – is the biggest concern facing his district. Palmucci is pictured at one the busiest intersections in his ward, and in the city, where Burgin Parkway and Centre Street meet near both I-93 and Crown Colony.**
*Quincy Sun photo/Robert Bosworth*

*Cont'd From Page 1*

he represents, or in abutting areas.

"Ward 4 is bearing the brunt of this development boom, and I work everyday to fight to make sure we make sure we get our piece of city resources to offset the negative impacts," Palmucci said.

"We are getting slammed with development. Some of it is in the right places – a lot of it isn't. A lot of it is in traditionally single-family neighborhoods, low-density neighborhoods. That's not the place for these dense development proposals and it's unfortunate. Quite frankly, if you ever try to drive around West Quincy at rush hour and increasingly any time of the day, it's gridlock.

"We're at a saturation point I think in Ward 4."

Palmucci said the development seen in his ward is frustrating to both him and the residents he represents.

"People are frustrated, I'm frustrated, and it seems to be never ending. Every week there are more and more proposals. I have community meetings. I meet with neighbors. We notify them of these meetings. They go to the zoning board. They speak in opposition," Palmucci said, adding later, "It would be one thing if the city was keeping up with the services – if the roads were paved and there was no traffic issues. I think people would be more inclined to support these projects."

To address the concerns about infrastructure, Palmucci noted the council recently approved a $5 million bond to pay for road and sidewalk repair as part of Mayor Thomas Koch's capital improvement plan. Palmucci said he would have supported three times that amount, but the council can only approve spending requests introduced by the mayor.

In terms of traffic, the councillor said he believes the city should have more than one traffic engineer on staff.

"I also said during the budget hearing that I think we should double the traffic department in terms of our engineers," Palmucci said. "We only have one traffic engineer. I think we need more than one traffic engineer for a city of our size going through the growing pains that we're going through."

Quincy's zoning code was most recently updated in 2011. Palmucci said it might require some tweaks, but not a more thorough rewrite.

"I think the zoning code is exactly where it should be. There might be some tweaks necessary here and there, but I think when we amended the zoning code, we amended it with the thought of making sure development happens in the places we want it to happen and discouraging development in the places we didn't want it to happen," Palmucci said.

"But unfortunately, I think the development that's occurring isn't necessarily following the zoning."

While overdevelopment of residential neighborhoods is a concern, Palmucci said some industrial sites in South Quincy could be redeveloped.

"I think there are some industrial sites in South Quincy that could be put to better and higher use. I'm not a planner, but I would think that use could involve retail, commercial, residential," Palmucci said.

"There are these large industrial sites that are rundown and they're abutting residential neighborhoods, single-family houses, so I think you could do a mixed-use project in that area. It's right near the T, right near the highway. I think it would be an area ripe for development.

"In fact, I put in a resolution about six months ago asking the Planning Department to do a master plan for that neighborhood – for South Quincy – because I think that's how redevelopment needs to start. We need to plan it and then encourage it, not take it as it comes to us in whatever form it comes, which is how I think we too often operate."

Another concern Palmucci identified in Ward 4 is rodents, particularly rats.

"Rats are still a major problem. I think when we come back in the fall we're going to have to revisit that discussion with the Health Department, because based on my interaction with residents we're not managing this rodent crisis well," Palmucci said. "That's what it is – I think it's a rodent crisis.

"You want to talk about quality of life issues. You come home and there is a rat waiting on your doorstep, that's a pretty big quality of life issue."

The rat problem is not isolated to one neighborhood in Ward 4, but is spread throughout.

"All across my ward. Every corner. Around the T stations. In single-family neighborhoods and near high density buildings," Palmucci said. "They're everywhere and they're gross."

Two school projects have been identified in Ward 4 – the replacement of the 89-year-old Sterling Middle School and the possible construction of a new elementary school on the site of the former St. Mary School on

*Cont'd On Page 14*

# Senate Passes Addiction Treatment Bill

*Cont'd From Page 1*

advocating for the bill's passage. "Everyone has a duty to participate in slowing and ending this crisis, and that includes the insurance carriers that have instead been denying access and coverage for people struggling with addiction." He pointed out that while private insurers in the past had covered addiction treatment on an equal basis with public insurers like MassHealth, since the industry began to deny coverage public tax dollars now fund nearly 75 percent of all addiction treatment.

Representatives of the health insurance industry distributed opposition letters minutes after the bill had passed, citing increased health care costs. The Center for Health Information and Analysis, however, estimated that members' monthly premiums would increase by about 3 to 5 cents per month as a result of the bill.

"As this bill moves to the House of Representatives, no doubt there'll be pressure from those who don't want to see this become law," Keenan said while describing the bill, "but there is solid support for it." In May, a group of 86 legislators, including Quincy Representatives Bruce Ayers, Tackey Chan, and Dan Hunt, signed a letter in support of the bill.

An opioid addiction bill signed into law this past March created several first in the country policies to curb addiction, but Governor Baker and legislators continue to call for more to be done. Baker last week tweeted that "much remains to be done" on the opioid crisis, and a report posted to his twitter account on Friday, while he attended a National Governors Association conference, highlights that 80% of people with an opioid use disorder are not receiving treatment.

With two weeks remaining before the July 31st conclusion to the formal legislative session, the bill needs quick attention from the House of Representatives if it is to reach the Governor's desk for approval.

"Everybody says they know someone who's been impacted by the opioid epidemic," said Keenan. "So, do we stand for those who are suffering with addiction - our families, relatives, neighbors and friends - or with the insurance industry, which thinks 3 to 5 cents a month is too much to pay to save lives? I'll stand for those who need help, and trust that my colleagues will as well."

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# Flood Control Projects, New Schools Ward 4 Issues

*Cont'd Fron Page 13*

Crescent Street.

Palmucci said the city is still working with the Massachusetts School Building Authority on the final design of the new Sterling. The new facility will be built on the same site as the current school, set further back from Granite Street, closer to Roberts Street.

During construction of the new school, a field on the Roberts Street side of the property with a running track and basketball court will be cleared to make way for a faculty parking lot. Palmucci said he is concerned about the loss of that space, and hopes to see it replicated elsewhere in the area.

"One of my concerns is that we're taking away the field and the basketball court," he said. "We're losing recreation area. I want to see that replicated somewhere else nearby."

Palmucci said Kincaide Park, located on the opposite side of Roberts Street, would be a possible place where the replacement could be built.

"I think you can do it over at Kincaide," he said. "It's just about getting the funding."

Koch included the construction of the new elementary school at the site of the former St. Mary School in his capital plan unveiled in May; no request to purchase the site has gone before the council yet.

Palmucci said the proposal is one to consider, because siting a new school can be difficult.

"I think the opportunity to purchase St. Mary School before a developer does is something the city should look very carefully at. Siting new schools isn't an easy thing in terms of land acquisition and building new buildings," Palmucci said.

"Should the proposal move forward, it's a unique opportunity to put a school where a school traditionally was, so it's not as if the neighborhood is unaccustomed to the comings and goings of an elementary school."

Flood control projects, included in the city's 2011 capital plan, have been undertaken in Ward 4 to address longstanding issues.

One project the city has not been able to complete is upgrades to the Alrick Road pump station. Palmucci said FEMA has denied requests for reimbursement for the project, and the two sides are now at an impasse.

"I think we're at an impasse with FEMA on the upgrade and new pump at Alrick Road. Back in March of 2010 when we had the major flood incidents, that was one of the neighborhoods that was hardest hit. We've been denied a couple times by FEMA for reimbursement for that project, so the project hasn't moved forward yet," Palmucci said.

"I think there is probably a decision that has to be made. I anticipate we'll do a community meeting at some point next year to discuss it with neighbors as to how best to continue to address the flooding issues in that neighborhood."

Other flood control projects included in the 2011 capital plan have helped make great improvements in Ward 4, Palmucci said.

"The flooding on a regular basis for folks who live in West Quincy in traditional flooding areas has been greatly improved. We've done millions and millions of dollars worth of work. We've re-engineered drainage systems throughout West Quincy. We have the Furnace Ave. land we bought for a new pumping station. We've made a retention basin. We've made a lot of significant improvements," Palmucci said.

"Additionally, we've worked with the town of Milton and with Mass Highway to utilize their excess capacity in drainage systems. We'll tap right into the state system on the highway and we'll tap into Milton's system so that we can divert the water up the Cunningham Park area. We divert water before it even gets to the troubled places in Quincy further down.

"That was all part of the capital improvement plan we did in [2011] and we dedicated millions of dollars and a lot of city resources to that, and that's made a great improvement."

"We keep chipping away," he added. "There was never going to be a magic bullet, a silver bullet that solved all of the city's flood problems, but I think what we've done is identify what the problems are, identify what the solutions are, and we've chipped away on a regular basis on making those necessary improvements and I think we've made significant progress.

"We're continuing to work on it."



**TWO SCHOOL PROJECTS are in the pipeline for Ward 4, including the replacement of Sterling Middle School (background). Ward 4 Councillor Brian Palmucci said he is concerned the construction of the new Sterling will result in the loss of a field (foreground) that features a track and basketball court, and wants them replicated nearby. The second school project is a new elementary school on the site of the former St. Mary School on Crescent Street, which was included in Mayor Thomas Koch's most recent capital plan.** *Quincy Sun photo/Robert Bosworth*

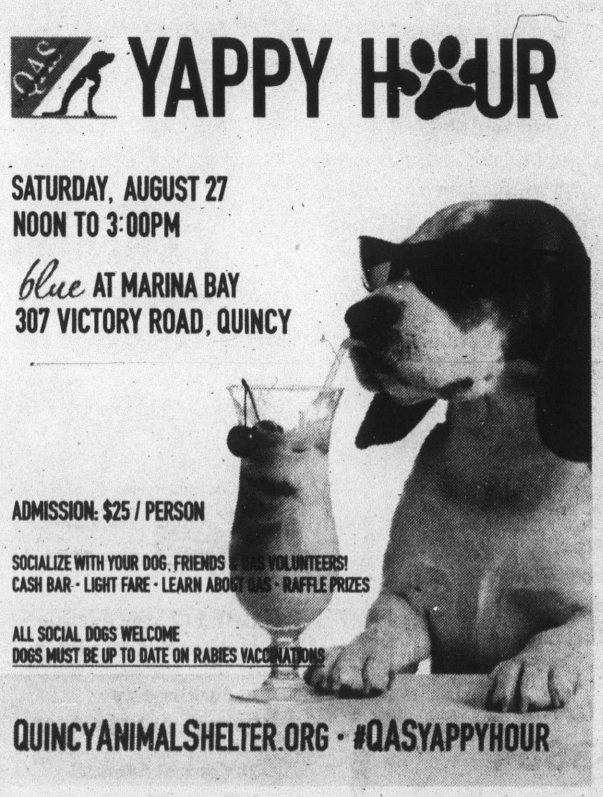
# Manet Health Pledges To Increase Colorectal Cancer Screening Rates

Manet Community Health Center is pledging to help increase colorectal cancer screening rates by supporting the 80 percent by 2018 initiative, led by the American Cancer Society (ACS), the Centers for Disease Control and Prevention (CDC) and the National Colorectal Cancer Roundtable (an organization co-founded by ACS and CDC).

The 80 percent by 2018 is a shared goal to have 80 percent of adults aged 50 and older regularly screened for colorectal cancer by 2018.

The health center recently concluded a two-year project funded by the American Cancer Society designed to increase colorectal cancer screening rates among Manet patients. The project successfully surpassed goals and increased colorectal cancer screening by 20 percent over the two-year project period, a crucial step toward reducing the impact of colorectal cancer in the community.

For more information or to make an appointment with a Manet provider, call 617-376-3000 or visit www.manetchc.org.






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**Bricks for Veterans Program**

Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy announces its Bricks for Veterans program. The Squadron is selling bricks for $50 each. The bricks can be inscribed with the name, rank branch of service of a veteran.

The inscribed bricks will line the walkway to the main Flag Pole at Flags for Veterans Island, Fort Square, Quincy.

This form can be clipped, filled out and mailed to order a brick.

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Line 2: Branch of Service: _____

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# Nate Egan Promoted To Fire Lieutenant

By SCOTT JACKSON

Family, friends and fellow firefighters filled the Great Hall of the McIntyre Government Center to watch as Nate Egan was sworn in as the Quincy Fire Department's newest lieutenant.

The 30-year-old Egan became the Fire Department's youngest lieutenant after being sworn in July 14 by Assistant City Clerk Joseph Newton. Egan's wife, Erin, was on hand to pin him with the lieutenant's badge after he took his oath, joined by their three daughters – Kaleigh, age 11; Madelyn, age 5; and Amelia, age 3.

"I'm just really happy about it," Egan said. "It's an honor and I need to thank the mayor and the chief for the opportunity that they've given me. It's just a great day for my family."

A 2004 graduate of North Quincy High School, Egan joined the Quincy Fire Department in September 2011. He previously served three years with the Hingham Fire Department.

"I always wanted to be a firefighter," Egan said. "I got on in Hingham because that was an opportunity that presented itself to me, and then I just kind of tried and did whatever I could do get on here, because it's where I'm from and it's where I wanted to work."

Mayor Thomas Koch congratulated Egan on the promotion.

"It's always a great day when we have these swearing in programs – whether we're bringing on new officers or we're promoting – in this case promoting to lieutenant in what I think is the greatest department in the commonwealth, led by a good chief and some really great, dedicated people. You know that because you work side-by-side with them each and every day," Koch said.

"We're very happy for you. We're joined with your family with great joy in congratulating you and wishing you all the best. Certainly, the Egan name is a known Quincy name so it's good to see your family here celebrating with you."

Fire Chief Joseph Barron said Egan has done an excellent job as a firefighter, most recently in dispatch.

"Nate's a great guy. He does an excellent job. He's done an excellent job as a firefighter, most recently dispatching," Barron said. "I've spoken to his supervisor, who has great things to say about him, Lt. [Ralph] Blight, who is here today. He also told me how much of a big help Nate was in training some of the other younger guys who have gone into that position and now will take over for him.

"It's one of those jobs that young firefighters typically get drafted into doing, so it's not what you get on the Fire Department for but it's a great education and it certainly helps you as you move up the ranks to have that overview of the department. He's done an excellent job. Congratulations."

"You have a number of firefighters in the room, and that's a testament to the great job that Nate has done," the fire chief added. "Thank you all for coming."

Barron said the department has 41 lieutenants – he thanked Koch for "replenishing the department with the bodies we need to do the job."

Egan initially will be assigned to the Fire Department headquarters on Quincy Avenue, serving as a floater to cover vacancies.



**QUINCY FIREFIGHTER** Nate Egan is sworn in as the department's newest lieutenant by Assistant City Clerk Joseph Newton at a ceremony July 14 in the Great Hall of the James R. McIntyre Government Center. *Quincy Sun Photos/Robert Bosworth*



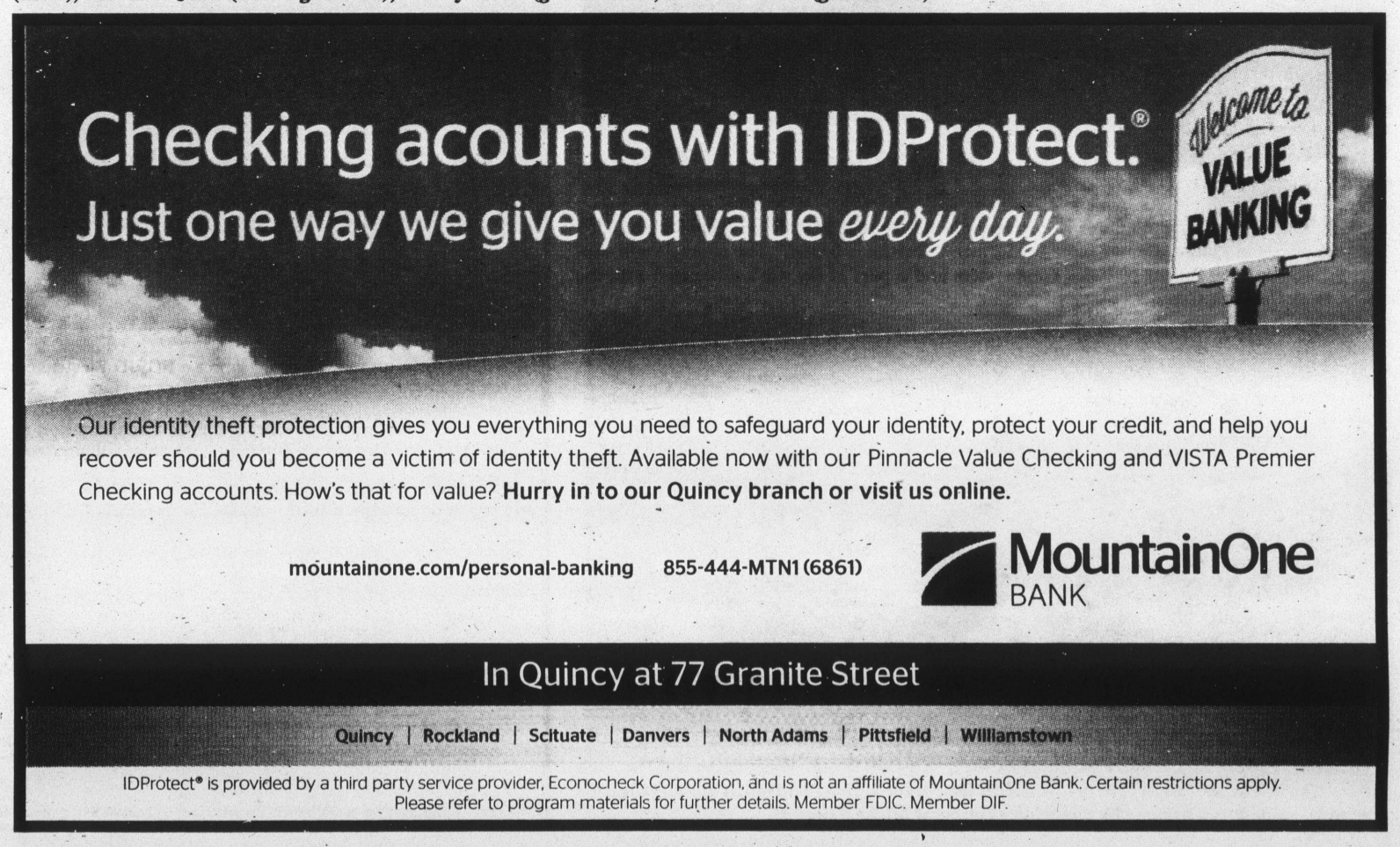
**QUINCY FIRE LIEUTENANT** Nate Egan (fifth from left) gathers with his family after a swearing-in ceremony in the Great Hall of the James R. McIntyre Government Center. From left: Brian Egan (father), Becky Egan (mother), Kaleigh (daughter, age 11), Josh Egan (brother) behind Kaleigh, Amelia (daughter, age three, in father's arms), Tom McMahon (father-in-law) in the back, wife Erin Egan, Madelyn (daughter) age 5 in wife's arms; Zach Egan (brother), Abby Egan (sister), Courtland Jones (Zach's girlfriend), Beverly Moore (grandmother) and Curt Moore (grandfather).

## 4 On RPI Dean's List

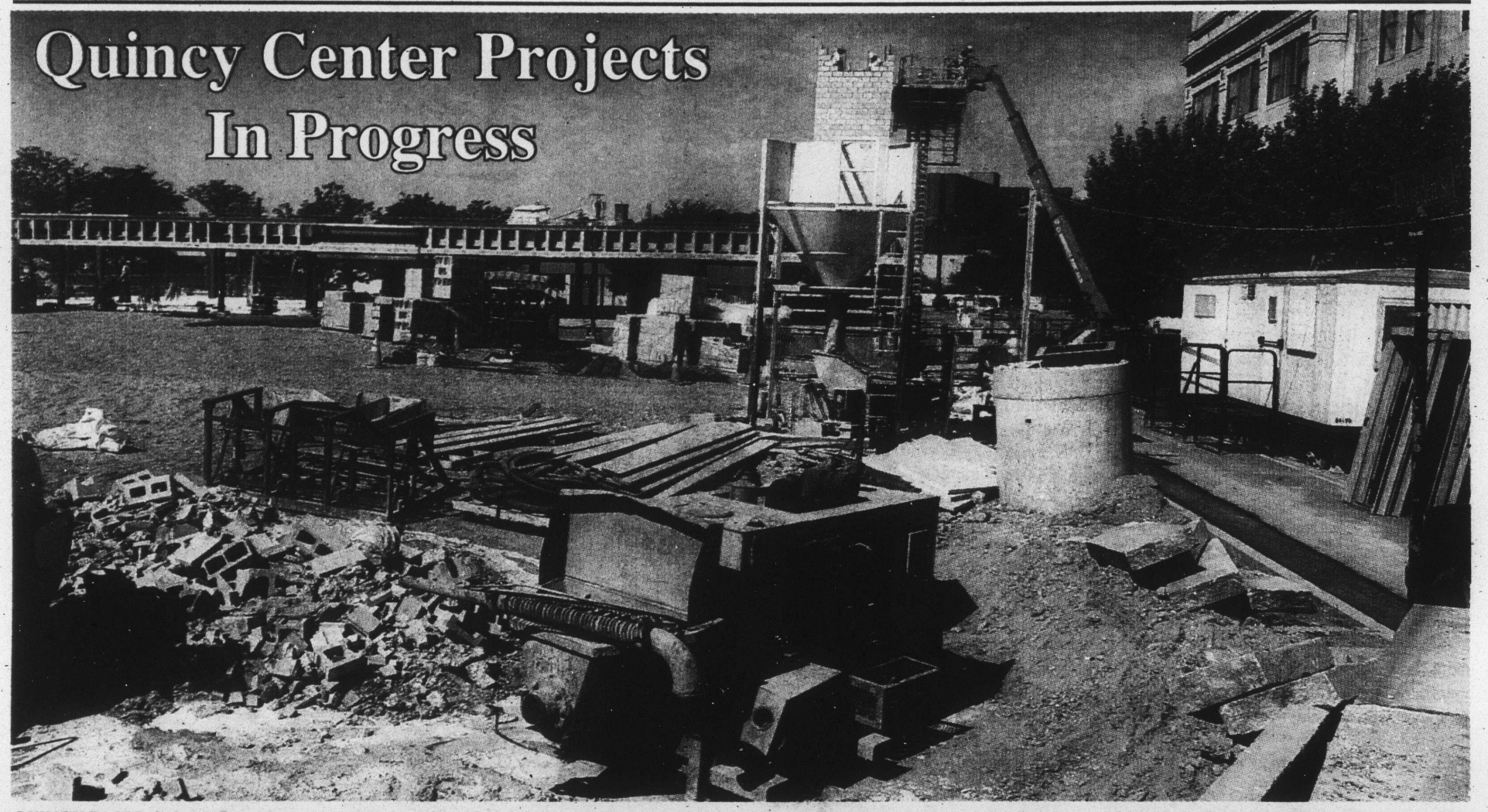
Four Quincy residents are on the Dean's List for the spring semester at Rensselaer Polytechnic Institute in Troy, N.Y.

They are:

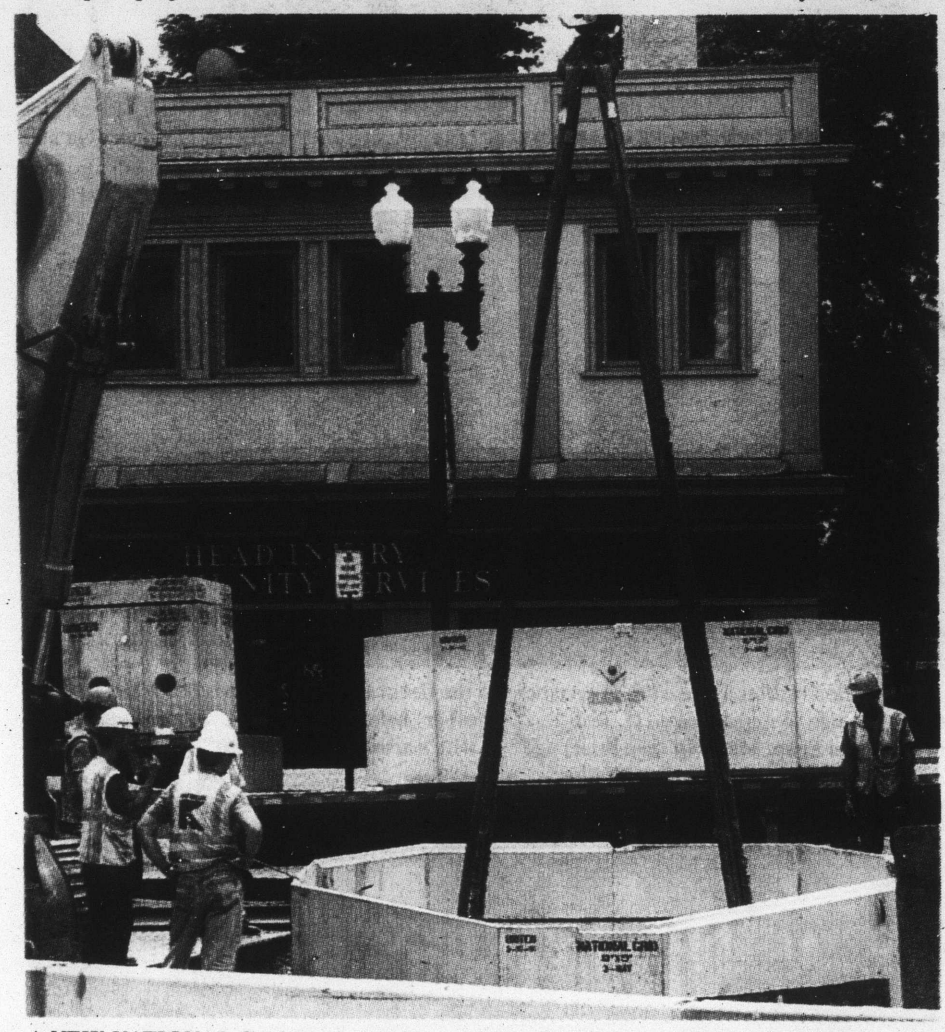
Joslyn Huang studies business and management; Maryanne Ly, computer science; Kevin Mullin, mechanical engineering; and Nathalie Pham, biology.



# Quincy Center Projects In Progress



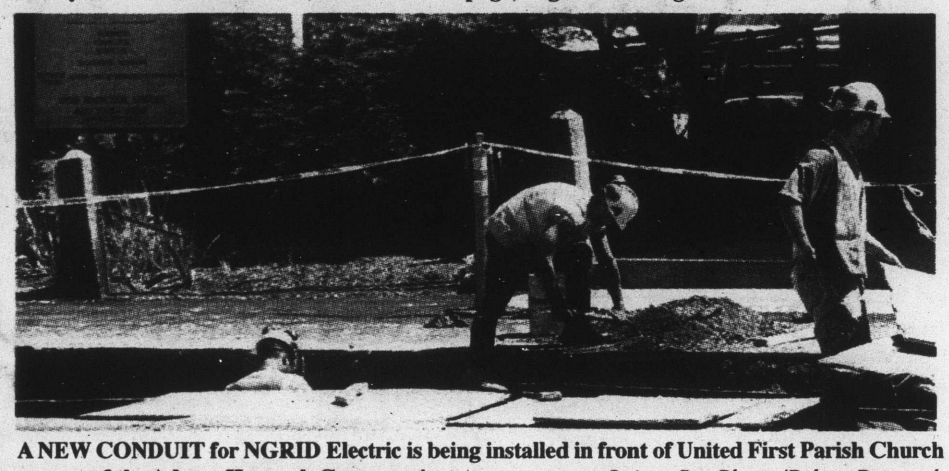
**QUINCY-BASED Galvcon Development continues progress at its retail/condominium building on the site of the former Woolworth's Building at Hancock and Cliveden Streets in Quincy Center. Some steel infrastructure has been erected and on Monday workers continued work on the elevator shaft (background right). Located at 1545 Hancock St. and 64 Ross Way, Cliveden Place will consist of two six-story buildings with 56 condominiums and 8,000 square-feet of street-level retail space. A few blocks north is another construction zone as work continues on the Adams Hancock Green park project in the area between United First Parish Church and Old City Hall (James R. McIntyre Government Center.) Photos on this page, Page 17 and Page 31.**



**A NEW NATIONAL Grid manhole is lowered into the ground in front of a building at 1359 Hancock Street in Quincy Center (near the former "Christmas Island." The manhole will support future upgrades for the National Grid system and is part of the work associated with the new Adams Hancock Green.**



**WORKER CEMENTS a brick collar on a new Verizon manhole near Washington and Hancock Streets. The bricks are installed so that when the final grade is being laid out, if any adjustments need to be made it can be done by removing a course of bricks if needed.**



**A NEW CONDUIT for NGRID Electric is being installed in front of United First Parish Church as part of the Adams Hancock Green project.** *Quincy Sun Photos/Robert Bosworth*

Adams Green

massDOT
Massachusetts Department of Transportation

**Adams/Hancock Green & Downtown Construction Activities**

***Proposed work activities for the week of: July 18, 2016***



- Utility work upgrades for Verizon and NGRID Electric continues within the limits of the Adams/Hancock Green Park Project in Hancock Street.
- MassDOT will continue working on the transportation project in the area of Granite and Hancock Streets on curbing, light poles, planters and sidewalks.
- Galvin Construction is erecting the steel infrastructure for the retail/condominium project at the corner of Hancock and Clivedon Streets.
- Work will continue in front of City Hall for the new Adams/Hancock Park.
- The demolition of the Ross Garage is complete. The area of the garage is now being cleared for a new open space public parking lot.

**(Photo above left shows a crane installing a Verizon manhole at Christmas Island. The photo on the right shows workers installing conduit for NGRID Electric which will replace their aging infrastructure in front of the Church of the Presidents.)**

To receive project updates, sign up for CityLink at http://www.quincyma.gov/citylink or follow @CityofQuincy and @MassDOT on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com



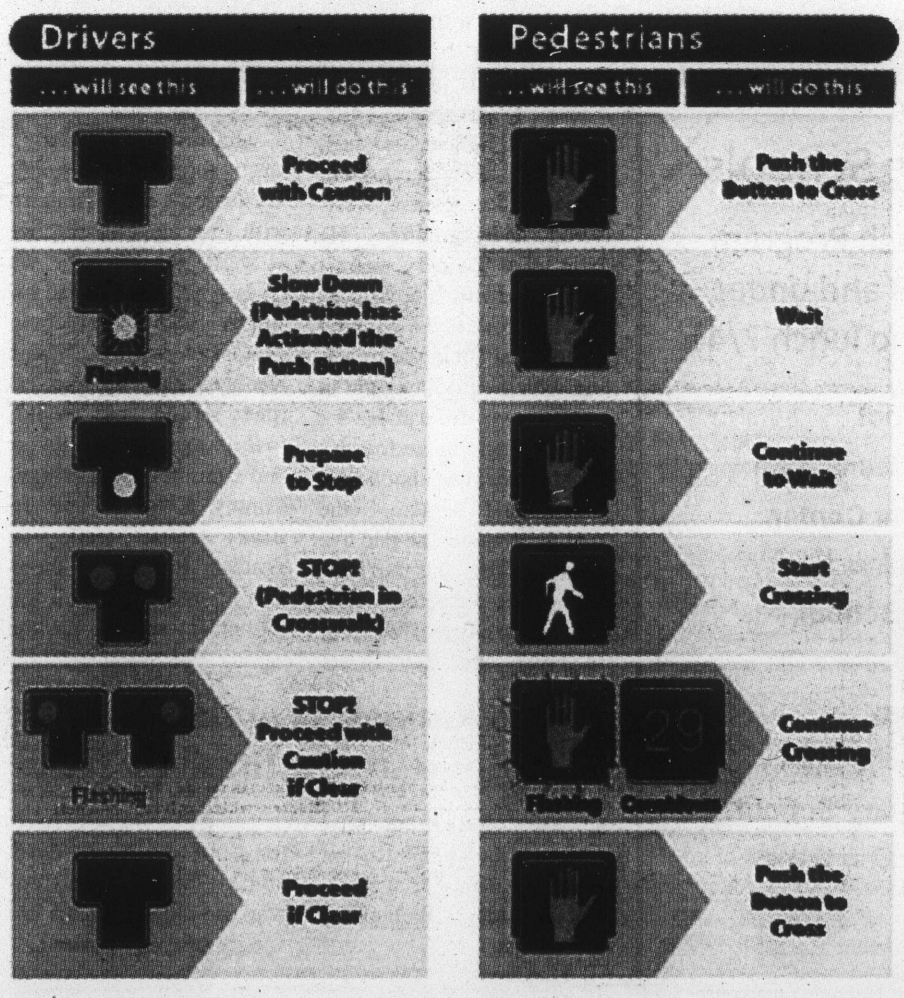
**THIS AERIAL PHOTO taken from the roof of Presidents Place at 1250 Hancock St. July 15 shows the progress being made for the new "Walk of Names" project adjacent to Old City Hall (James R. McIntyre Government Center) and the glass City Hall annex building. Near the center of the photo is the new cement footing that will support the city's Granite Ball. The gazing ball or sphere – visible here near the bottom left – will be moved to its new location. To the right of the new ball location will be three new flag poles in front of the glass annex building. There will also be new steps leading into the glass annex. The new "Walk of Names" will feature some 4,000 engraved bricks and should be completed later this summer. The bronze John Adams statue (lower left corner) will be also be part of the new Adams Hancock Green project.**

*Quincy Sun Photo/Robert Bosworth*

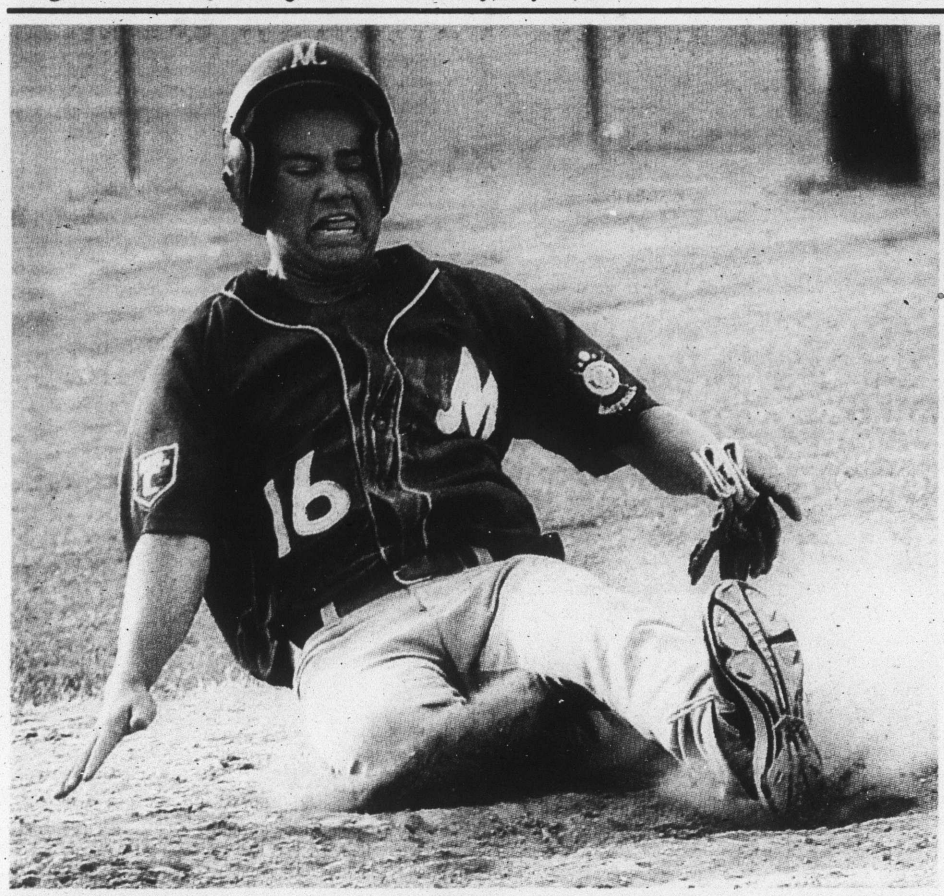
# NEW QUINCY SQUARE PEDESTRIAN LIGHT SIGNALS: What They Mean For Drivers, Pedestrians

As a public service, *The Quincy Sun* is printing a graphic supplied by the City of Quincy that details how the new pedestrian signals work in Quincy Center. The lights (known as Hawk Signals) have been placed at crosswalks at Hancock and Washington Streets and at Hancock and Temple Streets where there is now two-way traffic due to the traffic reconfiguration after the portion of Hancock Street between City Hall and United First Parish Church closed to vehicular traffic June 24.

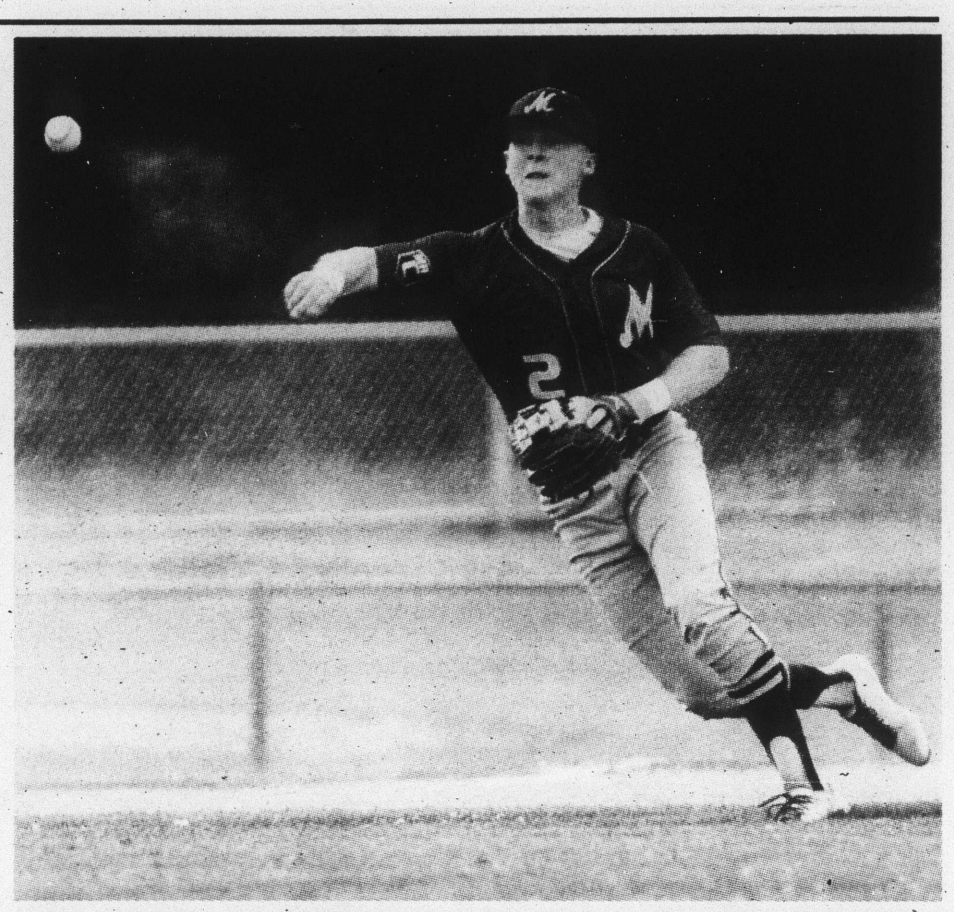
## Hawk Signal Operation





SECOND BASEMAN Timmy Keohane slides home safely in Morrisette's 7-3 loss to Milton in the opening game of the Zone 6 tournament last Friday night. Morrisette reeled off three straight victories, including two walk-off wins, to advance to the championship round Tuesday against Milton.



THIRD BASEMAN Troy Shepherd throws to first for an out against Milton in Morrisette's opening round game of the American Legion Zone 6 tournament. Shepherd also came up big at the plate driving in the winning run in a 4-3 walk-off win over Franklin Monday.

*Quincy Sun Photos/Robert Bosworth*

# Two Walk-Offs Propel Morrisette To District Finals

**By BILL GRIFFIN**

They could make a movie about three days in the life of Morrisette baseball. There is only one problem. Nobody would believe it.

Saturday, Morrisette trailed Westwood by two runs and were three outs away from the end of its season. Post 294 rallied behind clutch hitting from Josh Helfrich and Johnny MacDonald for a thrilling 6-5 win in the District 6 playoffs.

Monday night, Morrisette fell behind Franklin, 3-0 in the first. Post 294 was down, 3-2 entering the last of the seventh. Once again they would not go quietly into that good night. Timmy Keohane singled home the tying run and Troy Shepherd drove in the winner to give Post 294 at least one more day of baseball with a somewhat unbelievable 4-3 victory.

A team finds out something about itself in the tournament. Morrisette found out that they do not quit. Two walk-offs in three days. Not bad. Not bad at all.

"I asked one of my assistants what he would have said if I told him Saturday we had a chance to play for the championship game. He just laughed," said coach Steve Maze.

Morrisette dropped the opener to Milton, 7-3. After the Westwood drama, Shawn Kelly and Helfrich combined on a splendid pitching effort as Morrisette eliminated Braintree, 7-3 Sunday morning at the Braintree High School Field.

Morrisette (17-8) played Milton in the championship round of the double elimination tourney Tuesday night.

MacDonald (clutch again) started the winning rally against Franklin with a single. He took second on a passed ball. Keohane singled him home. Keohane took second on a ground ball by James Moccio. Shepherd, who has had a huge tournament, drilled a hit to score Keohane and end it.

Lefty Danny Murray gave three in the first and was almost un-hittable after that. He used an assortment of off-speed stuff to retire 13 straight until Franklin got a hit in the sixth. Joe Cochrane earned the win in relief.

Pat Keohane had a two-run double to draw Morrisette within 3–2.

Morrisette surely looked finished entering the seventh down 5-3 against Westwood. They had already stranded eight runners. Pat Keohane walked. Brendan McDonald singled. Helfrich worked the count to two strikes, spoiled three good pitches and lined a single to cut it to 5-4.

Like Helfrich, MacDonald had a great at bat. He got to two strikes, stayed alive with a couple of foul balls, and lifted a sacrifice fly to tie the score at 5-5.

Martin McCormack hit an infield bouncer, forced a wild throw with his hustle to first, and Helfrich raced home with the winning run.

"We kept stringing together quality at-bats, and it paid off for us," said Maze.

In nearly every tourney run, a player steps up and shows how good he is. This is Helfrich's year. Against Westwood, he entered in relief with the bases loaded and nobody out. He limited the damage, threw three innings of shutout relief and gave his team a chance to win.

Against Braintree, he came in with runners on second and third, two out and Morrisette up, 4-3 in the fifth. He ended the threat with a strikeout on a beauty of a curve ball and dominated a good hitting club by retiring seven straight, including three strikeouts.

That is 5 2/3 innings of shutout relief with Morrisette's season hanging by a thread. His curve ball has always been a four-star pitch. His fastball is much better. It is a pitch with more life, a fastball with jump that he commands in the strike zone.

At bat, he had four hits, four RBI, a run scored and three walks against Westwood and Braintree. He kept alive the rally against Westwood with a terrific at-bat. He drove in the winning run against Braintree by going with the pitch to right in another two-strike at-bat for an RBI single in the fourth.

McDonald has been brilliant behind the plate. In the first three games, he had five hits, six RBI, and two runs scored. He delivered a two-run double and had four RBI to break open the Braintree game. Defensively, he handled countless curve balls in the dirt and ended a first-and-third threat against Westwood by nailing a base-stealer with a gun of a throw. He is a catcher who can hit, with power, handle a game and throw. Such catchers are hard to find.

Shepherd has been great. In the first three games, he had four hits, five runs scored, two RBI and three walks from the No. 2 slot in the lineup. Against Braintree, he was on base four times and scored four runs.

Everyone helped. Kelly gave Morrisette an excellent start against Braintree, using his curve ball to hold a fastball-hitting club to five hits and three runs. He was tough with men on base, stranding seven runners through four innings. He was supported well by an error-less defense.

McCormack saved at least three runs against Westwood and Braintree with fine plays in the hole at short. Pat Keohane was on base four times, had two singles and scored twice against Westwood. Timmy Keohane had two hits, two runs scored and walked twice against Westwood and Braintree. McCormack, Timmy Keohane and Joe Brady (single, walk, RBI against Braintree) turned two double plays with four runners in scoring position against Westwood.





Go to www.quincypublicschools.com for menu.

Quincy Public Schools

Free Summer Lunch Program
For all kids age 18 and under
July 5-August 19 (no lunch 7/4)

**Snug Harbor School,**
333 Palmer Street, Germantown
**Ward II Community Center,**
16 Nevada Road, Quincy Point
**Lincoln Hancock School,**
300 Granite Street , Quincy Ctr.
**F.W. Parker School**
148 Billings Road, North Quincy
**Montclair Elementary School,**
8 Belmont Street, North Quincy

"This institution is an equal opportunity provider."


## Two Residents On Dean's List At Rochester Institute Of Tech

Two students from Quincy are on the Dean's List for the spring semester at Rochester Institute of Technology in Rochester, N.Y.

They are:

Ellen Chen, who is studying game design and development; and Stephen Cook, who is studying in the university studies program.

# Defense Key For Morrisette Junior Legion Tourney Run

By BILL GRIFFIN

Defense was the cornerstone to their season, and defense has been the key to their run in the playoffs.

Dara Griffin, Owen Carberry, and Matt Fox earned defensive stars and Curtis Frazier supplied the offense with a bases-loaded triple to lead Morrisette to an 8-5 win over Newton in the District 6 Junior Legion playoffs Sunday afternoon at Dedham.

In earlier action, Morrisette rolled past Holbrook, 9-5 in the opener behind solid complete-game pitching from Carberry and Jack Free before falling to Braintree, 11-8 in the double-elimination tournament.

Morrisette (19-4) played Franklin Tuesday night. Post 294 took first place by a full five games in the regular season. Morrisette is the defending District champion and advanced to the state title game last year.

Morrisette played excellent defense all season, and Post 294 has played excellent defense in the playoffs. Against Newton, Griffin made a terrific catch in left and threw a runner out at the plate. Carberry threw a runner out at home from center. Fox nailed two base-runners trying to steal..

Against Holbrook, second baseman Ryan Cox made a difficult running catch of a pop in short right. Cam Munchback ranged far to his left to get a grounder at short, and Fox picked off a runner at second to end the first.

"Defense has been the key to our success. We give up a run or two, but we avoid the big inning because we don't give away runs," said Gerry Shepherd.

The win over Newton was a sweet bounce-back victory. Morrisette had won 16 of 17 before the Braintree loss. They had beaten Braintree three out of four times in the regular season, and they lost an early four-run lead in the tourney game. However, they did what all good teams do. They had short memories and played quality baseball against Newton.

"It's the tournament. We have to play every game like it's our last because it might be our last," said Shepherd.

Frazier, who also had an RBI triple against Holbrook, set the offensive tone early. Cox added three hits while Munchback had a pair of RBI.

Matt Tomlinson worked the first five and struck out six to earn the victory. Griffin Lynch and Cox pitched shutout ball over the final two innings to nail down the win. Cox made the big pitch of the game, getting a ground-ball out with the bases loaded.

"Tomlinson did a nice job. He has a good fastball and change, and he can get both over for strikes," said Shepherd.

Against Braintree, Sean Gaudey had three hits and Cox ripped a pair of doubles.

The win over Holbrook showcased Morrisette's balance in all three phases of the game: pitching, hitting, and defense. Carberry mixed a good fastball and curve, gave just four earned runs through five innings, and most importantly, did not walk a batter. He had a good defense behind him, and he let his mates make the plays.

Free threw hard. He had two strikeouts, gave just one hit, and made a fine play, moving quickly off the mound to field a tapper in front of the plate.

"Carberry has been our most consistent strike-thrower all year which is what you want from a pitcher working with a lead," said pitching coach Dan Cobban "This is the is third game we've used Jack in relief in a late-game situation, and he's done the job each time."

The offense was a textbook example of balance. Seven different players scored, six different players had hits, and five different players drove in runs. Cox had a double, single, RBI, and a run scored out of the No. 9 hole. That is a deep lineup.

"We feel 1-9 we can hit the ball," said Shepherd.

Morrisette had seven hits and a 6-0 lead after two. Tomlinson had a double, three RBI, a run scored and hit four line drives in four trips to the plate. Frazier had a triple, single, two runs scored and two RBI. Carberry had two hits and two RBI.

Tommy Kelly added a single, two RBI and a run scored. Fox chipped in with a sacrifice fly and a run scored.



**BURKE CLUB recently won its second straight Cal Majors Championship defeating Rotary Club in the title game. First row: (from left) Danny Freeman, Will Conley, Leo Lombardi, Adrien Orlando, Kevin Pritchard and Patrick McDonald. Second row: : Dylan Green, Drew Peterson, Mike Pollastreti, Jackson Murphy, Coach Roy Peterson, Grant Murphy, Neil McCole, Coach Chris Pritchard and Manager Dave Murphy.** *Photo Courtesy Dave Murphy*

# Burke Club Repeats Cal Majors Champs

Burke Club won its second consecutive Cal Majors championship defeating Rotary Club 13-6 in the championship game at Quarry Hills. Dylan Green pitched a complete game for the victory, striking out 11 batters along the way.

Green and Jackson Murphy hit back-to-back homers in the first inning to get the offensive attack rolling for Burke Club. Key hits were also added by Drew Peterson, Kevin Pritchard, Danny Freeman, Grant Murphy, Patrick McDonald, and Adrien Orlando as Burke Club built a 7-1 lead.

Rotary came fighting back behind the battling bats of the Hines brothers. Liam Hines hit two homeruns and twin brother Brendan added a two-run shot to close the score to 7-6.

Burke Club then opened up the lead behind key hits from Will Conley, Mike Pollastreti, Leo Lombardi, Pritchard, Jackson Murphy, and Neil McCole. Stellar defense by Pritchard, Lombardi, McDonald, Grant Murphy, and Peterson helped limit Rotary's dangerous offensive attack. Green settled down and closed out the final two innings for the championship win.

"Every team was gunning for the defending champs and these boys rose to the occasion night in and night out," said Coach Dave Murphy. "Our championship formula was driven by getting contributions from all 12 players on the roster. I am very proud of how all these boys responded to the challenge."

Burke Club defeated Burgin Platner 8-1 in the first round of the playoffs. They then rallied from five runs down in the sixth to beat McDonald Insurance 6-5 in seven innings. They beat Quincy Police 10-4 to advance to the finals. Rotary thumped Burke in the first elimination game before Burke Club came roaring back to win the double-elimination playoff bracket.

Burke Club is sponsored by local attorney George Burke. Burke Club won last year's title after a 15-3 regular season. This year's club also finished champions after an identical 15-3 year.

Assistant coaches for Burke Club were Roy "Scoot" Peterson and Chris Pritchard.

## Three Local Students On UMass Dartmouth Dean's List

Three Quincy students are on the Dean's List at the University of Massachusetts Dartmouth for the spring semester.

They are: Essien Benjamin, Colin Mason and Janae Riggins.


VOICE FOR HEALTH

by Dr. Gabrielle Freedman
*Chiropractor*



## A STINGER

A "stinger" (or "burner") is a common injury sustained by those who play contact sports, especially football. The name of this injury comes from the stinging (or burning) pain that spreads from the shoulder to the hand as the athlete performs certain maneuvers, either a tackle, block, or takedown move. A stinger can occur in one of two ways: either one of the nerves off the spinal cord in the neck is compressed as the head is forced backward and toward that side, or the nerves in the neck and shoulder are over-stretched as the head is forced sideways away from the shoulder. While stingers often resolve quickly, chiropractic treatment may be needed to avoid recurrence and persistent arm weakness.

What can chiropractic health care do for you? Chiropractic's purpose is to remove interferences to the natural healing power running through the body. At **FAMILY PRACTICE OF CHIROPRACTIC**, we can help you enjoy life without pain. We work to restore your health and guide you in a personalized approach to overall wellness. We're located at **112 McGrath Hwy., Quincy**. For unsurpassed chiropractic care for all members of your family, please call **617.472.4220** to schedule an appointment.

*P.S. Up to 70 percent of all college football players report having experienced a burner or stinger during their 4-year careers. For the next two weeks we are offering free spinal exams. Just mention this article.*

**www.freedmanchiro.com**


**INVITATION TO BID**

**INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

| | | |
|---|---|---|
| **PUBLIC WORKS** | **BITUMINOUS CONCRETE & CRUSHED STONE** | **AUGUST 11, 2016 @ 11:15 a.m.** |
| **PARK DEPARTMENT** | **PURCHASE OF 3 HEAVY DUTY TRUCKS** | **AUGUST 11, 2016 @ 11:30 a.m.** |

Detailed bid specifications for all above bids are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until August 5, 2016 at 4:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

7-21-16

# O'Connell-Thomson Tournament Still Going Strong After 11 Years

By DAN DUGGAN

For the 11th consecutive summer, the Fenno Street basketball courts in Wollaston were flooded with basketball players from sunrise to sunset for two straight days recently as the community turned out in support of two deceased Quincy residents.

The O'Connell-Thomson basketball tournament was held on July 9-10 in the 11th installment of the annual event that was created in 2006 in remembrance of John O'Connell and Dennis Thomson. Members of North Quincy High's class of 2002, O'Connell and Thomson died tragically in 2005 and 2004, respectively.

The 16-team men's tournament featured mostly Quincy residents when it began in 2006, but it has blossomed into a showcase of top talent from around the area. This year's tournament featured numerous current and former college basketball players, including John Papale, the career leader in minutes played at Boston University, and Joey Flannery, a two-time first-team Division 3 All-American at Babson.

The men's championship was captured by a team led by Lawrence native Jesus "Moose" Moore. After losing its first game of the double-elimination tournament to Flannery's squad on Saturday, Moore's team won its final seven games, including an incredible five straight on Sunday. Moore's team defeated a group led by Weymouth native Jason Tarr in a close championship game on Sunday night.

Former Merrimack player and current Rockland High girls' coach Diana Mitchell's team won its fourth straight title in a four-team women's tournament that took place on Sunday. Mitchell's squad of former college basketball players, including Merrimack's all-time leading scorer Joelle Martin, pulled away late in the championship game after North Quincy High's varsity team remained close deep into the second half.

A total of 36 games were played on Fenno Street's two courts during the tournament. But the weekend is about much more than just basketball.

The tournament serves as a reunion as much as a basketball competition. Friends and family of O'Connell and Thomson gather at the courts to share memories and laughs, which becomes more valuable as people move away and start their own families.

More of O'Connell and Thomson's former high school teammates are pushing strollers than the fast break nowadays, but the tournament is still going strong as a new generation has joined in. Many of the players that were in peak form at the tournament's inception are now on the wrong side of 30 and they're getting knocked off by teams full of 20-somethings that were grade schoolers watching the first tournament from the wall around the courts.

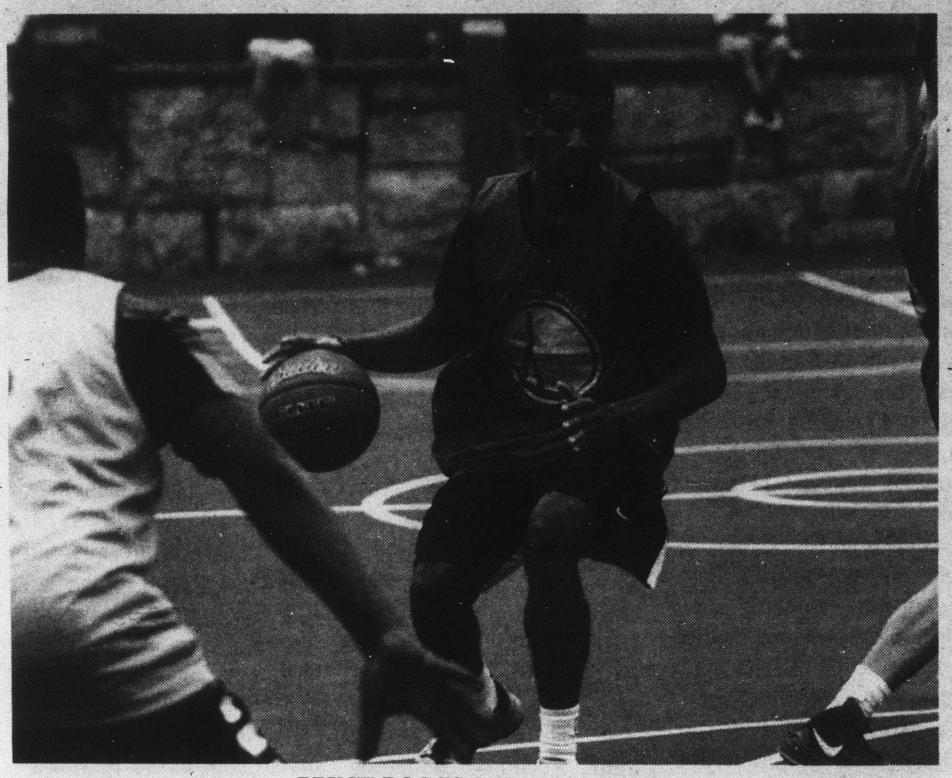
The weekend has expanded to include a golf tournament on Friday that recognizes Charlie Vidoli, another member of North Quincy High's class of 2002 who passed away in 2011. The community support of the tournaments has been extraordinary and all proceeds fund college scholarships for North Quincy High graduates (the basketball tournament alone has raised approximately $40,000).

The scholarships are important and a great tribute. But as the years pass, the focus of the tournaments is less about fundraising and more about gathering to remember three great friends.

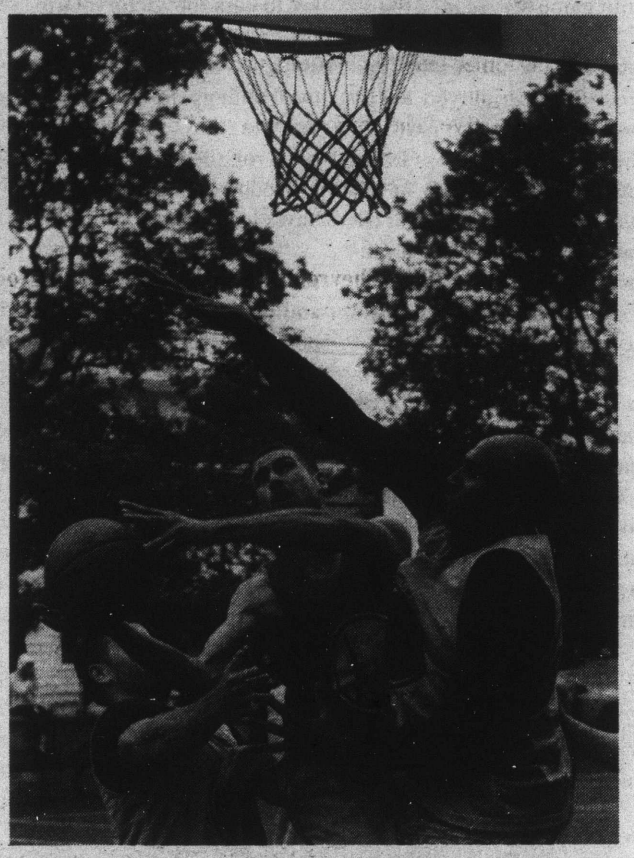
We'll be back for No. 12 next July. Hope to see you there!



**A SPECTATOR WATCHES the recent 11th annual basketball tournament for three late 2002 North Quincy High graduates, Dennis Thomson, John O'Connell and Charlie Vidoli at the Fenno Street basketball court. Since its inception, the tournament has raised more than $40,000 for college scholarships for North Quincy High School graduates.** *Quincy Sun Photos/Tom Gorman*



**BRYCE BOGGS drives to the paint.**



**YELLOW TEAM'S Royce Henry, right, tries to block blue team's Papa Lameros's shot during the 11th annual John O'Connell and Dennis Thomson benefit basketball tournament held recently at the Fenno Street Courts. The weekend also included a golf tournament in memory of Charlie Vidoli, another member of North Quincy High's class of 2002 who passed away in 2011**



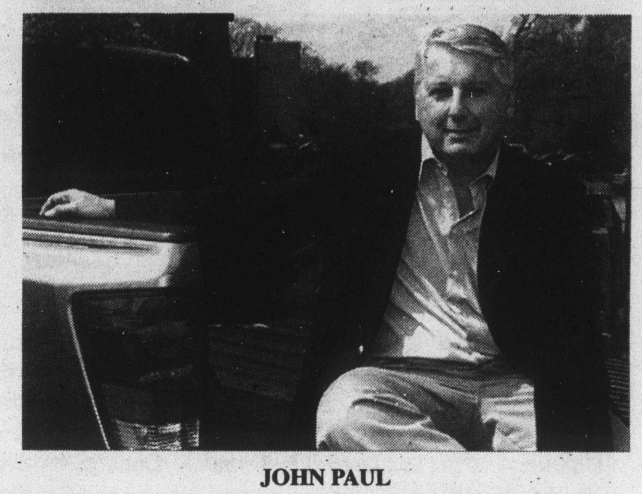
**SPECTATORS Maggie Downing and Jim Kilpatrick watch one of the many games featured during the 11th annual O'Connell-Thomson basketball tournament at the Fenno Street basketball courts.**



**IAN KILPATRICK puts up a shot at the 11th annual O'Connell-Thomson basketball tournament**

# 'Rodent Wrap,' Shock Absorber Upgrades, Auto Reviews

## *Ask John Paul: AAA New England's Car Doctor*



JOHN PAUL

**Here's a weird one for you. I have 2015 Subaru Legacy that I really like, for the most part. The one thing that I don't like is that it refuses to start the second time on really cold (sub-zero) days. The first time this happened was last January, only a couple of weeks after I bought the car. It was about 10 below zero, and it started fine in the driveway. It also started without a problem after sitting in the parking lot of a local nature sanctuary for an hour or so. But an hour or so after that, after sitting in the grocery store parking lot for an hour or so, it wouldn't start. The radio and lights worked, but there wasn't as much as a click from the starter. We called Subaru Roadside Assistance for a tow, but when they didn't arrive for an hour or so, we tried it again, and it started without a problem. We drove to the local Subaru dealer, but they didn't have a clue what might be wrong with it except that it might be a faulty battery in the key, except that wouldn't explain why it did start after sitting in the parking lot for an hour. Again this year we had the same problem. Any suggestions?**

The problem is actually documented with Subaru; the following comes from a technical service bulletin from Subaru that I found on AllData the technical database that I use. If you receive a customer concern of a no crank/no start condition during very cold temperatures, ignition relays may be the problem. After the initial start, the customer drives a short distance then shuts the car off (example: at a gas pump or coffee shop). After the time that it takes to pump their gas or get their coffee, they return to the car and it will not start. The customer may also notice the instrument cluster and/or interior lights are not illuminating along with the HVAC being inoperative. The source of this condition has been identified as condensation flash-freezing inside the relays. This bulletin provides a service procedure for replacement of the four relays, all of which are located together in the vehicle's interior fuse box.

**My car, a 1959 Chevrolet Suburban, is burning oil, mostly smoke at startups and when I accelerate hard. Even though it smokes it really only uses about 1 quart of oil in 800 miles and runs beautifully. I have seen high mileage oil that claims to clean sludge out and renews seals. Do you think their oil is any different than others? What about a heavier weight oil or synthetic oil would these help? I really only drive the car a few thousand miles per year but I hate seeing the oil smoke.**

I believe based on your description the problem may be related to worn piston rings or valve seals. Switching to heavier oil will cut down on oil use and limit some engine smoke. Synthetic oil will still smoke, but doesn't have the same obvious blue color when it burns. I have seen several ads in publication such as Hemmings and Old Cars weekly about smokeless oil. It is pure synthetic oil and the manufacturer claims no smoke during the combustion process. Looking online the reviews are good but the oil is expensive, running about $15-$20 per quart. If tests reveal the problem is just valve seals, you might want to consider actually fixing the problem.

**All I need, or want, is a simple, basic car. This is what I'm looking for – it should be mid-sized, comfortable for two old couples out for an dinner and a movie, air conditioned, plain radio, modern braking, easy to have serviced and nothing much else. Everything I've ridden in lately has so many useless and complicated features that I have no use for. What do you suggest?**

The first car that comes to mind is the Toyota Camry LE. The LE has all that you want and very little more. The Camry is very dependable, anyone can service it and it will easily accommodate two couples out for the evening or away for the weekend. In addition it is easy on gas and simple to drive with a comfortable ride.

**I just paid my local Toyota dealer $390 to fix a chewed-off knock sensor wire and clean out a related mouse nest behind a manifold in my 2014 Tacoma pickup. At first it looked like they would have to pull a cylinder head to get at the problem, estimated cost $1,600. Mice have been giving my neighbors fits lately, too, damaging wires and plugging up heater/AC systems. Any advice on what can be done to keep these rodents out from under the hood? Chipmunks are almost as bad, the shop guy says.**

This is getting to be a question I'm getting almost on a weekly basis, in fact Honda has "rodent wrap" that you can put around wiring to discourage rodents from using your vehicle for lunch. You can also add oil of spearmint as well as other commercial repellants under the hood and around the vehicle that may work. One final suggestion, remove any water or food source such as bird seed that may also attract rodents.

**I am thinking of buying a 2016 Toyota Highlander EXL. What is your opinion of this vehicle?**

There is nothing not to like about this mid-sized SUV. The V-6 engine provides lively performance and fuel economy in the low 20 miles per gallon range. The seating is comfortable for up to seven adults. The interior quality is quite good and the overall fit and finish is world class.

**My 2010 Hyundai Elantra Touring has a rough ride. It always has. Is there anything I can do about it — short of trading it in for a midsize? Would a shock absorber "upgrade" help?**

The Elantra Touring edition – like many cars with touring suspension – rides firm/harsh. Changing shocks may help somewhat but part of the harsh ride is from is related to the larger wheels and tires. Replacing some of the suspension components, wheels and tires will help but certainly an expensive route to get to a slightly better ride.

**My questions is about expert auto reviews. Do these experts (you included) expect too much from lower priced vehicles? I was looking for a lower priced small SUV, and by reading the reviews of the Mitsubishi Outlander Sport, I would have thought it was totally unsuitable for use. I contacted a few dealers, and was surprised they weren't offering huge discounts in light of the reviews. Eventually, a dealer offered me a 2015 Outlander Sport leftover at a discount of over $7,000, and I decided to try it out. I traded my 2013 Nissan Rogue, and I find the Outlander Sport to be equal or superior to the Rogue in just about every category but storage space and interior appearance. The engine doesn't seem anywhere as noisy as described, and the CVT seems smoother than the Rogue's. The vehicle rides a little rougher, but rides on 55 series 18 inch tires as opposed to the 70 series 16 inchers on the Rogue, so that is somewhat expected. Handling seems similar, and despite the lower gas mileage figures, I actually seem to get better mileage around town. What do you think?**

Some automotive journalists I believe do get jaded by high-end vehicles. I hope that is not the case with me, although I believe everyone has an internal benchmark I try to evaluate each vehicle on its own merits. In fact the Mitsubishi Outlander Sport won the New England Motor Press Yankee value award for its combination of fuel economy, features and price.

# 80% Of Drivers Express Aggressive Driving

Nearly 80 percent of drivers expressed significant anger, aggression or road rage behind the wheel at least once in the past year, according to a new study released by the AAA Foundation for Traffic Safety.

The study points to some alarming statistics including the fact that approximately seven percent of U.S. drivers engaged in extreme examples of road rage within the year. These more extreme forms of road rage including purposefully ramming another vehicle or getting out of the car to confront another driver.

Drivers living in the Northeast were significantly more likely to yell, honk or gesture angrily than people living in other parts of the country. Drivers in the Northeast were 30 percent more likely to have made an angry gesture than drivers in other parts of the country.

"Inconsiderate driving, heavy traffic and the daily stresses of life can transform minor frustrations into dangerous road rage," said Mary Maguire, Director of Public and Legislative Affairs at AAA Northeast. "Far too many drivers are losing themselves in the heat of the moment and lashing out in ways that could turn deadly."

A significant percentage of U.S. drivers reported engaging in angry and aggressive behaviors over the past year, according to study estimates:

- Purposefully tailgating: 51 percent
- Yelling at another driver: 47 percent
- Honking to show annoyance or anger: 45 percent
- Making angry gestures: 33 percent
- Trying to block another vehicle from changing lanes: 24 percent
- Cutting off another vehicle on purpose: 12 percent
- Getting out of the vehicle to confront another driver: 4 percent
- Bumping or ramming another vehicle on purpose: 3 percent

Nearly 2 in 3 drivers believe that aggressive driving is a bigger problem today than three years ago, while nine out of ten believe aggressive drivers are a serious threat to their own personal safety.

Aggressive driving and road rage varied considerably among different driving demographics:

- Male and younger drivers aged 19-39 were significantly more likely to engage in aggressive behaviors. For example, male drivers were more than three times as likely as female drivers to participate in extreme behaviors, like having gotten out of a vehicle to confront another driver or rammed another vehicle on purpose.
- Drivers who reported other unsafe behaviors behind the wheel, such as speeding and running red lights, also were more likely to show aggression. For example, drivers who reported speeding on a freeway in the past month were four times more likely to have cut off another vehicle on purpose.

AAA offers these tips to help prevent road rage:

- **Don't Offend**: Never cause another driver to change their speed or direction. That means not forcing another driver to use their brakes, or turn the steering wheel in response to something you have done.
- **Be Tolerant and Forgiving**: The other driver may just be having a really bad day. Assume that it's not personal.
- **Do Not Respond**: Avoid eye contact, don't make gestures, maintain space around your vehicle and contact 9-1-1 if needed.

The research report is available on the AAA Foundation's website and is part of the annual Traffic Safety Culture Index, which identifies attitudes and behaviors related to driver safety. The data was collected from a national survey of 2,705 licensed drivers ages 16 and older who reported driving in the past 30 days. The AAA Foundation issued its first Traffic Safety Culture Index in 2008.

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# Real Estate

## Quincy Real Estate Transactions July 11 - July 15

Transactions are compiled by the Norfolk County Registry of Deeds

| Seller | Buyer | Amount | Address |
|---|---|---|---|
| Natalya Voytenko | Arben & Anila Anastas | $222,000.00 | 133 Commander Shea Boulevard Unit 711 |
| 10 Williams Street Nominee Trust | Xiaohui Liang & Yuanyuan Ma | $446,000.00 | 10 Williams Street |
| Dren Luci | Andi & Argita Domazeti | $385,000.00 | 15-17 Phillips Street |
| Charles A., Paul W., Gerard F. & Joan K. DeLuca | Sean & Elisa O'Malley | $338,000.00 | 77 Longwood Road |
| Jianji & Xiao F. Li | Guan Y. Zhao | $185,000.00 | 215 Common Street Unit 1 |
| Fantucchio Realty Trust II | Xue H. Zhang & Teng M. Luo | $430,000.00 | 237-239 Water Street |
| Ann LaBrecque | Gan Zeng & Yimei Chen | $439,000.00 | 208 Highland Avenue |
| Vincent & Jane S. Duverger | Zygmunt & Maria J. Godlewski | $495,000.00 | 85 Pleasant Street |
| Mikalay, Alena & Tatsiana Zhalniarkevich | Shu F. Wu & Chang H. Xu | $255,000.00 | 94 Newbury Street Unit 304 |
| Anna M. Watt | Guangxin Huang & Xiujuan Yang | $439,000.00 | 145 Kemper Street |
| Winthrop Realty Trust | Arielle & Tristan Cecala | $722,000.00 | 59 Winthrop Avenue |
| 73 Assabet Road Realty Trust | Shixiong & Xiangrong Wang; Jing Zhang | $420,000.00 | 73 Assabet Road |
| Joyce I. Ozer | William G. Gruseck | $161,000.00 | 35 Desmoines Road Unit 304 |
| Michael G., Stella W. & Christopher Mann | Bin Lin | $685,000.00 | 71 Vassall Street |
| Patrick Golden | Paul Wong & Hui Q. Zhu | $265,000.00 | 15 Bower Road Unit E-9 |
| Minh P. & Ming P. Giang | Stonestar Cottage LLC | $1,050,000.00 | 14 Cottage Avenue Units 18, 20 & 22 |
| Michael J. & Karen Smith | Andrew D. & Kathleen A. Lau | $404,000.00 | 55 The Strand |
| Helena M. Collins | Rong & Yaqing Lin | $233,000.00 | 279 Water Street Unit 3 |
| 510 Willard Street Reaity Trust | Adrian P. Harton & Rosemary Kelly | $900,000.00 | 510 Willard Street |
| Roshdy G. Assad & Samia A. R. Rezk | Veska Zlatanova | $250,000.00 | 9 Keyes Street |
| Joseph Narduzzo | William M. Callaghan | $295,000.00 | 851 Quincy Shore Drive Unit 306 |
| Bernard J. & Lynda C. Hamill | Eric D. Pennington & Michelle Morneau | $750,000.00 | 99 Verchild Street |
| Barbara A. Hannigan | Maureen & Michael Gallagher | $385,000.00 | 734 Sea Street |
| Vincent A. & Leo F. Morrison | Jian J. & Xiao F. Li | $438,000.00 | 83 Harvard Street |
| Walter A. Pratt | Mark & Sheethal S. Keane | $525,000.00 | 1428 Quincy Shore Drive |
| Xue Z. Luo | Xiao J. Mai, Jianping Guan & Junjun Wu | $370,000.00 | 37 Lawn Avenue |
| Amsaluti LLC | Lan P. Mach & Hung Q. Huynh | $480,000.00 | 91 Pleasant Street |
| Richard T. & William J. Ferner | Yue F. & Yuefang Tan | $669,900.00 | 190 Kendrick Avenue |
| David C. Ting | Courtney S. Raeisinafchi | $380,000.00 | 56 Penn Street Unit 2 |
| Kara E. Dougan | Michael Wing & Liyuan Cheng | $350,000.00 | 10 Seaport Drive Unit 2303 |
| Noah B. & Dierdre L. Keimach | Bingqing Li | $460,000.00 | 106 Washington Street Unit 31 |
| Jeffrey & Elitsa Molles | Eric Chan | $295,000.00 | 21 Linden Street Unit 220 |
| Nicholas J. White & Cynthia G. Wolff | Philips On Lup & Connie Yuk Chun Sum | $639,000.00 | 1001 Marina Drive Unit 705E |
| Geraldine DeBenedictis | Amy Wasserman | $238,500.00 | 34 South Street Unit 306 |
| Marion Manor for the Aged and Infirm Inc. | Quarry Hills Development LLC | $5,680,000.00 | Ricciuti Drive (Rear) |

# Second Quarter Real Estate 'Mixed' In Norfolk County

## *O'Donnell Report Shows Rise In Transactions, Drop In Sales Volume, Average Price*

Norfolk County Register of Deeds William O'Donnell says second quarter statistics show a "mixed message" as a solid rise in the number of real estate sales transactions was offset by reductions in total real estate sales volume and average sale price.

"During the second quarter 2016, the number of real estate sales transactions, both residential and commercial, increased 3 percent totaling 4,901 in comparison to the same quarter in 2015," O'Donnell said "However, juxtaposed with this number was a 7 percent reduction in the total volume of residential and commercial sales, coming in at $2.2 billion for the quarter. Also, the average sale price, again, both residential and commercial, for the quarter was $689,371, a 13 percent decrease year over year.

"The above figures would seem to indicate a small but noticeable market correction," the register said. "Certainly, the average price increases we had been seeing previously could not be sustained. The one silver lining here is that hopefully, first time buyers will have a better chance of achieving home ownership."

Mortgage market activity for the quarter was flat. The number of mortgages recorded at the Registry for the second quarter this year was 8,622, a small 1 percent increase. Total mortgage borrowing for the quarter was $5.2 billion, a 31 percent increase compared to second quarter 2015.

"Mixed messages" was also the theme for foreclosure activity in Norfolk County during the second quarter 2016. While the number of foreclosure deeds recorded during the quarter was 60, this represented a 13 percent decrease compared to same time period in 2015.

"While one foreclosure deed recording is one too many, I am encouraged by the reduction in filings compared to second quarter 2015," O'Donnell said.

More discouraging was the continued increase in the number of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process.

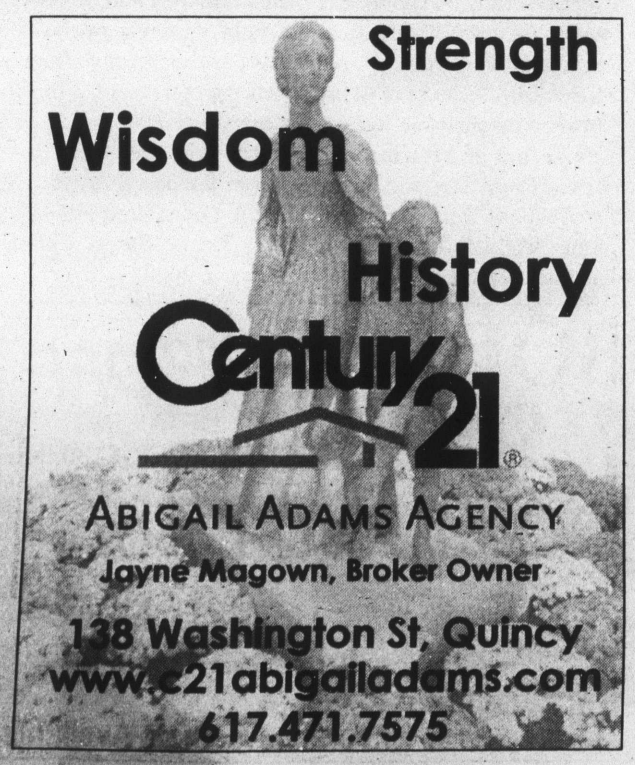
"During the just concluded quarter, a total of 216 Notice to Foreclose Mortgage were filed at the Registry compared to 149 year over year. While lending institutions are continuing to work through some of the backlog experienced during the 2008-2009 economic downturn, clearly we are also seeing new activity," O'Donnell said.

"The evidence is unmistakable that some of our neighbors here in Norfolk County are facing economic hardship, in many cases the result of job loss and in others, a catastrophic medical issue," he added.

The Norfolk County Registry of Deeds continues to partner with Quincy Community Action Programs at (617) 479-8181 x-376 and Neighbor Works Southern Mass at (508) 598-0950 to help anyone who has received a Notice to Foreclose Mortgage from a lender. Another option for consumers is to call the Massachusetts Attorney General's HomeCorps program at (617) 573-5333."

Homestead recordings for the quarter totaled 3,386, a modest 2% increase for the quarter. O'Donnell noted, "A Homestead recording provides for limited protection against the forced sale of an individual's primary residence to satisfy unse-

*Cont'd On Page 23*




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# Point Townhouses OK'd

By SCOTT JACKSON

A developer's proposal to tear down the single-family home at 60 Cleverly Court in Quincy Point and replace it with four townhouses has received the go ahead from the Planning Board.

The board approved Joseph Taylor's proposal for the four new townhouses, at the corner of Cleverly Court and Raycroft Street, at its July 13 meeting. The project was previously presented to the Planning Board June 8.

Taylor's project includes a single, three-story, L-shaped building with four townhouses. The building includes a total living area of just over 6,000 square feet on a 10,800 square foot lot.

Each townhouse has its own garage and the project includes a total of nine parking spaces – including those inside and outside the garages. The project, located in a residential B zoning district, was required to have seven spaces under the city's zoning code.

Ward 2 Councillor Brad Croall voiced his support for the proposal at the Planning Board meeting.

"There were no noticeable objects whatsoever from the neighborhood and I actually think it's a good project. It's going to take a pretty…blighted, to be fair, property out of commission and replace it with four high-end townhomes," Croall said. "And, by the way, it's got the parking."

The Zoning Board of Appeals approved a variance for the townhouses March 8.

In other business July 13, the Planning Board also:

Approved Michael Solimando's request to add a fourth lot to a subdivision on Holliston Street and Forest Avenue. The board in March had approved a three-lot subdivision plan for the same area; the July 13 vote allows for the addition of a fourth lot.

Continued until Aug. 24 a public hearing on a Steven Baylis' proposal to build eight townhouses in the rear of 264 West St. The project was initially presented to the board May 11.

Continued until Aug. 24 a public hearing on Boston Scientific's plan to install a new illuminated sign at its 500 Commander Shea Blvd. distribution facility.

# Second Quarter Real Estate 'Mixed' In Norfolk County

*Cont'd From Page 22*

cured debt up to $500,000. I am encouraged that homeowners continue to avail themselves of this important consumer protection tool."

Register O'Donnell concluded, "While the results were mixed, I continue to be upbeat about the Norfolk County real estate market. I am cognizant of Brexit and what political and economic instability in Europe could mean for the stock market and our local economy here in Massachusetts. With that said, I would also argue business activity in eastern Massachusetts continues to be a net positive as evidenced by the relocation of GE's worldwide headquarters to Boston. This business activity can only bode well for the entire Massachusetts real estate economy including Norfolk County."

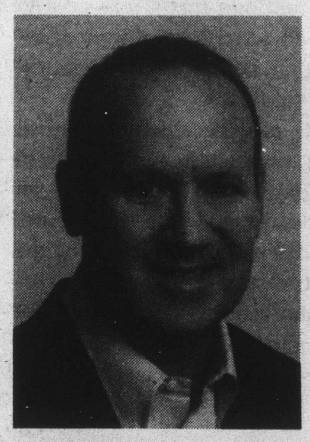
The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (718) 461-6101, or on the web at www.norfolkdeeds.org.

# BaneCare Management Purchases Six Skilled Nursing Centers

BaneCare Management, LLC, a provider of senior care services for over 57 years, announces the acquisition of six rehabilitation and nursing centers – five along the South Shore and one in Brighton.

The newly acquired nursing centers, formerly owned by Welch Healthcare & Retirement Group, include: Bay Path Rehab & Nursing Center in Duxbury; Brighton House Rehab & Nursing Center in Brighton; Colonial Rehab & Nursing Center in Weymouth; Hancock Park Rehab & Nursing Center in Quincy; Harbor House Rehab & Nursing Center in Hingham and John Scott House Rehab & Nursing Center in Braintree.

"We are excited about the opportunity to bring the BaneCare standard of care to the South Shore," says



RICHARD BANE

Richard Bane, president of BaneCare Management.

BaneCare is a family-owned and operated business with nursing centers throughout the North Shore and Greater Boston area. The company emphasizes the importance of integrating traditional family values with advanced medical skills and technologies at each nursing center.

"Our family's management style and values embody those of the highly respected reputation built by the Welch family," Bane said. "Whether an individual requires short or long-term care, BaneCare nursing centers offer each patient unsurpassed skilled nursing and post-acute rehabilitative care."

BaneCare Management, which includes third generation Bane family members, has grown into one of Massachusetts premier long-term care organizations, currently managing and operating 14 rehabilitation and skilled nursing facilities, three adult day centers, and two assisted living facilities spanning the North Shore, South Shore, Berkshires and Greater Boston area.

BaneCare Management has corporate offices in Wakefield and Norwell.

# Summertime Energy Efficiency Tips

With summer here, temperatures are rising and so is home electricity usage in most households throughout New England.

National Grid encourages customers to use these cool, simple summer tips to limit their energy consumption and save on bills.

• **Draw blinds, shades, drapes** – Close window dressings to block the solar gain, especially with older windows, during the hottest part of the day on south- and west-facing windows.

• **Adjust the thermostat** – Adjusting your thermostat a few degrees can lead to big savings on your bill. National Grid recommends a setting of 78 degrees or higher when you're home. A 75-degree setting will cost about 18 percent more than a 78 degree setting.

• **Use programmable thermostats** – Programmable thermostats allow you to set schedules to reduce cooling when the house is empty. National Grid offers thermostat rebates that vary based on where you live. If you are a Massachusetts resident go to https://www.nationalgridus.com/MA-Home/Ways-to-Save/.

• **Clean or replace air conditioner filter** – Keep the air flowing freely by checking your air conditioner filter and replacing or cleaning it, if it's clogged.

• **Turn off fans** – Fans don't actually cool your home; they only circulate air to make you feel cooler. Therefore, they are most effective when you're home to enjoy the benefits. Turn them off when you're not home or not in the room where they're running and save energy in the process.

• **Manage your water heater** – Decreasing the water heater temperature from 140 degrees to 120 degrees can help save up to $85 per year. A setting of 120 degrees is sufficient for most household needs. If you head out of town, turn your electric water heater off entirely. Once turned back on, most models will reheat the water to the set temperature in about an hour. If you have a gas water heater, turn it down to "low" or to "vacation mode."

• **Unplug electronics** – Even though your television and other appliances are turned off, many electronics still draw electricity (phantom load). Unplug any unnecessary electronics and chargers until you return home. An advanced power strip on your entertainment system can turn off the power to the peripheral devices when the TV is off, reducing phantom energy use all year long and saving you up to $60 annually.

• **Use light timers, motion detectors** – Many people like to leave a light on to make it seem like someone is home while they are away. Use a light timer instead for just a little while each evening. This saves energy and gives a more realistic impression of someone being at home. Rather than leaving your porch light on the entire time you're gone, install a motion detector to be used both when you're at home and away.

• **Check refrigerator and freezer temps** – The ideal refrigerator temperature is between 37 and 40 degrees. For the freezer the ideal reading is 5 degrees. Anything above that and you're wasting energy.

• **Consider replacing or recycling older-model working refrigerators, especially if made before 2000** – Older model refrigerators often can use more than four times the energy of newer models and cost up to $150 a year to run. Perhaps you are overdue for a modern upgrade, or just don't need that extra fridge or freezer at all. You can get paid to get rid of them with National Grid's recycling programs in Massachusetts or Rhode Island that now pay $50 per unit (up to two per household). Consider replacing or recycling older-model units to save energy, money.

• **Plant a tree** – Planting a deciduous tree on the west or south side of your house can provide shade that will help keep it cool in the summer. And, when the leaves fall, it will let more light and warmth through in the colder months, helping keep the house warmer and brighter to help fight off those winter doldrums.

# Springfield-Based Chain Buying Hannaford Supermarkets

Hannaford Supermarket in North Quincy has been purchased by Big Y Foods, Inc., a supermarket chain based in Springfield.

The local Hannaford Supermarket is among eight Hannaford stores in Massachusetts being acquired by the family-owned supermarket chain. The other stores are located in Easton, West Peabody, Saugus, Norwood, Kingston, Norwell and Milford.

The agreement is part of Delhaize Group and Ahold's decision to divest a total of 86 stores in a limited number of locations in which the companies' U.S. subsidiaries both operate. The divestments are being made in connection with the U.S. Federal Trade Commission's pending review of the proposed merger between the two companies.

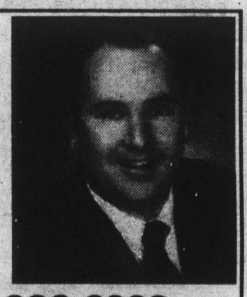
All purchase agreements are subject to FTC approval and clearance by the FTC of the Ahold and Delhaize merger group.

If approved, the transaction is expected to be completed in September.

Big Y currently owns 68 stores, primarily in western Massachusetts and Connecticut.

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**THANK YOU!** For the showing of support to the officers of the Quincy Police Department.

With the recent national Police tragedies in mind, many officers have commented on how citizens of all ages and races have approached them to express their gratitude for the work we do. For the past week, numerous local restaurants and bakeries have dropped off food at the station.

We are truly grateful for the kind comments such as, "Stay safe, Be careful, Thanks for protecting us, Thank you for your service, Thanks for what you do," etc. As officers, we try to make a difference and these gestures of support are very nice to hear.

Lt. Dan Minton

# A Job Well Done

**By QUINCY POLICE LT. DAN MINTON**

On Monday, July 11, at approximately 5 p.m., Officer David Levine was dispatched to Billings Street for a report of solicitors using aggressive tactics. Upon arrival, the officer observed an older male and a younger female matching the clothing description provided by Communications in front of a house on Billings Street.

The clothing had the logo, "SFE Energy" on it and they both had SFE Energy Identification badges around their necks.

Officer Levine approached the two employees and asked if their company had registered with the city as well as the Police Department. The male stated in an arrogant tone that he had worked in the city before and no one told him he needed an ID. Officer Levine told him that it was hard to believe and advised him that all solicitors going door-to-door with the exception of religion, non-profits and political candidates need to obtain a permit first.

The permit process consists of a background/criminal record check on the individual, conducted by the police in order to protect the citizens from being victimized by an unscrupulous person acting under the guise of a salesperson. Once the individual is approved, a photo ID is issued by the department for the individual to wear in plain view.

The male and female both admitted that they did not have a permit. Officer Levine then called Detective Ed Bagley at the police station to see if the company was registered. Detective Bagley confirmed that the company was not registered. The officer then told the two solicitors that they were to cease and desist their door-to-door activities. The male then became confrontational with the Officer about trying to make a living.



LT. DAN MINTON

Officer Levine calmly reminded the male of his statement earlier when he said that he had worked in the city before so he and the company should know that that he had to be registered with the city. The male continued to argue. Officer Levine again advised them not to continue their door-to-door solicitations until they get permits. The officer then went to the Billings Street address to speak with the caller, who was visibly upset. She stated, "The solicitors came to my house three times today." She then handed the officer a two-page note that she described as "nasty" that was left on her door by the male.

After reading the note, Officer Levine left the caller and went back to where the two solicitors were. When asked if he left the note, the male said he did and again became very confrontational and belligerent. Officer Levine then told the male he was being placed under arrest for violation of city ordinance. He was handcuffed and then transported to the station for booking by Officer Mike Kelly.

Officer Levine learned from the victim that the two solicitors came to her door and said, "Can I see your bills?" When asked what company they were with, the male said, "I am with the energy company that supplies energy to National Grid and we would like to save you money." When asked again, the male showed her his SFE Energy identification badge. She added that he kept showing her literature briefly but was deceiving her because all the papers had National Grid written on it yet he would show her only for a second.

When the victim told her that she pays all her bills online, he asked to look on her computer. She then told him that she didn't want him in her house and that she was going to contact her landlord who lived next door. He was not home so she told the male that she was not interested, but he didn't stop there. He then asked, "Can I sit down for a minute on the porch?" She again said she was not interested and he said, "So you don't want to save money?" After telling him once more that she was not interested, he said, "Fine" and left.

The victim then went inside and started to research the company suspecting it might be a scam. The victim then heard the male talking to a neighbor. Concerned for her neighbor's well being, the victim walked over and told the neighbor that this could be a possible scam and that she called the police. (Didn't at this time) The male suspect responded, "Good - call the police because I have 10 lawyers in my family!" The neighbor, upon hearing this then said, "Hold on" and took his energy bills back from the male suspect.

The male suspect angrily said, "We have every right to be here. Are the police on their way?" The suspect then grew upset and angry and began pacing up and down the street.

The victim and the neighbor went into their homes. The male suspect walked away and then quickly returned, sitting in front of the victim's home for about 15 minutes. The male suspect walked away again and returned minutes later with a note.

The victim came out to her porch and the male suspect yelled at her, "You have no right to keep us from making a living." At this point, the victim's husband pulled up and advised his wife not to talk to him. The police were called and it was then that Officer Levine arrived on scene.

**SAFETY STEPS TO TAKE REGARDING SOLICITORS:**

Although there are some good deals from these alternate energy company, keep in mind anyone can come to your door soliciting any product, or even say they are. There are some legit offers but more often than not you can get a better

*Cont'd On Page 29*

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**July 8 – 15**
**ARRESTS: 28**
**TOTAL CALLS: 1,115**
**STOLEN MOTOR VEHICLES: 0**

**FRIDAY, JULY 8**

**ASSAULT AND BATTERY, 12:10 a.m., Yesterdays, 536 Washington St.** Group of about eight people fighting outside bar. Victim to South Shore Hospital. Person was struck in eye.

**BREAKING AND ENTERING, 9:29 a.m., Avalon Ave.** Between 7:45 a.m. and 9:30 a.m.

**VANDALISM/PROPERTY, 10:19 a.m., St. John's Church, 44 School St.** Church employee reports broken window and plants vandalized. Happened yesterday. No window broke; just light.

**INDECENT EXPOSURE, 6:02 p.m., Chestnut St.** Incident occurred in alleyway behind businesses. One under arrest for indecent exposure.

**BREAKING AND ENTERING, 11:56 p.m., Essex St.** Caller came home to find house broken into.

**SATURDAY, JULY 9**

**VANDALISM/PROPERTY, 11:04 a.m., Crane Library, 40 Washington St.** Allegedly took headphones.

**BREAKING AND ENTERING ATTEMPT, 7:21 p.m., Bromfield St.** Caller has damage to her back door.

**BREAKING AND ENTERING IN PROGRESS, 10:31 p.m., Westford St.** Male in hoody on front porch drilling hole in door. Caller thinks house is vacant. Also a dark SUV parked outside. Checks OK. Homeowner on scene.

**LARCENY, 11:47 p.m. 141 Newport Ave.** Bicycle was stolen at the rear of Marshall's on July 6.

**SUNDAY, JULY 10**

**LARCENY, 10:28 a.m., Quincy Point Car Wash, 576 South St.** iPhone. Caller following party with phone. Suspect is a black male, fled in vehicle with out of state plates prior to officer arrival.

**VANDALISM/PROPERTY, 2:40 p.m., Taffrail Rd.** Vehicle was damaged by a known female. All four tires slashed. No suspect.

**LARCENY, 3:43 p.m., Water Street Petroleum, 376 Water St.** Caller filled a car with gas and party fled. Caller does not wish to pursue anything; unsure of plate.

**VANDALISM/PROPERTY, 4:54 p.m., Good Fortune, 230 Quincy Ave.** Shopping car hit vehicle and caused damage. Caller advised.

**LARCENY, 9:21 p.m., Packard's Ln.** PlayStation 4. Criminal complaint.

**MONDAY, JULY 11**

**LARCENY, 1:20 p.m., Sullivan Rd.** Caller states cleaning company came to clean and then watch was missing.

**ASSAULT AND BATTERY, 8:29 p.m., Water St.** Caller states her mother was assaulted by a male party last night. Officer now at Water Street with suspect, requesting second car. Victim refused any and all services. Parties are acquaintances. Officer filing complaint for A&B.

**TUESDAY, JULY 12**

**BREAKING AND ENTERING IN PROGRESS, 12:46 a.m., Hong Kong Eatery, 1510 Hancock St.** While checking on open door caller found cellphones plugged into the wall that were not there earlier. Possibly homeless in vacant business. Complaints for B&E, intent to commit misdemeanor and trespassing.

**LARCENY, 2:49 p.m., Palmer St.** Confused party. Was advised.

**LARCENY, 4:25 p.m., 91 Clay St.** Resident stole a bench. Item returned. Management to handle.

**WEDNESDAY, JULY 13**

**LARCENY, 10:25 a.m., Souther Tide Mill, 610 Southern Arty.** Pocketbook.

**VANDALISM/PROPERTY, 11:01 a.m., 1495 Hancock St.** Graffiti on private property.

**VANDALISM/PROPERTY, 2:19 p.m., Dunkin' Donuts, 825 Southern Arty.** Male operator of a white Cadillac ripped the mirror off a vehicle in the DD parking lot. BOLO given to area cars.

**VANDALISM/PROPERTY, 2:33 p.m., Germain Ave.** Side of house egged.

**LARCENY, 6:36 p.m., Walmart, 301 Falls Blvd.** Larceny of money by employee.

**VANDALISM/PROPERTY, 6:50 p.m., Quincy Commons, 1 Canton Rd.** Black female still on scene keyed his cars. Said if police don't come right away he will shoot. State Police asked if he had guns, he said no. One party under arrest for malicious destruction of motor vehicle.

**VANDALISM/PROPERTY, 8:31 p.m., Norman Rd.** Paintballs are being shot at his house. Unknown where they are coming from. Paintballs washed off. Frequent checks.

**THURSDAY, JULY 14**

**BREAKING AND ENTERING, 12:02 a.m., Silver St.** Back window broken. Happened between 10 and 11 p.m. Caller is missing a few items. Complaint for B&E.

**LARCENY, 8:38 a.m., Red Apple Food, 48 Billings Rd.** Black backpack.

**LARCENY, 10:40 a.m., Crane Library, 40 Washington St.** Library materials stolen.

**LARCENY, 12:14 p.m., 333 Ricciuti Dr.** Caller states there was an unauthorized withdrawal from her bank account.

**FRIDAY, JULY 15**

**ASSAULT AND BATTERY, 3:25 a.m., Home Depot, 177 Willard St.** Happened about a half hour ago. Caller states he was grabbed by another worker who then proceeded to punch him in the face. Other party has since left the premises. Suspect is known. Temporary employee. Home Depot has no further info at this point.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** None.

❑

**CAR BREAKS:** Scammell St., Sumner St., Alton Rd., Pilgrim Rd., 1515 Hancock St., Franklin St., Hamilton Ave.

❑

**BREAKS AND ATTEMPTED BREAKS:** Avalon Ave., Essex St., Silver St.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

# Religion

## Houghs Neck Congregational Church

Sunday worship service at the Houghs Neck Congregational Church, 310 Manet Ave., starts at 10 a.m.

Pastor Felix Carrion will lead the service and preach his sermon "Value, Vision, Voice."

Liturgist will call to worship and read the scripture lesson. Jaime Gordon and Joseph Flores will serve for the Diaconate.

Steve Reed, minister of music will play hymns the congregation chooses during Hymn Sing. While the choir is on hiatus this replaces the anthem. Come and enjoy worship in the air conditioned sanctuary.

Following the service a fellowship coffee hour is hosted by Nancy Jacobs. All are invited.

Vacation Bible School is scheduled for Monday, Aug. 15 through Thursday, Aug. 19 from 9 to 11:30 a.m. The free program "Everest-Conquering Challenges with God's Mighty Power" is for children 3 to 12.

Space is limited. Contact Jaime Gordon 617-435-1472 or jaimegordonmk@gmail.com.

## Bethany Congregational Church

Bethany Congregational Church will have a Sunday Worship Service at 10:00 a.m. The Rev. Peter M. Preble will conduct the service and preach a sermon entitled "Teach Us to Pray." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1 p.m. to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6:00 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

## Quincy Point Congregational Church

Sunday worship July 24 at Quincy Point Congregational church, 444 Washington St. begins at 10 a.m.

The sanctuary is air-conditioned and handicap accessible via the Abbey Road side of the building.

This week Peter Johnston will be preaching and Nithila Jeyakumar will be deacon.

Following worship all are invited to fellowship in the downstairs social hall. While there take a moment to sign the "Birthday" and "Thinking of You" cards.

Summer Sunday School is here. Drop children to the classroom located adjacent to the kitchen in the basement. All children are welcome.

The curriculum will feature the One Room Deep Blue Sunday School Program. Per their website, "Deep Blue is the new awe-inspiring resource for children which includes adventure, exciting stories, science experiments, arts and crafts, animated video storytelling, and active games-all combined into a living–faith experience that will help children discover what it means to be a disciple of Jesus Christ today."


THE SALVATION ARMY

*Please help support*

THE SALVATION ARMY OF QUINCY'S
3RD ANNUAL

Christmas in July

*Christmas in July is a one day kettle standout that helps raise much needed funds that support the services that the Salvation Army of Quincy provides the community of Quincy year-round.*

Thursday July 28th
8 am - 6 pm
The Quincy Sun
1372 Hancock St.

Please contact thequincysun@verizon.net to volunteer or for more information


More News Online at www.thequincysun.com

# Quincy Religion Directory

*SERVICES & ACTIVITIES*

### Catholic

**St. Mary's Church**
*95 Crescent St., Quincy • 617-773-0120*
*Masses*
*Saturday, 4pm, Sunday 8 & 10:30am*
*Tuesday/Thursday 9am*
*Handicapped Accessible*
*New Members Welcome!*

**ST. AGATHA CHURCH**
**MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM,
10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm
on Saturdays, other times
by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
**44 School St., Quincy**
**617-773-1021**
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
**386 Hancock St., North Quincy, MA 02171**
**(617) 328-8666**
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
***550 Washington Street***
***Quincy, MA 02169***
**617-472-6321**
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible &*
*Handicapped parking, side entrance*
*air conditioned*

*Saint Ann's Church*
**757 Hancock St., Wollaston**
**617-479-5400**
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Pastor Felix Carrion will lead the service and preach the sermon "Value, Vision, Voice"**
***All are welcome to attend***
*FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE*

**BETHANY CONGREGATIONAL CHURCH**
Spear & Coddington Streets
Quincy Center, 617-479-7300
**www.bethanycongchurch.org**
**Sunday Worship Service at 10AM**
**Rev. Peter M. Preble will conduct the service and preach the sermon "Teach Us To Pray"**
Child Care Available
For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*
*The church is wheelchair accessible*

**PEACE**

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
**Summer Sunday Worship, 10 AM**
**'When in our Music God is Glorified'**
***...music & meditation***
**ALL ARE WELCOME!**
**617-773-7432**
**www.wollastonucc.com**

**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617) 479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

***QUINCY POINT CONGREGATIONAL CHURCH***
*444 Washington St . • 617-773-6424*
Worship and Church School 10 am
*Rev. Ann Suzedell, Pastor*
*email: office@quincypointcong.org*

### Unitarian Universalist

**United First Parish Church**
*A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.*
**Chalice Circle Discussion Group:**
**Sundays at 10:30 AM**
*Followed by Fellowship & Refreshments*
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

### Christian Science

**First Church of Christ, Scientist**
**1460 Hancock Street, Quincy**
**617-472-7099**
**Sunday Services and Sunday School 10:30 a.m.**
**Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.**
***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
**Church of the Nazarene**
***Sunday Worship***
***8:30 AM Liturgical Worship***
***9:45 AM Sunday School***
***11:00 AM Celebration Worship***
*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5669
E-mail: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45 CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

*To Advertise in this Directory, Call 617-471-3100*

# OBITUARIES

## John P. Brown, 77

A funeral Mass for John P. "Jack" Brown, 77, of Quincy was celebrated July 16 in St. John the Baptist Church, Quincy.

Mr. Brown died peacefully July 12 at South Shore Hospital in Weymouth, surrounded by his loving family.

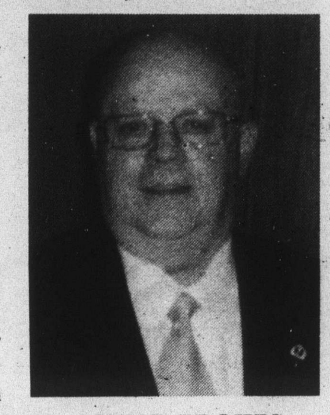
He was born on July 13, 1938, in Brooklyn, New York. He was raised in Quincy and was a graduate of Quincy High School, Class of 1956, where he was class president and captain of the football team. He had lived in Quincy all his life and also enjoyed summers in West Dennis for 20 years.

Mr. Brown was the retired director of engineering at Children's Hospital Boston. He began his 37-year career as a pipefitter and was dedicated in his service to Children's Hospital, retiring in 1999.

He served in the U.S. Navy as an aviation boatswain's mate during the late 1950s. Mr. Brown was a proud member of the Quincy Sons of Italy and was a past venerable. He was also a member of the Quincy/North Quincy Football Hall of Fame.

Mr. Brown was devoted to his family and enjoyed his retirement with his children and grandchildren.

Beloved husband for 53 years of Brenda M. (Fantasia) Brown. Devoted father of John P. "Jack" Brown,



JOHN P. BROWN

Jr. and his wife Vanessa of Quincy, Gary E. Brown and his wife Cynthia of Rockland, David M. Brown and his wife Stefanie of Braintree, Valerie E. Mooney and her husband Alex of Braintree. Loving grandfather of Katelyn, Jacqueline, Ryan, Nicholas, Cameron, DJ, Matthew and Jack. He was son of the late Marie (Doherty) Marcus and was raised by his dear uncle and aunt, the late Arthur V. and Gladys L. (Mahoney) Doherty. Brother of Mary Sprinkle, Barbara, Bill and Mary Marcus all of FL. He is also survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment with Military Honors at Milton Cemetery.

Memorial donations may be made to the American Diabetes Association, 10 Speen St., 2nd Floor, Framingham, MA 01701.

## Barbara J. Ferguson

A memorial service for Barbara Jean Ferguson was held Monday in Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Ms. Ferguson died at her home July 12.

She was born in Boston Dec. 27, 1936, the daughter of the late Willis Talbot and Mary Ellen (Will) Ferguson. She lived in Quincy her whole life. She attended Quincy schools and graduated from Quincy High School in 1955. She also attended Quincy College, Curry College and Aquinas College.

Ms. Ferguson was a member of Bethany Congregational Church, joining on April 3, 1952. In her earlier years, she graduated from their Sunday School, played basketball, was in the Youth Pilgrim Fellowship and the Bethany Players as well as active in the Bethany Churchwomen. She was also a member of the Amity Group and served as a deaconess and on other committees until 1990.

Ms. Ferguson was very proud to have started the Ethel M. Will and Mary Ellen Ferguson Nursing Scholarship Fund at Bethany Church in honor of her grandmother and mother who owned and operated the Will Nursing Home in Wollaston for many years.

She served in the U.S. Naval Reserve. In her earlier years she was a volunteer for many organizations including the YMCA, Salvation Army and AARP. She was a member of the National Rifle Association, National Association of Tax



BARBARA J. FERGUSON

Practitioners and the National Notary Association.

She worked as a cook for many years in the family-owned Will Nursing Home in Wollaston. She had been an active real estate broker, worked at various banks in Quincy and also worked as a tax preparer for H&R Block.

She was predeceased by a brother, Willis Talbot Ferguson, Jr. in 1941.

She is survived by a sister, Mary Ellen and her husband Richard Johnson of Quincy, a brother Stephen A. Ferguson and his wife Linda (Petty) of TX. She is also survived by her nephew Michael Andrew Ferguson and his wife Kimberly Snellenberger of WA and two nieces Heather Marie Ferguson and husband Sid St. Onge and Katherine J. Ferguson of TX.

Private interment at Mount Wollaston will take place at a later date.

Memorial donations made be made in Barbara's memory to the Ethel M. Will & Mary Ellen Ferguson Nursing Scholarship Fund at Bethany Congregational Church, 18 Spear St., Quincy, MA 02169.

## John C. Lawless, 72

A funeral Mass for John C. Lawless, 72, of Pompano Beach, Fla., formerly of Squantum, will be held on Sunday, July 24, at 1 p.m. in the First Church of Squantum.

Mr. Lawless died unexpectedly on July 1.

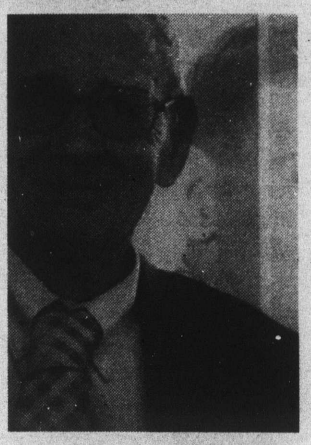
He spent the last 20 years of his life with Sherry Dube.

Mr. Lawless is also survived by his children Suzanne and David Lawless of Quincy and their mother Evelyn (Ellis) Leber of Squantum.

Thoughtful Papa of Nicholas, US Navy, Norfolk, VA and his wife Vanessa, Bobby, Joel, Cara, Griffin, Elizabeth, Zachary, and Cassidy. Kind and quirky "father-in-law" of Gary MacDonald and Rebecca Vincent.

Cherished brother of James and his wife Linda of Brockton and Marylou and her husband John of Squantum. Unforgettable cousin, uncle, friend, neighbor.

Mr. Lawless also leaves



JOHN C. LAWLESS

his extended Dube family, Lisa, John, Michael, Annie, Joshua, and their children Ryan, Matt, Jack, Noah, Joshua Jr., Katherine, and Zachary.

A celebration of life gathering will be held at the Nickerson Post in Squantum following the Mass. (Dress as if you are going out on your last boat ride with Mr. Lawless, he wouldn't want it any other way!) If ever he put a smile on your face please join us, we'd love to see you.

## David P. Kelly, 56

David Patrick Kelly, 56, of Quincy died unexpectedly from a sudden illness on July 5.

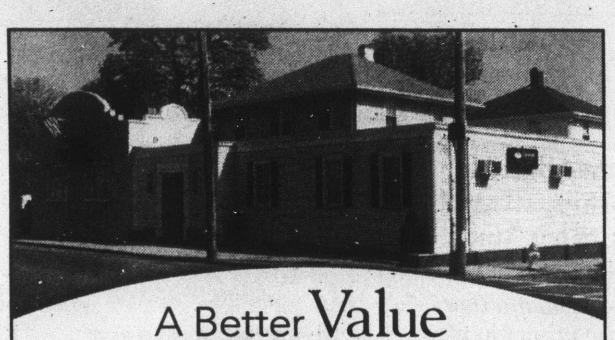
Mr. Kelly was the son of the late Paul and Marilyn Kelly. He was born in Denver, Co., and grew up in Dorchester and attended Boston Latin High School. He worked for many years as a chef, most recently at Grumpy White's.

Mr. Kelly was the husband of Debbie (Cushing) and the father of Erin M. and Colleen M. Kelly, both of Quincy. He was the brother of Paul (Linda) and the uncle of Kim, Philip, and Amy Kelly, all of Quincy.

He loved his family and was an accomplished amateur artist who drew as naturally as he breathed.

Services have been held.

**More Obituaries Online at www.thequincysun.com**

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At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

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Dignity Memorial

For more information visit www.dewarefuneralhome.com

*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, obituary announcement, and memorial stationery package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family affiliate of SCI's subsidiary Corporation International, 206 Winter Street, Fall River, MA 02723. (508) 674-8252.



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Paul F.
Frederick J.
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DORCHESTER, MA 02124
(617) 298-8011

460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

# Gregory F. Desmond, 84

A funeral Mass for Gregory F. Desmond, 84, of Quincy will be celebrated at 10 a.m. Thursday in St. Ann's Church, Quincy.

Mr. Desmond died July 16, surrounded by the family he cherished.

Beloved husband of 44 years to Beverly (McClain) Desmond of Quincy. Father of Gregory F. Desmond, Jr. of Quincy, Charles W. Freeman of ME, Mary F. Connors of AL, Deborah L. Steele of Quincy, Jean M. Michon of AL, James W. Freeman of Peabody and Jack K. Freeman. Brother of his twin sister Joan Dowgos of Billerica, Louise Toland of NJ, Robert Desmond of Dedham, Thomas Desmond of Quincy and the late Frank Desmond and Mary Mosey. He is also survived by 13 grandchildren and 17 great-grandchildren and many nieces and nephews.

A proud Korean War Navy veteran, Mr. Desmond worked at Carney Hospital for many years before his retirement. An avid Red Sox fan, he also truly enjoyed taking care of his neighbors; he showed this by mowing their lawns in the summer and shoveling snow in the winters.

Mr. Desmond was a devoted family man, this was demonstrated when he donated a kidney to his brother. He had a special place in his heart for children and he would often be found on the floor playing with his numerous grandchildren. He will be sadly missed by all those who were blessed to have had him in their lives.

Visiting hours were 4-8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held at the funeral home at 9:15 a.m. Thursday.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the New England Center for Homeless Veterans, 17 Court St., Boston, MA 02108.

# Edward P. Monti

Edward Peter Monti of Quincy died peacefully July 17 after a brief illness.

Mr. Monti was born on Nov. 4, 1926, in Quincy, son of the late Angelo and Orsola Monti of Clivio, Italy. He is survived by his beloved wife of 67 years, Adele (Guastalli). He is also survived by his daughters Donna, and her husband, Christopher Ackerman, of Quincy; Michele, and her husband, Rahn Pelrine, of Weymouth; his sister, Linda Montilio, of Quincy; and grandchildren: Justin Ackerman, Ryan Ackerman and Emily Pelrine. He is also survived by his great-grandchildren and several nieces and nephews.

Mr. Monti was an Army veteran of WWII. He graduated from Quincy High School in 1945 and attended the Barre School of Memorial Design in Barre, VT.

Mr. Monti was an accomplished granite sculptor who pioneered a revolutionary thermal sculpting technique in the 1960s. He leaves behind a prolific portfolio from a lifetime of creating public and private fountains and sculptures throughout the greater New England area. Some of his most notable public creations are the large granite fountain at Merrymount Park in Quincy and the Boston University fountain on Commonwealth Avenue.

Sculpting was his lifelong passion. Mr. Monti never stopped designing new creations and looking forward to the next project. He was happiest outside in nature, hunting deer or searching for mushrooms with his beagle, Francis. He had a mischievous sense of humor and lived life to the fullest, without compromise. Also, he enjoyed travel and vacationed with close friends and family throughout his life. Mr. Monti will be greatly missed by his family and friends.

The service will be private and he will be laid to rest at the family monument created by his father at St. Mary's Cemetery in Quincy.

Memorial donations may be made to NeighborWorks Southern Mass, 422 Washington St., Quincy, MA 02169.

# Central Baptist Church 'Block Party' July 23

Central Baptist Church, 67 Washington St., Quincy is having a "Block Party" Saturday, July 23 from 11 a.m. to 2 p.m.

All are welcome to tour the church. There will be face painting, hot dogs and more. Learn about the church as well as its Vacation Bible School program set for July 25-29 from 2 to 4 p.m. All children grades 1 through 5 are welcome to hear Bible stories and do crafts.

For more information call 617-479-6512.

# Catholic Collaborative 'Patriotic Dinner' July 30

The monthly dinner committee of the Quincy Catholic Collaborative of St. Mary-Sacred Heart-St. Ann Parishes continues its series of monthly events with a "Patriotic Dinner" Saturday, July 30 at 5:30 p.m. in the cafeteria at Sacred Heart Parish, 386 Hancock St., North Quincy.

The Americana-inspired menu features chicken potpie, mashed potatoes, salad and rolls, "star-spangled shortcake," coffee, tea and soda.

Cost is $10 per person or $25 per family with children age 12 and younger.

Reservations are needed by Wednesday, July 27 and may be made by calling Sacred Heart rectory at 617-328-8666.

For more information contact the parish at 617-328-8666 or visit the collaborative website at www.qcc14.org.

**LEGAL NOTICE**

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1631EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Melodee Ann Connelly
**Date of Death:**
March 4, 2004

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Thomas F. Connelly** of **Quincy, MA.**

**Thomas F. Connelly** of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/21/16

# Agnes M. Curtis, 95

A funeral for Agnes M. Curtis, 95, of N. Falmouth, formerly of Quincy and Weymouth, will be held at 11 a.m. Friday in Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Mrs. Curtis died July 14.

She was the loving wife of the late Arthur G. Curtis.

The daughter of the late Mable and George Cooper, she was raised in North Weymouth, and in her married life resided on Ruggles Street in Quincy for more than 40 years before moving to 1000 Southern Artery, Quincy. Most recently, Mrs. Curtis resided at the Royal Megansett Nursing Home in N. Falmouth.

She was employed by Armstrong Cork Co. of Braintree for most of her working life, and loved spending summers in Dennisport. She was an active member of the Quincy Point Congregational Church.

Mother of Robert A. Curtis and his wife Donna, and grandmother of Chelsea and Christopher Curtis, all of Mashpee. Sister of the late Wayne Cooper.

Visiting hours are 5-8 p.m. Thursday in the funeral home.

Private interment.

Memorial donations may be made to Quincy Point Congregational Church Memorial Fund, 444 Washington St., Quincy, MA 02169.

**LEGAL NOTICE**

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1692EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Lawrence J. Murphy
**Date of Death:**
April 10, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Robert C. Murray** of **Canton, MA.**

a Will has been admitted to informal probate.

**Robert C. Murray** of **Canton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/21/16

**LEGAL NOTICE**

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1763EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Mary E. Cronin
**Also Known As:**
Mary Elizabeth Cronin
**Date of Death:**
May 17, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Shirley N. McAuliffe-Murphy** of **Braintree, MA.**

a Will has been admitted to informal probate.

**Shirley N. McAuliffe-Murphy** of **Braintree, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/21/16

**LEGAL NOTICE**

**CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
Docket No. NO16P1674GD
**In the matter of:**
**Carol Gauthier**
**Of: Quincy, MA**
RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Department of Mental Health of Taunton, MA in the above captioned matter alleging that **Carol Gauthier** is in need of a Guardian and requesting that Jennifer Miller, Esq. of Braintree, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **08/17/2016**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

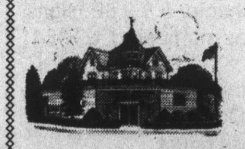
**IMPORTANT NOTICE**

**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

**WITNESS, Hon. John D. Casey, First Justice of this Court.**

Date: July 11, 2016
PATRICK W. McDERMOTT
Register of Probate

7/21/16

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# CLASSIFIEDS

## LEGAL NOTICE

**CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405**

Docket No. NO16P1673PM
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
**In the matter of:**
**Nicholas P. DiLoreto**
**Of: Quincy, MA**
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Paul N DiLoreto of Bridgewater, NH in the above captioned matter alleging that **Nicholas P. DiLoreto** is in need of a Conservator or other protective order and requesting that Paul N DiLoreto of Bridgewater, NH (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **07/27/2016**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**

**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

**WITNESS, Hon. John D. Casey, First Justice of this Court.**

Date: June 22, 2016
**PATRICK W. McDERMOTT**
**Register of Probate**

7/21/16

## LEGAL NOTICE

**CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT**

Docket No. NO15P3079PM
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**In the matter of:**
**James Eagan**
**Of: Quincy, MA**
Protected Person/Disabled Person/Respondent

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the **Conservator's Temporary 1st and final** account(s) of **Aylene Calnan** of **Accord, MA** as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

**You have the right to object to the account(s).** If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before **10:00 A.M.** on the return date of **08/03/2016**. This day is NOT a hearing date, but a deadline date by which you have to object the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court.

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

**IMPORTANT NOTICE**

**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

**WITNESS, Hon. John D. Casey, First Justice of this Court.**

Date: June 27, 2016
**PATRICK W. McDERMOTT**
**Register of Probate**

7/21/16

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1647EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Carol R. Gay
**Date of Death:**
May 4, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **John G. O'Neill** of **Crossville, TN.**

a Will has been admitted to informal probate.

**John G. O'Neill** of **Crossville, TN** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/21/16

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1724EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Donald F. Berry
**Date of Death:**
May 6, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Nancy A. Antoniou** of **Rockland, MA.**

a Will has been admitted to informal probate.

**Nancy A. Antoniou** of **Rockland, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/21/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-048

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 9, 2016** at **7:15 pm** on the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Hancock Street Car Wash, Inc. for a Special Permit/Appeal/Finding to appeal the Building Commissioners denial for a permit to replace nonconforming sign in violation of Title 17 as amended Chapter 5.3.5.1 (definitions), Chapter 5.3.9.6 (other ground signs), Chapter 3.1 (1.2.3.4 & 6) (nonconforming uses and structures), Chapter 3.4.2 (nonconforming uses), Chapter 3.4.3 (nonconforming structures) and Chapter 5.3.9.6B (signs, masimum of 2 faces) on the premises numbered 827-841 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/21/16, 7/28/16

## CASH FOR HOUSES

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ANY CONDITION, AREA OR ISSUE
QUICK CLOSINGS
NO REALTOR COMMISSIONS
**(617)249-3961** 7/21

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**LPN/Care Giver**
seeking F/T employment
*Experienced in Dementia/ Alzheimer's.*
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**Great References**
***617-960-6613*** 7/21

## PERSONAL

**Thank You Sr. Bridget Haase**
*for all you do for everyone you know and sometimes for those 'you don't know!'* 7/21

***Happy Birthday Fallyn Scott***
07-20-16
MOMMY, MIA, GEORGIA, ROWAN, JOVI, NANNY AND PAPA 7/21

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## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-049

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 9, 2016** at **7:15 pm** on the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Lisa Johnson for a Variance to construct a new front porch in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 51 LYONS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/21/16, 7/28/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-050

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 9, 2016** at **7:15 pm** on the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Qiong Lin for a Variance/Finding to change the home from a single family residence to a two family residence in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures), Chapter 4.0 (dimensional requirements) and Chapter 5.0 (general regulations, parking) on the premises numbered 48 NEWTON AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/21/16, 7/28/16

# CLASSIFIEDS

ANIMAL SHELTER ANIMAL SHELTER

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**CC:** 7, female, calico
**Brady:** 3, male, orange & white
**Mimi:** 3, female, tabby
**Casella:** young, female, tortie
**Coco:** 2, male, black
**Dahlia & Lily:** 6, sisters
**Mitzi & Mucky:** 10, females, gray

**PLEASE RECYCLE THIS NEWSPAPER**

JOB WELL DONE JOB WELL DONE

*Cont'd from Page 24*

deal online or in a store. I have so many stories of scams from door to door sales that range from being scammed out of money to being robbed and assaulted.

My recommendations:

1. Don't open the door to strangers. Talk through the door. Don't leave yourself vulnerable.

2. Even if it sounds legit, give QPD a call so we can see if they are registered with us and a background investigation was done on each solicitor.

3. Many of the complaints with the energy offer solicitations are high pressure tactics, demanding to see your energy bill or belittling you for not "saving money."

4. Never let any solicitor use your bathroom. A quick check of your medicine cabinet or a step into your bedroom, where your jewelry box may be, can result in your loss.

5. Please, please, call the Quincy Police so that we can check out door to door solicitors, for your safety as well as your neighbors.

Remember, they are going door to door so your neighbor could be the next scam victim.

6. Solicitors are required to have a photo ID issued by the city as proof that they have been checked out. A photo ID from their company is not the same thing.

7. If you choose to do business with the various solicitors, first check online by googling the name of the company with the word "scam" and a second time with "reviews" after it to see what others say.

**SOME LOCAL SCAMS:**

• Quincy Ave. senior allows someone claiming to be from a Utility Company in their house to check a meter. Money was stolen.

• Fake Water Department employee told senior to go upstairs and flush toilet 10 times, while he flushed him out of cash and jewelry.

• Don't let anyone in your house to use the bathroom. That is where your medication is often stored and your jewelry can be nearby.

• Magazine subscription door-to-door. The price is much higher than offers online and it is unlikely you will ever get a delivery.

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**9AM-1PM**
**24 Joan Drive, Quincy**
7/21

MISCELLANEOUS

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**MISCELLANEOUS**

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❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

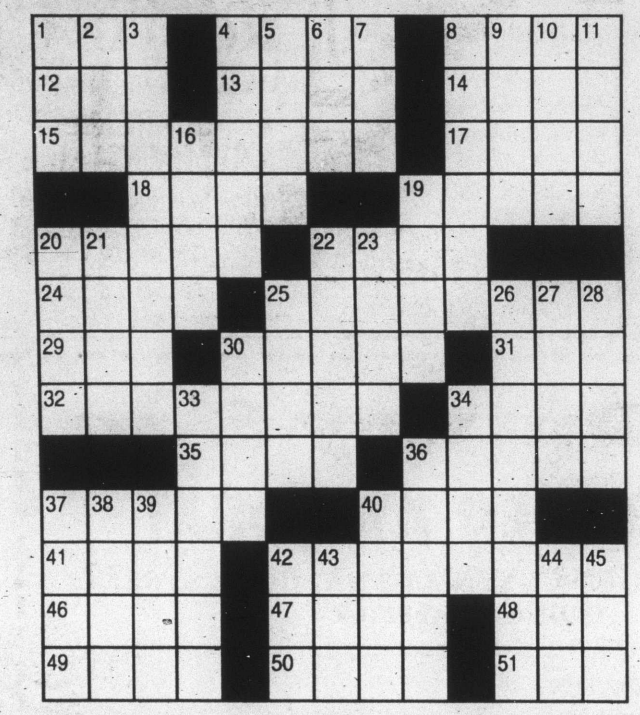
COPY: _____

# SUN FUN PAGE

## King Crossword

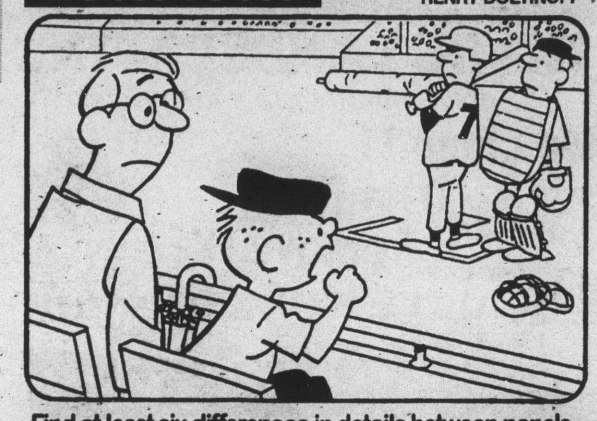
**ACROSS**
1 Rd.
4 "Little Women" woman
8 Colorless
12 Wrestling win
13 Met melody
14 Libertine
15 Vindicating
17 Count counterpart
18 A billion years
19 Gold measure
20 Heathen
22 "Just the facts, --"
24 Low-pH
25 Gaffer's responsibility
29 Pale
30 Wise lawgiver
31 Born
32 Tabloid event re Elvis
34 Check bar codes
35 Highly-rated
36 Upper crust
37 Tweet
40 Elevator name
41 Parliament figure
42 At it
46 First victim
47 Between jobs
48 Compete
49 Inquisitive
50 Active sort
51 Shade provider

**DOWN**
1 Spring mo.
2 Twilight hour, in a way
3 Attractive
4 Majorette's prop
5 Burnett of CNN
6 Can makeup
7 Crone
8 Fantasized
9 Bellow
10 Emanation
11 Region
16 Boss
19 Actress Madeline
20 Handles clumsily
21 Antioxidant berry
22 Winnie-the-Pooh's creator
23 Enthusiastic, plus
25 Pork cut
26 Impressively direct
27 Spruced up
28 Kelly or Hackman
30 Halt
33 Almost not at all
34 Skirt feature
36 Old anesthetic
37 Family
38 Vagrant
39 Ticks off
40 Leer
42 Newton fruit
43 Bachelor's last words
44 Zero
45 Sparkler

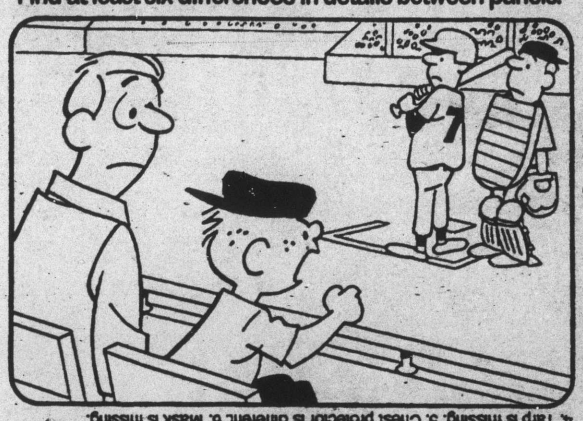


## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Glasses are missing. 2. Umbrella is missing. 3. Arm is moved 4. Tarp is missing. 5. Chest protector is different. 6. Mask is missing.

New! 24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: Where are the Atlas Mountains located?

2. LITERATURE: Who wrote an 1841 essay called "Self-Reliance"?

3. AD SLOGANS: Which fast-food company urged customers to "think outside the bun"?

4. MUSIC: Which band performed the gender-bending hit "Lola"?

5. PSYCHOLOGY: What is the fear represented in panophobia?

6. MOVIES: Which movie contains the line, "The problems of three little people don't amount to a hill o' beans in this crazy world"?

7. FIRSTS: Who was the first recorded person to swim the English Channel?

8. ART: Who painted the 1665 work titled "Girl with a Pearl Earring"?

9. U.S. PRESIDENTS: Who were the two presidents whose first names were Andrew?

10. FOOD & DRINK: The hybrid Ugli fruit is a cross between which three fruits?

**Answers**
1. Northwest Africa.
2. Ralph Waldo Emerson
3. Taco Bell
4. The Kinks
5. Fear of everything
6. "Casablanca"
7. Capt. Matthew Webb
8. Johannes Vermeer
9. Andrew Jackson and Andrew Johnson
10. Tangerine, orange and grapefruit

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## Salome's Stars

**ARIES** (March 21 to April 19) A misunderstanding tests the temperament of the sometimes headstrong Aries. Instead of blowing your top, take time for a pleasant diversion while things cool down.

**TAURUS** (April 20 to May 20) A workplace problem could make the divine Bovine see red. But talk it out before you consider walking out. Some surprising facts emerge that change your earlier focus.

**GEMINI** (May 21 to June 20) You face a choice between ignoring your uneasy feelings about your relationship with that special person and demanding explanations. A close friend offers wise counsel.

**CANCER** (June 21 to July 22) A change you'd been hoping for carries an unexpected complication. Stay the course, and things will work themselves out. Be sure to make time for family and friends.

**LEO** (July 23 to August 22) Aspects favor spending time with loved ones. On the job, new ideas are generally welcomed. But some demands for changes could cause problems. Be ready to defend your choices.

**VIRGO** (August 23 to September 22) Good news: That workplace problem is close to being resolved with results that should please everyone. Take time off to indulge your love of fun and games.

**LIBRA** (September 23 to October 22) Most of the time you are the most unflappable person around. But be ready to be thrown off-balance in the nicest way when Cupid takes aim in your direction.

**SCORPIO** (October 23 to November 21) It's not often when someone tries to "sting" the sharp-witted Scorpion. But it can happen. Continue to be skeptical about anything that seems too good to be true.

**SAGITTARIUS** (November 22 to December 21) Your strong sense of self-esteem helps you serve as a role model for someone who needs personal reassurances. Your efforts pay off in an unexpected way.

**CAPRICORN** (December 22 to January 19) Someone close considers revealing a painful secret. Withhold judgment. Instead, open your generous heart, and offer dollops of your love and understanding.

**AQUARIUS** (January 20 to February 18) Your talents as a peacemaker are called upon once more as an old problem re-emerges with new complications. Move cautiously in order to avoid falling into hidden traps.

**PISCES** (February 19 to March 20) Your artistic side is enhanced with the reception given to your new project. Use this success as encouragement toward fulfilling your larger goals.

**BORN THIS WEEK:** Your natural sense of leadership is combined with a deep sense of responsibility. People trust you to give them both guidance and understanding.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals L

SWHO MI H SHF OE BMRZYF
OZYY H VZQIEB WZ WHI SHOZQ
GQEVYZOI EB WMI YHSB?
SMOW HYY GZS QZIVZRO.

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CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## MAGIC MAZE ● — PARK

T F C Z W T Q N C K D I F C Z
L W U R P M J E H R R E C Z X
U A S Q N L N L J E O G E C Z
X V I T T T R B A T F P N L J
H E K R R H C U A N S Y W V T
R P N A T L Y O K I O I S G E
C E L I O S B D Z W G I E L X
W U M L AMUSEMENT L S
R P O E F I L D L I W M S A L
J I G R H E D T N O M L E B N
B A Y X W T U L A I R O M E M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Amusement, Ball, Belmont, Double, Estes, Gosford, Hyde, Industrial, Memorial, National, Oak, Theme, Trailer, Wildlife, Winter

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## Wishing Well®

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 8 | 3 | 7 | 5 | 2 | 7 | 4 | 8 | 4 | 8 | 5 | 4 | 2 |
| B | C | L | C | S | I | E | E | A | T | H | S | T |
| 7 | 6 | 2 | 6 | 2 | 7 | 2 | 5 | 4 | 6 | 5 | 8 | 6 |
| V | A | I | D | C | I | K | E | Y | A | E | O | Y |
| 5 | 7 | 3 | 6 | 3 | 4 | 7 | 6 | 8 | 6 | 3 | 5 | 4 |
| R | N | H | T | E | G | G | O | L | R | E | I | O |
| 2 | 3 | 4 | 6 | 7 | 2 | 7 | 2 | 3 | 7 | 5 | 2 | 4 |
| T | R | I | E | R | O | O | Y | F | U | S | O | N |
| 7 | 2 | 7 | 6 | 5 | 2 | 7 | 6 | 3 | 5 | 7 | 5 | 7 |
| T | U | I | M | Y | R | N | E | U | O | E | U | C |
| 8 | 7 | 4 | 3 | 6 | 8 | 2 | 6 | 5 | 2 | 7 | 2 | 7 |
| E | H | G | L | M | R | G | B | R | U | A | N | N |
| 3 | 5 | 2 | 8 | 7 | 8 | 6 | 7 | 3 | 8 | 6 | 7 | 3 |
| D | S | S | A | G | N | E | E | A | T | R | D | Y |

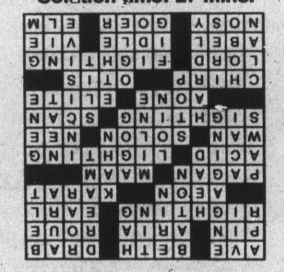
**HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.**

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## — King Crossword —

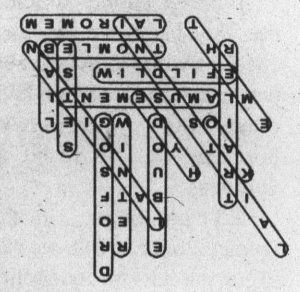
*Answers*

Solution time: 27 mins.



## Magic Maze

*ANSWERS:*



**Cyptoquip**
*ANSWER:*

What is a way to nicely tell a person he has water droplets on his lawn?
With all dew respect.



**BIRDS-EYE VIEW of the construction work for the new Adams Hancock Green on Hancock Street between the United First Parish Church (left) and Old City Hall (James R. McIntyre Government Center, right). The park will extend from Washington Street (foreground) to near Temple Street and historic Hancock Cemetery (about where a large crane can be seen). This photo was taken from atop the eighth floor of Presidents Place July 15. Visible in the foreground is conduit work being finished for Verizon. Seen in the background is the 60-ton crane that installed a Verizon manhole and a National Grid manhole in the area once known as "Christmas Island." This portion of Hancock Street was closed to vehicular traffic June 24. The park is expected to be completed late 2017 or early 2018.**

*Quincy Sun Photo/Robert Bosworth*

# 50 DAYS of "FREE"DOM

## 50+ FREE events ★ June 11-July 30

## Quincy, City of Presidents

## Featured Events July 20-27

### Wednesday, July 20, 2016

**Wolly Beach Wednesdays**
**Discover Quincy**
**Wollaston Beach, Quincy Shore Drive**
**All day**
**Free**

Discover Quincy hosts childrens entertainment at 10am, lawn games all day and live music 6-8pm. This week we are across from The Clam Box with Silly Sally's entertainment at 10am and live music with Lil' Miss Sophia at 4:30pm and Idle Rumors at 6pm. Visit us each Wednesday until July 27. Events sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation & Recreation.

### Thursday, July 21, 2016

**Book & Boogie**
**Wollaston Beach**
**Quincy Shore Drive at East Elm Ave**
**6:00 p.m. - 8:00 p.m.**
**Free**

Bring a used children's book to swap at this family friendly dance party hosted by the Friends of Wollaston Beach. Event sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation & Recreation.

### Thursday, July 21, 2016

**Lawn Concerts @ the Crane Boston Road**
**Friends of the Thomas Crane Public Library**
**Thomas Crane Public Library Lawn**
**40 Washington Street**
**7:00 p.m. - 8:00 p.m.**
**Free**

Boston Road's traditional and modern bluegrass music features a groove they call "the engine". It's the result of Pete Vegeto's rhythm guitar working with Rick Posch's standup bass and Claude Galinsky's vintage mandolin. Instrumentally, the band also features Matt Valencius' banjo. Singer Kristen Vegeto, along with Pete, Claude and Rick do the Roadsters' vocal duties, providing powerful two-, three- and four-part harmonies.

### Thursday, July 21 - Sunday, July 24

**Quincy Bay Race Week**
**Quincy Yacht Club**
**1310 Sea Street (Thu-Fri)**
**Squantum Yacht Club**
**646 Quincy Shore Dr (Sat-Sun)**
**Registration fee for regatta participation.**

Eight South Shore Yacht Clubs make up the Quincy Bay Race Week Association and the 79th Annual Regatta starts with the Inside Line Racing for junior sailors in the N-10, Optimist and Laser fleets on July 21 and 22. Adult racing on the Outside Line features 210, Club 420, Hustler, Laser, Multihulls, Rhodes 19 and Thunderbird Classes on July 23 and 24. Spectators can view from various locations along the Quincy shoreline.

### Friday, July 22, 2016

**Art Walk Fridays**
**Quincy Point**
**5:00 p.m. - 8:00 p.m.**
**Free**

Quincy's proud shipbuilding history comes to life aboard the USS Salem; a Cold War-era heavy cruiser. With free admission to the USS Salem, visitors will also enjoy live music from the Music Makers and lawn games onboard. Self Made Designs will host an Open Studio for visitors to tour their street art and recording studio. The full schedule is available online at DiscoverQuincy.com and at participating locations.

### Saturday, July 23, 2016

**Quincy Militia @ EMass Seminoles**
**West Roxbury Educational Complex**
**1205 VFW Parkway, Boston**
**8:00 p.m.**
**Admission Fee**

Cheer on Quincy's hometown semi-pro football team, the Quincy Militia as they travel to Boston to play the EMass Seminoles. Teams belong to the Eastern Football League. Food and merchandise concessions are open.

### Sunday, July 24, 2016

**Lincoln Hancock Pool Open House**
**Lincoln-Hancock Community Pool**
**300 Granite Street**
**1:00 p.m. - 3:00 p.m.**
**Free**

The Quincy Recreation Department welcomes all to enjoy free recreational swimming at Quincy's indoor community pool. The pool is open daily and schedule includes times-specific for adult, family, and senior swims. Annual memberships are available. Family $135.00: Two adults and all family members age 6-18. Adult $100, Senior or Youth $70.

DISCOVER QUINCY City of Presidents

**Discover Quincy**

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 11, we welcome you to participate in over 150 events.

★ Red Star = Free ☆ White Star = donations accepted ★ Blue Star = admission

## Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

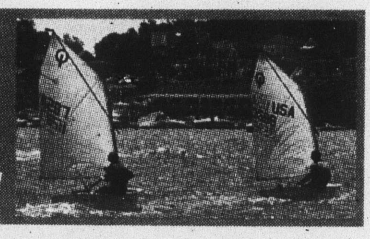
## For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117

2 **********CAR-RT LOT**C-004
THOMAS CRANE PUBLIC LIBRARY
40 WASHINGTON ST
QUINCY MA 02169-5304



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# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 45 | Thursday, July 28, 2016 | 75¢



**WINGIN' IT – An adult Osprey soars over Blacks Creek as it returns to a nest near Caddy Park with half a fish to feed two young chicks. A group of volunteers recently banded two pairs of Osprey chicks nesting in Quincy. Story, other photos on Pages 16 and 17.**

*Quincy Sun Photo/Robert Bosworth*

## Ferry Service Launches Monday

*Links Squantum To Rowes Wharf, Spectacle Island Through Oct. 30*

By SCOTT JACKSON

Residents were supportive of a pilot program that will offer ferry service which will link Squantum Point Park with Rowes Wharf and Spectacle Island beginning Monday, Aug. 1, which officials hope will set the stage for expanded service in the years to come.

A standing-room only crowd of some 200 people attended a community meeting on the pilot program July 21 at 500 Victory Rd. inside Marina Bay. In a show of hands, about three-quarters of those in attendance said they supported the plan to bring ferry service to Squantum Point Park; only a handful raised their hands to indicate they were concerned about the idea.

Schedule On Page 13

*Cont'd On Page 13*

## Changes Coming To FR Field

By SCOTT JACKSON

New improvements are coming to Fore River Field and Mound Street Beach, which Ward 2 Councillor Brad Croall said would create a "recreation destination for all people."

The planned improvements to Fore River Field include a new inclusive playground – the city's first – as well as a new center for senior citizens inside the Fore River Clubhouse. The city's master plan for the park also includes a new bathroom

*Cont'd On Page 2*

## 'Christmas In July' Thursday Benefits Salvation Army

The Salvation Army of Quincy will hold its third annual "Christmas in July" fundraiser today (Thursday) from 8 a.m. to 6 p.m. outside The Quincy Sun office, 1372 Hancock St., Quincy Center.

The familiar red kettle – ubiquitous during the winter weeks leading up to Christmas – will be set up outside the Sun office for 10 hours today. Some 40 volunteers from throughout the community will be ringing the bell to raise money for The Salvation Army.

"Christmas in July is our one-day campaign in the summer to remind everyone that The Salvation Army is here in Quincy all year round," said Capt. Timothy Ross, Quincy Corps Officer. "The Salvation Army provides a variety of services all year long, such as food pantry and emergency services as well as youth programs that take place all year long, and not just Christmastime. These funds raised in July will continue to help support these services."

Capt. Ross said some folks are surprised to learn how many people struggle to make ends meet month to month. "It could be someone who just came across some hard times and are in need of a little extra help," he said.

Volunteers will be ringing the bell next Thursday in a festive, holiday-like atmosphere. There will be holiday music, a Christmas tree decoration and a visit by Santa Claus.

Here are the list of volunteers who are participating in next week's fundraiser:

• **8 a.m. to 9 a.m.**: Robert Bosworth, publisher, The Quincy Sun and Salvation Army Advisory Board; Amy Bosworth; Cathy Birchmore, Barbara Clarke, Salvation Army Board and Dorothy Newell, Salvation Army Board.

• **9 a.m. to 10 a.m.**: Don Uvanitte, Eastern Insur-

*Cont'd On Page 10*

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Original 'Walk Of Names' Bricks Pick-Up - *Page 9*
Discover Quincy Events Friday, Saturday - *Pages 11, 20*

More Quincy news:
The Quincy Sun.com

# Fore River Field, Mound St. Beach Changes In Ward 2

## 'Around The Wards'

*The Quincy Sun* is running a series of articles this summer highlighting the city's six wards. "Around The Wards" this week features Ward 2 and an interview with city councillor Brad Croall.



**WARD 2 COUNCILLOR Brad Croall stands at the spot where home plate will be placed in the new baseball diamond at Fore River Field. Croall said changes included in a master plan for the field – including an inclusive playground – would make Fore River Field "a recreation destination for all people." As part of the plan, the Fore River Clubhouse could be utilized as a senior center.**

*Quincy Sun Photo/Robert Bosworth*

*Cont'd From Page 1*

facility; a rebuilt baseball field and basketball, tennis and street hockey courts; and new recreation space for activities popular among seniors, such as bocce or pickleball.

Croall recently discussed the improvements to Fore River Field and Mound Street Beach, which includes some 15 acres of land combined. The first phase of work – including the new baseball diamond – began this spring.

"I believe that when you look at Fore River Field and Mound Street over the next several years, you will see a recreation destination for all people. I'm very excited to begin the work on what is a master plan, and much needed improvement for the area," Croall said.

"This would not be possible without the successful financial advocacy of Ward 2 State Rep. Ron Mariano, Mayor Koch and the Community Preservation Committee. The end goal with this project is to service the children, families, individuals and seniors living in the city of Quincy and I'm confident we will get there. Ninety percent of these projects, I'm finding, are about timing – and we timed the first phase of this revitalization plan nicely."

Croall recently helped raise $30,000 to help cover the costs of the inclusive playground, the construction of which is expected this fall. The playground, the first of its kind in Quincy, "will provide amenities to accommodate all children's abilities and also built to service mobility devices," the councillor explained.

"The idea was brought to my attention by the community at-large. Personally, I spend a lot of time thinking about the ward I represent and how I can work with people to solve problems. After hearing there was a demand for such a playground, and learning the city did not have one, I spoke with the Park Director Chris Cassani and we agreed it was a great idea," Croall said.

"The timing was perfect as we had a major park improvement plan already underway. The plan was still in its early stage of development, which allowed us to look at this concept and modify the playground design.

"I was notified that the shortfall would be $30,000 to cover the installation

*Cont'd On Page 12*




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Mon - Thurs: 8:00am - 6:15pm /// Fri: 9:00am - 2:00pm /// Sat & Sun: CLOSED

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# MBTA Track, Signal Work At Quincy Red Line Stations

The MBTA will undertake $18.5 million worth of winter resiliency improvements on the Red Line this fall, including work that will be done at stations throughout Quincy.

The track work along the Braintree Branch of the Red Line will result in six weekend closures this fall, with bus service replacing train service.

The MBTA Fiscal and Management Control Board on Monday unanimously approved the awarding of a $18.5 million construction contract for the next phase of Red Line winter resiliency improvements announced by the Baker-Polito Administration last year, amounting to $30.4 million total for infrastructure upgrades in preparation for the upcoming winter.

As part of the second phase of winter resiliency work, the MBTA plans to replace 9.9 miles of third rail and associated heating systems on the Red Line, including the portion of the Braintree branch between Quincy Adams and Braintree stations as well as the entirety of the Ashmont Line. The third rail along the Braintree branch between Andrew and Quincy Adams was previously replaced.

Additionally, signal trough and conduit installation will take place between the North Quincy and Braintree Stations and track structure replacement will be undertaken at Quincy Center, Quincy Adams, and

*Cont'd On Page 11*



**THE MBTA'S Fiscal and Management Control Board Monday approved $18.5 million for Red Line Winter Resiliency and Infrastructure work including track structure replacement at Braintree, Quincy Adams and Quincy Center (photo above) stations. The track work along the Braintree Branch of the Red Line will result in six weekend closures this fall, with bus service replacing train service.** *Quincy Sun Photo/Robert Bosworth*

# Quincy Awarded $28.5M For New Sterling Middle School

**By SCOTT JACKSON**

The Massachusetts School Building Authority has voted to give Quincy up to $28.52 million for the construction of the new Reay E. Sterling Middle School, which has an estimated price tag of $58 million.

The MSBA's board of directors voted to approve funding for the project July 20. Dr. Richard DeCristofaro, superintendent of Quincy Public Schools, was present for the board's vote.

"I am very, very excited. It was nice to be in there and I'm so proud of our city," DeCristofaro said in a phone interview. "It was a very exciting morning."

Chris Walker, spokesman for Mayor Thomas Koch, said the July 20 vote was a great step in the right direction.

"The mayor is very much looking forward to getting a shovel in the ground," Walker said. "We still have a number of steps to go with the City Council, the School Committee and our state partners, but this is a great step in the right direction."

Ward 4 Councillor Brian Palmucci welcomed the news, saying a new Sterling is needed to help educate students.

"I think it's exciting news. The new Sterling has long been talked about and anyone who has been in that school in the last 10 years knows it shows its age," Palmucci said. "If we want to be a first class city and educate our students for college and/or careers, we need appropriate facilities to do that.

"The new Sterling is something residents have long desired and the community deserves."

DeCristofaro said the estimated cost to build the new school is $58 million. As part of the next step in the process, the City Council will be asked in September to approve funding for the project.

"[The MSBA] has been great to the city. Their approval really opens the next door for the project and we will begin working with the City Council in September," DeCristofaro said. "We will have the whole cost in front of them at that time."

If the council approves the funding, the superintendent said the next step would be to reach a project funding agreement with the MSBA. That agreement details the project's scope and budget, along with conditions under which Quincy will receive funding from the state agency, and could be finalized by the end of October.

DeCristofaro said construction of the new facility could begin as soon as May or June of 2017. The school could be ready to open as soon as January 2019, depending in part on how mild the two intervening winters are. Students will be moved into the new school as soon as it is ready.

"They deserve to be in there as soon as possible, as long as it is safe and great for their education," DeCristofaro said.

The new Sterling – a 95,155 square foot facility –

*Cont'd On Page 11*


Got taste?

Quincy Farmers Market
Fridays 11:30-5:00
Pageant Field

Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



CARING FOR YOUR JEWELRY

To make sure that your jewelry is properly maintained, have it inspected and professionally cleaned by a jeweler at least once a year. This provides the jeweler with an opportunity to look for signs of damage or wear. Some pieces require an even closer inspection after a few years. For instance, watches are likely to need to have their gaskets replaced every five to seven years to ensure that they will remain waterproof. Rings often become caked with lotion and dirt under their prongs, which may compromise settings and even damage certain gemstones. What may be a proper cleaning method for one gemstone may damage more porous stones. Professional cleaning ensures proper care of your fine jewelry.

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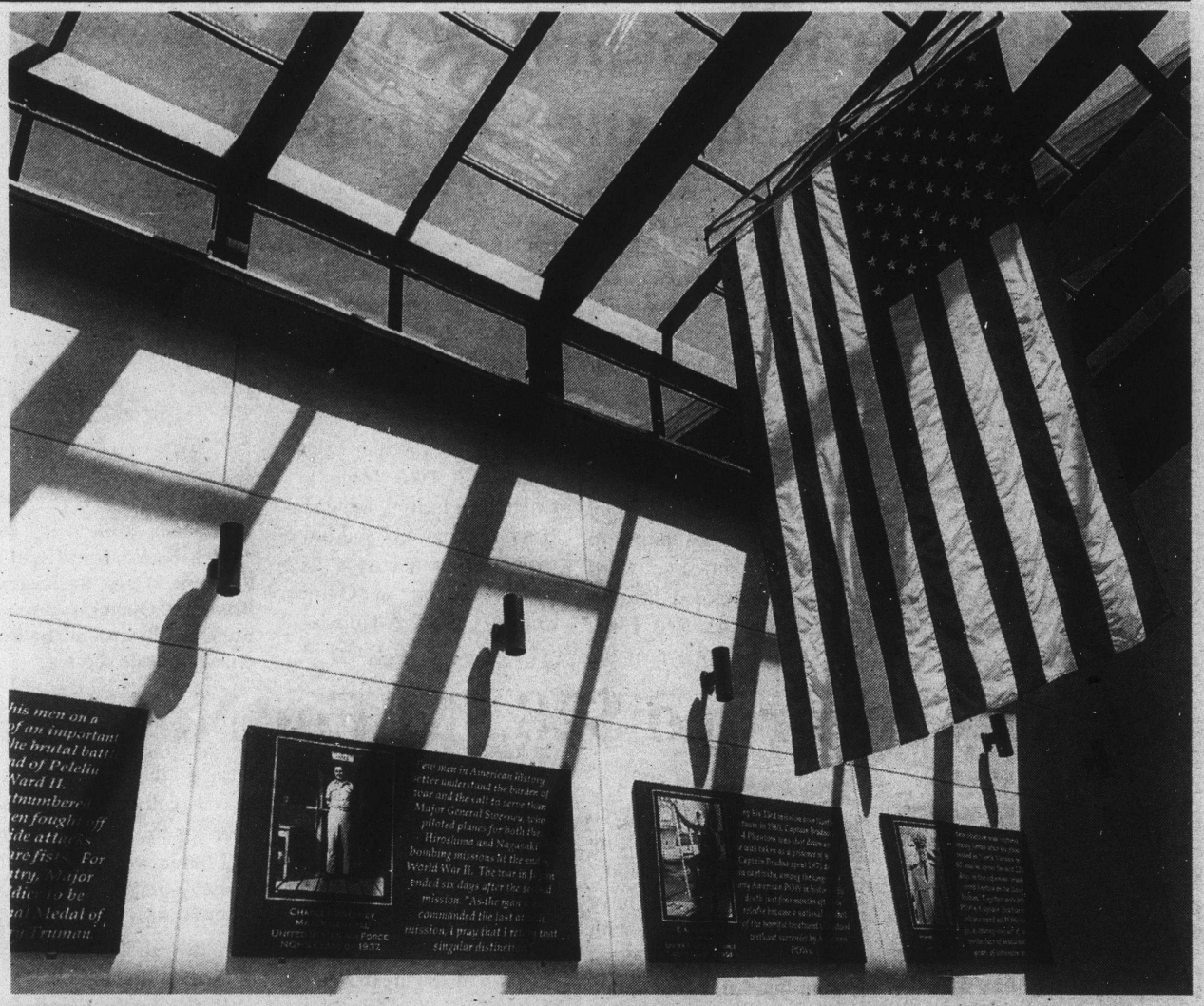
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**LARGE AMERICAN FLAG hangs inside the North Quincy High School Atrium of Honor. One atrium wall is adorned with panels honoring five North Quincy High School students and graduates who served with distinction in this nation's military during times of war.** *Quincy Sun Photo/Robert Bosworth*

# North Quincy H.S. Atrium Of Honor:

## Tribute To Brave Students Who Served Their Country

**Editor's Note:**

The following story was written and submitted by Eddie Merrigan, a 2016 graduate of North Quincy High School. Eddie is one of the four local high school graduates who received the Henry W. Bosworth Memorial Scholarship presented by *The Quincy Sun* this spring.

Eddie studied journalism at NQHS and one of his assignments was a free write. He said he was intrigued by the Atrium of Honor at the school. The Atrium honors North Quincy High School students and graduates who have served in the U.S. military. This includes two Medal of Honor recipients, Everett Pope and William Caddy. Wall panels are dedicated to Pope, Caddy, E. Alan Brudno, Richard Stratton, and Charles Sweeney.

Eddie researched the servicemen who are honored on the five panels in the atrium. What follows is his research in his own words. He will be attending the University of Massachusetts Boston in the fall.

Thank you Eddie for sharing your article with our readers.

**By EDDIE MERRIGAN**

How many students really look up at the plaques in the Atrium of Honor? Sure, many students probably see them out of the corner of their eyes, but does anyone really know what these brave men did?

The North Quincy High Atrium of Honor is a tribute to the brave former students that decided to join the military and fight when their country needed them. The Atrium contains a banner featuring the names of former students that died serving in the military after graduating, and a quote by General George S. Patton on one of the walls.

"North Quincy High students walking these halls in the future will see the atrium and know that 65 Red Raiders made the ultimate sacrifice," General Joseph Dunford said of the banner. "A collaborative effort has been made to research and include every member of North's alumni who sacrificed their lives," said former North Quincy principal Earl Metzler. However, "We are aware that the list is not an exhaustive list, and several names will be added."

The banner certainly is stunning, but the real attractions are the five giant panels dedicated to five specific North Quincy High veterans: William Robert Caddy, Everett Parker Pope, Charles Sweeney, E. Alan Brudno, and Richard Allen Stratton. Caddy, Pope, and Sweeney served during World War II, while Brudno and Stratton served during the Vietnam War.

The first panel is dedicated to **William Caddy**. Caddy was born on Aug. 8th, 1925. A Quincy native, he attended Quincy schools before dropping out of North Quincy after 10th grade.

For the duration of his civilian life, Caddy worked on a milkman's truck, earning $25 a week (and giving most of this money to his mother). He joined the marines on October 27th, 1943 through the draft, but wasn't put on active duty until November 10th. After extensive training, Caddy was assigned to the 5th Marine Division, and later (on Jan. 5th, 1945) boarded transport to the island of Iwo Jima. Caddy's division was met with strong opposition upon landing, and on March 3rd (just 12 days after arriving) Caddy, his platoon leader, and acting platoon Sergeant were advancing against enemy machine gun fire. In an attempt to take cover from the fire, the three men jumped into a shell hole.

Pinned down by sniper fire, a hand grenade battle ensued. When an enemy hand grenade landed near the soldiers, Caddy covered it with his body, absorbing the explosion and killing him instantly. Both marines he saved would go on to survive the war. Caddy received the Medal of Honor posthumously on September 8th, 1946. The ceremony was held on the lawn of Montclair Elementary School.

The next panel is dedicated to **Everett Pope**. Born on July 16th, 1919 in Milton, Pope would later move to North Quincy and graduated from North Quincy High in 1936. After graduation, he attended Bowdoin College before joining the Marine Corps in 1942.

Pope fought in the Pacific campaign, and on Sept. 20th, 1944, set out with his company to assault Hill 154, a coral hill sticking out of the face of Suicide Ridge. After a long and rough fight against enemy mortars and field guns, Pope and his men took the hill at dusk. Pope was determined to hold onto the hill, and was forced to spread the men thinly. Japanese attacks began as soon as darkness fell, and the units got bigger when the attacks began to fail.

The Marines had limited weapons, but used everything they had to take the hill. When grenades began to run low, they began to start throwing rocks along with grenades in order to confuse the enemy. At sunrise (when ammo ran out) the marines used their fists and ammunition boxes to push the attacks back. Finally, only eight men remained, and Pope was forced to retreat. For his actions on Hill 154, Pope received the Medal of Honor and the Purple Heart.

The third panel of the atrium is dedicated to **Charles Sweeney**. Born on Dec. 27th, 1919, Sweeney later joined the United States Army Air Force (the nation's air force before the United States Air Force branch of the military was established). During his service, Sweeney was selected to serve as an instructor for the atomic bomb training project. He was later chosen to become part of the 509th Composite Group, and became commander of the 320th Troop Carrier Squadron. He became commander of the 509th's combat section on May 4th, 1945 and was also ordered to take charge of the second atomic bomb mission.

*Cont'd On Page 27*

# Moments in time

THE HISTORY CHANNEL

• On **Aug. 14, 1784**, a Russian fur trader founds Three Saints Bay, the first permanent Russian settlement in Alaska. In 1867, Secretary of State William H. Seward signed a treaty with Russia for the purchase of Alaska for $7.2 million, a bargain at 2 cents an acre.

• On **Aug. 10, 1846**, President James Polk signs the Smithsonian Institution Act into law. In 1829, James Smithson died, leaving behind a will giving money to the United States for the creation of the "Smithsonian Institution" and a fortune worth well over $500,000.

• On **Aug. 13, 1899**, Alfred Hitchcock, the macabre master of moviemaking, is born in London. His innovative directing techniques made "The Master of Suspense" one of the most influential filmmakers of the 20th century.

• On **Aug. 11, 1965**, in the Watts neighborhood of Los Angeles, two white policemen scuffle with a black motorist suspected of drunken driving, sparking a riot. Five days of violence left 34 people dead, 1,032 injured and nearly 4,000 arrested.

• On **Aug. 8, 1974**, with impeachment proceedings underway, President Richard Nixon announces he will resign as president of the United States.

• On **Aug. 9, 1985**, Arthur Walker, a retired U.S. Navy officer, is found guilty of espionage for passing top-secret documents to his brother John, who then passed them to Soviet agents. John Walker, also a Navy veteran, had been involved in spying for the Soviets since 1968.

• On **Aug. 12, 1990**, fossil hunter Susan Hendrickson finds three huge bones jutting out of a cliff near Faith, South Dakota, part of the largest and most complete Tyrannosaurus rex skeleton ever discovered. Nicknamed "Sue," the skeleton is 42 feet long, and its massive 2,000-pound skull has 58 teeth. It can be seen today at the Field Museum of Natural History in Chicago.

*(c) 2016 King Features Synd., Inc.*

# Frank Kelly Meet Friday

The Frank Kelly Memorial Meet will be held Friday, July 29 at the Faxon Field Track, 86 Coddington St., Quincy.

Registration begins at 5:30 p.m. and the events start at 6 p.m.

Registration on site only; no pre-entry.

Entry fee is $5 (free for 4 and younger mini-dash).

All boys and girls ages 4 and under and up to age13-14 are welcome to participate. Age as of day of meet.

Place ribbons to all running event finishes 1-6.

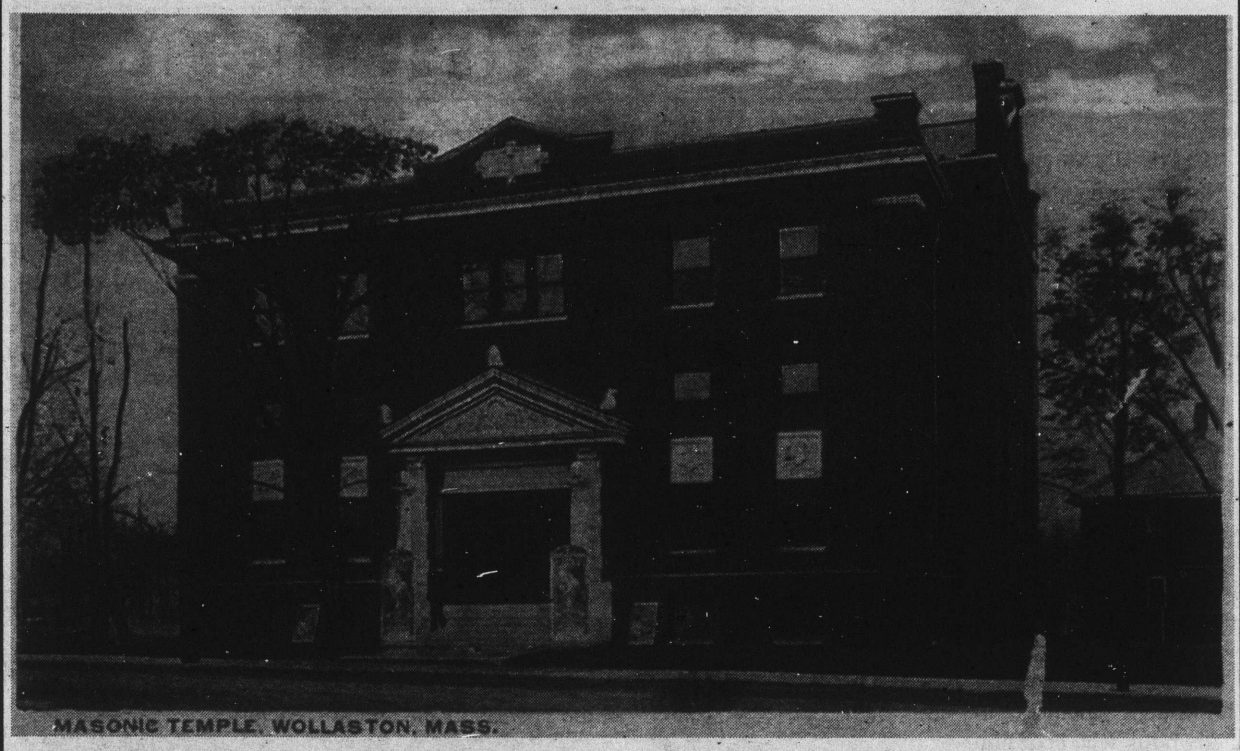
Participant ribbons with performance written on it to all field competitors.

Running events include 800 meters, 400m, 200m, 100m, hurdles and 4-under mini dash for boys and girls at the 50 yard start on homestretch.

Field events offered include standing long jump, softball throw, running long jum, turbo javelin, shot-put and high jump.

For more information call meet director Geoff Hennessy at 617-510-1456.

# Scenes From Yesterday



MASONIC TEMPLE, WOLLASTON, MASS.

**THIS IS A 1924 postcard view of the old Masonic Temple building at 25 Beale St. in Wollaston Center. It was built on the old William Faxon estate that during the 19th century included most of the land that now comprises Wollaston Center west of Hancock Street. This building served the community in many ways. It was the home of the Wollaston Women's Club. It housed the first Wollaston Theater and Saint Ann's Parish celebrated their first Masses here. It later was home to the Wollaston American Legion Post 295. Demolished several years ago the site is now occupied by a branch office of Santander Bank. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# Quincy's Yesterdays

This Week
**1980**
36 Years Ago

## New E-W Connector Would Raze Five Downtown Buildings

Five downtown Quincy buildings housing 12 current or former business establishments would be demolished to make way for the proposed Revere Road Connector.

A public hearing on the route proposed by the State Department of Public Works has been all but assigned after 45 downtown businessmen and others petitioned for it.

The connector is designed to hook up with the Burgin Parkway (Upland Road) Extension which in turn is designed to bring traffic from the South Shore into downtown Quincy.

(This roadway eventually became the Mayor Walter Hannon Parkway that opened in 2011 connecting McGrath Highway and Revere Road to the Sen. Paul Harold Memorial Bridge and the Burgin Parkway.)

**CABLE TV IN QUINCY STILL 1 1/2 YEARS AWAY**

Cable television in some 50 percent of the homes in Quincy is still at least a year and a half away.

**George Riley**, chairman of the Mayor's Advisory Committee on Cable Television, told a hearing Monday that his group probably would make its recommendation to **Mayor Arthur Tobin** around Labor Day. After that, he said, the bidding process, including public hearings, will take more time and then it will be 15 to 18 months for the winning company to construct facilities in the city.

**QUINCY-ISMS**

**Robert Leo Eng**, commander of Quincy Legion Post, presented American Legion Awards to Central Junior High School students **David Marcham** and **Lori Kelly** for exemplifying courage, excellence and scholarship... **Michael J. Trifone**, son of Mr. and Mrs. Nicholas Trifone of Quincy, recently graduated from Cushing Academy with recognition in varsity football, wrestling, track and baseball... **Peter J. Cattaneo**, 35 Barry St., West Quincy, was named to the dean's list for the spring semester at Fitchburg State College... **Mr. and Mrs. John Munn**, 45 Riverside Ave., Adams Shore, celebrated their 50th wedding anniversary at a party given by their four children. The couple were presented with citations from **Senator Paul Harold** and **Mayor Arthur Tobin**... **Allen Folger** and **Gerald Gherardi** were co-chairmen of a committee planning the 50th anniversary reunion of the Quincy High School classes of February and June 1930... The annual Jerry Lewis Spelling Bee held in Quincy elementary schools raised over $13,000 to fight muscular dystrophy. The top three student fundraisers were **Tammy O'Brien**, Snug Harbor School and **Victor Papagno** and **Tad Sheets** of the Furnace Brook School... **Brian S. Terry**, son of Mr. and Mrs. Herbert Terry, 99 Summer St., Quincy Point, received a Juris Doctor degree from Suffolk University Law School... The Canniff Monument Co., 34 Intervale St., South Quincy, was advertising 24" long, 36" high gravestones for $444... **Rabbi David Jacobs** of Temple Beth El was scheduled to be the guest speaker at the Sunday, Aug. 3 service at Houghs Neck Congregational Church... **Rev. John Stagnaro** has been assigned as a parish priest at St. John's Church. He replaces **Rev. Joseph Connolly** who was reassigned to St. Mary's of the Annunciation parish in Melrose... **The Rev. Charles McEachern**, First Baptist Church of Wollaston, celebrated his 40th anniversary in the ministry. He has served for 14 years at the church... **William F. Walsh**, 43, of 282 Franklin St., South Quincy, announced his candidacy for the Democratic nomination for the Governor's Council from the 4th District... **Helen** and **Burton Cook**, 87 Ames St., West Quincy, were recently re-elected to the board of directors of the Massachusetts Lupus Foundation. They are the owners of Tags Discount Furniture and Sleep Shop in Quincy... **Atty. Peter Eleey**, 69 Forbes Hill Rd., Quincy, announced his candidacy for the Democratic nomination for the Governor's Council from the 4th District. Eleey was a former Norfolk County assistant district attorney... **David S. O'Hanley**, South Central Ave., Wollaston, a recent graduate of Bridgewater State College, has accepted a $7,500 fellowship from the University of Minnesota, to pursue graduate studies... Burke Seafood, 61 Billings Rd., North Quincy, was advertising "This Week's Specials," Scallop Dinner for $2.99... **Richard J. Koch**, chairman of the 1980 Quincy Cancer Crusade, announced that the drive had exceeded its goal of $26,500 with nearly a month remaining in the drive... Kiwanis captured the American League title in the Quincy Junior Baseball League with a 16-6 record. **Mark McDonald** pitched and batted Kiwanis to a 7-5 victory over Colonial Federal.

# Readers Forum

## Let's Slow Down The Development 'Progress'

Over the last few weeks, the Sun has highlighted information about the development going on in Quincy.

The entire city is under a development siege. North Quincy is also part of this map of "progress."

With the huge development of high-end units in Marina Bay and the proposed massive redevelopment of the North Quincy MBTA station adding hundreds of housing units, how is the community going to absorb all of these people? Our infrastructure cannot support it.

As it is, though I live at the base of the Neponset River Bridge, it takes me 20 to 25 minutes (on a good day) to get over the one-mile stretch from my home to the other side of the bridge. What will it be like with nearly 1,000 residents added to North Quincy alone? I feel for the folks in Ward 4 and other parts of Quincy who face these same issues.

While I understand the need to broaden the tax base, let's slow down, Quincy! If not, I am concerned that we will become a gentrified bedroom community and lose the very essence of what makes Quincy great - a place where working class families thrive and want to raise their children. A place where community still means something and we know our neighbors. A place where we want to and can afford to invest back into our homes and support our local businesses.

Overdevelopment and gentrification will fray the very fabric of why people want to live throughout their lives here: the ability to thrive in a strong, diverse, working class community that takes pride in its families, its businesses, and its natural treasures.

Let's slow down "progress" and take a good look at how we define it as a community. Let's assess its cost that cannot be measured in dollars and cents on the tax rolls before it is too late.

Linda M. Smith
Bay State Road
North Quincy

## Praises Sen. John Keenan For Work On Opioid Crisis

I read the July 21st commentary by state Senator John Keenan about the progress being made during the current opioid crisis reeling around society at the moment. Kudos to Sen. Keenan for working to fix things rather than just make political soundbites for media consumption.

The reality that everyday, four people die from opioid overdoses should wake everyone up.

The numbers of overdoses, deaths and addiction are staggering. How many got also mindboggling. Many get hooked on pain medications for injuries.

In New York City recently, the *NY Post* reported "zombies" roaming Manhattan streets like a scene out of the movie "The Night of the Living Dead." Most of those folks picked up by the police had overdosed on opioids laced with fentynal which by the way is 100 times more powerful than morphine as a pain killer.

Kudos to Sen. Keenan who has filed a bill to effectively bring the commercial insurance industry back into the picture and program. Keenan wants to see more services to those in need and he wants to see a commitment by government to be more proactive on this costly issue that is killing people and destroying families.

Quincy is lucky to have someone in the State Senate looking out for folks.

Sal Giarratani
East Boston

## Still Some Honest People

To whomever turned in my check that you found at Colonial Federal Savings:

Thank you for taking the time to return my check that I inadvertently dropped in the parking lot. It was a nice reminder that there are still kind and honest people in this world.

I really appreciate you taking the time to do this.

Thank you,
Wendy Wilcoxen
Quincy


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# Mother Goose, Movies, Games For Children At Library

## *Events, Activities This Week*

## Arts & Entertainment

By JULIE RINES
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**Mother Goose & Little Bo Peep @ Adams Green**

Join children's librarians Jane Miller and Gail Columbare on Thursday, July 28th at 4 p.m. on the new Adams Green as they present Mother Goose and Little Bo-Peep: a Nursery Rhyme and Song Extravaganza.

This is a fun-filled program of stories and songs for children ages 4 months to 4 years old accompanied by an adult. No registration is required. This program is especially geared toward very young children.

The show will go on come rain or shine; in case of inclement weather we will move into the large meeting room at the Main Library. Meeting room space is limited to the first 125 people; when we reach capacity we will close the doors.

Sponsored by the Friends of the Thomas Crane Public Library

**Art Walk @ Main Library**

On Friday, July 29th from 5 to 8 p.m. the library will be participating in Discover Quincy's Art Walk through Quincy Center. Stop by and make some art with us.

**Summer Library Quests**

This summer, turn a walk around the library into a scavenger hunt. In the Children's room at the Main Library or at the North Quincy Branch, children can follow directions to hunt for letter clues to spell out a mystery phrase.

Younger children can search just in the Children's Room; older kids age 10 and up can try their luck with a puzzle that allows them to explore all the floors of the library. This is aimed at children who are able to read, but can be enjoyed by younger ones with the help of a parent.

Our new quests will be available at the Children's desk beginning Aug. 1st; you can work on them anytime during the month.

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy.

Drop in from 2 to.4 p.m. up to age 8.

Art-to-go is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 to 4 p.m. to make this week's craft.

Craft for the week of Aug. 1st: Olympic gold medals.

Sponsored by the Friends of the Thomas Crane Library.

**9th Annual Summer Talent Show**

Do you sing, dance, play an instrument or have another talent you would like to demonstrate?

Our 9th annual Summer talent Show will take place on Wednesday, Aug. 24th at 6:30 p.m. in the Main Library large meeting room.

All ages welcome to watch the show but you must be ages 4 – 13 to perform. If you would like to perform you must sign up in advance and space is limited so that each person will have enough time to perform.

Registration for performers begins Monday, Aug. 1st stop by or call the children's room at 617-376-2411. Audience members of all ages are welcome.

Sponsored by the Friends of the Thomas Crane Public Library.

**Children's Movie @ North Quincy – Rio**

Join us on Monday, Aug. 1st at 2 p.m. at the North Quincy Library and get ready for the Summer Olympics by taking at trip to Rio with us.

Blu is a rare domesticated macaw who believes he is the last of his kind. But when his owner learns about Jewel, Blue's female counterpart in Rio de Janeiro, they set out on the adventure of a lifetime. Even though he's never learned to fly, Blu befriends a group of wisecracking, smooth talking city birds who help him find the courage to spread his wings and follow his destiny.

This movie is rated G and runs for 96 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

**Children's Movie @ Main Library – Zootopia**

On Tuesday, Aug. 2 at 10 a.m. in the large meeting room at the main library join us for a showing of Zootopia.

In a city inhabited by anthropomorphic animals who have abandoned traditional predator/prey roles in favor of civilized coexistence, uptight rabbit police officer Judy Hopps is forced to work with charismatic fox con artist Nick Wilde to crack a major case involving the mysterious disappearance of some carnivorous citizens. But when a few of the missing critters reappear, having reverted to pre-enlightenment savagery, it exposes existing anti-carnivore prejudice among the city's herbivores that threatens to damage the fabric of their diverse metropolis.

Rated PG Run time 108 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

**Field Day for Esther Earl Day**

Esther Earl, a local Quincy resident, passed away from cancer in 2010. Her moving story *This Star Won't Go Out*, inspired millions of readers. We will be celebrating her birthday on Wednesday, Aug. 3rd from 2 to 4 p.m. with fun outdoor activities: races, capture the flag, bubbles and more. You will also have the opportunity to write a message to someone special you love.

Sponsored by the Friends of the Thomas Crane Public Library.

# D'Addario Foundation Supports Music Clubhouse

By JOHN GALLUZZO
Development Writer
South Shore YMCA



STAFF MEMBERS of the Germantown Neighborhood Center's Salah Foundation Music Clubhouse (from left) Aidan Dennis, Phil Dumka, Kirian Kofoworola-Kuti, Alana Sennett and Conor McMahon display a portion of the donated guitar education products they received as a result of a social media competition held recently by the D'Addario Foundation.

The staff at the Salah Foundation Music Clubhouse at the Germantown Neighborhood Center recently took in three cardboard boxes and tore into them like kids celebrating the holiday season. Those boxes took an interesting path to reach Quincy.

The D'Addario Foundation, a non-profit foundation based in New York, seeks "the most impactful instrument instruction programs in communities of need and awards grants and product donations to assist their growth and development." They do this in more than one way. The foundation has a traditional grant cycle, to which nonprofit organizations may apply, but they also have a social media-based giveaway, through their Facebook page.

Entering the contest was a relative no-brainer for the South Shore YMCA's music team. The Clubhouse is stocked with everything it needs to run its weekly classes in guitar/bass, vocals, drums and studio recording, but, quite simply, stuff breaks down. Cords wear out. Straps fray from overuse. Although the tease for the online giveaway did not mention specifics when it talked of "product" in relation to its guitar phase of the giveaway, it didn't matter. For the long term future of the clubhouse, just about any product usable in guitar education would be graciously accepted.

So, the staff got to work. They simply had to describe their program and say why they deserved to win. They went up against stiff and equally as deserving competition in the opening days of the contest, but quickly got the email – they'd won! Boxes were on the way.

On July 19, staff members Aidan Dennis, Phil Dumka, Kirian Kofoworola-Kuti, Alana Sennett and Conor McMahon gathered in the foyer of the center and explored the contents of the boxes. To their delight, they were filled with cords, splitters, straps, and more, much of the hardware that drives a music program forward beneath the glamour of the instruments and the performers themselves.

On a hot summer day, the donation hit the spot. "July 19 is the new Christmas Day," joked Kirian.

"We believe in the power of music to unlock creativity, boost self-confidence and enhance academics," states the D'Addario Foundation's mission statement. "By making music education accessible, we can positively affect social change and foster better citizens of the world."

In this one corner of the world, at the heart of one of Quincy's poorest neighborhoods, the D'Addario Foundation has put its product where its mission is, joining the South Shore YMCA's cause

The South Shore YMCA is a charity serving eleven local communities: Quincy, Randolph, Weymouth, Braintree, Milton, Hingham, Hull, Cohasset, Scituate, Norwell and Hanover. For information on how to support its work through volunteering or donations, contact Mary Orne at morne@ssymca.org or 781-264-9400 ext. 3306.

**Community Cares Kids Night Out**

The Quincy Y presents a special Kids Night Out in support of the Change a Life Fund!

Join Y staff for games, crafts, playground time (weather permitting), pizza and a movie! There will be special guests including Quincy Firefighters, who will bring one of their trucks for exploration, McGruff the Crime Dog and more. Saturday, Aug. 13th from 5 to 8 p.m. Cost: $20 per member child, $25 per nonmember child. For more information contact Annie Vraibel, Director of Family Program Engagement, at 781-829-8585 ext. 8232 or avraibel@ssymca.org.




# Social

## Flea Market Saturday At Quincy United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Flea Market Saturday, July 30.

The flea market will be held outdoors. In the event of inclement weather, it will be set up inside the church.

The event will also feature grilled hot dogs and the church's Thrift Shop will also be open.

Tables are available for $30 each. Vendors/crafters keep all profits. To reserve a table, call the Church Office at 617-773-3319.

## Pointers For Parents To Support Children's Learning This Summer

Keeping elementary and middle school aged children entertained in the summertime can be fun – and promote learning too!

The Episcopal Center for Children (ECC), a nonprofit organization serving children with special needs ages 5-14 in the Washington, DC area, offers a list of fun things you can do with your child that reinforce learning too.

"So often parents are worried about the 'summer slip' – and fear that their child will fall behind over the summer months," said Dodd White, president and CEO at ECC. "You can use fun activities to help your child maintain, and even advance, his or her skills over the summer."

**Read a book every day**. Your child may enjoy being read to every night or want to read to you. Think about ways to mix it up. Check out new books from the public library. Borrow books from a friend. Talk with your child about the books he or she is reading. Watch a movie based on a book your child read and discuss it. Take pictures of your child reading in different places. Talk about the story with your child and ask questions.

**Tune up organizing skills with a sorting game**. Ask your child to help sort books, kitchen items, clothing, etc. into categories. Talk about the categories. Set a timer to see how fast he or she can go.

**Play a game together.** So often children are hungry for the time and attention of an adult. Get out a board game. Work on counting, reading, reasoning and other skills.

**Hold a bake sale or have a lemonade stand**. Making treats or lemonade to sell can be fun and teach your child organizing skills. He or she can make signs to promote the stand, and practice math skills while adding up the proceeds.

**Go on a scavenger hunt**. Stage an A to Z scavenger hunt, where you have to find something that starts with every letter. This is a fun game that can be played inside or outside.

**Pick something**. Pick fruit or vegetables at a pick-your-own farm. Learn about how it's grown, and different ways to cook or prepare what you pick.

**Play counting games**. Keeping busy with numbers and counting while waiting somewhere or traveling can help minds stay busy.

**Make a menu**. Using paper and pen or crayons, help your child make a menu for a meal or snack. Use pictures and words to represent the food being served. Present the menu to the family.

**Do a round of beach ball math**. Take a beach ball. Write a number on each section of the ball with a permanent marker. Let it dry. Throw or roll the ball to a person. The person catching the ball identifies the number closest to their body or that touched their hand as they catch the ball. Then do an activity like jumping or clapping that number of times.

**Throw a Frisbee or ball around**. Mark a starting point on the ground with a stick. Throw the Frisbee or ball. Mark where it lands with a stick with your child's name on it. Using a measuring tape, measure how far the Frisbee went. Chart the distances. Play each week to see if your distances improve with practice.

**Become a human mirror**. Stand opposite each other and pretend that your child is a mirror. She or he copies exactly what you do. Move your face only, then arms, legs, etc. Switch, now you become the mirror and your child makes the movements. Try moving slowly and then faster. Talk about your pose or what body part you are moving.

## Meghan White On Holy Cross Dean's List

Meghan White of Quincy, a third year student at the College of the Holy Cross in Worcester, has been named to the Dean's List for the spring semester.

White is the daughter of Barbara and Paul White of Squantum. She majors in psychology.



**SCHOLARSHIP RECIPIENT – Rachael McIver, a 2016 graduate of the Woodward School for Girls, receives a state citation from Exalted Ruler Frank Bertoni and Attorney General Maura Healey at the Quincy Lodge of Elks' recent Scholarship Awards Ceremony. McIver was among more than 50 recent high school graduates who received scholarships from the Elks. She will attend Suffolk University in the fall. Story, other photos on Page 15.**

*Photo Courtesy Mindi Sokoloski of MS Photography*

## Quincy Access TV Receives 'Overall Excellence' Award

Quincy Access Television has received the "Overall Excellence" award from the Alliance for Community Media's Hometown Media Festival contest.

The Hometown awards are local cable television's oldest and largest video competition. This year the judges scored over 1,000 entries submitted from around the country.

Hometown media awards honor and promote community media and local cable programs that are seen on PEG access channels. Awards are presented to creative programs that address community needs, develop diverse community involvement, challenge conventional commercial television formats and move viewers to experience television in a different way. Quincy received this honor for their community involvement and commitment to excellence in all productions.

Quincy Access Television received notice of two awards. In the category of community impact, the Thomas Crane Library utilizing QATV facilities received first place for their production "Chair Affair" produced by Brian DeFelice and Clayton Cheever from the library staff.

Quincy Access TV received first place for "overall excellence."

"This most prestigious honor belongs to all of the QATV family, the Board of Directors, the staff, and the many volunteers, all of whom work many honors to present programming that informs, educates and entertains the citizens of Quincy," said Executive Director Bette Campbell.

The awards will be received at the annual conference next month.

## Keriann Cabral Earns D.V.M. Degree

Keriann Eileen Cabral of Quincy recently graduated from the Cummings School of Veterinary Medicine at Tufts University.

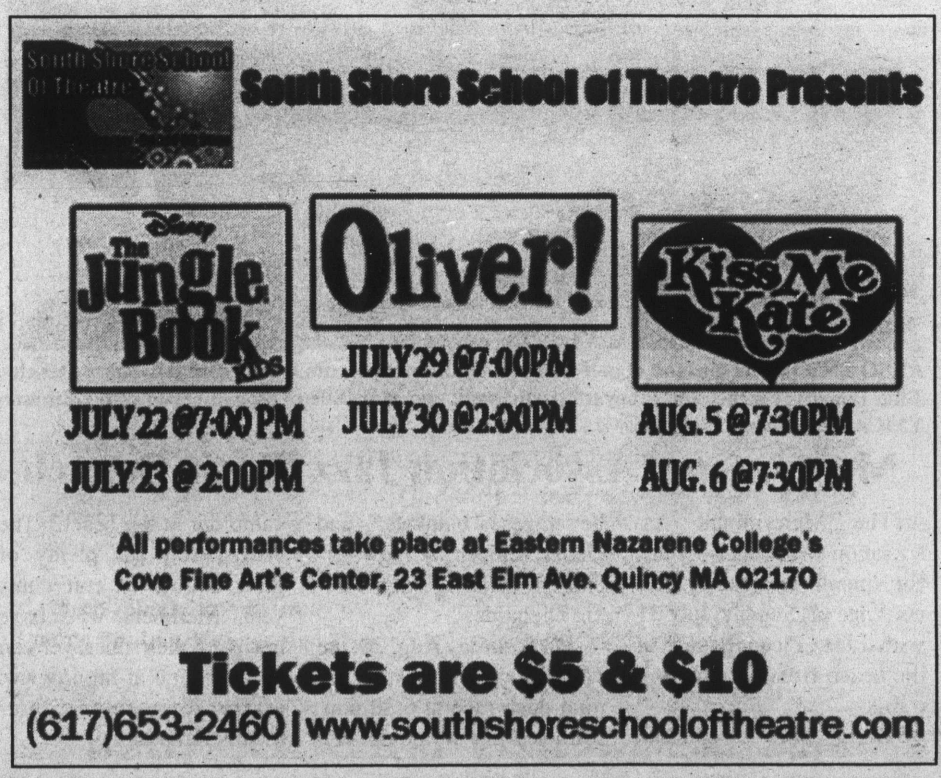
Cabral, a member of the Phi Zeta Honor Society, received a doctor of veterinary medicine degree.

## Two Residents On UMaine Dean's List

Two students from Quincy are on the Dean's List for the spring semester at the University of Maine at Farmington.

They are:

Elizabeth Foley and Bethany Routier.




Find us on Facebook
Highlights of Local Programming found on . . . QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

| Public Access Channel 8 | Government Access Channel 11 |
|---|---|
| Thursday, July 28<br>12:00pm: Media Advisory: Dementia Friendly<br>9:00pm: Sports Night | Thursday, July 28<br>8:00pm: Dynamic Living w/Tom Clasby<br>8:30pm: At Your Library: August Happenings |
| Friday, July 29<br>2:00pm: Dynamic Living/Profiles: Ellen Foley<br>3:30pm: At Your Library: August Happenings | Friday, July 29<br>6:00pm: City View with Mayor Koch<br>7:30pm: QRD: TV Production 2016 |
| Saturday, July 30<br>4:00pm: Currently in Quincy 6/29<br>11:00pm: Penny Dreadful Shilling Shockers | Saturday/Sunday, July 30/31<br>9:00am: City View with Mayor Koch<br>10:30am: At Your Library: August Happenings<br>3:00pm: At the Library Concert Series: Ashmont Station<br>5:30pm: Quincy in Focus |
| Sunday, July 31<br>10:00am: Bethany Congregational Worship<br>7:00pm: Your Federal Gov: Army Corps of Eng. | |
| Monday, August 1<br>11:30am: LIVE: Currently in Quincy<br>9:00pm: Perspectives w/ Gene Piazza | Monday, August 1<br>6:30pm: FYI: QHD Group B Strep<br>7:00pm: Media Advisory: Dementia Friendly<br>8:00pm: At the Library Concert Series: Genesis Chamber Singers |
| Tuesday, August 2<br>6:00am: LIVE: AM Quincy (audio only)<br>8:30pm: Human Trafficking: Fair Trade | Tuesday, August 2<br>6:30pm:FYI: QHD Vegetarian Lifestyle |
| Wednesday, August 3<br>9:30pm: Sound Advice<br>10:00pm: Constitution: Then & Now | Wednesday, August 3<br>7:00pm: QRD: TV Production 2016<br>7:30pm: QRD: Cheerleading Clinic |

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

# WHAT'S COOKING with *Marie & Suzie*



By MARIE D'OLIMPIO and SUSIE FALCO

## Fresh Corn Casserole

By MARIE

Every once in a while my daughter, Rita, will bring a sample of some new recipe that she has tried.

Today's recipe is for a fresh corn casserole, and with the abundance of fresh corn available, this is a delicious, different recipe that will be enjoyed by all!

**RECIPE:**

**4 ears of fresh corn, kernels removed. (You can also use frozen corn if you wish) this will equal 2 to 3 cups.**
**1 shallot chopped**
**2 cloves of garlic, chopped**
**2 bunches of Swiss chard chopped and sautéed until wilted.**
**2 cups of half and half or whole milk**
**2 tablespoons of unsalted butter**
**2 tablespoons of flour**
**Dash of salt, pepper and nutmeg**
**5 or 6 strips of bacon, cooked and chopped**
**And 1 cup of gruyere or cheddar cheese**

**Directions:**

Melt butter in medium sized sauce pan. Add the flour and cook and stir for a few a minutes until blended.

Add half and half and cook until thickened stirring constantly.

Add salt, pepper and nutmeg to taste and set aside.

Sauté garlic and shallot until soft.

Combine all ingredients, mixing well and place in a greased 8 x 8 casserole dish and top with cheese, bake in 375-degree oven until brown and bubbly.

## Tasty Summer Treats

By SUSIE

It's summer. Yay!!

Lots of yummy choices to make rather than some typical summer treats!

Bananas come in quite handy and can by used in a variety of ways. They contain natural sugar which really hits the spot when sweets are craved.

How about a delicious banana hemp milk? Hemp seeds or hearts are an incredible source of protein and healthy fats, and bananas are high in potassium. This drink will give you the creamy sweetness you desire without added sugar.

You need to make sure you chill this for a couple of hours, otherwise its like drinking warm milk (which you do not want in the summer.)

**3 large RIPE bananas**
**4 cups filtered water**
**1/4 cup hemp hearts/seeds**
**1 teaspoon vanilla**

Combine in high speed blender. Chill. Serve.

### Peanut Butter Banana 'Ice Cream'

This is pure foolery. Such a simple recipe made with just a few healthy ingredients.

All you need is a good high speed blender. This will be loud because of the frozen bananas you will use, so don't make it when those kids are asleep.

When I want ice cream, and remember what it does to my stomach, I just make a batch of this. Not only does it taste amazing and hits the spot, there is zero guilt.

**3 large ripe bananas**
**3 tablespoons unsweetened peanut butter**
**1 teaspoon vanilla**
**dash of cinnamon**
**dash of sea salt**

Cut the bananas into small chunks, throw in a baggie and freeze a couple of hours at least until frozen. (I always keep frozen bananas in baggies in the freezer to have handy.)

Place in blender and blend until smooth and creamy. At first it will be sort of "gummy" but just keep doing it until lighter and creamy, just like soft serve. Now add the rest and blend until smooth and combined.

That's it! Eat and enjoy without the guilt and with all the pleasure.

### Blueberry and Banana 'Ice Cream'

Another recipe that is made in the same way. Simply take 3 large, ripe bananas and add in 1/2 cup frozen blueberries and a teaspoon of vanilla extract.

Blend just like the peanut butter banana ice cream recipe. That's it!

So simple, inexpensive, allows you not to waste the banana, and frozen blueberries last a very long time in the freezer. I have also done this with strawberries, mangos, or peaches that are frozen as well.

## French Toast Muffins

By MARIE

How about making individual French Toast Muffins? That is what my daughter Ann Marie made last week for a brunch.

First of all, not only are they simple to make, but they look like a soufflé when done. Second of all, any left overs are delicious reheated in the microwave.

**RECIPE**

**3 slices of bread cut into small cubes**
**6 eggs, beaten until fluffy**
**1 teaspoon of brown sugar for every muffin tin you fill**
**2 or 3 tablespoons of butter (add more if needed)**
**Salt and pepper to taste**

In each tin you fill, put in a teaspoon of brown sugar and top with butter.

In a bowl place eggs and add the bread cubes and salt and pepper, and mix well. Pour mixture into each muffin tin so they are ¾ full.

Bake in 350 degree oven until done, about 25 minutes. These muffins will look like a soufflé with done. This recipe fills 12 tins.

## Four Residents On Tufts University Dean's List

Four students from Quincy are on the Dean's List at Tufts University for the spring semester.

They are:

Ursula Biba, Class of 2019; Donna Chen, Class of 2019; Alex Huang, Class of 2016 and Tommy To, Class of 2016.

## YMCA Golf Classic Raises $132,980 For 'Change A Life' Fund

The South Shore YMCA's 20th annual Golf Classic that took place on Wednesday, July 13th at Pinehills Golf Club in Plymouth brought together 228 attendees for an afternoon of golf, food, fun and fellowship in support of the Y's mission.

Thanks to the support of donors, sponsors and participants, this year's event raised $132,980 toward the Y's Change a Life Fund, with a special focus on the Y's Partnership Program.

The Y's Partnership Program assists physically disabled youth and adults who are interested in a structured exercise program. Volunteer training partners assist participants with workouts designed to improve or maintain physical ability.

The Partnership Program at the Y's Quincy and Emilson Branches is an included member benefit that currently serves 213 participants in both land-based and aquatics-based exercise programs. In 2015, the South Shore YMCA invested $229,900 in support of the Partnership Program, ensuring that expertly trained staff and volunteers utilizing state-of-the-art exercise equipment are always available to assist members of the local population who are disabled.

Funds raised at the 2016 Golf Classic will help to ensure that all of the Y's friends and neighbors on the South Shore have the opportunity to reach their health and wellness goals through life-changing programs such as the Partnership Program.

This year's Golf Classic Silver $5,000 Sponsors: Campanelli, Integrated Builders, Quincy Mutual and TechnoGym.

Bronze $2,500 Sponsors: Acella Construction Managers, American Mobile Homes Inc., Baker, Braverman & Barbadoro, P.C., Bluedrop Water, Blue Hills Bank, Boston Financial Data Services, Burgin, Platner & Hurley, Peter and Noreen Carey-Neville, Commercial Drywall & Construction, Cybex, Eastern Bank Charitable Foundation, Honey Dew Family Foundation, Inc., Jay Steel LLC, KAF Financial Group, Kronos, Rockland Trust and Webster Bank.

For more information about how the South Shore YMCA is benefitting the community, contact Mary Orne at morne@ssymca.org or (781) 264-9453.



**AMONG THOSE taking part in the South Shore YMCA's recent Golf Class were (from left) Daniel Tsai, Partnership Program staff member; Jerry Donovan, participant in the Y's Adaptive Golf Program; and Pam Coady, Volunteer Coordinator at the Y's Emilson Branch.**

*Photos Courtesy South Shore YMCA*



**ALSO ENJOYING a round of golf at the Pinehills in Plymouth were (from left) Mary Danehy, John Danehy, Partnership Program participant, and MaryEllen Olson, director of the Emilson YMCA Partnership Program.**

## Merrymount Association Jazz Picnic Brunch

The Merrymount Association's summer events for members and guests continue on Sunday, July 31 with a Jazz Picnic Brunch at the beach from 10 a.m. to 1 p.m.

Bring your own food, beverages, blankets, and chairs, and enjoy New Orleans-style jazz from the Dixie Diehards.

On Saturday Aug. 20, the Association will host its annual duck race at 6:30 p.m. followed by a movie and camp out at the beach. The Association has plenty of great events to come this year. Members who have not paid their dues yet can do so online at http://www.merrymountquincy.com/membership.html.

# Freshwater 'Brain-Eating' Amoeba: What To Know

## *A Message From The Quincy Health Department*

By RUTH JONES
BSN, RN, BC, CP-FS



RUTH JONES

Naegleria is an amoeba, a single-celled living organism, commonly found in warm freshwater such as lakes, rivers, hot springs and soil. Only one type of Naegleria, Naegleria fowleri, infects people. Naegleria fowleri is commonly referred to as the brain-eating amoeba. This organism infects people when water containing the amoeba enters the body through the nose. This typically occurs when people go swimming or diving in warm freshwater places. The Naegleria fowleri amoeba then travels up the nose to the brain where it destroys the brain tissue. It can cause a rare and usually fatal infection of the brain called Primary Amoebic Meningoencephalitis (PAM).

You cannot be infected with Naegleria fowleri by drinking contaminated water. In very rare instances, Naegleria infections may also occur when contaminated water from other sources, such as inadequately chlorinated swimming pool water or contaminated tap water, enters the nose, for example when people submerge their heads or cleanse their noses during religious practices, and when people irrigate their sinuses (nose) using contaminated tap water. Naegleria fowleri has not been shown to spread via water vapor or aerosol droplets, such as shower mist or vapor from a humidifier.

This organism is found in many areas around the world. In the United States, the majority of infections have been from fresh water located in southern-tier states but has recently caused infections as far north as Minnesota. As previously mentioned the amoeba can be found in bodies of warm freshwater, such as lakes and rivers. Subsequently it can also be found in geothermal (naturally hot) water, such as hot springs, warm water discharge from industrial plants, geothermal (naturally hot) drinking water sources, swimming pools that are poorly maintained, minimally-chlorinated, and/or un-chlorinated and water heaters. Naegleria fowleri grows best at higher temperatures up to 115°F (46°C) and can survive for short periods at higher temperatures. It is not found in salt water, like the ocean.

Primary amoebic meningoencephalitis (PAM) is a disease of the central nervous system. It is a rare disease that is almost always fatal, from 2005-2015 there were 37 infections in the U.S. and all but two died. Signs and symptoms of Naegleria fowleri infection are clinically similar to bacterial meningitis, which lowers the chances of initially diagnosing PAM. Symptoms can be mild at first, but they worsen quickly. Symptoms start 1-9 days after swimming or other nasal exposure to Naegleria-containing water. People die 1-18 days after symptoms begin. PAM is difficult to detect because the disease progresses rapidly so that diagnosis is usually made after death. Signs and symptoms of the infection include: severe frontal headache, fever, nausea and vomiting, progressing to stiff neck, seizures, altered mental status, hallucinations and coma.

The disease is diagnosed using specific laboratory tests available in only a few laboratories in the United States. Because of the rarity of the infection and difficulty in initial detection, about 75% of diagnoses are made after the death of the patient. PAM and Naegleria fowleri infection can be diagnosed in the laboratory by detecting Naegleria fowleri in cerebrospinal fluid, biopsies or tissue specimens.

Though the disease is most often results in death, recently an investigational breast cancer and antiparasite drug, Miltefosine, has shown some promise in combination with some of these other drugs. Miltefosine has shown amoeba-killing activity against free-living amoebae, including Naegleria fowleri, in the laboratory.

No data exist to accurately evaluate the true risk of PAM. Hundreds of millions of visits to swimming sites occur each year in the U.S. that result in only 0-8 infections per year. It is unknown why certain persons become infected with the amoebae while millions of others exposed to warm recreational fresh waters do not, including those who were swimming with people who became infected. Attempts have been made to establish what concentration of Naegleria fowleri in the environment poses an unacceptable risk. However, no method currently exists that accurately and reproducibly measures the numbers of amoebae in the water. This makes it uncertain how a standard might be set to protect human health and how public health officials would measure and enforce such a standard. Still, the risk of Naegleria fowleri infection is very low. There have been 37 reported infections in the U.S. in the 10 years from 2005 to 2015, despite hundreds of millions of recreational water exposures each year. By comparison, in the ten years from 2000 to 2010, there were more than 34,000 drowning deaths in the United States.

We do not know how to lessen natural Naegleria fowleri levels in lakes and rivers. People should assume that there is always a low level of risk whenever they enter warm freshwater rivers, lakes and hot springs. If you choose to swim, to protect yourself, limit the amount of water going up your nose and avoid water where Naegleria fowleri might live. The only certain way to prevent an infection is to avoid water related activities in warm fresh water and when making a solution for irrigating or rinsing your sinuses make sure the water you use is safe.

*Ruth Jones is the director of Nursing for the City of Quincy Health Department.*

# Original 'Walk Of Names' Bricks Pick-Up Friday, Saturday

The City of Quincy announces original "Walk of Names" brings can be picked up tomorrow (Friday) and Saturday.

These bricks are the original engraved bricks that were removed from in front of the glass City Hall annex to make room for the new "Walk of Names" as part of the Adams Hancock Green park project.

Original bricks will be available for pick-up at the Park Department Headquarters, 1 Merrymount Parkway on:

- Friday, July 29 from 9 a.m. to 4 p.m.
- Saturday, July 30 from 9 a.m. to 1 p.m.

Donors may call or email with their name and requested brick to arrange for pick-up of the original bricks at one of the above days and times. General walk-in pick-up on Friday and Saturday is allowed; however, leave time for sorting.

To ensure bricks are ready for pick up, call 781-613-0627 or email: QuincyBricks@gmail.com.

Future dates and times for brick pick-up will also be announced, city officials said.

The city is replacing all the original bricks with new engraved bricks. Anyone who purchased a brick for the original Walk of Names will have their brick replicated and the new engraved brick will be set down as part of the new "Walk of Names" near City Hall.

The new walk, part of the Adams Hancock Green project, will also be located in front of the glass City Hall annex building.

# Ian Hunter Graduates Becker

Ian Hunter of Quincy recently graduated with a degree from Becker College at the spring commencement held at the DCU Center in Worcester.


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DOMESTIC VIOLENCE SUPPORT AND CLASSES

**Drop-In Support Group**
*FREE AND CONFIDENTIAL*
**When:** Tuesday 6:00 - 7:30pm
**First Tuesday of every month**
**Where:** DOVE's office in Quincy
**For info and intake, contact:** Lindsay 617-770-4065 x103

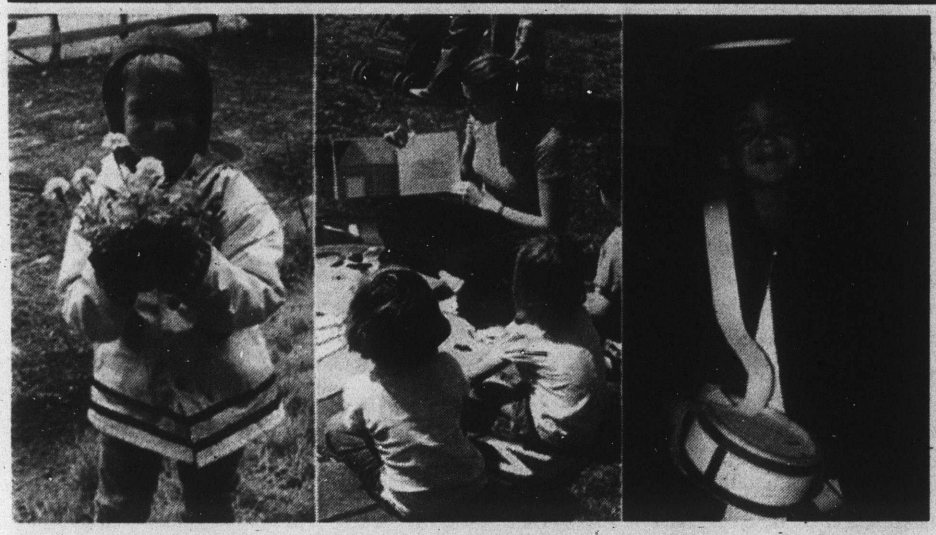
**Norwood**
*FREE AND CONFIDENTIAL*
**When:** Tuesday 6:30 - 8:00pm
**Next group starts early Fall**
**Where:** Norwood Hospital
**For info and intake, contact:** Maureen 617-653-4226

**LGBQ/T Domestic Violence Support Group**
*FREE AND CONFIDENTIAL*
**When:** Wednesday 6:00 - 7:30pm
**Last Wednesday of every month**
**Where:** Location is in Quincy; address will be provided after intake
**For info and to register, contact:** Lindsay 617-770-4065 x103

**DOVE's 35 Hour Training On Domestic Violence will be offered in September/October**
*(10 SESSIONS)*
**When:** Monday and Wednesday evenings 6:00 - 9:30pm
**Dates:** September 7 - October 19, 2016
Schedule to be released soon
SW CEUs available
LMHC CEUs available
**Where:** 180 Old Colony Ave., Quincy MA
**For info and to register, contact:** Jen 617-770-4065 x104

*DOVE is committed to partnering with diverse communities, families and individuals impacted by domestic violence. We promote hope, healing, safety, and social change by providing a broad range of preventive and responsive services.*

24 Hour Hotline 617.471.1234 or Toll Free 1.888.314.DOVE (3683)
Community Advocacy & Prevention Services: 617.770.4065 www.dovema.org P.O. Box 690257 Quincy, MA 02269



HISTORIC NEW ENGLAND is hosting three days of activities for children ages 4-10 in August at the Josiah Quincy House, 20 Muirhead St., Wollaston.

# 'Grow, Build, Learn' At The Josiah Quincy House

Join Historic New England educators for three days of activities at historic Quincy House.

Ideal for children ages 4-10, each week features a Story Walk®, hands-on activities that promote development of the skills early elementary students need, craft projects to foster creativity, and lots of fun. This drop-in program draws on themes from 400 years of New England's rich history.

Each week will focus on a different topic. On Aug. 11 the theme will be gardening and farming, on Aug. 18 it will be preservation, architecture, and design, and in advance of the new school year the topic on Aug. 25 will be education and play.

This is a drop-in program. The cost is $5 per family, free to Historic New England members and Quincy residents.

All children must be accompanied by an adult. Families are encouraged to bring a picnic to enjoy after the session.

The Quincy House is located at 20 Muirhead St. in Quincy's Wollaston neighborhood. For more information call 617-994-5930 or visitHistoricNewEngland.org.

# Painting Class Aug. 11 At Adams National Historical Park

The public is invited to join acclaimed Ipswich folk artist Johanne Cassia Thursday, Aug. 11 from 12:30 to 4 p.m. in the Carriage House, 135 Adams St., Quincy - part of the Adams National Historical Site.

Cassia will conduct a four-hour painting class for "artists" of all skill levels who will follow a model Johanne painted of the "Old House at Peace field," the rambling 18th century home of 2nd U.S. President John Adams and his wife Abigail Smith Adams and their descendants.

The event is free.

Space is limited and reservations are required. Reservations may be made by calling (617)-770-1175.

For more information about tours, programs, special events, and family activities at Adams National Historical Park, visit www.nps.gov/adam.

Limited street parking is available on Adams Street

In each class led by Cassia, participants will reproduce her original painting of the Old House as it might have appeared to John and Abigail, who lived in the house from 1788 until 1826. Four generations of their descendants, including 6th President John Quincy Adams and his wife Louisa Catherine Adams, occupied the home until 1927.

In 1946, the Adams family generously donated the Old House at Peace field to the people of the United States.

Cassia will provide step-by-step instruction. Supplies and materials will be provided.

Participants will complete a 16-by-20 canvas and take home a completed painting of the Old House at Peace field, ready to frame. "Artists" will work with acrylic paints, and should wear "painting clothes."

# 'Christmas In July' Thursday Benefits Salvation Army

*Cont'd From Page 1*

ance, Salvation Army Board chairman; John Pasciucco, Salvation Army Board; Maralin Manning, Salvation Army Board; and Bill Connors.

• **10 a.m. to 11 a.m.:** Amy Morin, Susan Molinari, Lisa Bond, Lisa Kenepp, Melissa Simmons and Kelley Condon, all representing Baker, Braverman & Barbadoro.

• **11 a.m. to noon**: Amy Huber and Jen Elliott, both NorthEast Community Bank; and Teddy Myers, president, and John Vacca, recording secretary, both Quincy Sons of Italy.

• **Noon to 1 p.m.**: Bette Campbell, Quincy Access Television; Quincy College President Peter Tsaffaras and Suzanne Reynard, QATV volunteer.

• **1 p.m. to 2 p.m.**: West Quincy businessmen Frank Trainor (Commonwealth Building, Inc.), Steve DesRoche (Neponset Valley Survey Associates), Bob Connelly (Willard Street Veterinary Clinic) and Jim Martin (Tiles by Perfection).

• **2 p.m. to 3 p.m.**: Carolyn Freeman, John McManus, Salvation Army Board; and Joan Keohane, Salvation Army Board.

• **3 p.m. to 4 p.m.:** Amy Huber, Salvation Army Advisory Board; Karen Giovanniello, Salvation Army Board; Janet Batson, Ryan Barrett, Stacey Campbell, Maureen Rogers, Paula Rowe, Michelle Lydon and Rick Doane.

• **4 p.m. to 5 p.m.:** Mayor Thomas Koch; Isobel Bertman, Salvation Army Advisory Board; Marion Fantucchio, Salvation Army Board; and Paul Moody, commander, Sons of the American Legion Squadron 294.

• **5 p.m. to 6 p.m.**: Tom Anacone, owner, Craig's Café; and Robert Bosworth, Quincy Salvation Army Advisory Board. Anacone will also be serving appetizers during this final hour of the kettle fundraiser.

The day's objective is to raise as much money as possible to help those struggling in the community.

"Need has no season," Capt. Ross said. "The Salvation Army will be available all year long to help those who come through our doors looking for assistance."

# Red Cross Urging Blood, Platelets Donations

The American Red Cross is facing a critical shortage of blood and platelets and is urging eligible donors to give now to help ensure blood is available throughout the rest of the summer to meet patient needs.

Three blood drives are scheduled in Quincy:

• Friday, July 29, from 10:30 a.m. to 3:30 p.m., Thomas Crane Public Library, 40 Washington St.

• Tuesday, Aug. 9 from noon to 5 p.m., Quincy High School, 100 Coddington St.

• Friday, Aug. 12 from 8 a.m. to 1 p.m., Lee Kennedy Co., Inc., 122 Quincy Shore Dr.

"The Red Cross continues to have an emergency need for blood and platelet donors to give now and help save patient lives," said Alyson Barraza, Communications Manager for the Massachusetts Blood Services Region.

"We are grateful for those who have already stepped up this summer to give and want to remind those who are eligible that hospital patients are still counting on them to roll up a sleeve," Barraza added.

Blood and platelets are needed for many different reasons. Accident and burn victims, heart surgery patients, organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease may all need blood.

Donors of all blood types are urgently needed to help restock the shelves. The Red Cross is thanking those who come in to donate blood or platelets between July 25 and Aug. 31 by emailing them a $5 Amazon.com gift card claim code.

To schedule an appointment to donate, use the free Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

Donation appointments and completion of a RapidPass online health history questionnaire are encouraged to help reduce wait times.

## Julia Bryson On Brandeis Dean's List

Julia Bryson of Quincy is on the Dean's List at Brandeis University for the spring semester.

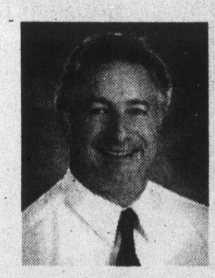
Bryson, a 2015 graduate of North Quincy High School, is majoring in business.


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# Discover Quincy Free Art Walk In Quincy Center Friday

By MARGARET LAFOREST
Vice President Tourism
Quincy Chamber of Commerce

This week's Discover Quincy's FREE Art Walk Friday is on Friday, July 29 from 5 to 8 p.m. and features the arts and culture of Quincy Center.

This free family-friendly arts and entertainment events feature pop up art galleries, live music, performances, lawn games and after hours museum access from 5 to 8 p.m. Thomas Crane Public Library, 40 Washington St. will have live music, lawn games, Make Stuff, device advice and more. Outside: Live music and theater presentation with Victoria Rios & friends from 5 to 8 p.m. Inside 5 to 8 p.m.: Children's art activities, classic video gaming, and learn about virtual access to TCPL; streaming, downloading books, magazines, etc.

Make Stuff: 5:30-7:30 p.m. Print in 3D. Get first hand experience 3D printing, 3D scanning, and play and examine 3D objects. The Friends of Thomas Crane Bookstore, accessible via Spear Street, will be open from 5 to 8 p.m. Gently used books, audiobooks, CDs & DVDs for all ages. Proceeds from the Friends of the Library bookstore are used to support free events and services for all ages at the library.

Presidents Place, 1250 Hancock St. will host the Pop Up Art Gallery with over a dozen artists showing and selling their work in the atrium.

Inside the Adams National Park Visitor Center, there's a free showing of the film *Enduring Legacy: Four Generations of the Adams Family*, featuring the voices of Tom Hanks and Laura Linney (25 min). Free admission to the Adams Crypt at United First Parish Church, 1306 Hancock St. Known as the "Church of the Presidents," this historic church was built from Quincy granite in 1828 with funds provided by John Adams. Tours of the church include a visit to the Adams Family crypt; the final resting place of Presidents John Adams and John Quincy Adams, and First Ladies Abigail and Louisa Catherine Adams; and visitors can view their memorial tablets, the baptismal record of President John Adams and sit in the pew of President John Quincy Adams.

At Old Town Hall, 1305 Hancock St., one of the oldest, functioning seats of government in the country, historic exhibit and Great Hall will be open from 5-7 p.m. Visitors can take self guided tours of Hancock Cemetery, 1307 Hancock St. to learn about burials from 1630 to 1854 including Adamses, Quincys, and Revolutionary veterans.

Lil' Miss Sophia Hurley will perform outside Grandasia Bridal, Prom & Fashion Emporium, 1259 Hancock St. This nine-year-old singer from Houghs Neck performs oldies to country classics.

At Quincy Historical Society, 8 Adams St., there will be a free showing at 6:30 p.m. of the silent movie *A Romance of Quincy*. Turn back the clock to 1916 when this silent movie was filmed entirely in Quincy featuring a cast of Quincy residents. The recently rediscovered motion picture, containing extensive footage of the Quincy of a century ago, including the former Fore River shipyard.

The showing will include a live piano accompaniment by Quincy resident, composer, conductor, scholar, and educator Del Case. Quincy Historical Society also offers free admission to their museum.

Free admission to the Dorothy Quincy Homestead at 34 Butler Rd. includes museum tours and lawn games. Don't miss the chance to tour one of Quincy's oldest homes (1686) and see the recently restored Chariot belonging to John Hancock.

The Coffee Break Café Pop Up Art Gallery showcases the modern mixed media exhibit of Charles Saccoach. Iron Furnace, 1495 Hancock St. has a Pop Up Art Gallery 5 p.m. to close and DJ Stenny, 9 p.m. to close. View this diverse collection of street art and photography and listen to DJ Stenny spin top 40 dance music.

Paddy Barry's, 1574 Hancock St. – Classic Rock, Country & Oldies with Chachi, 9 p.m. to close. Get your Irish on in the Best Little Pub in America! (21+).

Art Walk Fridays is produced by Discover Quincy as part of the 50 Days of FREEdom, 50+ free events June 11 - July 30.

For more information, visit DiscoverQuincy.com or call 617-471-1700.

# $28.5M For New Sterling School

*Cont'd From Page 3*

will have space to for up to 430 students in grades five through eight. The school had an enrollment of 341 students in those grades at the start of the 2015-2016 school year, and has accommodated as many as 353 students in recent years.

The new facility will be built on the same site as the current school, set further back from Granite Street.

To make way for the new school, a portion of the existing building needs to be demolished, likely sometime next summer. That area of the school includes the gymnasium and three classrooms.

DeCristofaro said a plan would be put in place to ensure students receive physical education and health classes after the gymnasium is demolished. That plan could include the use of the gymnasium and pool at nearby Lincoln-Hancock or gyms at other school buildings; Kincaide Park may also be utilized during warmer months.

"We will be looking at a lot of different options," DeCristofaro said.

The superintendent said classrooms in the school would be reassigned to accommodate the loss of the three rooms to demolition.

"We have to take a look at the school itself and reassign some classrooms," he stated.

The new school will stand three stories tall, with only the top two floors visible from Granite Street because of the site's topography. The first floor would house students in grades five and sixth with seventh and eighth graders on the second floor. The lower level of the building, accessible from the Roberts Street side, will include the gym, music room and a 280-seat auditorium.

Preliminary plans for the building include 61 parking spaces – 50 for faculty in a parking lot off Roberts Street and 11 for visitors on the Granite Street side. Twenty-nine spaces are available on site now. A drop-off/pick-up lane will also be added in front of the school on Granite Street. Two entrances for students will be available off Granite Street – one for fifth graders and one for students in grades six through eight – and staff would enter on the Roberts Street side.

Watertown-based Joslin Lesser is the owner's project manager for the new Sterling and Ai3 Architects of Wayland is designing the new school. Ai3 was also the designer for the new Central Middle School that opened in 2013.

The current Sterling Middle School first opened its doors in 1927. The building suffers from deficiencies in major building systems including mechanical, electrical, envelope, windows and accessibility, according to the MSBA; the existing school also does not support the delivery of its educational program.

State Treasurer Deborah Goldberg, the chair of the MSBA, and MSBA CEO Maureen Valente announced the $28.52 million grant to the city in a statement.

"Upon completion, this project will provide a new, 21st century for our middle school students in Quincy," Goldberg said. "Our goal is to create the best space to deliver the district's educational commitments and goals."

"Students will soon have a beautiful new space which will undoubtedly enhance and improve their ability to excel in the classroom," Valente added.

# MBTA Track, Signal Work

*Cont'd From Page 3*

Braintree stations.

"These critical investments in the resiliency of the MBTA's core infrastructure and preparation for severe winter weather allow for upgrades that ensure more reliable service for the over 1 million daily riders who depend on the system each day," Gov. Charlie Baker said.

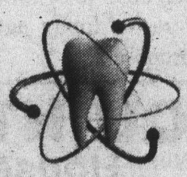
Buses are scheduled to replace trains along the Braintree branch during the following weekends this fall: Sept. 10-12, Sept. 24-26, Oct. 1-3, Oct. 8-10, Oct. 15-17, and Dec. 3-5.


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# FR Field Upgrades, Repairing Streets Among Ward 2 Issues

*Cont'd From Page 2*

of special flooring, which would accommodate mobility devices. That's when the magic happened. I reached out to various individuals across the city and the response was incredible. Within a week we had a host committee assembled and they banded together to make this event happen.

"I want to thank all of those people, because without you, this would not have happened. We were very fortunate to have sizeable corporate donations from our local partners – Dan Quirk of Quirk Automotive and Jay Cashman of Cashman Construction – who each donated a whopping $10,000. Longtime Quincy Point business, NeighborWorks of Mass also gave a generous gift of $5,000.

"It was an amazing three weeks and thanks to the outpouring of support for this project, we are now able to deliver and ensure that every child in the city of Quincy, regardless of their physical abilities, is able to play with their friends in an all- inclusive environment. I can't wait to see the kids enjoying themselves."

After the playground, Croall said he would focus his attention to the Fore River Clubhouse. The city plans to use the clubhouse as a center for the senior citizens living in the area. The logistics for that plan are still being worked out, and Croall said there would be a gradual rollout to gauge interest.

"We are committed to creating a much-needed environment at the Fore River Clubhouse so that the senior citizens living in this section of Quincy have a place to go that is close by and accessible," Croall said.

"The mayor has agreed that he would like to see this happen and at this point we are still hammering out logistics. Once the playground is completed, I will shift my attention to figuring out the best solution for this current need.

"I envision this concept to be a gradual rollout – we know there is a need, we will likely begin with some programming to gauge interest. Once we get a better handle on what this will look like I will be sure to communicate it to Ward 2."

Croall said work also remains to be done at Faxon Park. He previously ran the Boston Marathon to help raise funds to create the Red Diamond Trail – a three-quarter-mile long trail for runners, joggers and walkers that opened in 2015. A new playground opened there in 2014.



**BASEBALL DIAMOND at Fore River Field in Quincy Point is being relocated to the other end of the park (beyond the present center field) to alleviate concerns from neighborhood residents about batted balls striking homes and vehicles. Also included in the master plan for Fore River Field are new tennis, basketball and hockey courts, as well as a court for bocce or pickleball. Ward 2 Councillor Brad Croall said the "end goal with this project is to service the children, families, individuals and seniors living in the city."**

*Quincy Sun Photo/Robert Bosworth*

"There is much more work to be done at Faxon Park. As you know, it is all about funding," Croall said. "Taking that into consideration, the master plan calls for a 2.5-mile loop trail through all sections of the park, which I think is an outstanding idea. I have gotten positive feedback from people who use the current three-quarter mile loop trail. If you have ever been on that trail, it does a great job of bringing you further into the park. It's hard to believe that you are in the city.

"Faxon Park is such a great place and as the years go on, I'd like to continue to see how we can increase the overall experience for people when the visit this 90 plus acre open space gem."

Croall introduced a resolution in 2014, asking the administration to allocate more funds for road and sidewalk repair throughout the city. In June, the council approved a $5 million bond for road and sidewalk repair Koch sought as part of his new capital plan. Croall said the $5 million is a "great start."

"Any step towards road improvements is a good step. I feel as a taxpayer myself, I can see my tax dollars hard at work when I see roadway infrastructure improvements taking place," Croall said.

"I share with you that there is a tremendous appetite from the Ward 2 citizenry to have their roads repaved or sidewalks redone. We are a city that has 247 miles of roadways and 320 miles of sidewalk so there is always going to be a need for these improvements.

"I'm glad that we got a start with this capital infusion but taking into account the need, $5 million is not as much as it seems. Roadwork is very expensive, and trust me, if money was not an object I would fix all the roads and sidewalks – but the reality is we have to start getting serious about this issue and I think we have made a great start."

Croall said Quincy Avenue and parts of Washington Street are among those in his ward that require repair.

"There are many main streets, secondary streets and side streets that need repair," he said. "When I think about the main streets, consider Quincy Avenue and sections of Washington Street – Quincy Avenue particularly. When you drive your car down that street you can feel the fillings in your teeth loosening. This is one of the many streets that need help.

"It is basic math. We are a growing city with more cars on the road – more cars on the road more wear and tear on the streets. I would like to thank the mayor for getting the ball rolling on this issue and will continue to advocate on behalf of Ward 2."

Croall has been vocal in his opposition to a 7,700 horsepower natural gas compressor station proposed for a North Weymouth site near the Fore River Bridge. The councillor said he is opposed to placing the station in a densely populated area, because of concerns over public health and safety and the impact on fish and wildlife.

"We have been fighting this issue for well over a year," Croall said. "I want to thank all of the people who continue to stay engaged. Having a compressor station in a densely populated area does not make sense on any level. From public health, to public safety, direct threat to wildlife and fisheries, the list goes on and on and on.

"I encourage residents to subscribe to my newsletter as well as to sign up at nocompressor.com to stay abreast of all public meetings. This is a serious issue that is being decided at the by FERC (Federal Energy Regulatory Commission) at the federal level and all we can do is to continue our efforts to lobby against this proposal."

# Tips For Protecting Workers Against Excessive Heat

With recent temperatures climbing to 90 degrees and higher, the Occupational Safety and Health Administration reminds employers to protect their workers from heat illness.

Heat illness can be deadly. Three simple words can mean the difference between life and death: Water, Rest and Shade.

To prevent heat related illness and fatalities:

- Drink water every 15 minutes, even if you are not thirsty.
- Rest in the shade to cool down.
- Wear a hat and light-colored clothing.
- Learn the signs of heat illness and what to do in an emergency.
- Keep an eye on fellow workers.
- "Easy does it" on your first days of work in the heat. You need to get used to it.

For more information about OSHA's Campaign to Prevent Heat Illness in Outdoor Workers, visit www.osha.gov/heat.

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# Squantum Pilot Ferry Service Starts Monday

*Cont'd From Page 1*

The pilot program will set sail Aug. 1 and continue through Oct. 30. It is being undertaken in partnership with the town of Winthrop. Winthrop launched its own, unsubsidized service in April using its 73-passenger ferry, the Valkyrie, and will pay the operational expenses during the pilot program.

The schedule for the pilot program – unveiled at the community meeting – includes five trips from Quincy on weekdays and Saturdays, and four on Sundays.

One-way tickets for adults will cost $8.50 and seniors will be charged $6.50. Two children under the age of 10 will be allowed on board for free with each adult; each additional child can board for $6.50 each. A commuter package, including 40 tickets, will be made available for $290, a savings of $50 compared to the regular price.

Tanji Cifuni, the Winthrop official coordinating the town's ferry program, said those looking to ride the Valkyrie should purchase tickets online to secure a spot. The tickets can be purchased online through Winthrop's website, town.winthrop.ma.us, under the Discover Winthrop tab at the top of the page.

The Department of Conservation and Recreation, which owns the Squantum Point Park, restriped the 850-vehicle parking lot there in anticipation of the launch of the ferry service. The DCR will begin charging $1.25 an hour to park at the lot, with a daily maximum of $5; the first hour of parking will be free. The parking lot will also be open to the public 24 hours a day, with extra staff being brought on to patrol the site and pick up trash.



**TANJI CIFUNI, the coordinator for Winthrop's ferry program, said the town's ferry has run without issues or delays since debuting in April. Quincy is partnering with Winthrop on the pilot program providing service at Squantum Point Park from Aug. 1 to Oct. 30, with Winthrop paying the operational costs.**

Ward 6 Councillor William Harris said the ferry service could help "alleviate the traffic we deal with each morning trying to go into Boston."

Rep. Bruce Ayers said the information gathered during this year's pilot program would help determine what the future of ferry service at Squantum Point Park would look like.

"This is kind of a unique opportunity to partner with the town of Winthrop for 90 days to see what information we can gather – valuable information on a ferry proposal and how it would fit the area," Ayers said.

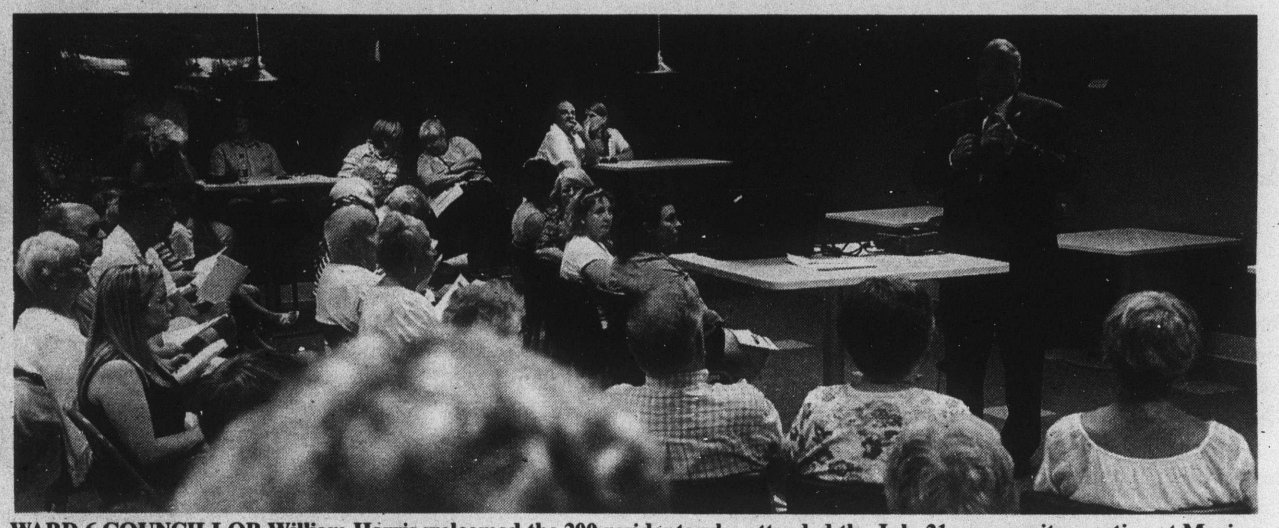
"We realize how important it is to make sure it works, that it's conducive to the area and it is proper planning. The only way to do that is to vet it with the community. It's great to see such a great turnout tonight, because without your support or input we couldn't go through with it."

Sen. John Keenan said the city hopes to build on the pilot program to offer expanded service in the future.

"It's exciting in and of itself, but it's even more exciting when you look at it in the context of what we hope to build on over the next several years, which will be something that will be such a great asset for this community – for all of Quincy," Keenan said.

Squantum resident Ralph Ames said he was in favor of the ferry service, but was

*Cont'd On Page 23*



**WARD 6 COUNCILLOR William Harris welcomed the 200 residents who attended the July 21 community meeting at Marina Bay on the pilot ferry service that will be offered starting Aug. 1. Harris said ferry service at Squantum Point Park could help alleviate traffic headed into Boston. About three-fourths of those in attendance expressed support for the pilot program.**

*Quincy Sun Photos/Robert Bosworth*

## Winthrop Ferry Trips Between Squantum Point Park & Boston

**WEEKDAYS:**

- Depart Quincy at 7:05 a.m., arrive Rowes Wharf at 7:25 a.m.
- Depart Quincy at 9:05 a.m., arrive Rowes Wharf at 9:30 a.m.
- Depart Quincy at 12:10 p.m., arrive Rowes Wharf at 12:35 p.m.
- Depart Rowes Wharf at 5:45 p.m., arrive in Quincy at 6:10 p.m.

**WEEKENDS:**

- Depart Rowes Wharf at 10:50 a.m., arrive in Quincy at 11:15 a.m.
- Depart Quincy at 3:30 p.m., arrive Rowes Wharf at 3:55 p.m.
- Depart Rowes Wharf at 6 p.m., arrive in Quincy at 6:25 p.m.
- Depart Rowes Wharf at 8:10 p.m., arrive in Quincy at 8:35 p.m.
- Depart Rowes Wharf at 9:45 p.m., arrive in Quincy at 10:05 p.m. (Saturdays only)

**SPECTACLE ISLAND TRIPS:**
**WEEKDAYS**

- Depart Quincy 9:05 a.m., arrive Rowes Wharf 9:30a.m.;
- Depart Rowes Wharf 9:35 a.m., arrive Spectacle Island 10:00 a.m.

- Depart Spectacle Island 3:15 p.m., arrive Quincy 3:35p.m.

**WEEKENDS**

- Depart Quincy 11:20 a.m., arrive Spectacle Island 11:45a.m.
- Depart Spectacle Island 3:00 p.m., arrive Quincy 3:25p.m.

Buy tickets at http://www.town.winthrop.ma.us/town-winthrop-ferry

Just click on the date you want to take the ferry and you can buy one ticket or a round trip. Monthly passes are also available.

Parking at Squantum Point Park will be free for the first hour, then $1.25/hour not to exceed $5 per day.

# Showboat Cruises From Squantum Point Park Aug. 20, Aug. 28

JM Productions Entertainment Producer of Quincy announces a series of Showboat Cruises at Squantum Point Park, Marina Bay, in August.

JM Productions and Mass Bay Lines of Boston are partnering with the DCR for the summer cruises on Saturday, Aug. 20 and Sunday, Aug. 28. The cruises will depart from Squantum Point Park aboard the Music City Queen.

This pilot program is a first for The City of Quincy and its surrounding communities.

Three cruises are available on each of the two dates.

On **Saturday, Aug. 20** the first cruise will feature a matinee show and lunch cruise with entertainment by Russell Watts and his Band performing "Moments to Remember" celebrating the music of Bobby Darin, Dean Martin, Frank Sinatra and more. Board at 11:30 a.m., depart at noon and return by 2 p.m. Cost is $47.50 per person.

Second and third deck without lunch and show available for $30 per person.

Second Cruise: Day Cruise board at 3:30 p.m., depart at 4 p.m. and return by 6 p.m. Cost is $30 per person. There is a cash bar and concession stand available.

Third Cruise: Sunset Cruise, Wine Tasting with entertainment by The Danny Gallagher Band. Singer Songwriter Danny Gallagher has been performing in and around the Boston area for over 10 years.

Ticket includes the cruise, entertainment, cheese, crackers, chocolates, wine and more. Board at 7 p.m., depart at 7:30 p.m. and return by 9:30 p.m. Cost is $47.50 per person good for all three decks.

**Sunday, Aug 28th**

First Cruise: Matinee show and lunch cruise featuring Donnie Norton, star of the musical revue "Let the Music Play" with the music of Neil Diamond, Sammy Davis, Jr., Michael Buble, Harry Connick, Jr., Johnny Cash, Barry White and more. Board at 11:30 a.m., depart at noon and return by 2 p.m. Cost is $47.50 per person.

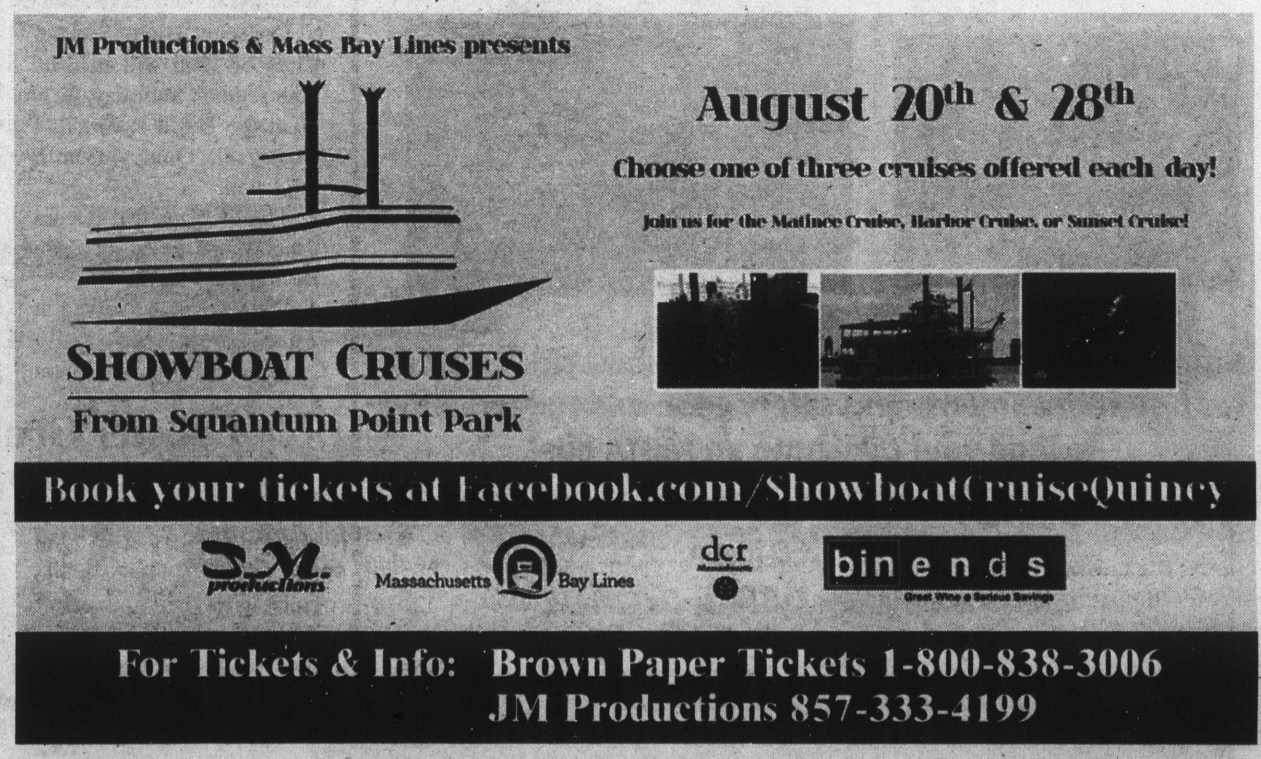
Second and third deck without lunch or show available for $30 per person.

Second Cruise: Day cruise boards at 3:30 p.m., depart at 4 p.m. and return by 6 p.m. Cost $30 per person. There is a cash bar and concession stand available.

Third Cruise: Sunset Wine Tasting Cruise with entertainment by Donnie Norton singing the music of The Rat Pack and more. Board at 7 p.m., depart at 7:30 p.m. and return by 9:30 p.m. Cost is $47.50 per person for all three decks.

Ticket includes the cruise, entertainment, cheese, crackers, chocolates, wine and more.

For more information call JM Productions at 857-333-4199.

# Newton Humbled To Be In New Position

## *Quincy's New Assistant City Clerk*

By SCOTT JACKSON

Quincy's new assistant city clerk said it is a "humbling experience" to be in his new position, given the people who have served in that role before him.

Joseph Newton, who turns 49 on Saturday, was appointed assistant city clerk June 27. The position became available in April, after Nicole Crispo, the previous assistant city clerk, was appointed the new city clerk by the City Council.

Prior to his appointment as assistant city clerk, Newton spent eight years as the operations manager for the Department of Public Works and served two terms on the City Council, where he represented Ward 6. In a recent interview, Newton said he is thrilled to be in his new position at City Hall.

"Some of the assistant city clerks have been phenomenal," he stated. "Nicky now is the clerk. We had Maureen Hallsen here for all those years, Tommy Burke who was John Gillis' right hand man, and former Council President Pat Toland. I'm just thrilled to be in that kind of realm – to be part of this. That's a huge, humbling experience because I've known them all and as a councillor you come in and you see how much work they do.

"It's incredible…I'm really looking forward to it. It's a great office. It's extremely active. It's the pulse of the city that you get here – all the city councillors, everything goes through here. I'm thrilled – I really am."

Newton said it had been a "whirlwind" first few weeks for him in his new position as assistant city clerk. While he is no stranger to City Hall – having served on the council and volunteered during previous elections – Newton said he didn't realize how busy the clerk's office could be.

"It's funny. The stuff I did on the council side, and even the stuff I did helping out with elections, you're out there and you don't see what's going on here. It's amazing," he said. "I've been watching everyone out front here (the clerk's office) – everyone is dedicated. Talk about multitasking, they've got 15 different things to do and it's crazy."

Newton said he has been busy learning the role from the ground up.

"I work for Nicky, and I'm looking forward to it because here is someone who has done everything. I knew Nicky when I was a councillor, so that's what's so funny about it. She knows every aspect of it," Newton said.

"What I'm doing now is, right now I'm learning a lot of the ground up things, from genealogy to vital statistics. Taking a lot of phone calls, whether it's from planning or outside people looking for ordinances. It's interesting. I'm just getting geared up."



NEW ASSISTANT CITY Clerk Joseph Newton, a former Ward 6 councillor and previously the operations manager at the Department of Public Works, says he is humbled to serve in his new post.
*Quincy Sun Photo/Scott Jackson*

A Squantum resident, Newton was first elected to the City Council in 1999, when Bruce Ayers opted not to run for re-election after being voted to Beacon Hill; he was re-elected in 2001.

"I always active in the community," Newton said, explaining he had been a baseball and softball coach and active in neighborhood groups. "Bruce was running for state rep., so I made a bid for that. My grandmother worked here and I had an older aunt who used to be the director of civil service, so I've seen a lot of politics around and I've seen the impact you can make on a community through politics.

"I got on and my big thing as ward councillor was just to make an impact on the community…It was a lot of running around, but it was a lot of fun."

Newton said the current City Council reminds him of the councillors he served with.

"I served on a very active council. This council reminds me a lot of them," he stated. "I know some of them are new to it, but you get a sense they're very bright and they're going to be very active."

In 2003, Newton challenged then Mayor William Phelan in that year's race to serve as the city's chief executive.

"That didn't go as well as I wanted it to go, but it was a tremendous experience," Newton said. "I met so many people along the way there that I'm still friendly with today. It was a good experience."

With the Department of Public Works the last eight years, Newton oversaw the operations of the highway department.

"It was pretty much all highway operations, whether it was sidewalk repair, street-sweeping programs, weed-whacking programs, summer kids," he said. "We worked with the [state Department of Environmental Protection] in the rear yard to make sure it was in compliance. Snow operations was a huge part of it."

Newton said he decided to leave that position within the DPW because he always wanted to work in the clerk's office.

"I always wanted to work in here on the election side, and never saw anything open. When it wasn't filled, I inquired about the position," he stated. "Then I had a long meeting with Nicky, explaining I had all this experience on the council side that would be good for this office, the election side I know, I have a lot of different things I bring to the table here."

Newton said he was particularly excited to join the clerk's office this year, with the presidential election looming large in November.

"I love elections. I can't wait, because that's going to be a very crazy time. It's going to be a crazy time but a good time," Newton said. "It's exciting any time you have a big election. I'm really looking forward to it."

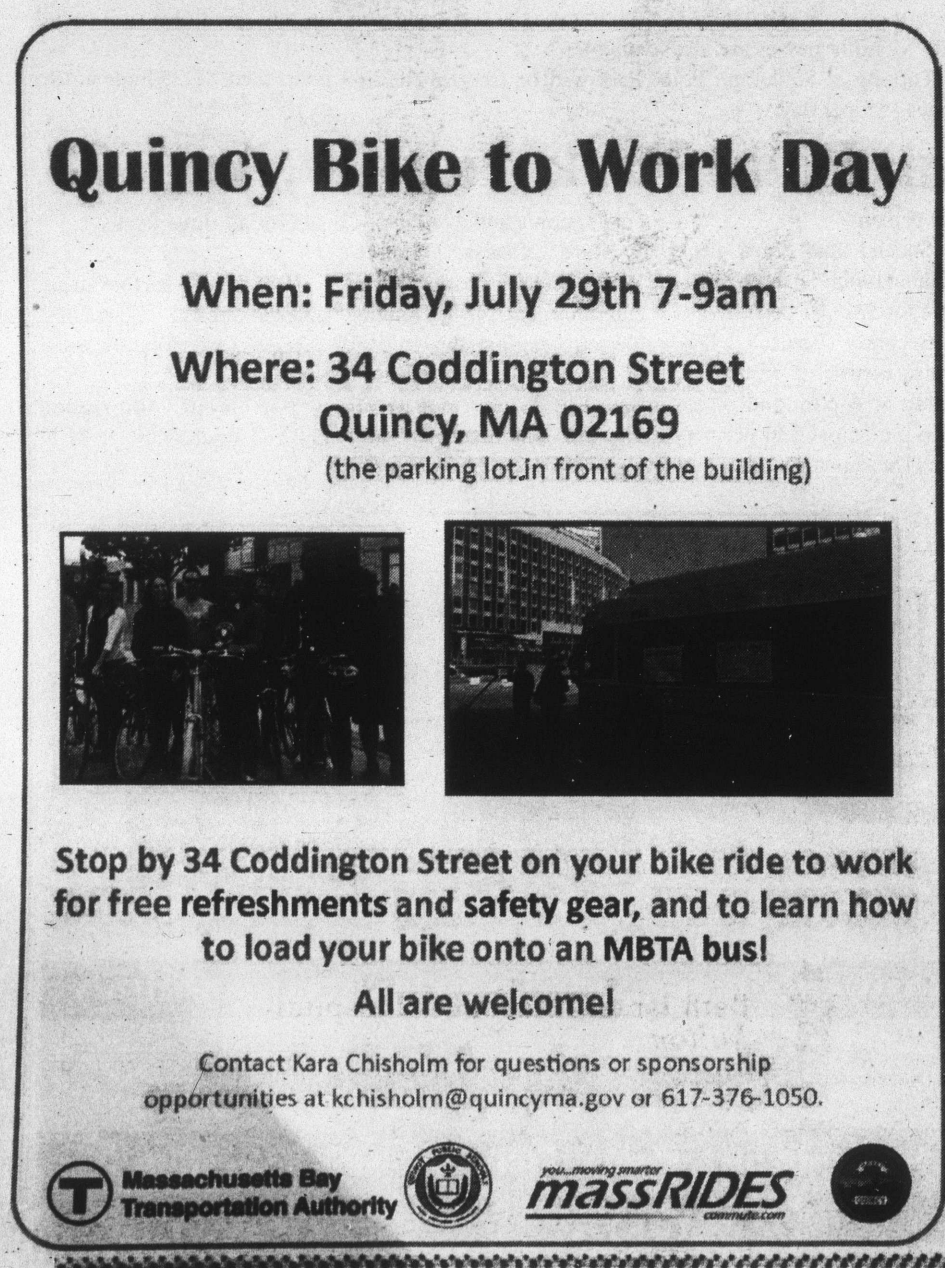
# Quincy Bike To Work Day Friday

The public is invited to join Mayor Thomas Koch's Bicycle Commission and the Quincy Planning Department for Bike to Work Day on Friday, July 29th from 7 to 9 a.m. in the parking lot in front of 34 Coddington St.

Stop by to learn how to load a bike onto an MBTA bus, enjoy free snacks, and receive some complimentary safety gear courtesy of MassRIDES (while supplies last).

Arriving by bike is highly encouraged, but not required.

The Commission extends special thanks to Quincy School Supt. Dr. Richard DeCristofaro, Laura Owens, Michael Draicchio, and the rest of the School Department for making the parking lot available for the event.




# QHS Class Of 1966 50th Reunion Aug. 20

Quincy High School Class of 1966 will hold its 50th reunion Saturday, Aug. 20 at the Tirrell Room, 254 Quarry St., Quincy, from 6 to 11 p.m.

The evening will feature dancing and music of Dave Becker, DJ Plus.

Dinner will be served at 7 p.m.

For further information call Pat (Walsh) Matterazzo at 781-706-5103 or Steve Demaggio at 781-331-4736 or email qhsclassof1966@gmail.com.

More information is also available at www.http://qhs1966.com.

# Block Island Trip Aug. 16

The Quincy Council on Aging has scheduled another trip to Block Island on Tuesday, Aug. 16.

The day trip includes Block Island sightseeing tour, lunch at the National Hotel, round trip Block Island Ferry and motor coach.

There will also be time to browse the shops.

The trip is for anyone over the age of 60.

The cost for the day is $109. Bus departs from Quincy at 8 a.m. and departs from Block Island at 4 p.m. arriving home at approximately 7 p.m.

To sign up for this trip visit the Kennedy Center. Payment is due at sign up. For more information call (617) 376-1506.

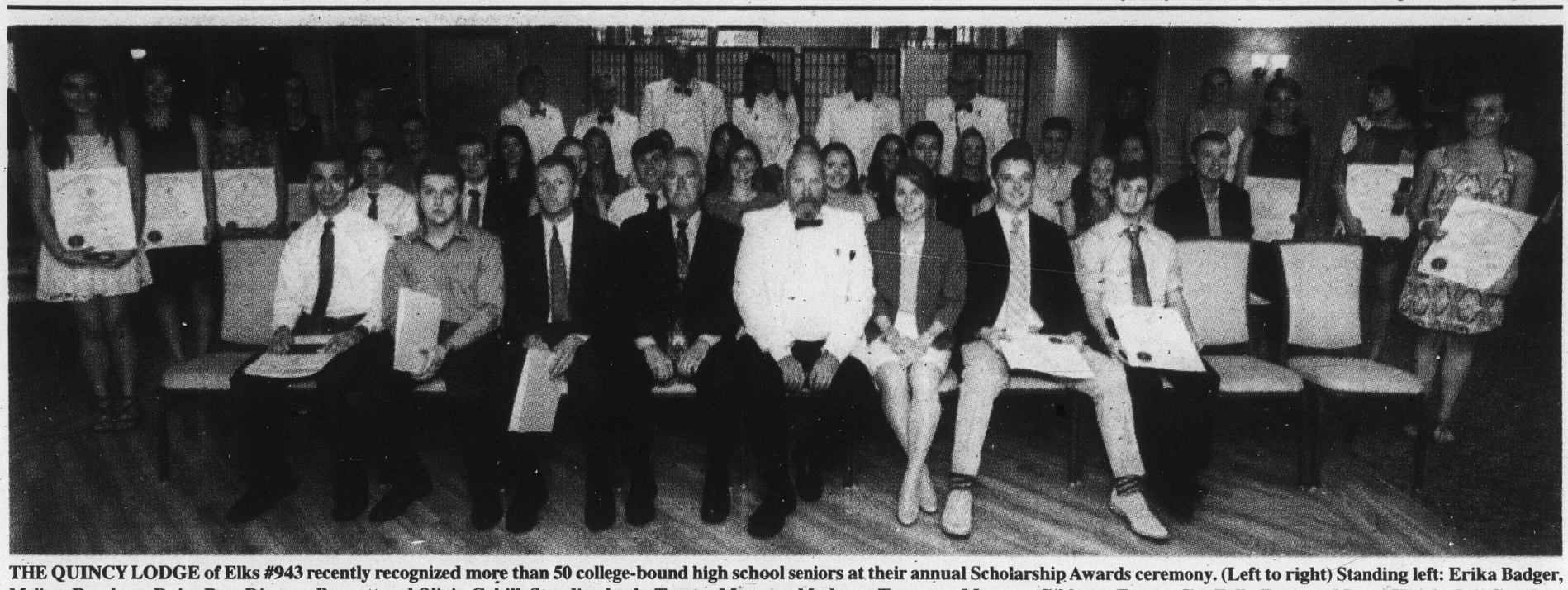
# Lobster Cruise Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up.

For reservations visit the Kennedy Center at 440 East Squantum St.



THE QUINCY LODGE of Elks #943 recently recognized more than 50 college-bound high school seniors at their annual Scholarship Awards ceremony. (Left to right) Standing left: Erika Badger, Melissa Bambery, Daisy Ban, Dianora Bennett and Olivia Cahill. Standing back: Trustee Maureen Mesheau, Treasurer Maureen Gibbons, Trustee Jim Folk, Esteemed Loyal Knight Juli Creedon, Tiler Robert Jerdan and Esteemed Leading Knight Martin Blake. Standing right: Alyssa Camara, Mollykate Cannon, Kara Carchedi, Italia Colon and Maura Crump. Seated front: Justin Rusko, Michael Travers, Kevin Trifone, Rep. Bruce Ayers, Scholarship Committee Chairperson; Exalted Ruler Frank Bertoni, Attorney General Maura Healey, Owen Walsh and Nicholas Warner. Seated middle: Conor Mackey, George Maier, Erin Martin, Brian McGahan, Rachael McIver, Jamie Meade, Evan Naser, Michael Nazzaro, Christine Norton and Colin O'Donnell. Seated back: Zachary Erickson, Meghan Forde, Laina Frazier, Sarah Golden, Corrina Hartford, Lauren Hilliard, Victoria Hubley, Caroline Keenan, Jason Lamie and Olivia Limoncelli-Rothwell.

*Photo Courtesy Mindi Sokoloski of MS Photography*

# AG Healey Joins Quincy Elks At Scholarship Ceremony

The Quincy Lodge of Elks #943 recently recognized more than 50 college-bound high school seniors at their annual Scholarship Awards ceremony.

The event, held in the Tirrell Room, was hosted by the Quincy Lodge of Elks under the leadership of Exalted Ruler Frank Bertoni, his officers and trustees.

Massachusetts Attorney General Maura Healey attended as the special guest speaker, as students from Quincy and across the South Shore were recognized for their academic achievements.

In total, 52 students were selected from hundreds of applicants to receive a scholarship award, making this year the largest class of scholarship recipients the Quincy Lodge has ever had.

State Rep. Bruce Ayers, who serves as the chairman of the Quincy Elks Scholarship Committee, commended Healey for her support of the Elks and the students and thanked her for speaking at the event, which was attended by over 200 people.

Ayers also thanked Exalted Ruler Bertoni and the Elks officers and trustees for their financial support towards the scholarship recipients.



**ESTEEMED LEADING KNIGHT Martin Blake presents Attorney General Maura Healey with an Elks pin. Healey attended the recent Quincy Lodge of Elks Scholarship Awards ceremony.**

After opening remarks from Bertoni and a keynote speech from Healey, Ayers called out the names of each scholarship recipient and announced where they would be attending college. The students were then presented official Massachusetts state citations by Ayers, Healey, and Bertoni commemorating their accomplishments.

Following the presentation and a group photo, a video was shown of U.S. Senator Elizabeth Warren commending the Quincy Lodge of Elks and sending well wishes to the recipients.

Ayers praised the organization for all they do to support continuing education.

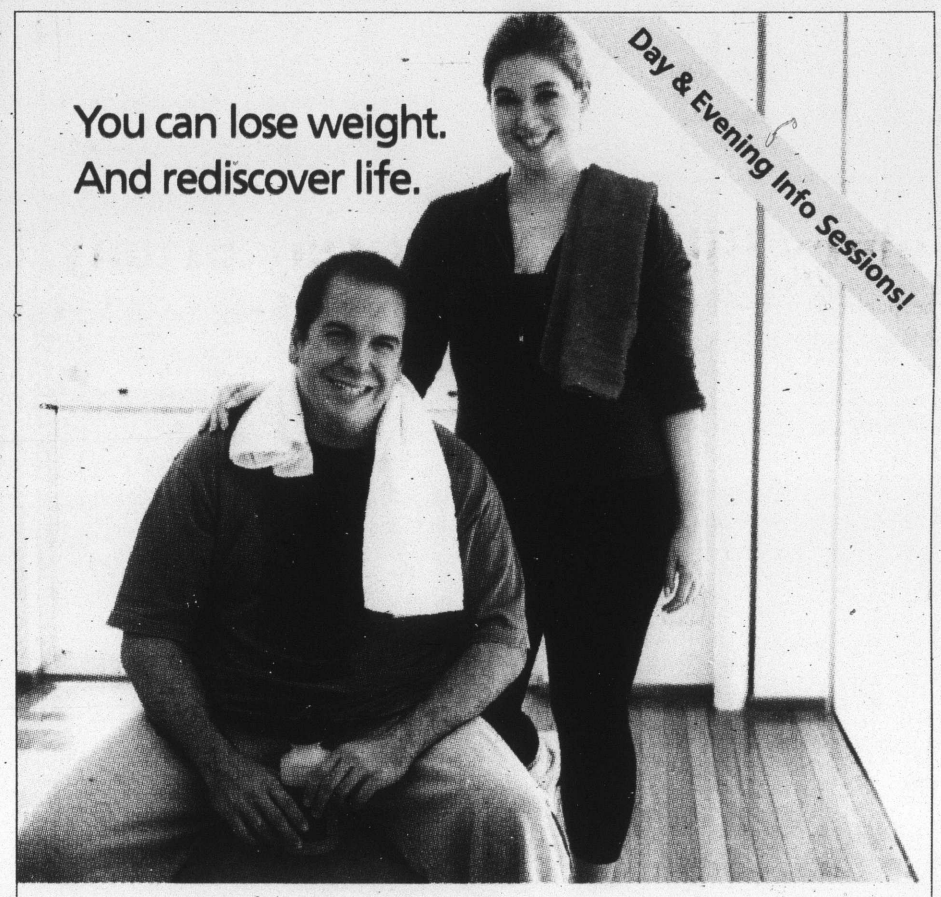
"The Quincy Lodge of Elks give so much back to the community," he said. "Whether it's through youth support programs; veterans' services; holiday food basket drives; senior activites; or the scholarship program, the Elks are always willing to volunteer their time for the betterment of others."

Nationwide, the Elks are the second-largest provider of financial assistance for continuing education, behind only the United States Government.

For more information on the Quincy Lodge of Elks scholarship program, contact Chairman Bruce Ayers at brucej.ayers@yahoo.com.



**STATE REP. BRUCE AYERS (left), chairman of the Quincy Lodge of Elks Scholarship Committee, introduces special guest speaker Maura Healey, the state attorney general, at the Elks' recent scholarship awards ceremony.**


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**JOIN US**

**Day Session**

**Date:** Tuesday, August 2
**Time:** 12:30 p.m.

**Evening Session**

**Date:** Thursday, August 18
**Time:** 6:00 p.m.

**Place:** Nangeroni Education Center at Beth Israel Deaconess Hospital- Milton
199 Reedsdale Road, Milton

To register for a ***FREE*** session, call **617-313-1440.**

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WEIGHT LOSS SURGERY

# Osprey Chicks Banded In Quincy

By KAREN WALKER

It may have been an odd sight – a large group of people, mostly young women, trudging through the tall marsh grasses, jumping over drainage ditches, mud up to their calves, hauling a 40 foot ladder – all led by Norman Smith. But the mission was a heartfelt one, and one of great significance to the Osprey of Quincy.

Norman Smith, director of Mass Audubon's Blue Hills Trailside Museum, who has a Master Banding Permit issued by the U.S. Fish and Wildlife Service, banded two local Osprey nests in Quincy recently with the help of Lesley College students, volunteers, and Trailside staff. He has already banded 18 other nests in Massachusetts this season.

One nest, located in Squantum, contained two 4-week old healthy chicks, and the other nest, seen from Caddy Park, had two 2-week old chicks. The Caddy Park nest is a fairly new platform built by Chuck Phelan with the help of the Boy Scouts. It seems their hard work has paid off. A young pair of new Osprey parents successfully used the nest for the first time this year.

Our Osprey can only thrive in healthy environments. Seeing the osprey here in Quincy, is a definate reflection on the high quality of our clean harbors.

Banding provides information such as migration, life span, and how the Osprey disperse.

Please remember to stay back at least 200 feet from any Osprey platform. Do not let leashed or unleashed dogs approach the nest, and please refrain from riding motorized vehicles near the platform from May until when the birds head back to South America in September.

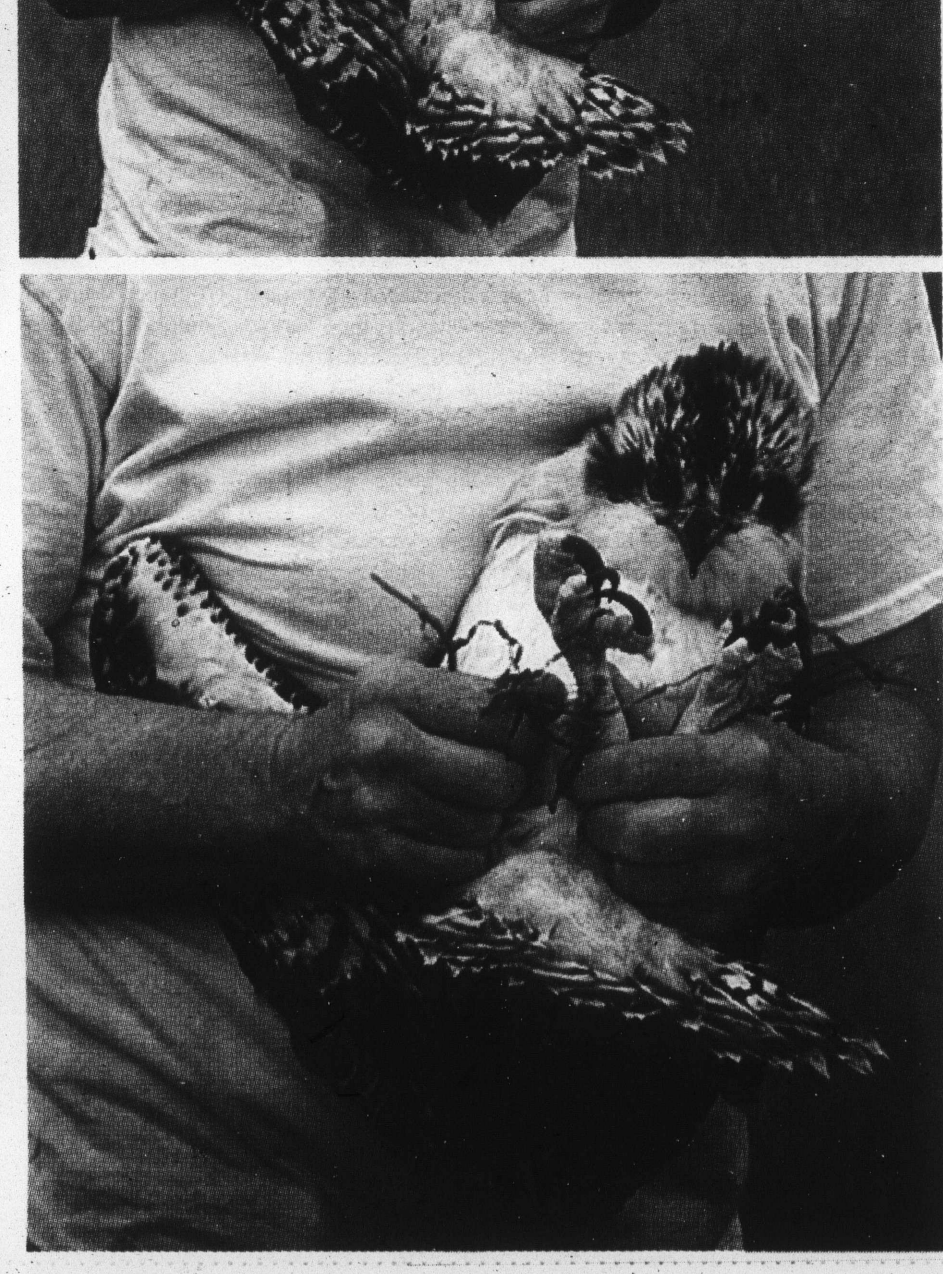
To learn more about the Trailside, its mission and its programs, contact 1 -800-AUDUBON (800-283-8266)



NORMAN SMITH, director of Mass Audubon's Blue Hills Trailside Museum, recently banded two pairs of Osprey chicks at two nests in Quincy. Also lending assistance were students from Lesley College, volunteers and Trailside Museum staff.

*Photos Courtesy*
*Karen Walker*
*Wildlife Photographer*





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THURSDAY, SEPTEMBER 8TH 5-7PM

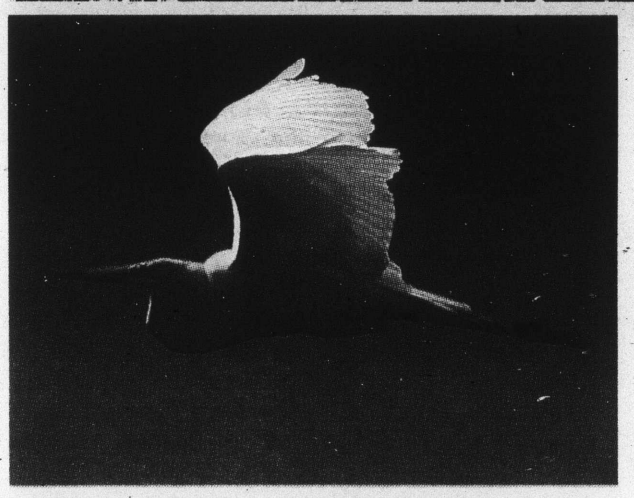
# Seen In The Sky: Osprey, Egrets At Blacks Creek





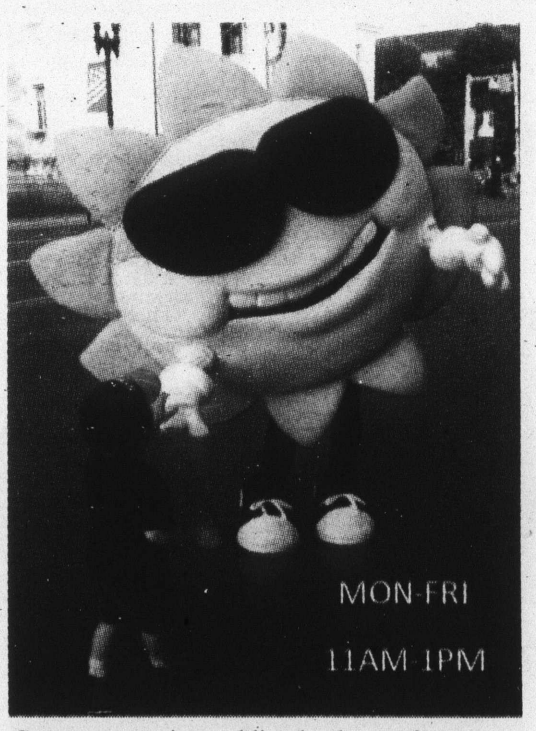








**YOU DON'T HAVE to leave Quincy to see some majestic birds. These photos of osprey (brown feathers) and egrets (all white) were spotted recently at Blacks Creek near Merrymount Park. The photo directly above this caption shows an adult Osprey and two chicks at a nest near Caddy Park. Two pairs of chicks were recently banded by Norman Smith, director of Mass Audubon's Blue Hills Trailside Museum. Banding provides information such as migration, life span, and how the Osprey disperse.** *Quincy Sun Photos/Robert Bosworth*


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July 5-August 19 (no lunch 7/4)

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**Ward II Community Center,**
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**Lincoln Hancock School,**
300 Granite Street , Quincy Ctr.
**F.W. Parker School**
148 Billings Road, North Quincy
**Montclair Elementary School,**
8 Belmont Street, North Quincy

Go to www.quincypublicschools.com for menu.

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# Quincy Red Stockings 13U New England Champions



QUINCY RED STOCKINGS 13U recently won the New England AAU Open Division Championship. Front row left to right: Robert Broderick, Ryen Lawton, Johnny Christiani, Charlie Maher, Devin Desmond, Harrison Stengel. Back row: Tom Mayo (coach), Joe Brahimi, Rob Lawton (coach), Matt Kelly, John Christiani (coach), Jack Prichard, Eric Mayo, Thomas Roche, Andrew Bradley, Aidan McDonnell, Declan Geary and Kyle Ainsley (head coach). Missing from photo: John Bell and Talha Qasim.

*Photo Courtesy Amy Kelly Photography*

By DAVID MAHER

The Quincy Red Stockings 13U won the New England AAU Open Division title on July 17th in the final round of playoffs in Worcester.

After the regular season, they finished with a record of 19-6. Coming into the postseason as the #11 seed in the 13U-open bracket, the Red Stockings had to take on the 8th, 1st, and 6th seed. They were the underdogs in this series. These underdogs became champions.

Coached by Kyle Ainsley, they fought hard, played great, and when things looked grim, didn't back down.

**Quarterfinals vs. Blackstone Valley Thunder at Worcester State University**

Quincy trailed 1-0 going into the top of the 2nd. Jack Pritchard walked, stole two bases, and on an error by the shortstop, came home to tie the game.

In the top of the 3rd, with the score tied at one, Eric Mayo started off with a walk. Andrew Bradley moved him to 3rd on a double. Despite a strikeout to Devin Desmond, Johnny Christiani socked a sac fly to bring home Matt Kelly, who pinch ran for Mayo. A double by Joe Brahimi gave the Red Stockings a 3-1 lead followed by an RBI single by Pritchard to bring in Brahimi.

Despite a Thunder rally in the late innings, the Redstockings didn't give up. Great defensive plays and outstanding pitching were big keys to a nice 9 to 5 victory as they became one of the four teams going to the next round. It was a great game to watch as these young baseball stars showed their all-around talent.

Thomas Roche picked up the win going 5 solid innings and giving up 4 earned runs. Joe Brahimi went a perfect 4-4 with three singles, a double, and scored twice.

**Semifinals vs. West Bridgewater Giants at Holy Cross' Fitton Field**

This was one that wasn't going to be easy. The West Bridgewater Giants came in as the undefeated top seed and beat the Red Stockings 3-1 in the regular season.

The game was scoreless until the top of the third inning. Ryen Lawton singled. On a passed ball, he stole second and took third on a Devin Desmond groundout. Johnny Christiani sacrificed a bunt to the pitcher to score Lawton. Brahimi singled to left. But the inning ended with a fly out by Aidan McDonnell.

An important play came up in the bottom of the 4th. With runners on first and second, a single by the Giants looked to score a run. But a good throw by Desmond saved a run and the game remained 1-0 Quincy.

The game was tied at 2 going into the top of the 7th. Harrison Stengel singles. Andrew Bradley singled to moved Stengel to second. Matt Kelly laid a sacrifice bunt which got Stengel out at 3rd. Robert Broderick bunts to the pitcher, loading the bases. On a passed ball, Bradley scores. Devin Desmond pops to first. Johnny Christiani singles, scoring Kelly. Joe Brahimi singles, scoring Broderick. Jack Pritchard flied to center. The Red Stockings held off the Giants in the bottom of the 7th. The game ended 5 to 2 sending the Red Stockings to the championship game.

Joe Brahimi pitched a complete game giving up 2 runs and striking out 7. He also went 3-3 with 2 singles, a walk, and a double.

**Finals vs. Worcester Bravehearts at Holy Cross' Fitton Field**

The showdown for it all. What a game this was. This game went down to the wire.

It wasn't looking good for Quincy early as they went into the top of the second down 0 to 3.

Matt Kelly walked and stole second. Eric Mayo popped to second. Robert Broderick hit a sac bunt which moved Kelly to third. Devin Desmond singled, scoring Kelly.

It looked like the game was going to be a quick one as the Bravehearts scored four more runs in the bottom of the second. But Quincy wasn't out yet. In the top of the third, Brahimi singled. Prichard walked. McDonnell popped to 3rd. Stengel singled, loading the bases. Brahimi scores on a passed ball. Kelly walked, reloading the bases. Eric Mayo reached on an error, scoring Prichard. Robert Broderick was hit by a pitch, scoring Stengel. Desmond doubled, scoring Kelly and Mayo. Christiani was out on obstruction. Andrew Bradley, pinch running for Broderick, scores on a passed ball. Brahimi walked and stole second. Pritchard reached on an error moving Brahimi to third. Aidan McDonnell triples, scoring Brahimi and Pritchard. Quincy scored 9 runs to take their first lead of the game.

At the top of the fourth, the score was still tight - 10-8 Quincy. Kelly walked and took second on a balk. Mayo hit a sac bunt to pitcher moving Kelly to third. Desmond hit an inside the park home run to center, scoring Kelly.

Going into the final inning of the game Quincy still lead 12-10. Declan Geary singles. Broderick pinch runs for Geary. Desmond singles moving Broderick to 3rd. Desmond steals 2nd. Christiani sac bunts to pitcher to score Broderick. Brahimi is intentionally walked. Charlie Maher, hits a bunt single to pitcher, scoring Desmond. Brahimi out at home. The Bravehearts attempted a comeback in the bottom of the 7th but the Red Stockings held them to 14-11 and secured the championship.

Jack Pritchard goes 6 innings giving up 8 runs and striking out 6.

The team was coached by Kyle Ainsley with John Christiani, Tom Mayo, and Rob Lawton as assistants.

## Three Residents Graduate Tufts

Three Quincy residents recently earned degrees from Tufts University's School of Arts and Sciences and the School of Engineering.

They are:

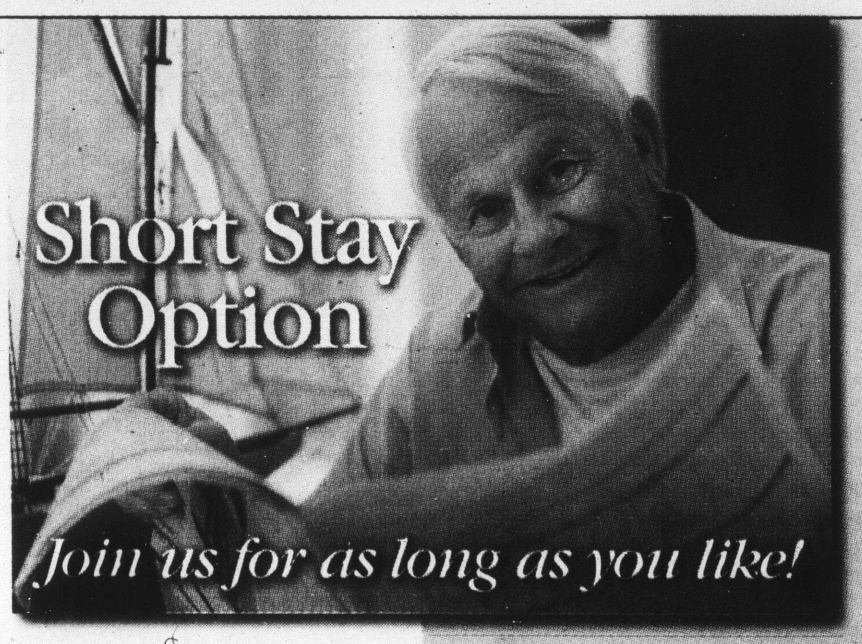
Tommy To, bachelor's degree in biology magna cum laude; Christina Ng, bachelor's degree in biopsychology, magna cum laude; and Alex Huang, bachelor's degree in economics.

## Andrew Spada Presents Project

Andrew J. Spada of Quincy recently presented his Freshman Innovation Project at the Western New England University College of Engineering's 2016 Emerging Expo held on the University campus.

Spada's project was entitled "SmartFind: A Smart Device to Find Your Most Cherished Everyday Objects."

Freshman Product Innovation projects allow students to gain experience and knowledge at an early stage of their education with innovation and design of a new product.


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# QCA Girls 5/6 Team Boston CYO Basketball Champs

## *Undefeated 25-0 Record*

The 2015/2016 Quincy Catholic Academy 5/6 grade girls basketball team recently completed an undefeated 25-0 season with a 30-14 win over Blessed Sacrament to take the Archdiocese of Boston CYO Championship.

The QCA girls – led by the star trio of Emma Dahl, Angelina Coletti and Swetha Venkatesan – finished the year 25-0 as champions of the North Quincy Sacred Heart basketball league, South Shore Parochial School League and Archdiocese of Boston CYO.

This was the second straight North Quincy Sacred Heart championship and first CYO championship for Quincy Catholic.

The Lady Wolves took a one-point lead into halftime of the Archdiocese of Boston CYO championship game and then used a smothering full court press and dominating performance under the boards to quickly put the game out of reach in the second half.

QCA's Lena Waldron finished with a game high 10 points.



**QUINCY CATHOLIC ACADEMY 5/6 grade girls basketball team recently won the Boston CYO champion going undefeated this past season. Bottom row: Roseanna Pirolli, Kate Billard, Olivia Bailey, Abigail Newton, Angelina Coletti, Emma Dahl and Kylie Vo. Second row: Coach Jeff Frankel, Ella Stafford, Lena Waldron, Mia Pecevich, Hannah Leung, Karaline O'Toole, Lauren Lai, Swetha Venkatesan and Coach Paul Coletti.** *Photo Courtesy Jeffrey Frankel*

# Gritty, Gutsy Morrisette Nearly Pulls Off Stunner

**By BILL GRIFFIN**

One inning.

Take away one inning and Morrisette writes a remarkable chapter in the rich history of Post 294 baseball. In the space of just over 48 hours, they went from one strike away from elimination to within nine outs of the District 6 title, a stunning run of four victories, including two walk-offs, against the royalty of legion baseball: Braintree, Westwood, Franklin and Milton.

They were on the threshold. In the first game of the championship doubleheader, lefty Joe Cochrane threw a magical three-hit shutout to lead Morrisette past Milton, 6-0. Post 294 needed to win the second game to bring home the title. Cochrane started the second game. It's true. He did. They were up, 3-0 going into the bottom of the fifth.

They were nine outs away. They were close, so close to a championship season that would be forever be remembered and chronicled. The clock then struck midnight. Milton exploded. Milton scored seven runs in the fifth and went on to a 9-3 decision and the district championship before a large crowd at the Braintree High School Field last week.

"People will always remember what we did. They might remember us longer than they remember Milton. It was that amazing," said coach Steve Maze. "The day after the game, I got phone calls or texts from almost every coach in Zone 6, congratulating us on what we did. To lose the first game, to come back twice after trailing in the final inning is memorable."

All talk of the championship doubleheader begins with Cochrane. He walked two, struck out seven, and completely baffled Milton in the first game. After the sixth inning, Maze had an idea. Let's start him again. His coaches laughed. Maze was not joking.

Cochrane started again. He sat for 25 minutes and came out firing. He threw 3 1/3 innings of shutout baseball. He allowed Morrisette to build a 3-0 lead. He finished the night with this line: 10 1/3 innings, six hits allowed, no runs, two walks and ten strikeouts. Read it and remember it. It will not soon pass this way again.

"I had a pitcher throw a perfect game in the playoffs. I had a pitcher who threw a no-hitter. I had a 16-year old kid beat the No. 1 overall seed, but Joey Cochrane gave us one of the gutsiest performances I have ever seen," said Maze.

It was more than grit. On the biggest of stages, against an excellent team, before a roaring crowd, Cochrane had a night about which pitchers dream. He was in a zone. He didn't have his best stuff. He had his once-in-a-lifetime stuff. Everything worked. His fastball moved and dipped and rose. His curve had a razor-sharp break. Milton had no chance. Milton is good. Milton is going to the state tournament. Milton can hit. Milton was swinging at air against Cochrane.

"When I told the kids, Cochrane would start the second game, you could see the excitement on their faces. He was that good," said Maze.

If there were an MVP for the tournament, third baseman Troy Shepherd would have won it. Starting with his game-winning hit against Franklin, he was on base eight straight times. In the doubleheader, he had five hits, two walks, and two runs scored. For the five games in the playoffs, he had 10 hits, eight runs scored, four RBI and six walks. He played a gold-glove third base. He was a special player.

"Super kid, super player. He improved by leaps and bounds from sophomore to senior year because he plays baseball all year round. He works at it," said Maze.

Morrisette (18-9) played terrific baseball in the doubleheader. They made two harmless errors in 14 innings. They rapped out 20 hits in the two games. They had chances to break open the second game, stranding five runners in the first four innings. James Moccio (three hits, a run scored), Brendan McDonald (three hits, a run scored, two RBI), and Johnny MacDonald (three hits and a walk) led the offense.

Pat Keohane had two hits, two runs scored and two RBI. Josh Helfrich (two hits, two runs, and RBI), Timmy Keohane (single, double sacrifice, two RBI in Game 2), and Martin McCormack (a hit and two RBI) joined the attack.

The brilliant run was especially satisfying for Maze and his players. The past two years, they finished first. They had the top overall seed. Each year they made quick exits in the playoffs. This year they finished fourth, but in July, it was different.

"The first thing I did was add two great coaches in Pat Bryan and Glenn Misho," said Maze. "We talked at the beginning of the season. We told the kids that winning in the regular season was not as important as improving and hitting our stride for the playoffs.

"If I had to use one word to describe this team, it would be resilient. They never thought they were out of a game until there were three outs in the last inning. They proved that in the playoffs."

That they did.

❑

Franklin rallied from a 4-0 deficit to eliminate Morrisette, 6-4 in the District 6 Junior Legion tourney last week.

Matt Tomlinson had a two-run triple and Ryan Cox chipped in with a pair of hits. Cam Munchback pitched well for Morrisette.

Morrisette, who finished first in Zone 6 in the regular season and was the defending district champion, ended the season at 20-5.

"I told the kids and parents after the game that they were the best group I've ever coached," said coach Gerry Shepherd. "There wasn't one complaint all year. Everyone did what was best for the team. The returning veterans like Cox, Matt Fox, Frankie Wahlburg, Curtis Frazier, and Griffin Lynch were excellent leaders. The first-years players like Alex Kiley, Owen Carberry, and Andrew Airosus stepped up and played well. The future is bright."

## 25th William Hutchinson Golf Tournament



**THE 25TH ANNUAL William Hutchinson Golf Tournament was recently held at Furnace Brook Golf Club. More than 60 golfers participated in the scramble format and then enjoyed a delicious meal prepared by Anthony Columbus. The weather and course conditions could not have been better. Special thanks to head pro Mike McBroom and Furnace Brook Golf Club for hosting. Players included Russ Erikson (93 years young) and Mike Hutchinson (son of William) who flew in from Minnesota and presented the committee with a plaque celebrating 25 years. Monies raised are used to fund the William Hutchinson Scholarship which is awarded to any male or female hockey player who graduates from Quincy High School and continues their education. The committee has awarded over $45,000 in the 25 years. Shown here (from left) are Chris McArdle, president; Bob Carroll, Golf Committee; Michael Hutchinson and Dennis Bertoni, treasurer.** *Photo Courtesy Dennis Bertoni*


VOICE FOR HEALTH

by Dr. Gabrielle Freedman
*Chiropractor*



**WORKING ON YOUR EMOTIONS**

When stressed, we tend to contract our shoulders and lower our heads. Taken to the extreme, this posture can bring about increased tension, torque, or stretching of the nerve structures. These obstructed nerves may then cause muscles to contract and vertebrae to move out of alignment in response. While chiropractic treatment may not alleviate the causes of emotional stresses, it can help us achieve a state of good mental health by removing the physical manifestations of stress. As a result of relieving the body of tension and restrictive postures, those under stress may find themselves in better positions to deal with external pressures. By breaking the vicious cycle of emotional pressure, subluxation, and pain, chiropractic helps patients achieve emotional well-being.

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*P.S. Research suggests that stress in the workplace is as detrimental to health as secondhand smoke.*

**www.freedmanchiro.com**

# State, City Officials Tour Houghs Neck Boat Ramp

State and local officials, including Lt. Karyn Polito and Mayor Thomas Koch, toured the Houghs Neck Maritime Center Tuesday afternoon to highlight plans for a new boat ramp funded through a state Seaport Economic Council grant.

Gov. Charlie Baker's administration in November 2015 announced a $680,000 seaport economic grant to Quincy to pay for reconstruction of the boat launch ramp. The current ramp is only accessible for four hours around high tide – two before and two after – and is inaccessible at other times. The new ramp will be designed for use during all tidal conditions, which is intended to boost tourism, fishing and recreational boating activity.

Joining Polito and Koch on the tour Tuesday were Carolyn Kirk, the deputy secretary of housing and economic development for the state; Rep. Tackey Chan; and Rep. Bruce Ayers.

The Seaport Economic Council was re-launched in August 2015, with a mission to strengthen the maritime economy, promote economic development, and support resilient infrastructure in all 78 of Massachusetts' coastal communities while preparing them to engage with the challenges posed by rising sea levels and increasingly powerful coastal storms.

Polito serves as the chairwoman of the council and Kirk, a former mayor of Gloucester, is its vice chairwoman.

Koch targeted the Houghs Neck Maritime Center for upgrades in the five-year capital improvement plan he unveiled in May.

# Wollaston Battling Cedar Grove In Playoffs

By BILL GRIFFIN

They earned themselves another night of baseball.

Pitcher Evan Fienberg controlled the game from start to finish. Alex Linskey and Pat Freeman ignited the offense from the top of the order. Shortstop David Cooper and right fielder Peter Saccoach highlighted a defense which was steady and, at times, exceptional.

Fienberg hurled a seven-hitter, struck out nine and broke open the game with a two-run single in the fifth to lead Wollaston Babe Ruth to a 5-2 win over Cedar Grove which evened their best-of-three South Shore Senior Babe Ruth League playoffs series at 1-1 Monday night at Adams Field.

Cedar Grove rallied from a 2-0 deficit to win the opener, 6-4 Sunday night despite a big night from Linskey who had three hits and three stolen bases.

"We played well tonight in a game we had to win. Evan is our ace and he gave us a big game. Linskey and Freeman set the table on offense and our defense was solid," said coach Steve Reardon whose team finished fourth during the regular season with a 7-7 record.

Wollaston and Cedar Grove played the third and deciding game of the series Wednesday at 8 p.m. at Adams Field.

Fienberg threw strikes, had a good fastball, and mixed his pitches well. He walked just two, gave one earned run, kept everything down and had Cedar Grove off balance between his fastball and curve in boosting his season's record to 5-1. He has 44 strikeouts in six starts.

**Babe Ruth**

"He figured out the strike zone early. He knew the umpire was calling the low strike, and that's where he kept the ball," said Reardon.

He also made the big pitch in game-deciding situations. Twice, he ended an inning with a bases-loaded strikeout, including the final out of the game. He worked out of a two-on, two-out jam in the first on a harmless fly ball. He stranded 11 runners on the night. When he needed to make a pitch, he made it.

"That's the way an ace is supposed to pitch, and that's the way he's been all season," said Reardon.

Linskey (.333 average for the season) had a walk, a single, two runs scored and two stolen bases which gave him five steals in the first two playoff games. Freeman added a single, triple, a stolen base and two runs scored. That's three hits, four runs scored, a walk and three stolen bases out of the 1-2 spots in the order. They each scored in the first as Wollaston jumped to a 2-0 lead which they never relinquished.

"Pat Freeman has been a catalyst for us lately and Linskey has been one of our best players all season. We've run the bases well. We stole 125 bases during the season," said Reardon.

Six different players hit safely for the winners who added three runs in the fifth. Fienberg (.308 for the season) had a single, double and two RBI. Ben Regan (.273 for the season) had a single and an RBI while catcher Garrett Cronin (.308 average) added a double.

Saccoach (.290) had a single and an RBI. Ty Finn (.333 average) drove in a run for Wollaston.

"Fienberg had a big hit. I was happy to see him get it because he was in a little slump. He handles a high fastball well which is what he got for the hit," said Reardon.

Saccoach made the defensive play of the night. He went back at full speed and made a back-to-the plate grab of a long drive to right in the sixth with a howling wind carrying the ball towards Wollaston Beach. Cooper (just two errors on the season) cleanly handled four chances at short and Linskey made a good grab on a shot to center to start the second. Linskey had a terrific night in center in the opener of the series.

"Cooper has been a like a vacuum cleaner at short. Linskey and Saccoach have played excellent defense all season," said Reardon.

Wollaston had 37 players try out for the team this summer. Rather than make cuts, Reardon divided the players into two squads. The Wollaston Blue, or the veteran team, is the club that faced Cedar Grove. Wollaston Black, which is comprised of younger players, finished at 6-7-1, and fell to Milton, 11-0 in the first game of their best-of-three series.

"The younger team has come together well. They improved a great deal. Jay Fidalgo, Joe Valpondo, and Frankie Flora have done an excellent job coaching them," said Reardon.

# Beach Party Saturday Concludes DQ's '50 Days Of Freedom'

By MARGARET LAFOREST
Executive Director
Discover Quincy

This summer, Discover Quincy has hosted "Wolly Beach Wednesdays" offering children's entertainment, lawn games and music and to wrap up the "50 Days of Freedom" program series is having a similar event on Saturday, July 30, from noon to 3 p.m.

DJ Rob Buttomer will energize the crowd while all ages are welcome to help create "Art in the Sand." These crop circle style designs are the signature work of artist Andres Amador.



**PEOPLE OF ALL ages are invited to create "Art in the Sand" featuring crop circle style designs at a beach party Saturday, July 30 at Wollaston Beach. The event, sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation and Recreation, will culminate Discover Quincy's "50 Days of Freedom" program series.**

The Save the Harbor, Save the Bay staff will help people of all ages turn Wollaston Beach into a work of art while it's low tide. At 1 p.m., Mary Read the Pirate Storyteller tells tales about the people who sailed in the Golden Age of Piracy, and the wonders of the Seven Seas. In the early 1700s, Mary Read disguised herself as a sailor to survive in the harsh world and became a pirate by accident when her ship was captured by Captain "Calico Jack" Rackham.

Our lawn games – cornhole, connect four, jenga, lawn checkers and chess – will be out for all to enjoy. Look for us across from the Clam Box, 789 Quincy Shore Dr.

The event is sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation and Recreation.

# 37 Local Cyclists Riding In Pan-Mass Challenge

Thirty-seven local residents will participate in the 2016 Pan-Mass Challenge Aug. 6 and 7, the largest single athletic fundraising event in the country.

They will be among 6,500 cyclists who will ride with the collective goal of raising $46 million to support adult and pediatric patient care and cancer research at Dana-Farber Cancer Institute.

Riders from Quincy and North Quincy are:

Quincy: Allyn Lodge, Amanda Kelley, Andrea Millmore, Andrew Childs, BJ Tynan, Bradford Vezina, Brian McLean, Caroline Galligan, Carolyn Brayfield, Chad Dupuis, Chris Stuckart, Colleen Feeney, Glenn Pujado, James Conley, Joel Attardo, John Rowland, Jon Sidoti, Jr.; Joshuan Lamm, Julie Devereaux, Justin Callahan, Katherine Bolger, Kevin Moylan, Kyle Collins, Lauren Buoniconti, Marcy Carty, Michael Forbes, Patrick Walsh, Patrick McDermott, Paul Doupe, Ray Waldron, Richard Keddy, Robin Franceschini, Stephen Ferguson, Susan McGoldrick, Suzanne DeGust and Thomas Herlihy.

North Quincy: Lauren Struzik and Michael Feetham.

During PMC weekend, individual cyclists unite to become one extended family. The camaraderie shared by thousands of cyclists, spectators and volunteers, is one reason riders from more than 40 states and seven countries will return to Massachusetts this August to participate in the PMC, choosing from 12 routes of varying mileage that run through 46 towns.

These cyclists, who are anywhere between 13 and 84-years-old, range from seasoned triathletes, to weekend warriors who trained for this event alone and everything in between. Many riders participate in the PMC to honor a family member or friend lost to, or being treated for, cancer.

The average cyclist trains for three months, solicits 40 sponsors and raises more than $8,000. Doctors ride alongside their patients; grandparents ride with their grandchildren; and others show support from the sidelines in the form of donations and well wishes. More than 600 riders and volunteers are cancer survivors or current patients, considered "Living Proof" of the PMC mission to find a cure.

"Each year, the PMC is proud to welcome riders and volunteers with unique backgrounds and experiences, from all over the country and all over the world, into our family. This is what makes ride weekend such an impactful and inspiring event," said Billy Starr, founder and executive director of the PMC. "In 2016, we are honored to have more than 6,500 cyclists joining us to ride for a cure and help surpass this year's $46 million fundraising goal."

No other single athletic event raises or contributes more money to charity than the PMC. Since 1980, the PMC has raised more than a half-billion dollars for Dana-Farber through the Jimmy Fund, its fundraising arm. In fact, the PMC is Dana-Farber's largest single contributor, raising more than 58 percent of the Jimmy Fund's annual revenue.

The PMC is presented by the Red Sox Foundation and New Balance. To make a financial contribution to a rider from your town or become a virtual rider, visit www.pmc.org, or call (800) WE-CYCLE. Connect with #PMC2016 on Facebook, Twitter, Instagram, Pinterest and LinkedIn.

## Encore Showing Of Silent Film 'A Romance Of Quincy' Friday

The Quincy Historical Society will host an encore showing of "A Romance of Quincy," the 1916 movie filmed in Quincy with a Quincy cast, Friday, July 29 at 6:30 p.m. at the Adams Academy, 8 Adams St., Quincy.

Composer Del Case will again provide live accompaniment of his specially composed score.

Admission is free and everyone is welcome.

This presentation is part of Discover Quincy's Art Walk Friday in Quincy Center. Please go to www.discoverquincy.com for information on other events and activities.

## VNA Care Seeks Volunteers

VNA Care, a nonprofit home health and hospice organization, needs volunteers to provide companionship to patients and respite for family members in eastern and central Massachusetts.

Training, supervision, and support are provided.

Call 781-569-2811 for more information about becoming a hospice volunteer or visit www.vnacare.org.

# Timing Belts, Used Cars, Brake Pads, Chrome Wheels

## *Ask John Paul: AAA New England's Car Doctor*

**I have a 2007 Chrysler PT Cruiser with only 112,000 miles on it. The dealer says I am due for a new timing belt for almost $1,000. I know the car is almost 10 years old but it runs great and I hate to tinker with it while it is running so well. What's the real scoop, I believe in the adage of if it's not broke don't break it. Should I keep driving or give in and get the work done?**

You should certainly get the timing belt and associated components replaced. If the timing belt fails in the near future, the engine will be badly damaged and will cost much more than $1,000 to perform the necessary preventative maintenance now.

**I am in the market for a six to eight year old Jeep for my son to take to college in Vermont. Am I correct in believing that buying this car from a dealer is a safer bet for a better quality car than buying from a neighborhood used car dealer?**

Many times, the local used car lot and dealers all buy vehicles from the same place, a used car auction. The advantage of a new car dealer is that they may get a low mileage trade in from a previous customer and this could be a better car. When buying any six to eight year old used car, my advice is that no matter where you purchased, have a used car inspection performed. If the technician finds any issues with the Jeep they should be fixed before the car is purchased.

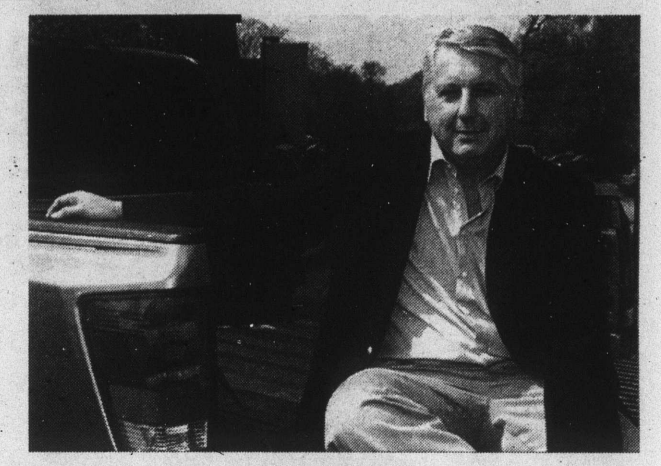
**I recently purchased a used Hyundai and after some recent rain I have noticed some moisture inside the headlights. The car is under warranty. Should I bring the car back to the dealer while it is still under warranty?**

It is possible the seal for the bulb assembly is allowing some moisture into the headlamp capsule. I would bring the car back to the dealer and have them repair or replace the headlamp while the car is still under warranty.

**The rear brake pads are getting low on my Honda. What brand of pads would you recommend and where would you buy them? Would you just do the pads if the rotors look good? The car only has 37,000 miles on it and I plan on doing the repairs myself.**

Brake pads vary in price and quality. The factory brake pads are always a good choice and cost about $60, and a good aftermarket pad such as Raybestos or Bendix costs about $25 - $60 online. Ceramic brake pads tend to be the most expensive and will eliminate brake dust while still providing quiet stops. I have seen brake pads for your car as low as $6.95 but even as cheap as I am, I would want something better. If the brake rotors are okay, there is no need to resurface or replace them. As a reminder, AAA members get a discount at NAPA auto parts stores.

**My car has chrome wheels and recently while washing the car I noticed the tires are turning a brownish**



JOHN PAUL

**color. I tried cleaning them with tire cleaner but it didn't help. What should I do?**

Wheel cleaner that contains caustic chemicals will sometimes cause tires to turn brown. There are additives in the rubber of the tires that help prevent damage from the atmosphere, these chemicals are referred to as Antiozonants. To remove the brown color, start with a thorough cleaning with a stiff bristle brush and a good all-purpose cleaner. Once the tire is clean, then you will need to use some kind of rubber rejuvenator or tire dressing that restores the chemicals that were washed away.

**Got an automotive question for the Car Doctor? Email John Paul at jpaul@aaanortheast.com.**

# Despite Vehicle Advances, Breakdowns At Record High

## *AAA Rescued A Record-Breaking 32 Million Drivers In 2015*

Despite advances in vehicle technology, including maintenance reminders and other dashboard alerts designed to mitigate roadside trouble, AAA rescued a record-breaking 32 million drivers in 2015, with more battery, flat tire and key problems than ever before.

Vehicles fewer than five years old in particular experienced a higher proportion of tire and key-related issues than older vehicles, suggesting that the trend toward eliminating the spare tire and moving to electronic keyless ignitions may have unintended consequences.

"Vehicles today are more advanced than ever, yet are still vulnerable to breakdowns," said John Paul, AAA Northeast Senior Manager of Traffic Safety and AAA's Car Doctor. "Sleek, low profile tires are highly susceptible to damage, electronic keyless ignitions can zap battery life and despite advanced warning systems, more than half a million drivers ran out of gas last year."

Owners of new vehicles may be unaware that some new vehicle designs and features may leave them vulnerable at the roadside. To reduce vehicle weight and boost fuel economy, spare tires are being eliminated from new vehicles at alarming rates, and are being replaced with tire inflator kits that can only remedy some flat tire situations. Additionally, new keyless ignition systems can drain the battery life when keys are stored too close to the vehicle and can lock a driver out of the vehicle while the engine is still running.

Other key findings from an analysis of AAA's 2015 roadside assistance data include:

- Battery failures, flat tires and keys locked inside the vehicle remain the top roadside assistance requests. In Massachusetts and Rhode Island, the highest percentage of roadside assistance calls were for battery problems (29.2%), flat tires (21%) and lockouts (10.3%). Another 13.1% of calls were for vehicles needing a tow, and the remainder of the calls were for a variety of reasons.
- Vehicles fewer than five years old have a higher proportion of tire, key and fuel-related issues than older vehicles. Due in part to complex, electronic vehicle designs, one-in-five service calls for a newer vehicle required a tow to a repair facility.
- Vehicles between 6 and 10 years old have the highest proportion of battery-related issues, as most batteries have a three- to five-year life.
- Roadside assistance calls peak in the summer (8.3 million) followed by winter (8.1 million), fall (7.8 million) and spring (7.7 million).
- Drivers are most likely to request roadside assistance on Mondays and least likely to request assistance on Sundays.
- Despite advances in key technology, AAA came to the rescue of more than four million drivers locked out of their vehicles.

"Drivers today have increasingly-connected lifestyles, and want reliable, flexible service options when trouble strikes," Paul said. "AAA has responded with flexible roadside assistance offerings nationwide including app-based service requests and the ability to track assigned service vehicles in real time on a smartphone."

To help prevent millions of roadside breakdowns from happening, AAA offers the following recommendations for common roadside problems:

- **Check for a spare tire**: Before purchasing a car, check that the vehicle includes a spare tire. If it doesn't, consider adding one as an option. Tire inflator kits – which have replaced spare tires on tens of millions of vehicles – cannot remedy all types of tire damage.
- **Check tires**: At least once a month, check the tire pressure to ensure proper inflation. This affects tire wear and vehicle handling. Tires should be rotated based on the manufacturer's recommended schedule for the vehicle.
- **Lockouts**: AAA recommends motorists take special care of their "smart keys" and keyless entry fobs. Always take keys when exiting the car, avoid exposing keyless-entry remote or smart keys to water and always replace the key or fob battery when recommended by the vehicle manufacturer.
- **Battery**: AAA recommends that drivers have their vehicle's battery tested when it reaches three years of age and on an annual basis thereafter. AAA's Mobile Battery Service offers free battery testing for AAA members.
- **Pack an emergency kit**: A recent AAA survey shows that more than 40 percent of motorists do not carry an emergency kit in their vehicle. AAA recommends that every driver have a well-stocked emergency kit, which includes a mobile phone and car charger; a flashlight with extra batteries; a first-aid kit; drinking water; extra snacks/food for your travelers and any pets; battery booster cables; and emergency flares or reflectors.

Before hitting the road, download the free AAA Mobile app for iPhone, iPad, Android and Apple Watch. Travelers can use the app to request AAA roadside assistance, route a trip, find the lowest gas prices, access exclusive member discounts, book a hotel and more.

In addition, AAA members can also track in real time the location of their assigned vehicle with Service Tracker. Learn more at AAA.com/mobile.




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# Gas Prices Fall To Lowest Mid-Summer Prices In 12 Years

Gasoline prices in Massachusetts are down two cents this week, and are at the lowest point at this time of year since 2004, according to AAA Northeast.

AAA's July 25th survey of prices in Massachusetts finds self-serve, regular unleaded averaging $2.14 per gallon. The Massachusetts price is two cents below the national average for regular unleaded of $2.16. A year ago at this time, the average price in Massachusetts was 50 cents higher at $2.64.

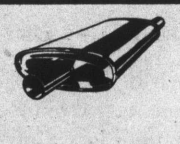
"We haven't seen prices this low in late July since 2004," said Mary Maguire, AAA Northeast Director of Public and Legislative Affairs. "The low prices are contributing to what looks to be a record summer travel season, with Americans flocking to the beaches, national parks, and a wide variety of destinations."

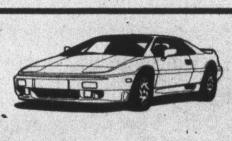
The range in prices in the latest AAA survey for unleaded regular is 54 cents, from a low of $1.95 to a high of $2.49. AAA advises motorists to shop around for the best prices in their area, and to make sure they and their passengers buckle up — every time.

Monday's local gas prices and their ranges:

| Self Serve | Grade |
|---|---|
| $2.14 ($1.95-$2.49) | Regular Unleaded |
| $2.40 ($2.23-$2.79) | Midgrade Unleaded |
| $2.57 ($2.29-$2.99) | Premium Unleaded |
| $2.39 ($2.19-$3.09) | Diesel |

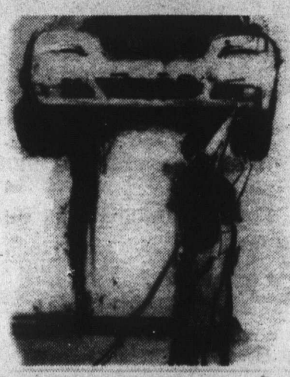
Find the most up-to-date local gas prices with the AAA Fuel Finder by logging onto AAA.com and clicking on Gas Saving Tips & Tools.



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# Real Estate

## Quincy Real Estate Transactions July 18 - July 22

Transactions are compiled by the Norfolk County Registry of Deeds

| Seller | Buyer | Amount | Address |
|---|---|---|---|
| Sandra M. Taylor Living Trust | Taylor Investment Trust | $435,000.00 | 65 Apthrop Street |
| Jonathan & Holly Rae | David Clegg & Abbey Barrett | $410,000.00 | 166 Pine Street |
| Anna M. Akoury | Michelle Chaitman-Lynch | $409,500.00 | 40 Village Drive Unit 4-9 |
| Rui A. Xu & Yin X. Huang | Chang Y. Huang & Yu M. Liu | $190,000.00 | 43 Elliot Avenue |
| Carnell A. Freeman | Wenhang Zheng & Bi Y. Chen | $595,000.00 | 204-206 Fayette Street |
| Mary I. & Michael J. McAuliffe | Hui Yang & Hong Zhao | $709,000.00 | 14-16 Vane Street |
| Larry F. Young | Hancock 517 Realty LLC | $4,300,000.00 | 517 Hancock Street |
| Katherine C. McKeon | Walter A. Pratt | $402,000.00 | 40 Greenleaf Street Unit 401 |
| 125 Willard Street LLC | Peter Le | $235,000.00 | 230 Willard Street Unit 108 |
| Grace S. & MJ Eng; Kimberly N. Tsuchida | Joshua A. Lamm & Lauren A. Denapoli | $545,000.00 | 53-55 Scammell Street |
| Marion T. Venturelli | Joanne & Stephen Salvatore | $225,000.00 | 64 Cross Street |
| Thomas J., Margaret, Joseph M., Laura, John S., Mary, Stephen J. & Janice Orlando; Marianne & Steven Willett | Xinqi Liu; Yaozu & Yaoquo Chen | $438,000.00 | 93 East Elm Avenue |
| Carolyn A. Joyce | Michael Chan & Jenny Wong | $388,000.00 | 45 Hancock Street Unit 302 |
| Yong X. Tan & Xiao Y. Li | Xiang Tan & Yu Li | $357,000.00 | 229 Harvard Street |
| Ronald F. Ostiguy | Sean T. Olson | $405,000.00 | 65 Island Avenue |
| Kevin J. Kearney | Nichole M. Raymond | $275,000.00 | 147 Darrow Street |
| Ryder Development Corp. | Anush M. Subramanian & Madhuvanthi Rajanikanth | $449,000.00 | 37 Wren Terrace Unit 5 |
| Michael A. Buckley | Charles A. & Patricia Ambroult | $380,000.00 | 41 Williams Street |
| John R. & Sheila A. Sheehan | Kerri Sheehan | $300,000.00 | 27 Piermont Street |
| Josephine M. & Pedro Vidal | Daniel St. George | $340,000.00 | 20 Rhude Street |
| Derek J. Lung | Inthira Lung | $167,000.00 | 25 Baxter Avenue |
| Jin J. Chen & Amy Giang | Ramzi Ballout | $240,000.00 | 90 Quincy Shore Drive Unit 806 |
| Frances H. Casey | 17 Lakeway Lane Realty Trust | $550,000.00 | 100 Knollwood Road |
| Beth L. Henry | Kerrie M. Carroll | $302,000.00 | 100 Marina Drive Unit 220 |
| Te V. Dinh | Joseph B. MacDonald & Caitlin M. Deady | $316,000.00 | 49 Sargent Street |

## Computer Assisted Land Records Research Informational Seminar

Register of Deeds William P. O'Donnell will host a free informational seminar on computer assisted land records research at the Norfolk County Registry of Deeds in Dedham Thursday, Sept. 29 from 4:30 to 5:30 p.m. .

The seminar is intended for both real estate professionals and the general public.

O'Donnell said the program will include a brief presentation complete with reference materials and hands-on exercises. There will also be opportunities to ask both basic and advanced questions.

Computer assisted land records research is currently available both at the Registry and on the Internet at www.norfolkdeeds.org.

"These services have proven to be invaluable tools for our customers. We hope that this seminar will be both helpful and informative," O'Donnell said.

There is no charge for the seminar, but anyone planning to attend is asked to register by calling Alicia Gardner at 781-461-6104 or by email to agardner@norfolkdeeds.org.

Include name, address, email and a daytime phone number when registering.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham

## First-Time Homebuyers Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers Tuesday, Aug. 2 and Thursday, Aug. 4 from 5 to 9 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance agents, attorneys and loan originators. Attendees also will have an opportunity to learn about the South Shore Home Consortium's down payment assistance programs, which may provide qualified buyers with up to 9 percent of the purchase price toward their down payment and up to an additional 1 percent toward closing costs on homes purchased in Quincy, Braintree, Weymouth, Holbrook or Milton. Workshop participants will also be able to speak to a lender about different mortgage options.

The registration fee for the workshops is $20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.

## Jia Min Gao On Clark Dean's List

Jia Min Gao of Quincy has been named to first honors on the Clark University Dean's List for the spring semester.

## Michelle Ramiz Earns High Honors

Michelle Ramiz, grade 12, of Quincy, earned High Honors for the spring term at Phillips Exeter Academy in Exeter, N.H.

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## Registry Of Deeds Customer Service Center Available

Norfolk County Register of Deeds William O'Donnell reminds consumers the Registry's Customer Service Center is available to answer questions about land document related issues.

The Center can be reached by calling 781-461-6101. The department is open is open Monday through Friday from 8:30 a.m. to 4:30 p.m.

"The Customer Service Center is a one-stop consumer shop," said O'Donnell. "It provides homeowners and real estate professionals alike with detailed information about a wealth of land document related issues. These subjects include questions you might have about confirming current ownership of a particular property, and verifying to see if a discharge of a property's mortgage has been filed after the loan has been paid off.

"We are glad to help, whether you come through the doors of the Registry or call us by phone."

O'Donnell said the the department can also inform customers about the cost for filing land documents.

"Also," O'Donnell continued, "upon a customer's request, whether by visiting us here at the Registry or by direct mail request, we can provide copies of documents for a fee of $1 per page, plus an additional $1 per document to cover postage cost. The Registry only accepts cash or check for payment.

"In addition, Customer Service Center staff are happy to answer questions about the Homestead Act, which provides limited protection against the forced sale of a homeowner's primary residence to satisfy unsecured debt up to $500,000."

He added:

"For many, trying to decipher information on land documents can be a very frustrating experience. Our trained customer service staff are well versed in all areas of land document research. By utilizing our state-of-the-art land document research system, which is also available to members of the public via www.norfolkdeeds.org, we can get people the answers to their property questions."

Notary services are also offered by the Customer Service Center.

"All staff members are notary publics. We are more than glad to notarize any land document provided the person requesting the service appears before us and presents satisfactory proof of identification by showing either their driver's license or passport," O'Donnell said.

"Providing first-class customer service is a core objective of the Registry's mission to serve the public. The residents of Norfolk County deserve nothing less than a positive experience when interacting with us. The bottom line is: We are glad to be of service to you," the Register added.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

## Transaction Correction

A real estate transaction printed in last week's Quincy Sun listed an incorrect street address.

The transaction address listed was 15-17 Phillips St.

The address that should have been listed is 15-17 Phipps St. Unit 1.

The Norfolk County Registry of Deeds that submits the list of transaction has corrected the deed to reflect the proper address.

# Squantum Ferry Starts Aug. 1

*Cont'd From Page 13*

concerned the 73-passenger ship being used would not provide enough room for all those who might want to take it. Ames noted a 352-unit residential development, Meriel Marina Bay, is slated to open next spring near the ferry pier.

"I don't know where there is going to be much room," Ames said. "The ship will be full."

Keenan said he hopes demand for the service is high enough for that to be a problem, because it could lead to improvements down the road.

"I really hope that you're right and that becomes a problem, because that's what we need to show the state and federal government that this is going to work," Keenan said.

"It may be that there is a ridership issue – it may be that there is not enough spots on the ferry. We'd welcome that, and I know for some people that would be inconvenient."

Keenan said long-term plans for ferry service in the city could include a new pier able to accommodate ferry's other than the Winthrop one. Keenan said he would also like to see more frequents trips to Boston, including stops at Logan Airport.

A comprehensive regional ferry network – including Hingham, Quincy, Boston, Winthrop, Lynn and Salem – is another long-term objective Keenan identified.

Officials have also been in discussions with the National Park Service about running a trolley from Squantum Point Park to Quincy Center and the Adams National Historical Park once the ferry service is up and running, Keenan added.

Deni Sindel of Squantum was also in favor of the ferry, but concerned about the numbers of seats available on board the Valkyrie. She asked how long it would take to get a second ferry, if it were needed to keep up with demand.

"My concern is that this is going to be wildly successful, and you're going to be overbooked constantly," Sindel said. "People are going to be turned off by the fact that they can't get on the ferry and you're going to lose that ridership."

Keenan said it would not be possible to get a second ferry in service this year. There would be time for an assessment once the pilot program ends, he added, at which point the city could turn to the state and say "let's make this bigger and better than it was."

Several residents at the meeting asked about plans to extend Commander Shea Boulevard to Squantum Point Park, which would create a route to the park that did not involve driving through Marina Bay

Ayers and Keenan said money for that project has been set aside in a transportation bond bill, but still needs to be released by Gov. Charlie Baker. If the pilot program were successful, they said, that could prompt the governor to release those funds.

Kate Roosa, an engineer with the firm Woodard & Curran, said construction of the extension would take about a year to complete after the funds were made available.

During the pilot program, the first weekday trip will leave Winthrop at 6:35 a.m. and arrive in Quincy at 7 a.m. It leaves five minutes later, headed for Rowes Wharf, arriving there at 7:25 a.m.

The second weekday trip arrives in Quincy from Rowes Wharf at 9 a.m., leaving five minutes later and returning to Rowes Wharf at 9:30 a.m. and Spectacle Island at 10 a.m.

The third weekday trip leaves Spectacle Island at 11:45 a.m., arriving in Quincy at 12:05 p.m. It departs five minutes later, arriving at Rowes Wharf at 12:35 p.m.

The fourth trip leaves Spectacle Island at 3:15 p.m., arrives in Quincy at 3:40 p.m., and leaves five minutes later for Winthrop, arriving there at 4:05 p.m.

The final Quincy trip leaves Rowes Wharf at 5:45 p.m., and arrives at Quincy at 6:10 p.m., before heading back to Winthrop.

On Saturdays and Sundays, the first boat will arrive at Quincy at 11:15 a.m. after stops in Winthrop and Rowes Wharf. The boat heads to Spectacle Island, arriving there at 11:45 a.m.

The second trip leaves Spectacle Island at 3 p.m. and arrives in Quincy at 3:25 p.m., then heads to Rowes Wharf, getting there at 3:55 p.m.

The third and fourth trips both arrive in Quincy from Rowes Wharf. The third trip leaves Boston at 6 p.m. and arrives 25 minutes later in Quincy. The fourth trip leaves Rowes Wharf at 8:10 p.m. and gets to Quincy at 8:35 p.m. Both those trips then head to Winthrop.

On Saturdays only, a ferry will depart Rowes Wharf at 9:45 p.m. and arrive in Quincy at 10:05 p.m., then head back to Winthrop.

# Honoring Beneficiaries

**By KRISTEN ALBERINO**

*Social Security Public Affairs Specialist*

Social Security is committed to the principles and spirit of the Americans with Disabilities Act (ADA), which improves the lives of our beneficiaries and our employees who have disabilities.

We also want you to see and hear from the people who rely on Social Security disability benefits to not just survive, but thrive, as active members of our communities. Our Faces and Facts of Disability website highlights the real life stories of people who have disabilities.

Social Security Online Services
★ Convenient ★ Secure ★
www.socialsecurity.gov

The newest person we are featuring on our Faces and Facts of Disability website is Lynne Parks. She is an artist from Baltimore, Maryland. First diagnosed with metastatic fibrosarcoma at age 14, she has lived with this illness for nearly 35 years. It started in her face and moved to different parts of her body, including her abdomen and leg. She also has various tumors on her shoulder and arm.

Inflammatory responses, infections, and new tumors are complications that Lynne deals with every day. "Because of the tumors, I have limited use of my left arm," Lynne said. "I have weakness in my legs. There's fatigue because my immune system has taken such a big hit from the cancer and the cancer treatments. I get sick all the time. There might be a day that I can be at home and resting and I'll try to make the best of it. I'll wake up, fix breakfast and eat, and that takes a while because of my physical limitations, but also because of my first tumor that was in my face."

Having been helped by Social Security, Lynne tries to help others. "I'm also helping people who have issues learn to cope with them, because they see in me someone as a role model, essentially. Life without Social Security benefits, it's a horror story, because I imagine myself on the streets."

The disability benefits Lynne receives are a crucial resource for her quality of life. Our disability programs continue to be a mainstay in the lives of many people — people just like you. Social Security disability beneficiaries are among the most severely impaired people in the country. It's something that can happen to anyone.

We invite you to learn the facts about the disability insurance program, and see and hear these stories of hardship and perseverance at www.socialsecurity.gov/disabilityfacts.



**EARLY MORNING FIRE July 22 caused an estimated $30,000 in damage to a home at 23 Quincy St., South Quincy. There were no reported injuries. The cause of the fire is under investigation but was not suspicious, fire officials said.** *Photo Courtesy Quincy Fire Department*

# Fire Damages Quincy Street Home

**By SCOTT JACKSON**

An early morning fire on Quincy Street in South Quincy caused an estimated $30,000 in damage.

Quincy firefighters were called to 23 Quincy St. at 4:14 a.m. on July 22, Fire Chief Joseph Barron said. The fire was reported in a bedroom on the second floor of the single-family home.

The engine company that responded to the fire was able to quickly knock it down, Barron said, and firefighters left the scene at 6:10 a.m. The single-alarm fire was contained to the bedroom where it began, though smoke and water damage occurred elsewhere in the house.

All three occupants of the house made it out safely, the chief stated. The first firefighters to arrive on scene were told someone was still inside the building, but that was not the case.

Barron said the fire remained under investigation, but was not suspicious.

Adams Green

massDOT
Massachusetts Department of Transportation

**Adams/Hancock Green & Downtown Construction Activities**

***Proposed work activities for the week of: July 24, 2016***



- Plantings in the tree pits will continue around the Coddington & Washington Street areas as part of the MassDOT Project.
- MassDOT will continue working on the transportation project in the area of Temple and Hancock Streets on curbing, light poles, planters and sidewalks.
- Work continues for the upgrading of NGRID Electric infrastructure in front of McIntyre Mall.
- Verizon upgrades continue in the area in front of Craig's Café.

**(The photo above left shows a foundation being poured in Phase 1 of the Adams/Hancock Green Park in front of City Hall. The photo on the right shows plantings installed on Hancock Street between Starbucks and Grandasia.)**

To receive project updates, sign up for CityLink at http://www.quincyma.gov/citylink or follow @CityofQuincy and @MassDOT on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com

# A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Saturday, July 16 at approximately 8:30 p.m., Officer DesRoche was in the area of Curtis Avenue and Baxter Avenue checking for a vehicle that was given out as a BOLO (be on look out) by Quincy communications earlier in the shift.

This vehicle was described as a former Massachusetts State Police vehicle that was stripped of all its decals and lights. The BOLO was issued by Detective Bagley who wanted to speak to the operator regarding impersonating Police Officer complaints.

Officer DesRoche located the vehicle parked and unoccupied in the area so he conducted surveillance on it. Minutes later, a male entered the vehicle and drove off with no headlights on, followed by Officer DesRoche, who then put on his blue lights to stop the vehicle.

The operator pulled his vehicle into a parking spot against the Fore River field clubhouse and came to a stop. This concerned the officer because the operator drove his vehicle to a secluded spot. The operator immediately stepped from his vehicle and walked towards the officer, who exited his cruiser and sternly ordered the operator to stop and get back into his vehicle.

The operator hesitated as his right hand went towards his right pocket, which had a radio hanging from it. As the operator continued, Officer DesRoche drew his police baton and expanded it while repeating orders to the operator to get back in his vehicle. The operator, upon seeing this, complied with the order and returned to his vehicle but stopped at the driver's door and stood there.

The officer again repeated his order to get back inside his vehicle and close the door while keeping his hands out the open window. After a few seconds, the operator complied and entered his vehicle with his hands in view. Officer DesRoche then radioed Quincy communications and requested another unit to assist him.

K-9 Officer Dan Parisi, Officer Dave Sansevero and Detective Bagley arrived on scene a short time later. The officers then approached the driver's door and advised the operator that his actions so far were unacceptable. The operator said, "I just wanted to show you he didn't have any weapons on me."

When asked for his license and registration, the operator said he left his license at home. When asked if he had a license, the operator said he did but it was suspended. A check of his license status confirmed that his license to operate in Massachusetts was suspended.



LT. DAN MINTON

The officers examined the vehicle and could clearly see how the appearance of the vehicle would lead the average person to believe that it was some type of Law Enforcement vehicle. The vehicle had front and rear window light bars, which were fully functional with both white and amber strobe lights. The vehicle also had a functioning siren and this combined with the outer paint appearance and lights would/could cause the average person to pull over.

Upon examining the radio that the operator had on him, it was a Motorola (police model) brand and had Quincy, Weymouth, Milton, Braintree Police and Fire already programmed. This radio was checked with all four departments and had the capability of not only listening to radio traffic, but to transmit communications as well with no digital identifier.

Prior to releasing the vehicle, Officer Parisi did a search with his K-9 partner "Rommell" to ascertain if any firearms were in the vehicle due to what was already discovered. No weapons were found.

At this time, a female arrived on scene and said that she was the owner of the vehicle and girlfriend of the operator, who had called her prior to exiting his vehicle. Detective Bagley told her that the operator was under arrest for operating after license suspension but she could take the car. At this time, Officer DesRoche told the operator that his girlfriend could take his phone and wallet with her.

Prior to giving the girlfriend the wallet, Officer DesRoche observed a bulge in the middle of the wallet which appeared to be from a wallet badge. When he opened the wallet, he could see a County Sheriff's badge, along with, a C.E.R.T. (City Emergency Response Team) ID in his name. There was also an expired License to Carry permit folded in half hiding the photograph. It turned out to be the operator's father's photo.

The operator/suspect, a 38 year-old Quincy resident, was charged with operation of M/V with suspended license: subsequent offense and defective equipment (headlights.)

Nice Work!

❑

**Insurance Agent on texting:** told me, "You can tell there is an increase in accidents from texting because there are more rear end accidents and the damage is much more severe. In conjunction is the seriousness of injuries well beyond the common whiplash.

Claims are up."

From Massachusetts Highway Safety: 7 Dangerous things teens do in cars

1. Skipping seatbelts - Nearly ½ of teens killed in crashes weren't wearing a seatbelt.
2. Texting While Driving – Sending or reading a text takes your eyes off the road for an average of 5 seconds. At 55 mph, that's like traveling the length of a football field blindfolded.
3. Afraid and not speaking up – Half of teen passengers report feeling unsafe riding with a driver who isn't alert. 1/3 of teens feel unsafe riding with a parent!
4. Too many passengers – When 2 or more teens ride in a vehicle with a teen driver, the risk of a fatal crash can double to triple.
5. Drinking and driving – 17% of drivers between 16-20 who were killed in crashes had a blood alcohol content of .08% or higher.
6. Driving when it's dark – The risk of a fatal crash at night can be more than 3 times higher for teens than adults.
7. Speeding – Nearly 1/3 of teens killed in crashes were speeding.

MORE THAN 2,000 TEENS DIE IN CAR CRASHES EVERY YEAR!

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**July 15 – 22**
**ARRESTS: 35**
**TOTAL CALLS: 1,327**
**STOLEN MOTOR VEHICLES: 4**

**FRIDAY, JULY 15**

**ASSAULT AND BATTERY, 3:25 a.m., Home Depot, 177 Willard St.** Happened about a half hour ago. Caller states he was grabbed by another worker who then proceeded to punch him in the face. Other party has since left the premises. Suspect is known. Temporary employee. Home Depot has no further info at this point.

**LARCENY, 10:54 a.m., Quincy Maritime Park, 6 Read Ave.** Larceny under.

**ATTEMPTED BREAKING AND ENTERING, 11:39 a.m., N. Central Ave.** Possible attempt made. No entry. House secure.

**LARCENY, 4:40 p.m., Central Middle School, 15 St. Ann Rd.** See caller by above address. He is tracking cellphone in this area. Caller is now outside Success Realty on Hancock St. Party left area. Unable to reach on call back.

**VANDALISM/PROPERTY, 7:10 p.m., Bent Ter.** Female broke caller's car window. White female with blonde hair, shorts, white shirt. Female under arrest for malicious destruction of property.

**SATURDAY, JULY 16**

**LARCENY, 4:51 a.m., Main St.** A girl he knows came to his residence in the evening. When he was in the bathroom, she stole his bank card and $700. She has since left the residence. Units going to Andrews Rd. to attempt an arrest. Suspect not there. Report and complaint submitted.

**BREAKING AND ENTERING IN PROGRESS, 9:01 a.m., Nightingale Ave.** Black male in yellow shirt and white male in blue shirt, blue pants. Looked as if they had a key and the two males are now trying to shoulder the door in. No B&E. Realtor showing apartment to new clients.

**MOTOR VEHICLE LARCENY, 9:53 a.m., Doane St. & Shed St.**

**VANDALISM/PROPERTY, 10:34 a.m., 2 Hancock St.** Front end of car. Has suspect info.

**VANDALISM/PROPERTY, 10:59 p.m., Manet Ave.** Second night in a row. Several people jumped into a small dark car with no lights on after they threw a garbage barrel at the house and car. No vandalism. Barrel that is kept at end of driveway was thrown in driveway two nights in a row.

**SUNDAY, JULY 17**

**LARCENY, 11:29 a.m., 7-Eleven, 230 Washington St.** May have video of customer that stole a wallet. White female wearing a red tank top and black yoga pants. White male wearing a black hat and dark blue shirt with writing on it. Suspects in a wallet theft.

**MONDAY, JULY 18**

**ASSAULT AND BATTERY, 2:44 a.m., McDonald's, 473 Southern Arty.** Possible altercation with another party. Uncooperative with details to police. Pedestrian involved with motor vehicle at drive thru. One to QMC.

**LARCENY, 7:41 a.m., South St.** States medication and laptop were stolen out of vehicle two days ago. Caller won't give info. Wont' give cousin's info who knows suspect.

**MOTOR VEHICLE LARCENY, 7:53 a.m., Willard St.** White Honda scooter stolen last night.

**LARCENY, 3:00 p.m., 100 McGrath Hwy.** Party just had work completed and states as she was driving away she noticed her 14 carat gold bracelet is missing from her car. She just returned to shop and wants it back. Bracelet located in vehicle.

**LARCENY, 3:43 p.m., Shore Ave.** Party states she hired moving company for her move to Shore Ave on June 27. She believes the company stole costume jewelry from a chest during the move worth several hundred dollars.

**LARCENY, 5:57 p.m., Crane Library, 40 Washington St.** Laptop.

**MOTOR VEHICLE LARCENY, 7:07 p.m., Beale St.** Vehicle taken last night by a known male. Has not been returned yet. Car was recovered by Boston PD and towed. Complaint for MV larceny.

**VANDALISM/PROPERTY, 7:32 p.m., Carlmark St.** Has suspect info. Vehicle was keyed. Damage from April. Caller assumes she has suspect, but no evidence or proof. Car was left for two weeks.

**TUESDAY, JULY 19**

**BREAKING AND ENTERING IN PROGRESS, 7:24 a.m., Industrial Burner Systems, 21 Newport Ave.** Construction worker states there are three people in site sleeping. Believes they were going to steal equipment but fell asleep. Arrest made.

**BREAKING AND ENTERING, 8:07 a.m., Federal Ave.** Garage. No one on scene for officer to speak with. Reporting party is from construction company.

**LARCENY, 9:43 a.m., NAGE, 159 Burgin Pkwy.** Medications.

**VANDALISM/PROPERTY, 3:37 p.m., N. Central Ave.** Vehicle keyed sometime between July 15 and 17.

**LARCENY, 4:22 p.m., Star Market, 130 Granite St.** Cash. Complaint for larceny less. Employee theft.

**WEDNESDAY, JULY 20**

**VANDALISM/PROPERTY, 9:43 a.m., Billings Rd.** Vehicle keyed down passenger side.

**VANDALISM/PROPERTY, 11:21 a.m., Billings St.** Caller has other party info. Complaint for malicious damage to MV.

**VANDALISM/PROPERTY, 11:37 a.m., 215 Samoset Ave.** Graffiti.

**MOTOR VEHICLE LARCENY, 12:26 p.m., Hancock Lot, 50 Revere Rd.** Attempting to find out if outside agency may have towed vehicle. Did not get confirmation vehicle was towed, so it's to be entered as stolen. Signed theft report shows vehicle last seen on July 6. Vehicle was queried by MSP and Transit PD on July 11. State and Transit show no report of tow.

**LARCENY, 12:59 p.m., Glover Ave.** Tools.

**ASSAULT AND BATTERY, 2:41 p.m., Copeland St.** Caller states she was in a fight with another girl and a male hit her. Will let corresponding officers know other parties' info when they arrive. Mutual A&B occurred on Copeland St.

**LARCENY, 8:23 p.m., Stop & Shop, 495 Southern Arty.** Purse taken from shopping cart. Incident not caught on camera.

**THURSDAY, JULY 21**

**LARCENY, 9:55 a.m., 1001 Hancock St. Old Temple Beth El, now under construction.** Larceny, not a break.

**ATTEMPTED BREAKING AND ENTERING, 12:32 p.m., Hancock Liquors, 229 Quincy Ave.** Overnight.

**BREAKING AND ENTERING, 1:40 p.m., Lincoln-Hancock School, 300 Granite St.** Rock through window on Granite Street side.

**LARCENY, 8:40 p.m., Family Dollar, 1445 Hancock St.** U.S. currency.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** Revere Rd., 400 block Beale St., Willard St., Doane St.

❑

**CAR BREAKS:** State St., Hillsboro St., Cliff St., Billings St.

❑

**BREAKS AND ATTEMPTED BREAKS:** 300 block Granite St., Federal Ave.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755.**

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us – *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

# Beach Services Continue On Wollaston Beach

This Sunday the Rev. Martha Swanson of Christ Church Mobile Ministries will lead an informal brief church service on Wollaston Beach at 8 a.m. between the yacht clubs.

This week marks the fourth consecutive Sunday these services have been held and they are proving to be very popular.

Christ-centered, informal and friendly these services are open to all. Folks are invited to bring a beach chair or blanket the ministry also provides a few plastic chairs.

Rev. Swanson's husband, Pastor Jack Swanson of Union Congregational Church, invites folks to join him for a swim either before or after Sunday's service as the tide will be right.

# Senior Coffee Break Concludes Until September

Senior Coffee break, a community seniors ministry of Union Congregational Church, will take a break until Sept. 8.

Each Thursday at 1130 a.m. seniors from the church and the community meet in the church parlor for coffee, conversation, a movie and a light lunch. This week the group will see the movie "My Big Fat Greek Wedding."

Senior Coffee Break is open to everyone regardless of their faith.

In other church news this Saturday's Spaghetti Supper will be held at 6 p.m. It is open to the community and the price is $5.

Union Congregational Church is located on the corner of Beach Street and Rawson Road.

Sunday service is at 10 a.m.

# QCAP Free Financial Services

The Financial REACH Center at Quincy Community Action Programs, Inc. is offering free services during August.

Services include financial education and coaching; credit counseling and repair; workforce development, education and training; and job search support and referrals.

Dates are Friday, Aug. 5 at 10 a.m. and Friday, Aug. 19 at 10 a.m.

The Center is located at QCAP, 1509 Hancock St., second floor.

To RSVP, call Theresa Whittaker at 617-657-5355.

# RELIGION

## Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Liturgist Carol Hallett will call to worship and read the scripture lesson. Pastor Felix Carrion will preach a sermon entitled "The Fellowship of the Spirit." Nancy and Ralph Jacobs will serve for the Diaconate.

Steve Reed, Minister of Music, will play the music on the organ.

The church sanctuary is air conditioned.

A fellowship coffee hour follows hosted by Nancy Jacobs.

Monday evening at 7 p.m. the Church Council will meet in the Gordon Room. All officers and heads of committees are requested to attend.

## Bethany Congregational

Bethany Congregational Church will have a Sunday Worship Service at 10:00 a.m. The Rev. Peter M. Preble will conduct the service and preach a sermon entitled "Seek First the Kingdom of God." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1 p.m. to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6:00 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

**More News Online at www.thequincysun.com**

# Quincy Point Congregational

Sunday worship begins at 10 a.m. at Quincy Point Congregational Church, 444 Washington St.

The sanctuary is air-conditioned and handicap accessible via the Abbey Road side of the building.

This week Peter Johnston will preach and Christina Mendez will be the deacon.

Following worship all are invited to fellowship in the downstairs social hall. While there take a moment to sign the "Birthday" and "Thinking of You" cards.

Summer Sunday School is here. Drop children to the classroom located adjacent to the kitchen in the basement. All children are welcome. The curriculum will feature the One Room Deep Blue Sunday School Program.

# Union Congregational

Pastor Jack Swanson of Union Congregational Church of Wollaston will conclude his Sermon Series on the Bible book of Colossians Sunday, July 31 at the 10 a.m. worship service.

Colossians is one of Paul's letters or Epistles and deals with the timeless questions of faith and practice. The first two chapters of this four-chapter letter deal with who Jesus is and what he did. The second two chapters deal with what Christians should do.

This Sunday's sermon will be based on chapter four and will be on prayer, specifically prayer as action.

Union Congregational Church is located on the corner of Beach Street and Rawson Road.

# Christmas In July At Squantum Yacht Club

What better way to beat the Hot weather than to celebrate Christmas in July?

This last day of the month, July 31st, Squantum Yacht Club will beat the heat by welcoming Santa to the deck and having a party. A traditional Yankee swap will be held and hot dogs will be on the grill.

Anyone interested in learning more about the club are most welcome to join the crew for a great time. Christmas in July will begin at 3 p.m.

For more information call Commodore Jack Swanson at 617-921-8706.

# Quincy Religion Directory

## SERVICES & ACTIVITIES

### Catholic

**St. Mary's Church**
*95 Crescent St., Quincy • 617-773-0120*
*Masses*
*Saturday, 4pm, Sunday 8 & 10:30am*
*Tuesday/Thursday 9am*
*Handicapped Accessible*
*New Members Welcome!*

**ST. AGATHA CHURCH MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
*550 Washington Street*
*Quincy, MA 02169*
617-472-6321
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible & Handicapped parking, side entrance air conditioned*

*Saint Ann's Church*
757 Hancock St., Wollaston
617-479-5400
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Pastor Felix Carrion will lead the service and preach the sermon "The Fellowship of the Spirit"**
***All are welcome to attend***
*FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE*

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
**Sunday Worship Service at 10AM**
**Rev. Peter M. Preble will conduct the service and preach the sermon "Seek First the Kingdom of God"**
Child Care Available For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*

**PEACE**

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
**Summer Sunday Worship, 10 AM**
**'When in our Music God is Glorified'**
***...music & meditation***
ALL ARE WELCOME!
617-773-7432
www.wollastonucc.com

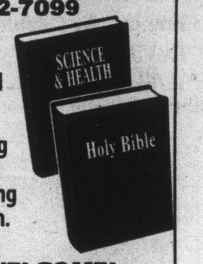
**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617)479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

***QUINCY POINT CONGREGATIONAL CHURCH***
*444 Washington St . • 617-773-6424*
Worship and Church School 10 am
*Rev. Ann Suzedell, Pastor*
*email: office@quincypointcong.org*

### Unitarian Universalist

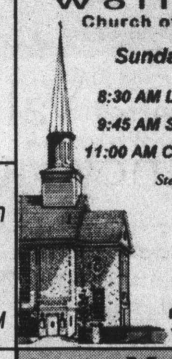
**United First Parish Church**
*A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.*
**Chalice Circle Discussion Group: Sundays at 10:30 AM**
*Followed by Fellowship & Refreshments*
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

### Christian Science

**First Church of Christ, Scientist**
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
Church of the Nazarene

***Sunday Worship***
*8:30 AM Liturgical Worship*
*9:45 AM Sunday School*
*11:00 AM Celebration Worship*
*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5669
E-mail: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45 CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

***To Advertise in this Directory, Call 617-471-3100***

# OBITUARIES

## Theresa J. Gale-Stella, 79



THERESA J. GALE-STELLA

A funeral Mass for Theresa J. "Terry" (Buscherfeld) Gale-Stella, 79, of Braintree, formerly of Quincy, was celebrated Monday in St. John the Baptist Church, Quincy.

Mrs. Gale-Stella died unexpectedly July 22.

She was born in Rodman, Iowa, on Jan. 13, 1937, to the late Anthony and Anna (Elbert) Buscherfeld, She was raised in Whittemore, Iowa, and enlisted in the U.S. Navy on Aug. 27, 1956. She was a Vietnam Era veteran and served as an HM/3 at the U.S. Naval Hospital Chelsea.

Mrs. Gale-Stella later became a licensed practical nurse and worked for 27 years at the former Quincy Medical Center. She also worked at various local nursing facilities. She had lived in Braintree since 1996 and previously in Quincy for 34 years.

Mrs. Gale-Stella was a woman of faith and a longtime parishioner of St. John the Baptist Church in Quincy. She was an active volunteer participating as a senior altar server, altar decorator, making baptismal bibs and assisting with countless other duties. She enjoyed attending adoration on Fridays. She also enjoyed sewing and reading and was devoted to her family.

Beloved wife of the late Francis A. "Frank" Stella. Devoted mother of Russell R. Gale and his wife Debbie of ME, Jeffrey A. Gale and his wife Pamela of Bridgewater. Stepmother of Robert F. Stella of Weymouth, Susan Stella-Meili of LA, and Elizabeth Stella-Ford and her husband Christopher of Plymouth. Cherished grandmother of six grandchildren and eight great-grandchildren.

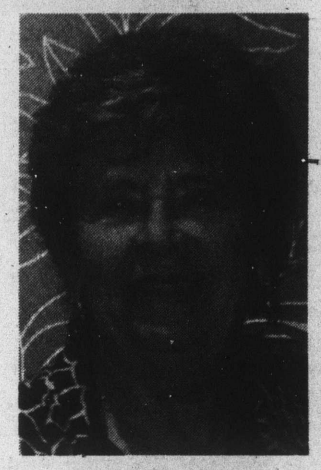
One of nine siblings, she was sister of Kathryn Spurgeon of IA, Imelda Goman of NM, John Buscherfeld of Quincy and predeceased by Margaret Lewis, Evelyn Donner, Edward and James Buscherfeld and infant Mary Magdalene. She is also survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment with Military Honors at Blue Hill Cemetery in Braintree.

Memorial donations may be made to St. John the Baptist Parish, c/o 21 Gay St., Quincy, MA 02169.

## Jacqueline R. Maier



JACQUELINE R. MAIER

A funeral Mass for Jacqueline R. (Sommers) Maier of Quincy was celebrated July 23 in St. Ann's Church, Quincy.

Mrs. Maier died July 20, surrounded by her loving family after a sudden illness.

Her life was centered around her loving family. Mrs. Maier enjoyed spending time with her grandchildren, traveling with her sisters, relaxing by the pool, and her trips to Maine. Above all else, her favorite day of the year was July Fourth, when the family came together in an annual ritual of celebrating family and freedom.

She was the secretary for many years at Quincy Teen Mothers, a program administered by Quincy Public Schools. Mrs. Maier was also a spousal member at the Quincy Elks. She will be remembered as a generous, outgoing, kind and wonderful woman.

Beloved wife of the late George W. Maier III. Loving mother of George W. "Butch" Maier IV and his wife Paula, Kathy Hughes and her husband Matt, and John "Jack" Maier and his wife Jennifer, all of Quincy. Loving daughter of the late Clifton Sommers and Rita (Carey) Sommers. Sister of Jean Barnes of Quincy, Paul Sommers of Rockland, Kathleen Creedon of Quincy, David Sommers of Quincy, and Nancy Tierney of Quincy. Cherished "Nana" to Jacki, Ryan, Nick, Billy, Danny and Adam. Also survived by many nieces and nephews and her beloved dog Dempsey.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Autism Speaks, 1060 State Road, 2nd Floor, Princeton, NJ 08540.

## Marjorie T. Hopkins



MARJORIE T. HOPKINS

A funeral Mass for Marjorie T. (Dornan) Hopkins of Milton was celebrated Monday in St. Agatha Church, Milton.

Mrs. Hopkins died peacefully at home in her loving family's company on July 20.

Born in Holbrook, Mrs. Hopkins was a resident of Quincy for many years prior to her move to Milton. She and her family also happily summered for 25 years at Grindell's in Dennisport.

An active parishioner of St. Agatha Church, she proudly served as a Eucharistic Minister and a member of the choir. Mrs. Hopkins was a longtime member of the Neighborhood Club of Quincy and a former employee of Remick's Dept. Store, Quincy and The Gallery at the Milton Marketplace.

The beloved wife of Charles W. Hopkins, she was the devoted mother of Gail T. (Hopkins) Clear and her husband Jeff Coombs of CT, Patricia T. Hopkins, M.D., and her husband Peter Friedensohn, M.D., of Boston and Jeanne Marie T. Hopkins, O.D., and her husband Senator John F. Keenan of Quincy; dear sister of Mary M. Houghton of Squantum and the late Helen F. Heffernan, Charles F. and Leo E. Dornan and the cherished grandmother of nine grandchildren and six great-grandchildren.

Funeral arrangements were made by Alfred D. Thomas Funeral Home, Milton.

Interment at Mount Wollaston Cemetery.

Memorial donations may be made to Fontbonne Academy, Development Office, 930 Brook Rd., Milton, MA 02186.

For complete obituary and guest book please see alfreddthomas.com.

## Kathy A. Owens



KATHY A. OWENS

A funeral Mass for Kathy A. (Flaherty) Owens of Quincy was celebrated June 20 in St. Ann's Church, Quincy.

Mrs. Owens died after a courageous battle with ALS on June 15.

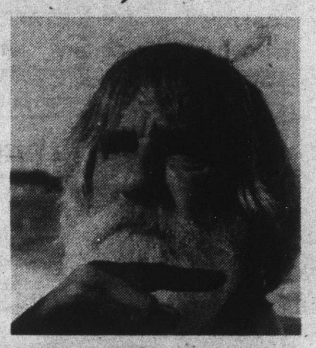
Her life revolved around her husband, daughter and three grandsons. She enjoyed walks along the beach in South Boston, cooking, and family celebrations. She was extremely proud of her career as a certified cancer registrar for more than 30 years at several local hospitals. She will be remembered for her friendly and social manner, helpful attitude, care for others, and love for her cats.

Beloved wife of Kevin T. Owens of Quincy. Loving mother of Michelle L. Delorey and her husband Adam of Quincy. Cherished Grammy to Adam Delorey, Jr., Nathan Delorey, and Brady Delorey. Loving sister of Patricia MacNeil of Quincy, Ruth Flaherty of Quincy, William Flaherty of Foxboro, and Mary Flaherty of Quincy. Also survived by many nieces and nephews.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Compassionate Care ALS, PO Box 1052, West Falmouth, MA 02574 or online at ccals.org.

## Keith W. Maher, 61



KEITH W. MAHER

A funeral service for Keith R. Maher, 61, a self-employed carpenter, was held July 22 in Dolan Funeral Home, East Milton.

Mr. Maher died at Tufts Medical Center, Boston, July 16.

Born and raised in Milton, he was a graduate of Archbishop Williams High School, where he was the captain of the golf team and ran for the track team. Mr. Maher was owner of Maher Carpentry. He was a member of the Quincy Yacht Club, longtime coach and sponsor of Quincy Youth Softball, enjoyed playing golf and was an avid Patriots and NASCAR fan.

Beloved husband of Lydia W. (Colley) Maher. Loving father of Kristin W. Maher of Weymouth. Son of Francis N. and the late Geraldine A. (Cochran) Maher of Quincy. Brother of Garrett C. and his wife Patricia Maher of South Weymouth and Annmarie and her husband Ian Schmidt of Holliston. Keith is also survived by many nieces and nephews.

Memorial donations may be made to the Keith Maher Memorial Fund for a vocational technical student, c/o Dolan Funeral Home, 460 Granite Ave., Milton, MA 02186.

## Catholic Collaborative 'Patriotic Dinner' July 30

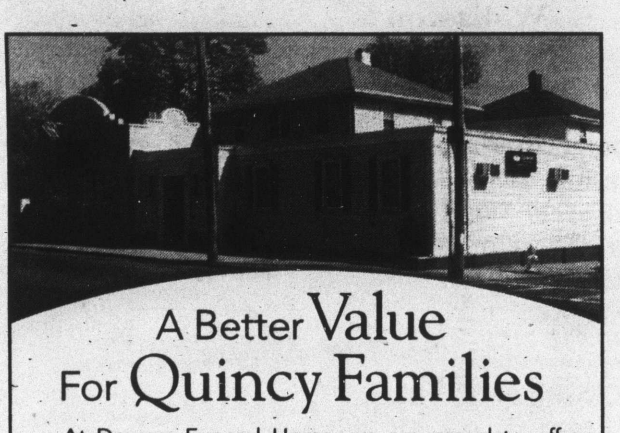
The monthly dinner committee of the Quincy Catholic Collaborative of St. Mary-Sacred Heart-St. Ann Parishes continues its series of monthly events with a "Patriotic Dinner" Saturday, July 30 at 5:30 p.m. in the cafeteria at Sacred Heart Parish, 386 Hancock St., North Quincy.

The Americana-inspired menu features chicken pot-pie, mashed potatoes, salad and rolls, "star-spangled shortcake," coffee, tea and soda.

Cost is $10 per person or $25 per family with children age 12 and younger.

Reservations are needed by Wednesday, July 27 and may be made by calling Sacred Heart rectory at 617-328-8666.

For more information contact the parish at 617-328-8666 or visit the collaborative website at www.qcc14.org.

A Better Value For Quincy Families

At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

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**Deware Funeral Home**

576 Hancock Street | Quincy, MA 02170 | 617-472-1137

Dignity Memorial

For more information visit www.dewarefuneralhome.com

*$5,995 does not include basic services of funeral director and staff, embalming and preparation, viewing, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, vault, acknowledgement, and memorial stationery package (register book, 100 thank you cards, 100 prayer cards).

A Service Facility Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720 (508) 676-2454.





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1.800.441.8884

# OBITUARY

## Doris V. Menz



DORIS V. MENZ

Doris V. (Blake) Menz, age 97, of Quincy, died peacefully, Monday, July 25 at the John Adams Health-Care Center in Quincy, surrounded by her loving family.

Doris was born in Weymouth on July 4, 1919 to the late George W. and Mary C. (Williams) Blake. She was raised in Quincy and was a graduate of Quincy High School, Class of 1939. She had lived in Quincy's Hough's Neck section for most of her life.

Doris was a devoted mother and homemaker. She enjoyed helping people and was well-known for sending cards and messages. She also enjoyed gardening and loved babies.

She was a longtime member of Christ Church Episcopal in Quincy.

Beloved wife of the late John R. Menz, Deputy Chief, Quincy Fire Department, Retired.

Devoted mother of Deacon John R. Menz, Jr, Lt., Q.F.D. Retired and his wife Eileen of Quincy, George B. Menz, Q.F.D., Retired and his wife Willa Jean of Stoughton, Douglas E. Menz of Quincy, Cheryl D. Lynn and her husband Rod of Quincy, Carol M. Walter and her husband Richard of Quincy.

Loving grandmother of Christine Toler, Detective John R. Menz III, Q.P.D. Detective James C. Menz, Q.P.D., Rod Lynn, Jr., Jennifer Lynn, Nichole Levins, Kristen Walter, Melissa Walter and the late Stephanie Ann Walter.

Cherished great grandmother of Kevin Oliver Toler, Brynn Blake Toler, Sydney Lena Menz, John Raymond Menz IV, Sophia Susan Menz, James Corbin Menz, Jr., Peter Nathaniel Menz, Arianna Susan Menz, Hannah Susan Menz, Gavin Alexander Goins, Logan Michael Goins, Riley Marie Lynn, Kendall Paige Lynn, Jaxson Nicholas Shimmel and Maggie Elizabeth Levins.

One of three siblings, she was pre-deceased by Albert R. Blake and Clarence P. Blake. Doris is also survived by many nieces and nephews.

Funeral Services will be conducted at the Christ Church Episcopal, 12 Quincy Avenue, Quincy Center on Friday, July 29th at 10 a.m. Rector Clifford R. Brown and Doris's son Deacon John R. Menz, Jr. will officiate. Relatives and friends are invited to attend. Visiting Hours at the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy on Thursday from 4 – 8 p.m. Interment Pine Hill Cemetery, West Quincy.

In lieu of flowers, donations in memory of Doris may be made to the Christ Church Episcopal, Memorial Fund, 12 Quincy Avenue, Quincy, MA 02169 or to the Hough's Neck Congregational Church, 300 Manet Avenue, Quincy, MA 02169.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

# Elderly Quincy Man Saved After Falling, Hitting His Head

A 70-year-old Quincy man was found lying on his floor, bleeding from his head, after he failed to his answer his daily check-in phone call from Norfolk County Sheriff Michael G. Bellotti's "Are You OK?" program.

The man, who later said he could not remember how long he had been lying on the floor, was taken to Boston Medical Center, where he was being evaluated.

"Thank goodness this gentleman was enrolled in our "Are You OK?" program and was able to get the help he desperately needed," Sheriff Bellotti said. "I hate to think what might have happened if no one knew he was in trouble."

Sheriff Bellotti praised his program partner, Fallon Ambulance Service, which oversaw the program operations on July 24, the day the 70-year-old man suffered his fall.

"Fallon Ambulance became a partner in this invaluable program when budget constraints threatened its viability. Fallon stepped up to the plate and offered their resources to keep the program alive," Sheriff Bellotti said.

"It's so important for elderly people living alone – such as the man in this case – to have someone checking on them daily," Sheriff Bellotti continued. "We're glad we were able to get him into the hands of medical professionals right away."

Sheriff Bellotti brought "Are You OK?" into Norfolk County in 2001. Each morning – 365 days a year – an officer places phone calls to nearly 300 senior citizens living throughout the county to check on their well-being.

To learn more about "Are You OK?" or to sign up for the program call the Norfolk County Sheriff's Office at 1-866-900-7865.

# Community Appreciation Day Aug. 4

The Germantown Neighborhood Center/South Shore YMCA along with Quincy Public Schools Food Service Program will host its annual Community Appreciation Day Thursday, Aug. 4th, from 10 a.m. to 2 p.m., at 366 Palmer St. in Quincy.

Following an awards ceremony where local community partners, businesses leaders and volunteers will be honored for their contributions to the Center, there will be a block party style cookout with fun for the entire family, along with a resource fair that highlights many area organizations.

The event's program will feature key community leaders including state Sen. John Keenan, Mayor Thomas Koch, state Rep. Tackey Chan, Director of Planning and Community Development James Fatseas, Ward 1 Councillor Margaret Laforrest and President and CEO of the South Shore YMCA Paul Gorman.

All are welcome to join in this special community celebration. More than 300 people are expected for the event. There will be music by Music Clubhouse Director Conor McMahon, refreshments, games, a dunk tank, and a special performance by the Peer Leaders and Day Campers of the Germantown Neighborhood Center.

For information, call (617) 376-1384.

# North Quincy High School Atrium Of Honor:

## Tribute To Brave Students Who Served Their Country

*Cont'd From Page 4*

Flying 5 training missions prior (and serving as an observation element of the Hiroshima atomic bomb attack), Sweeney and his men were finally ready for their mission. On the morning of Aug. 9th, 1945, Sweeney was in charge of Bockscar, the plan carrying "Fat Man" (the nickname given to the atomic bomb). Two observation aircraft flew along with Bockscar, meeting them over Yakushima Island. A delay caused one of the planes to not show up at the rendezvous point, causing Bockscar and the other plan to wait for 45 minutes (Sweeney was instructed to wait no longer than 15).

After continuing with the mission, Bockscar and the supporting plane came into contact with Japanese anti-air guns and fighter planes. A shortage of fuel and limited visibility forced the U.S. planes to fly to Nagasaki instead of the primary target Kokura. Due to the amount of clouds covering the city, Sweeney initially ordered the bomb to be dropped using radar. However, a small opening between the clouds allowed the crew to drop the bomb visually (a visual attack was favored by the military). After the bomb had been successfully dropped, Bockscar was so low on fuel that it needed to land very soon. Touching down on Okinawa, the plane was brought in fast and hard due to the limited fuel. The landing almost killed the entire crew, but was nevertheless successful. The decision to use nuclear weapons to end World War II has remained controversial throughout the years, but Sweeney fully stood behind the decision to use them up until he passed away.

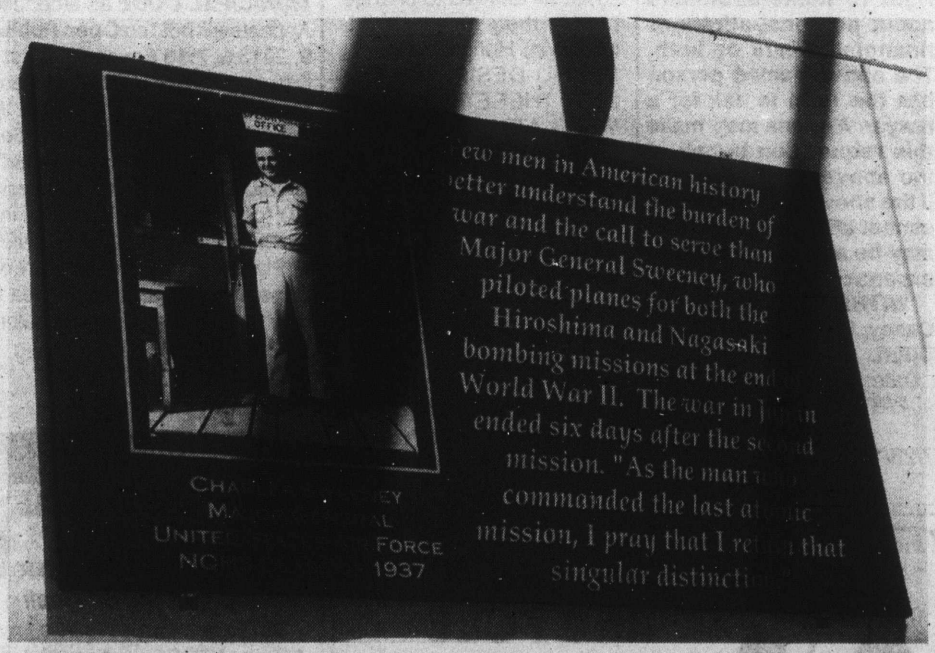
The fourth panel is dedicated to **E. Alan Brudno**. Born on June 4th, 1940, Brudno graduated from North Quincy High in 1958. Brudno joined the Air Force soon after, hoping to one day explore Mars. On Oct. 18th, 1965, Brudno's plane was shot down over Vinh, North Vietnam (this was Brudno's 33rd mission). Captured by North Vietnamese troops immediately after, Brudno remained a prisoner of war for 7 and a half years, serving one of the longest P.O.W. times in U.S history.

Brudno dreamed of his home during his time as a P.O.W., but when he was finally released, his home had changed drastically. Deeply disturbed and scarred from his experience, Brudno committed suicide on June 3rd, 1973, becoming the first freed P.O.W. to take this course of action. Brudno's death became national news, and left the nation stunned. How could someone who had just been freed and allowed to return home possibly want to end their life? Brudno's death served as a reminder to the U.S. that mental wounds are just as painful as physical ones, and don't heal as easy.

The last panel is dedicated to **Richard Stratton**. Born on Oct. 14th, 1931, Stratton enlisted in the National Guard while still attending North. After graduating from college, he enlisted in the Navy and began his career as a military pilot. On Oct. 11th, 1966, he was deployed to Vietnam and left California to go to the Gulf of Tonkin. During the first 40 days of his service in Vietnam, he took part in 21 combat missions. On Jan. 5th, 1967, Stratton was flying over Thanh Hoa Province when debris entered the engine of his plane. He was forced to eject from the aircraft, and captured soon after. When Lee Lockwood visited North Vietnam the same year (the first American journalist to visit North Vietnam during the war), Lockwood was able to see Stratton.

According to Lockwood, Stratton looked "like a puppet" and had little life in his eyes. Stratton also read Lockwood a confession he wrote, attacking the United States and its actions in North Vietnam. The U.S. believed that Stratton had been brainwashed by the North Vietnamese, but Stratton was neither brainwashed nor drugged. The "statement" was a result of North Vietnamese torture (this entire episode was labeled as "The Stratton Incident.") After being released on March 4th, 1973 (serving as a P.O.W. for 2,251 days) he finally returned to the U.S. four days later. Stratton received many awards (including the Silver Star and Purple Heart) for his time spent as a P.O.W. Of the five men in the Atrium, Stratton is the only one still living.

With everything going on in high school, it's hard to appreciate the Atrium and what it represents. However, students should try to take a look at the panels every once in a while, and recognize and honor what these brave former NQHS students did to serve their country.




**NORTH QUINCY HIGH SCHOOL Atrium of Honor features panels highlighting the bravery of five alumni who served in the U.S. military with distinction including U.S. Air Force Major General Charles Sweeney.** *Quincy Sun Photo/Robert Bosworth*

# CLASSIFIEDS

## LEGAL NOTICE

**CITATION GIVING NOTICE OF PETITION FOR TERMINATION OF A GUARDIAN OF AN INCAPACITATED PERSON**
Docket No. NO12P2236GD
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
**In the interests of:**
**Phuong Nguyen**
**Of:**
**Quincy, MA**
RESPONDENT
Incapacitated Person/Protected Person

To the named Respondent and all other interested persons, a petition has been filed by Department of Mental Health of Taunton, MA in the above captioned matter requesting that the court: Terminate the Guardianship.

The petition asks the court to make a determination that the Guardian and/or Conservator should be allowed to resign; or should be removed for good cause; or that the Guardianship and/or Conservatorship is no longer necessary and therefore should be terminated. The original petition is on file with the court.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **08/03/2016**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**

**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

**WITNESS, Hon. John D Casey, First Justice of this Court.**

Date: June 27, 2016
**PATRICK W. McDERMOTT**
**Register of Probate**
7/28/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-048

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 9, 2016** at **7:15 pm** on the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Hancock Street Car Wash, inc. for a Special Permit/Appeal/Finding to appeal the Building Commissioners denial for a permit to replace nonconforming sign in violation of Title 17 as amended Chapter 5.3.5.1 (definitions), Chapter 5.3.9.6 (other ground signs), Chapter 3.1 (1.2.3.4 & 6) (nonconforming uses and structures), Chapter 3.4.2 (nonconforming uses), Chapter 3.4.3 (nonconforming structures) and Chapter 5.3.9.6B (signs, masimum of 2 faces) on the premises numbered 827-841 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman
7/21/16, 7/28/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-049

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 9, 2016** at **7:15 pm** on the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Lisa Johnson for a Variance to construct a new front porch in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 51 LYONS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman
7/21/16, 7/28/16

## LEGAL NOTICE

**NOTICE OF PETITION FOR CHANGE OF NAME**
**Docket No: NO16C0175CA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**In the matter of:**
Yim H Tam Chan
Of: Quincy,MA

To all persons interested in petition described:

A petition has been presented by Yim H Tam Chan requesting that: Yim H Tam Chan be allowed to change his/her/their name as follows: Yim Hung Chan.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON: **08/15/2016**

**WITNESS, Hon. John D Casey, First Justice of this Court.**

Date: July 14, 2016
**PATRICK W. MCDERMOTT**
**Register of Probate**
7/28/16

**Save Gas & Money, Shop Locally**

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1845EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Mary Tull
**Also Known As:**
Mary Mowad Tull
**Date of Death:**
June 23, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Steven A. Tull** of **Quincy, MA.**

**Steven A. Tull** of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/28/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-050

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 9, 2016** at **7:15 pm** on the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Qiong Lin for a Variance/Finding to change the home from a single family residence to a two family residence in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures), Chapter 4.0 (dimensional requirements) and Chapter 5.0 (general regulations, parking) on the premises numbered 48 NEWTON AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman
7/21/16, 7/28/16

**PLEASE RECYCLE THIS NEWSPAPER**

## SERVICES

**PROFESSIONAL PAINTER**
**INTERIOR/EXTERIOR**
*No Job Too Big or Small*
30 Years Experience
Lowest Pricing Around
*Free Estimates*
**Call or Leave Message**
**617-471-7199**
8/11

## HALLS FOR RENT

**MORRISETTE LEGION POST**
81-83 Liberty St., Quincy
*Function Hall Available*
*Call for Details* 617-770-4876
Internet Capable • Weddings • Showers • Christenings • Meetings
After Funeral Gatherings TF

## FOR SALE

**HOWARD JOHNSON'S**
**New Metal Winross**
**TOY TRUCKS**
9"L 2.5"H 1.5"W
$35.00
**781-837-5970** 7/28

## DRIVERS WANTED

**Drivers: Great Hometime. $1,250 + per week + Monthly Bonuses. Excellent Benefits. Newer Trucks. No Touch. CDL – A 1 yr. exp. 855-842-8498** 7/28

**Drivers: Local-Home Nightly!**
$2,000 Sign-On Bonus!
**West Bridgewater Flatbed!**
Great Pay, Benefits!
CDL-A, 1yr Exp. Req.
**1-855-513-1333** 8/4

## MISCELLANEOUS

**EMPLOYMENT**
NOW HIRING! Senior Diesel Mechanics in Woburn, Massachusetts! $2,000 Sign-On Bonus Relocation Package! Over 18 Years Old;4+Years' Experience Competitive Pay, Great Benefits! 1-877-220-5627 wm.com/careers

**MISCELLANEOUS**
SAWMILLS from only $4397.00-MAKE & SAVE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N

## PERSONAL

**ST. JUDE NOVENA**

May the Sacred heart of Jesus be adored, loved and preserved throughout the world now and forever. Sacred heart of Jesus pray for us, St. Jude worker of miracles pray for us, St. Jude, helper of the hopeless pray for us. Say this prayer nine times a day for nine days and your prayers will be answered. This prayer must be published. **R.M.** 7/28

## ESTATE SALE

**ESTATE SALE**
**Sat. July 30th & Sun. July 31st**
9:30am - 3:00pm
90 Endicot Street
Westwood, MA
**All household goods must go!**
Small Appliances, Garden Tools, Microwave, Crystal, Silver, Xmas Decorations, Quality Furniture & many, many Keepsakes
**EVERYTHING MUST BE SOLD!** 7/28

## WANTED

**OLD HAND TOOLS & BOOKS WANTED**
Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.
**USEFUL TOOLS, ALL TRADES.**
New England history books
Collections: old postcards, toys, military, fishing & old auto items
**LIBERTY TOOL CO.**
**888-405-2007**
**Davistownmuseum.org**
**www.jonesport-wood.com** TF

## ANIMAL SHELTER

**QUINCY ANIMAL SHELTER**
56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

**IN-SHELTER ADOPTION HOURS**
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run, new volunteers always needed.

**FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364**

***AVAILABLE CATS***

**Shelby:** 3, female, tabby
**Cookie:** 2, female, white & black
**Ethel:** 4, female, black & white
**CC:** 7, female, calico
**Brady:** 3, male, orange & white
**Mimi:** 3, female, tabby
**Coco:** 2, male, black
**Mitzi & Mucky:** 10, females, gray
**Sailor:** 2, male, tabby
**Sonny:** 6, male, black

# CLASSIFIEDS

SERVICES SERVICES SERVICES SERVICES SERVICES SERVICES

**Jim Riley**

## Riley Construction

**Commercial & Residential Roofing All Phases**
**Windows and Gutters**

Quincy, MA 02169
(617) 472-3335
rileyconstruction@live.com

Licensed & Fully Insured
Mass Reg #138824
Free Estimates

10/13

## IMAGE LANDSCAPING

*We are committed to your property*

**We clean IT**
**Trim IT**
**Remove IT**

**QUALITY WORKMANSHIP**

**617-471-0044** TF

## SAVE
*Budget Fuel*

**Fuel Assistance**
**Senior Discount**
**Full Service**

*617-328-4063* TF

PAINTING BY PROFESSIONAL
Interior & Exterior
Powerwashing & Carpentry
All Types of House Repairs
Reasonable Price
*Small Jobs Welcome* TF
Leave Message 617-773-4761

## HTA
## Hancock T.V. & Appliance

*Sales, Service, Parts & Installation*
Since 1945

**(617) 472-1710**
115 Franklin Street, Quincy, MA
hancocktvandappliance.com

## REPORT POTHOLES

**Potholes are a year-round problem and should be reported to the Department of Public Works.**

**617-376-1914**

## DG'S YARD MAINTENANCE

- LAWN MOWING
- Mulching, Weeding & Edging
- Small Tree Removal
- Hedge & Shrub
- Overseeding/Sod
- Trimming or Removal
- FULLY INSURED
- Rototilling & Dethatching

*Serious about Service... Reasonable Rates*

## CLEAN-UPS

617-786-9558...FREE ESTIMATES

## J.F. ROOFING CO.

QUINCY, MA
·Shingles
·Rubber
·Slate
·Copper
·Vinyl Replacement Windows

(617)471-8216 12/1

## THOMAS C. SWEENEY

Smaller Jobs a Specialty
53 Years Experience
**Carpentry, Siding, Painting, Porches**
**Viny/Windows, Doors**
**Roofing, Decking, Steps**
License #1373 Free Estimates
Reliable
617-825-1210
References 10/13

## DISCOUNT ROOFING

ALL TYPES OF ROOFING
COMMERCIAL & RESIDENTIAL
REPAIRS STARTING AT $50.00
FULLY INSURED
RESPONDS TO ALL CALLS
781-733-2156
PAUL 8/4

## FOR HIRE

**Garages, Decks Taken Away, Rubbish Piles Removed, Moorings Moved**
OR ME WITH DUMP & LIFTGATE
**$75/HR.**
**(617)479-5410**
*"Your Trash is my Ca$h"* 9/1

## T & M Landscape Co.

- Spring & Fall Cleanups
- Power Washing
- Lawn Mowing Services
- Yard Mulching
- Bushes & Trees Trimmed

*Free Estimates*
617-733-4554
~ AFFORDABLE RATES ~ 9/1

## BAY STATE

Property Management, LLC
Site Management
Administrative Services
Professional Services
Residential - Commercial - Industrial
617-229-5066 7/28

***Want to pick up a copy of The Quincy Sun?***
**Here are stores in Quincy that sell it on their newsstands:**

QUINCY MARKET
Corner of Temple & Washington St.

GOODIE'S STORE
1250 Hancock St., Presidents Place

NEW STORE ON THE BLOCK
1183 Hancock St., Quincy Ctr. T Station

HANCOCK TOBACCO
1500 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

RITE-AID
132 Granite St.

COFFEE BREAK CAFÉ
77 Parkingway

HANCOCK PARK LOBBY SHOP
164 Parkingway

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

CVS
178 Washington St.
Braintree

SHOP N SAVE LIQUORS
20 Independence Ave.

DONUT + DONUTS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

TEDESCHI'S
85 Quincy Ave.

DAILY MART
291 Quincy Ave.

ROCHE BROTHERS
The Falls

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

TEDESCHI'S
495 Washington St.

DAIRY FARM
330 Washington St.

TEDESCHI'S
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

BAXTER'S PHARMACY
385 Washington St.

TEDESCHI'S
650 Adams St.

7-11
Adams St.

VILLAGE COMM. MARKET
100 Willard St.

COPELAND LIQUORS
273 Copeland St.

GRANITE MART
308 Willard St.

7-11
Copeland St.

JOE'S PLACE
260 Centre St.

CORNER FOOD MARKET
1060 Hancock St.

200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

7-11
721 Hancock St.

BEALE ST. SMOKE SHOP
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

HANNAFORD BROTHERS
475 Hancock St.

RITE-AID
475 Hancock St.

MULLANEY'S VARIETY
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

RED APPLE FOOD SHOP
48 Billings Rd.

SAM'S VARIETY
125 Billings Rd.

DAVE'S GENERAL STORE
66 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CVS
321 Quincy Shore Dr.

CARMINE'S CAFÉ
69 Huckins Ave.

TEDESCHI'S
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

ANDRE'S STORE
20 Brook St.

## The Quincy Sun

## CLASSIFIED AD FORM

**MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169**

PAYABLE IN ADVANCE. Payment must accompany order.

**INDEX**
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

**NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.**

**RATES**

**1 WEEK** ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

**2-4 WEEKS** ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

**5-10 WEEKS** ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

**11 WEEKS OR MORE** ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

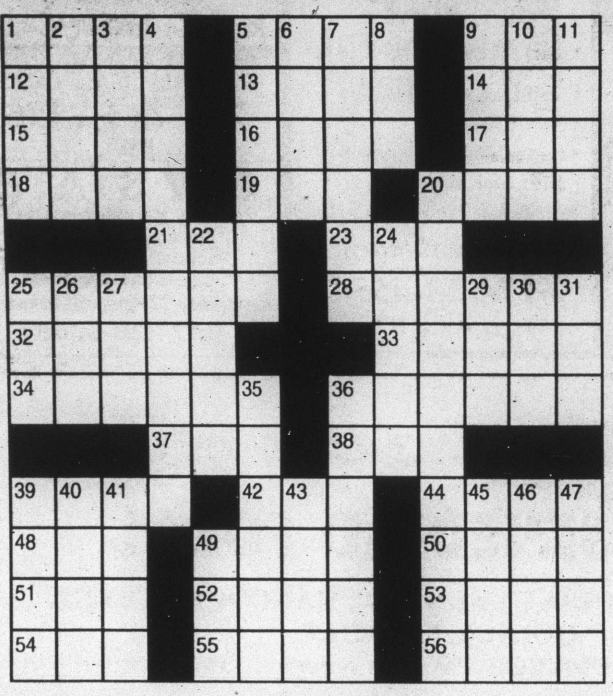
COPY: _____

# SUN FUN PAGE

## King Crossword

**ACROSS**
1 Let the cat out of the bag
5 Culture medium
9 Seek damages
12 Frost
13 Contemptible
14 Moreover
15 Saharan
16 Sculpted head
17 18-wheeler
18 Pedestal part
19 "The Greatest"
20 Fisherman's hope
21 TV watchdog org.
23 Away from NNW
25 In a just manner
28 Certainly
32 Nome dome home
33 Heart line?
34 Aromatic resin
36 Brawl
37 Supplement, with "out"
38 Scoot
39 Alger's "before"
42 Twitch
44 Lends a hand
48 Coloration
49 Pruritus
50 Thought
51 Freddy's street
52 -- gin fizz
53 Lounge about
54 Billboards
55 Repair
56 Narrow opening

**DOWN**
1 Actor Pitt
2 Old Italian money
3 In the thick of
4 State of great comfort
5 Monastery office
6 France, once
7 Francis' home
8 On Soc. Sec., maybe
9 Hindu garment
10 One
11 Advantage
20 Sideshow performer's cot?
22 Cape
24 Glitch
25 White lie
26 Khan title
27 Not up to par
29 Blunder
30 Greek vowel
31 Rotation duration
35 Stamina
36 Like some eyebrows
39 Comical Caroline
40 "-- Lang Syne"
41 Pirate treasure, in part
43 Pedestal occupant
45 "American --"
46 Sandwich shop
47 Sodium chloride
49 Doctrine



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## HOCUS-FOCUS

BY HENRY BOLTINOFF




Find at least six differences in details between panels.

Differences: 1. Headband is missing. 2. Arm is moved. 3. Lizard is missing. 4. Bus name is different. 5. Bus mirror is smaller. 6. License is missing.

New! 24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## Trivia test

by Fifi Rodriguez

1. LITERATURE: Which conservationist wrote the book "The Sea Around Us" in 1951?

2. FOOD & DRINK: What are the food items mentioned in the song "Take Me Out to the Ball Game"?

3. GEOGRAPHY: What is the capital of the Bahamas?

4. BIRTHSTONES: What is another name for a ruby, July's birthstone?

5. CARTOONS: What kind of creatures are Disney characters Chip and Dale?

6. GENERAL KNOWLEDGE: What is the nickname of the University of Idaho sports teams?

7. EARTH SCIENCE: What is magma?

8. GAMES: What word refers to a draw in the game of chess?

9. BIBLE: In which two books of the Bible do the Ten Commandments appear?

10. TELEVISION: In this 1970s-80s TV drama of the same name, what does the acronym "CHiPs" refer to?

Answers

1. Rachel Carson
2. Peanuts and Cracker Jack
3. Nassau
4. Red corundum
5. Chipmunks
6. Vandals
7. Molten rock
8. Stalemate
9. Exodus and Deuteronomy
10. California Highway Patrol

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## Salome's Stars

**ARIES** (March 21 to April 19) A more harmonious aspect favors all relationships. Family ties with mates and children are strengthened. Libra is Cupid's choice to win the amorous Aries' heart.

**TAURUS** (April 20 to May 20) The bold Bull is ready to take on fresh challenges. Expect some opposition as you plow new ground -- but supporters will outnumber detractors.

**GEMINI** (May 21 to June 20) An upcoming job change could mean uprooting your family to a far-distant location. Weigh all considerations carefully before making a decision one way or the other.

**CANCER** (June 21 to July 22) A long-standing problem is resolved by a mutually agreed upon compromise. You can now focus on getting the facts you'll need for a decision you'll soon be asked to make.

**LEO** (July 23 to August 22) The Big Cat needs to be wary of what appears to be a golden investment opportunity. That "sure thing" could turn out to be nothing more than a sack of Kitty Glitter.

**VIRGO** (August 23 to September 22) You give of yourself generously to help others, but right now you must allow people to help you. Confide your problems to family and trusted friends.

**LIBRA** (September 23 to October 22) Relationships benefit from a strong harmonious aspect. Things go more smoothly at work. Someone you thought you'd never see again asks for a reconciliation.

**SCORPIO** (October 23 to November 21) A minor distraction interferes with travel plans, but the delay is temporary. Meanwhile, expect to play peacemaker once again for feuding family members.

**SAGITTARIUS** (November 22 to December 21) Keep that positive momentum going on the home front. Arrange your schedule to spend more time with your family. You'll soon have news about that job change.

**CAPRICORN** (December 22 to January 19) Control that possessive tendency that sometimes goads you into an unnecessary display of jealousy. You could be creating problems where none currently exist.

**AQUARIUS** (January 20 to February 18) A new project holds some challenges you hadn't expected. But don't be discouraged; you'll find you're more prepared to deal with them than you realized.

**PISCES** (February 19 to March 20) Yours is the sign of the celestial Chemist, so don't be surprised if you experience a pleasant "chemistry" betwixt yourself and that new Leo in your life.

**BORN THIS WEEK:** You enjoy being fussed over, as befits your "royal" Leonine nature. You also have a strong loyalty to family and friends.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: B equals O

CKZX M SMXEOOP SBLXY VP OBXH-VMQUOEFZY KBOZ-ULXFKMXH WBBO, M EXXBLXFZY "ECO MQ XBW QBQW."

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CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## MAGIC MAZE ● STATES WITH A PLACE NAMED COLUMBUS

N I F A D A X V A N A I D N I
T N Q M I N N E S O T A O L M
J I I H F G D E C A H N L Y W
U A R S Y R R A W P N I L J H
F D K U N K B O K Y N L O Z X
V T R S O O C Q E O O O O M K
K A N S A S C U I G T R I H F
D B Z Y A R S S T W V A K T R
Q O N X L K B I I N I C H F D
C A E O C I X E M W E N Z X W
V T U S A N A T N O M K R Q O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Georgia, Illinois, Indiana, Kansas, Kentucky, Minnesota, Missouri, Montana, N. Carolina, N. Dakota, Nebraska, New Mexico, New York, Texas, Wisconsin

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## Wishing Well®

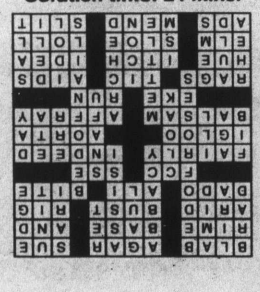
| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 4 | 2 | 5 | 3 | 6 | 2 | 6 | 3 | 6 | 2 | 8 | 2 | 7 |
| H | E | T | A | Y | X | O | C | U | P | D | E | Y |
| 6 | 2 | 7 | 4 | 2 | 8 | 3 | 8 | 2 | 5 | 2 | 5 | 3 |
| C | C | O | A | T | A | H | R | T | H | O | I | A |
| 4 | 5 | 3 | 7 | 3 | 7. | 4 | 6 | 4 | 3 | 5 | 3 | 4 |
| R | N | N | U | G | R | M | O | O | E | K | O | N |
| 2 | 4 | 8 | 3 | 4 | 7 | 2 | 7 | 4 | 3 | 5 | 2 | 5 |
| W | Y | E | F | A | L | I | U | T | S | P | N | O |
| 8 | 4 | 3 | 8 | 4 | 3 | 6 | 5 | 3 | 4 | 6 | 3 | 8 |
| T | H | C | O | O | E | P | S | N | M | E | E | B |
| 4 | 8 | 5 | 8 | 5 | 3 | 5 | 7 | 5 | 3 | 5 | 7 | 6 |
| E | E | I | B | T | R | I | C | V | Y | E | K | B |
| 8 | 6 | 8 | 7 | 8 | 6 | 7 | 8 | 7 | 6 | 7 | 6 | 6 |
| R | E | A | Y | V | T | D | E | A | T | Y | E | R |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

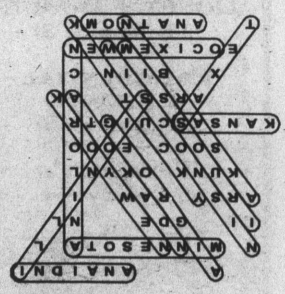
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### — King Crossword — Answers

Solution time: 24 mins.



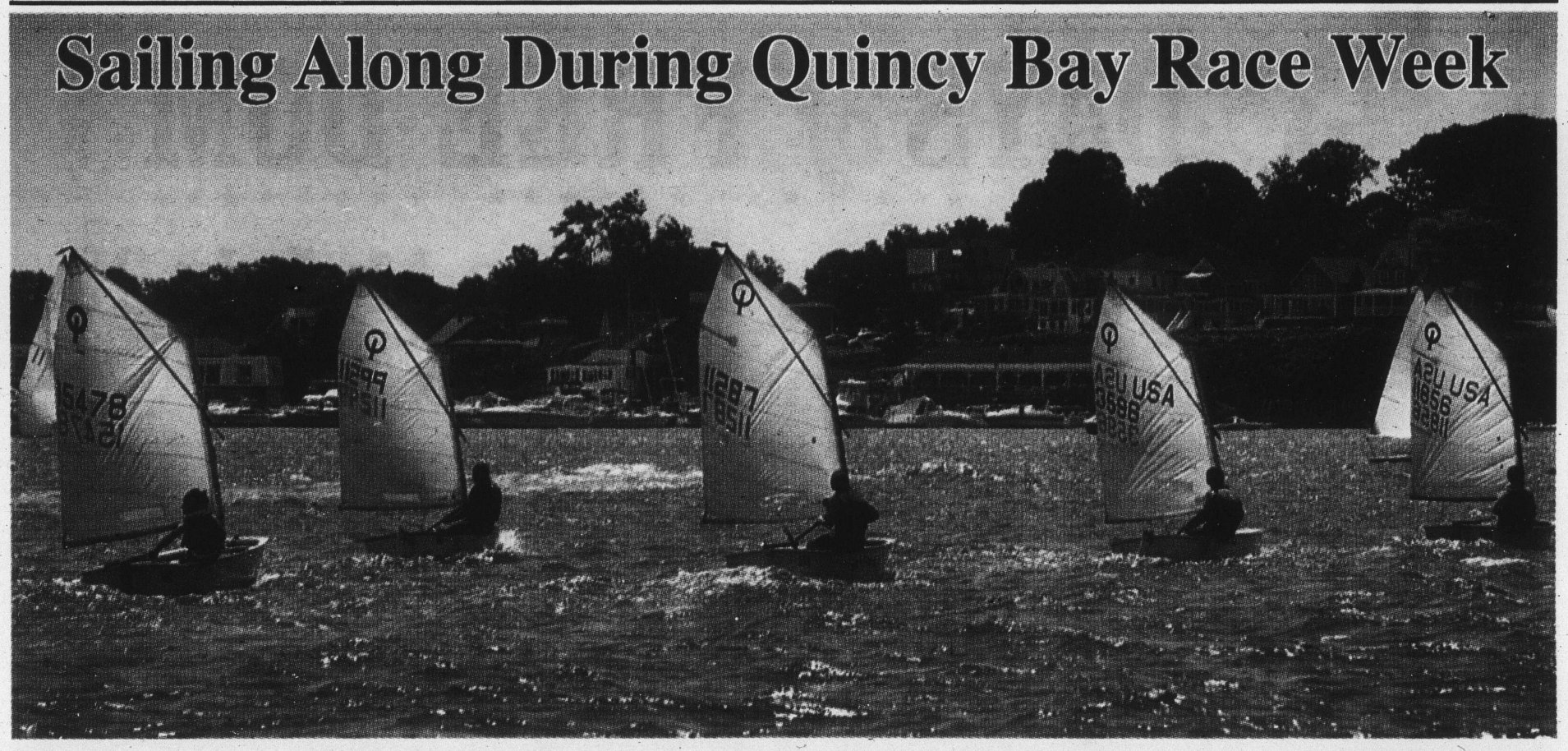
### Magic Maze ANSWERS:



### Cyptoquip ANSWER:

When I finally found my long-misplaced hole-punching tool, I announced "Awl is not lost."

# Sailing Along During Quincy Bay Race Week



**QUINCY BAY RACE WEEK was in full sail last week as young sailors from several area yacht clubs competed on the water. Here the Optimist Class begins its race out of Wessagusset Yacht Club in Weymouth.**

*Quincy Sun Photos/Tom Gorman*



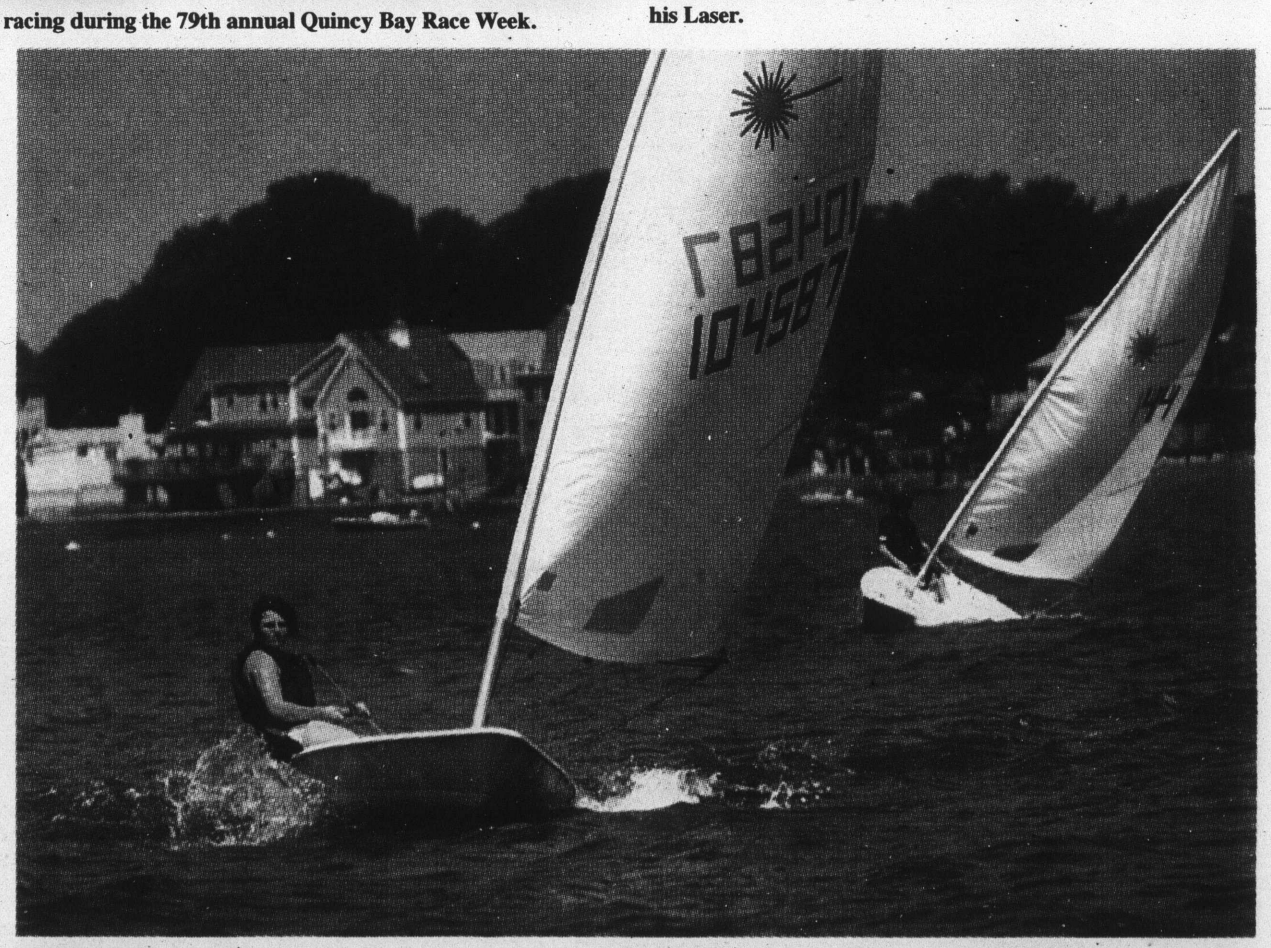
**YOUNG SAILORS prepare to head out for a day of racing during the 79th annual Quincy Bay Race Week.**



**RYAN HEALY of Squantum Yacht Club tacks to the finish in his Laser.**



**LIZZI BELL and Mike Gorman of Squantun Yacht Club head the pack during the 420 Class race of the 79th annual Quincy Bay Race Week.**



**TOWN RIVER YACHT club's Megan Freel crosses the finish line during the Laser Class race of the 79th annual Quincy Bay Race Week.**

# 50 DAYS of "FREE" DOM

## 50+ FREE events ★ June 11-July 30

## Quincy, City of Presidents

## Featured Events July 27-30

### Wednesday, July 27, 2016

**Wolly Beach Wednesdays**
**Discover Quincy**
**Wollaston Beach, Quincy Shore Drive**
**All day**
**Free**

Discover Quincy hosts childrens entertainment, lawn games and live music. This week we are across from Tony's Clam Shop with Mary Read the Pirate Storyteller at 10am, live music with Lil' Miss Sophia at 4:30pm and Superfly from 6-8pm. Sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation & Recreation.

### Thursday, July 28, 2016

**Lawn Concerts @ the Crane, Paul Agnew & John Capavella Quintet**
**Thomas Crane Public Library**
**40 Washington St**
**7:00 p.m. - 8:00 p.m.**
**Free**

Local vocalist Paul Agnew and piano man John Capavella interpret the timeless music of the Great American Songbook with meaning and authority.

### Friday, July 29, 2016

**Quincy Recreation Musical Theater Camp presents a Broadway Review**
**Ruth Gordon Amphitheater**
**1 Merrymount Pkwy**
**3:00 p.m.**
**Free**

One of the Quincy Recreation Department's most popular summer camps; the musical theater involves students in grades three through nine. Rain location, Parks Department Community Room.

### Friday, July 29, 2016

**Art Walk Friday Quincy Center**
**5:00 p.m. - 8:00 p.m.**
**Free**

Free family-friendly arts and entertainment events featuring pop up art galleries, live music, performances, lawn games and after hours museum access including Adams Crypt at United First Parish Church, Adams National Historical Park Visitor Center, City Hall, Dorothy Quincy Homestead, and Quincy Historical Society. The full schedule is available at participating locations and online at DiscoverQuincy.com.

### Saturday, July 30, 2016

**DCR Houghton's Pond Fish Festival**
**Houghton's Pond Picnic Site 5, Blue Hill River Road, Milton**
**10:00 a.m. - 1:00 p.m.**
**Free**

Join the DCR and Friends of the Blue Hills for a free family fishing festival and take lessons in casting, knot-tying and fish identification, then cast a line into Houghton's Pond. Instructional clinics throughout the day. Fish crafts and games too! Bring your own equipment or there will be limited equipment available for loan. No fishing license required for this educational, non-competitive family event. Free bait provided. Sponsored by the MassWildlife Angler Education Program and the Department of Conservation & Recreation.

**Wolly Beach Bash**
**Wollaston Beach, Quincy Shore Drive**
**Noon - 3:00 p.m.**
**Free**

Similar to the Wolly Beach Wednesday programs, Discover Quincy's final event at the beach will have music, lawn games and children's activities. Join the Save the Harbor/Save the Bay Staff for Art in the Sand, make your own fish print, Mary Read the Pirate Storyteller, DJ Rob Buttomer & more. Sponsored by Save the Harbor, Save the Bay and the MA Department of Conservation & Recreation.

**Quincy Militia @ Bay State Bucs**
**Bridgewater State University**
**Edward C. Swenson Athletic Complex**
**325 Plymouth St, Bridgewater**
**7:00 p.m.**
**Admission Fee**

Cheer on Quincy's hometown semi-pro football team, the Quincy Militia as they travel to Bridgewater to play Brockton's Bay State Bucs. Teams belong to the Eastern Football League. Food and merchandise concessions are open.

DISCOVER QUINCY City of Presidents

**Discover Quincy**

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 11, we welcome you to participate in over 150 events.

★ Red Star = Free ☆ White Star = donations accepted ★ Blue Star = admission

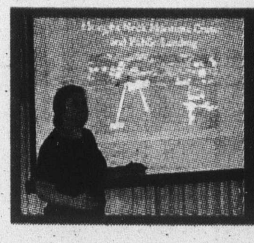
## Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

## For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117

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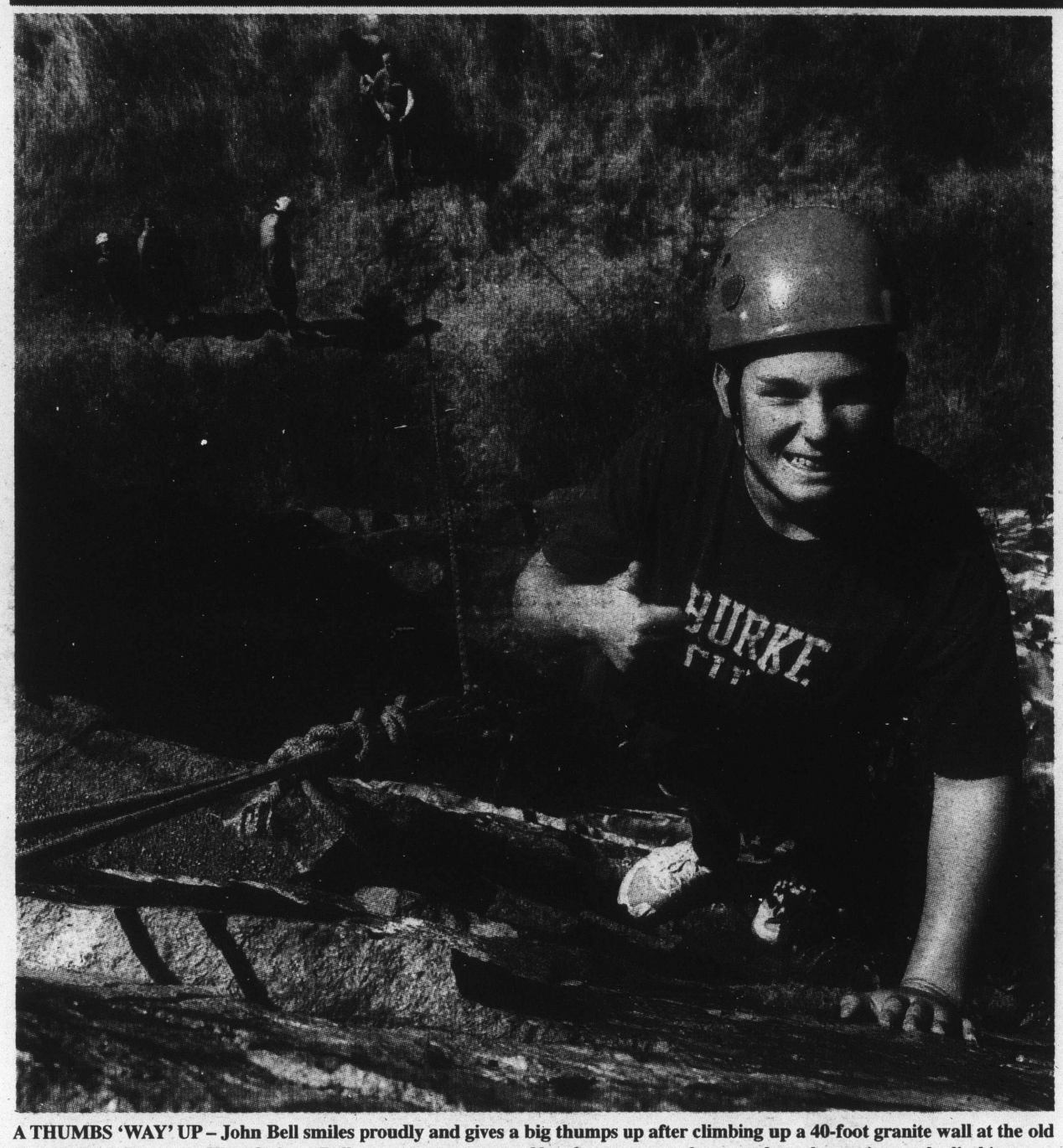
Expanded HN Maritime Center Eyed - *Page 3*
Marina Bay Arts Affair This Weekend - *Page 10*
Young Sailors Compete In Race Week - *Pages 18, 31*



# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 46 Thursday, August 4, 2016 75¢



**A THUMBS 'WAY' UP – John Bell smiles proudly and gives a big thumps up after climbing up a 40-foot granite wall at the old Granite Rail Quarry in West Quincy. Bell was among a group of local youngsters who recently took part in a rock climbing program coordinated by the Quincy Recreation Department. Story, more photos on Page 16 and 17.**

*Quincy Sun Photo/Robert Bosworth*

# $800K In Earmarks Restored

**By SCOTT JACKSON**

Beacon Hill lawmakers overrode numerous cuts Sunday that Gov. Charlie Baker made to the state's $39 billion budget when he signed the spending plan into law earlier in July, restoring $800,000 in funding that will go to Quincy.

The money legislators restored includes funding for the first phase of work Quincy will begin at Fore River Field as part of plans to upgrade the park. It will also pay for improvements at the state owned Squantum Point Park, which are being undertaken as the city begins a new pilot program

*Cont'd On Page 13*

# Officials Pleased With Ferry Service Debut

**By SCOTT JACKSON**

Dozens of passengers boarded the new ferry providing service to and from Quincy Monday – the first day of a 90-day pilot program – and city officials were pleased with the turnout.

Quincy is partnering with the town of Winthrop on the ferry service, which connects Quincy with Rowes Wharf in Downtown Boston, Spectacle Island and Winthrop. Winthrop launched its ferry service in April using the 73-passenger Valkyrie, and is paying operational expenses during the pilot program.

The pilot program is using a recently restored pier at Squantum Point Park, which is owned by the state

*Cont'd On Page 11*

# Cain Wants Walkable City

**By SCOTT JACKSON**

While walking the streets of Ward 3 on the campaign trail last year, Ian Cain realized long stretches of major thoroughfares lacked crosswalks for pedestrians to safely make their way across the street.

Cain, who has represented the district that stretches from Montclair to the outskirts of Quincy Center since January, said the experience walking the streets of his ward led him push for a citywide pedestrian master plan.

"There aren't many places for people to cross – for pedestrians to walk. There are probably maybe two, maybe three crosswalks that you can see that go across the street on Beale Street, which makes it difficult to just have a pedestrian enjoy walking from one place to another," Cain said recently, noting Harvard Street and portions of Adams Street lack crosswalks as well.

"I just realized that I found myself kind of darting across the street just because I wanted to go back and forth when I was campaigning. I just noticed there just wasn't a place that was open to walkers. When you walk around Boston, when you walk around other towns, you see there is adequate signage, there are adequate places for pedestrians to walk across the street.

"That's where it started. I was doing a lot of walking at the time so I realized something needed to be addressed."

The purpose of the master plan Cain is seeking – and which Mayor Thomas Koch has said would be addressed in a citywide traffic

*Cont'd On Page 2*

## 'Around The Wards'

*The Quincy Sun* is running a series of articles this summer highlighting the city's six wards. "Around The Wards" this week features Ward 3 and an interview with city councillor Ian Cain.



**RED-EARED SLIDERS, a turtle banned in Massachusetts but common elsewhere, were found at Caddy Memorial Park last week. Thirteen dead turtles were found at the marsh, along with one living one. State officials are looking into how the red-eared sliders got to the park, and believe residents may have seen them being left there. Story on Page 4.** *File photo*

**Free Trips To Spectacle Island Offered - *Page 4***
**Long Work Hours Can Affect Health - *Page 9***
**Become A Knowledgeable Renter - *Page 23***

**More Quincy news:**
**The Quincy Sun.com**




**WARD 3 COUNCILLOR Ian Cain and his mother, Kathleen, were among the many residents who enjoyed the recent "PorchFest" that featured 70 performers playing on 40 porches in the city's Wollaston Hill, Wollaston Beach and Squantum neighborhoods. Cain says the event was so successful a second event is planned for June 24, 2017.**

# Cain Seeks Walkable City, Community Engagement

*Cont'd From Page 1*

and parking study in his new capital improvement plan – would be to make the city more walkable for pedestrians, allowing them to travel between various neighborhoods.

"I want to understand how we can make Quincy a better place for people to not use their cars, to enjoy the walkability of the city, to be able to walk from one neighborhood to the next without having to worry about being hit by a car," Cain said. "We've got kids all over this city, and we want to make all the areas of the city safe enough so that we don't have to be so concerned about them also.

"It's basically a study that would lead us to educate drivers, so they can be more cognizant that there are pedestrians on the road and people shouldn't be paying attention to their phones so much when they're on the road, but also educate pedestrians – that they can be assured that their safety is a priority, that we care, that they can enjoy the city by foot or on bike."

Cain aims to identify best practices other communities have implemented. One such example is the Complete Streets initiative introduced in Boston, which Cain said Quincy's Planning Department has been looking into adopting. The initiative, the councillor explained, provides benefits for pedestrians, cyclists and transit users and puts all modes of transportation on equal footing in terms of roadway construction.

Cain added that he has heard from others in the community who have looked into the issue.

"A lot of people reached out with different plans and studies that have been put together by cities and towns," Cain said, "plans from cities, studies from universities, that all pointed to making efforts greater here."

Residents, Cain said, responded "very positively" to a resolution he introduced in March seeking the pedestrian safety master plan; the resolution was approved unanimously by the City Council.

"It was just sort of a thought and we put forth a resolution in the early part of the council session this year," Cain said. "It was received very well. There was no negative feedback

*Cont'd On Page 14*

# Dorchester Man Charged After Police Rescue Dog Left In Vehicle

**By SCOTT JACKSON**

A 28-year-old Dorchester man has been charged with animal cruelty after police said he left his pit bull alone in a pickup for eight hours July 28.

Quincy police Capt. John Dougan said a maintenance worker at 10 Winter St. in Quincy Point first noticed the dog inside the Ford F-150 around 6 a.m. July 28. There was food, but no water in the truck at that time.

The maintenance worker, Dougan said, used a digital thermometer to check the temperature inside the vehicle, which had a window slightly open. The temperature inside the vehicle was 84 degrees at that time, when it was it was 73 degrees outside. The maintenance worker said he tried to contact the vehicle's owner at that time, but was unable to do so.

About two hours later, at 8:10 a.m., the maintenance worker returned to the vehicle and told police the pit bull looked distressed – the dog was panting and shaking. The maintenance worker again checked the temperature in the vehicle, which had climbed to 100 degrees, with temperatures at 79 degrees outside.

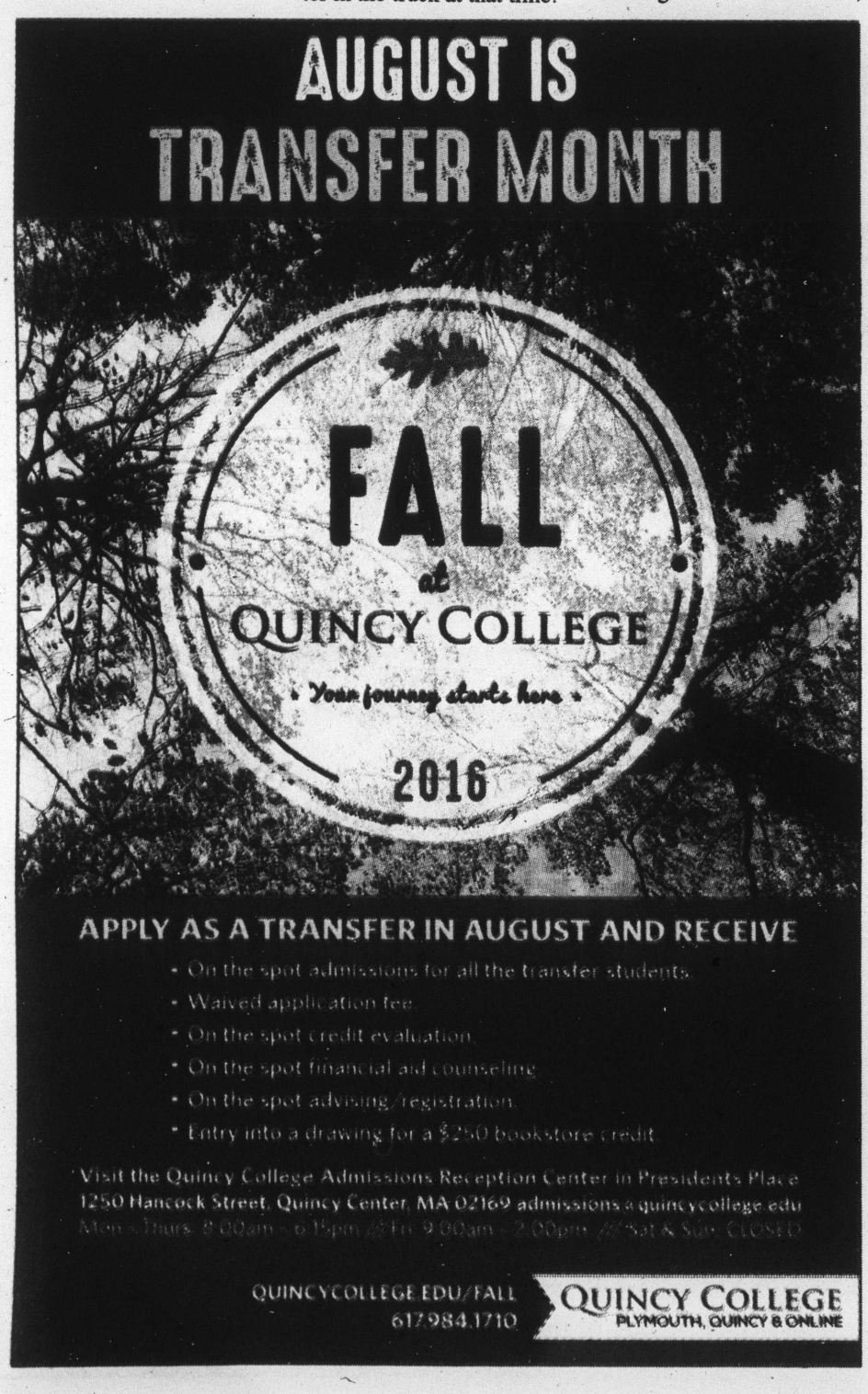
The maintenance worker then sprayed the dog with whatever, which relieved some of the panting, and contacted police.

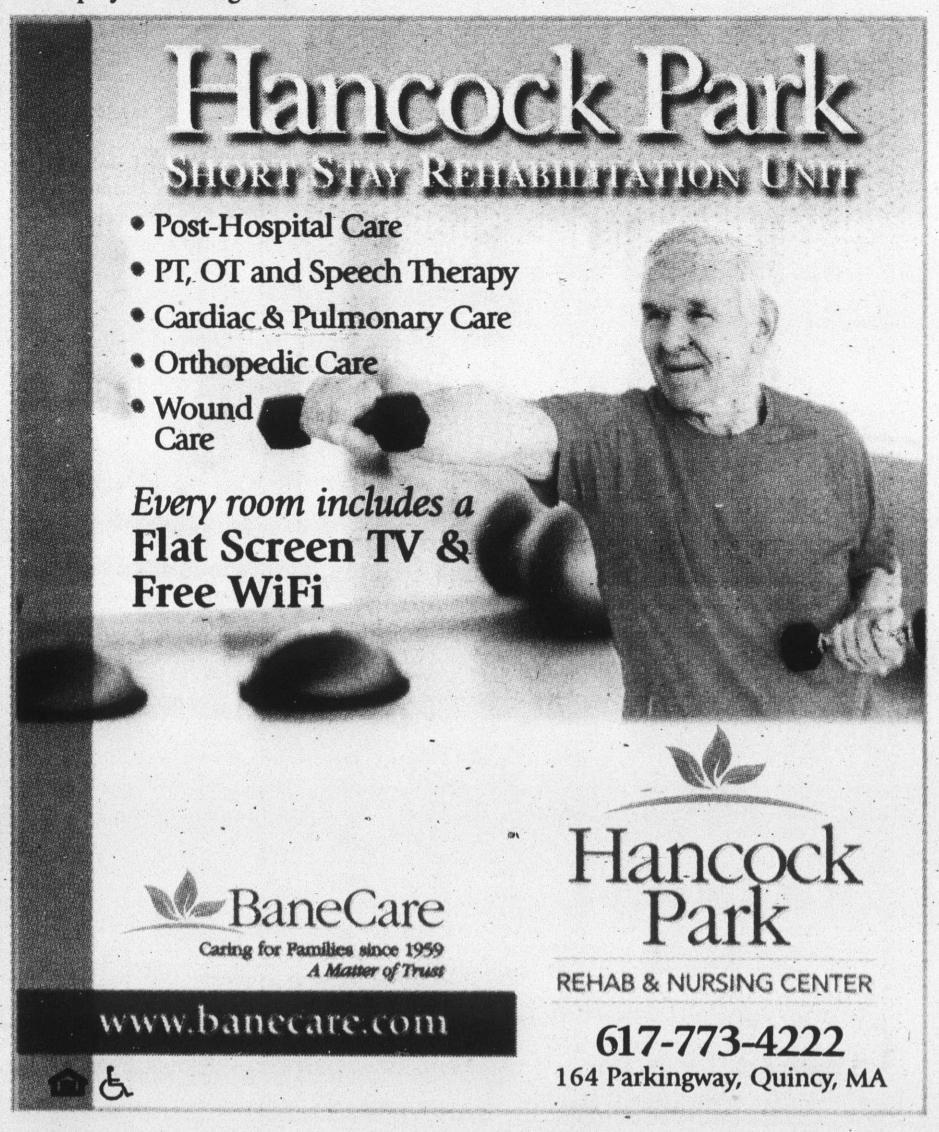
The responding officer was able to contact the vehicle and dog's owner, identified as 28-year-old Jonathan Gormley of Dorchester, who was located inside the building on Winter Street. Gormley, Dougan said, told police the dog had been inside the F-150 since midnight, but that he had been checking on it every two hours and left water inside the vehicle. Dougan said the water was gone when the maintenance worker first spotted the dog.

Gormley will be summonsed to Quincy District Court at a later date on one count of animal cruelty.

The dog was placed under quarantine at Quincy Animal Shelter because it bit the maintenance worker after Gormley removed it from the vehicle. Dougan said Gormley did not have paperwork showing the dog had been vaccinated against rabies.

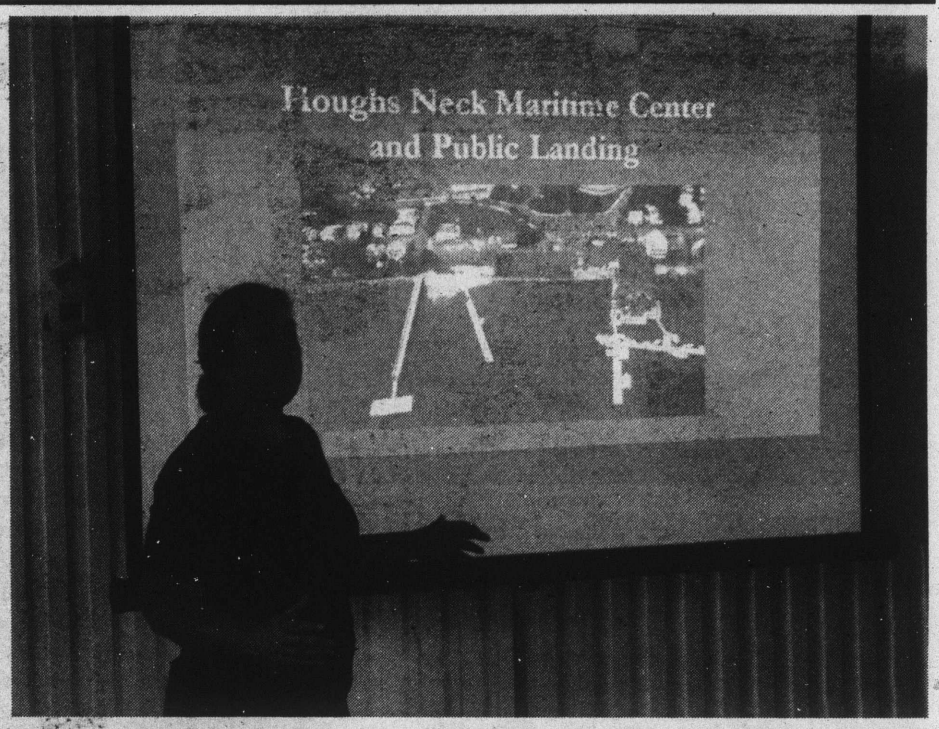
Dougan said residents who see an animal inside a hot vehicle should contact police if it appears to be in distress.





LT. GOV. KARYN POLITO and Mayor Thomas Koch walk along the boat ramp at the Houghs Neck Maritime Center that will be replaced as part of a redevelopment plan.




WARD 1 Councillor Margaret Laforest explains how the Houghs Neck Maritime Center no longer functions as a useful facility. *Quincy Sun photos/Tom Gorman*

# Expanded Houghs Neck Maritime Center Eyed

By TOM GORMAN

City officials are planning a major expansion and improvement project for the Houghs Neck Maritime Center that they say would return the area to its heyday of a maritime hub for the region.

Lt. Gov. Karyn Polito joined Mayor Thomas Koch and Ward 1 Councillor Margaret Laforest for a tour of the facility that includes the maritime center building, boat ramp and pier on Bayview Avenue on July 26. State Reps. Bruce Ayers and Tackey Chan and several other officials also participated in the tour and discussion of the improvement plan that the city believes would drive more tourism, boating and fishing activity in the area.

The state Seaport Economic Council will decide during its Aug. 18 meeting in Plymouth whether to support Quincy's request of $225,000 in funding to pay for the proposed project's initial design plans of rebuilding the maritime center and adjacent pier. The city recently received $680,000 from the seaport council to replace the existing boat ramp that is now only accessible two hours before and after high tide.

Koch's $5 million plan calls for replacing the existing maritime center building and deteriorating pier and expanding the parking lot. In order to enlarge the parking lot, the mayor is proposing to purchase four adjacent properties – three homes and the Louis Restaurant parking lot.

Because of its central location in Boston Harbor, Laforest explained that the maritime center has served the boating community for more than a century where steamboats once transported people to Boston and was a destination for busloads of New Yorkers who came to the area for excursions on the harbor.

"This has been the hub of boating in our community for over 100 years," she said. "This is where you would leave for Boston Harbor for the day.

Laforest said Houghs Neck was once like Cape Cod and until the 1980s, the area thrived as a summer recreation destination and the maritime center was the centerpiece. She noted the facility once had a bait shop and offered skiff rentals, outboard motor repairs and even day care.

"We no longer have the retail component for the boating community," she said.

Laforest said the maritime center is in need of a makeover and pointed out that the existing facility lacks appeal due to its cement block walls with bars across the windows. With about 2,000 registered boats in Quincy alone she said "many (of the owners) could take advantage of the public access" a new center would provide.

*Cont'd On Page 12*

8/5
The Three Guys
Friday 12-4PM
Ruth Gordon Amphitheater

Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST

THE GEM THAT WOULD BE KING

Owing to the fact that it bears such a close resemblance to ruby, the King of Gemstones, red spinel is often referred to as "the great imposter." In fact, many of the "rubies" found in royal crowns, tiaras, and breastplates have been revealed to be red spinels. For instance, the famous Timur Ruby, which is part of the British Crown Jewels, is actually a red spinel. Until 1851, the 352.5-carat gemstone was regarded as the largest ruby in the world. After it was discovered to be a spinel, it became known as the second largest known red spinel behind the 398.72-carat spinel in the Imperial Russian Crown, and it remains one of the greatest heirlooms of the British Monarchy.

Spinel has long been mistaken for ruby by emperors and monarchs. Many of the famous "rubies" of history were actually spinels. Today, it is in great demand among gemologists and gem connoisseurs. Spinel is cut in a variety of shapes and cutting styles. As with many colored stones, ovals and cushion shapes are quite popular. To learn more, please call or stop by Rogers Jewelry at 1402 Hancock St. in Quincy Center or call us at 617-773-3636. Our diamond collection contains virtually any shape and size imaginable.

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# Officials Investigating Non-Native Turtles Found In Quincy Marsh

By SCOTT JACKSON

State officials are investigating how more than a dozen non-native turtles wound up in a marsh inside Quincy's Caddy Memorial Park.

Tom French, the assistant director of the state Department of Fisheries and Wildlife for Natural Heritage and Endangered Species, said his agency was notified July 27 that red-eared sliders had been found in the marsh. Thirteen dead red-eared sliders were found by state officials during a site visit the following day, along with one live one.

The turtle was treated by veterinarians for exposure to saltwater – the red-eared slider is a freshwater species, and the marsh at Caddy Park is saltwater. French said the turtle would likely be able to recover because it was removed from the saltwater while still alive.

The 13 turtles found in the marsh likely died because they were placed in saltwater, French said. He believes someone tried to save the turtles after purchasing them at a food market or other store, only to kill them by placing them in saltwater.

"It's against the law to release any animal into the wild, so don't do it," French said. "Whoever did this probably thought they were saving these turtles."

French said it was likely someone saw the turtles being left in the marsh, which is located across Quincy Shore Drive from Wollaston Beach. Anyone who may have information on how the turtles got there is asked to contact the Division of Fisheries and Wildlife at 508-389-6300 or Massachusetts Environmental Police at 800-632-8075.

"It's a fairly popular park," French said. "There is a good chance someone saw something."

The turtles found at the marsh, he stated, were all the same age and from the same lot, and were likely being sold as food, not pets.

French said the red-eared slider is native to Louisiana, Mississippi and Eastern Texas, and is commonly sold in pet stores and Asian food markets throughout the country. One million red-eared sliders are grown on farms in Louisiana each year.

Massachusetts banned the sale or ownership of the red-eared slider two years ago because they compete with native species – including the Northern red-bellied cooter, an endangered type of turtle – when released into the wild. People who had red-eared sliders before the ban were allowed to keep them.

The penalty for illegally possessing red-eared sliders in Massachusetts ranges from a warning to jail time, French said.



## Moments in time

THE HISTORY CHANNEL.

* On **Aug. 16, 1896**, while salmon fishing in Canada's Yukon Territory, George Carmack reportedly spots nuggets of gold in a creek bed. His lucky discovery sparked "Klondike Fever," the last great gold rush in the American West.

* On **Aug. 17, 1915**, Charles F. Kettering, co-founder of Dayton Engineering Laboratories Company (DELCO), is issued a U.S. patent for his "engine-starting device" -- the first electric ignition mechanism for automobiles. Prior to his invention, drivers had to use iron hand cranks to start their engines.

* On **Aug. 20, 1920**, seven men, including legendary football star Jim Thorpe, meet in Canton, Ohio, to organize a professional football league, the forerunner to the National Football League.

* On **Aug. 19, 1953**, the Iranian military, with the support and financial assistance of the United States, overthrows the government of Premier Mosaddeq and reinstates the Shah of Iran. Iran remained a Cold War ally of the U.S. until a revolution ended the Shah's rule in 1979.

* On **Aug. 15, 1961**, two days after sealing off free passage between East and West Berlin, East German authorities begin building the Berlin Wall to permanently close off access to the West. For the next 28 years, the heavily fortified Berlin Wall stood as the most tangible symbol of the Cold War.

* On **Aug. 21, 1971**, antiwar protestors associated with the Catholic Left raid draft offices in Buffalo, New York, and Camden, New Jersey, to confiscate and destroy draft records. The FBI and local police arrested 25 protestors.

* On **Aug. 18, 1991**, Soviet President Mikhail Gorbachev is placed under house arrest during a coup by high-ranking members of his own government, military and KGB secret police. The coup collapsed three days later, but Gorbachev's days in power were numbered. He resigned in December 1991.

*(c) 2016 King Features Synd., Inc.*

# Six Free Trips To Spectacle Island

To help the region's families beat the heat and explore and enjoy the Boston Harbor Islands State and National Park, Save the Harbor is opening up space on six free All Access Boston Harbor trips to Spectacle Island for kids and families this August.

The free island adventures will take place on Aug. 16, 17, and 18, and again on Aug. 23, 24, and 25 aboard Bay State Cruise Company's Provincetown II, which boards at 10:15 a.m. for a 10:30 a.m. departure from the World Trade Center dock and returns at 3 p.m.

Reservations are required.

To reserve space for a free trip to Spectacle Island, send your name, contact number, the day you plan to take the trip and the number of spaces you would like to reserve to gaylord@savetheharbor.org. You will receive an email confirming your reservations. A parent or adult guardian must accompany all youth and teens.

"With a wonderful island park and some of the cleanest urban beaches in the nation, Boston Harbor is a spectacular urban natural resource for the region's kids and families," said Patty Foley, president of the Boston based harbor advocacy organization, which is celebrating its 30th Anniversary this year. "Sharing them with the public with free events and programs is at the heart of our mission and a key to our policy success."

Save the Harbor runs free youth and beach programs that will connect 30,000 youth and teens from scores of area youth development and community organizations to Boston Harbor and the Boston Harbor Island State and National Park this summer. They also provide free programs at eigh sites on Boston Harbor and at 70 free Better Beaches Program events on the region's public beaches with the support of DCR.

Save the Harbor's All Access Boston Harbor program offers free trips to the Boston Harbor Islands for youth development and community groups three days each week during July and August aboard Bay State Cruise Company's flagship Provincetown II, which can easily accommodate 500 passengers. If you would like to arrange a trip for your group, email gaylord@savetheharbor.org.

# Red Cross Urges Blood, Platelets Donations

The American Red Cross is facing a critical shortage of blood and platelets and is urging eligible donors to give now to help ensure blood is available throughout the rest of the summer to meet patient needs.

Two blood drives are scheduled in Quincy this month:

• Tuesday, Aug. 9 from noon to 5 p.m., Quincy High School, 100 Coddington St.

• Friday, Aug. 12 from 8 a.m. to 1 p.m., Lee Kennedy Co., Inc., 122 Quincy Shore Dr.

Donors at QHS will also be given a one-day pass for Six Flags. This is in addition to a $5 Amazon email gift card.

Donors need to be 17+, or 16 with parental consent. Walk-ins are welcome, but appointments are recommended. Anyone with questions can email Meg McMillen at maryellenmcmillen@quincypublicschools.com.

Blood and platelets are needed for many different reasons. Accident and burn victims, heart surgery patients, organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease may all need blood.

Donors of all blood types are urgently needed to help restock the shelves.

To schedule an appointment to donate, use the free Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

Donation appointments and completion of a RapidPass online health history questionnaire are encouraged to help reduce wait times.

# Manet Marking Health Center Week

Manet Community Health Center (Manet) will join health centers across the country in celebrating National Health Center Week (NHCW), Aug.7-13.

To thank existing patients and supporters, welcome new patients, engage community members, and raise awareness about the mission and accomplishments of America's health centers, Manet will host appreciation events at each of its sites in Quincy and Taunton and a seaside community health fair in Hull.

The celebrations are free to the public and will take place from 9 a.m. to 1 p.m. at the following locations:

• Monday, Aug. 8 -- Manet, North Quincy - 110 Squantum St., North Quincy

• Tuesday, Aug. 9 -- Manet, Houghs Neck - 1193 Sea St. Quincy

• Wednesday, Aug. 10 – Manet, Taunton - 1 Washington St. (Mill River Place), Taunton

• Thursday, Aug. 11 -- Manet, Snug Harbor - 9 Bicknell St., Quincy

• Friday, Aug. 12 -- Mary Jeanette Murray Bath House, 204 Nantasket Avenue, Hull

Events will include a variety of fun, healthy and interactive activities and information and will feature booths from local community partners. Highlights will include a Fresh Truck "Pop Up Food Market" in North Quincy, pediatric dental screenings in Taunton and blood pressure and blood glucose screenings at all sites.

For more information, call 617-690-6352.

# Solar Energy Equipment For Quincy Adams MBTA Garage

The MBTA Fiscal and Management Control Board this week approved a plan allowing for the installation of solar energy generating equipment at 37 T-owned parking facilities including the Quincy Adams garage in South Quincy.

The 20-year lease agreement with Omni-Navitas Holdings LLC will generate $1.9 million in base rent in the first year, with a three percent annual increase.

Once all the locations are fully operational, the MBTA will also realize approximately $5 million in savings through a reduction in snow removal, electricity and lighting maintenance costs. Over the 20-year length of the lease, the MBTA will realize $55 million in income and savings, officials said.

There will be a two-year installation period for putting the solar panels in place. The MBTA also seeks to promote the development of renewable energy including solar photovoltaic facilities on its property for its own use.

As the largest electricity consumer in Massachusetts, the MBTA has focused on the development of a system-wide approach to implement energy efficiency programs with a goal of clean renewable energy development on its large real estate holdings. In May, the MBTA projected a 12.8 percent reduction in energy costs for the 2017 Fiscal Year, and expects to see additional savings during the next three years.

# Scenes From Yesterday




**THIS IS A rare 1916 real photo postcard view looking north along the boulevard that was built along the shore of Quincy Bay in 1908. Rice Road - known then as North Fenno Street - is on the left. The boulevard had been extended from here south to Furnace Brook Parkway just the year before. The first three houses on the left are no longer extant. Today, Tony's Clam Shop is just beyond the gambrel roofed house in the center. On the right, there is a shaded bench here today, 100 years after this photo was taken, in pretty much the same location as this one. In the distance is the Wollaston Yacht Club. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# Fire And Life Safety Tips for Seniors

**By MIKE SLADE**
**Fire Prevention Bureau**
**Quincy Fire Department**

In the United States, people age 65 and over account for 13 percent of the population, yet they account for 30 percent of home fire deaths. Seniors are two times more likely to die in a fire than the rest of the U.S. population. The following section provides some helpful tips to keep seniors safe from fire.

If you smoke, smoke outside. Wet cigarette butts and ashes before discarding. Never smoke in bed. Never smoke if medical oxygen is in use.

When using space heaters, keep heaters at least three feet away from combustibles. Shut off and unplug space heaters when you leave your home or go to bed.

When cooking on the stove in the kitchen, stay in the kitchen. Wear short sleeves when cooking. Use



**MIKE SLADE**

oven mitts to handle hot pans. If a pan of food catches fire, make sure to shut off the burner and call 911. Never cook if you are drowsy from alcohol or medication.

Smoke alarms save lives. Smoke alarms should be installed on each level of your home, in each bedroom and outside of each sleeping area. Interconnected alarms are the best option. When one sounds, they all sound. Have someone test your alarms each month.

Plan and practice a home fire escape plan. Be familiar if possible with two ways out of every room in your home. Make sure that doors and windows open easily. If your alarms sound, get outside and stay outside. Once outside, call 911. Plan your escape around your abilities. Have a telephone in your bedroom in case you become trapped by smoke or fire. Have all necessary items near your bed, such as medications, glasses, a walker or a cane.

Falls are the most common cause of nonfatal injuries and hospital admissions for trauma. When an older adult suffers a fall, the fall tends to increase their fear of falling again. This fear can lead to a decrease in activity. The decrease in activity leads to reduced mobility and fitness which increases the risk of falling again. Exercising is instrumental in helping to avoid falling. Exercise builds strength and improves coordination and balance. Ask your doctor about which exercise would be best for you.

Another way to avoid falling is to take your time when moving around. Get out of chairs slowly. When getting out of bed, sit up for a minute before standing. When you do stand, take a few moments before attempting to walk. Try to always be aware of your surroundings. Keep walking areas and stairs clear of electrical cords, shoes, clothing, books, magazines and any other clutter.

Improve the lighting around your home. Use nightlights to light the path between your bedroom and your bathroom. Always turn on your lights when using the stairs. See an eye specialist at least once a year to make sure that you can see as optimally as possible.

The Quincy Fire Department is dedicated in serving the citizens of Quincy. If you should have any questions or concerns whatsoever, please do not hesitate to call the fire prevention bureau at 617-376-1015

## Four On Becker Dean's List

Four students from Quincy are on the Dean's List for the spring semester at Becker College in Worcester.

They are:

Jean-Luc Bellefleur, Richard Hui, Ian Hunter and Eltonjo Palushi.

## Two Residents On Clark Dean's List

Two students from Quincy have earned second honors on the Clark University Dean's List for the spring semester.

They are:

Jenny M. Thi and Mai Thanh Dang.

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# Quincy's Yesterdays

This Week
**1962**
54 Years Ago

# Cemetery Land Needs Filled For 50 Years

The 43-acre tract in the Blue Hills Reservation, which the Metropolitan District Commission (MDC) gave the city of Quincy under recently approved legislation will provide for Quincy's cemetery requirements for the next half a century, Mayor Amelio Della Chiesa estimated.

"If managed correctly there is no reason why it should not be self-supporting," said Della Chiesa.

The MDC, at the request of the mayor, was expediting the transfer of the title to this big tract near the Braintree line to Quincy. At the present rate of $175 per lot, the new cemetery will bring in about $4.2 million for perpetual care and about $1.8 million for the sale of lots during the next 50 years.

Under the bill filed by the mayor and recently signed by Governor John Volpe, the city is getting the land free from the MDC.

### INTERIOR DEPARTMENT PROPOSES ADAMS HISTORIC SITE EXPANSION

The Interior Department has asked Congressional authority to enlarge the Adams National Historic Site in Quincy by an addition of about five acres.

The present site totals 4.77 acres and includes the Adams Mansion, the home of four generations of the Adams family.

The land in question was a vacant lot at the corner of Adams Street and Presidents Lane across the street from the Adams Mansion.

Mrs. Frank Harris, superintendent of the site, said that she didn't know what use would be made of the Beale property, which included the Beale Homestead built in 1792.

The department said that it is urgent that additional lands be made a part of the historic site to protect and preserve its historic integrity. The present site was donated by the Adams Historical Society.

### QUINCYISMS

**Actress Lee Remick**, **daughter** of **Frank Remick**, owner of Remick's Department Store, escaped serious injury when the limousine she was riding in collided with a truck in Malaga, Spain… **Quincy Health Commissioner Dr. Richard M. Ash** requested city officials to cover the reservoir tank in the quarry area adjacent to Cranch Hill. He said that gulls and other birds flying over the tank from the nearby dumpster created health hazards… **Wilfred A. Nolan**, principal of the Lincoln and Hancock schools, was appointed by **James Deupree**, chairman of the United Fund Drive, to head up the Schools Division of the 1963 United Fund Campaign… Capitol Supermarkets, 1508 Hancock St., was advertising "Lean, Meaty, Ground Beef for 39 cents a pound"… **William Martin**, president of the South Shore National Bank, was the guest speaker of the Tuesday luncheon meeting of the Quincy Rotary Club held at the Neighborhood Club… First National Stores was offering "Veal Steak for 89 cents a pound"… **Mr. and Mrs. Richard Shaw** of 55 Lenox St., Houghs Neck, welcomed a daughter born Aug. 5 at Quincy Center Hospital… "El Cid," starring Charlton Heston and Sophia Loren, was playing at the Strand Theater, Chestnut St., Quincy Center… Members of the Squantum Women's Club, celebrated the 50th anniversary of its founding at a garden luncheon at the home of **Mrs. John P. Curry** of Bay Street. **Mrs. Howard A. Frost** and **Mrs. Alexander MacDonald** were general chairmen of the day… **Dick Patterson** and **Luba Lisa** were appearing in "Bye, Bye Birdie" at the South Shore Music Circus… **Alfred Kaufman**, 33 Dale Ave, South Quincy, was elected to serve a three-year term on the board of directors of Congregation Adas Shalom… **Mrs. Helene Perrone** was once again appointed to head the Real Estate Division of the annual United Fund Drive in Quincy. Mrs. Perrone and her husband **William** reside at 37 Glendale Road… **The Committee to Elect Ward Three Councillor James S. McCormack** state senator was scheduled to hold an open meeting, Thursday, Aug. 9 at Walsh's Restaurant, North Quincy. All those interested in Councillor McCormack's candidacy were invited to attend… **Bruce MacRitchie** won the King Trophy for being the outstanding skipper at the YMCA sailing camp at Mason's Point in Squantum… The Bargain Center, Quincy Center, was advertising "Men's Summer Suits, 25% Off Our Already Low Prices"… **Hugh W. McNulty**, son of **Mr. and Mrs. W. McNulty**, 33 Quincy Ave, Quincy, received a Harvard national scholarship to Harvard Law School. He graduated from Harvard University in June… **Miss Grace Guinchiglia**, secretary to Mayor Amelio Della Chiesa, was the guest speaker at the weekly meeting of the Quincy Kiwanis Club. Her topic: "The Boss-Secretary Team"… The Beauty Garden, 1436 Hancock St., downtown Quincy, was offering "All Permanents, $6.95 Complete, None Higher."

# Arts & Entertainment

## Quincy Choral Society To Tour Ireland

### *Public Invited To Final Rehearsal Aug. 10*

The Quincy Choral Society begins its 10th musical tour of Europe Saturday, Aug. 13.

Starting in Shannon, Ireland, the chorus will perform at Cobh Cathedral. This concert will be followed by a Sung Mass at Holy Trinity Church in Adare with a concert afterwards. After traveling through Galway, the group will give a concert at St. Patrick's Cathedral in Dublin. The tour will conclude with a benefit charity concert at Dublin Unitarian Church.

The repertoire for this concert series is a mixture of the sacred and secular including Wolfgang Amadeus Mozart's "Ave Verum," Antonin Dvorak's "Kyrie," César Franck's "Panis Angelicus," Ed Lojeski's arrangement of "Amazing Grace," John Phillips and Michelle Phillips' "California Dreamin'," and selections by George Gershwin and Duke Ellington.

The concerts will be led by Maestro John Nichols, who is retiring as music director of Quincy Choral Society at the end of this tour, with accompanist Virginia "Gingy" Grimes and flutist Betsy Maholchic.

The public is invited to the final rehearsal Wednesday, Aug. 10 at 7:30 p.m. to be held in the Fellowship Hall downstairs at the East Congregational Church, 610 Adams St., on the Milton/Quincy line. The rehearsal is free of charge.

The Quincy Choral Society was founded in 1981 for the purpose of bringing musical excellence to the South Shore and the world. Members sing with music in their hearts, performing diverse, professional quality programs designed to entertain, enlighten, and enrich the human spirit. The chorus performs locally and has performed in music festivals in Washington, D.C., in Europe, and, most recently, at Carnegie Hall in June 2015 as part of the Masterworks Series.

For more information about this event and future concerts, visit quincychoral.org and "Like" us on Facebook.



**QUINCY RESIDENT Liz Favorito, on right, with Liz Leuchte and Tom Rising, both of Boston's Beacon Hill, attended the French Cultural Center's signature Bastille Day Party on Marlborough Street in Boston's Back Back.** *Photos Courtesy Roger Farrington/Event Photography*

## Quincy Residents Celebrate Bastille Day In Boston's Back Bay

Several Quincy residents recently attended the French Cultural Center's signature Bastille Day Party on Marlborough Street in Boston's Back Back.

The celebration featured authentic music, food, drinks and atmosphere. Bastille Day, France's national holiday, commemorates the storming of the Bastille prison during the French Revolution of 1789.

For the second year in a row, all 2,000 tickets were sold out in advance. Among the guests were Liz Favorito, Romanes Paul and Dorothy Manuel, all of Quincy.

The entertainment lineup, programmed by World Music/CRASHarts, showcased two phenomenal Francophone acts: Ginkgoa, a blend of vintage Paris chic and New York cool with swinging electro beats; and Emeline Michel, an internationally acclaimed Haitian songstress fusing pop, jazz, blues and traditional rhythms.

In light of the Bastille Day tragedy in Nice, France, the Boston event was held in honor of the Nice victims.

Prior to the musical entertainment, the crowd observed a moment of silence and sang La Marseillaise, the French national anthem.

Marlborough Street was blocked off between Berkeley and Clarendon Streets to accommodate the revelers dancing in the street. Delicious French food from standout French restaurants in New England and drinks, including beer and wine, were available. The party, in true French style with live music and dancing, celebrates community, cultural diversity, and friendship between nations.



**QUINCY RESIDENTS Romanes Paul and Dorothy Manuel also attended the 41st annual Bastille Day celebration in Boston's Back Bay. Presented by the French Cultural Center on Marlborough Street, the sold-out event was held in honor of the victims of the Bastille Day tragedy in Nice, France. Prior to the musical entertainment, the nearly 2,000 attendees observed a moment of silence and sang La Marseillaise.**

## Dorothy Quincy Homestead Open For Public Tours Saturday

The Dorothy Quincy Homestead, a National Historic Landmark, will be open for public tours Saturday, Aug. 6, between 11 a.m. and 3 p.m.

Tours will start on the hour and half hour beginning at 11 a.m. The last one begins at 2:30 p.m.

All tours are free of charge, but a voluntary contribution is suggested.

The Homestead is located on Butler Road at the corner of Hancock Street in Quincy.

The Friends of Butler's Pond have been invited to take part in the open house.

Girl Scout Brianna Cristiani will tell stories and lead colonial games on the lawn.

The Hancock Chariot, a magnificent sleigh owned by John Hancock, will be on display as well.

Dating from 1868, the house is 330 years old. During the 17th and 18th centuries, this mansion was considered the grandest estate in Quincy. During the pre-Revolutionary War era, it was a meeting place for such patriots as Josiah Quincy, John Hancock and John Adams. It was the childhood home of Dorothy Quincy Hancock, the wife of John Hancock.

The Homestead is operated by The National Society of The Colonial Dames of America in The Commonwealth of Massachusetts in conjunction with the Massachusetts Department of Conservation and Recreation (DCR.)

Groups may request a private tour by phoning 617-742-3190 or emailing dames@nscdama.org.

For more information, visit the Homestead's website: www.nscdama.org.

## Lobster Cruise Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up.

For reservations visit the Kennedy Center at 440 East Squantum St.

## QHS Class Of 1966 Reunion

Quincy High School Class of 1966 will hold its 50th reunion Saturday, Aug. 20 at the Tirrell Room, 254 Quarry St., Quincy, from 6 to 11 p.m.

The evening will feature dancing and music of Dave Becker, DJ Plus.

Dinner will be served at 7 p.m.

For further information call Pat (Walsh) Matterazzo at 781-706-5103 or Steve Demaggio at 781-331-4736 or email qhsclassof1966@gmail.com.

More information is also available at www.http://qhs1966.com.

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# Social



MR. and MRS. JOSEPH HART

## Joseph And Nancy Hart Celebrate 60th Anniversary

A 60th weekend wedding anniversary celebration for Mr. and Mrs. Joseph C. Hart Jr. was recently held in Moultonborough, N.H. where they retired to 20 years ago after living in Quincy for 60 years.

Mrs. Hart is the former Nancy Cashen. Both Joe and Nancy are graduates of North Quincy High School.

Mrs. Hart worked 13 years for the City of Quincy Purchasing Department before becoming a homemaker and raising their four children. Mr. Hart retired from the Foxboro Company after working as a supervisor in the Drafting Department.

They were married on June 23, 1956 in a ceremony held at The Scotch Presbyterian Church in Boston. The officiating pastor was the Rev. Archibald MacMillan.

They are blessed to be the parents of four children and their spouses and six grandchildren. Son, Roy Hart and his wife Kelly of Forrestdale-Sandwich; son, Bradford Hart of Plymouth; daughter, Melissa Torressen and husband Gary of Moultonborough, N.H.; daughter Lesley Daigneau and husband Andy of Moultonborough, N.H.

Their six beloved grandchildren, Alysha Torressen and Andrew Torressen (attending Norwich Military University) of Moultonborough, N.H.; Christian Hart serving in the U.S. Navy at Cherry Point, N.C.; Abbey Hart and Sam Hart of Forestdale-Sandwich, and Leanne Daigneau of Moultonborough, N.H.

The weekend was a fun-filled occasion starting with a delightful time at the beautiful home of Melissa and Gary Torressen on June 23rd. Friday was a beach day at Lake Winnipesaukee with family and friends. Saturday was a Princess Tea Party with granddaughter Leanne. Sunday was a surprise luncheon train ride with family starting in North Conway, N.H. and traveling through the beautiful mountains of New Hampshire. Their anniversary will end with a bus tour with family and friends to Amish Country in Pennsylvania in the fall.

Joe and Nancy have committed their marriage to Christ in 1956 and he has been an ever present help over the past 60 years. Because of this, Joe and Nancy have been blessed as a couple and a family. God has given them the blessing of a family and many, many dear friends. Joe and Nancy believe and trust in their lifetime verse from Proverbs 3:5 and 6 Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

Trusting in God has allowed them 60 years of happy marriage and love for one another and all those around them.

## Block Island Trip Aug. 16

The Quincy Council on Aging has scheduled another trip to Block Island on Tuesday, Aug. 16.

The day trip includes Block Island sightseeing tour, lunch at the National Hotel, round trip Block Island Ferry and motor coach.

There will also be time to browse the shops.

The trip is for anyone over the age of 60.

The cost for the day is $109. Bus departs from Quincy at 8 a.m. and departs from Block Island at 4 p.m. arriving home at approximately 7 p.m.

To sign up for this trip visit the Kennedy Center. Payment is due at sign up. For more information call (617) 376-1506.



MR. and MRS. MATTHEW MORRISON

## Nealia Giarratani Wed To Matthew Morrison

Nealia E. Giarratani of Quincy and Matthew Morrison of Norwood were married on June 18 at the Endicott Estate in Dedham.

The ceremony took place on the lawn by a beautiful tree selected by the bride, and the reception took place inside the mansion.

Jennifer MacLean officiated at the wedding. Craig Davis was the Best Man and Rita Buscher Kulis was the Matron of Honor.

The bride is the daughter of Fay M. Giarratani of North Quincy and Sal J. Giarratani of East Boston. The groom is the son of Richard and Jane Morrison of Norwood.

After spending their honeymoon in Nova Scotia and Prince Edward Island, the newlyweds are living in Norwood.

## Park Service Celebrates 100th Anniversary Aug. 25

As the U.S. National Park Service celebrates its 100th anniversary on August 25th, the most Americans in recent years are traveling to the national parks across the country.

Visitation to the national parks reached an all-time high in 2015, with more than 307 million visitors, according to the National Park Service, and this is expected to continue through the year ahead. According to a recent AAA survey, 37 percent of Americans are more likely to visit a national park in the next 12 months, building on the momentum of this year's centennial celebrations.

Eighty-five percent of U.S. Adults have visited at least one national park, and a majority say the national parks are a "must-see" vacation destination (73 percent). National parks are increasing in popularity among younger generations. Nearly half of Millennials (46 percent) say that they are more likely to visit a national park in the next year.

"It's not surprising to see that younger generations are particularly interested in visiting national parks," said Mary Maguire, director of Public and Legislative Affairs for AAA Northeast.. "Travel is part of Millennials' DNA, and they consistently seek experiential travel opportunities, a major draw for national park visitors."

According to the National Park Service, the most visited national parks in 2015 were Great Smoky Mountains, Grand Canyon, and Rocky Mountain. Acadia National Park in Maine, had 2.8 million visitors in 2015.



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WELCOME, LAURA CLARE MARRESE – Mark and Diane Marrese of Dedham are parents of a daughter, Laura Clare Marrese, born July 11 at Tufts Medical Center. Laura debuted weighting 7 pounds, 7 ounces. Paternal grandparents are Ron and Maria Marrese of Bridgewater. Maternal grandparents are Blanche and the late Robert DiNocco of Quincy. Diane Marrese is a former Quincy resident.

## Six Residents Earn UMass-Lowell Degrees

Sixteen Quincy residents recently earned degrees at the University of Massachusetts in Lowell.

Taner Albayrak, Bachelor of Science degree in computer science.

Kaiyu Wang, Bachelor of Science in Engineering degree in electrical engineering.

Zhong Sheng Huang, Master of Science in Engineering degree in electrical engineering.

Kevin Pillone, Bachelor of Arts degree in history.

Ravi Dipali of Quincy (02169), who received a Master of Science in Engineering degree in mechanical engineering.

Jaswanth Reddy Mula, Master of Science in Engineering degree in mechanical engineering.

Bridget Smiddy, Bachelor of Science degree in nursing.

Charlene Badolato, Master of Science degree in nursing.

Alina Ploaie, Bachelor of Science degree in biology.

John Mulvey, Bachelor of Arts degree in English.

Kyle Ptak, Bachelor of Science in Engineering degree in plastics engineering.

Ryan Evans, Bachelor of Science in business administration.

David Lake, Bachelor of Science degree in information technology.

Jennifer Adduci, Bachelor of Science degree in nursing.

Hiep Nguyen, Bachelor of Science in Engineering degree in plastics engineering.

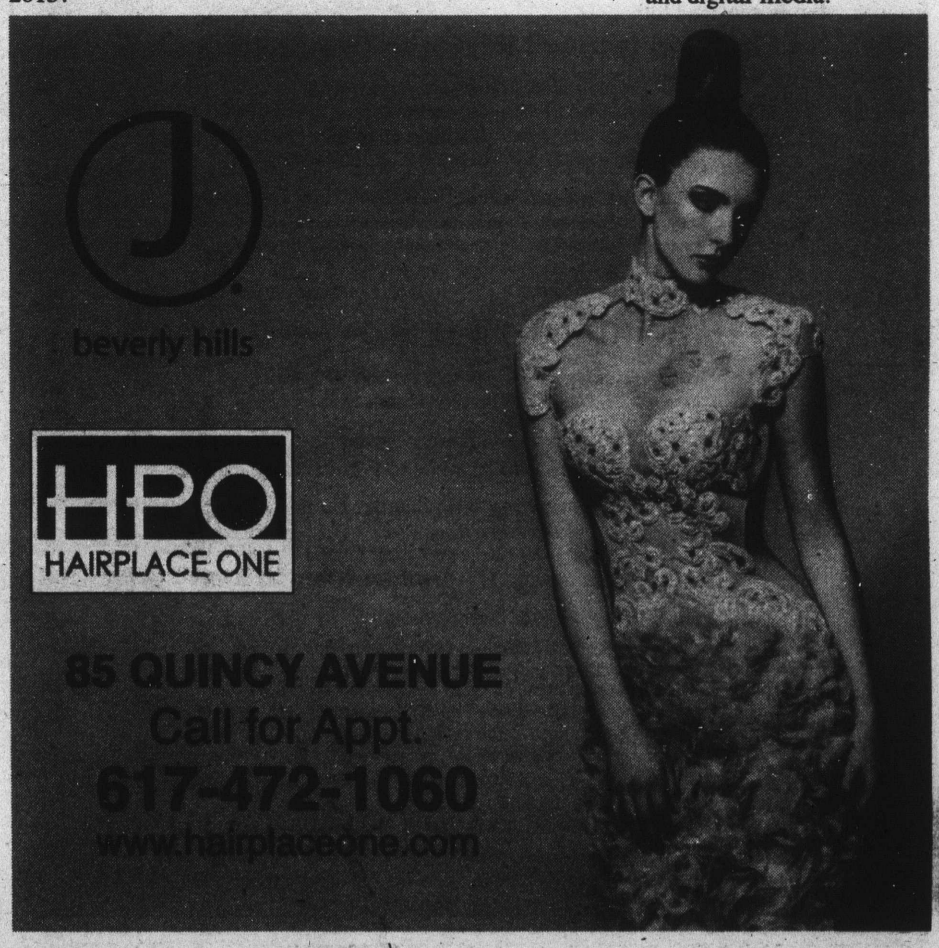
Emmitt Harrow, Bachelor of Arts degree in world languages and cultures.

## Two Quincy Students On Champlain Dean's List

Two students from Quincy are on the Dean's List for the spring semester at Champlain College in Burlington, VT.

They are:

Dennis Ngo, majoring in game exploration: game design; and Maggie Sergeff, majoring in graphic design and digital media.



# WHAT'S COOKING

with

## *Marie & Suzie*

By MARIE D'OLIMPIO and SUSIE FALCO



## Escarole And Potatoes

By MARIE

One of my mother's favorite things to cook when we were growing up was combinations of several vegetables.

Today's recipe is for an escarole and potato mix. We had a big garden, so escarole was very plentiful. When I do make it I cook the potatoes and the escarole in the morning when the weather is cool. And then when I am ready to serve the dish is when I sauté it.

**RECIPE:**

**1 large head of escarole washed and cooked**
**4 medium sized potatoes**
**3 tablespoons of olive oil**
**2 gloves of garlic chopped**
**Salt and pepper to taste**

First, boil the escarole until tender, this takes about 20 minutes. Drain and cool. When cooled cut in small pieces about 1 to 2 inches. Boil potatoes, skin on or off whichever you prefer.

In the hot oil sauté the garlic, then add the escarole, stirring a few minutes and then place the potatoes in and mash them roughly. Stir all together and cook until heated through. You can brown everything a bit if you like.

## Pad Thai

By SUSIE

Who needs take-out when you can make some fresh healthy Pad Thai at home?

**8 oz pad thai rice noodles, cooked according to package directions, immediately rinsed with cold water and cooled**

**2 tablespoons virgin coconut oil**
**1 1/2 cups COOKED chicken, shrimp or any other COOKED protein of choice**
**4 cups broccoli florettes and thinly sliced stems**
**4 cloves garlic, minced**
**2 cups scallion, chopped into 1 inch pieces**
**1 cup lightly packed cilantro, chopped**
**4 oz mung bean sprouts (optional)**

**For the sauce:**
**2 tablespoons tomato paste**
**5 tablespoons tamari (wheat free soy sauce)**
**6 tablespoons coconut sap crystals (healthy sweetener) or brown sugar**
**1/4 cup fresh lime juice**
**2 tablespoons Sriracha**
**2 tablespoons mellow white miso**
**1/4 cup water**

**To serve:**
**3/4 cup chopped roasted cashews**
**Extra lime wedges**

In the meantime, mix together all of the ingredients for the sauce and set aside.

Cook the broccoli in oil with a little salt. Cover the pan in between stirring, to get it to cook faster. It should take about 5 minutes, and be lightly charred in some places. Transfer to the same plate as the chicken

Now we'll cook the sauce. Lower heat to medium. Cook the garlic in the remaining oil very briefly, about 15 seconds. Add the scallion and cilantro and toss just to get it wilted. Now pour in about half the sauce and get it heated through.

Add the noodles and toss to coat. Then add back the chicken and broccoli, the mung beans and the remaining sauce, and toss to coat.

Serve immediately, topped with cashews and lime wedges, plus extra cilantro if desired.

*this recipe adapted from the Post Punk Kitchen

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# Music, Stories, Bubbles At Library

## *Events, Activities For Children This Week*

By JULIE RINES
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**Concert with Johnette Downing**

Children of all ages and their families are invited to stand up, clap, tap shake, dance and wiggle with Johnette Downing at 10 a.m. on the Main Library lawn as she gets everyone young and old movin' and groovin' into fun fitness. Shape up with Johnette's jumpin' and jivin' music.

The "Musical Ambassador to Children" and the "Pied Piper of Louisiana Music Traditions," Johnette Downing is a multi-award winning singer, songwriter, musician and author who serves up a gumbo of Louisiana roots music and books in a toe-tapping, two-stepping good time for children across the globe.

Downing has received 22 international awards and has performed children's concerts, author visits, keynotes and educator workshops in the Middle East, Africa, Asia, Central America, North America and the Caribbean.

The show will go on come rain or shine; in case of inclement weather we will move into the large meeting room at the Main Library.

Sponsored by the Quincy Cultural Council.

**Mother Goose Storytime with Denise Shaver**

Join Storyteller Denise Shaver on Friday, Aug. 5th at 10 a.m. in the Main Library Large Meeting Room for a special storytime full of songs, stories and rhymes just right for our youngest listeners. This program is for children ages 1 and 2 accompanied by an adult.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library.

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy.

Drop in from 2:00 -4:00 pm up to age 8.

**Art-to-go** is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 and 4 p.m. to make this week's craft. Craft for the week of Aug. 8th – Bobsled craft.

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy "Cool Runnings"**

On Monday, Aug. 8th at 2 p.m. at the North Quincy Branch join us for a showing of "Cool Runnings."

Come along for an outrageously funny trip to the Calgary Olympics with the first Jamaican bobsled team.

They were four unlikely athletes with one impossible dream. Now with the help of an ex-champion as their coach, four Jamaicans leave their sunny tropical island home and enter the chilly Winter Olympics to compete for the gold in a sport they know nothing about – bobsled racing.

Finding the courage in each other to give it their all, they meet the challenge, and soon become heroes – taking the whole world along for the ride! You'll be cheering long and loud for this unlikely team.

This movie is rated G and runs for 96 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

**Bubble Play with Mr. Vinny @ Adams Shore**

On Tuesday, Aug. 9th at 10 a.m. at the Adams Shore Branch there will be bubbles, bubbles and more bubbles! Join Mr. Vinny as he shows you how to blow the most amazing bubbles—huge, giant bubbles out on the lawn at the Adams Shore library.

After Mr. Vinny's show join us at the bubble tubs to blow your own bubbles. Parents this is sure to be loads of soapy, soaking fun so make sure your children are dressed to get messy.

The show will go on rain or shine, in case of inclement weather Mr. Vinny has an indoor surprise for us.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library.

**Book Discussion: Mr. Lemoncello's Library Olympics**

On Tuesday, Aug. 9th at 7 p.m. in the Main Library Children's Room the Phoenix Book Club entering grades 5-8 will meet to discuss Mr. Lemoncello's Library Olympics.

Welcome, boys and girls, readers of all ages, to the first-ever Library Olympics!

Mr. Lemoncello has invited teams from all across America to compete in the first-ever LIBRARY OLYMPICS. But something suspicious is going on . . . books are missing from Mr. Lemoncello's library. Is someone trying to censor what the kids are reading?! Now it's not just a game—can Mr. Lemoncello find the real defenders of books and champions of libraries? In between figuring out mind-boggling challenges, the kids will have to band together to get to the bottom of this mystery.

Copies of the book, Mr. Lemoncello's Library Olympics by Chris Grabenstein are available for pick up in the Children's Room.

Fourth graders who will be entering 5th grade in September 2016 are welcome to join the Phoenix Book Club. We can't wait to meet you!

**Children's Movie @Adams Shore "Zootopia"**

On Wednesday, Aug. 10 at 2 p.m. at the Adams Shore Branch join us for a showing of "Zootopia."

In a city inhabited by anthropomorphic animals who have abandoned traditional predator/prey roles in favor of civilized coexistence, uptight rabbit police officer Judy Hopps is forced to work with charismatic fox con artist Nick Wilde to crack a major case involving the mysterious disappearance of some carnivorous citizens. But when a few of the missing critters reappear, having reverted to pre-enlightenment savagery, it exposes existing anti-carnivore prejudice among the city's herbivores that threatens to damage the fabric of their diverse metropolis.

Rated PG Run time 108 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

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# Long Work Hours Can Be Hazardous To Your Health

## *A Message From The Quincy Health Department*

**By RUTH JONES BSN, RN, BC, CP-FS**



**RUTH JONES**

The 9-to-5 workweek has been an American labor law standard for years. Regrettably, for American workers, the average employee's 40-hour workweek is actually 47 hours, and even worse for salaried employees. The typical non-hourly American worker devotes 49 hours per week at the office, with 1 in 4 stating that they spend more than 60 hours per week at work. That amounts to a 12-hour a day shift, five days a week.

Working long hours can have severe consequences for your physical and emotional health and may even end up adversely affecting productivity. People who habitually put in an of abundance of hours are really running an increased risk of potentially developing chronic diseases later in life, according to a study at the College of Public Health at Ohio State University.

The study included information on the working habits of nearly 7,500 U.S. men and women over three decades. Most of the study volunteers were over age 50 toward the end of the study. The link between long work hours and disease seems to be slightly present in men, but is remarkably more evident in women. While the studies cannot demonstrate cause and effect, the correlations were compelling in women. When researchers compared men who worked more than 60 hours a week to those who worked 30 to 40, they found those who worked the longer hours had more than twice the risk of getting osteoarthritis or rheumatoid arthritis. But men's risk for other chronic or serious diseases didn't go up substantially. In fact, those who worked 41 to 50 hours had a lower risk of heart disease, lung disease and depression. When the study associated women who worked 30 to 40 hours a week to those who worked more than 60 hours a week, women who worked 60 or more hours had more than three times the risk of heart disease, non-skin cancer and diabetes, nearly three times the risk of asthma, and nearly four times the risk of arthritis.

Researchers could not explain why more work hours seemed to have such an impact on women's health, but believe women's compounded roles are at the source. Speculation is that these women have to balance all these other roles, parenting, childcare, domestic responsibilities, worrying about everyone's health care, and subsequently are not taking care of themselves. Working the long hours can interfere with sleep and keep the body in a constant state of stress, and taking care of a family may leave little time to prepare meals. These women may be eating and serving their family fast food or other takeout which proves to be unhealthy. In addition the belief is that these women may not be going to their health care providers on a regular basis or utilizing preventative screening tests, such as mammograms. Women working long hours who are single mothers may have even more responsibilities and stress.

Other studies have concluded that the effects of long hours are somewhat alarming. First, it's creating a fatter society. While seated, you burn 50 fewer calories per hour than while standing. Multiply that over a 47-hour workweek and sitters will have had to run practically 4 miles to burn off the extra 2,350 calories. Not to mention the 6 pounds gained every year from consuming office snacks.

It's altering our heart. Research has shown that those who spend four or more hours sitting per day have a 125% increase in heart disease risk, and a 50% increased risk of death from any cause.

It's contributing to diabetes. Research has found that people with the highest sedentary behavior had an increase in their relative risk of Type 2 diabetes. Those who spend less than 12 hours sitting down a week can decrease their risk of diabetes by 75%, and that those who sit more than 25 hours per week increase the chance of developing metabolic risk factors like bad cholesterol and insulin resistance.

It's causing despair. According to researchers, stressful work conditions, including long work hours, can double your risk of depression. A poll of nearly 240,000 full-time workers found that 10.8% of U.S. full-time workers have received a depression diagnosis, costing employers roughly $23 billion a year.

It's stressing us out. According to surveys, 80% of workers experience stress on the job, and 25% have felt like screaming or shouting because of job stress; 14% even said that they had felt like striking a co-worker in the past year, but thankfully didn't. According to the Occupational Health & Safety Administration, there are more than 500 workplace homicides every year. And all of that stress is taking a toll on our bodies, perpetual stress increases the rate of wear and tear to biological systems, contributing to back and muscle pain, headaches and exhaustion.

As more studies are produced, we may speculate that current work habits are going to lead America's workforce to an early grave. So what can we do to protect our health? Taking some time for yourself every day is crucial. That could mean getting some exercise, reading a book, watching TV or even just sitting doing deep breathing. Many workers are taking their health into their own hands, whether they're buying standing desks to alleviate 11 daily hours of sitting or negotiating fitness workout policies with their bosses. Even just a brisk walk can reduce risk of complications such as deep-vein thrombosis.

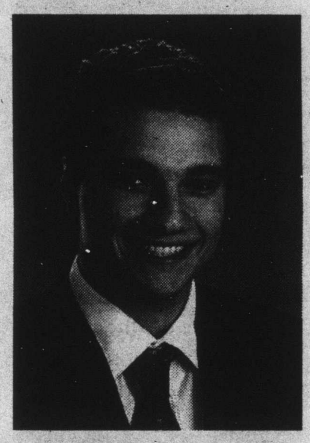
Since, statistically, you're undoubtedly reading this at work, be good to yourself: Go stretch your legs and grab a coffee. It might just save your life.

*Ruth Jones is the director of Nursing for the City of Quincy Health Department.*

## Harrison Theodore Graduates Roxbury Latin School

Harrison Theodore of Quincy recently graduated from Roxbury Latin School.

Theodore will attend Boston College in the fall.



**HARRISON THEODORE**

## Quincy Junior Historians Day Saturday

People of all ages are welcome to participate in Quincy Junior Historians Day Saturday, Aug. 6 at the Dorothy Quincy Homestead, 34 Butler Rd., Quincy.

The event from 11:30 a.m. to 1:30 p.m. will feature historical games, stories and crafts. The city's rich history will be presented in a fun and kid-friendly way.

To attend RSVP to b.cristianiqhs@gmail.com.


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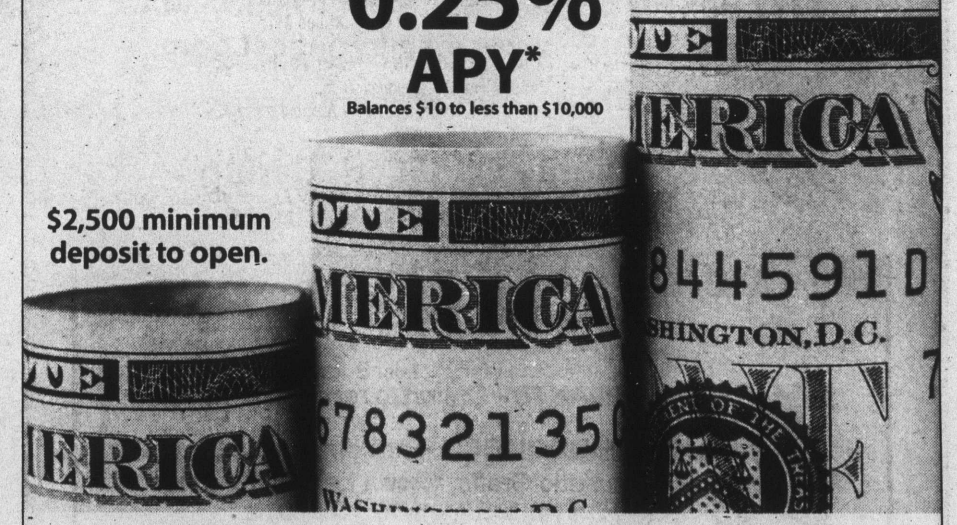
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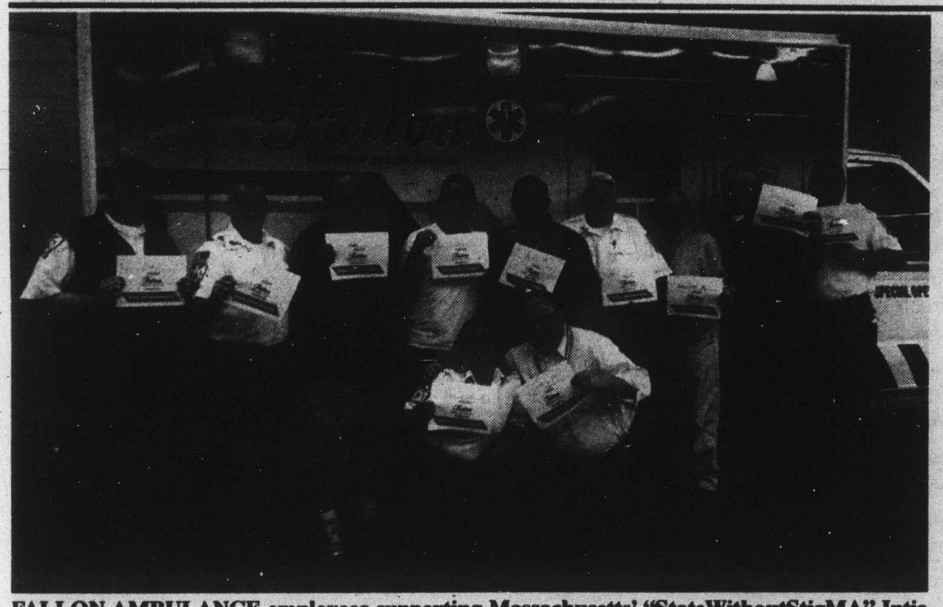
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FALLON AMBULANCE employees supporting Massachusetts' "StateWithoutStigMA" Intiative include (from left) Ben Pattern, Bill Cronin, Ken Terrill, John Kennedy, Andy DeFrias, Julie Jasmin, Christine Hamilton, Kevin Mont, and Jon Rzasa; front row, Marcella Arch and Greg Davis.

# Fallon Ambulance Employees Support Governor Bakers 'StateWithoutStigMa' Initiative

Fallon Ambulance Service employees have pledged their support to Massachusetts Governor Charlie Baker's "StateWithoutStigMA" campaign which seeks to end the stigma of addiction in communities.

According the Massachusetts Department of Public Health's website on the topic, "The stigma of drug misuse keeps people from seeking treatment. Words like "junkie," "addict" and "druggie" can hurt, damaging self-image and standing in the way of recovery. Addiction is not a choice. It's a chronic disease similar to diabetes, heart disease and arthritis."

In support of the program all of Fallon's personnel have signed pledge cards and will run the program for the next four weeks educating people about the stigma of addiction and mental health. Fallon Ambulance is believed to be the first ambulance service in the Commonwealth to publicly endorse and support #StateWithoutStigMA.

In supporting #StateWithoutStigma Fallon's employees state that they understand that addiction is not a choice-- it's a disease. They pledge to join the movement against stigma by embracing those in need and showing compassion in how they think about, talk about, and treat people who struggle with addiction – empowering them to seek treatment and a successful recovery.

"In line with the company's near 100-year old history of people helping people, supporting this campaign serves as a natural extension of Fallon as a community of concerned citizens," said Peter Racicot, senior vice president at Fallon Ambulance.

People who struggle with addictions to prescription painkillers and heroin (known as opioids) face a wide range of stigmas. A stigma is a mark of disgrace that sets a person or a group apart. When people are labeled primarily because of their addiction, they are being negatively stereotyped. Biased, hurtful words, attitudes and behavior represent prejudices against people with substance use disorder, and often lead to their discrimination and social exclusion.

Stigmas can also create physical and mental barriers for people with addiction to seeking treatment.

"As First Responders our Paramedics and EMTs are on the front lines of this crisis in our communities," said Christine M. Hamilton, RN, EMT, director of Risk Management and campaign champion at Fallon Ambulance. "Our men and women see first-hand the damage that addiction has done to families and individuals in our community. We are proud to educate and support the community and to treat people as people, with respect and dignity, as is our ongoing philosophy."

# Arts Affair At Marina Bay Set For Saturday, Sunday

The 21st annual Arts Affair at Marina Bay will be held Saturday, Aug. 6 and Sunday, Aug. 7 in the lobby and cafeteria of Corporate Park, 500 Victory Rd., North Quincy.

Hours are 10 a.m. to 6 p.m. Saturday and 10 a.m. to 5 p.m. Sunday. Admission and parking free. The event will include raffles and art demonstrations throughout the weekend.

One of the largest art events on the South Shore, the Arts Affair at Marina Bay is a two-day exhibition featuring the talents of artists, sculptors, and photographers who live and work in many South Shore and Boston communities. All work is for sale.

The lobby and cafeteria of Corporate Park are transformed into an exciting pop-up gallery, displaying works in drawing, mixed media, oil & acrylic; photography, sculpture, and watercolor. Back by popular demand is the Fabulous Fakes category. Artists exhibit either exact duplication, or creative interpretation of a work which has inspired the re-creation of an original.

The awards presentation is set for Saturday at 2 p.m. in the cafeteria. Judges are Alice Donaldson for Photography; Catherine Jaggi for Drawing, Mixed Media, and Sculpture; and Vincent Alosi for Oil & Acrylic Painting, and Watercolors. Catherine Jaggi and Vincent Alosi to judge Fabulous Fakes.

The show will be held rain or shine. For more information call 781-961-2378, visit www.artsaffair.org or find us on Facebook.

# Youngsters Gather Data For NOAA

By JOHN GALLUZZO
Development Writer
South Shore YMCA

Thanks to a donation for 3M, the South Shore Natural Science Center in Norwell, a branch of the South Shore YMCA, is launching a fleet of surface ocean drifters, homemade contraptions that relay GPS coordinates via satellite back to the National Oceanic and Atmospheric Administration's National Marine Fisheries Service's scientists in Woods Hole.

The data gathered by the drifters help ocean scientists better understand how the currents off the coast of New England move, with implications ranging from the dispersal of lobster eggs to the movements of harmful algal blooms (HABs) like red tide.

This summer, campers at the Germantown Neighborhood Center joined the drifter fleet.

Drifters have physically evolved over the past decade, but the main design is simple: a mast, four "sails" (that sit underwater, driven by the currents), some form of buoyancy and a small platform sitting directly above it on which rests a satellite tracker, similar to those used in the trucking industry. During the process of construction, the kids use power tools, like drills, and hand tools such as screwdrivers, hammers, pliers and more, and measuring tools to fabricate the components that come together to become the drifter. During the third week in July, Germantown kids joined the Science Center's naturalists and volunteers to design, build and brand their drifter. The sails, heavy pieces of canvas, are perfect places to display local pride, as well as the phone number of the person to call should the drifter come ashore for any reason.

During the first two years of the drifter program, students built their drifters and handed them off to local lobstermen and other fishermen from Weymouth to Sandwich for deployment offshore. But the Germantown kids were in for a treat they never expected. 3M's grant to the Science Center provided for transportation and the purchase of discounted tickets to cruises on Captain John Whale Watch Boats out of Plymouth. On Thursday, July 21, every camper who participated in the drifter building process boarded the morning whale watch to launch the contraption themselves. Joined by 3M volunteers, the campers sent their drifter adrift, and then enjoyed the show, as Northern Humpback Whales rolled, breached and fed in the waters of Stellwagen Bank's National Marine Sanctuary.

The drifter's path is visible at http://nefsc.noaa.gov/drifter/drift_ssnsc_2016_1.html where it has joined the chase for the Gulf Stream with the seven other drifters launched by the Science Center this year with local schools. The Germantown students can follow their drifter for several months, if all goes according to plan. It will tell its own story, by forging its own path, but, when its data is collected with that of hundreds of others, will help to rewrite what NOAA knows about the way the waters off New England move.

The South Shore YMCA is a charity serving eleven local communities: Quincy, Randolph, Weymouth, Braintree, Milton, Hingham, Hull, Cohasset, Scituate, Norwell and Hanover. For information on how to support its work through volunteering or donations, contact Mary Orne at morne@ssymca.org or 781-264-9400 ext. 3306.

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# Officials Pleased With Squantum Ferry Service Debut

*Cont'd From Page 1*

Department of Conservation and Recreation. The park is located next to Marina Bay, and Quincy officials have dubbed the new service the Marina Bay Ferry.

Sixty passengers rode the Valkyrie Monday.

"It went reasonably well," Mayor Thomas Koch said in a phone interview. He noted ridership could increase in the coming weeks as people return from summer vacations and the ferry service becomes more established.

"We were not expecting droves of people, but we had a healthy response and it went off without a hitch."

Thirty-five passengers boarded the ferry for the three trips into Boston from Quincy, according to Maureen Geary, the Quincy official overseeing the service; 24 were on board for the 7:05 a.m. ferry, five on the 9:05 a.m. trip, and six on the 12:05 p.m. trip.

Fourteen passengers boarded at Rowes Wharf in Boston and took the ferry to Squantum Point Park. Four were on the 3:55 p.m. trip into Quincy, which arrives at 4:15 p.m., and 10 passengers took the 5:45 p.m. ferry, which arrives in Quincy via Winthrop at 6:40 p.m.

Eleven passengers made the round trip from Quincy to Spectacle Island.

Ward 6 Councillor William Harris was among those who boarded the first ferry to leave Quincy Monday morning, en route to his job in Woburn, where he is the U.S. postmaster.

"The trip was very enjoyable and pretty well received," Harris said. "It was very efficient and right on time. I hope it catches on because it's something that will be very enjoyable."

The ride on the Valkyrie into Boston was mostly smooth sailing, Harris said, the ship's crew was friendly and the boat itself was nice. The ferry provided passengers with views of Thompson and Spectacle Islands before turning into Boston Harbor.

"It's a great way to start a day of work, especially on a Monday," Harris said.



**MATTHEW SISK (left), deputy commissioner of the state Department of Conservation and Recreation, welcomes the first passengers who boarded the ferry "Valkyrie" on her maiden voyage from Squantum Point Park to Rowes Wharf on Boston's waterfront Monday morning. The ferry also transports passengers to Spectacle Island in Boston Harbor. Officials hope the pilot ferry program will be extended beyond Oct 30.**

*Quincy Sun Photos/Robert Bosworth*

From Boston, Harris took an Uber into Woburn, arriving earlier than he normally would, beating the traffic seen headed into Boston from Quincy on a daily basis.

"I was at work a little early today, earlier than some days, and I'm not tired from a long, hard commute," Harris said.

"I will be using the boat to go into Boston anytime I can," the councillor added, noting it would be particularly helpful when he has to attend meetings at the USPS office in Boston.

*Cont'd On Page 13*

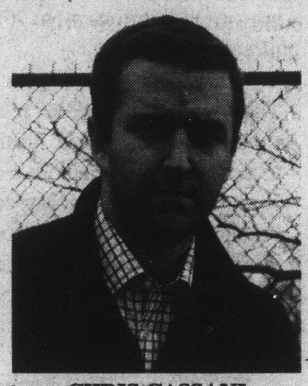
# Park Director Chris Cassani Leaving For Private Sector

By SCOTT JACKSON

Chris Cassani, the executive director of Quincy Park, Forestry and Cemetery Departments, will be leaving his post later this month for a job in the private sector.

Mayor Thomas Koch on Tuesday said Cassani had given his notice that he would be leaving his job in the middle of August for the new position.

Cassani has worked for the city since 2008 when Koch first came into office, beginning as the mayor's executive assistant. He later worked as the director of constituent services in the mayor's office before being named executive director of the Park, Forestry and Cemetery Departments in March 2013.

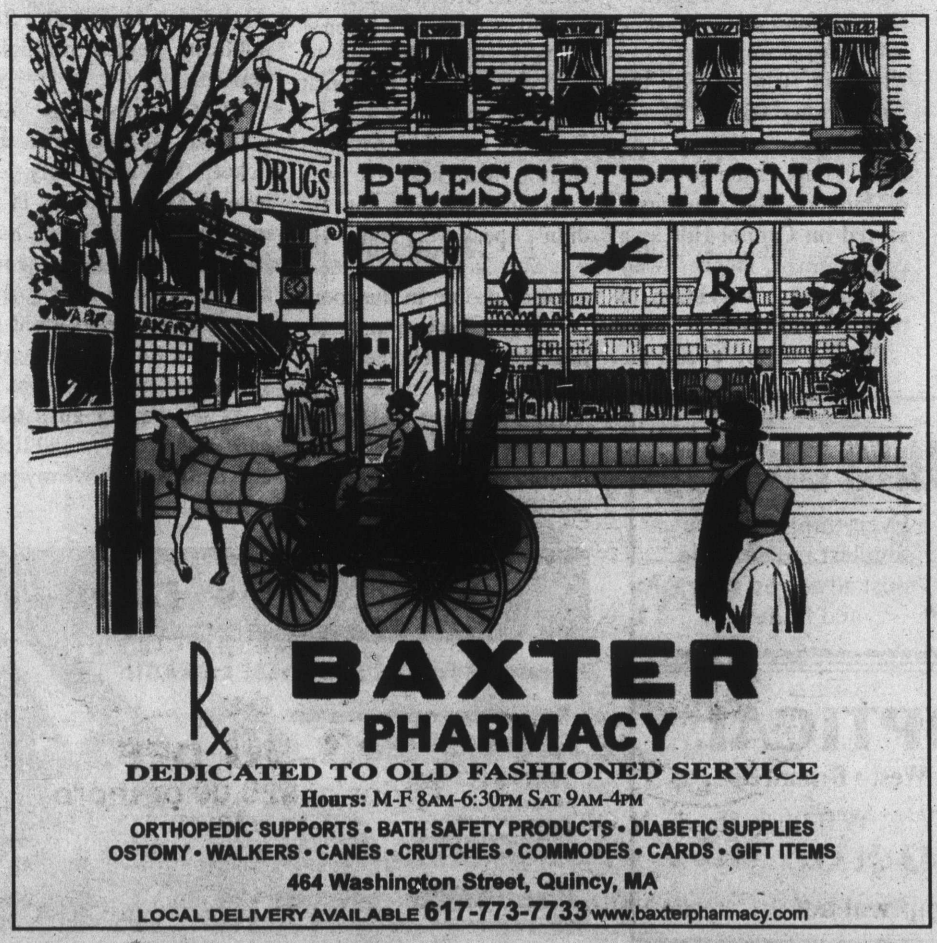


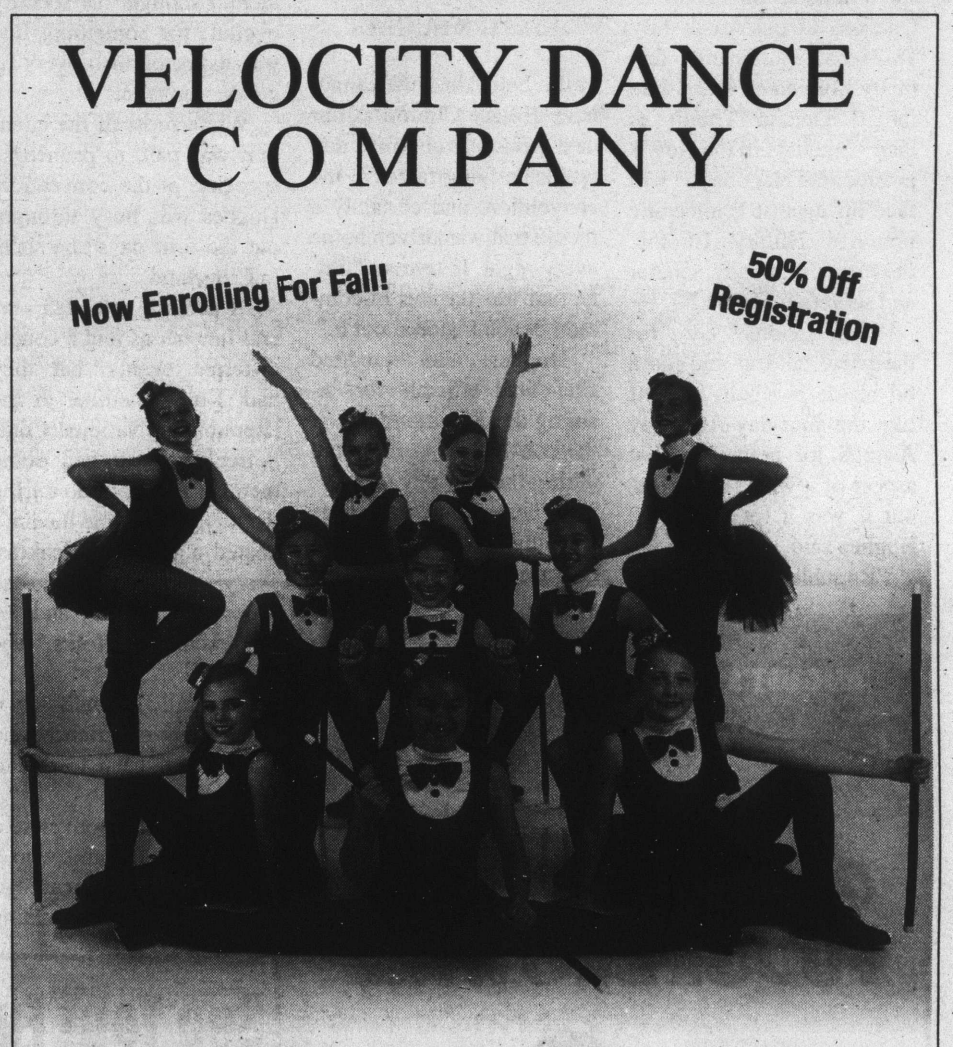
CHRIS CASSANI

"Chris is extremely competent and he served the city very well. I am grateful for his service," Koch said. "I wish him and his wife well. They have two beautiful young children."

Koch said he had yet to decide on a replacement for Cassani. Al Grazioso, the city's director of operations, will be spending part of his time at the Park Department headquarters on Merrymount Parkway during the coming weeks, with the mayor's office assuming some of the department's administrative duties.

Cassani was not available for comment Tuesday.

# Expanded Houghs Neck Maritime Center Eyed

*Cont'd From Page 3*

"We can make it better to function for our community," she said. "We are bandaiding it now."

Polito, who is chairperson of the Seaport Economic Council, said the goal of the panel is to focus on the economic uses of the state's 78 coastal communities. Noting that Quincy has 27 miles of coastline, she said a new and improved maritime center with its close proximity to Boston would be an economic boon to Quincy.

"From an economic standpoint, you have the potential to bring more people to this area and these people would then want to visit other areas of Quincy and enjoy business opportunities that exist here," she said.

Laforest also expressed concern that the pier's pilings have deteriorated to a point where she fears a storm could bring it down and noted the pier hasn't been repaired since 1978. The day of the tour, about a dozen people were sunbathing on the floating dock while several children dove off the pier.

Police Lt. Robert Gillan, who heads the Quincy Marine Unit, explained that the maritime center has a community room for public functions and serves as the marine unit's headquarters where boating safety lessons are offered.

Since the facility is centrally located on Boston Harbor, he said it would serve as an emergency command post and equipment staging area should a major incident such as an aircraft crash happen in the harbor. Gillan added that his unit trains for such incidents with other agencies.

Koch said that the boat ramp is not adequate and wasn't built to standards. He noted the ramp can only be used a couple hours before and after the high tides.

"You have a short window to use it," he said.

Gillan added that the ramp is "treacherous" and expressed appreciation to the seaport council for funding its replacement. He said the work to replace the boat ramp is expected to start in September and soon will have a "24/7 service boating ramp" instead of one that can only be used at certain times.

The mayor explained that as part of the capital improvement plan before the city council, there is a proposal to buy four parcels adjacent to the maritime center that would allow for the expansion of the parking lot.

"This would allow for proper parking and proper turnaround for boats," Koch said.

Laforest noted that the existing lot has just 25 spaces for trailers and that access and parking is difficult.

The maritime center, pier and ramp were acquired by the state decades ago and are now under the purview of the Department of Conservation and Recreation (DCR). The city has a use agreement with the DCR and is discussing the possibility of purchasing the entire facility once the improvement project is completed.

Following a presentation in the maritime center's meeting room, the delegation toured the facility and boat ramp. Polito was shown the equipment used by the Quincy Marine Unit stored in the building and walked the boat ramp where Koch pointed out the nearby pier and its deteriorating pilings.

Koch, a member of the seaport council, expressed his appreciation for the city's partnership with the state to fund the boat ramp upgrade and potential for the expansion project.

"We are thrilled with the next phase," he said.

Quincy was one of several communities receiving part of a $6.6 million grant from the seaport council to fund infrastructure improvements in an effort to drive waterfront economies and help coastal communities deal with rising tides and the increasing number of powerful storms.

# Hughes: Republicans United After GOP Convention

By SCOTT JACKSON

Massachusetts Republican Party chairperson Kirsten Hughes was on hand for the recent Republican National Convention in Cleveland and said the party is united as the November election approaches.

Hughes, the president of the Quincy City Council, made her first trip to a national convention when she attended the event at Quicken Loans Arena July 18-21. Republicans formally nominated real estate mogul Donald Trump as their candidate in the Nov. 8 presidential election; he will face off against Democratic nominee Hillary Clinton, the former first lady, senator and secretary of state.

"Conventions are for the party faithful and it's a bit inside baseball, kind of like the four-day Academy Awards for politicos. That aspect of it was a lot of fun, but it was a lot of work," Hughes said.



KIRSTEN HUGHES

"Republicans are united in the belief that we cannot have Hillary Clinton as our next president. I think that was a unifying factor at the convention, and certainly a theme that was driven home every night. In terms of unity, that was the sort of common denominator about it."

Hughes also credited Cleveland officials for ensuring those in attendance at the convention were secure during the four-day event.

"The security there was amazing and I felt extremely safe – particularly for an event where there was all doom and gloom in the media about what was going to happen there and how unsafe it was going to be and this that and the other thing," Hughes said. "It was extremely safe.

"I know we had Massachusetts State Police out there participating, so big shout out to those people, the 50 officers that were out there. I thought the security overall, for something that was expected to be very riotous, was great."

While most of the attention was paid to primetime speeches at the convention, Hughes was busy throughout the four days she spent in Cleveland.

"I actually attended several luncheons and a couple different events that they had. I'm a member at the [Republican National Committee], so we had some member things to do during the day. I did some media. I hosted a delegate breakfast every morning...We had different speakers, and really excited the folks," she said.

"Overall, I would say it was a great experience, and I had never been to a convention."

During the convention, Hughes ran for and won a spot on the Republican National Committee's standing committee responsible for resolutions.

"The RNC has three standing committees and I ran for an open position on the resolutions committee, and I won. So that was good," she said.

"The reason I wanted to be part of resolutions was because it really says so much about who we are as a party and what we believe, and that's a conversation that I would like to help shape going forward as a local elected official, somebody who considers myself a member of that farm team, but also somebody who is a Republican in a blue state, bringing some of that Charlie Baker brand of Republican ideas to the a national platform.

"That's important to me as somebody who is a working mother, a Republican in a blue state, and somebody who is a local elected who knows it is tough to put food on the table, that our personal safety and our economic safety are so important."

In the lead up to the convention, Trump tabbed Mike Pence as his running mate. Pence is the governor of Indiana who previously served on Capitol Hill as a congressman. Hughes welcomed Pence's addition to the GOP ticket.

"I was happy to see the Donald took Mike Pence onto the ticket," she said. "I think he's a nice balance. Somebody who has worked in government. Somebody who is the executive of a state, who as governor of Indiana knows how to be a chief executive, knows what it takes to manage a team, has done some good things in that, and is also someone who has worked in Washington who knows what it's like up on the hill.

"Outsiders are great. They can really hold feet to the fire and speak truth to power, but you also need somebody who is going to balance and do some of that work of government and knows how government works. I think he was a good balance on the ticket.

"We'll see. They have work to do over the next couple of months to really reach out to different constituencies that they need to win. I'm sure they will have an opportunity to do that."

Hughes said she had yet to meet Trump, but had attended in event in Boston at which he spoke.

"I did attend an event in Boston with him. He was quite an interesting guy. He didn't speak very long. He was very grateful and knew a lot of people in the room personally through his business dealings," Hughes said. "He laid out a strategy for winning and for putting together a coalition of battleground states and states that perhaps people don't think vote Republican."

Hughes identified three issues she said would be at the top of voters' minds when they go to the polls in November – security, jobs and trust.

"I think security is so big, particularly when you consider everything that's going on and the events in Orlando, the events in Paris and in San Bernardino," Hughes said. "I think that's an enormous factor and who knows what will happen between now and November, but I expect that no matter what to be a big factor.

"Also, getting America back to work. There are a lot of underemployed and folks who have just left the workforce. I think that's also something that people base their decision on.

"And I think trust, and who you're going to trust to carry this nation for the next four years into the future."

Hughes said her role in the coming months is to work to get down ballot Republicans elected in Massachusetts.

"I'm supporting Republicans up and down the ticket," she said. "My job here in Massachusetts is to make sure those down ballot Republicans have the resources and the money and the manpower they need to be successful. I'm really responsible for down ballot.

"I let the big guys take care of the presidential ticket. That's well above my pay grade."

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# Officials Pleased With Squantum Ferry Service Debut

## *More Info At Facebook.com/MarinaBayFerry and Twitter account - @MarinaBayFerry*

*Cont'd From Page 11*

Officials hope this year's pilot program will lead to expanded service to and from Squantum Point Park in the future, which could include more trips to Rowes Wharf and direct service to Logan Airport, plus treks to other Boston Harbor Islands. As part of the expansion of ferry service, the mayor said the city hopes to connect the park to historic sites elsewhere in Quincy to help drive tourism.

Koch noted the MBTA previously offered ferry service at the Fore River Shipyard, which was popular with the community but was canceled in September 2013 because the pier there was in need of costly repairs. The mayor said Squantum Point Park is a better location for the ferry service, in part because the park has an 850-vehicle parking lot.

During the trial period, the city hopes to identify logistical challenges and areas to improve upon if ferry service were to become a permanent fixture at the park.

"We have to walk before we run," Koch said.

Harris said the restoration of ferry service is important, especially with Meriel Marina Bay set to open next spring. The development includes 352 residential units and 17,000 square feet of retail space.

"We need the ferry service to be in place when that building opens so transportation alternatives will be available to help alleviate traffic," Harris said.

The city has launched a new website for the ferry, mbferry.com. There is also a new Facebook page – Facebook.com/MarinaBayFerry – and Twitter account - @MarinaBayFerry – to promote the service.

Tickets can be bought online by visiting mbferry.com or through the town of Winthrop's website at town.winthrop.ma.us under the Discover Winthrop tab. They may also be purchased on board the ship, though officials recommend purchasing them online to ensure a spot.

One-way tickets for adults are $8.50 and seniors can ride for $6.50. Two children under the age of 10 will be allowed on board for free with each adult; each additional child can board for $6.50. A commuter package, including 40 tickets, is available for $290, a savings of $50 compared to the regular price.

The Department of Conservation and Recreation has begun charging $1.25 an hour to park at the lot onsite, with a daily maximum of $5; the first hour of parking is free. The parking lot is also now open to the public 24 hours a day, with extra staff brought on to patrol the site and pick up trash.

Harris said he would lobby the DCR to increase the amount of time people will be able to park at the lot without being required to pay for it. He said doing so could encourage more people to use the park and visit nearby Marina Bay.




**THE FIRST DAY of service for the ferry from Squantum Point Park to Rowes Wharf and Spectacle Island attracted 60 passengers, some of whom are seen here boarding the "Valkyrie" at 7 a.m. Monday morning for the first trip out of Marina Bay.**

# Legislature Restores $800K In Quincy Earmarks

*Cont'd From Page 1*

offering ferry service from there.

"I'm very pleased and grateful to our legislative delegation," Mayor Thomas Koch said Tuesday. "I would like to thank each one of them."

Sen. John Keenan said the delegation, all Democrats, worked to secure the funding and later to ensure lawmakers overrode the gubernatorial cuts.

"The delegation worked together to identify needs, fund those needs and then worked together to override the cuts so the funds were available," he said.

Rep. Ron Mariano, the majority leader in the House of Representatives, said the overrides approved by the Legislature were in line with the $177 million supplemental budget request Baker filed when he signed the budget into law July 8.

"Our budget really did not exceed the budget Charlie Baker wanted…We were allocating money for priorities we think are important as House and Senate members," Mariano said. "We were very responsible."

Keenan said the delegation is concerned about future cuts to the $800,000 in line items if the state needs to rein in spending over the course of fiscal year 2017, which began July 1. But he said Quincy's lawmakers would press state officials to avoid those cuts if necessary, and work to get the money released quickly.

Among the items restored is a $240,000 Community Compact Grant. The money will be used as part of the city's effort to upgrade Fore River Field in Quincy Point. Koch said the funding would pay for the first phase of upgrades featured in the master plan for the facility. The initial phase of the restoration work includes construction of a new baseball diamond, redoing the irrigation systems and fencing, and a new tot lot.

The master plan for the field and the adjacent Mound Street Beach includes a new boathouse for the beach, which would be installed there during a later phase of the project. Construction magnate Jay Cashman donated the boathouse to the city, and it could be used for a high school rowing program as well as other programs in the community.

Mariano, whose district includes Quincy Point, said he was surprised Baker vetoed the $240,000 grant for the park, which he said was necessary for the project.

"That's one we've been working on for a longtime. I'm surprised he vetoed it," Mariano said. "We needed to rely on that money to do the project we want for the neighborhood. It was important to get that work done."

The Legislature also restored $100,000 in funding for improvements at Squantum Point Park. The City Council in June appropriated $100,000 from the waterways improvement fund to pay for repair of the pier on site in anticipation of the pilot ferry service that began Monday.

Koch said the $100,000 from the state would be used for additional work at Squantum Point Park – including restoration of a shelter that can be used by those waiting for the ferry at the pier. If money is left over once the repairs are completed, the excess would be used to reimburse the waterways improvement fund.

The Legislature also restored $150,000 in funding that will go towards Manet Community Health Center. The money is for a behavioral health pilot program.

Baker also cut $100,000 in funding to Quincy Asian Resources, Inc., and $50,000 for the Germantown Neighborhood Center. Those funds, which are intended to supplement the organizations' programing, were restored.

Keenan said all three organizations are deserving of the state money because of the work they do in the community.

Additionally, $90,000 to provide for extra State Police patrols along the DCR-owned Wollaston Beach and Furnace Brook Parkway was restored by legislators.

Lawmakers also restored $50,000 in funding for the Quincy Fire Department's hazardous materials team and $20,000 to the Quincy Council on Aging for dementia-capable programing.

Mariano said the funding for the Quincy Fire Department training was important to him because of the potential for a hazardous materials situation in the area around the Fore River.

"The Fore River area is a potential hazmat area because of the fuel tanks in Braintree," he said. "It is important for our firefighters to be trained."

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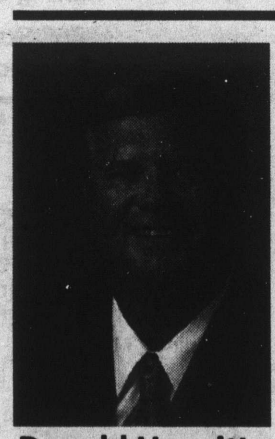
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# Cain Seeks Walkable City, Community Engagement

*Cont'd From Page 2*

about such an initiative for the city."

Making the city safer for pedestrians is just one of Cain's goals.

The councillor is also focused on boosting community engagement. To that end, Cain helped organize PorchFest Quincy in June, which featured 70 performers playing on 40 porches and backyards in the city's Wollaston Hill, Wollaston Beach and Squantum neighborhoods.

Cain said this year's PorchFest event was a "total success" and organizers are already planning a second event that will take place on June 24, 2017.

"This isn't obviously like an original idea. This is something we've adopted. It's been a movement in certain places. I went to one in Somerville a couple years ago and said this is something that Quincy needs," Cain said.

"This was just a great opportunity to entice people to get out of their homes and to become engaged again in the community. I know for a fact that there were folks that probably hadn't seen their neighbors in a number of years and enjoyed... such a day together with the neighbors that they hadn't been able to in a long time.

"From the police perspective, they said it was a wonderfully tame event. We had no safety problems occur. Walter Hubley and I were thrilled with the outcome."

"It set a tone that I want to keep progressing in Quincy," Cain added. "One of my goals when I sought the seat, was that I wanted to create other avenues for community engagement, and this was an absolute success in that regard."

Cain said the event could grow even larger next year, but organizers want to keep it manageable.

"We want to do whatever is manageable, and I think we want to figure out how to keep it within a time of day where it's a family-friendly event – which it was – it gets people and their families out and about, whether you're pushing a carriage or kids are on their bikes," Cain said.

"It depends on who comes back, so we'll have to assess the return performers and who is going to host again. But the feedback was resoundingly positive on this event. It was wonderful to hear young and old people speaking about it in the same way with the same level of excitement before and after it took place."

Cain has other ideas – both more geared towards friendly competition – for similar community events.

"I have a couple ideas that I've been stewing," he said. "Some kind of competition between the wards that I've been thinking about and also from a performance standpoint, bringing out certain talents in folks, like an American Idol, like a Quincy Idol.

"I'd love to make one happen for the fall, but no promises at this point in time."

Cain said there are several developments in the pipeline in Ward 3, and he plans to keep local residents engaged during the process.

"There are a few developments that are coming down the pike, and these are things that we're actually out in front of right now so the community will be very much involved in their developments," he said. "Stay tuned in that regard."

Among those developments is a 140-room hotel at the corner of Arlington and West Squantum Streets, which has received approval from the city.



**WARD 3 COUNCILLOR Ian Cain, a resident of HighPoint on Quarry Street, says he plans to keep local residents engaged with proposed developments in his ward, including a proposed residential building on Brook Street.**

*Quincy Sun Photo/Robert Bosworth*

"That's going to, at least from my perspective, add a positive cache to that empty, blighted property that's been there for many years," Cain said of the hotel. "It's going to open up what can hopefully be a brighter development to that West Squantum corridor."

"There are some ideas that have been put forth for the adjacent property, right at the corner of Arlington and West Squantum," the councillor continued. "We're going to have a community meeting about that soon. There is a property on Brook Street that we're going to be having a neighborhood meeting about, and that's also a residential development.

"People are thinking about ways to capitalize the boom that's taking place in Quincy right now, for better or for worse. The folks that are interested in making certain improvements in the ward are actively including the city, and we will be engaging each area that will be affected."

Cain said areas of his ward have been dealing with a rodent problem since last summer – the issue first popped up in Montclair but has since spread.

"It is still an ongoing issue, unfortunately. It's something that has come up over the last year, and it's something that kind of drives me crazy, because I don't think right now we have a global plan to address it," Cain said, noting Ward 4 Councillor Brian Palmucci identified rodents as an issue in his ward as well. "That's probably my number one call, which stinks."

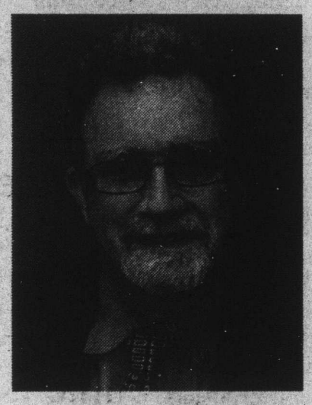
"I know other towns and urban areas like Boston have come up with more global plans to address this," Cain added. "I think we need to look at this issue again and figure out how we're going to handle this."

Cain noted the city has advised residents on steps they can take to help alleviate the problem – including covering trash barrels and eliminating sources of free standing water – and also bates the rats' burrows, but the problem still persists.

"I still am hearing the phone calls. It's something we need to manage a little bit better," he said.

Cain said it would be important to identify the source of the problem, and the city's Inspectional Services Department could possibly play a bigger role in code enforcement on properties where the rodent problem persists.

## Robert Putnam Named President-Elect MassABA



ROBERT PUTNAM

Quincy resident Robert F. Putnam, Ph.D., LABA, BCBA-D, executive vice president of Positive Behavior Interventions and Supports and Consultation for May Institute, was recently elected president-elect of the Massachusetts Association of Applied Behavior Analysis (MassABA) at the Association's annual meeting.

Applied behavior analysis (ABA) is a methodology, or framework, that applies scientific interventions to address behavioral needs. MassABA represents more than 700 ABA professionals, provides training and educational opportunities, and informs members about ABA practice developments in the Commonwealth.

May Institute, a leading national provider of educational, rehabilitative, and behavioral healthcare services for people with special needs, has an international reputation for excellence in the field of ABA.

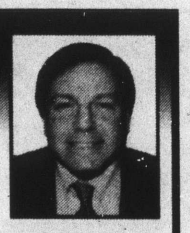
At May Institute, Dr. Putnam currently leads a systems-wide change initiative, entitled Positive Behavior Interventions and Supports (PBIS), to improve the effectiveness and efficiency of behavior and clinical supports across the organization and in schools across the country. The Massachusetts Department of Developmental Services, which funds May Institute's adult services for individuals with intellectual disabilities, has adopted PBIS as its clinical framework.

A licensed psychologist and a certified health service provider, Dr. Putnam received his Ph.D. from Boston College. He has served on the faculty of the Harvard Medical School.

He is widely published in this field, including recent articles in Behavior Modification, Child and Family Behavior Therapy, Journal of Positive Behavior Intervention, Behavior Analysis Today, Psychiatric Services, and Journal of Special Education Leadership.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.



ADVANCED SLEEP APNEA TREATMENT

Nighttime snoring is not only annoying, but it may also be indicative of a far more serious problem. "Sleep apnea" is a common sleep disorder characterized by pauses in breathing, snorting and choking noises, and instances of shallow breathing. "Obstructive" sleep apnea occurs when muscles at the back of the throat (which support the soft palate, the uvula, the tonsils, the side walls of the throat, and the tongue) relax to the point where the airway narrows/closes when breathing in. To treat this form of sleep apnea, the dentist can make a "mandibular advancement device," which works by moving the jaw forward and increasing the size of the airway, thereby reducing the air resistance that causes snoring and sleep apnea.

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**LOCAL YOUNGSTERS recently participated in a top rope rock climbing program coordinated by the Quincy Recreation Department at the site of the old Granite Rail Quarry in West Quincy. With the assistance of Recreation Leaders, the youngsters climbed two sides of the old quarry - some more than 40 feet high. The program is among the most popular offered by Quincy Recreation. Youngsters front row from left: Sam Traynor, Eric Li, Sam Conley, Abigail Driscoll, Ellie Houlihan-Gavin; Joanna Setow, Cullen Quilty, Michaela Lam, Leili Mahrouk and Tess Louzan. Back row: Leaders Maeve Hernon, Charlotte Chretien, Paul Cunniff, Mitchell McGowan, climber Nicholas Wong, Leaders Aidan Brown and Zachary Carson, climber John Bell; Leader Scott Parrish and Lauren Anderson, South Shore Center for Outdoor Education.**

# Youngsters Scale New Heights At Rock Climbing Program

About a dozen youngsters recently participated in one of the Quincy Recreation Department's unique and distinctive programs: top rope rock climbing at the site of one of the old Quincy quarries in West Quincy.

The program has become one of the more popular Sports and More summer programs offered by the Quincy Recreation Department.

Utilizing some of the finest rock climbing formations that remain from the once thriving granite mining industry, the Quincy Quarries is one of the premier recreational rock climbing areas in New England and attracts climbers to West Quincy from beginner to advance year-round.

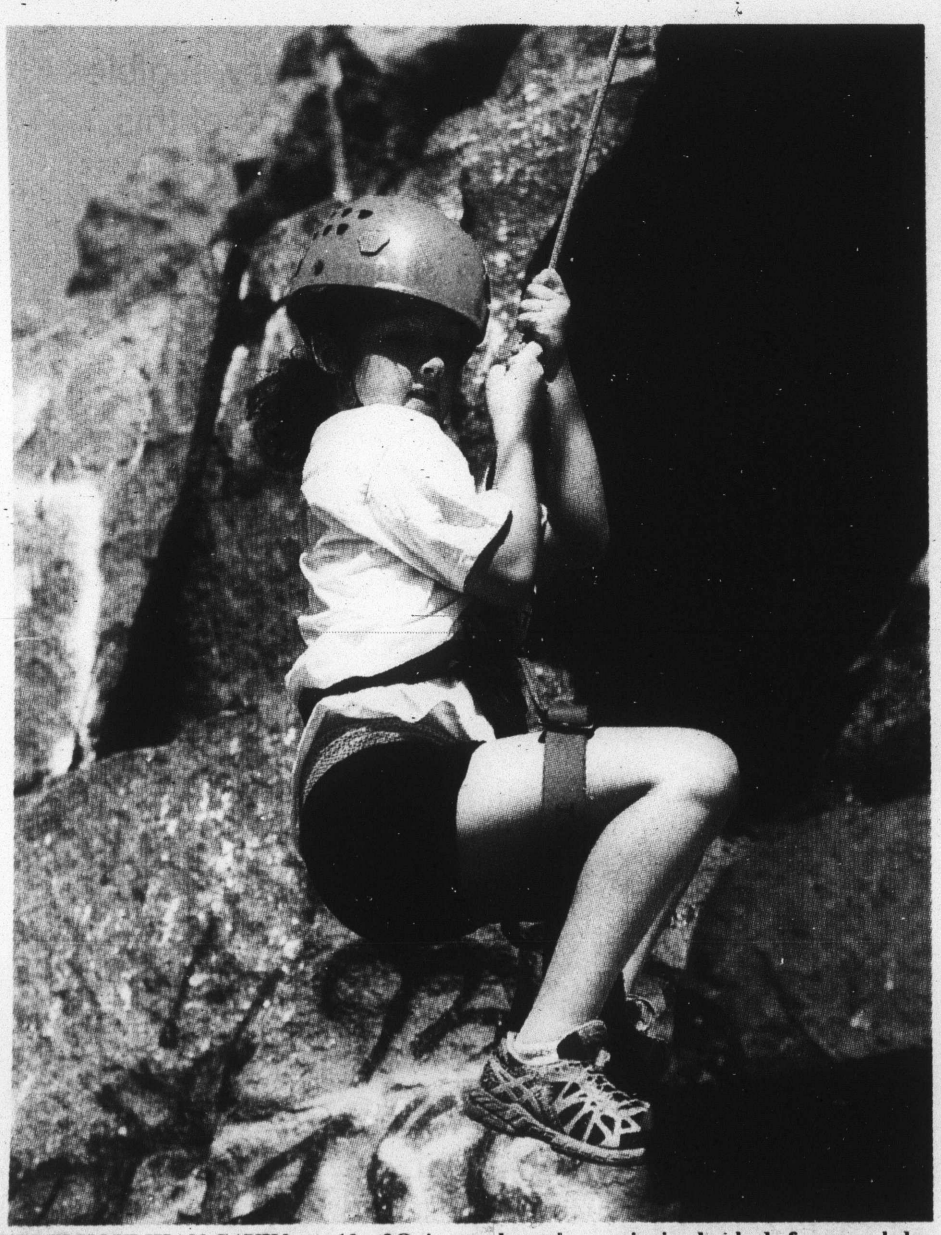
Recreation Director Barry Welch says the program – which is for boys and girls entering grade 5 through 9 – also attracts a distinctive participant different from team centered programs and is extremely popular.

"We team with the South Shore Center for Outdoor Education who provide the ropes, safety equipment and a certified instructor who teach the children to climb and rappel on various walls of the Granite Rail Quarry," Welch said. "Dave McCarthy and his staff have been using the Quincy location for years and know the special features that are perfect for making the program safe, challenging and fun."

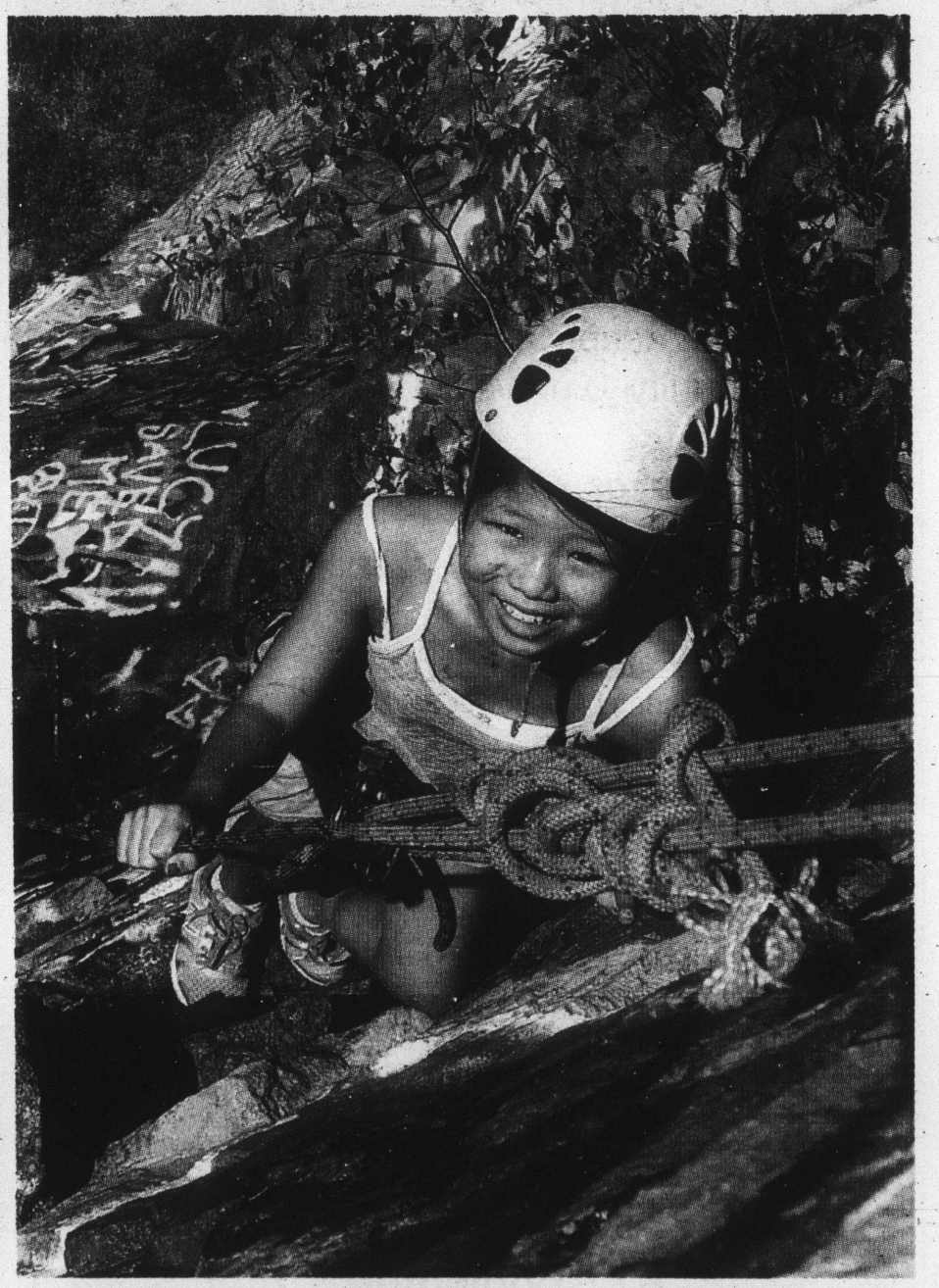
Members of the Recreation Sports and More staff assist in the program which has some students rappel from heights of more that 70 feet.

The three-day program usually has 12 to 15 participants, is 2 and a 1/2 hours in length and has offered two different weeks each summer for more than 15 years.

The views from the quarry peaks include the Boston skyline, Quincy Bay and beyond are a just reward for after a skilled ascent to the top.



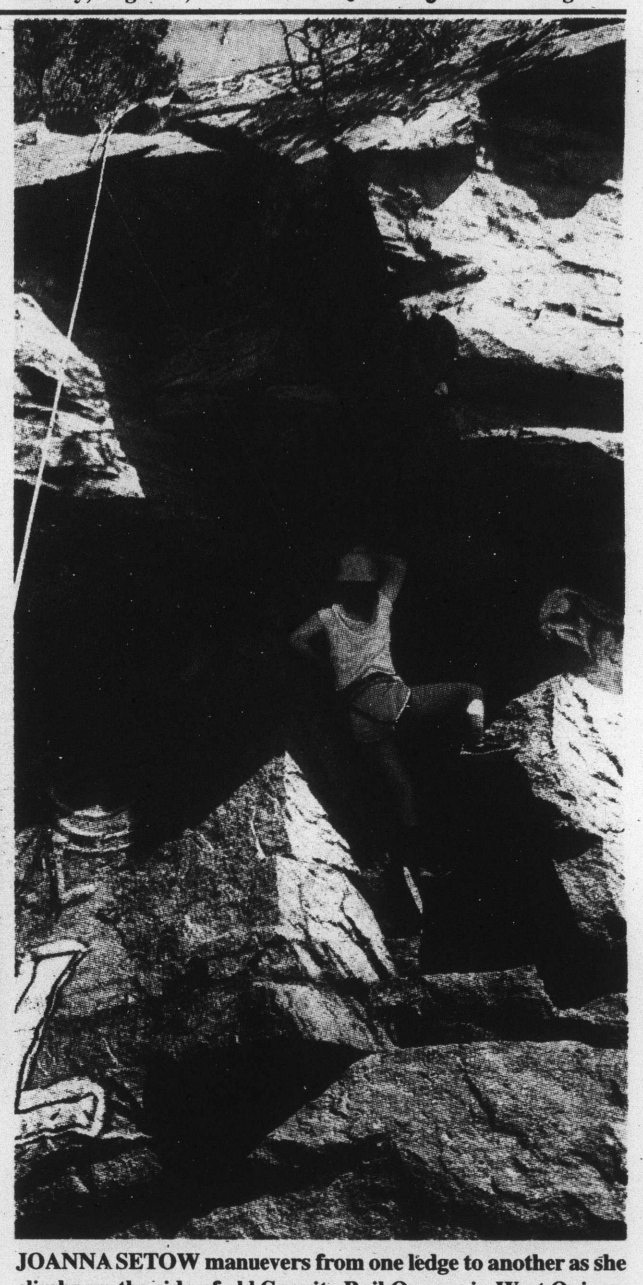
**ELLIE HOULIHAN-GAVIN, age 10, of Quincy – shown here swinging her body from one ledge to another at one of the granite walls of the old Granite Rail Quarry – was among the local youngsters who recently participated in a top rope rock climbing program offered by the Quincy Recreation Department.**



**MICHAELA LAM, age 11, of Quincy, is all smiles after reaching the top of her ascent in the Quincy Recreation Department's recent top rope rock climbing program at the old Granite Rail Quarry in West Quincy.** *Quincy Sun Photos/Robert Bosworth*

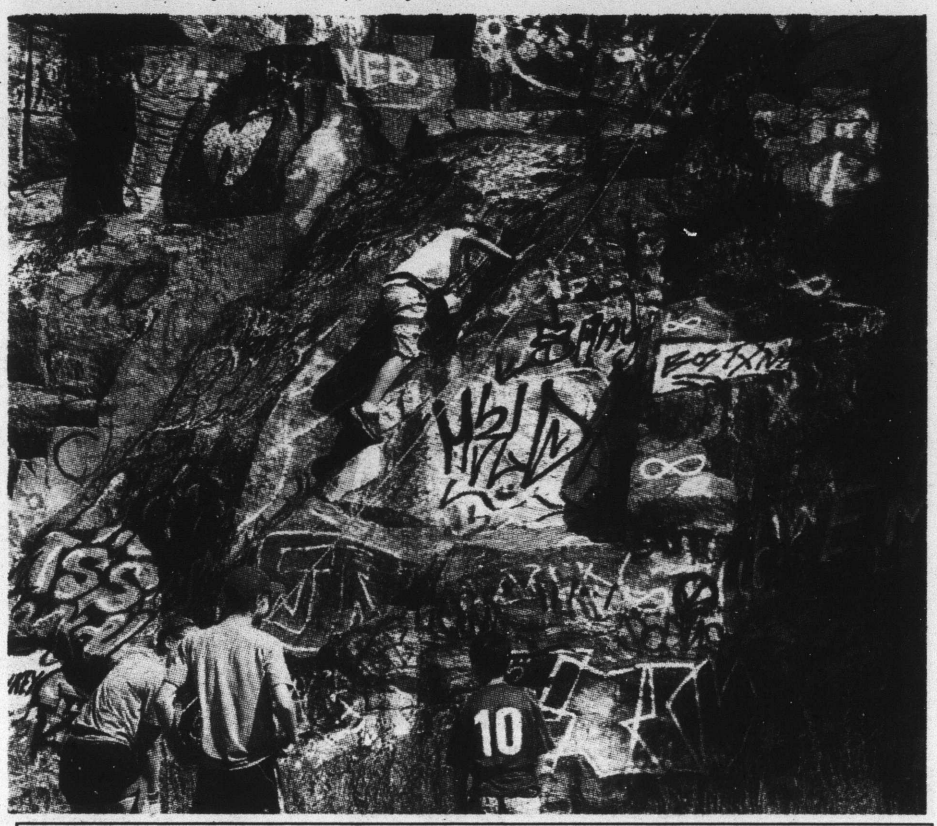


SAM TRAYNOR, age 11, of Quincy, smiles as he reaches the top of his climb at the old Granite Rail Quarry in West Quincy under the watchful eyes of several Quincy Recreation leaders some 40 feet below.



JOANNA SETOW manuevers from one ledge to another as she climbs up the side of old Granite Rail Quarry in West Quincy. The 14-year-old local youngster was among the participants who took part in a recent rock climbing program coordinated by the Quincy Recreation Department.

*Quincy Sun Photos/Robert Bosworth*



NICHOLAS WONG (left) begins his ascent up the side of the old Granite Rail Quarry. The quarries are an ideal site for rock climbing and apparently popular with graffiti artists who have decorated many of the granite walls with a myriad of colors, initials and shapes.


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# Nine Sailors From Rec. Dept. Participate In Race Week

Nine sailors from the Quincy Recreation Department's William F. Ryan Boating and Sailing facility at Blacks Creek recently participated in the 79th annual Quincy Bay Race Week.

The sailors, from the Ryan Boathouse which is run by supervisor Bridget Mazza, are a part of the Advanced Sailing class. They competed in the Widgeon fleet races hosted by Wessagusset's Yacht Club on July 21st and 22nd.

Skipper Connor Kulig with crew Will McMillen and Josh McMillen competed with Town River Yacht Club in a close race which ended with Kulig in second place. Finishing in third place overall was skipper Kyle Mullen with his crew of Emily Hutchinson and Eimear McGowan. Also competing was Riley O'Connor accompanied by his crew of Charlie Codner and Rachel Farrell who made an impressive and speedy save when their boat suddenly capsized, which isn't an easy task.

Quincy Bay Race Week Junior Racing is a two-day event where local yacht clubs send competitors under the age of 18 to race against one another. This year the races were held at Wessagusset Yacht Club in Weymouth. After the two days of racing there is a cookout and award ceremony held for all of the participants and their families.

The sailors were chosen from the advanced class of the department's summer program, and were accompanied by Advanced Sailing instructors Kathleen Tansey, Emily Mazza, and Brooke McCarthy.

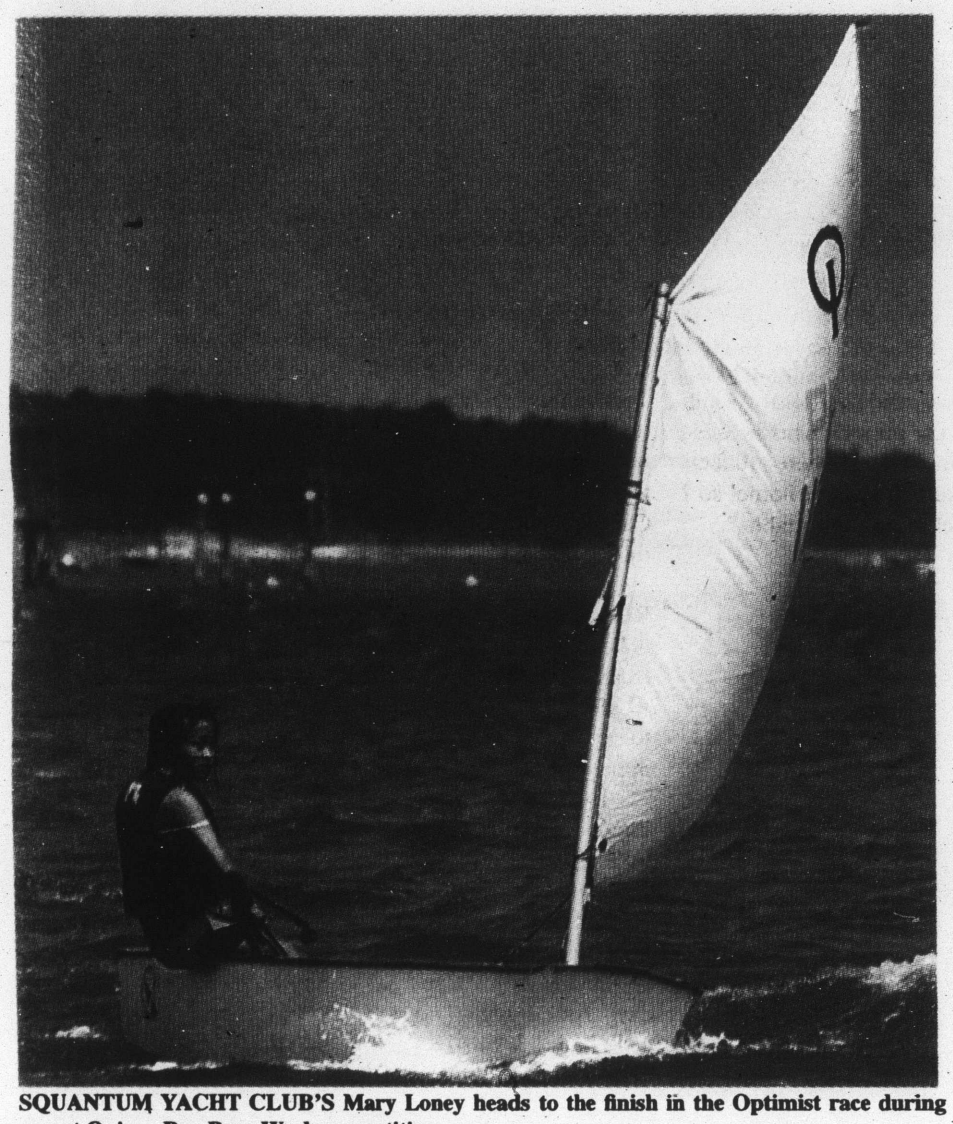
Recreation Director Barry Welch expressed gratitude to the Quincy Bay Race Week Association for continuing to provide the opportunity for Quincy's youngsters to be involved in an event "they will never forget."

Congratulations to all participating sailors.



**LOCAL SAILORS from the Quincy Recreation Department participating in the recent Quincy Bay Race Week included (front row from left to right) skipper Riley O'Connor, crew Rachel Farrell, crew Eimear McGowan, crew Emily Hutchinson, and crew Josh McMillen. Back row: crew Charlie Codner, skipper Kyle Mullen, skipper Connor Kulig, and crew Will McMillen.**

*Photo Courtesy Quincy Recreation Department*



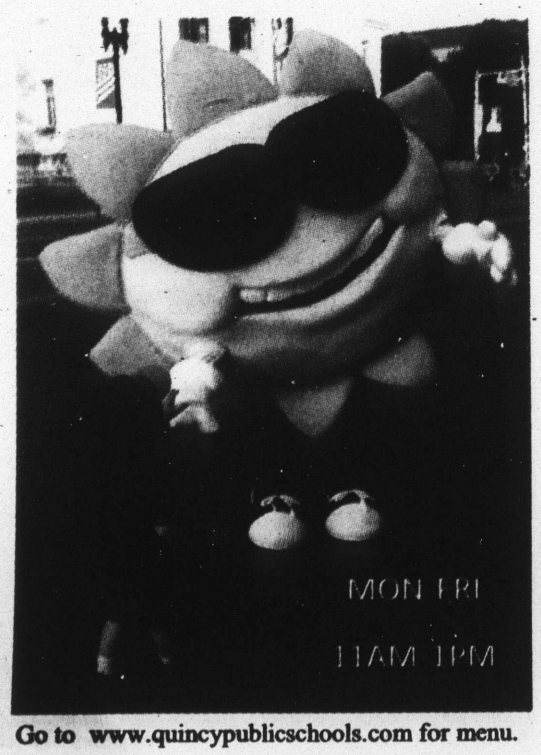
**SQUANTUM YACHT CLUB'S Mary Loney heads to the finish in the Optimist race during recent Quincy Bay Race Week competition.**



**BRIGIT NORRIS of Squantum Yacht Club finishes the Optimist race.**

*Quincy Sun photos/Tom Gorman*

More Photos On Page 31

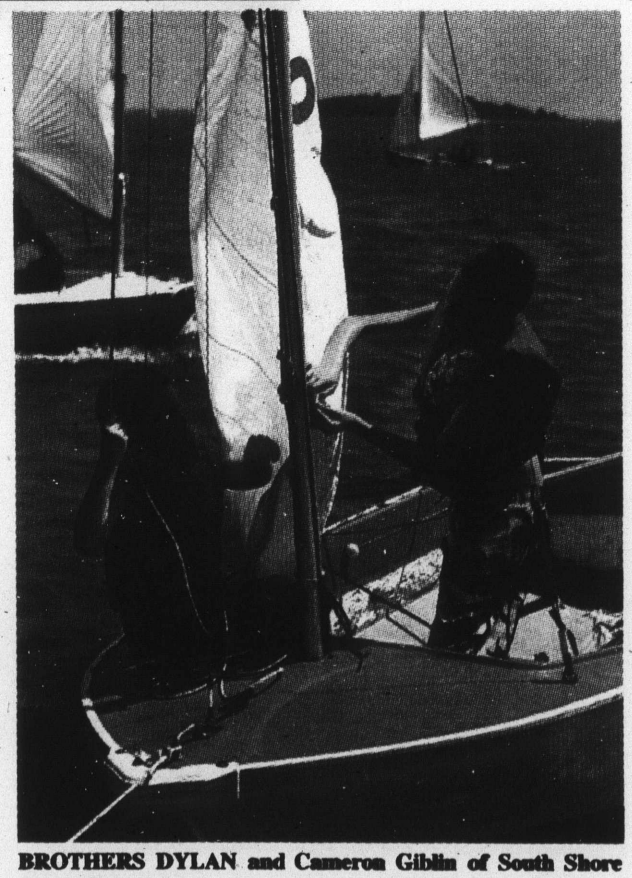

Go to www.quincypublicschools.com for menu.

Quincy Public Schools

Free Summer Lunch Program
For all kids age 18 and under
July 5-August 19 (no lunch 7/4)

**Snug Harbor School,**
333 Palmer Street, Germantown
**Ward II Community Center,**
16 Nevada Road, Quincy Point
**Lincoln Hancock School,**
300 Granite Street , Quincy Ctr.
**F.W. Parker School**
148 Billings Road, North Quincy
**Montclair Elementary School,**
8 Belmont Street, North Quincy

"This institution is an equal opportunity provider."

**BROTHERS DYLAN and Cameron Giblin of South Shore Yacht Club prepare their sail for the N-10 race during the recent Quincy Bay Race Week.**

# Wollaston BR Bows To CG

## *Looks Forward To Next Season*

By BILL GRIFFIN

All seemed well as Wollaston rolled into the sixth inning with a two-run lead over Cedar Grove in the deciding game of their playoff series last week at Adams Field.

Righty Peter Saccoach was working on a no-hitter. Wollaston led 3-1 thanks to a two-hit night from Ben Regan and RBIs from Saccoach and Alex Linskey. The defense, led by the steadiest of shortstops, David Cooper, had played errorless ball behind Saccoach.

It all changed in the sixth. Saccoach lost his no-hitter on a scratch hit which didn't travel 70 feet. Cedar Grove tied it on a soft, well-placed jam-shot which barely floated through the infield, went ahead on a wild pitch, and put away the game with a three-run seventh inning for a 6-3 win over Wollaston.

The victory gave Cedar Grove a 2-1 decision in the best-of-three South Shore Senior Babe Ruth League quarterfinal series. Cedar Grove won the opener, 6-4. Wollaston rallied for a 5-2 victory in the second game behind the pitching of Evan Fienberg.

"Saccoach stepped up and pitched great in a big game. We had our chances to score more early in the game, but couldn't get the big hit. That turned out to be the key the game," said coach Steve Reardon.

Saccoach threw hard and gave few solidly-hit baseballs. In 6 2/3 innings, he allowed two hits, two earned runs and struck out five. Neither of the two hits resembled a line drive. He was one pitch away from working clear from a no-out, second-and-third jam in the sixth, but Brendan White flicked a bleeder off his fists to tie the game.

"He made some good pitches in tough spots," said Reardon.

Regan stung the ball in each of three trips to the plate. Cooper, Pat Freeman, and Aiden Golden scored runs for Wollaston while Cooper, Linskey, Saccoach Garrett Cronin, and Ty Finn added base hits.

"Regan worked on his hitting indoors over the winter, and he hit the ball hard all year," said Reardon.

Wollaston scored all three of its runs in the third. Cooper and Saccoach had key hits in the rally. Golden dropped down a perfect sacrifice bunt and forced an error with his speed to open up the inning for Wollaston.

Wollaston finished the season at 8-9. Reardon loses only three players from this year's team: Cooper, Freeman and pitcher Sammy Keane (4-2, 32 strikeouts).

"We'll miss them, but we should have a good team coming back next year," he said. "Cooper has been a three-year starter for us. He was a vacuum cleaner at short this year. He made only two errors on the season. Sammy developed as the season went on and became a good pitcher. Freeman was the catalyst for the whole team in the second half of the season.

"I want to thank the Park Department, the parents and especially Dick Lombardi for all their support. They made it a good season for the players," said Reardon.

# Rodliff Thriving In Cape Cod League

By THOMAS JOYCE

HARWICH – As baseball players toil throughout their careers, they search for their purpose on the diamond. And while most young pitchers would prefer starting games, given the circumstances, Quincy native Teddy Rodliff already knows where he can serve a team best.

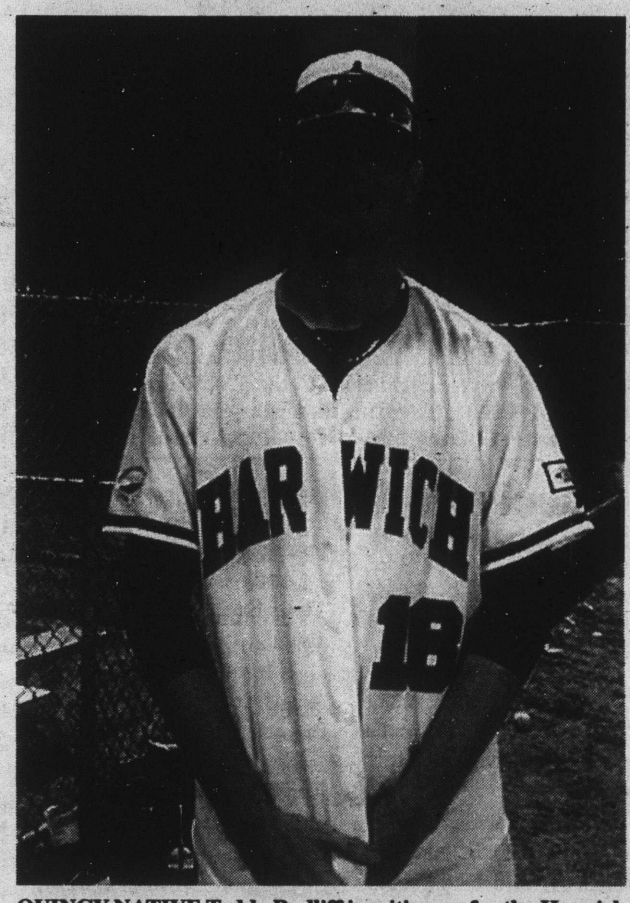
More of a three-quarters pitcher growing up, Rodliff dropped his arm slot down a little further once he started college, partially because he was relieving full-time.

"It just felt more natural," he said. "And yeah, that's the way I've been doing it."

The rising junior at Stony Brook University has started just one game in his collegiate career. Given his sidearm delivery, the southpaw carved out a niche for himself as a left-handed reliever. But do not label him a "left-handed specialist" just yet.

Pitching for the Harwich Mariners of the Cape Cod Baseball League this summer, Rodliff is facing righties and lefties alike. And on July 17, as he hurled 1.2 scoreless innings, he earned his third win of the summer.

"It feels great," he said.




QUINCY NATIVE Teddy Rodliff is suiting up for the Harwich Mariners of the Cape Cod Baseball League this summer.

*Thomas Joyce Photo*

"During the school season, I was kind of struggling. I caught a lot more losses than I did wins. But I've already got two wins here, so I'm loving it here. It feels like I'm back at home, so I feel more comfortable."

Through his first 11 outings on the Cape, Rodliff was 3-1 with a 1.35 ERA in 13.1 innings of work. And he had struck out seven batters while walking just a pair. Yes, he was named a Cape League All-Star with those numbers.

In the Cape Cod League, Rodliff is facing many of college baseball's top bats from across the country. It would be an understatement to say he is content with the opportunity.

"I've been been dreaming about this since I was a little kid," he said. "Me and my dad, when I would go out and play Little League, he'd be saying, 'Hey, you'll be playing in the Cape one day.' And I would say, 'I can't wait.' It finally came, and I'm just trying to make the most of my opportunities here."

Rodliff said growing up, he never attended a Cape Cod League game. But he said he now sees what he missed.

His fastball, topping out in the mid-80s, will not overpower hitters or stand out to scouts. But his ability to command his fastball, hitting his spots consistently, has made him an asset to the Mariners this summer.

On the Cape, Rodliff said his main focus is working on developing a third pitch, a changeup. For most of his collegiate career, he had been working with just two pitches, his fastball and his changeup.

Since Rodliff is coming up on his junior year, he will be eligible for next year's MLB Draft.

And with a need for left-handed relievers at every level of baseball, Rodliff's ability to fill the niche helps his stock as a prospect.

"I've heard from everyone I've had a baseball relationship with that I'm a rare breed," he said of being a left-handed reliever. "I'm just hoping it's what I've got. If it's that lefty sidearm, if they want me to throw one pitch, 20 pitches or 100 pitches, I'll do it. Whatever they want.

"I'm just trying to do whatever works," he said. "And that's just been what's working for me, so I'm going to keep rolling with it. Relieving is fun too. That's the best time to do it. Relieving is fun. Relieving over starting any day."

"It feels great because I'm so comfortable with it at school," he said. "The adrenaline rush you get coming in with a special role coming onto the field is great. I love the relieving life. It's a great life."

# Cub Scout Pack 42 Hosting 'Cublympics' At Perkins Field Aug. 10

Families of boys in grades 1-5 are welcome to attend "CUBLYMPICS" with Quincy's Cub Scout Pack 42.

This fun and free event featuring the Pack's own Olympic style games will take place Wednesday, Aug. 10 from 6 to 8 p.m. at Perkins Field by Merrymount Elementary School.

Parents are strongly encouraged to participate.

For more information on the Cub Scout program visit the Pack 42 website at http://cubscoutpack42.doubleknot.com or find us on Facebook, Cub Scout Pack 42 (Quincy, MA).

## PRESIDENTS GOLF COURSE
## Ladies Association

**Point Quota**

| | | |
|---|---|---|
| Div. I | 1st Net | Linda Goulet +10 |
| | 2nd Net | Lynne Brilliant +6 |
| Div. II | 1st Net | Patty Buck +6 |
| | 2nd Net | Rosemary Jennings +6 |
| | 1st Gross | Sue Martinelli +2 |
| Div. III | 1st Net | Marie Keddy +11 |
| | 2nd Net | Paula Murphy +9 |
| | 1st Gross | Elaine Mooney +6 |

**F & S**

| | | |
|---|---|---|
| Div. I | 1st Net | Sandy Kleiner |
| | 2nd Net | Gail Keefe |
| | 1st Gross | Marcie Arnold |
| Div. II | 1st Net | Marie Keddy |
| | 1st Gross | Pat Jacobsen |

Marie Keddy aced the 125 Yard, Par 3, 4th hole using 6-iron. Playing partners were Moya Baldwin and Rosemary Cannon.

## PRESIDENTS GOLF COURSE
## Ladies Association

**Club Championship - Stroke Play**

| | | |
|---|---|---|
| Div. I | | |
| 1st Gross and Overall Champion | | Linda Goulet 235 |
| 2nd Gross | | Lynne Brilliant 240 |
| 3rd Gross | | Chris Fitzpatrick 242 |
| 1st Net | | Kerri McGlynn 211 |
| Div. II | 1st Net | Elizabeth Moran 202 |
| | 2nd Net | Sue Canavan 203 |
| | 3rd Net | Meghan Lynch and Kerri Lang 205 |
| | 5th Net | Deb McHugh 206 |
| | 6th Net | Patty Buck and Mary VonFreymann 207 |
| | 8th Net | Paula Morgan 208 |
| | 9th Net | Sue Martinelli 209 |
| 1st Gross | | Gail Keefe and Rosemary Jennings 261 |
| Div. III | 1st Net | Paula Murphy 214 |
| | 2nd Net | Moya Baldwin 215 |
| | 3rd Net | Elaine Mooney 216 |
| | 1st Gross | Carol Maglio 297 |

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



**ADOLESCENT HUMP BACK**

"Scheuermann's disease" (or "juvenile kyphosis") is characterized by a rounded upper back ("hump back") in otherwise healthy adolescents. This curvature, which is estimated to occur in 1% to 8% of the population, is one of the most common causes of back pain in young people. The pronounced curvature of the thoracic spine (upper back) can be traced to abnormal growth of vertebrae during a child's growth spurt, which causes some of the vertebrae to become wedge-shaped. As a result, the affected vertebrae stack in a manner that tilts the spine, creating the curvature. While the curvature does not usually increase after growth is completed, it is important to begin treatment early to relieve painful symptoms and improve range of movement.

At **FAMILY PRACTICE OF CHIROPRACTIC**, we don't use drugs or surgery to correct situations. All of our methods are safe, gentle, and recommended for all ages. For the ultimate in chiropractic care, we invite you to call **617.472.4220** to schedule an appointment. Our concern is the total health of our patients. We want to help you naturally. We're located at **112 McGrath Hwy., Quincy**, where we welcome difficult and unusual cases. If your problem is a chiropractic condition we offer you exceptional service.

*P.S. Symptoms of Scheuermann's disease include muscle spasms, pain made worse by twisting/bending/arching backward, back pain, tight hamstrings, and limited flexibility.*

**www.freedmanchiro.com**



**BIRTHDAY MILESTONE – A birthday party was recently held in Conway, N.H. for Julia Ruth Stevens (center), daughter of baseball legend Babe Ruth. Among those attending the celebration were Joe Brill (right) and his wife, Terry (left) of Quincy.** *Photo Courtesy Joe Brill*

# 22 Undergrads Receive B.C. High Awards

Boston College High School announces 22 undergraduates from Quincy received special awards at the school's end of year assembly.

They are:

Erik Barber, Class of 2017, Academic Excellence in Precalculus and 1st Place in Junior Declamation.

Evo Fearnley (2017), Academic Excellence in Computer Programming in Java, RIT (Computing Medal) Book award and High Honors in the National Greek Exam.

Anthony Gonzales (2017), Academic Excellence in European History AP.

Andrew Kraunelis (2017), Academic Excellence in US History AP.

Cormac McAdams (2017), Academic Excellence in Ethics / Social Justice and the Father John J.Begley, S.J. Scholarship.

Kevin Pedro (2017), Academic Excellence in Algebra II (Level 1).

William Pham (2017), Academic Excellence in Algebra II (Level 1).

Andrew Prendeville (2017), Academic Excellence in Spanish IV and a Teachers' Association Book award.

Jonathan Sheehan (2017), Academic Excellence in French III and Understanding Music Through Listening.

Joseph Henry (2018), Academic Excellence in Scripture.

Jack Kelly (2018), Academic Excellence in Spanish III.

Diarmuid McGonagle (2018), Academic Excellence in Scripture.

Steven Ngo (2018), Academic Excellence in Chemistry I Honors, Concert Band, English II, Geometry Honors, Global History II / US History I Honors, Scripture, and Spanish II.

Patrick Shalvey (2018), Academic Excellence in Integrated Science

Andy Trebicka (2018), The Exelauno Latin III award.

Andrew Bargoot (2019), Academic Excellence in English I.

Samuel Danby (2019), Academic Excellence in Biology I, Geometry Honors, and Global History I.

Colman Gillis (2019), Academic Excellence in English I.

Aiden Houlihan (2019), Academic Excellence in Exploring the Voice.

Nicholas Kuranda (2019), Academic Excellence in Geometry.

Jake Murray (2019), Academic Excellence in Christian Thought, English I, Exploring the Voice, and Global History I, a Stephen J. Collins Modern Language Award in Spanish and a Teachers' Association Book award.

Michael Song (2019), Academic Excellence in Health and Wellness.

# 150 Attend Quincy Track Club Pizza Party

Quincy Track Club recently held its annual Track and Field University Pizza Party at the Kennedy Senior Center to a packed facility with over 150 parents, athletes and other guests.

The Track and Field University is a special Wednesday night program which allows high school athletes to teach 5-8 year olds in specific events. Athletes rotate through four 14 minute stations in events such as hurdles, high-jump, long-jump, triple-jump, shot-put, discus, softball throw or turbo javelin. Athletes 9-14 are involved in a boot camp fitness regimen run by high school athletes Jimmy Cannon and Jackie Coleman and college athletes Emily and Julia Bryson.

Attendees were treated to pizza courtesy of Balducci's of North Quincy. Each child was given a certificate suitable for framing. Athletes had to attend at least six of the twelve Wednesdays the program was offered in order to attend.

Club Director Geoff Hennessy was the emcee and many of the staff were in attendance including Emily and Julia Bryson who finished up a very successful year at Brandeis University. Emily earned NCAA Division 3 All-American in Cross Country and Julia earned All-New England in the 5000 meters.

Club members with perfect attendance were Daithi Quinn, Joey Burke and Alex Giaquinto. All three received a special certificate for their outstanding achievement.

The Club thanks Quincy Council on Aging Director Tom Clasby and Assistant Director Linda Bowes for their help and assistance making the facility available.


Find us on Facebook

Highlights of Local Programming found on . . . QATV

Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

| Public Access Channel 8 | Government Access Channel 11 |
|---|---|
| **Thursday, August 4** | **Thursday, August 4** |
| 12:00pm: Your Federal Government | 5:30pm: Quincy in Focus |
| 9:00pm: Road to Recovery | 8:30pm: At Your Library: August Happenings |
| **Friday, August 5** | **Friday, August 5** |
| 7:00pm: Access Quincy Computer Journal | 6:00pm: City View with Mayor Koch |
| 11:00pm: Penny Dreadful's Shilling Shockers | 6:30pm: FYI:QHD - Noonan's Syndrome |
| **Saturday, August 6** | **Saturday/Sunday, August 6/7** |
| 9:00pm: Quincy in Focus | 9:00am: City View with Mayor Koch |
| 10:00pm: FYI: QHD - Vegetarian Lifestyle | 10:30am: At Your Library: August Happenings |
| | 11:30am: Health Links: Emergency Medicine |
| **Sunday, August 7** | 7:30pm: Bringing Beacon Hill to You |
| 10:00am: Bethany Congregational Worship | 8:00pm: QRD: Musical Theatre Workshop |
| 8:00pm: Sports Night | 9:30pm: At Your Library: August Happenings |
| **Monday, August 8** | **Monday, August 8** |
| 6:00am: LIVE: AM Quincy (audio only) | 6:30pm: FYI: QHD - Vegetarian Lifestyle |
| 11:30am: LIVE: Currently in Quincy | 7:00pm: Bringing Beacon Hill to You |
| **Tuesday, August 9** | **Tuesday, August 9** |
| 8:30pm: QRD: TV Production Workshop | 6:00pm: Health Links: Medical Marijuana |
| 9:30pm: Media Advisory: Dementia Friendly | 6:30pm: FYI: QHD - Noonan's Syndorome |
| **Wednesday, August 10** | **Wednesday, August 10** |
| 9:30pm: Sound Advice | 7:00pm: QRD: Musical Theatre Workshop |
| 10:00pm: Constitution: Then & Now | 8:00pm: QRD: TV Production Workshop |

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org


# Militia Down Bucs, 10-7 Improve To 3-1 On Season

**By TREVOR WENNERS**

In every walk of life, you hear mentors preaching the importance of finishing strong.

That motto may be the most relevant in the mentally and physically draining sport of football, as the team that performs well under pressure and delivers the last blow is often rewarded.

The Quincy Militia proved Saturday evening that it possesses that clutch gene, as it overcame a 7-0 deficit by posting 10 unanswered points in the fourth quarter for a 10-7 victory over the visiting Bay State Bucs at Veterans' Memorial Stadium.

Expectations were high going into the season for the Militia, and the squad has responded by posting a 3-1 record through four games.

"The Bay State Bucs are stellar," said Militia head coach Vaughn Driscoll. "They are a heck of a team. We knew this would define our season in the eyes of the Eastern Football League and the people watching the games. This would define who we are this season. If we lost this game, it would have done a number to us mentally so we knew that 3-1 keeps guys happy, it keeps the team focused and more together. Two-and-two people start thinking of past years. Three-and-one is something that we have worked hard for."

On the offensive end, the Militia was led by quarterback William Rondo (7 of 15 for 71 yards, 1 lost fumble), Dolan Reid (15 rushes, 80 yards, 1 TD), P.J. Bonarrigo (6 rushes, 38 yards), Ernie Jones (7 rushes, 26 yards) and Felipe Garcia (2 receptions, 29 yards). Defensively, the hosts were anchored by Sherod Heyword (2 INTs) and Darrell Jones (1 INT).

With less than seven minutes remaining in the fourth quarter, the Militia received the ball at its own 38-yard line after forcing the Bucs (1-1) into a three-and-out. The Militia proceeded to execute a six-play, 62-yard drive that resulted in a touchdown on a 5-yard run by Reid. Chris Davison added the PAT, giving Quincy a 10-7 advantage with 3:08 left.

Reid posted two rushes for 21 yards on the drive, while Bonarrigo tallied a crucial 27-yard run, which brought the hosts to the Bucs 5-yard-line. During the game-winning drive, the Militia relied on its hurry-up offense.

"In this league, you got to have a red-zone offense, you got to be able to put points on the board when you get down inside the 20, more so when you are inside the 10-yard line" said Driscoll. "It is something that we have not done this year, until today, which was a beautiful thing. Maybe, we should run more hurry-up because it seems like the defense was not ready. That is something we have to work on."

The Bucs were given one more opportunity but Heyword came to the rescue for the Militia, as he intercepted quarterback Anthony Comer on a fourth and 11 with 1:37 left. The Militia proceeded to run out the rest of the clock and celebrate its second consecutive victory.

"Our defense was solid," said Driscoll. "Sherod Heyword has been in position every game. He is in position to make the picks but he has not had one. Today, he had two and he played great. He is a more physical tackler, and now he is in position and he is hungry. Last year, he was a backup, and this year he worked hard and he is our starter."

The Bucs sent a message from the opening kickoff, as they embarked on a six-play, 61-yard drive that concluded with a 4-yard TD run by Matt Walsh. Comer added the PAT, making the score 7-0 with 10:16 left in the first quarter.

Rondo fumbled on the ensuing possession for the Militia, as Dominick Spaulding recovered the fumble and ran 30 yards down field to the Militia 18-yard line. Three plays later, Jones intercepted Comer in the red zone on a third and 10.

The Militia defense stood tall again later in the half, as the Bucs marched into the red zone. Heyword did not want to see his squad go down two scores, so he intercepted Comer in the end zone on a first and 15 from the Militia 19-yard line.

The Militia received the ball on its own 33-yard line with 3:26 left in the third, and then started mounting its comeback. Rondo connected with Garcia for a 23-yard completion to open the fourth quarter on a crucial third and 6, bringing the hosts to the Bucs 28-yard line. Jones reeled off rushes of 10 and 4 yards, which brought the hosts to the 14-yard line. Three plays later, Driscoll had a decision to contemplate, as the Militia faced a fourth and 5 from the 13-yard line. Driscoll decided to send out Davison, who sent the 30-yard field goal attempt through the uprights, cutting the deficit to 7-3 with 11:17 remaining.

"In past history, I think we are 1 out of 10 going for it on fourth down," said Driscoll. "Our percentages are not in our favor. I figured we kick the field goal, then we are down 7-3 (and) the next score would win the game for us besides a field goal. That is why I went with the field goal because I believed my defense would stop them and get us the ball back one more time, which it did."

The Quincy Militia will face another tough opponent Saturday, as it will make the journey to Worcester State University and battle with the 2014 EFL champion, Worcester Mass Fury (3-1) starting at 7 p.m.

"We know what is ahead of us going to Worcester, playing the Fury," said Driscoll. "Playing the Fury anywhere is tough just because of how organized and dedicated they are as a team. They are well balanced on both sides of the ball. Their defense comes hard and they play hard. We do not want to stop at 3-1. We want to win next week. We are taking one game at a time, no projections and no where we are going to be. We just got to play with that intensity that we played with today and we should be able to be in the game with them."

The Militia return home to Veterans' Memorial Stadium Aug. 13 against the Taunton Gladiators. Kick off is at 7 p.m.

# GPS Systems, Small Station Wagons, Oil Change Intervals

## *Ask John Paul: AAA New England's Car Doctor*

**My wife and I purchased a 2015-1/2 Volvo XC-70 in August 2014. I used the built-in GPS many times since and found the maps (Software Version 1040, Map Version V 30.13.02) would not recognize locations constructed after 2014. In late 2015 I ordered the software update provided by HERE, LLC. Following the installation instructions I loaded the three DVDs which required the engine to run for almost five hours. I found this unbelievable, but the dealer confirmed it was required. Is this typical for other late model cars' GPS units? Also, are there other firms offering software updates compatible with my system? We love the car, but the infotainment system could be more user friendly!**

GPS systems in cars use a variety of software updates. In some cases the manufacturer will send a memory stick, in other cases there may be over the air updates and in cases like your car DVDs that need to be installed. It is easy to forget how much data is included in the navigation system of a late model car. Your car may in fact use 30 gigabytes of data to operate the navigation system, this is about the equivalent of 30 full length movies and although time consuming that amount of data takes time to load.

**I was watching television one night and saw million dollar Ferraris, Lamborghinis and Bentley models selling at an auction. What makes an ultra-luxury car so expensive and are they worth it?**

This is an age old question with many types of products such as: is a Rolex watch really 50 times better than a Timex or is $4,000 Louis Vuitton rolling carry-on bag that much more useful than a Swiss-Army bag that costs $300? It is really more about image, status and exclusivity. The latest Chevrolet Corvette Z-06 can travel to 60 miles per hour in 3 seconds and has a top speed of nearly 200 miles per hour. The Lamborghini Aventador LP 700-4 Roadster can reach speeds of nearly 220 miles per hours but is also $300,000 more expensive. Functionally the cars are very similar but you will see many more Corvettes than Lamborghini and for just that reason alone some people think it is worth the money. Recently I had the opportunity to drive a Rolls Royce Dawn. This is a two-door convertible that has a silky smooth ride, ultra-quiet cabin, beautiful hand crafted interior and the performance to get this big heavy car to 60 miles per hour in 5 seconds. Is the Rolls Royce Dawn worth $400,000? Only the person that can afford it can say for sure.

**I am looking for a small station wagon not a small SUV. I own a well-used (worn-out) Acura TSX wagon and love the sporty feel and the overall handling and performance. Now that it is time to replace it I'm finding few choices. I have looked at the Subaru Impreza and it seemed a little rough around the edges. The BMW and Volvo are out of my price range these days and the Mini Cooper may be a little too young for me. Do you have any other suggestions?**

I would certainly take a look at the Volkswagen Golf SportWagen. The interior comes close to the fit and finish of a luxury car, the handling is very good and the turbocharged engine provides spirited performance while still returning in the case of my test drive 36 miles per gallon. The cargo area is quite roomy for a small car and gets almost cavernous with the rear seats folded. Even with all of Volkswagens troubles lately I wouldn't hesitate to recommend this car. Volkswagen also showed an all-wheel-drive version



JOHN PAUL

of this wagon at the New York Auto show that should be in showrooms soon.

**Whenever I go to the quick oil change place they always put a sticker on the car for me to come back in three months or 3,000 miles whichever comes first. They also send me email reminders to do the same. Is it really necessary to change to oil in my car that often?**

There was a time when oil changes happened every two or three thousand miles. Today with higher quality filters, better oil and more highly controlled fuel systems in cars the 3,000 mile standard is no longer necessary. The best advice comes from your vehicle owner's manual which typically will be 5,000-10,000 miles. Recently I read that in California a bill is being considered that would require quick-lube businesses to be registered with the state Bureau of Automotive Repair and recommend factory oil-change intervals. Now of course consumers can always change their vehicle oil more often.

# O'Donnell Promotes Registry Of Deeds' Social Media

Norfolk County Register of Deeds William O'Donnell is reminding consumers about the various social media applications made available for their use through the Registry.

"Our mission here at the Registry of Deeds is to make important information readily available on a 24/7 basis to all consumers. After all, just because our doors close at the end of the business day doesn't mean the Registry has to stop working," O'Donnell said.

"Our website www.norfolkdeeds.org is a valuable resource to review scanned images of up to five million land documents dating back to 1793, as well as to learn about the latest consumer protection programs. I am proud to report that we recently completed a redesign of our website which has made it more user friendly for those using smartphones and tablets."

O'Donnell noted residents can print out an application of the popular Homestead Act on its website, a law which provides a homeowner with limited protection against the forced sale of their primary residence up to $500,000, or sign-up directly on-line for its Consumer Notification System. This program will alert a person anytime a land document has been recorded or amended against their name in Norfolk County.

"There is valuable county real estate information that can be researched and tracked on the website based on the monthly and quarterly real estate statistical reports done by the Registry, such as the number of homes sold, average prices of property sold, mortgage discharges, homestead applications and much, much more," O'Donnell said.

Other forms of social media utilized by the Registry of Deeds include Facebook, facebook.com/NorfolkDeeds, Twitter, twitter.com/NorfolkDeeds, and Instagram.

"The Registry has had a robust presence on both Facebook and Twitter," O'Donnell continued. "We are very excited about joining Instagram which will capture the demographics of younger property owners and real estate professionals. We are really hopeful too that first-time homeowners will avail themselves of these social media platforms. They can learn more about home ownership, and consumer initiatives like protecting against Deed Scams rip-offs, along with other Registry outreach services."

The Registry has also filmed multiple public service announcements (PSA's) which are available on the Registry's website and YouTube. These PSA's have touched on a variety of issues such as assistance for residents who have received a Notice of Foreclose Mortgage from a lender. Videos highlighting the Registry's various philanthropic initiatives, such as its Annual Holiday Food Drive or its Suits for Success program which helps people who are attempting to re-enter the workforce, can also be viewed.

"My office continues to focus on ways the Internet and social media can provide Registry access and services to Registry users. If you have questions related to real property, we urge you to take a look at our social media offerings," O'Donnell added.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

# ENC To Host Regional Trade Conference Sept. 17

Eastern Nazarene College will host the New England regional fair trade conference, to be held Saturday, Sept. 17 on the Christian liberal arts college's main campus in Quincy.

More than 100 attendees from Massachusetts, Vermont, New Hampshire and Rhode Island as well as northern New York are expected to attend the conference, which is being organized by Fair Trade Campaigns in collaboration with ENC HOPE (Help and Options for Prevention of Exploitation), a campus initiative that seeks to prevent all forms of exploitation, including human trafficking and unfair labor practices.

"ENC students care passionately about making a difference in this world by putting their faith into action," said Keri Lewis, assistant dean for community life. "We are currently working with Fair Trade USA in order to become a fair trade campus, and we are thrilled to host this event that will bring together regional leaders to explore ways of implementing fair trade practices across New England."

The conference registration fee is $30 general admission and $20 for students; those who register by Aug. 5 will receive a $10 discount.

To register or for more information, visit https://www.eventbrite.com/e/new-england-regional-conference-tickets-26250617303.

# QCAP Homebuyers Workshop Aug. 4, Aug. 6

Quincy Community Action Programs, Inc. (QCAP) is offering a First-Time Homebuyers Workshop series along with Randolph Savings Bank.

The workshop will be two sessions:

Thursday, Aug. 4 from 5:45 to 8:45 p.m. and Saturday, Aug. 6 from 8:45 a.m. to 2:45 p.m. at Randolph Savings Loan Operations Center, 10 Cabot Place (board room), Stoughton.

Attendance at both sessions is required in order to receive a certificate.

The workshop provides a comprehensive review of the home buying process. Real estate professionals will discuss topics ranging from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnership.

Individual counseling is also available.

Registration is underway.

For more information about the program and/or to register for the workshop, contact Toni Gershon-Stern QCAP's Homeownership Counselor at 617-657-5315 or email at tstern@qcap.org. or go to QCAP's website to register-www.qcap.org.

# AAA Survey: Gasoline Prices Drop Six Cents; Average $2.08 Gallon

Gasoline prices in Massachusetts are down six cents this week, according to AAA Northeast.

AAA's Aug. 1st survey of prices in Massachusetts finds self-serve, regular unleaded averaging $2.08 per gallon. The Massachusetts price is five cents below the national average for regular unleaded of $2.13. A year ago at this time, the average price in Massachusetts was 50 cents higher at $2.58.

"Strong supplies and falling oil prices continue to fuel savings for motorists at the pump," said Mary Maguire, director of Public and Legislative Affairs for AAA Northeast.

The range in prices in the latest AAA survey for unleaded regular is $1.06, from a low of $1.93 to a high of $2.99. AAA advises motorists to shop around for the best prices in their area, and to make sure they and their passengers buckle up — every time.

Find the most up-to-date local gas prices with the AAA Fuel Finder by logging onto AAA.com and clicking on Gas Saving Tips & Tools.

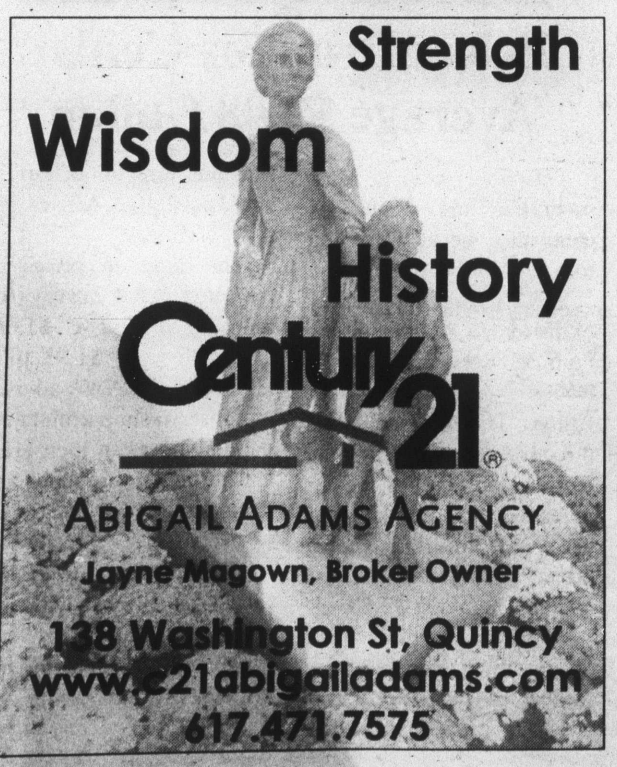
# Real Estate

## Quincy Real Estate Transactions July 25 - July 29

Transactions are compiled by the Norfolk County Registry of Deeds

| SELLER | BUYER | AMOUNT | ADDRESS |
|---|---|---|---|
| John E & Jeanne A Bersani | Xiaojing Tang & Jia Zhao | $625,000.00 | 76 Shawmut Street |
| William H & Donna M Gavin | Jamie Nguyen & Thao Le | $655,000.00 | 101 Gardiner Road |
| Furnace Realty Trust | 32 Furnace Avenue LLC | $525,000.00 | 32 Furnace Avenue |
| Robert & Rosemary Gaura | Daniel & Annie C Davis | $405,000.00 | 155 Babcock Street |
| Cunningham Trust | Nadia E Barber | $320,000.00 | 28 Carrigg Road |
| Kerry W & Claire Daniels | Samantha E Oregan | $430,000.00 | 133 South Walnut Street |
| Dissy LLC | Sunyu Properties LLC | $615,000.00 | 37-49 Saint Germain Street |
| Kristen Capone | Danielle Gamache | $435,000.00 | 86 Crescent Street unit 86 |
| Kerry R & Michael Pitt | Peter M Ciampi Jr | $379,000.00 | 48 Macy Street |
| David J & Teresa L Sheedy | Christopher L Wyatt | $448,000.00 | 7 Weeden Place |
| Sau Y Ng, Ping F Hui & Andy T K Lee | Valerie C Doherty-Stuart | $317,380.00 | 149 Common Street |
| Monica Dougenik, Elizabeth A Felipe & Gabrunde Monfield | Kimberly Kenily & Richard J Mackey | $260,000.00 | 125 Darrow Street |
| Janet E O'Connell | Catherine M Egan | $701,000.00 | 56 Hughes Street |
| Ditech Financial LLC, Hung N & Linh H Tran | Fannie Mae, Fed. Nat'l Mortage Assn. | $315,600.00 | 730 Willard Street |
| Gail D Santacroce | Joshua J & Amy A Blue | $475,000.00 | 48 Edison Park |
| Annemarie K O'Toole | Jennifer Duplissie | $430,000.00 | 12 Ricciuti Drive Unit 4 |
| Bridget Newman & Bridget Reaney | Lukasz Gawel | $586,000.00 | 175-177 School Street |
| Burm Family Irrevocalbe Trust | Scott R & Laura A Williams | $300,000.00 | 16 Watson Terrace |
| Brett & Hilary S Tyson | Jia X Qiu | $645,000.00 | 48 Pleasant Street |
| Anna E Barra | My H T Doan | $465,000.00 | 99 Bigelow Street |
| Phillip A Cohen & Melissa M Mahoney | Chen L Huo, Po I & Li H Chen | $195,000.00 | 40 Brockton Avenue |
| Shane & Hope Morley | Suela & Celora Caushi | $457,000.00 | 41 Webster Street |
| Jackie & Kerry Chen | Pik h Yeung & Yim Hui | $455,000.00 | 2-8 Newport Terrace Unit 3 |
| Jackie & Kerry Chen | Pik h Yeung & Yim Hui | | aka 381 Newport Avenue |
| Fantucchio Realty Trust II | Water Realty Trust | $405,000.00 | 231-233 Water Street |
| Debra Ashton | David & Joanne E Fuller | $395,000.00 | 24 Robertson Street |
| Yelena Loginov | Andrew J Callahan & Samantha L Thebeault | $420,000.00 | 58 Babcock Street |
| Marta S Schnabel | John C Beilman & Michael Webb | $470,000.00 | 129 Edwin Street |
| Virginia M Arienti, Robert E & Ann T Welch | 37 Bates Trust | $440,000.00 | 37 Bates Avenue |
| Palmieri Family Realty Trust | Maung M Myint & Khin New | $402,000.00 | 12 Hodges Court |
| Sunny K W, Chui F,Alvin K Wong & An N Vuong | Leung K Cheung | $265,000.00 | 115 West Squantum Street Unit 1116 |
| Knowles Realty Trust | FX Realty Trust | $515,000.00 | 577 Adams Street |
| Benjamin M & Anne W Cater | John A & Jessica S Zuhone | $468,000.00 | 23 Estabrook Road |
| Anthony & Colleen Greenwood | Cali A & Joel Adeline | $469,000.00 | 88 Aberdeen Road |
| Mark G Karen J Allen | Patrick F Morrissey & Jaclyn J Gamel | $615,000.00 | 46 Hudson Street |
| Mark & Lisa Locken | Stephen G Kelley | $357,000.00 | 57 Macy Street |
| Guo Huang | Yan Y Zhao | $406,000.00 | 205 Hobart Street |
| Hsiaoli Hsieh | Arthur T & Janet E Paige | $700,000.00 | 133 Bromfield Street |
| Benjamin R Curtis | Jennifer & Nathan P Forand | $390,000.00 | 1066 Sea Street |

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## First-Time Homebuyers Workshop Aug. 13, 20

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers this month.

The workshop is set for Saturday, Aug. 13 and Saturday, Aug. 20 from 8:30 a.m. to noon at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance agents, attorneys and loan originators.

Attendees also will have an opportunity to learn about the South Shore Home Consortium's down payment assistance programs, which may provide qualified buyers with up to 9 percent of the purchase price toward their down payment and up to an additional 1 percent toward closing costs on homes purchased in Quincy, Braintree, Weymouth, Holbrook or Milton.

Workshop participants will also be able to speak to a lender about different mortgage options.

The registration fee for the workshops is $20 per person.

To register and pay online, visit www.nwsoma.org or call (508) 587-0950 x46 for more information.

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# 10 Tips For Becoming A Knowledgeable Renter

By NATHANIEL SILLIN

On the hunt for a new apartment? A move can be an exciting opportunity to explore a new area or meet new people. However, competitive rental markets can make it difficult to find a desirable place on a budget.

Keep these 10 tips in mind to manage the process like a pro. They'll help you stand out from the crowd, get a good deal, enjoy the neighborhood and manage your rights and responsibilities as a renter.

**1. Talk to Other Tenants.** Speak with current or past renters to get a sense for the building and landlord. Ask about the neighborhood, noise, timeliness with repairs and any other pressing questions. Consider looking for online reviews of the landlord as well, and research the neighborhood.

**2. Upgrade Your Application.** Go beyond the basic application requirements and include pictures, references, credit reports and a short bio about yourself and whoever else may be moving in. Try to catch the landlord's eye and show that you'll take care of the property. You can order a free credit report from each bureau (Equifax, TransUnion and Experian) once every 12 months at AnnualCreditReport.com.

**3. Understand Your Lease.** The lease may list the rent amount, terms of the security deposit, guest polices and other crucial details. Read it carefully and ask questions if you don't understand something. State laws regarding rent control or other regulations can impact your situation as well. If you can afford one, you could hire a lawyer to review and explain the lease.

**4. Negotiate the Terms.** You can't always negotiate lower rent (it's worth trying), but there may be flexibility when it comes to the security deposit, parking spaces, administrative fees, or the lease's length.

**5. Learn Your Rights.** Protect yourself by learning about your rights as a renter. They can vary by state, and the U.S. Department of Housing and Urban Development (HUD) has a directory with links to tenants' rights websites for each state.

**6. Do a Walkthrough.** Walk through the apartment with the landlord, look for damages and document anything you find. You'll thank yourself later when you move out and ask for your full security deposit back.

**7. Consider Renters Insurance.** Renters insurance costs about $15 to $30 a month for a policy that covers $50,000 worth of losses. It reimburses you if your belongings are stolen, damaged or destroyed by a covered cause, such as a fire. The insurance also helps pay for legal fees if, for instance, someone sues after getting injured at your home.

**8. Make Your Own Repairs.** Prior to signing the lease, ask if you can take on some of the maintenance responsibilities in exchange for reduced rent. You could offer to handle and pay for basic upkeep, such as replacing lights or smoke detectors, and making minor repairs.

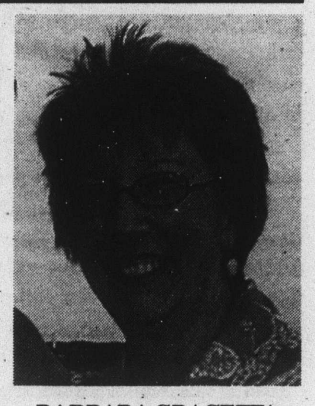
**9. Pay Attention to Bills.** Evaluate which bills you'll pay in addition to the rent, such as gas, heat, water, electricity, trash, Wi-Fi or parking. A more expensive apartment that includes these can save you money overall.

**10. Talk to Your Landlord.** Hiding financial trouble helps no one. Talk to your landlord and ask for an extension if you can't make rent. Good tenants can be hard to come by, and your landlord will likely prefer open communication and a late check to being left in the dark.

**Bottom Line:** Being an informed renter is especially important in a competitive rental market. Take simple steps to improve your rental and money management skills and you'll benefit for years to come.

*Nathaniel Sillin is a financial expert who directs Practical Money Skills for Life.*

# Ask Barbara Graceffa:
## 'Secretary Of The Interior'



BARBARA GRACEFFA

**I'm remodeling my small traditional-style family room and am considering dark wood floors. What are the pros and cons of light versus dark floors? PS. I have three children and a dog. Amy**

Most decorating decisions are based on a combination of personal preference and style, lifestyle, maintenance, coordination with other items in your room (especially paint colors and lighting), and, of course, budget. Flooring is no exception.

Because your room is both small and traditional, opt for a light color on the floor. However, it doesn't have to be a natural or light blonde or grey; consider medium-tone browns like a walnut or oak stain. A dark floor will make the room seem smaller and are used more in large, contemporary settings.

With kids and pets, go lighter, too. Unless you're into frequent cleaning or leave your shoes at the front door, light-colored flooring shows less dirt, pet hair, scratches, and other imperfections. Finally, consider adding an extra finish coat to make it more durable with a dog in the house.

**How do I know if I will like the trendy dark wood floors I see on TV? Cheryl**

Dark floor works well in modern or contemporary settings with open floor plans. However, if you want to make it work in a less-than-generously-sized room, choose at least an 8-inch wide flooring plank (so you'll have less seams), select a lighter color for the walls and furniture, open up your window treatments, and provide lots of light with overhead fixtures and lamps. Also, adding area rugs can bring color and cover-up some of the darkness.

When it comes to maintenance, choose a satin finish on your dark floors to show less dirt, dents, and minor imperfections in the floor. However, dark floors generally hides water stains, gaps in the floor, and other "problem" areas better.

The most popular colors are Jacobean and dark walnut. If you want to go darker, choose ebony. Select antique brown or coffee brown if you prefer the lighter side of dark.

*Do you have a decorating problem needing a professional solution? Send your questions to barbara@sec-interior.com.*

Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company. For more information on her services, visit www.sec-interior.com.

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**Adams/Hancock Green & Downtown Construction Activities**

***Proposed work activities for the week of: July 31, 2016***



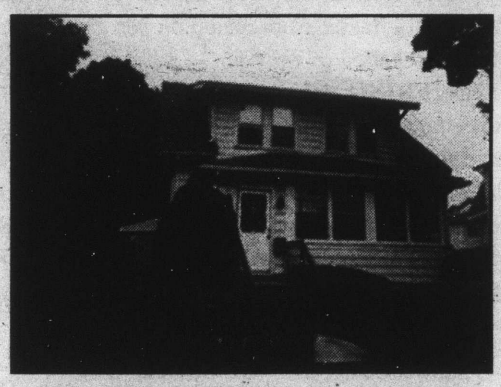
- NGRID Electric will be pulling cables into their new conduits and manholes on Chestnut Street and Dennis Ryan Parkway between Maple Street and Revere Road.
- MassDOT will start to work on installing the new the curbing, sidewalk and street lighting out in front of the Bank of America building.
- Dellbrook will continue to install the exterior façade on the West of Chestnut building on Cottage Avenue.
- Upgrades for NGRID Electric and Verizon infrastructure continue at the north and south ends of the Adams/Hancock Park.

**(The photo above left shows foundations awaiting granite curbing and benches in front of City Hall. The photo on the above right shows a newly installed NGRID ductbank.)**

To receive project updates, sign up for CityLink at http://www.quincyma.gov/citylink or follow @CityofQuincy and @MassDOT on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com


# New Listing in Quincy!



## 35 Ballou Street

Great location!! So much potential for this 3+ bedroom home located in a great neighborhood on a corner lot. This house has great bones and is just waiting for new owners to make it their own.Roof is approx 10 years old, and newer HW heater. So much potential here. Located mins from E. Milton Square, Expressway,shops and more. Great for contractors or someone looking to purchase a house that they can renovate to their own taste. Wonderful opportunity... Don't miss out! $369,000

**Call Carolyn Glynn Success! Real Estate for showings 617.797.5616**

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**Email cagreal@aol.com**
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**CBR, REALTOR**
**Quality Service Award recipient 2009, 2010, 2011**
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# A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Wednesday, July 20, at approximately 9:35 p.m., Officers Stephen Rayne and Christopher Bulger were dispatched to a home in the Wollaston center area for a report of a drunken/ unwanted son. As the officers were en route, Communications informed them that the 26 year-old son was now on the next street speaking to neighbors.

Upon arrival, Officer Rayne slowed his cruiser down to a crawl to locate the son when he was approached by a male in a very aggressive manner from a dark yard with his fists held near his face, yelling, "If you're a cop, I need to f@#$%^* talk to you. I don't like cops. There is a reason they're dying."

With this verbal threat accompanied by hostile physical gestures, Officer Rayne stepped from his cruiser and kept his distance from the male as he attempted to calm him. The male briefly turned away from the officer who swiftly moved in and placed him in handcuffs. Officer Bulger assisted in placing the male in the cruiser for officer safety, hoping that they could calm him down so he could go back inside his parent's home.

Officer Rayne tried to speak with the male but he was "too belligerent to reason with." The officers then went to the home of his parents and learned from the male's mother that her son came home extremely drunk and was being very disrespectful. She stated that when he gets this drunk he becomes too much for she and her husband to handle. She believed that if the Police spoke to him he would become cooperative and go to his room.

Officer Rayne advised her that based on their brief interaction with him he did not think this was a good idea, but she insisted that when this happens responding officers are usually able to calm him down. Together, Officer Rayne and the male's mother approached the cruiser and attempted to speak to him. As soon as he saw them, the male said, "F@#$ you - You're a piece of sh@#." With this unpleasant exchange and prior observations, Officer Rayne determined that the male was clearly too drunk to care for himself and unwelcome at his home.



LT. DAN MINTON

The male was placed into protective custody for his safety and the safety of the general public. His parents were informed of their legal rights but stated that they were not afraid of him. They just want him to get help. Nice Work!

❑

**AND ANOTHER JOB WELL DONE**

On Friday, July 22,, at approximately 8:05 p.m., Officers Mark Millane and John McGowan responded to a Newbury Avenue address for a disorder. Upon arrival, the officers went to the back of the building where they heard yelling and banging and found a male holding a large rock over his head. The male screamed as he threw the rock onto a motor bike next to him.

The officers approached the male, who was very angry and drunk and asked him what he was doing. He said, "I am not doing anything. What are you talking about?" Due to his hostile behavior, the male was placed in handcuffs after a brief struggle.

The officers explained to him that they wanted to keep him safe until they could figure out what was happening. The male inquired, "What is this all about? I did not do anything f@#$%^* wrong. Why don't you guy's catch the murderer's and real killer's and leave me alone. No wonder why Black Lives Matters are killing you guy's because you are f@#$%^* with the wrong people."

Officer Millane asked the male if he drove a vehicle that was parked out front and he said he didn't but it was owned by his friend. Officer Millane spoke with a resident who said that about two hours ago she was sleeping but was awakened by banging at her front door. She didn't open the door but watched as the male punched two No Parking signs with his hands. She observed the male go into a nearby building and make lots of noise and then come back out and get into a vehicle and drive off. He came back a few minutes later.

Officer McGowan spoke with another neighbor who said that he saw the male urinate in the back yard. Officer Millane spoke with another neighbor who said he went into the backyard when he heard the banging and he too witnessed the male urinating. The officers were unable to determine the owner of the motor bike. The male did not have a driver's license and had an outstanding warrant for unlicensed operation of a motor vehicle, seat belt violation and speeding.

The male, a 23 year-old Dorchester resident, was placed under arrest and charged with indecent exposure (2 counts), O.U.I. alcohol, operating a motor vehicle without a driver's license, operating an unregistered motor vehicle, operating an uninsured motor vehicle and willful and malicious destruction of property over $250. Nice Work!

❑

**MICROSOFT SCAM:** Beware of callers claiming to be from Microsoft or another associated company (telephone company, etc) that you have a virus on your computer.

This is a scam. Just hang up.

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**July 22 – 29**
**ARRESTS: 35**
**TOTAL CALLS: 1,138**
**STOLEN MOTOR VEHICLES: 6**

**FRIDAY, JULY 22**

**MOTOR VEHICLE LARCENY, 8:26 a.m., Garfield St.**

**LARCENY, 11:22 a.m., Hannaford, 475 Hancock St.** iPhone 6. No suspect info. Taken from shopping car. Doesn't want to see officer. Reported to Verizon.

**BREAKING AND ENTERING, 5:55 p.m., Parkhurst St.** Someone broke into cellar and broke a door. Two-family. Neighbor had to break in for water main leak/break.

**VANDALISM/PROPERTY, 7:59 p.m., Newbury Ave.** Party in parking lot in a car. Throwing bottles, yelling and revving engine. Arrest made. Warrant located.

**SATURDAY, JULY 23**

**LARCENY, 7:59 p.m., Quarry St.** Next door neighbor stole $35 from cellar. Caller may possibly be drunk. Additional call from neighbor who states that male inside this apartment owes male outside money for 94C. Peace restored.

**SUNDAY, JULY 24**

**LARCENY, 2:42 a.m., McDonald's, 473 Southern Arty.** Someone stole food. Took the right out of the drive thru. Car occupied by two black males. Driver wearing dark colors and had a beard.

**LARCENY, 9:01 a.m., Home Depot, 465 Centre St.** Purse was stolen and cards are being used fraudulently.

**BREAKING AND ENTERING IN PROGRESS, 9:02 a.m., Ricciuti Dr.** Asian male in his early 20s wearing black sweatpants and white tank top, now running down Ricciuti. One party under arrest for B&E.

**VANDALISM/PROPERTY, 11:53 a.m., Cummings Ave.** Car keyed on driver's side. No suspect info.

**LARCENY, 2:52 p.m., Metro PCS, 675 Hancock St.** While cleaning case, saw wire cut and phone was gone. No suspect info.

**BREAKING AND ENTERING, 4:14 p.m., Chipotle, 68 Newport Ave.** Around midnight two people broke into backdoor and then proceeded into office and tampered with safe. Nothing was taken. Incident is on camera.

**BREAKING AND ENTERING, 4:31 p.m., Perry Rd.** Laptop missing.

**MONDAY, JULY 25**

**BREAKING AND ENTERING IN PROGRESS, 12:30 a.m., Granite Links Golf Course, 100 Quarry Hills Dr.** At the Crossing Nines, a white male wearing red shorts, blue sweater and hat. Looked like he had long hair. Was seen on camera attempting to steal beer and whine from the bar. He was chased off by security. Suspect missing one white Nike shoe. Suspect fled towards Milton wearing one. Update: second shoe was found. Unable to locate suspect. MSP will continue search on Milton side.

**MOTOR VEHICLE LARCENY, 11:46 a.m., 1250 Hancock St.** Car was located on Coddington Street.

**LARCENY, 11:53 a.m., TJ Maxx, 100 Granite St.**

**LARCENY, 1:45 p.m., YMCA, 79 Coddington St.** $200 headset taken.

**VANDALISM/PROPERTY, 2:46 p.m., Quincy Shore Dr.** Pulled rear windshield wiper off vehicle. Happened overnight.

**VANDALISM/PROPERTY, 6:47 p.m., Carter St.** Lawn chair and two potted plants thrown into pool.

**LARCENY, 9:03 p.m., Roche Bros., 101 Falls Blvd.** Went into store for 15-20 minutes. His bike was gone when he came back.

**TUESDAY, JULY 26**

**BREAKING AND ENTERING IN PROGRESS, 3:03 a.m., Fayette St.** Caller heard roommate scream and believes someone is in the home. Heard doors slamming upstairs. Asian male suspect with bite mark on his hand; updated description to Hispanic or Asian male in light colored t-shirt with no sleeves. K9 reports dog tracking south on Fayette. Contacted QMC, SSH, Carney and BMC and provided description of suspect should he seek treatment.

**LARCENY, 11:54 a.m., Wash Dry.** iPhone taken on July 25.

**LARCENY, 3:02 p.m., 7-Eleven, 76 Franklin St.** Money.

**MOTOR VEHICLE LARCENY, 10:43 p.m., Holmes St.** Yamaha motorcycle.

**WEDNESDAY, JULY 27**

**MOTOR VEHICLE LARCENY, 7:19 a.m., 469 Sea St.** Awoke to find two motorcycles taken overnight.

**LARCENY, 9:31 a.m., Bigelow St.**

**MOTOR VEHICLE LARCENY, 11:38 a.m., Town Hill St.**

**BREAKING AND ENTERING, 1:44 p.m., 949 Furnace Brook Pkwy.** Through window. Caller just arrived home. Black minivan operated by a chubby Hispanic male and a white passenger. Hispanic male wearing short sleeve black sweatshirt and passenger was in a white t-shirt and grey sweatpants with red boxer shorts.

**LARCENY, 1:44 p.m., 2 Seaport Dr.** States some necklaces and rings were stolen from her room. No crime. Staff to handle.

**LARCENY, 4:32 p.m., Palmer St.** Package.

**LARCENY, 10:44 p.m., Adams St.** Air conditioning equipment stolen.

**THURSDAY, JULY 28**

**VANDALISM/PROPERTY, 12:53 p.m., Albatross Rd.** Door handle ripped off vehicle Tuesday night. No suspect info.

**MOTOR VEHICLE LARCENY, 4:33 p.m., Doane St.** Car has since been located. Car originally stolen at 2:17 a.m. and returned at 8:13 a.m. Report was not filed at the time because victim knew the suspect. The owner of the car now says the car no longer drives in reverse. Mechanic told owner the transmission is now no good. Caller would like to report the car stolen now because it is not drivable.

**INDECENT EXPOSURE, 6:09 p.m., Copeland St.** Just occurred.

**LARCENY, 9:05 a.m., Germain Ave.** Caller said his tenant stole his extra set of car keys and stole some money from his car.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** Garfield St., 1250 Hancock St., Holmes St., 400 block Sea St., Town Hill St., Doane St.

❑

**CAR BREAKS:** State St., 600 block Quincy Shore Dr., Clive St., Shirley St., Young St., Hovey St., Ricciuti Dr.

❑

**BREAKS AND ATTEMPTED BREAKS:** Parkhurst St., Newport Ave., Perry Rd., 900 block Furnace Brook Pkwy.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

# Bethany Congregational

This Sunday, Bethany Congregational Church will have a Communion Worship Service at 10 a.m.

The Rev. William C. Harding will conduct the service and preach the sermon entitled "One-Way God!" Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon and 1 p.m. to 3 p.m. Visit www.bethanycongchurch.org for updates and activities.

Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

# Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy, starts at 10 a.m.

Liturgist Sue Rheault will call to worship and read the scripture lesson. Pastor Felix Carrion will preach his sermon entitled "The Fruits of the Spirit," second in the trilogy of sermons on Spirit.

Susan Stimpson and Jeff Craig will serve for the Diaconate. Steve Reed, Minister of Music, will play the music on the organ.

Come and worship in the air conditioned sanctuary.

A fellowship coffee hour follows hosted by Nancy Jacobs. All are welcome.

The church's "Fair By the Sea" in November is seeking new items, gift cards and lottery tickets for the gift basket table. The Roll Up-Take a Chance is seeking new items worth $1 and up. Karen Grillo can use new and used T-shirts for her braided rugs.

Each Sunday the church collects non perishable food for ISS Food Pantry.

More News Online at
www.thequincysun.com

# RELIGION

# Rev. Dr. Stan Duncan Interim Pastor At Quincy Point Congregational

Quincy Point Congregational Church, 444 Washington St., announces Sunday, Aug. 7th is Rev. Dr. Stan Duncan's first worship service at the church.

Worship begins at 10 a.m. and will feature communion by intinction.

Rev. Stan is QPCC's Interim Pastor and his sermon this Sunday is titled, "Nevertheless: Living by Faith." The deacon of the day is Nithila Jeyakumar.

All are welcome. The church sanctuary is air-conditioned and handicap accessible via the Abbey Road side of the building.

Following worship all are invited to fellowship in the downstairs social hall. While you are there take a moment to sign the "Birthday" and "Thinking of You" cards.

Summer Sunday School is here. Drop children to the classroom located adjacent to the kitchen in the basement. All children are welcome to take part in this wonderful One Room "Deep Blue" Sunday School Program. Visit www.deepbluekids.com for more information.

# Flea Market Aug. 27 At United Methodist

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Flea Market Saturday, Aug. 27 from 9 a.m. to 2 p.m.

The flea market will be held outdoors if the weather cooperates; indoors if there is rain. The church Thrift Store will also be open and grilled hot dogs will be available.

The church invites vendors and crafters to participate as well as residents who wish to sell items they no longer need.

Tables are available for $30 each. Those selling items keep the money they earn.

To reserve a table, call the church office at 617-773-3319.

# 58 Quincy Students On St. Agatha Honor Roll

Fifty-eight students from Quincy made the honor roll at St. Agatha School, Milton.

**HIGH HONORS**

**Grade 5**: Logan Keldsen, Caroline Killilea, Theodore Stevens, Juan Barroso, Javlyn Jean-Pierre, Sabrina Ford, James McGrath, Paige Holleman, Caitlin Cormican, Martin Connolly, Farrah Borkowski, Julian Direiter.

**Grade 6**: Matthew Gratch, Andrew Stevens, Anna Adams, Michael Loughnane, Sophia Cintolo, Rima Zahreddine, Cooper Hernon.

**Grade 7**: Fiona McDonald, Luke Donovan, Nora Donovan, Shaun Ormond, Kira Szilva, Caroline Connelly, Emily Hutchinson, Samantha Ford, Kristin Shalvey, Matthew Raimondi, Grace O'Malley-Wilshere.

**Grade 8**: Meghan Stravin, Jacqueline White, Taryn Healy, Abigail Vixama, Britney Zheng, Grace Hobin, Meghan Cormican, Sara Cole, Brittany Acloque, Grace Kennedy, Eimear McGowan.

**HONORS**

**Grade 5**: Daniel Alvarez, Joseph Hurton, Kayla Healy, Michael O'Callaghan.

**Grade 6**: Kevin Salmanowich, Eric Peterson, Grace O'Hara, Irene Kelly, Justin Pham, Lily Baldwin, Natalie Gratch.

**Grade 7**: Ernest Mealey, Jessica Danilecki.

**Grade 8**: Colleen Goulart, Jared Mehtala, Julia Keldsen, Margaret Farrell.

# Community Appreciation Day

The Germantown Neighborhood Center/South Shore YMCA along with Quincy Public Schools Food Service Program will host its annual Community Appreciation Day today (Thursday) from 10 a.m. to 2 p.m., at 366 Palmer St. in Quincy.

Following an awards ceremony where local community partners, businesses leaders and volunteers will be honored for their contributions to the Center, there will be a block party style cookout with fun for the entire family, along with a resource fair that highlights many area organizations.

All are welcome to join in this special community celebration. More than 300 people are expected for the event. There will be music by Music Clubhouse Director Conor McMahon, refreshments, games, a dunk tank, and a performance by the Peer Leaders and Day Campers of the Germantown Neighborhood Center.

# Quincy Religion Directory

## SERVICES & ACTIVITIES

### Catholic

**St. Mary's Church**
*95 Crescent St., Quincy • 617-773-0120*
*Masses*
*Saturday, 4pm, Sunday 8 & 10:30am*
*Tuesday/Thursday 9am*
*Handicapped Accessible*
*New Members Welcome!*

**ST. AGATHA CHURCH MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
*550 Washington Street*
*Quincy, MA 02169*
617-472-6321
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible & Handicapped parking, side entrance air conditioned*

*Saint Ann's Church*
757 Hancock St., Wollaston
617-479-5400
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Pastor Felix Carrion will lead the service and preach the sermon "The Fruits of the Spirit"**
***All are welcome to attend***
*FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE*

**BETHANY CONGREGATIONAL CHURCH**
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
**Sunday Communion Worship Service at 10AM**
**Rev. William C. Harding will conduct the service and preach the sermon "One-Way God!"**
Child Care Available
For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*
*The church is wheelchair accessible*

**PEACE**

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
**Summer Sunday Worship, 10 AM**
**'When in our Music God is Glorified'**
***...music & meditation***
**ALL ARE WELCOME!**
617-773-7432
www.wollastonucc.com

**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617) 479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

***QUINCY POINT CONGREGATIONAL***
*444 Washington St. • 617-773-6424*
**Worship and Church School 10 am**
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
*email: office@quincypointcong.org*

### Unitarian Universalist

**UNITED FIRST PARISH CHURCH**
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CHALICE CIRCLE DISCUSSION GROUP: SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

### Christian Science

**First Church of Christ, Scientist**
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.
***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
Church of the Nazarene
***Sunday Worship***
***8:30 AM Liturgical Worship***
***9:45 AM Sunday School***
***11:00 AM Celebration Worship***
*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5660
E-mail: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

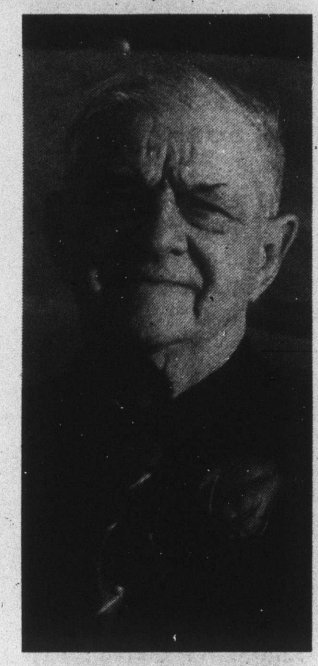
### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

*To Advertise in this Directory, Call 617-471-3100*

# OBITUARIES

## Frank D. Haskins, 85



FRANK D. HASKINS

Frank D. Haskins, 85, a lifelong Quincy resident, died peacefully on Sunday, July 24, following a period of declining health. Devoted husband of the late Joan (Baird) Haskins, he was the son the of the late Douglas & Florence (Inglis) Haskins.

Born and raised in Wollaston, he grew up on the ocean racing boats out of Savin Hill Yacht Club and on his parent's boat, the Jankie. He graduated Quincy High School in 1949 and enlisted in the US Navy, serving his country with honor during the Korean War. After the war ended, he and Joan married and moved to Houghs Neck to raise their family.

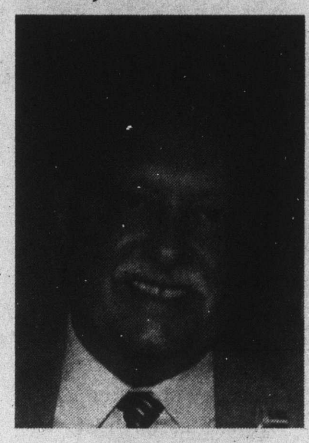
He graduated Northeastern University in 1958, and began his career as an Engineer with the Raytheon Company in Quincy, retiring in 1992, after 36 years. He served as Cub Master for Cub Scouts Pack 6, and coached baseball at the Koch Club. He also enjoyed bowling, and the many summers spent on Big Sandy Pond in Plymouth.

Loving father of Sheryl Mahoney and her husband Fred of Quincy, Doug Haskins and his wife Lynn of Quincy, and Diane Duncan and her husband Dean of Rockland; he also leaves his eight grandchildren: Frank Pagington, Frederick and Melissa Mahoney, DJ and Nicole Haskins, Nick, Corey and Rusty Duncan; and three great grandchildren: Kadin & Mallory Pagington, and Brileigh Mahoney. He was the brother of the late Jane Burns.

Memorial visiting hours were held Thursday, July 28, at the Hamel, Wickens & Troupe Funeral Home, 26 Adams St, Quincy Center. A private family ceremony will take place at a later date.

Family requests that in lieu of flowers donations be made to oldcolonyhospice.org/ways-to-give/memorial-giving or to the our family's favorite charity, the American Lung Association action.lung.org/goto/MohawkAEBT2016.

## Bruce Wood, 67



BRUCE WOOD

Bruce "Woody" Wood, 67, passed away peacefully July 29, surrounded by his loving family after a three-year, courageous battle with cancer.

Woody's proudest role was being a husband, father, and especially papa to his six grandchildren who gave him the most joy in life. Woody was a man who wore so many "hats" – he was proud owner of Wood Commercial Painting for 41 years.

Throughout the years he held many positions in the city of Quincy, a city that he loved so much. Some of the positions that Woody held in Quincy were President of Quincy Youth Hockey Board for 31 years, member of the Quincy Rotary Club, Quincy Chamber of Commerce Board of Directors, Board member and Coach of Quincy Youth Soccer, Quincy Zoning Board of Appeals, Quincy Youth Baseball Coach and Weymouth Lodge of Elks. The city of Quincy loved him in return, making him the recipient of the 2016 Richard J. Koch Youth Service Award, which he received at this year's Flag Day parade.

Woody proudly served in the U.S. Army Reserves, 187th Support Battalion, C Company. Woody had a passion for the Bruins, Red Sox, Patriots, and old cars, especially "Papa's Baby," his 1967 GTO. He will be remembered for his quick wit, practical jokes, wonderful sense of humor and his contagious smile. He will be greatly missed by everyone who had the pleasure of knowing him.

Cherished husband of Catherine Griffin Wood of Quincy. Loving father of Michael Wood and his wife Tricia of Quincy, Brian Wood and his wife Melissa of Braintree, Eric Wood of Quincy, Timothy Wood and his wife Kara of Quincy, and Christine Shields and her husband Greg of Weymouth. Grandfather to Ciara, Ella, Caitlin, Lola, Gavin and Tyler. Also survived by his loving parents Charles and Beverly Wood of FL., four loving brothers, cherished sisters and brothers in laws, nieces and nephews and many loyal friends.

Relatives and friends are respectfully invited to attend the visiting hours on Wednesday 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 8:15 a.m. on Thursday prior to the Funeral Mass in St. Ann's Church, Quincy at 9 a.m.

Burial in Blue Hill Cemetery, Braintree.

Donations in memory of Woody may be made to the Bruce Wood Youth Scholarship Fund, Colonial Savings Bank, 15 Beach St., Quincy, MA 02170.

See Keohane.com or call 1-800-Keohane for directions and online condolences.

## Nancy L. Moreschi, 84



NANCY L. MORESCHI

Nancy L. (St. John) Moreschi, age 84, of Quincy died unexpectedly, Monday, Aug. 1, at Carney Hospital in Boston, surrounded by her loving family.

Nancy was born in Quincy on June 13, 1932, to the late Paul S. and Anna R. (Cantara) St. John. She was a graduate of the former Saint John's Elementary School and Quincy High School, Class of 1951. She had lived in Quincy for over sixty years and was a summer resident of Dennis for over fifty years. She was also a winter resident of Naples, Florida, for fifteen years.

She was a homemaker and enjoyed cooking, sewing and playing cards. Nancy was devoted to her family and friends and especially to her ten cherished grandchildren and her great granddaughter.

Nancy was a former active member of Saint Ann's Parish in Wollaston. She was also a member, with her late husband John, of the Boston College Club of Cape Cod and Southwest Florida.

Beloved wife for fifty-eight years of the late John V. Moreschi. Devoted mother of Peter V. Moreschi and his wife Katherine of Quincy, Anne L. Morrison and her husband Kevin of North Easton, Mary E. Dixon and her husband Thomas of Alexandria, VA, John J. "Jay" Moreschi and his wife Deana of Needham. Loving grandmother of ten grandchildren and one great-granddaughter. Dear sister of Paul St. John of Cohasset and the late Mary Ross. Nancy is also survived by many nieces and nephews.

Funeral from the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy, Thursday, August 4, at 9 a.m. Funeral Mass in Saint John the Baptist Church, 44 School Street, Quincy, at 10 a.m. Relatives and friends are invited to attend. Visiting Hours at the funeral home on Wednesday from 4 to 8 p.m. Interment Mount Wollaston Cemetery in Quincy.

For those who wish, donations in Nancy's memory may be made to the charity of your choice.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

## Dennis J. Schofield, 62

Dennis Joseph Schofield, 62, of Houghs Neck, died May 25.

If you are able, please join the family at Nickerson Post #382, 20 Moon Island Rd, Squantum, MA 02171, on Sunday, Aug. 7, from 1 to 4 p.m. to celebrate his life, share stories, memories and laughter over food and libations as Dennis wished that we would remember him.

Assisting the family was Hamel Wickens & Troupe, hamelfuneralcare.com.

**More Obituaries Online at www.thequincysun.com**




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(617) 298-8011

460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

# OBITUARY

## James Kennedy Cunio, 36

James Kennedy Cunio, age 36, of Quincy, died unexpectedly, at home, Saturday, July 30.

Jim was born in Weymouth, raised in Quincy and was a graduate of the former Saint Mary's Elementary School and Archbishop Williams High School, Class of 1997. He had lived in Quincy for most of his life.

He had been employed with the American Red Cross in Dedham for several years and previously worked for the Aviva Insurance Company in North Quincy. He had also worked several years in Florida and Georgia.

Jim was a talented athlete and baseball player at Archbishop Williams High School and also played for the Morrisette American Legion Baseball team in Quincy and in the Boston Park League for the Quincy Sheriff's team.

He was an avid Boston sports fan and enjoyed fishing.

Beloved son of Joseph E. Cunio of Quincy and the late Louisa M. (McShane) Cunio.

Devoted brother of Joseph E. Cunio III and his wife Yvonne of Hanson, Christopher J. Cunio and Melissa Arcadipane of East Bridgewater and Thomas B. Cunio and his wife Heidi of Raynham.



JAMES KENNEDY CUNIO

Loving uncle of Jocelyn Louisa, Jackson Shane, Colton Vincenzo, Thomas McShane and Sadie Anne.

Jim is also survived by many aunts, uncles, cousins and friends.

Funeral from the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, Friday, Aug. 5th at 9 a.m. Funeral Mass in Saint John the Baptist Church, 44 School St., Quincy at 10 a.m. Relatives and friends are invited to attend.

Visiting Hours at the funeral home on Thursday (Aug. 4) from 4 - 8 p.m.

Interment Pine Hill Cemetery in West Quincy.

For those who wish, donations in Jim's memory may be made to the Louisa McShane Cunio Friendship Scholarship Fund, c/o Archbishop Williams High School, ATTN: Anthony, 40 Independence Avenue, Braintree, MA 02184.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

## Quincy Sun Obituary Policy

*The Quincy Sun* publishes obituaries that are submitted by funeral homes with the assistance of the families.

There is a nominal cost for obituaries appearing in The Sun newspaper and on its website. Local funeral homes are aware of this policy.

For more information, contact call Sun Editor Robert Bosworth at 617-471-3100 or email thequincysun@verizon.net.

## 100 Quincy Students On UMass Amherst Dean's List

The Univesity of Massachusetts at Amherst lists 100 students from Quincy on its Dean's List for the spring semester.

They are:

Abdulrahman Omar Basabrain, Aditi Sharma, Agnes Setow, Ahmed Omar M Basabrain, Alexandra Katherine Reardon, Amy Ly, Andrew David Keezer, Andy Jianan Liu, Angela April Kou, Angela Therese McDonald, Angelica Beatriz Li Lee, Carolyn Helen McDonagh, Che-Ting Lin, Che-Wei Lin, Chongze Chen, Chujun Zheng, Cindy Chau, Colleen Elizabeth Madden, Cyril Justin Caparanga, Devin Nicole Melendy, Devon Yu, Dingkang Liu, Dionne Zhen.

Emily Mottolo, Emily Zheng, Eric Jon Casinelli, Ethan Yau, Gui Ming Huang, Haoxian Lin, Henry Fong, Ingrid Ester Andrade, Isabella Chiaravallotti, Jacqueline Mary Montminy, Jadyn Liang, James Allen Hagborg, Jason Tan, Jessica Lynn Bowe, Jia Xu, Jia Yi Chen, Jianhong Chen, Jiayi Yao, Jiexian Huang, Jin Zeng Chen, John Michael Kennedy Jr, Justin Guan, Ka Wo Fong, Kaitlin Kelsey Hurley, Karen Anne Huynh, Karen Ly.

Lauren Kelley Humphreys, Li Ma, Lily Vo, Lok Man Wong, Man Soo Takeda, Mark Mena Hanna, Mary Zheng, Michelle Marjorie Puopolo, Minxin Gao, My Boi Huynh, Nicholas Edward Frasso, Nicole Catherine Welliver, Nitin Kumar Rajput, Patrick Mei, Perry Chen, Phillip Tran, Ping Ting Zou, Qiang Zheng, Rachel Shuenn-Yi Chu, Raymond M Tang.

Sandy Liu, Sarah Anne Kussman, Seamus Joseph Keaveny, Shuxian Situ, Simon Quach, Sophie Liang, Stacey Lee Gallagher, Stanley Yu Man Lok, Steven Bowe, Thanh Cong Pham, Tiffany M Fong, Tingting Gao, Tommy Dang Nguyen, Tommy Do, Victoria Yun Jiang, Vincent Law Tran.

Wai Yee Law, Wei Xie, Wen Hao Chen, Wing Lung Chau, Xiao Fei Ma, Xin Tong Zheng, Xinming Chen, Yuan Feng Huang, Yuh Ling Chan, Yuh S Chan, Yuhua Wang, Yuling Chen, Zhuodong Huang, Zhuotao Huang and Zu Jun Chen.

# Advice For Last-Minute Getaways

By PAULA FLEMING

With summer in full swing, many New Englanders may be dreaming about last-minute getaways. Better Business Bureau Serving E. MA, ME, RI & VT (BBB) warns travelers to be aware of vacation scams that could wreak havoc with plans.

In the past year, consumers reported over 255 instances of travel and vacation scams through BBB's Scam Tracker. Consumers reported losses of nearly $300,000 associated with these scams.

BBB has received reports of scammers sending direct mail offers for cruises and trips including lookalike boarding passes and travel checks. Other offers include free airfare and destination vacations by calling a 1-800 number. BBB says beware of slick pitches, hidden fees, and potential shady experiences even though the images look lovely.

One consumer's story involved receiving a fax and an email at work from the HR Department. "This email claimed that the company was selected to try out a new program through TripAdvisor that would include a 5 day/4 night stay in an all-inclusive resort in Mexico or surrounding countries, plus a 3 day/ 2 night vacation in either Vegas or Orlando. To participate, you had to call in, and the first 500 callers received "up to 60% off flights." Our friend called in to reserve a spot, and called us asking us to join them on vacation to Costa Rica. We paid $350 to our friend, who paid $700 upfront to reserve our spot."

When the consumer called in, "the agent told us that our dates were booked at the resort and to call back the next week to book our flights. Well, next week comes, and we call and email, trying to get our flights booked, with no response. Sometimes we would get other agents to answer us, who would say that our agent was busy on the phone or not in that day. Fast forward a month, we call the hotel to make sure that we do have a reservation for those dates, and they tell us that they have no record of a booking at their hotel. We also still do not have flights. Our agent still never responds to us."

To avoid a vacation scam this summer, BBB offers the following tips for last-minute getaways:

• Be wary of claims that you "won a trip." Typically, if you've truly won something, it will be given to you as a gift with no hidden fees. Be especially leery if the offer is unsolicited. Check on any offers with your local BBB first.

• Book through a reliable travel agent. Find BBB Accredited travel agencies with BBB's Accredited Business Directory. BBB Accredited Businesses must adhere to BBB's Standards of Trust, which include advertising honestly, being transparent and honoring promises.

• Use caution when considering deals. If a vacation package offers a lot for a very low price, be wary. If something seems too good to be true, it usually is.

• Get details about your trip in writing. Confirm details such as total cost, extra fees, any applicable restrictions, flights, hotel reservations and car rental information. Keep written information and take copies with you on your trip.

• Use a credit card to pay. This offers the most protection should something go wrong. Read all receipts, credit card statements and bank statements to make sure there were no hidden charges.

• Consider purchasing travel insurance. Circumstances could cause you to cancel your trip, return home early or force you to seek emergency medical treatment while traveling. Travel insurance may provide the extra protection you need. Be sure to shop around and read the terms and conditions.

• If you're interested in a vacation rental, beware of scammers who create online listings with photos of homes that aren't available or are owned by someone else. Phony landlords collect an advance deposit, then avoid contact with renters, who may be left with nothing but a fake reservation or a rental that doesn't resemble the photos in the online listing.

BBB offers the following tips when booking vacation rentals:

**Do your research**. Check that the property address really exists. If the rental is in a resort, call the office and confirm the location of the property and other details. Research the owner of any vacation rental by searching for their name or address online, and especially look to see if you can find online reviews or evidence of complaints.

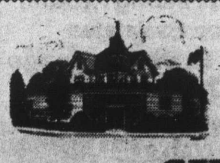
**Get it in writing**. Ask for a copy of the rental contract and read it before you pay a deposit. Be aware of cancellation and refund policies. Be sure to confirm if there are there security deposits or cleaning fees.

**Check for extras**. Some hotels and resorts charge extra fees for services like fitness centers or Internet access. Ask whether these are included in the rental rate or if they will be added when you check out.

**Pay with credit**. Use a credit card to pay for a deposit or reservation in case you need to challenge the charge later. Ask whether you will be charged for the entire amount upfront or for the first night only.

For more information and tips on planning a vacation, visit us at bbb.org/boston or like us on Facebook.

*Paula Fleming is vice president of Communications & Marketing for Better Business Bureau Serving Eastern MA, ME, RI & VT.*

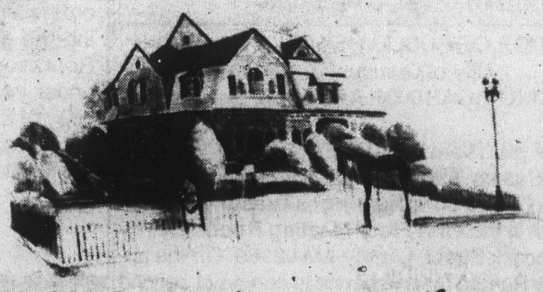



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*Director Michelle Lydon*
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*(617)472-7423*
*www.lydonchapelforfunerals.com*

**Please contact our office for a free personal planning portfolio*

# CLASSIFIEDS

## NOTICE OF PUBLIC HEARING

**CITY OF QUINCY**
**BOARD OF LICENSE COMMISSIONERS**

Notice is hereby given under Chapter 138 of the General Laws of Massachusetts that the Board has received an application from Table & Vine, Inc. (a wholly owned subsidiary of Big Y Foods, Inc.) d/b/a Big Y Foods, Catherine Chapman, Manager, for transfer of the Common Victualer & Retail Package Store Wine & Malt License presently held by Victory Distributors, LLC, 475 Hancock Street A hearing will be held in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock St., Quincy. **Tuesday, August 16 @ 4:00 P.M.**

Andrew G. Scheele,
Chairman

8/4/16

## NOTICE OF PUBLIC HEARING

**CITY OF QUINCY**
**BOARD OF LICENSE COMMISSIONERS**

Notice is hereby given under Chapter 138 of the General Laws of Massachusetts that the Board has received an application from C&S Restaurant ,Inc., d/b/a/ Winsor Dim Sum House, Michael Nhit Ly, Manager, 706-708 Hancock St. for Transfer of the CV All Alcohol Restaurant License, presently issued to H & L Restaurant Inc. (Crystal Jade). A hearing will be held in City Hall in the First Floor Meeting Room, 1305 Hancock St., Quincy. **August 16, 2016 DATE at 4:00 P.M.**

Andrew G. Scheele,
Chairman

8/4/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-051

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Kristen Reed for a Variance to construct a second story addition in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 59 SHED STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-052

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Son Truong of Truong Realty LLC for a Variance/ Special Permit to demolish the existing dwelling and construct a two family dwelling in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Section 8 (Flood Plain) on the premises numbered 107 CROSS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-053

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Anthony Roman for a Variance to construct second story in front setback in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), on the premises numbered 25 FARRELL STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-054

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Scott and Destine Levine for a Variance/Special Permit to construct second story dormers in the front setback and construct addition of side of dwelling in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Section 8 (Flood Plain) on the premises numbered, 17 WAMPATUCK ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1749EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
John Joseph Bolger
**Also Known As:**
John J. Bolger
**Date of Death:**
March 27, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Janine E. Wilson a/k/a Bolger** of **Quincy, MA** and **James J. Bolger** of **Pembroke, MA** a Will has been admitted to informal probate. **Janine E. Wilson a/k/a Bolger** of **Quincy, MA** and **James J. Bolger** of **Pembroke, MA** have been informally appointed as the Persona! Representatives of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/4/16

## HALLS FOR RENT

**MORRISETTE LEGION POST**
81-83 Liberty St., Quincy
***Function Hall Available***
***Call for Details*** **617-770-4876**
**Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings** TF

## CLASS REUNION

***QHS Class of 1957 Reunion Luncheon***
*Saturday, Sept. 24, 2016*
*Noon - 4:00pm*
Common Market - Quincy
Rose Volpe Kennedy
**617-328-7181** 8/4

## REPORT POTHOLES

**Potholes are a year-round problem and should be reported to the Department of Public Works.**

**617-376-1914**

## ANIMAL SHELTER ANIMAL SHELTER

### QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run, new volunteers always needed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

***AVAILABLE CATS***

**Shelby:** 3, female, tabby
**Ethel:** 4, female, black & white
**CC:** 7, female, calico
**Mimi:** 3, female, tabby
**Coco:** 2, male, black
**Mitzi & Mucky:** 10, females, gray
**Sailor:** 2, male, tabby
**Sonny:** 6, male, black
**Bastille:** 2, female, tabby
**Simon:** 10, male, black
**Bandit:** 4, male, gray & white
**Spot:** 8, male, white & black

## WANTED WANTED

### After School Staff Tutors/Teachers

**IMMEDIATE OPENINGS IN NORTH QUINCY**

***If you're a good kid wrangler with a flair for teaching and tutoring, we have rewarding work for you.***

- Local program seeking a part-time person afternoons to help school-age children in a classroom setting with homework, math and reading in our afternoon classes.
- Prefer someone to work 18-20 hours per week, 2:30-5:30 pm MWThF, and 12-5:30 pm Tuesdays. Would consider fewer days.
- Some experience with school age children required.
- Pay from $10 to $14 per hour depending on experience.
- Must be high school graduate.
- All applicants must undergo a background check and meet other requirements.

*Typical applicants might be college students, retired teachers, etc., but we are open to any responsible, caring people who love children.*

**Located near subway.**

Please email with specifics about your background, send your resume if you have one to:
ivyschoolquincy@gmail.com 8/25

## PERSONAL

**HAPPY 60TH BIRTHDAY DONNIE KEENE**
**AUGUST 6TH**
**GO RED SOX** 8/4

**You May Leave Quincy But Quincy Never Leaves You**
Brendan - Matthew - Meghan - Nicole
*You are all living your dreams!* 8/4

**Prayer to The Blessed Virgin**
(Never Known To Fail)

O, most beautiful flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven. Blessed Mother of the Son of God, Immaculate Virgin, assist me in this necessity. Oh, Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech thee from the bottom of my heart to succor me in this my necessity (Make request). There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Thank you for your mercy to me and mine. Amen. The prayer must be said for three consecutive days and after that the request will be granted. The prayer must be published. **D.A.** 8/4

**SAINT JUDE NOVENA**

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us, St. Jude, Worker of Miracles, pray for us, St. Jude Helper of the Hopeless, pray for us.

Say this prayer 9 times a day. By the 9th day your prayer will be answered. It has never been known to fail. Publication must be promised. Many prayers have been answered. B.C. 8/4

## FOR RENT

**ADAMS SHORE** - STUDIO BY THE SEA SFH, PANORAMIC VIEW OF BOSTON SKYLINE! PRIVATE BEACH, 1 BED, 1 BATH, CENTRAL AIR, HARDWOOD FLOORS, WASHER/DRYER, FRONT/ REAR DECKS, ATTIC & CELLAR. 5 MINUTE BUS RIDE FROM QUINCY CENTER "T" STATION. AVAILABLE AUGUST 15TH. NO PETS, NO SMOKING $1,900.00/MONTH
**617-843-1680** 8/11

## DRIVERS WANTED

**DRIVERS: LOCAL-HOME NIGHTLY!**
$2,000 SIGN-ON BONUS!
**WEST BRIDGEWATER FLATBED!**
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CDL-A, 1YR EXP. REQ.
**1-855-513-1333** 8/4

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**30 Years Experience**
**Lowest Pricing Around**
***Free Estimates***
**Call or Leave Message**
**617-471-7199** 8/11

## WANTED

**OLD HAND TOOLS & BOOKS WANTED**

Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.

**USEFUL TOOLS, ALL TRADES.**

New England history books
Collections: old postcards, toys, military, fishing & old auto items

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**Davistownmuseum.org**
**www.jonesport-wood.com** TF

# CLASSIFIEDS

## SERVICES

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10/13

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115 Franklin Street, Quincy, MA
hancocktvandappliance.com

## MISCELLANEOUS

**AUCTIONS**
Massachusetts OSD LIVE PUBLIC AUCTION, 2 Days! 2 Locations! 2 Auctions! FIRST AUCTION: Fri., August 5, 2016, Ayer?State Police, 31?69 Bishop Rd, Ayer, MA 01432, Reg. 8:30AM / Start 10am, SECOND AUCTION: Sat., August 6, 2016, Norfolk?DOC, 27 Clark St. Norfolk, MA 01581, Reg. 8:30AM / Start 10AM, OVER 150 TOTAL VEHICLES TO BE SOLD, Complete Details at: www.AUCTIONSINTERNATIONAL.com

**MISCELLANEOUS**
SAWMILLS from only $4397.00-MAKE & SAVE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N

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- LAWN MOWING
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- Hedge & Shrub
- Overseeding/Sod
- Trimming or Removal
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References 10/13

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$75/HR.
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"Your Trash is my Ca$h" 9/1

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- Spring & Fall Cleanups
- Power Washing
- Lawn Mowing Services
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*Free Estimates*
617-733-4554
~AFFORDABLE RATES~ 9/1

Camping Picnics
OLD HOLBROOK FARM SINCE 1946
508-865-5050 8/4

***Want to pick up a copy of The Quincy Sun?***
**Here are stores in Quincy that sell it on their newsstands:**

QUINCY MARKET
Corner of Temple & Washington St.

GOODIE'S STORE
1250 Hancock St., Presidents Place

NEW STORE ON THE BLOCK
1183 Hancock St., Quincy Ctr. T Station

HANCOCK TOBACCO
1500 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

RITE-AID
132 Granite St.

COFFEE BREAK CAFÉ
77 Parkingway

HANCOCK PARK LOBBY SHOP
164 Parkingway

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

CVS
178 Washington St.
Braintree

SHOP N SAVE LIQUORS
20 Independence Ave.

DONUT + DONUTS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

TEDESCHI'S
85 Quincy Ave.

DAILY MART
291 Quincy Ave.

ROCHE BROTHERS
The Falls

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

TEDESCHI'S
495 Washington St.

DAIRY FARM
330 Washington St.

TEDESCHI'S
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

BAXTER'S PHARMACY
385 Washington St.

TEDESCHI'S
650 Adams St.

7-11
Adams St.

VILLAGE COMM. MARKET
100 Willard St.

COPELAND LIQUORS
273 Copeland St.

GRANITE MART
308 Willard St.

7-11
Copeland St.

JOE'S PLACE
260 Centre St.

CORNER FOOD MARKET
1060 Hancock St.

200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

7-11
721 Hancock St.

BEALE ST. SMOKE SHOP
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

HANNAFORD BROTHERS
475 Hancock St.

RITE-AID
475 Hancock St.

MULLANEY'S VARIETY
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

RED APPLE FOOD SHOP
48 Billings Rd.

SAM'S VARIETY
125 Billings Rd.

DAVE'S GENERAL STORE
66 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CVS
321 Quincy Shore Dr.

CARMINE'S CAFÉ
69 Huckins Ave.

TEDESCHI'S
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

ANDRE'S STORE
20 Brook St.

## The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

**INDEX**
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

**RATES**

**1 WEEK** ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

**2-4 WEEKS** ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

**5-10 WEEKS** ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

**11 WEEKS OR MORE** ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

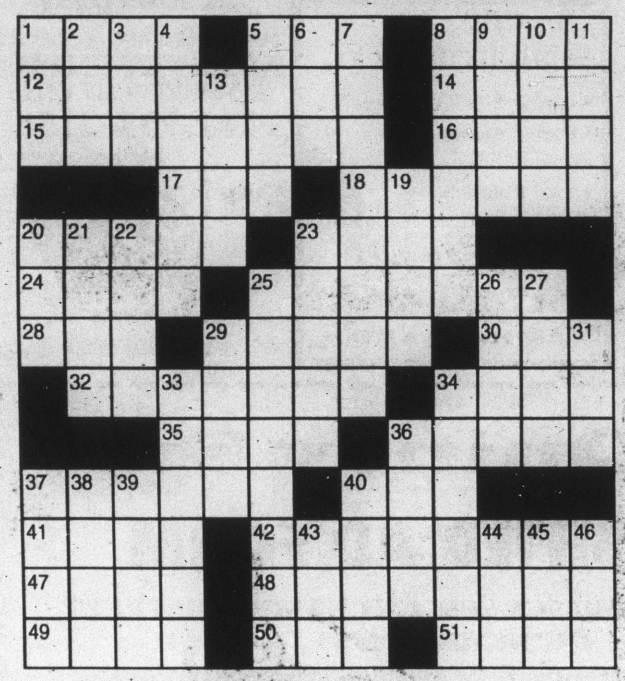
COPY: _____

# SUN FUN PAGE

## King Crossword

**ACROSS**
1 Atomizer output
5 Annoy
8 Picnic invaders
12 Pub
14 Old Italian coin
15 Poisonous evergreen
16 Alternative to Windows
17 Greek consonants
18 Electrical resistance
20 Some silverware
23 Soon, in verse
24 Individuals
25 "Hamlet" Oscar winner
28 Schedule abbr.
29 "Once upon — ..."
30 Periodical, for short
32 Semisweet sherry
34 Location
35 Study of the past (Abbr.)
36 Wild
37 Crazed one
40 Silent
41 Sandwich cookie
42 Quadrennial games
47 Elvis' "— Las Vegas"
48 Fatherly
49 Paradise
50 Ordinal suffix
51 Catch sight of

**DOWN**
1 Chinese chairman
2 Ailing
3 Witness
4 "Much obliged"
5 Unopened roses
6 Exploit
7 Apache leader
8 Graduates
9 1492 vessel
10 Advanced math
11 Old German duchy name
13 Responsibility
19 Hoisted, at sea
20 Enemy
21 Aware of
22 Authentic
23 Preferred invitees
25 Ear doctor's device
26 Eastern potentate
27 — -tat-tat
29 Operatic solo
31 Toothpaste style
33 Buckeye
34 Always, in music
36 Show anger
37 Relocate
38 Desert-like
39 Actress Campbell
40 Legend
43 Long. crosser
44 — and outs
45 Baseball hat
46 Crafty



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## MAGIC MAZE ● PUT IN ITS PLACE

C N K I F C A X V S Q O L J H
E C A X V T D R D P N L J H F
D B Y D D T I E D U P X V T R
P O D D E E H M K E K I D G E
D B D E E T V Z X N R W E U T
T R Q E R H N L O N A O W L F
J A I E K E S A E G F B O D I
C A B Y X R G A L H W V T M L
T S R L P E A N T P S O S N E
L K J I E D G P A S T O R E D
D E K C O D E R O H C N A F E

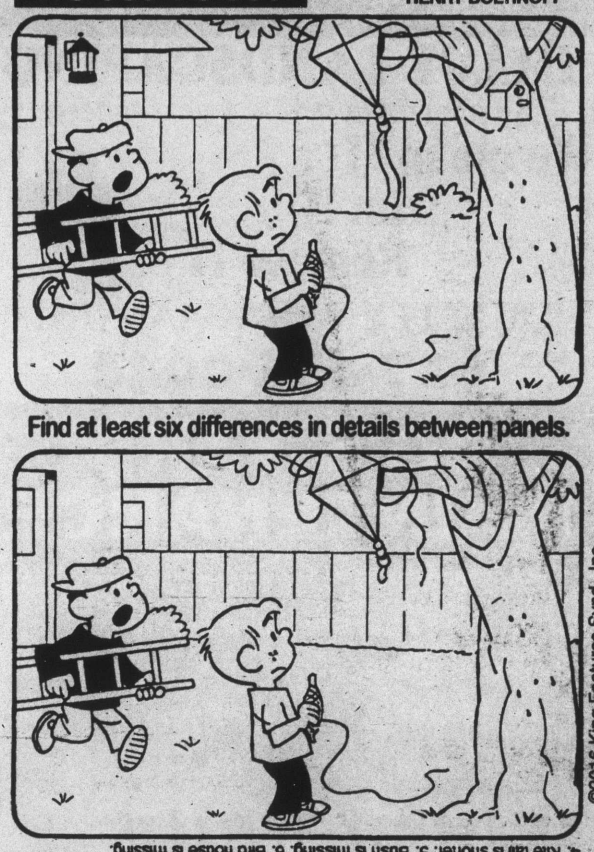
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Anchored, Banked, Berthed, Filed, Hangered, Moored, Parked, Planted, Shelved, Stashed, Stored, Stowed, Tabled, Tethered, Tied up

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Light fixture is missing. 2. Ladder is shorter. 3. Body is slimmer. 4. Kite tail is shorter. 5. Bush is missing. 6. Bird house is missing.

New! 24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## Trivia test

by Fifi Rodriguez

1. TELEVISION: What were the names of the children on the "Roseanne" TV comedy?

2. HOLIDAYS: What holiday is set aside to stress the importance of planting trees?

3. ANATOMY: What is the hardest known substance in the human body?

4. GEOLOGY: What is amber?

5. GENERAL KNOWLEDGE: What organization allows people to join when they turn 50 years old?

6. CARS: What is the symbol for Audi vehicles?

7. GEOGRAPHY: What kind of landform is Martha's Vineyard?

8. MUSIC: What group recorded the 1966 hit "Good Vibrations"?

9. SCIENCE: What is the term for the temperature at which cooled water vapor turns into liquid?

10. MOVIE: What was Disney's first animated feature that was based on an original story?

Answers

1. Darlene, Becky and D.J.
2. Arbor Day
3. Tooth enamel
4. Fossilized tree resin
5. AARP
6. Four interlocking rings
7. An island
8. The Beach Boys
9. Dew point
10. "The Lion King"

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## Wishing Well®

| 4 | 3 | 5 | 7 | 6 | 7 | 6 | 3 | 4 | 5 | 2 | 5 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| M | E | S | S | B | K | E | V | A | U | A | D | K |
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| O | O | V | O | T | N | S | T | E | S | A | A | T |
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| 7 | 3 | 2 | 6 | 2 | 8 | 2 | 8 | 2 | 3 | 8 | 3 | 3 |
| G | C | H | E | E | Y | R | O | S | E | U | S | S |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## Salome's Stars

**ARIES** (March 21 to April 19) You sometimes go to extremes to prove a point. But this time, you won't have to. Supporters are ready, falling over themselves to help you make your case.

**TAURUS** (April 20 to May 20) Venus might be your ruling planet, but Mars is in the picture as well. So don't be surprised if your romantic relationships are a bit rocky at this time. But they'll soon smooth over.

**GEMINI** (May 21 to June 20) Geminis might rush into romance and risk being wrong about someone rather than be left with no one. But this is one time when it's wiser to be wary of where your heart takes you.

**CANCER** (June 21 to July 22) With all (or most) of those pesky problems behind you, take time for your family and friends. Travel aspects are favored, with long-distance journeys high on the list.

**LEO** (July 23 to August 22) You might have started to question the wisdom of being open with someone you hoped you could trust. But be assured you won't be disappointed. You'll soon hear good news.

**VIRGO** (August 23 to September 22) You have a reputation for honesty and integrity, and that will help turn around a situation that was not only disappointing but also quite unfair. Good luck.

**LIBRA** (September 23 to October 22) A happy event creates a closer tie with a family member who seemed hopelessly estranged. Positive aspects also dominate in important career matters.

**SCORPIO** (October 23 to November 21) Your ruling planet, Pluto, helps you adjust to change. So, stop putting off that long-delayed move, and make it with the assurance that you're doing the right thing.

**SAGITTARIUS** (November 22 to December 21) You have a wonderful capacity to learn quickly and well. This will help you when you are faced with an opportunity to move on to a new path in life.

**CAPRICORN** (December 22 to January 19) Good news: You suddenly find that you're not facing that new challenge alone. You now have someone at your side, ready to offer whatever support you might need.

**AQUARIUS** (January 20 to February 18) Your versatility -- which is just one of those aspects of yourself that make you so special -- helps you adapt to the challenges of a new and exciting opportunity.

**PISCES** (February 19 to March 20) Your sensitive nature picks up on the needs of others. But what about your desires? You need to take more time to assess what your goals are and, if necessary, redirect them.

**BORN THIS WEEK:** You give your trust openly and easily. People find you easy to be with and enjoy your wit, your good sense, and your capacity to love and be loved.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: L equals U

D VNLZW LYM YNRM DQYFELVFDNQ NQ ITFFZDQS RMFXNWY. YXNLZW D TM EMGMEEDQS FN FXM GDSXF RTQLTZ?

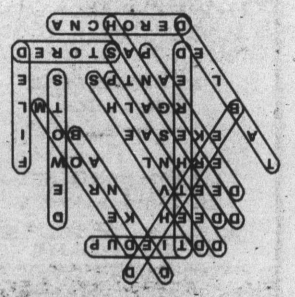
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— King Crossword —
Answers
Solution time: 21 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

I could use some instruction on battling methods. Should I be referring to the fight manual?

# They Were Sailing Along . . . During Quincy Bay Race Week



YOUNG SAILORS representing several local yacht clubs competed in the recent Quincy Bay Race Week. Here Katie Laurie and Patrick Lynch of South Shore Yacht Club head for the finish in the N-10 race.



LIAM HINES of Squantum Yacht Club battles the wind during the Laser Class race.



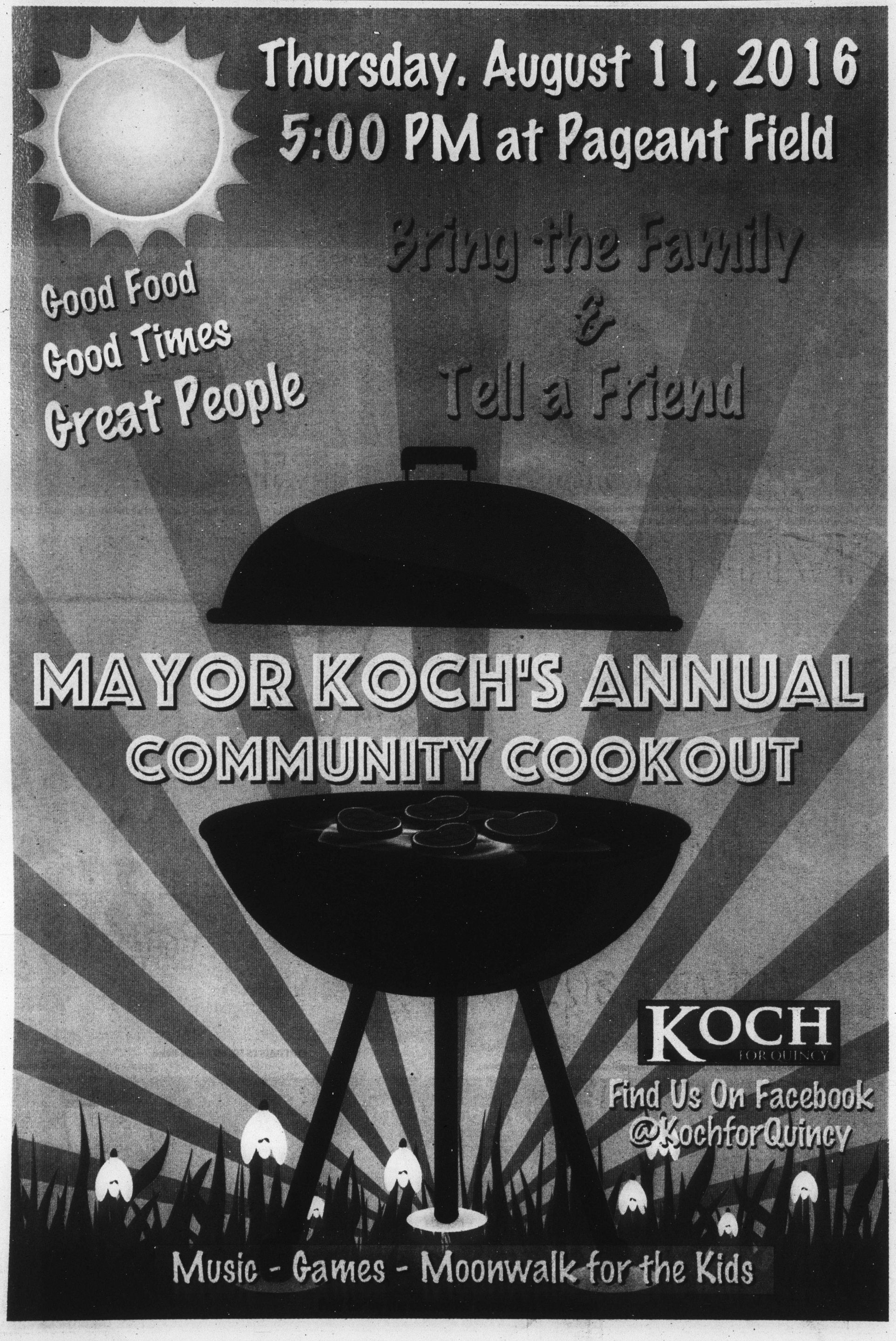
JACKIE SCHNEIDER of Town River Yacht Club guides her Laser during the race.



OPTIMISTS HEAD for the finish.

*Quincy Sun photos/Tom Gorman*




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5:00 PM at Pageant Field
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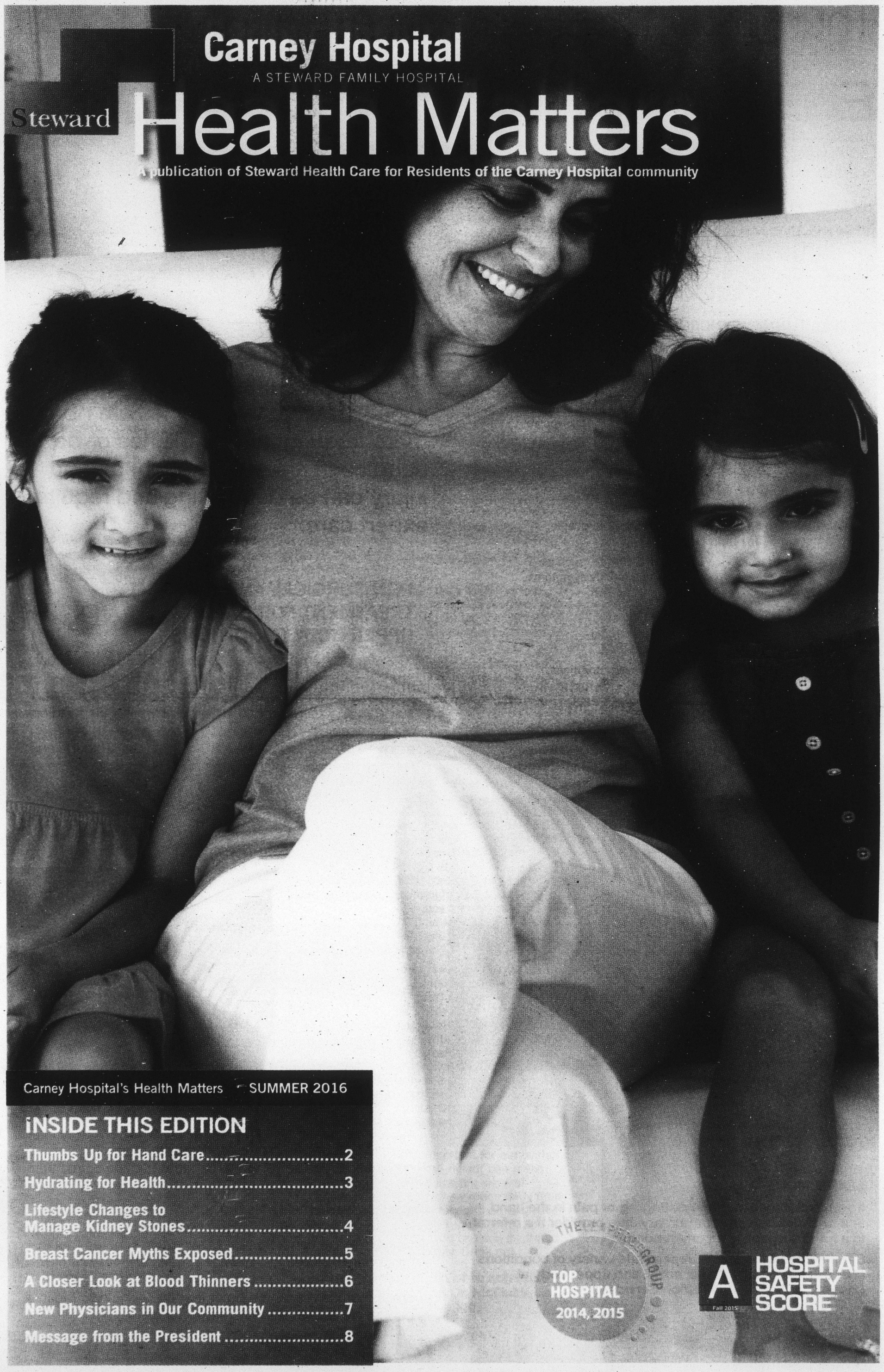
# Carney Hospital

A STEWARD FAMILY HOSPITAL

Steward

# Health Matters

A publication of Steward Health Care for Residents of the Carney Hospital community






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# Thumbs Up for Hand Care

Each time you tie your shoes, shampoo your hair, cook a meal, tap out an email or a text message, or brush your teeth, you're using one of the most important parts of your body: your hands.

Usually, hand or arm movements seamlessly involve the ability of joints to move, tendons to slide, and muscles to contract.

But that's not all. Networks of nerves, from your fingertips to the palm of your hand, to your wrist and forearm, make it possible to experience sensations that help you stay safe ("Ouch, that's hot!"), perform jobs (carve a turkey, grip a hammer), and provide a tender touch to loved ones.

Given the complexity of the hand, it's remarkable that injuries are not more frequent. When injuries or new conditions happen, though, a hand injury can be debilitating and require expert care.



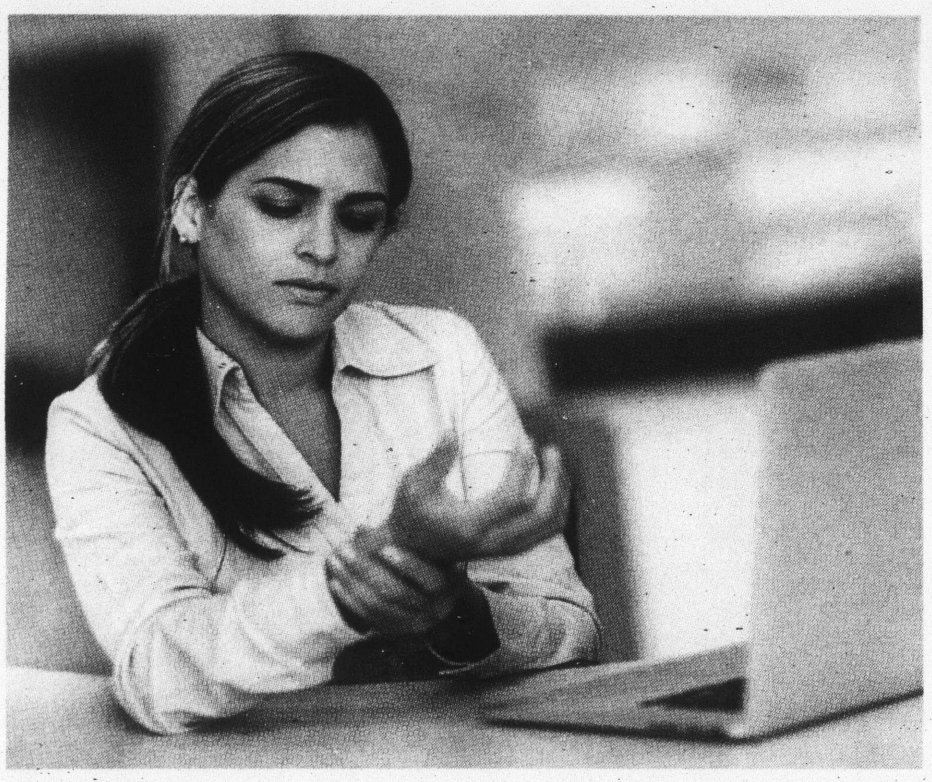
Given the complexity of the hand, it's remarkable that injuries are not more frequent. When injuries or new conditions happen, though, a hand injury can be debilitating and require expert care.

## CARPAL TUNNEL SYNDROME

Carpal tunnel syndrome is one of the most common hand and wrist conditions. It occurs when tissues surrounding the tendons in the wrist swell and put pressure on the median nerve that runs down the middle of the hand and wrist through the carpal tunnel. Normally, surrounding tissue, called the synovium, lubricates the tendons and makes it easier to move the fingers. However, if the synovium swells, the space within the carpal tunnel becomes tighter. Over time, it compresses the nerve. This results in numbness of the fingers and, sometimes, pain.

While there is no single cause for carpal tunnel syndrome, there are several risk factors. Some of these include:

- **Genetics.** Carpal tunnels are smaller in some people, and this trait can run in families.
- **Hand use over time.** Use of tools that vibrate, such as saws or jackhammers, are known to intensify symptoms. Motorcycles can aggravate symptoms as well.
- **Hormonal changes** related to pregnancy.
- **Age.** As with many conditions, carpal tunnel problems occur more frequently with aging.
- **Other medical conditions.** Certain medical conditions, such as diabetes, rheumatoid arthritis or thyroid gland imbalance can be associated with carpal tunnel.
- **Smoking.** Smoking causes reduced blood flow – in this case, to the median nerve in the carpal tunnel.



## LEARN MORE

**If you experience numbness, tingling or pain in the hand, arm or shoulder, ask your primary care provider if a referral to a hand surgeon is recommended.**

**Certified hand therapists treat a wide variety of conditions affecting the hands, wrists, arms, and upper body at Carney Hospital Rehabilitation Services.**

## NON-SURGICAL AND SURGICAL TREATMENT FOR HAND, WRIST AND UPPER BODY CONDITIONS

"Greater Boston is an area that experiences a significant number of hand and wrist injuries," says Raghuveer Muppavarapu, MD, a fellowship trained orthopedic hand surgeon and member of the Carney Hospital Department of Orthopedics. "This incidence is due in part to certain area industries, such as manufacturing, construction and fishing. The nature of these jobs can put people at greater risk for injury."



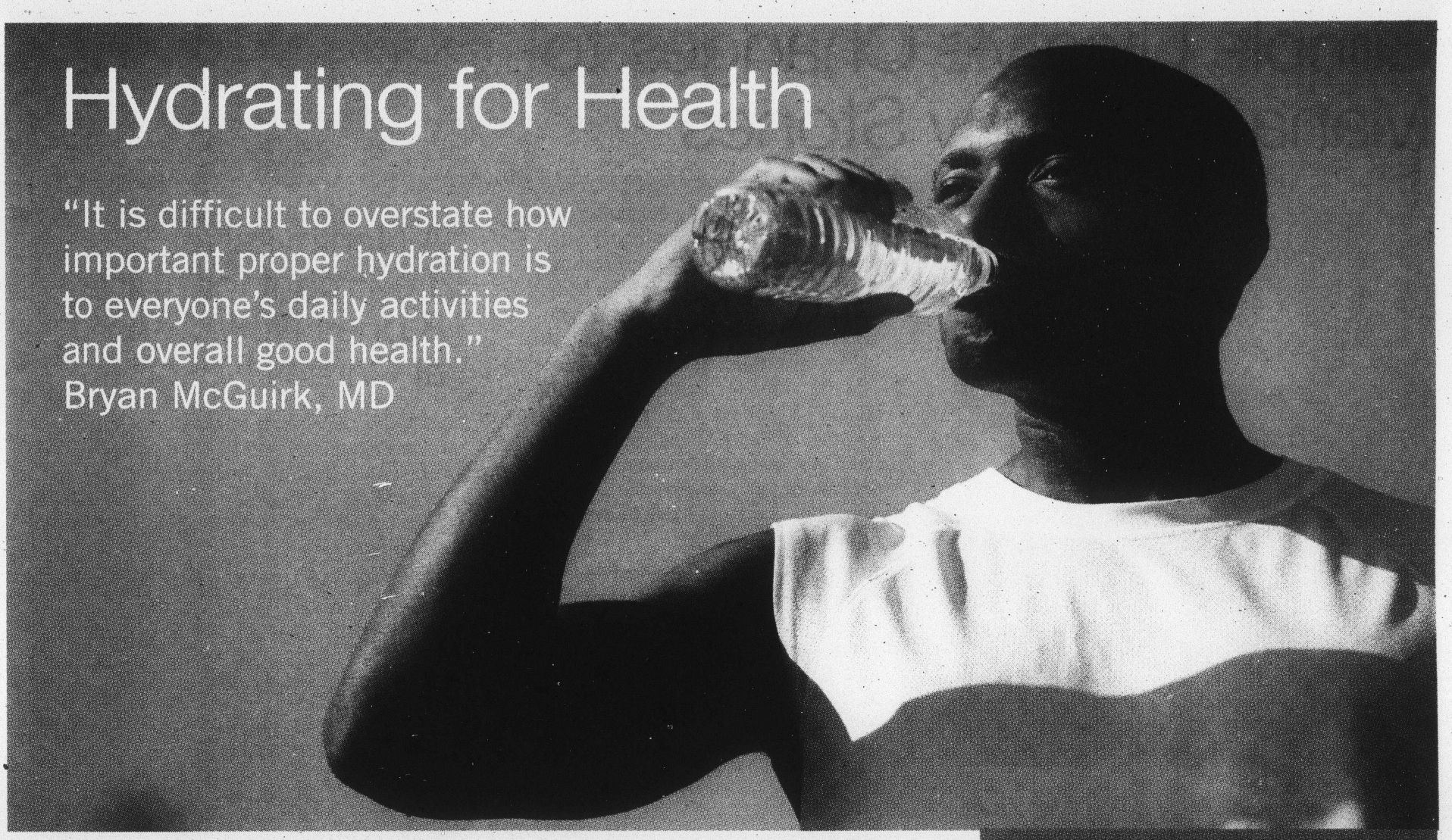
**Raghuveer Muppavarapu, MD**
**Carney Hospital orthopedic hand surgeon**

Fortunately, there are both non-surgical and surgical solutions for carpal tunnel syndrome, as well as other hand and upper extremity conditions.

"Specialized therapy can be very beneficial for injuries affecting the hands, wrists and the upper extremity," says Dr. Muppavarapu. "For carpal tunnel syndrome, a wrist brace worn during sleep, and taking vitamin B6 supplements or simple anti-inflammatory medications are some of the conservative measures that can help."

If conservative measures are not effective and surgery is needed, a minimally invasive procedure called carpal tunnel release can help. Dr. Muppavarapu notes that this procedure requires just a small incision and three stitches. Best of all, he says, "Patients can move their fingers, dress themselves, and type or text the same day. Most people are able to return to work quickly."

# Hydrating for Health



"It is difficult to overstate how important proper hydration is to everyone's daily activities and overall good health."
Bryan McGuirk, MD

Water is essential to health and survival. The human body is made of more than 60 percent water, so it is important that we stay well hydrated. Just a 2 percent water loss from dehydration decreases mental and metabolic function and increases our risk for infection.

"It is difficult to overstate how important proper hydration is to everyone's daily activities and overall good health," says Bryan McGuirk, MD a primary care physician and faculty member with the Carney Hospital Internal Medicine Residency Program. "And of course, during the warmer summer months when we tend to be outside and more physically active, drinking enough water becomes even more important."

Fluid needs to be consumed daily to replenish stores lost from excretion. Common dehydration signs include midday fatigue and headache. Chances are, if you're feeling tired in the afternoon, you may need some water.



**Bryan McGuirk, MD**
**Carney Hospital primary care physician**

## Tips to Keep Hydrated

- **Carry around a water bottle**
- **Eat a variety of fruits and vegetables**
- **Drink a glass of water in the afternoon when you're feeling hungry**
- **Drink a glass of water or low calorie beverage before and after your meal**
- **Encourage elderly adults to drink more often and with a variety of beverages**
- **Drink extra fluids in hot weather and in high or dry climates**

## HOW MUCH?

We lose body water every day through breathing, sweating, urination and bowel movements. While there is no proven scientific measure of fluid needs for adequate hydration, there are a few methods and recommendations. The Academy of Nutrition and Dietetics recommends 25-35 ml per kg (11-16 ml per lbs) of body weight. For example, a 140 pound woman would require about 1.5-2.2 liters (6.5-9 cups) per day. The Institute of Medicine recommends beverage intake of roughly 12.5 cups per day for men and 9 cups for women. Of course, individual fluid requirements also depend on overall health status, age, climate zone and activity level.

There are some easy ways to know if you are well hydrated. The thirst sensation produces the desire to drink, and will indicate that there is a deficit in body water. An exception here lies with older adults whose thirst sensation decreases with age. Elderly adults are more prone to dehydration. Urine color can also signify hydration status. A dark yellow color usually is a sign of dehydration, while light, straw-colored urine indicates adequate fluid intake. Of note, some medications, vitamins and nutrients can alter urine color.

Proper hydration is important for our overall health, and just a small deficit can make us feel unwell. Recognize the signs of dehydration, and learn how much daily fluid your body needs. A variety of fluid and food counts toward the daily requirement, and with a few strategies, you can stay hydrated throughout the entire day. Drink up!

**For more information or to schedule an appointment with Dr. McGuirk, please call 617-506-4900.**

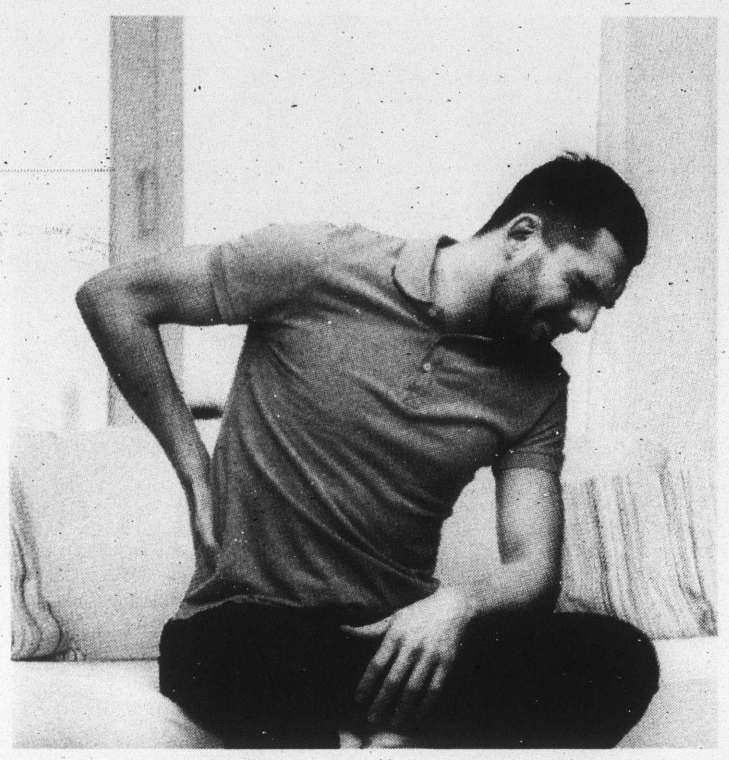
## Eating Healthy on the Run

Feel like you need more hours in the day? For most of us, our busy schedule does not allow for time to relax and enjoy every meal. Here are four tips for how you can maintain a healthy diet, even with a hectic schedule.

1. **Plan for the unexpected.** Let's face it, fast food is inexpensive, quick and can be tasty. Unfortunately, many fast foods are high in fat, sugar, sodium and overall calories. Pre-packaged, nonperishable foods like peanuts, trail mix, dried fruit, granola bars and whole-grain crackers are easy and convenient to carry.
2. **Plan ahead for breakfast.** Breakfast is indeed the most important meal of the day, and for many, the most skipped meal. Eating a healthy breakfast increases metabolism and curbs in-between meal cravings for not-so-healthy foods.
3. **Need to stop for a quick bite to eat?** Instead of pulling into the drive-through for a burger and fries, try the prepared foods section at a grocery store. The deli has pre-made sandwiches, prepared side salads and fresh fruits and vegetables that can be taken to go. You will get a variety of healthy choices, and reduce your impulse to buy fried foods.
4. **Making Fast Food Work.** Eating at a fast food restaurant can work too, as there are plenty of reasonable nutrition choices. Stick to the healthy, lower calorie menu items, and drink water with your meal. If you're craving a burger, watch the portion size and opt for the kid's meal. Even better, choose fruit or veggies as sides.



# Simple Lifestyle Changes to Manage Kidney Stones



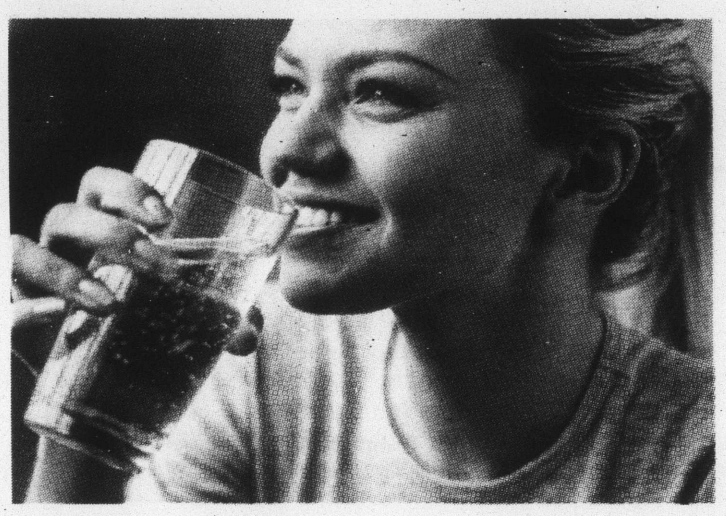
Kidney stones are deceiving as they may be small in size but oftentimes cause excruciating pain when passed through the body. Ask anyone who has experienced an episode of passing one. Out of all the kidney disorders, kidney stones are one of the most common and painful. About 10 percent of people will develop a kidney stone at some point in their lives. For many, stones become a chronic problem and people who get one stone are more likely to develop others.

But, did you know your lifestyle plays an active role in the treatment of kidney stones? By making some simple lifestyle changes you may be able to reduce your risk of developing another kidney stone. Drinking plenty of fluids and watching your diet are key components to managing kidney stones.

**Your lifestyle plays an active role in the treatment of kidney stones. By making some simple lifestyle changes you may be able to reduce your risk of developing another kidney stone.**

## FLUID INTAKE

One of the goals of kidney stone treatment is to keep your urine as dilute as possible. This helps to keep the substances that could potentially form a kidney stone, such as calcium and oxalate, move quickly through the urinary tract. Try to drink at least two liters of fluid a day. A good gauge of whether or not you are drinking enough fluids is urine color. Except for the first thing in the morning, it should be pale in color. If your urine is dark yellow, that's an indication that you should drink more fluids.



## CHANGING YOUR DIET

Whether or not diet can help you avoid another kidney stone depends on what kind of stone you had and what caused it to form in the first place. If your stone was made up of calcium oxalate, calcium phosphate, or uric acid, what you eat or don't eat can help prevent a recurrence.

**Nutrients to consider include:**

- Reduce your intake of dietary sodium. Some of these include:
  - Lunch meats and cured meats like ham, sausage, and bacon
  - Salted snacks
  - Prepared salad dressings, mustard, ketchup, soy sauce and barbecue sauce
  - Pickled foods and olives
  - Canned soup and bouillon
- Reduce your intake of animal protein, which includes meat, poultry, fish and eggs
- Maintain proper calcium intake from food or calcium supplements

If your kidney stones contained calcium oxalate, you may also need to avoid certain plant foods that bind with calcium and other minerals. If your body is not absorbing and using calcium correctly, you could end up with too much oxalate in your urine.

You can reduce the level of oxalate in your system by avoiding these foods:

- Spinach
- Rhubarb
- Strawberries
- Chocolate
- Wheat bran
- Nuts
- Beets
- Brewed tea

Before making any of these changes with your fluid intake or changing your diet, talk with your doctor or a registered dietitian.

*Source: National Kidney Foundation, www.kidney.org

*Source: ESBCO Publishing

## A Noninvasive Treatment for Kidney Stones Now Offered at Carney Hospital

For patients suffering from kidney stones, Carney Hospital now offers lithotripsy, a nonsurgical treatment that uses high-energy shock waves to break kidney stones into tiny pieces. These pieces are then easily passed with urine.

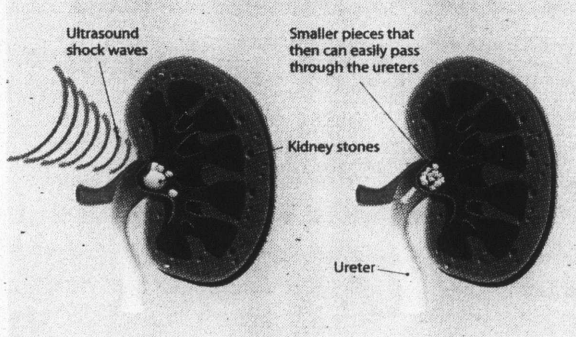
Carney Hospital Urologist, Abdulrahman Babeir, MD works alongside highly skilled technologists to perform this procedure, which uses the latest technology available.



**Abdulrahman Babeir, MD**
**Carney Hospital urologist**

The benefits to patients who have lithotripsy include:

- Lower complication rates
- Greater success rates in breaking up the kidney stone
- Reduced procedure time
- Shorter recovery period




The size and location of the kidney stone will determine what type of treatment option is best for a patient.

**To learn more about Carney's urology services or to schedule an appointment with Dr. Babeir, call 617-506-4925.**

# Breast Cancer Myths Exposed



"I find it helpful to my patients for me to address every concern – no matter how unfounded in fact they may be – so we can move on to the heart of the matter, which is getting her on a path to treatment and recovery."

**Jan Rothschild, MD, FACS,**
**Carney Hospital Breast Surgeon**

Successful diagnosis and treatment of breast cancer, as with any disease, rely on patients receiving accurate information in a timely manner. Unfortunately, that is not the case for many women.

"Often the first appointment with a new patient is devoted to dispelling myths," says Jan Rothschild, MD, FACS, a breast surgeon at Carney Hospital. "There is usually a well-meaning relative who shared an article on social media or the patient is in a panic over tabloid reports. These myths and half-truths around breast health can impede the process of getting a patient the care they need."

Dr. Rothschild shares the following most common myths she encounters daily, and offers explanations to each one.

## MYTH: If It's a Lump, It's Cancer!

The texture and landscape of the breast will vary from woman to woman, and some breasts are "lumpy" feeling, but this bumpy tissue is normal and very different from a traditional lump that may develop – and neither is necessarily indicative of breast cancer. While the development of a lump is often what will alert us to a change in breast health, the lump itself may be the symptom of a benign condition, and breast cancer can present without the detection of a lump at all.



Women should report any changes to the breast, including pain in the breast or nipple, irritation, swelling, dimpling, thickening of the skin, redness, discharge other than breast milk, scaliness, or tne turning in of the nipple. Breast cancer can also begin to swell in underarm lymph nodes before a tumor is felt. In addition, a mammogram may pick up breast cancer that has no outward symptoms at all.

## MYTH: Antiperspirant Causes Cancer

Simply put, no, it does not. There are no conclusive studies in medical journals that link breast cancer to antiperspirant use, and very little scientific evidence to support this claim. In response to this particular myth, a study was conducted and researchers found no link between breast cancer risk and the use of antiperspirants or deodorants.

It is possible this myth began because of the trace amounts of aluminum and parabens found in many products. However, aluminum is not absorbed through the skin, and while some parabens have been found in cancerous cells, they have not been shown to be a cause of cancer. Further studies indicate that 99 percent of the U.S. population show some form of a paraben in tested urine.

## MYTH: Cancer Likes Big Breasts

Cancer has no preference when it comes to breast size, which is evident when men are diagnosed. All breasts are candidates and risk does not increase with size. Larger breasts can be harder to examine, but all women need to conduct self-exams, schedule routine screenings, and discuss all breast changes during visits with both their primary care physician and OB/GYN.

## MYTH: Radiation in Mammograms Cause Cancer

While it is true that radiation is used in mammography, the amount is so small that any associated risks are tiny when compared to the huge preventive benefits reaped from the test. Mammograms can detect lumps well before they can be felt or otherwise noticed, and the earlier that lumps are caught, the better one's chances for survival.

"A diagnosis of breast cancer can be devastating to any woman, and she will have many questions and concerns ranging from How? and Why? to What Now?," continues Dr. Rothschild. "I find it helpful to my patients for me to address every concern – no matter how unfounded in fact they may be – so we can move on to the heart of the matter, which is getting her on a path to treatment and recovery."

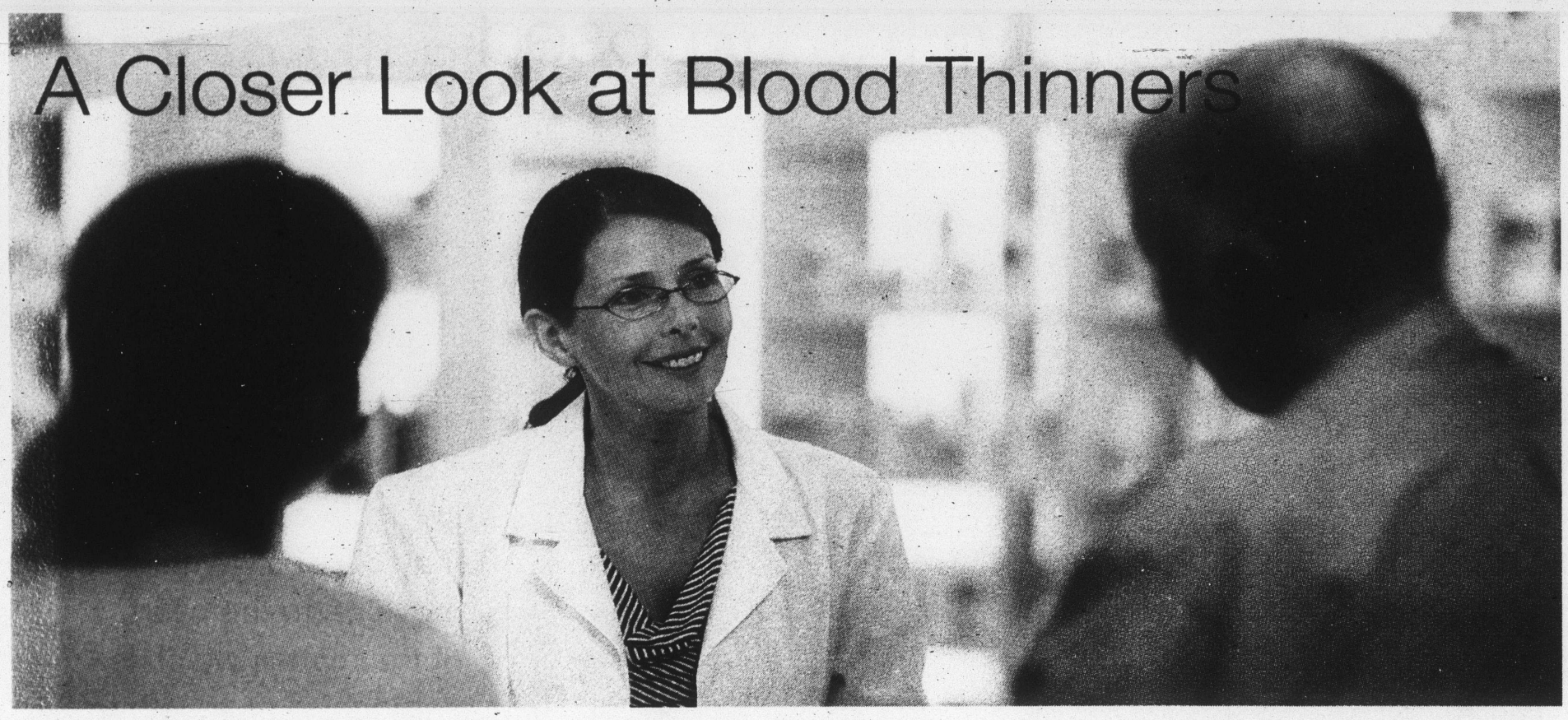
Carney Hospital's Women's Imaging Center offers women an easily accessible facility utilizing innovative digital mammography and ultrasound technologies, including sterotactic biopsy, ultrasound-guided biopsy, and bone density scans to provide the full spectrum of imaging services.

Every October, the Women's Imaging Center recognizes Breast Cancer Awareness Month with a Chocolates and Roses Mammography party designed to encourage routine mammogram screening in a relaxing and pampering environment.

**To learn more, or to schedule an appointment with Dr. Rothschild, call 617-506-4970.**

*Source: American Cancer Society, www.cancer.org/cancer/breastcancer/

# A Closer Look at Blood Thinners



If you have risk factors for heart attack or stroke, or you suffer from other heart conditions, your physician may prescribe a blood-thinning medicine. When used correctly, blood thinners are an effective way to prevent blood clots.

"It's important to take any medication correctly. However, when it comes to blood-thinning medications like Coumadin or Pradaxa, patients should pay special attention, in order to prevent complications such as life-threatening bleeding or new blood clots," says Umar Shakur, DO, a cardiologist at the Carney Hospital. "By learning about blood thinners and their possible side effects, you'll be better prepared to seek immediate medical attention if needed."

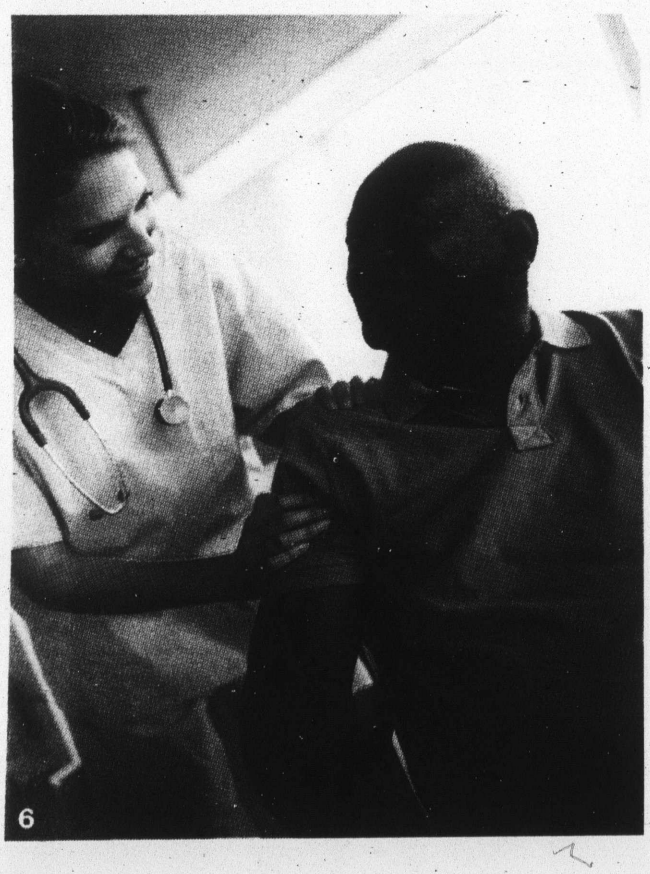
## What Are Blood Thinners?

Blood thinners generally fall into two categories:

**Anticoagulants** help prevent blood from clotting and can prevent existing clots from growing larger. Common anticoagulants include heparin and warfarin (sometimes called Coumadin).To prevent potentially harmful drug interactions, check with your doctor about any other medications you take or are thinking about taking, such as other prescription drugs, over-the-counter medicines, vitamins and herbal remedies. Diets high in vitamin K can also decrease the effectiveness of some blood thinners, such as warfarin, so be sure to discuss your diet with your doctor.

**Anti-platelets** prevent blood cells called platelets from coming together to form a clot. A common anti-platelet is aspirin. Even though you don't need a prescription to get aspirin, it's still important to use it as directed.

Note: Anti-coagulants and anti-platelets should NOT be used together, unless directed by your physician.



## When to Seek Medical Attention

When using blood thinners, some people may experience hair loss or skin rashes, but this is rare. The most common side effect of blood thinners is bleeding. Contact your physician immediately if you experience any of the following signs of serious bleeding:

- Menstrual bleeding that is much heavier than normal.
- Red or brown urine.
- Bowel movements that are red or look like tar.
- Bleeding from the gums or nose that does not stop quickly.
- Vomit that is brown or bright red.
- Coughing that produces anything red.
- Severe pain, such as a headache or a stomachache.
- Unusual bruising.
- A cut that does not stop bleeding.
- A serious fall or bump on the head.
- Dizziness or weakness.

Be aware that by keeping your physician informed about any medications you're taking and by using them correctly, you can drastically minimize your chances of experiencing harmful side effects.

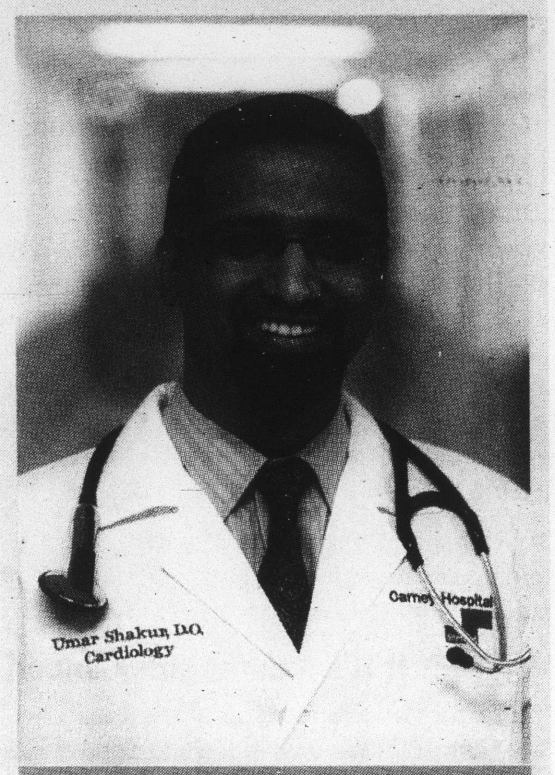
## We Can Help

**If you are using blood thinners, you will likely need regular blood testing to help your physician determine whether the drugs are working properly. The Carney Hospital Anti-Coagulation Clinic offers fast and convenient appointments, so you can get on with life.**

**Call 617-296-4000 or visit www.CarneyHospital.org today to schedule your next blood test.**

**If you have more questions or would like to schedule an appointment with Dr. Shakur, you may contact the Carney Hospital Cardiology Clinic at 617-296-4012, ext. 5114.**

**"It's important to take any medication correctly. However, when it comes to blood-thinning medications like Coumadin or Pradaxa, patients**

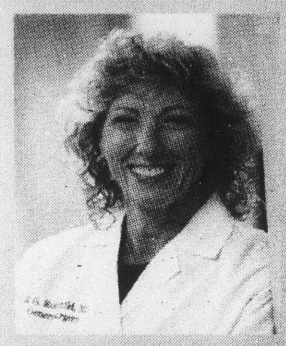



**Umar Shakur, DO**
**Carney Hospital cardiologist**

**should pay special attention, in order to prevent complications such as life-threatening bleeding or new blood clots. By learning about blood thinners and their possible side effects, you'll be better prepared to seek immediate medical attention if needed."**

# New Physicians Caring for Our Community

### Jan Rothschild, MD, FACS
***Breast Surgeon***

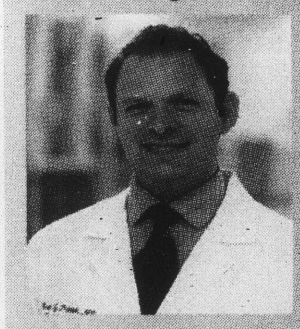


**Office Location:** Carney Hospital, Seton Medical Office Building, Suite 101, 2110 Dorchester Ave., Dorchester, MA
**Phone:** 617-506-4970
**Fax:** 617-474-3820
**Board Certification:** General Surgery

**Clinical Interests:** Breast cancer, Breast conservation therapy, Oncoplastic surgery, Risk reduction surgery

**Other Languages:** French, Hebrew and Spanish

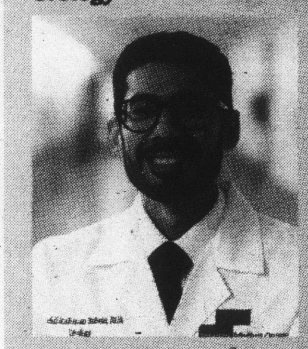
### Scott Prushik, MD.
***Vascular Surgeon***



**Office Location:** Carney Hospital, Seton Medical Office Building, Suite 206, 2110 Dorchester Ave., Dorchester, MA
**Phone:** 617-506-4709
**Fax:** 617-296-1379
**Board Certification:** American Board of Surgery

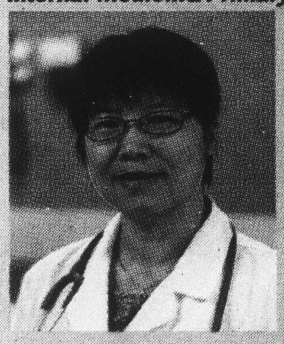
**Clinical Interests:** Endovascular surgery, Peripheral bypass surgery, Dialysis access, Upper/lower extremity bypass, Carotid surgery and Abdominal aortic aneurysm surgery

### Abdulrahman Babeir, MD
***Urology***



**Office Location:** Carney Hospital Urology, 2100 Dorchester Ave., Basement Level Dorchester, MA
**Phone:** 617-506-4925
**Fax:** 617-474-3821
**Clinical Interests:** BPH, Urinary stones, Genitourinary malignancy, Robotic and laparoscopic surgery.

### Xinping Ren, MD
***Internal Medicine/Primary Care***



**Office Location:** Carney Hospital Primary Care and Family Medicine Center, Seton Medical Office Building, Suite 101 2110 Dorchester Ave., Dorchester, MA
**Phone:** 617-506-4970
**Fax:** 617-474-3820
**Board Certification:** American Board of Internal Medicine

**Clinical Interests:** Adult internal medicine, Wellness and preventive medicine, Care for the elderly and Women's health

**Other Languages:** Chinese (Mandarin)

### Pamela Gordon, MD
***Internal Medicine/Primary Care***



**Office Location:** Carney Hospital Primary Care and Family Medicine Center, Seton Medical Office Building, Suite 101, 2110 Dorchester Ave., Dorchester, MA
**Phone:** 617-506-4970
**Fax:** 617-474-3820
**Board Certification:** American Board of Internal Medicine

**Areas of Special Interest:** Internal medicine, Primary care

### Archana Agarwal, MD
***Internal Medicine/Primary Care***

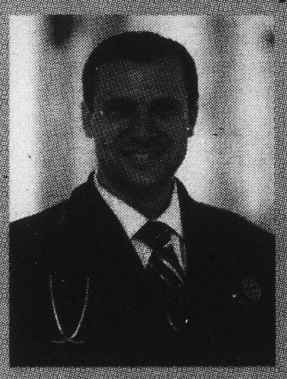


**Office Location:** SMG Ambulatory Care Center at Carney Hospital, 2100 Dorchester Ave., 3rd Floor, Dorchester, MA 02124
**Phone:** 617-506-4900
**Fax:** 617-474-3823
**Board Certification:** American Board of Internal Medicine

**Clinical Interests:** Menopause, Cancer screening, Arthritis, Anemia and other blood disorders

**Other languages:** Hindi, Urdu, Nepali, Bengali

### Bryan McGuirk, MD
***Internal Medicine/Primary Care***



**Office Location:** SMG Ambulatory Care Center at Carney Hospital , 2100 Dorchester Avenue, 3rd Floor, Dorchester, MA 02124
**Phone:** 617-506-4900
**Fax:** 617-474-3823
**Board Certification:** American Board of Internal Medicine

**Clinical Interests:** Preventive Medicine, Men's Health, Treatment of Common Primary Medical Conditions, Medical Education

### Rahguveer Muppavarapu, MD
***Orthopedics***



**Office Location:** Carney Hospital Orthopedics Clinic, 2100 Dorchester Ave., Basement Level Dorchester, MA 02124
**Phone:** 617-506-4930
**Fax:** 617-474-3821
**Clinical Interests:** Carpal tunnel syndrome, trigger finger, joint replacement, general orthopedic fractures and care


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## Carney Hospital Welcomes Two New Members to the Leadership Team



### Chile Ahaghotu, MD, MBA, MHL, FACS
Chief Medical Officer

Dr. Ahaghotu joins Carney Hospital from Howard University in Washington, D.C., where he served as the Dr. R. Frank Jones Endowed Professor & Chair of Urology. Dr. Ahaghotu also served as the Associate Dean for Clinical Affairs in the College of Medicine and Chief of Urological Services at Howard University Hospital.

Dr. Ahaghotu has held several leadership roles, including President of the Howard University Hospital Medical and Dental Staff, Chairman of the Howard University Faculty Practice Plan Physician Advisory Council, President of the Washington Urologic Society, Chair of the Urology Section of the National Medical Association and President of the R. Frank Jones Urologic Society. He is an invited participant in the Institute of Medicine Best Practices Innovation Collaborative and served two terms on CMS's Practicing Physicians' Advisory Council (PPAC).

Dr. Ahaghotu received his medical degree at the University of Nigeria and completed his urological residency at the University of Iowa Hospital and Clinics. He also completed an American Cancer Society fellowship in Urologic Oncology while in Iowa. He holds a Master of Business Administration from Howard University and a Master of Health Care Leadership from Brown University.

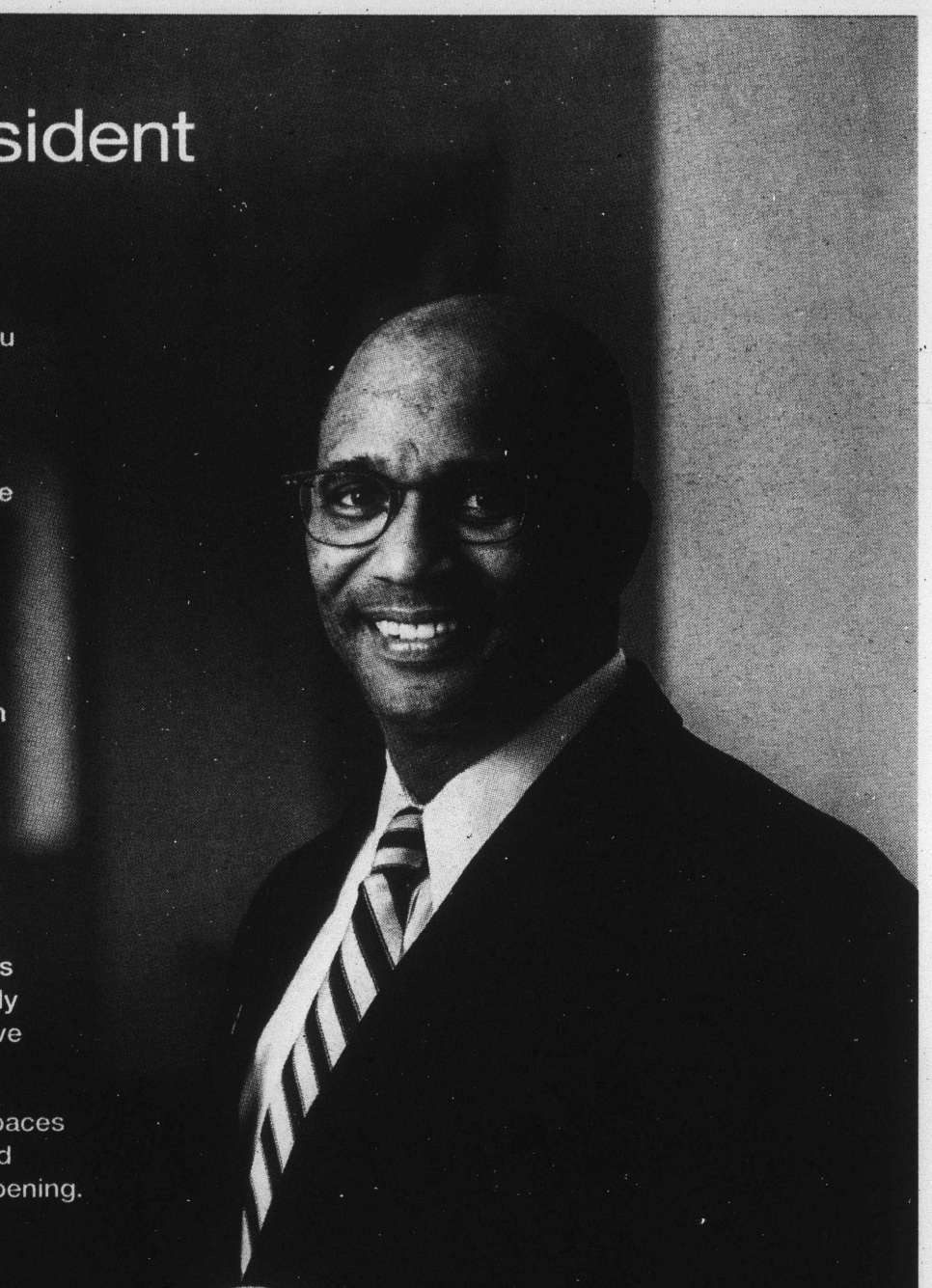


### Karen Ahearn, RN, MPA, NEA-BC
Chief Operating Officer/Chief Nursing Officer

An experienced nursing leader and hospital executive, Karen Ahearn joins Carney Hospital from Community Medical Center/Barnabas Health System, a 600 bed community hospital in Toms River, New Jersey, where she served as the chief nursing officer. Ahearn's experience also includes having served as the director of Women and Children's Services with Saint Barnabas Medical Center in Livingston, New Jersey, as well as the director of Nursing with Saint Michael's Medical Center in Newark, New Jersey, among other leadership posts.

She holds a MPA in Healthcare Management from Kean University in Union, New Jersey and earned her BSN with honors from St. Peter's College in Jersey City, New Jersey.

# A Message from the President



## Dear Neighbor,

We are pleased to bring you the second edition of *Health Matters*, which features information about current health issues we hope you and your family find valuable.

This edition also introduces you to several of the outstanding new physicians who have joined the Carney Hospital Medical Staff, expanding our ability to provide topflight primary and specialty care right here in our community. Over the past year, Carney Hospital has added nearly one hundred very fine physicians to our staff, in disciplines ranging from ear nose and throat and orthopedics to gastroenterology and breast surgery.

I am especially proud to share that, for the second consecutive year, Carney Hospital has received the "Top Hospital" designation for quality and safety from the Leapfrog Group, making Carney just one of ninety-eight hospitals in the United States to earn this significant distinction.

I can also report progress on the expansion of our Emergency Department (ED) continues to move forward. When finished, the project will add eleven new private rooms to the ED, offering our patients more space and comfort, while improving the department's workflow and efficiency. We expect to have the construction entirely complete before the end of August, but we have already opened five of the new rooms and a new nursing station.

We also continue to make improvements to the hospital's public spaces and clinic offices, as well as our landscaping. If you have not visited Carney Hospital recently, I invite you to stop by to see what is happening.

Sincerely,

Walter J. Ramos, J.D.
President

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Carney Hospital

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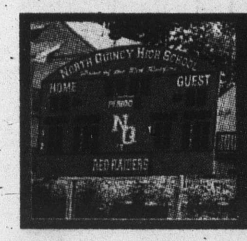
Steward

# WELCOME!

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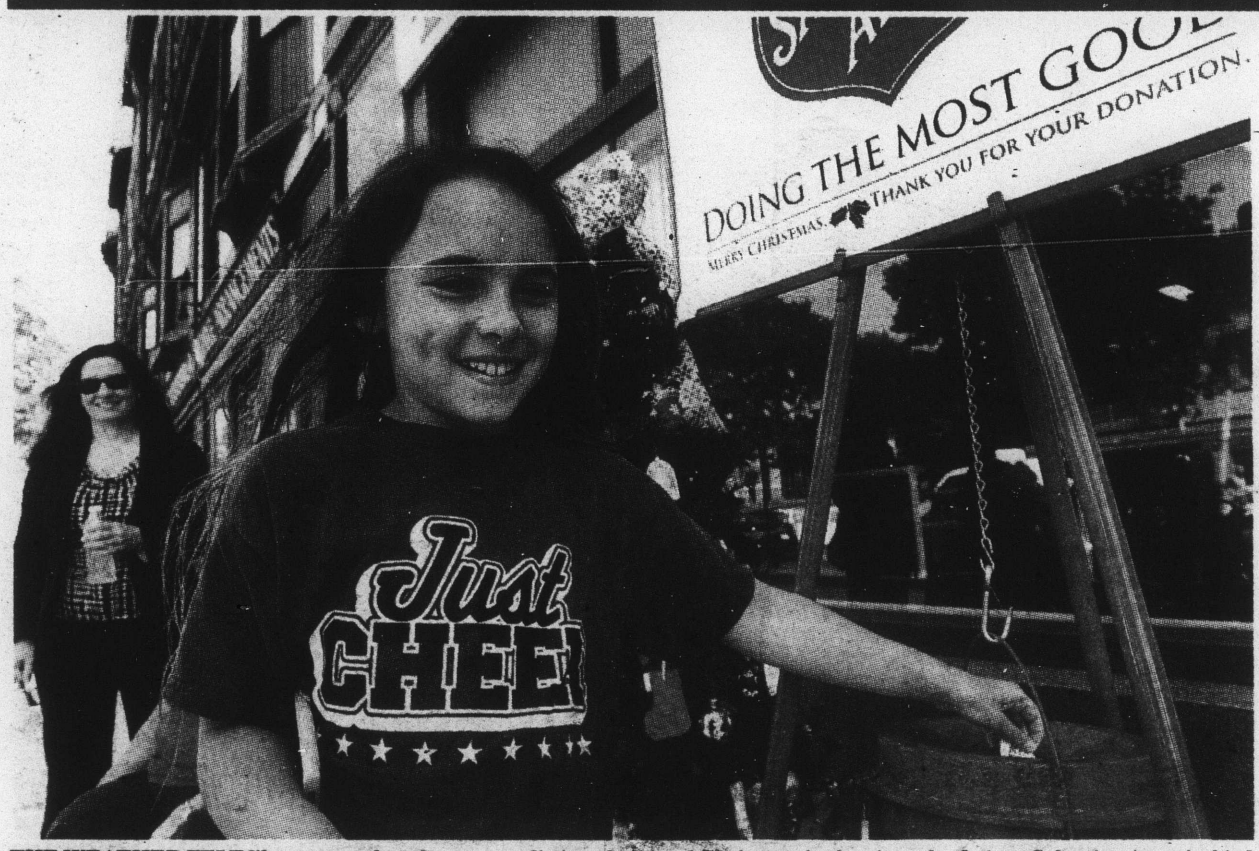
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New Quincy Choral Society Music Director - *Page 6*
Quincy U14 Travel Team Champions - *Page 18*



# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 47 Thursday, August 11, 2016 75¢




**THE WEATHER FELT like summer but there was a distinct feeling of Christmas in the air at the Quincy Salvation Army's third annual "Christmas in July" fundraiser July 28 outside the Quincy Sun newspaper office, 1372 Hancock St., Quincy. Many folks stopped by to help fill the red kettle during the event that also featured a Christmas tree decoration, holiday music and a visit by Santa Claus. Among those donating to the cause were 12-year-old Samantha Morrissey (above) and Liam Butler, age 5 (below). More photos on Pages 16 and 17.** *Quincy Sun Photos/Robert Bosworth*



# Permanent Signs At QC Crosswalks

**By SCOTT JACKSON**

The city will be installing permanent signage on the two HAWK beacons in Quincy Center to clear up potential confusion for motorists.

The HAWK (an acronym for high-intensity activated crosswalk) beacons were installed on Hancock Street and went online June 24 when the city closed the

*Cont'd On Page 13*




**PERMANENT SIGNAGE similar to the sign above will be installed next to the two HAWK beacons at two pedestrian crosswalks in Quincy Center to help educate motorists on the "red" and "flashing red" sequencing.** *Photo Courtesy City of Quincy*

# It's 'Hancock Adams Green' - Most Likely

## *Name For New Quincy Park*

**By SCOTT JACKSON**

Mayor Thomas Koch has a new name for the planned public park that will connect City Hall with the United First Parish Church: Hancock Adams Green.

The park, when first proposed, was known as Adams Green. Later, the mayor said he hoped to honor John Hancock's legacy in the name of the new park, and it appeared Adams Hancock Green would be the choice. Other variations, such as Adams Hancock Common, have appeared in renderings and promotional materials.

Koch, in a recent interview, said Hancock Adams Green is now the likely name.

*Cont'd On Page 11*

# New Middle School Could Have Different Name

**By SCOTT JACKSON**

When the city's newest middle school opens in 2019, it might have a different name than the facility it will replace.

Construction of the new, 95,000 square foot building – set to replace the 89-year-old Reay E. Sterling Middle School – could begin as soon as May or June of next year and the facility could be ready for use as early as January 2019.

Mayor Thomas Koch, in a recent interview, said he plans to ask the School Committee to consider naming the new building the South Middle School. The mayor also discussed other items in his latest capital improvement plan – including a potential new West Quincy elementary school and changes to Merrymount Park.

Before being renamed in honor of Sterling, a longtime principal there, the current school on site was formerly the South Junior High School. Koch, who is the chairman of the school board as mayor, said he would prefer returning to the original name because it represents the neighborhood in which it is located.

*Cont'd On Page 12*

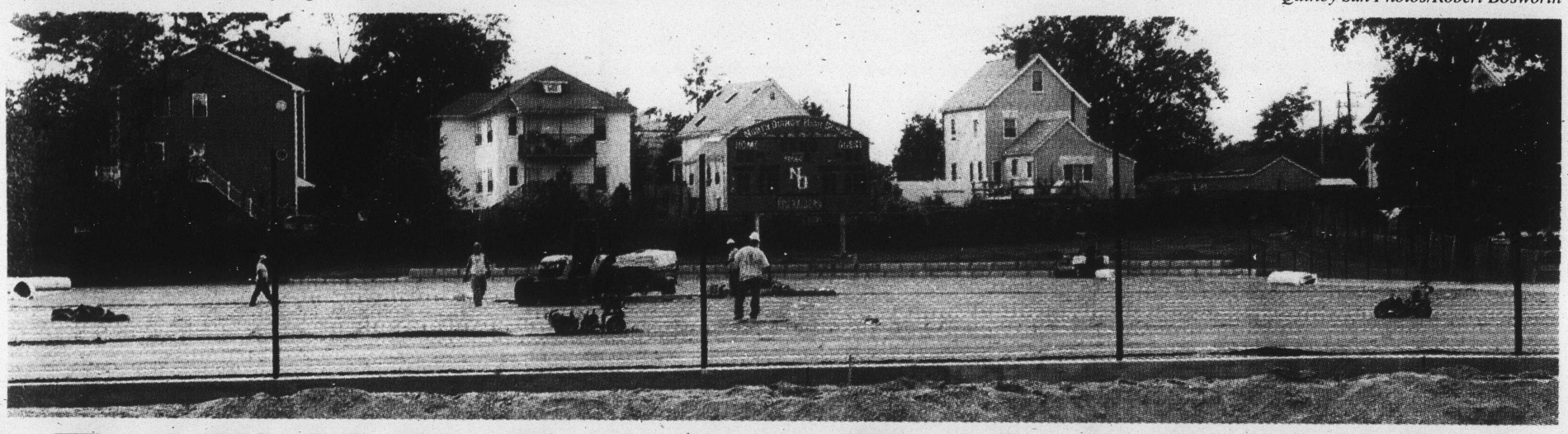
Rabies: Symptoms, Transmission, Diagnosis - *Page 9*
Students' Art Spreads Positive Messages - *Page 14*
Real Estate Sales, Mortgage Financing Down - *Page 22*

More Quincy news:
The Quincy Sun.com



**FIELD TURF is being put down at the expanded Teel Field on Hunt Street across from North Quincy High School. The field is expected to be ready sometime in September, said Mayor Thomas Koch. Besides field turf, the renovation and expansion will include grandstands, public address and lighting system and a scoreboard as well as a 150-car parking lot that should be ready in October. The above photos shows the proximity of the field to North Quincy High School visible in the background. The middle photo was taken from Newbury Avenue. The bottom photo shows the new scoreboard for North Quincy High School - 'Home of the Red Raiders.'**

*Quincy Sun Photos/Robert Bosworth*



# Teel Field Stadium Seen Ready In September

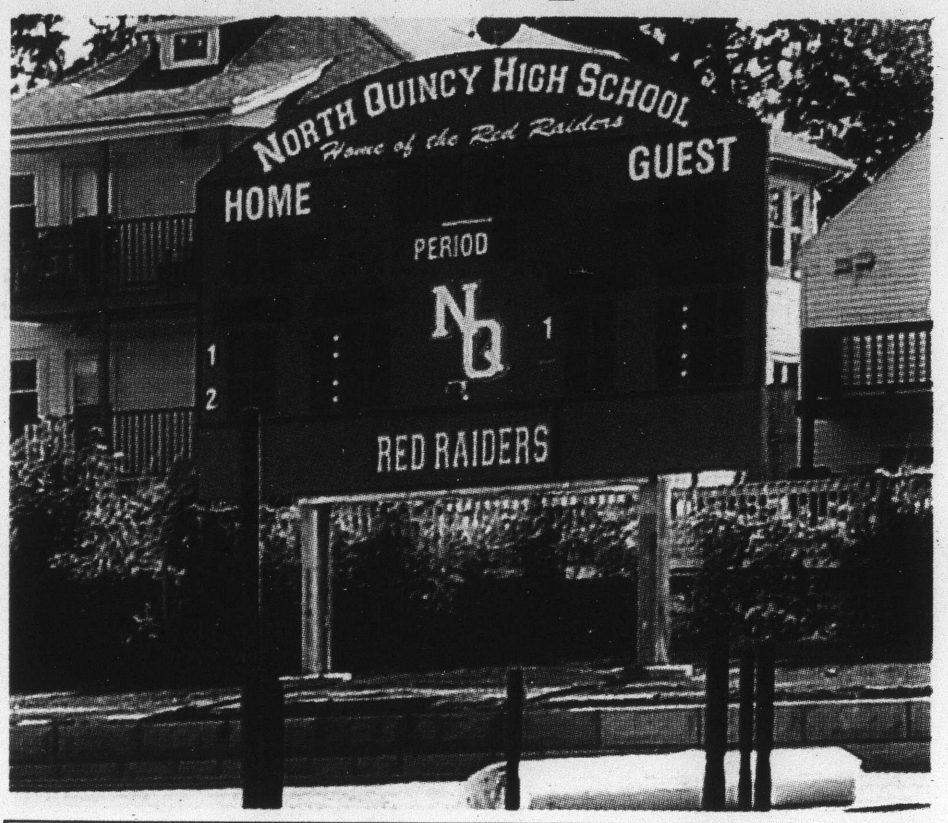
**By SCOTT JACKSON**

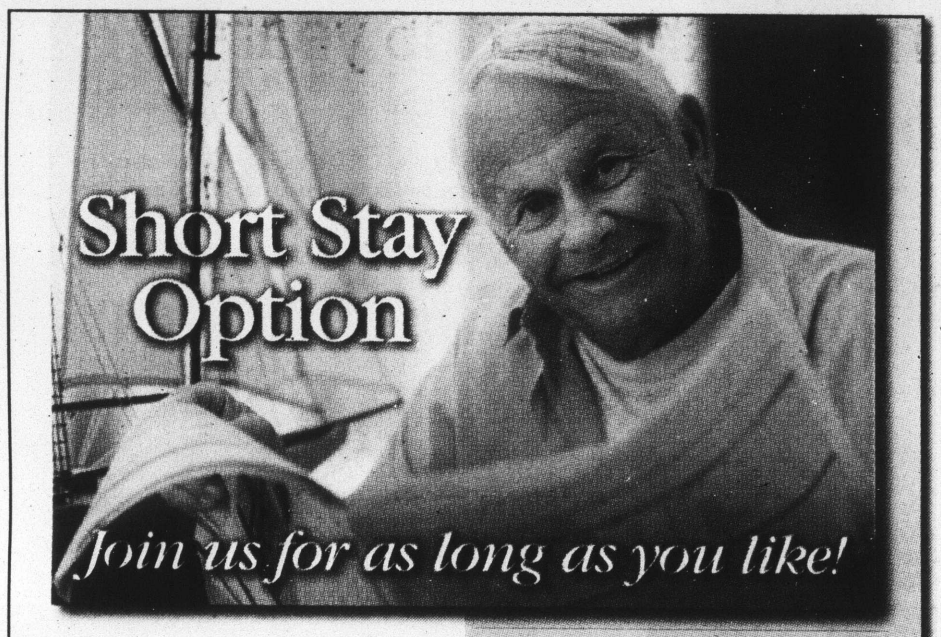
Athletes at North Quincy High will be able to practice and play in a new stadium steps away from their school beginning this fall.

Mayor Thomas Koch said teams could begin practicing on site by September. The stadium at Teel Field on Hunt Street – which includes the construction of grandstands with rooms for 350 spectators, a building with concessions and restrooms, a new scoreboard, and public address and lighting systems – and a 150-car parking lot would be completely finished by mid to late October.

"The field is going to be finished probably within a

*Cont'd On Page 10*




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THURSDAY, SEPTEMBER 8TH 5-7PM

# Fore River Bridge Span Installed This Summer

By SCOTT JACKSON

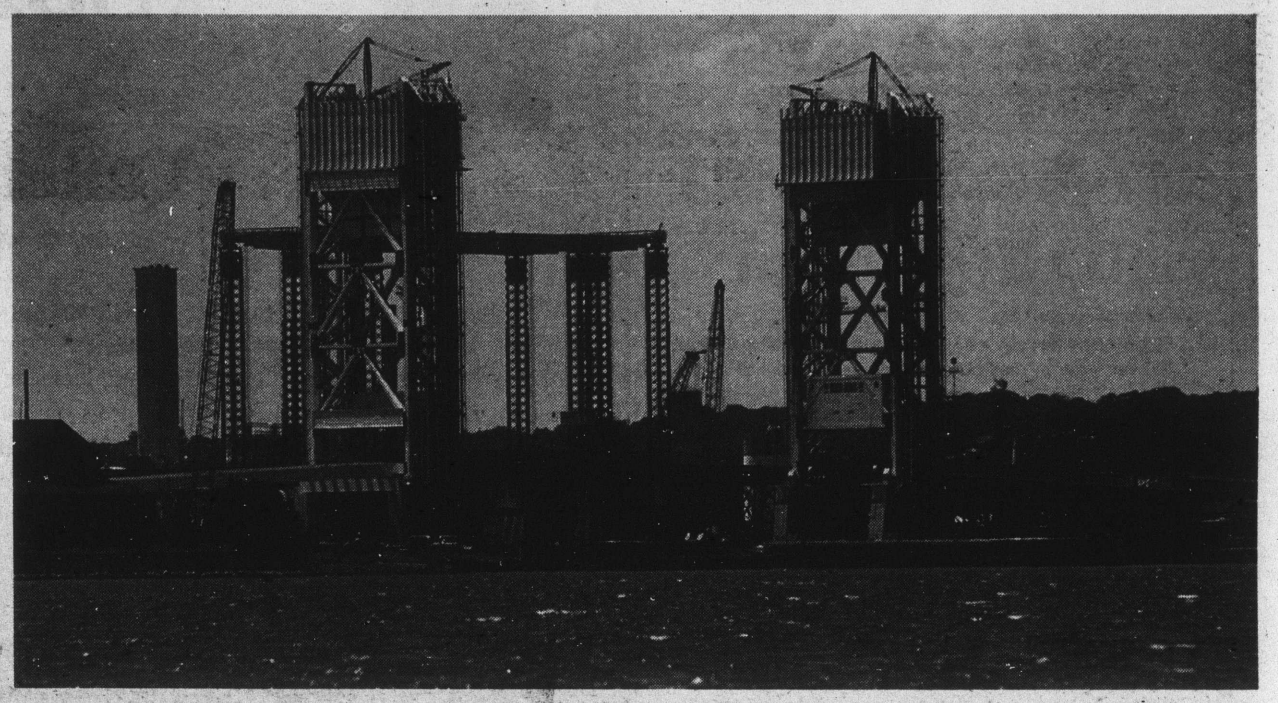
State transportation officials say the center lift span of the new Fore River Bridge will be floated into place and installed by the end of the summer.

Thomas J. Tinlin, highway administrator for the Massachusetts Department of Transportation, said the contractor for the project – White-Skanska-Koch – has presented plans to float the 324-foot long span into place and then install it in the bridge. The span is currently under construction inside the Fore River Shipyard.

Tinlin said MassDOT is reviewing the plans to install the span.

"MassDOT's contractor for the Fore River Bridge Project has presented a plan for MassDOT's consideration for the floating of the new span and lifting of the span. MassDOT is still evaluating the plans and will be having conversations with stakeholders regarding the

*Cont'd On Page 13*



**WORK CONTINUES on the new Fore River Bridge that connects North Weymouth and Quincy Point. The center span will be set in place later this summer.**

*Quincy Sun Photo/Tom Gorman*



**COCAINE WITH AN estimated $1.5 million street value and $65,000 in cash were seized by police from an empty North Quincy apartment Aug. 4. Quincy and State Police are undertaking a joint investigation to determine who left them there.**

*Photo Courtesy Norfolk DA's Office*

# Cocaine, Cash Seized From Vacant Apartment

Quincy and Massachusetts State Police detectives seized cocaine with a street value of $1.5 million plus $65,000 from an apparently vacant North Quincy apartment.

The 37 kilograms of cocaine and cash were found in an apartment at 2 Hancock St. on Aug. 4, Norfolk Country District Attorney Michael Morrissey and Quincy Police Chief said. The apartment was empty and no one was arrested.

"The cocaine was in an apartment that was un-occupied and appeared to be abandoned at 2 Hancock St.," Morrissey said in statement. "Detectives from my State Police drug unit work routinely and closely with Quincy's drug control detectives.

"This was a joint seizure of what appears to be 37 kilos of cocaine, worth upwards of $1.5 million. A shoe box holding U.S. currency totaling $65,000 was also found and taken into evidence."

The joint investigation into the seized drugs is ongoing, officials said, limiting any further release of information.

# Butler's Pond Community Meeting Aug. 17

The Friends of Butler's Pond will hold a community meeting on Wednesday, Aug. 17, about the future of Butler's Pond. The meeting will be at 7 p.m. in the Coddington Building at 34 Coddington St.

Community residents are invited to attend the meeting to learn about progress towards restoring and preserving Butler's Pond and to understand next steps.

Department of Public Works officials and departmental engineering consultants will be present to discuss possible design changes to the pond to improve the management of stormwater runoff. Stormwater runoff is a primary pollutant and cause of the pond's degradation.

Go to Friends of Butler's Pond website, butlerspond.org, for information about the history, wildlife, ecology, preservation efforts, and friends activities, or email butlerspond@gmail.com.


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BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



## ON-THE-CUFF REMARKS

One of the more enduring trends in jewelry has made its way up and down the arms of everyone from celebrities to schoolgirls. Sleek, delicate arm cuffs are easy to wear. All it takes is three or five gold wire bands that are spaced equally apart on the upper arm to create a minimalist look that is the very definition of chic. A single arm cuff adorned with a chain (bejeweled or not) adds further interest and creates a more bohemian look that goes well with jeans and other casual wear. Wider cuffs embedded with colored cabochon-cut gemstones in bezel settings take several steps up the exotic scale and impart a decidedly royal bearing to any arm they grace.

This summer, why not step out in style with arm cuff jewelry? Pairing an arm cuff with large earrings and other pieces looks quite trendy and is a bold way to command attention. For more information, please call Rogers Jewelry at 617-773-3636. Our prices have always been more than competitive with no fake markups in order to offer huge discounts. We invite you to stop by our store at 1402 Hancock St. in Quincy Center.

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*Publisher and Editor*

**Henry W. Bosworth, Jr.**
*Founder*
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## Moments in time

THE HISTORY CHANNEL

• On **Aug. 24, 79 A.D.**, Mount Vesuvius erupts in southern Italy, devastating the prosperous Roman cities of Pompeii and Herculaneum, and entombing thousands under a thick layer of volcanic material and mud. In the 18th century, the cities were rediscovered and excavated.

• On **Aug. 22, 1864**, the International Red Cross is founded in Geneva after being advocated by Swiss humanitarian Jean-Henri Dunant. The international emblem, a red cross on a white background, is the Swiss flag in reverse.

• On **Aug. 25, 1875**, Matthew Webb, a 27-year-old merchant navy captain, becomes the first known person to successfully swim the English Channel. Webb accomplished the 21-mile crossing, which really entailed 39 miles of swimming because of tidal currents, in just under 22 hours.

• On **Aug. 27, 1883**, the most powerful volcanic eruption in recorded history occurs on Krakatau, a small volcanic island in Indonesia. Heard 3,000 miles away, the explosions threw 5 cubic miles of earth 50 miles into the air, created 120-foot tsunamis and killed 36,000 people.

• On **Aug. 23, 1926**, the death of silent-screen idol Rudolph Valentino at age 31 sends his fans into a hysterical state of mass mourning. Some 100,000 mourners lined the streets outside the New York City church where funeral services were held.

• On **Aug. 26, 1957**, the Soviet Union announces that it has successfully tested an intercontinental ballistic missile (ICBM) capable of being fired "into any part of the world." Following his election in 1960, President John F. Kennedy made missile development and the space program priorities.

• On **Aug. 28, 1968**, at the Democratic National Convention, tens of thousands of protesters against the Vietnam War battle thousands of police in the streets of Chicago. Fights also broke out on the convention floor, and delegates and reporters were beaten and knocked to the ground.

*(c) 2016 King Features Synd., Inc.*

## Free Backpacks For Students Aug. 27 At Islamic Center Of NE

The Islamic Center of New England, 470 South St., Quincy, will host a free Back-To-School Giveaway Saturday, Aug. 27 from 11 a.m. to 1 p.m.

ICNE will distribute free backpacks to students.

The Islamic Center of New England has been running this program for the past five years with ICNARelief. This group conducts the program all over the country.

For more information, visit icanrelief.org or http://www.back2schoolgiveaway.com.



# Son Beams

By ROBERT BOSWORTH

## A Very Quiet State Primary

You may not know it but there's an election in just a few weeks.

The Massachusetts State Primary is set for Thursday, Sept. 8. The election is not on most political radars since there are no contested races locally and lacks any state constitutional offices like governor.

All four Democratic incumbents representing Quincy on Beacon Hill – Sen. John Keenan and Representatives Ron Mariano, Tackey Chan, Bruce Ayers and Dan Hunt (who represents just one precinct in Quincy – Ward 3 Precinct 3) – are all unopposed in the State Primary.

Also on the primary ballot without opposition are Democrats Cong. Stephen Lynch, Norfolk County Sheriff Michael Bellotti and Norfolk County Commissioners Francis O'Brien of Dedham and Quincy's Joseph Shea. Shea, the former Quincy city clerk, was appointed to fill the vacant county commissioner seat after longtime commissioner John Gillis retired earlier this year. Gillis had also served for many years as a Quincy city clerk before being elected a Norfolk County commissioner in 1992.

Shea will be seeking a full four-year term as a county commissioner this fall. Voters elect two commissioners this year.

The only contested race is in the Democratic primary for Governor's Council but the two-way race does not feature any candidates from Quincy. Incumbent Christopher Iannella of Boston is being challenged by Stephen F. Flynn of Hull.

So if you are a Quincy voter and want to head to the polls on Sept. 8 don't expect any long lines to the voting booth. Turnout is expected to be low for two reasons: lack of contested races and election day is three days after Labor Day - and on a Thursday to boot.

The state set the primary date for Thursday, Sept. 8 because Tuesday, Sept. 6 is the day after the long holiday weekend. And the following Tuesday – Sept. 13 – would not allow sufficient time between the primary and the final election on Tuesday, Nov. 8. There must be at least 60 days between the two elections to provide enough time for voters overseas to cast ballots in the Presidential Election Nov. 8.

Turnout could possibly be in the single digits if you consider the results here from the state primary two years ago. With contested races for governor in both the Democratic and Republican primaries, only 16 percent of the city's electorate went to the polls in the state primary.

In the Democratic Primary, then state Attorney General Martha Coakley defeated then state Treasurer Stephen Grossman for their party's nomination – although Grossman finished ahead of Coakley in Quincy.

In the GOP primary, Charlie Baker began his march to the Governor's Office with a big nomination win over fellow Republican Mark Fisher of Shrewsbury. Baker would defeat Coakley in the final election eight weeks later.

Citywide, only one Quincy precinct reached 30 percent turnout in the state primary two years ago: that was Ward 6 Precinct 5 in Squantum with 30.92 percent.

So, the state primary looks like a dud – excitement wise – this time around.

The final election in November, however, will be the storm after the calm. The stage is set for a perhaps one of the most eagerly anticipated Presidential elections in quite some time headlined by the battle royale between Democrat Hillary Clinton and Republican Donald Trump. But they probably won't be the only names on the ballot for President. Others joining them may include Jill Stein representing the Green Party and Gary Johnson, a Libertarian. Already prognosticators are speculating on how these candidates could influence the outcome in the race for the White House. Polls have shown both Clinton and Trump are viewed negatively by a sizeable amount of potential voters. Those casting ballots for candidates other than one of the major political party nominees could siphon off much needed support in key battleground states for Clinton and Trump.

Locally, there will be one other contested race on the ballot Nov. 8. That will be the race for Congress in the 8th District. Incumbent Stephen Lynch, who is unopposed in the Democratic Primary, faces a challenge from Republican William Burke of Quincy.

That's it.

There are no challengers from the Republican Party or the United Independent Party for state senator, state representative, Norfolk County sheriff and county commissioner. So Democrats Keenan, Mariano, Ayers, Chan, Hunt, Bellotti, O'Brien and Shea have clear paths to new terms this November.

❑

ABSENTEE BALLOTS for the State Primary Thursday, Sept. 8 are available at the City Clerk's Election Department located on the second floor of the glass annex of City Hall, 1305 Hancock St.

The deadline to seek an application to vote by absentee ballot is Wednesday, Sept. 7 at noon.

Voters who do go to the polls Thursday, Sept. 8 will cast ballots on new voting machines. The city recently purchased new optic-scan voting machines that are updated versions of the long-used ballot counters they replaced.

Thirty-two of the new machines were bought – one for each of the city's 31 polling precincts – and one back-up.

Voters will also encounter new pod-style voting booths. Each precinct will have four of these pods and each pod has four voting stations separated by walls to mark the ballot. One of the stations includes a handicapped accessible space.

The new pods are sturdier and are made of durable plastic. They replace the old aluminum voting stations.

❑

THE CITY HAS gained more than 1,000 registered voters since the Presidential Primaries in February. There were 56,007 registered voters in Quincy as of Feb. 10. As of Aug. 5 there are 57,056 voters – an increase of 1,049.

The number of unenrolled voters experienced the biggest spike over this six-month period with 702 additional voters – from 28,249 to 28,951. That's not too surprising since there's been a steady trend towards the unenrolled ranks for a number of years now.

What is a little eye-opening is that the number of new Democratic voters and new United Independent Party voters was essentially a dead-heat. In the last six months, 142 new voters have registered as Democrats from 22,218 to 22,360.

The United Independent Party gained almost as many voters as Democrats: 141 (from 339 to 480.)

On the GOP side, only 80 new registered voters registered Republican – from 4,905 to 4,985.

If you are not registered to vote in Quincy and would like to cast a ballot in the Presidential Election Thursday, Nov. 8 – the last day to register is Wednesday, Oct. 19.

Voter registration takes place at the City Clerk's Election Department, 1305 Hancock St., glass annex building of City Hall, second floor. City Hall hours are 8:30 a.m. to 4:30 p.m.

Extended hours for voter registration will be held Wednesday, Oct. 19. The Election Department will be open from 8:30 a.m. to 8 p.m. Residents can also register to vote online at www.sec.state.ma.com/elections.

# Scenes From Yesterday



OLD TITUS HOMESTEAD, SQUANTUM, MASS.

**THIS IS A 1920s postcard view of the old Titus homestead that was on the corner of Bellevue Road and Huckins Avenue in Squantum. In the 1860s retired English sea captain James Huckins had purchased over 80 acres of land on the northern side of Squantum. His granddaughter Lillie Titus and her husband Nelson later lived here in what had been her father's house. When her father died she inherited all of the land which had been used as a farm. Lillie Titus was widely known as the Grand Lady of Squantum because of her involvement in many civic, historical and patriotic projects including building the Myles Standish Cairn. After her husband died in 1899 she sold almost all her property to developers for a subdivision of about 1,000 small house lots. She kept 15 acres including her home shown here and then after she died it too was subdivided and this house was demolished. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# Fun In The Sun(Screen)

**By Dr. BRYAN McGUIRK**
**Carney Hospital**

People eagerly await the days until they can enjoy the beautiful summer weather and now the season is in full swing. However, before hitting the trails, the water, the court, or the beach, remember to apply sunscreen. Applying sunscreen is a crucial step to combat overexposure to the sun.

While the sun can have health benefits, too much exposure can lead to painful and dangerous conditions, including, but not limited to; sunburn, wrinkles, premature aging, and skin cancer.

These are caused by the sun's Ultraviolet (UV) rays. There are two types of UV rays: UVA and UVB rays. UVA rays permeate deep into the skin and can cause visual changes in color and aging while UVB rays affect the skin's surface and can cause sunburn.

UV rays are strongest during the summertime. Even on a cloudy day, it is easy to get sunburned because clouds do not block UV rays.

Sunscreen works by absorbing and reflecting both UVA and UVB rays. Sun Protection Factor (SPF) represents the strength of sunscreen by indicating the amount of sunburn protection for the average user.

The FDA recommends using sunscreen labeled "Broad Spectrum," which means it includes ingredients that protect against both UVA and UVB rays, and SPF 15 or higher, which applies specifically to protection from UVB rays.

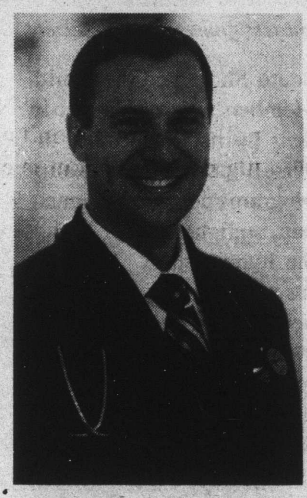
These labels together indicate that the sunscreen protects against all of the side effects of sun exposure. Despite these recommendations, there are still significant misconceptions about exactly what strength of sunscreen is appropriate, and what SPF means. SPF 15 is the recommended minimum strength of sunscreen, and protects against 93% of the sun's UVB rays. But that does not mean SPF 30 protects skin twice as much. Anything higher than SPF 15 only provides a minimal increase in sun protection. In fact, SPF 30 only protects against 97% of the sun's rays.

Before putting on sunscreen, make sure to check the expiration date. Sunscreen lasts three years on the shelf. After applying sunscreen, it's important to keep it on hand during summer adventures. Sunscreen wears off, so it's important to reapply every two hours to prevent oneself from soaking up too many rays.

In addition to sunscreen, staying in the shade and wearing sunglasses and a hat are effective ways to protect oneself from the sun.

The sun is strongest between the hours of 10 a.m. and 4 p.m. Before heading outside for a summer of fun, remember to put on and pack sunscreen to protect from the sun's harmful UV rays.

To make an appointment



**BRYAN McGUIRK, MD**

with one of Carney Hospital's physicians or dermatology specialists, call 800-488-5959 or visit www.steward.org/doctorfinder.

*Bryan McGuirk, MD is a primary care physician and faculty member with the Carney Hospital Internal Medicine Residency Program.*

# Lobster Cruise Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up. For reservations visit the Kennedy Center at 440 East Squantum St.

## READERS FORUM

# Thanks Rescue 'Angels'

On the morning of July 27 at approximately 11 a.m., I was exiting a parking lot on Alleyne Street. Suddenly I could neither go forward nor backward as the car seemed to be stuck and unable to move in either direction.

While I was struggling with my dilemma, I saw two men on opposite sides of the street walking in my direction. They kindly approached my car and suggested that I put the car in reverse while they together would push the car backward. It miraculously worked.

These two wonderful men discovered that I had gone over a tire which someone had placed at the exit to the driveway and which I never saw. Their names, I do not know, but I call the men who came to my rescue "angels."

I can't thank them enough for what they did so selflessly for me that day.

Gratefully,
Arlene L. Morrissey
Quincy

# Quincy's Yesterdays

This Week
**1975**
41 Years Ago

# IRS Moves Into New Downtown Office

The Internal Revenue Service (IRS) will officially dedicate its new offices at 1200 Hancock St. on Friday, Aug. 15.

Invited guests include Senators Edward M. Kennedy and Edward W. Brooke along with Congressman James A. Burke, Senator and City Council President Arthur H. Tobin and Chamber of Commerce President William E. Kelley.

The IRS offices will be located in the new Quincy Savings Bank Building on the third floor.

**$325,000 GRANT TO FIGHT DRUGS IN QUINCY-SOUTH SHORE AREA**

Massachusetts has received a total of $325,000 to fund a drug enforcement unit to crack down on narcotics traffic in the South Shore area surrounding Quincy.

Congressman Burke said the total award was broken down into three grants, all funded by the Law Enforcement Assistance Administration.

**QUINCYISMS**

**Miss Jeanne Anne Rathgeb**, 17, was chosen Miss Quincy Bay of 1975... **Inspector of Plumbing and Gas Fittings James A. Erwin, Jr.**, reported that 123 applications for a total of $88,679 were granted by his office in July... Construction of the Goliath Crane, the largest crane in the western hemisphere, was completed at the General Dynamics Quincy Shipyard... The Houghs Neck Legion Post was planning a chicken barbeque Sunday, Aug. 17 at the Post home. **John Christensen** was chairman of the committee... Hart's Jewelers, 1422 Hancock St., Quincy Center, was offering the following services: Diamond Appraising, Estate Appraising, and Gemstone Identification... Helen Gurich's Beauty Garden, 1436 Hancock St., was offering "All Permanents Regardless of Their Original Value, Only $9.95"... Sons of Italy Lodge 1295 was planning its third annual Exceptional Dinner-Dance for C.P. adults and their companions, Sunday, Aug. 24, at the Lodge Home, 120 Quarry St. **Venable John Fantucchio** was the chairman of the dinner committee... The Massachusetts Committee to Elect Fred Harris President held a yard sale at the home of **Mrs. Barbara Kelley**; 207 Whitwell St. Harris was one of the six announced candidates for the Democratic presidential nomination. (Editor's note: He didn't make it.)... **Rev. Keith C. Munson** officially began his new pastorate at the United First Parish Church, Quincy Center, by performing a wedding... Fifteen Boy Scouts from Troop 35 sponsored by the Most Blessed Sacrament Church in Hough Neck, attended Boy Scout camp, Adams Pond, Storrer Reservation, Barnstead, New Hampshire. For the fourth consecutive year the troop carried off the first prize in the Olympic Competition. Members of the troop who attended were: **Kevin, Paul** and **Mike Bythrow, Matt** and **Mike Matthews, Kevin** and **John Robertson, Greg McKinnon, Ed Powers, Joey Rudolph, Shawn Winn, Mike Guidice, Ed Brennan, Bob Burke** and **Wally Chapman**... **Mrs. Mildred Ambrosia**, Red Cross Blood Donor Chairman, announced that 37 pints of blood were donated at a recent bloodmobile visit at Quincy Point Congregational Church... *The Quincy Sun's* Sunbeams column reported that the **LaRaia for Mayor Committee** was planning an "in depth voter survey of 3,000 Quincy voters." The survey was to begin after Labor Day... **Ellen M. Griffen**, daughter of Mr. and Mrs. William Griffen, 185 South St., Quincy Point, received a Bachelor of Arts degree in journalism from Northeastern University... **Fred E. Morrill, Jr.**, 100 Grandview Ave., Wollaston, received a Bachelor of Science degree in Business Administration. He was a dean's list student... **Ward 5 Councillor Warren Powers** was scheduled to meet with Police Chief Francis X. Finn to discuss "Tightening Up" enforcement of speeding regulations in the Wollaston area... The Wollaston Credit Union, 651 Hancock St., was offering "No Notice Savings Accounts Paying 5 +% Per Annum, Special Notice Accounts Paying 6% Per Annum"... **Alexander R. McQuarrie**, son of Mr. and Mrs. Vincent Bouvier, 433B Sea St., Quincy, was promoted to Master Sergeant in the U.S. Air Force. He was a 1955 graduate of Quincy High School... **Atty. Paul D. Harold** was recently re-elected National Committeeman of the Massachusetts Young Democrats at the group's convention held in Framingham.

# Arts & Entertainment

## Quincy Choral Society Announces New Music Director

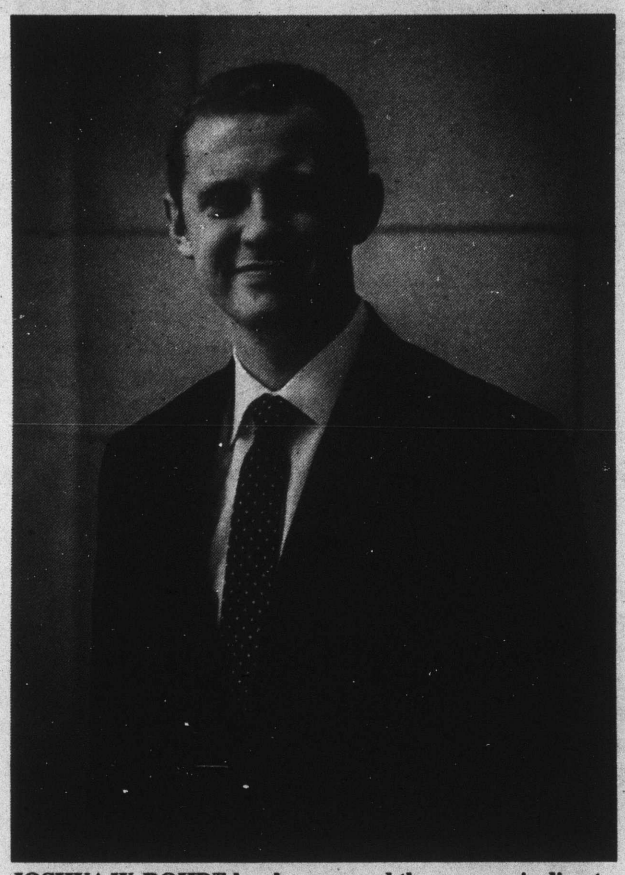
### *Joshua Rohde Appointed To Lead Chorus*

Quincy Choral Society has named Joshua W. Rohde as its fifth music director, effective next month.

Rohde is currently pursuing a Doctor of Musical Arts degree in Choral Conducting at Boston University, where he teaches undergraduate conducting and ear training and works with the Marsh Chapel Choir and the Collegium Orchestra. Additionally, he serves as the conducting intern with the Harvard Men's Glee Club and manages the Harvard Choruses' New Music Initiative. Previously he was the music director of the Wakefield Choral Society.

Rohde holds degrees from the University of Birmingham in England (Master of Music in Conducting), Boston University (Master of Sacred Music in Conducting), and the University of Minnesota (Bachelor of Music in Cello Performance and Bachelor of Science in Civil Engineering). His conducting instructors have included Dr. Scott Allen Jarrett, Dr. Ann Howard Jones, Simon Halsey, and David Hoose.

Recent projects include conducting Johann Sebastian Bach's Cantata No. 67, Halt im Gedächtnis Jesum Christ, and Leonard Bernstein's Chichester Psalms, serving as musical director for Wolfgang Amadeus Mozart's The Marriage of Figaro, and sharing the podium as one of the conductors for David Lang's Crowd Out (world premiere for 1000 voices). He has also prepared choruses to sing for conductors including Andris Nelsons, Harry Christophers, and John Storgårds.



**JOSHUA W. ROHDE has been named the new music director of the Quincy Choral Society.**

*Photo Courtesy Quincy Choral Society*

An accomplished cellist, Rohde has performed with several orchestras and regularly works as a continuo cellist, playing the choral and orchestral works of Bach. The Quincy Choral Society will benefit from Rohde's broad expertise and musicianship.

The Quincy Choral Society was founded in 1981 for the purpose of bringing musical excellence to the South Shore and the world. Members sing with music in their hearts, performing diverse, professional-quality programs designed to entertain, enlighten, and enrich the human spirit. The chorus performs locally and has performed in music festivals in Washington, D.C., in Europe, and at Carnegie Hall in June 2015 as part of the Masterworks Series.

For more information on the Quincy Choral Society including events and concerts, visit quincychoral.org and "Like" us on Facebook.


Local Programming Highlights on ... QATV

Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

| Public Access Channel 8 | Government Access Channel 11 |
|---|---|
| Thursday, August 11 | Thursday, August 11 |
| 9:00pm: Access Quincy Computer Journal | 5:30pm: Quincy in Focus |
| 9:30pm: Constitution: Then & Now | 6:30pm: FYI: QHD Burning Mouth |
| Friday, August 12 | Friday, August 12 |
| 6:00pm: Sound Advice w/Attorney Tom Williams | 6:00pm: City View with Mayor Koch |
| 9:30pm: Free Our Voices: Peace & Climate Change | 8:30pm: Bringing Beacon Hill to You |
| Saturday, August 13 | Saturday/Sunday, August 13/14 |
| 8:00pm: At Your Library: August Happenings | 9:00am: City View with Mayor Koch |
| 11:00pm: Penny Dreadful's Shilling Shockers | 10:30am: At Your Library: August Happenings |
| | 11:30am: Health Links: Medical Marijuana |
| Sunday, August 14 | 3:00pm: At the Library Concert: Boston Road |
| 4:00pm: FYI: QHD Noonan Syndrome | 7:30pm: Bringing Beacon Hill to You |
| 8:30pm: Perspectives w/Gene Piazza | 8:00pm: QRD: Musical Theatre Workshop |
| Monday, August 15 | Monday, August 15 |
| 11:30am: LIVE: Currently in Quincy | 6:30pm: FYI: QHD Cold Sores |
| 8:00pm: Musical Notes w/Kenny Morrell | 7:00pm: Veterans Corner |
| Tuesday, August 16 | Tuesday, August 16 |
| 6:00am: LIVE: AM Quincy w/Joe Catalano (audio) | 6:00pm: Health Links: Child Safety |
| 8:00pm: Quincy in Focus | 6:30pm: FYI: QHD Ticks |
| Wednesday, August 17 | Wednesday, August 17 |
| 7:00pm: AM Quincy: NeighborboodWorks | 7:00pm: QRD: Dance Clinic |
| 8:00pm: Road to Recovery | 8:00pm: QRD: Cheerleading Clinic |

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org


## Science Stories, Movies At The Crane Library This Week

By JULIE RINES
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**Preschool Discovery – Super Science @ Wollaston**

On Thursday, Aug. 11th at 10 a.m. bring your preschooler, ages 2-5, to the Wollaston Branch to do some of our favorite science activities from the past year of Preschool Discovery.

Did you have fun mixing baking soda and vinegar? Did you miss out on making constellations?

Come in and try out those activities and more! Drop in any time between 10 and 11 a.m. for easy, fun science!

Sponsored by the Friends of the Thomas Crane Public Library

**Mother Goose on the Loose Storytime with Denise Shaver**

Join Storyteller Denise Shaver on Friday, Aug. 12th at 10 a.m. in the Main Library Large Meeting Room for a special storytime full of songs, stories and rhymes just right for our youngest listeners. This program is for children ages 1 and 2 accompanied by an adult.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy

Drop in from 2 -4 p.m. up to age 8.

Art-to-go is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2and 4 p.m. to make this week's craft. Craft for the week of Aug. 15th – Magnetic skater craft.

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy—Miracle**

Join us on Monday, Aug. 15th at 2 p.m. at the North Quincy Library for an Olympic movie classic *Miracle*.

Based on the true story of one of the greatest moments in sports history, *Miracle* captures a time and place where differences could be settled by games and a cold war could be put on ice.

In 1980, the United States Ice Hockey team's coach, Herb Brooks, took a ragtag squad of college kids up against the legendary juggernaut from the Soviet Union at the Olympic Games. Despite the long odds, Team USA carried the pride of a nation yearning for a distraction from world events.

With the world watching the team rose to the occasion, prompting broadcaster Al Michaels' now famous question, to the millions viewing at home: Do you believe in miracles? Yes!

This movie is rated PG and runs for 135 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

**Dungeons and Dragons Encounters Ages 10 and older**

New and experienced players ages 10 and older are invited to join us on Tuesday, Aug. 16th at 7 p.m. in the Main Library Children's Room for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this monthly Dungeons and Dragons game.

We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play. Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set.

Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

**Baseball Cookies @ Main Library**

Children ages 7 and older are invited to join Miss Lori on Wednesday, Aug. 17th at 10 a.m. for a super sweet morning decorating cookies.

## Adirondack Hot Air Balloon Festival Trip

The Quincy Council on Aging will depart the Kennedy Center on Friday, Sept. 23rd for a three-day trip to the Adirondack Hot Air Balloon Festival.

The trip includes a stop at the resort town of racing and elegance - Saratoga Springs, a Lake George cruise, as well as viewing balloon launches including an evening Moon Glow ascension.

The group will be staying at the Queensbury Hotel.

The three-day trip includes four meals.

For more information on this trip call the Kennedy Center at (617) 376-1506. To register for this trip visit the Kennedy Center at 440 East Squantum St., Quincy. Payment must be made at time of registration.

## Council On Aging Quabbin Foliage Tour

The Quincy Council on Aging will leave the Kennedy Center at 9 am Tuesday, Oct. 11 and travel to the Quabbin Reservoir area and West Brookfield's Salem Cross Inn.

The group will enjoy a full-course luncheon featuring soup, salad, chicken pot pie or maple salmon and dessert. After lunch the group will be joined by a native tour guide who will take them throughout the Quabbin Reservoir.

Following the tour the group will stop at Brookfield Orchards, one of New England's largest apple growers. The group should arrive back at the Kennedy Center at about 5:30 pm.

The cost of the trip is $72.

For more information on this trip call the Kennedy Center at (617) 376-1506.

To register visit the Kennedy Center at 440 East Squantum St., Quincy. Payment must be made at time of registration.



# Social



DEPENDABLE CLEANERS' Read to Ride bike winner Meredith Murphy with her new bike at Country Ski and Sport in Quincy. *Photo Courtesy Dependable Cleaners*

## Meredith Murphy Dependable Cleaners Read To Ride Winner

Meredith Murphy, age 6, of Quincy, has won a new bike through Dependable Cleaners' annual Read to Ride program.

Meredith will be entering first grade at Clifford Marshall Elementary School next month. She loves to read and has read almost 40 books this summer. Her favorite books are from the Rainbow Magic series. She also enjoys drawing.

The Read to Ride program is designed to encourage students to keep up with their reading during the summer months. Students from ages 6-15 have the chance to win a bike or another prize for every book they read. Since the program's inception in 1999, more than 72,000 books have been read.

Participation in Read to Ride is easy. For every book a child reads, they fill out an entry form and submit it at any of the 16 Dependable Cleaner locations or with Dependable Cleaners' Home Delivery Drivers.

Entry forms are available at all Dependable Cleaners locations, delivery routes, Country Ski & Sport locations, Farina's Bike Store in Watertown, local libraries, bookstores and online at DependableCleaners.com/Read-Ride.

One grand prize winner is drawn each Monday from June 6 to Aug. 15 (except for July 4.) Grand prize winners receive a new bike and helmet. Two additional winners will receive a runner-up prize.

A full list of Read to Ride partners, terms and conditions, and a printable entry form are accessible at www.DependableCleaners.com/Read-Ride.

## Colleen Mulcahy Graduates Saint Anselm College

Colleen R. Mulcahy of Quincy, a politics major, recently graduated from Saint Anselm College in Manchester, N.H.



NEARLY 100 Quincy Public Schools students recently participated in SWELL (Speaking and Writing for English Language Learners) Academy. The experience included a visit to the Great Hall at Old City Hall (James R. McIntyre Government Center.) Students participating (in no particular order) were Di Chen, Huan Chen, Xin Yan Chen, Tao Hong, Fengyu Li, Pei Liang Lin, Tony Ma, Vinh Pham, Vy Pham, Claudia Pineda Bonilla, Haoyuan Shi, Linkai Sun, Zhichao Xu, Yuyang Wei, Zeling Zhang, Chuhua Zhang, QARI partner Carmen Huang, and teachers Ronna Galipeau and Thao Ippolito.

## 100 Students Take Part In SWELL Academy

Nearly 100 Quincy Public Schools students entering grades 6 through 9 in September had a fun and educational experience participating in SWELL (Speaking and Writing for English Language Learners) Academy.

For 20 full school days, beginning immediately after the regular school year ended, students were treated to field trips and class work that highlighted Quincy's environmental and historical treasures all while developing their English language skills.

SWELL Academy is grateful for the support that it received from local sites including the Quincy Historical Society, the U.S.S. Salem, and the National Park Service's Adams Birthplaces and Peace field. An additional highlight involved students in eight different groups each visiting Quincy City Hall where they toured the new Great Hall at old City Hall (James R. McIntyre Government Center) and had their individual questions answered directly by Mayor Thomas Koch or his staff.

Students learned about Quincy history for two weeks and then Quincy's unique ecology and marine environment for two weeks. The science curriculum included hands-on experiments at Nickerson Beach, Blacks Creek and the Blue Hills. Students collected water samples to test for salinity, collected shells for categorization, and recorded types of flora and fauna they found at each site.

SWELL Academy included a Presentation Day at the conclusion of each session. In the final performance students in the social studies groups performed their SWELL Ode to Joy of Quincy with thanks to Beethoven. Students of various English levels sang:

Come to Quincy. Visit Quincy.

It is SWELL, you will love it here!

Parks, museums, quarries with granite, Adams's houses history,

U.S.S. Salem and Fore River shipyard are found in our city.

Come to Quincy. Visit Quincy.

It is SWELL, you will love it here!

Staff and students are grateful to the city's State House delegation who worked to make this grant available to Quincy Public Schools. Thanks to parents, QPS administrators, historical site staff, and state Rep. Tackey Chan for their attendance at Presentation Day.

## Maria Droste Counseling Expanding Quincy Offices

Maria Droste Counseling Services will dedicate the expansion of their offices at 1354 Hancock St., Quincy, Tuesday, Aug. 23 at 9 a.m.

Two of the existing suites will be named in honor of the agency's founder, Sister Joanne Westwater, RGS, LICSW, ACSW, BCD and the Immediate Past Director, Sister Lorraine Bernier, RGS, LICSW.

The two newly acquired suites will be dedicated to two long time, ardent advocates for the agency: Darlene Sheehan, RN, LADAC and Paul Mc Devitt, M.Ed., LMHC, CRC, LADC1.

Since her untimely death over 10 years ago, Sheehan's family have been strong benefactors and special friends to the agency.

Paul, as founder of the Modern Assistance Program, another social service agency in Quincy Center, has long supported the agency's effort.

City and state officials, as well as the families of the honorees and the Maria Droste Board, are expected to attend the event.

This is the 25th year anniversary for this Quincy agency and the current ever-growing demand for the type of services they offer has necessitated this expansion.

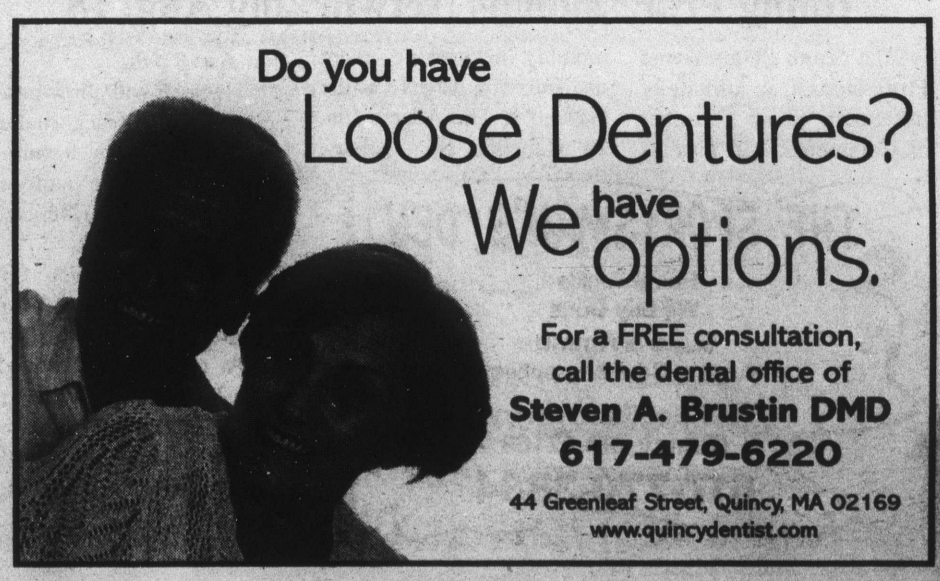
In response to the tragic impact of substance use on families in the South Shore, the agency has initiated a new group called The Welcome Program. This five-week open enrollment group is designed to help clients deal with their own or a loved one's substance use problem (alcohol, opiates, prescription drugs etc.). This substance use educational group is targeted to serve adults over 18 years who wish to find out how change and healing can happen for them.

Maria Droste Counseling Services staff of licensed clinical social workers cover a wide range of specialties that include but are not limited to: alcohol and drug abuse; family and relationship counseling; anxiety, panic and phobias; and depression, stress management and Attention-Deficit/Hyperactivity Disorders (ADHD).

Fees are collected using a sliding scale and several health insurance plans are accepted. The agency's clients include children, adolescents and adults coming for individual, couples, family and group therapy.

To learn more about the substance abuse, mental health and holistic services Maria Droste offers, visit the agency's web site: mariadrostecounseling.com.

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# WHAT'S COOKING
with
*Marie & Suzie*
By MARIE D'OLIMPIO and SUSIE FALCO



## Cod Fish Chowder

By MARIE

Today's recipe for delicious cod fish chowder is made with two different kinds of ingredients. I was so pleased with the results and want to share it with you today. I used Cod fish but any favorite fish will work.

**RECIPE:**

**2 or 3 slices of any favorite fish**
**1 medium onion chopped**
**2 small potatoes diced**
**¼ cup of white wine**
**1 and ½ tablespoons of flour**
**1 cup of half and half or whole milk**

1 teaspoon of "Better than Bullion" mixed with a little bit of water (optional)
2 tablespoons of vegetable oil
2 tablespoons of butter
Salt and pepper to taste

First, cut the fish up in small pieces and set aside. In the hot oil and butter sauté the onions until they are translucent add the wine with a cup of water and the potatoes.

Cook covered until potatoes are half cooked.

Add the fish and cook until fish is tender (takes about 10 minutes or so) Add the bullion and water and flour and mix. Then add the half and half or milk and cook until almost comes to a boil. Serve hot.

## Low Carb 'Potato' Salad

By SUSIE

Here is a terrific mock potato salad recipe made with cauliflower (the grate imitator) rather than potatoes. Not that there is anything wrong with potatoes!

But it is always best to add more cruciferous vegetables to your diet, which are packed with fiber, important vitamins and minerals, contain less calories and carbohydrates, and are a proven cancer preventative veggie.

These include broccoli, cauliflower, brussel sprouts, and cabbages. Enjoy this lovely looking and tasting "potato" salad.

**LOW CARB "POTATO" SALAD**

**1 large head of cauliflower, chopped, steamed, and cooled.**

**3 hard boiled eggs, chopped**

**1/3 cup mayo (I use Sir Kennigton brand)**

**1/3 cup full fat Greek yogurt (I use FAGE)**

**1/4 cup chopped dill pickles**

**1/2 cup chopped red onion**

**1 tablespoon apple cider vinegar**

**juice of half lemon**

**1 tablespoon Dijon mustard**

**1 teaspoon Herbamare seasoning OR sea salt**

**Black pepper to taste**

**1/4 cup sliced scallions**

**1/4 cup chopped dill**

**1 teaspoon paprika**

Gently combine all ingredients except for paprika. Chill for two hours, covered. Sprinkle with paprika when ready to serve. ENJOY!!!!!

## 'Grow, Build, Learn' At The Josiah Quincy House

Join Historic New England educators for three days of activities at historic Quincy House.

Ideal for children ages 4-10, each week features a Story Walk®, hands-on activities that promote development of the skills early elementary students need, craft projects to foster creativity, and lots of fun. This drop-in program draws on themes from 400 years of New England's rich history.

Each week will focus on a different topic. On Aug. 11 the theme will be gardening and farming, on Aug. 18 it will be preservation, architecture, and design, and in advance of the new school year the topic on Aug. 25 will be education and play.

This is a drop-in program. The cost is $5 per family, free to Historic New England members and Quincy residents.

All children must be accompanied by an adult. Families are encouraged to bring a picnic to enjoy after the session.

The Quincy House is located at 20 Muirhead St. in Quincy's Wollaston neighborhood. For more information call 617-994-5930 or visitHistoricNewEngland.org.

## Young Professionals Networking Aug. 18

The South Shore Young Professionals, an affiliate of the South Shore Chamber of Commerce, will host its monthly networking event on Thursday, Aug. 18 at the Gazebo at The Adams Inn, 29 Hancock St., Quincy, from 6 to 8 p.m.

The event will allow participants to interact, make contacts and enjoy a summer evening at the outdoor venue located on the Neponset River.

Admission is free for SSYP members and $10 for non-members.

To register, visit www.southshorechamber.org. For more information please contact klitchfield@southshoreyoungprofessionals.org.

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## Painting Class Thursday At Adams National Historical Park

The public is invited to join acclaimed Ipswich folk artist Johanne Cassia Thursday, Aug. 11 from 12:30 to 4 p.m. in the Carriage House, 135 Adams St., Quincy - part of the Adams National Historical Site.

Cassia will conduct a four-hour painting class for "artists" of all skill levels who will follow a model Johanne painted of the "Old House at Peace field," the rambling 18th century home of 2nd U.S. President John Adams and his wife Abigail Smith Adams and their descendants.

The event is free.

Space is limited and reservations are required. Reservations may be made by calling (617)-770-1175.

For more information about tours, programs, special events, and family activities at Adams National Historical Park, visit www.nps.gov/adam.

Limited street parking is available on Adams Street

In each class led by Cassia, participants will reproduce her original painting of the Old House as it might have appeared to John and Abigail, who lived in the house from 1788 until 1826. Four generations of their descendants, including 6th President John Quincy Adams and his wife Louisa Catherine Adams, occupied the home until 1927.

In 1946, the Adams family generously donated the Old House at Peace field to the people of the United States.

Cassia will provide step-by-step instruction. Supplies and materials will be provided.

Participants will complete a 16-by-20 canvas and take home a completed painting of the Old House at Peace field, ready to frame. "Artists" will work with acrylic paints, and should wear "painting clothes."

## 'Stars Of Gold Walk' For Childhood Cancer Sept. 11

*Fundraising Event At Pageant Field*

This Star Won't Go Out will host the "Stars of Gold Walk," a 5K walk and family event fundraiser, Saturday, Sept. 11 at Pageant Field in Quincy.

Participants can register online at www.starsofgold.org.

The "Stars of Gold Walk" brings together several childhood cancer charities during Childhood Cancer Awareness Month, including This Star Won't Go Out, Ellie's Hats, and Sophia's Fund. Registration for the event is $20 per person, with a family discount available. All participants will receive an event T-shirt.

The family and pet-friendly off-street walk starts at 10 a.m., with participant registration beginning at 8:30 a.m. Sign up is at the registration table in front of the Ruth Gordon Amphitheater, 1 Merrymount Parkway, Quincy.

Walkers can choose to do three laps to complete a 5K walk, or choose the shorter 1-mile option. Water tables will be set up at the halfway point around the route.

"This is really an historic event in Quincy – a first time collaborative effort by several nonprofit organizations to highlight the needs of childhood cancer during September's Childhood Cancer Awareness," said Lori Earl, founder and director of This Star Won't Go Out, a local Quincy-based charity. "Our hope is to see this event grow into an annual event that raises needed funds to impact pediatric cancer.

"We are excited that during the Stars of Gold event, Quincy Mayor Thomas Koch will join us to award a check to a local family touched by this disease," Earl said.

From 10:30 a.m. until 2 p.m., participants in the community are invited to enjoy a variety of free performances at the amphitheater. Local performers include the North Quincy High School cheerleaders, Brady Academy of Irish Dance, Center Stage, Velocity Dance, and 3D.

Raffle-style tickets will be available for purchase for a variety of activities, including nail painting, lawn games, and human-sized hamster balls. Tickets can also be used to purchase samples from local sponsoring restaurants, and pizza.

Participants are also invited to take a photo for free at the onsite photo booth, and decorate a star in honor of a loved one.

Prizes will be awarded for the most pledges raised, by an individual child, adult, and team; the largest team to register, the most enthusiastic walker; the best-sport pet, and owner/pet look-alike.

For more information, to register or donate online, visit www.starsofgold.org.

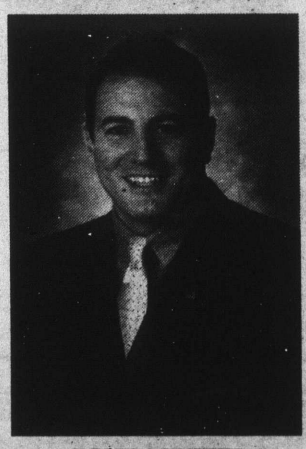
The Stars of Gold Walk is organized by This Star Won't Go Out, a Quincy-based 501c3 charity supporting families through their journey with a child diagnosed with cancer. Since 2011, TSWGO has given out $400,000 in financial grants for expenses not covered by insurance, including mortgage, utilities and travel.

## Tony Agnitti Named Director Of Union Point

Tony Agnitti, president of the Agnitti Insurance Agency, Inc., has been chosen as the South Shore Chamber of Commerce representative to serve on the Board of Directors for Union Point, formerly Southfield Redevelopment Authority.

Union Point is a vast and ongoing project which aims to continue to transform the old South Weymouth Naval base into a 1,400-acre community residing within the host communities of Abington, Rockland, and Weymouth.

Agnitti said he is eager to become a meaningful member of the Union Point Board of Directors, which over the course of the last few years, has made progress on the site, and he hopes he can bring even more to the table.



TONY AGNITTI

"Tony is a 'great fit,'" said Peter Forman, the CEO of the South Shore Chamber of Commerce. "He has development knowledge and is known for his management and leadership skills. He is a diligent, hard worker with the ambition to see the big picture and apply those skills to get things done."

Agnitti, said he looks forward to applying his business expertise to Union Point during the board meetings. He is a former board member at the South Shore Chamber, and currently serves as a director on the Board of Fellows at Norwich University, Archbishop Williams High School, and several other civic organizations.

# Rabies: Symptoms, Transmission, Diagnosis

## *A Message From The Quincy Health Department*

By RUTH JONES
BSN, RN, BC, CP-FS



RUTH JONES

Rabies is a preventable viral disease of mammals most often transmitted through the bite of a rabid animal. The bulk of rabies cases reported to the Centers for Disease Control and Prevention (CDC) each year occur in wild animals such as raccoons, skunks, bats, and foxes.

The rabies virus infects the central nervous system, eventually resulting in brain disease and death. All mammals are vulnerable to rabies virus infection, but only a few species are significant reservoirs of the disease. In the United States, distinct strains of rabies virus have been identified in raccoons, skunks, foxes, and coyotes. Several species of bats are also reservoirs for strains of the rabies virus.

The initial symptoms of rabies are comparable to those of the flu including general weakness or discomfort, fever, or headache. These symptoms may last for days. There may also be soreness or a prickling or itching sensation at the site of bite, evolving within days to symptoms of cerebral dysfunction, anxiety, confusion, agitation. As the disease advances, the person may experience delirium, abnormal behavior, hallucinations, and insomnia. The acute period of disease typically ends after 2 to 10 days. Once clinical signs of rabies appear, the disease is nearly always fatal, and treatment is usually supportive.

To date, less than 10 documented cases of human survival from clinical rabies have been reported and only two have not had a history of pre- or post-exposure prophylaxis.

Transmission of rabies virus usually arises when infected saliva of a host is passed to an uninfected animal. People usually get rabies from the bite of a rabid animal. It is also possible, but rare, that people may be exposed if infectious material from a rabid animal, such as saliva, gets directly into their eyes, nose, mouth, or a wound. Scratches, abrasions, open wounds, or mucous membranes contaminated with saliva or other potentially infectious material (such as brain tissue) from a rabid animal represent non-bite exposures that occasionally require post exposure prophylaxis.

Other contact, such as petting a rabid animal or contact with the blood, urine or feces of a rabid animal, does not constitute an exposure. Casual contact, such as touching a person with rabies or contact with non-infectious fluid or tissue (urine, blood, and feces) does not constitute an exposure.

Rapid laboratory diagnosis of rabies in humans and other animals is crucial for timely administration of post exposure prophylaxis. The laboratory results may save a patient from unwarranted physical and psychological trauma, and financial burdens, if the animal is not rabid.

In animals, a diagnosis of rabies can be made after detection of rabies virus from any part of the affected brain, but in order to rule out rabies, the test must include tissue from at least two locations in the brain, preferably the brain stem and cerebellum. The test necessitates that the animal be euthanized. In the United States, the results of a rabies test are typically available within 24 to 72 hours after an animal is collected and euthanized. Testing within this period is acceptable for determining if a person was exposed to a rabid animal, and requires rabies post exposure vaccinations. In the United States, over 120,000 animals are tested for rabies each year and approximately 6% are found to be rabid. For animals with a low probability of rabies such as dogs, cats, and ferrets, observation periods may be appropriate to rule out the risk of potential human rabies exposure.

Numerous tests are necessary to diagnose rabies ante-mortem (before death) in humans; no single test is adequate. Tests are performed on samples of saliva, serum, spinal fluid, and skin biopsies of hair follicles at the nape of the neck.

Rabies in humans is 100% preventable through rapid and appropriate medical care. One to three people die in the United States every year from rabies, usually due to exposures to indigenous rabid bats, skunks, or raccoons, or to exposure to rabid dogs while traveling overseas. However, astonishingly more than 55,000 people, mostly in Africa and Asia, die from rabies every year - a rate of one person every ten minutes. Disease prevention includes administration of both passive antibody, through an injection of human immune globulin and a round of injections with rabies vaccine.

The most significant global source of rabies in humans is from uncontrolled rabies in dogs. Children are frequently at greatest risk from rabies. They are more likely to be bitten by dogs, and are also more liable to be severely exposed through multiple bites in high-risk sites on the body. This major source of rabies in humans can be eliminated through ensuring adequate animal vaccination and control, educating those at risk, and enhancing access of those bitten to appropriate medical care. It is imperative to manage your pets by keeping cats and ferrets indoors and keeping dogs under close supervision. Visit your veterinarian with your pet on a regular basis and keep rabies vaccinations up-to-date for all cats, ferrets, and dogs. Call animal control to remove all stray animals from your neighborhood since these animals may be unvaccinated or ill.

For questions concerning Rabies, call your local Health Department or visit the CDC's website at www.cdc.gov.

*Ruth Jones is the director of Nursing for the City of Quincy Health Department.*

# Dan Breen Memorial 5K Red Shoe Run/Walk Sept. 10

## *Presented By Beth Israel Deaconess Hospital - Milton*

Beth Israel Deaconess Hospital –Milton (BID-Milton) will present the third annual Dan Breen Memorial 5K Red Shoe Run/Walk on Saturday, Sept. 10 at 10 a.m. at Cunningham Elementary School, 44 Edgehill Rd., Milton.

The 5K run/walk is in memory of Daniel J. Breen, a transport aide in BID-Milton's Emergency Department, who was killed in a car accident in October, 2013. Mr. Breen, a Scituate native, was also a 2013 graduate of St. Anselm College and a member of the South Shore Anchors Rugby Football Club.

Funds raised by the run/walk will go towards disaster preparedness projects and continuing professional staff education for BID-Milton's Emergency Department.

"Dan defined the phrase 'All American,' and his enthusiasm and humor are simply irreplaceable," said Cecelia Pukt, chair of the Red Shoe Run/Walk Race Committee. "This 5K road race and walk not only honors Dan's legacy but also helps raise funds for a service that helps others in their time of greatest need and that Dan felt so strongly about – the BID-Milton Emergency Department."

Runners/walkers may preregister online at www.redshoerun.racewire.com.

The registration fee is $35. Registration by check or cash the day of the race begins at 9 am. at the school.

For more information email djbredshoerun@gmail.com.



MEMBERS OF THE BID-Milton Emergency Department and friends relax after taking part in the 2015 Dan Breen Memorial 5k Red Shoe Run/Walk. This year's walk is set for Sept. 10 at Cunningham Elementary School in Milton.

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# Teel Field Seen Ready In September; Koch Eyes Work At Vets' Memorial Stadium

*Cont'd From Page 2*

month," Koch said Aug. 3. "We're going to work out a program where the sports teams can practice on the field. But the entire facility won't be ready probably until mid to late October.

"It's such a public works project – not just a field. We surcharged the field – that material was then moved over and it's surcharging where the parking lot will be, which is basically squishing the land down so there is no settlement after the fact.

"They're actually laying the turf today on the field. I just drove by and said whoa. The scoreboard is up. The lights are up. They're laying the turf. Once they start the turf, it's about 10 days before the turf is finished. So that's humming along."

The Teel Field stadium will have an artificial playing surface, and can be used by North Quincy High's football, soccer and lacrosse teams for games and practice. Koch expects the soccer teams to use the field for some games starting this fall and lacrosse teams in the spring of 2017. North's football teams – particularly the freshman and varsity squads – could also play games during the upcoming season.

Eventually, Koch said, North's varsity teams in each of those sports could call the field home, though marquee football games might still be held at the larger Veterans' Memorial Stadium, which can accommodate more than 3,500 fans in the grandstands on the home sideline alone. Teel Field will have room for 350 in the grandstands, plus standing room for several hundred others.

"I think you'll see every game there with the exception of some varsity football games. That's my guess in the end," the mayor said. "That's adequate for varsity soccer, varsity lacrosse games. You don't get hundreds and hundreds of people at these games. It will be adequate for it.

"In fact, there is an argument to be made by some that you might get more kids going to the game after school – they'll just walk from the school, go across the street and catch the game. You might pick up some in that regard."

The city's public schools will have first priority when it comes to scheduling at the new Teel Field stadium. When the schools aren't using it, youth programs will be able to.

"Maybe the Apaches will end up going there. Maybe the Squantum Storm will end up going there for some of their stuff. I don't know at this point," Koch said. "Rather than have every game at [Veterans' Memorial Stadium] on Sundays, maybe some of them will be there."

The mayor said some of North's teams would likely continue to practice at Cavanagh Stadium, located on Birch Street a short distance from school. He noted some teams, such as the girls soccer squad, have had to practice as far away as Quarry Hills.

"We're trying to keep kids close to the building," he said.

Koch said the new stadium would have a new name, though he was not ready to make it public.

"Yes, there will be," the mayor answered when asked if the stadium would have a name. "I'm not ready to announce it, but there will be a number of dedications there."

One such dedication is a flagpole that will be dedicated to Francis Mullen, who attended North Quincy High School before joining the Army during World War II. He was killed in France.

"Nothing was ever done for him," Koch said.

The Teel Field project is being completed at a cost of $14.75 million - $2.75 million- more than originally budgeted. Of that total, the city spent $4.8 million to purchase nine homes – eight on Hunt Street and one on Newbury Avenue – that were razed to make way for the improvements to the field.

Koch said it was important the homeowners received fair value for their property.

"I don't care what project you look at – that's always what happens and if you don't do that you end up in court and five years later you're paying more. The other reality is, we look at market comparisons. You had a two family on Hunt Street. When you look at the comparisons in North Quincy, the values are pretty high. You're near the T. The market was such that it was going up as we were negotiating," Koch said.

"People got attached to their homes – I get it – so some people were very reluctant, but in the end they all seem to have settled in nicely to new homes. The city did the right thing and I think it's all going to work out.

"I think people are going to forget about that in a couple years. I took a lot of heat on the (new Faxon Field) track, as you know. I was sued. After the track was in, everyone forgets the negative, 'this is beautiful, this is great.' Everyone is using it and when you drive by you see it.

"I think that will happen there (Teel Field) too. Once it's up and running and people see the value and what it's going to do for that school community and neighborhood, it's a no-brainer."

As the city is completing work at Teel Field, Koch said there is work to be done at Veterans' Memorial Stadium. The stadium's 1930s brick wall needs work in places, and its artificial playing surface, installed in 2006, will need to be replaced within a year or two.

"There are two concerns there for me," Koch said. "One is the wall. We've chipped away at doing sections of the wall. I did a recent walk around there and there are a number of sections that have be done and some that haven't been done...that's got to be addressed.

"The field, we're looking at a replacement of the turf within a year or two – that's my guess. That's not nearly as extensive as building a field, because essentially you suck up all the material in it and then you take the carpet up and you put a new carpet down and put the material back in."

Adjacent to the stadium is Varsity Soccer Field, which the city is regrading to help alleviate flooding concerns.

"We're just doing Varsity Soccer Field all over," Koch said. "That's going to be regular, natural turf, but we're building it up by about a foot in places so we don't have the flooding issues that we've had. That's obviously a major improvement."




**BRICK AND GRANITE FAÇADE of the nearly 80-year-old Veterans' Memorial Stadium on Hancock Street across from the Central Middle School. Mayor Thomas Koch says there is work to be done at the stadium built in 1937 including the brick wall that encircles the sporting venue as well as the field turf. The mayor said the brick wall needs work in places, and the artificial playing surface, installed in 2006, will need to be replaced within a year or two.** *Quincy Sun Photos/Robert Bosworth*



**VARSITY FIELD, adjacent to Veterans' Memorial Stadium, is also undergoing a makeover. The field has been regraded to help alleviate flooding concerns and new natural turf will be installed.**

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# New Park Name Likely 'Hancock Adams Green'

*Cont'd From Page 1*

"It's probably going to end up being Hancock Adams," he said. "We've gone back and forth about it."

Koch gave three reasons for the latest change in names: The park is located on what was once Hancock Street between the two historic buildings, the Hancock Cemetery is located adjacent to the park, and the new name sounds better.

"It was Hancock Street. It's the Hancock Cemetery right there," Koch said. "And I think just rolling off your tongue, Hancock Adams seems to work better than Adams Hancock."

The first part of the new park – the Walk of Names, featuring some 4,000 personalized engraved bricks with the city's famed ball of polished Quincy granite as its centerpiece – was slated for completion this summer. Koch said that part of the park, located in front of the glass City Hall annex building, should be completed in September because there is a delay in getting granite needed for the space.

"As I understand it, there has been a backlog in getting the granite. It's taking longer to secure it from wherever they're buying it from. I don't know if it's a backlog at quarry or what specifically the issue is, but there is a hold up in that," Koch said.

"The bricks are almost finished as far as being engraved, but you've got to get the edges in first – the granite in first. Then the walkway goes in pretty quickly. They're over there again. They poured another foundation wall today for the granite. A lot of the heavy work, the underground work, has been just about finished.

"We were originally talking the end of July. My guess is it's going to be the middle of September before it's completed."

Also completed in September or October will be the road and sidewalk project undertaken in Quincy Center to support the closure of the stretch of Hancock Street between the two buildings, Koch said.




**SIGN ATTACHED to chain link fence in front of the new Walk of Names site - which is part of the new public park being constructed in the area of City Hall and United First Parish Church - refers to the new space as the Adams Hancock Green. The name will probably be changed to "Hancock Adams Green," according to Mayor Thomas Koch.** *Quincy Sun Photo/Robert Bosworth*

The last major piece of the $8 million roadwork project, largely paid for by a federal earmark, is the widening of the sidewalk in front of the Granite Trust Building at 1400 Hancock Street. The goal is to improve the intersection by narrowing it down.

"They've got the curb lines to do that – that expansion out in front of the bank where the corner is coming out," Koch said.

"Part of the whole plan with this was to narrow things down. You had these big, unwieldy areas where people were doing all kinds of things with cars. This narrows it down and makes it safer for everybody. This piece is part of it, to narrow that intersection down to make the crossing safer and easier for pedestrians."

After the sidewalk work is complete there, the entire area from Dimmock Street to Granite Street will be repaved. The city wants that to be done last to ensure resurfacing goes smoothly.

"We made the conscious decision to wait until everything is done and pave everything together so it's all matched in nicely and you don't have these seams everywhere," Koch said.

The new sidewalk in front of the Granite Trust Building will result in the loss of two or three parking spaces, Koch said. He noted, however, that new spots were added on Granite Street. The mayor said he lobbied to install those parking spots and others for the sake of local businesses.

"They had no parking in a number of locations that I said 'this isn't going to work, we've got existing businesses that operate,'" Koch said.

"I tried to find the middle ground to make things safe but also provide parking. There is far more parking in the plan than when the first plan came out conceptually from the original designers of it."

"No, but it will be," Koch replied when asked if the funding was in place. "We're chipping away at it."

Overall, he said the project still resulted in a net loss of spaces because those in front of City Hall are no longer there. But there are about a dozen spaces behind the Munroe Building available for the public to use for City Hall business.

"[There are] probably 12 or 15 spaces, which is pretty close to what was in front of City Hall," Koch said. "We've done a number of notices on it…I know people are finding it because I see them coming that way when they're paying their taxes."

Completion of the entire Hancock Adams Green park is slated for late 2017 or early 2018. The city has not yet secured funding to complete the entire park.

The mayor said he asked for an update on the project's remaining cost, but had yet to receive it.

"I've asked for an update on that because we've been doing certain aspects of it. So now I've asked them for an update – taking it from that now to the finished product, what are we looking at for a number?" Koch said. "I haven't gotten that yet."

The park will feature larger than life statues of its John Adams and John Hancock. The statue of Adams will be placed on the northern end of the promenade that will run along the former Hancock Street right of way, and the Hancock statue on the southern end, near the Hancock Cemetery.

Sergey Eylanbekov, a Russian-born sculptor with a studio in Pietrasanta, Italy, was commissioned to design the two new statues. Koch said the city has received them, and they are now being stored in a Canton warehouse until it is time to install them in Quincy Center.

"We had some discussions about that – including the artist – and whether we put them temporarily on display somewhere," he stated. "I really felt strongly that we've got to wait and put them in, because it's not just the bronze statue, it's the setting, it's the place making, it's those components that relate to it. There is going to be engraved verbiage about each of them in the space around them."

Koch was able to view them while they were still partially in the crate.

"From my viewing of it, I think the artist really nailed it. You'll know the time period and you'll know who they are just by looking at them. I think they're that good," Koch said.

"They both have the [tricorner] hats, so you know the time period. Adams has the walking stick with a document in his other hand, and John Hancock has the pen in one hand and holding the declaration in the other. You don't need to be a history major to figure it out."

In addition to the two new statues, two existing ones – one of Abigail Adams and a young John Quincy Adams outside the United First Parish Church and the other of John Adams on the McIntyre Mall – will also be incorporated into the new park.

The statue of Abigail and John Quincy Adams was installed in 1997 and the sculpture of John Adams was added five years later. Both were commissioned by the Quincy Partnership and were designed by Lloyd Lillie.

Those statues will be placed in the vicinity of the Hancock Cemetery, in an area of the park meant to resemble the Adams' home at Peace field.

"We have a park within the park that's going to have Abigail and John Quincy and John and that's going to be in a garden area that has similar plant material as Peace field," Koch said. "We're working that in."

In the long run, Koch said he would like to see a separate statue for John Quincy Adams. Unlike the two new statues, the mayor said he would like to see one of just the sixth president's head, to represent his intelligence.

Koch identified a bust of longtime Boston Pops conductor Arthur Fiedler on the Boston Esplanade and one of John F. Kennedy at the Kennedy Center in Washington, D.C., as two examples of what a bust honoring the John Quincy Adams could look like.

"Over time I've already been giving some thought to something special with John Quincy," Koch said. "I've seen a few of them over the years – Arthur Fielder has one, JFK has one – the statue is more of the head rather than the full body.

"Where John Quincy Adams was an incredible mind, I've got to believe some artists could do something pretty special if we were doing a bust or a head in a unique way for a special space out here somewhere."



# New Middle School Could Have Different Name

*Cont'd From Page 1*

"There is some discussion about can we honor Reay Sterling with something inside the building and go back to the old neighborhood name. It was South Junior High," the mayor said. "The five middles were all geographic – Atlantic, Broad Meadows, Point, Central and South. I like the geographic connection to a neighborhood, because it ties a school to a neighborhood.

"So I am going to be talking to the School Committee about the possibility of, can we name Reay Sterling's memory another way inside the school – in the entrance – and perhaps think about going back to the old name to connect to the neighborhood."

The school is projected to cost $58 million to construct, with the state paying $28.5 million of that total. The City Council will be asked in September to approve financing for the project.

Koch said the $28.5 million Quincy is set to receive from the Massachusetts School Building Authority for the project is the maximum amount the state would reimburse. Certain features, including an auditorium, are not reimbursable.

The building will be located on the same site Sterling sits on now, set further back from Granite Street. The school will stand three stories tall – though only the top two stories will be visible from Granite Street because of the site's topography.

Koch said that unlike the new Central Middle School, which opened in 2013, the replacement for Sterling is being built in a residential neighborhood, and its design will reflect that.

"It will be very different than Central, for example," the mayor said. "Central is on a main thoroughfare on Hancock Street, so you've got the big brick structure.

"Sterling is in a neighborhood, so we're working with the architect to more reflect and fit with the neighborhood and to step it into the topography of the site rather than have this big square brick building stuck between houses like Sterling is (now)."

The area on Granite Street where the current school stands will be largely turned into green space after the building is torn down, with about a dozen parking spaces available for visitors and a dedicated drop-off/pick-up lane. Fifty spaces for school staff will be included on the Roberts Street side of the building. The new school will include more than twice as many parking spaces as the current building, which has 29 spaces.

"We're stepping it back. Obviously the building has to stay there, so when the building comes down that's all going to be green space, with some parking," Koch said. "On the back, you'll have a back entrance with parking for the teachers. The gym will be off the back as well as the cafeteria connection. It's really well thought out.

"If you have an evening event, you have a parking lot in the back, you can pull in there and then go into the building. Today, you have something over there it's so tight, so jammed, the neighborhood streets get filled pretty quickly."

The new middle school will be able to accommodate up to 430 students in grades five through eight. Academic neighborhoods for grades five and six will be located on the first floor of the buildings, with grades seven and eight above. The lower level of the building, accessible from the Roberts Street side, will include the gym, music room and a 280-seat auditorium.

"It has all the bells and whistles for a middle school," Koch said. "What the state does not reimburse for is the auditorium for a middle school. We made the decision from day one we're building the auditorium whether it's reimbursable or not. You've got to have an auditorium."

The mayor said the construction of the new middle school would have a positive impact on the surrounding neighborhood and the city as a whole.

"First of all, it's a huge message to the people of the city – another school project – that this city really values education and the importance of it. Not that building is the be-all and end-all, but an up to date, state of the art, safe, healthy learning environment goes a long way," Koch said.

"Then we have an older neighborhood, and I don't want to say this to offend the neighborhood at all, but there is some old, tired housing stock and some old commercial in there. I think this will be a boost and will lead to further investment.

"When families are looking at a city or town, they look at the schools as one of the things, so this is another commitment on another brand new school. I think people see that and value that, and I think more families will then choose perhaps that neighborhood for that reason. It has a snowball effect for a neighborhood."

Not far from Sterling, Koch has also set his eyes on the former St. Mary School on Crescent Street. In his newest capital improvement plan, unveiled in May, the mayor said he would like to see a new public elementary school built on site.

This fall, Koch said he would ask the City Council for permission to acquire the site – as well as four Houghs Neck parcels as part of improvements to the maritime center there. That would allow the city to work with the MSBA to get the new elementary school built in West Quincy; the city has already submitted statements of interest to start the process of replacing the Squantum Elementary School.

"I'll be going back to the council with our capital improvement plan this fall, and we're going to be looking at not only the Houghs Neck acquisitions but the St. Mary acquisition," Koch said.

"Again, this is about long-term planning for the city. That doesn't mean we're going to be building a school there next year. It's now we know we have a secure piece of land to work with, now we'll start looking at availability of funding from MSBA, because we've talked about replacing Squantum School as well. How do we queue these things in the pipeline and get them done?"

Purchasing the former St. Mary School would prevent a developer from going in there, which would force the city to look elsewhere for a new school site, Koch said.

"The first phase of St. Mary's, the convent, was sold off. There are condominiums there now. If we let this go, that could potentially happen there as well," the mayor stated.

"It's a built out city and when you try to buy a site that's built, you're buying structures. It's very costly and that doesn't get reimbursed from the state. That could be a huge amount."

"There was a school there," he continued, "the neighborhood was used to a school. It's not like we're introducing a new use. It was an elementary. This would be an elementary. Who knows when, but I think we're doing the right thing in preparing for it."

The acquisition of the four lots in Houghs Neck – including three homes in the vicinity of the Houghs Neck Maritime Center parking lot as well as the parking lot used by Louis, a Sea Street restaurant – was included in the capital plan unveiled in May.

Koch said he has reached out to the owners of the three homes, and they have been receptive to selling their property to the city. Formal negotiations have yet to begin, however.

"We have not entered into formal negotiations. We've communicated with each of them of our desire, and that we would be talking with them more formally, and that will be handled by the law office," Koch said.

The mayor said he does not expect to have to use eminent domain to take the properties.

"I wouldn't use it anyway because I don't believe the council would support it," he said.

Koch also included improvements to Quincy's parks in his capital plan. He intends to use the city's hotel tax receipts to finance the park improvements – hotel tax receipts can only be used for park projects and for promoting tourism – and could go before the council sometime over the next 12 months for permission to do so.

"We're looking at a number of park improvements going forward. A number of years ago, we borrowed against the hotel tax for a lot of park improvements. We've been paying that down so there is going to be room now to go out and bond again against the hotel tax. That's paid by the hotel tax and not the taxpayers of the city. We're doing some analysis now of what we can absorb and what can we include for projects," Koch said.

"Everywhere we go across the city, I think we've raised the bar on the parks completely, but they all need something. They all need work. Some may need a fence, some may need a backstop, some may need new turf, a basketball court may need to be redone somewhere, maybe its backboards. You try to keep up with playground equipment. We're getting to the age where a lot of that is almost 20 years old. We put in when I was park director 25, 26 playgrounds and tot lots all across the city. Well that starts to get to the point we've got to start replacing."

Included among those park upgrades will be a master plan for 80-acre Merrymount Park, the city's largest.

"Merrymount Park to me is the gem of our system. It's a complete park with everything from upland to marshes right into Quincy Bay. It's all there. It has tremendous passive use as well as great utility for formal recreational use, so we'll be looking to do major work there," Koch said. "There will be a lot of planning."

As part of the master plan, Koch would like to see a series of trails, footbridges and boardwalks connecting Pageant Field, Pine Island, Fenno Street, Quincy Shore Drive and Caddy Park.

"I really want to make the connection between Quincy Shore Drive and Merrymount Park for walkers and bikers," the mayor said. "That would be a magnificent place for people to enjoy. Quincy Shore Drive is beautiful – you're along the water – but the traffic is going right by you. This you're in off of the traffic. It's like you're not even in the city."

Work is also planned for Faxon Park, Quincy's second largest park.

"Faxon Park is the next largest park in our system, almost the same size as Merrymount now with the addition of the other parcels," Koch said. "That is less formal use up there – there is a lot more wooded land. We've been working the trails and trying to work the tree inventory, clean up the briars and undergrowth. There is all this stuff to do."

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**HEALTH ED OF NEW ENGLAND will hold a Basic Life Support certification course for healthcare providers Tuesday, Sept. 13 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy. The cost is $50 per person. This course requires preregistration by Monday, Sept. 12. For more information, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com. Pictured here is Barbara Augello with one of her CPR manikins.** *Photo Courtesy Health Ed of New England*

# New FR Bridge Span Installed This Summer

*Cont'd From Page 1*

date, time, and method to accomplish this," Tinlin said in a statement issued by agency deputy communications director Ryan Grannan-Doll.

"Once MassDOT is satisfied with the logistics of the new span's installation, there will be notification to property abutters, elected officials, and other parties. The timeline will be scheduled so that it is in the best interest of public safety and in keeping with the needs of the project."

The $244 million state project to construct the new Fore River Bridge and demolish the temporary span that now crosses the river is scheduled for completion in October 2018. MassDOT in February said the project was running some 700 days behind schedule because of fabrication issues with the eight sheaves – counterweights that lower and raise the bridge's central span – as well as fabrication and delivery of the tower erection steel.

The delay in the arrival of those sheaves meant MassDOT had to push back lane reductions on the temporary bridge, when the number of lanes for vehicle travel will be cut from four to two. That lane reduction is anticipated to begin in April 2017 and continue through August 2017.

Construction of the new bridge began in the fall of 2012. At that time, the new bridge was set to open in September 2016.

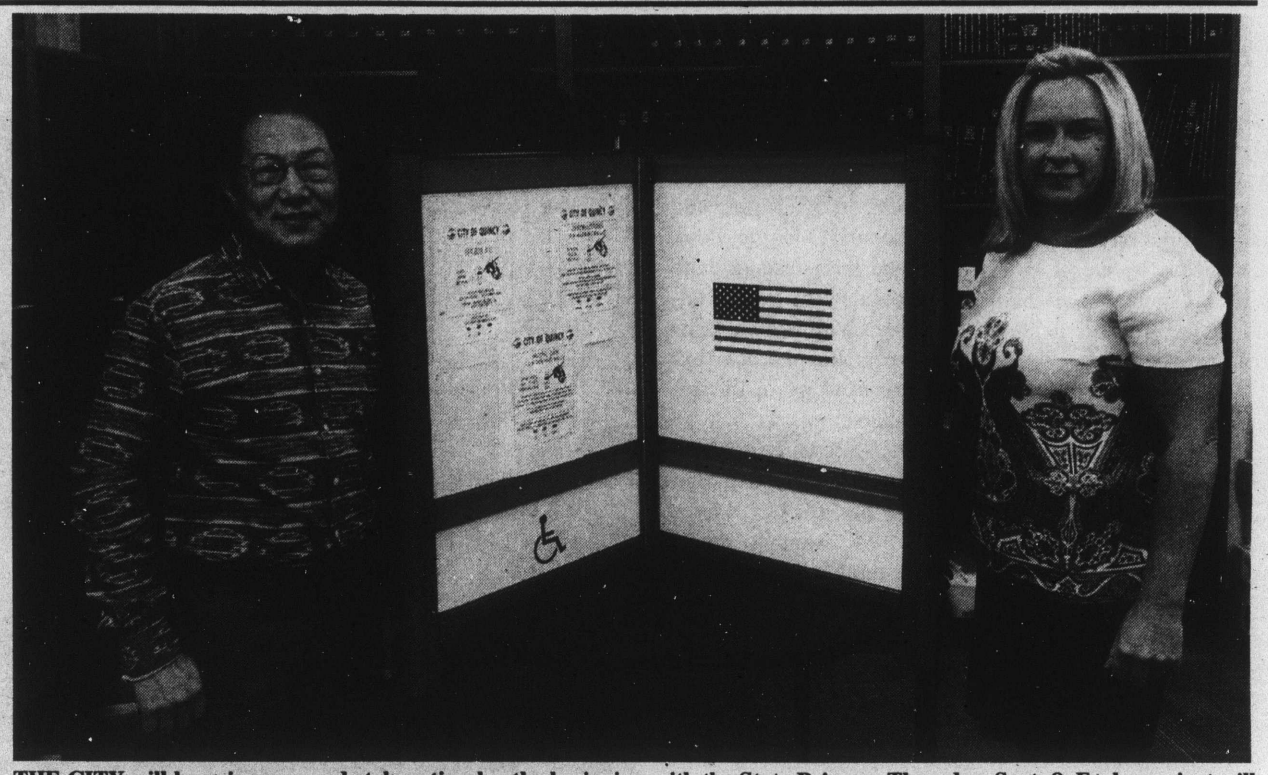
The new bridge will replace a temporary span that first opened to traffic in 2002. Residents on both sides of the Fore River, which carries Route 3A from Quincy into Weymouth, have long derided the temporary span, likening its appearance to a child's erector set.

The temporary bridge was built after the 1936 bascule bridge over the river was found to be badly deteriorated. The center section of that bridge was demolished in 2004; its approaches were retained and will be utilized by the new bridge.

The new bridge is designed to carry the 32,000 vehicles that travel on Route 3A daily and has an estimated life span of at least 75 years, 'according to MassDOT.

The new bridge's vertical clearance of 60 feet over the water is 10 feet higher than the temporary bridge, which officials have said would reduce the number of openings required. The horizontal clearance of the main channel under the new bridge will be 250 feet, compared to the temporary bridge's horizontal clearance of 175 feet.

The new bridge will have four 12-foot lanes – two in each direction – and five-foot bike lanes on both sides. The sidewalks of the bridge – one in each direction – will be six-and-a-half feet wide on the movable section and nine feet wide on the remainder of the bridge.



**THE CITY will be using new pod-style voting booths beginning with the State Primary Thursday, Sept. 8. Each precinct will have four voting pods and each pod provides private space for four voters at one time. One of the pods is handicapped accessible (shown above.) Flanking one of the new pods is Vincent Au, an Election Department clerk; and City Clerk Nicole Crispo. Absentee voting is also underway at the Election Department located on the second floor City Hall (glass annex building), 1305 Hancock St. Absentee voting will continue until Wednesday, Sept. 7 at noon.** *Quincy Sun Photo/Robert Bosworth*

# Permanent Signs At QC Crosswalks

*Cont'd From Page 1*

portion of road between the United First Parish Church and City Hall. One HAWK beacon is located on either side of the church.

HAWK beacons are the new federal standard for signalized pedestrian crosswalks, a standard adopted in 2009. William Geary, the special counsel to Mayor Thomas Koch for downtown development, said a federal study found HAWK beacons reduce the rate of vehicle/pedestrian crashes by 69 percent and have a 97 percent compliance rate.

The HAWK beacons feature three lights in a triangle pattern – two red lights on top and a yellow light at the bottom. The lights are normally off – meaning drivers can proceed with caution through the crosswalk.

Once a pedestrian presses the button to walk, the yellow light will flash, which indicates to drivers that the button has been pressed. The yellow light then turns solid, telling drivers to prepare to stop. After the solid yellow light, the red lights are both activated, which means drivers need to stop. Finally, the red lights flash, indicating drivers need to stop and then proceed if clear.

Geary said that sequence follows the same standards used throughout the state – yellow means prepare to stop, solid red means stop, and flashing red means stop and proceed if clear.

The city had previously put up two temporary orange signs on the side of the road explaining the sequence to drivers.

Permanent signage is to be installed on top of the poles carrying the HAWK beacons over the road. The signage instructs drivers to solid stop on red and stop on flashing red and proceed if clear. The city of Bellingham, Washington, uses the same type of sign at HAWK beacons there.

The city was required to install the HAWK beacons because that is the new federal standard for signalized crosswalks.

"Things are done according to national standards and state standards. We can't make up our own systems," Koch said in a recent interview. "Remember the old days, a pedestrian light was red and yellow? We had to stop doing that because it didn't meet the standard and if there is an accident or something and you're not following the standards, then the city has certain liability.

"So we follow the standards set forth by the federal and state government, particularly when there is state or federal money involved."

The roadway project in Quincy Center was funded through a federal earmark. It also included the installation of new traffic lights at several intersections, such as the one where Washington, Hancock, Coddington and Temple Streets meet that came into service June 24.

One signal – at the intersection of Hancock and Granite Streets – has yet to be activated. Koch said that would be put into service in September or October once the sidewalk in front of 1400 Hancock St. is rebuilt.

Geary said the administration has been pleased with the flow of traffic in Quincy Center since the change was implemented, and public feedback has been positive as well.

"We're pretty pleased with the way traffic is flowing in Quincy Center since the reconfiguration, and that is the feedback we have received from most members of the public," Geary said.

Geary said there have been no discussions he is aware of concerning a possible reduction in the speed limit in Quincy Center along Hancock Street, because there have been no complaints about drivers speeding on that part of the road.

"I am not aware of anyone complaining about excessive speed in Quincy Center," he said.

The speed limit in the area, according to Quincy police, is 30 miles per hour, though the fundamental speed law is enforced, meaning motorists driving too fast for road and traffic conditions can still be ticketed even if they do not exceed 30 mph.

## BCS Open Rehearsal Sept. 13

Open rehearsals will mark the start of Braintree Choral Society's 93rd season of continuous performance on the South Shore.

New singers are welcome throughout September as preparations begin for the winter program to be performed on Dec. 11th. The concert will feature the Buxtehude "Magnificat" as well as seasonal music.

BCS will hold its first rehearsal, Tuesday, Sept. 13th at 7:15 p.m., in the Braintree High School music room, 128 Town St., Braintree.

For more information see www.braintreesings.org

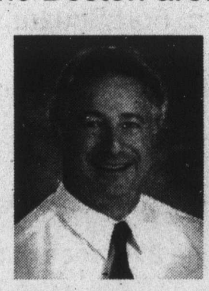
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# Students Paint Signal Boxes With Positive Messages

By SCOTT JACKSON

A group of local art students recently painted over several gray traffic control signals in the city – after receiving the go-ahead from Quincy officials – to help add public art and express positive messages.

The students all attend classes at The Art Spot, a studio on Franklin Street that worked with the city to paint five traffic signal boxes in Quincy Center, one in Wollaston and one in North Quincy. Sharon Pierce, the owner of The Art Spot, hopes to expand the public art project out to other signal boxes in the future.

"We're hoping it's a pilot program to get things going. We want to educate the students and the public on public art," Pierce said. "We're trying to get them to express themselves in an open and positive way."

Chris Walker, a spokesman for Mayor Thomas Koch, said the city was happy to work with the students to help add public art in Quincy.

"We're happy to participate and help them out," he stated,

The students – Jordan Cedrone, Ana Roth, and Maddie and Maggie Power – and their teacher Julia Roth painted the traffic control boxes with vivid designs and colors, based around expressions and words the students chose.

"Each student picked a quote and built their design around her quote," Pierce said. "We want to make people think a little bit."

Examples of the new art include "Adventure Awaits" on signal box at the Thomas Crane Public Library's lawn on Washington Street. The signal box there was painted a shade of teal and its design includes a series of arrows.

A pair of signal boxes were painted on McIntyre Mall in front of City Hall. One includes the word "Breathe." The other has the word "Express" on one side and "Repress" on the opposite side. Both those signal boxes are painted in colorful patterns featuring shades of blue, purple, pink and other colors – each also has black and white stripes.




**PUBLIC ART PROJECT undertaken recently by four students at The Art Spot and their teacher included the painting of seven gray traffic signal boxes with the city's blessing. Each signal box includes a word or phrase and a design based on that expression, such as the one that says "Adventure Awaits" on the Thomas Crane Public Library lawn. From left: instructor Julia Roth and students Jordan Cedrone, Ana Roth, Maddie Power and Maggie Power.** *Photos Courtesy Sharon Pierce*

Pierce said painting the signal boxes and interacting with the public while doing so was an experience for the students they had not had before.

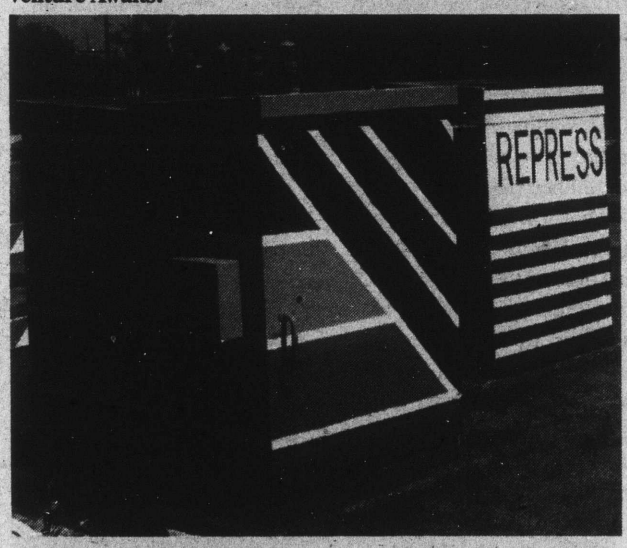
"It was an eye opener," she said.

Walker said the mayor hopes to build on the program in the future, and other artists interested in painting on the signal boxes should contact the city before doing so.

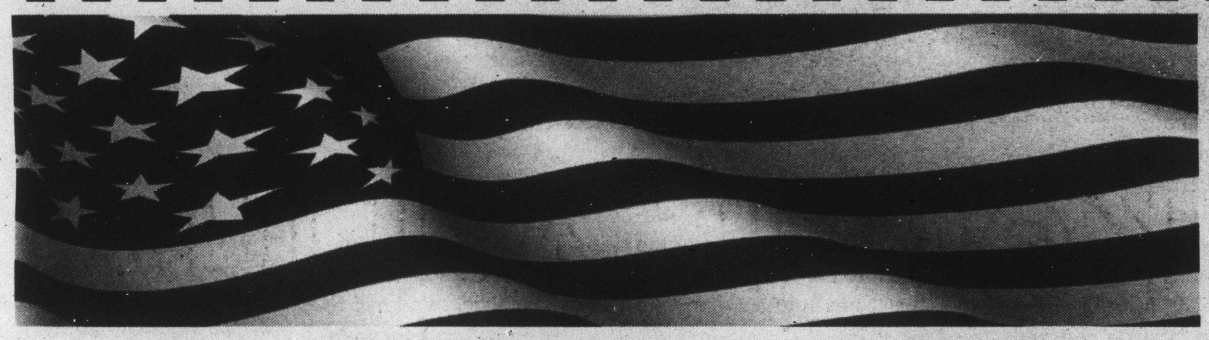
"It's not open season on control boxes," he said.



**ANA ROTH spray paints the traffic signal box at the Thomas Crane Public Library's lawn with the positive message "Adventure Awaits."**

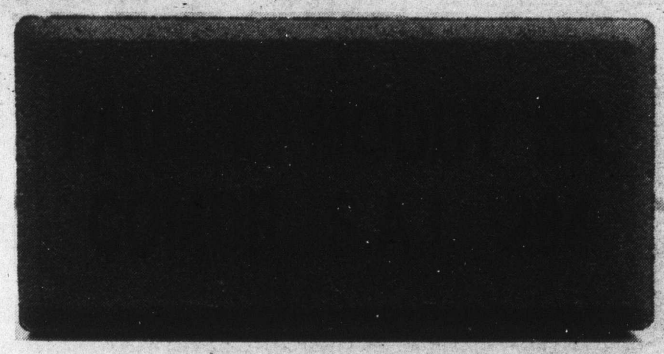



**SEVEN GRAY TRAFFIC signal boxes in Quincy Center, Wollaston and North Quincy were recently painted over by four students at The Art Spot on Franklin Street. Each box features an expression and design based on that word or phrase. Pictured are two at the McIntyre Mall in front of City Hall. The box on the left says "Breathe" while the box on the right says "Repress" on one side and "Express" on the opposite side.**

## FLAGS FOR VETS ISLAND SQUADRON 294

## "Bricks for Veterans" Program



Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy has begun a new initiative called "Bricks for Veterans." The Squadron is selling bricks for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service.

The inscribed bricks will line the walkway to the main Flag Pole at Flags for Veterans Island, Fort Square, Quincy.

This form can be clipped, filled out and mailed to order a brick. A sample brick appears above.

**BRICKS FOR VETERANS**

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
22 Conant Rd.
North Quincy, MA 02171

*For more information, call 617-472-5952*


## Block Island Trip Aug. 16

The Quincy Council on Aging has scheduled another trip to Block Island on Tuesday, Aug. 16.

The day trip includes Block Island sightseeing tour, lunch at the National Hotel, round trip Block Island Ferry and motor coach.

There will also be time to browse the shops.

The trip is for anyone over the age of 60.

The cost for the day is $109. Bus departs from Quincy at 8 a.m. and departs from Block Island at 4 p.m. arriving home at approximately 7 p.m.

To sign up for this trip visit the Kennedy Center. Payment is due at sign up. For more information call (617) 376-1506.

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# 'Christmas In July' Raises $6,850 For Salvation Army

## *Three-Year Event Total $9,080*

By ROBERT BOSWORTH

Through the generosity of many passersby and volunteer bell ringers, the third annual "Christmas in July" fundraiser to benefit the Salvation Army of Quincy was a big success, raising more than $6,800.

More than 40 volunteers manned the kettle set up outside The Quincy Sun office in Quincy Center July 28 for nearly 10 hours despite very warm conditions on a typical summer day. Together the volunteers and many folks who stopped by to help fill the kettle with donations raised a grand total of $6,850.

In three years, the event has raised $9,080 for the Salvation Army of Quincy's mission of helping the less fortunate in the community not just during the holidays but year-round.

"Need has no season" says Capt. Timothy Ross, Quincy Corps Officer for the Salvation Army. "We will continue to find ways to support those who are looking for a helping hand throughout the year."

You might think a Salvation Army red kettle on a sidewalk under a hot summer sun would not generate much reaction – let alone donations – from the public.

Think again.

Many walking along Hancock Street in front of the Sun's office stopped to put a few dollars or change or even a check into the kettle. Many also thanked the Salvation Army for providing assistance to those who need it most.

It was a festive occasion with a Christmas tree set up next to the kettle. Holiday music played on a small battery-operated CD player. Even Santa joined in the fun – albeit opting for casual attire like a Hawaiian shirt and flip flops instead of the familiar red suit and black boots.

Youngsters especially seemed to enjoy the atmosphere. A few beamed with pride after dropping a few coins and paper bills into the bucket.

Capt. Ross said the Salvation Army is grateful to everyone who participated and supported this year's fundraiser.

"The Salvation Army wishes to thank everyone who contributed to the "Christmas in July" kettle outside the Quincy Sun's office July 28. It was a beautiful day to help raise funds for the Salvation Army and we are grateful for all those who stopped by and dropped some money into the kettle," Capt. Ross said.

The money raised will go a long way in helping those in the local community who find themselves in need during the summer season.

"These funds are necessary to be able to provide emergency assistance throughout the summer months," Capt. Ross said. "This includes camperships to The Salvation Army's Camp Wonderland, providing food through the food pantry, rental assistance, utility assistance and more."

Plans are in the works for next year's "Christmas In July" kettle fundraiser that is tentatively set for Thursday, July 27, 2017.

The Quincy Salvation Army is also looking for folks to ring the bell at kettles this upcoming holiday season. If interested call Capt. Timothy Ross at 617-472-2345.




**SOME 40 VOLUNTEERS rang the bell for the Salvation Army at the third annual "Christmas in July" fundraiser July 28 outside The Quincy Sun's newspaper office, 1372 Hancock St., Quincy Center. The first group of volunteers manning the kettle from 8 to 9 a.m. that morning were (from left) Barbara Clarke, Quincy Salvation Army Advisory Board member; longtime Salvation Army volunteer Cathy Birchmore; Amy Bosworth, wife of Quincy Sun publisher Robert Bosworth; Aiko Cordova, Dorothy Newell, Quincy Salvation Army Advisory Board; and Capt. Timothy Ross, Quincy Corps Officer. Birchmore, who has volunteered for the Salvation Army for more than 40 years, rang the bell all-day from 8 a.m. to 5:30 p.m.** *Quincy Sun Photos/Robert Bosworth*




**ALL SMILES DURING their shift ringing the bell for the Salvation Army are volunteers (from left) John Pasciucco and Maralin Manning, Salvation Army Advisory Board; volunteer Cathy Birchmore, Councillor at-large Noel DiBona, Capt. Timothy Ross, volunteer Bill Connors and Don Uvanitte, chairman, Salvation Army Advisory Board.**



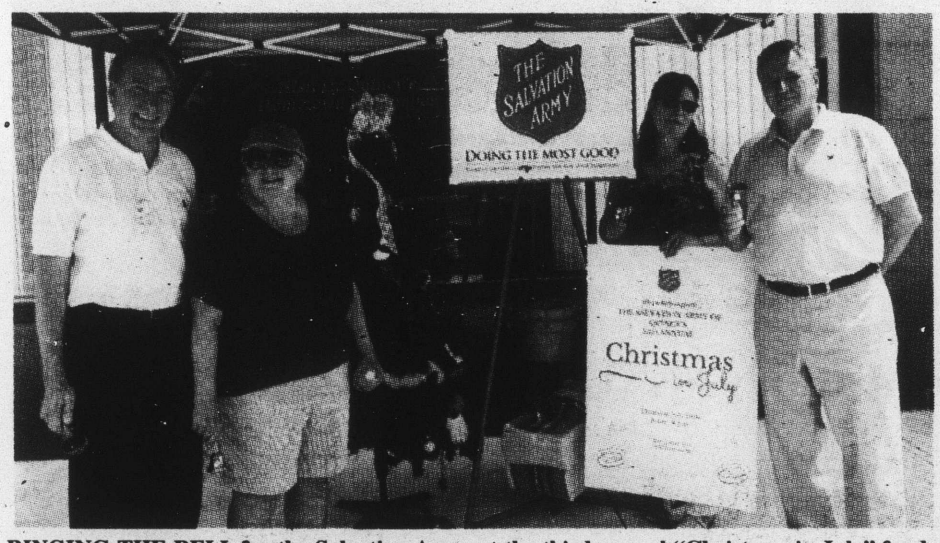

**QUINCY LAW FIRM Baker, Braverman & Barbadoro, P.C., was well represented at this year's "Christmas in July" fundraiser for the Salvation Army. Joining volunteer Cathy Birchmore at the kettle in front of the Quincy Sun office are (from left) Lisa Kenepp, legal assistant; Susan Molinari, senior associate; Lisa Bond, partner; and Amy Morin, legal assistant.**

# 'Christmas In July' Raises $6,850 For Salvation Army



**ALSO LENDING SUPPORT** at the third annual "Christmas in July" fundraiser to benefit the Salvation Army of Quincy were representatives of NorthEast Community Bank and the Quincy Sons of Italy (shown at right). With volunteer Cathy Birchmore are (standing from left) Jen Elliott and Amy Huber, NorthEast Community Bank; and from the Quincy Sons of Italy John DiCarli, past president; Teddy Lyons, president; and John Vacca, recording secretary.

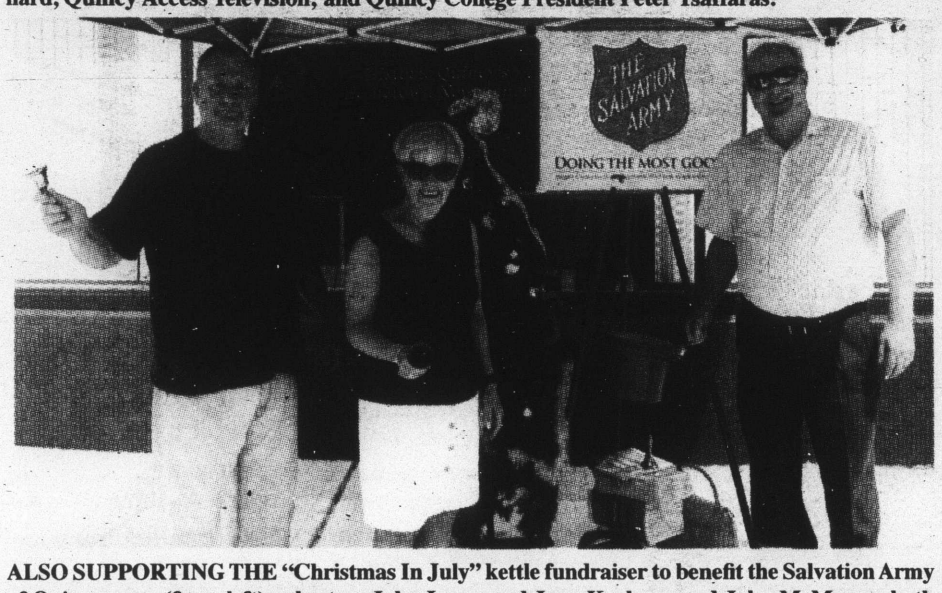
*Quincy Sun Photos*
*Robert Bosworth*



**RINGING THE BELL** for the Salvation Army at the third annual "Christmas in July" fundraiser July 28 included volunteers (from left) Mark Crosby, Bette Campbell and Suzanne Reynard, Quincy Access Television; and Quincy College President Peter Tsaffaras.



**WEST QUINCY BUSINESSMEN** also got in the holiday spirit at the Salvation Army's "Christmas in July" fundraiser. From left Frank Trainor (Commonwealth Building), Yves Poirier (Quincy Memorials), Bob Connelly (Willard Street Veterinary Clinic) and Steve DesRoche (Neponset Valley Survey Associates).

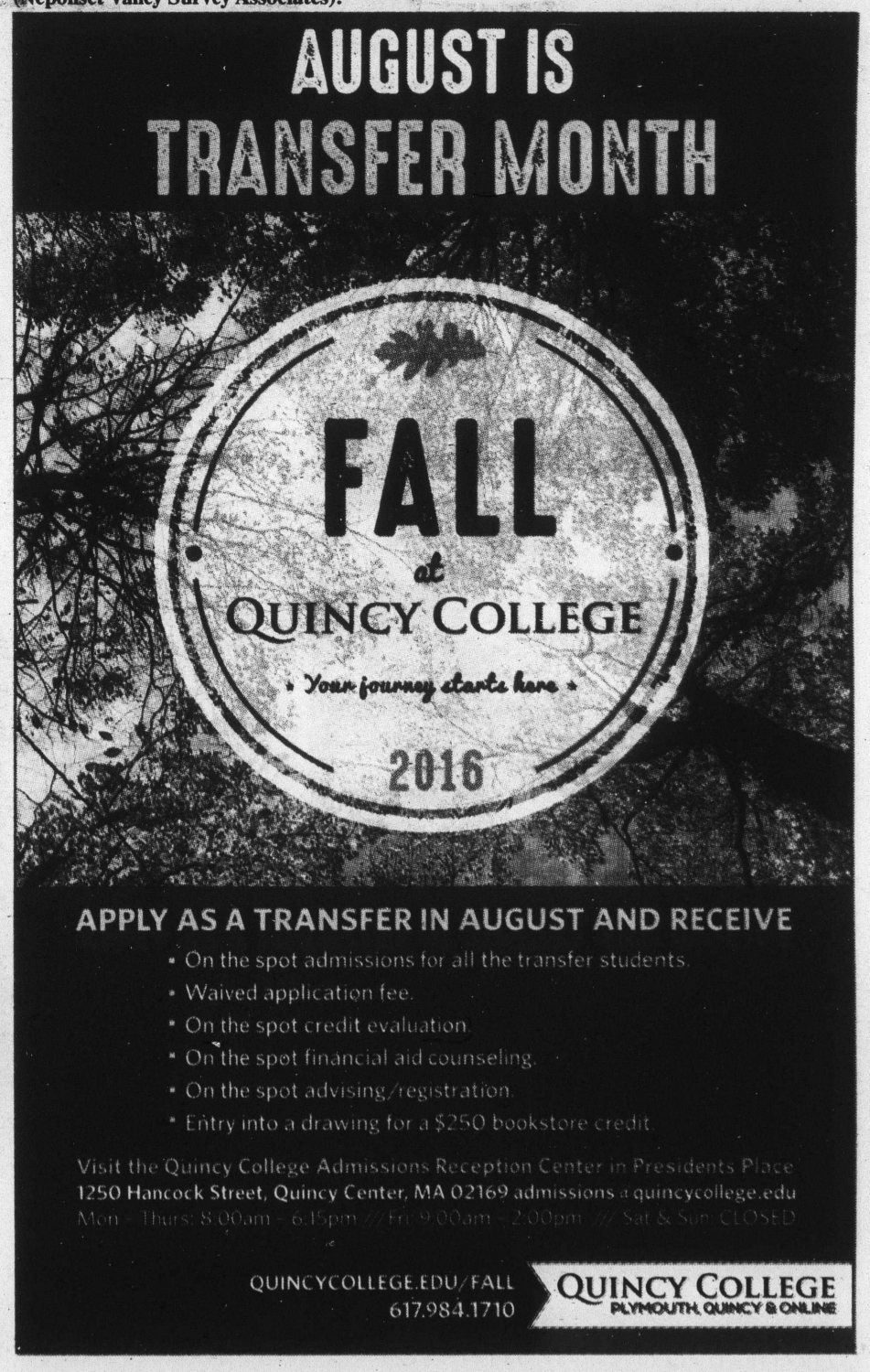


**ALSO SUPPORTING THE "Christmas In July" kettle fundraiser to benefit the Salvation Army of Quincy were (from left) volunteer John Lyon; and Joan Keohane and John McManus, both members of the Quincy Salvation Army Advisory Board.**



**CATHY BIRCHMORE** of Quincy, who has been a Salvation Army bell ringer for more than 40 years, is greeted by the Salvation Army "Shield" and Santa Claus who brought along his ukulele for some musical entertainment at the third annual "Christmas in July" fundraiser July 28.

More 'Christmas In July' Photos On Page 31



# Quincy U14 Travel Team Summer League Champions

Quincy Youth Baseball's U14 Travel Team won the All Star Summer Baseball League title July 30th at Braintree High School with an 8-4 win over Duxbury.

Quincy finished the Summer Travel Season with a league-best record of 12-1-1.

"The boys had played together and against each other for so many years in Q.Y.B. that they knew each other really well and that helped them come together this summer as a team," said Coach Joe Mullen. "They played great baseball and had fun on the field and in the dugout – those were the keys to their success."

Mullen said it came together early in the season for the team with strong pitching, stellar defense and very powerful hitting. They matched that with aggressive base running and a can-do attitude that made them hard to beat.



**CHAMPIONS – Quincy Youth Baseball's U14 Travel Team recently won the Summer Baseball League title. Kneeling front row (from left):Andrew Gott, Mike Levine, Eric Billard, Mike Scibilio, Brandon Sullivan, Coleman Flaherty. Standing back row: Coach Sean Dyer, Reese Mullen, Jack Deery, C. J. Jaehnig, Mike Fonte, Will Farrell, Coach Bill Farrell, Bobby Foley, Doug Concannon, David Ryan, Coach Joe Mullen and Brendan Donovan. Missing from photo: Bobby Dunn, Nick Murray, Evan Dyer and Aidan Murphy.**

*Photo Courtesy Joe Mullen*

Quincy Youth Baseball and Softball is a non-profit, all volunteer organization that is dedicated solely to providing positive recreational opportunities to the youth of Quincy.

QYBSL places a very strong focus on the values of good sportsmanship and fair play. It provides enjoyment for hundreds of Quincy youths every year.

# Quincy Soldiers Complete Army Training Exercise At Readiness Center

Members of a task force with the New York Army National Guard's 27th Infantry Brigade Combat Team successfully completed the rigors of a force on force training exercise at Fort Polk, LA on July 29 and are heading home.

The troops spent nearly the month of July at Fort Polk as part of the training rotation at the Joint Readiness Training Center, known as JRTC.

Their experience included deployment and staging at Fort Polk followed by more than ten days of offensive and defensive missions in the post maneuver areas against a real opposing force.

The maneuver training is designed to challenge all the components of the maneuver brigade, including infantry, artillery and aviation operations, engineering and reconnaissance tasks, logistics and resupply and medical support and personnel replacements.

The brigade task force included the entire New York Army National Guard brigade combat team, along with supporting elements that included additional infantry units from Massachusetts, Rhode Island and Pennsylvania. Aviation support for the task force included aircrews from Connecticut, Maryland and Utah.

Soldiers from Quincy who completed the Army training and are redeploying back home are:

Massachusetts Army National Guard Specialist Herbert Brown of Quincy completed training as part of the 1182nd Forward Support Company.

Massachusetts Army National Guard Private 1st Class Simon Chau completed training as part of the 1182nd Forward Support Company.

U.S. Army Reserve Major Kevin Mcgoldrick completed training as part of the 443rd Civil Affairs Team.

Massachusetts Army National Guard Private 1st Class Juan Pino completed training as part of the Bravo Company, 1st Battalion, 182nd Infantry Regiment.

Massachusetts Army National Guard Staff Sergeant Marco Defelice completed training as part of the Charlie Company, 1st Battalion, 182nd Infantry Regiment.

Massachusetts Army National Guard Sergeant Donald Kyne completed training as part of the Charlie Company, 1st Battalion, 182nd Infantry Regiment.

Massachusetts Army National Guard Private William Alzened completed training as part of the Delta Company, 1st Battalion, 182nd Infantry.

Massachusetts Army National Guard Specialist Stephen Vail completed training as part of the Delta Company, 1st Battalion, 182nd Infantry.

Massachusetts Army National Guard Specialist David Kaplan completed training as part of the Headquarters and Headquarters Company, 1st Battalion, 182nd Infantry Regiment.

The Joint Readiness Training Center allows Army units to conduct combat training in a realistic environment which features a well-trained opposing force, civilian role-players on the battlefield, high-tech systems which monitor the action, and observer-controllers to evaluate unit actions.

All of the exercise participants and opposing force troops wore the Army's Multiple Integrated Laser Engagement System (MILES) gear for the exercise.

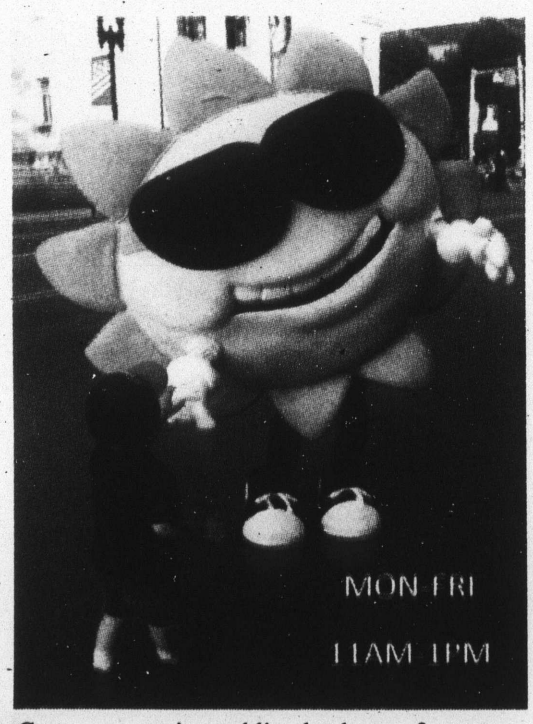
The gear consists of a sensor-leaden harness worn by the Soldier and a halo of sensors attached to the Soldier's helmet. In addition to sensors, every weapon system also includes a laser emitter.

When the soldier fires a blank with their weapon, the laser fires a beam. If a target sensor receives a hit, then the Soldier is considered wounded or a vehicle disabled, requiring all of the combat response actions to provide first aid and evacuation.

The MILES gear enables infantrymen to conduct realistic combat training against a real enemy opponent and forces combat medics and logistics personnel to hone their skills by treating simulated battlefield injuries or evacuating damaged vehicles.

JRTC is one of the Army's three combat training centers at which brigade-sized units can conduct realistic training against an opposing force. JRTC specializes in light infantry warfare and operations. For Soldiers, it is considered by Soldiers as the Super Bowl of Army training.

The redeployment for the thousands of Soldiers back to their home states is expected to be complete by Aug. 5.


Go to www.quincypublicschools.com for menu.

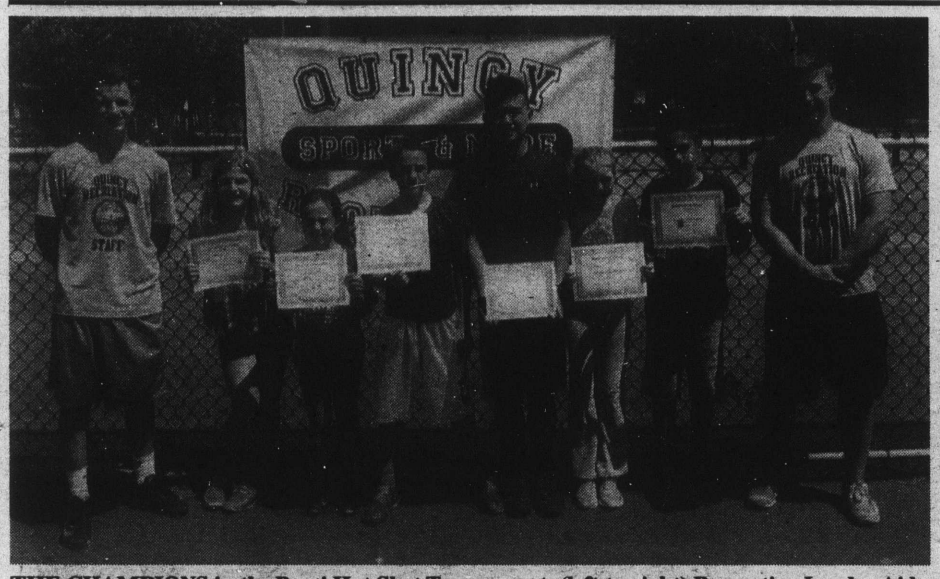
Quincy Public Schools

Free Summer Lunch Program
For all kids age 18 and under
July 5-August 19 (no lunch 7/4)

**Snug Harbor School,**
333 Palmer Street, Germantown
**Ward II Community Center,**
16 Nevada Road, Quincy Point
**Lincoln Hancock School,**
300 Granite Street , Quincy Ctr.
**F.W. Parker School**
148 Billings Road, North Quincy
**Montclair Elementary School,**
8 Belmont Street, North Quincy

"This institution is an equal opportunity provider."






**THE CHAMPIONS in the Pepsi Hot Shot Tournament: (left to right) Recreation Leader Aiden Golden, Participants Lily Scola, Mary Saccoach, Daithi Quinn, Andrew Huang, Madison Rose, Giani Perea, and Recreation Leader Patrick Keohane.**




**THE RUNNER-UPS in the Pepsi Hot Shot Tournament: (left to right) Recreation Leader, Jordan Currie, Participant Olivia Skinner, Jenny Ayles, Nick Ferreira, Aaron Huang, Brian Amorim, and Recreation Leader Even Fienberg.** *Photos Courtesy Quincy Recreation Department*

# Quincy Recreation Pepsi Hot Shots Basketball Tourney

The Quincy Recreation Department recently held its annual Pepsi Hot Shot Tournament at the Fenno Street Basketball courts.

The tournament is a very popular event and was well attended, with approximately 50 youngsters from the city's 15 playgrounds participating. The tournament was separated into three age groups: Midgets (8-10), Juniors (11-12), and Seniors (13-16). The event was run by sports specialists Terence Rooney, Curran Jorgensen, and Tyler Braun.

In the Midget division, both boys and girls shot very well. Mary Saccoach was able to fight off tough competition and come out victorious against a tough field of young girls that included Jenny Ayles who received the runner-up honors.

For boys the competition was very close as well with Daithi Quinn submitting a sound performance on the court edging out Nick Ferreira.

The Junior division featured a deep and competitive field. Giani Perea put up a complete performance in both rounds that proved too tough to top. This score was still challenged by Brian Amorim who put up impressive first and second round scores and was in contention for the number one spot up until the very end. Brian ended up finishing in second. Although facing no competition Junior division girl Madison Rose made her presence known in the competition by putting up the highest score recorded by a girl.

In the Senior division, experience proved to come with age with the top two boys scoring over 70 points each. Andrew Huang put up an almost perfect first round while Aaron Huang followed with a spectacular performance himself. The competition between the two went the distance with Andrew Huang becoming the Senior division champion while Aaron receive runner-up recognition.

The senior girl competition was also very intense with the top two scores being within 8 points. Lily Scola proved to know her way around the court as she came out victorious. Olivia Skinner was eyeing the top spot throughout the competition and played very well and was honored with the runner-up status.

The tournament was a huge success; all children showed great sportsmanship and enthusiasm. Congratulations to all who participated.




**QUINCY COLLEGE Exercise Science Professor Wayne Westcott, at center of circle, led participants at District Attorney Michael Morrissey's summer basketball camp in strength, flexibility and agility exercises as part of a recent three-day program.**
*Photo Courtesy Norfolk County DA Office*

# DA Morrissey Basketball Camp A Success

Norfolk County Dist. Atty. Michael Morrissey recently held a three-day youth basketball camp for Quincy children in grades 3 through 8 at the Broad Meadows Middle School.

Twenty-five kids from the Germantown Neighborhood Center spent the duration of the camp building basketball skills, learning life skills and in team competitions.

"We had several members of the Quincy police force come and talk to the kids this week," Morrissey said. "It makes an impression when respected, positive figures from the community bring lessons about making good decisions in tough circumstances."

Quincy Police Officers Brian Mahoney and Ken Wood came to the opening day of camp and talked to the kids about the work they do to keep the community safe, including extensive work they do with their K-9's to prevent crime. The officers demonstrated a police search with their 9 year-old dog, Major, who successfully sniffed out a firearm and made a mock capture on Officer Mahoney, who was pretending to be a suspect.

The three-day camp, sponsored by the Norfolk County District Attorney's office, concluded with Dr. Wayne Westcott, a professor in Exercise Science at Quincy College and newspaper columnist. Westcott worked with the campers on fundamental body-weight exercises and explained the benefits of using strength training to maintain fitness.

"Most public safety dollars and hours are spent addressing crime and people who have made destructive decisions," Morrissey said. "I appreciate community programs like this camp, where we get to support and talk with good kids about how to keep themselves and their friends safe and away from trouble – whether that trouble is drugs, drinking or other bad decisions."

# NQ Hockey Hall Of Fame Accepting Nominations

The North Quincy High School Hockey Hall of Fame Committee is accepting nominations for its next induction class.

To submit a nomination, email Kevin Jago at kevinj.bos@transgroup.com. The committee welcomes documentation from those submitting nominations to support their candidate in the form of articles, statistics, yearbooks, ect.

The NQ Hockey Hall of Fame will hold its fifth class installation Friday, Feb. 17 at the Quincy Neighborhood Club.


VOICE FOR HEALTH
by Dr. Gabrielle Freedman
*Chiropractor*



**DO YOU KNOW SQUAT?**

Whether teenagers are interested in strengthening their bodies for sports or they simply want to look more buff, many perform "squat lifts" as part of their weight training regimens. Starting from a standing position with a weighted barbell on the shoulders or above the head, a squat lift involves bending the knees and hips to lower the torso and accompanying weight and then returning to the upright position. While a "front squat" involves carrying the weight in front of the chest, a "back squat" entails placing weight on the shoulders behind the neck. X-ray analysis of squat lifts reveals that back squats put the lower spine in a more horizontal position, increasing the risk of stress fractures.

Chiropractic treatment is a strong choice for both preventative care and as treatment for injuries that have already occurred. At **FAMILY PRACTICE OF CHIROPRACTIC**, we take a total look at the total picture and formulate lifestyle changes that will help you maintain your health. We have state-of-the-art equipment – let us help you. Please call **617.472.4220** to schedule an appointment. We're located at **112 McGrath Hwy., Quincy**, where our goal is to understand your needs.

*P.S. Adolescents are particularly vulnerable to stress fractures of the spine, which is an argument for finding an alternative exercise to squat lifts.*

**www.freedmanchiro.com**



QUINCY TRACK CLUB
CROSS COUNTRY RUNNING PROGRAM
Boys & Girls Ages 5 to 14
*From Quincy and Surrounding Communities*
$50 per child



REGISTRATION
EVERY MONDAY AND WEDNESDAY
BEGINNING SEPTEMBER 7TH
6-7 PM
*Quincy Residency NOT Required*

PAGEANT FIELD
1 Merrymount Parkway (top of the hill)
For Information Call or Text
Geoff Hennessy 617-510-1456
www.quincytrackclub.wordpress.com
email: henndog89@netscape.net
FOLLOW US ON FACEBOOK

# Quincy Recreation Dept. 6 On 6 Soccer Tournament

The Quincy Recreation Department recently held its annual 6 on 6 Soccer Tournament at Veterans' Memorial Stadium.

The 6 on 6 Soccer Tournament is a very popular event and was well attended, with approximately 120 youngsters from the city's 15 playgrounds participating.

The tournament is a coed competition, with teams separated into three age groups, Midgets (8-10), Juniors (11-12), and Seniors (13-16). The event was run by sports specialists Terence Rooney, Curran Jorgensen, and Tyler Braun.

In the Midget division, teams from Squantum and Beechwood playground overcame stiff competition to meet in the championship. Both teams played hard in a game that came down to the final minutes, but it was Squantum that would come away the victors. Cian O'Donovan and Madeline Case both played especially well for Faxon, while Tristan Andre and John Della Barba got a chance to showcase their skills for the Beechwood team.

The Junior division featured a deep and competitive field, with Kincaide and Beechwood rising above the competition to meet in the title game. Patrick Bates, Joseph Bates, and Michael Colantonio used great passing to keep things close the entire game, but the teamwork and determination of Malik Francis, Mia Nguyen, Paolia Garcia, and Amira Aitsaid prevailed with Kincaide winning the championship. Neil McCole, Kevin Prichard and Oisin Coogan-Coyne also played well for Beechwood.

Thomas Murray and Brett Collins both contributed greatly to a win for their team.

In the Senior division, the championship featured a matchup between Heron Road and Squantum playgrounds. Mike Adamson and Joey Sands led the charge for a big, strong Labreque squad who was hoping to repeat after winning last year's tournament, while Heron Road looked to spoil those championship hopes with a balanced and highly skilled attack. David Ryan, Mike Cugini, and Patrick Rak all contributed in the field while Jack O'Brien played well in goal helping Heron Road win a close game.

Other players who stood out were Squantum's Andrew Airosus and Heron Road's Jake Russo.

The 6 on 6 Soccer Tournament was a huge success; all teams showed great sportsmanship and enthusiasm. Congratulations to all who participated.



SENIOR CHAMPIONS from Heron Road playground are, from left to right, (back row) Recreational Leader, Ryan Harty, Patrick Rak, Mike Cugini, Doug Concannon, and Jake Russo; (front row) Jack O'Brien, Johnny Cristiani, David Ryan and Matthews Santos.



JUNIOR CHAMPIONS from Kincaide playground are, from left to right, (back row) Recreational Leader, Gabrielle Zorkers, Malik Francis, Mia Nguyen, Milani Lunn, Paolia Garcia and Recreational Leader, Pat Keohane; (front row) Thomas Murray, Brett Collins, Amira Atsaid, Noah Amorim, and Gianni Perea.



MIDGET CHAMPIONS from Squantum playground are, from left to right, (back row) Recreational Leader, Matt Eagles, Cian O'Donovan, Casey Kelley, Michael Phinney, Fin Kelley, and Madeline Case; (front row) Ayden McElhine, Cameron Leiman and Joseph D'Antona.



SENIOR RUNNERS-UP from Squantum playground are, from left to right, (back row) Recreational Leader, Matthew Eagles, Josh Dangora, Andrew Airosus, Mike Adamson; (front row) Doug Brown, Aidan Ring and Joseph Sands.



MIDGET RUNNERS-UP from Beechwood playground are, from left to right, (back row) Recreational Leader, Matthew McDonald, Fallyn Scott, John Della Barba, Ciara Golden, and Ahmed Kaddour Eo Boudadi; (front row) Tristin Andre, DJ Blaise, and Erin Della Barba.



JUNIOR RUNNERS-UP from Beechwood playground are, from left to right, (back row) Recreational Leader, Matthew McDonald, Neil McCole, Kevin Prichard, Oisin Coogan-Coyne, and Nate Caldwell; (front row) Joseph Bates, Michael Colantonio, and Patrick Bates.

# Hybrids, Subaru Batteries, 'Affordable' Cars

## *Ask John Paul: AAA New England's Car Doctor*

**I don't put a lot of mileage on my 2014 Toyota Camry-hybrid. When do I get it serviced (oil changes)? One mechanic tells me every three months or so. Another tells me that I can wait to close to the mileage it normally requires for servicing. That could be a pretty long time since I drive only about 10 miles per day. What is best for my car?**

Follow the suggestion in the car's owner's manual. In the case of your Camry-hybrid the oil should be changed every 10,000 miles or yearly whichever comes first. Certainly you can have the car serviced more often but it is not necessary. One thing that you should never do is exceed the recommendation in the owner's manual.

**I see some hybrid cars but very few electric cars on the road. Do you think hybrids and electric cars are a fad, especially since I just paid $1.99 for gas or are they here to stay? The other thing is some of these hybrids look pretty boring, even the redesigned Prius is a bit boring. When will we see really "sexy" hybrids?**

Electric cars even with the lower cost Tesla and Chevrolet Bolt coming soon will likely be a small percentage of the total amount of cars on the road. I believe we will continue to see hybrid drivetrains in many more models in the near future. I don't know if we will ever see gasoline, hybrid and electric versions of a sports car like the Corvette, but there are some pretty great hybrids. Ferrari, Porsche and BMW all have hybrids, last year I drove the BMW i8 (plug-in hybrid) and it was great, fast, quiet and fuel efficient.

**I have read in your column and online about issues with Subaru batteries. I want to buy a new Subaru this year but I'm not sure if I want one that is the vehicle sits for a couple of days the battery needs to be jumpstarted. Is there still a problem?**

In the past couple of weeks two Subaru owners (one in Alaska and one in Massachusetts) have emailed me with battery issues, this is added to the dozen or so in the past year. Anecdotally it seems as if 2015 Subaru models have a higher incident of battery failures, although I did a bit of research here at AAA and it doesn't appear that we jumpstart Subaru vehicles percentagewise any more than similar cars.

**I have a 2016 Mazda 6 Grand Touring. The driver and passenger seat ride quite low when set in the back position. I'm 6'-2" and very comfortable in that position; however my wife is shorter than I and would be comfortable using a pillow. In our 2006 Toyota Avalon and 2008 Honda Civic pillows were a solution. In the Mazda, the passenger "air bag off" light stays on if a pillow is used. When I took the car in for service I asked the service manager if there is a solution for this problem. It appears there is no fix or adjustment. As the seat is moved forward the seat gets higher, but it moves you closer to the air bag which I believe is not recommended. The driver's seat light is unaffected by using a pillow. Is there any fix for this or am I stuck with it?**

The system may be operating as intended. I have checked for technical service bulletins and recalls and found none that would indicate a problem with the vehicle. Regarding airbag safety, you should sit 10-12 inches away from an active airbag. Regarding the use of a pillow, the pillow you are using may be dispersing your wife's weight tricking the airbag computer into thinking there is a child in the front seat. Have you tried a pillow specifically for a car (firm and wedge shaped)? This type of pillow may fit the contour of the seat better, allowing the airbag sensor to know there is an adult in the front seat and turn the airbag on.

**I am considering buying a 2014 Acura MDX with 14,000 miles on it for $38,000 and was wondering if it would be a good purchase? Let me know your thoughts the reliability and how much more miles you think we can get out of it.**

The Acura MDX is one of the best mid-sized SUVs available today. Buying a two year old model with such low mileage should be relatively risk free. The question becomes is it a good buy? According to AAA's car buying website the average "good" price for a 2016 Acura MDX is $43-$44,000. Depending on your finances and how long you are going to keep the vehicle buying a brand



JOHN PAUL

new model with the latest equipment and a full warranty for $6,000 more than the price of a used car may make more financial sense.

**I remember the $3,990 Yugo. I know it was a terrible car but today it seems like the average car cost 10 times that much. Will we ever see an affordable car again?**

The average transaction price has been reported lately to be around $33,500 and compared to the pitiful Yugo (at the time based on a 10 year-old Fiat) may in fact be 10 times better. As cars are adding more technology, convenience and safety, vehicle prices will continue to rise. The bigger issue is that all of these features may push people out of the new car market. There is some hope of a cheap new car the Elio (www.eliomotors.com). This is a two-seat car that will get nearly 70 miles per gallon and will cost approximately $8,000 when it goes on sale sometime next year and promises to be much better than the Yugo.

**I have a 2013 Chevrolet Equinox and from time to time it runs rough. My mechanic has looked at it and couldn't find anything wrong. The check engine light is never on and once it is above an idle it runs great. Any ideas?**

Two things come to mind: carbon build up on the valves and fuel injectors which could be part of the problem. For the next few fill ups try only top tier fuel www.toptiergas.com. This higher detergent fuel will clean away some of the built up deposits. The other issue could be if you are not using the correct oil or leaving it in the engine too long. This engine is very sensitive to using the correct grade and viscosity of oil.

**Got an automotive question for the Car Doctor? Email John Paul at jpaul@aaanortheast.com.**

# Hit A Home Run With Social Security

**By KRISTEN ALBERINO**

*Social Security Public Affairs Specialist*

A home run is a highlight of any baseball game. The fans cheer with excitement to see a player rocket the ball into the stands.

So, what are you doing to prepare for your retirement home run? Your goal should be to get past first, second and third base and make it home with a hefty plate of savings.

Social Security has many tools to help you achieve financial security.

Take the first step and visit www.socialsecurity.gov/myaccount. The benefit of having a my Social Security account is that it gives you access to your personal Social Security Statement, verification of correct earnings, and an estimate of your early retirement benefits at age 62, full retirement age of 66, and delayed age at 70.

Social Security Online Services
★ Convenient ★ Secure ★
www.socialsecurity.gov

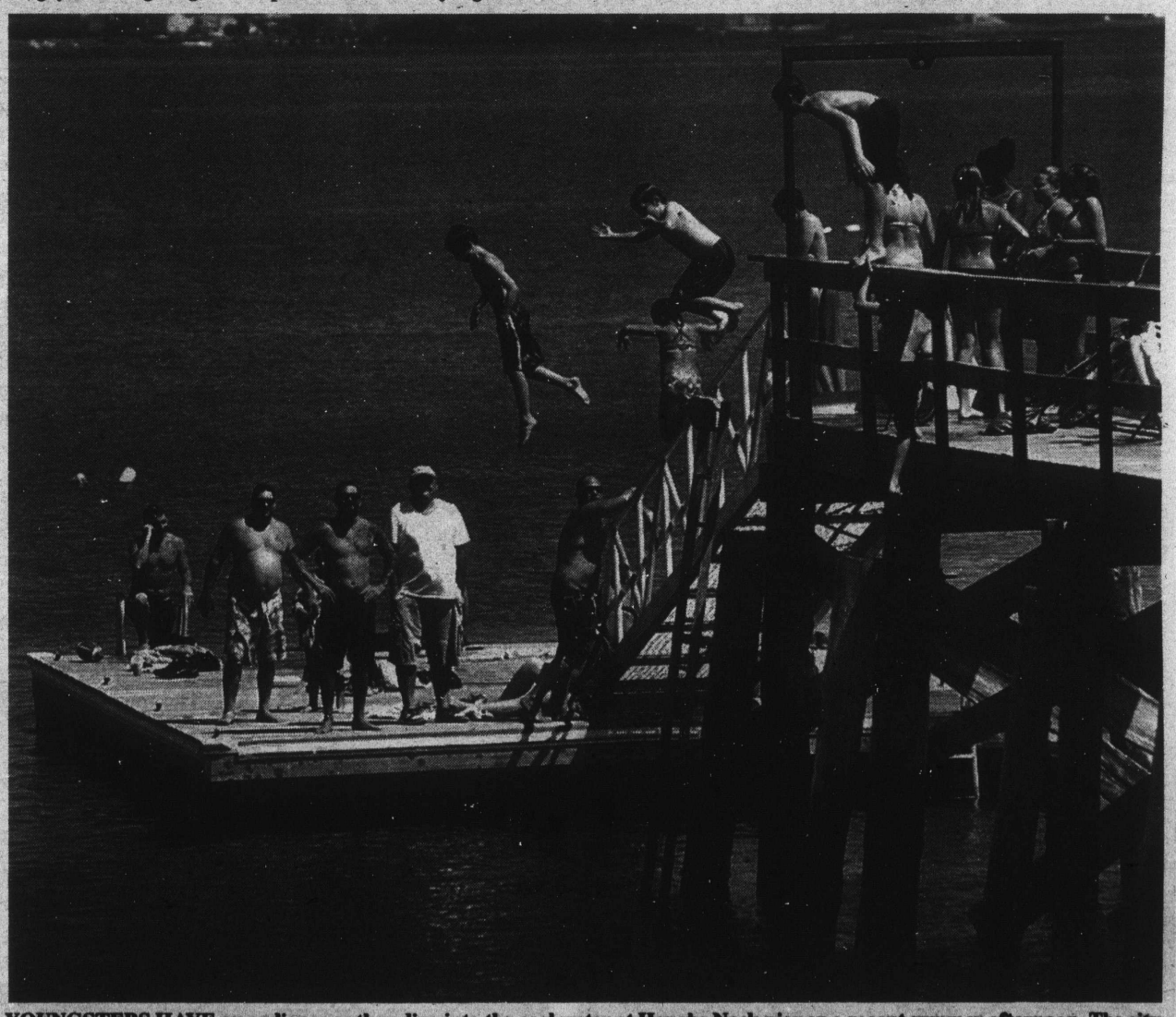
We protect your information by using security features and strict identity verification to detect fraud. In several states including the newly added Idaho, Mississippi, and North Dakota, you can request a replacement Social Security card online. Find out if your state offers the service at www.socialsecurity.gov/ssnumber.

In addition to using your personal my Social Security account to prepare for a comfortable retirement, you can visit www.myra.gov. At myRA, you can access new retirement savings options from the Department of the Treasury. This service is designed for the millions of Americans who struggle with saving for retirement – it's an easy and safe way to help you take control of your future.

myRA is designed for people who don't have a retirement savings plan through their employer, or are limited from other savings options. If your employer provides a retirement savings plan, such as a 401(k), learn more about that plan's potential for matching contributions or other benefits.

Since myRA isn't connected to any employer, it allows workers to hold on to it when they move to different jobs. myRA makes your money grow faster than a traditional savings account.

Having both my Social Security and myRA accounts in place, you're guaranteed to hit a home run in successfully planning for your future. Learn more about all of your choices at www.socialsecurity.gov.



**YOUNGSTERS HAVE an audience as they dive into the cool water at Houghs Neck pier on a recent summer afternoon. The city is planning to replace the pier as part of a makeover of the Houghs Neck Maritime Center.** *Quincy Sun Photo/Tom Gorman*

# Real Estate

## Quincy Real Estate Transactions August 1 - August 5

Transactions are compiled by the Norfolk County Registry of Deeds

| SELLER | BUYER | AMOUNT | ADDRESS |
|---|---|---|---|
| Shangyao Nong & Lin Qin | Henry Leung | $255,000.00 | 366 Quincy Avenue Unit 202 |
| Richard J & Mary J Clasby | Mary Amaru | $275,000.00 | 64 Willard Street Unit 105 |
| Fifty Eight Ellerton Road LLc | Yijuan Wu | $498,500.00 | 58 & 60 Ellerton Road |
| Pembroke Street Realty Trust | Jjieying & Canhuan Yu, Yuqiong Zhu | $401,000.00 | 33 Pembroke Street |
| AdilLajiri,Sarah P Marples | A J Muffett & Kara Fellows | $365,000.00 | 9 Beacon Street |
| Kathy S So | Thien & Taphenie Le | $385,000.00 | 55 Sharon Road |
| Jeremiah & Anne Knowles | BPSpear LLC | $637,000.00 | 59-61 Spear Street |
| David & Martha Draband | Xi D Yan | $247,000.00 | 230 Willard Street |
| Steven T Jr & Kim | Darlene Gaven | $379,000.00 | 14 Beacon Street |
| Scott C Clements & Lillian Parker | Caitlin F Rooney & Maxime Y Bergeron | $402,000.00 | 29 Trescott Street |
| Timothy B Kaes | Mark R Robertson | $346,500.00 | 63 Rock Island |
| Mahesh & Bhavika Jhamtani | Erica & Junxi Zhao | $472,450.00 | 17 Apex Street |
| Jonathan F & Randi L Bertoni | Timothy B Kaes | $525,000.00 | 41 Babcock Street |
| Jin F Zou & Guo C Zheng | Change Le LLC | $185,000.00 | 74 Walnut Street |
| Nepomuceno B & Beduviges L Amo | Hanna J Ma & Huan X Chen | $340,000.00 | 11 A Baxter Avenue |
| William P & Caitlin M Murphy | Robert Amuzzini & Lauren Szczygiel | $389,000.00 | 4 Macy Street |
| Dennis R & Maureen G Mannix | Rezart & Anila Beqo | $574,500.00 | 11 Heritage Road |
| Federal Home Loan Mortgage Corporation | Beatrice L Zaharian | $153,000.00 | 954 Sea Street |
| Olga I Bedoya | Nedunceliyan Kulasekaran, Liow P Wong & Kulasekaran K M Raman | $232,000.00 | 34 South Street |
| Haddad Family Trust | William P & Caitlin M Murphy | $579,900.00 | 18 Andrews Road |
| Tom Lau & Kathy Lu | Thai D Pham,, Kuu A Luc & Chinh K Nguyen | $375,000.00 | 40 Bates Avenue |
| Fort Granite Realty Corp | Evonne D Kunicki | $425,000.00 | 1 Brook Road Unit 311 |
| Jerell A Perez | Yuwen Wang | $280,000.00 | 200 Falls Boulevard |
| Lisa W & Runager Tam, Lisa, Kim M, Kim H Wong,Phu Nguyen | Junhui Pang & Xuenfen Fang | $415,000.00 | 16 Safford Street |
| Ann & Ming Y Chan | Guang Yang | $315,000.00 | 115 Squantum Street Unit 12311 |
| Joanne & Stephen J Salvatore | Clint L & Teresita L Aquino | $335,000.00 | 30 Tinson Road |
| Fort Granite Realty Corp | Kinyu leung & Wen Y Tan | $385,000.00 | 1 Brook Road Unit 304 |
| Regina M McMahon & Mary E Klass | Leonard, Shanie & Francesca Miceli | $580,000.00 | 18 Ridgeway Street |
| Second Washington Street Trust | Washington Acquisitions LLC | $2,800,000.00 | 479 Washington Street |
| Katherine L Jones | Yim T Lam | $268,000.00 | 94 Newbury Avenue |
| John & Rebecca Geary | Jason & Mandy L Oberton | $860,000.00 | 67 Dewson Road |
| Cannon Land Development LLC | Judith P Gundersen | $615,000.00 | 64 Gardiner Road |

# Norfolk County Unexpected Real Estate Results For July

## *O'Donnell: Number Of Deeds Recorded, Average Sales Price, Mortgage Financing All Down Compared To Same Month 2015*

Running counter to recent reports of robust real estate activity in Massachusetts and in Greater Boston in particular, Norfolk County showed reduced levels of real estate sales and mortgage financing for the month of July.

"Last month the total number of deeds recorded, both residential and commercial, decreased 13 percent across Norfolk County from the previous July. The average sales price for these properties was $668,688, an 11 percent reduction," said Register of Deeds William P. O'Donnell.

In addition the total volume of real estate sales, again both residential and commercial, fell 24 percent year over year.

"At first glance, the numbers are surprising, especially when considering the warm weather for the month and the continuing low interest rates," O'Donnell said. "We are hearing from real estate professionals that the reduced volume is a result of low inventory and buyers being concerned about overpaying on properties."

Lending figures also came in well below last year's numbers.

"During July, a total of 2,798 mortgages were recorded, a 5 percent reduction from July 2015," O'Donnell said. "Total mortgage financing took a hit of 13 percent from the same time period.

One shining spot for July was the reduced level of foreclosure activity, O'Donnell pointed out. A total of 17 foreclosure deeds were filed last month compared to 22 in July 2015. Also, the total number of Notice to Foreclose Mortgage filings, the first step in the foreclosure process, closed at 43, a reduction from the 65 recordings for the same time period of last year.

"While one foreclosure recording is one too many, I am encouraged by the reduced numbers. I am hoping that this is the start of a positive trend," O'Donnell said.

The Norfolk County Registry of Deeds continues to partner with Quincy Community Action Programs at (617) 479-8181 x-376 and Neighbor Works Southern Mass at (508) 598-0950 to help anyone who has received a Notice to Foreclose Mortgage from a lender. Another option for homeowners is to call the Massachusetts Attorney General's HomeCorps program at (617) 573-5333.

In regards to an important consumer protection tool available to property owners, Homestead recordings also experienced a 10 percent dip for the month of July. The importance of filing a Homestead, O'Donnell noted, "is to provide limited protection against the forced sale of your primary residence to satisfy unsecured debt up to $500,000."

In conclusion, O'Donnell said: "July's sluggishness was not what we were expecting. Clearly the evidence seems to indicate low real estate inventory has dampened the market. Potential buyers are concerned that they may be overpaying for property.

"On the other hand, sellers appear to be reluctant to put their property up for sale afraid that they will not be able to find something for themselves once their home is sold. Hopefully, an increase in real estate inventory can eliminate these concerns."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook/com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and/or Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a source for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

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"STILL NUMBER ONE"

## Homebuyers Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers this month.

The workshop is set for Saturday, Aug. 13 and Saturday, Aug. 20 from 8:30 a.m. to noon at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance agents, attorneys and loan originators.

The registration fee for the workshops is $20 per person. To register and pay online, visit www.nwsoma.org or call (508) 587-0950 x46 for more information.

# PorchFest Quincy 2016 Draws 70 Performers



JOHN MUETH was among the 70 performers who took part in the recent PorchFest Quincy. Musicians gathered on some 40 porches and backyards at homes in several city neighborhoods including Wollaston Hill, Wollaston Beach and Squantum. These photos were taken in the Wollaston Hill area. Organizers are planning the second annual PorchFest for next year on June 24.

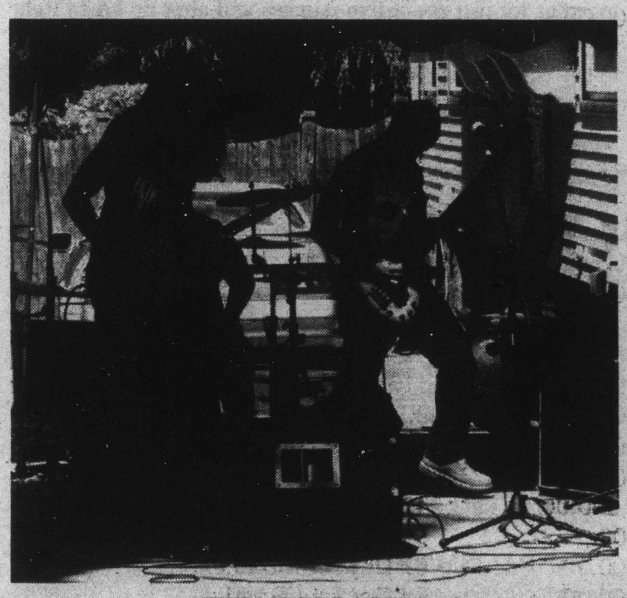


WOLLASTON CEILI BAND

*Photos Courtesy Eileen Enos*



GRACE O'SHEA



THE MUCK RAKERS



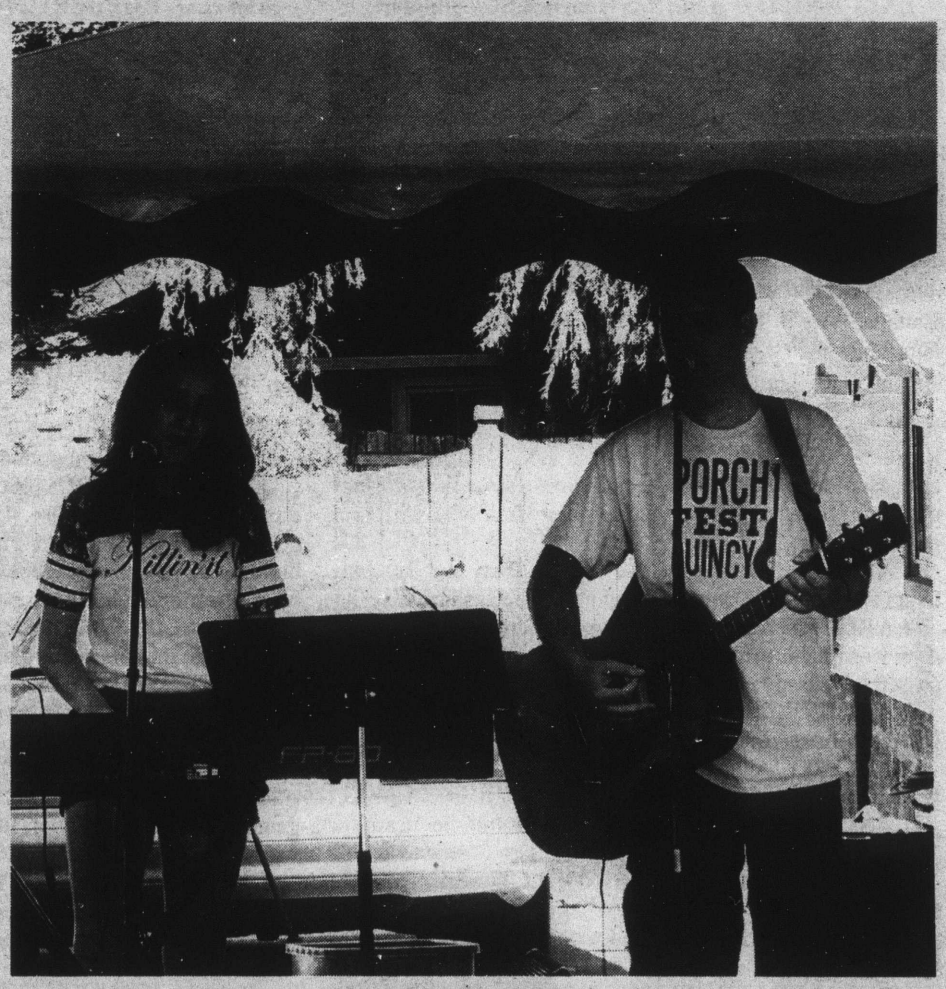
THE ALL OUT band



QUINCY SYMPHONY CHAMBER PLAYERS



DOUG MACDONALD BAND



VICTORIA and WALTER HUBLEY

## QHS Class Of 1966 Reunion

Quincy High School Class of 1966 will hold its 50th reunion Saturday, Aug. 20 at the Tirrell Room, 254 Quarry St., Quincy, from 6 to 11 p.m.

The evening will feature dancing and music of Dave Becker, DJ Plus.

Dinner will be served at 7 p.m.

For further information call Pat (Walsh) Matterazzo at 781-706-5103 or Steve Demaggio at 781-331-4736 or email qhsclassof1966@gmail.com.

More information is also available at www.http://qhs1966.com.

# A Job Well Done

By QUINCY POLICE LT. DAN MINTON

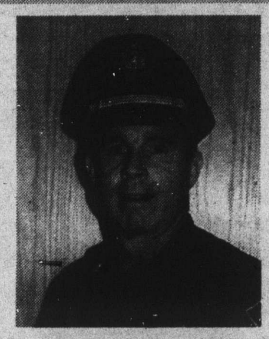
On Monday, Aug. 1, at approximately 9:30 a.m., Officer Andrew Sweeney was dispatched to the area of Adams Street and Furnace Brook Parkway for a report of a driver passed out at the wheel. Communications advised the responding officer of the registration of the white Ford transit van owned by a local company.

As Officer Sweeney approached the scene, he was waved down by the caller who told him that the van, driven by a male, drove through the traffic light at Furnace Brook Parkway erratically and came to a stop on the side of the road where she now was (on Adams Street, between Furnace Brook Parkway and Reservoir Road). The witness said that as she passed the vehicle, she could see the operator with his head slumped on the steering wheel, so she pulled over in front of the vehicle to check on the operator.

She noted that the operator's eyes were closed and initially he was incoherent. She said she was able to wake the driver, but could not keep him there to get assistance in what she believed could be a medical situation.

Officer Sweeney proceeded up Adams Street toward Milton looking for the suspect vehicle and quickly came upon a van matching the description in front of 661 Adams St. The van was stopped partially on the side of the road disrupting traffic. As the officer neared, he observed a male operator step out of the vehicle and then saw debris in the road and damage to vehicles. Due to the significant damage, Officer Sweeney requested an ambulance to evaluate both operators.

Officer Sweeney spoke with the operator of the van, who appeared to be lethargic and had pinpoint pupils. He adamantly denied that he had been passed out at the wheel just moments ago and then rambled on describing a situation that did not make any sense. He stated that he was tired and did not sleep well last night. When asked if he was on any drugs or medications, the operator said he smoked marijuana last night, around 4 a.m. and also takes Seroquel to help him sleep. He stated that he is prescribed 100 mg and believed that this was too much for him, so he did not hear his alarm clock. He stated he is trying to cut down his dosage on his own and took his last dosage around 2 a.m. this morning and just woke up around 9:30 a.m., which is when he was reported to be asleep at the wheel down the road.



LT. DAN MINTON

When asked about the accident, he said that the vehicle in front of him was turning left and he swerved to go around her and "tapped her with my mirror." The damage to both vehicles was extensive.

Officer Sweeney interviewed the other operator who said that she was driving straight on Adams Street towards Milton and had no intention of turning, contrary to what the other operator stated. She said that she witnessed the van veer off to the right side of the road and ram into the right rear side of her vehicle with his driver's side.

The officer went back to the operator of the van and asked for his license and registration. When the operator opened the right side door of the vehicle, the officer noticed a soda can cut in half with burn marks in the base of it along with a small plastic dosage cup with what appeared to be water in it sitting in the center console. Based on the officer's training and experience, he knew that these are items used to prepare heroin/other drugs for intravenous use. The van operator sat on a nearby wall and appeared to be nodding off while the officer continued his investigation.

The EMTs examined the van operator and believed that he was under the influence of some sort of drug, but could not specify anything in particular. Based on the van operator's present condition and his admissions about being overmedicated, Officer Sweeney determined that he was operating a vehicle recklessly and ignored the fact that his driving created a risk of danger to others and, in fact, did cause a motor vehicle accident.

The van operator, a 37 year-old Quincy resident, was placed under arrest for operating to endanger and OUI drugs. While conducting an inventory of the vehicle, Officer Paul Holland located a single round green pill in the cellophane wrapper of a pack of Newport cigarettes. The pill had the letter "M" on one side and "C 14" on the other side. Inside a first aid kit over the driver's seat additional paraphernalia was located, including a used syringe, two safety pins and a plastic bottle cap.

It was soon determined that the green pill was Clonazepam 1mg, a controlled prescription drug. An additional charge of possession of Class C drug was added.

Nice Work!

❑

**NEW TRAFFIC LIGHTS AT 1250 HANCOCK STREET:** So this week I was monitoring the new traffic lights for red light violations when I stopped a motorist for going through the red light (all 4 of them). When I told her why she was being stopped, she adamantly stated, "That light was definitely green." I told her to keep an eye on the light and let me know when it turns green again. We waited together for just about five minutes and after no green light came on I broke the news to her. There is no green light on the new light bar and she promptly says, "It was definitely yellow then."

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**July 29 – Aug. 5**
**ARRESTS: 33**
**TOTAL CALLS: 1,118**
**STOLEN MOTOR VEHICLES: 6**

**FRIDAY, JULY 29**

**ATTEMPTED BREAKING AND ENTERING, 8:56 a.m., Elm St.** Side door.

**LARCENY, 10:04 a.m., Newport Ave.** Computer, documents.

**LARCENY, 1:31 p.m., 275 Hancock St.** Cellphone.

**LARCENY, 1:52 p.m., Family Dollar, 1445 Hancock St.** Larceny of CDs (library property) that occurred at Family Dollar.

**LARCENY, 8:26 p.m., Arthur St.** Caller states she had property stolen from her yard in May. Never got formal report, just called QPD and requested extra checks. She believes she located some of her items in a neighbor's yard.

**VANDALISM/PROPERTY, 8:33 p.m., Lebanon St.** Caller in black Lincoln Town Car believes something was thrown at vehicle or vehicle was shot at. Boss from livery company called back and stated he told driver to leave the area because they had customers waiting.

**SATURDAY, JULY 30**

**LARCENY, 9:13 a.m., Stop & Shop, 495 Southern Arty.** Party had bike stolen this a.m. but has since walked home. Would like to file a report so store will check cameras. Unable to view video because loss prevention was not on scene. Bike was a 12-speed turquois Trek bike with racing handlebars.

**LARCENY, 10:26 a.m., Stewart St.** Party had drum set taken from porch. Drums located at neighbor's house.

**LARCENY, 12:30 p.m., Stop & Shop, 65 Newport Ave.** Complaint to be taken out for larceny over. Party trespassed in presence of officer.

**LARCENY, 3:02 p.m., 1047 Southern Arty.** Package. Caller reports neighbor found package in their mailbox.

**LARCENY, 6:04 p.m., Hilda St.** Someone stole grill from back deck.

**LARCENY, 7:40 p.m., Albatross Rd.** Internet scam.

**SUNDAY, JULY 31**

**BREAKING AND ENTERING, 12:47 a.m., Roberts St.** Caller reports party broke into her house but is no longer there. Reports she is in fear and requesting an officer meet her. Appears to be an attempt. No entry made.

**VANDALISM/PROPERTY, 1:54 p.m., Clay St.** Woke up to find swear written on door. Believes it was a party she has an active restraining order against. No violation. Someone scratched words into the door.

**VANDALISM/PROPERTY, 4:42 p.m., Federal Ave.** Caller believes her daughter slashed car tires. There was a domestic last night.

**MONDAY, AUG. 1**

**VANDALISM/PROPERTY, 2:56 a.m., 1163 Hancock St.** Side front windows. Side window appears to be broken, but it does not look like entry was made.

**MOTOR VEHICLE LARCENY, 12:07 p.m., Victory Rd.** Person given a ride to MBTA station.

**LARCENY, 2:20 p.m., Atlantic St.** FedEx delivery of computer hardware stolen from front porch.

**MOTOR VEHICLE LARCENY, 3:57 p.m., Marina Bay, 260 Victory Rd.** Boat trailer.

**VANDALISM/PROPERTY, 6:49 p.m., W. Elm Ave.** Someone cut the wires to caller's security camera.

**BREAKING AND ENTERING IN PROGRESS, 8:52 p.m., Copeland St.** A man and a woman are breaking into the home. Caller said he saw them enter through the back door. Door is intact with bar across it. No break found.

**ARMED ROBBERY, 11:49 p.m., Ellerton Rd. & Sumner St.** Two males. Did hold something to victim's throat, he is unsure if it was a knife. They also mentioned they had a gun but did not brandish one. One was Spanish, around 5'11". Second male wearing a hoody. One described as Hispanic or black male wearing a hoody. Took phone and wallet and ran towards Sumner 15 minutes ago.

**TUESDAY, AUG. 2**

**VANDALISM/PROPERTY, 5:50 a.m., Liberty St.** Third time party has had tires slashed.

**VANDALISM/PROPERTY, 7:22 a.m., Lawn Ave.** Looks like someone splattered paint on side of home. Caller unsure when it occurred. No suspects.

**VANDALISM/PROPERTY, 7:41 a.m., Keyes St.** All tires slashed. Happened yesterday evening. No suspect info.

**VANDALISM/PROPERTY, 7:54 a.m., Baxter Ave.** Caller's couch was punctured outside home.

**ATTEMPTED BREAKING AND ENTERING, 8:16 a.m., Town Brook House, 45 Brackett St.** Caller has video of male trying car doors in lot and also of him entering building. Also seen on video kicking a side mirror off a vehicle. Victim would like to press charges.

**VANDALISM/PROPERTY, 12:55 p.m., Falls Blvd.** Headlights, mirrors slashed and vehicle keyed.

**LARCENY, 1:13 p.m., BJs, 200 Crown Colony Dr.**

**LARCENY, 1:22 p.m., Ashworth Rd.** Dollhouse. Party to pursue in small claims court.

**ATTEMPTED BREAKING AND ENTERING, 8:03 p.m., Ellington Rd.** Happened about an hour ago. Entrance gained through front door, items taken. Waited to report it because they had dinner arrangements.

**LARCENY, 11:22 p.m., Stop & Shop, 495 Southern Arty.** Male wearing jeans and t-shirt jumped out of a car, climbed a wall and ran to the rear of the house. Male was checking out cars in neighborhood. Items in stop & Shop bags found on Walnut.

**WEDNESDAY, AUG. 3**

**MOTOR VEHICLE LARCENY, 3:29 a.m., Victory Rd.** Caller said he reported vehicle stolen Aug. 1. No paperwork filled out at that time.

**LARCENY, 1:17 a.m., Fr. Bill's Place, Broad St.** Passport.

**ASSAULT AND BATTERY, 1:48 p.m., Des Moines Rd.** Ongoing.

**LARCENY, 3:06 p.m., 500 Congress St.** Mail order.

**ASSAULT AND BATTERY, 4:11 p.m., Main St.** Female assaulted by a known female. One under arrest for A&B on a disabled person and DPPC notified.

**MOTOR VEHICLE LARCENY, 4:11 p.m., Gannett Rd.** Last seen this morning. Registration recently run by State Police. They said vehicle involved in crash at 55 Gallivan Blvd. in Boston. Black male and black female fled vehicle. Damage to front and right side of MV. Vehicle was towed.

**BREAKING AND ENTERING, 7:44 p.m., Endicott St.**

**VANDALISM/PROPERTY, 7:56 p.m., Germain Ave.** Someone egged his house for the second time in 10 days. Believes it may have been female roommate he is trying to evict.

**MOTOR VEHICLE LARCENY, 9:24 p.m., Marina Bay, 542 E. Squantum St.** Motorcycle.

**THURSDAY, AUG. 4**

**LARCENY, 11:29 a.m., Dunkin' Donuts, 388 E. Squantum St.** Past incident.

**LARCENY, 3:36 p.m., YMCA, 79 Coddington St.** $600 stolen from locker.

**VANDALISM/PROPERTY, 3:55 p.m., Eddie St.** Back of the house and car have been hit by paintballs within the last 10 minutes.

**BREAKING AND ENTERING, 8:48 p.m., 40 Nelson St.** Broken into while caller was sleeping.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** Victory Rd. (3), Gannett Rd., E. Squantum St.

❑

**CAR BREAKS:** Billings St., E. Squantum St., Arthur Ave., Buckley St., Sherman St.

❑

**BREAKS AND ATTEMPTED BREAKS:** Roberts St., Nelson St., Endicott St., Ellington Rd.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.



MARRIAGE BLESSING – Stephanie Ann Swanson and Aaron Mark Isaiah Burgess of Omaha, Nebraska had their marriage blessed in a renewal of vows ceremony at Union Congregational Church of Wollaston following their wedding in Nebraska. Ms. Swanson grew up in Wollaston where her father, Rev. John C. Swanson, is pastor of Union Church.

# RELIGION

## Quincy Point Congregational Welcomes Stan Duncan Interim Pastor

Quincy Point Congregational Church, United Church of Christ, has called Rev. Stan Duncan as Interim Pastor, following the retirement of Rev. Ann Gregg Suzedell, who served the church for the past 15 years.

Rev. Dr. Duncan grew up in Oklahoma. He received a Bachelor of Science in Economics and a Masters in Economics from the University of Oklahoma; a Master of Divinity from Vanderbilt University Divinity School; and a Doctor of Ministry from Philips University Graduate Seminary, and was a Merrill Fellow at Harvard University in Religion and Economics.

Rev. Dr. Duncan is the chairperson of Jubilee Economic Justice Task Force, of the Massachusetts Conference of the United Church of Christ, and the Mission and Justice Task Force of the Southeast Area of the United Church of Christ. He has several publications to his credit in economics, religion and fiction. He is also an occasional jazz pianist. He has served several churches as the settled or interim pastor in New England.

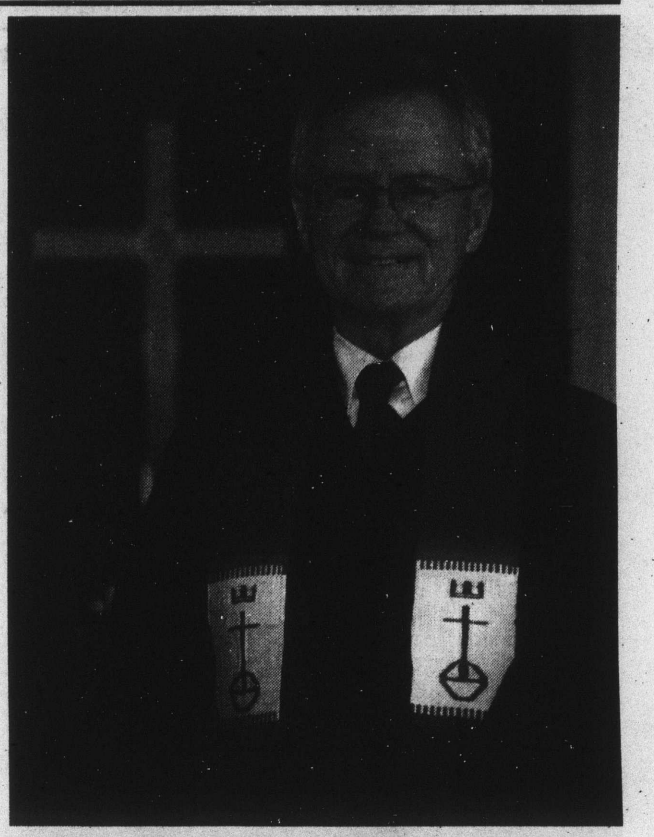
Two other staff members continue at the church, but in new positions. Peter Johnston, who has served as Pastoral Assistant is now the Interim Associate Pastor, and Rachel Hallenbeck, who has served as the Acting Director of Music, is now the Director of Music.

Quincy Point Congregational Church is located at 444 Washington St., at the corner of Southern Artery in Quincy. Worship and church school are held at 10 a.m. on Sunday mornings.

The air conditioned sanctuary is accessible via the Abbey Road side of the building.

This weekend Rev. Stan's sermon is titled, "So Great a Cloud of Witnesses." Alphonso Peters will be deacon of the day. Following worship all are invited to join us for fellowship in the downstairs social hall.

Save the Date: Sunday, Sept. 11th is Rally Day at the church, the start of the regular Sunday School season. During the summer months there is a One Room Sunday School available.



QUINCY POINT CONGREGATIONAL Church, United Church of Christ, has called Rev. Stan Duncan as Interim Pastor.

## Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Liturgist Ralph Jacobs will call to worship and read the scripture lesson. Pastor Felix Carrion will preach the final sermon in a trilogy on the spirit "The Fullness of the Spirit." Shirley Pearson and Joseph Giggey will serve for the Diaconate.

Steve Reed, minister of music will lead the congregation in hymns on the organ. The sanctuary is air-conditioned.

Prayer shawls made by parishioners are free for the asking to give comfort to those suffering medically, physically or emotionally.

A fellowship coffee hour follows the service hosted by Nancy Jacobs.

Non-perishable food items are collected each Sunday for ISS Food Pantry.

The Diaconate will meet today (Thursday) at 1:30 p.m. in the Gordon Room.

Vacation Bible School – "Everest-Conquering Challenges with God's Mighty Power" – runs Aug. 15 - 19.

## Bethany Congregational

This Sunday, Bethany Congregational Church will have a Communion Worship Service at 10 a.m.

The Rev. Peter M. Preble will conduct the service and preach the sermon, "Faith: Against the Odds." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon and 1 p.m. to 3 p.m. Visit www.bethanycongchurch.org for updates and activities.

If you're unable to attend worship service, it is broadcast on QATV at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

# Quincy Religion Directory

## SERVICES & ACTIVITIES

### Catholic

**St. Mary's Church**
*95 Crescent St., Quincy • 617-773-0120*
*Masses*
*Saturday, 4pm, Sunday 8 & 10:30am*
*Tuesday/Thursday 9am*
*Handicapped Accessible*
*New Members Welcome!*

**ST. AGATHA CHURCH MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
*550 Washington Street*
*Quincy, MA 02169*
617-472-6321
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible & Handicapped parking, side entrance air conditioned*

*Saint Ann's Church*
757 Hancock St., Wollaston
617-479-5400
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Pastor Felix Carrion will lead the service and preach the sermon "The Fullness of the Spirit"**
***All are welcome to attend***
*FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE*

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
**Sunday Communion Worship Service at 10AM**
**Rev. Peter M. Preble will conduct the service and preach the sermon "Faith: Against the Odds"**
Child Care Available For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*
*The church is wheelchair accessible*

**PEACE**

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
**Summer Sunday Worship, 10 AM**
**'When in our Music God is Glorified'**
***...music & meditation***
ALL ARE WELCOME!
617-773-7432
www.wollastonucc.com

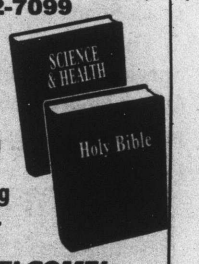
**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617)479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

**QUINCY POINT CONGREGATIONAL**
*444 Washington St. • 617-773-6424*
**Worship and Church School 10 am**
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
*email: office@quincypointcong.org*

### Unitarian Universalist

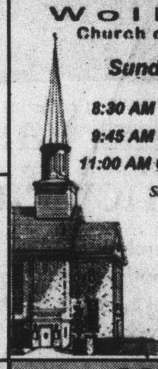
UNITED FIRST PARISH CHURCH
*A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.*
CHALICE CIRCLE DISCUSSION GROUP: SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

### Christian Science

**First Church of Christ, Scientist**
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
Church of the Nazarene
***Sunday Worship***
*8:30 AM Liturgical Worship*
*9:45 AM Sunday School*
*11:00 AM Celebration Worship*

*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5669
E-mail: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

*To Advertise in this Directory, Call 617-471-3100*

# OBITUARIES

## Benjamin T. Dufrane, 27

Benjamin Thomas Dufrane of Quincy passed away on Sunday, July 31, 2016, at the age of 27, after a brief illness.

Beloved son of Michael A. & Sharon Keirnan Dufrane of Quincy, Ben was a lifelong Quincy resident and graduate of North Quincy High School and Johnson & Wales University. He was employed as a chef, fulfilling his passion for cooking and feeding others. Ben was a loyal fan of the Boston Red Sox, the New England Patriots and professional wrestling. He loved music of all kinds, video games, and cribbage.

He is survived by the love of his lifeAmanda McGeary of Quincy and Sturbridge, MA and their dog Shelby; his beloved siblings Xanthra Dufrane (Ben Dimaggio) of Arlington, MA; Sarah K. Dufrane (Andrei Mackenzie) of Cambridge, MA; Carter W. Dufrane (Hillary Waldron) of Quincy; and Joseph P. Mellen of Quincy; his loving niece Lucia Kolk of Arlington; many aunts uncles and cousins; and many wonderful friends.

Funeral services will be private followed by burial at the Hingham Cemetery.

In lieu of flowers, please make donation to the Dana Farber Cancer Center at Brigham and Womens Hospital in Boston, Perfect Match Rescue & Adoptions (perfectmatchanimalrescue.org), American Red Cross, or an organization of your choice.

For additional information and online condolences, please visit downingchapel.com.

## Quincy Sun Obituary Policy

*The Quincy Sun* publishes obituaries that are submitted by funeral homes with the assistance of the families.

There is a nominal cost for obituaries appearing in The Sun newspaper and on its website. Local funeral homes are aware of this policy.

For more information, contact Sun Editor Robert Bosworth at 617-471-3100 or email thequincysun@verizon.net.

## Registry Of Deeds Staff At City Hall Oct. 6

Norfolk County Register of Deeds William P. O'Donnell announces the 2016 Fall Community Outreach Schedule.

The Registry of Deeds Speaking Engagements and Office Hours are an integral part of its consumer outreach initiative.

Locally O'Donnell and members of his staff will be at Quincy City Hall (James R. McIntyre Government Center), first floor, Boards and Commissions Room, 1305 Hancock St., on Thursday, Oct. 6 from 10 a.m. to noon.




A Better Value For Quincy Families

At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

Funeral Ceremony • Visitation • Casket

At Deware Funeral Home, we put the needs of our customer first. We also offer a Simple Burial Plan for $3,395.

With Deware Funeral Home, you can trust us to provide the compassionate care you expect at an exceptional value, backed by a 100% service guarantee.

*Exclusive provider of Dignity Memorial® benefits.*

Deware Funeral Home

576 Hancock Street | Quincy, MA 02170 | 617-472-1137

Dignity

For more information visit www.dewarefuneralhome.com

*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationery package (register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of ARCS and Service Corporation International, 204 Winter Street, Fall River, MA 02720. (508) 676-2424


## Eleanor M. Dawkins, 92

Eleanor M. (Santosuosso) Dawkins, 92 of Cave Creek, AZ, formerly of Quincy, died Aug. 4th at her home in Cave Creek, AZ.

Born in South Weymouth, she was raised in Quincy, where she resided until 2000 when she moved to Arizona to live with her daughter.

An adored wife, mother, grandmother and friend, Eleanor was the consummate homemaker and cook who enjoyed preparing meals for her family and friends; her Caesar Salad was legendary!

She loved to play bingo and trips to Vegas with "the girls," were some of her favorite times. We could leave her at her favorite slot machine and return three hours later and she'd still be playing with her original $20 and be ahead by $200!

Eleanor was predeceased by her loving husband of 44 years, Monte L. Dawkins, her infant daughter Sandra Dawkins, her three beloved brothers, Frank, Louis, and John Santosuosso, and her two beloved sisters, Julia Alongi and Cleta Tassinary.

Eleanor is survived by her son Michael Dawkins and his wife Linda of Bayfield, CO, and her daughter Diane Tinker and her husband Glen, of Cave Creek, AZ. Dear grandmother of Sean Dawkins and his wife Keni of Saugus, CA, Cole Tinker of Scottsdale, AZ, and Perry Tinker of Cave Creek, AZ. Great-grandmother of Kailyn and Brady Dawkins of Saugus, CA.

Eleanor was a favorite aunt, loved by numerous nieces and nephews and who she loved right back. She was honored to be called "Mom," "Mrs. D," and "Nana," by so many more members of her "heart family."

Her funeral Mass will be celebrated at Sacred Heart Church, North Quincy on Saturday, Aug. 13th at 10 a.m. Relatives and friends are invited to attend.

Interment will be at Mount Wollaston Cemetery, Quincy.

Visiting hours are respectfully omitted. www.boleafuneralservices.com.

## Red Cross Blood Drive At Sons Of Italy Aug. 29

### *Critical Summer Blood Shortage*

The American Red Cross urges blood donors to give in the final weeks of summer to help overcome a critical summer blood shortage.

In Quincy, the American Red Cross will hold a blood drive Monday, Aug. 29 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

The summer months are among the most challenging times of years to collect enough blood and platelet donations to meet patient needs. Many regular donors delay giving while they take vacation and participate in summer activities. The need for blood doesn't take a summer break though.

Donors of all blood types are urgently needed to give now to help ensure blood is available for patients in need. Those who donated blood earlier this summer may be eligible to donate again. Blood can be safely donated every 56 days, and double red cells can be donated every 112 days.

In appreciation for helping to save lives, those who come to donate blood or platelets with the Red Cross now through Aug. 31 will receive a $5 Amazon.com gift card claim code.

Schedule an appointment to give blood by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767).

To help reduce wait times, donors are encouraged to make appointments and complete the RapidPass online health history questionnaire at redcrossblood.org/rapidpass.


**More News Online at www.thequincysun.com**





Honor Your Loved One's Memory With Flowers

cliffords.com

1.800.441.8884


## Fenno House Yard Sale

Fenno House, 540 Hancock St., North Quincy, will hold its 8th annual Giant Indoor Yard Sale Friday and Saturday, Aug. 19 and 20, from 9 a.m. to 3 p.m.

There will also be raffle prizes and a bake sale.

Fenno House is a not-for-profit Assisted Living and Traditional Apartments for seniors.

**LEGAL NOTICE**

**CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405**

Docket No. NO16P2012PM

**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

**In the matter of:**
**Andrew J. Rocha**
**Of: Quincy, MA**
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Marilyn Giagrando of Kennebunk, ME in the above captioned matter alleging that **Andrew J. Rocha** is in need of a Conservator or other protective order and requesting that Marilyn Giagrando of Kennebunk, ME (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **09/07/2016.** This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**

**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

**WITNESS, Hon. John D. Casey, First Justice of this Court.**

Date: July 28, 2016
PATRICK W. McDERMOTT
Register of Probate

8/11/16

**LEGAL NOTICE**

**CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304**

**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

Docket No. NO16P1929GD

**In the matter of:**
**Santos Veitia**
**Of: Quincy, MA**
RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Quincy Health & Rehab. Ctr. of Quincy, MA in the above captioned matter alleging that **Santos Veitia** is in need of a Guardian and requesting that Alina Perez of Lynn, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **08/24/2016.** This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**

**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

**WITNESS, Hon. John D. Casey, First Justice of this Court.**

Date: July 19, 2016
PATRICK W. McDERMOTT
Register of Probate

8/11/16

# 'Eat Smart' Free Nutrition Courses Offered By Kit Clark Senior Services, Quincy College

## *Community Invited To Participate During August*

Quincy College and Kit Clark Senior Services, a division of Bay Cove Human Services, will offer three free Eat Smart nutrition classes during the month of August at the Quincy College Campus located and accessible in Quincy Center across from the Quincy Center Red Line T Station.

The non-credit classes will take place in the Lower Level Conference Room at 1250 Hancock St., Quincy, from 11 a.m. to 12:30 p.m.

The courses will cover the importance of healthy habits and nutrition for senior citizens.

On Wednesday, Aug. 17th, community members will learn how to set up a healthy plate, the importance of calcium, and portion distortion.

On Wednesday, Aug. 24th, community members will explore nutrients for eye health, how to choose healthy fats, and common additives in drinks.

And the Wednesday, Aug. 31st, session will discuss the connection between sodium and blood pressure, explore the guidelines for reading food labels, and the importance of exercise for overall health.

Courses will be taught by Elizabeth Aurand, a nutritionist working as a SNAP Nutrition Educator for Kit Clark Senior Services in Dorchester. Elizabeth travels to locations around Boston to educate seniors on nutrition and how diet choices can benefit their well-being. Kit Clark Senior Services has helped older adults in Greater Boston live with dignity and independence in the community since 1974, offering an integrated continuum of services. This program is funded in part by USDA's Supplemental Nutrition Assistance Program (SNAP).

"Kit Clark Senior Services is thrilled to work in partnership with Quincy College on this exciting new series of Eat Smart nutrition classes," said Elizabeth Aurand of Kit Clark. "Healthy eating is of crucial importance for older adults, and this series discusses how small, manageable changes can be used to achieve a balanced diet. Continuing to learn new things is also an excellent way for older adults to stay vital and engaged, so I'm looking forward to working with seniors and sharing information that will help them maintain healthy, active lives."

These classes are part of Quincy College'a non-credit courses, which offer quality and relevant short-term, non-credit training programs for members of the community looking to develop new skills or enhance skills.

Kate Lopci, Director of Workforce Development and Community Engagement for Quincy College, said, "The Department of Workforce Development and Community Engagement at Quincy College aims to provide high quality, affordable workforce training programs in order to equip low income, underserved, and unemployed residents and their families, in the South Shore region, with the tools and knowledge that help to prepare them for economic opportunities and career advancement. In addition, Workforce Development strives to provide lifelong and health education services to diverse communities in order to improve the quality of life of South Shore senior residents.

"We are pleased to partner with Kit Clark Senior Services and other community organizations to bring educational resources to underserved populations, ensuring that all community members continue to learn."

Registration for the "Eat Smart" classes is not required; class attendance is on a first-come, first-serve basis. Community members can take all classes or a single class based upon interest. For more information about the first "Eat Smart" class, visit http://quincycollege.edu/events/eat-smart-free-nutrition-classes-class-1/ .

To view all upcoming Quincy College events visit http://quincycollege.edu/events/. And to explore Quincy College's Lifelong Learning program offerings, visit http://quincycollege.edu/academics/areas-of-study/#lifelong-learning.

To learn more about Kit Clark Senior Services, visit www.kitclark.org.

# AAA: Gasoline Prices Down Three Cents

Gasoline prices in Massachusetts are down three cents this week, and are at the lowest point locally since mid-April, according to AAA Northeast.

AAA's Aug. 9th survey of prices in Massachusetts finds self-serve, regular unleaded averaging $2.05 per gallon. The Massachusetts price is seven cents below the national average for regular unleaded of $2.12. A year ago at this time, the average price in Massachusetts was 47 cents higher at $2.52.

"You have to go all the way back to 2004 to find prices this low at this point in the summer," said Mary Maguire, Director of Public and Legislative Affairs for AAA Northeast. "With gasoline supplies high and oil prices low, pump prices are likely to remain relatively cheap through the remainder of the summer and into the fall."

The range in prices in the latest AAA survey for unleaded regular is 70 cents, from a low of $1.89 to a high of $2.59. AAA advises motorists to shop around for the best prices in their area, and to make sure they and their passengers buckle up — every time.

Tuesday's local gas prices and their ranges are listed below:

| Self Serve | Grade |
|---|---|
| $2.05 ($1.89-$2.59) | Regular Unleaded |
| $2.36 ($2.09-$3.09) | Midgrade Unleaded |
| $2.54 ($2.29-$3.14) | Premium Unleaded |
| $2.34 ($2.19-$3.09) | Diesel |

Adams Green

massDOT
Massachusetts Department of Transportation

**Adams/Hancock Green & Downtown Construction Activities**

***Proposed work activities for the week of: August 7, 2016***



- Granite benches and walls are scheduled to be installed in the park area in front of City Hall.
- Work continues on the new mixed use retail/residential building going up at the corner of Hancock and Clivedon Street's.
- New sidewalks, planters and street lights are being installed in the area of Hancock/Chestnut Street's.
- Upgrades continue for the NGRID Electric and Verizon infrastructure at the north and south ends of the Adams/Hancock Park.

**(The photo above left shows the elevator shaft and the first three levels of the new Galvin building going up on the old Woolworth site. Photo above right shows workers working on the finish touches of the courtyard within the new West of Chestnut buildings.)**

To receive project updates, sign up for CityLink at http://www.quincyma.gov/citylink or follow @CityofQuincy and @MassDOT on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com

# Appaches Open Pre-Season Camp At Cavanaugh Field

The North Quincy Apaches Youth Football and Cheerleading Program opened pre-season camp Aug. 2. This season marks the Apaches' 66th consecutive year of operation as Quincy's oldest youth sports program.

The Apaches Tackle Football program has three levels of play for children ages 8-14 entering grades 3 through 8. Tackle football holds three practice sessions per week throughout the season. Equipment will be issued at these practices.

| | | |
|---|---|---|
| **Tuesday** | **5:30 - 7:30 p.m.** | **Cavanaugh Field** |
| **Wednesday** | **5:30 - 7:30 p.m.** | **Cavanaugh Field** |
| **Thursday** | **5:30 - 7:30 p.m.** | **Cavanaugh Field** |

The Apaches Cheerleading program has three levels of play for children ages 6-14, entering grades 1 through 8. The cheerleading program holds two practice sessions per week throughout the Season.

| | | |
|---|---|---|
| **Tuesday** | **5:30 - 7:30 p.m.** | **Cavanaugh Field** |
| **Thursday** | **5:30 - 7:30 p.m.** | **Cavanaugh Field** |

The Apaches Flag Football program began practice Aug. 3. Practice is every Wednesday throughout the month of August from 5:30 – 7:30 p.m. at Cavanaugh Field.

The Apaches is accepting Sign-ups throughout the month of August. Sign-up in person during any practice or do so online at www.northquincyapaches.com.

For more information, contact Apaches President Sean Halpin at (617) 980-2674 or by email at seanhalpin1@comcast.net.

# Social Security Marks 81st Anniversary

**By KRISTEN ALBERINO**
*Social Security Public Affairs Specialist*

Look who's over the hill! In August, we will be celebrating the 81st anniversary of Social Security. Although Social Security's overall structure remains the same, it's impossible to overlook the changes in the economy and advancements in technology that made it necessary to transform our programs into what they are today.

Social Security Online Services
www.socialsecurity.gov

In 1935, President Roosevelt signed the Social Security Act, which gave birth to Social Security, (almost) as we know it today. The program was created primarily as a response to the growing rate of poverty within the elderly population. Here we are in the future, and Social Security has come a long way from 1940, when Ida May Fuller became the first person to receive a benefit check. In 2015 alone, almost 60 million people received Social Security benefits.

The number of beneficiaries is growing daily, and Social Security is developing ways to make conducting business with us easier and more secure. With several services available online, including my Social Security, you might never have to visit a field office. This is especially beneficial for the aging community or those living in remote areas, as traveling to field offices may be difficult.

Choosing when to retire is an important decision. At www.socialsecurity.gov/estimator you can get an estimate of your future benefit amount. You can use "what if" scenarios to see how your benefit amounts will change with different retirement dates and future earnings estimates.

With 37 percent of the American workforce teleworking and almost 70 percent of Americans doing most of their shopping online, we have evolved into a society of convenience. Not to be outdone, like a hip grandma, Social Security has adapted to the times. Below is a list of a few of the services currently available from the convenience of your computer. Online you can:

- Request a replacement Social Security or Medicare card
- Apply for Social Security benefits
- Get your Social Security Statement
- Appeal a decision
- Find out if you qualify for benefits
- Estimate your future benefits
- Get your SSI & Medicare verification letter

Join us in wishing Social Security a Happy 81st birthday and utilize these online services by visiting www.socialsecurity.gov/myaccount.

# CLASSIFIEDS

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-051

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Kristen Reed for a Variance to construct a second story addition in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 59 SHED STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-052

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Son Truong of Truong Realty LLC for a Variance/Special Permit to demolish the existing dwelling and construct a two family dwelling in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Section 8 (Flood Plain) on the premises numbered 107 CROSS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-053

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Anthony Roman for a Variance to construct second story in front setback in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), on the premises numbered 25 FARRELL STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
**ZONING BOARD OF APPEALS**
CASE NO. 16-054

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 23, 2016** at **7:15 pm** in the **First Floor Meeting Room**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Scott and Destine Levine for a Variance/Special Permit to construct second story dormers in the front setback and construct addition of side of dwelling in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Section 8 (Flood Plain) on the premises numbered, 17 WAMPATUCK ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/4/16, 8/11/16

## DRIVERS WANTED

DRIVERS: LOCAL-HOME NIGHTLY! $2,000 SIGN-ON BONUS! WEST BRIDGEWATER FLATBED! GREAT PAY, BENEFITS! CDL-A, 1YR. EXP. REQ. 855-513-1333 8/18

## FOR SALE

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**617-745-9813** 8/11

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1898EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Clyde Charles Clarke
**Date of Death:**
May 26, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Madeline A Clarke** of **Quincy, MA**. **Madeline A Clarke** of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/11/16

## LEGAL NOTICE

**NOTICE OF PETITION FOR CHANGE OF NAME**
**Docket No: NO16C0143CA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**In the matter of:**
Brendan F Holloway
Of: Quincy,MA

To all persons interested in petition described:

A petition has been presented by Brendan F Holloway requesting that: Brendan F Holloway be allowed to change his/her/their name as follows: Brendan Franklin Kabilian.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON: **09/06/2016**

**WITNESS, Hon. John D Casey, First Justice of this Court.**

Date: August 1, 2016
**PATRICK W. MCDERMOTT**
**Register of Probate**
8/11/16

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No. NO16P1900EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Brian Patrick Hingston
**Date of Death:**
April 17, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Tammy M Hingston** of **Quincy, MA**. **Tammy M Hingston** of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/11/16

## PERSONAL

***Estelle Poulos - Enjoy your paper. Quincy Sun Fun Every Week. - Love Paula Diane*** 8/11

***In Memory of Scott Whitney***
***Gone but not forgotten***
***We love you and sure miss you***
***Your Family: Ma Duke & Joan*** 8/11

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PLEASE CALL 617-479-8659 AND LEAVE MESSAGE 8/11

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**FOR SALE:**
**GOLDS GYM ELLIPTICAL**
**ORIG COST $300.00**
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**617-479-7746** 8/11

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- Some experience with school age children required.
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- Must be high school graduate.
- All applicants must undergo a background check and meet other requirements.

*Typical applicants might be college students, retired teachers, etc., but we are open to any responsible, caring people who love children.*

**Located near subway.**

Please email with specifics about your background, send your resume if you have one to:
ivyschoolquincy@gmail.com 8/25

## LEGAL NOTICE

**NOTICE AND ORDER:**
**Petition for Appointment of Guardian of a Minor**
**Docket No. NO16P1874GD**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

In the Interests of: **Andrew J Rocha**
of **Quincy, MA**
Minor

NOTICE TO ALL INTERESTED PARTIES

**1. Hearing Date/Time:** A hearing on a Petition for Appointment of Guardian of a Minor filed on **07/14/2016** by **Christopher J Valencia** of Quincy, MA will be held **08/29/2016 8:30 AM Guardianship of Minor Hearing.**

Located **Canton**.

**2. Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

**3. Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

**4. Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

ORDER TO PETITIONER(S)

**IT IS ORDERED THAT** copies of this Notice and the Petition for Appointment of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of the minor, and any other person if ordered by the Court, at least **fourteen (14)** days prior to the hearing date listed above.

If Service in hand cannot be accomplished on any interested party, **IT IS ORDERED** that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served on the interested party by leaving at and mailing by regular first class mail to last and usual place of residence of the interested party at least **fourteen (14)** days prior to the date of hearing listed above.

If the identity or whereabouts of an interested party is **not known, IT IS FURTHER ORDERED** that copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least **fourteen (14)** days prior to the hearing date by publishing a copy of the Order and Notice once in **The Quincy Sun, Quincy, MA** publication to be at least **Seven (7)** days prior to the hearing date.

If required, service on the United States Veteran Administration and the Department of Children and Families may be accomplished by regular first class mail at least **Seven (7)** days prior to the hearing.

**THIS IS A LEGAL NOTICE:** An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: July 28, 2016

**PATRICK W. McDERMOTT**
**Register of Probate**

8/11/16

# CLASSIFIEDS

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***Want to pick up a copy of The Quincy Sun?***
**Here are stores in Quincy that sell it on their newsstands:**

**Quincy Market**
Corner of Temple & Washington St.

**Goodie's Store**
1250 Hancock St., Presidents Place

**New Store on the Block**
1183 Hancock St., Quincy Ctr. T Station

**Hancock Tobacco**
1500 Hancock St.

**Mignosa's Fruit Basket**
138 Granite St.

**Rite-Aid**
132 Granite St.

**Coffee Break Café**
77 Parkingway

**Hancock Park Lobby Shop**
164 Parkingway

**Franklin St. BP**
60 Franklin St.

**7-11**
78 Franklin St.

**CVS**
178 Washington St. Braintree

**Shop N Save Liquors**
20 Independence Ave.

**Donut + Donuts**
33 Scammell St.

**Presidential Liquors**
25 Scammell St.

**Tedeschi's**
85 Quincy Ave.

**Daily Mart**
291 Quincy Ave.

**Roche Brothers**
The Falls

**Walgreens**
418 Quincy Ave.

**Artery Grocery**
1000 Southern Artery

**Tedeschi's**
495 Washington St.

**Dairy Farm**
330 Washington St.

**Tedeschi's**
230 Washington St.

**Stop & Shop**
Southern Artery

**CVS**
Southern Artery

**Baxter's Pharmacy**
385 Washington St.

**Tedeschi's**
650 Adams St.

**7-11**
Adams St.

**Village Comm. Market**
100 Willard St.

**Copeland Liquors**
273 Copeland St.

**Granite Mart**
308 Willard St.

**7-11**
Copeland St.

**Joe's Place**
260 Centre St.

**Corner Food Market**
1060 Hancock St.

**200 Food Mart**
200 Sea St.

**Adams Shore Supermarket**
494 Sea St.

**Palmer Street Market**
231 Palmer St.

**Bernie's General Store**
1147 Sea St.

**West Elm Variety**
139 W. Elm Ave.

**7-11**
721 Hancock St.

**Beale St. Smoke Shop**
17 Beale St.

**CVS**
42 Beale St.

**Coffee Break Café**
12 Old Colony Ave.

**Supreme Liquors**
615 Hancock St.

**Hannaford Brothers**
475 Hancock St.

**Rite-Aid**
475 Hancock St.

**Mullaney's Variety**
205 W. Squantum St.

**Stop & Shop**
65 Newport Ave.

**7-11**
363 Hancock St.

**Walgreens**
324 Hancock St.

**Red Apple Food Shop**
48 Billings Rd.

**Sam's Variety**
125 Billings Rd.

**Dave's General Store**
66 Newbury Ave.

**Atlantic Market & Liquors**
247 Atlantic Ave.

**CVS**
321 Quincy Shore Dr.

**Carmine's Café**
69 Huckins Ave.

**Tedeschi's**
751 E. Squantum St.

**Lucky Shamrock**
265 Beale St.

**Andre's Store**
20 Brook St.

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References 10/13

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*"Your Trash is my Ca$h"* 9/1

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JOHN 857-615-9537 8/18

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~ AFFORDABLE RATES ~ 9/1

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617-943-1660 8/18

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56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

**IN-SHELTER ADOPTION HOURS**
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run, new volunteers always needed.

**FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364**

***AVAILABLE CATS***

**Shelby:** 3, female, tabby
**Ethel:** 4, female, black & white
**CC:** 7, female, calico
**Mimi:** 3, female, tabby
**Coco:** 2, male, black
**Mitzi & Mucky:** 10, females, gray
**Sailor:** 2, male, tabby
**Sonny:** 6, male, black
**Bastille:** 2, female, tabby
**Simon:** 10, male, black
**Bandit:** 4, male, gray & white
**Spot:** 8, male, white & black

## OFFICE SPACE AVAILABLE

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**OLD HAND TOOLS & BOOKS WANTED**

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USEFUL TOOLS, ALL TRADES.

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**LIBERTY TOOL CO.**
888-405-2007
Davistownmuseum.org
www.jonesport-wood.com TF

## The Quincy Sun

## CLASSIFIED AD FORM

**MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169**

PAYABLE IN ADVANCE. Payment must accompany order.

**INDEX**
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

**RATES**

**1 WEEK** ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

**2-4 WEEKS** ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

**5-10 WEEKS** ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

**11 WEEKS OR MORE** ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

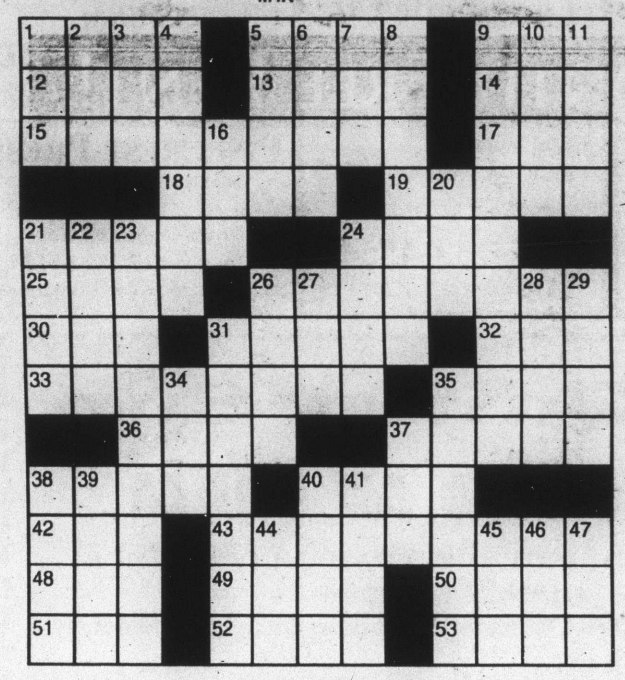
**NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.**

# SUN FUN PAGE

## King Crossword

**ACROSS**
1 Colorado Springs org.
5 Bivouac
9 Hot tub
12 Ashen
13 Winged
14 "Holy mackerel!"
15 Independent's ballot, at times
17 George's brother
18 Group of actors
19 — Island
21 Smaller map
24 Titanic's woe
25 Treats the lawn
26 Praiseworthy
30 Greek consonant
31 NHLer in Buffalo
32 Summer mo.
33 Judge's pronouncement
35 Not fooled by
36 Heredity unit
37 Guys
38 Weary of it all
40 Prizefight
42 Venusian vessel?
43 Playground structures
48 "The way," philosophically
49 Teeny amount
50 Met melody
51 Mess up
52 Midday
53 Piquancyf

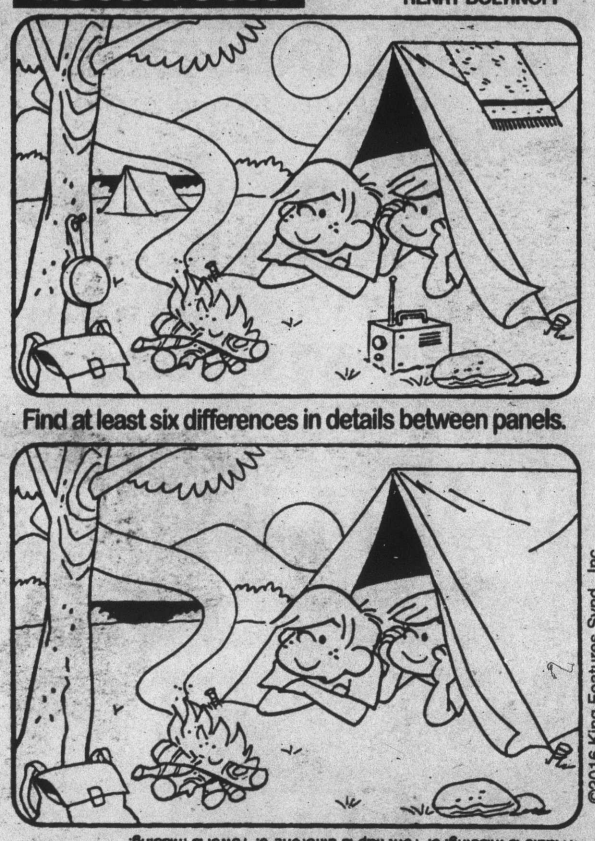
**DOWN**
1 — and downs
2 Cutting tool
3 Mr. Baba
4 Borderline constructs
5 Cleveland NBAers, for short
6 Oodles
7 Wrestling surface
8 Go before
9 Benny Goodman's group, e.g.
10 Skin opening
11 Vacationing
16 Gangster's weapon
20 Man-mouse link
21 Mischievous tykes
22 Schnozz
23 Double-hinged entry
24 Pavel of hockey note
26 Bowler's path
27 "Wipeout" network
28 Troubadour's instrument
29 Broadway clashers
31 Submits
34 Ball holder
35 Waited longer than
37 Used a shovel
38 Rope fiber
39 Somewhere out there
40 — -Honey candy bar
41 Biblical brother of Er
44 Court
45 Historic period
46 Stannum
47 Droop



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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Flying pan is missing. 2. Tent is missing. 3. Sun is lower. 4. Radio is missing. 5. Tent flap is different. 6. Towel is missing.

New! 24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## Trivia test by Fifi Rodriguez

1. MYTHOLOGY: What was Charybdis in ancient literature?

2. TELEVISION: Who was the original host of the game show "Let's Make a Deal"?

3. U.S. STATES: What is the capital of South Dakota?

4. HISTORY: When was the Securities and Exchange Commission established to regulate sales of stocks and bonds?

5. GEOGRAPHY: What U.S. city's seal includes a phoenix, which symbolizes its rise from destruction in the Civil War?

6. GENERAL KNOWLEDGE: Where are the British Crown Jewels displayed?

7. FOOD & DRINK: What is tequila made from?

8. MOVIES: Who earned a second supporting actor Oscar for his performance in "The Cider House Rules"?

9. ANATOMY: What kind of tissue connects bones and joints?

10. LITERATURE: What was the pseudonym of author Hector Hugh Munro?

Answers

1. A whirlpool sometimes described as a sea monster
2. Monty Hall
3. Pierre
4. 1934, after the 1929 stock market crash
5. Atlanta
6. The Tower of London
7. Blue agave
8. Michael Caine
9. Ligament
10. Saki

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## Salome's Stars

**ARIES** (March 21 to April 19) A troubling situation takes a positive turn and moves toward a resolution that should please you and your supporters. Meanwhile, make time to deal with new domestic issues.

**TAURUS** (April 20 to May 20) It's a good time to reassess your goals and consider shifting directions. Remember to keep an open mind, and be prepared to make changes as new opportunities arise.

**GEMINI** (May 21 to June 20) Rely on your strong Mercury aspect to help you close that communication gap before it becomes too wide to cross. A sibling or other family member has news.

**CANCER** (June 21 to July 22) You're about to get off that emotional roller coaster and start experiencing more stability than you've been used to. This is a good time to let someone new into your life.

**LEO** (July 23 to August 22) Good news: A trusted friend comes through for you. But you still need to shed that last scrap of self-doubt and once more become the cool, confident Cat we all know and love.

**VIRGO** (August 23 to September 22) Things should be getting back to a less hectic pace. Enjoy the more peaceful atmosphere. You earned it. But don't forget about those still-unresolved issues.

**LIBRA** (September 23 to October 22) A more positive family relationship develops as misunderstandings are explained away. A job situation appears promising, but check it out before you act on it.

**SCORPIO** (October 23 to November 21) Congratulations. That on-the-job situation is working out as you'd hoped. Now's a good time to relax and to enjoy the company of family and close friends.

**SAGITTARIUS** (November 22 to December 21) You might feel as if you're caught in an emotional tug-of-war. But don't be rushed into a decision on either side. Wait for more facts before you act.

**CAPRICORN** (December 22 to January 19) The Goat's usually high level of self-confidence is brimming over these days. This should help you deal with a situation that you've avoided for far too long. Go for it.

**AQUARIUS** (January 20 to February 18) Relationships become more intense. But be careful not to be pushed into decisions you're not comfortable with. Remember: You're the one in charge of your life.

**PISCES** (February 19 to March 20) You need to show more confidence in your ability to reach your goals. Make that long-delayed decision, and avoid floundering around in a sea of self-doubt.

**BORN THIS WEEK:** Although you appear to be strongly opinionated, you can also be open to other ideas -- so long as they are presented with logic and clarity.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals T

CB P VAPXXZ OSTYZ MPZ, L LGRAYSCSTXZ OVPFFAM GZ ECSEN RPM PBM YNVAJ ESTNLCB YC YNA JLBM.

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CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

## MAGIC MAZE • ROYAL TITLES

E E D A X U R O L J G D A X V
S M P T H N K I C F C A X V S
Q P S O N O L Z J B H E C A X
N R V S T U A R A P N L J H F
S E M P E R O R D B Y X R V T
S S E T N U O C A R P E O M K
I S E U G N Q G S H S C E D B
Z X W H Q N U R T I P N A R Q
O N L J C I I G A F V I J D C
A Y X W V U T K S M L R A E R
P O N E K U D L K J I P R G F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

| | | | |
|---|---|---|---|
| Countess | Earl | King | Queen |
| Czar | Emperor | Marquess | Raja |
| Duchess | Empress | Pharaoh | Viscount |
| Duke | Kaiser | Prince | |

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## Wishing Well®

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 8 | 3 | 8 | 5 | 8 | 2 | 8 | 4 | 5 | 8 | 3 | 8 | 6 |
| L | C | I | C | F | Y | E | Y | O | I | O | M | N |
| 8 | 2 | 5 | 3 | 6 | 3 | 2 | 5 | 3 | 4 | 5 | 8 | 5 |
| P | O | N | M | O | F | U | F | O | O | R | R | O |
| 4 | 2 | 4 | 3 | 7 | 6 | 2 | 4 | 2 | 4 | 3 | 4 | 5 |
| U | A | P | R | S | S | R | R | E | I | T | Z | N |
| 8 | 5 | 7 | 3 | 8 | 4 | 5 | 2 | 4 | 8 | 5 | 6 | 5 |
| O | T | T | R | V | E | P | W | F | E | R | T | O |
| 3 | 8 | 4 | 5 | 2 | 4 | 5 | 2 | 3 | 7 | 3 | 2 | 3 |
| E | S | R | B | E | I | L | L | C | A | E | C | I |
| 7 | 6 | 3 | 6 | 4 | 6 | 7 | 2 | 3 | 4 | 3 | 2 | 4 |
| Y | R | V | U | E | G | C | O | E | N | D | M | D |
| 2 | 6 | 5 | 2 | 7 | 6 | 4 | 6 | 5 | 7 | 6 | 5 | 7 |
| E | G | E | D | A | L | S | E | M | L | S | S | M |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

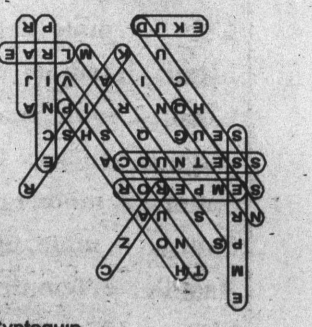
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— King Crossword — Answers

Solution time: 21 mins.



Magic Maze ANSWERS:



Cyptoquip ANSWER:

On a really gusty day, I impetuously grabbed my couch pad and threw cushion to the wind.

# 'Christmas In July' Raises $6,850 For Salvation Army

**'CHRISTMAS IN JULY' fundraiser to benefit the Salvation of Army of Quincy was a big success, raising more than $6,850 July 28. The familiar red kettle was set up outside The Quincy Sun office, 1372 Hancock St., from 8 a.m. to 5:30 p.m. Folks who rang the bell and manned the kettle during part of the day included (top photo from left to right) Mayor Thomas Koch, Marion Fantucchio, Salvation Army Advisory Board; Isobel Bertman, Rogers Jewelry and Salvation Army Advisory Board member; Paul Moody, commander, Sons of the American Legion, Squadron 294, Morrisette Legion Post; and Tom Anacone, owner, Craig's Cafe. Also manning the kettle (bottom photo from left to right) were Paula Rowe, Granite Print LLC; Chuck Phelan, director of Information Technology, City of Quincy; Maureen Rogers, president, Quincy Chamber of Commerce; Amy Huber, NorthEast Community Bank and member Quincy Salvation Army Advisory Board; and Janet Batson, The Galvin Company.**







*Quincy Sun Photos/ Robert Bosworth*

THE SALVATION ARMY

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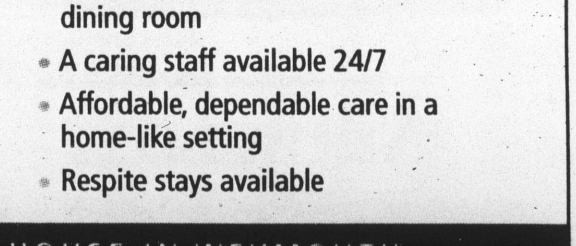
## Thomas MacIsaac Graduates Fairfield

Thomas K. MacIsaac of Quincy recently graduated from Fairfield University in Fairfield, CT.

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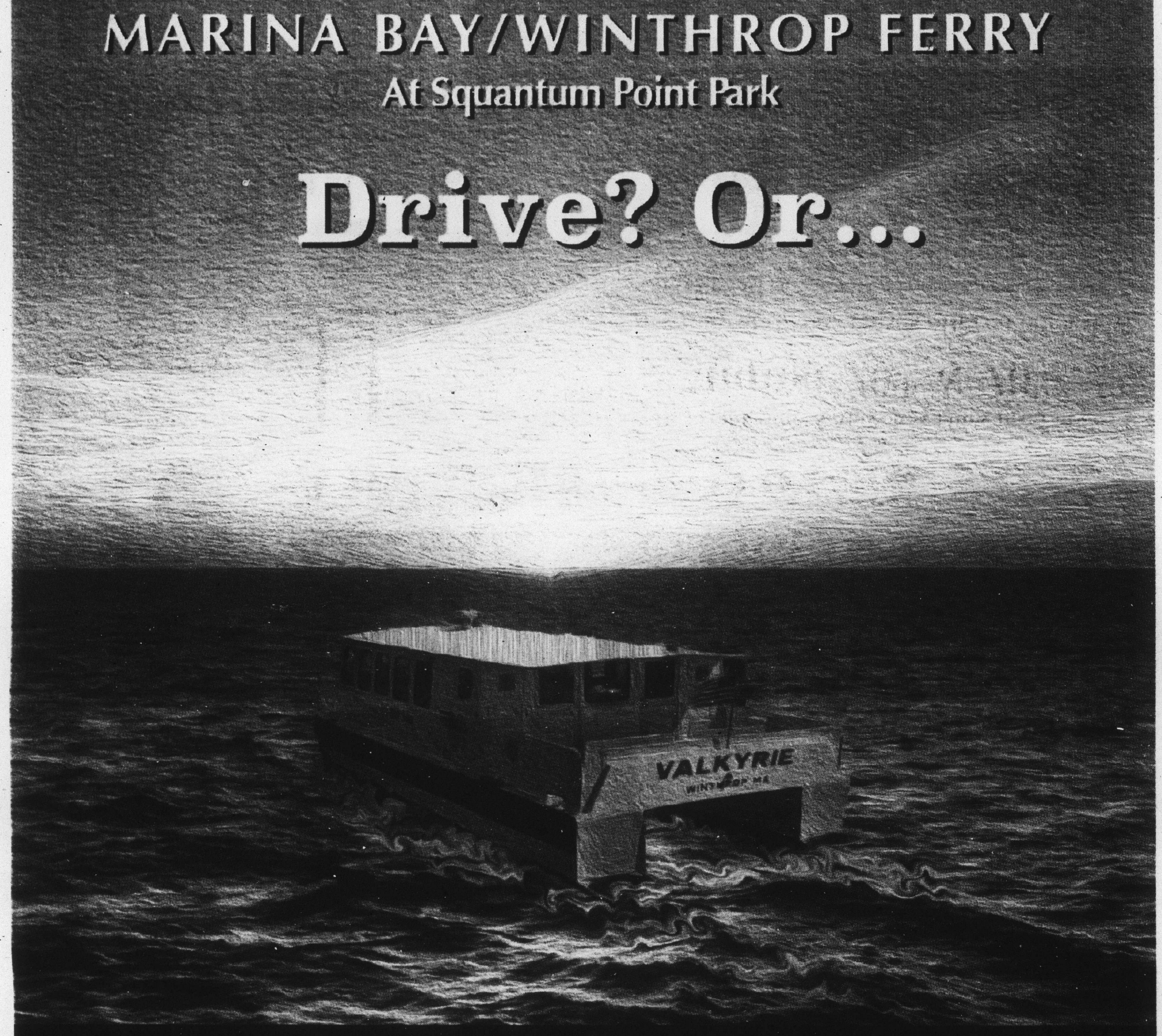
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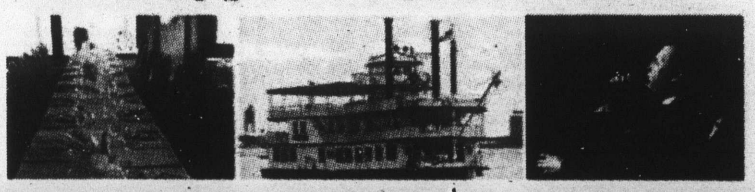
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**New Fore River Bridge Span In Place** - *Page 3*
**City Historic Tours Start Thursday** - *Page 10*
**800 Trees Planned In Germantown** - *Page 17*

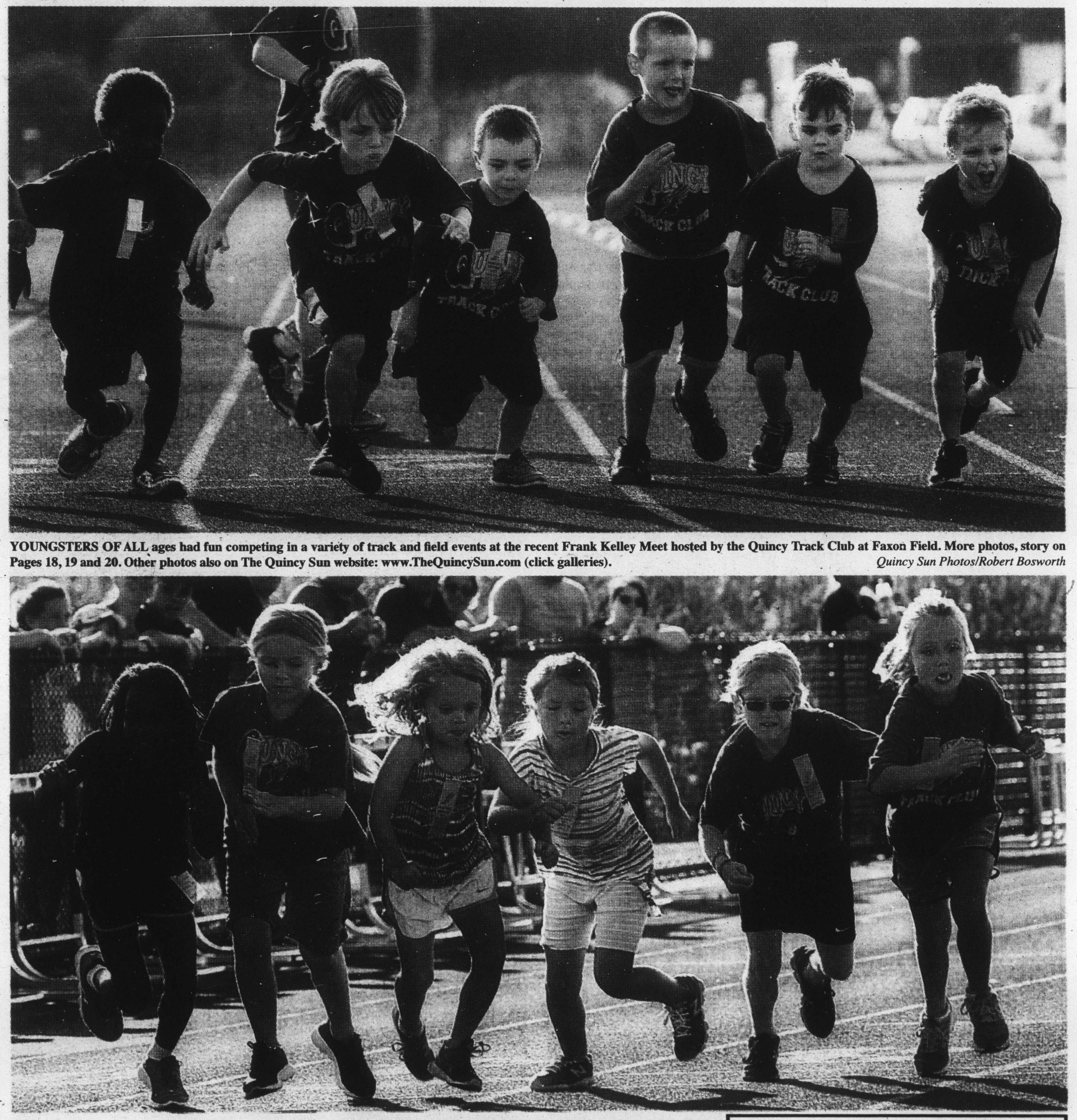


# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 48 Thursday, August 18, 2016 75c

# Run And Fun At Kelley Memorial Meet



**YOUNGSTERS OF ALL ages had fun competing in a variety of track and field events at the recent Frank Kelley Meet hosted by the Quincy Track Club at Faxon Field. More photos, story on Pages 18, 19 and 20. Other photos also on The Quincy Sun website: www.TheQuincySun.com (click galleries).** *Quincy Sun Photos/Robert Bosworth*

**Acetaminophen: How Safe Is It?** - *Page 9*
**Homeowners Warned Of Deed Scam** - *Page 22*
**Major Upgrades For QHA Buildings** - *Page 32*

**More Quincy news:**
**The Quincy Sun.com**

# Hughes: Wollaston Theatre Plans Will Be Fully Vetted

## 'Around The Wards'

*The Quincy Sun* is running a series of articles this summer highlighting the city's six wards. "Around The Wards" this week features Ward 5 and an interview with city councillor Kirsten Hughes.

**By SCOTT JACKSON**

Ward 5 Councillor Kirsten Hughes is optimistic any future development at the site of the former Wollaston Theatre works with the surrounding neighborhood, and plans for the parcel will be thoroughly vetted by the city.

Hughes, who was elected City Council president in January by her peers, discussed the future of the Wollaston Theatre site, as well as plans for the surrounding area, in a recent interview. The Beale Street movie house, which first opened its doors in 1926 and had been shuttered since 2003, was torn down earlier this summer. The 18,790 square foot parcel of land is in a business c zoning district.

"I'm hopeful that we can get a project that works for the neighborhood as well as the needs of the city, and really complements some of the work we've been doing in Quincy Center and some of the work I know I want to see done in the Wollaston area," Hughes said.

"Knowing that there is a giant sort of void there and it literally is a blank canvas, it's exciting to think about what could go there. But folks have to be mindful that it's not a site that the city owns, but any project that plans to go there will have to go before several city boards and be vetted through neighborhood and public meetings."

Hughes said residents are eager to learn about the future of the site – the owner of the lot has not said what he intends to do with it – and have expressed a sense of nostalgia over the loss of the theater known to many as "The Wolly" as well as concerns about the demolition itself. Two workers were hospitalized after the final section of the brick wall collapsed July 12.

"Certainly folks are nostalgic for what was there, and that's always going to be, but concerned too," Hughes responded when asked about feedback from residents.

"I had heard some community concerns regarding the demolition, particularly when those two workers had been trapped, which was very unfortunate…But people really plugging in, coming back from the summer, really want to know what's the plan, what's going to go there."



**CITY COUNCIL PRESIDENT Kirsten Hughes, who represents Ward 5 which includes Wollaston Center (above), is optimistic any future development at the site of the former Wollaston Theatre will work with the surrounding neighborhood.**

*Quincy Sun Photo/Robert Bosworth*

Hughes said she has had discussions with the city's Planning Department regarding the future of Wollaston Center. Redevelopment there would not focus on making it into a mini Quincy Center, but rather on helping increase foot traffic to increase business there.

"I've discussed with the Planning Director a few times – under the old planning director and then under Jim Fatseas – some things we want to do in Wollas-

*Cont'd On Page 11*

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# Meeting Monday On Squantum Sewer, Stormwater Drainage Projects

The Department of Public Works is planning sewer and stormwater drainage projects in the Squantum neighborhood this summer and fall.

Residents are invited to a meeting hosted by DPW Commissioner Daniel Raymondi Tuesday, Aug. 23, at 7 p.m. at the Kennedy Center, 440 East Squantum St.

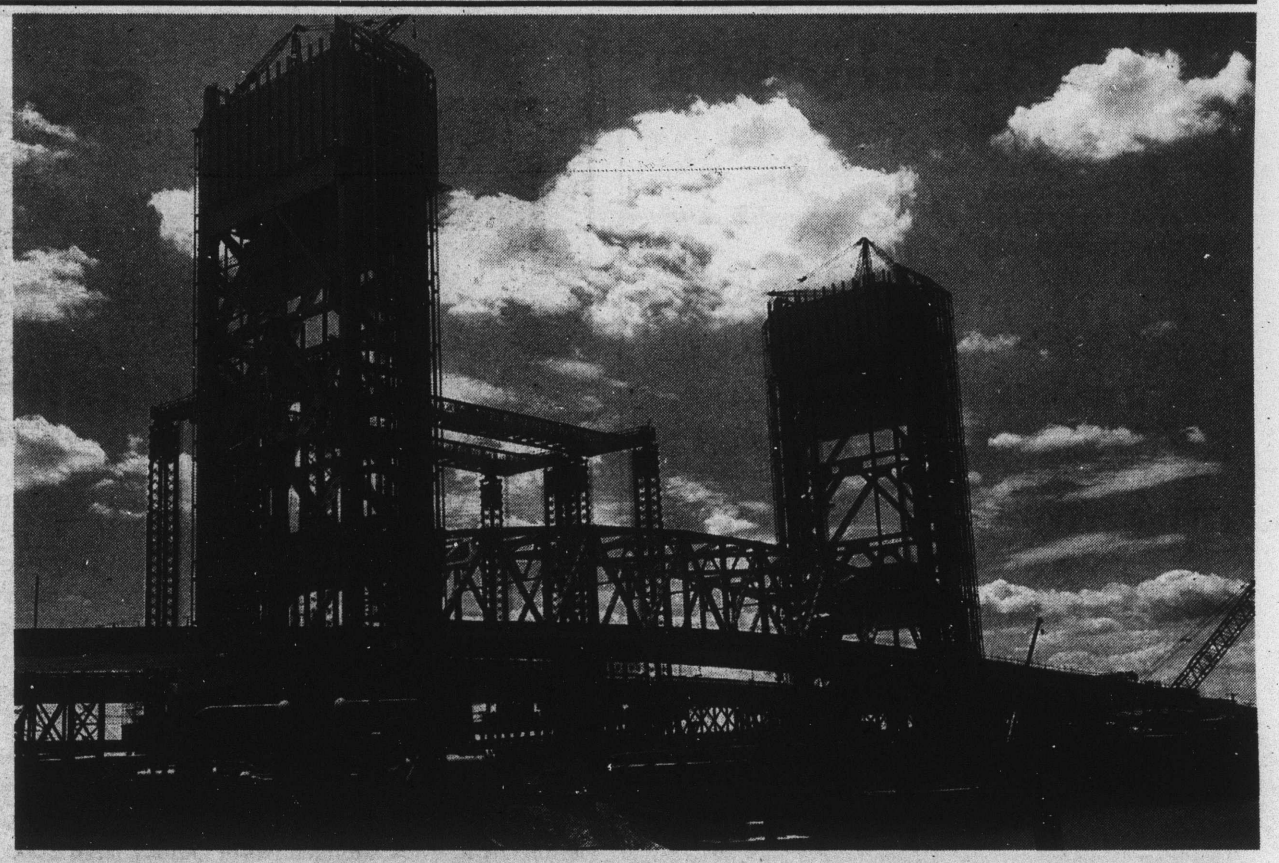
Topics to be discussed at the meeting include why sewer and stormwater drainage system is essential to economic vitality, how sewer and stormwater drainage system functions, what residents can do to keep these systems operating efficiently and effectively and an overview of the projects' work.

During this construction period residents can expect:

- To see private contractors hired by the City in this area accessing city manholes.
- Measuring devices used in the sewer system to monitor base and peak flows.
- Manholes may be accessed at night.
- If you have a manhole on your property, contractors may need pedestrian access to it..
- You will be contacted by the City if a contractor needs access to your property/residence.
- Private contractors will be sampling drainage water from city stormwater drainage structures.
- There may be noise, odors, and traffic control associates with some of this work.

"This important work reflects Mayor Koch's commitment to our beaches and waterways," said DPW Commissioner Raymondi. "This important investment into the City's utility infrastructure is designed to both protect that investment and proactively keep down costs to our ratepayers."

Work is expected to continue until this November. For more information contact Deirdre Hall, DPW Compliance Manager at 617-376-1525 or dhall@quincyma.gov.



THE CENTER SPAN of the new Fore River Bridge was set in place Monday morning, joining the North Weymouth and Quincy Point sections. The bridge is expected to be open to traffic by September, 2018. *Quincy Sun photo/Tom Gorman*

# New FR Bridge Span In Place

By SCOTT JACKSON

The 324-foot long center span for the new Fore River Bridge was lifted into place Monday morning, and crews are now working to connect the section to the approaches on the Quincy and Weymouth sides of the $244 million structure.

The center span was carried into place by barge from the nearby Fore River Shipyard, where it was assembled. The span, which can be raised to let vessels pass underneath the bridge, weighed 2.9 million pounds when it was lifted into place, and will weigh 5.1 million pounds once it is fully outfitted.

Traffic on the temporary

*Cont'd On Page 31*

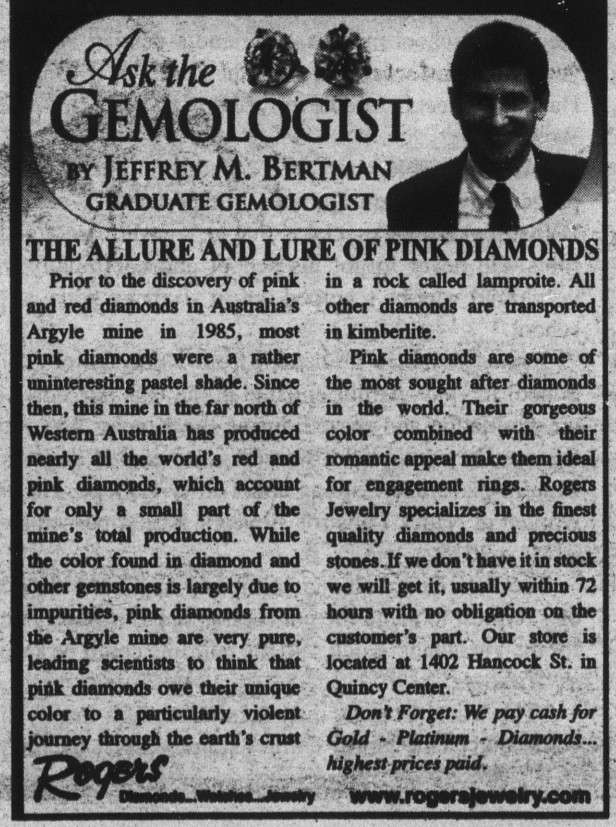
## Lip Balm Class Aug. 31

Piper Jornales, owner of Piper Dee Naturals, will visit the Kennedy Center Wednesday, Aug. 31 at 10 a.m. and lead a class in creating six different flavor lip balms.

Cost of the class is $10 to cover cost of materials. Registration is required as space is limited. Payment is due upon registration.

For more information call (617) 376-1506.




## THE ALLURE AND LURE OF PINK DIAMONDS

Prior to the discovery of pink and red diamonds in Australia's Argyle mine in 1985, most pink diamonds were a rather uninteresting pastel shade. Since then, this mine in the far north of Western Australia has produced nearly all the world's red and pink diamonds, which account for only a small part of the mine's total production. While the color found in diamond and other gemstones is largely due to impurities, pink diamonds from the Argyle mine are very pure, leading scientists to think that pink diamonds owe their unique color to a particularly violent journey through the earth's crust in a rock called lamproite. All other diamonds are transported in kimberlite.

Pink diamonds are some of the most sought after diamonds in the world. Their gorgeous color combined with their romantic appeal make them ideal for engagement rings. Rogers Jewelry specializes in the finest quality diamonds and precious stones. If we don't have it in stock we will get it, usually within 72 hours with no obligation on the customer's part. Our store is located at 1402 Hancock St. in Quincy Center.

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## Moments in time

THE HISTORY CHANNEL

• On **Sept. 4, 476 A.D.**, Romulus Augustus, the last emperor of the Western Roman Empire, is deposed by Odoacer, a German barbarian, who proclaims himself king of Italy. Although Roman rule continued in the East, it marked the end of the original Roman Empire.

• On **Aug. 29, 1533**, Atahuallpa, the 13th and last emperor of the Incas, dies by strangulation at the hands of Francisco Pizarro's Spanish conquistadors. The execution of the last free reigning emperor ended 300 years of Inca civilization.

• On **Aug. 31, 1897**, Thomas Edison receives a patent for his movie camera, the Kinetograph, which used celluloid film. In 1898, Edison sued Biograph Pictures, claiming patent infringement. However, in 1902, the U.S. Court of Appeals ruled that Edison only owned rights to the sprocket system that moved perforated film through the camera.

• On **Sept. 2, 1959**, Henry Ford II introduces his company's newest car, the Falcon. The compact car was an overnight success. In just one day, dealers had snapped up every one of the 97,000 cars in the first production run.

• On **Aug. 30, 1967**, Thurgood Marshall becomes the first black American to be confirmed as a Supreme Court justice. He would serve for 24 years before retiring for health reasons, leaving a legacy of upholding the rights of the individual.

• On **Sept. 3, 1982**, Apple co-founder Steve Wozniak's US Festival opens in San Bernardino, California. Entertainment included The Police, The Kinks and Fleetwood Mac, along with games for the Atari Video Computer System. The Apple Macintosh was still 18 months away.

• On **Sept. 1, 1998**, the Intermodal Surface Transportation Efficiency Act of 1991 finally goes into effect. The law required that all cars and light trucks sold in the U.S. have air bags on both sides of the front seat.

*(c) 2016 King Features Synd., Inc.*

## Credit, Debt Workshop Aug. 24 At QCAP Office

Quincy Community Action Program's Greater Quincy Financial REACH Center and Quincy Credit Union will present "Gaining Control: Credit and Debt Workshop" Wednesday, Aug. 24 at 6 p.m.

The free workshop will be held at QCAP's fourth floor office, 1509 Hancock St., Quincy Center.

Topics will include:

- Understanding credit scores and reports.
- Building or rebuilding credit.
- When to asusme/avoid debt.
- Prioritizing your debts.
- Coping with debt collections.
- Sources for help.

To register contact Theresa Whittaker, program assistant, at 617-657-5355 or email twhittaker@qcap.org.



## Son Beams

By ROBERT BOSWORTH

# Well-Deserved Dedications For Creedons, Yacubians

You can soon call it "Creedon Field."

And it's an appropriate name for the new athletic field adjacent to North Quincy High School.

Last week, the Quincy Park Board unanimously approved a request by Mayor Thomas Koch to name the new Red Raiders' sports field in honor of the Creedon family. The family has a long and distinguished record of public service to this country and community dating back to the mid 19th century and continuing today.

The Creedon family tree includes one family member who served in the military during two World Wars and two family members who served this city as school superintendent. They attended North Quincy High School and grew up in the family home on Kendall Street that borders part of the new sports facility.

The mayor said the field should be ready for athletes to practice on next month. He said a dedication night that will also honor others with the naming of the concession stand, flag poles and outdoor light towers is in the works for sometime in October.

The series of dedications will include the official naming of the field for the Creedons. And going forward, the facility will be known as "Creedon Field" with appropriate signage.

In a recent interview, Koch said:

"Creedon Field will honor the Creedon family who lived on Kendall Street which is the back side of the field. There's been a number of Creedons who have contributed in so many ways to their country, the community and some through serving their nation in the service, and others through the fire service, education and teaching.

"The Creedon family has a remarkable record of public service."

The history of the family in Quincy dates back to 1850 when Daniel Creedon immigrated here from Ireland. He became a volunteer firefighter for the Atlantic District in Quincy.

Daniel Creedon's son, John, also became a volunteer fireman and when the city established a permanent Fire Department, John Creedon was an early recruit.

After World War II began in 1916, John Creedon's son, Peter, enlisted in the Navy and served on various ships throughout the war. When he returned home, Peter Creedon joined the Quincy Fire Department and eventually became deputy chief.

After World War II broke out Peter Creedon again answered the call to serve and rejoined the Navy leaving his wife and seven children at home on 52 Kendall St. In 1944, Peter Creedon died while serving his state and nation.

Peter Creedon's sons followed in their father's footsteps and also enlisted in the service. His two oldest, John Creedon and Peter Joseph Creedon (Joe), both joined the Army and served during World War II. Joe Creedon served in active duty in Grenada, and John Creedon continued his life of service as a research physicist for the U.S. Army.

Joe Creedon later became a high school principal in Long Island, N.Y.

Peter's other son, Lawrence Creedon, also served his country as a lieutenant in the Navy. A graduate of Boston University, he would later serve the city as an assistant superintendent and later superintendent of the Quincy Public Schools.

Bernard Creedon served for five years in the Naval Air Reserve in South Weymouth. He later became a principal in Long Island, N.Y.

Eugene Creedon served the community in many ways. During his senior year in high school he entered the seminary. During his 10 years of seminary work, he served as a teacher and counselor for many students. Eugene later became a teacher, principal, assistant superintendent and superintendent of Quincy Public Schools. He passed away Dec. 24, 2015.

Peter Creedon's wife, Mabel, served as the cook and manager of the North Quincy High School cafeteria where she worked for over 20 years.

The Creedon legacy of community service has also been carried on by other generations.

Michael Creedon, son of John and grandson of Peter, graduated from West Point and has served two tours of duty in Afghanistan.

Danny and Kevin Creedon (sons of Bernard Creedon, grandsons of Peter Creedon) both are teachers and volunteer for their communities in Long Island, New York.

Erin Creedon Perkins (daughter of Eugene, granddaughter of Peter) has worked as a teacher in Quincy and is now the director of Special Education for Quincy Public Schools.

Susan Creedon Foley (daughter of Eugene, granddaughter of Peter), is a teacher for Quincy Public Schools.

"The Creedons are an extraordinary family," Koch said. "They certainly left their legacy and I think it's appropriate to dedicate the new field for them."

Other honors will also be bestowed at Creedon Field for a myriad of dedicated public servants and longtime supporters of NQHS.

The concession stand and hospitality suite will be dedicated to brothers Arthur and Allan Yacubian. The sons of Armenian immigrants – Absolam and Zaruhe Yacubian – the brothers are both graduates of North Quincy High School. Their father was a cobbler and the family lived in the back of the store for some time trying to make ends meet while instilling in their children the importance of strong morals and education.

The mayor called the Yacubians a "great American story."

"Their parents worked very hard so their sons could be educated and Arthur and Allan both went off and become professionals in their chosen fields. They took full advantage of their opportunity here, worked hard and it paid off."

The father's store was on Billings Road – just a stone's throw from North Quincy High School. Allan Yacubian, a 1957 NQHS graduate and the model/inspiration for the Yakoo school mascot – became a dentist. For many years his office was located on the corner of Billings and Hancock Street before he moved down Hancock towards Wollaston.

"Allan Yacubian has been a fixture in our city – and particularly in North Quincy – for decades," Koch said. "What makes him special is that he's never forgotten his roots. He never forgot his school and continually in a very quiet way he's helped out in so many ways at the school."

Arthur Yacubian graduated from North Quincy High School in 1949. Arthur enlisted in the U.S. Air Force after graduation and served during the Korean War. After the war, he continued his studies and earned degrees at Eastern Nazarene College and Trinity College. He later worked at Natick Labs for 30 years. Arthur passed away in May, 2015.

The Park Board also unanimously approved the mayor's request to name the concession and hospitality suite for the Yacubians. Koch said the building could be known as "Yakoo's."

"The Yacubians are just another terrific family that come out of the North Quincy community," the mayor

*Cont'd On Page 21*

## Correction

A story in the Aug. 11th issue of *The Quincy Sun* erroneously stated state Sen. John Keenan of Quincy is unopposed in the Nov. 8 final election.

Keenan does face a challenge by Alexander Mendez, a registered unenrolled voter, who lives at 99 Shore Ave., Quincy. Mendez is running as an independent candidate.

There are no Republican, Green Party, or United Independent Party candidates running for Keenan's Senate seat in the Norfolk & Plymouth District.

# Scenes From Yesterday



SOUTH JUNIOR HIGH SCHOOL. BEGUN IN 1926 AND OPENED IN SEPTEMBER, 1927

**THIS IS A 1927 postcard showing the new South Junior High School on Granite Street in South Quincy. It was built for $500,000 on the Nightingale family's lot that they had used as a farm for several generations. They owned the C.W. & G.W. Nightingale Coal and Grain Company for many years. This school opened in 1927 just six months after the new North Junior High School opened in Atlantic. Point Junior High opened the following year. Now known as Sterling Middle School, South was renamed in honor of the beloved Reay Sterling who was the school's principal when he died at age 58. Now almost 90 years old, this old building will soon be replaced by a new modern 21st century school building just behind this one on the same Nightingale lot. The estimated cost of the new school is $50 million. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# The Importance Of Community Health Centers

OP ED

In an election year that can be characterized as polarizing, there is one issue that Republicans and Democrats can and do agree – the importance of Community Health Centers.

Health centers have been around for over five decades, expanding access to care and health care coverage; meaningfully and effectively targeting sickness; offering preventative health care with sensitivity and attention to the role that social determinants may play.

Today, health centers serve nearly 25 million Americans with broad support in Congress for our mission. In Massachusetts, health centers presently serve 951,000 state residents including the over 15,000 area residents receiving care from the five sites operated by Manet Community Health Center. This said, such remarkable and historic support is no guarantee for a long-term funding solution.

Health centers like Manet play a critical role in ensuring health access and parity; maintaining the highest levels of quality and patient satisfaction while producing $24 billion in annual health system savings. We are innovators in treating health conditions that are often ignored until they become costly illnesses. With our multi-disciplinary staff, we are also trusted providers on the front lines of public health--responding to emerging challenges, such as the nationwide opioid addiction epidemic and the Zika virus.

There is an intentional emphasis on the "community" in community health centers. In fact, a patient-majority board of directors governs each federally qualified health center, bringing the needs of patients to the fore. As a result, health centers are open evenings and weekends and bring together a plethora of services under one roof, including primary care, health benefits counseling, wellness programs, nutrition services, prenatal care, on-site pharmacies, vision services and other programs serving the needs of each community.

Health Centers readily accept new patients; keep a thoughtful eye on health care quality and the patient experience; and are and always must be community governed.

Moreover, reaching beyond the exam room walls, health centers seek to address factors that actually cause poor health, including lack of nutrition, stress or unemployment. Every day at Manet we see firsthand the value of offering a patient-centered health care home. We see that when individuals and families of all ages have a place to turn for health care, they can become and stay healthier. Our care reduces the incidence of hospital stays and costly emergency room utilization.

Led by the voices of our patients, we celebrated these accomplishments and – first and foremost – our patients' health during National Health Center Week, August 7- 13.

We also welcome you to come see firsthand how the investment in America's Health Centers is a prescription for good health. In this season, it is important to remember that there are policy solutions that are working and, more important, elected leaders who are putting aside political differences to ensure they continue.

Joseph M. Reardon
President
Board of Directors
Cynthia H. Sierra
Chief Executive Officer
Manet Community
Health Center

## Matthew Nieto Earns MBA At Nichols

Matthew Nieto of Quincy recently graduated Nichols College with an MBA.


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# Quincy's Yesterdays

This Week
**1963**
53 Years Ago

## New Post Office For North Quincy

The Post Office Department plans to construct a new post office.

The department has taken an option on a track of vacant land on Hancock Street as a possible site for the new facility.

The land is located at 454-460 Hancock Street near the intersection of Hayward Street, it was revealed in a letter Mayor Amelio Della Chiesa received from John N. Murphy of the regional real estate office of the Post Office.

If the site is approved, a modern masonry building will be constructed. It would be privately owned and leased to the government.

**RESIDENTS TO FIGHT BURGER KING LICENSE**

The question of the reconsideration of the Burger King Restaurant on the old Brooks-Skinner property granted last week will be on the upcoming agenda of the Quincy License Commission.

The Commission had received an application from attorney Nicholas Barbadoro representing about 200 citizens living in the area, for reconsideration. Ward 4 Councillor George B. McDonald also appeared before the Commission in the interest of reconsideration.

**BILL ASKS INCINERATOR SITE IN BLUE HILLS**

Senator James S. McCormack (D-Quincy) filed a legislative bill in the legislature for the city of Quincy to acquire, from the M.D.C., 12 acres of land in the Blue Hills Reservation, to serve as a site for an incinerator.

Sen. McCormack announced he had cleared the way for the late filed bill.

The bill will direct the M.D.C. to transfer the plot to the city, but it is optional with the mayor and city council whether or not the land is acquired.

The bill will be written so that Quincy will have to pay only a nominal price for the land.

**QUINCY-ISMS**

"Money Worries?" "Solve Them Now at Your Time Finance Office at 1426 Hancock St., Quincy Center, Loans Available Up to $3,000." . . . Hertz Car Rental Co. was offering car rentals for just $5 plus 9 cents a mile. . . Capitol Super Markets, 1508 Hancock St., was advertising "U.S. Choice Heavy Western Steer Beef for 75 cents a lb." . . . "The Great Escape" starring Steve McQueen, James Garner and Richard Attenborough was playing at the Strand Theater, Chestnut St. . . The Walter J. Hannon Tire Co., 495 Hancock St., North Quincy, was offering "A New Tire Special, A Premium Tire 2 1/2 Times as Strong." . . . **John Kelly**, playground leader at O'Rourke Playground, West Quincy, announced that O'Rourke participants scored the most points in the Quincy Park and Recreation Field Day held at Veterans Memorial Stadium. . . Some 400 Quincy children were guests at a Red Sox - White Sox game at Fenway Park. They were guests of the Red Sox and **State Representative Joseph E. Brett**. . . **Robert J. Weafer**, a faculty member at Bentley College since 1954, was promoted to the position of chairman of the school's Accounting Department. . . **Richard J. Koch, Sr.**, executive secretary of the Quincy Park and Recreation Board, announced the Board has banned carnivals from all park property effective Sept. 1. . . **C.W.O. Frederick P. Cullen, Jr.**, son of Mr. and Mrs. Frederick P. Cullen of 85 West Squantum St., received two commendations for his service as a helicopter pilot in Viet Nam. His father was a Quincy firefighter. . . A son was born at Quincy City Hospital to **Mr. and Mrs. Carl Leone, Jr.**, 87 Cedar St., Wollaston. . . **Technical Sgt. John Burke** of 398 Highland Ave., Wollaston, a member of the 94th Troop Carrier Wing, was appointed to the Wing Recruiting program. . . Commencement exercises at the Quincy City Hospital School of Nursing were scheduled for Sept. 5. **Edna B. Austin,** chairman of the Hospital Board of Managers, will preside over the graduation of 45 student nurses. . . **Lt. Col. Stephen T. Keefe** returned to his duties as Quincy assistant city solicitor after spending two weeks on active duty in the joint Army-Air Force Maneuvers in the Carolinas. Col. Keefe was commanding the 901st Troop Carrier Group, U.S. Air Force Reserve.

**KEEPING UP WITH THE RED SOX**

Red Sox leftfielder Carl Yastremski was the leading hitter in the American League with a .329 average, while Sox first baseman Dick Stuart led the league in homeruns (32) and RBIs (91). The Red Sox were in sixth place in the 10-team American League with a 59-64 record, 19 1/2 games behind the league-leading New York Yankees.

# Arts & Entertainment

## Magic, Stories, Talent Show At The Library This Week

### *Events, Activities For Children This Week*

By JULIE RINES
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**Reading Olympics With Jungle Jim**

Jungle Jim is back on Thursday, Aug. 18th at 10 a.m. on the Main Library Lawn. This time with athletes of all kinds.

This awesome balloon magic show contains Jim's signature brand of balloon artistry, magic, comedy, storytelling, improvisation and loads of audience participation. Archery, basketball, fencing and even Scottish caber toss are just some of the events that our "athletes" will compete in. Most importantly, Jim will incorporate just how important reading and staying active work together.

This program is for children ages 3-10 accompanied by an adult. The show will be outside on the lawn if the weather cooperates, if not we'll move inside.

Sponsored by the Friends of the Thomas Crane Public Library

**Mother Goose on the Loose Storytime with Denise Shaver**

Join Storyteller Denise Shaver on Friday, Aug. 19th at 10 a.m. in the Main Library Large Meeting Room for a special storytime full of songs, stories and rhymes just right for our youngest listeners. This program is for children ages 1 and 2 accompanied by an adult.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy.

Drop in from 2 to 4 p.m. up to age 8.

Art-to-go is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 to 4 p.m. to make this week's craft. Craft for the week of Aug. 22nd – Olympic Laurel wreath

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy – 'Eight Below'**

Join us on Monday, Aug. 22nd at 2 p.m. at the North Quincy Library for a cool adventure in the Antarctic with *Eight Below*.

Eight brave sled dogs search for the master who is looking for a way to rescue them in this adventure drama.

An American geologist flies to Antarctica to participate in a project at the United States Research Base, where he teams up with arctic guide Jerry Shepard and his best friend, Cooper. The scientist soon discovers that Shepard also has eight other valuable friends -- a pack of sled dogs he's worked with for years, who have rescued him from a number of tight spots.

As the three men explore a frozen mountain region, an unexpected accident coupled with a massive storm front forces them to fly to safety, leaving the dogs behind. Shepard is determined to rescue his canine friends, but he has to wait until the weather will allow him to travel back to the mountain, while the dogs struggle against the elements to survive as they attempt to make their way back home.

This movie is rated PG and runs for 120 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

**Teddy Bear Storytime @ North Quincy**

Join Children's librarian Cathy deVeer and Quinn Z. Bear on Tuesday, Aug. 23rd at 6:30 p.m, at the North Quincy Branch for stories and songs for children ages 2-5 accompanied by an adult.

Feel free to wear your comfy jammies and bring along your favorite stuffed friend, as we celebrate summer with camping stories.

**9th Annual Summer Talent Show**

Join us on Wednesday, August 24th at 6:30 p.m. in the Main Library Large Meeting Room to see our local talent in action.

Children ages 4-13 will be showing us their dancing, singing and other talents.

Sponsored by the Friends of the Thomas Crane Public Library



**ARTWORK in mixed media (above) was among the attractions at the 21st annual ArtsAffair at Marina Bay held Aug. 6 and Aug. 7 at the cafeteria, 500 Victory Rd., Marina Bay. More photos and a list of winners will apear in the Aug. 25th issue of The Quincy Sun.**

*Quincy Sun photo/Tom Gorman*

## Explore Gull Point Friday

For years coastal citizen scientist Peter Fifield has spent time exploring and photographing Quincy's coast. One of his favorite spots is Gull Point.

The public is invited to join Fifield on a Park Department tour Friday, Aug. 19 to discover what makes Gull Point so enchanting. Watch the sun set and explore the area's rich biodiversity at low tide.

Participants should meet at the entrance to the boardwalk by the Germantown fire station, 140 Doane St. on Friday, Aug. 19 at 6:30 p.m. Bring insect repellant and water. A hat, long pants and long sleeve shirt are recommended.

For more information and rain date rescheduling, call 617-472-0799.

## COA Lobster Cruise To Gloucester Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up. For reservations visit the Kennedy Center at 440 East Squantum St.


Local Programming Highlights on ... QATV

Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

| Public Access Channel 8 | Government Access Channel 11 |
|---|---|
| Thursday, August 18<br>7:00pm: AM Quincy: August Moon Festival<br>9:00pm: FOSA: Human Trafficking | Thursday, August 18<br>6:00pm: Update DPW: Summer Season<br>6:30pm: FYI: QHD Tea |
| Friday, August 19<br>10:00pm: Constitution: Then & Now<br>11:00pm: Penny Dreadful's Shilling Shockers | Friday, August 19<br>6:00pm: City View with Mayor Koch<br>8:00pm: At the Library Concert: Raley Beggs |
| Saturday, August 20<br>8:00pm: Problems w/Pipelines & Compressors<br>9:30pm: Bringing Beacon Hill to You: FY '17 | Saturday/Sunday, August 20/21<br>9:00am: City View with Mayor Koch<br>10:30am: At Your Library: August Happenings<br>11:30am: Health Links: Concussions<br>3:00pm: At the Library Concert: Raley Beggs<br>7:30pm: Bringing Beacon Hill to You<br>8:00pm: Crime Watch: Self Defense |
| Sunday, August 21<br>10:00am: Bethany Congregational Church Worship<br>7:30pm: Good Cheap Fun: Summer Edition | |
| Monday, August 22<br>6:00am: LIVE: AM Quincy w.Joe Catalano (audio)<br>11:30am: LIVE: Currently in Quincy | Monday, August 22<br>6:30pm: FYI: QHD. Noonan Syndrome<br>7:00pm: Good Deeds: Registry of Deeds |
| Tuesday, August 23<br>5:00pm: Road to Recovery: Opioid Abuse<br>8:30pm: QRD: Musical Theatre Workshop | Tuesday, August 23<br>6:00pm: Health Links: Beachwater Safety<br>6:30pm: FYI: QHD Vegetarian Lifestyle |
| Wednesday, August 24<br>9:30pm: Sound Advice<br>10:00pm:The Constitution: Then & Now | Wednesday, August 24<br>7:00pm: Good Deeds: Registry of Deeds<br>8:00pm: At the Library Concert: Raley Beggs |

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org



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# Social

## Brianne McNamara Running Falmouth To Support Cancer Patients, Families



BRIANNE McNAMARA of Quincy will be running in Sunday's 44th New Balance Falmouth Road Race to support the Joe Andruzzi Foundation in memory of her parents Kevin and Beverly McNamara. She lost both her father and mother to cancer. *Photo Courtesy Joe Andruzzi Foundation*

The Joe Andruzzi Foundation (JAF) – an organization committed to providing help, hope, and a reason to smile for cancer patients and their families by contributing financial and emotional support – announces Brianne McNamara, a resident of Quincy, will run the 44th New Balance Falmouth Road Race to support their organization.

On Sunday, Aug. 21, the Foundation's Team JAF runners will once again take strides against cancer in Woods Hole. The team will join more than 12,000 runners for the scenic 7-mile run in the heart of Cape Cod – all to raise funds in support of JAF's mission.

McNamara is taking to the course on the 21st for a number of reasons. Like many of her fellow Team JAF runners, McNamara has felt the harsh impact of cancer. She lost both of her parents to the disease – her mother in January 2013 and her father in January 2014. She is committed to returning to the Falmouth course for the third year in memory of her parents, Kevin and Beverly McNamara.

McNamara admires JAF's message of perseverance and positivity. Understanding the emotional toll and challenges cancer brings, she is proud to know that her fundraising efforts will serve as relief for local Massachusetts families currently battling the disease.

"We are proud to have Brianne as a Foundation ambassador and all she is doing to further our mission," said Jen Andruzzi, executive director of JAF. "Brianne's efforts are directly benefitting cancer patients and families in need. We are grateful for the efforts she is making to prepare for this race and we are thrilled to have Team JAF come together to take on this course for a great cause."

McNamara has already surpassed her fundraising goal of $2,000.

## Ferrying To Spectacle Island



HEFFERNAN FAMILY of Quincy - husband Jim, wife Leigh and their sons Peter and Tom - enjoy a ferry trip to Spectacle Island in Boston Harbor on a recent summer day. The Marina Bay/Winthrop Ferry "Valkyrie" picks up passengers at Squantum Point Park and docks at Spectacle Island and Rowes Wharf in Boston. For more information on the ferry and its schedule, visit www.mbferry.com. Below is a photo of the ferry crew from Winthrop. From left: Abby Evans, Teri Heithton, and Roy Kratman. Spectacle Island offers many recreation opportunities with views of the Boston skyline. Photos appear on Page 15. *Quincy Sun Photos/Ally Graf*



## Quincy Lions Club Outstanding Contributor To Eye Research Fund

The Quincy Lions Club was recently recognized by The Mass Lions Eye Research Fund (MLERF), as an outstanding contributor to MLREF.

The Mass Lions Eye Research Fund was founded by members of Lions Club across the state of Massachusetts over sixty years ago, and since its conception, has granted over $32 million worth of grants that have been used to fund cutting edge research that helps restore vision and prevent vision impairment.

For over 60 years, the Quincy Lions Club has raised funds to help support the Mass Lions Eye Research Fund, and its efforts to help prevent and cure vision impairment.

"We are proud to be able to support MLERF, and the work that they do," said Quincy Lions Club President Amy Huber. "Because MLERF is comprised of Lions from all across the state of Massachusetts, we know that the impact of their efforts is beneficial to the community of Quincy and our neighboring cities and towns. The Lions club members thank everyone who contributes to this important work. You are truly helping Lions make a difference in our community."

For more information or to get involved with the Quincy Lions Club, contact the club at quincylions@gmail.com.

## Free Backpacks For Students Aug. 27 At Islamic Center Of New England

The Islamic Center of New England, 470 South St., Quincy, will host a free Back-To-School Giveaway Saturday, Aug. 27 from 11 a.m. to 1 p.m.

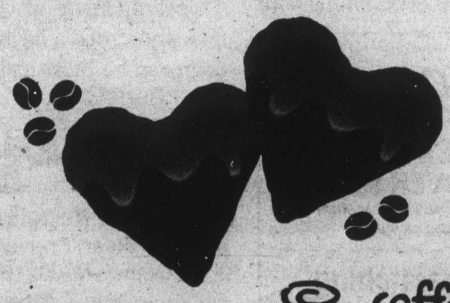
ICNE will distribute free backpacks to students.

The Islamic Center of New England has been running this program for the past five years with ICNARelief. This group conducts the program all over the country.

For more information, visit icanrelief.org or http://www.back2schoolgiveaway.com.


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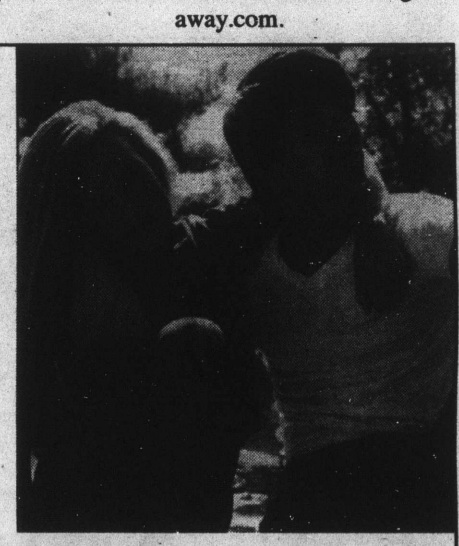
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# WHAT'S COOKING
with
## *Marie & Suzie*
By MARIE D'OLIMPIO and SUSIE FALCO



## Zucchini Muffin Soufflé

**By MARIE**

Today's recipe is for a great zucchini muffin soufflé that my daughter Ann Marie had made last week.

The next day she brought me a couple of them and all I had to do was just heat them in the microwave and they were delicious.

**RECIPE**

**1 and 1/2 cups chopped, cooked zucchini**
**6 eggs**
**Salt and pepper to taste**
**3 tablespoons of sharp cheddar cheese shredded**

Spray each muffin tin. In a bowl, beat the eggs until fluffy. Add a tablespoon of the cheese and all of the zucchini and mix well. Fill each muffin tin right to the top and sprinkle the rest of the cheese on top of each one.

Bake in a 350-degree oven for around 20 minutes until they puff up and when they rise they will look just like a soufflé.

## Peanut Butter Cookies

**By SUSIE**

These cookies have no flour, or eggs and can be made in a jiffy! (Just don't use Jiffy peanut butter - too much sugar.)

We all have over ripe bananas and don't know what to do with them. They are great cut into pieces and frozen in baggies for smoothies, or for baking as well. I would bet everyone has all of these ingredients in their homes most of the time, minus the chocolate chips. Delicious and good for you as well.

If you are allergic to nuts, you can substitute a product called Sunbutter which is made from sunflower seeds rather than peanuts and makes a great substitute. Just make sure you get the kind with no sugar or the cookies will be too sweet. Enjoy!!!!!

**1 cup organic peanut butter (made with just peanuts, no extra sugar, or oil)**
**3/4 brown sugar**
**1 very ripe banana, mashed**
**1 teaspoon baking soda**
**1 teaspoon vanilla**
**1/2 cup organic chocolate chips**

Directions

1. Preheat oven to 350 degrees F. Mix everything except the chocolate chips in a food processor (or by hand just mix well) until well combined. Stir in chocolate chips.

2. Using moistened hands, form generous 1 tablespoon (use more if you want bigger cookies) dough for each cookie into ball. Arrange on 2 ungreased baking sheets, spacing 2 inches apart.

3. Bake cookies until puffed, golden on bottom and still soft to touch in center, about 12 minutes. Cool on sheets 5 minutes. Transfer to racks; cool completely.



**SUMMER INTERNS (standing, left to right) Shauna Canavan, Allen Guan, Lawrence Tran, Bridget Wahlberg, (sitting, left to right), Jazmin Eltoury, Vivian Tran, Yusra Ahmed and Janice Lau listen to Senior Draftsperson Nancy Gavaza (standing, far right) introduce the City's Geographic Information System (GIS). GIS is a computer system for viewing data related to positions on the Earth's surface and enables people to analyze and understand patterns and relationships. The Department of Public Works uses GIS to manage water, drainage, sewer systems, snow fighting, zoning issues and FEMA flood maps among other things. Each summer the DPW gives dozens of resident-students an opportunity to learn about the myriad responsibilities of the DPW and to earn a little extra cash for their time.** *Photo Courtesy DPW*

## Dorothy Quincy Homestead Open For Public Tours Saturday

The Dorothy Quincy Homestead, a National Historic Landmark located at 34 Butler Rd at the corner of Hancock Street, will be open for public tours on Saturday, Aug. 20 between 11 a.m. and 3 p.m.

Tours will be given every 30 minutes beginning at 11 a.m. The last tour will start at 2:30 p.m. All tours are free of charge, but a donation is suggested and appreciated.

Girl Scout Brianna Christiani will tell stories and lead colonial games on the lawn. The Hancock Chariot, a magnificent sleigh once owned by John Hancock, will be on display as well.

Dating from 1686, the house is celebrating its 330th birthday this year and is currently getting a new coat of paint. During the 17th and 18th centuries, this mansion was considered the grandest estate in Quincy. Before the Revolutionary War, the Homestead was a meeting place for such patriots as Josiah Quincy, John Hancock and John Adams. The Homestead was the childhood home of Dorothy Quincy Hancock, the wife of John Hancock.

The Quincy Homestead is operated by the National Society of Colonial Dames of America, Massachusetts in conjunction with the Massachusetts Department of Conservation and Recreation (DCR).

Groups may request a private tour by phoning 617-742-3190.

For more information, visit the Quincy Homestead's website: http://nscdama.org/quincy-homestead/

## 'In Safe Hands' Author At Kennedy Center

The Quincy Retiree Association, in conjunction with the Quincy Council on Aging, will present a program featuring author Michael H. Cunningham entitled "In Safe Hands" Wednesday, Sept. 14 at 1:30 p.m. at the Kennedy Center, 440 East Squantum St., Quincy.

Cunningham is the author of *In Safe Hands*, a compilation of stories about the day-to-day activities experienced by inspectors in the United States Customs Service.

Call 617-376-1506 to register for this presentation.

Light refreshments will be served.

No fee charged for this event.

## Bestselling Author At Thayer Library Sept. 8

The public is invited to meet bestselling author Michael Hingson on Thursday, Sept. 8th at 7 p.m. in the Logan Auditorium of Thayer Public Library, Braintree.

Blind since birth, Hingson survived the 9/11 attack, escaping from the 78th floor of Tower One with the help of his guide dog, Roselle, an experience he writes about in *Thunder Dog*. He is also the author of *Running with Roselle*, a young readers book that follows the journey of Mike and Roselle from youth to adulthood.

Hingson's determination to achieve parity in a sighted world is inspiring. He offers a transformative look into the boundless capabilities of the blind, and how the rare trust between a man and his guide dog can inspire faith in each one of us.

Tickets are free, and are required for admission. Tickets will be available for pick up starting Aug.17th at Thayer Public Library. Limited to 120 people. Books will be available for purchase.

## Wollaston Garden Club Receives State, Regional Awards

The Wollaston Garden Club was recently recognized by the Garden Club Federal of Massachusetts at its 89th annual meeting in Boxborough.

The Wollaston Garden Club received formal recognition for their civic beautification, educational, and environmental work in the community earning First Place for the 2016 Publicity Press Book Award. A third place Publicity Press Book Award was received also at this meeting from the six-state New England Region Awards Committee.

The Press Book is a binder, with a table of contents, in which original press clippings and publicity flyers are displayed in chronological order. The majority of scoring points are given for content; garden clubs focusing on their mission and writing press that reflects this mission receive the highest scores. Good graphic style and neatness are also important.

The press and publicity chairperson for the Wollaston Garden Club was Pat Artis, assisted by committee members Claire Fitzmaurice, Anita Fasano and Valerie Stromberg.

The garden club also received a Certificate of Merit for its 2015-2016 Yearbook in the category of extra large clubs. A Yearbook is received by each club member at the end of the summer and in it, is the calendar of events, programs, and speakers for the up-coming, as well as a directory of members' contact information. Colleen Lawler was editor of this award-winning yearbook.

The Wollaston Garden Club is a long-standing member of the Garden Club Federation of MA, Inc and the National Garden Clubs, Inc.

## Flea Market Aug. 27

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Flea Market Saturday, Aug. 27 from 9 a.m. to 2 p.m.

The flea market will be held outdoors if the weather cooperates; indoors if there is rain. The church Thrift Store will also be open and grilled hot dogs will be available.

The church invites vendors and crafters to participate as well as residents who wish to sell items they no longer need.

Tables are available for $30 each. Those selling items keep the money they earn. To reserve a table, call the church office at 617-773-3319.

## Joslyn Huang Graduates RPI

Joslyn Huang of Quincy recently earned a bachelor's degree in business and management from Rensselaer Polytechnic Institute in Troy, N.Y.

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# Acetaminophen: How Safe Is It?

## *A Message From The Quincy Health Department*

By RUTH JONES
BSN, RN, BC, CP-FS



RUTH JONES

Whether in your purse, your medicine cabinet, or your desk at work, odds are you have acetaminophen within reach, just in case a headache or sore back strikes. It is the most commonly used pain relief medication in the United States, and it is also deemed to be one of the safest.

But recently, its apparent safety has come into doubt.

Acetaminophen, also known as paracetamol or APAP, is a drug frequently used to alleviate mild to moderate pain and for fever reduction. It is present in more than 600 over-the-counter (OTC) and prescription medications, including Tylenol and Vicodin. Headache, muscle aches, colds and arthritis are among the numerous conditions acetaminophen is utilized for.

According to the Consumer Healthcare Products Association, each week, around 23 percent of adults in the U.S., or 52 million Americans, use a medication containing acetaminophen. At recommended doses, acetaminophen is regarded as one of the safest OTC medications.

Unlike other common pain relievers, such as non-steroidal anti-inflammatory drugs (NSAIDs), acetaminophen does not increase the probability of stomach or heart problems, making it the drug of choice for people who are unable to tolerate NSAIDs. Additionally, healthcare providers consider acetaminophen as one of the few pain relievers that is generally safe to use during pregnancy.

In fact, a 2010 study from the Centers for Disease Control and Prevention (CDC) found the drug causes no increased risk of major birth defects when used in the first trimester of pregnancy. But researchers are finding that the hazards of acetaminophen use may be more dangerous than we first contemplated.

Liver damage is perhaps the most well-known threat of acetaminophen use and can arise through overdosing on the drug. Once acetaminophen is consumed, most of the drug is metabolized by the liver and excreted through the urine.

However, a portion of the drug is converted into a toxic metabolite that can damage liver cells. In excess, acetaminophen raises the risk of liver damage, and in severe cases, it can be life threatening. According to the Food and Drug Administration, between 1998-2003, acetaminophen was the leading cause of acute liver failure in the U.S., and almost half of liver failure cases during this period were a result of accidental overdose. In addition, the FDA stated that, during the 1990s, unintentional acetaminophen overdose was responsible for around 56,000 emergency department visits, 26,000 hospitalizations, and 458 deaths each year.

Acetaminophen is present in such a wide range of OTC and prescription drugs at varying doses, thus it can be quite easy to accidentally take too much, particularly if using multiple acetaminophen-containing medications together.

Current guidelines recommend taking no more than 4,000 milligrams of acetaminophen daily. And since a single Extra Strength Tylenol tablet contains 500 milligrams, it is easy to see how one may unintentionally overdose on the drug. Furthermore, acetaminophen-induced liver damage transpires slowly, conceivably unnoticed, until it is too late.

Because of these possibilities, in 2011, the FDA requested prescription drug manufacturers to voluntarily restrict the amount of acetaminophen in each tablet to no more than 325 milligrams, in order to diminish the risk of accidental overdose. Additionally, the FDA recommended that healthcare providers consider prescribing combination drugs containing less than 350 milligrams of acetaminophen per dose.

A number of studies have associated acetaminophen use with severe skin allergies. The FDA reported that between 1969-2012, 107 such cases occurred in the U.S., resulting in 67 hospitalizations and 12 deaths. Subsequently, the FDA issued a warning in 2013, that acetaminophen use, in rare cases, can cause a number of potentially fatal skin reactions, including Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN).

In 2011, a study which reviewed the painkiller use of more than 64,000 men and women aged 50-76, found that those who used acetaminophen four or more times a week for at least 4 years were at a twofold risk of some blood cancers, including lymphoma and leukemia.

Despite acetaminophen use during pregnancy being considered generally safe, a number of studies have suggested this may not be the case. One found expectant mothers who used acetaminophen were more likely to have children who developed asthma by the age of 3 years. Another study, uncovered a link between prenatal exposure to acetaminophen, and attention deficit hyperactivity disorder. From an analysis of more than 2,600 pregnancy women, the researchers found that women who used acetaminophen in the first 32 weeks of pregnancy were 30 percent more likely to have offspring with attention impairments at the age of 5, which are often seen in children with autism or ADHD.

The widespread perception appears to be, that acetaminophen, primarily because of its popularity and availability, is essentially a harmless medication. Researchers warn that the public needs to reconsider the notion, that paracetamol use is not risky at all. They also point however, that in many cases, the benefits of acetaminophen, when taken in the correct doses, outweigh the risks.

In order to lessen the possible risks of acetaminophen use, the National Institutes of Health (NIH) offer some recommendations:

- Do not take more than one acetaminophen-containing product at one time.
- Take the drug precisely as directed on the prescription or package label.
- Do not take more than 4,000 milligrams of acetaminophen daily.
- Inform your doctor if you have liver disease or a history of the condition.
- Avoid using acetaminophen if you consume more than three alcoholic drinks each day.
- If pregnant, consult your doctor before taking acetaminophen.
- If you think you may have taken too much acetaminophen, contact your doctor immediately, even if you are feeling well.

*Ruth Jones is the director of Nursing for the City of Quincy Health Department.*

# Council On Aging Quabbin Foliage Tour

The Quincy Council on Aging will leave the Kennedy Center at 9 a.m. Tuesday, Oct. 11 and travel to the Quabbin Reservoir area and West Brookfield's Salem Cross Inn.

The group will enjoy a full-course luncheon featuring soup, salad, chicken pot pie or maple salmon and dessert. After lunch the group will be joined by a native tour guide who will take them throughout the Quabbin Reservoir.

Following the tour the group will stop at Brookfield Orchards, one of New England's largest apple growers. The group should arrive back at the Kennedy Center at about 5:30 p.m.

The cost of the trip is $72. For more information on this trip call the Kennedy Center at (617) 376-1506.

To register visit the Kennedy Center at 440 East Squantum St., Quincy. Payment must be made at time of registration.

# Fenno House Yard Sale Friday, Saturday

Fenno House, 540 Hancock St., North Quincy, will hold its 8th annual Giant Indoor Yard Sale Friday and Saturday, Aug. 19 and 20, from 9 a.m. to 3 p.m.

There will also be raffle prizes and a bake sale.

Fenno House is a not-for-profit Assisted Living and Traditional Apartments for seniors.


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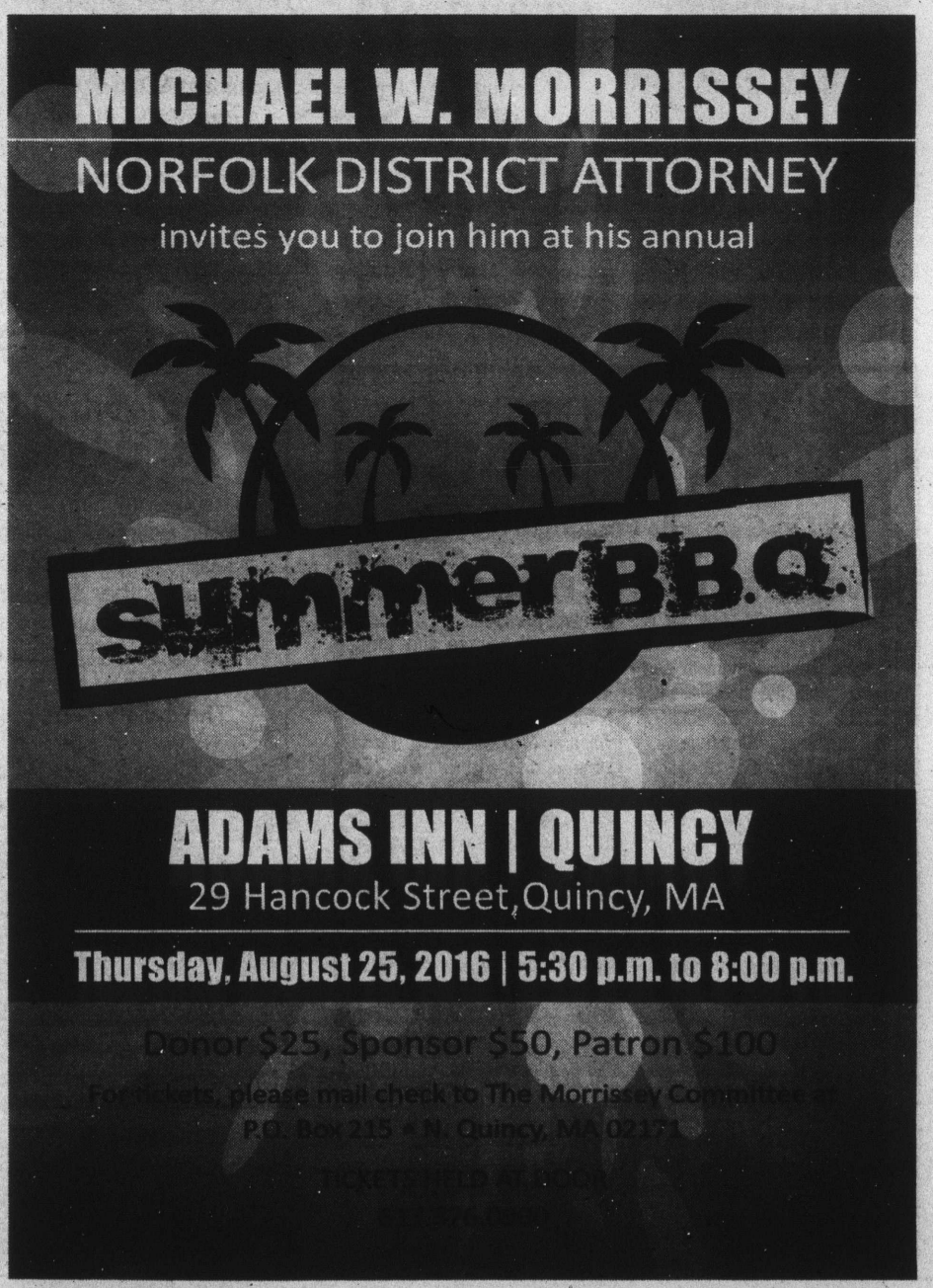
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# Meet The Founders On Founders' Day Aug. 25

## *Program At Adams National Historical Park To Mark 100th Anniversary Of NPS*

The National Park Service turns 100 years old on Thursday, Aug. 25, and to celebrate Founders' Day the Adams National Historical Park has invited some famous founders to reflect on their experiences at the park.

On Aug. 25, from 10 a.m. to 4 p.m., chat with Founding Father John Adams, Founding Mother Abigail Adams and Founding Son John Quincy Adams at the homes they lived in years ago. Each founder will represent a different time period that impacted not only the Adams family, but the nation as well.

John Adams, portrayed by Michael Lepage, will be in the John Adams Birthplace talking about Harvard, his early career and how he is courting a young lady named Abigail Smith. In the John Quincy Adams Birthplace, John Quincy Adams, as depicted by Jim Cooke, will reflect on his boyhood growing up during the American Revolution. Abigail Adams, presented by Patricia Bridgman, will be in the gardens by Old House at Peace field, reflecting on her life as the matriarch of one of America's earliest political dynasties. All three are founders of the United States in their own way. Louisa Catherine Adams, wife of John Quincy Adams and portrayed by Judy Bernstein, is a one-hour performance, from 1 to 2 p.m., in the Adams Carriage House at 135 Adams St., on the many accomplishments of someone who married into the principled Adams family.

As you set out to #findyourpark in 2016, be sure to stop by the Adams National Historical Park on Aug. 25, and see how these three people laid the foundation for America's Best Ideas.

Adams National Historical Park includes the birthplaces of the second and sixth presidents of the United States, John Adams and John Quincy Adams, along with the Old House at Peace field, home to both presidents and four generations of their distinguished family.

During the open season – April 19 through Nov. 10 – tickets to the historic homes can be purchased at the visitor center located at 1250 Hancock St. in Quincy Center. A free park trolley transports visitors from the visitor center to the birthplaces and the Old House at Peace Field for a two-and-a-half-hour tour. The first tour leaves at 9:15 a.m. and the last tour leaves at 3:15 p.m., seven days a week, including federal holidays. Tickets are $10 for adults (children 15 and under are free) and are sold on a first-come, first-served basis.

Follow the Adams National Historical Park on Instagram @Adamsnps or Facebook at Facebook.com/Adamsnps.

# City Historic Tours Debut Thursday

By SCOTT JACKSON

A pilot program offering tours of the James R. McIntyre Government Center and the Hancock Cemetery is set to begin today (Thursday) and continue on into November.

The tours of the McIntyre Government Center (also known as Old City Hall) and the neighboring cemetery will take place between 10 a.m. and 4 p.m. on weekdays. The tours, which will last between 35 and 40 minutes, will conclude at the United First Parish Church, which guests can then tour as part of the church's visitation program.

There will be no charge to tour City Hall or the cemetery. The city is paying for the pilot program with a $49,765 appropriation from hotel and motel tax receipts approved by the City Council in June.

The United First Parish Church does not charge for tours, but a donation is suggested.

Mark Carey, the city official who helped put together the tours, said visitors will first be greeted at City Hall by a tourism representative, who will be able to provide information about Quincy, such as restaurants and historic sites, and also book spots on the tours.

Historic re-enactors will lead the tours of City Hall and the Hancock Cemetery, and will use a script developed in part by Dr. Ed Fitzgerald of the Quincy Historical Society. Carey said the re-enactors, who will be dressed in clothes from several periods in history, will help "make it come to life more."

*Cont'd On Page 31*

# 'Troilus & Cressida' Drama Performance Here Aug. 19-21

The Dragonfly Theater, a local amateur acting troupe, will stage Shakespeare's drama of the Trojan War, "Troilus & Cressida," in Quincy the weekend of Aug. 19-21 and in Dedham the weekend of Aug. 26-28.

The plot contains elements of both comedy and tragedy, as Troilus, a Trojan prince, and Cressida, the daughter of a priest, fall in love before the latter is exchanged to the Greeks for a prisoner of war. Other characters determining the fate of Troy include Ulysses, Hector and Achilles.

A cast of 12 will perform the five-act play at the Ruth Gordon Amphitheater, 1 Merrymount Parkway on Friday, Aug. 19 at 7 p.m., and at Wollaston Congregational Church, 48 Winthrop Ave. on Saturday, Aug. 20 at 7 p.m. and Sunday, Aug. 21 at 2 p.m.

The shows shift to Dedham on Friday, Aug. 26 at 7 p.m. at Church of the Good Shepherd, 62 Cedar Street, and at the Fairbanks House, 511 East St. on Saturday, Aug. 27 at 5 p.m. and Sunday, Aug. 28 at 2 p.m.

All performances are free of charge. For further details visit www.dragonflytheater.net or see Dragonfly Theater on Facebook.

# Houghs Neck 'ChowdaFest' Sept. 10

The 12th annual Houghs Neck "ChowdaFest" will be held Saturday, Sept. 10 from 2 to 6 p.m. at the Maritime Center in Houghs Neck, 137 Bay View Ave.

The "ChowdaFest" will feature at least two dozen recipes from local restaurants and individual contestants. Admission is $5 and includes a taste of each Chowda, live entertainment by the Danny Gallagher Band.

There will also be a cash bar serving wine and beer from Burke Distributors mobile keg trailer. A selection of cold drinks and food will be sold by the Boy Scouts.

The Houghs Neck Congregational Church will have their bake sale with all proceeds going to McKinney-Vento Homeless Assistance Program. For more details or to donate baked goods email Gayle gaylemackay@comcast.net

All proceeds raised from ChowdaFest will support local youth and family programs of the Houghs Neck Community Council. Any individuals interested in entering a "Chowda" should contact Eileen Timcoe at 617-479-4107 or 617-481-9153 etimcoe@yahoo.com.

Restaurants or businesses interested in entering a chowda or sponsoring a band for $500, tent for $100 or a keg for $50 can contact Jim McCarthy at (617) 285-8405 or HoughsNeckQuincy@gmail.com

Last year's event was attended by more than 1,500 people. Organizers are expecting more people this year.

# YMCA To Host Invention Convention

Youth at the South Shore YMCA's Day Camps and across the South Shore will have the unique opportunity to engage their creativity, strategic thinking and resourcefulness this summer by participating in The YMCA Thingamajig® Invention Convention, a free STEM-based challenge.

Led by the science education team at the South Shore Natural Science Center, students ages 5-14 will have the unique opportunity to choose from a list of "challenges," or everyday problems, and design practical inventions to solve them using recycled materials. Kids attending South Shore YMCA Summer Day Camps who are participating in Thingamajig will have the opportunity to work on their inventions with the support and guidance from their counselors.

The program will culminate in an Invention Convention on Aug. 18th at Eastern Nazarene College, where kids will participate in hands-on exhibits, challenges and workshops.

The South Shore YMCA is among 10 YMCA's from across the country that was selected by Y-USA to participate in this grant-funded program.

For more information about this event or to register, visit southshorenaturalsciencecenter.org.





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*P.S. Rotator cuff pain may stem from muscle tightness, weakness, or imbalances associated with poor posture that cause tendons in the rotator cuff to become irritated.*

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**Viewing Quincy Sun Online Galleries**

The Quincy Sun's website has a wide selection of photo galleries available for viewing.

Galleries include community events, high school sports and other subjects of interest.

To view the galleries, follow these simple steps:

- Go to www.TheQuincySun.com
- At the top of the home page click "galleries."
- The gallery page will open.
- To view a specific gallery, click the headline at the top of gallery post. For example, one of the headlines reads "Quincy Track Club Frank Kelley Memorial Meet.")
- After clicking the headline for the gallery, all of the images for that gallery will be loaded and available for viewing. Some galleries have more than 20 photos so be sure to click "#2" at the bottom of the gallery to see the rest of the images.
- To view older galleries, scroll down to the bottom of the page and look for the words "older posts" on the left.

Click this arrow and other galleries will be available for viewing.

For further help or to order reprints of photos featured in any gallery, email the publisher at rbosworth@thequincysun.com.

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# Former Theatre Site, QMC, Wollaston T Ward 5 Issues

*Cont'd From Page 2*

ton Center to encourage foot traffic, to encourage the businesses to really take part in the city and to see what we might be able to do down there to sort of revitalize that neighborhood," Hughes said. "I know the Planning Department is interested in that.

"We don't want to make it a mini Quincy Center – that's not the plan at all."

Hughes said there has been some movement on parcels in the Wollaston Center area. Parking, however, is a challenge for would-be developers.

"The parking down there, having some sort of plan for that, is difficult because of the T and most of the parking is on that T lot," Hughes said. "That's certainly something that needs to be dealt with for any developer that wants to develop anything meaningful there that needs parking."

Planned renovations to the Wollaston MBTA station, which the transit agency is in the process of designing, would be a positive for the neighborhood, according to Hughes.

"First of all, it's the only station that hasn't been ADA (Americans with Disabilities Act) compliant, so that will certainly have a positive effect. There was the bike rack put in there. I think those things are positive," she said.

"There are also some site changes that are going to happen with drainage, which everyone knows there is a problem when it rains or snows. I think a lot of the problems that have plagued the station as people come in – our train passengers and commuters – I think some of those are going to get worked out with this design that's coming in to not only make it ADA compliant but to help out the station in general, aesthetically and logistically."

Hughes' district also includes Hospital Hill, home to the former Quincy Medical Center that closed in December 2014. The property's owner, Steward Health Care, has kept the emergency room on site open as a satellite facility operating under the license of Carney Hospital in Dorchester.

Hughes said she hopes any future plans for the Quincy Medical Center site complement the surrounding residential neighborhoods. The city, she added, also needs an emergency facility, whether it is there or elsewhere.

"Certainly something that reflects the neighborhood and something that will complement the neighborhood, because that is a very residential neighborhood up there built around the hospital, so something that would complement the neighborhood and preserve the integrity of it," Hughes responded when asked what she would like to see happen on site.

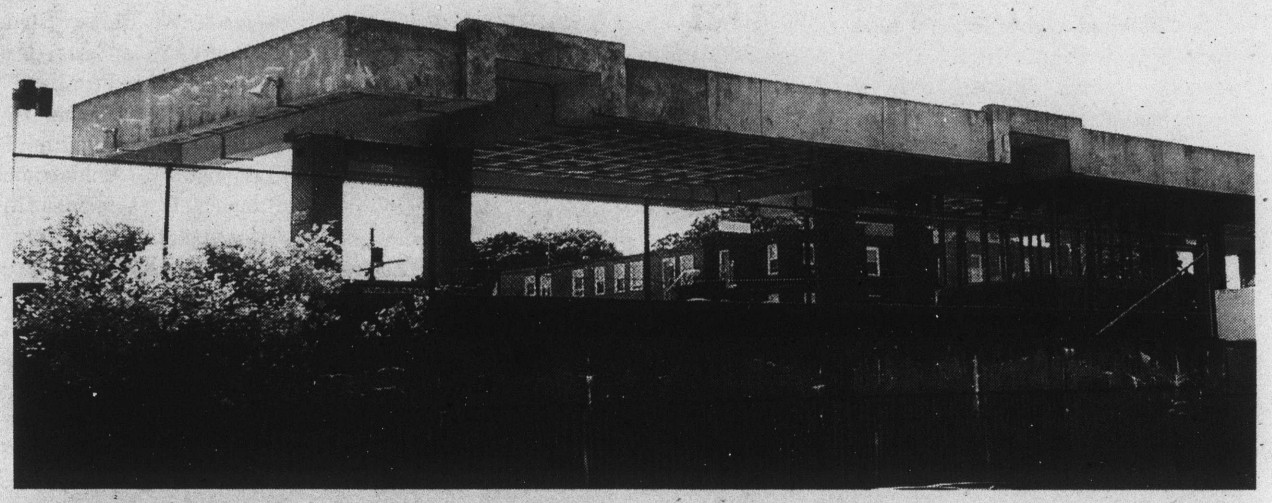
"But I feel strongly that Quincy really needs an emergency services facility, having used the emergency room up there since the hospital has been closed. With young kids, I think it's important. Whether it's at that site or somewhere else in the city, I think it's hugely important to a community of almost 100,000 people to have an emergency room.

"Again, I'd like to see something up there that preserves the integrity of the neighborhood. I know there is no current proposal in front of anyone right now, but that there are discussions going on up there. I expect the administration, which is involved in discussions with Steward, will update the council when there has been a status change."

Hughes' also represents portions of Quincy Center on the council. Since the city implemented a new traffic pattern in June with the closing of Hancock Street between City Hall and the United First Parish Church, she said she has heard from residents who believe the change is a good one, as well as others who have said it could be more navigable.

"Change is hard," Hughes said. "I attribute some of it to that, and some of it we will just have to work through over the next couple of weeks."

"I actually don't think it was that hard to navigate," she added.



**PLANNED RENOVATIONS to the Wollaston MBTA station (above), which the transit agency is in the process of designing, would be a positive for the neighborhood, according to Ward 5 Councillor Kirsten Hughes.** *Quincy Sun Photos/Robert Bosworth*

The closure of the road will allow for the construction of the new Adams Hancock Green – a public parking connecting the two historic buildings slated to open in late 2017 or early 2018.

"I think that's all exciting," Hughes said of plans for the new park. "Actually, as I was walking here to the (Quincy Sun) office I passed by the Church of the Presidents and looked at some of the signage indicating this is where the burial place of the presidents is, and it struck me as lacking. I'm excited that there is an opportunity to honor them, honor the history here in a more prominent and meaningful way once the park is completed."

In June Hughes introduced a City Council resolution seeking a report from the mayoral administration on establishing a tax exemption that would benefit owner-occupied homes. State law allows communities to shift the tax burden from certain lower valued residential properties onto higher valued homes, most apartment buildings and secondary homes.

The council president said a resident in Ward 5 contacted her about the idea – the resident's son lives in Malden, which, along with cities such as Boston, Cambridge and Somerville, offers the exemption. Hughes said she is not necessarily in favor of adopting the policy in Quincy, but believes it is worth looking into.



**FUTURE PLANS for the Quincy Medical Center site on Whitwell Street should complement the surrounding residential neighborhoods, says Ward 5 Councillor Kirsten Hughes. She also says the city needs an emergency facility – whether it is at the present QMC site or elsewhere in the city.**

"I just asked the administration to take a look at it, and, as I told this resident, I don't even know that I'm in favor of it. But it behooves us to do a study, particularly in May and June when we're looking at the budget and we're seeing what we've added onto folks' tax bills," Hughes said. "It behooves us to look at what we might be able to do to relieve some of that burden knowing some of our population is elderly, living on a fixed income or what have you.

"Again, I don't think an overall, broad tax policy is something that should be used for a group of people, but it's certainly something to look into, for us to investigate and make sure we're doing our due diligence."

Hughes, an attorney, serves as the chairpersonb of the Massachusetts Republican Party. She said she is concerned that making Quincy a better place is what drives her, not partisan politics.

"It's always an interesting dance between council president and my day job" Hughes stated. "I care about Quincy. I love Quincy.

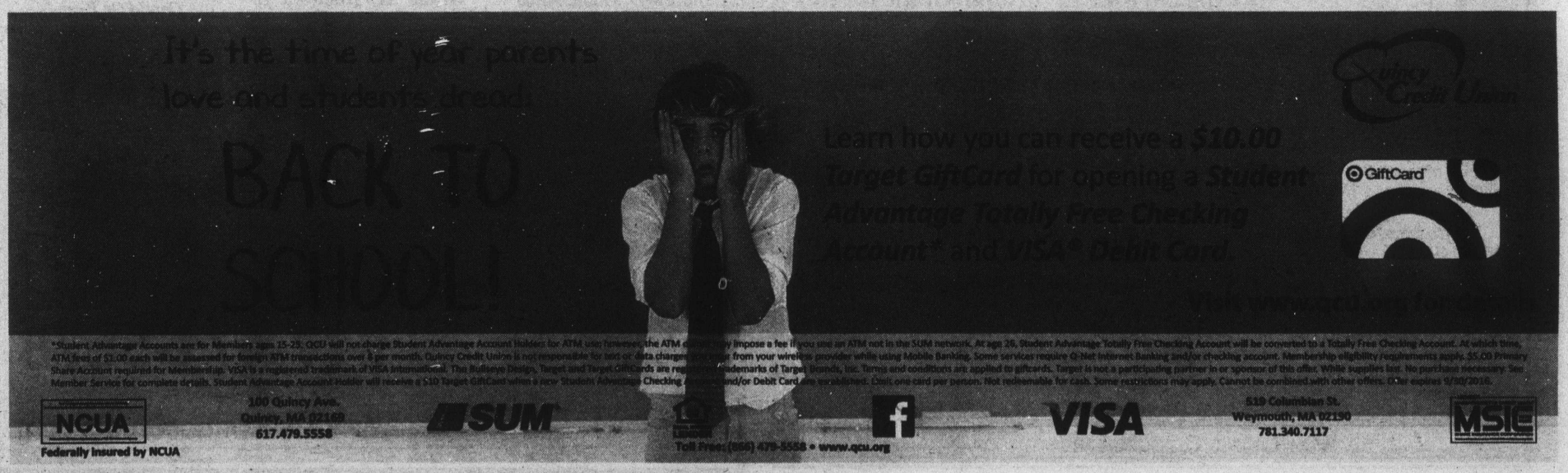
"Making sure that your street is paved or that your water bill is the way it should be and all that stuff is not a partisan thing. Providing good government and making this community – the community that I live in, that I raise my kids in – a better place is what drives me here in the city."

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# 685 On Quincy High School Fourth Quarter Honor Roll

Six hundred eighty-five students made Quincy High School's fourth quarter Honor Roll.

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Emily M. Elwood, Megan E. Fox, Cailyn A. Halley, John R. Hallisey, Corrine Corrina R. Hartford, Tiffany M. He Lam, Carmen J. Huang, Elibeth Huynh, Julianna Y. Kane, Manal Z. Kan, McKenna E. Kiley, Austin C. Kimmell, Jasim U. Las, Tien P. Le, Si Ying Li, Yan Li, Jia Li Liu, Christopher A. Llaga, Lauren M. Lo, Man Ting Lui, Megi Maci, Emma M. Mahn, Natalie A. Melendez, Jian Chiang Mo, Stiv Mucollari.

Michael J. Nazzaro, Julie Q. Nguyen, Willy Nguyen. Ariana J. Paulo, Asish N. Peravali, Matthew Q. Pham, My V. Pham, Tiffany T. Pham, Thoma N. Qafko, Samantha E. Reardon, Benjamin J. Regan, Alexandria R. Richards, Aaron A. Rodriguez, Brian W. Rooney, Aidan G. Smyth, Asa Jean U. Soriano, Scarlett A. Stanhope, Katherine V. Stevenson, Emily M. Suslowicz, Vicki W. Szeto.

Brenna L. Tabbut, Andrew Tran, Sylvene Tran, Vivian K. Tran-Vo, Selina K. Tsang, Jackson Vo, Alicia C. Walker, Jiaxin Wang, Nicholas V. Warner, Wen Yi N. Wei, Yungting Wong, Xing Yi Wu, Stephanie M. Zeng, Yuming Zeng, Jessie Zhu, Vivian C. Zou.

**Grade 11**: Yusra Ahmed, Kayla N. Ahrens, Noor Albannein A. Al-Saad, Yaseen S. Alkhafaji, Areej N. Areej, Emily C. Barker, Lisa P. Barros, Amy Y. Blois, Rebecca J. Brennan, Cassandra A. Brown, Lucia H. Buzzell, Virianni A. Cardosa, Bailee V. Carey, Shirley Chen, Sammy F. Cordahi, Maya W. Correia, Kelan P. Curran Cross, Mattia Dema, Hoai T. Diep, Benito B. Dos Santos Carvalho, Francesca N. Edouard, Abdallah O. Elkhateeb, Mahmoud O. Elkhateeb.

Emma J. Fuchs, Wing Ru Goh, Leanne C. Gough, Jakki Guan, Eva Gurra, Michelle M. He Lam, Alexander L. Huynh, Bao B. Huynh, Marcus A. Johnson, Emilia Kapcia, Ammar N. Kazem, Maysoon Z. Khan, Tien V. Lam, Yu N. Lei, Ming Long Li, Daniel Y. Liang, Michelle Lun, Zhi Yang Luo, Judy L. Luu, Meichang Ma, Alexandra L. MacPherson, Jessica J. Mahoney, Harold L. Marcheski, Josefine M. Marstjepovic, Shauna R. McColgan, Teresa S. McMillen, Zhou Feng Mei, Alicia M. Murphy, Kyle W. Murphy.

Minhthu T. Nguyen, Frank J. Nunziato Jr., James F. O'Leary, Imane Oubtrou, Luis E. Peguero Isalguez, Simona V. Petkova, Vanah H. Phan, Ashley N. Philibert, Connor T. Porter, Joelle M. Robinson, Liam E. Rogers, Kelsey L. Rose, Jacqueline M. Ryan, Liam J. Sheedy, Lichaun Situ, Paulo O. Soares, Stephanie L. Stalder, Quan B. Thi, Eoin F. Tierney, Yvonne To, Alexa M. Topalli, Kristen Y. Tran, Vincent Tran, Odris C. Vasquez Gutierrez, Yashi N. Xu, Andy W. Zhen, Wendy B. Zhou, Yixuan N. Zhu, Rachael E. Zisk.

**Grade 10**: Elliot P. Alpert, Yaser A. Alsaab, Stephen W. Andrews, Caroline G. Austin, River M. Barrett, Gabriella R. Bertoldi, Amanda K. Burke, Slade C. Burke, Stela Cala, Alexandra K. Case, Po Ling N. Chen, Ziuling Cheung He, Carmen Cheung, Dashiell F. Chin, Liana R. Cunningham, Briana N. Davis, Victoria M. DeAmicis, Patrick J. Deery, Nicholas A. Defranco, Terry Dong, Paul R. Donahue, Elise E. Ducharme, Ava M. Falco, Shannon E. Foley, Michaela R. Galligan, Endi Gjeli, Shantaleis J. Gonzalez, Alyssa V. Grimaldi.

Christina R. Haley, Klei Hamzallari, Brandon D. Ho, Steven R. Honrado-Foster, Reagan E. Hutchens, Rebecca A. Jonah, Naomi W. Kane, Kenton Kwok, Catlinh T. Le, Izadora L. Lenna, Ami Lesha, Justin Li, Nhu H. Lieu, Kevin M. Lin, Michelle Lo, Julia R. Mayo, Katelyn M. McDevitt, Bryan M. McGillicuddy, Kezia B. Mlenga, Kevin P. Mortimer, Ashley D. Murphy, Celia M. Murphy, Jamie Nguyen, Timothy M. Nguyen.

Margaret V. O'Leary, Brielle M. O'Malley, Joseph K. Oduro, Danielle C. Pacione, Michaela T. Pettinelli, Derek Phan, Edneisha G. Philibert, Soniya Rana, Norapat Rerngkasetkig, Allison E. Russell, Lauren P. Saccoach, Luiza G. Santos, Rachel M. Shen, Victoria Z. Shen, Whitney L. Tang, Keilante H. Taylor, William T. Tran, Catheleen M. Veiga, Adam H. Vu, Kari A. Wismar, Yong Jie Yu, Anthony J. Zero, Zhen Hao N. Zheng.

**Grade 9**: Abdulrahman A. Alsaleh, Joseph T. Amendolare II, Abigail M. Amichetti, Tabassum N. Anowar, Anne F. Ballard, Abigail A. Barker, Karla Eduarda N. Bember, Holly Y. Blois, Robert M. Blowers, Alyssa M. Brolin, Camryn E. Burgio, Lynn M. Butler, Angel J. Caisachana Ortiz, Cathy Chen, Jack Z. Chen, Lesley S. Chen, Tiffany X. Chen, Maeve B. Collins, Colleeen T. Connor, Jack J. Cook, Jessica L. Cruz, Eni E. Daci, Meghan R. Davis, Joseph T. Desmond, Kumudini R. Devalla.

Hannah C. Ford, Theo W. Fox, Shara M. Galvani, Wingmei Goh, Lucas O. Gomes, Angelica Gonzales, Andrew D. Grant, Allen T. Ha, Catherine A. Hall, Pei Heng N. Han, Olivia J. Haney, Nicholas W. Hewer, Dorothy Y. Huang, May Huang, Braeden N. Johnson, Stacie A. Kawalansky, Ajijolaoluwa O. Laguda, Sarah D. Le May, Christine Le, Lilia R. Leonard, Austin K. Li, Vivian Li, Yin N. Li, Abigail T. Little, Karina M. Livingstone, Taylor A. Lo, Vivian C. Lo, Megan E. Lyons.

Minjun N. Ma, Yusuf T. Masood, Eamonn J. Mayo, Sara L. McDonald, Xavier A. Molina, Adam E. Nelson Jr., Brandon D. Nguyen, Kiet T. Nguyen, Nina P. Nguyen, Steven V. Nguyen, Elton W. Nim, Daniel M. O'Leary, Olivia A. Pagliarulo, Emma R. Peterson, Brian N. Pham, Steven T. Pham, Sophia C. Ragusa, Shelley E. Ramirez, Chase B. Reardon, Andrew J. Rocha, Andrew J. Rooney.

Andrew J. Santos, Lindsay A. Sheridan, Matthew J. Sheridan, Rachel A. Smith, Hannah M. Stengel, Shane M. Stokes, Henry Thi, Cindy Trac, Aaron Tran, David V. Tran, Lily T. Tran, Lisa T. Tran, Samantha R. Van Gestel, Dominic B. Venuti, Maria A. Villalon, Maeve B. Walsh, Nicholas T. Wong, William B. Zarges, Xiao Xuan N. Zhang, Maggie Zheng, Tina Zhou, Kevin Zhu.

**HIGH HONORS**

**Grade 12**: Jaquelyn N. Bither, John R. Bonfiglioli, Kalima B. Bukenya, Patrick D. Burke, Maura E. Crump, Ryan H. Dang, Cody M. Desmond, Mayra S. Fantaw Carvalho Semedo, Michael J. Fernald, Joseph D. Ferracane, Keren J. Garcia, Taylor M. Hall, Anxhela Hoti, Emily A. Kelly, Ridha Khawar, Stephanie Lopez.

Anthony S. Marcello, Michael S. McNelley, Jinming Mei, Jenna R. Morris, Conor J. Mortimer, Christine M. Norton, Brandon W. Nunnink, Nyasha S. Rankins, Peter J. Saccoach, Olivia L. Salvucci, Juliet Wilma A. Samson, Darius M. Setalsingh, Morgan N. Smith, Khoa D. Tran, Colleen M. Trenholm, Jason Truong, Jack Wu, Joyce Z Zhang.

**Grade 11**: Bradford E. Ames, Nasir R. Bailey, Nathaniel J. Bock, Kenneth Chan, Ya Tzu Chang, Joanne Chung, Timmy L. Doa, Keith R. Dennis, Owen A. Doherty, Julia P. Ford, Grace E. Hall, Catly T. Le, Crystal T. Le, Yarui N. Li, Yi Li, Zhennan Li, Alyson R. Linik, Claudnardson K, Louissaint, Vanessa Ly, Owen D. Lynch.

Colin D. Maloney, Shelby M. Maze, Kevin K. Mbogo, Ryley L. McCarron, Katherine E. McGahey, Scott A. McGahey, Huimin Mei, Molly A. Murphy, Julie C. Nabstedt, Adam C. Ouannass, Danielle O. Parry, Thomas W. Pugsley, Patrick T. Quirk, Maria A. Raguso, Grace M. Scuzzarella, Shaheen N. Soto, Danny W. Szeto, Alissa M. Tam, Sadaf N. Tauhid, Thomas V. Tran, Olivia D. Walsh, Jiapeng Wu.

**Grade 10**: Zachary N. Bakalos, Rachel P. Beck, Allahna Z. Brown, Rachel P. Brown, Carlos D. Cardosa, Ronin A. Contreras, Emily G. Crosta, Noah T. Culp, Gretah L. Diorio, Lachelle T. Do, Yu Hui Feng, Melanie A. Fuentes, Cecilia M. Gonzalez, Samantha A. Hamel, Julia J. Hong, Smriti Kumar, Luciana R. Lucio Dos Santos, Kathryn E. Lynch.

Brian K. Mahabir, Deliah R. Malcolm, Natalie M. Mallon, Damyan I. Markov, Hebatullah N. Masood, Shannen P. McMahon, Luis P. Morales Arimas, Emily B. Nguyen, Helena L. Norton, Olivia E. Palazzi, Benjamin D. Parrish, Jack C. Peckham, Christ A. Pham.

Taylor L. Routhier, Erika Sato, Reinaldo J. Segui, Jenson Joshua U. Soriano, Florence M. Tam, Amy M. Trillcott, Chi Jung Tsao, Tina T. Vo, Caroline J. Walsh, Chan Juan Weng, Yasmina A. Zaharian-Touirto.

**Grade 9**: Robert D. Agcaoili, Sarah L. Ainsley, Kathryn B. Anderson, Andrew M. Artinian, Megan N. Bailey, Abigail P. Barry, Giavanna M. Calabro, Kelly Chen, Cassandra D. Davis, Isabel K. Doherty, Guilherme N. Eller, Lauren M. Farrell, Gianna A. Franceschini, Mary M. Galecia, Julianne T. Gazzola, Kaitlyn

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# 724 On North Quincy HS Fourth Quarter Honor Roll




**Middle School Fourth Quarter Honor Rolls Will Appear Aug. 25th Issue**

Seven hundred twenty-four students made North Quincy High School's fourth quarter Honor Roll.

**DISTINCTION**

**Grade 12**: Dianora M. Bennett, Zola M. Boris, Wei C. Cai, Kara A. Carchedi, Lily P. Chapman, Alan S. Chen, Xiao Yan Chen, Amy Z. Chieu, Charlotte L. Chretien, Nicole T. Chu, Alison E. Coleman, Stephen E. Condon, Connor R. Cramond, Alexander G. De Jesus, Shaina K. Donovan, Zachary R. Erickson, Rachel A. Gillespie, Ka Ki Ho, Hailey K. Houlihan, Gary J. Hu, Ada Huang, Carmen E. Huang, Emily T. Huang, Shu Xin Huang, Tien Ho Huang, Zixuan Huang, Anna M. Laugelle, Justin D. Lee, Jiajia Liang, Ping Lin, Jennifer Luo, Luong G. Luu.

Molly K. McGoldrick, Jamie M. Meade, Nelson W. Mei, Elvis P. Monteiro, Miquela O. Murray, Raneen E. Nassar, Amanda Y. Ng, Luu N. Pham, Aditya Raj, Maeve A. Riordon, Olivia B. Rothwell, Julia M. Sands, Katherine E. Sautter, Fernanda L. Segura, Lincy Shen, Jenny Shi, Miller Tan, Raymond G. Tan, Tiffany A. Tang, Wilson M. Tang, Regina L. Tham, Michael Truong, Leona J. Tu, Karen D. Urdaneta, Ying Min Wang, Kathy A. Wong, Huiyi Y. Wu Liang, Lanny Y. Xie, Peishan Xie, Bing Mei Xu, Jeffrey Zhang, William Zhang, Catherine Zheng, Wei Zheng, Fengjiao Zhong, Chang Zhi Zou, Ken Zou.

**Grade 11**: Remy L. Aucoin, James D. Cannon, Camron C. Canty, Anthony Chan, Darren K. Chau, Xiuzhi Chen, Gary Chi, Janelle G. Chin, Jason Z. Chow, Isabelle E. Flaherty, Anthony G. Fong, Jin Hong Gan, Hannah S. Gray, Vanessa F. Guan, Johnny He, Ziwei Hu, Maggie Huang, Mandy Huang, Wen Di Jiang, Zhiewie N. Jiang, Jason Kung, Cindy Q. Lam, Helen Lam, Man Ching Lam, Austin J. Lee, Chia Chien Lee, Vincent Leung, Ling N. Li, Xin Li, Lan Gui Liang.

Hong Jie Lin, Jia Lin, Li Bin Lin, Xu Huang Lin, Yu Lin, Alex Y. Liu, Sinan Liu, Siyu Liu, Nina Luu, Ya Wen Ma, Helen Mai, Michelle Mark, Kevin W. McDonald, Karyn E. McEvoy, Brigham B. Mckee, Tianetti H. Mckee, Brenna K. Murphy, Amanda T. Ngo Justin S. Nickerson, Margaret D. Powers, Ethan Sit, Jason K. Soohoo, Rebecca C. Thorne, Alessandra N. Toscanini, Vivian H. Tran, Jamie N. Van, Quynh P. Vu, Kevin Wong, Wilson Y. Wong, Yawen Yu, Devin Zhang, Mindy Zhang, Ziqing Zhang, Sandra Zhen, Li Ting Zheng, Ronghi N. Zheng, Suki Zhu, Benjamin Zou.

**Grade 10**: Peter K. Anderson, Nicholas H. Andrade, Larissa D. Bunmee, Jennifer Butka, Melissa Cai, Annie Chen, Shishi Chen, Shuo Chen, Steven S. Chen, Wilson Q. Chen, Ye Chen, Brendan Chow, Anthony C. Chu, Victor Chu, Sammi Chui, Cora A. Cluett, Elizabeth G. Dimattio, Christopher J. Donaghey, Sofie M. Forbes, Timothy W. Goon, Shirley Guan, Jillian L. Hallisey, Ethan R. Herman, Devin P. Hiltunen, Ina Hoti, Ming Yi Jiang, Angel N. Ke, Brenna K. Kirby, Tiffany B. Kway.

Cynthia C. Lau, Andrew S. Lee, Irving Li, Jinxiu, Lynn Li, Ryan Li, Jonathan Liang, Yan Ping Lin, Yun Lin, Jue Ying Lu, Sydney L. Ly, Michaela D. Marino, Jared J. McDonough, Maggie C. McGoldrick, Nora E. McLaughlin, John P. Meade, Evan Y. Mei, Joseph D. Merrigan, Christine Nguyen, Jennifer Nguyen, Vincent H. Nguyen.

Wen Jing Pan, Frances A. Papandile, Ryan V. Pham, Mohamed H. Shuman, Angelina M. Spiropoulos, Jessica F. Tai, Tiffany W. Tan, Andrew J. Tham, Kristen A. Thornton, Amanda Tran, Johnny Tran, Richie D. Tran, Bonnie Tu, Allison M. Wong, Gi Gi Wong, Angela X. Wu, Matthew Wu, Yi Wu, Alison W. Xi, Fiona T. Xu, Sharon Yang, Bonnie Yee, Jacqueline Yip, Alex Yu, Calvin Zhang, Jingyi N. Zhao, Gina Zheng, Brian Zou, Jame Zou.

**Grade 9**: Jessica Au, May T. Aung, Samuel J. Brenner, Britney C. Bui-Tran, Veronica M. Byrne, Carrie Chan, Dennis H. Chan, Jasmine K. Chan, Carmen Chen, Henry X. Chen, James Chen, Jason Chen, Luo Jing Chen, Nan Chen, Ning Yu Chen, Qi L. Chen, Yazhi Chen, Yuting Chen, Chun I. Cheng, Reina M. Cheng, Juliana Chieng, Kevin K. Chiu, Joshua M. Dangora, Jamanee A. Depina, Jeffrey T. Diep Jr., Yi Ding, Katrina Dong, Samantha Duong, Elisa Dylja.

Ryan C. Fiasconaro, Anny Gan, Dimitri N. Gjini, Michael S. Golden, Ryan W. Goon, Sharon Guan, Zhou Lun Guan, Hongcheng Guo, Weiqi N. He, Nha V. Ho, Eric J. Huang, Yong Na Huang, Caroline T. Huynh, Dinh T. Huynh, Samuel H. Hwang, Ryan E. Kelson, Andrew B. Lee, Katherine R. Li, Zi Ying Li, Wei Tao Liang, Emily W. Lin, Kevin J. Lin, John C. Liu, Maria Liu, Rachel M. Liu, Tengfei N. Louie, Annie F. Ly.

Neil Mai, Mahnoor R. Malik, Angelina R. Manganese, Erion Mbrice, Mary-Kate McDonald, Sarah Mei, Kar Yeung K. Ng, Tiffany A. Phan, Aymen H. Sadaka, Mari P. Salmanowich, Nicole J. Setow, Angela Shi, Patricia Simaku, Samantha D. Smith, Alexandria M. Soricelli, Bryan P. Tran, Evon Tran, Jenny T. Tran, Vivian Tran, Annie Q. Trinh, Marrilyn M. Tseng.

Ilan Valencius, Graham T. Vradenburg, Jason J. Wang, Kayla L. White, Sara Y. Wong, Xin Ming Wu, Kevin Xiao, Iris Xie, Ruining Xiong, Cyrus W. Xu, Kelly Xu, Angela Yang, William H. Yang, Tanya Zeng, Brian Zhang, Hui Qian Zhang, Jasmine Y. Zhen, Melissa Zhen, Shannon S. Zhen, James Zheng, Sharon Zheng, Zhi Le L. Zheng, Joyce Zhu, Anastasia Zygouras.

**HIGH HONORS**

**Grade 12**: Grace S. Anderson, Emily E. Anglehart, James M. Bille, Devin J. Bragdon, Ronan L. Buggle, Emily K. Caddick, Wai Yin Chan, Hellen W. Chen, Kari Chen, Miao Yi Chen, Raymond Ching, Ka Tsun Choi, Jacqueline N. Coleman, Christen M. Couture, Ryan K. Der, Ngoc H. Do, Ann G. Doherty, Molly M. Donahue, Matthew B. Enos, Robert A. Fitzgerald, Langwen Guan, Bridget M. Hoban, Qian Wen Hu.

Caroline D. Keenan, Anh T. Kieu, Samantha R. Lapierre, Janice T. Lau, Duyen T. Le, Yu Ying Lei, Hui Lin Li, Kevin Liang, Subinuer Mairdan, Marissa C. McGue, Ava C. Melchin, Kevin C. Mock, Patrick C. O'Brien, Karl M. Preza, Dalia H. Sadaka, Nicholas A. Sarro, Nadine E. Sharpe, Annie Shtino, Makasy Tan, Natalia L. Tan, Marty Vo, Tram Huyen Vo, Cameron S. White, Kevin J. Wu, Yi Jie Wu, Jia Pei Xu, Yu Ying Zhang, Alice Zheng, Qi Wen Zhu.

**Grade 11**: Anthony J. Boring, Evgeny P. Buckley, Alexander Bui, Anna Chen, Fiona M. Chen, Jia Ying Chen, Li Chen, Stephen C. Cobble, Alexander J. Cox, Makeiyah B. Dambreville, Westley Diep, An G. Ho, Amy Huang, Shaoxi Jian, Daniel J. Johnson-Tatelbaum, Zi Bin Kuang, Bui Hin Lam, Cara G. Lew, Emily J. Li, Vivian K. Liu, Jia Bin Lu.

Kaleigh N. Manton, Thomas R. Maranian, Samantha F. Marshall, George V. Moutsopoulos, Declan T. Murphy, Daniel Nguyen, Kay M. O'Connor, Danielle R. O'Driscoll, Kishan V. Patel, Alison M. Radzik, Michael C. Soohoo, Perry N. Suarez, Jeremy Tai, Ivy K. Tang, Anthony W. Thornhill, Kevin Tran, Neenah Tran, Maureen A. Valli, Jonathan Wong, Raymond J. Wong, Jason Xiao, Jon Yee, Jonathan Yip, Yurou Zheng, Yushan Zeng, Charlie Zheng, Joey Zhuo, Karen Zou, Aniwan N. Zulika.

**Grade 10**: Jessica N. Caldwell, Cynthia J. Chen, Davie Chen, Faye Cheng, Ivy K. Chiu, Kevin J. Devine, Jingwei Huang, Zizheng Huang, Derek C. Hunter, Ali J. Hussein, Jimmy Huynh, Ashley Jee, Greis Kalajnxhiu, Maeve A. Keane, Olivia R. Keenan, Julia I. Klincewicz, Ryan Kou, Hui Xian Kuang, Justin Le, Josephine W. Lee, Dimitri A. Legaspi, Jing Jing Li, Tamara Liang, Daniel J. Lin, Xin Mei Lin, Amy Liu.

Eric Mei, Cindy Nguyen, Zhexi N. Pan, Jalyssa C. Queen, Joanna Rafti, Jonathan A. Santos, Anne Shi, Jeffrey T. Sullivan, Kevin Tran, Linda Tran, Mindy N. Truong, Leonardo R. Vasquez, Qianyi Weng, Qiang Wei Xu, Amy Yu, Chen Xuan Zhang, Hau Feng Zhou, Joanna C. Zhou, Wenlong Zhou, David Zou.

**Grade 9**: Jose Domenico M. Anciano, Gina M. Ash, Brittni L. Bastiani, Loretta Z. Chen, Aaron Cheng, Elisa Chong Mei, Sean A. Croft Jr., Stephen P. Debisschop, Anh H. Do, Evan M. Driscoll, Daniel J. Ferrara, Shuling Guan, Justin Huynh, Steven Jiang, Grace A. Kelliher, Zaahir S. Khalif, Akima T. Khuong, Steven Le, Brian Li, Olivia H. Liang, Wancheng N. Lin, Yi

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# QHS Fourth Quarter Honor Roll

*Cont'd From Page 12*

E. Goff, Salma H. Hassan, Jiayi N. Huang, Kiersten R. Irion.

Bryan R. Jacobs, Jenna C. Jerahian, Marcus C. Laptiste, Megan B. Latini, Sarah K. Le, Alan G. Leahy, Collin J. MacDonald, Emily M. Manson, Joseph N. Matta, Catherine R. Mayo, Emma L. McGillicuddy, Mark F. McKenna, Julia M. McQuaid, Matthew P. Mercurio, Abigail H. Murphy, Stanley H. Ngo, Oliver R. O'Keefe, Nieyah Y. Remy, Daniel C. Rose, Dean J. Sirois-Watts, Kayleigh R. Susinetti, Manush Tandon, Lucien F. Theberge, Emily M. Thorpe, Hannah A. Trembley, Nolan A. Walker, Eric Y. Zhou.

**HONORS**

**Grade 12**: Taisha J. Alexandre, Tasnim N. Anowar, Antonio H. Barbosa, Dana C. Beekes, Shayna L. Boyle, Olivia C. Cahill, William A. Connors, Mellisa T. Davis, Hayleigh A. Delaney, Riley A. Driscoll, Liam M. Gambon, Sarah E. Gibbons, Timothy D. Hathaway, Christopher P. Iacobucci, Nichole D. Jorgensen, Samantha T. Le, Brandon Lee.

George W. Maier, Garrett W. McMorrow, Xiao Xin Mei, Scott A. Mele Jr., Kayla E. Merchant, Tien M. Nguyen, Rebecca L. Nunziato, Uyi P. Ogiugo, Margaret Parker, Nathan D. Peddie, Samantha E. Pendelton, Harrison D. Pitts, Dallane Quintero, Mary L. Skudris, Robert T. Smith, Wei Jun Tan, Tommy T. Tran, Kevin C. Vasconcelos, Kyle D. Vo, Jenna Wermers, Kylie M. Whalen, Dhakota I. White, Haoming Wu, Jennifer I. Zheng.

**Grade 11**: Ryan J. Ahola, Carla L. Awed, Evan F. Bausemer, Arsul H. Chaudhry, Dante E. Cofield, Brianne R. Dane, Taylor R. Darcy, Luke A. DeAmicis, Linda H. Do, Clare M. Doherty, Aniruddha S. Doke, Matthew R. Donahue, Katherine E. Dormady, Kelsey L. Dunn, Kania D. Grant, Brittany T. Griffin, Emilia M. Gaurante, Semiya M. Harris-Eriyo, Kaylen S. Kozlowski, Jake W. Latini, Jessie W. Lei, Jennifer Leung, Samuel H. Luong.

Maura A. MacDonald, Brian J. Maloney, Zachery T. McCabe, Eryn L. McCarthy, Christina N. McDonald, Abigail R. McDonald, Anna E. McGillicuddy, Dylan J. McGowan, Shu Hua Mei, Bao Q. Pham, Brian F. Quach, Michael J. Reardon, Edgard J. Santos, Madison B. Synan, Lidane A. Teixeira, Michael D. Tervakoski, Liam A. Tollenger, Rachel Tran, Bernard E. Vantassell III, Hunter B. Weinberger, Imani L. Williams.

**Grade 10**: Conner J. Ainsley, Curtis L. Ajavon, Humza S. Ali, Ezequiel A. Arrendell Pimentel. Sophia M. Baldino, Glayston A. Bardosa, Jonathan T. Boyd, Cheok Ian N. Chan, Devin Chan, Benjamin Chen, Brendan R. Corbett, Julia E. Crawford, Nolan E. Curran, Emily R. Davis, Samantha P. De Souza, Neha Deepak, Kenny Dong, Thanh Tung H. Duong, James M. Dwyer Jr.,

Christian A. Falco, Mikhayla N. Foley, Lauren M. Gilmartin, Jia Yi N. Han, Tiffany T. Hong, Bashkim Jacelli, Meghan A. Joyce, Allison M. Karam, Talha Khawar, Duy V. Le, Peter M. Le, Ling F. Li, Livia N. Lufi, Jaymeerichelle Malimban, Isabella M. Marcello, Alexis B. Marshall, Quentin J. Martinous, Myrna Mathieu, Carly F. McMorrow, Rachel K. Ng, Brian T. Nguyen, Emma X. Nguyen, Shannon M. O'Reilly, Kevin J. O'Shea, Samantha Z. Pan, Jenna M. Pendleton, James M. Robinson, Henrique N. Rodrigues Barbosa Costa, Kathleen A. Saverse, Jose E. Soto Arvelo, Grace E. Stone, Jacob T. Walsh, Zachary J. Walsh, Ryan J. Warner, Julie E. Whalen.

**Grade 9**: Ziad A. Ahmed, Camila A. Assuncao, Sara Avdulla, Jacob J. Ball, Olivia M. Brown, Joseph J. Camara, Jason M. Chu, Elizabeth F. Collins, Alerandra O. De Freitas, Yu Y. Deng, John J. Doyle, Abigail E. Fay, Miguel A. Garcia, Kyle G. Gates, Andy T. Ha, Kellum A. Hoang, Ethan C. Johns, Maxine H. Lau, Devon Li, Ceilo A. Llaga Karmina, Jack V. Ly, Griffin T. Lynch.

Gina M. Marcello, Cecelia J. McGee, Albert J. McGillivray, Nicholas M. Moosick, Aidan P. Murphy, Nikollas M. Natsios, Usama N. Naveed, Patrick T. Nazzaro, Aidan P. O'Connell, Rodney P. Parisien, Ashleigh M. Prewitt, Elizabeth A. Roos, Samantha Sceppa, Andrew D. Scott, Michael D. Travers, Alan P, Vangorder, Jalen A. Varela, Jason P. Whalen, Robert S. Zangla, Jacob D. Zisk.

## 19 Quincy Residents On UMass Lowell Dean's List

Nineteen students from Quincy are on the Dean's List for the spring semester at the University of Massachusetts/Lowell.

They are:

Brian Burke majoring in business administration.

Michael Burke majoring in business administration.

Thanh Quang Hoang majoring in mechanical engineering.

Madeline Kamb majoring in nursing.

Aurelie Lafontant majoring in nursing.

Yik Kin Lao majoring in civil engineering.

Kevin Pillone majoring in history

Bridget Smiddy majoring in nursing.

Allan Wong majoring in mechanical engineering.

Ryan Evans, majoring in business administration.

Wilson Ly majoring in plastics engineering.

John Mulvey majoring in English.

Alina Ploaie majoring in biology.

Kyle Ptak majoring in plastics engineering.

Christopher Ptak majoring in plastics engineering.

Chunlong Huang majoring in mechanical engineering.

Haoyu Lin majoring in civil engineering.

Takyiu Lo majoring in computer science.

Hiep Nguyen majoring in plastics engineering.

## 22 Quincy Students On Curry College Dean's List

Twenty-two students from Quincy have been named to the Dean's List at Curry College for the spring semester.

They are:

Colin Evans, Vasily Filatenkov, Heather Petting, Brendan Prendeville, Alicia Amato, Melanie Bohane, Marli Caslli, Alessa Davis, Erin Healy, Michael Hong, Christine Kelliher, Nicole Lamie, Melissa Linskey, Kelsey Palmer, Taylor Stewart, Jessica Abban, Elizabeth-Anne Amerault, Olivia Brooks, Nathan Durand, Christine Pedro, Molly Plunkett and Brendan Therrien.

# North Quincy High School Fourth Quarter Honor Roll

*Cont'd From Page 13*

Lin, Xiao Ying Lu, Ya Ting Lu.

David J. Maher, Luke D. Molloy, Aidan M. Mordas, Michelle Nguyen, Brian L. Pham, Vincent N. Pham, Rio A. Six-Tiger, Bryan Tan, Emily Tan, Adam R. Tlacoxolal-Chau, Tayonna M. Tucker, John D. Walsh, Donna Xu, Jennifer Zeng, Ryan L. Zeng, Justine Y. Zhen, Cindy Chend, Tony Zou, Maria N. Zraizaa.

**HONORS**

**Grade 12**: Nancy Y. Aimola, Samantha Maliya M. Anciano, Eugene R. Bolden III, Aidan J. Brown, Leonardo D. Burgos, Jason J. Chan, Wai Kit Chan, Jing Chen, Rui Chen, Kevin J. Doherty, Joseph R. England, Joseph P. Fallon, Rachael Fung, Timothy J. Glynn, Joshua R. Helfrich, Jia Ying Huang, Suzanna K. Hui, Aisha J. Hussein, Garrett M. Kulig, Caitlin M. Lee, Chi Chun Lee, Kelly Y. Liang, Shi Lin Liang, Hao Wei Lin, Naika Louis, Nguyen L. Ly.

Vjord Mara, Alexandra M. Maragioglio, Siobhan E. Marshall, Matthew W. McDonald, Edward J. Merrigan, Devon B. Merrill, Ryan P. Moreschi, Nelson T. Nguyen, Melanie J. Ramos, Daniel F. Reilly, Jie Hua Rong, Thomas E. Ross, Kurthy Yvania Saint Marc, Kaylin U. Silva, Khoa A. Tran, Valentina L. Tran, Han N. Truong, Douglas R. Vangorder, Jia Yi Weng, Daniel Wong, Longhao Xie, Wenmin Xie, Jia Hao Xu, Jia Ying Yu, Nadine S. Zahreddine, Qiuyan N. Zhang, Zixin Zhang, Wiean Zhou, Guo Zou.

**Grade 11**: Corey J. Boretti, Kristen R. Bragel, Wigens J. Cadet, Peter P. Chau, Andy Chen, Calvin Chen, Jessica J. Chen, Karen Chen, Jordan F. Currie, Alison E. Della Barba, Lina N. Deng, Tenzin Dorjee, Abdelrahman M. Elhashash, Nicole C. Flora, Brendan C. Gallant, Brendan C. Ganno, Skerdilaid Hoti, Jimmy H. Huang, Gary Y. Hui, Victoria G. Huynh, Sacha Ivanov, William J. Janis, Sinead M. Kelly, Thomas P. Koch Jr., Kennex Lam, Thuylan T. Le, Dao D. Li, Benny M. Lin, Xiao Hong Lin, Darleny N. Luna.

Ryan T. Manning, Raymond H. Mei, Jordan M. Miller, Elizabeth L. Mottollo, Timothy C. Ng, Thien D. Ngo, William H. Nguyen, Brian A. O'Connell, Michael L. Oldham, Jermaine D. Oliver Jr., Isabelle M. Pillone, Mark S. Podgurski Jr., Katarina R. Pollastretti, Alexandra J. Schuboth, Matthew T. Soohoo, Ying Long Tang, Nhi N. Truong, Hexian Weng, Kevin J. White Jr., Xian Bin Wu, Jun Shan Zeng, David Zhang, Maggie Zhang.

**Grade 10**: Isabel L. Altaf, Antonia M. Alvarado, Emmy V. Chau, Alan Chen, Daniel R. Chen, Hong Zhi Chen, Jian Tao Chen, Kevin K. Chen, Li Chieh Chen, Timothy M. Chiu, Alyssa M. Connaughton, Joseph C. Connaughton, Matthew Deng, Johanna H. Douglas, Grace C. Duggan, Catherine M. Eynatian, Kevin M. Finn, Sean Patrick Flynn, Zhen Goa, Maxwell J. Gustin, Aisha A. Hamad, Lilly A. Hanley, Ze Bin He, Ri Yang Huang, Wun Ling L. Huang, Celia C. Hussey.

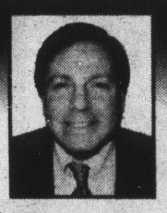
Thomas H. Kelly, Joshua J. Lee, Benjamin Liu, Juliana R. Mastrorilli, Yongshan Mei, Audrey C. Merrill, Jeffrey Nguyen, Victor Nguyen, Alexander N. Pham, Kelly G. Phelan, Mia N. Sapienza, Samuel Serjani, Xiang Lin Su, Alex Tran, Daniel M. Wong, Raymond M. Wu, Kai Qing Xue, David Yang, Zi Ting Zhang, Da Hua Zhu, Katy W. Zou.

**Grade 9**: Eve C. Anderson, Peter J. Ayers, Elijah J. Blondin, Lucjan Ceca, Chun H. Chan, Min Xia Chen, Winnie Chen, Matthew T. Chung, Andrea M. Cristiani, Austin J. Currie, Michelle Dai, Mark W. Danna, Haowen N. Deng, Tina K. Dinh, Leila Y. Dumas-Hovey, Tyjante M. Finn, Aiden M. Foley, Lingjie Gao, Abigail R. Gilmartin, Sarah Glozheni, Robert M. Griffin, Jonathan W. Guan.

Maeve J. Hally, Jillian E. Harrington, Donald M. Hobin, Jeffrey G. Huang, Victoria R. Kazangian, Kirian-Philip E. Kofoworola-Kuti, Danielle N. Lacolla, Timothy K. Layden, Lindsey E. Lee, Joshua R. Linik, Neo J. Liu, Tich K. Ly, Timmy A. Ly, Vanessa Mei, Stephanie S. Melnick, Claudia M. Mirshak, Holly H. Nguyen.

Meghan A. O'Boyle, Jake Z. O'Brien, Kieran A. O'Driscoll, Scarlett O. Piotrowski-Manning, Aidan D. Ring, James J. Rizzitano, Joseph C. Sands, Rowan S. Sloan, Vivian M. Smith, Emily A. Steele, Elena Stratoberdha, Phoebe Tang, Andrew K. Tobin, Kenny Tran, Talia J. Vera, Celia A. White, Eric K. Wong, Zechong Yan, Zhi You, Joey Zhang, Zhi Shan H. Zheng.


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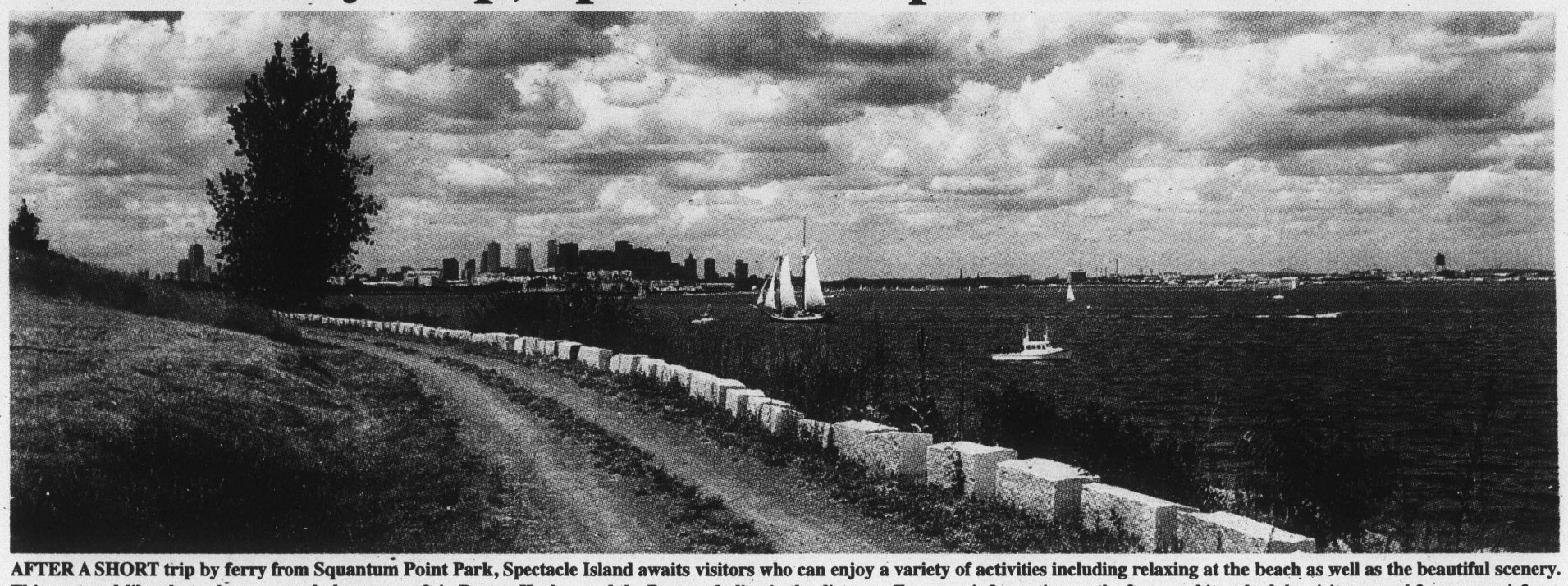

## 29 Quincy Students On MCPHS Dean's List

MCPHS University (formerly Massachusetts College of Pharmacy and Health Sciences) announces 29 Quincy students are on the Dean's List for the spring semester.

They are:

Samantha Chow, Mandy Fan, William Ho, Ani Kaziu, Anna Qiu, Peter Chan, Gabrielle Flaherty, Samantha Guan, Lisa Nguyen, Omar Abo-Sido, Rowayda Alwihayb, Sharon Chia, Elisaveta Dedo, Christina Do, Son Do, Tony Huang, Steven Huynh, Odeta Kulenica, Erin Norton, Rene Norton, Birago Osei, Joan Palo, Xing Zi Situ, Aaron Tran, Christine Tran, Jose Vasquez, Wendy Wong, Andi Zeng and Linda Zhou.

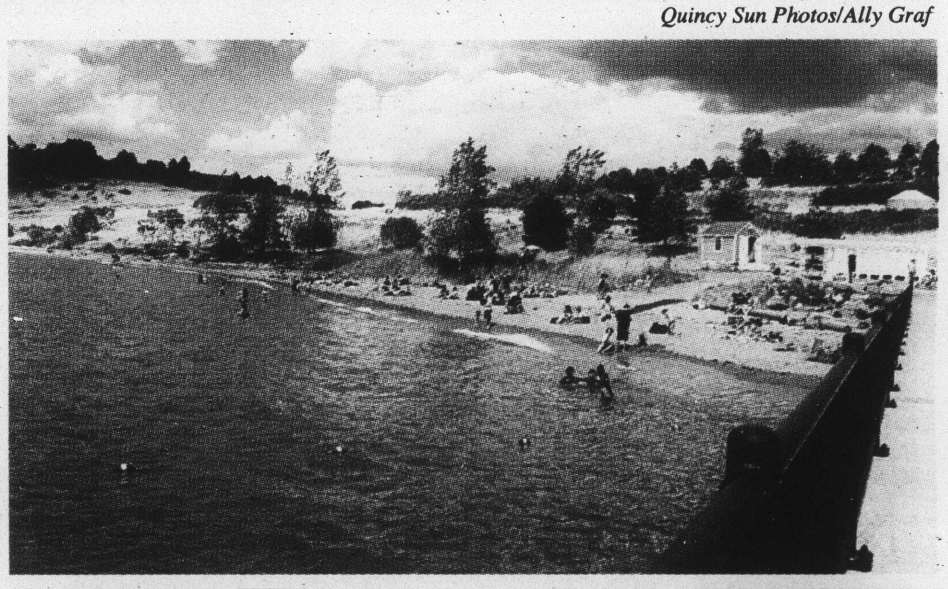
# After Ferry Trip, Spectacular Spectacle Island Awaits



**AFTER A SHORT trip by ferry from Squantum Point Park, Spectacle Island awaits visitors who can enjoy a variety of activities including relaxing at the beach as well as the beautiful scenery. This postcard-like photo shows several pleasure craft in Boston Harbor and the Boston skyline in the distance. For more information on the ferry and its schedule, visit www.mbferry.com. A ferry schedule also appears on Page 16 in this week's issue of The Quincy Sun.**

*Quincy Sun Photos/Ally Graf*







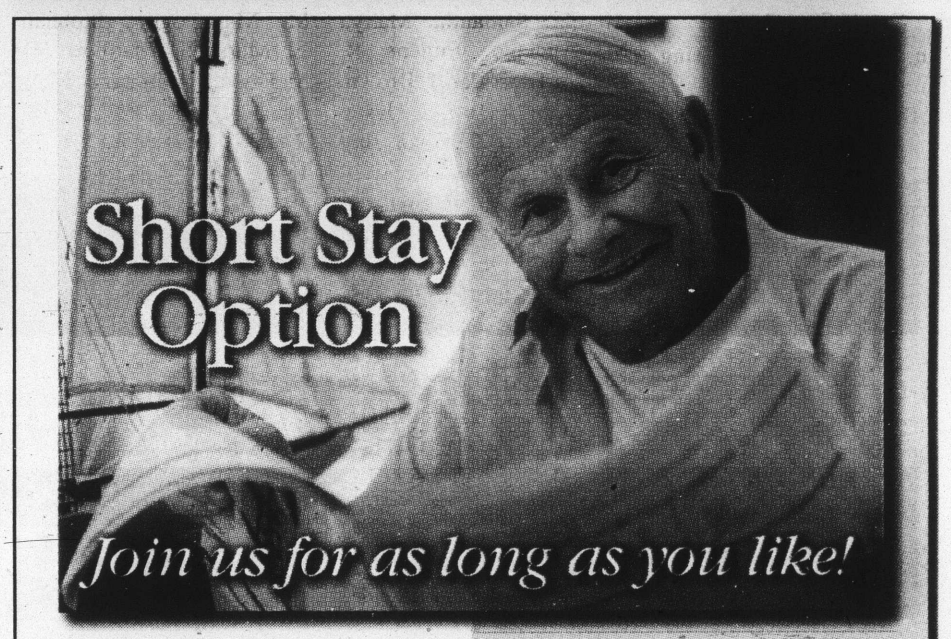

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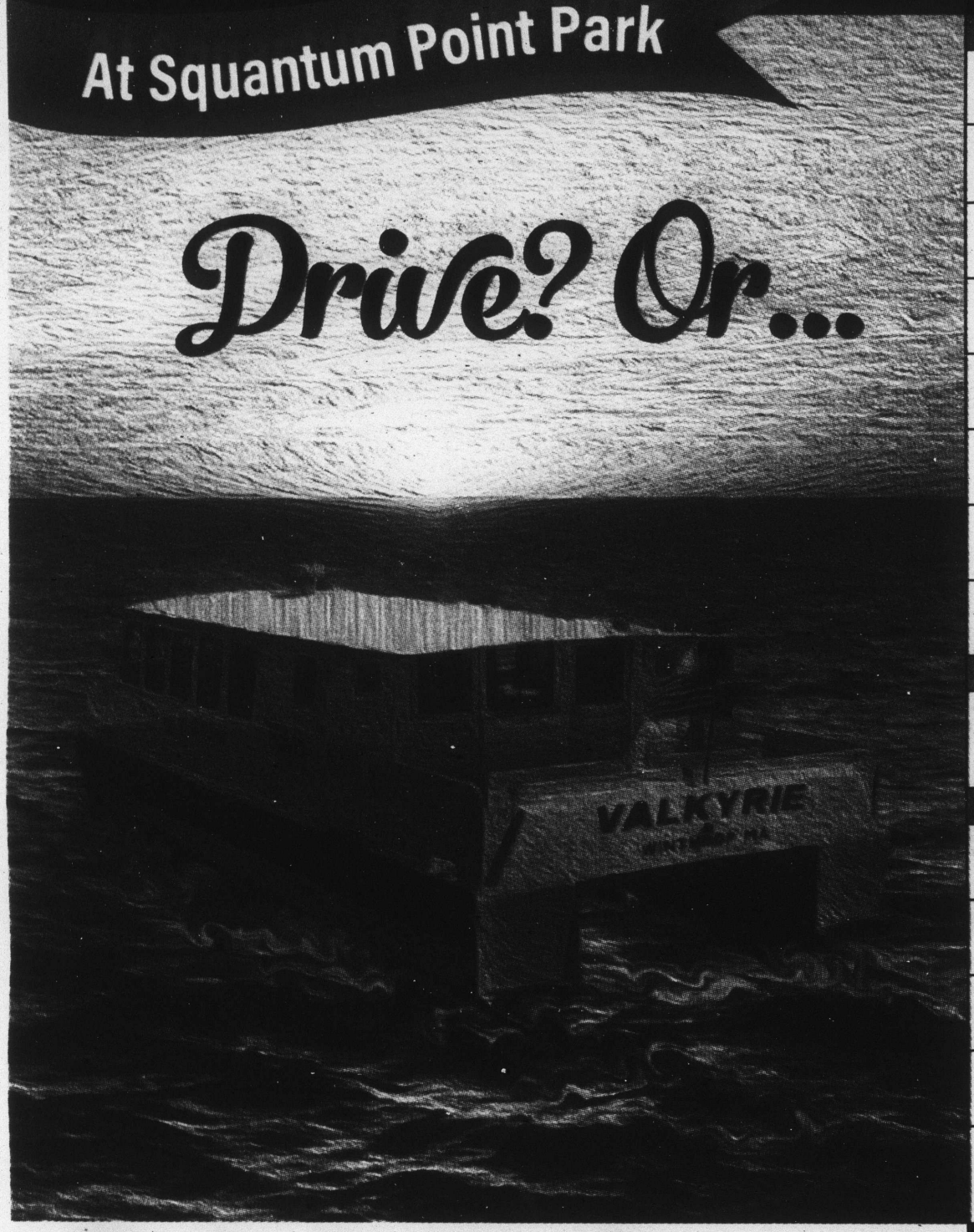
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# Marina Bay/Winthrop Ferry

## At Squantum Point Park

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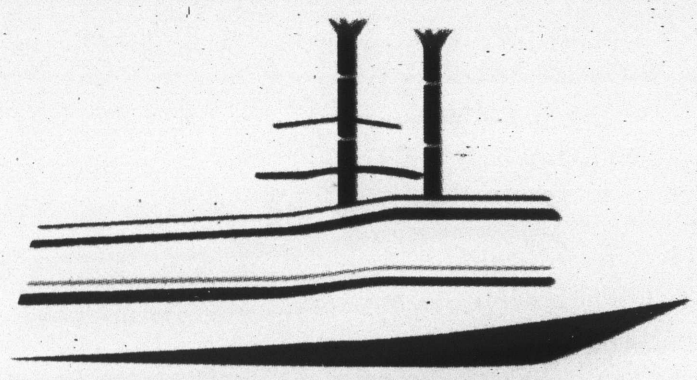



| Monday-Friday | | | | | |
|---|---|---|---|---|---|
| Depart Winthrop 6:35 a.m. | Arrive Quincy 7:00 a.m. | Depart Quincy 7:05 a.m. | Arrive Rowes Wharf 7:25 a.m. | Depart Rowes Wharf 7:30 a.m. | Arrive Winthrop 7:55 a.m. |
| Depart Winthrop 8:05 a.m. | Arrive Rowes Wharf 8:30 a.m. | Depart Rowes Wharf 8:35 a.m. | Arrive Quincy 9:00 a.m. | Depart Quincy 9:05 a.m. | Arrive Rowes Wharf 9:30 a.m. |
| | | Depart Rowes Wharf 9:35 a.m. | Arrive Spectacle 10:00 a.m. | Depart Spectacle 10:05 a.m. | Arrive Winthrop 10:30 a.m. |
| Depart Winthrop 11:05 a.m. | Arrive Spectacle 11:30 a.m. | Depart Spectacle 11:35 a.m. | Arrive Quincy 12:00 p.m. | Depart Quincy 12:05 p.m. | Arrive Rowes Wharf 12:30 p.m. |
| Depart Winthrop 1:50 p.m. | Arrive Spectacle 2:10 p.m. | Depart Spectacle 2:15 p.m. | Arrive Quincy 2:35 p.m. | Depart Quincy 2:40 p.m. | Arrive Winthrop 3:05 p.m. |
| Depart Winthrop 3:30 p.m. | Arrive Rowes Wharf 3:50 p.m. | Depart Rowes Wharf 3:55 p.m. | Arrive Quincy 4:15 p.m. | Depart Quincy 4:20 p.m. | Arrive Winthrop 4:45 p.m. |
| Depart Winthrop 5:15 p.m. | Arrive Rowes Wharf 5:40 p.m. | Depart Rowes Wharf 5:45 p.m. | Arrive Winthrop 7:10 p.m. | Depart Winthrop 5:15 p.m. | Arrive Quincy 6:40 p.m. |
| Depart Quincy 6:45 p.m. | Arrive Winthrop 7:10 p.m. | Depart Winthrop 7:15 p.m. | Arrive Rowes Wharf 7:40 p.m. | Depart Rowes Wharf 7:45 p.m. | Arrive Winthrop 8:10 p.m. |
| **Thursday-Friday Only** | | | | | |
| Depart Winthrop 8:15 p.m. 9:15 p.m. | Arrive Rowes Wharf 8:40 p.m. 9:40 p.m. | Depart Rowes Wharf 8:45 p.m. 9:45 p.m. | Arrive Winthrop 9:10 p.m. 10:10 p.m. | | |
| **Saturday-Sunday** | | | | | |
| Depart Winthrop 10:20 a.m. | Arrive Rowes Wharf 10:45 a.m. | Depart Rowes Wharf 10:50 a.m. | Arrive Quincy 11:15 a.m. | Depart Quincy 11:20 a.m. | Arrive Spectacle 11:45 a.m. |
| | | | | Depart Spectacle 11:50 a.m. | Arrive Winthrop 12:15 p.m. |
| Depart Winthrop 2:30 p.m. | Arrive Spectacle 2:55 p.m. | Depart Spectacle 3:00 p.m. | Arrive Quincy 3:25 p.m. | Depart Quincy 3:30 p.m. | Arrive Rowes Wharf 3:55 p.m. |
| | | | | Depart Rowes Wharf 4:00 p.m. | Arrive Winthrop 4:25 p.m. |
| Depart Winthrop 5:30 p.m. 7:20 p.m. | Arrive Rowes Wharf 5:55 p.m. 7:45 p.m. | Depart Rowes Wharf 6:00 p.m. 8:10 p.m. | Arrive Quincy 6:25 p.m. 8:35 p.m. | Depart Quincy 6:30 p.m. 8:40 p.m. | Arrive Winthrop 6:55 p.m. 9:05 p.m. |
| **Saturday Only** | | | | | |
| Depart Winthrop 9:10 p.m. | Arrive Rowes Wharf 9:35 p.m. | Depart Rowes Wharf 9:45 p.m. | Arrive Quincy 10:05 p.m. | Depart Quincy 10:10 p.m. | Arrive Winthrop 10:35 p.m. |

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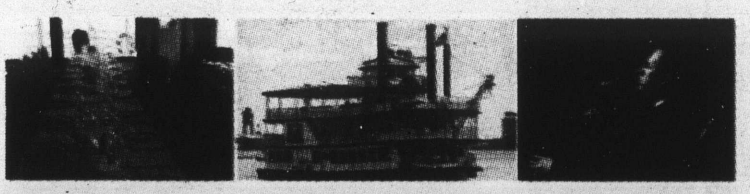
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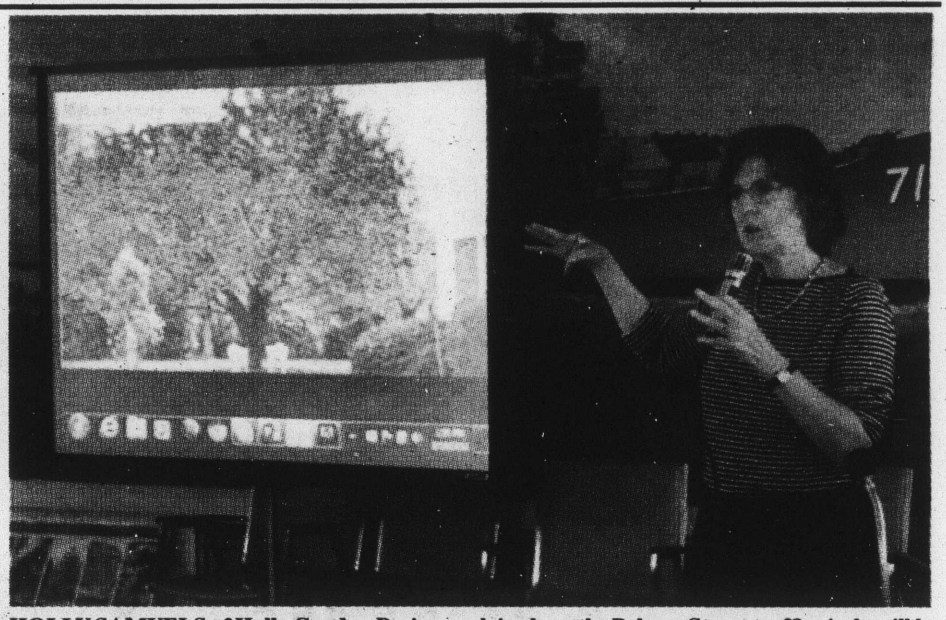


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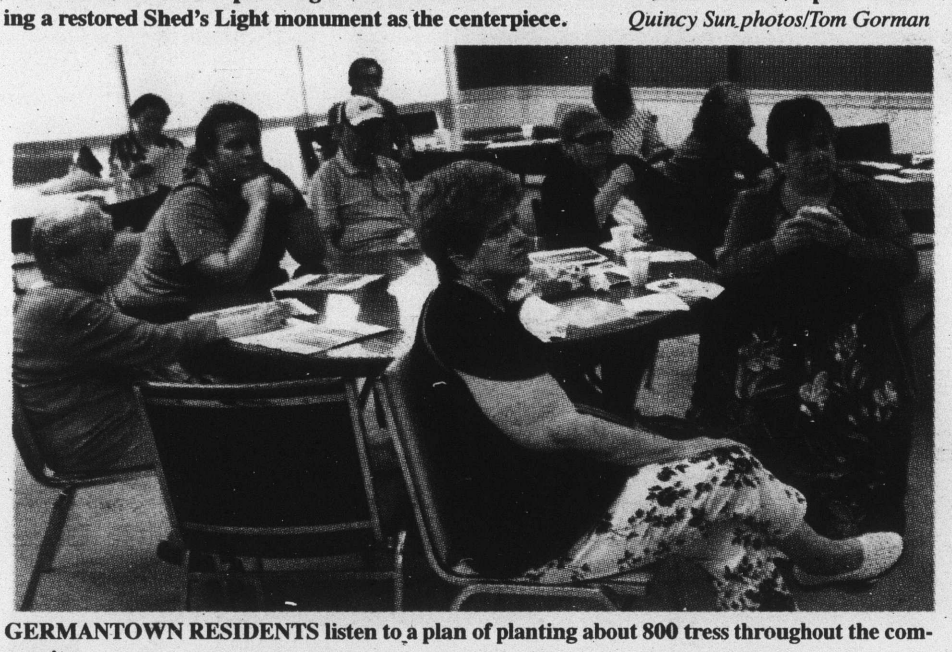
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**CITY OFFICIALS are planning to transform the Palmer Street traffic circle into a park featuring a restored Shed's Light monument as the centerpiece.** *Quincy Sun photos/Tom Gorman*



**HOLLY SAMUELS of Holly Garden Design explains how the Palmer Street traffic circle will be transformed into a park during a community meeting last week at O'Brien Towers.**



**GERMANTOWN RESIDENTS listen to a plan of planting about 800 tress throughout the community.**



**QUINCY HOUSING AUTHORITY Director of Facilities James Marathas looks at various tree species that will be planted throughout Germantown.**

# Over 800 Trees To Be Planted In Germantown

**By TOM GORMAN**

Germantown will soon have a new look under a plan that calls for turning the Palmer Street traffic circle into a park and the planting of more than 800 trees along the streets of the Snug Harbor peninsula.

About two dozen residents attended a community meeting hosted by the Quincy Housing Authority at O'Brien Towers Aug. 10 where the plan was outlined. Officials said the new trees would not only beautify Germantown but provide shade in the summer and help reduce winter's icy winds.

"The planting of these new trees will offer great benefits to the future energy conservation as well as improve the overall site appearance," said Quincy Housing Authority Director of Facilities James Marathas.

Landscape designer Holly Samuels of Holly Garden Design is providing free design services for the city and laid out her plans to transform the traffic circle into a park for adults and children.

*Cont'd On Page 23*


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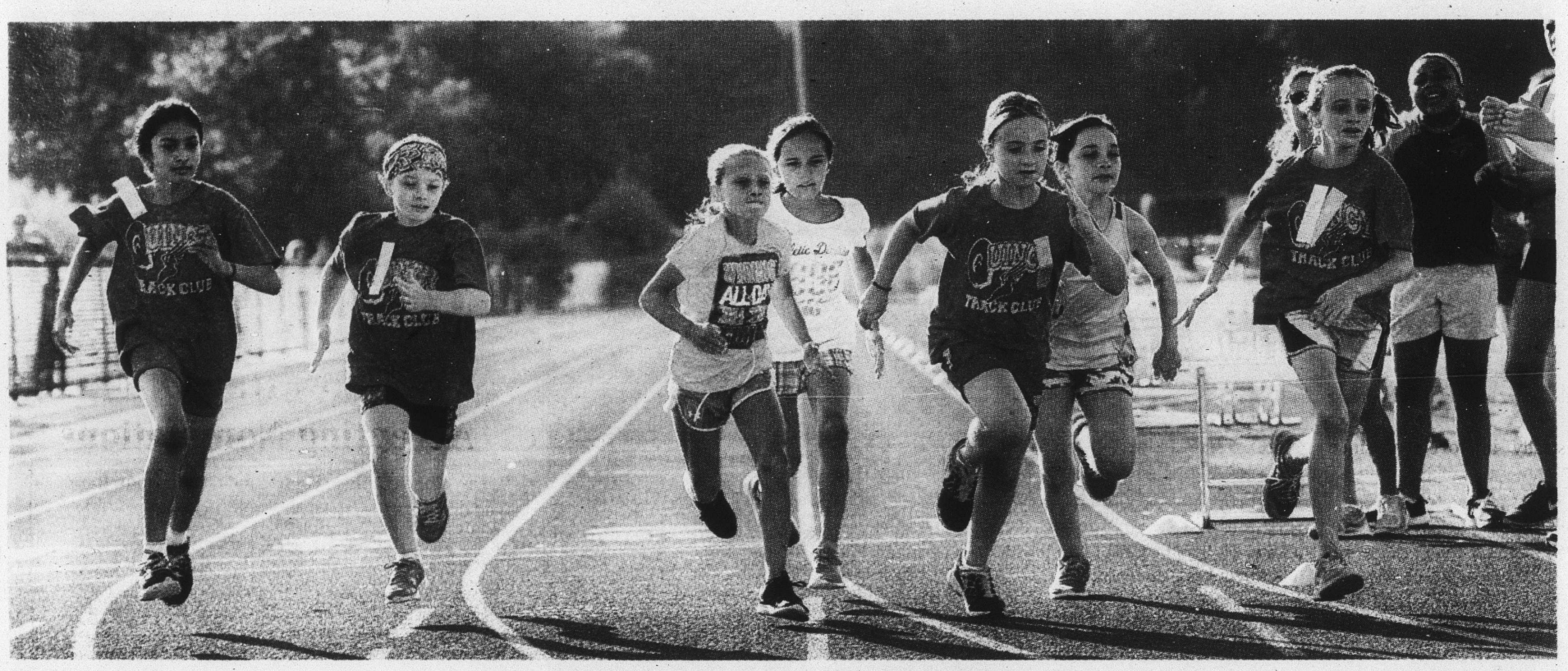
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# Quincy Track Club Frank Kelley Meet: Run And Fun

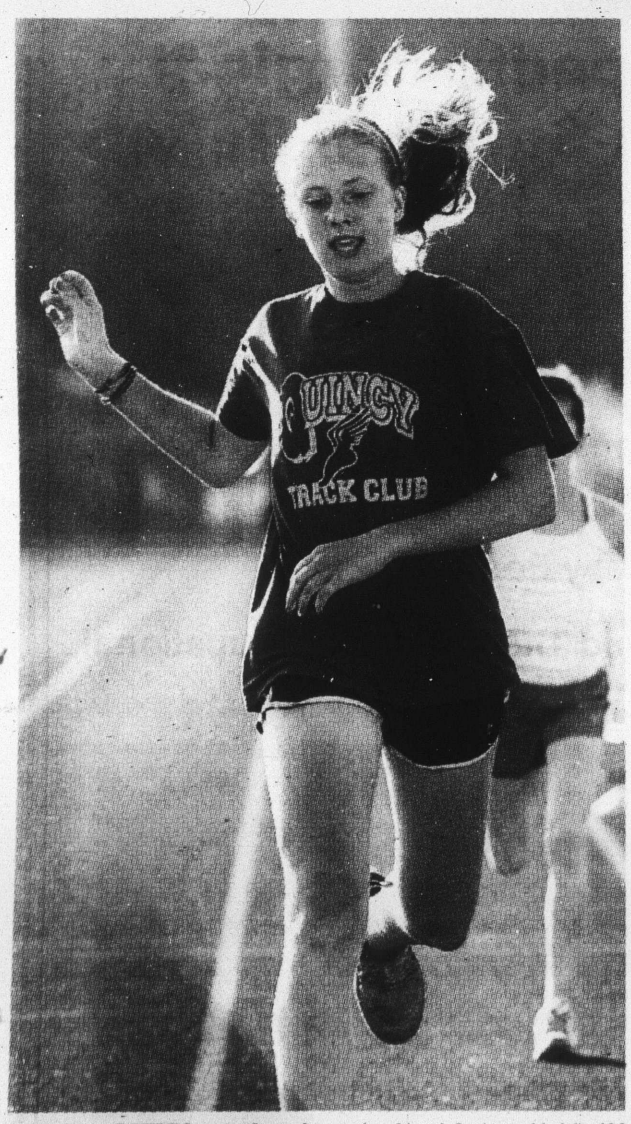


**ONE OF THE marquee events at the Quincy Track Club's Frank Kelley Track and Field Meet is the 50-yard mini dish for youngsters ages four and younger. Above: some young ladies enjoy the race at Faxon Field. More photos on Pages 19 and 20 and online: www.TheQuincySun.com (click galleries).**

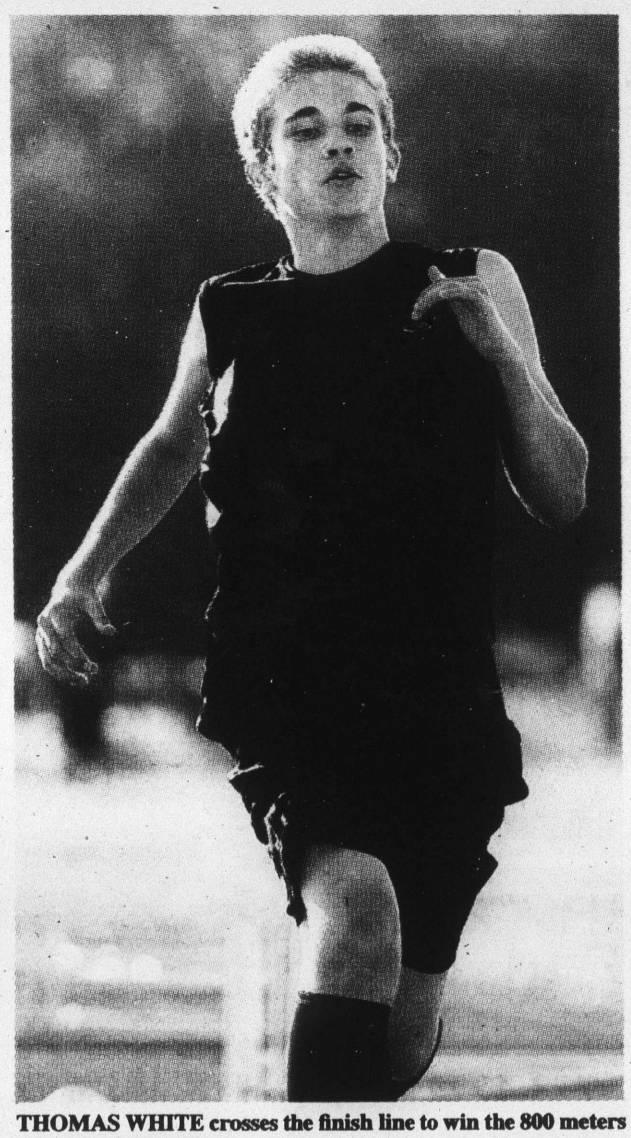
*Quincy Sun Photos/Robert Bosworth*



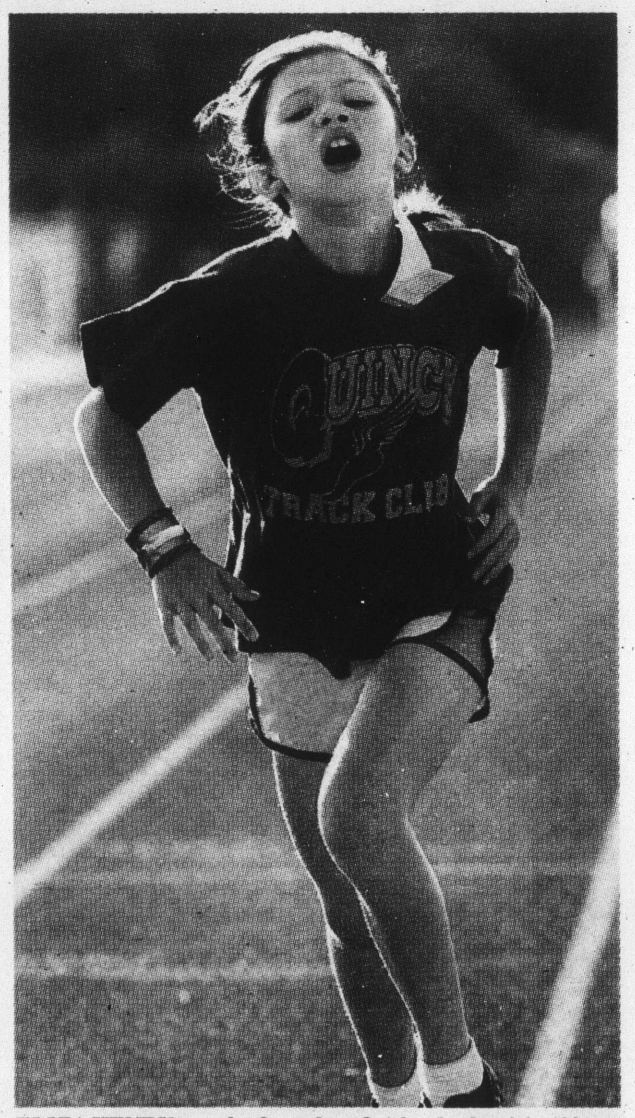
**GIRLS AGES 9-10 are off and running after the start of the 400 meter race.**




**SORCIA QUINN was the winner in the girls (age 11-14) 400 meters race.**



**THOMAS WHITE crosses the finish line to win the 800 meters (boys 13-14 age group).**




**ELIZA HENRY was the first-place finisher in the girls 400 meter race (age 7-8).**

# Frank Kelley Meet Showcase For Quincy Track Club

By JOE REARDON

Ten-year-old Shane Wright squinted in the evening twilight as sweat dripped into his eyes from his forehead, making it that much harder to see.

The Bernazzani Elementary School fifth-grader and Quincy Track Club speedster didn't mind though. He was too excited with his performance on the Faxon Field track to let a little bit of sweat in his eyes take away from his breakthrough accomplishment.

Just minutes earlier Shane destroyed his personal best in the 800-meter. Running in a tight pack with two other competitors for the first lap, Shane excellerated at the bell and the race was over. He stretched out his lead on his second go around and surged across the finish line in a very quick 2 minutes, 44 seconds in the club's annual Frank Kelley Meet.

The meet proved to be another huge success with over 100 kids competing in a variety of events in several age groups.

Shane, who plays football in the fall for the West Quincy Elks, has noticed steady improvement since joining the fabled club as a 5-year-old and his confidence has grown every year since.

"When I got to the corner (in the 800) I sprinted the rest of the way," said Shane, who also captured the hurdles and finished second in the 400. "I've done track since I was five. I was slow when I was five. When I started to do track I got faster."

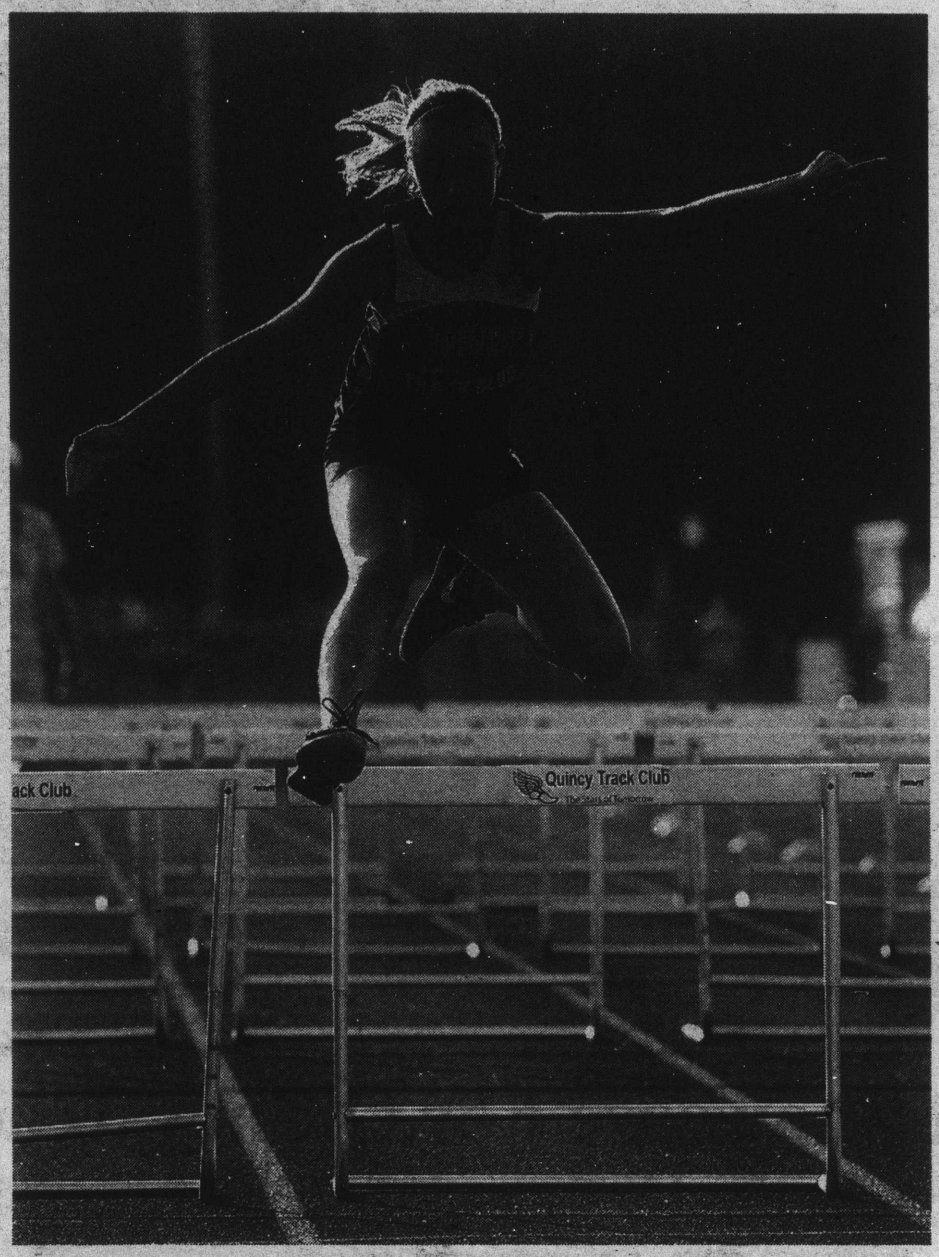
Robin Griffin had quite an evening on the oval as well. The 9-year-old was a double winner with gold medals in the 400 and 800 and has aspirations of some day running track in high school.

"I really like to run," said Robin. "I like to do the longer races."

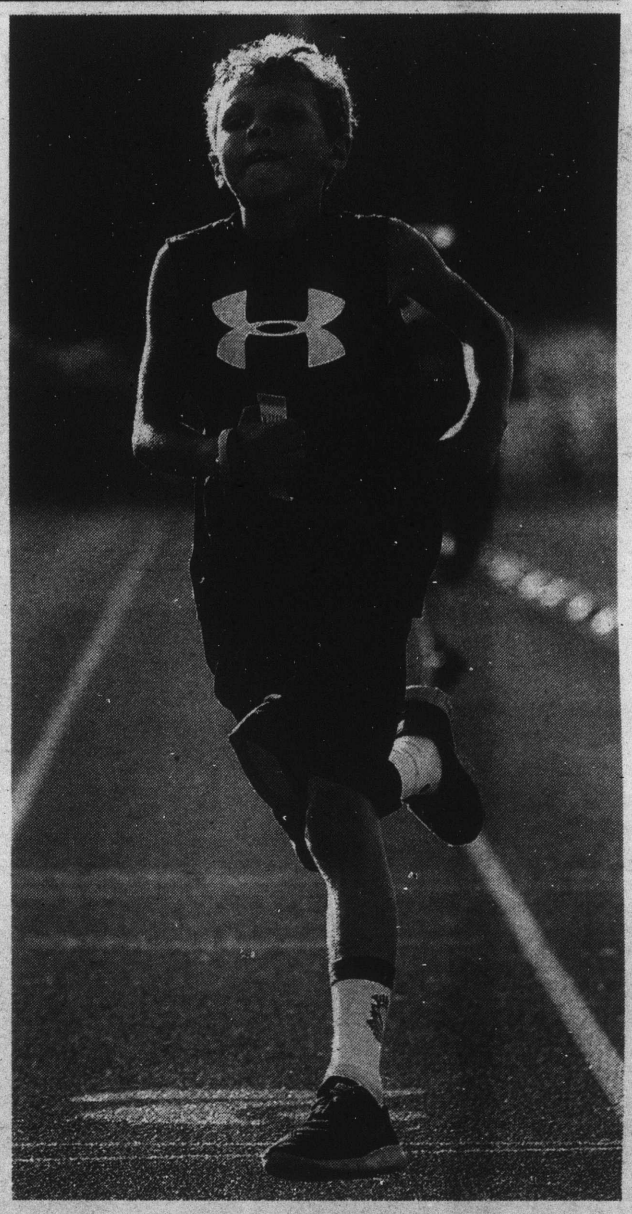
The meet was the 41st annual in honor of Quincy Track Club founder Frank Kelley. That the club is still active after more than 40 years is a fascinating story unto itself.

The beloved coach died suddenly of a massive heart attack in 1976, leaving track club members stunned,

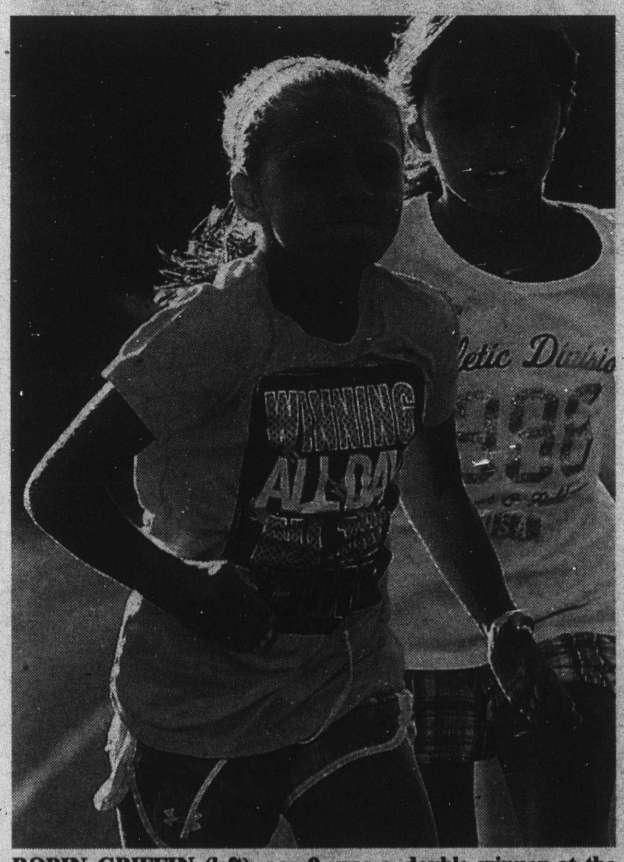
*Cont'd On Page 20*




KYLIE WRIGHT shows good form winning the girls 13-14 hurdles event at the recent Frank Kelley Track and Field meet at Faxon Field.



SHANE WRIGHT crosses the finish line first in the 800 meters. The Bernazzani Elementary School fifth grader also won the hurdles and took second in the 400 meters.



ROBIN GRIFFIN (left), age 9, was a double winner at the Quincy Track Club's Frank Kelley Meet finishing first in the 400 and 800 meter track events.



GRACE WARREN is all smiles after winning the 100 and 200 meters at the Frank Kelley Track and Field meet hosted by the Quincy Track Club. *Quincy Sun Photos/Robert Bosworth*

## NQ Hockey Hall Of Fame Accepting Nominations

The North Quincy High School Hockey Hall of Fame Committee is accepting nominations for its next induction class.

To submit a nomination, email Kevin Jago at kevinj.bos@transgroup.com. The committee welcomes documentation from those submitting nominations to support their candidate in the form of articles, statistics, yearbooks, etc.

The NQ Hockey Hall of Fame will hold its fifth class installation Friday, Feb. 17 at the Quincy Neighborhood Club.

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ALEXANDRA GUIA leaps over a hurdle on her way to a first place finish at the recent Frank Kelley Memorial Track and Field Meet at Faxon Field.
*Quincy Sun Photos/Robert Bosworth*



JOEY FERREIRA reaches for some extra distance in the long jump competition at the Frank Kelley Memorial Track and Field meet coordinated by the Quincy Track Club.

# Frank Kelley Meet Showcase For Quincy Track Club

*Cont'd From Page 19*

the helm.

Enter Geoff Hennessy. The 19-year-old runner was on Nantucket that summer doing marine biology work when he got the call from Kelley's wife asking for his help. Hennessy agreed to take over on a short term basis, which grew into a 39-year passion, making Hennessy's name synonymous with cross country and track in Quincy.

"I was actually planning on staying all summer but they called me back to help Mrs. Kelley with the club," said Hennessy. "I figured I'd do it for a year, but I stuck around and I'm still here."

The club's golden years came in the 1980s when a combination of few sports for kids and the running boom in the United States resulted in as many as 550 taking to the track in Quincy.

The QTC hasn't been able to match those gaudy numbers in recent years with the vast array of sports available for kids today, but the club still averages a very healthy 300 kids per year.

"It fluctuates," said Hennessy. "I think it was bigger back in the 80s, but I have to say the hard core stays the same. We have more sports now. When the track club started we had the Koch Club, farm league baseball and football in the fall. If you were a girl, there was nothing. You did Koch Club Softball or you did track club."

What has remained consistent is the amount of talent that the QTC has helped nurture. Athletes such as Olympians Karen Cashman and Kate O'Neill participated in the club as kids, as did Archbishop Williams shot put standout and former NFL player Brian Donahue. Plymouth State running back Joe Dudek was a club member and more recently Brandeis College distance aces Emily and Julia Bryson can track their running infancy to the QTC.

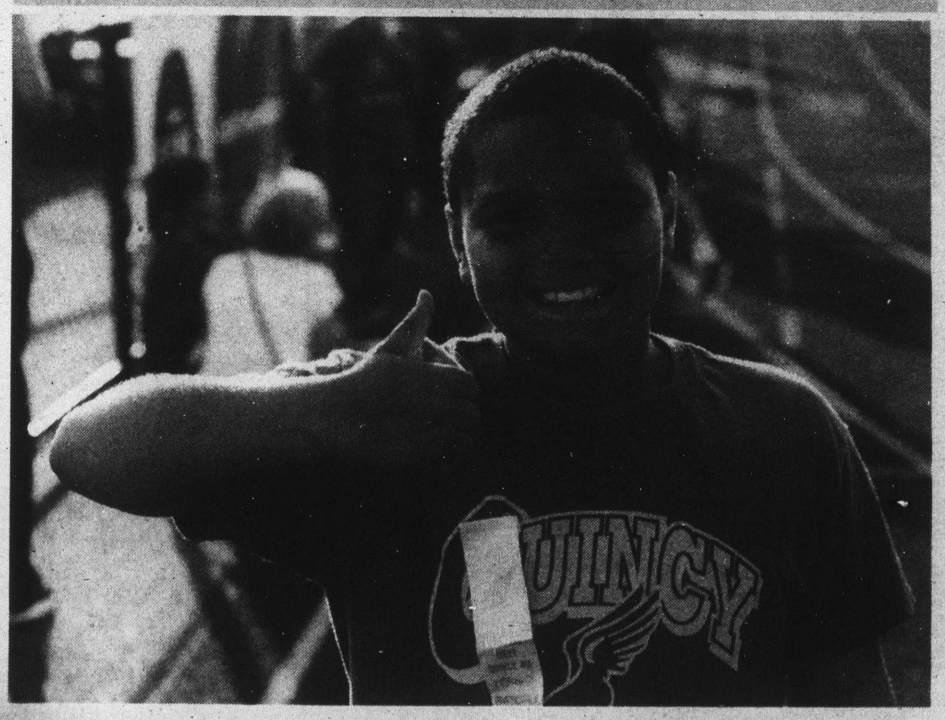
"We continue to produce good kids, regardless of numbers," said Hennessy.

One of the allures of the club is its laidback and low-key approach. Practices are held every evening during the summer at Faxon Field, but the kids are not obligated to show up for every workout. Hennessy believes it's more important for the kids to let their love for the sport grow by stepping back and allowing the kids to find their niche on the track and in the field events.

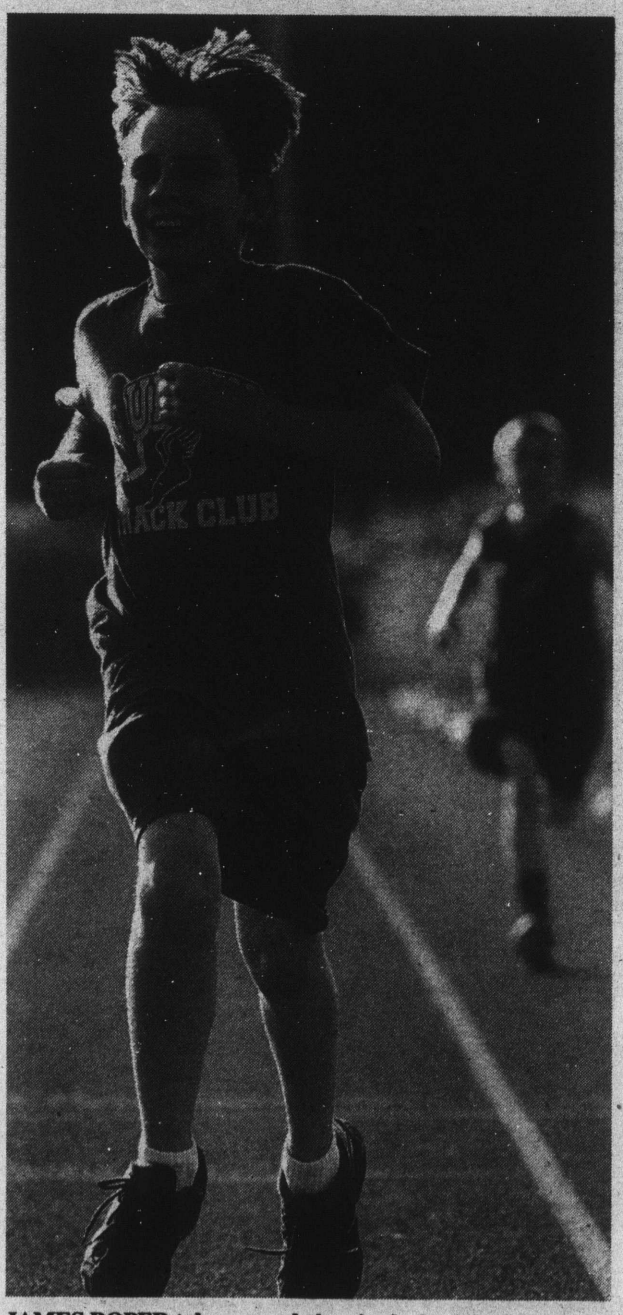
"What we do is different from a lot of programs," said Hennessy. "We have something going on five nights a week. The kids blend it into what they do. You got kids who dance. You got kids who do soccer. What we've told people is to blend it into the other things you do. If it rains, you just come a different night.

We're always here. We're an instructional and training-based program. Competition is not the priority. Winning is certainly not the priority. Anything you don't like about youth sports, we don't do it. No matter what it is."

**More Photos On Quincy Sun website: www.thequincysun.com (galleries)**



SPENCER KNIGHT gives a thumbs-up after competing in one of the many events at the Quincy Track Club's Frank Kelly Meet at Faxon Field.



JAMES ROPER takes second place in the boys 9-10 800 meter race.

# Militia Make Statement In Battle Against Taunton

By TREVOR WENNERS

On Saturday evening, the Quincy Militia was given the opportunity to show the Eastern Football League how far it has come.

In a highly anticipated battle for first place against the three-time EFL champion Taunton Gladiators, Quincy made sure that no one will take it lightly down the stretch of the season and into the playoffs.

The Militia (4-2) scored first and last but made too many mistakes to takedown the defending champs in a 27-20 loss at Veterans Memorial Stadium.

A win would have been enormous for the Militia, as they would have had sole possession of first place, while also being the only team to defeat the Gladiators (4-0) this season. For now, the Militia will have to settle for making a statement, while earning the respect of not just the Gladiators but the entire league.

"We are a different team, (the Gladiators) know that now," said Militia Head Coach Vaughn Driscoll. "They believe that now. Taunton came into it going, 'Yeah, they are just Quincy. Quincy will be Quincy when we get there.' Well, we are not the same Quincy. We worked really hard to get to where we are. We know what we did tonight. We know how to fix it.

"If we see them again it will be in the playoffs, hopefully the championship, but we got to take one game at a time and it starts with the Boston Colts next week."

The Militia was led by quarterback Drew Bolton (13 of 31, 185 yards, 3 TDs, 2 INTs), Crystopher Jackson (3 receptions, 108 yards, 2 TDs) and Kyle Walker (6 receptions, 55 yards).

Quarterback Matthew Letourneau (10 of 22, 149 yards, 3 TDs) led the charge for the visiting Gladiators, while Mark Evora (4 receptions, 98 yards, 3 TDs) and Carl Cadet (14 rushes, 75 yards) also starred in the victory.

The Militia and Gladiators went three-and-out on their first possessions, and then Quincy reeled off an impressive two-play, 46-yard drive that culminated with a 42-yard TD pass from Bolton to Jackson with 7:35 left in the first quarter.

The Gladiators returned the ensuing kickoff to the Quincy 4-yard line, but could not solve the Militia's impressive goal-line stand. The Militia prevented Taunton from crossing the goal line on four consecutive plays, ending with a stop on fourth and goal from the 1.

Taunton recovered a Quincy fumble on the Militia 15 in the second quarter, and then took a 7-6 lead with 5:04 left in the half. Letourneau tallied an 8-yard TD pass to Evora and then kicker Lucas Nogueira added the PAT.

The turnover problems crept up again for the Militia on their next possession as Bolton was intercepted by linebacker Rayshawn Jones on a second and 15 from the Militia 20. Jones proceeded to lateral the ball to defensive back Michael Leoncello, who carried the ball to the Militia 1. Two plays later, John Gordon ran into the end zone from 1-yard out and Nogueira added the PAT, giving the visitors a 14-6 advantage with 2:37 left in the half.

Bolton pulled Quincy to within 14-12 with 9:49 left in the third, as he connected with Jackson for a 22-yard TD on a third and 15 from the Taunton 22. Bolton threw an incompletion on the attempted 2-point conversion.

The Gladiators felt the pressure mounting a little and Letourneau answered the bell, as he fired a 70-yard TD pass to Evora with 8:09 left in the third. Nogueira's extra point restored Taunton's two-score lead, 21-12.

The Gladiators started to pull away late in the third, as Letourneau and Evora connected for their third TD of the day. This one came from 9 yards out and pushed the Taunton cushion to 27-12 with 1:42 left in the third.

Entering the fourth quarter, the Militia had a couple choices: They could feel sorry for themselves or fight to the final whistle. They chose the latter.

Bolton connected with Eric Tabb for a 1-yard TD pass with 6:33 left. Then, the 5-foot-11, 195-pound quarterback found Walker for the 2-point conversion. All of a sudden, the deficit was only 27-20.

"I loved how they played," said Driscoll of his squad. "I loved that they did not give up. We fought to the last whistle."

The Militia decided to kick deep on the ensuing kickoff, and the Gladiators began from their own 35. Cadet posted back-to-back, 11-yard runs, bringing the visitors to the Militia 43. Three plays later, the Militia forced Letourneau to throw an incompletion on a third and 14.

With 2:20 left, the Gladiators sent out the punt team, and Quincy started at its own 35 with 2:14 left. Two short completions by Bolton led to a third and 4 from the Quincy 41 with 1:50 remaining. The next play, Bolton threw an incompletion, and then on fourth and 4 the Militia resorted to a trick play, which did not pan out. Bolton tossed the ball back to Dolan Reid, who then threw an incompletion.

Taunton proceeded to bleed out the clock and extended its unblemished record.

Quincy will be back in action against the Boston Colts (0-6) on Saturday at 7 p.m. at Veterans Memorial Stadium.

"We got to take one game at a time and it starts with the Boston Colts next week," said Driscoll. "We got to go at them. We got to go at them hard. We got to show the league that we want one of the top-three spots. We want to be second or third."

## Point Panthers Youth Football Seeking Players

The Quincy Point Panthers Youth Football and cheerleading program is kicking off its 66th year of tradition in the Quincy Youth Football League.

The Panthers have three levels of tackle football and are seeking players for the Varsity level of 7th and 8th graders, the Junior Varsity level of 6th and 7th graders, the Freshman level of 3rd, 4th and 5th graders and Flag Football of 1st, 2nd, 3rd and 4th graders.

The cheerleading program is for ages 6-14 and entering grades 1-8.

Children for both football and cheerleading ages 6-14 can sign-up in person during the practice sessions throughout the month of August at Fore River Field behind the Fore River Clubhouse at 16 Nevada Rd.

**Tuesday: 5 – 7 p.m. Fore River Field**
**Wednesday: 5 – 7 p.m. Fore River Field**
**Thursday: 5 – 7 p.m. Fore River Field**

The Quincy Point Panthers territory stretches to Independence Ave (Burgin Parkway) including the area of the Faxon Park, Penns Hill and Bradford Park, as well as the entire Quincy Point area. Players attend the Point Webster and Sterling Middle Schools, the Clifford Marshall and Lincoln Hancock Elementary Schools, as well as Private Schools.

For more information, please contact Panthers Franchise Holder George Maze at 617-653-9215 or email charjava@comcast.net.

## 'Feel The Beat' 5K Sept. 10 To Benefit Brennan Foundation

The second annual "Feel the Beat:" 5K run/walk to benefit the Claire "Joni" Brennan Foundation will be held Saturday, Sept. 10 at Pageant Field, 1 Merrymount Park, Quincy.

Registration will begin at 8:30 a.m. The race begins at 10 a.m. Followed by a family celebration after the race.

Adults (18 and older) preregister $25/race day $30.

Kids (17 and under) preregister $15/race day $20.

Sign up for the road race at FeelTheBeatFoundation.org.

All proceeds will go to the Claire "Joni" Brennan Foundation to support families with children affected by heart disease.

For more information, call 617-584-1444 or email FeelTheBeatFoundation@gmail.com.

## Lincoln-Hancock Pool Closes Friday For Maintenance

The Lincoln-Hancock Community School Pool will close at the end of the adult recreational swim on Friday, Aug. 26th at 9 p.m., the Quincy Recreation Department announces.

The pool will be drained and the pool and deck will go through a necessary regrouting process and filter room repairs. The work is necessary every five years to ensure the safe and proper operation of the facility.

The pool is scheduled to reopen at the start of recreational swimming on the fall schedule at 6:30 p.m. Monday, Sept. 12th

For additional information call 617-376-1394 or visit the Recreation Department website: quincyrec.com.

## QATV Offices Closed Friday

The Offices of Quincy Access Television will be closed on Friday, Aug. 19th.

The staff will be attending the National Conference of the Alliance for Community Media where they will receive the "Overall Excellence" award for their work in 2015.

## Morrisette Baseball Planning Fall Program

Morrisette American Legion baseball announces it will run a fall ball program.

Morrisette baseball will hold a fall baseball meeting Monday, Aug. 29 at 7 p.m. at the Quincy Park Department (recreation room), 1 Merrymount Parkway.

The fall program will run six weeks and consist of practice 1 or 2 days a week and games on Sunday mornings at 9 a.m.

The first practice will be Sept. 7th and the first game will be Sept. 11th against Canton.

The program is open to anyone who is planning on playing for Morrisette next year. The coaching staff fully understands if the kids have another sport commitment in the fall. But a parent or relative should be present at Aug. 29th meeting.

"We're excited about fall ball, it's our first time having a team. Cost will be minimal and affordable for everyone. I look forward to seeing everyone at the meeting," said Morrisette Baseball head coach Steve Maze.

# Dedications For Creedons, Yacubians At New NQ High School Sports Field

*Cont'd From Page 4*

added.

It is also expected that three flag poles at Creedon Field – one American, one state and one city – will also be dedicated as will the four light towers at each corner of the field. Those names will be submitted for approval to the Park Board in a few weeks.

Koch said one of the walls of the concession-hospitality suite will be reserved for dedication plaques. The wall will be lit and the plaques will feature a description of the honorees and their contributions to the school and community.

The dedication will not only mark the end of a multi-million dollar expansion project adjacent to NQHS; the new field, concessions, and 150-car space parking lot completes the high school that was originally built as a junior high school.

"This project completes the high school. North Quincy was built as a junior high school and then additions were added – a wing on each end. A new gym was added in the 1960s and then it was demolished when they did the new addition to the back of the building," Koch said.

"At the time they left the gas station on the corner (Hunt and Hancock Streets) and they really jammed it in. They were building it in an area that was already built out. I understand you have budgets and certain limits to things but look at it I think this new field and facility completes to a large extent the high school as a campus with the amenities that go with a high school.

"Most high schools," Koch continued, "if you go around the state have amenities. North Quincy High School was stuck on this postage stamp (parcel) that you didn't even have enough parking for staff and students never mind visitors. I think we've accomplished that.

"Obviously it's going to be a beautiful new field for soccer, lacrosse, football, phys ed. . . it will be well lit and have plenty of parking for events at the field as well as in the school across the street.

"In my view this field finishes off the North Quincy High School campus."

## 14 On UNH Dean's List

Fourteen students from Quincy are on the Dean's List for the spring semester at the University of New Hampshire in Durham.

They are:

Lia Bonoli, highest honors; Christopher Keenan, high honors; Jackson Lam, honors; Jessica Eynatian, highest honors; Rachel Papile, high honors; Hayley Forbes, high honors, Elizabeth Forde, high honors; Edward McDonough, honors; John Schwartz, highest honors; Evlyn Scuzzarella, high honors; Sean Hickey, high honors; Aislinn Collins, honors; Kathleen Calnan, highest honors and Anna Splitz, high honors.

# Real Estate

## Quincy Real Estate Transactions August 8 - August 12

Transactions are compiled by the Norfolk County Registry of Deeds

| Seller | Buyer | Amount | Address |
|---|---|---|---|
| Theresa M. O'Leary | Allen & Suqun Chen | $375,000.00 | 187 Sea Street |
| 75 Arthur Street Realty Trust | Arturo Realty LLC | $2,405.000.00 | 71-77 Arthur Street |
| Paul L. Feldman | Glenview Properties LLC | $180,000.00 | Chubbuck Street |
| PGS Nominee Trust 2004 | Guo Y. Huang & Yan Y. Zhao | $600,000.00 | 80 - 82 Rodman Street |
| Michael J. Cotter | Phu H. Thach & Shuyi He | $410,000.00 | 24 Greystone Street |
| Gregory P. & William C. Donovan | Leroy C. Antrobus & Justine V. Lobert | $340,000.00 | 155 Kendrick Avenue Unit T1 |
| Kara C. & Andrew G. Wall | Robert Wong & Yan Q.Yu | $368,000.00 | 35 North Bayfield Road |
| Luisa McDonough | Lenny & Jenny Chen | $690,800.00 | 657 Adams Street |
| Kevin Mele & Marilyn Meadows | Lily Y. Huang & Ai H. Deng | $345,000.00 | 30 Carruth Street |
| Fort Granite Realty Corp. | Harrington Realty Trust | $450,000.00 | 1 Brook Road Unit 301 |
| Philippa Vaughan | William J. Sempolinski | $575,000.00 | 98 Beach Street |
| Laurie J. Avnet | Yan C. Hu | $350,000.00 | 189 Belmont Street |
| Joel & Kathleen Goodwin | Tian S. Gao & Meizhu Wang | $297,500.00 | 372 Washington Street Unit A |
| Farrell Properties LLC | James Grant | $253,850.00 | 82 Palmer Street |
| Carol Stenmon, William K. & Ellen M. Battles & Joanne P. Maguire | Jennifer Fahey | $281,000.00 | 677 Quincy Shore Drive Unit 408 |
| Vuong H. Nguyen | Ruohui Cai | $246,500.00 | 86 East Howard Street Unit 103 |
| Fort Granite Realty Corp. | Howard H. Mak | $325,000.00 | 1 Brook Road Unit 204 |
| Terry A. & Stephen Girard | David E. & Lisa A. Sweeney | $282,000.00 | 10 Pequot Road |
| Fort Granite Realty Corp. | Timothy Leavitt | $375,000.00 | 1 Brook Road Unit 202 |
| Susan L. & Karin M. Burke-Lewis | Yuguang Wang | $530,000.00 | 115 Hamilton Avenue |
| Robert G. & Susan R. James | Vladimir & Yelena Skaletsky | $215,000.00 | 133 Commander Shea Blvd. Unit 311 |
| Greg P. & Lisa M. Saint Mary | Kendra Maxwell | $195,000.00 | 36 Richie Road Unit 36 |
| Anne F. Lawlor | Fintan Murtagh | $400,000.00 | 67 Sonoma Road |
| Doreen Barrera | 28 Milton Road LLC | $425,000.00 | 28 Milton Road |
| Tifferine Y. Chen-Mui & Ngaiwa Mui | Chi Fan Liu & Ka Wah Catherine Chung | $283,000.00 | 90 Quincy Shore Drive Unit 512 |
| Jorrit Dijkstra & Julie M. Mallozzi | Eric S. & Andrew S. Wang | $430,000.00 | 160 Harriet Avenue |
| Eileen F. & Michael K. Rayne | Michael K. Rayne & Kristen M. O'Neil | $488,000.00 | 266 Beach Street |
| Water Street Realty Trust | 299 Water Street LLC | $247,500.00 | 299 Water Street |
| Theodore F. & John C. Armour | Min Wu | $271,300.00 | 21 Linden Street Unit 210 |
| Chapman Corner LLC & Peabody Square Lofts LLC | Chapman Clay LLC | $1,600.000.00 | 34 Clay & Chapman Street |
| Jinyan Zhu & Xuejie Zou | Wei Associated Rei Management LLC | $700,000.00 | 26 Hillside Avenue |
| Royletta M. Romain | Timothy Clifford | $205,000.00 | 26 Millstone Lane Unit 3L |
| Keith P. Lewis | Ilana M. Quirk | $609,000.00 | 201 Victory Road Unit 14-6 |

## O'Donnell Warns Homeowners About Deed Scam

Continuing his efforts to combat consumer fraud, Norfolk County Register of Deeds William P. O'Donnell expressed his ongoing frustration regarding Norfolk County residents who continue to receive direct-mail solicitations offering them a certified copy of their property deed for an exorbitant fee ranging anywhere from $59.50 to $83.

"These companies are making an outrageous profit at the consumer's expense," O'Donnell said. "If a consumer knew that the Registry of Deeds would provide them the same certified copy of a property deed for a charge of only $1 per page, plus an additional $1 for postage, they would never agree to pay these companies such an outrageous fee for service.

"The average price for a mailed homeowner's deed by the Registry (usually two pages) is $3."

The Registry has heard numerous stories from Norfolk County residents about examples of receiving deed solicitation notices from a California private company. The solicitations were labeled Recorded Deed Notice and requested that the homeowner forward a check to them in the amount of $83 for a copy of their deed. A Dedham resident, who received the solicitation, notified the Registry about the advertisement instead of spending $83.

"While the practice may be legal, it's certainly not ethical," O'Donnell said. "Clearly these direct-mail companies are preying upon the innocent assumptions of Norfolk County residents, many of whom are first-time homeowners or elderly. Consumers are interpreting these notices as a bill, since they are affixed with a due date. I urge Norfolk County citizens not to fall prey to these types of misleading deed scam advertisements."

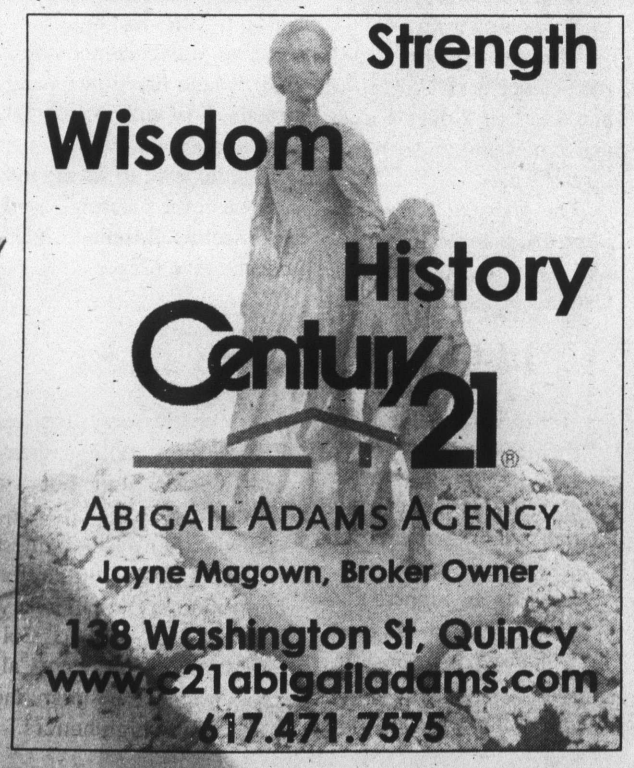
Anyone receiving such a deed solicitation notice is asked to contact the Registry's Customer Service Department immediately at (781) 461-6101 or by email at registerodonnell@norfolkdeeds.org.

Additionally, those who want a copy of their own deed should also contact the Registry's Customer Service Department. The department will provide one for a nominal fee of usually $2 to $3.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Department via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.







## Ask Barbara Graceffa: 'Secretary Of The Interior'

**At a recent afternoon outing, I noticed many women wearing black and white. Do home décor trends follow fashion trends? I'd like to try a black and white scheme in my home office. Any ideas? Sharon**

Great question, and the answer is yes.

Similarly, when I have a client who wants a color change in his/her home and doesn't know where to start, we head to the closet for inspiration. A favorite color typically is easy to find.

For your office (or any room, in fact), you can mix in some popular greys and a punch of color, too. I'd suggest white or pale grey on the walls and window treatments (especially if it is a small room) and use black for your desk. Then add that pop of color in an area rug and accessories. Since black, white, and grey are neutrals, you can choose your favorite color–anything from a soft pink to a deep purple. Add some silver lamps and frames and you'll have a beautiful work space.

**The only window in my 5 x 8-foot bathroom is over the tub and shower. I'd like to frost the window. Is that advisable? Ci-Ci**

You can, but if you frost the entire window it can make the room dark (especially if you do not have sufficient overhead lighting). I would suggest you frost the bottom two-thirds of the window and use a wave-shaped border to separate the frosted and clear-glass sections. I've seen this done and it's most attractive, unexpected, and allows in much-needed natural light into your small room.

If you do it yourself with a spray frost, note that it does chip off a little over time from the spray of the shower. It's inexpensive to replace but you'll use some elbow grease to scrape off all the original frost before you let it dry and start again.

*Do you have a decorating problem needing a professional solution?*

Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates. For more information on her services, visit www.sec-interior.com.

# 800 Trees Planned In Germantown

*Cont'd From Page 17*

Samuels is proposing to create a plaza in the center of the traffic circle around a restored Shed's Light monument, plant various trees, shrubs and flowers, create a paved pathway and install planters, benches and bollard lights.

"We want to make the traffic circle an attractive gateway for Germantown and make it a place for people to gather," she said.

Samuels explained that the trees will provide shade for benches that will have backs and will be semi-circular and straight. The planters will be large enough for people to sit on and feature various types of flowers. Several large rocks that are on the traffic circle will be utilized in the new design and provide a place for children to sit.

"This will be more than a pass through," she said. "It will be a place to sit and spend some time."

Samuels noted the 60-year-old Shed's Light memorial has fallen into disrepair and will be restored. The 20-foot granite monument once resembled a lighthouse with a glass lantern on top and honored Germantown's first settler, Daniel Shed, who arrived from England in 1642. The lantern was removed many years ago and only a granite pillar remains.

Matt Cahill of the state Department of Conservation and Recreation (DCR) said Germantown has relatively few trees in its neighborhoods.

"There is a really low existing tree canopy in Germantown," he said. "We will plant about 800 trees to increase the canopy. We want large canopy trees (for shade) plus flowering trees to beautify."

Cahill said proper trees to fit each neighborhood would be selected for planting.

"The right tree for the right place," he said.

Cahill also proposed an adopt-a-tree program where residents could maintain trees in front of their homes or nearby.

Samantha Morrow of Brown, Richardson & Rowe landscape architects of Boston said her firm would be working with the DCR and the city in planting the trees in Germantown.

She explained that trees would have many benefits for Germantown residents such as preventing erosion, cleaning the air and even reducing crime and slowing down motorists.

"There have been studies that show trees reduce crime rates and motorists slow down on tree-lined streets," Morrow said.

She explained that both deciduous and evergreen trees would be planted and the species chosen would be tolerant of New England weather. Additionally, the tree planting sites would be carefully chosen so as not to impede the views of Snug Harbor. Samuels also said that various shrubs and flowers would be planted to provide "a sequence of color" through the growing season.

Morrow said the street-lined trees would be small while flowering trees are being considered for side yards. At O'Brien Towers, she said shade trees would be planted for the back where residents sit at tables and the parking lot would be lined with flowering trees.

The tree planting project is part of the Mass. Executive Office of Energy and Environmental Affairs' Greening the Gateway Cities Program that targets the state's 26 gateway cities including Quincy. The program was piloted in Chelsea and since its inception, some 1,500 trees have been planted, according to the agency's Bob O'Connor.

He explained the project helps reduce energy by providing shade in the summer that cuts cooling costs and blocks winter winds which saves heat. The agency is funding the project.

"If you plant trees, you can save energy and invest in the neighborhood," he said.

According to the energy and environmental affairs office, a 10 percent increase in tree canopy in an urban neighborhood can save the average homeowner about $230 in annual heating and cooling costs once the trees reach maturity.

Former Ward 1 councillor and Quincy Housing Authority board member Leo Kelly recalled, as a boy growing up in Houghs Neck, that Germantown was a farm.

"I would work on the farm and cut rhubarb and pick tomatoes," he said.

Kelly said the government built homes for veterans on the farm in 1948 and in later years it became city public housing. Up to now, he said Germantown had few trees, flowers and shrubs and is looking forward to the beautification project.

The total cost of the project has not been tallied but it is estimated it could be more than $2 million.

Quincy Housing Authority Director of Facilities James Marathas expressed appreciation to the cooperative effort between the city and state agencies for making the project come to fruition.

"This is a very cooperative effort and there are many people we owe a great deal of thanks to for making this possible," he said.



**PARTICIPATING in the last Friday's ceremonial ground-breaking signalling the start of the second building at Cliveden Place, 1545 Hancock St., Quincy Center, included (from left) state Sen. John Keenan, Scott Galvin of Galvcon Development, the project developer; Mayor Thomas Koch, Sean Galvin, Galvcon Development, City Councillor Noel DiBona and state Rep. Tackey Chan.** *Quincy Sun Photo/Robert Bosworth*

# Phase II Of Cliveden Place Project Breaks Ground

Galvcon Development, LLC, a division of The Galvin Companies, a Quincy-based real estate services company, held a ceremonial ground-breaking for the second building at Cliveden Place on-site last Friday at 1545 Hancock St., Quincy Center.

Among those attending the ceremony were Mayor Thomas Koch, state Sen. John Keenan, state Rep. Tackey Chan, city councillor Noel DiBona as well as other local officials and business leaders.

Located at the corners of Hancock Street, Cliveden Street and Ross Way, the new two-building development is only the second to be permitted under Quincy's Urban Redevelopment Plan. The project has been designed to meet the spirit of the new Quincy Center Design Guidelines by providing a commercial and residential component with onsite parking.

Sean Galvin, one of the development's partners, said, "The fact that we are proceeding immediately with the second building shows our faith in Quincy's renaissance, but it should also show that we believe the window of opportunity in the economy does have an end point. We urge the city to act swiftly to permit other projects and encourage other developers to get their projects built."

The second building constructed at Cliveden Place is the East Building, which fronts on Hancock Street. The first level of the six-story building will house "The Shoppes at Cliveden," several store fronts containing approximately 8,000 square feet of commercial space and fronted by a 120-foot covered Colonnade. The grand entrance to the 28 luxury condominiums above will be through a beautifully appointed lobby with controlled elevator building access. At the rear of the building there will be an on-grade 22-space car park and garage access.

The West Building, which is under construction, fronts on Ross Way. It will provide additional project parking in a two-story ga-

*Cont'd On Page 27*


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# A Job Well Done

**By QUINCY POLICE LT. DAN MINTON**

On Tuesday, Aug. 9, at approximately 5 p.m., Quincy Police Drug Unit Detectives Cassidy, Coen, Duran, Glennon, Keenan, O'Brien, O'Rourke, Powers and Sergeant Tapper were working in plain clothes and operating unmarked police vehicles.

They were conducting surveillance in the Quincy Point section of the city due to two active drug investigations along supported by an anonymous complaint received on the drug hotline that a female and her boyfriend were selling heroin. The tip also stated that the boyfriend was driving a Dodge Caravan owned by the female, who had three arrests for drug violations.

At this time, Detective Powers observed the Caravan with a male operating and a female passenger pull into the parking lot of a convenience store located at 230 Washington St. The detective queried the registration and confirmed that it was the Caravan in question. The operator exited the Caravan and entered the store.

Detective Powers notified other members of the DCU that he wanted to place the vehicle under surveillance. The male returned to the Caravan and drove to Quincy Street, where he immediately pulled over to the side of the road. Detective Cassidy observed a female wearing a black shirt and black shorts walking a dog approach the passenger side of the Caravan. She then approached the passenger's side window and engaged in a conversation and reached into the Caravan.

After approximately one minute, the walking female walked away and headed to the rear of a residence on Water Street. The Caravan drove off. At this point it was the belief of the detectives that a drug transaction just occurred. Detective Duran approached the walking female just as she about to go up the steps in the building and identified himself with his police badge conspicuously displayed and told her to stop where she was. The walking female looked back quickly at Detective Duran and then fled up the rest of the stairs to her apartment door and slammed it shut, leaving her dog on the stairs.



LT. DAN MINTON

Detective Duran advised the other detectives of what occurred and told them to stop the Caravan. The detective knocked on the door for about one minute and the walking female then opened the door. Detective Coen was now on scene with Detective Duran and issued the walking female her Miranda Rights to which she stated she understood.

When asked where the drugs were, she turned over a glassine baggie of brown powder that she identified as heroin to Detective Coen, adding that she bought it from the man in the van. The walking female's 10 year-old daughter was present when Detectives Duran and Coen were interacting with her so a 51A was filed with DCF.

Meanwhile, the Caravan was stopped by detectives with the assistance of Officer Paul Foley (Kilo-5) at the intersection of School Street and Franklin Street. Detective Powers issued the driver his Miranda Rights to which he stated he understood. After getting the driver's identification, he was asked where he was coming from and he stated West Quincy, adding, "I just dropped my sister off at Drug Court in Quincy." He appeared very nervous rocking back and forth on his feet and obvious dry mouth with foam on the corners of his mouth. He said that the female passenger was his sister's friend. He saw her walking so he picked her up and they just drove around.

Detective Powers told the driver to be truthful because other detectives were with the walking female. He immediately became evasive and said, "She wasn't at my window" and then changed by saying, "She was looking for his cigarettes."

Detective O'Rourke questioned the female passenger and noted that she had cash in her hand as she was stepping from the vehicle. Detective O'Rourke took the money from her hand ($70 US dollars, three $20's one $10). She initially said to detectives that she bought pills from the walking female. He also noticed that the female had numerous pills in her wallet without any prescriptions. These pills were seized (23 Amphetamines tablets, 4 Clonazepam tablets, 9 Lorazepam tablets, 3 Methadone tablets, and 2 Gabapentin tablets).

At this point Detective Duran contacted Detective Powers via cell phone and said that he recovered a plastic bag of heroin from the walking female and that she stated she bought it from the driver of the Caravan for $70 (same denominations). The driver was placed under arrest for distribution of heroin and transported to the station for booking.

Detectives O'Brien and O'Rourke then placed the female passenger under arrest for distribution of Heroin. She then admitted to detectives that they sold the bag of heroin for $70 US Dollars to the walking female.

The female passenger was told if she had any more drugs on her person that she should turn them over now. She pulled a prescription pill bottle in her bra out which had three more plastic bags of heroin. The Caravan was towed away. The male driver, a 28 year-old Quincy resident, was charged with:

Distribution Class A (heroin), possession with intent to Distribute Class A (heroin),

conspiracy to violate the drug laws, possession Class B 2 counts (Methadone and Amphetamine), possession Class C 2 counts (Clonazepam and Lorazepam) and possession Class E (Gabapentin).

The female passenger, a 39 year-old Quincy resident, was charged with the same offenses.

Nice Work!

# QUINCY POLICE CRIME PREVENTION JOURNAL

**Quincy Police Statistics**
**Aug. 5 – 12**
**ARRESTS: 30**
**TOTAL CALLS: 1,162**
**STOLEN MOTOR VEHICLES: 1**

**FRIDAY, AUG. 5**

**LARCENY, 11:49 a.m., Hannaford, 475 Hancock St.** Employee under arrest for larceny over $250.

**LARCENY, 5:47 p.m., Appleton St.** Transferred from MSP. Cellphone stolen. Just happened. Believes it is the female resident from the first floor. Cellphone returned.

**SATURDAY, AUG. 6**

**MOTOR VEHICLE LARCENY, 10:32 a.m., Old Colony Ave.** Caller just bought vehicle. It was parked in driveway with no plates on it. Old plates were in vehicle. Boston has past queried vehicle but they don't have it in tow lot. Caller will be in to fill out stolen plate form for plates that were in vehicle from prior vehicle.

**LARCENY, 11:42 a.m., CVS, 321 Quincy Shore Dr.** Razors. Happened Sept. 1. Has video of suspect.

**SUNDAY, AUG. 7**

**VANDALISM/PROPERTY, 8:30 a.m., Branch St.** Driver's side window was smashed sometime last night. No suspect info right now, but owner checking cameras right now.

**LARCENY, 8:35 a.m., Fr. Bill's Place, 38 Broad St.** States someone stole prescription from his locker at Fr. Bill's last night.

**VANDALISM/PROPERTY, 1:06 p.m., Granite St.** Grandmother's vehicle was damaged. No suspect info. Rear view side mirror broken on July 21, 2016, and rear window smashed on Aug. 7.

**MONDAY, AUG. 8**

**LARCENY, 3:11 p.m., Citizens Bank, 495 Southern Arty.** Check. Complaint filed for larceny over, uttering and forgery.

**BREAKING AND ENTERING, 4:59 p.m., Farrington St.** Just came home to find house was broken into.

**TUESDAY, AUG. 9**

**LARCENY, 9:21 a.m., McDonald's, 473 Southern Arty.** Wallet taken from her work truck while parked. Contained gun license, debit card, credit card, SS card.

**LARCENY, 1:31, Carrolls Ln.** Wife's engagement ring was stolen out of vehicle when parked in front of house.

**LARCENY, 4:02 p.m., Turner St.** Caller claims landlord's lock box for rent payment was broken into and rent is gone.

**ATTEMPTED LARCENY, 4:17 p.m., Bank of America, 1400 Hancock St.** Trying to pass a bad check. Black female with brown hair, sitting in the lobby, male with her also. One under arrest for uttering and the other person for a warrant.

**LARCENY, 5:43 p.m., Campbell St.** Money. Caller called back – she was given her money back. Did not want to file a report.

**WEDNESDAY, AUG. 10**

**LARCENY, 10:57 a.m., Janet Rd.** Would like to speak to officer about home health aids possibly stealing from family members.

**LARCENY, 2:30 p.m., Read Ave.** Boat motor.

**VANDALISM/PROPERTY, 3:30 p.m., Salon 1604, 1604 Hancock St.** Caller reports her client's car window was smashed in the last hour in parking lot behind hair salon. Victim's vehicle was a red Honda. No damage to any other vehicles. Appears it was deliberate. No suspects. Case number provided for insurance purposes.

**ASSAULT AND BATTERY, 10:05 p.m., Squantum Point Park, 335 Victory Rd.** White male, green shirt, shorts, has been walking around the property. When security asked him what he was doing, he stated he was assaulted by someone. Was located and has cut on head. Brewster notified. Person refused any medical treatment. One under arrest for protective custody. No arrest. Subject had high blood sugar and was released to EMS for treatment at Quincy Medical Center. Officer to file report on assault and battery.

**THURSDAY, AUG. 11**

**VANDALISM/PROPERTY, 8:15 a.m., Spring St.** Car keyed passenger side, both doors and right fender.

**VANDALISM/PROPERTY, 9:02 a.m., Moreland Rd.** Caller states that while work was being done to take trees down, the back window of her vehicle was smashed.

**LARCENY, 11:50 a.m., Centre St.** Car on blocks. Tires stolen.

**LARCENY, 6:50 p.m., Martensen St.** Wishes to report money being illegally deducted from her bank account.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

**STOLEN MOTOR VEHICLES:** Old Colony Ave.

❑

**CAR BREAKS:** Old Colony Ave., Doble St., Edwards St.

❑

**BREAKS AND ATTEMPTED BREAKS:** Farrington St.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

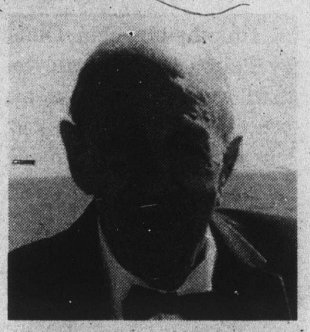
Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

We need you.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association

# OBITUARY

## Joseph P. Shaheen



JOSEPH P. SHAHEEN

Joseph "Babe" Shaheen of Quincy peacefully passed away with family by his side at Carney Hospital on Thursday, July 28, at the age of 85.

Born in Quincy Point, to the late Michael and Alice (George) Shaheen, where he was raised and educated, before serving his country in the Korean War for the United States Air Force. A long time resident of both Hull and Quincy and an employee of Eastern Airlines, Joe was blessed to spend most of his life by the ocean. He traveled often to Miami Florida with his family and lived there throughout points in his life.

He was an avid athlete and enjoyed playing sports. Joe favored golf and playing cards, spending a lot of time at the South Shore Country Club. The true love of all the games to him was gambling. Joe was quite a character, with nicknames that were given to him such as Babe, Slippery and Black Cloud, to name a few, he offered camaraderie to all who knew him. In his retirement years he was thrilled to land back in the city he loved most, Quincy.

Babe also really enjoyed working for many painting contractors in Hull throughout his later years and he didn't know if they hired him to paint behind the bushes, get the coffee/lunch or just to make them laugh which he had done for so many. In most recent years he decided he really enjoyed going to the casino and playing cards with all his family and friends, especially those at Town Brook House in Quincy. He will be greatly missed by all who knew him.

He was the loving brother of Donna Bertrand, Nora Chase, Michael and Robert "Mouse" Shaheen all of Quincy and the late Louise Nessralla, George, William "Satch," John and Philip Shaheen. Father to Joseph and wife Lynne Gilbody, Neal and wife Robin Gilbody of Raynham, Jeffrey and wife Merideth Shaheen of Hull and the late Joseph Shaheen Jr. He is also survived by many grandchildren, great grandchildren, cousins, nieces, nephews, extended family and friends.

Relatives and friends are respectfully invited to attend graveside services, with military honors to be held Friday, Aug. 19 at 10 a.m. at Mount Wollaston Cemetery in Quincy. Enter the cemetery via the Sea St. entrance across from Quincy police station.

## Quincy Point Congregational

Quincy Point Congregational Church is located at 444 Washington St., at the corner of Southern Artery

Worship and church school are held at 10 a.m. on Sunday mornings. The air conditioned sanctuary is accessible via the Abbey Road side of the building.

This Sunday, Aug. 21st, Peter Johnston will preach a sermon entitled, "The Fussing of the Pharisees." Chris Mendez will be deacon of the day. Following worship, all are invited to join us for fellowship in the downstairs social hall.

Save the Date: Sunday, Sept. 11th is Rally Day at the church, the start of the regular Sunday School season. During the summer months there is a One Room Sunday School available.

## Bethany Congregational

This Sunday, Bethany Congregational Church will have a Worship Service at 10 a.m.

The Rev. Peter M. Preble will conduct the service and preach the sermon, "Healing Hands." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon and 1 p.m. to 3 p.m. Visit www.bethanycongchurch.org for updates and activities.

If you're unable to attend worship service, it is broadcast on QATV at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

## Temple B'Nai Shalom Open House Sunday

Temple B'nai Shalom of Braintree, 41 Storrs Ave., will hold an Open House Sunday, Aug. 21 from 10 a.m. to noon.

Enjoy coffee and bagels, meet congregants and learn about religious school and weekly services. For more details call 617-921-0368.

# RELIGION

## Houghs Neck Congregational

The Sunday morning worship service starts at 10 a.m. at the Houghs Neck Congregational Church, 310 Manet Ave.

Liturgist Christine Keating will call to worship and read the scripture lesson. Deacon Ralph Jacobs will lead the service and preach the sermon "Where Do We Put Our Trust?"

Molly and Christian Jacobs will serve for the Diaconate. Michelle Paul, flautist will play the prelude and offertory. Steve Reed, organist will play the hymns and postlude.

All are welcome to worship in the air-conditioned sanctuary.

A fellowship coffee hour following the service is hosted by Nancy and Molly Jacobs.

The Board of Trustees will meet Tuesday at 7 p.m. in the Gordon Room.

## Rally Day Sept. 11 At Fort Square Church

The public is invited to attend Rally Day at Fort Square Presbyterian Church, 16 Pleasant St., Quincy, on Sept. 11 at 11:30 a.m.

Rally Day will introduce members of the community to the Sunday School programs – for children and adults – that Fort Square Presbyterian Church offers.

There will also be a scavenger hunt with prizes for children and an informational session for parents and adults followed by lunch for all.

Those planning to attend are asked to call the church at 617-471-6806 and provide a name and the number of folks you will be bringing.

## Our Shepherd's Shop Relocating To 133 Beach St.

Our Shepherd's Shop, a Christian Shop located at 25 Beale St. (the former Creeds Crossing) is moving to a new location.

As of Sept. 7th, Our Shepherd's Shop will be located at 133 Beach St., just a few blocks down the street from the former location.

For further information call 617-479-PRAY (7729).

# Quincy Religion Directory

## SERVICES & ACTIVITIES

### Catholic

**St. Mary's Church**
*95 Crescent St., Quincy • 617-773-0120*
*Masses*
*Saturday, 4pm, Sunday 8 & 10:30am*
*Tuesday/Thursday 9am*
*Handicapped Accessible*
*New Members Welcome!*

**ST. AGATHA CHURCH MILTON-QUINCY**
432 Adams Street
Milton, MA 02186 • 617-698-2439
*Schedule of Masses:*
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

***St. John The Baptist***
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
**Weekend Mass Schedule**
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM
**Weekday Masses**
Monday - Saturday 8:00 AM
**Latin Mass**
1st & 3rd Wednesdays
(Lower Chapel) 7:00 AM
**Confessions**
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
*Handicapped Accessible*

### Catholic

**Sacred Heart Church**
*"A Roman Catholic Community walking together in Faith, Worship, Education and Service"*
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
**Sunday Masses**
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
**Weekday Masses**
Monday - Friday 7 am
Monday & Saturday 9 am
*Handicapped Accessible*
**Confessions**
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**
*550 Washington Street*
*Quincy, MA 02169*
617-472-6321
**SUNDAY MASSES:**
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
*Weekday Masses 9am*
**CONFESSIONS:** Saturday, 3:00-3:30 pm
*Handicapped accessible & Handicapped parking, side entrance air conditioned*

*Saint Ann's Church*
757 Hancock St., Wollaston
617-479-5400
**Mass Schedule:**
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
*Handicapped Accessible via Elevator*

### Congregational

**HOUGH'S NECK CONGREGATIONAL CHURCH**
310 Manet Avenue
617-479-8778
*www.hncong.org*
**Sunday Worship Service at 10 a.m.**
**Deacon Ralph Jacobs will lead the service and preach the sermon "Where Do We Put Our Trust?"**
***All are welcome to attend***
*FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE*

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
**Sunday Communion Worship Service at 10AM**
**Rev. Peter M. Preble will conduct the service and preach the sermon "Healing Hands"**
Child Care Available For Infants And Toddlers
*ALL ARE WELCOME!*
*Fellowship Time following Service*
*The church is wheelchair accessible*

**PEACE**

### Congregational

**Wollaston**
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
**Summer Sunday Worship, 10 AM**
**'When in our Music God is Glorified'**
***...music & meditation***
ALL ARE WELCOME!
617-773-7432
www.wollastonucc.com

**UNION CONGREGATIONAL**
*Beach St. & Rawson Rd., Wollaston*
*(617) 479-6661*
*Rev. John Swanson, Pastor*
*Sunday Worship Service 10 AM*

***QUINCY POINT CONGREGATIONAL***
*444 Washington St . • 617-773-6424*
**Worship and Church School 10 am**
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
*email: office@quincypointcong.org*

### Unitarian Universalist

UNITED FIRST PARISH CHURCH
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CHALICE CIRCLE DISCUSSION GROUP: SUNDAYS AT 10:30 AM
*FOLLOWED BY FELLOWSHIP & REFRESHMENTS*
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

### Christian Science

**First Church of Christ, Scientist**
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.
***ALL ARE WELCOME!***

### Nazarene

**Wollaston**
Church of the Nazarene
*Come Join Us For Sunday Worship!*
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
*Stephen "Stretch" Dean, Lead Pastor*
*Andrea Sawtelle, Youth Pastor*
*Bev Keuther, Children's Pastor*
*Don Reed, Visitation Pastor*
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

### Methodist

**QUINCY COMMUNITY UNITED METHODIST CHURCH**
*40 Beale St., Wollaston*
*617-773-3319*
*10:30 AM Sunday Worship*
*Rev. Dr. Susan Jarek-Glidden, Pastor*

### Salvationist

**THE SALVATION ARMY**
*6 Baxter St., Quincy • 617-472-2345*
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

***To Advertise in this Directory, Call 617-471-3100***

# OBITUARIES

## Marie R. Comeau

Marie R. (Guarino) Comeau of Weymouth, died peacefully, Friday, Aug. 12 at home, surrounded by her loving family.

Marie was born in Roxbury to the late Joseph and Louise (Cuicarello) Guarino. She was raised and educated in Roxbury parochial schools and had lived in Weymouth for fifty years, previously in Quincy. She was also a summer resident of Rocky Nook in Kingston for many years.

Marie and her late husband, Francis, were the owners of Comeau's Sandwich Shop on Winter Street, across from the former Fore River Shipyard in Quincy, for forty years which was later known as Mr. C's.

As a young woman, Marie worked as a hairdresser and was a well-known professional singer.

In later years, Marie stayed active and enjoyed her exercise classes and friends at 1000 Southern Artery in Quincy and the Duxbury Senior Center.

She was devoted to her family and especially to her grandchildren and great-granddaughter.

Beloved wife for 49 years of the late Francis Walter Comeau.

Devoted mother of Francine A. Tobin of Quincy, AnnLouise Gorman of Weymouth and the late Donna-Marie Comeau. Mother-in-law of A. Stephen Tobin and Thomas F. Gorman III.

Loving grandmother, known to her grandchildren as "Boo-boo," of Sean Tobin, Stephanie Tobin and her fiancé Ryan Hendrickson, Andrew Tobin, Sarah Gorman and Thomas Gorman IV and cherished great-grandmother of Natalie.

Marie was predeceased by her sisters: Dorothy Guarino, Priscilla Leonard, and Eleanor Guarino.

A Funeral Mass was celebrated in Saint Joseph's Church, 550 Washington St., Quincy on Tuesday, Aug. 16th. Interment follwed in Saint Michael Cemetery, 500 Canterbury St., Roslindale. Relatives and friends are invited to attend. At the request of the family, visiting hours have been omitted.

In lieu of flowers, donations in Marie's memory may be made to Saint Joseph's Church, c/o 556 Washington St., Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers, Home for Funerals, 1 Independence Ave., Quincy.

More News Online at
www.thequincysun.com

## Gertrude R. Frechette



GERTRUDE FRECHETTE

Gertrude R. (Lussier) Frechette, of Clearwater, FL, died Aug. 5.

Gert was born in Woonsocket, RI, later moving to Quincy in 1942. A Quincy Schools secretary for 10 years, Gert later retired to Clearwater in 1997. Gert was a member of the Wollaston Garden Club for many years and her family was the cornerstone of her life.

Beloved wife of the late Joseph L. Frechette. Daughter of the late Donat and Delia Lussier. Cherished mother of Daniel Frechette and his wife Elaine of Saranac Lake, NY, Roger Frechette and his wife Cathy of Wollaston, Ann Marie Maleszyk and her husband Robert of Wilmington, Larry Frechette and his wife Margaret of Dunbarton, N.H. and Denise King and her husband William of Foxboro. A treasured nana to 15 and great nana to 28. Also survived by many nieces and nephews.

A Celebration of Life Service was held Wednesday at 9:15 at the Keohane Funeral Home, 785 Hancock St., Quincy prior to the Funeral Mass in St. Ann's Church, Quincy at 10 a.m. Burial in Pine Hill Cemetery, Quincy.

In lieu of flowers, donations may be made in Gert's memory to: The Missionary Society of St. James the Apostle, 24 Clark St., Boston, MA 02109.

## John W. 'Jack' Galvin

John W. "Jack" Galvin, 73, of Wollaston, died after a lengthy illness Aug. 12 at the Colonial Nursing Home in Weymouth.

Born in Boston, Jack was raised and educated in Quincy. He was the son of the late Thomas and Margaruite (Johnson) Galvin.

He had been a lifelong resident of Quincy and served in the U.S. Army during the Vietnam War. He worked for many years in the sheet metal fabrication industry where he was known as a master craftsman.

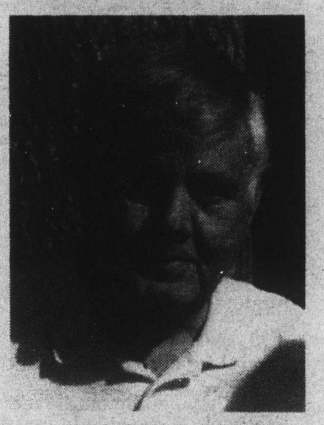
He also worked at Dee Dee's Lounge and Goodwill Industries in Quincy.

Jack is survived by two brothers Thomas M. Galvin of Quincy and Harold A. Galvin of Quincy and Florida; and three nephews Tom, Scott and Sean Galvin, all of Quincy. He was predeceased by his brother Kevin A. Galvin and sisters Judith C. Galvin, Marcia J. Farrell and Cheryl E. Stokinger.

Graveside services including military honor guard were held at his interment at Mount Wollaston Cemetery.

Arrangements were made by the Keohane Funeral Home.

## Timothy G. Tobin, 77



TIMOTHY G. TOBIN

Timothy G. Tobin, Quincy Police Department, Retired, age 77, passed away, peacefully, Aug. 13 at home, surrounded by his loving family, after a courageous battle with ALS which never took away his spirit.

He was born in Quincy on Oct. 6, 1938 to the late George L. and Bessie M. (Dunham) Tobin. A lifelong Quincy resident, he was also a summer resident of Falmouth for many years. Tim attended Quincy Trade School. He later received a degree in Criminal Justice from Northeastern University and also earned a Master's degree in Criminal Justice from Anna Maria College.

Tim was a well-known and respected Quincy Police officer for 33 years. He was appointed to the Quincy Police Department on Oct. 13, 1966 and retired on Feb. 2, 2000. During his career he worked in various assignments throughout the City. He was a caring, loyal professional with a keen wit and sense of humor, who always enjoyed helping people.

He was proud to have served in the U.S. Army from 1961 through 1963. He was a member of the Cyril P. Morrisette American Legion Post #294 in Quincy and the Quincy Sons of Italy.

He was a faithful and lifelong parishioner at Saint John the Baptist Church in Quincy and was a Life Member of the Knights of Columbus, North Quincy Council #2259.

After retirement, Tim enjoyed working part-time for the Yellow Cab Company in Quincy as a shuttle bus driver and also as an associate at the Sweeney Brothers Home for Funerals in Quincy for 15 years.

Tim's passion was his family and he was especially devoted to his grandchildren, actively supporting all their sporting events and activities.

Beloved husband for 52 years of Nina A. (Sacco) Tobin.

Devoted father of Teresa E. "Terry" Byrne and her husband Joseph of Hanover, Kevin G. Tobin, Detective Lieutenant, Quincy Police Department and his wife Kris of Quincy, and the late Timothy F. Tobin.

Loving grandfather of Alyson A. Byrne, Joseph T. Byrne, and James K. Byrne, Jenna R. Tobin and Kaylee E. Tobin.

Dear brother of Arthur H. Tobin, Clerk-Magistrate, Quincy District Court, of Quincy, Robert A. Tobin, Probation Officer, Retired, Hingham District Court of Weymouth, George L. Tobin, Jr., U.S.M.C., Retired of Orange, CA, Edward J. Tobin, NASA Senior Construction Manager, Kennedy Space Center of Merritt Island, FL, and predeceased by Thomas F. Tobin, Virginia E. Sandonato, Carol P. MacKay-Labadie, and Ruth M. Tobin.

Tim is also survived by many nieces and nephews, grand nieces, grand nephews, friends and colleagues.

Funeral from the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, Thursday, Aug. 18th at 9 a.m. Funeral Mass in Saint John the Baptist Church, 44 School St., Quincy at 10 a.m. Relatives and friends are invited to attend.

Visiting Hours at the funeral home on Wednesday from 3 – 8 p.m. Interment with military honors in Mount Wollaston Cemetery, Quincy.

For those who wish, donations in Tim's memory may be made to ALS One, 8 Industrial Way, Whitman, MA 02382 or via www.alsone.org.



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*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).
A Service Family Affiliate of AFFS and Service Corporation International. 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

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OF MASSACHUSETTS

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(800) 696-5887
26 Adams Street, Quincy, Ma 02169
www.HamelFuneralCare.com

# OBITUARIES

## John Guy Fantucchio, 78



JOHN GUY FANTUCCHIO

John Guy Fantucchio of Arlington, VA, passed away from a stroke on Aug. 4 at age 78.

Born in Quincy, MA, to Rose and Guy Fantucchio, he is survived by his wife of 49 years, Mary, of Arlington; a sister, Marianne Fantucchio of Quincy; and several cousins, nieces, and nephews. A sister, Joanne Fantucchio, preceded him in death.

John worked his way through the Art Institute of Boston and later earned an MFA from Syracuse University. He worked as an artist his entire life – first, 25 years as an illustrator and art director for the Central Intelligence Agency, then founding his own commercial art business, MTTS Studio, in Arlington. He also operated his own art school for 23 years – The Fantucchio School of Art. He has exhibited throughout the country and in England, and has won numerous awards for his artwork.

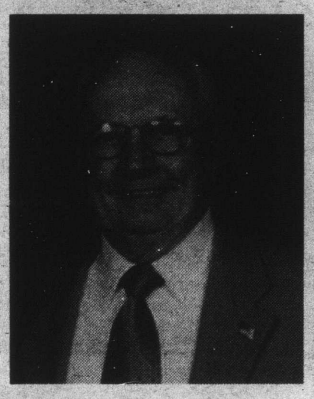
Visitation will be held on Friday, Aug. 12, 6 – 8 p.m. at the Murphy Funeral Home, 4510 Wilson Blvd., Arlington.

A Funeral Mass will be held on Saturday, Aug. 13, at 10 a.m. at St. Ann Roman Catholic Church, 5300 N. 10th Street, Arlington.

A memorial service will be held at a later date for family and friends in Quincy, MA. at St. John the Baptist Catholic Church. The date will be announced in The Quincy Sun.

Donations in his name may be made to Disabled American Veterans, PO Box 14301, Cincinnati, OH 45250; or Lesley University College of Art and Design (formerly Art Institute of Boston,) 1801 Massachusetts Avenue, Cambridge, MA 02140-1504 (make check payable to LUCAD.)

## Robert R. Kustka, 85



ROBERT R. KUSTKA

Robert R. Kustka of Wollaston, age 85, died Aug. 14.

Bob loved to tell a joke and his delivery was perfect. He became endeared to all who knew him and collected many friends over the years. He was passionate about dancing, music, singing and his Boston sports teams.

Bob was always one to support worthwhile charities including veterans groups, the Salvation Army, and his beloved St. Ann's Church. He was extremely proud of his family, service in the National Guard, and his career at Gillette.

Bob was a member of the Knights of Columbus in North Quincy, Quincy Choral Society, St. Ann's Choir, and the Viking Club of Braintree. He will be remembered as an easy going and social gentleman.

Beloved husband and best friend, of 64 years, to Eleanor M. (Finnegan) Kustka of Wollaston. Loving father of Robert R. Kustka and his wife Mary of Norwell, Paul G. Kustka and his wife Donna of Wollaston, Audrey M. Kustka of Plymouth, James F. "Jay" Kustka of Wollaston, Kevin J. Kustka of Wollaston, and the late Kenneth J. Kustka and his wife Elizabeth of N. Andover.

Brother of Mary J. Pilkington of CA, and the late William J., Dorothy M. Mullen, George L., Frances R. Dobrynski, Albert J., and Margaret Kustka. Also survived by 12 grandchildren, one great grandson, and many nieces and nephews.

Relatives and friends are respectfully invited to attend the visiting hours on Wednesday 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9:15 a.m. on Thursday (today) prior to the Funeral Mass in St. Ann's Church, Quincy at 10 a.m.

Burial in Pine Hill Cemetery, Quincy.

Donations in memory of Robert may be made to St. Ann's Church, 757 Hancock St., Quincy, MA 02170.

See www.Keohane.com or call 1-800-Keohane for directions and online condolences.

# Phase II Of Cliveden Place Breaks Ground

*Cont'd From Page 23*

rage located under the five-story residential structure. The residential units will be entranced from a two-story glass atrium opening onto Ross Way.

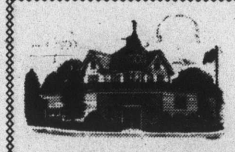
The 54-luxury condominiums (28 in each building) will be designed in a traditional style but will include specific contemporary elements to bring an urban feel to these Downtown Quincy condominiums including 9-foot ceiling heights, floor-to-ceiling windows and large open space floor plans. Among the standards featured are hardwood floors, stainless steel appliances, in-unit laundry, European cabinetry with quartz countertops and a master en suite with a soaking bath. An emphasis will be placed on forward-thinking design including recycled and recyclable materials and energy efficiency.

The condominiums will be available in two-bedroom, and three-bedroom floor plans ranging from 1,200 square-feet to 1,500 square-feet. Standing unit pricing will start at $500,000.

"Newly constructed homes are rare enough in Quincy," Galvin said. "We believe the chance to own a new home in the heart of the new Downtown will be very desirable."

Construction of the new buildings required razing the former Woolworths and Touraine Department Store buildings. The roughly half-acre site is located in the new Quincy Center Zoning District-15. Galvcon obtained permits under Quincy's Urban Revitalization and Development Plan. It is projected that the $27 million completed project, based on 2015 tax rates, will increase the property's real estate taxes by approximately $300,000 annually.

Moeser & Associates of Harvard, MA is the architect of record. Occupancy is expected in the second quarter of 2017.

*Over 60 Years*
*Of Personalized Service*

**SWEENEY BROTHERS**
*Home for Funerals, Inc.*
**RICHARD T. SWEENEY, JR.**
**FRANCIS M. SWEENEY · RICHARD T. SWEENEY III**
**1 INDEPENDENCE AVENUE**
**QUINCY, MASSACHUSETTS 02169**
**(617) 472-6344 · www.thesweeneybrothers.com**


**INVITATION TO BID** **INVITATION TO BID**

**INVITATION TO BID**

**CITY OF QUINCY, MASSACHUSETTS**
**PURCHASING DEPARTMENT**
**1305 HANCOCK STREET, QUINCY, MA 02169**

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

**PARK DEPARTMENT** **TREE PLANTING** **SEPTEMBER 8, 2016 @12:00 P.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Installation and planting operations shall be conducted by an on-site certified Arborist, who holds at least one (1) of the following licenses: Massachusetts Certified Arborist (MCA); and/or Massachusetts Certified Horticulturist (MCH); and/or an International Society of Arboriculture Certified Arborist (ISAC); with at least ten years experience in the field of municipal tree planting.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informalify in or to reject any or all bids when such an action is deemed in the best interests of the City.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

8/18/16

**INVITATION TO BID** **INVITATION TO BID**

**CITY OF QUINCY, MASSACHUSETTS**
**Department of Public Works**
**Thomas P. Koch**
**Mayor**
**Daniel G. Raymondi**
**Commissioner**

**INVITATION TO BID**

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **Trench Repairs-Fiscal 2017** until **11:30 a.m.** local time **Thursday, September 8, 2016**, in the office of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of: permanent patching on any defective utility trenches, and/or depressions of bituminous concrete pavements performed in a workmanlike manner substantially to the original condition of the pavement. Minor curb resetting and adjustment of utilities as required and all related work to complete the project.

This contract is for repairs of trenches on an as needed basis for a period of up to one year. Funding source will be water and sewer budgets.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

**Non-responsive and/or unbalanced bids may be rejected.**

Thomas P. Koch
Mayor

Daniel G. Raymondi
Commissioner of Public Works

8/18/16

# CLASSIFIEDS

## Want to pick up a copy of The Quincy Sun?

**Here are stores in Quincy that sell it on their newsstands:**

**Quincy Market**
Corner of Temple & Washington St.

**Goodie's Store**
1250 Hancock St., Presidents Place

**New Store on the Block**
1183 Hancock St., Quincy Ctr. T Station

**Hancock Tobacco**
1500 Hancock St.

**Mignosa's Fruit Basket**
138 Granite St.

**Rite-Aid**
132 Granite St.

**Coffee Break Café**
77 Parkingway

**Hancock Park Lobby Shop**
164 Parkingway

**Franklin St. BP**
60 Franklin St.

**7-11**
78 Franklin St.

**CVS**
178 Washington St.
Braintree

**Shop N Save Liquors**
20 Independence Ave.

**Donut + Donuts**
33 Scammell St.

**Presidential Liquors**
25 Scammell St.

**Tedeschi's**
85 Quincy Ave.

**Daily Mart**
291 Quincy Ave.

**Roche Brothers**
The Falls

**Walgreens**
418 Quincy Ave.

**Artery Grocery**
1000 Southern Artery

**Tedeschi's**
495 Washington St.

**Dairy Farm**
330 Washington St.

**Tedeschi's**
230 Washington St.

**Stop & Shop**
Southern Artery

**CVS**
Southern Artery

**Baxter's Pharmacy**
385 Washington St.

**Tedeschi's**
650 Adams St.

**7-11**
Adams St.

**Village Comm. Market**
100 Willard St.

**Copeland Liquors**
273 Copeland St.

**Granite Mart**
308 Willard St.

**7-11**
Copeland St.

**Joe's Place**
260 Centre St.

**Corner Food Market**
1060 Hancock St.

**200 Food Mart**
200 Sea St.

**Adams Shore Supermarket**
494 Sea St.

**Palmer Street Market**
231 Palmer St.

**Bernie's General Store**
1147 Sea St.

**West Elm Variety**
139 W. Elm Ave.

**7-11**
721 Hancock St.

**Beale St. Smoke Shop**
17 Beale St.

**CVS**
42 Beale St.

**Coffee Break Café**
12 Old Colony Ave.

**Supreme Liquors**
615 Hancock St.

**Hannaford Brothers**
475 Hancock St.

**Rite-Aid**
475 Hancock St.

**Mullaney's Variety**
205 W. Squantum St.

**Stop & Shop**
65 Newport Ave.

**7-11**
363 Hancock St.

**Walgreens**
324 Hancock St.

**Red Apple Food Shop**
48 Billings Rd.

**Sam's Variety**
125 Billings Rd.

**Dave's General Store**
66 Newbury Ave.

**Atlantic Market & Liquors**
247 Atlantic Ave.

**CVS**
321 Quincy Shore Dr.

**Carmine's Café**
69 Huckins Ave.

**Tedeschi's**
751 E. Squantum St.

**Lucky Shamrock**
265 Beale St.

**Andre's Store**
20 Brook St.

## LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**
**Docket No: NO16P2018EA**
**Commonwealth of Massachusetts**
**The Trial Court**
**Probate and Family Court**
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
**Estate of:**
Elliott E. Foreman
**Date of Death:**
June 26, 2016

To all persons interested in the above captioned estate, by Petition of

Petitioner **Lorna A. Foreman** of **Raynham, MA** a Will has been admitted to informal probate. **Lorna A. Foreman** of **Raynham, MA** has been informally appointed as the Personal Representative of the estate to serve **Without Surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
8/18/16

## WANTED

### After School Staff Tutors/Teachers

**IMMEDIATE OPENINGS IN NORTH QUINCY**

***If you're a good kid wrangler with a flair for teaching and tutoring, we have rewarding work for you.***

- Local program seeking a part-time person afternoons to help school-age children in a classroom setting with homework, math and reading in our afternoon classes.
- Prefer someone to work 18-20 hours per week, 2:30-5:30 pm MWThF, and 12-5:30 pm Tuesdays. Would consider fewer days.
- Some experience with school age children required.
- Pay from $10 to $14 per hour depending on experience.
- Must be high school graduate.
- All applicants must undergo a background check and meet other requirements.

*Typical applicants might be college students, retired teachers, etc., but we are open to any responsible, caring people who love children.*

**Located near subway.**

Please email with specifics about your background, send your resume if you have one to:
ivyschoolquincy@gmail.com 8/25

## DRIVERS WANTED

Drivers: Local-Home Nightly! $2,000 Sign-On Bonus! West Bridgewater Flatbed! Great Pay, Benefits! CDL-A, 1yr. Exp. Req. 855-513-1333 8/18

## HELP WANTED

**- HELP WANTED -**
**Experienced Wait Staff**
**Part Time**
**Cronin's Publick House**
**23 Des Moines Rd, Quincy**
**Apply Within** 8/18

## PERSONAL

**Thank you St. Jude M.V.J.** 8/18

**William Harris**
**Ward 6 City Councilor**
**Please Email Me**
**wharris@quincyma.gov** 8/18

**Thank You St. Jude D.G.** 8/18

### Prayer to The Blessed Virgin

*(Never Known To Fail)*

Oh, most beautiful flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven. Blessed Mother of the Son of God, Immaculate Virgin, assist me in this necessity. Oh, Star of the Sea, help me and show me herein you are my Mother. Oh Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech thee from the bottom of my heart to succor me in my necessity (Make request). There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you.

*Grateful thanks.* - K.M.B. 8/18

**PLEASE RECYCLE THIS NEWSPAPER**

## MISCELLANEOUS

**MISCELLANEOUS**
SAWMILLS from only $4397.00-MAKE & SAVE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N

**We need you.**

WE'RE FIGHTING FOR YOUR LIFE

American Heart Association

## The Quincy Sun CLASSIFIED AD FORM

**MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169**
**PAYABLE IN ADVANCE. Payment must accompany order.**

**INDEX**
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

**RATES**

**1 WEEK** ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

**2-4 WEEKS** ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

**5-10 WEEKS** ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

**11 WEEKS OR MORE** ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $_____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

_____

_____

_____

_____

**NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.**
**DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.**

# CLASSIFIEDS

SERVICES SERVICES SERVICES SERVICES SERVICES SERVICES

**Jim Riley**

## Riley Construction

**Commercial & Residential Roofing All Phases**
**Windows and Gutters**

Quincy, MA 02169
(617) 472-3335
rileyconstruction@live.com

Licensed & Fully Insured
Mass Reg #138824
Free Estimates

10/13

## IMAGE LANDSCAPING

*We are committed to your property*

**We clean IT**
**Trim IT**
**Remove IT**

**QUALITY WORKMANSHIP**
**617-471-0044** TF

## SAVE
*Budget Fuel*

**Fuel Assistance**
**Senior Discount**
**Full Service**
*617-328-4063* TF

PAINTING BY PROFESSIONAL
Interior & Exterior
Powerwashing & Carpentry
All Types of House Repairs
Reasonable Price
*Small Jobs Welcome* TF
Leave Message 617-773-4761

## HTA
## Hancock T.V. & Appliance

*Sales, Service, Parts & Installation*
Since 1945
**(617) 472-1710**
115 Franklin Street, Quincy, MA
hancocktvandappliance.com

## REPORT POTHOLES

**Potholes are a year-round problem and should be reported to the Department of Public Works.**

**617-376-1914**

## DG'S YARD MAINTENANCE

- LAWN MOWING
- Mulching, Weeding & Edging
- Small Tree Removal
- Hedge & Shrub
- Overseeding/Sod
- Trimming or Removal
- FULLY INSURED
- Rototilling & Dethatching

*Serious about Service... Reasonable Rates*

## CLEAN-UPS

617-786-9558...FREE ESTIMATES

## J.F. ROOFING CO.

QUINCY, MA
·Shingles
·Rubber
·Slate
·Copper
·Vinyl Replacement Windows

(617)471-8216 12/1

## THOMAS C. SWEENEY

Smaller Jobs a Specialty
53 Years Experience
**Carpentry, Siding, Painting, Porches**
**Viny/Windows, Doors**
**Roofing, Decking, Steps**
License #1373 Free Estimates
Reliable
617-825-1210
References 10/13

## FOR HIRE

**Garages, Decks Taken Away, Rubbish Piles Removed, Moorings Moved**
OR ME WITH DUMP & LIFTGATE
**$75/HR.**
**(617)479-5410**
*"Your Trash is my Ca$h"* 9/1

HALLS FOR RENT

**MORRISETTE LEGION POST**
81-83 Liberty St., Quincy
*Function Hall Available*
*Call for Details* 617-770-4876
Internet Capable • Weddings • Showers • Christenings • Meetings
After Funeral Gatherings TF

WANTED

## OLD HAND TOOLS & BOOKS WANTED

Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.

USEFUL TOOLS, ALL TRADES.

New England history books
Collections: old postcards, toys, military, fishing & old auto items

**LIBERTY TOOL CO.**
888-405-2007
Davistownmuseum.org
www.jonesport-wood.com TF

## J. DRISCOLL & SON

CARPENTRY SERVICES
(OVER 25 YEARS EXPERIENCE)
ALL IT TAKES IS ONE CALL
THIS GUY RIGHT HERE
DOES IT ALL
(1ST CLASS WORK AT VERY REASONABLE PRICES)
-CARPENTRY
-PAINTING/PAINT STRIPPING
-REFINISHING
-TILING
-PLUMBING
-PLASTERING
JOHN 857-615-9537 8/18

## PROFESSIONAL PAINTER

**INTERIOR/EXTERIOR**
*No Job Too Big or Small*
30 Years Experience
Lowest Pricing Around
*Free Estimates*
Call or Leave Message
617-471-7199 9/8

## T & M Landscape Co.

- Spring & Fall Cleanups
- Power Washing
- Lawn Mowing Services
- Yard Mulching
- Bushes & Trees Trimmed

*Free Estimates*
617-733-4554
~ AFFORDABLE RATES ~ 9/1

## STUMP GRINDING

FULLY INSURED
REASONABLE PRICES
781-985-5480 9/1

ANIMAL SHELTER ANIMAL SHELTER

## QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run, new volunteers always needed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

***AVAILABLE DOGS***

**Belle:** 1 1/2, female, hound mix
**Brady:** 3, male, Cavalon

***AVAILABLE CATS***

**Ethel:** 4, female, black & white
**CC:** 7, female, calico
**Mimi:** 3, female, tabby
**Coco:** 2, male, black
**Mitzi & Mucky:** 10, females, gray
**Sonny:** 6, male, black
**Bastille:** 2, female, tabby
**Simon:** 10, male, black
**Bandit:** 4, male, gray & white
**Spot:** 8, male, white & black

## D.D & Son's Masonry

BRICK, BLOCK, STONE
Steps, Walls, Patio's, Fireplaces, Walkways
40 yrs. exp. • Lic & Insured
**617-866-3307** 9/8

## Save Gas & Money, Shop Locally

FOR RENT

**ADAMS SHORE** - STUDIO BY THE SEA SFH, PANORAMIC VIEW OF BOSTON SKYLINE! PRIVATE BEACH, 1 BED, 1 BATH, CENTRAL AIR, HARDWOOD FLOORS, WASHER/DRYER, FRONT/REAR DECKS, ATTIC & CELLAR. 5 MINUTE BUS RIDE FROM QUINCY CENTER "T" STATION. AVAILABLE AUGUST 15TH. NO PETS, NO SMOKING $1,900.00/MONTH
617-943-1660 8/18

## OFFICE SPACE AVAILABLE

QUINCY CENTER
1,500 SQ. FT.
ELEVATOR BUILDING
**617-657-5770** 8/18

## The Quincy Sun

## CLASSIFIED AD FORM

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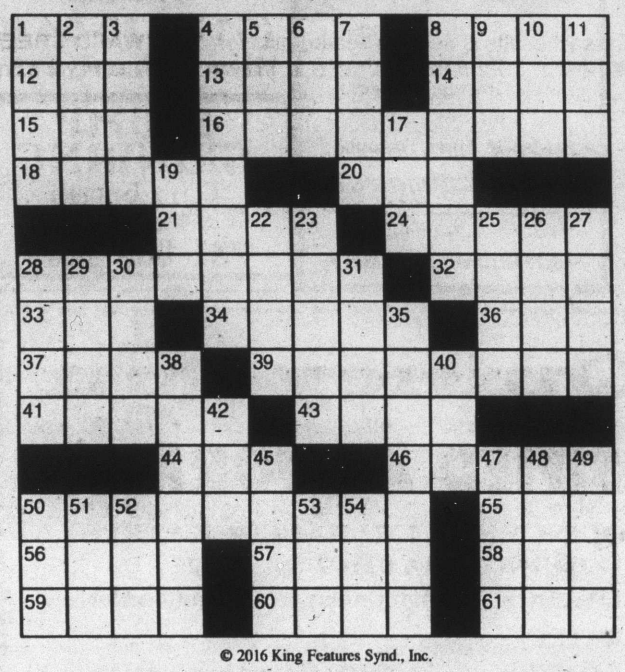
COPY: _____

# SUN FUN PAGE

## King Crossword

**ACROSS**
1 Express
4 Leprechauns' dances
8 Quest
12 Area 51 vessel
13 Arm bone
14 Sandwich treat
15 Tatter
16 "Consider it done"
18 Pat down
20 Charged bit
21 Consider
24 "Greetings, pardner"
28 Nolan Ryan specialty
32 Soft cheese
33 Brewery product
34 One's performances?
36 401(k) alternative
37 Peel
39 "Don't sweat it"
41 Trig ratio, for short
43 "Peter Pan" dog
44 Atmosphere
46 Lowly soldier
50 Super-easy decision
55 Fish eggs
56 British noble
57 Leslie Caron role
58 Pistol
59 Salver
60 Bit of plankton
61 Conclusion

**DOWN**
1 Go from website to website
2 In the distance
3 Boo-Boo's mentor
4 Promotional trips
5 UN workers agcy.
6 Econ. statistic
7 Ganges garment
8 Rub elbows
9 Web address
10 Born
11 Male turkey
17 Reaction to fireworks
19 "Star Wars" initials
22 Harrow rival
23 Crenshaw, for one
25 Legal document
26 Tragic
27 Calendar period
28 DEA agent
29 Hodgepodge
30 Coop group
31 Actress Downey
35 Punch-bowl contents, maybe
38 With all one's heart
40 Pitch
42 Spy org.
45 Latvia's capital
47 Incite
48 Proper subject?
49 Incline
50 Profit
51 Rowing need
52 Lingerie item
53 Zero
54 Early bird?



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## HOCUS-FOCUS

BY HENRY BOLTINOFF




Find at least six differences in details between panels.

Differences: 1. Mike is missing. 2. Poster cowboy is reversed. 3. Bill is moved. 4. Bandanna is smaller. 5. Sign is missing. 6. Bullet belt is missing.

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## Trivia test by Fifi Rodriguez

1. ADVERTISING: The character of Elsie promoted which company's brands?

2. ANATOMY: What human organ contains special cell clusters called the islets of Langerhans?

3. MOVIES: What famous singer joined Mel Gibson as stars in the movie "Mad Max Beyond Thunderdome"?

4. RELIGION: In what country is the Shinto religion based?

5. HISTORY: When did the Suez Canal open to navigation?

6. GEOGRAPHY: What is the capital of British Columbia?

7. AUTOMOBILES: Which car company produces the Accord and the Civic?

8. ANIMAL KINGDOM: The llama belongs in the same family as what other type of animal?

9. LITERATURE: Where was the novel "Anne of Green Gables" set?

10. FAMOUS QUOTATIONS: Which 19th-century American poet wrote the line, "A little madness in the spring is wholesome even for the king"?

Answers

1. The Borden Dairy Co.
2. Pancreas
3. Tina Turner
4. Japan
5. 1869
6. Victoria
7. Honda
8. Camel, also in the Camelidae family
9. Prince Edward Island
10. Emily Dickinson

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## Salome's Stars

**ARIES** (March 21 to April 19) The typically tidy Ram or Ewe might want to butt out until things are settled on the home front. But get involved and let your Ovine sense of order help restore domestic tranquility.

**TAURUS** (April 20 to May 20) The Bovine's flair for fine-tuning complicated fiscal dealings comes in handy when an unexpected financial problem arises. Stay with it until it's resolved to your satisfaction.

**GEMINI** (May 21 to June 20) Family aspects remain strong. There might be some unresolved difficulties, but continued attempts to smooth things over eventually prove to be successful. A major purchase looms.

**CANCER** (June 21 to July 22) A promise that was made but never kept suddenly reemerges in your life. You now have to decide if you're still interested in what it offers or if you've moved past it.

**LEO** (July 23 to August 22) Romance comes to unattached Leos and Leonas who have been waiting for Cupid to target them for far too long. Domestic purr-fection is also enhanced for paired Felines.

**VIRGO** (August 23 to September 22) You need to take a much-needed break from that demanding project before too much energy-draining tension sets in. And don't be ashamed to ask for help.

**LIBRA** (September 23 to October 22) Change makes demands that you might find unwelcome at this time. But instead of concentrating on the short run, look toward potential benefits down the road.

**SCORPIO** (October 23 to November 21) You have a gift for reviving projects that seem beyond repair. Use that same ability to restore a relationship that seems to have turned from loving to lifeless.

**SAGITTARIUS** (November 22 to December 21) Expect to be asked to use your combined wisdom and humor to resolve a problem. After all, folks not only value your advice, they also like how you give it.

**CAPRICORN** (December 22 to January 19) Most people consider you solid and steady. But you also can be quite capricious (which is a Latin word for "describing the behavior of Goats") when it suits your needs.

**AQUARIUS** (January 20 to February 18) People treat you as you wish to be treated. So if you want a change in your relationship, make it happen. Also expect someone to reveal some long-held secrets.

**PISCES** (February 19 to March 20) Stay with the decision you made, despite a sudden torrent of advice to the contrary from well-meaning people. Remember: You know your needs better than anyone.

**BORN THIS WEEK:** You like things tidy, with no loose ends. You also enjoy research and would make an excellent investigative reporter or scientist.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals J

MEY VGYISYQ IRGOJQX MEY RJP GJX TGY GYTPPH WQGYLJQYF. T LYI XWHU IYGY ZWUM STOJQX URSY VGWFY ZROYU.

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W G D Z W P T Q N K H D A X U
K R P M J H G Y D A X V S Q N
K C I S F I E D A X V T Q O M
J D I C H L S F C A Y W U R P
N L R H U L E D J H F D B Z X
V T R A C I I R Y Q O M K N I
N H C Y E P V A F S S D A A T
B A Z E Y B A L D N U K Z W S
M V I S T R D L Q O I O L N U
N E D R A G L O K M R I C U O
H F D C B A Z P X G 1 5 9 1 F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

1951
Beard
Brian
Cousy
Davies
Foust
Fulks
Groza
Kundla
Lapchick
Macauley
Mikan
Phillip
Pollard
Schayes

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## Wishing Well®

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 2 | 7 | 4 | 5 | 2 | 6 | 2 | 3 | 2 | 8 | 4 | 8 | 3 |
| G | E | F | B | O | P | O | E | D | H | U | A | V |
| 4 | 3 | 8 | 5 | 3 | 7 | 2 | 8 | 6 | 3 | 8 | 5 | 8 |
| T | E | B | O | N | M | J | I | R | T | T | S | S |
| 5 | 6 | 2 | 7 | 2 | 5 | 3 | 6 | 8 | 6 | 8 | 5 | 6 |
| S | A | U | O | D | S | F | C | I | T | M | A | I |
| 5 | 2 | 4 | 3 | 2 | 3 | 7 | 8 | 4 | 2 | 7 | 2 | 3 |
| Y | G | U | U | M | L | T | P | R | E | I | N | D |
| 5 | 4 | 6 | 3 | 8 | 7 | 4 | 3 | 7 | 4 | 3 | 7 | 6 |
| S | E | C | A | R | O | C | Y | N | R | S | A | E |
| 3 | 7 | 4 | 5 | 7 | 2 | 7 | 4 | 3 | 6 | 3 | 5 | 4 |
| A | L | U | Y | T | T | A | I | H | F | E | E | S |
| 3 | 5 | 7 | 3 | 4 | 6 | 8 | 7 | 6 | 8 | 6 | 8 | 6 |
| A | S | L | D | E | A | O | K | I | V | T | E | H |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

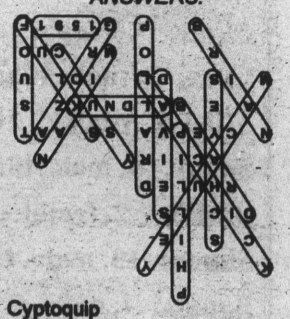
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— King Crossword — Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



Cyptoquip ANSWER:

The crewmen working the oil rig are really unrefined. A few guys were just making some crude jokes.

# New Fore River Bridge Span In Place

*Cont'd From Page 3*

Fore River Bridge, which carries Route 3A from Quincy into Weymouth, will not be affected during the installation of new bridge's center span over the next week.

Maritime traffic under the bridge, however, will be impacted. The navigational channel was closed to all traffic Monday as the center span was lifted into place, and the channel height will be reduced to 54 feet while mechanical connections between the center section and the two approaches are made. The restriction is slated to end Aug. 26.



**THE QUINCY APPROACH deck of the new Fore River Bridge is taking shape.**



**ONE OF THE TWO, 200-foot tall lifting towers have cables and counterweights that will lift the 324-foot long span to allow ships to pass through.** *Quincy Sun photos/Tom Gorman*

The new center span is 78.5 feet wide, and will include two lanes for vehicles in each direction as well as bike lanes and sidewalks on each side. The new center span will allow for a 250-foot wide channel under the bridge – compared to the temporary bridge's 175-foot channel. In the closed position, when vehicles can drive over the bridge, the center span will sit more than 60 feet above the mean high water line, about 10 feet higher than the temporary bridge. The increased vertical clearance is expected to reduce the number of bridge openings; most sailboats using the Fore River will be able to travel under it while the span is down.

The new bridge is designed to carry the 32,000 vehicles that travel on Route 3A daily and has an estimated life span of at least 75 years, according to the Massachusetts Department of Transportation.

Over the next several weeks, the girder bolts on the Quincy approach will be tensioned, cables will be installed, and preparation will begin for the pouring of the deck. On the Weymouth approach, approach girders will be installed, the approach supports preassembled, and the installation of phase one decking will commence.

Both the Quincy and Weymouth towers will be painted, and aviation lights will be installed during the coming weeks. Elevators in the Quincy tower will also be installed, and work on the portion of the roadway under the tower will begin. Main and auxiliary wire ropes will be installed on the Weymouth tower.

The $244 million MassDOT project to construct the new Fore River Bridge and demolish the temporary span that now crosses the river is scheduled for completion in 2018. MassDOT in February said the project was running some 700 days behind schedule because of fabrication issues with the eight sheaves – counterweights that lower and raise the bridge's central span – as well as fabrication and delivery of the tower erection steel.

The delay in the arrival of those sheaves meant MassDOT had to push back lane reductions on the temporary bridge, when the number of lanes for vehicle travel will be cut from four to two. That lane reduction is anticipated to begin in April 2017 and continue through August 2017.

Construction of the new bridge began in the fall of 2012. At that time, the new bridge was set to open this September.

The new bridge will replace a temporary span that first opened to traffic in 2002. Residents on both sides of the Fore River, which carries Route 3A from Quincy into Weymouth, have long derided the temporary span, likening its appearance to a child's erector set.

The temporary bridge was built after the 1936 bascule bridge over the river was found to be badly deteriorated. The center section of that bridge was demolished in 2004; its approaches were retained and will be utilized by the new bridge.

# City Historic Tours

*Cont'd From Page 10*

The tours of the McIntyre Government Center – which opened in 1844 and is thought to be the oldest municipal building in use in the country today – will include stops at the first floor exhibit space, the second floor's Great Hall, and the jail located in the basement. From there, the tour would move to the Hancock Cemetery, which was first used as a burial ground in the 1620s and includes the graves of several Adams family members and the Rev. John Hancock, father of the president of the Continental Congress of the same name.

The city is working with both the United First Parish Church and Adams National Historical Park on the new tours. Carey said the church – the final resting place of Presidents John and John Quincy Adams and First Ladies Abigail and Louisa Catherine Adams – has adjusted its tours to meet visitors who toured City Hall and the cemetery and will begin the tours there immediately.

Carey said the Adams National Historical Park visitors center would be providing patrons information about the city tours. On many days, he explained, the tours of the historical park are booked by noon and visitors who get turned away could be redirected to City Hall, the Hancock Cemetery and United First Parish Church.

"We think we will be busy immediately because they are booked every day," Carey said.

**INVITATION TO BID** **INVITATION TO BID**

**CITY OF QUINCY, MASSACHUSETTS**
**Department of Public Works**
**Thomas P. Koch**
**Mayor**
**Daniel G. Raymondi**
**Commissioner**

**INVITATION TO BID**

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for: **"HAYWARD CREEK MANHOLE REPAIR PROJECT"** until **11:00 a.m. local time Thursday, September 8, 2016**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work includes the partial demolition and rehabilitation of an existing drain manhole upper concrete and grate. Total limit of work is approximately 50 square feet.

A **non-mandatory pre-bid walk** thru will be held on **August 30, 2016 at 10:00 a.m.** meeting at **Hayward Creek Manhole, near 97 West Howard Street, Quincy, MA 02169.**

All work under this contract shall be completed within twenty eight (28) calendar days.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM for a non-refundable printing charge of $25.00. Specifications will be available August 17, 2016.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

**Non-responsive and/or unbalanced bids may be rejected.**

Thomas P. Koch, Mayor
Daniel G. Raymondi, Commissioner of Public Works
Kathryn R. Hobin, Purchasing Agent

8/18/16

**INVITATION TO BID** **INVITATION TO BID**

**INVITATION TO BID**

**CITY OF QUINCY, MASSACHUSETTS**
**PURCHASING DEPARTMENT**
**1305 HANCOCK ST., QUINCY, MA 02169**

The City of Quincy invites sealed bids/proposals for:

**PUBLIC WORKS** **FLEET PURCHASE** **SEPTEMBER 8, 2016 @ 11:45 a.m.**
**11 FORD TRUCKS AND 3 FORD FOCUS**

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until September 3, 2016 at 12:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

8/18/16



THE NORFOLK SHERIFF'S Office recently hosted a group of seniors from the Quincy Council on Aging at Sheriff Michael G. Bellotti's Youth Leadership Academy in Braintree. From left: Gayle Bellotti, Ann McAuliffe, Peggy Kelly, Tina Quinn, Jack Kelly, Loretta Borneo, J.C. Borneo, Bride Coffey, Joe Canavan, Yvonne O'Donovan, Mary Ann McMahon, Betty Mafera, Joan Mahoney, Mary Lyons, Jim Lyons, Tina Canavan.

# Major Upgrades Coming To QHA Buildings

## *Include New Handicap Accessible Units, New Windows, Floors; Security Cameras*

By TOM GORMAN

New handicap accessible units, new windows and flooring, security cameras and high efficiency heating systems are among the nearly $9 million in upgrades planned for Quincy Housing Authority's (QHA) high rise buildings and developments.

QHA's Director of Facilities James Marathas told an Aug. 10 community meeting at O'Brien Towers that several federal grants and local funding will allow a series of major upgrades in the authority's buildings over the coming months. He noted that some 18,000 work orders have been completed addressing needed repairs and that the authority is in the process of redecorating all of the community rooms and common areas and has eliminated safety deficiencies in most of its 1,600 units, installed new heat and exhaust fans in Snug Harbor developments and replaced ceilings, floors, kitchens and bathrooms throughout many of its buildings.

"We are committed to improve the quality of life for all of our residents," he said.

According to Marathas, the QHA has applied to the federal Housing and Urban Development (HUD) for $250,000 for the installation of security cameras in the authority's developments. Additionally, he said the city's community preservation committee has committed more than $220,000 to install two new handicap units at Sawyer Towers.

This month, Marathas said ground will be broken for a $1 million project at West Acres to create four fully accessible units. The funding is from the Department of Housing and Community Development (DHCD) as part of that agency's initiative to create more accessible units.

At 80 Clay St., Marathas said $1 million in DHCD funding will provide new sliders and windows and a $700,000 project will be getting underway to create new walkways and paving.

Other projects include $600,000 for new flooring throughout O'Brien Towers and in the common areas at Drohan and Pagnano towers; a commitment from HUD for a $73,000 Community Block Grant that will pay for new windows, siding and flooring at Crowley Court; new toilets, faucets and shower heads totaling $100,000 in state units; and new high energy efficient lighting at O'Brien, Drohan and Pagnano towers.

Marathas noted that the new lighting has already been installed at 80 Clay St. and 95 Martensen St.

The QHA has applied for an energy contract with HUD that will allow the borrowing of about $5 million to convert O'Brien Towers and Pagnano Towers to gas heat and high efficiency gas hot water that Marathas said would save the city "millions of dollars in the future."

Marathas said that some 150 flowering shrubs have been planted throughout Snug Harbor as part of a beautification project. He thanked Holly Samuels from Holly Garden Design for her assistance with the project and Sheriff Michael Bellotti's office for providing workers that planted the shrubs.

Marathas also expressed appreciation to city officials and federal agencies for the funding and support for the upcoming improvement projects.

"Together with the cooperation of the mayor's office, DCHD, HUD and our employees, we have been able to make a huge amount of progress in rebuilding the QHA," he said.

## Norfolk Sheriff's Office Hosts Seniors At Youth Academy

The Norfolk Sheriff's Office recently hosted a group of seniors from the Quincy Council on Aging at Sheriff Michael G. Bellotti's Youth Leadership Academy in Braintree.

"It's a great opportunity to bring an older generation together with our younger generation," Bellotti said. "The visitors also get to see the kids, who are ages 10 through 14, perform pretty awesome feats on our aerial ropes course."

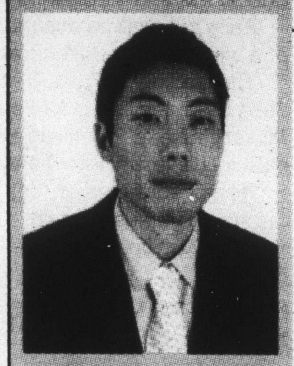
Bellotti thanked Mayor Tom Koch and everyone at the Quincy Council on Aging for making the visit possible.

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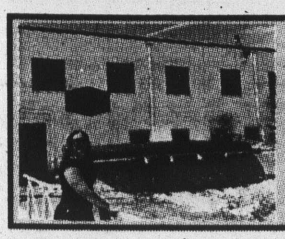
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Welcome Dr. Kevin Dong

KEVIN XIAO DONG, DMD
Dr. Alwazzan and staff are pleased to announce that Dr. Kevin Xiao Dong has joined our dental team.
We are delighted to have found someone who is honest, ethical and shares our views on placing patient care first. We believe that Dr. Kevin Dong will uphold the high quality of service that our patients have appreciated. He has a kind and warm personality and we are confident that you will find him to be especially approachable and a good listener.
Dr. Dong received his DMD from Boston University. He has special interest in comprehensive, implant and esthetic dentistry. He is originally from Ontario Canada were he obtained a Bachelors degree in Medical sciences from the University of Western Ontario, Canada.
Dr. Dong enjoys all aspects of dentistry and is dedicated to delivering the highest quality of general, restorative and cosmetic dental care.
Alaa Alwazzan, DMD, PC
Esthetic, Implants and General Dentistry
580 HANCOCK ST, QUINCY, MA 02170 Tel: 617-328-5060
alwazzandmd@yahoo.com
PLEASE VISIT OUR WEBSITE: www.quincydmd.com
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Saturday - 8am-2pm
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ALAA ALWAZZAN MSc, DMD, FACP
Diplomate of the American Board of Prosthodontics

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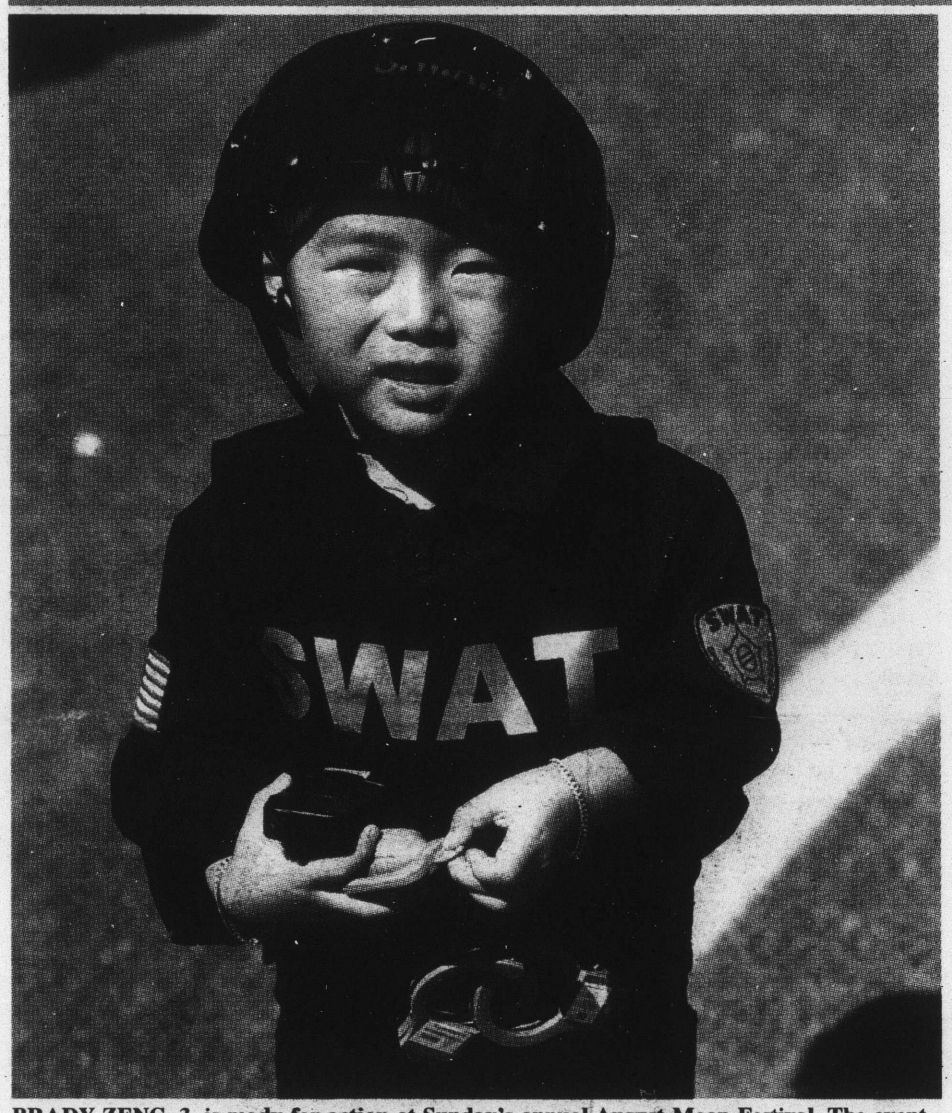
**Grant To Fund Maritime Center Design** - *Page 2*
**Somerville Pair Charged In Nun Robbery** - *Page 3*
**Emily Rooney New NQ Soccer Coach** - *Page 18*



# The Quincy Sun

*Historic Quincy's Hometown Weekly Newspaper Since 1968*

VOL. 48 No. 49 Thursday, August 25, 2016 75¢




**BRADY ZENG, 3, is ready for action at Sunday's annual August Moon Festival. The event - held this year at the North Quincy MBTA parking lot – attracted thousands and featured an array of cultural performances, food and family activities. Other Photos on Page 3 and 17.**

*Quincy Sun photo/Tom Gorman*

## Schools To Test Water For Lead, Copper

**By SCOTT JACKSON**

The water at all 19 of Quincy's public schools will be tested for lead and copper over a four-week period this fall.

School Supt. Dr. Richard DeCristofaro, in an Aug. 17 letter to staff, parents and students, said the testing would start Sept. 19 and continue through Oct. 23; a schedule of the water sampling will be sent to staff and families once it is finalized.

The water sampling, DeCristofaro said, will take place between 5 and 7 a.m. each day and would not affect classes. Samples will be taken from each source of drinking water and all food preparation areas. The results of the testing will be shared with the Quincy Public School community once they are available.

Quincy is testing for lead and copper in its schools as part of a $2 million program announced in April by Gov. Charlie Baker and Treasurer Deb Goldberg. The $2 million went to the Massachusetts Department of Environmental Protection to provide technical assistance and laboratory analysis services to ensure school districts statewide could test

*Cont'd On Page 21*

## Health Department Issues Rabies Alert

**By SCOTT JACKSON**

The Quincy Health Department is urging residents to avoid contact with wild animals and ensure pets are properly vaccinated after a raccoon found in the city tested positive for the deadly disease.

Health Commissioner Drew Scheele on Aug. 18 said state officials had notified the city the raccoon tested positive for rabies.

Residents, he said, should avoid contact with wild animals that display wild or aggressive behavior. Scheele said to especially avoid bats, skunks, foxes and raccoons. Residents are also advised to not feed or pet stray animals, and avoid any animal – wild or domestic – they do not know. Any animal that behaves oddly should be reported to the city's animal control officer, reachable at 617-376-1364.

*Cont'd On Page 21*

## DPW Flushing Hydrants On 20 Streets Thursday

The Department of Public Works (DPW) will perform hydrant flushing today (Thursday) on 20 streets throughout the city.

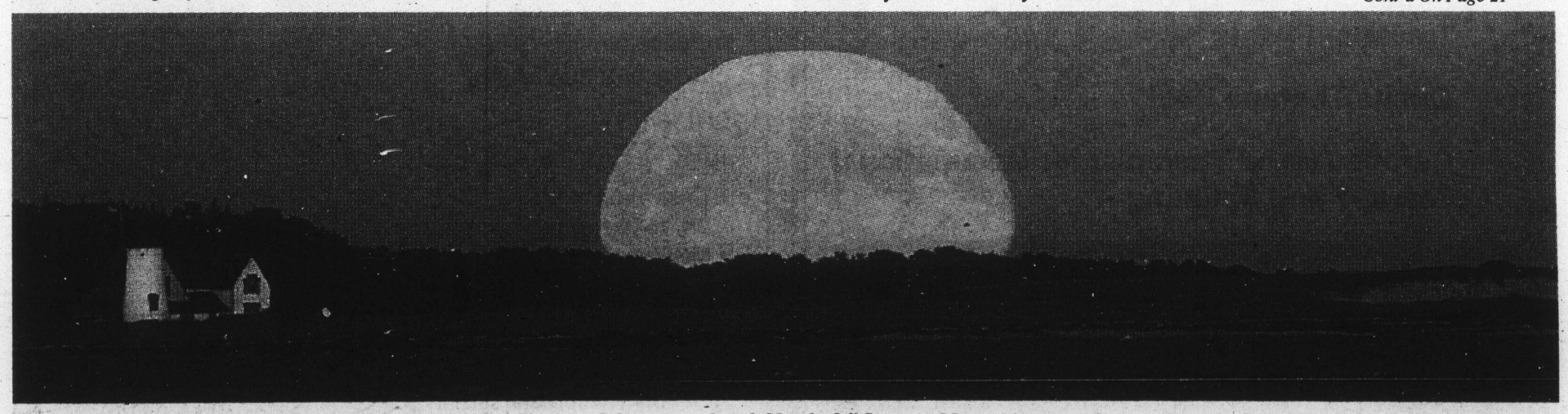
Water Department crews will be flushing hydrants during the day, between the hours of 8 a.m. to 3 p.m.

The streets are:

Island Avenue, Manet Avenue, Saint German Avenue, Narragansett Road, Beechwood Street, Town Hill Street, Wesson Avenue, South Walnut Street, Independence Avenue, Quarry Street, Shawmut Street, Greenview Street, Gilmore Street, Taylor Street, Harriet Avenue, Vane Street, Sachem Street, Harborview Street, Lansdowne Street and Holyoke Street.

DPW officials said the flushing may temporarily cause the water in the distribution system to be rusty and discolored, which can stain clothes and fixtures. For this reason, customers are advised to limit water use and to avoid doing laundry while the flushing is taking place. If possible, avoid using water while the hydrant flushing is taking place. By not using water from the tap (cold or hot) or running appliances that use water (dishwashers and washing

*Cont'd On Page 21*



**FULL MOON LOOMING – Stage Harbor Lighthouse in West Chatham (left) appears dwarfed by the full Sturgeon Moon rising at sundown on Aug. 19. Quincy Sun Publisher Robert Bosworth took this photo using a Nikon D4 with a 500mm telephoto lens from Red River Beach in Harwich. The lighthouse was built in 1880 and decommissioned in 1933. The lighthouse is now a private residence and not open to the public.**

**Back-To-School Tips For A Smooth Transition** - *Page 9*
**State Transportation Secretary Tours Quincy** - *Page 13*
**U.S. Coast Guard Band Free Concert Sept. 13** - *Page 21*

**More Quincy news:**
**The Quincy Sun.com**

# Grant To Fund New HN Maritime Center Design

## 'Around The Wards'

This is the sixth and final story in a series of articles highlighting Quincy's six wards. "Around The Wards" this week features Ward 1 and an interview with city councillor Margaret Laforest.

By SCOTT JACKSON

A $225,000 grant from the Massachusetts Seaport Economic Council will be used to pay for the design, engineering and permitting for a new building to replace the Houghs Neck Maritime Center, and the city plans to replace the boat ramp on site in time for the start of next year's boating season.

Ward 1 Councillor Margaret Laforest discussed the plans for the maritime center and boat ramp during a recent interview. She said she will host community meetings on both topics – one on the future of the boat ramp once the permitting process is wrapped up and the project is ready for construction, and one on the maritime center in the late fall.

Laforest said the city has relied on temporary fixes to address concerns with the maritime center building and boat ramp, but has now decided to replace both. The first step is rebuilding the ramp, which can currently be used only around high tide, so it can be used at other times. The Seaport Economic Council previously awarded a $680,000 grant for the ramp reconstruction.

"The physical conditions of the landing and the ramp have been the biggest problem, and so we've needed to keep band-aiding and band-aiding and band-aiding. Now we're saying we need to replace," Laforest said.

"So the ramp is at the point where we're filing

*Cont'd On Page 23*




**A $225,000 GRANT from the Massachusetts Seaport Economic Council will be used to pay for the design, engineering and permitting of a new building to replace the Houghs Neck Maritime Center (background). Ward 1 Councillor Margaret Laforest (foreground) said she will be hosting community meetings to discuss plans for the maritime center and the boat ramp.**

*Quincy Sun Photo/Robert Bosworth*

# Candlelight Vigil For Loved Ones Lost To Overdose Aug. 31

The Quincy Substance Abuse Task Force, in collaboration with Impact Quincy, a program of Bay State Community Services, Manet Community Health Center, A New Way Recovery Center and Life Community Church, will host a Candlelight vigil in remembrance of loved ones lost to overdose on Wednesday, Aug. 31 at 6 p.m. at the Thomas Crane Public Library lawn, 40 Washington St., Quincy.

In the event of rain the vigil will be held inside the library.

Organizers said they hope the vigil will bring awareness to the serious opioid overdose epidemic affecting local communities. Many of these overdoses have resulted in death.

The vigil will be held in remembrance of family and friends lost to drug overdose and to give hope to families struggling with addiction.

For more information, contact Barbara Edmondson at 617-471-8400 ext. 189

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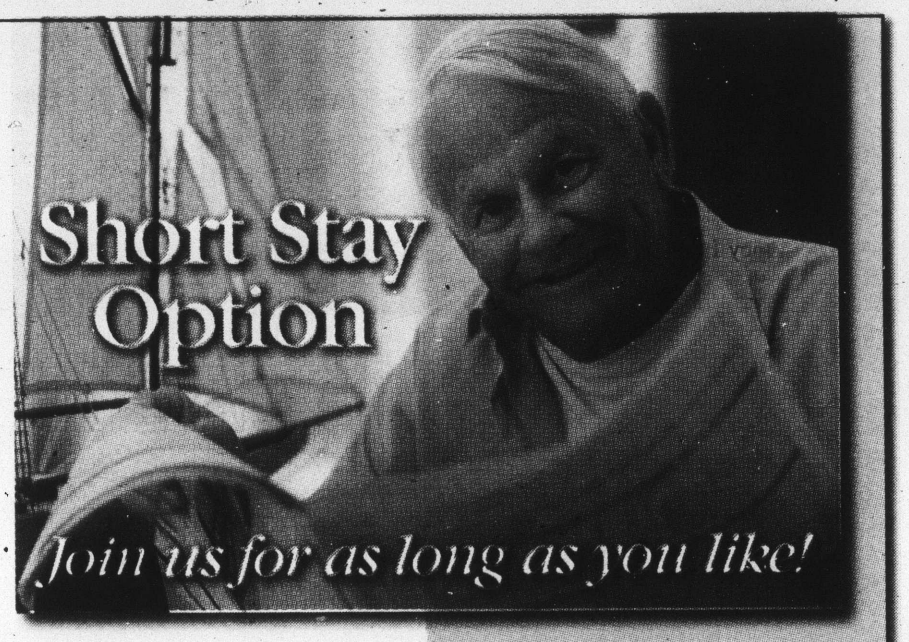
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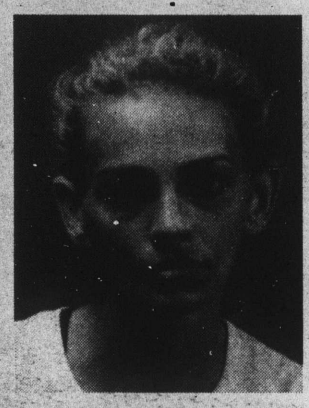
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# Somerville Pair Charged In Nun Robbery Due Back In Court Sept. 13

Two Somerville women were arraigned on armed robbery charges Monday after police said the pair stole rosary beads from a nun in Quincy on Sunday afternoon.

The women – Vanessa Young and Crystal Young, both 26, of Somerville – are due back in Quincy District Court Sept. 13.





**BOOKING PHOTOS for alleged armed robbers Vanessa Young (left) and Crystal Young, both 26 of Somerville. Police said the pair stole rosary beads from a nun at knifepoint in Quincy Sunday afternoon.** *Photos Courtesy Quincy Police*

Vanessa Young was arrested on charges on armed robbery, assault with a dangerous weapon (knife) and breaking and entering during the day to commit a felony. Her bail was set at $5,000.

Crystal Young was arrested on armed robbery and as an accessory after the fact. She was released on personal recognizance.

Three of the cell phones recovered during a search of Vanessa Young would later be identified as having been stolen during a house break which occurred around the same time on Water Street.

According to Quincy Police, on Sunday, Aug. 21 at approximately 2:05 p.m., Officer Ken Wood responded to a report of an armed robbery. Officer Wood spoke to the victim, a Sister at The Daughters of Mary of Nazareth Convent located at 26 Phipps St., Quincy.

The victim – who was wearing civilian clothing and not dressed in religious attire stated that she was walking on Phipps Street by Water Street when a female approached her and attempted to take a small satchel out of her left hand. She told the female suspect, now identified as Vanessa Young, that she didn't have any money.

A small struggle ensued between the victim and Ms. Young. At one point, the victim noticed that there was another female standing approximately 5-10 feet

*Cont'd On Page 21*



**KRISTINE SUNG performs on the harp at Sunday's August Moon Festival held at the North Quincy MBTA parking lot. The event was organized by Quincy Asian Resources, Inc. South Cove Community Health Center was the presenting sponsor.** *Quincy Sun photo/Tom Gorman*

# Firefighters Rescue Man Stuck In Creek Mud

By SCOTT JACKSON

Quincy firefighters rescued a man who had gotten stuck waist deep in mud on Blacks Creek.

The Quincy Fire Department was notified that the man in his late 20s was stuck in the mud shortly before 7 a.m. Aug. 18, according to Deputy Chief Paul Griffith. The man was in waist deep mud in part of Blacks Creek opposite 154 Furnace Brook Parkway, and said he had gone out into the waterway to go fishing.

Griffith said Engine 1 and Ladder 1 both responded to the scene, and two firefighters used ladders to walk out to the man and bring him back to dry land. Engine 6 was en route with a boat, but the first companies on scene rescued the man before it arrived.

Brewster Ambulance responded to the scene, but the man declined medical attention, Griffith said. The man told first responders he planned to head home, shower, and then go to work.


Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



THE SUNSET SAPPHIRE

When the birthstone for September comes to mind, most people immediately think of cornflower blue sapphire. However, sapphires also come in violet, green, yellow, orange, pink, purple, red (in which case it's called ruby), and other colors. Perhaps the most exotic of these hues is displayed by the sapphire categorized as "padparadscha." This rare gemstone's name is derived from the Sanskrit word for "lotus color." In fact, it is difficult to tell whether this fabulous gemstone more closely resembles the orange-pink color of a lotus flower, a sunset, or the color of the flesh of a ripe guava. Everyone agrees that the captivating padparadscha has intensely saturated color that ranges from light to medium pinkish orange to orange-pink.

Sapphires also come in lovely shades of peach. They offer the feminine beauty of pink sapphires in a more understated shade. The finest quality diamonds and precious stones have been a hallmark of Rogers Jewelry. To learn more, please call 617-773-3636, or stop by our store at 1402 Hancock St. in Quincy Center. With the use of equipment and the knowledge of our Graduate Gemologist® we are able to identify and value almost any gemstone. Complete written appraisals are available.

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# Moments in time

THE HISTORY CHANNEL.

• On **Sept. 9, 1776**, the Continental Congress formally declares the name of the new nation to be the "United States" of America, replacing the "United Colonies" that had been used in Thomas Jefferson's version of the Declaration of Independence.

• On **Sept. 10, 1833**, President Andrew Jackson announces that the government will no longer use the Second Bank of the United States, the country's national bank, and withdraws all federal funds. Jackson resented the bank's lack of funding for Western expansion.

• On **Sept. 7, 1911**, avant-garde French poet Guillaume Apollinaire is arrested and jailed on suspicion of stealing Leonardo da Vinci's "Mona Lisa." No evidence surfaced, and Apollinaire was released. Two years later, a former employee of the Louvre, Vincenzo Perggia, was arrested while trying to sell the famous painting.

• On **Sept. 11, 1921**, Fatty Arbuckle, a silent-film era performer at the height of his fame, is arrested in San Francisco for the murder of aspiring actress Virginia Rappe. After two mistrials, the jury in Arbuckle's third trial found him not guilty and even issued him an apology.

• On **Sept. 5, 1958**, Boris Pasternak's romantic novel "Dr. Zhivago" is published in the United States. The book was banned in the Soviet Union, but still won the Nobel Prize for Literature in 1958 after admirers smuggled out the manuscript.

• On **Sept. 6, 1972**, a West German police attempt to rescue nine Israeli Olympic team members held hostage by Palestinian terrorists ends in disaster. All nine hostages were killed. Terrorists from Black September had stormed the Israeli quarters in the Olympic Village in Munich early the previous morning.

• On **Sept. 8, 1986**, Nissan's first European manufacturing plant opens in Sunderland, Britain, an area hit hard by plant closings. Some 25,000 people applied for the first 450 jobs advertised. *(c) 2016 King Features Synd., Inc.*

## LGBT Evening Social Aug. 30

LGBTQuincy Meetup will host a casual evening social on Tuesday Aug. 30 at ALBA, 1486 Hancock St. in Quincy, from 6 to 9 p.m.

Members of the LGBT Community in Quincy and neighboring towns are welcome to attend. The event will include a cash bar and light appetizers on the rooftop patio. Cost is $15 per person.

RSVP by emailing Frank Rubino at frank.rubino@yahoo.com. For more information on LGBTQuincy Meetup, please visit meetup.com/LGBTQuincy-Meetup.

## QHS Class Of 1971 Reunion

Quincy High School Class of 1971 will hold its 45th reunion Saturday, Oct. 8 from 7 p.m. to midnight at the Water Club, 319 Victory Rd., North Quincy.

The evening will feature live music, food and dancing.

Cost is $55 per person. Make checks payable to: QHS Reunion Class of 1971 and mail to P.O. Box 173, Marshfield Hills, MA 02051.

# Morrissey: Clear Difference Between Democrats, GOP

**By SCOTT JACKSON**

Norfolk County District Attorney Michael Morrissey was one of the delegates on hand in Philadelphia for the recent Democratic National Convention, and said there is a clear difference between the two major parties heading into the November presidential election.

Morrissey, a Quincy resident, attended the event held July 25-28 at the Wells Fargo Center. Democrats at the convention formally nominated Hillary Clinton, a former secretary of state, U.S. senator and first lady, as their party's candidate in the Nov. 8 presidential election – making her the first woman to top the presidential ticket for either major party. She will face off against Republican nominee Donald Trump, a real-estate mogul.

For Morrissey, this year's event was the sixth DNC he has attended. He previously attended the 1996 convention in Chicago, the 2000 Los Angeles convention, the 2004 event in Boston, the 2008 convention in Denver, and the 2012 DNC in Charlotte.

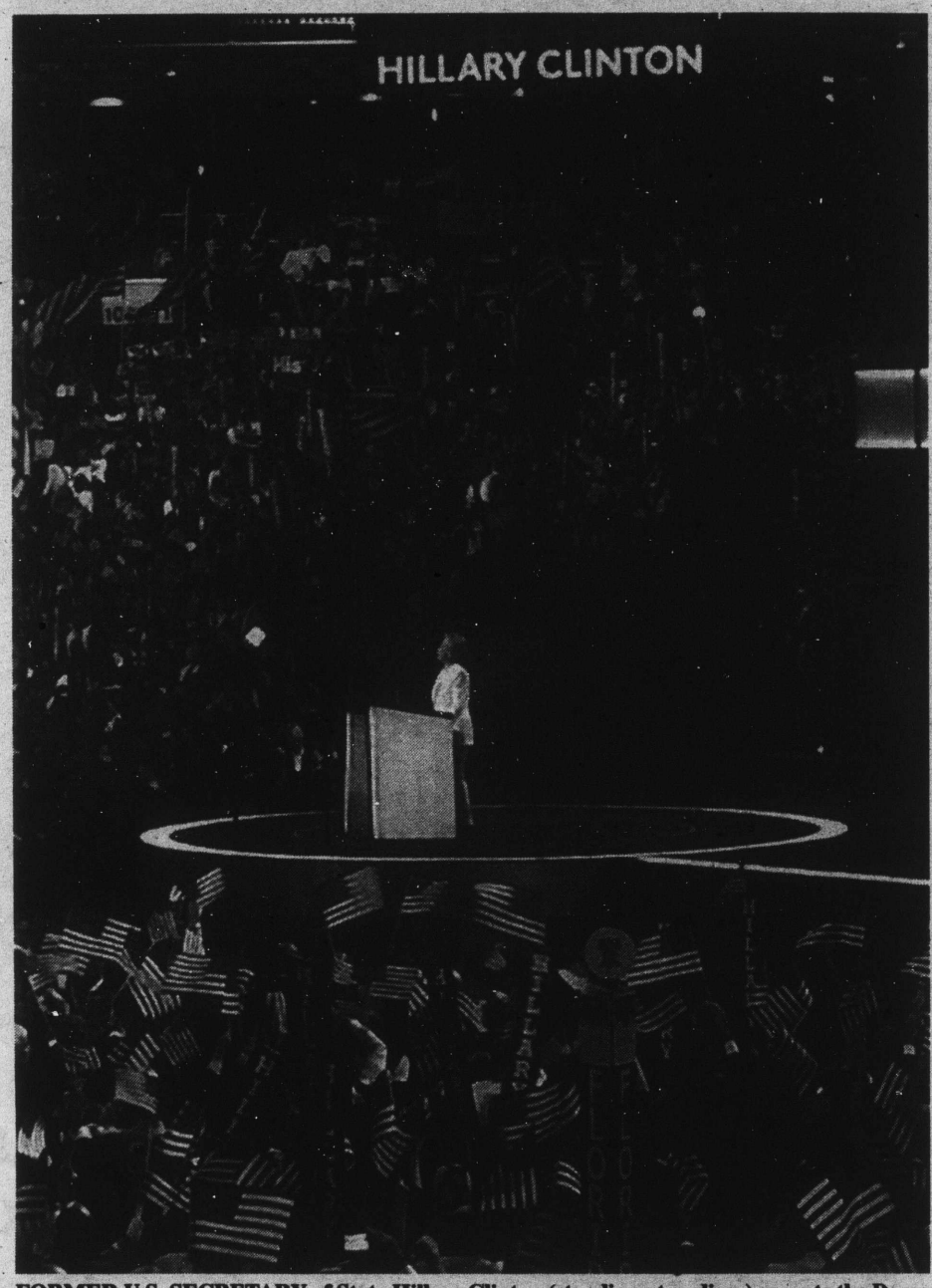
At this year's convention, the Massachusetts delegation was staying in the same hotel as the Washington state delegation. Morrissey said the officials from the two states got along well, though the Bay Staters did remind their counterparts about the ending of Super Bowl XLIX.

The two delegations started each morning with a breakfast that featured speakers from both states. Among those who spoke to the two delegations were the four U.S. senators from both states, all Democrats; U.S. Sen. Bernie Sanders of Vermont, who challenged Clinton in this year's primaries; Massachusetts Secretary of the Commonwealth William Galvin; and William Keating, a Massachusetts congressman and former Norfolk County district attorney.

"It was an awesome opportunity to hear from people who are in the know," Morrissey said of the daily breakfasts.

From there, Morrissey said he met various interests groups during the day – including veterans, teachers and minorities. He also did some sightseeing in Philadelphia, and sample some cheesesteak before heading to the convention at night. The convention began each night at 5:30 p.m. – delegates arrived up to an hour early – and ended around 11 p.m.

"It was a very aggressive schedule," Morrissey said.




**FORMER U.S. SECRETARY of State Hillary Clinton (standing at podium) accepts the Democratic presidential nomination at the party's convention last month in Philadelphia. She is the first woman to top the presidential ticket for either major party.**

*Photo Courtesy Michael Morrissey*

Morrissey said the convention was a grueling event, but exciting for someone like him who enjoys politics.

"It's grueling. It's a wonderful event if you're into politics. You hear from the top names in the party and there are always some surprises," he said.

This year, Morrissey said one surprise was the speech by Khizr Khan. Khan's son, Humuyan, a U.S. Army captain, was killed during Operation Iraqi Freedom.

Other speakers at this year's DNC included Clinton; her husband Bill, a former president; President Barack Obama; Vice President Joe Biden; and Tim Kaine, the vice presidential nominee.

"The quality of speakers you see at a Democratic convention is unbelievable," Morrissey said. "Where else do you have former president, the current president and vice president, and the presidential and vice presidential nominees all under one roof? We had that in Philadelphia. It was awesome."

Morrissey was also impressed with some of the musical performers at the event, including Paul Simon. Among the others who sang were Boyz II Men, Demi Lovato, Alicia Keys, Lenny Kravitz, Carole King and Katy Perry.

Morrissey said it was great to be there as Clinton became the first woman nominated for by either major party – he was also there in 2008 when Obama became the first African-American nominee. Morrissey had endorsed Clinton both years.

"We've had some good candidates," Morrissey said.

Morrissey was happy with Clinton's choice of Kaine as her running mate. Kaine is currently a U.S. senator from Virginia and was previously governor of the state. Morrissey said Kaine's record as a moderate and his experience as both a governor and senator would serve the ticket well.

"It's a good match. He was well spoken, very pleasant and presented well," Kaine said. "He is a good complement to her."

Morrissey said there are clear differences between the Democrats and the GOP – as well as their candidates in the November election.

"There are clear differences between the Democratic and Republican nominees," he said. "I know how hard we have to work and I expect it to be a difficult campaign."

Morrissey said Trump is often critical of his critics, and the Republicans don't offer solutions to problems.

"What the important issues should be and what they will be are two different things," Morrissey responded when asked what the major issues leading up to the election would be.

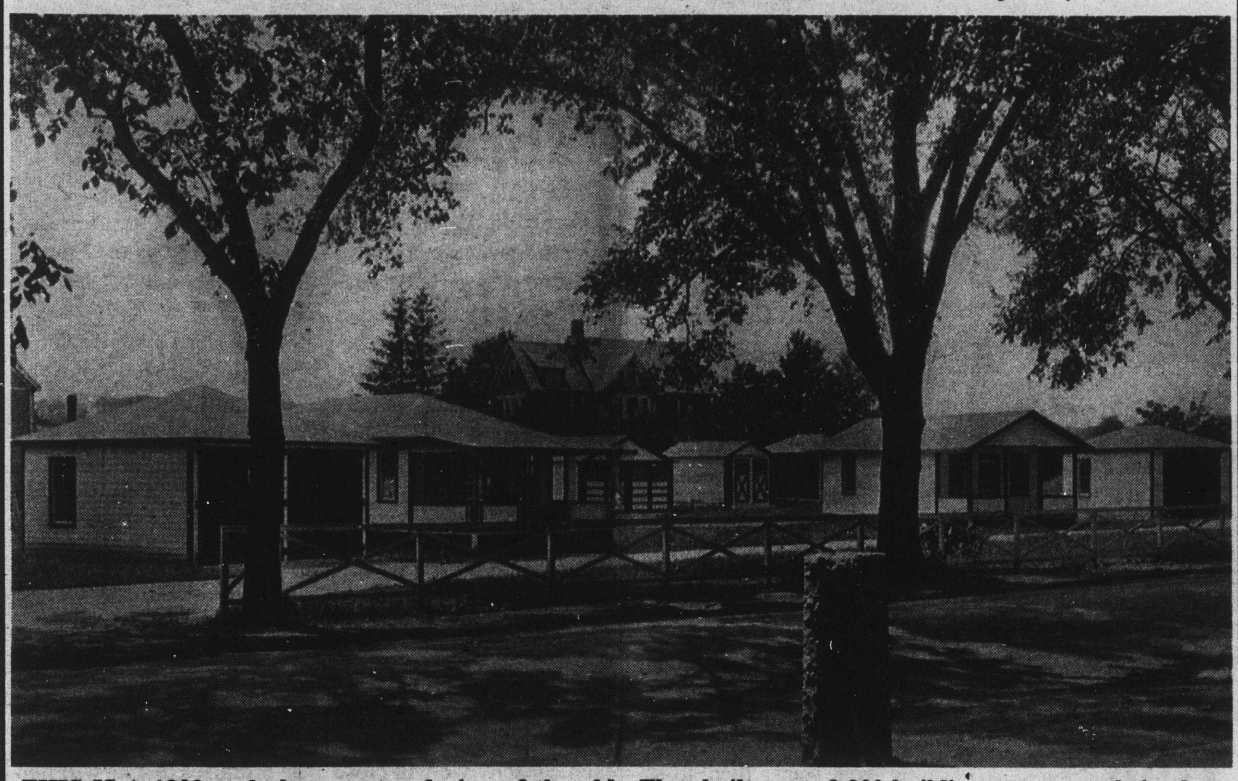
"The Republican candidate, anyone who disagrees with him, he basically picks a fight with…It's always easy to sit back and be critical. It's harder to get things done. Republicans are preying upon people's fears about immigration – what are they going to do about it? … You need a plan in place."

Morrissey identified the nation's budget deficit as one issue that needs to be addressed, and said cutting taxes does not work.

"There is budget deficit we have to get under control," he said. "Tax cuts got us into this mess in the first place. Reaganomics didn't work.

"When Bill Clinton was president there was little or no deficit. Republican policies put us back on that path."

# Scenes From Yesterday



**THIS IS A 1923 real photo postcard view of the old Brooks-Skinner Company's outdoor small-building exhibit on Adams Street in Lakin Square. The company started in Randolph and moved here in Quincy where they built a large fabrication factory on land between what is now Stedman Street and Wallace Road. They sold a wide range of buildings made of wood and steel including garages, bungalows, cottages, cabins, gas stations, storage buildings, school houses and many others. They built up to 3,000 buildings a year at their plant here. The exhibit area shown above was between Robertson and Stedman Streets. In this view today a Burger King is on the left and a Seven-Eleven is on the right. The old factory on Stedman Street has been replaced with single-family houses. To contact Tom Galvin, e-mail tmgalvin@verizon.net.**

***From the Collection of City Historian Tom Galvin***

# South Shore Mental Health Offering Youth Mental Health First Aid Training

Learn the unique risk factors and warning signs of mental health problems in adolescents during Youth Mental Health First Aid USA, offered by South Shore Mental Health.

The free, three-part program will be held on Sep. 19, Sept. 26 and Oct. 3 from 6 to 8:30 p.m. at South Shore Mental Health's Marina Bay location at 500 Victory Rd.

The program is designed to build understanding of the importance of early intervention and demonstrate how to help an adolescent in crisis. Through role playing and simulations, participants will learn how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.

Training can benefit parents, paraprofessionals, community leaders and anyone who lives with or works with teens.

For more information or to register, call Lisa Lloyd at 617-847-1955 or e-mail Llloyd@ssmh.org.

# NQ Hockey Hall Of Fame Accepting Nominations

The North Quincy High School Hockey Hall of Fame Committee is accepting nominations for its next induction class.

To submit a nomination, email Kevin Jago at kevinj.bos@transgroup.com. The committee welcomes documentation from those submitting nominations to support their candidate in the form of articles, statistics, yearbooks, etc.

The NQ Hockey Hall of Fame will hold its fifth class installation Friday, Feb. 17 at the Quincy Neighborhood Club.

## Readers Forum

# Create Safer Roadways For Everyone

Last week I was saddened to learn of yet another pedestrian struck by a car here in Quincy. Fortunately, this incident on Aug. 16th was not fatal.

*The Patriot Ledger* article covering the incident reported that the pedestrian was "trying to run across the street" and that "there is no crosswalk at the spot where the man tried to cross the street." I do not excuse the pedestrian for his choices, but blaming the victim of a crash will not do anything to keep the next pedestrian safe.

Crashes are not opportunities to point fingers and find blame, they are tragedies that should make us ask why. Why did the pedestrian choose to cross unsafely? Why could the driver not respond in time? It could be the design of the road that is the problem.

Washington Street is a commercial corridor. Are there enough crosswalks for pedestrians to conveniently cross safely to access various businesses? How responsive are the existing pedestrian crossing lights? How wide are the travel lanes a pedestrian has to cross? Are wide lanes encouraging drivers to speed?

Quincy has long prioritized the movement of cars on our streets. We seem to have forgotten that our roads are for people -- the people who drive, walk, bike, and ride the bus. Every crash on our streets shows that we need to create safer roadways for everyone. Every crash is an opportunity to find out what isn't working, not what someone did wrong. Then we need to fix it before the next person gets hurt.

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# Quincy's Yesterdays

This Week
**1993**
23 Years Ago

# Police Dept. Beefing Up With Innovative Crime Deterrents

The scope of law enforcement in the city is changing, signaling a new era for crime prevention in Quincy, according to police and city officials.

Police Chief Francis Mullen said that he hopes that the two mountain bikes the police department has had in operation for the last two weeks as well as mounted police, a K-9 Patrol and other planned additions to the department in terms of equipment and manpower, will help to increase its effectiveness and diversity.

"Quincy always had an innovative police force and we've always been an aggressive police force. I think that these items will be very helpful."

**ANNUAL FAMILY FIELD DAY SET FOR SEPT. 5**

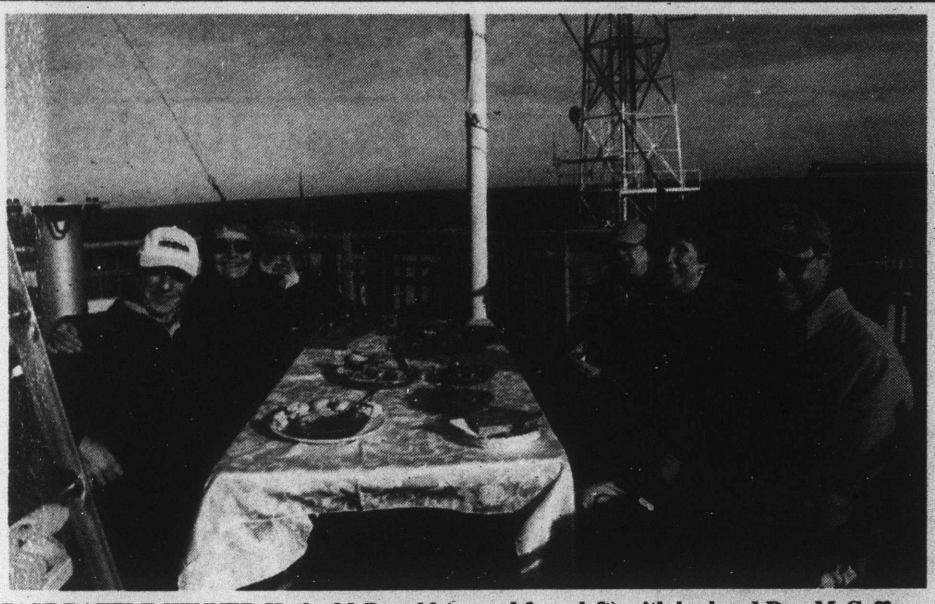
The second annual First Family Field Day will take place Sunday, Sept. 5 from noon to 5 p.m. at Faxon Field, next to the Voc-Tech School, First Night Committee Chairman Michael Cheney announced. The event is a non-alcoholic family celebration that will include live performances by a Dixieland Band, costumed characters, cotton candy, popcorn, hot dogs and much more.

The Family Field Day was designed for families and friends to enjoy a Sunday afternoon together with some good old-fashioned fun.

**QUINCYISMS**

Foto-Vision, 10 Blanchard Rd., Quincy (across from Shaw's) was offering a 12 exposure roll for $3.99; 24 exposure roll for $5.99, and 36 exposure roll for $8.99... The Quincy Sun Sunbeams column reported that **City Councillor at-Large Tim Cahill** was putting the finishing touches on his first book titled, "Profiles In The American Dream." The book recounts the stories of **Louis Grossman, Howard Johnson, William Rosenberg** and **Peter** and **Bill O'Connell**... **Leslie Vinson** of the Quincy School of Ballet, 34 Franklin St., South Quincy, announced that classes were starting Sept. 14 for boys and girls ages two through adult... **Ron Della Chiesa**, host of WGBH FM's Music of America, visited Quincy Hospital's surgical floor during the Hospital's "Community Rounds" program... **Deborah Faenza Rines** of Quincy received a Juris Doctor degree from the New England School of Law. She is the wife of **Richard Rines**, director of information services at Boston Gas Company... **Patricia Toland**, Assistant City Clerk and former councillor at-Large, was scheduled to be the guest speaker at the Beechwood's Current Events Breakfast Sept. 1. Her topic: "Day to Day in the City Clerk's Office"... **James D. Asher** was installed as President of the Rotary Club for 1993-1994. He succeeded **Stephen Marini**... **Brian S. Barrett**, of Quincy, won a grand prize of $16,000 in Shaw's Third Annual "Cash for College Sweepstakes." Brian's mother, **Alfreda Barrett**, entered his name in the contest... **The Rev. George Hodgkins**, guest minister at Bethany Congregational Church, delivered the sermon, titled "Why the Church Grew"... Quincy girls, ages 10-15 years of age, were invited to attend a "Pre-Season Soccer Clinic" on Saturday, Aug. 28 from 10 a.m. to 2 p.m. at O'Rourke Field in West Quincy... **Brian Buckley**, director of the Council on Aging, announced that the Council had been awarded a grant of $32,018 from the executive office of elder affairs. The grant included funds to employ a van driver and three senior temp workers... **Councillor Joseph J. LaRaia**, director of the Summerfest program, announced that the 18th Army Band from Fort Devins would appear at the Ruth Gordon Amphitheater on Wed., Sept. 1... The South Boston Savings Bank, with two offices in Quincy, was advertising: "15 Year Fixed Rate Mortgages With An Annual Percentage Rate of 7.13%, No Points"... The 46th Annual Cade Cup Golf Tournament was scheduled to be held from Thursday, Sept. 2 through Labor Day at the Furnace Brook Golf Club... The Stop & Shop Company's "Food For Friends" fundraising program was scheduled to be held Friday, Aug. 27 from 11 a.m. until 2 p.m. in front of Stop & Shop headquarters, 1385 Hancock St., Quincy Center. Since its inception in 1989, the program has raised more than $800,000 for agencies serving the needy... The Woodward School announced a new "Co-ed After School Enrichment Program," which will be open to all children in grades 1-8. The program is designed to enrich children's thinking, motor and interpersonal skills through courses... Massimo's Café, 12 Blanchard Rd., Quincy, was offering daily "Dinner Specials for $6.99." Entrees are served with garlic bread and choice of soup or salad.

# Arts & Entertainment



PAST RAFFLE WINNER Kathy McDonald (second from left) with husband Don McCaffrey, from Milton, and (clockwise) Steve Olanoff and Cheryl Toffel, from Westwood, and Marlene Bennett and Mark Blackey, from Franklin, enjoy their first course last summer atop the Blue Hill Observatory. *Photo Courtesy Friends of the Blue Hills*

## Friends Of The Blue Hills Raffling Off Dinner Atop The Blue Hill Observatory

The Friends of the Blue Hills are raffling off a once-in-a-lifetime dinner for six at the top of the Blue Hill Observatory, the oldest continually operating weather observatory in the country.

The winner will enjoy breathtaking views of the Boston skyline and the ocean while dining on an elegant meal provided by Cypress Catering, the sister company of popular Milton restaurants Abby Park and Novara. Be Our Guest rental company will provide elegant china for the meal. The value of the prize is over $1,000.

Tickets for the raffle are $15 each or 3/$35 and can be purchased at www.FriendsoftheBlueHills.org/raffle2016. The drawing will be held at the organization's Annual Celebration on Thursday, Oct. 6, but you need not be present to win.

For more information, email info@FriendsoftheBlueHills.org.

## ENC Symphonic Winds Ensemble Seeks Wind, Percussion Players

Eastern Nazarene College's Symphonic Winds ensemble invites area wind and percussion musicians to join the group beginning Wednesday, Sept. 7 at 6:30 p.m. in the Cove Fine Arts Center (second floor), located on Wendell Avenue in Quincy.

Prof. Stephen Bell, the ensemble's director, said any adult, college or qualified high school instrumental player is invited to join the group, which holds weekly two-hour practices on Wednesdays at 6:30 p.m. There is no fee to join or participate in the 40-member ensemble.

"We're looking forward to a wonderful fall semester," said Bell, who is beginning his 15th year directing the Symphonic Winds.

For more information or to sign up to attend a rehearsal, e-mail your name, contact information and the instrument you play to scbell1@comcast.net or call the ENC Music office at 617-745-3715 so that music will be ready for you at rehearsal.


Local Programming Highlights on ... QATV

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| 6:00am: LIVE: AM Quincy w/Joe Catalano (audio) | 6:30pm: FYI: QHD Thrush |
| 8:00pm: Sports Night | 7:30pm: Bringing Beacon Hill to You: FY '17 |
| **Friday, August 26** | **Friday, August 26** |
| 11:30am: LIVE: Currently in Quincy | 6:00pm: City View with Mayor Koch |
| 11:00pm: Penny Dreadful's Shilling Shockers | 8:00pm: At the Library Concert: Craft String Quintet |
| **Saturday, August 27** | |
| 7:00pm: Problems w/Pipelines & Comp. Stations | **Saturday/Sunday, August 27/28** |
| 8:30pm: FYI: QHD Vegetarian Lifestyle | 9:00am: City View with Mayor Koch |
| | 12:00pm: QRD: Musical Theatre Workshop |
| **Sunday, August 28** | 3:00pm: At the Library Concert: Craft String Quintet |
| 10:00am: Bethany Congregational Church Service | 7:30pm: Bringing Beacon Hill to You |
| 12:20pm: Perspectives w/Gene Piazza | 8:00pm: QFD: Opioid Recovery: A Guide |
| **Monday, August 29** | **Monday, August 29** |
| 6:30pm: Bringing Beacon Hill to You: FY '17 | 6:30pm: FYI: QHD Empyema |
| 7:00pm: Democracy Now | 7:00pm: Studio Sessions: Ep 6 |
| **Tuesday, August 30** | **Tuesday, August 30** |
| 9:30pm: Free Our Voices: Belly Dancing & Politics | 6:00pm: Health Links: Emergency Medicine |
| 10:00pm: Constitution: Then & Now | 6:30pm: FYI: QHD Group B Strep |
| **Wednesday, August 31** | **Wednesday, August 31** |
| 8:30pm: Health Links: Medical Marijuana | 7:00pm: Quincy District Court: Law Day |
| 9:30pm: Sound Advice | |

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org


## LEGO, Nursery Rhymes, Crafts At Crane Library This Week

**By JULIE RINES**
*Thomas Crane Public Library*

The Thomas Crane Public Library announces the following events and activities for children this week.

**LEGO Building At Wollaston**

Ages 5 and older

Stop by the Wollaston branch library any time on Thursday, Aug. 25th from 10 a.m. to 4 p.m. for free-play LEGO building. Grab some LEGO bricks and build a boat, a spaceship, a double-decker couch - anything you want, then toss them back and try to make something else. LEGOs must be returned by the end of the program, sorry!

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

**TCPL at the Farmers Market (weather permitting)**

Join us at the Farmers Market at Pagent Field in Merrymount Park on Friday, Aug. 26th at 11 a.m. to 4 p.m. Stop by to meet Mother Goose and Little Bo-Peep, visit with the librarians and pick up information about fall storytimes and other events.

Children's librarians Jane Miller and Gail Columbare will present Mother Goose and Little Bo-Peep: a Nursery Rhyme and Song Extravaganza at noon. Bring a blanket to sit on and join us under the shady trees for this fun-filled program of stories and songs for children ages 4 months to 4 years old accompanied by an adult. This program is especially geared toward very young children.

Because this show is an annual favorite the show will go on come rain or shine; in case of inclement weather we will move into the large meeting room at the Main Library. Meeting room space is limited to the first 125 people; when we reach capacity we will close the doors.

Sponsored by the Friends of the Thomas Crane Public Library

**Art-to-Go**

Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy

Drop in from 2 to 4 p.m. up to age 8

**Art-to-go** is a 10-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 to 4 p.m. to make this week's craft. Craft for the week of Aug. 29th – Robots

Sponsored by the Friends of the Thomas Crane Library.

**Children's Movie @ North Quincy— Ice Age Continental Drift**

Join us on Monday, Aug. 29th at 2 p.m. at the North Quincy Branch for a showing of Ice Age: Continental Drift.

When Scrat accidentally provokes a continental cataclysm with a storm, Manny is separated from Ellie and Peaches on an iceberg with Diego, Sid and Granny but he promises that he will find a way to return home.

While crossing the ocean, they are captured by the cruel pirate Captain Gutt and his crew. However they escape and Manny plots a plan to steal Captain Gutt's ship and return to his homeland in a dangerous voyage through the sea. But the cruel pirates seek revenge against Manny and his family and friends.

This movie is rated PG and runs for 90 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

Summer may be coming to an end but events at the library continue. Stop by the library or check our website for information about storytimes, book groups and other programs that will be returning with the start of the school year.

## 12th Annual Houghs Neck 'ChowdaFest' Sept. 10

The 12th annual Houghs Neck "ChowdaFest" will be held Saturday, Sept. 10 from 2 to 6 p.m. at the Maritime Center in Houghs Neck, 137 Bay View Ave.

The "ChowdaFest" will feature at least two dozen recipes from local restaurants and individual contestants. Admission is $5 and includes a taste of each Chowda, live entertainment by the Danny Gallagher Band.

There will also be a cash bar serving wine and beer from Burke Distributors mobile keg trailer. A selection of cold drinks and food will be sold by the Boy Scouts.

The Houghs Neck Congregational Church will have their bake sale with all proceeds going to McKinney-Vento Homeless Assistance Program. For more details or to donate baked goods email Gayle gaylemackay@comcast.net

All proceeds raised from ChowdaFest will support local youth and family programs of the Houghs Neck Community Council. Any individuals interested in entering a "Chowda" should contact Eileen Timcoe at 617-479-4107 or 617-481-9153 etimcoe@yahoo.com.

Restaurants or businesses interested in entering a chowda or sponsoring a band for $500, tent for $100 or a keg for $50 can contact Jim McCarthy at (617) 285-8405 or HoughsNeckQuincy@gmail.com

Last year's event was attended by more than 1,500 people. Organizers are expecting more people this year.





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# Social




BOB AND ELEANOR McBRIDE on their wedding day Aug. 25, 1956. The Quincy couple was married in St. John's Church 60 years ago today (Thursday) and will celebrate their milestone this Sunday. *Photo Courtesy Marilyn McBride*

## Bob and Eleanor McBride Celebrate 60th Wedding Anniversary

A 60th wedding anniversary celebration for Mr. and Mrs. Robert McBride of Quincy Point will be held on Sunday, August 28th. Along with family and friends, the couple will attend the 8:30 a.m. Mass at St. Joseph's Church in Quincy followed by a brunch reception at The Inn at Bay Pointe.

Mrs. McBride is the former Eleanor O'Brien who grew up on Elm Street in Quincy. Mr. McBride is originally from Dorchester. Eleanor and Bob met at Cathedral High School in Dorchester and graduated together in 1951. Mrs. McBride graduated from Catherine Laboure School of Nursing in 1954. Mr. McBride graduated from Northeastern University and retired from Boston Edison in 1994 after 40 years.

They were married on August 25, 1956 in St. John's Church, Quincy followed by a reception at The Neighborhood Club in Quincy and a honeymoon spent touring Canada. In 1960, the couple purchased a home in Quincy and have lived there for the past 56 years. Ten years ago, the couple returned to The Neighborhood Club to celebrate their 50th wedding anniversary.

Mr. and Mrs. McBride are the parents of six children and ten grandchildren. Son, Michael (Mitch) McBride and his wife Marie of Abington; son, Tommy McBride and his wife Lynda of Shrewsbury; daughter, Maureen Mitropoulos and her husband Nicholas of Winchester; daughter, Mary Joyce and her husband Dan of Scituate; daughter, Margaret McBride of Hingham; and daughter, Marilyn McBride of Quincy.

Their beloved ten grandchildren are: Bobby and Andrew McBride, Alex and Tim Mitropoulos, Jennifer and Johnny McBride, Shelagh, Brendan, and Daniel Joyce, and the late Christopher Mitropoulos.



HAPPY 60TH ANNIVERSARY – Mark and Isobel Bertman of Quincy recently celebrated their 60th wedding anniversary. Mark and Isobel were married Aug. 5, 1956. The owners of Rogers Jewelry in Quincy Center came to the Quincy business community in the 1960s and have been an important and active part of the community ever since. Their greatest joys include spending time with their family and traveling the world. Customers often ask where they will be heading off to next. The Rogers Jewelry "family" extends congratulations to Mark and Isobel and wish them many more happy years of adventure.

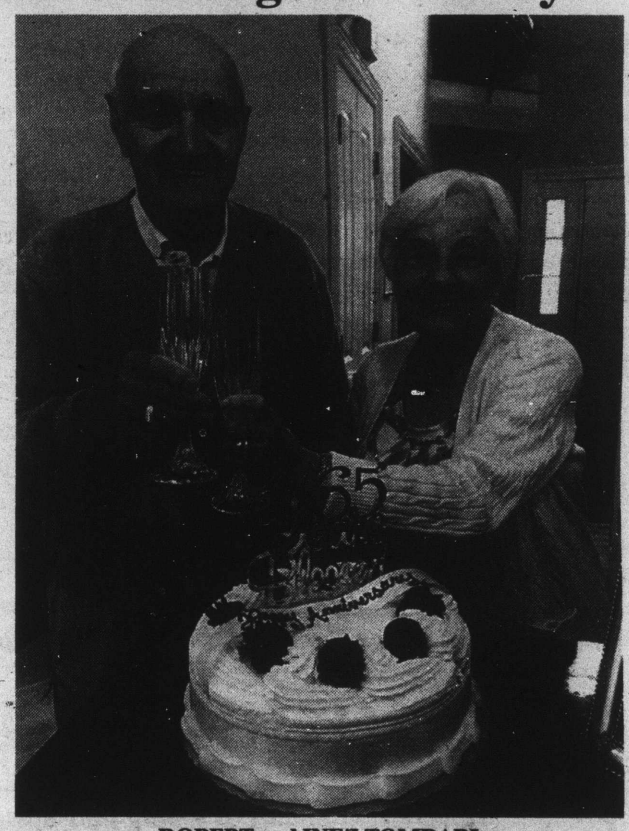
## Robert And Inez Tombari Celebrate 65th Wedding Anniversary

Robert and Inez (Calcagno) Tombari of Quincy recently celebrated their 65th wedding anniversary with family at the home of their son, Robert and daughter-in-law, Karon of Hanover.

They also have a daughter, Lisa Turner and her husband, Rick, of Hanover along with three grandchildren, Madison Tombari, R.J. Tombari, III and Bryan Turner.

The couple was married on Aug. 5, 1951 at St. Mary's Church in Quincy.

Both are life long residents of Quincy.



ROBERT and INEZ TOMBARI
*Photo Courtesy Lisa Turner*

## Council On Aging Quabbin Foliage Tour Oct. 11

The Quincy Council on Aging will leave the Kennedy Center at 9 a.m. Tuesday, Oct. 11 and travel to the Quabbin Reservoir area and West Brookfield's Salem Cross Inn.

The group will enjoy a full-course luncheon featuring soup, salad, chicken pot pie or maple salmon and dessert. After lunch the group will be joined by a native tour guide who will take them throughout the Quabbin Reservoir.

Following the tour the group will stop at Brookfield Orchards, one of New England's largest apple growers. The group should arrive back at the Kennedy Center at about 5:30 p.m.

The cost of the trip is $72. For more information on this trip call the Kennedy Center at (617) 376-1506.

To register visit the Kennedy Center at 440 East Squantum St., Quincy. Payment must be made at time of registration.

## COA Lobster Cruise To Gloucester Aug. 22

The Quincy Council on Aging will travel to Gloucester on Monday, Aug. 22nd for a Lobster Bake while cruising Historic Gloucester Harbor in true New England style.

On the way home the group will stop in Rockport for shopping and sightseeing.

Cost of this trip is $80. Payment is required at time of sign up. For reservations visit the Kennedy Center at 440 East Squantum St.

## Lip Balm Class Aug. 31

Piper Jornales, owner of Piper Dee Naturals, will visit the Kennedy Center Wednesday, Aug. 31 at 10 a.m. and lead a class in creating six different flavor lip balms.

Cost of the class is $10 to cover cost of materials. Registration is required as space is limited. Payment is due upon registration.

For more information call (617) 376-1506.

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# Interfaith Social Services Honors 36 Volunteers

Thirty-six local volunteers were recently inducted into Interfaith Social Services' Volunteer Hall of Fame. The evening featured food, fun and recognition for some very deserving individuals.

Hingham's Sons of Italy Hall hosted this year's annual event. Guests enjoyed a dinner catered by Fasanos of Braintree followed by an array of desserts prepared by Interfaith's staff and board members. Since 1947 Interfaith Social Services has been a safety net for thousands of children and families from the South Shore who are struggling to make ends meet. They operate one of Greater Boston's largest emergency food pantries, a mental health counseling center, homelessness prevention program, budget counseling services, Thrift Shop and they provide free professional attire to low income job seekers.

"Volunteers are the heart and soul of our organization," said Rick Doane Interfaith's executive director. "Each week over 100 volunteers serve within Interfaith's programs, in addition to over 700 corporate and civic volunteers from our partners in the community who serve annually. Last year these volunteers gave 23,349 hours in donated time serving Interfaith's clients. That is incredible! Our volunteers continually amaze me."

The focal point of the evening was the induction ceremony into Interfaith's Volunteer Hall of Fame. The Matti Lang Volunteer Hall of Fame is named after one of Interfaith's most dedicated volunteers who gave decades of his life selflessly serving Interfaith's clients. The honor of being inducted into the Hall of Fame is bestowed upon those volunteers who have been serving within the organization regularly for at least one year. Their names are inscribed on a plaque which hangs in Interfaith's foyer.

With hundreds of individuals volunteering alongside civic, religious and corporate groups Interfaith Social Services has become one of the South Shore's most popular centers for volunteerism and community engagement. Interfaith's volunteers commit to at least one three-hour shift each week, some fulfill multiple time slots. Morning, afternoon and evening shifts are available Monday – Friday. Volunteers work in the food pantry, thrift shop, front desk, or Career Closet. Serving in the food pantry includes assembling grocery orders for clients, restocking shelves and sorting food donations. Volunteering at the thrift shop is similar to working in a retail store. Volunteers sort through donations of clothing and household goods. They assist customers, fold clothes and organize merchandise for sale.

Anyone interested in volunteering at Interfaith Social Services is encouraged to contact volunteer coordinator Paula Daniels at 617-773-6203 ext. 28 or via email pdaniels@interfaith-socialservices.org.

Individuals inducted into Interfaith Social Services' Volunteer Hall of Fame were:

Braintree residents Alicia Soriano, Barbara Betzger, Cara Hafferty and Cathy Conley. Cohasset residents: Kara Bianchi, Karen Partridge, Patrick and Tanya Buchanan. Quincy residents: Anita Riley, Christine Hurley, David and Liz Powers, Angela Johnson, Ellen Richman, Graeme and Priscilla Marsden, Harriet Barrett, Karen Stapleton, Kelsey Rochleau, Larry Reardon, Stephen and Linda Greene, Pat Murphy, Peter Griswold, Robert McEvoy and Seerena Huxley. Maura O'Brien of Scituate, Jarrod Rotondo of Stoughton. Kristen Koch of Brighton. Patty Horne of Duxbury. Colleen Bolger of Hanover. Russell Goodman of Hingham. Bill Turpie of Hull. Hannah Bornstein and Jennifer Reidy of Norwell. William Swanson of Pembroke.



THIRTY-SIX local volunteers were recently inducted into Interfaith Social Services' Volunteer Hall of Fame including these South Shore residents. Back row: Barbara Betzger (Braintree), Jennifer Reidy (Norwell), Angela Johnson (Quincy), Peter Griswold (Quincy), Graeme Marsden (Quincy), Russell Goodman (Hingham), Patrick Buchanan (Cohasset), Stephen Greene (Quincy) 2nd row: Patty Horne (Duxbury), Paula Daniels (Norton), Tanya Buchanan (Cohasset), Priscilla Marsden (Quincy), Linda Greene (Quincy), Cara Hafferty (Braintree) Front row: Robert McEvoy (Quincy), Ellen Richman (Quincy), Rick Doane (Randolph), Christine Hurley (Quincy). *Photo Courtesy Christine Hurley*

## WHAT'S COOKING with *Marie & Suzie*

By MARIE D'OLIMPIO and SUSIE FALCO



## Chicken Thighs With String Beans And Wine & Tomato Sauce

By MARIE

I made today's chicken recipe in a matter of minutes. This is great for all of you who don't have a lot of time to prepare dinner after working all day.

This dish is made all in one pan so it will be an easy clean up.

I used my favorite, bone-in chicken thighs and they came out so tender that I think you will love this recipe.

**RECIPE**

**4 chicken thighs, bone-in**
**2 cups of frozen string beans**
**½ cup of tomato sauce**
**2 tablespoons of chopped onion**
**2 tablespoons of olive oil**
**¼ cup white wine**
**Salt and pepper**

I skinned the chicken thighs, but if you prefer to leave the skin on that is fine. Salt and pepper each thigh on both sides.

In hot oil sauté the onion for just a couple of minutes, add the chicken thighs cook and turn until lightly browned.

Add the wine and cover and cook for another 15 minutes turning sporadically.

Add the tomato sauce and the frozen string beans, cover and cook until chicken is tender about another 20 minutes or so.

You can tell this dish is done when the string beans and chicken are tender and chicken pulls away from bone.

## Tuscan Tuna Salad

By SUSIE

Have no time to cook? Too hot outside? Want something packed with protein and healthy vegetables that will keep you satisfied?

Well, this Tuscan Tuna Salad recipe is the answer! You can add in any other vegetable that you like, such as cucumbers or red peppers. Just make a bit more of the dressing! Enjoy!!!

**TUSCAN TUNA SALAD**

INGREDIENTS

**2 (16-ounce) cans cannellini beans, rinsed and drained (I use EDEN brand since they have no BPA in the lining of the can and are easier to digest)**
**4 tablespoon extra-virgin olive oil**
**1 (12-ounce) can solid-pack white albacore tuna in water, drained and flaked (I like Wild Planet brand because they use low mercury tuna)**
**1/2 medium red onion, thinly sliced**
**1/4 cup chopped fresh basil**
**1 cup cherry tomatoes, cut in half**
**2 tablespoons fresh lemon juice**
**1 teaspoon sea salt**
**1/2 teaspoon freshly ground black pepper**

Directions:

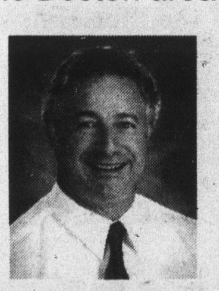
Combine the beans and oil in a large bowl and mix well. Add the tuna, onions, basil, sea, salt, tomatoes, lemon juice and pepper; mix well.

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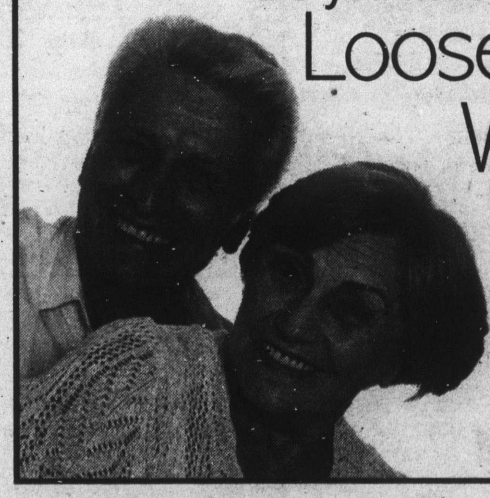


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# Back-To-School Pointers For A Smoother Transition

By RUTH JONES
BSN, RN, BC, CP-FS

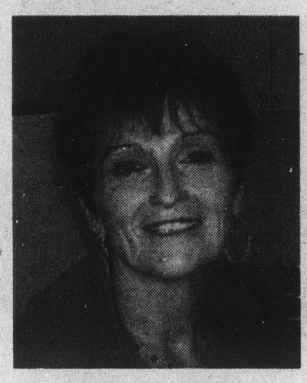
The start of a new school year can arouse dread in parents and kids alike. Aside from marking the end of summer's leisure, back to school beckons the start of a frantic time for many families, a time during which parents scramble to update immunizations, re-establish more systematic eating, television, and bedtime routines, and keep kids on a healthy path.

Going from lazy, lingering summer days back to the rigors of a classroom can be a jarring wake up call for both you and your child. It's normal for kids to experience a variety of emotions associated with returning to school. Though each child reacts differently to going back to school, there are some basic steps you can take to address their apprehensions and make the transition process a bit smoother.

If your child seems anxious, remind him or her that there are probably a lot of students who are uneasy about the initial day of school. This may be the case at any age. During early and middle childhood, it is essential that children have supervision.

A responsible adult should be available to get them ready and off to school in the morning and oversee them after school until you return home from work. If alternate adult supervision is not obtainable, parents should make specific efforts to supervise their children from a distance. Kids should have a set time when they are expected to arrive at home and should check in with a neighbor or with a parent by telephone or text.

With the inception of a new school year, teachers are well aware that students are nervous and will make an extra effort to make sure everyone feels as comfortable as possible. Pointing out the upbeat aspects of starting school to your children helps to create optimistic anticipation about the first day. Remind your child that they will see old friends and meet new ones. Refresh his or her positive memories about prior years, when he



RUTH JONES

or she may have returned home after the first day full of excitement because of a good experience.

Starting at a new school can present an especially intimidating challenge and may stimulate concerns about acquiring new friends. An outside class or hobby such as dance or a sport can provide a conversation starter and open up the prospect to meet kids beyond your child's usual circles. Talking to your children about former challenging situations that they successfully managed also boosts confidence and self-esteem. Likewise, if your child has recently experienced a disruption at home, such as moving or divorce, they may be particularly vulnerable to feeling stressed about returning to school. If this is the case for your child, initiating a dialogue by asking open-ended questions can give your child the space to figure out and express their own feelings.

Beginning a new grade also generates new challenges. Conceivably, your child may be expected to do extensive homework or compose a research paper for the first time. The thought of not measuring up academically can bring on new fears. A new class roster can mean adjusting without friends who have provided a social foundation in preceding years. The best defense for these novel situations is a good offense. Try to present this as an opportunity for your child to broaden their group of friends, rather than a tragic loss of customary faces. If possible, obtain the class list and set up a play date before school starts, so that your child will have a new friend to look for on the first day. Establishing a schedule for your child to also catch up with old friends, can assist in making the transition a little less daunting. Becoming organized and instituting reassuring routines can go a long way to making a child feel competent.

At the start of the new academic year, the buzz of a particularly hard teacher may fuel dreading or disliking this educator. Help your child keep in mind that one person's feared teacher can be another kid's favorite. Though it's okay for your child to express their dislike of a teacher, they should be expected to remain respectful. Encourage them to be open-minded and approach this as an opportunity to help them discover how to deal with people that they may find problematic. Listen to their issues and make every effort to attend parent-teacher conferences to get your own view of the situation.

It is normal for every child to react to going back to school in her own unique style. As a parent, it is extremely tempting to relate your own experience to your child's life. While a trip down memory lane can provide valuable insight, keep in mind that your child is not you. Calmly listen and provide reassurance, but try not to intensify anxiety with old reminiscences and good intentions.

Ultimately, the most important tool you can use is to know your own child. Most back to school anxiety is anticipatory. If the level and type of anxiety seems a distinct departure from your child's normal behavior and persists well beyond the beginning of the school year, consider pursuing outside help.

Start by talking with their teacher. Next, a school counselor or psychologist can provide beneficial guidelines and resources. Anxiety disorders do affect children and are often overlooked because frequently such children do not tend to act out. Observe the situation, but also try to keep it all in perspective. For most kids, back to school jitters will dwindle away as easily as summer's warmth in the fall.

*Ruth Jones is the director of Nursing for the City of Quincy Health Department.*

# AAA Reminds Motorists: Drive Carefully

As 50 million children across the country begin heading back to school, AAA Northeast urges motorists to slow down and stay alert in neighborhoods and school zones, and to be especially vigilant for pedestrians during before- and after-school hours.

The afternoon hours are particularly dangerous for walking children – over the last decade, nearly one-third of child pedestrian fatalities occurred during after school hours between 3 and 7 p.m.

"AAA's School's Open – Drive Carefully awareness campaign was designed in 1946 to curb a trend of unsafe driving behavior in school zones and neighborhoods that can result in children's injury and death. Seventy years later, the message remains- we must remind motorists to slow down and stay alert as kids head back to school," said Mary Maguire, Director of Public and Legislative Affairs for AAA Northeast.

AAA offers helpful tips to keep kids safe this school year:

**1. Slow down.** Speed limits in school zones are reduced for a reason. A pedestrian struck by a vehicle traveling 25 mph is nearly two-thirds less likely to be killed compared to a pedestrian struck by a vehicle traveling just 10 mph faster. A difference between 25 mph and 35 mph can save a life.

**2. Eliminate distractions.** Children often cross the road unexpectedly and may emerge suddenly between two parked cars. Research shows that taking your eyes off the road for just two seconds doubles your chances of crashing.

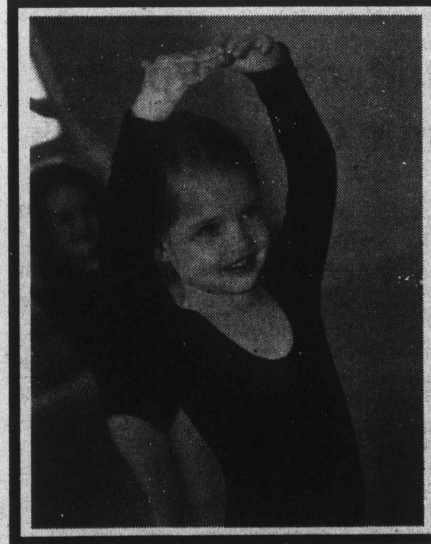
**3. Reverse responsibly.** Every vehicle has blind spots. Check for children on the sidewalk, driveway and around your vehicle before slowly backing up. Teach your children to never play in, under or around vehicles—even those that are parked.

**4. Talk to your teen.** Car crashes are the leading cause of death for teens in the United States, and more than one-quarter of fatal crashes involving teen drivers occur during the after-school hours of 3 to 7 p.m. Get evidence-based guidance and tips at TeenDriving.AAA.com.

**5. Come to a complete stop.** Research shows that more than one-third of drivers roll through stop signs in school zones or neighborhoods. Always come to a complete stop, checking carefully for children on sidewalks and in crosswalks before proceeding.

**6. Watch for bicycles.** Children on bikes are often inexperienced, unsteady and unpredictable. Slow down and allow at least three feet of passing distance between your vehicle and the bicycle.

If your child rides a bicycle to school, require that they wear a properly fitted bicycle helmet on every ride. Find videos, expert advice and safety tips at ShareTheRoad.AAA.com.

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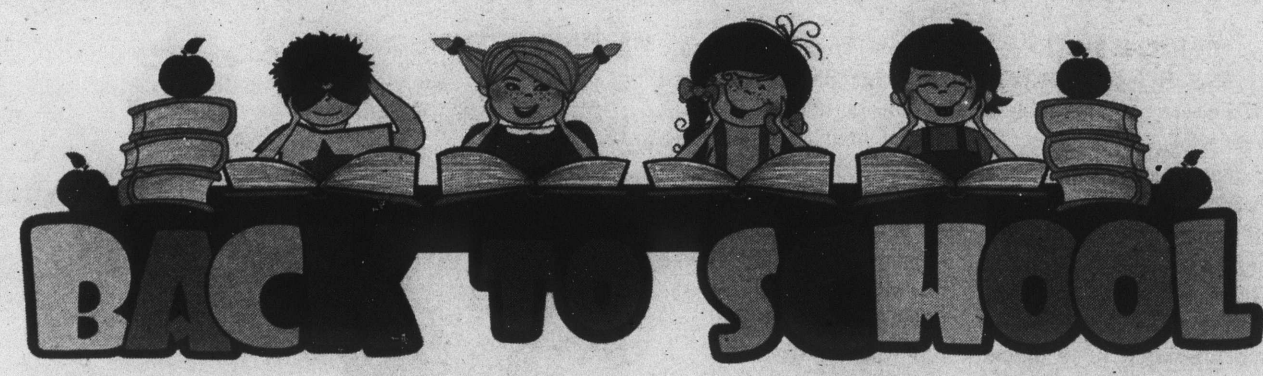
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# 565 On Central Middle School Third Term Honor Roll




Five hundred sixty-five students made Central Middle School's third term Honor Roll.

**HIGH HONORS**

**Grade 8:** Sarah S. Alkhafahi, Shilan G. Arda, Richelle P. Barry, Madeline J. Bergonzi, Jose D. Betancourt, Jaya R. Bhalla, Lindsay M. Bina, Andrew W. Bradley, William N. Brown, Taylor M. Burgess, Ashley L. Caldwell, Kaylin M. Chan, Lydia H. Chan, Samantha Chan, Alyssa Z. Chen, Arleena Chen, Kelly T. Chen, Li Qi Chen, Na Chen, Stanley Chen, Yu Xin Chen, Julia A. Collins, Molly C. Cronin, Charles Justin J. Culata, Xhoana Cuni.

Isabella J. DeAmicis, Abigail H. Der, Joey Diep, Maeve B. Farrell, Benjamin W. Fehan, Olivia J. Fitzpatrick, Coleman P. Flaherty, Cormac J. Flaherty, Kevin J. Gallagher, Gerard H. Gannon, Xue Er Gao, Nicole N. Gaykova, Alyssa N. Gonzales, Jack L. Gurwitch, Nejwa A. Hamad, Zachary W. Hatfield, Yuxin N. He, Amanda J. Hellmuth, Olivia R. Herman, Wil P. Hingston, Jordan D. Hoang, Jasmine Horburapa, William J. Huang, Christopher F. Hussey.

Alexander J. Ireland, Gina Jiang, Julia Kapcia, Taylor A. Kinsley, Melissa R. Knight, Sarah C. Knight, Serena M. Krejci-Papa, Wai Lam K. Kwong, Ryan L. Lam, Sarina P. Lau, Mya H. Le, Thomas Le, Shane Lerkvikarn, Erin Leung, Daniel P. Levine, Jenny Li, Yong Yu Li, Jaman W. Liang, Jing W. Liang, Alice N. Lin, Linda Lin, Xin Yi Lin, Zi Yan Lin, Ethan T. Lunny, Anasthasia Luong.

Rory C. Mahoney, Wei Ning Mai, Aisling N. Mannion, Erik T. Mayo, Tara R. McLeary, Thomas G. McCormack, Ethan C. McDevitt, Jake B. McGahey, Elizabeth W. McGough, Emma R. McLoughlin, Joshua G. McMillen, William P. McMillen, Allison H. McMorrow, Megan C. Miller, Su Yee N. Mon, Amanda C. Morris, Aidan P. Murphy, Delaney E. Murphy, Drew E. Murphy, Edwin D. Nguyen.

Madison E. O'Brien, Kasey E. O'Mahony, Sarah C. Pillone, Ryan M. Quirk, Patrick J. Rak, Jullana Louise A. Salbibia, Jennifer W. Small, Sabrina A. Soto, Juliana S. Stagg, Peter M. Tang, Alisha T. Tran, Brandon W. Tran, Jessica N. Tran, Shaylen R. Vangestel, Michelle T. Vu, Sokha A. Walsh, Alita P. Wanaslip, Sophie A. Wilson, Vivian M. Wilson, Amanda M. Wong, Matthew C. Wong, Jim W. Xi, Fung Xu, Kathy K. Xu, Annie X. Yang, Jenny Zeng, Cristina Zhao Zhen, Elva Zheng, Melissa Zheng, Wen Qi Zheng, Jake Zhu, Linda Zou.

**Grade 7:** Kylie B. Acerra, Nicole A. Acerra, Kayla M. Agcaoili, Caitlin J. Ainsley, Isabelle C. Assaf, Dea Avdulla, Michael N. Bassett, Shayna N. Bellotti, Anatoliy O. Berezyuk, Arya M. Bhalla, Emma D. Boothroyd, Darby M. Boudreau, Catherine D. Brown, Julie E. Buckley, MacKenzie L. Canty, Kelly Chan, Sabrina Chan, Duksing Chau, Benson Chen, Dennis Chen, Janet Chen, Jiecy Chen, Michelle Y. Chen, Benjamin D. Chin, Kasey Chow, Alex Chui, Renee S. Clermont, Charles T. Clifford, Charles D. Codner, Michael J. Collins, Patrick J. Cullinane.

Steve Dalla, Hannah M. Demore, Joseph L. Dinh, Robert F. Donovan, Victoria Duong, Eileen K. Durgin, Ted G. Eng, Chloe E. Flynn, Ashton-Enzo Foley, Gabriella A. Franceschini, Liana Gao, Bridget M. Gardiner, Marsha S. Germain, Ryleigh G. Gilmartin, Ashley R. Grehan, Brian J. Gutro, Jaden B. Hallisey, Isabella E. Hanley, Manar H. Hassan, Emilia A. Henry, Victoria L. Hill, Kyla C. Ho, Fallon G. Hobin, Zhiyuan N. Hong, Oceana Huang, Charlotte A. Hughes, Samuel C. Hurley, Michelle C. Huynh, Thuan M. Huynh, Thuy N. Huynh.

Angela K. Jee, Joseph P. Johnson, Matthew C. Kelly, Jose Maria Gabriel L. Las, Shawn Lee, Matthew T. Leonard, Jenny Li, Lawrence Li, Michelle Li, Vicky Li, Wei Cheng Liang, Selina Lin, Xing Yu Lin, Daniel X. Liu, Samantha C. Liu, Youliang Liu, Ying L. Loo, Tengda N. Louie, Emma P. Lyons, Kelly D. Ma, Charles J. Maher, Horace H. Mai, Sarah E. McDonald, James R. McGillicuddy, Julia C. McGillicuddy, Nicole Y. Mei, Amy L. Melchin, Mikala Moy, Hannah E. Murphy, Niamh E. Mwafulirwa.

Jack M. Nelson, Steven H. Nguyen, Courtney E. O'Brien, Rayne M. O'Gara-Pratt, Emma J. O'Neil, Adam P. O'Neill, Kaci M. Pettigrew-Lynch, Joyce A. Ramos, Alyssa M. Ryan, Lily G. Scola, Rebekah J. Shields, Blake A. Smith, Fiona G. Smith, Samuel D. Stone, Cindy A. Su, Shirley L. Tang, Danny T. Tran, Julia N, Tran, Quangvinh H. Tran, Eileen K. Trenholm, Standy C. Truong, Vivian Truong, Dayana N. Ukraine, Leah E. Walsh, Kylie A. Wright, Helen J. Yan, Jenny J. Yang, Michael A. Yu, Gregory Zeng, Sonny Zang, Menglin Zheng, Sophia Zheng, Jessica L. Zisk, Alvis Zou.

**Grade 6:** Charles K. Affleck, Noel Jose G. Alverao, Carly S. Amendolare, Maurice C. Ampane, Brandon C. Baker, Fiona Berberi, Jonathan E. Bina, Julia T. Bo, Dorothy S. Brown, Jennie A. Burgess, Sandy M. Cai, Caroline C. Cavicchi, Adelin K. Chan, Katelyn K. Chan, Flora Chen, Michelle X. Chen, Nicholas J. Chen, Serena H. Chen, Sho Chen, Cheuk Yin Cho, Michael A. Colantonio, Jack E. Collins.

Florence T. Daley, Amyah A. Davis, Ryan A. Dear, Rebecca C. Deng, Natalya M. Desmond, Maya A. Dijkstra, Zachary M. Donaghue, Maeve C. Dugan, Sabrina M. Egan, Nicholas R. Ferrara, Pablo A. Flores-Munoz, Simon C. Ford, Emma V. Glavin, Cassandra E. Gordon, Aoibhe S. Gormley, Nathan K. Guan, Scott Q. Gutro, Lily M. Hart, Lindsey A. Hatfield, Colin J. Hingston, Antenella T. Ibrahim, Upasana Joshi, Angelina L. Lee, Frank X. Lee, Trista J. Lee, Joe H. Lei, Sabrina Leung, Jaden S. Liang, Ada Lin, Shelly Lin, Wilson Lin, Ting Shing Liu, Annie Q. Lu, Yuanxin N. Lu.

Maggie C. Ma, Megan L. Mann, Madeline A. Mayo, Kayla R McNelley, Matthew J. Miranda, Rebecca L. Morris, Quinn R. Murphy, Thomas B. Murray, Nandan Nair, Liem C. Nguyen, Gabriel L. O'Brien, Riley P. O'Connell, Olivia T. Pham, Samarth Prashanth, Zoe O. Rakarich, Jordan D. Reilly, Dylan H. Rizzo, Elise V. Roche, Coleman J. Ross.

Michael A. Schinazi, Karthik N. Shankar, Teresa N. Sheedy, Ananya A. Singh, Oliver C. Smith, Benjamin F. Snyder, Seamus R. Stirling, Alexander D. Tran, Amy L. Truong, Shayla N. Truong, Elisa N. Van Dijk, Grace Y. Xu, Ivan C. Yang, Kathy Yang, Kelly N. Yang, Songen Yu, Yongmei Yu, Aiden T. Zeng, Bonnie N. Zeng, Justin L. Zhao, Gina Zheng, Jilin N. Zheng, Selina Z. Zheng, Tiger Y. Zhu, Elena T. Zlatanova.

**HONORS**

**Grade 8:** Logan S. Almeida, Philip B. Austin, Badr Eddine Bahri, Brendan J. Bailey, Sarah E. Baker, Jessamine J. Bearchell, Shania M. Butler, Frank P. Calabro, Hau L. Chan, Xin Yan N. Chen, Robert G. Chin, Benjamin Antonio C. Correia, Ian D. Cramond, Abigail E. Decie, Alecia J. Dicicco, Jamie L. Dicicco, Brendan T. Donovan, Victoria C. Durham, Mounia El Maslouhi, Isabella S. Enbar-Salo, Jordan Feng, Madelyn H. Ferreira, Kaitlyn P. Fox, Eoin B. Gormley, Aakash Y. Hasabnis, Aidan P. Healy, Aaron S. Huang.

Emily P. Irion, Samantha M. Jaehnig, Henry-McAnthony N. Kofoworola-Kuti, Michael T. Levine, Justin J. McDevitt, Colleen A. McGee, Jackson B. McMahon, Cameron S. Miller, Sara M. Mitchell, Jessica Nguyen, Coryn L. Nimpleggi, Dylan V. O'Brien, Damian Papajani, Landon J. Pierron, Amanda R. Powers, Alexa K. Radzik, Courtney H. Ross, Anastasia M. Roth, David F. Ryan.

Andrew J. Smith, Colby A. St. Marie, Cheng Sun, Jonathan Tan, Brenna M. Tobin, Ygan Jae c. Tumapang, Nyri M. Tyler, Benjamin M. Welch, William T. Whooley, Jaydek Wong, Jordan D. Wu, Cayla R. Zapata, Crystal Zeng, Shu Qian Zheng, Angela Zyba.

**Grade 7:** Michael P. Allen, Neddy C. Andre, Daniel M. Artinian, Reilly M. Barrett, Ian J. Barrette, Patrick R. Bates, Luke J. Bertrand, Jeffrey J. Burke, Brendan M. Cavin, Ryan K. Chau, Di N. Chen, Timothy S. Chen, Ryan P. Chetwynd, Christopher J. Comlin, Robert D. Conboy Murphy, William P. Cook, Marlana J. Davis, Alexander K. Demeritt, Haley M. Drinkwater, Collin P. Driscoll, Kyle P. Driscoll, Kaylan B. Dunlea.

Caitlyn E. Enos, Emily L. Fitzpatrick, Kylee M. Flemming, Colleen B. Flynn, Salvatore G. Garcia, Seamus E. Geary, Nicholas M. Govostes, Caleb J. Gray, Gent A. Haviari, Qilin Huang, Steven Y. Huang, Robert J. Jaehnig, Aaradhana Joshi, Andrew J. Kabilian, Madison R. Kubera, William J. Lau, Ivan C. Lee, Jason Y. Li, Ryan Li, Thomas P. Li, Tina Lin, Christopher Joshua A. Llaga, Isabella C. Lombardi, Amy F. Ly, Calvin Mai, Dongrong Mai, Jamal X. Maximilien, Vanessa M. Mazzini, Connor X. Mui.

Liam J. Norton, Conor R. Ollmann, Michael W. Orla, Sarah J. Patacchiola, Kham Ngoc Pham, Ryan P. Phelan, Luis A. Ramos, Jasmine M. Santos Fragoso, Daniel A. Scolaro, Samantha E. Smith, Lena M. Solmini, Lingkai N. Sun, Ryan D. Tapper, Landon K. Thong, Olivia N. Tierney, Abigail C. Toland, Kevin O. Toler, Diana Truong, Casimir Valencius, Dan D. Vu, Tiffany Vu, James L. Ward Jr., Yuyang N. Wei, Richard Xie, Abby R. Yanovitch, Michael Zhang, Marsha Zheng, Ryan N. Zheng, Vincent Z. Zheng, Hao Bin Zhong.

**Grade 6:** Alex Andoni, Kaung M. Aung, James F. Bradley, Dallas M. Burnes, Anna B. Cahill, Nia M. Cahil, Jerry M. Caldwell Jr., Carmela R. Canavan, Eric Y. Chan, Natalie Chan, Chonghao Chen, Kevin Chen, Song Yu Chen, Clayton H. Corley, Liam B. Crampton, Tony G. Eng, Mario J. Evora Fonseca, Gracie L. Falletti, Aidan R. Fleming, Elle-Teresa O. Frechette, Niamh S. Gallen, Ryan S. Gately, Harrison C. Guadiano, Avery J. Glennon, Brendan M. Glynn, Alexander Z. Gu.

Molly J. Hendry, Grace M. Hickey, Adam S. Huang, Xing Hao Huang, Leslie W. Kahugu, Natalia A. Kepczynski, Nicholas C. Ladas, Kevin V. Le, Hsuan Yu Lin, Jeffrey Lin, Rihui N. Lu, Huy K. Luong, Hunter A. Mac Isaac, William J. MacDonald, Adam J. Maier, Adam D. Manter, Sophie T. Mayo, Keighley E. McLaughlin, Benny Mei, Cameron B. Melchin, Colleen M. Moran, Dylan H. Mui, Laila L. Mullgrave.

Michael P. Nellany, Max S. Nixon, Luke J. Pierron, Kailey J. Ross, Megan M. Ross, Gerelle L. San Jose, Olivia T. Santangelo, Mia F. Scott, Sarah Shishko, Renea L. Smart, Cameron S. Sullivan, Tari-Anna L. Thomas-Smoot Tan Dat L. Tran, Jada K. Tran, Athina Vrapi, Zhi Ming Zeng, Nicole Zhang, Ivan Zheng, Steven W. Zhou, Jenny Zou, Sarah N. Zyba.

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## Free Student Backpacks At Islamic Center Of NE

The Islamic Center of New England, 470 South St., Quincy, will host a free Back-To-School Giveaway Saturday, Aug. 27 from 11 a.m. to 1 p.m.

ICNE will distribute free backpacks to students.

The Islamic Center of New England has been running this program for the past five years with ICNARelief. This group conducts the program all over the country.

For more information, visit icanrelief.org or http://www.back2schoolgiveaway.com.

# 341 Students On Atlantic Middle School Honor Roll

Three hundred forty-one students at Atlantic Middle School made the school's third term honor roll.

**HIGH HONORS**

**Grade 8:** Ryan T. Bergin, Samantha A. Cao, Rachel K. Capone, James D. Cawley, Amanda Y. Chan, Brian Chen, Jeffrey L. Chen, Shirley Chen, Shuyang Chen, Tiffany Chiu, Aimee C. Cluett, Alexa J. Cohen, Benjamin P. Debisschop, Thong D. Do, Audrey S. Duclos, Stephen R. Hallahan, Yixuan He, Xin Yu Hu, Aaron Huang, Hefi Jiang, Phoebe I. Johnston, Mairead A. Kelly, Olga Kosinksi, Anna Lai, Jacky Lam, Priscilla H. Lau, John V. Le, Brendon Lee, Qian Wen Li, Shiqin Lin, Weicheng Lin, Weinuo Lin, Xinkai Lin, Jessica J. Liu, Boi G. Luu.

Dimitrije Marjanovic, Thomas P. McGovern, Michael W. Mei, Wei K. Mei, Christina N. Nguyen, Du Nguyen, Kenny Q. Nguyen, Emily Y. O'Regan, Jillian A. O'Toole, Shaohang Ou, Srujana Pannem, Olivia L. Peluso, Karen Phung, Danni Qu, Xian Hao Ren, Bora Selvi, Joanna Setow, John Shi, Kenny W. Tran, Twuyen Tran, Charles L. Undag, Ainsley N. Walsh, Xinyao Wang, Wen Bin Wu, Lin Zeng, Henry H. Zhang, Jackson Zhao, Xiaocong Zhen, Christine Zheng, Winnie S. Zhou.

**Grade 7:** Charlotte E. Airosus, Harris Altaf, Sebastian N. Banescu-Pryds, Caitlyn R. Buckley, Lillian M. Burke, Canfeng Chen, Ke Chen, Xiao Lei Chen, Yan Ling Chen, Chloe B. Chin, Thanh T. Do, Miguel E. Gonzales, Jimmy Q. Huang, Tiffany Huang, Subear J. Hussein, Lindsey B. Keenan, Christy W. Li, Kenny Li, Michelle Li, Sara Liang, Vicky J. Lin, Yuting Lin, Mary C. Loney, Karina M. Luke.

Lauren E. Manning, Charles B. Marcheski, Lauren C. Medeiros, Cindy Y. Mei, Viktoria P. Miller, Nicholas T. Nguyen, Brigid R. Norris, Ciara R. O'Connor, Victora M. Talarico, Vanessa T. Tsang, Paris O. Vestal, Maeve A. White, Elaine M. Wong, Eric Wu, Qi Q. Wu, Kelvin X. Xu, Annie Yu, Cecily Zhao, Christina Y. Zhen, Michelle Y. Zhen, Fanny Zheng, Marissa Zhu, Xiaoyue N. Zhu, Gina Zou.

**Grade 6:** Alexandra F. Abrahamovich, Jessica Aliosa, Deana L. Antunes, Yoon M. Aung, Emmett S. Bandzak, Sophia J. Barnes, Christopher Chan, Crystal Chen, Fiena Chen, Jeffrey Chen, Nancy X. Chen, Rou N. Chen, Samantha K. Chen, Vivian Chen, Brian M. Choi, Mia N. Cluett, Mairead C. Curran, Liana S. Dararaksmey, Shane M. Faherty, John M. Fehan, Jamar J. Finn, Yuxuan Gang, Ethan K. Gao, Shayla M. Goba, Eric Y. Guan, Phoebe Guan, Vanessa S. Guan.

John A. Hall, Tina V. Hoang, Safiye S. Iskenderoglu, Bridget A. Keane, Olivia Kosinski, Emily Kuang, Moe Pwint P. Kyaw, Ada V. Lau, Rachel K. Lee, Tanisha C. Liang, Jialing N. Lin, Sherri Lin, Yan Xin Lin, Kayla M. Lindsay, Ashley D. Lu, Francesca G. Magnarelli, Victoria G. Mariano, Jamie A. McAleavey, Ashley B. Morash, Phuong V. Nghiem, Andrea N. Ngo, Orla J. O'Driscoll, Quinlan J. Perry, Olivia N. Pham, Nikki T. Phan, Michael A. Pollastretti, Myra N. Qasim.

Isabel P. Scott, Melody Tai, Alexandra N. Talarico, Stanley Tian, Marissa I. Tolini, Charlotte T. Trevisan, Martin Vo, Jeffrey Wu, Jiawei Wu, Meiying Wu, Jeff Yu, Nancy Zhang, Decheng Zheng, Han Zheng, Ivan N. Zheng, Nathan Zheng, Joyce Zhong, Jia Ye Zou.

**HONORS**

**Grade 8:** Zeynab H. Alzubaidy, Macarena N. Arrue Riofrio, Shannon B. Boylan, Jared W. Bragdon, Brian J. Chum, Michael M. Costello, Kevin Dinh, Teaaithea Duka, Mariah N. Everett-Ortiz, Angela N. Gen, Brigid N. Flynn, Andrew T. Hally, Wilhen Hui Mei, Nawal S. Khalif, Chor Yan Kwong, Ava F. Lapsley, Jack Li, Tyler Li, Taylor B. Liang, Lac G. Lieu.

Hanna R. MacDonald, Peyton J. McGaffigan, Richard J. Merna, Brandon Nguyen, Justin H. Nguyen, Tony H. Nguyen, Shane R. O'Connell, Aoife Y. O'Donovan, Denise G. O'Donovan, Emily E. O'Malley, Marisa A. Riley, Norika Tang, Isabella A. Thong, Joshua R. Welch, Julie Wong, Xianyi Zhang, Junxi Zhao, Yuweiming Zhao, Jenny Zhuo, Kevin Zou, Theodora Zygouras.

**Grade 7:** Sriya M. Annambhotla, Brian B. Bui-Tran, Phillip P. Byrne, Pearl E. Carey, Makayla L. Carini, Narah C. Cohen, Anthony B. Coughlin, Daoning Cui, Kylie M. Davis, Jordan D. Della Barba, Emma M. Devin, Tyler J. Downey, Cindy Duong, Xiao J. Feng, Shariel Joy M. Fielder, Emma J. Ford, Yu Ting Gao, Klejt Gega, Heather N. Griffin, Maeve M. Griffin, Emmy J. Guan, Nicole M. Hartnett, Kaylee A. Hirtle, Kevin Huynh, Megan A. Jonah.

Olivia J. Keaney, Ronan P. Kelly, Mikayla G. Kennedy, Ronan P. Lapsley, Tyler D. Le, Eric S. Lee, Jie Hong Li, Kevin Lin, Yutong Lin, Andy Y. Liu, Andrew H. Luo, Joyce Q. Mo, Jade E. Murphy, Ryan N. Naili, Tai A. Ong, Christian J. Perez, Katrina Pham, Talha N. Qasim, Thomas W. Roche, Sierra A. Rodrigues, Kevin Shi, Steven Tan, Seamus S. Trainor, Danny Tran, Eliana K. Tran, Melanie N. Tran, Steven M. Wallace, Luna K. Wan, Tammy Wang, Bao Neng Wei, Baoying Weng, Jia J. Wu, Qiangai Xu, Timothy S. Xu, Jacob K. Yee, Jacob R. Zarges, Huirong N. Zeng, Harry H. Zheng.

**Grade 6:** Gulisumuayi Aihemaiti, Yusef H. Alzubaidy, Rean R. Beqo, Kiyan L. Bias, Kathryn E. Boylan, Jieheng N. Cao, Liam J. Carey, Alana M. Defelice, Martin Demo, Omar M. Elhashash, Taylor P. Ferolito, Daniel C. Freeman, Jared P. Gaven, Maria A. Geary, Stephanie J. Huang, Wilson Huang, Charlotte E. Kelliher, Artur T. Kudaiarov.

Quinn H. Lamotte, Brian Lee, Zong Hai Li, Sebastian J. Liang, Man Hue Lien, Kevin Lin, Kitty S. Liu, Matthew K. Lowe, Jonathan R. Manning Jr., Madison A. McGrath, Baileigh D. McMahon, Kate T. Myers, Jaclynn P. Nguyen, Vincent Nguyen, Caitlin Y. O'Regan, Sofina L. Paz, Wilson Phan.

Tyler G. Salfity, Qunonuw L. Scott, Kaylee A. Sleiman, Kiera L. Sleiman, Amber Tran, Quan A. Tran, Ihudiya P. Ugwu, Ryan A. Van, Elias G. Walsh, Ming Wei Wang, Aidan T. White, Pamela R. Williams, Brandon H. Wong, Oscar Wong, Samuel K. Wong, Justin Wu, Li Juan Zheng.

# 149 Students On Point Webster Honor Roll

One hundred forty-nine Point Webster Middle School students made the school's third term honor roll.

**HIGH HONORS**

**Grade 8:** Anthony C. Alves, Joseph J. Ban, Karen Cao, Hillary B. Chen, Alessandro Cosgrove, Rebecca Dang, Aparadeetya N. Das, Jean J. Feliciano, Amaryllis J. Gu, Kyler Hoang, Elizabeth Huynh, Annabelle Q. Le, Thomas B. MacPherson, Eric D. Manter, Lorena A. Martinez, Paige E. Maze, Kiana A. Molina, Melanie T. Nguyen, Sydney V. Nguyen, Tiffany Pham, Megan E. Piquette, Krystyna S. Ryan, Olivia B. Skinner, Josiah D. Sleeper, Alexandra J. Smith, Avash Subedi, Virginia To, Adam Trac, Timothy C. Truong, Caren Wang, Qi Wen Zhou.

**Grade 7:** John M. Cawley Jr., Ruihua Chen, Abigail G. Deane, Kelsy K. Duong, Jacob R. Ferrullo, Noela Janka, Rachel Anne Lafferty, Limei Li, Annie A. Liang, Raymond N. Liu, Antonia L. Logan, Rachel T. McKenna, Thuan Duc Nguyen, Vera P. Nguyen, Emily Phamnguyen, Kenia C. Rosemberg, Joselle A. Samson, Susanne K. Tedeschi, Andrew Tran, Nelson K. Tsang, Hsiu-Chu Tsao, Lilian T. Uong, Kenny T. Vo, Xiang Guang Xu, Dong Pei Zhang.

**Grade 6:** Andrew M. De Franca, Kyle C. Galecia, Sandy Guan, Julia Jin, Emily W. Leong, Oscar Li, Nicola Liang, Adrianna E. MacPherson, Priyal H. Nanda, Dhanvi R. Puttur, Paige B. Raber, Varshini Raman, Ekow M. Sam, Jamie Tam, Sandra Y. Tan, Belle C. Tran, Natalie P. Tran.

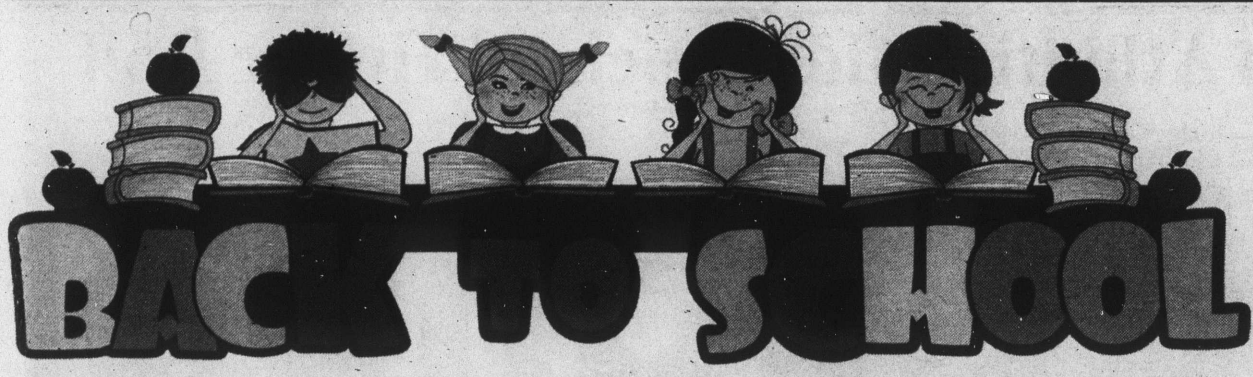
**HONORS**

**Grade 8:** Jelinsky E. Alteus, Sean J. Butts, Francesco J. D'Agostino, Arianna K. Dalrymple, Han T. Diep, Ryan D. Duong, Brooke I. Farr, Kara F. Geoffrion, Calvin E. Graves Jr., Thomas P. Harnedy, Anthony N. Ho, Luan B. Huynh, Hannah R. Kyller, Qi Wen Mai, Ethan C. Pham, Rolinsky Saint Cyr, Michael S. Semancik, Alexander F. Spano, Terry Su, Amber B. Tran.

**Grade 7:** Russell A. Alexander, Sara Amimer, Victoria J. Carvalho, Jacky Y. Chiu, Isabela L. Do Vale, Ray Daniel M. Feliciano, Yaritza I. Flores, Gianna L. Freeman, Houda N. Haiti, Quang T. Huynh, Mounir J. Maloof, Mia A. Marcello, Laiz E. Martins, Dana M. McKinley, Manuel E. Murillo-Wang, Donovan F. Murray, Daniel Nguyen, Mark Nguyen, Henry W. Nim, Cassandra V. Patch, Katherine A. Shaughnessy, Gabriel T. Stewart, Taylor N. Thomas, Khiara B. Tran, Jose A. Villalon Martinez, Yuyang Zheng.

**Grade 6:** Daniel C. Alexandre, Bryan F. Amorim, Kevin T. Aprea Cabrera, Peter J. Boylan Jr., Emma L. Brown, Ricky Chieng, Thomas R. Christian, Kymani M. Correia, Nicolas L. Costantino, Emma C. Crosby, Jasmine I. Duong, Kareem A. El-Dayisty, Olyviah S. Gates, Emily Z. Huang, Nick Janka, Andy Le, Chris Y. Lin, Matthew T. Najjar, Sarah V. Nguyen, Tammy N. Nguyen, Nandini N. Paliwal, Brandon T. Pham, Harini Raman, Abianis M. Rosado Romero, Emily E. Ryan, MacKenzie L. Thai, Brandy P. Tran, Thy T. Tran, Vivian D. Tran, Celine Zheng.




# 197 On Broad Meadows Honor Roll

One hundred ninety-seven students made the third term honor roll at Broad Meadows Middle School.

**HIGH HONORS**

**Grade 8:** Kawtar Abouyoussef, Zahraa M. Al-Saadi, Yasmin Amimer, Megan E. Beck, Elajia Boyd, Robert E. Carney Jr., Candace F. Chan, Alyssa C. Che, Jin Rui Chen, Ivy H. Ching, Erin R. Collins, Vanessa J. Czajkowski, Kevin A. Ferrent, Jacob R. Galligan, Nicolle Ligia E. Gudiel Winter, Abigail M. Hanly, Syndey P. Hester, Shelagh M. Holler, Shi Ting Huang, Iris S. Katorri, Braeden M. Kopp, Cuong M. Luong.

Ryan J. Mahoney, Margaret A. Martin, Meghan T. McDonald, Joseph J. Murphy, Derek D. Nguyen, John J. O'Brien, Aidan R. Perry, Timothy J. Pick, Alexis N. Robertson, Simon Rong, Michael Scibilio, Brooke L. Theriault, Alec. D. Thompson, Juliana M. Tracey, Jenny Tran, Ethan P. Voeun-Ros, Yong Qi Ye.

**Grade 7:** Grace P. Akkara, Eleanor J. Anderson, Veronica M. Bentley, Olivia R. Delprete, Juliana Y. Gee, Ilkim Gumus, Mia M. Hurley, Jacquelyn M. Kane, Emily E. Kraunelis, Megan S. MacNeil, Eric Mei, Alessia M. Mochi, Andrew R. Peterson, Alyssa J. Ruan, Julianne R. Sheehan, Ryleigh D. Smith, Joseph R. Tam, Jefferson Tian, Anna Weng, Li Xin Xu.

**Grade 6:** Leila Akhouzine, John Alessandro, Madilyn E. Bailey, David S. Bridges, Louis P. Brown, Sophie G. Cerone, Aleksandra Dedo, Margaret P. Fay, Dylan B. Green, Lillian D. Hanley, Alex J. Keeley, Allison M. Keeley, Timothy P. Kelly, Kellen P. Kopp, Tony Le, Jacob M. Lustig, Lucy M. Lynch, Thomas C. Murphy, Isabella R. Pagliarulo, Charles J. Quigley, Brendan K. Regan, Ninh T. Thi, Matthew C. Wong.

**HONORS**

**Grade 8:** Mostfa A. Al-Ibrahimy, Abdallah M. Alhazmy, Maria Fatima F. Bengoa Croxatto, Ty E. Chafa, Melanie E. Engren, Chloe B. Ford, Leanne D. Harris, Vincent S. Joyce, Rebecca R. Keane, Ty A. Kehoe, Karya N. Mandalinci, Shane R. Murphy, Amy N. Nguyen, Michael J. O'Connor, Riley M. O'Connor, Kayla E. Osorio, Genevieve R. Reardon, Jocelyn A. Saldi, Klejdian Struga, Daisy C. Tran, Jadae K. Watson.

**Grade 7:** Marjejo Jessica A. Ajavon, Maria M. Bengoa Croxatto, Allison R. Boyd, Chris Cakuli, Kayleigh J. Caldwell, Michael J. Capone, Samantha L. Coletti, Mitzi M. Crowe, Jessica H. Dao, Brooke E. Deady, Abigail G. Drinkwater, Kirsten R. Fennelly, Rebecca L. Fitzpatrick, Gianna E. Gatturna, Jacob M. Gordon, Brianna E. Joyce, Aisling R. Kelly, Aurora D. Kilrain, Jake L. Lamonica, Ryan J. Laroche, Simon Lin, Tommy M. Luong.

Patricia A. MacLeod, Paul S. Martin, Robert C. McClelland, Aidan J. McDonnell, Stephanya D. Mendes, Shannen E. Murphy, Martin E. Muscato, Celine K. Nguyen, Cindy Nguyen, Erin K. O'Callaghan, Grace L. O'Handley, Samantha R. O'Neil, Christy N. Pham, Chloe Pierre-Paul, Jaida L. Reid-Jackson, Yinyin Ruan, Joseph M. Saccoach, Haoyuan N. Shi, Colby G. Simone, Harrison S. Stengel, Kaylie A. Sullivan, Danielle M. Toomer, Jennifer Truong, Jason Vo, Asher D. Wines, Benjamin P. Wines, Christina S. Zero, Ivy Zhou.

**Grade 6:** Samee Akhouzine, Aliridha M. Al-Saadi, Nicholas M. Blasi, Pilar O. Brown, Anthony L. Butler, Robert W. Cannon, Yuan Yi Chen, Lawrence K. Cheng, Abigail E. Codner, Owen P. Coppola, Kate A. Downey, Leah A. Forte, Alfredo V. Gudiel, Cooper D. Hansen, Sandy He, Joseph R. Hennessy, Ryan J. Hester, Kathleen M. Higgins, John M. Hopps, Sarah D. Houlihan, Mairene A. Ibardaloza, Trinity I. Joyce, Jessica C. Lalla, Jeffrey M. Louissaint, Chloe E. Lynch.

Destiny N. Maldonado, Adriana V. Moosick, Morgan E. Novak, Cara E. O'Connor, Julia R. O'Leary, Mathew J. Olaince, Max V. Pacheco, Sean E. Pringle, Kyle P. Regan, Michael D. Richardson, Cinneide C. Santoro, John O. Shen, Brian D. Silcox, Jaycee L. Sloan Mitchell, Lily B. Tang, Paige E. Tompkins, Tiffany Tran, Ryan Zheng.

# 162 On Sterling School Honor Roll

One hundred sixty-two students made the third term honor roll at Sterling Middle School.

**HIGH HONORS**

**Grade 8:** Sham Almaleh, Lauren K. Anshewitz, Isabella R. Carey, Sophia R. Collins, Joseph S. Corbett Jr., Timothy J. Dargon, Jona Feljzaj, Olivia M. Fritz, Kelly H. Gerrish, Stephanie G. Henriquez, Ilia Karello, Toan H. Luong, Patrick J. MacMillan, Maggie R. Murphy, Katelyn Y. Nguyen, Mihir S. Patel, Rodrick D. Pendleton, Tammy T. Pham, Dayna Phan, Victoria A. Primo, Tedi Qafko, Ricardo M. Santos Filho, Jennifer V. Segale, Adam H. Truong, Thuy B. Vong, Emily B. Vu, Kayla B. Vu, Michalina A. Weglarzy, Nicholas H. Wong, Andrew J. Zemotel.

**Grade 7:** Lezly L. Acevedo, Joseph M. Brahimi, Maggie R. Cristiani, Grace N. Devine, Michael D. Duong, Anthony J. Haviland, William L. Hibbard, Supriti Karki, Parishkrit Lamichhane, Ngaik K. Lee, Danny Ly, Molly J. McGillivray, Huy M. Nguyen, Huy Van Nguyen, Issabella N. Nguyen, Wayne Nguyen, Andrew F. Nickerson, Sorcha M. Quinn, Cepherino T. Rodriguez, Sean P. Ryan, Delana E. Wiley, Chengrong Zheng.

**Grade 6:** Brahim A. Atif, Suad O. Basabrain, Dany Darwich, Rachel W. Feng, Meaghan E. Foley, Garrett M. Hinkley, Helena L. Huynh, Kevin M. Jarek, Daniel W. Lung, Thu G. Luong, Benny Nguyen, Vansh J. Patel, Gianni I. Parea-Nunez, Athena G. Perry, Bryan Pham, Doan N. Tran, Gabriel Vilarino, Brian S. Wallace.

**HONORS**

**Grade 8:** Mohammed O. Basabrain, Orion H. Byrne, Niyah C. Cardoso, Liny Chea, Kyle J. Corbett, Jake W. Defranco, David M. Devoy, Patrick S. Devoy, Ainslee Eaton, Telemachos T. Gregoriadis, Kamani M. Herbin, Ayanna S. Jones, Ashley B. Kwan, Patrick J. Lee, Eddie A. Lei, Zhao Yu Li, Erin E. MacKay, Keren A. Miralda, Jordan A. O'Connor, Zahra P. Ouannass, Matheus G. Santos, Cameron C. Seviour, John H. Valenzuela, Luana M. Vilarino.

**Grade 7:** Damilola N. Ajanaku, Jayden K. Chui, Nguyen H. Dao, Amanda A. Depaula, James M. Doan, Susan R. Hoare, Sunny C. Huang, Ethyn C. Kerr, Jenelle M. Kimura, Colby V. Lai, Shannon R. Mackay, Hannah R. Mahn, Kristen A. Mahoney, Kyle P. McMurray, Alejandra W. Rojas, Harmony F. Soares, Eduard M. Tsvetanov, Xuefeng Zhao.

**Grade 6:** Ahmad A. Al-Rekabi, Omar Alfageeh, Abdulrahman Almaleh, Kailaune M. Araujo, Caleb T. Baliton, Meira T. Baliton, Wesley D. Byrne, Ellen Chen, Zachary T. Corbett, Ana Julya J. Demelo-Cazassa, Tia N. DiBona, Jordan Ray L. Dizon, Lawsun Q. Do, Tiarnan Eaton, Alissa M. Fernandes, Malik M. Francis, Tianyi N. Gao, Aaliyah C. Gomez, Amelia G. Goodfellow, Adriana O. Healy, Mia C. Heim, James T. Hoare.

Kaila L. Jacques, Nyck A. Jean-Phillippe, Walker G. Jeffery, Dyani M. Joyce, Makhi I. Justice, Malik A. Justice, Giovanna F. Macedo, Harry T. McGuire Jr., MacKenzie R. McLellan, David Meng, Jennifer S. Meng, Ryan C. Milley, Cindy Nguyen, Mia L. Nguyen, Maria Niko, Haley E. O'Reilly, Julianna M. Paluzzi, Paolo N. Pena-Garcia, Vy Yen T. Pham, Scott C. Ritz, Abby R. Romano, Sophie A. Saint Marc, Lauren Y. Tam, Jacquline T. Tang, Kayla N. Tran, Jair T. Whyte, Kaitlyn E. Zemotel.

# AAA: Over 200,000 Crashes Caused By Road Debris

More than 200,000 crashes involved debris on U.S. roadways during the past four years, according to a new study released by the AAA Foundation for Traffic Safety.

Debris on the roadways has resulted in approximately 39,000 injuries and more than 500 deaths between 2011 and 2014. AAA is calling for drivers to properly secure their loads to prevent dangerous debris.

AAA researchers examined common characteristics of crashes involving road debris and found that:

• Nearly 37 percent of all deaths in road debris crashes resulted from the driver swerving to avoid hitting an object. Overcorrecting at the last minute to avoid debris can increase a driver's risk of losing control of their vehicle and make a bad situation worse.

• More than one in three crashes involving debris occur between 10:00 a.m. and 3:59 p.m., a time when many people are on the road hauling or moving heavy items like furniture or construction equipment.

• Debris-related crashes are much more likely to occur on Interstate highways. Driving at high speeds increases the risk for vehicle parts to become detached or cargo to fall onto the roadway.

"This new report shows that road debris can be extremely dangerous but all of these crashes are preventable," said Mary Maguire, director of Public and Legislative Affairs for AAA Northeast. "Drivers can easily save lives and prevent injuries by securing their loads and taking other simple precautions to prevent items from falling off the vehicle."

About two-thirds of debris-related crashes are the result of items falling from a vehicle due to improper maintenance and unsecured loads. Crashes involving vehicle related-debris increased 40 percent since 2001, when the Foundation first studied the issue. The most common types of vehicle debris are:

• Parts becoming detached from a vehicle (tires, wheels, etc.) and falling onto the roadway

• Unsecured cargo like furniture, appliances and other items falling onto the roadway

• Tow trailers becoming separated and hitting another vehicle or landing on the roadway

Drivers can decrease their chances of being involved in a road debris crash by:

• **Maintaining Their Vehicles**: Drivers should have their vehicles checked regularly by trained mechanics. Badly worn or underinflated tires often suffer blowouts that can leave pieces of tire on the roadway. Exhaust systems and the hardware that attach to the vehicle can also rust and corrode, causing mufflers and other parts to drag and eventually break loose. Potential tire and exhaust system problems can easily be spotted by trained mechanics as part of the routine maintenance performed during every oil change.

• **Securing Vehicle Loads**: When moving or towing furniture, it is important to make sure all items are secured. To properly secure a load, drivers should:

1. Tie down load with rope, netting or straps
2. Tie large objects directly to the vehicle or trailer
3. Cover the entire load with a sturdy tarp or netting
4. Don't overload the vehicle
5. Always double check load to make sure a load is secure

"Drivers have a much bigger responsibility when it comes to preventing debris on the roads than most realize," Maguire said. "It's important for drivers to know that many states have hefty fines and penalties for drivers who drop items from their vehicle onto the roadway, and in some cases states impose jail time."

Currently every state has laws that make it illegal for items to fall from a vehicle while on the road. Most states' penalties result in fines ranging from $10-$5,000, with at least 16 states listing jail as a possible punishment for offenders. In Massachusetts:

• Having an item fall from a vehicle while on the road is punishable by a fine ranging from $50-200. The exemption being the dropping of sand for the purpose of securing traction, or the sprinkling of water or other substance for cleaning.

AAA Northeast further suggests drivers should practice defensive driving techniques while on the road to prevent debris related crashes from occurring.

"Continually searching the road at least 12 to 15 seconds ahead can help drivers be prepared in the case of debris," urged Maguire. "Always try to maintain open space on at least one side of your vehicle in case you need to steer around an object. If you see you are unable to avoid debris on the roadway, safely reduce your speed as much as possible before making contact."

AAA also recommends that drivers avoid tailgating and remain alert while on the road. Additional tips on defensive driving and how to report road debris to the proper authorities are available online at AAA.com/PreventRoadDebris.

## Jiayin Luo On Dean's List

Jiayin Luo of North Quincy has been named to the Dean's List for the spring semester at Binghamton University in Binghamton, N.Y.

# New Police Recruits Would Fill Vacancies, Promotions

The city is in the planning stages to hire a new class of police recruits, officials said Tuesday.

Officials said there is no firm number of recruits determined yet, but the city has begun working through the state Civil Service on the hiring process, which includes strict background checks prior to cadets entering into the academy.

There are no new positions that will be included in the upcoming class - only positions that will be open through retirements or promotions. The hirings are based off a list produced by the Civil Service that ranks recruits based on test scores and veteran's status. The city, in the past, has called for specific lists for female recruits and recruits who speak one of several Asian languages. This year, the city asked for a list that included Arabic speakers, but that request has not been granted by Civil Service.

"We're a diverse community with a diverse police department. We'll always explore ways to build on that diversity and that includes hiring officers with additional language skills," said Mayor Thomas Koch.

# The Virtual High School, Quincy College In New Dual Credit Program

The Virtual High School (VHS, Inc.), a nonprofit empowering schools with the industry's best online learning programs, announces a new dual credit partnership with Quincy College, a two-year, municipally affiliated college with campuses in Plymouth and Quincy.

Starting this fall, VHS students can earn college credit from Quincy College for taking online Virtual High School U.S History courses.

Developed by VHS and taught by VHS teachers that meet Quincy College faculty requirements, these online classes are now eligible for transcripted credits, which are transferrable within Massachusetts' State College and University system. Students who register for dual credit will realize significant savings, since Quincy College offers a discounted rate to high school students, resulting in savings of at least 60 percent versus comparable state college or university credits.

"This is an exciting step forward for VHS. It has always been part of our mission to offer high quality programs for students who are ready and prepared to tackle college-level work," said Amy Michalowski, Dean of VHS. "Now we're able to help students earn college credit in an affordable way. This agreement will provide access to a program they may not have at their high schools, giving them a head start on their college careers."

VHS plans to expand the dual credit agreement with Quincy College to other courses, including math offerings and additional social studies electives. Eventually, VHS hopes to integrate some of Quincy College's offerings, such as criminology and accounting.

"Quincy College is pleased to partner with excellent organizations like the Virtual High School to ensure that college is affordable, accessible, and of the highest quality for area high school students. Through the College on My Campus program, high school students can take courses that offer credit as part of their high school program and receive a Quincy College transcript for the same course. We look forward to expanding our partnership in the future with the Virtual High School to include additional courses," said Michael Marrapodi, Quincy College Dean of Online Programs and Inter-Institutional Affairs.

For more information about Quincy College's articulation agreements for High School students, visit: http://quincycollege.edu/community-collaboration/#articulation-agreements---high-school.

# Donate Blood, Get A Free Haircut

The American Red Cross and Sport Clips Haircuts are teaming up to offer a free haircut coupon to those who come out to donate blood or platelets during September.

Those who come out to give blood or platelets Sept. 1-30 will receive a coupon for a free haircut via email several days after their donation. The coupon is valid through Nov. 6, 2016, at participating Sport Clips locations, and donors must have a valid email address on record to receive the coupon.

A Red Cross blood drive will be held in Quincy Friday, Sept. 9 from noon to 6 p.m. at the Boston Marriott, 1000 Marriott Dr.

Donors of all blood types are urged to give. To schedule an appointment to donate, use the free Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

Donation appointments and completion of a RapidPass online health history questionnaire are encouraged to help reduce wait times.



**TRANSPORTATION SECRETARY Stephanie Pollack (right) toured Quincy Center with Mayor Tom Koch last week. They discussed strategy for a series of broad-based improvements to the City's four MBTA stations and other transportation issues**

*Pollack, Koch Talk Strategy During Tour Of City*

# State Transportation Chief, Mayor Discuss 'Critical' Need To Overhaul Quincy Center T

State Secretary of Transportation Stephanie Pollack toured Quincy with Mayor Thomas Koch last week to discuss strategy for a series of broad-based improvements to the City's four MBTA stations and other transportation issues.

Pollack walked through Quincy Center to see progress on the Department of Transportation-funded portions of the Adams-Hancock Green project and visited the shuttered garage at the Quincy Center T Station. The mayor and secretary discussed the "absolutely critical" need for an overhaul of the station and agreed to establish a working group of staff members to coordinate all the intricate logistical, technical, legal, community participation and planning details required to advance the reconstruction of the station as quickly as possible.

"The Administration of Governor Baker is doing tremendous work addressing the long-term transportation and infrastructure needs of communities around the Commonwealth, and I am proud of the partnership they have built with us in Quincy," Koch said. "I'm grateful to Secretary Pollack for taking the time from an incredibly busy schedule to see the progress we've made and the work we must continue to do together moving forward."

Added Secretary Pollack:

"You can really feel the energy and excitement. Quincy is full of development potential and while MassDOT is proud to have been a small part of this community's success story, I am excited about the opportunities for collaboration and partnership that lay ahead. I want to thank Mayor Koch and his staff for hosting this tour," she said. "It is important that MassDOT and the MBTA continue to work closely with the City of Quincy to leverage the Red Line and other significant investment in this community. I understand that businesses and residents throughout the Commonwealth rely on the bridges, highways, trains and bus services MassDOT manages and invests in as MassDOT and the MBTA work on improving the reliability of these assets and access to MBTA service in Quincy."

Visiting the three other T stations in the city, Pollack and Koch talked about similar planning strategies for various repair, redevelopment and reconstruction projects slated for each of them.

Finally, the pair visited the Squantum Point Park Pier to view the parking and docking facilities that were recently repaired to allow for the institution of a pilot harbor ferry operated by the Town of Winthrop to provide a loop ferry service from Quincy to Boston, to Spectacle Island and Winthrop.

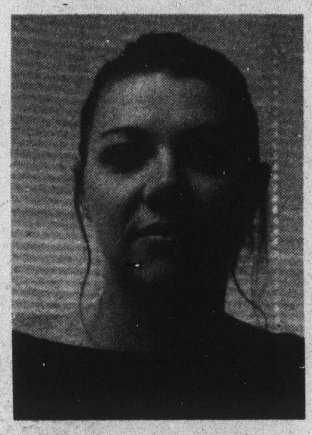


# Deirdre Jacobs Hall Certified In Municipal Stormwater Management

Deirdre Jacobs Hall, compliance manager for the Quincy Department of Public Works, has been certified as a professional in Municipal Stormwater Management (CPMSM).

The CPMSM certification, through Envirocert International, recognizes individuals who are technically and ethically qualified to develop, implement, manage and coordinate a Municipal Stormwater Management Program (SWMP) to achieve and maintain compliance in conformance with applicable NPDES MS4 regulations and permits.

Hall recently developed the "Clean Water is Everybody's Business" public awareness campaign to brand the DPW's award-winning clean water programs and



DEIRDRE JACOBS HALL

the Medallion Placement Program, which is designed to educate the public about the vital role storm drains play in the health and safety of our community.

Hall came to the DPW from the City's Law Office in 2012 as legal counsel to the DPW. She graduated from UMass Boston summa cum laude in 2004 with degree in sociology and criminal justice and graduated from New England School of Law in 2008. While attending law school Hall was employed by Quincy Community Action Programs advocating and promoting homeownership and asset development opportunities for those of low and moderate income.

As DPW compliance manager, Hall manages the department's regulatory compliance and asset management programs. She is studying Environmental Policy at UMASS Dartmouth and has a particular interest in matters of intergenerational environmental equity and the social, economic and cultural co-benefits of green infrastructure.

# Atty. Theresa Barbadoro Koppanati Recognized By Boston Magazine

The law firm of Baker, Braverman & Barbadoro, P.C. announces Boston Magazine recently recognized Theresa Barbadoro Koppanati, Esq,, as one of the Top Women Attorneys in Massachusetts.

Barbadoro Koppanati has served as an attorney at Baker, Braverman & Barbadoro, P.C. since 2010. Prior to joining the firm, she served as a corporate associate at Latham & Watkins, LLP in London, and as in-house counsel at Red Bull North America in Santa Monica, California.



THERESA BARBADORO KOPPANATI

She advises clients in all areas of corporate law, including asset purchases, contract negotiation, commercial finance, secured transactions, mergers and acquisitions, and joint ventures. She also counsels clients on corporate compliance and intellectual property matters.

Baker, Braverman & Barbadoro P.C. is a Quincy, Massachusetts law firm representing clients in matters involving litigation, business/corporate, real estate, elder law/estate planning, divorce/family law, employment, finance, probate, criminal defense, tax, bankruptcy and election law.

# Alex Mendez Independent Candidate For State Senate

Alex Mendez, 99 Shore Ave., Quincy, announces he is an independent candidate for the Norfolk-Plymouth state senate seat currently held by Democrat John Keenan of Quincy.

In his announcement, Mendez said:

"I'm working to represent my hometown of Quincy so that I can bring a fresh perspective and help build an economically prosperous and environmentally sustainable future for the working people and families in Massachusetts.

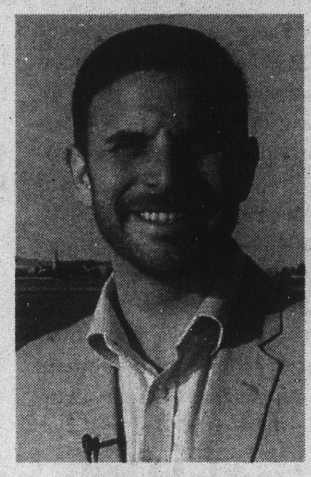
"I have lived in Quincy my whole life, and I went through Quincy Public Schools where I graduated from Quincy High.

"While going to college full time I worked as a house painter and landscaper, and I coached Quincy High lacrosse. I also helped my family build two small businesses in Quincy, Zamforia and LivFitness.

"Now, I'm a lawyer and member of the Massachusetts Bar. I graduated Suffolk Law where I focused on legislation, regulatory policy, and drug policy. I also earned a Masters in public administration from Suffolk's Business School, a Masters in criminal justice, and a B.A. in sociology with a concentration in crime and corrections.

"I put in all that work and dedication specifically to prepare myself as a public servant who can bring new ideas to our legislature and reform 'business as usual' on Beacon Hill.

"I want to bring fundamental reform by connecting more people to their government, improving bureaucratic efficiency, and fixing broken cycles of government waste.



ALEX MENDEZ

"More importantly, I want to contribute my fresh perspective in order to strengthen our economy and provide a better future for the people of Quincy and all of Massachusetts.

"For example, I want to create incentives that attract burgeoning industries and build small businesses in order to create jobs; and I want to do it with a vision towards a sustainable future. That means attracting the bio-medical, high-tech, agricultural-tech, and alternative energy industries that can help build a sustainable economy in Massachusetts for the long term.

"Moreover, I want to improve our educational system to project Massachusetts as a leader in the innovative technologies that drive the global economy. I also want to connect this emphasis on innovation to our public education system so that all students can gain the necessary skills for the globalized modern economy, including computer-tech and vocational skills.

"For our higher education system, I want to lower the cost of college by reducing administrative costs; and I want to increase the value of a degree by utilizing technologies that affordably broaden access to the highest quality education for all Massachusetts students.

"Finally, like all people in Quincy, I grew up surrounded by our drug problem my whole life, from stepping over needles to carrying caskets, and this personal issue motivated me to study every facet of this issue for the past decade so that I can actually fix the problem.

"I want to take the pivotal step to ending the drug problem by holding pharmaceutical companies fully accountable for their drugs, even with criminal liability if necessary. For decades, pharmaceutical companies have profited billions of dollars from flooding communities with the drugs that perpetuate this deadly problem– yet legislators have allowed them avoid liability. At the same time, they have left the public footing the social and economic costs.

"I want to end this problematic system by stopping aggressive and misleading pharmaceutical marketing and by monitoring distribution more effectively; all while respecting people's right to access needed medications and providing drug treatment.

"Although I'm new to local politics – I'm not new to my community. I grew up inspired by Quincy's venerated history and it would be my honor to represent my hometown and bring a fresh, modern perspective so we can connect the greatness of our past to the greatness of our future and improve the lives of all citizens," Mendez said.


**Sixth Annual Quincy Overdose CANDLELIGHT VIGIL**



To remember family and friends lost to ***drug overdose*** and give ***hope*** to families struggling with addiction

**Wednesday, August 31, 2016**

**Thomas Crane Library's Lawn**

**40 Washington Street, Quincy**

**6:00 PM**

**(In the event of rain the vigil will be held inside the Library)**

**One City One Community**

***Stand Together***

***Support One Another***

**Candles and Help Resources Provided**

You are welcome to bring a picture of your loved one

Hosted by the City of Quincy Substance Abuse Task Force

*In collaboration with Impact Quincy a program of Bay State Community Services, A New Way Recovery Center and Life Community Church, Manet CHC*

Find us on Facebook

**If your require seating, please bring a lawn chair. Limited street parking is available.*

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# Women's Economic Empowerment Series Begins Sept. 29 At ENC

Quincy is one of two cities that will serve as the pilot communities for the Treasury's inaugural Women's Economic Empowerment Series, announces state Treasurer Deb Goldberg.

The new initiative, launched in collaboration with Citizens Bank, is a free four-week program focusing on wage negotiation, money management, retirement and investment strategies.

"We are excited to start our first Women's Economic Empowerment Series in Quincy and Newton," Goldberg said. "This program will provide critical information that will give women the skills they need to be successful in today's economy."

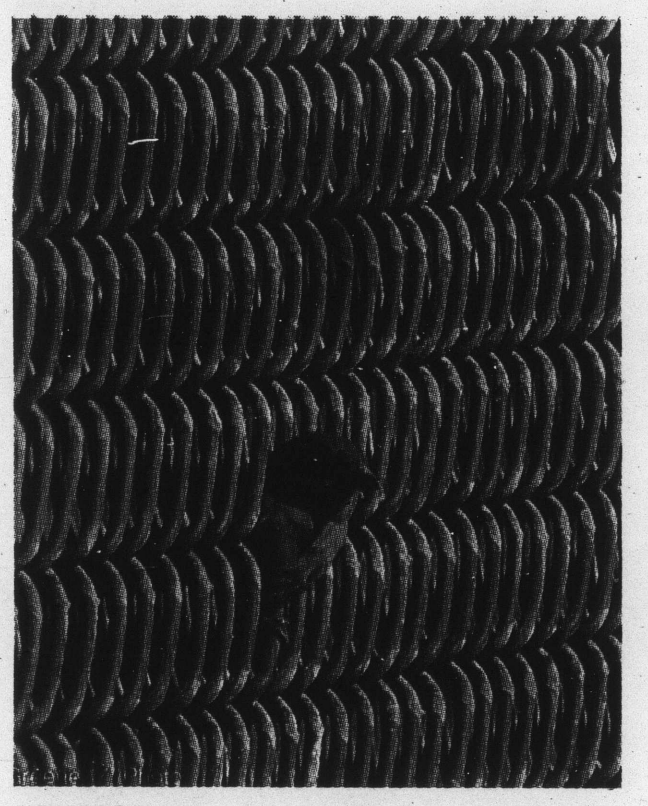
"At Citizens Bank, investing in financial empowerment has always been a part of who we are as a company. Learning how to manage money is the first step individuals can take in achieving their financial goals," said Jerry Sargent, president, Citizens Bank, Massachusetts. "We are proud to support the Women's Economic Empowerment Series and provide women with the tools they need to budget, save, invest and be fiscally healthy."

For this new initiative, the Treasurer's Office of Economic Empowerment will engage with local businesses, regional Chambers of Commerce, and area nonprofits to promote awareness to both employers and employees. The program, based on the recommendations from Treasurer Goldberg's 2015 Financial Literacy Task Force Report, will target women of all ages, ethnicities, economic backgrounds and levels of fiscal knowledge.

The first round of the Women's Economic Empowerment Series will be held at Eastern Nazarene College's Quincy Center for Innovation beginning on Thursday, Sept. 29 and will last for four weeks.

The second round of the series will be held at Boston College Law School in Newton beginning on Thursday, Oct. 27 and will also last for four weeks.

For more information on the Office of Economic Empowerment visit www.mass.gov/treasury/empowerment.



**A SPARROW sits in a chain link fence near the playground at North and Atlantic Streets in North Quincy on a recent summer day.** *Photo Courtesy Mike Greene*



**HARVARD PILGRIM HEALTH Care recently partnered with Cradles to Crayons for a backpack sorting and stuffing event at Harvard Pilgrim offices in Quincy. More than 100 Harvard Pilgrim employees stuffed 1,000 donated backpacks with new school supplies for students at four schools in Boston and Quincy, including Snug Harbor Community School. Among those helping the Harvard Pilgrim volunteers stuff backpacks were Maria Pia Ben Goa Croxatto (left), a 4th grader at Snug Harbor School, and her sister Maria Guadalupe Ben Goa Croxatto, a 5th grader at Snug Harbor School. Harvard Pilgrim has collected school supplies to fill backpacks and benefit children in need since 2005.** *Photo Courtesy Kimberly Winn*

# Cub Scout Pack 42 Recruitment Aug. 31

Families of boys grades 1-5 are welcome to attend Cub Scout Pack 42's recruitment event on Wednesday, Aug. 31 from 6 to 8 p.m. at the Bethany Congregational Church located at Spear and Coddington Streets, Quincy Center.

Cub Scouting combines outdoor activities, sports, academics, and more in an engaging program that helps promote ideals such as honesty, good citizenship and respect. Come meet the boys and leaders of Pack 42, see what they've done in the past, and what is planned for the year ahead. Some fun activities are also planned for the event.

For more information on the Cub Scout program visit the Pack 42 website at http://cubscoutpack42.doubleknot.com or find us on Facebook, Cub Scout Pack 42 (Quincy, MA).

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TUESDAY, SEPTEMBER 6TH 5-7PM
THURSDAY, SEPTEMBER 8TH 5-7PM

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Fall Program Session Runs September 6 - November 12.



Programs Include:
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- Health & Fitness Classes
- Sports Instruction Classes & Leagues
- Arts & Education Classes
- Youth & Family Programs
- Inclusion Programs

& More for Youth and Adults!

Visit ssymca.org for a complete list of fall program offerings!

Register online at ssymca.org or visit our Quincy Branch or Emilson Branch in Hanover to register in person.

SOUTH SHORE YMCA | ssymca.org